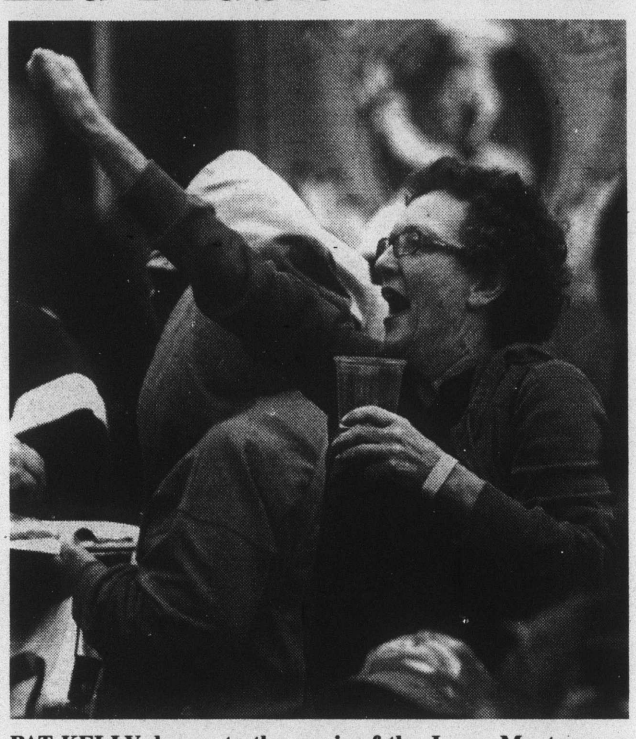
Arts & Entertainment

Scenes From The Quincy Food Truck And Music Festival

THE JAMES MONTGOMERY BAND performs during the first annual Quincy Food Truck and Music Festival held recently in Quincy Center. The band headlined the festival that, despite rain, drew hundreds of music and food lovers.

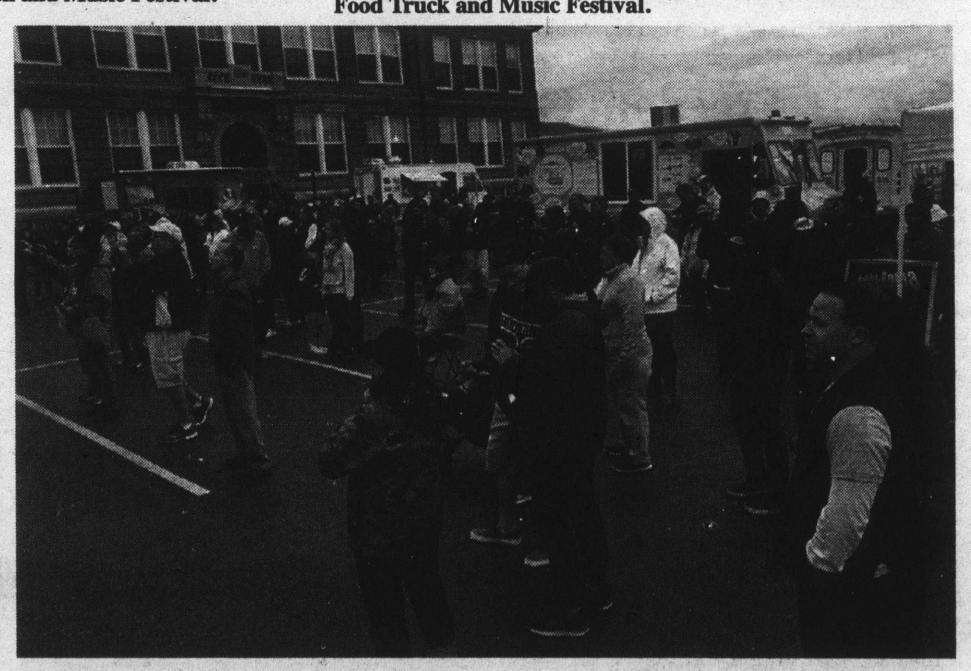


PAT KELLY dances to the music of the James Montgomery Band during the first annual Quincy Food Truck and Music Festival held recently in Quincy Center.

TASTY TREATS at the food trucks drew long lines at the first annual Quincy Food Truck and Music Festival.

CECILIA CHAPMAN, 2-1/2, of Quincy, enjoys a grilled cheese sandwich from one of the food trucks during the recent Quincy Food Truck and Music Festival.

MUSIC FANS VIDEO the James Montgomery Band as it performs during the Quincy Food Truck and Music Festival. *Quincy Sun Photos/Tom Gorman*



HUNDREDS GATHERED in the Coddington School parking lot for the first annual Quincy Food Truck and Music Festival. More photos on Page 21.

Fashion Show Oct. 23 At The Kennedy Center

Join the Quincy Council on Aging for a free fashion show at the Kennedy Center on Monday, Oct. 23rd at 1:30 p.m.

Fashion expert Caryn Smith will have several women from the community walking down the runway wearing the latest fall and winter fashions including accessories. Smith will demonstrate fashion trends and "how to's." Light refreshments will be provided.

To register call (617) 376-1506.

Author Kevin Devlin At Kennedy Center

Author Kevin Devlin will be at the Kennedy Center on Wednesday, Oct. 25th at 10:30 a.m. to discuss his new book *The Southie Pact*.

The Southie Pact is about the damage that drugs do to ordinary people and to their community. It's also a story of hope and our faith in each other as we travel through life and face each new day with renewed strength and optimism.

Books will be available for purchase.

Registration is required for this event. To register, call the Kennedy Center at (617) 376-1506.

Social

Firefighters Retirement Banquet Oct. 24

The 60th annual Quincy Firefighters Retirement Banquet will be held Tuesday, Oct. 24 at 6 p.m. at Florian Hall, Dorchester.

All retired members are welcome to attend the banquet.

This year the following members will be honored for their years of service with the Quincy Fire Department: Lt. Gerard Ceurvels, Firefighter William Arienti, Firefighter William Barron, Firefighter James Devlin, Firefighter Steven Golden, Firefighter Stephen Graham, Firefighter Randolph Lamattina and Firefighter Joseph Martell.

Talk, Walk To Explore History Of Germantown

The Park Department's Environmental Treasures program and the Thomas Crane Public Library are hosting a free two-part program to explore the history of Germantown.

Long time Quincy educator and local historian Harold Crowley will give an illustrated talk at the library Community Room on Monday, Oct. 16 at 7 p.m.

On Saturday, Oct. 28, Crowley will lead a walking tour of Germantown to see some of its historic sites such as the Germantown glass works and some of its oldest homes. For the walk, participants should meet at the parking lot of Snug Harbor Elementary School, 333 Palmer Street at 10 a.m.

For more information and rain date rescheduling of walk, call 617-472-0799.

LGBTQuincy Meetup At Revel Oct. 17

LGBTQuincy Meetup will host a combination guest speaker/evening mixer event on Tuesday Oct. 17th at Revel, located at 79 Parkingway in Quincy Center.

An attorney from Burns and Levinson will give a talk on LGBT legal planning, including wills and trusts, estate planning, adoption and child custody.

Arrive at 6 p.m. for appetizers, drinks, and mingling. The guest speaker will begin promptly at 7 p.m.

For additional information, email Frank Rubino at frank.rubino543@gmail.com.

'Get Smart About Credit' Workshop Oct. 26

Quincy Community Action Programs, Inc. and Santander Bank will present a workshop entitled "Get Smart About Credit" Thursday, Oct. 26 from 6 to 8 p.m. at QCAP, 1509 Hancock St., fourth floor, Quincy.

Workshop topics include:

The credit market, credit and debt, reporting and scoring, improving your score, monitoring your credit status and building better credit.

Registration is required. Contact Theresa Whittaker at 617-657-5355 or email twhittaker@qcap.org.

A light meal will be served.

Council On Aging Fall Craft Fair Oct. 28

The Quincy Council on Aging will hold its first Fall Craft Fair on Saturday, Oct. 28 from 10 a.m. to 2 p.m. at the Kennedy Center in Quincy. Free admission.

This is an opportunity to start holiday shopping. Vendors participating at the fair include: Life Expression Décor, Betsy's Bags and More, Handcrafted Creations by M.A., Piper Dee Naturals, Gramma's Boredom Wreaths, Janine's Modern Accents of Design, Caryn's Corner and Ginger Betty's. Coffee and donuts will be available in the morning. Lunch will include pizza and hot dogs. For additional information call the Kennedy Center at (617) 376-1506.

THE MOORINGS at Squantum Gardens located in Quincy recently celebrated its 10th annivesary. From left: Doreen Bushashia, president, Peabody Resident Services, Inc.; Nancy Chapman, Resident Service coordinator for The Moorings at Squantum Gardens; state Rep. Bruce J. Ayers; City Councillor Noel DiBona; Lynne Sales, director, Peabody Resident Services, Inc.; Mayor Thomas P. Koch; City Councillor Margaret Laforest; Kerri D'Amico, Peabody senior property manager for The Moorings at Squantum Gardens. *Photo Courtesy Jim Farrell/PR First*

The Moorings At Squantum Gardens Marks 10 Years

The Moorings at Squantum Gardens, a Quincy community managed by full-service real estate and property management firm Peabody Properties, recently celebrated its 10th anniversary with residents, staff, and local officials, including Quincy Mayor Thomas P. Koch, state Rep. Bruce Ayers, and Quincy City Councillors Noel DiBona and Margaret Laforest.

The celebration, which took place at The Moorings at Squantum Gardens (420 East Squantum St. in Quincy), featured a luncheon, music, and speakers, including Mayor Koch, Rep. Ayers, and Councillors DiBona and Laforest. Both Koch and Ayers shared their memories of the process by which the former Naval Yard was transformed into The Moorings at Squantum Gardens community, in part through the sincere efforts and interest of the late Edward Fish, founder of Peabody Properties.

Doreen Bushashia, president of Peabody Resident Services, Inc. (a division of Peabody Properties, Inc.), also addressed the group on behalf of Karen Fish-Will and Melissa Fish-Crane (principals and CEO and COO, respectively, of Peabody Properties). She offered a comprehensive history of The Moorings at Squantum Gardens, and stressed the importance of both the staff and residents' impact on the positive and fulfilling community enjoyed by all.

Additionally, certificates were handed out to the over 90 residents who moved into The Moorings at Squantum Gardens when it first opened in 2007 and who still live there today.

The Moorings at Squantum Gardens is located in Marina Bay, and features a 223 one- and two-bedroom apartment homes with views of the Boston skyline and Quincy Bay. Designed for residents 55 and older, this community features green initiatives and eco-friendly touches, community gathering spaces, a fitness center, professional on-site management, 24-hour emergency maintenance, and other amenities. Additionally, the on-site Resident Service coordinator encourages resident participating in the many programs and activities offered as well as individual supportive services.

"We are so proud of this community, and very grateful to our residents who have been with us through the entire history of The Moorings at Squantum Gardens," said Bushashia. "Their commitment and longevity is quite a testament to the type of environment we at Peabody work hard to create."

Life Line Screenings Nov. 7

Residents living in and around Quincy can learn about their risk for cardiovascular disease, osteoporosi, diabetes, and other chronic, serious conditions with screenings by Life Line Screening.

The screenings will take place at the Quincy Sons of Italy Hall, 120 Quarry St., Quincy, on Tuesday, Nov. 7.

Screenings can check for:

- The level of plaque buildup in arteries, related to risk for heart disease, stroke and overall vascular health.
- HDL and LDL cholesterol levels.
- Diabetes risk
- Bone density as a risk for possible osteoporosis
- Kidney and thyroid function, and more.

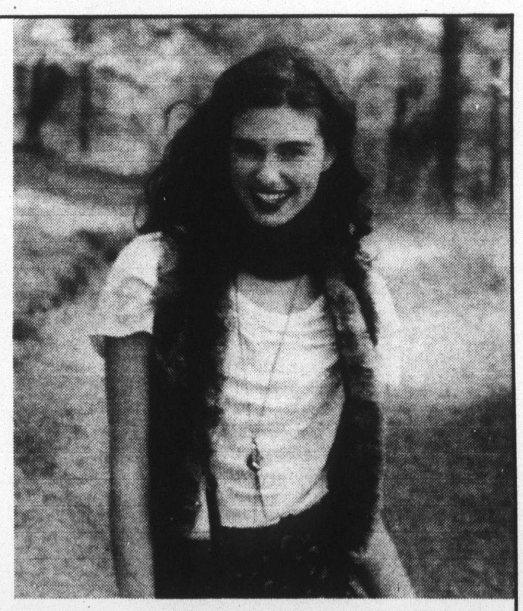
Screening packages start at $149, but consultants can work with those interested in screenings to create a package based on age and risk factors.

Screenings are convenient and accessible for wheelchairs and those with trouble walking. Free parking is also available.

For more information, call 1-877-237-1287 or visit the website www.lifelinescreening.com. Pre-registration is required.

at Quincy High School
100 Coddington Street
Open: Wednesdays, Thursdays and Fridays
Time: 11:40 am until 12:45 pm
Menu varies please find information at:
http://presidentscafe.weebly.com
617-376-3328

Fall into the New Season with a New Style!



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WHAT'S COOKING
with
Marie & Suzie
By MARIE D'OLIMPIO and SUSIE FALCO

Lemon Biscotti Cookies With Pecans

By MARIE

Years ago when my mother made Biscotti cookies, the flavor was always anise. Today you can buy just about any flavor and when you make the dough for this cookie you can be as creative as you want to. Today's recipe for lemon and pecan Biscotti can be made either soft or baked again for a crunchy cookie.

RECIPE

Preheat oven to 375 degrees and prepare 1 cookie sheet (either lightly grease or use parchment paper.)

½ cup vegetable oil
3 eggs
1 cup sugar
1 tablespoon of lemon extract
3 and ¼ cup of flour
1 tablespoon of baking powder
¼ cup chopped pecans (optional)

Beat eggs and sugar together and then add all other ingredients and mix well. The dough will be heavy.

Divide the dough in half, roll to ½ thick and as long as the cookie sheet. Place dough on a prepared cookie sheet.

Bake 25 to 30 minutes until golden brown. Let cool on rack and then cut into slices.

These Biscotti will be soft. If you would like a crunchy Biscotti return slices to oven and bake for 10 more minutes.

Magic Mushroom Powder

By SUSIE

Shiitake mushrooms have been used medicinally by the Chinese for more than 6,000 years. They are rich in B vitamins, pantothenic acid, B2, B6, niacin, choline, folate, zinc, manganese, and a wide variety of phytonutrients. Recent studies have determined that the bioavailability of iron from shiitake mushrooms may be even better than we thought as well.

(Certified organic shiitake mushrooms that have also been forest farmed—can make a great food choice in terms of sustainable... agriculture. Just look for the USDA's organic logo on your shiitake mushrooms to determine if they are certified organic.)

No health benefit is better documented for shiitake mushrooms than immune support. Numerous studies have shown the ability of whole shiitake mushrooms to help prevent excessive immune system activity. On the other hand, an equal number of studies have shown the ability of shiitake mushrooms to help stimulate immune system responses under certain circumstances. In other words, shiitake mushrooms appear able to enhance immune function in both directions, giving it a boost when needed, and cutting back on its activity when needed. That's the beauty of herbs!

One especially interesting area of immune system support involves the impact of shiitake mushrooms on immune cells called macrophages. Macrophage cells are responsible for identifying and clearing potentially cancerous cells from the body. In order to carry out this task, they need to be "activated" in a particular way. Shiitake mushrooms are able to help macrophage cells achieve this activated profile so that they can do a better job clearing potentially cancerous cells. Researchers refer to this result as an "anti-cancer immunity" that is enhanced by shiitake mushroom intake. It is believed that adding shiitake mushrooms to your diet is likely to offer you anti-cancer benefits, especially with respect to prevention of prostate cancer, breast cancer, and colon cancer.

Here is a wonderful recipe for MAGIC MUSHROOM POWDER that can be used in place of straight salt in recipes, scrambled eggs, meat dishes, soups, chili, really, anything! This recipe is taken from the Paleo Nom Nom blog.

3 ounces dried porcini mushrooms
2 cups sea salt
3 tablespoons red pepper flakes
2 tablespoons dried thyme
1 tablespoon freshly ground black pepper

Dump your dried mushrooms in the food processor and pulse a few times to chop them up uniformly. If the lid of your food processor isn't on tight, a fine mist of mushroom dust will erupt from the crack, so check the seal before you continue blitzing.

Next, turn the processor on for 2 minutes or as long as it takes for the mushrooms to break down into a fine powder. (If you use a super-charged blender like a Vitamix, you'll finish in less time.)

In a large bowl, combine the powdered mushrooms, salt, red pepper flakes, dried thyme and freshly cracked black pepper.

Stir well to combine.

Once the red pepper flakes are evenly distributed, you're all set!

Store in little jars and give away as gifts or in a large jar for yourself!

Quincy Girl Scouts Field Day Sunday

Girl Scouts of Quincy will hold a fall registration Field Day Sunday, Oct. 15 from 2 to 4 p.m. at Pageant Field, One Merrymount Parkway, Quincy.

Join the Quincy Girl Scouts for some fun, games and s'mores. Meet new friends, learn about Girl Scouts, and enjoy activities on Pageant Field.

The event will be held rain or shine.

On-site registration available for all interested girls (kindergarten to high school.) Annual membership is $40 per girl.

For more information, email girlscoutsquincy@gmail.com.

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~ CEREC Crowns in a day
~ Digital X-rays ~ Implants
~ Preventative & Periodontal care
Accepting patients from Quincy and surrounding areas
All welcome, from 3 to 103!

Lori Earl Guest Speaker At The Seaside Social Club

The Seaside Social Club will meet on Tuesday, Oct. 17 at the Houghs Neck Congregational Church, 310 Manet Ave., Quincy.

Members will gather for a business meeting at 6:30 p.m. and the program, which is open to the public, will begin at 7 p.m.

Guest speaker will be Lori Earl who will share the stirring story of Esther Grace Earl. Esther's short life provided inspiration to author John Green, who wrote the bestselling book, *The Fault in Our Stars* and the blockbuster movie of the same name. Since her death in 2010 she is far from forgotten.

Lori and Wayne Earl, Esther's parents and co-authors of New York Times Bestseller and Goodreads Choice 2014 winner *This Star Won't Go Out*, live here in Quincy. People Magazine said of Esther's book: "This moving read will have you reaching for the tissues and smiling with delight. Stunningly alive on the page, Esther shows that sometimes the true meaning of life—helping and loving others—can be found even when bravely facing death."

Together, Lori and Wayne contributed to and curated the memoir of their daughter. The middle of five children, Esther was diagnosed with thyroid cancer when she was 12-years old; the family moved to Quincy to be near Boston Children's Hospital for her treatment and care. Inspired by their daughter's energy and natural empathy, Esther's parents set up the non-profit foundation This Star Won't Go Out (TSWGO) following her death in 2010. The 501c3 nonprofit works to serve families with children diagnosed with life-threatening cancer, and to inspire young people to live lives of hope and purpose. To date, TSWGO has given away over $450,000 in financial grants.

Lori Earl is the executive director of TSWGO. Previously, she was an instructor and student success coach at Quincy College. Lori is also a certified English teacher, with degrees in psychology and intercultural studies. She and her husband continue to reside in Quincy with their two sons, their black lab, and Esther's cat, Pancake.

Esther's book, *This Star Won't Go Out*, will be available for sale.

Wollaston School To Host Harvest Festival Saturday

The Wollaston School Harvest Festival will be held on Saturday, Oct. 14 from 11 a.m. to 3 p.m. at the school's 205 Beale St. location.

The Harvest Festival is a fun-filled Quincy family tradition featuring food, games, raffles, crafts, a silent auction, and entertainment.

All proceeds from the Harvest Festival will benefit the Wollaston Elementary School. The funding will be used to enrich academic programs, purchase classroom supplies, software, and library books, and fund field trips and in-school assemblies.

This year, the festival will include kids' activities such as bouncy obstacle courses, a fast pitch, face painting, and dancing.. Performances are expected from a variety of neighborhood organizations, including Irish dancing, martial arts demonstrations and more. And the "Wollaston Midway" will be open on Taylor Street, featuring carnival games with prizes.

The silent auction is expected to be the largest ever, where bidders can win sports memorabilia, rounds of golf, and goods and services from local businesses including restaurants, spas, hotels, and retailers. In addition, the event will feature a range of great raffle prizes, including a 50/50 raffle.

The Harvest Festival is sponsored by the parents and staff of the Wollaston School, in conjunction with many local businesses and community leaders. If you are interested in becoming a Harvest Festival sponsor, or making a donation, please contact the Wollaston School PTO at wollastonschoolpto@yahoo.com or by calling 617-984-8791.

Houghs Neck Church Fair Nov. 3

The By the Sea Holiday Fair will take place at the Houghs Neck Congregational Church, 310 Manet Ave. on Friday, Nov. 3rd 6 - 9 p.m. and on Saturday, Nov. 4th 9 a.m. - 3 p.m.

Check out the new tables: gift baskets and pet items, along with many favorites such as Take a Chance, crafts and resale shop.

There will be homemade pickles and jams, baked goods, Christmas items, Bling and raffles with prizes.

Come on Friday night for dinner and on Saturday for breakfast and/or lunch. For info. call or email 617-479-8778 or hncc@comcast.net. Admission is free.

Toiletry donations will be accepted for DOVE, Inc.

Squantum Seaside Gardeners Fair Nov. 4

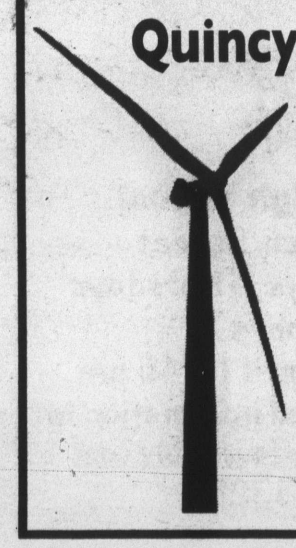
The Seaside Gardeners of Squantum will host its annual Faire for All Seasons Saturday, Nov. 4 from 10 a.m. to 2 p.m. at the Kennedy Senior Center, 440 East Squantum St., Quincy.

Lunch will be available at Pat's Cafe from 11:30 a.m. to 1:30 p.m.

There will be baked goods, crafts, and holiday items for sale at the Faire.

All are welcome.

Quincy Climate Action Network Candidate Night 2017



Who: Candidates for ward and at-large councilor
When: Thursday, October 19th at 7:00pm
Where: United First Parish, 1306 Hancock Street (use side entrance)
Why: Everyone in Quincy has a stake in the environment

Understanding Plantar Fasciitis

By RUTH JONES
BSN, RN, BC, CP-F

Plantar fasciitis is one of the most frequent causes of heel pain. It involves inflammation of a thick band of tissue (ligament) that extends across the bottom of your foot and connects your heel bone to your toes (plantar fascia) supporting the arch of your foot.

If you strain your plantar fascia, it becomes weak and inflamed resulting in discomfort in your heel and/or bottom of your foot when you stand or walk. Plantar fasciitis commonly causes stabbing pain that usually presents with your initial steps in the morning.

As you get up and move more, the pain generally decreases, but it might recur after long periods of standing or after rising from sitting. The pain is usually more pronounced after exercise, not during it. You may have less stiffness and pain after you mobilize, however your foot may hurt more as the day progresses. The discomfort is usually most agonizing when climbing stairs. If you have foot pain occurring at night, you may have a different problem, such as arthritis, or a nerve problem such as tarsal tunnel syndrome.

Plantar fasciitis is common in middle-aged people and can happen in one foot or both feet. It can also transpire in younger people who are on their feet frequently, like athletes or soldiers. In addition, people who are overweight and those who wear shoes with inadequate support have a heightened risk of plantar fasciitis.

Under normal circumstances, your plantar fascia acts like a shock-absorber supporting the arch in your foot. If tension and stress on that area become too excessive, small tears can arise in the fascia that can lead to pain and swelling. This is more apt to occur if:

- Your feet roll inward too much when you walk.
- You have high arches or flat feet.
- You walk, stand, or run for long periods of time, especially on hard surfaces.
- You are overweight.
- You wear ill-fitting or worn out shoes.
- You have tight Achilles tendons or calf muscles.

Though plantar fasciitis can surface without an obvious cause, factors that can increase your risk of developing plantar fasciitis include:

- Age. Plantar fasciitis is most common between the ages of 40 and 60.
- Certain types of exercise. Activities that place a lot of stress on your heel and attached tissue such as long-distance running, ballistic jumping activities, ballet dancing and aerobic dance.
- Foot mechanics. Being flat-footed, having a high arch or even having an atypical pattern of walking can affect the way weight is distributed when you're standing and put additional stress on the plantar fascia.
- Obesity. Excess pounds put extra stress on your plantar fascia.
- Occupations that require you to be on your feet such as, factory workers, teachers and others who spend most of their work hours walking or standing on hard surfaces that can injure their plantar fascia.

When diagnosing plantar fasciitis your doctor will check your feet and watch you stand and walk. They will do a complete history and physical and might suggest an X-ray or magnetic resonance imaging (MRI) to rule out other causes.

The majority of people who have plantar fasciitis recover with conservative treatments, including resting, icing the painful area and stretching. But there are numerous remedies you can try to help your foot to get recover:

- Give your feet a rest. Cut back on activities that make your foot hurt. Try not to walk or run on hard surfaces.
- To reduce pain and swelling, try putting ice on your heel. Or take an over-the-counter pain reliever like Ibuprofen or Naproxen.
- Choose shoes with good arch support and a cushioned sole.
- Physical therapy. A physical therapist can teach you a series of exercises to stretch the plantar fascia and Achilles tendon and to strengthen lower leg muscles, which stabilize your ankle and heel.
- Night splints. Your doctor might recommend that you wear a splint that stretches your calf and the arch of your foot while you sleep. This holds the plantar fascia and Achilles tendon in a lengthened position overnight and facilitates stretching.
- Orthotics. Your doctor might prescribe off-the-shelf or custom-fitted arch supports (orthotics) to help disseminate pressure to your feet more uniformly.

When more conservative measures aren't successful after several months, your doctor might recommend:

- Injections. Injecting a type of steroid medication into the tender area can provide temporary pain relief.
- Extracorporeal shock wave therapy. In this procedure, sound waves are directed at the area of heel pain to promote healing.
- Tenex procedure. This minimally invasive procedure removes the scar tissue of plantar fasciitis without surgery.
- Surgery. A small number of people need surgery to detach the plantar fascia from the heel bone. In general this option is utilized only when the pain is severe and all else fails.

To reduce the pain of plantar fasciitis, try these self-care tips:

- Maintain a healthy weight. Lose weight if you're overweight or obese to minimize stress on your plantar fascia.
- Choose supportive shoes. Avoid high heels. Buy shoes with a low to moderate heel, good arch support and shock absorbency. Don't go barefoot, especially on hard surfaces.
- Don't wear worn-out athletic shoes. Replace your old athletic shoes before they fail to support and cushion your feet. If you're a runner, buy new shoes after about 400 to 500 miles of use.

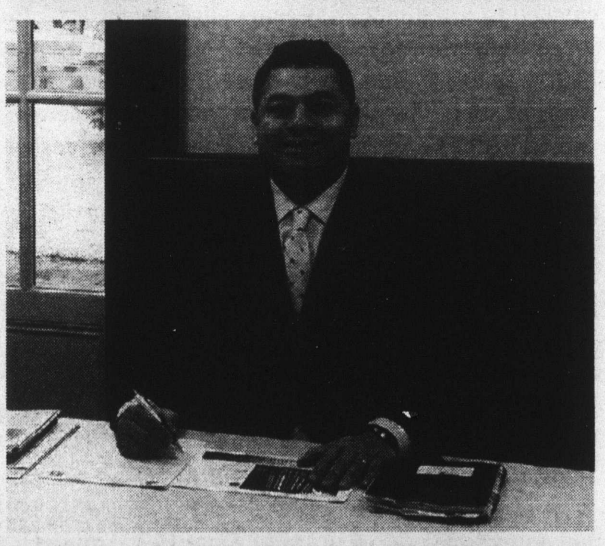
RUTH JONES

- Change your sport. Try a low-impact sport, such as swimming or bicycling, instead of walking or jogging.
- Apply ice for 15 to 20 minutes three or four times a day or after activity.
- Stretch your arches. Simple home exercises can stretch your plantar fascia, Achilles tendon and calf muscles.

Plantar fasciitis most repeatedly occurs because of injuries that have materialized over time. The earlier you start treatment, the sooner your feet will stop hurting. With the proper management, you will usually have less pain within a few weeks. However, it may take a few months to a year for the pain to go away completely, so be patient and stay with your treatment.

Ruth Jones is the director of Nursing for the City of Quincy Health Department.

POLITICAL ADVERTISEMENT



Re-Elect
DIBONA
★ Councilor-At-Large ★

Councilor-At-Large Noel DiBona takes the lead to get positive things done in Quincy.

* As Veterans Services Chairman of the City Council, Noel proposed a 1st Time Homebuyers program giving **Closing Cost credit of $4,000-$6,000 to Veterans purchasing a home in Quincy.**

*** Stop Misclassification of Workers on Public Projects:** Noel proposed an ordinance to crack down on contractors who cheat workers and taxpayers by ignoring state and federal laws.

* As Education Chairman of the City Council, Noel expanded cooperation between Mayor's Substance Use Task Force, Police, Fire and Ambulance, County & State officials and Quincy Public Schools to **educate the public, parents and students at every level about Drug Awareness and Drug Abuse Prevention.**

Please give him your vote on Nov. 7th

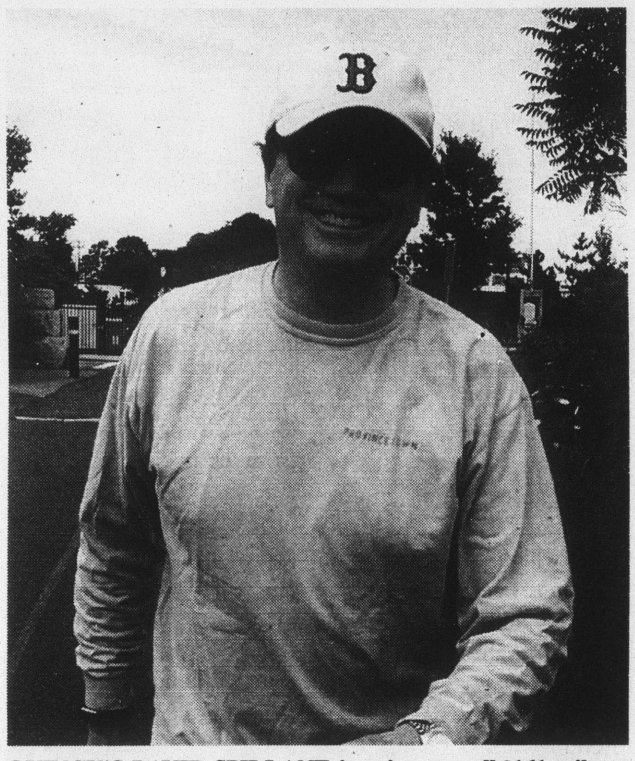
Paid for by the Committee to Re-Elect Noel DiBona, 70 Chickatabot Road, Quincy, MA 02169

Atty. David Spillane Walking 161 Miles To Benefit Elizabeth Stone House

David Spillane is going to walk 161 miles – from Stockbridge to Boston – to raise funds for the Elizabeth Stone House.

Spillane, an attorney and father of 3 from Quincy, is a very big James Taylor fan. He has seen the legendary 5-time Grammy award winner in concert 16 times and decided to combine his love for Taylor with his desire to raise awareness for domestic violence.

The Elizabeth Stone House partners with adult and child survivors of domestic violence and related trauma – mental illness, housing instability and substance misuse – to achieve safety, stability, and overall wellbeing, thereby contributing to the strength, resiliency, and health of the community it serves.



QUINCY'S DAVID SPILLANE is going to walk 161 miles – from Stockbridge to Boston – to raise funds for the Elizabeth Stone House. *Photo Courtesy David Spillane*

On Thanksgiving Day, Thursday Nov. 23, paying homage to Taylor's hit song *Sweet Baby James*, Spillane will start a 10-day walk from Stockbridge to Boston. Taking another line from the song, he plans to end the walk on – the 1st of December.

"We hope, however, the day will not be 'covered with snow,'" Spillane said.

A walking enthusiast, Spillane has participated in many charity walks over the years, including eight Avon Walks for Breast Cancer. Even in everyday life, his favored mode of transportation is walking.

When asked why he was doing this, Spillane said, "I was inspired by the wonderful people at ESH who do so much. I am thankful I don't have a sad story to tell, and I want to show my gratitude for being so blessed by helping in a meaningful way."

Spillane has set a goal of raising $50,000. Initially, he plans to ask 100 people to encourage 10 people they know to donate $50 each to the cause. He will accept additional donations, in any amount, on-line at a fund-raising page.

Funds will support the Elizabeth Stone House, which currently serves over 700 domestic violence survivors each year, a number that still does not meet community demand. Planning and financing are underway for a new Stone House facility that will serve approximately 2,000 individuals each year.

If you would like to donate, visit http://walkingforelizabethstonehouse.com/, or send a tax deductible contribution to Walk for Elizabeth Stone House, 1140 Washington St., Hanover, MA 02339.

Halloween Party At Kennedy Center Oct. 30

The Quincy Council on Aging will celebrate Halloween on Monday, Oct. 30 at 1:30 p.m. at the Kennedy Center.

The afternoon will include appetizers, coffee and dessert and music provided by DJ Joey B-Bop. Halloween costumes are optional. Prizes will be awarded to best costume(s).

Tickets are $10 and are available at the Kennedy Center. For more information call the Kennedy Center at (617) 376-1506.

Swing Band Oct. 20 At Kennedy Center

The Olde Kids On The Block swing band is bringing its Big Band Era sound back to the Kennedy Center on Friday, Oct. 20th from 1 to 3 p.m.

The band made up of retired and semi-retired musicians inspires their audiences to dance, tap their feet or just sit and enjoy the wonderful music. A dance band in the style of the big bands of the 50's and 60's, they have been called a "living museum" with a library of music.

Tickets are $6 and are available at the Kennedy Center. For more information, call the Kennedy Center at (617) 376-1506.

Social Security Matters

Ask Rusty: Government Pension Offset (GPO)

By RUSSELL GLOOR
AMAC Certified Social Security Advisor

Dear Rusty: Several years ago the husband of a friend of mine died before he collected any of his Social Security. She applied for widow benefits from his Social Security, but she was told that because she had never paid into Social Security and because she had a pension from her employer, she was not eligible to draw survivor's benefits on his Social Security. What has this got to do with her not getting his Social Security? Please help us understand this. **Signed:** ***Helpful Friend***

Dear Helpful: It sounds as though your friend's survivor benefits are affected by something called the Government Pension Offset (GPO). The GPO affects people who have a pension from employment which did not contribute to Social Security, such as a State or local government agency, a school system, college or university, or even older Federal employees who were covered under the Civil Service Retirement System (CSRS). Under the GPO, Social Security reduces spousal and survivor's benefits by $2 for every $3 received from a government pension. This can partially, and often totally, offset the Social Security benefit a person might otherwise be entitled to. For example, if your friend was entitled to a Social Security survivor benefit of $1,500 per month, and she is receiving a civil service pension of $3,000 per month, she would get no Social Security benefit because 2/3rds of her civil service pension ($2,000) is more than her Social Security survivor's benefit. This appears to be what has happened in your friend's case.

Public service employers who don't participate in the Social Security program usually offer employees an enhanced alternative pension program designed to replace Social Security benefits. GPO was first enacted in 1977 in order to prevent those employees from "double dipping" by receiving both a pension from work where they did not pay into the Social Security system and Social Security (which they did not contribute to). The Government Pension Offset, as well as another Social Security rule called the Windfall Elimination Provision (WEP), as you can imagine, are not very popular with those affected by them. GPO affectsa non-covered worker's spousal and survivor benefit, while WEP affects a non-covered worker's Social Security retirement benefits and their spouse's spousal benefit, but not their spouse's survivor benefit. Despite their unpopularity these are, nevertheless, existing laws which affect Social Security benefits for those receiving a pension from work in which they did not contribute to Social Security.

The trend appears to be that more and more public service employers are now participating in the Social Security program. Even the Federal Government, which prior to 1984 didn't participate in the Social Security program, switched to a retirement system called the Federal Employee Retirement System (FERS) which now requires employees to pay into Social Security and, thus, be eligible for Social Security benefits. Federal employees covered under FERS, and public service employees with a pension from an employer who participates in Social Security, are not affected by the Government Pension Offset.

For information, the Social Security Fairness Act of 2017 (H.R. 1205 and S.915) proposes to eliminate both the GPO and the WEP, and has been referred to appropriate committees in both the House and the Senate, but there is currently no estimated probability of passage.

The information presented in this article is intended for general information purposes only. The opinions and interpretations expressed are the viewpoints of the AMAC Foundation's Social Security Advisory staff, trained and accredited under the National Social Security Advisors program of the National Social Security Association, LLC (NSSA). NSSA, the AMAC Foundation, and the Foundation's Social Security Advisors are not affiliated with or endorsed by the United States Government, the Social Security Administration, or any other state government. Furthermore, the AMAC Foundation and its staff do not provide legal or accounting services.

The Foundation welcomes questions from readers regarding Social Security issues. To submit a request, contact the Foundation at info@amacfoundation.org.

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Flavor of the Month
CARAMEL CANDY APPLE
Seasonal Flavors
Pumpkin Spice & English Caramel
Storytime with Big Joe
October 5 | Milton @ 10 AM
October 20 | Wollaston @ 6:15 PM
12 Old Colony Avenue
Quincy: 617-773-9420
77 Parkingway
Quincy: 617-786-8888
24 Central Avenue
Milton: 617-696-2326
coffee Break CAFE
COFFEEBREAKCAFE.NET

DENTISTRY for the 21st Century
by Steven A. Brustin, D.M.D.
THE HOLE TRUTH
It is important to distinguish between caries, the Latin word for decay, and a cavity, which is the hole that occurs if the caries has destroyed the tooth enamel and penetrated the tooth's dentin. Caries may first appear as a white or brown spot on tooth enamel. It is an indication that bacterial acids have begun to dissolve calcium and phosphate in the tooth enamel (demineralization). If it is detected early enough, it is possible to remineralize the enamel and stop decay by cleaning the teeth thoroughly, applying topical fluorides, and removing plaque. Otherwise, once a cavity forms, remineralization cannot fill it up. Left untreated, a cavity will continue to grow until it destroys the entire crown of the tooth.
Cavity-causing bacteria and its resultant damage can be controlled if we deal with bacterial plaque activity on a daily basis. A toothbrush alone, however, cannot do the whole job. It takes the combined effort of conscientious daily brushing and flossing, smart eating, and professional visits to promote total oral health. If it's been too long since you treated your teeth and gums to professional care, now would be a good time to call us, 617 479-6220, for an appointment. We're located at 44 Greenleaf Street. Visit us on the web at www.quincydentist.com.
P.S. Dentin is the bone-like tissue that makes up the largest portion of the tooth.

Council Candidates Night Oct. 19 At First Parish Church

Quincy Climate Action Network will host a candidates night at 7 p.m. on Thursday, Oct. 19 in the church hall at United First Parish Church of Quincy, 1306 Hancock St., across from City Hall.

QCAN has invited all candidates in contested city council races; at press time most candidates had already accepted.

Most questions to the candidates will involve city policy on energy and climate, said David Reich, board chair of QCAN.

"We'll have a slightly different format from our candidate night of two years ago," Reich said. "Each city council candidate will get five or six questions instead of two or three."

Candidates will see some but not all of the questions in advance.

"Quincy has made significant progress since our last candidate night, but we have many miles to go before we're as efficient as we need to be," Reich added.

"The deadly hurricanes in Texas, Florida, the U.S. Virgin Islands, and Puerto Rico show that every coastal community faces dire threats to life and property from our changing climate. With stakes this high, we need to continue increasing the efficiency of our dwellings, our workplaces, and our governments and getting on the path to end our use of fossil fuels.

"As a coastal city, Quincy has more at stake than most. More and more Quincy voters want to know their candidates' positions on energy and climate, and the candidate night offers a great chance to do just that," Reich added.

Joseph Murphy On Dean's List At Oregon State

Joseph C. Murphy of Quincy, a senior psychology, has been named to the Dean's List at Oregon State University in Corvallis, Ore.

Feed the Hungry Gala Announces Milestones, New Chairperson

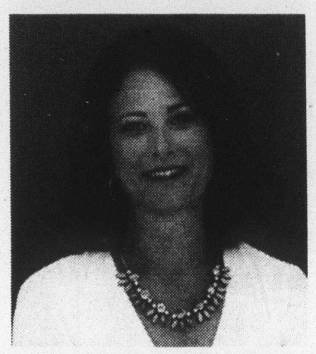
Donna Mavromates To Assist With 20th Annual Event As Interfaith Celebrates 70th Anniversary

Interfaith Social Services announces Donna Mavromates of Hingham will serve as co-chairperson of the 20th Annual Feed the Hungry Gala.

Mavromates joins Ally Donnelly of Hingham, co-chairperson since 2012, in leading the annual drive to raise money for Interfaith's hunger, mental health and emergency assistance programs.

A fixture of the South Shore business community, Mavromates spent several years as marketing director and vice president of the Quincy Chamber of Commerce. She currently owns MavroCreative in Hingham, a full-service graphic and web design agency, which also donates their services to Interfaith. Her experience working with small business owners and entrepreneurs at the Chamber drives her passion for providing services for those groups.

"I love to help nurture and give small businesses



DONNA MAVROMATES

the support they need," Mavromates said.

The mother of two college-age twin girls, Mavromates was drawn to Interfaith's mission because of the focus on families. "I became aware of how much a need there is on the South Shore," Mavromates said. "There are families that don't have food on the table. Most importantly, there are kids that don't have food on the table. When I learned that I started to understand the depth of the problem."

She shared a memory of 2015's Feed the Hungry gala where a former Interfaith client spoke to the audience. The speaker, a Marine, told a harrowing tale of domestic abuse, unexpected need and recovery.

Mavromates and her husband Stan, also a Marine, solidly connected with her message. The realization that hunger and need could affect anyone drew her in more. "It can be anyone," she said. "People fall on difficult times with no fault of their own."

After serving on the board of directors at Interfaith Social Services for several years, Mavromates joined the gala committee in 2014.

This year's Feed the Hungry Gala will be held Dec. 8 at Granite Links Golf Club in Quincy. The event celebrates two milestones in Interfaith's history – the 70th anniversary of the organization and the 20th anniversary of the fundraising gala.

"Being able to recognize the impact that 70 years' worth of services have done for this community is huge," Mavromates said. "It deserves to be acknowledged in a pretty big way."

Gala attendees will be treated to live music, games, door prizes and entertainment. Chefs from top South Shore-area restaurants will provide tastings and local wine and spirits distributors will showcase beverages. Guests have the chance to bid on silent and live auction items and most importantly, hear about Interfaith's critical mission to feed, clothe and comfort more than 20,000 hungry local residents each year.

Sponsorship opportunities for the 2017 Gala are still available. Businesses or individuals who are interested in supporting the event can visit the Gala website at FeedHungryGala.org to learn more. Tickets for the event are available now.

"The event has sold out for the past three years in a row," said Mavromates. "I suggest that everyone get their tickets soon."

Tickets are available at FeedHungryGala.org.

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Margaret Laforest

Councilor at Large

Our seniors have contributed so much to our City. For that, we owe them our hard work, compassion, and dedication. With your vote on November 7th, I'll continue to work every day on behalf of our wonderful senior community.

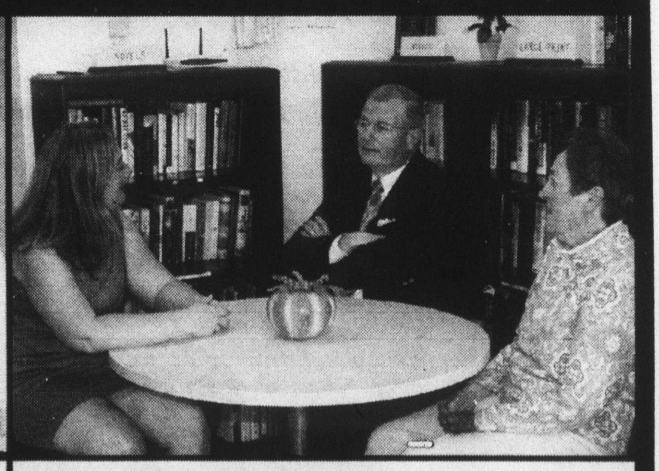
EXPERIENCE

Four generations active in the community sharing strong family values and passion for service

TRUST

Inspirational role models (Paula, 100 and mother Betty, 80) whose care and quality of life are so important

COMMITMENT



Supported the city's first-ever senior center, and continues to work to expand programs and services

MargaretLaforest.com

For more information, please contact the campaign team at 617-471-1806 or committee@MargaretLaforest.com
Paid for by The Committee to Elect Margaret Laforest

Quincy Credit Union Donates Backpacks To Marshall School Students

Quincy Credit Union and Quincy Public Schools staff and administration were on hand at the Clifford Marshall School to personally deliver each child a backpack during the backpack distribution event held during the first week of school.

Scottie Saver, QCU's Mascot, even joined the festivities dancing to the DJ and delivering hugs and "high fives" to the students as they gratefully accepted their backpacks.

As the new school year started, Quincy Credit Union, a Quincy Public School community business partner, supported students and staff of Clifford Marshall Elementary as they prepared to kick off the 2017-2018 school year by providing backpacks filled with school supplies.

This initiative is a collaboration between QCU and Quincy Public Schools to provide students with school supplies to ensure a successful start to the school year. Quincy Credit Union purchased and organized the school supplies to fill 600 backpacks.

Quincy Credit Union, currently celebrating their 80th anniversary, provides financial services to over 33,000 Members operating from two locations; 100 Quincy Ave., Quincy and 519 Columbian St., Weymouth. Membership is available to those who live or work in Norfolk, Plymouth Counties and the communities of Dorchester.

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POINT WEBSTER MIDDLE SCHOOL
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DANIEL WEBSTER ELEMENTARY
Saturday, November 18, 2017 at 2pm
60 LANCASTER STREET
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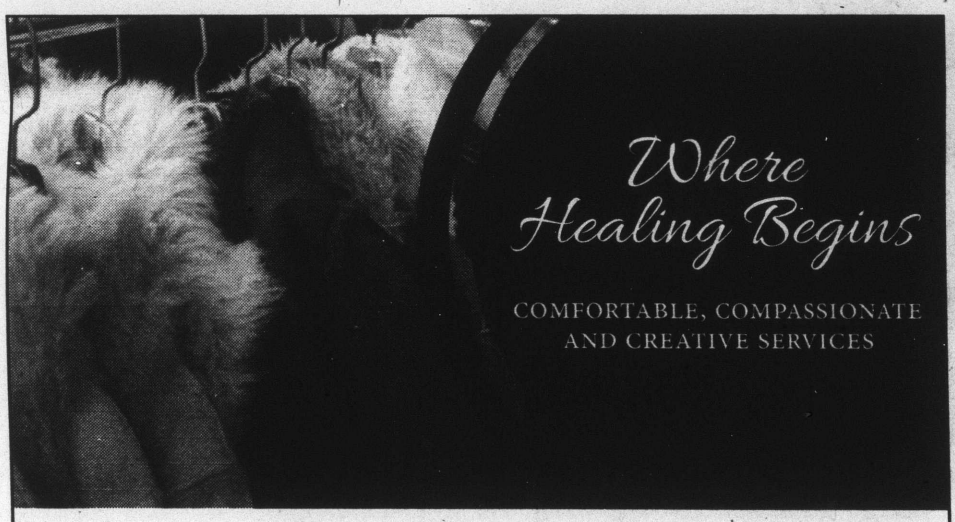
IF YOU HAVE ANY QUESTIONS OR MEMORABILIA TO SHARE,
PLEASE CONTACT US AT 617 984-6600 OR
CHRISTINEBARRETT@QUINCYPUBLICSCHOOLS.COM



JOIN US to make a difference in the lives of others!

Please join the cause to provide warmth and comfort this year for those less fortunate. Coats will be distributed through 3 local organizations; **Interfaith Social Services in Quincy; Weymouth Youth and Family Services in Weymouth; and Wellspring Multi-Service Center in Hull.**

Supporters wishing to donate are asked to bring gently-used adult or children's coats to the lobby of the **Keohane Funeral Home in Quincy** at 785 Hancock Street.

The winter coat drive begins in October and continues through the end of November. Help us meet our goal to collect 250 coats this winter.

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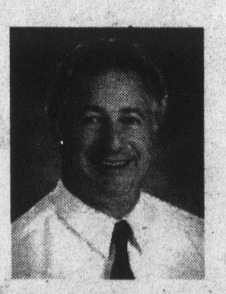

Stephen P. Tobias B.C. HIS
MA Lic #59
B.S. Science UMass 1978

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617 770-3395 Let our family take care of yours!

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Marina Bay Ferry Running On Revised Fall Schedule

Cont'd From Page 1

On Saturday and Sunday mornings, the ferry leaves Quincy at 11:30 a.m. with stops at the Seaport District (11:55 a.m.) and Rowes Wharf (12:05 p.m.).

On Saturday and Sunday evenings, the ferry leaves the Seaport District at 3:50 p.m., Rowes Wharf at 4 p.m., leaves Quincy at 4:30 p.m., leaves the Seaport District at 4:55 p.m., leaves Rowes Wharf at 5:05 p.m., leaves Winthrop at 5:40 p.m., leaves the Seaport District at 6 p.m., leaves Rowes Wharf at 6:10 p.m., leaves Quincy at 6:40 p.m., leaves the Seaport District at 7:05 p.m. and Rowes Wharf at 7:15 p.m.

On Saturday nights only, the ferry departs Winthrop at 8:30 p.m., the Seaport District at 8:55 p.m., Rowes Wharf at 9:05 p.m., and Quincy at 9:30 p.m. and then arrives at Winthrop at 10 p.m.

One-way tickets are $8.50. Tickets for seniors (ages 65 and up) are $6.50, students can ride for $6 with valid ID, children ages 5 to 12 can ride for $3 and children under the age of 5 ride for free. A commuter package, with tickets, can be purchased for $290; tickets are non-transferable.

Purchasing tickets ahead of time online is strongly recommended. Tickets can be purchased online at thewinthropferry.com.

Valkyrie

General Passenger Tickets: $8.50 one way
Seniors (65+yrs): $6.50
Children 5-12: $3.00
Children under 5: FREE
Students with ID: $6.00
Commuter Pkg: $290 for 40 tickets (non-transferable)

Fall Schedule will be October 2nd through November 30th
Afternoon Charters Available Mon-Fri: 12-3PM
Rate $200/hr Min. 2 Hours

WEEKDAY SCHEDULE

CATCH US AT THE TOWN LANDING

Mon – Fri AM Shifts Departure Times

Winthrop 6:55AM	**Arrive in Quincy** 7:25AM	**Quincy** 7:30AM	**Winthrop** 7:55AM	**Seaport** 8:20AM
Rowes Wharf 8:35AM	**Arrive in Winthrop** 9:00AM	**Winthrop** 9:30AM	**Seaport** 9:50AM	**Rowes Wharf** 10:05AM
Quincy 10:35AM	**Rowes Wharf** 11:00AM	**Fuel** No Passengers		

Mon – Fri PM Shifts Departure Times

Winthrop 3:00PM	**Seaport** 3:20PM	**Rowes Wharf** 3:30PM	**Arrive in Winthrop** 3:55PM	**Winthrop** 4:00PM
Seaport 4:20PM	**Rowes Wharf** 4:35PM	**Quincy** 5:00PM	**Arrive in Winthrop** 5:20PM	**Winthrop** 5:25PM
Rowes Wharf 5:45PM	**Seaport** 5:55PM	**Arrive in Winthrop** 6:15PM	**Arrive in Quincy** 6:45PM	

Thursday & Friday Evening Only Departures

Winthrop 7:30PM	**Seaport** 7:50PM	**Rowes Wharf** 8:05PM	**Arrive in Winthrop** 8:30PM

WEEKEND SCHEDULE

Sat + Sun AM Shifts Departure Times

Winthrop 10:30AM	**Seaport** 10:50AM	**Rowes Wharf** 11:00AM	**Quincy** 11:30AM	**Seaport** 11:55AM
Rowes Wharf 12:05PM	**FUEL** No Passengers			

Sat + Sun PM Shifts Departure Times

Winthrop 3:30PM	**Seaport** 3:50PM	**Rowes Wharf** 4:00PM	**Quincy** 4:30PM	**Seaport** 4:55PM	**Rowes Wharf** 5:05PM
Winthrop 5:40PM	**Seaport** 6:00PM	**Rowes Wharf** 6:10PM	**Quincy** 6:40PM	**Seaport** 7:05PM	**Rowes Wharf** 7:15PM
SATURDAY ONLY SCHEDULE	**Winthrop** 8:30PM	**Seaport** 8:55PM	**Rowes Wharf** 9:05PM	**Quincy** 9:30PM	**Arrives in Winthrop** 10:00PM

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- Bring transparency to City Hall
- Stop overdevelopment
- Recruit businessess to empty store fronts
- Continue the fight for quality education
- Demand a complete traffic plan and fix our roads

VoteMahoney @AnneMahoney

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Councillor-At-Large
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Vote for Anne Mahoney on Tuesday, November 7th

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DARE Officers Ramp Up Substance Abuse Awareness

Cont'd From Page 1

"It still has a lot of the drug and alcohol prevention, which is very important, but has more about life skills and decision making," he said.

Sautter said he discusses the opiate issue with students despite that the national DARE curriculum doesn't include specific lessons on that now.

"DARE is working on that for 2018," he said. "We'll be talking to you (school committee) more about that when it comes out."

Sautter said that DARE has been hesitant to address the marijuana issue since so many states, including Massachusetts, have legalized its recreational and medical use. He and Grazioso joined the district's health teachers in completing an online marijuana training program that will help them provide proper information to students about the issue.

"We're working on trying to put more information out together to see what we can do about the marijuana situation," said Sautter. "I'm doing some things already, but it will be nice to see what we can do with the training we had."

Sautter said he and Grazioso are working to reach out to parents on the substance abuse issue. The officers will be attending parent programs as well as the healthy choices night and health fairs.

"It's important that we engage parents too," he said. "It's not just enough to talk to the students. We want to get parents involved."

The DARE officers have increased collaboration with the district's health educators and guidance counselors.

"We're trying to work together and see what each other is doing," said Sautter. "Sometimes we do our thing and everyone else is doing theirs. We're all headed in the right direction. We're trying to do some more work together."

Sautter said the DARE program is a good fit with the district's programs in providing substance preventive information to students.

"We're in all the elementary and middle schools throughout the year," he said. "It's been a wonderful program. It goes along with working with the (district's) health programs and guidance."

The district's director of Student Support Services Maura Papile and Sautter said peer leadership intervention is part of substance abuse prevention efforts.

Papile said the school department is continuing its collaboration with Bay State Community Services that provides peer leadership training for both elementary and middle school health educators and guidance counselors who in turn train students in peer leadership.

Additionally, Papile explained SADD (Students Against Destructive Decisions) chapters have been organized at each middle school.

"It's a great vehicle for kids to intervene at their schools," she said.

Sautter noted DARE also offers peer leadership where older students converse with their younger counterparts. He said this year's annual summer DARE camp had 105 young students and 35 high school students, the latter serving as counselors and peer leaders.

Sautter said he and Grazioso will continue to increase their work with the district's health team in dealing with substance abuse.

"I'm excited to work as much as I can with the team to work on prevention to help young people," he said. "I know there is more to be done."

Quincy School Supt. Dr. Richard DeCristofaro praised the work of the DARE officers.

"You touch so many lives," he said. "There's really no measurement of it."

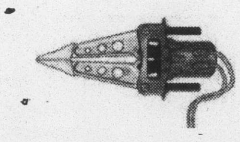
QUINCY FIRE PREVENTION WEEK

Open House

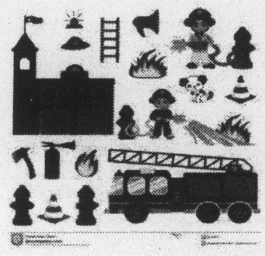
All Welcome

October 14, 2017 9am to 12 noon

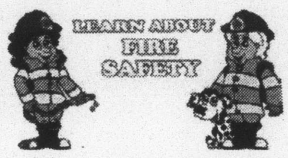
40 Quincy Avenue

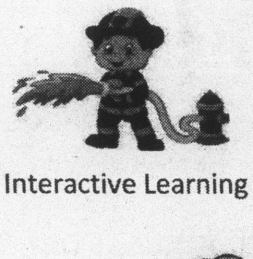


Jaws of Life Demonstration



Interactive Exhibits





Sparky the Fire Dog

Interactive Learning

Activity Coloring Books

Pizza and Refreshment will be provided !!!

ELEMENTARY LUNCH MENU

Monday, Oct. 16
WW Pizza Stick, Marinara Dipping Sauce, Carrot Snack Packs, Seasonal Fruit.

Tuesday, Oct. 17
Early Release Day—
NO LUNCH SERVICE

Wednesday, Oct. 18
ITALIAN DELIGHT: WW Spaghetti & Beef/Chicken Meatballs, Steamed Green Beans, Seasonal Fruit.

Thursday, Oct. 19
BRUNCH FOR LUNCH! WW Pancakes w/Turkey Sausage, Smile Fries, Honey Roasted Chickpeas, Seasonal Fruit.

Friday, Oct. 20
TASTE OF ASIA: Korean BBQ Chicken Strips, WW Brown Rice, Steamed Broccoli, WW Dinner Roll, Seasonal Fruit.

All above Entrée Selections Include: Vegetable Choice, Choice of Fruit and Choice of Milk

Quincycles Commuter Convoys Thursdays

Does the Red Line make you blue?

Do you worry about Wolly Station closing?

Want to take control of your commute to Boston?

On Thursdays in October, Quincycles offers commuting group rides to Boston. Led by Quincyclist and longtime Boston bike commuter Joe Hern, the rides depart from Beale and Hancock Streets at 7:30 a.m. Riders interested in joining at North Quincy should be at Hancock and Hollis Streets by 7:35 a.m.

For return rides from Boston, meet at 5:30 p.m. at the small plaza on Summer Street adjacent to Santander Bank (133 Summer St. branch) and just opposite High Street.

Quincycles is a group of Quincy residents advocating for bicycle infrastructure on our city streets and promoting responsible bicycling as a means of transportation, recreation, and exercise in Quincy. Information about the group and the full schedule of rides can be found on their website at www.Quincycles.org.

Review the ride guidelines posted on the site before participating and check Quincycles Facebook page for weather-related updates.

For any questions, email quincycles@gmail.com.

SECONDARY LUNCH MENU

Monday, Oct. 16
CALZONE MONDAY: Homemade Cheese or Pepperoni Calzone, Broccoli & Craisin Salad, Seasonal Fruit.

Tuesday, Oct. 17
BRUNCH FOR LUNCH– WW Pancakes w/ Maple Syrup w/ Turkey Sausage & Scrambled Eggs, Sweet Potato Tots, Seasonal Fruit.

Wednesday, Oct. 18
ITALIAN DELIGHT: Beef Meatballs w/ WW Spaghetti & Marinara Sauce, Steamed Green Beans, Seasonal Fruit.

Thursday, Oct. 19
AMERICAN FARE: Breaded Chicken, Macaroni & Cheese, Steamed Peas, Seasonal Fruit.

Friday, Oct. 20
FIESTA FRIDAY– *Burrito Bowl!* Mexican Seasoned Beef or Turkey, or Chicken, Steamed Brown Rice, Salsa, Corn, Black Beans, Salsa, Shredded Cheese & Tortilla Chips, Seasonal Fruit.

All above Entrée Selections Include: Vegetable Choice, Choice of Fruit and Choice of Milk

DOVE
Domestic Violence Ended

Is it normal if I look through my partner's phone?

Written by ***Jen Bolton,***
DOVE's Senior Manager of Education & Prevention

Its 2017 and everyone has a smart phone. As a parent, maybe you occasionally go through your child's phone to see if they are being safe, but what if you have the same urge to look through your partner's phone? With reality television and celebrity cheating scandals you may feel the need to protect yourself from potential heartbreak or calm your inner anxieties. Are there any names you don't recognize? Has your partner recently friended anyone new on social media? All these thoughts can drive a person crazy and the solution can seem so easy, just look for evidence!

While having some occasional feelings of jealousy or anxiety about your relationship are normal, they also can be a sign of a larger issue. Going through your partner's phone can increase the distrust in a relationship and promote secrecy. Although it can be a difficult conversation to start, asking non accusatory questions and being open with your partner about questions you may have can be a much more beneficial than sneaking behind their back. Ask with openness and curiosity about their new friend at the gym or the new coworker they are working after hours with. Your partner will appreciate your trust and honesty.

If your partner believes they have the right to look through your phone and have your passwords, this can be a sign of control. You may feel that you are always having to prove to your partner that you are not cheating. Healthy relationships are built on trust. Constant accusations of cheating and infidelity are red flags of an abusive relationship. Some people use their phones as journals or have personal conversations with friends and family members. Just because you are in a relationship does not mean that you can no longer have private thoughts or conversations. If you notice any of these patterns in your relationship, you may be experiencing abuse. You are not alone, we are here to help.

Capital Bond Votes Delayed

By SCOTT JACKSON

City Council approval of three capital improvement bonds totaling $8.55 million could come as soon as next Monday after the mayor's office did not push for a vote at the body's most recent meeting because too many councillors were absent.

The three items – $3.55 million for a new Quincy Animal Shelter, $2.7 million to acquire the former St. Mary School and $2.3 million for a citywide traffic and parking study – had been approved by the finance committee on Sept. 20. The full council must still approve the items.

The council could have passed the bonds when it met Oct. 2, but Mayor Thomas Koch's office did not push for a vote because only six councillors were in attendance at the end of the 45-minute meeting, according to Chris Walker, Koch's spokesman. A bond requires a two-thirds vote of the council to pass, he said, meaning one vote in opposition Oct. 2 would have sunk the proposals.

Councillors Ian Cain and Joseph Finn were not in attendance Oct. 2, and Nina Liang left partway through.

The council's next full meeting is set for Oct. 16.

The items in the capital plan sailed through the finance committee in a series of unanimous votes Sept. 20. Every councillor except Cain was present that night.

Koch had proposed the items this spring and re-introduced them to the council in September. A fourth bond measure - $11.5 million for municipal building repairs citywide – had been approved by the council in an 8-0 vote Sept. 18; Cain was absent at that meeting.

The mayor had sought $7.1 million for the animal shelter. Councillors, however, halved that number after Finn and Ward 4 Councillor Brian Palmucci voiced concerns over a lack of schematic designs for the facility during the Sept. 20 meeting. Finn, Palmucci and others who voted in favor of the cut said they still supported the overall proposal to build the new animal shelter on a city-owned parcel of land on Quarry Street.

The 21,000 square foot facility would also house the city's animal control officer, the Quincy Police Department's K9 Unit, and a spay/neuter clinic.

The city has a purchase and sale agreement in place to acquire the former St. Mary School, located on Crescent Street in West Quincy, for $2.7 million from the Archdiocese of Boston. Koch hopes to build a new elementary school on site to ease the burden on other locations.

City officials say the $2.3 million traffic and parking study is meant to better position Quincy to receive state and federal grants for roadwork and other related infrastructure improvements.

Committee OKs Sober-House Ordinance

Cont'd From Page 1

process for individuals, according to officials who spoke at the meeting. No treatment is provided on site.

Courts have ruled that the federal Fair Housing Act and Americans with Disabilities Act protect sober homes from regulation.

The ordinance pending before the council would require the operators of sober homes in Quincy to provide their names and contact information to the city, as well as the policies and procedures of the sober house, to obtain a license. The license could be revoked if false or misleading information was furnished, or if pertinent information was withheld.

"Residents deserve to know when a sober home is looking to open near them, and those in recovery deserve to know that a sober house is being run well and is safe for them to live in," Palmucci said. "Those are the two goals here – the two primary goals of this legislation."

Sen. John Keenan was among those who spoke at the meeting. Keenan, a Quincy Democrat, authored the state law establishing a voluntary certification process for sober homes. The Massachusetts Alliance for Sober Housing is responsible for the voluntary certifications. Keenan said there are 159 MASH-certified sober homes statewide, including seven in Quincy.

State agencies, including the court and probation systems, can only refer individuals to MASH-certified homes. Richard Winant, MASH's president and the operator of a Wakefield sober home, said such referrals comprise 85 percent of a sober home's business.

Keenan and City Solicitor Jim Timmins both cautioned the council about being too strict with the proposed ordinance because of the federal laws in place.

"You have to be very careful when you consider this ordinance," Keenan said.

The senator relayed an example of two houses side-by-side – one a sober home and one with a family inside – with the same square footage and number of occupants.

"You're requiring things of the house on the left because of the fact that they are sober in recovery and federal law – for better or for worse, I just put this out there for point of analysis – federal law says you can't discriminate on this basis," Keenan said.

Timmins compared a sober home to a home with a large family inside.

"I grew up in a house on Hamilton Ave. with three bedrooms. There were six kids there and I'm sure that we posed a health and safety threat to our neighborhood as five little boys," he said.

"No one ever came into our house, which was clearly undersized, and said you guys aren't safe for this reason or that reason and no one worried about something happening when there was a fire."

Timmins said the city could not require annual inspections of sober homes – an idea floated earlier in the meeting but not included in the ordinance – because it does not inspect other homes. He said, however, that the city could require operators of sober homes to provide their contact information to the city annually, comparing it to the city census.

Timmins said he believed the ordinance would hold up in court if it was challenged, but he planned to continue to vet it before the council's next meeting. The solicitor emphasized that the licensing process should be handled by the city clerk's office as a ministerial act.

"You provide some information and you get your paperwork and you're off," Timmins said. "It's not a test."

Fire Chief Joseph Barron and Inspectional Services Director Jay Duca both welcomed the proposed ordinance.

"I applaud this committee for taking up this issue," Barron said. "I know it's very difficult. We've been wrestling with it for quite a while now."

"I think it's a good idea," Duca said. "I think the discussion is good to have and I would welcome any proposal you come up with."

Laura Martin, the former Norfolk County prosecutor who is now Mayor Thomas Koch's substance-use prevention coordinator, said sober houses play an indispensible part in the recovery process.

"That can be a life saver," she said of sober homes. "People get out of a detox, if they don't have a good sober home to go to, unfortunately we see them right back in or they don't make it."

Martin said the ordinance would send a message to sober home operators that they need to look out for their clients.

"I do think the licensing requirement that we're proposing, it really sends a message that you can't treat people like they're trash and have them sleeping on a couch," she said.

"Let's not let people take advantage of the sick individuals and also the families – a lot of people are sending their children to a home that's called a sober home and then they're losing their children."

School Financial Aid Night At QHS Oct. 24

Quincy Public Schools will be offering a free Financial Aid Night on Tuesday, Oct. 24, from 6 to 7:30 p.m., at the Quincy High School auditorium.

A representative from MEFA (Massachusetts Educational Financing Authority) will provide important information about the financial aid process.

QCAP, Randolph Savings Homebuyer Workshop

Quincy Community Action Programs, Inc. (QCAP) and Randolph Savings Bank will host a comprehensive workshop designed for first time homebuyers.

The two-day workshop will be held Thursday, Oct. 19th from 6 to 9 p.m. and Saturday, Oct. 21st, from 9 a.m. to 3 p.m. at Quincy Community Action Programs office, 4th floor, 1509 Hancock St., Quincy. Attendance at both sessions is required to receive a Certificate of Completion.

This monthly workshop provides a comprehensive review of the home buying process. Real estate professionals will lead instruction on topics from mortgages to home insurance. Participants may also use their Certificate of Completion to obtain a low rate loan through MassHousing or MassHousing Partnerships. Individual counseling is also available.

Registration is underway. For more information contact Peter Mullen at 617-657-5315 or email at pmullen@qcap.org.

CITY OF QUINCY
Municipal Election
Tuesday, November 7, 2017
Last Day To Register To Vote For The Quincy Municipal Election is
Wednesday, October 18, 2017
At Quincy City Hall
1305 Hancock Street
From 8:30AM to 8:00PM

Voter Registration Is Also Weekdays
At City Hall from 8:30AM to 4:30PM
or www.sec.state.ma/elections

Board of Registrars
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Stephen Doherty
Michael F. Grindlay
John Carl Swanson

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A Job Well Done

By QUINCY POLICE LT. DAN MINTON

On Wednesday, Sept. 27, Detective Tom Pepdjonovic interviewed a Quincy resident who stated that a few days earlier he had been the victim of a larceny.

The victim stated he was researching on the "Let Go" app in order to purchase a new iPhone brand Plus cell phone. He saw a black iPhone 7 Plus for sale for $675 from "Nice Guy Seller." He said that he negotiated a purchase price of $600 for the cell phone with the seller. He provided the detective with a print out of the cell phone ad which stated, "New iphone 7 Plus jett black 256 gb unlocked."

On Sept. 22nd, the victim arranged a meeting with the seller at the corner of Newport Avenue and Brook Street in Quincy. He was instructed to bring cash and meet "Jeremy" in order to complete the sale as agreed to. At approximately 6:30 p.m., the victim paid the seller and received the phone. The victim brought the cell phone home and inserted a SIM card but it didn't work and he couldn't even make a phone call.

After further examination, he believed the cell phone was a "knock off" because

under the "general" setting he found that the word "restrictions" was misspelled as "restrictioins." He also detected that some words were written in Chinese and English.

The victim attempted to contact the seller via the app under his I.D. but couldn't because the seller had apparently blocked him. The detective examined the phone and noted the following indicators that the phone was bogus:

- The "home" button makes a slight vibration when touched
- The "Siri" system is different than the real "Siri" on an iphone
- Restrictions is misspelled under settings
- Chinese writing along with English writing on phone
- Weather settings show "Beijing" weather
- The "apps" on the cell phone look different than the regular iphone

Detective Pepdjonovic made note that the bag the phone came in was from CVS and that the suspect walked up to the victim from the area of Brook and Arlington Streets.

The detective decided to set up a fake purchase of another iPhone from the same seller by using a different I.D. under the app that he purchased the fake cell phone from.

On Sept. 28, the victim agreed to purchase a red unlocked iPhone 7 Plus 128gb for $670 from "Nice Guy Seller." They agreed to meet at 6:30 p.m. at the same location. The victim was told to bring cash and meet a male named "Keith."

LT. DAN MINTON

At approximately 6:30 p.m., the victim received a message stating that "Keith" was waiting at the location now. Detective Lt. Steele and Detective Pepdjonovic set up surveillance on foot in the area of Newport Avenue and Brook Street to witness the transaction. A short time later, they observed a male walking on Brook Street near Arlington Street heading towards them. This male met the description given by the victim and he was carrying a CVS bag again.

The male suspect walked by clutching the CVS bag, so the detectives approached the suspect on Newport Avenue. Detective Pepdjonovic advised the suspect of his Miranda rights and he said he understood. When asked where he was going, the suspect responded that he was going to work at Wendy's, pointing to the restaurant's location. Detective Pepdjonovic told the suspect that he believed that he (the suspect) was about to conduct a transaction for a cell phone that he had set up through an app. When asked what was in the bag, the suspect pulled out an iPhone box with a red iPhone on the front, which matched the iPhone that the victim ordered.

The suspect admitted he had sold two other iphones recently and he buys these cell phones on Ebay for $500. He then sells them for around $600 - $650. At this time, Detective Edward Bagley arrived on scene. The suspect admitted to Lt. Steele that he lied and does not work at Wendy's. He stated he formerly worked there but now worked at Dunkin Donuts.

When asked why he lied to the police, the suspect said, "I was just fooling." The victim was brought to the suspect's location and after a clear viewing, the victim said, "That's the same guy that sold me the cell phone."

The suspect, a 39-year-old Quincy resident, was charged with larceny by false pretenses over $250.

Nice Work!

❑

ROBO CALLS: Reporting illegal robocalls helps the FTC and other law enforcement agencies go after the scammers behind them, but what can you do to stop those calls now? One option is a robocall-blocking app for your mobile phone. These apps can give you the ability to:

- prescreen your calls before the phone rings
- block certain types of calls, including calls that others have flagged as fraudulent or unwanted calls
- block anonymous calls that show up as "Unknown" callers
- use reverse lookup to detect fake caller ID information from call spoofing.

Which app works for you might depend on your phone's operating system. Before you consider downloading any app, think about the call protection that you need and do your research. CTIA, a trade association representing manufacturers and providers of wireless products and services, has a comprehensive list of call blocking apps.

If your mobile number isn't already on the National Do Not Call Registry, it's a good idea to add it. If you continue to get sales calls, at least you'll know the callers don't respect the law which would be an indicator that they are unscrupulous. If you continue to get illegal robocalls or other unwanted calls, report them to the FTC, which helps them target scammers. It also helps telecommunications carriers and other industry partners who are working on call blocking solutions.

Many people have told me that the "Do Not Call" program does not work because they continue to get calls daily. Some of the numbers appear to be local which would increase the chance that you will pick up, but the scammers have software to falsely show a local area code. So the question that often comes up is, Why sign up for the "Do Not Call" list when these calls keep coming in? The program does stop calls from legitimate companies who abide by the law, so it will reduce some calls.

Others have concerns that their complaints to the FTC go unheeded but in reality, the FTC uses the information but does not get back to the caller as to any progress or actions against the scammer.

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics
Sept. 29 – Oct. 5
Calls: 1,083
Arrests: 33
Stolen Vehicles: 1

FRIDAY, SEPT. 29

LARCENY, 8:59 a.m., Holmes St. Backpack blower.

BREAKING AND ENTERING, 9:39 a.m., 2 Hancock St. Laptop and other items missing.

BREAKING AND ENTERING IN PROGRESS, 9:47 a.m., Rock Island Rd. White female with long blonde hair, white hat and blue jeans, has a bunch of bags on the corner near a gray house. Party was seen going into the back of the house. Arrest made for three warrants and B&E daytime.

BREAKING AND ENTERING, 11:04 a.m., Furnace Brook Pkwy. Left house at 8 a.m. Alarm went off on caller's husband's phone around 10:34 a.m. Not sure if anyone is in the house.

INDECENT EXPOSURE, 5:59 p.m., Elm Street Playground, 61 Elm St. Man in the park without pants. White male in baseball cap has two beers in hand. Party was dressed and found at home by officers. Charged with open and gross lewdness.

BREAKING AND ENTERING, 6:25 p.m., S. Bayfield Rd. One black male, two Hispanic males in their early 20s attempted B&E to gain entry.

INDECENT EXPOSURE, 6:36 p.m., Dayton St.

BREAKING AND ENTERING, 6:38 p.m., Independence Ave. Party has suspect info. No one answering door/home in darkness. Bad telephone number given for caller.

BREAKING AND ENTERING, 7:59 p.m., Farrington St. Nothing taken, doesn't appear as though entry was made. Door was kicked in and audible alarm appears to have scared off suspect(s).

BREAKING AND ENTERING, 9:41 p.m., Channing St. Just arrived home to break. Doesn't think anyone is home.

SATURDAY, SEPT. 30

BREAKING AND ENTERING, 8:40 a.m., Rhoda St. Occurred yesterday. Possibly unlocked door.

VANDALISM/PROPERTY, 8:47 a.m., Franklin St. Tagging.

LARCENY, 12:22 a.m., Good Fortune, 230 Quincy Ave. Wallet.

LARCENY, 3:57 p.m., Walmart, 301 Falls Blvd. Pocketbook.

SUNDAY, OCT. 1

ASSAULT AND BATTERY, 12:10 a.m., 7-Eleven, 721 Hancock St. Male in black pickup just assaulted man and left. Gray sweatshirt/black hat. Possible license plate. Towards Quincy Center.

ASSAULT AND BATTERY, 12:59 a.m., 1505 Hancock St. One male has a baseball bat. Suspect possibly fled in vehicle. Involved party decline EMS. Simple A&B. No mention of weapon. No suspect.

MONDAY, OCT. 2

ATTEMPTED BREAKING AND ENTERING, 2:58 p.m., Morisi Oatway PC, 730 Hancock St. Damage to front door.

TUESDAY, OCT. 3

LARCENY, 1:03 p.m., 99 Brackett St. Noticed 12 Percocets missing. Thinks patient may have taken them when patient moved out of apartment yesterday.

LARCENY, 1:07 p.m., 58 Ross Way. Backpack. Suspect is a white male, 5'11", short hair, black hoodie, gray sweatpants, with large backpack.

LARCENY, 3:33 p.m., Billings Rd. Package.

WEDNESDAY, OCT. 4

MOTOR VEHICLE LARCENY, 9:33 a.m., Lincoln Ave. Caller was visiting address where car was taken from.

ASSAULT AND BATTERY, 11:03 a.m., 100 Coddington St.

LARCENY, 1:28 p.m., 596 South St. Jacket. $30 in quarters. Party does not want to pursue.

THURSDAY, OCT. 5

LARCENY, 1:58 p.m., Rite Aid, 132 Granite St. Black male in gray sweater carrying a backpack stole makeup and fled towards IHOP. One under arrest for larceny over and two warrants.

BREAKING AND ENTERING, 6:03 p.m., Presidents Ln. She came into house and found money missing. Thinks someone came in through the window. Does not believe anyone is home at this time.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: Lincoln Avenue

❑

CAR BREAKS: Crown Colony Drive, Chubbuck Street, Broadway

❑

BREAKS AND ATTEMPTED BREAKS: Rhoda Street, Channing Street, Farrington Street, Independence Avenue, South Bayfield Road, Furnace Brook Parkway, 2 Hancock Street

If you have information on the above crimes, drug activity or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764 or** log onto the following website: http://tinyurl.com/ytf6td.

To report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. To make an appointment to view the **Registered Sex Offenders** book, call **Detective James Dentremont at 617-745-5755**.

To contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us -- *Lt. Dan Minton*

Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by *The Quincy Sun* as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

Quincy District Court Celebrates Diversity

By SCOTT JACKSON

Visitors to the Quincy District Court were greeted by curious sights and sounds one recent afternoon – African drum music and dance, Asian Tai Chi fan and sword dancing, and Irish step dancing – as the courthouse joined others across Massachusetts in celebrating diversity.

The Quincy District Court and others throughout the Bay State celebrated Cultural Appreciation Day on Sept. 28. This year marked the first time the courts have held such an event.

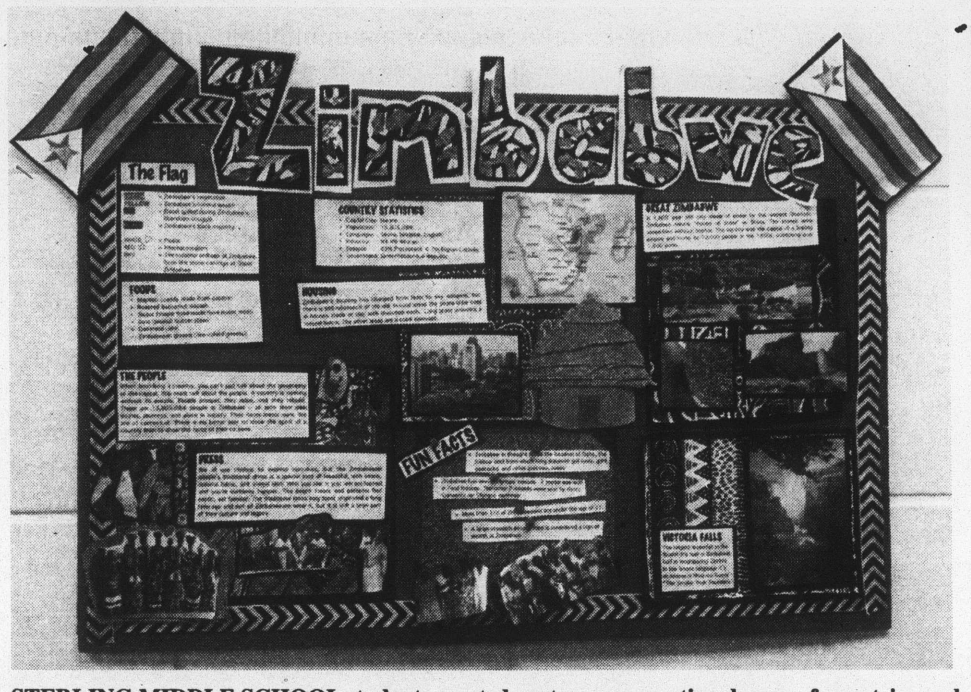
"This is to show the diversity of our staff and understand the diversity of our community," said Mark Coven, the Quincy District Court's first justice.

"I hope it's the beginning of initiatives we can take to be more understanding of issues of racial, ethnic and cultural diversity."

Dozens of court workers stood outside the main entrance of the building to watch the performances by Dukpah Drum and Dance, the Brockton-based group that performed the African drum and dance, which several audience members were able to participate in. Xiaoping Wang, an intern at the courthouse, then performed the traditional Tai Chi fan and sword and dances, and she was followed by the Irish step dancers.

Andrea Davis, an associate probation officer at the Quincy courthouse, helped organize this year's Cultural Appreciation Day. She said officials in the state's probation department came up with the idea to hold such an event earlier this year. Representatives from each court across Massachusetts had been meeting this February to organize the events that took place in courthouses statewide on Sept. 28.

"We have everyone from every background. I think it's a beautiful thing," said Davis, who was on the committee. "Every court is doing something different."



STERLING MIDDLE SCHOOL students created posters representing dozens of countries and territories spanning the globe that were displayed in the lobby of the Quincy District Courthouse during Cultural Appreciation Day. Trial courts statewide celebrated Cultural Diversity Day on Sept. 28. *Quincy Sun Photos/Scott Jackson*

Davis said it is important that residents need to know how diverse the court system is, in case they find themselves in a courthouse one day.

"We're showing the citizens and our colleagues we're trying to diversify the courts," Davis said. "We want to show the public that no matter what court house you go into, whether for good or bad, that they are always going to meet people who look like them."

"This is a way of bringing everyone in the community together," she added. "Hopefully next year it will be bigger and better."

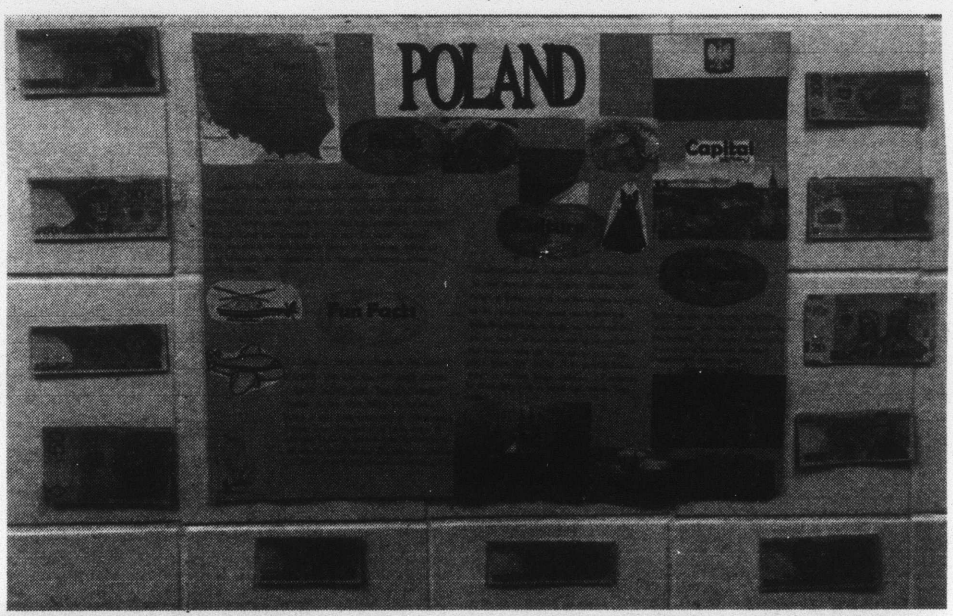
The Cultural Appreciation Day event included more than just the performances. Volunteers with Bay State Community Services, the Brazilian Worker Center, DOVE (Domestic Violence Ended), Manet Community Health Center and Quincy Asian Resources set up shop in the building's lobby and provided information on their programs to those in need of assistance.

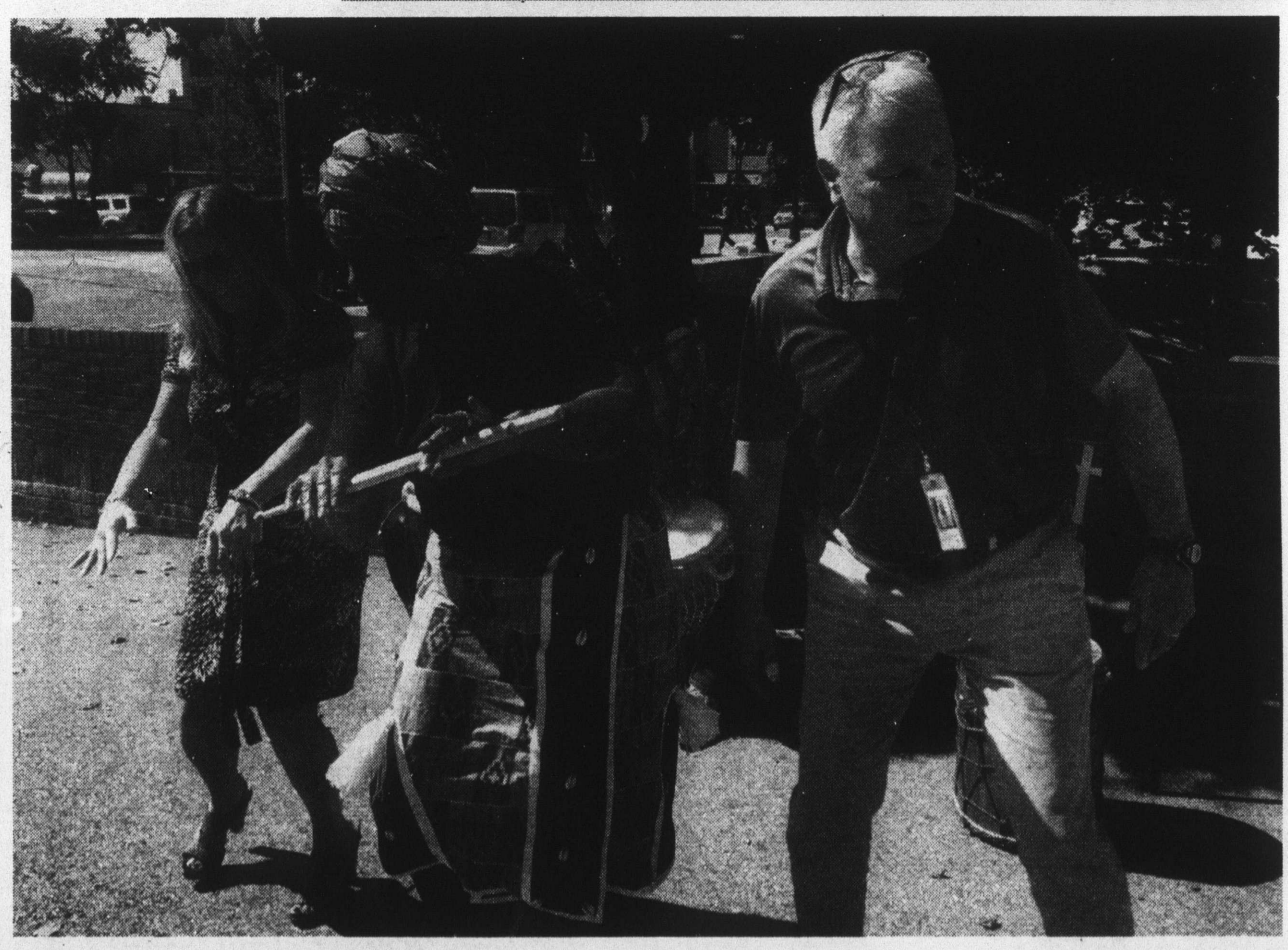
"These groups provide all resources – housing, WIC, health care, school, employment – every resource," Davis said. "People need to know these resources are available."

Quincy schoolchildren also helped the court celebrate diversity. Students from Sterling Middle School designed dozens of posters highlighting countries and territories from around the globe, including the African nations of Zimbabwe and Egypt, Asian countries like China, India, Laos, the Philippines and South Korea, Australia, European states such as Iceland, Ireland, Finland, England, Poland and the Vatican, and Bermuda, Canada, Colombia and Mexico in the Americas.

Coven said that court employees were also encouraged to bring in food from their own cultures and share it with their colleagues.

XIAOPING WANG performed a traditional Tai Chi fan dance during the Cultural Appreciation Day at the Quincy District Court. Wang, an intern at the courthouse, also performed a Tai Chi sword dance at the event Sept. 28.





QUINCY DISTRICT COURT Probation Officers Melissa Haynes (left) and Jim Concannon (right) take part in a traditional African dance outside the courthouse during its recent Cultural Appreciation Day event. Cynthia Kaipu of the Dukpah Drum and Dance of Brockton taught the two volunteers the steps to the dance. *Quincy Sun Photos/Scott Jackson*

Real Estate

Quincy Real Estate Transactions Oct. 2 - Oct. 6

Transactions are compiled by the Norfolk County Registry of Deeds

Seller	Buyer	Amount	Address
Jessicia R. & Ryan Crandall	Cahit, Gul & Olcay Zorteymur	$620,000.00	77-79 Common Street
Bonny Liang	Hang Y. Wong	$275,000.00	230 Willard Street Unit 410
Kearns Family Nominee Trust	Jennifer Gannon	$580,000.00	18 Ocean Street
Thomas P. Callanan	Alethea Sullivan	$442,000.00	1064 Furnace Brook Parkway
Erkki E. & Catherine E. Haikola	Xinli Huang	$505,000.00	47 Town Hill Street
Copeland Street Garage LLC	HL Eastern Holdings LLC	$850,000.00	108-116 Copeland Street
Wells Fargo Bank NA	Michael T. Van	$215,000.00	934 Southern Artery Unit 207
Senthil K. Gopal & Deepa Jayavelu	Jacky Z.H. & Fiona Y.T. Deng	$426,500.00	750 Willard Street Unit 5A
Antonio Politano	Scott Drohan	$445,000.00	16 Hood Street
Huy N. Huynh	Van U. Hoang	$449,000.00	120 Holmes Street Unit 211E
Atlantic Estates Realty Trust	Atlantic Gardens LLC	$7,250,000.00	10, 11, 17, 18, 25, 26, 29 & 30 Bersani Circle
Patricia A. Squillante	Mao W. Chen & Meijin Lin	$600,000.00	29 Ellington Road
BP Liberty LLC	Bermjoon Kim & Jung Y. Moon	$539,000.00	999 Hancock Street Unit 307
Village of Green LLC	Vincent W. Wong	$290,000.00	86 East Howard Street Unit 402
30 Muirhead Street Realty Trust	Lerong Wang & Li Lin	$685,000.00	30 Muirhead Street
James T. & Barbara L. Mooney	Joey S. Pace	$644,000.00	41 Whaler Lane Unit 92
Arthur J. Quinn Trust	Hui Cao	$300,000.00	77 Adams Street Unit 610
Ran & Chi Sun	Wenting Cheng & Chang Gong	$315,000.00	100 West Squantum Street Unit 706
Donald G.M. & Janet M. Smith	Yu F. Lin	$410,000.00	174 Elm Street
Timothy A. & Elena K. Tobin	Constitution Properties LLC	$270,000.00	19 Faxon Road
Bonita LLC	Roberta Vitagliano	$420,000.00	100 Marina Drive Unit 105

Register O'Donnell Spotlights Deed Scam In Television Interview

Continuing his efforts to combat consumer rip-offs, Norfolk County Register of Deeds William O'Donnell recently sat down with WHDH-TV Channel 7 reporter Hank Phillippi Ryan to remind homeowners to disregard a direct-mail solicitation offering them a certified copy of their property deed for an outrageous fee of anywhere from $59.50 to $83.

"Today, there is a California company that is sending a direct-mail solicitation to unsuspecting homeowners asking them to send a check for $83 in order to receive a copy of their deed," O'Donnell said. "If a consumer knew that the Registry of Deeds would provide them the same certified copy of a property deed for a charge of only $1 per page, plus an additional $1 per document for postage, they would never agree to pay such an outrageous fee for service. The average price for a mailed homeowner's deed by the Registry, (usually two pages) is $3.

"This marketing scam hits consumers hard in their wallets and pocketbooks, especially the elderly and first-time homebuyers," noted O'Donnell.

Furthermore, during his interview with Channel 7 reporter Ryan, O'Donnell stated that these solicitations directed at unsuspecting homeowners were "unconscionable."

O'Donnell reminds residents, "If you receive a deed solicitation notice, please contact the Registry's Customer Service Center immediately at (781) 461-6101 or by email at registerodonnell@norfolkdeeds.org. Additionally, if you desire a copy of your property deed, you can also contact the Registry's Customer Service Center or come by the Registry of Deeds office hours that are held in all of our Norfolk County communities."

The Register's segment with consumer reporter Ryan is also available for viewing on Channel 7's website by accessing the following online link: http://whdh.com/7-investigates/hank-investigates/hank-investigates-deceptive-deeds/.

"I want to thank Channel 7 and Hank Phillippi Ryan for spreading the word about this unethical behavior being carried out against not only Norfolk County homeowners, but homeowners across Massachusetts. From my perspective, this is nothing but a scam. As the word is spread, hopefully more people will become aware of this type of scam," O'Donnell said.

To learn more about these and other Registry of Deeds events and initiatives, like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information.

All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of assistance can contact the Registry of Deeds Customer Service Center via telephone at (781) 461-6101, or email registerodonnell@norfolkdeeds.org.

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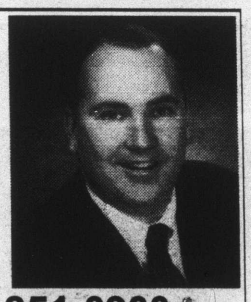
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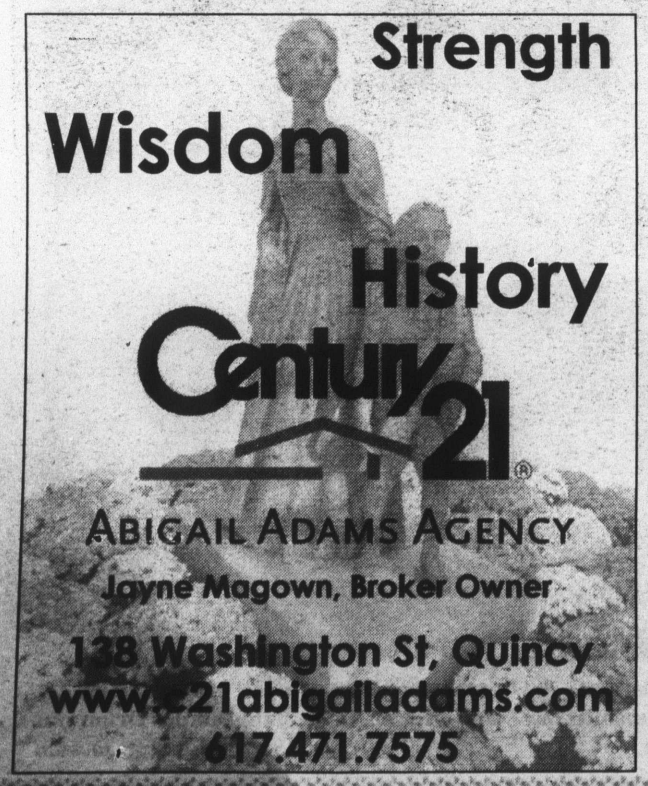

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Apaches Weather The Storm, Elks Remain Unbeaten

Quincy Youth Football Week 5 Highlights

By SEAN HALPIN

VARSITY:
APACHES 29
STORM 0

The Apaches got on the scoreboard midway through the first quarter when RB Clayton Corley rushed for a 13-yard TD. Pat McDonald added the conversion to give the Apaches a 7-0 lead.

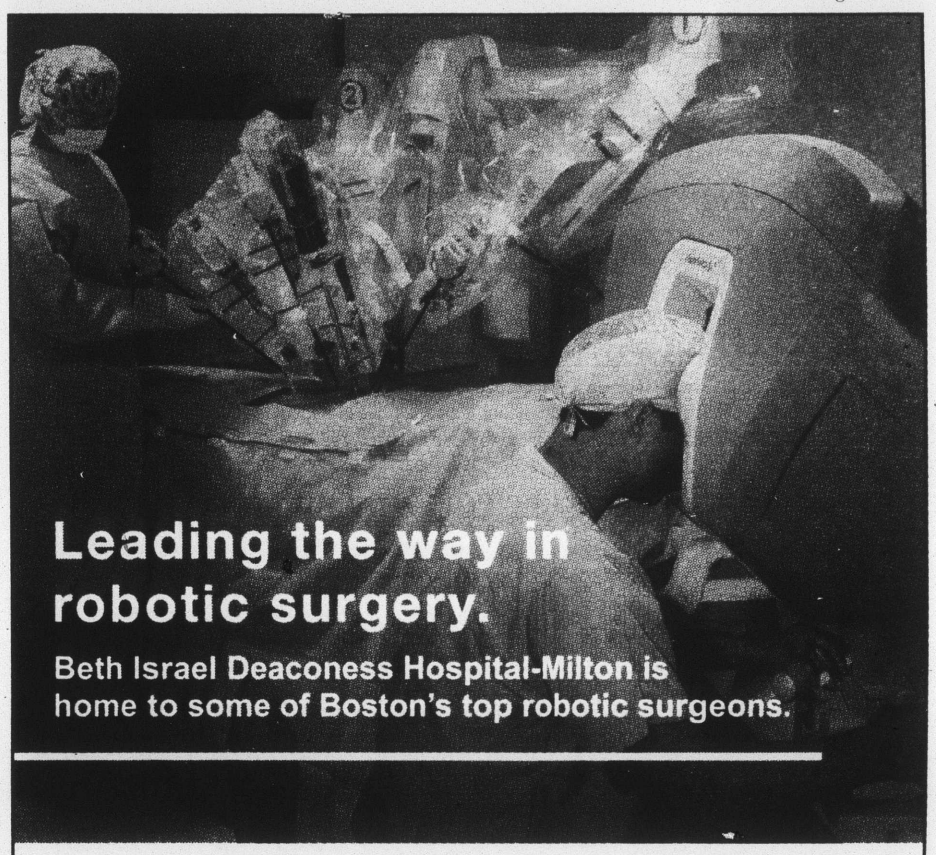
Late in the second quarter, Apache QB JC Petrongolo threw a 48-yard TD pass to Clayton Corley. PK Grant Murphy added the conversion kick to give the Apaches a 15-0 lead at halftime.

The Apaches opened the second half on offense. Corley rushed for his third score of the day with a 12-yard TD run. Grant Murphy added the conversion kick to extend their lead, 23-0. In the fourth quarter, Apaches Safety Jackson Murphy intercepted a Storm pass and

Cont'd On Page 27

DOMENIC PERRY (#11) carries the ball for the Storm freshmen football team as Apache Defenders Max Francouer (#51) and Luca Marinilli (#32) close in. The Apaches (4-0) prevailed 26-12 in the battle of unbeaten freshmen teams this past Sunday at Veterans' Memorial Stadium.

MALIK FRANCIS (#12) of the West Quincy Elks carries the ball as Manets DE Seamus Stirling (#84) closes in for the tackle. Elks Linemen Dallas Hudgins (#77) and Brandon Baker (#95) also pictured. *Photos Courtesy Sean Halpin*



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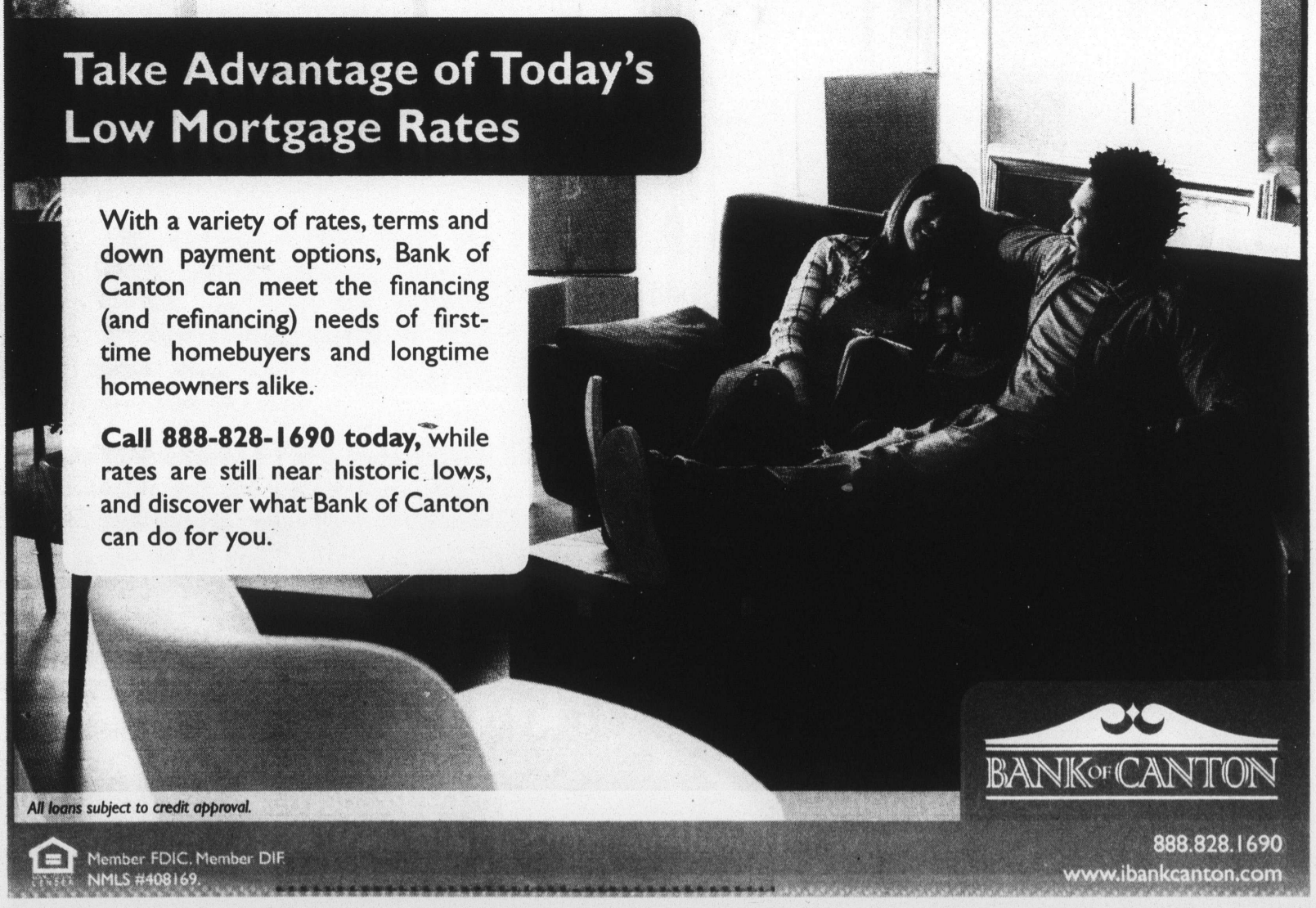


Beechwood Knoll Fall Festival Oct. 28

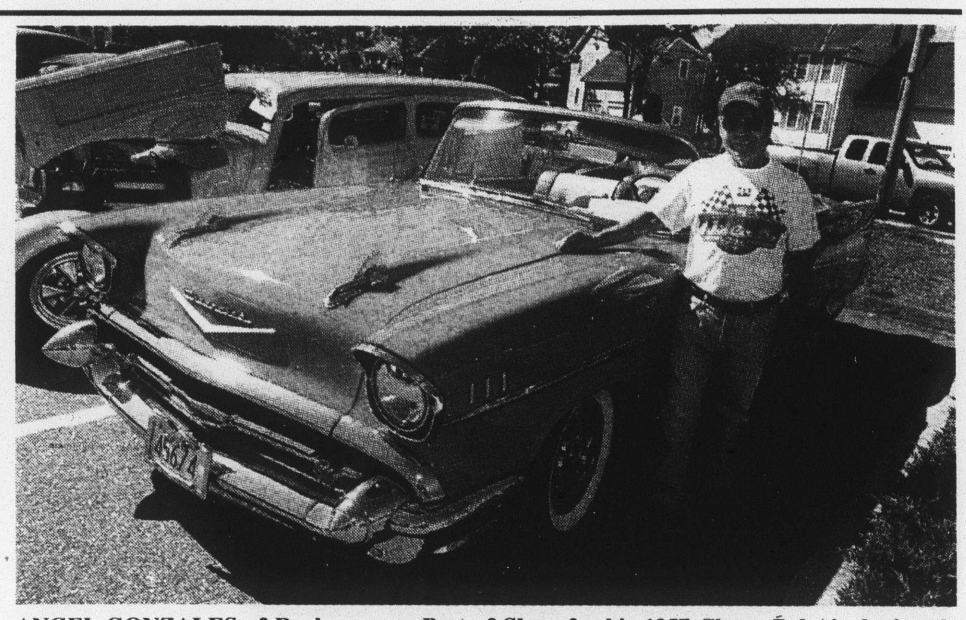
Beechwood Knoll Elementary School will host the 20th Annual "Beechwood Knoll Fall Festival" on Saturday, Oct. 28th, from 11 a.m. to 4 p.m. at Beechwood Knoll School, 225 Fenno St., Quincy.

The BKS Fall Festival is the school's cornerstone fundraiser to raise funds to pay for books for our classrooms and library, computer equipment, educational materials, field trips and other classroom necessities.

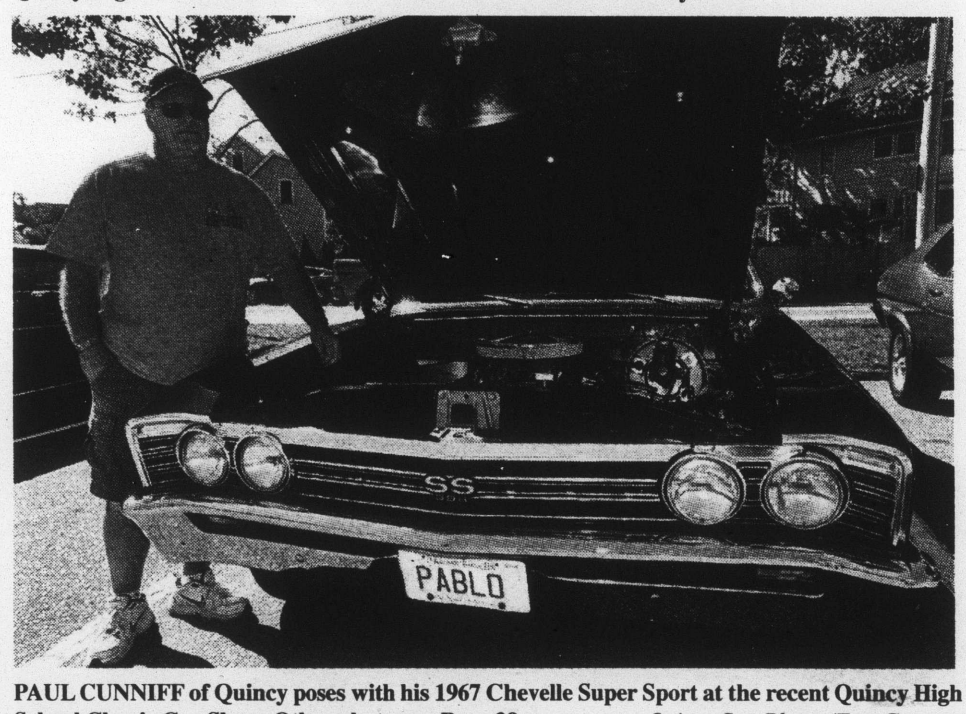
There will be food, arts and crafts, games, cake walk, nails, tattoos and face painting, silent auctions, raffles, pony rides and kiddie carnival rides.

There will also be performances by Velocity Dance Studio, Brady Academy of Irish Dance and Best Taekwondo. New this year is "Touch a Truck," featuring dump trucks, police cars, police boats, fire engine and more. All are welcomed.

The festival will be held rain or shine.



ANGEL GONZALES of Roxbury won Best of Show for his 1957 Chevy Bel Air during the Quincy High School Classic Car Show to benefit the school's hockey team.



PAUL CUNNIFF of Quincy poses with his 1967 Chevelle Super Sport at the recent Quincy High School Classic Car Show. Other photos on Page 39. *Quincy Sun Photos/Tom Gorman*

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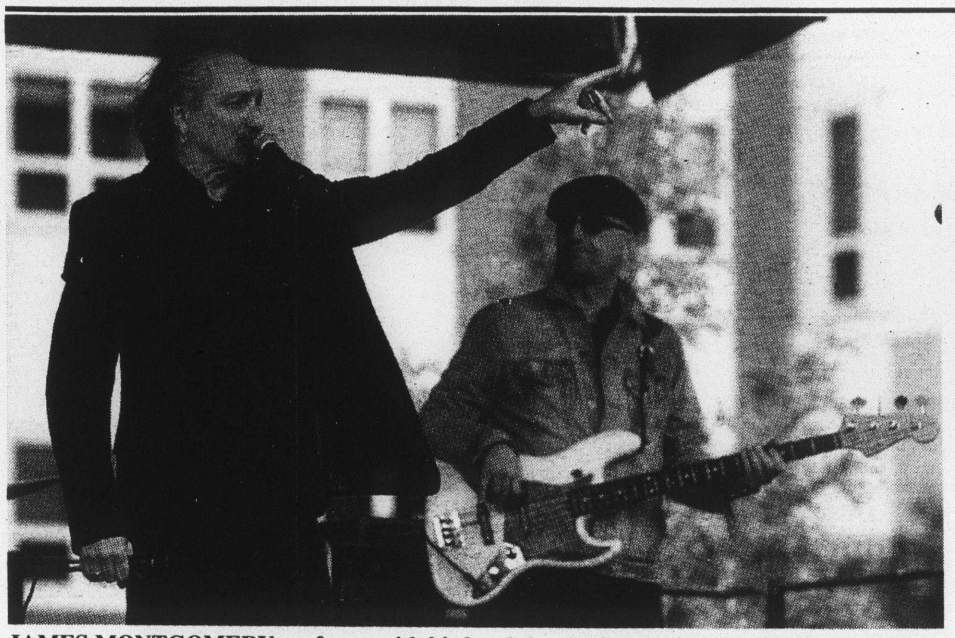
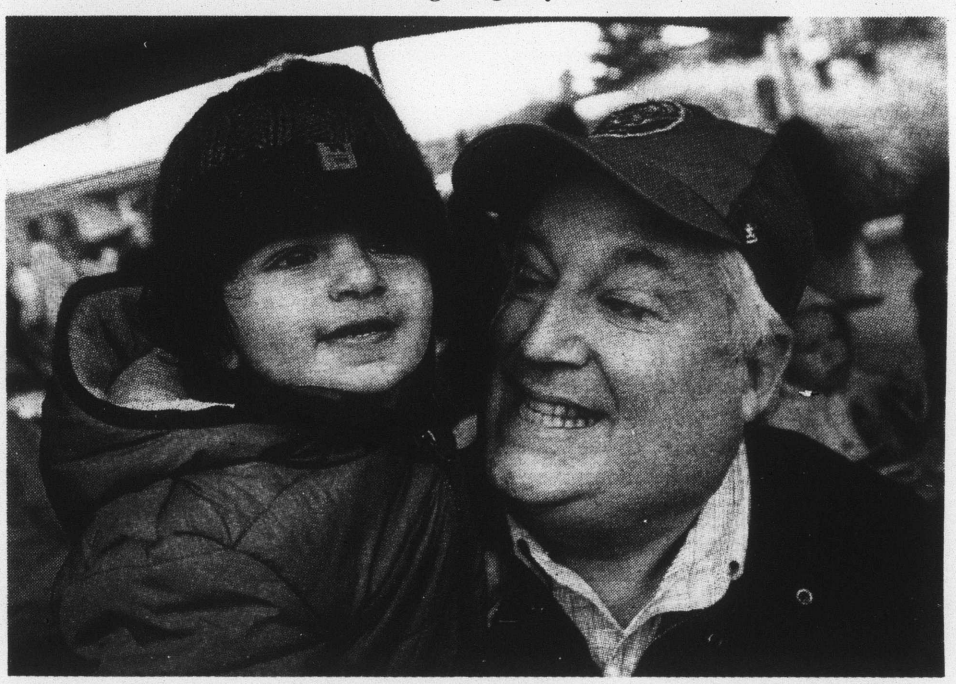


JAMES MONTGOMERY performs with his band that he formed in 1970 as a Boston University student. He has toured with such artists as Aerosmith and Bruce Springsteen.

PEOPLE CLAP to the music during the Quincy Food Truck and Music Festival.

ZACHARY POLZER, 2, of Quincy, enjoys the music at the Quincy Food Truck and Music Festival.



ONE OF THE Quincy Food Truck and Music Festival organizers, John McDonald and his godson, Mazin Al Sheri, 2, from Saudi Arabia, enjoy the event. *Quincy Sun photos/Tom Gorman*

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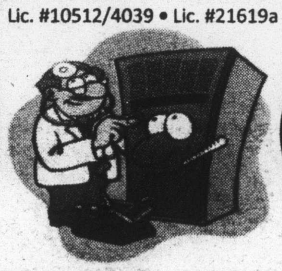

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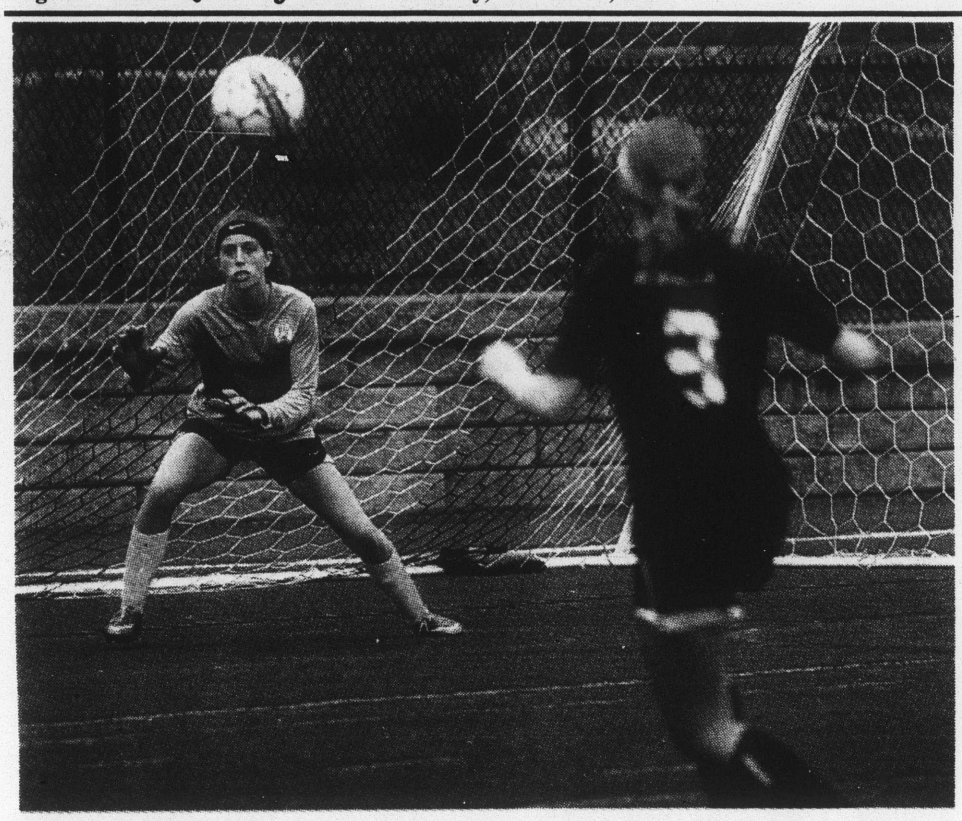
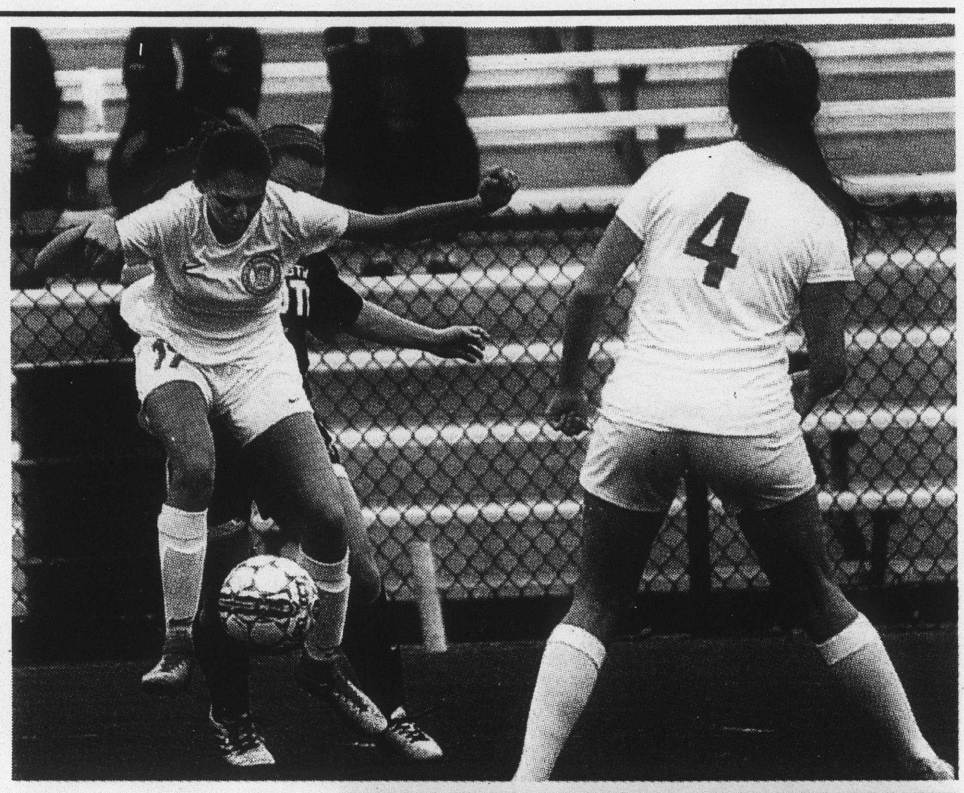


QUINCY HIGH SCHOOL girls soccer team goalie Isabel Doherty sets to deflect a Plymouth South shot last Friday. The Presidents shut out the Panthers, 1-0.

Quincy Sun photos/Tom Gorman



QUINCY HIGH'S Jenna Jerahian intercepts a Plymouth South pass as teammate Grace Hobin looks on.

QHS Girls Soccer Making Playoff Push

By TOM JOYCE

In Patriot League action, the Quincy High girls' soccer team played one of their best matches of the season last week, keeping themselves on a good pace to potentially make the playoffs.

In their bout against Plymouth South at Veterans' Memorial Stadium last Friday afternoon, the Presidents gave a complete effort and played stout defense. The result was a 1-0 win for the Presidents that improved their record to 4-5-1 midway through the season.

"It was a pretty intense game," Presidents head coach Seth Harmon said, "but it was one we thought we could win and needed to win to have a chance at making the tournament. It was great."

Ainsley Walsh broke the scoreless tie with 14 minutes remaining in the match. Her goal gave the Presidents a 1-0 lead which would also

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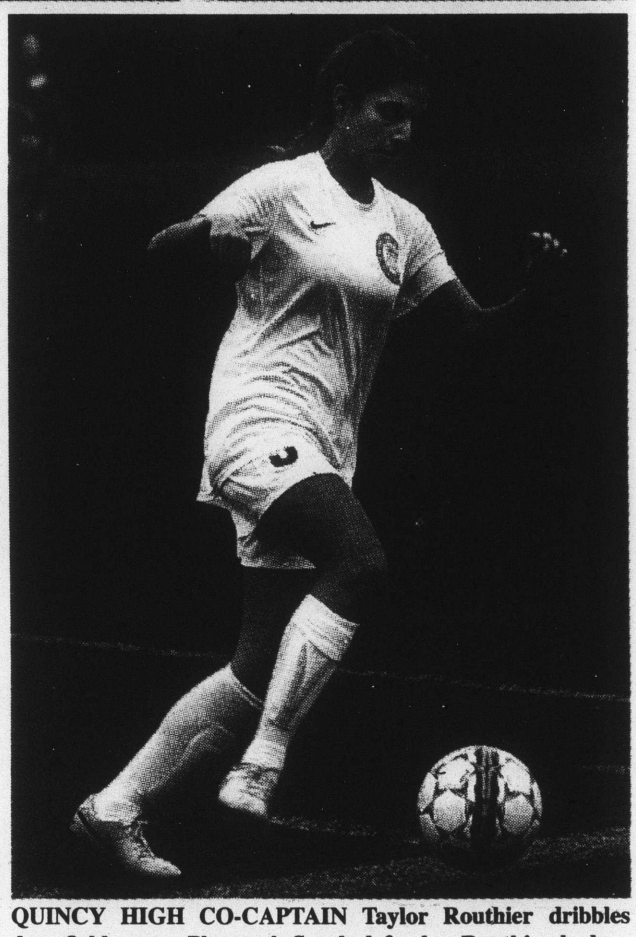
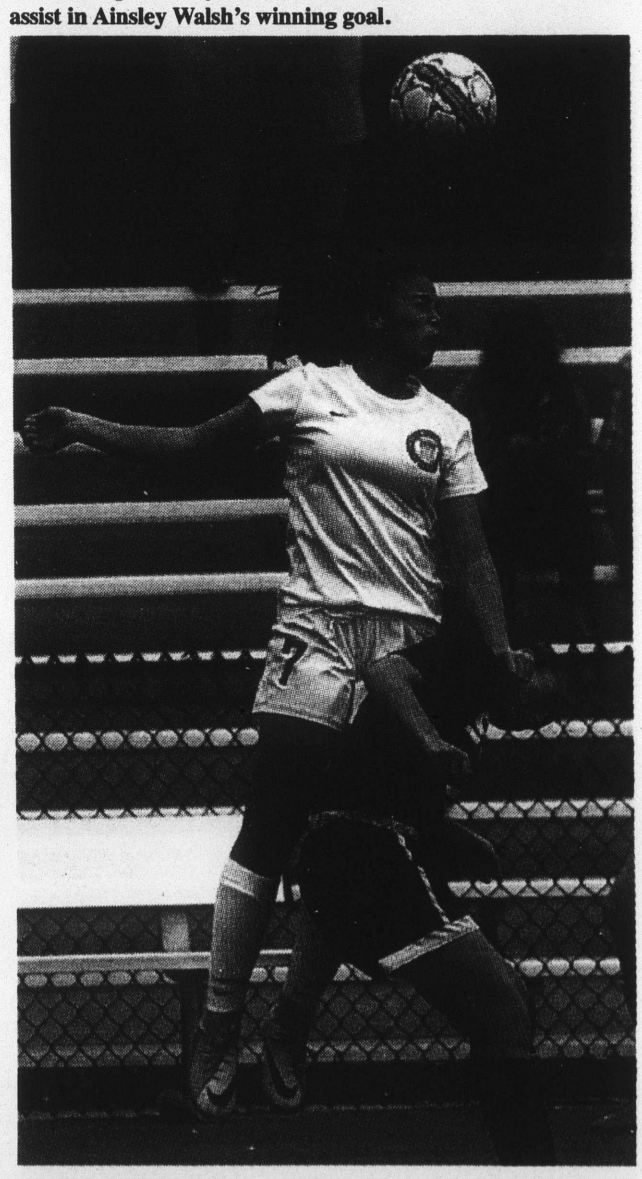


QUINCY HIGH CO-CAPTAIN Taylor Routhier dribbles downfield past a Plymouth South defender. Routhier had an assist in Ainsley Walsh's winning goal.



QUINCY HIGH'S Aurora Kilrain leaps over Plymouth South defender to head the ball.

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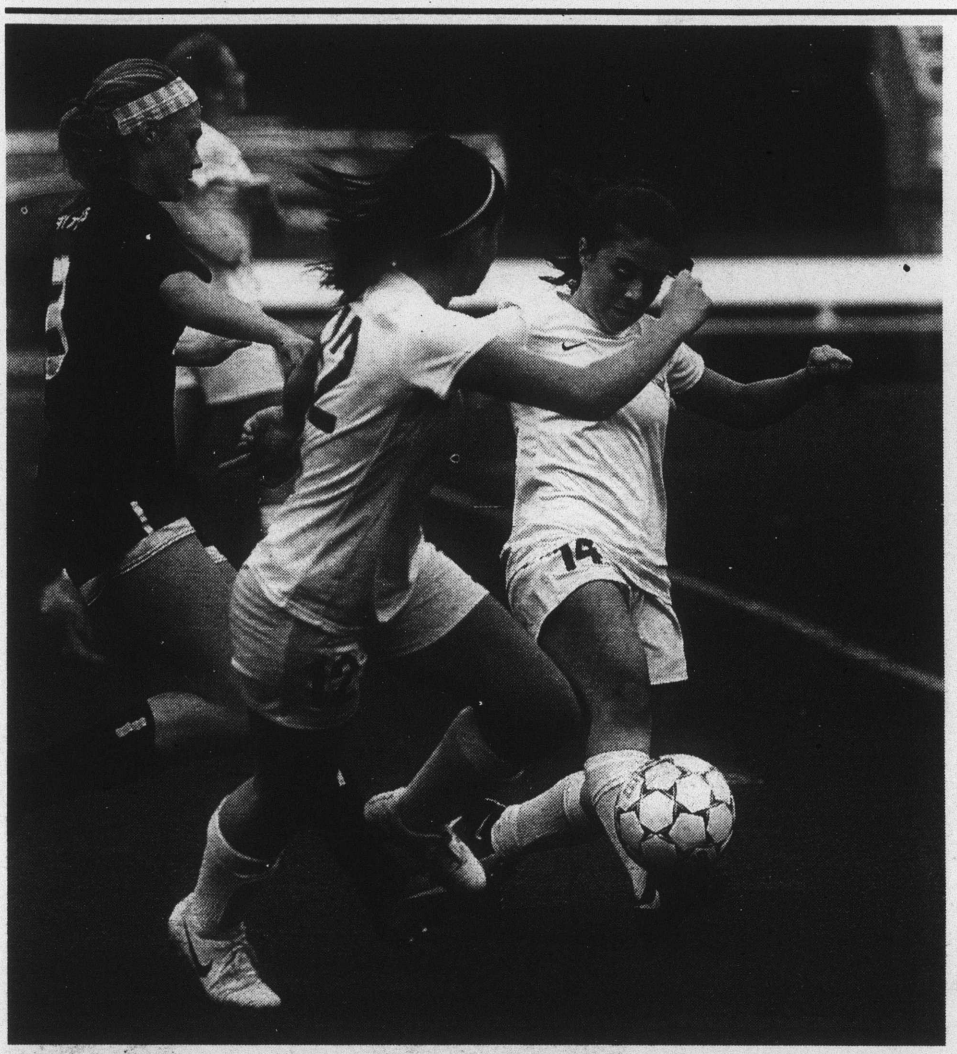
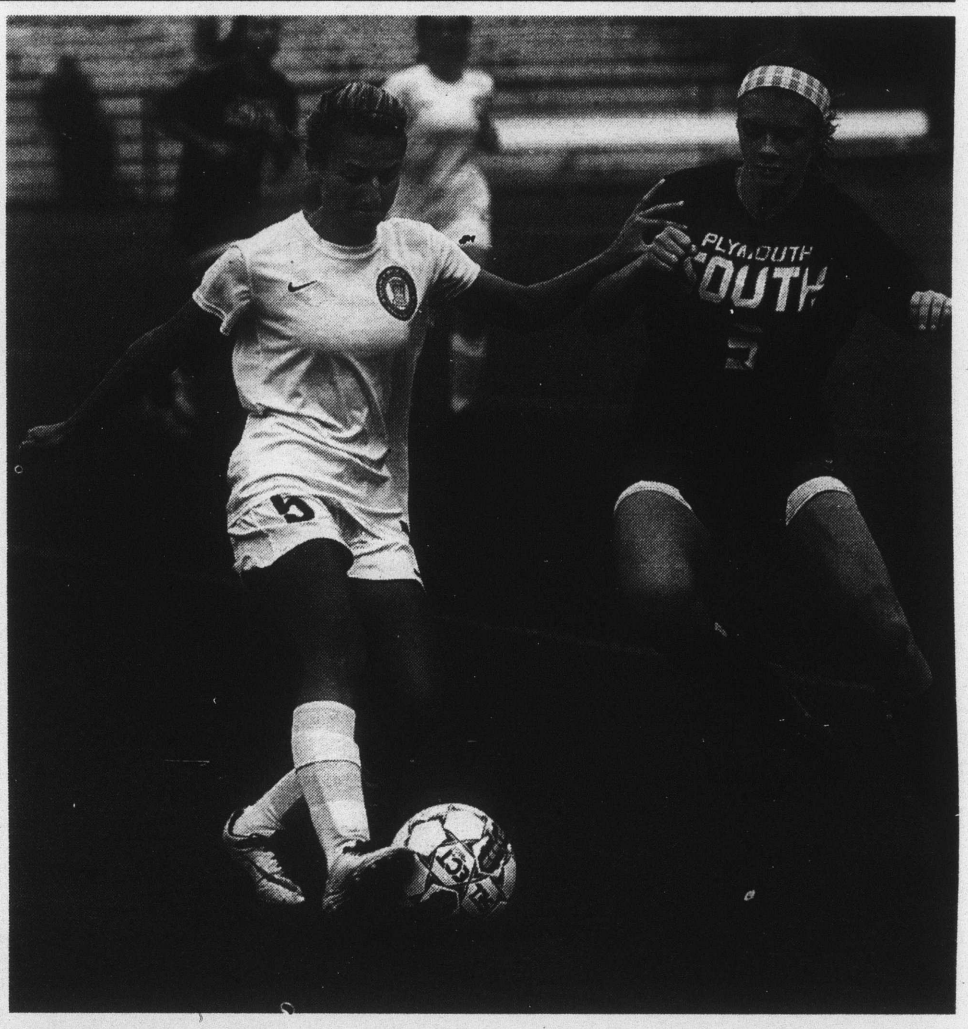


QUINCY HIGH CO-CAPTAIN Lauren Saccoach, right, keeps the ball away from a Plymouth South defender as teammate Ainsley Walsh, center, blocks. Walsh scored Quincy's winning goal to shut out Plymouth South 1-0 last Friday. *Quincy Sun photos/Tom Gorman*



QUINCY HIGH CO-CAPTAIN Liana Cunningham, left, fends off Plymouth South's McKenzie Kelly.

Quincy Girls Soccer Making Playoff Push

Cont'd From Page 22

end up being the final. Goalkeeper Isabel Doherty had the shutout in net for the Presidents.

Following the win, the Presidents were trending in a positive direction; they had won three of their last five matches.

"We've finally been able to maintain our energy and focus for the full 80 minutes," Harmon said. "In past years and even some games this year, there were games where we looked good for 70 minutes, but had a mental lapse for five or ten minutes – and that cost us. I think we're at a point where everyone understands what they need to do to help us win games."

Harmon said the win was a total team effort and that he was impressed with the play he received from all of his players. He also noted sophomore defender Tara McCleary excelled when met with the difficult task of covering their opponent's better strikers.

What made the win more crucial for the Presidents is that they were able to come out on top without their top goal-scorer, Jillian O'Toole. Before she broke her hand in the team's bout with Hanover on Oct. 2, she was the team's leading scorer; O'Toole had scored five goals through eight games. Harmon said there is a chance she returns this week and her return will give the team a major boost offensively.

At this point in the season, having a healthy team is especially vital. After all, the Presidents are playing a highly-competitive Patriot League schedule and they are in playoff contention.

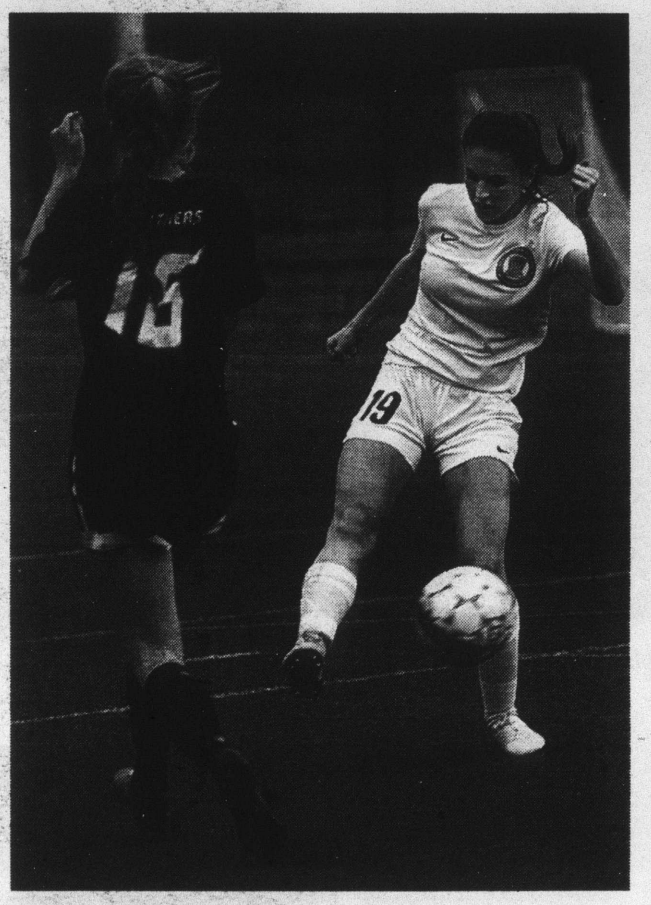
"I think it definitely has to be a goal every year," Harmon said. "A few years ago, the goal was just to beat North Quincy. Last year, when we did that, we looked at that as making the step."

As for their future outlook, the Presidents are in a favorable position. They have strong leadership at the top of their roster with four senior captains: Taylor Routhier, Liana Cunningham, Kari Wismar and Lauren Saccoach.

"It's been great to have them leading by example," Harmon said of his team's seniors. "They're showing the younger kids in practice what they need to do to be successful in games."

While each of their four seniors is a valuable player to this year's roster, the team is fortunate in that they will return most of their starters next season. That said, they most likely will not have to rebuild in the next couple seasons.

"As much as this year is a year where I think we can make the tournament, it's nice to see we'll have so many players returning starters or players with varsity experience, who have been exposed to what the varsity level is like," Harmon said.



QUINCY HIGH'S Hannah Ford keeps the ball away from Plymouth South's Kendra McIntosh.

QUINCY HIGH'S Megan Lyons heads off a pass.

QHS Basketball Hall Of Fame Induction Nov. 25 At Quincy Sons Of Italy

Quincy High School Basketball will host its Hall of Fame banquet Saturday, Nov. 25 at the Quincy Sons of Italy, Quarry Street, Quincy, at 6 p.m.

This year's honorees are Billy Joyce (1974), Ed Callahan (1977), Roger Kvam (1977), Lyle Morrison (1977), Mike Kennedy (1977), Richie Finnegan (1980), Kurt MacDonald (1981), Bobby Mudge (1983), Bill Shaughnessy (1985), Robbie Kane (1994), Dan Kelly (1999), Kevin O'Connell (2003), Doug Scott (2009), Coach John Franceschini and special recognition to Jack Wier.

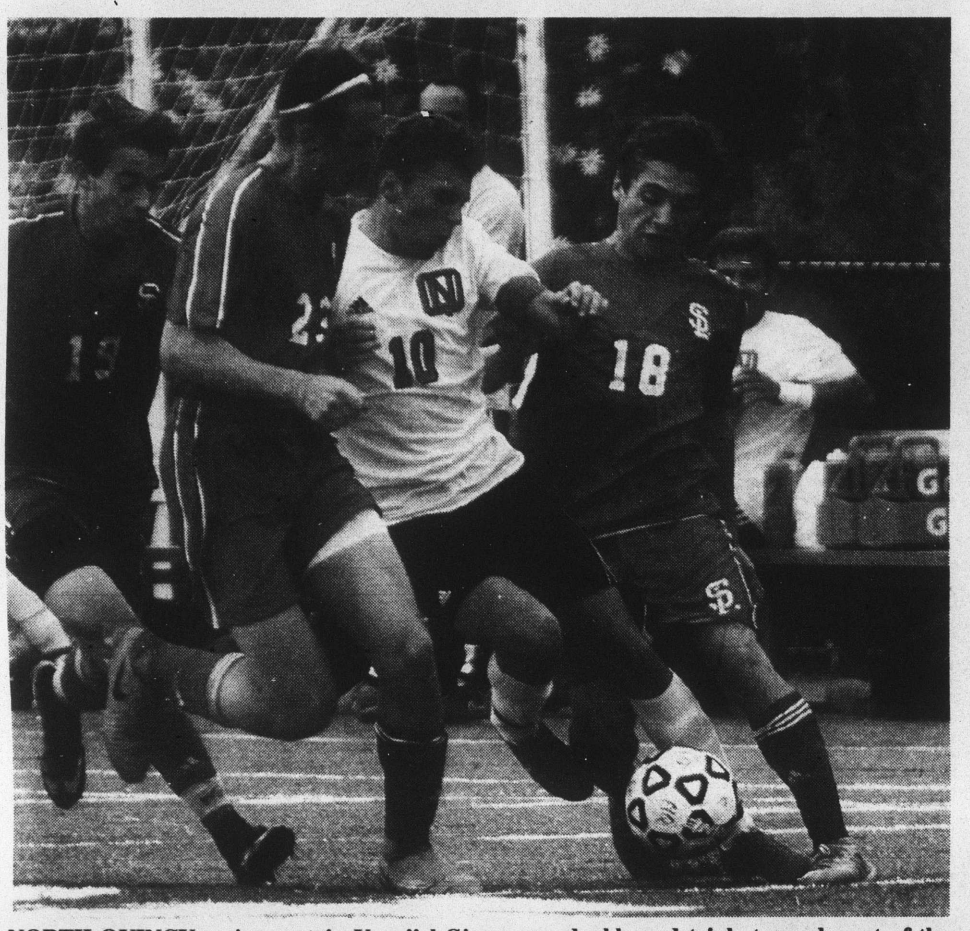
Tickets are $40 each.

To purchase tickets contact David Parry at 617-328-0885 or email dfpdmp@comcast.net.

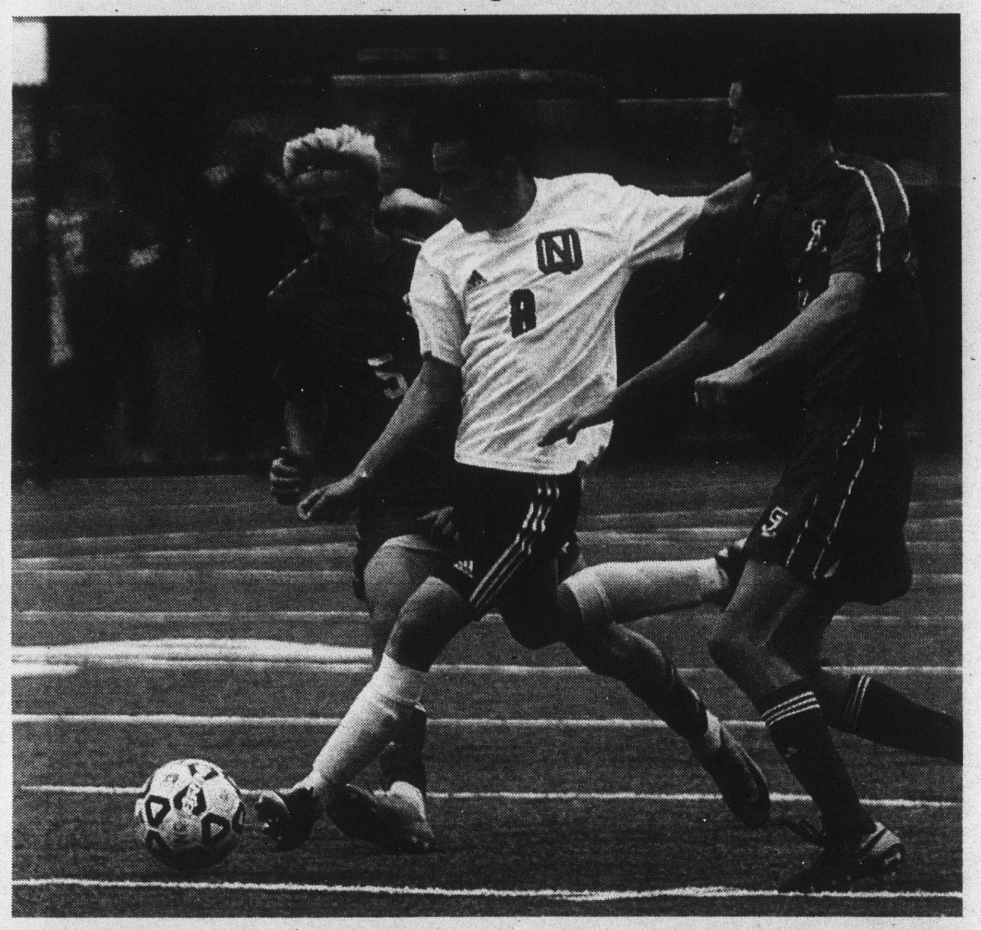
You can also send your check made out to Quincy High Basketball and mail to 3 Hillsboro St., Quincy, MA 02169.

The Nov. 25th ceremony will mark the first induction for QHS Basketball since 1992 - 25 years ago.

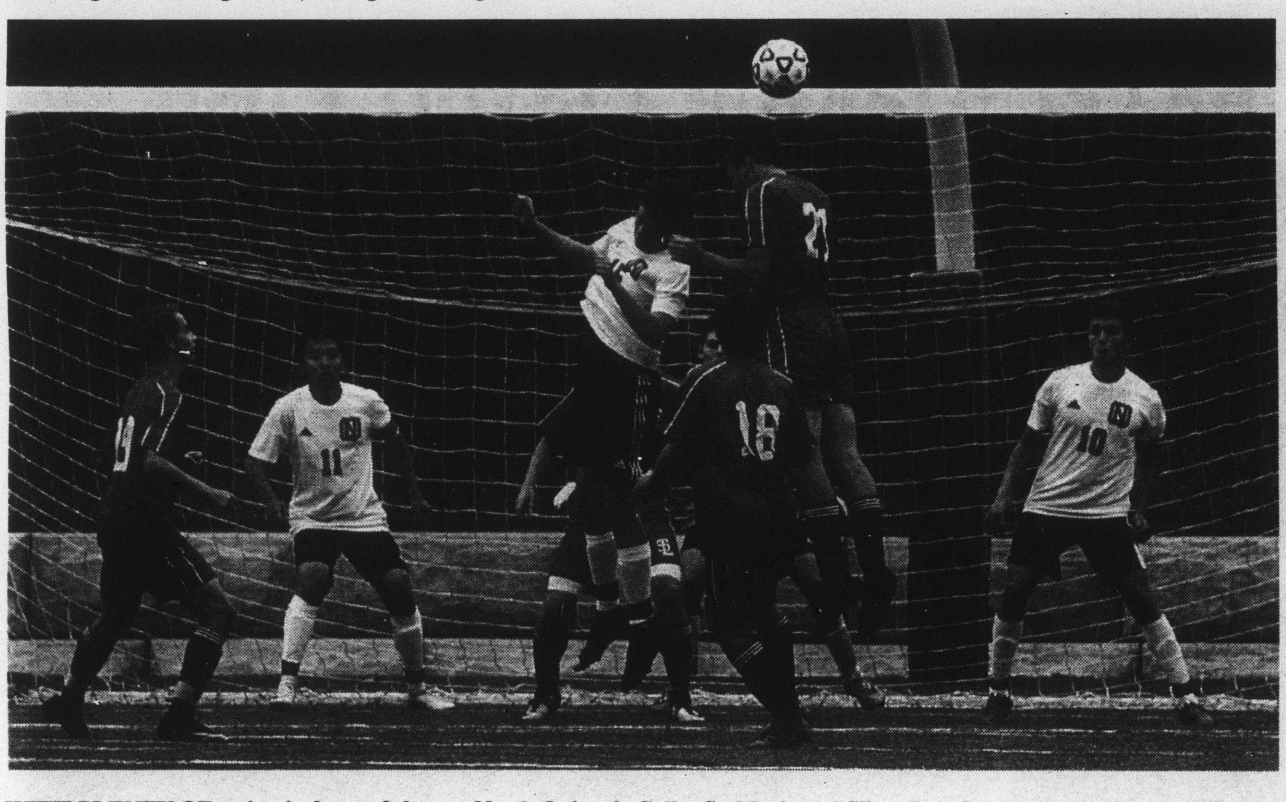
Red Raiders Bow To Silver Lake In Boys Soccer



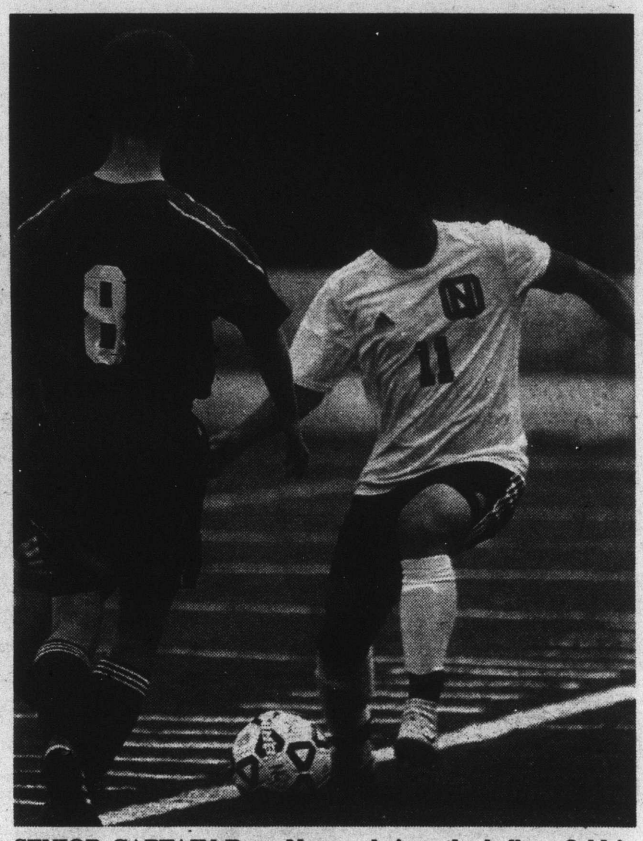
NORTH QUINCY senior captain Vangjiel Gjerco was double and triple teamed most of the game in the Red Raiders' 9-1 loss to Silver Lake last Friday. Here Gjerco is covered by the Lakers' Sean Daly (23) and James Gallagher (18). Despite the extra coverall Gjerco had several shots on goal including North's lone goal of the game.



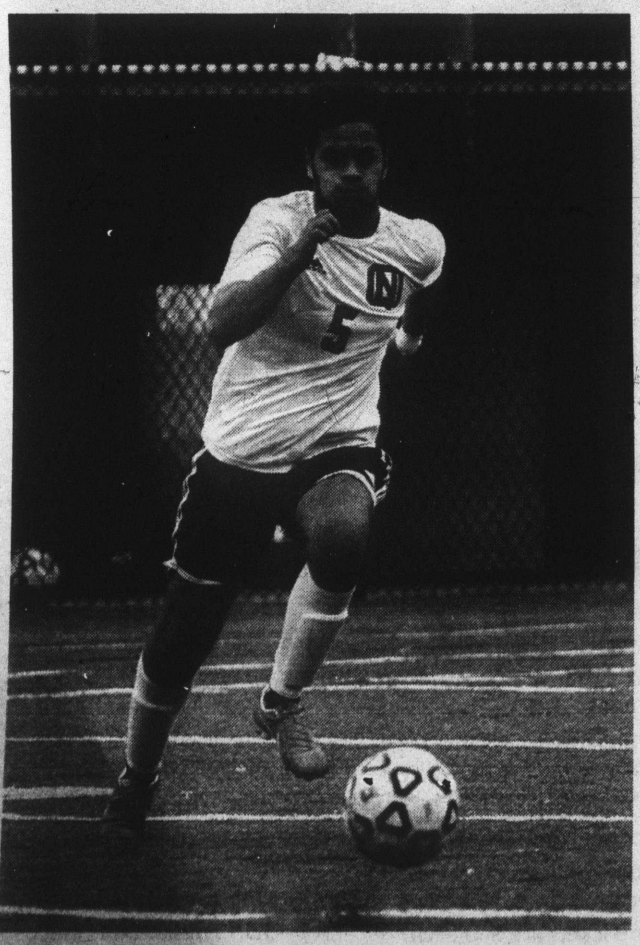
NORTH QUINCY Junior Midfielder Ryan Fantin fights his way past Silver Lake's Matt Dole (5) and TJ Smith (16) for a shot on goal. *Quincy Sun Photos/Larry Carchedi*



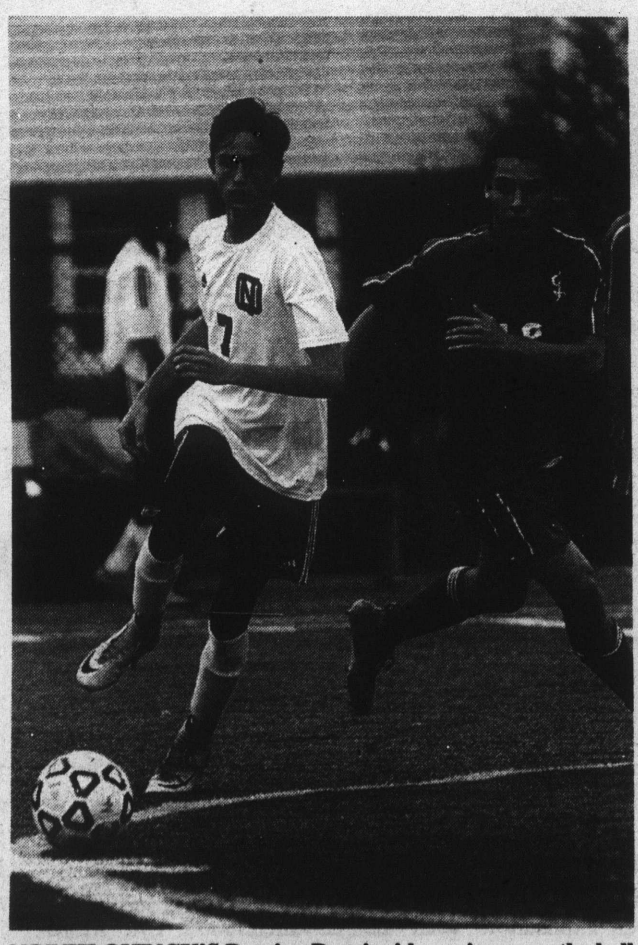
WITH PLENTY OF action in front of the net, North Quincy's Colby St. Marie and Silver Lake's Matt Bettle (21) go up for the ball. Looking on from North Quincy are Ryan Nguyen (11) and Vangjiel Gjerco (10).



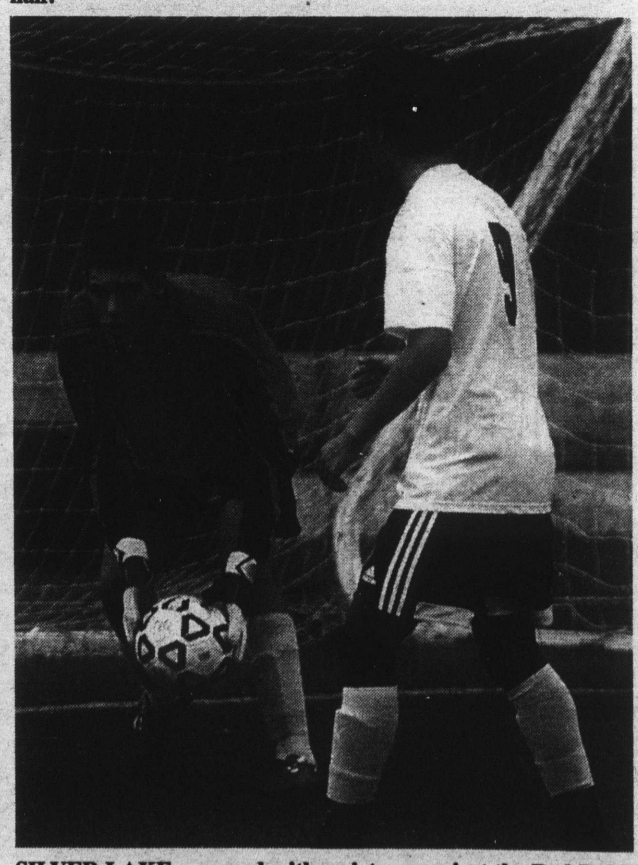
SENIOR CAPTAIN Ryan Nguyen brings the ball up field in the first half against Silver Lake's Connor White in the first half.



NORTH QUINCY DEFENDER DiMitri Gjini brings the ball upfield in the first half against Silver Lake.



NORTH QUINCY'S Damien Papajani has a jump on the ball against Silver Lake's James Gallagher.



SILVER LAKE emerged with a victory against the Red Raiders in a Friday afternoon match-up at Creedon field at North Quincy High School. Here NQ goaltender Ilan Valencius picks the ball up with teammate Jack Gurwitch looking on.

Red Raiders Roll On, Down Pembroke 17-14

By TOM JOYCE

When they needed to, the North Quincy High football team was able to make big stops in their last game.

Strong defense was the difference-maker as the Red Raiders (3-2) held on to beat the Pembroke Titans, 17-14, at Veterans' Memorial Stadium last Saturday evening.

"They were big and strong, but I think we matched up pretty well," Red Raiders head coach Mark Nutley said. "Going in, I thought they were definitely the bigger team and maybe the tougher team, but I was proud of how our guys played. They took it to them and were physical."

Pembroke struck first in the contest, throwing a touchdown pass to give themselves a 6-0 lead with 4:09 remaining in the first quarter. Although Pembroke led at halftime, the Red Raiders did not go down quietly.

For the early half of the second quarter, the Red Raiders found themselves driving the ball downfield and enjoying some success throwing the ball. Tim Layden (10-for-19 passing, 124 yards) threw well for the Red Raiders, but he used his feet to score his team's first touchdown of the game. With 6:35 remaining in the first half, Layden capped off his team's drive with a quarterback sneak from a yard out. Kieran O'Driscoll's extra point kick was good, giving the Red Raiders a 7-6 lead.

On Pembroke's next drive, however, the Red Raiders gave the lead back. Pembroke had a 48-yard touchdown pass with 4:22 remaining in the first half and a successful two-point conversion to take a 14-7 lead.

The Red Raiders were able to close the gap slightly just before the first half ended. As the clock expired, O'Driscoll nailed a 36-yard field goal, cutting Pembroke's lead to 14-10. It was O'Driscoll's second field goal kick of the season; his other kick was good from 41 yards away.

"That's not bad for a high school kid," Nutley said of his kicker. "That kick today was into a pretty good wind. It's nice having a weapon like that."

In the second half, the Red Raiders played exceptionally tough defense, shutting out Pembroke's offense. Neither team scored in the third quarter, but it would not take the Red Raiders much time in the fourth quarter to take the lead.

About a minute into the final quarter, the Red Raiders forced their foe to punt. Jake Roos was able to block the punt and the ball rolled about 30 yards back after Roos made contact with it, giving the Red Raiders possession at the five yard line.

On the first play of the drive, the Red Raiders capitalized on this great field position as Layden connected with Connor Donaghey for a five-yard touchdown pass on the first play of the drive. That score and a successful extra point kick gave the Red Raiders a 17-14 lead with 9:49 remaining in the game.

The Red Raiders stout defense was able to keep Pembroke from mustering anything offensively, so they were able to hold onto their lead and win their second straight Patriot League game.

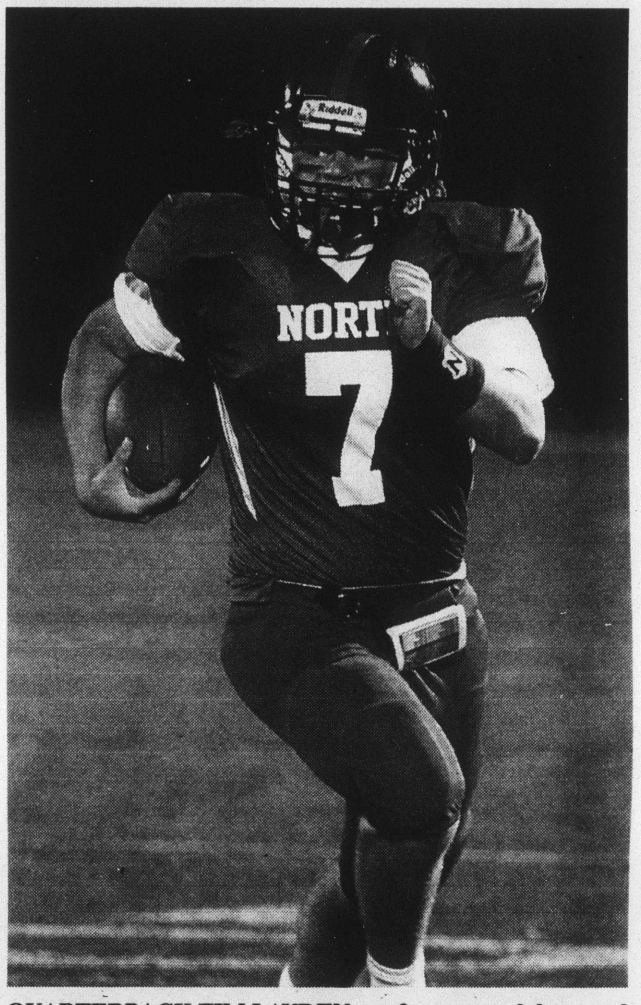
"It's great," Nutley said. "We know we can play with anyone the way they've been playing right now. These past few weeks, we've been playing some pretty good football. We shut them down in the second half. We were pretty physical. We were flying to the ball and making gang tackles. It was pretty nice to watch the way we played defense in the second half."

Defensively, Nelson Wallinjom shined for the Red Raiders as he recorded 17 tackles and had an interception in the win.

"He had some big bone crushing hits," Nutley said. "It was very nice watching him play."

The team also received strong pass protection from its offensive line – Jeff Sullivan, Alex Pham, Devin Ganno, Ty Finn, and Josh Moore – throughout the contest while Connor Donaghey and Chris Donaghey have been dependable targets for the Red Raiders all season. Nate Sleiman also enjoyed success running the ball on tosses.

The Red Raiders move on to face Plymouth South on the road this week on Friday, Oct. 13 (p.m. start time).



QUARTERBACK TIM LAYDEN ran for one touchdown and threw for another in North Quincy's 17-14 win over Pembroke last Saturday at Veterans' Memorial Stadium. The Red Raiders improved to 3-2 on the season and travel to Plymouth South Friday night for a 7 p.m. kick-off against the Panthers.

Quincy Sun File Photo/Robert Bosworth

Quincy Football Falls To Hingham

By TOM JOYCE

The Quincy High football team had a few hiccups early against one of the top teams in the Patriot League, but they continued their growth as the game went on.

Some early mistakes hurt the Presidents early as they took a 38-21 loss to the Hingham Harbormen at Veterans' Memorial Stadium last Friday night.

"The plays were there all night," Presidents head coach Bill Reardon said. "We'd get the first down and then we'd fumble it. It was really just a turnover thing. When we stopped turning the ball over, I thought we did pretty well."

In the first half of the contest, the Presidents were not able to muster anything offensively since turnovers were a problem. A total of five fumbles in the first two quarters of the game put them in a tough spot and because Hingham got the ball so much in that span, they were able to go up 24-0 before the end of the first half.

"We shot ourselves in the foot in the first half," Reardon said. "You're not going to win a football game turning the ball over five times in one half – or in one game for that matter. Our defense played tough all night. And when we stopped turning the ball over, I liked the way our offense executed. I thought we took a big step forward with our execution."

When the Presidents came out of the locker room for the second half, however, there was a shift in momentum. The team cleaned things up offensively and was able to punch in three scores.

Hingham started with the ball in the second half, but the Presidents forced their foe to turn the ball over on downs on their own 39-yard line. That favorable field position set the Presidents up well for a scoring drive, and they capitalized.

Brian Nguyen (six rushes, 48 yards) had a 19-yard run on the first play of the

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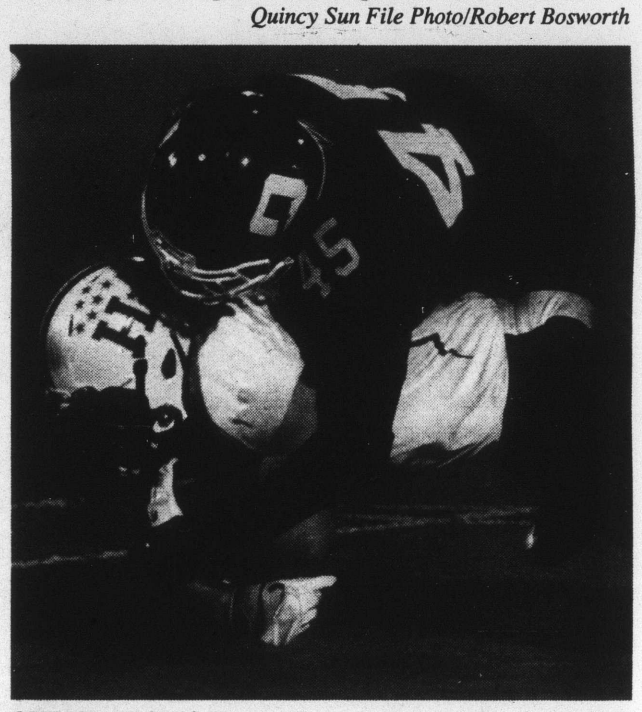
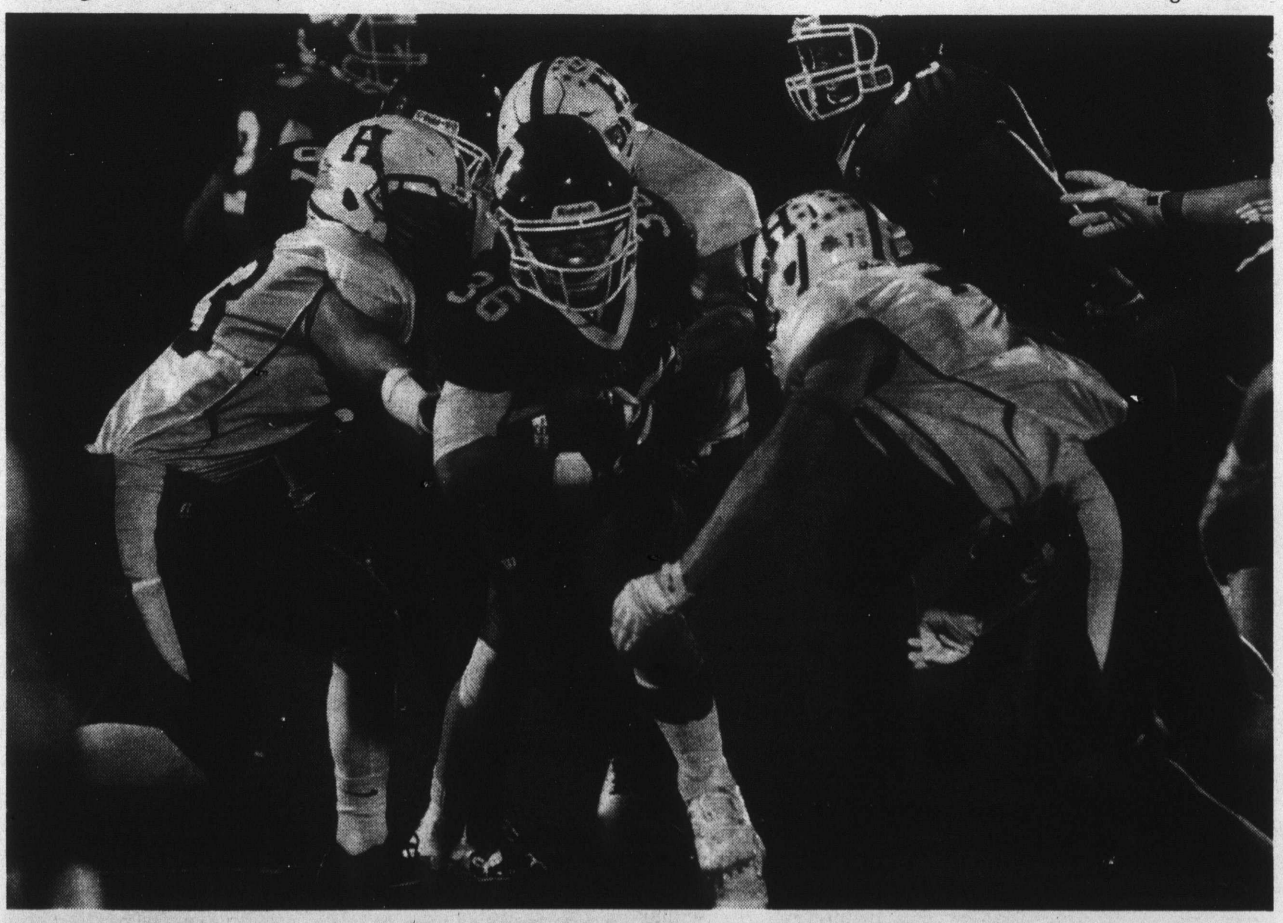


QUINCY HIGH'S Thomas Le brings down Hingham's Will Thomas.



QUINCY HIGH CO-CAPTAIN and senior running back Brian Nguyen barrels through Hingham defenders. He had seven carries and 70 yards in the game.

Quincy Sun photos/Tom Gorman

VOICE FOR HEALTH

by Dr. Gabrielle Freedman
Chiropractor

AVERTING SPINAL FUSION

The form of spinal arthritis known as "ankylosing spondylitis," which primarily affects young males, causes pain and stiffness in spinal joints, including those that connect the lower spine and pelvis. As the disease progresses, chronic spinal inflammation ("spondylitis") can lead to a complete fusion of the vertebrae, a process called "ankylosis." Standard medical treatment of this condition usually consists of using nonsteroidal anti-inflammatory drugs (NSAIDs) and other medications to relieve the pain and stiffness. On the other hand, chiropractic treatment eschews the use of drugs and, instead, employs manipulation to promote mobility. In addition to postural habits, these non-invasive measures are undertaken in order to prevent the spine from fusing in undesirable positions.

Chiropractors take many factors such as size, weight, and muscle structure into consideration when deciding on which adjustment to make. Sometimes, chiropractors use ice, electrical stimulation, or massage therapy prior to a spinal manipulation in order to relax the muscles. To schedule an appointment, please call **FAMILY PRACTICE OF CHIROPRACTIC** at **617-472-4220**. We accept most major insurance plans. Our office is located at **112 McGrath Hwy., Quincy**.

P.S. Chiropractic treatment of ankylosing spondylitis may include recommendations of walking and sleeping positions, as well as abdominal and back exercises that help patients maintain an upright posture.

www.freedmanchiro.com

Quincy Football Falls To Hingham

Cont'd From Page 25

drive, putting his team in the red zone. Shorn Hawthorne (seven rushes, 45 yards) followed that up with a seven yard gain on the ground, putting the Presidents on the 13-yard line. The next play, Colin Keaveny (9-for-15 passing for 137 yards) connected with Brenden Fitzpatrick (four catches, 57 yards) on a 13-yard touchdown pass with 7:54 remaining in the third quarter to make it a 24-6 game.

In the third quarter, Hingham continued running their fast paced, no-huddle spread offense and was able to put two more scores on the board to take a 38-6 lead just as the quarter expired.

"Pretty much every team is no-huddle," Reardon said. "Our kids are pretty astute at getting the calls from the sideline. But when you're giving them the ball with short field, it's very hard to get those stops."

Despite trailing headed into the fourth quarter, the Presidents kept battling in the fourth quarter and were rewarded for that effort.

The Presidents were able to pick up back-to-back first downs on their first drive of the fourth quarter. After that, Keaveny threw a 30-yard touchdown pass to Fitzpatrick with 8:42 left in the game. Dominic Lapiste ran in the 2-point conversion to make it 38-14.

When Hingham got the ball back, they slowed down the pace of their offense. They had possession for nearly five minutes before the Presidents forced a turnover on downs in the red zone.

A pass interference call against Hingham and a 33-yard run from Hawthorne on fourth down kept the drive alive for the Presidents. Nate Steinberg-Johnson capped off the drive with a 26-yard touchdown run with 1:49 remaining in the game and Mikhayla Foley's successful extra point kick put the score at 38-21 in Hingham's favor.

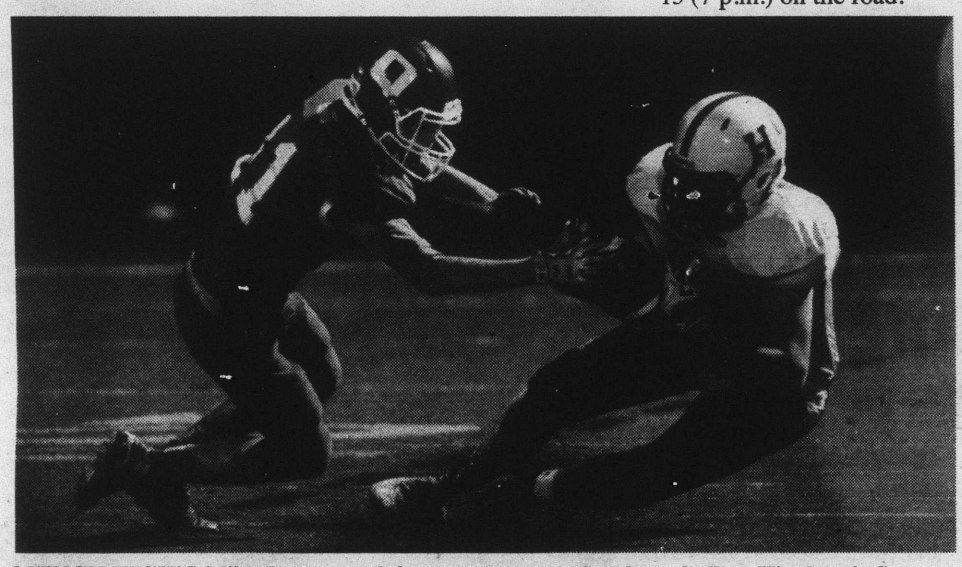
Although the Presidents had some momentum at this point, Hingham kneeled to run out the clock to end the game.

Defensively, Reardon said his team played hard and played well against a tough offense.

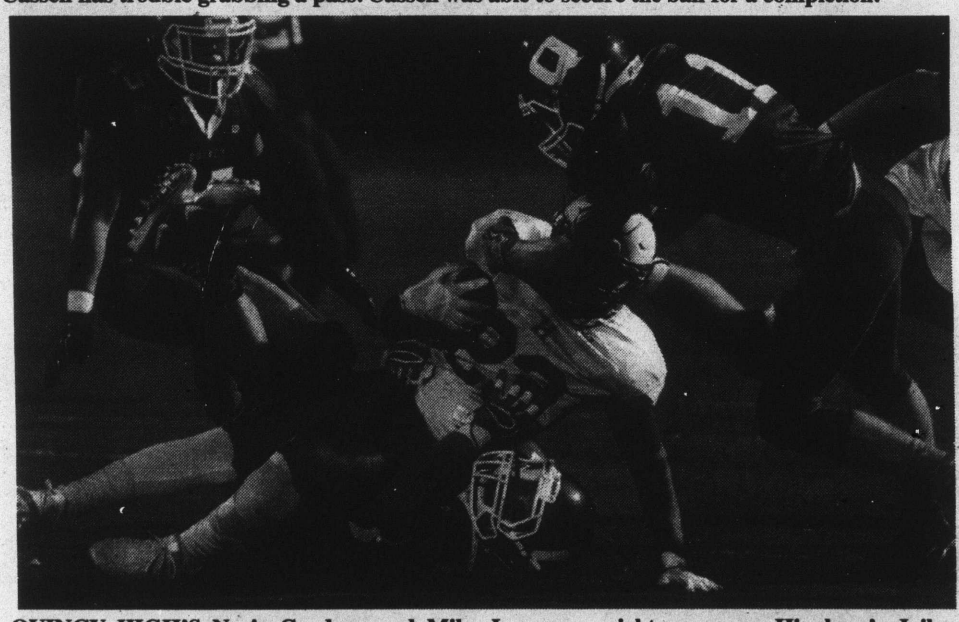
Reardon said his defensive ends, Mark McKenna and Andrew Rooney, both played well. He also noted Rooney played well at tight end and two-way lineman Jamal Williams (nose tackle and left tackle), excelled once again. One other player Reardon was impressed by was sophomore middle linebacker Thomas Le, who got the start last Friday night.

The Presidents move on to face Duxbury – coached by Quincy native Dave Maimaron – this Friday, Oct. 13 (7 p.m.) on the road.

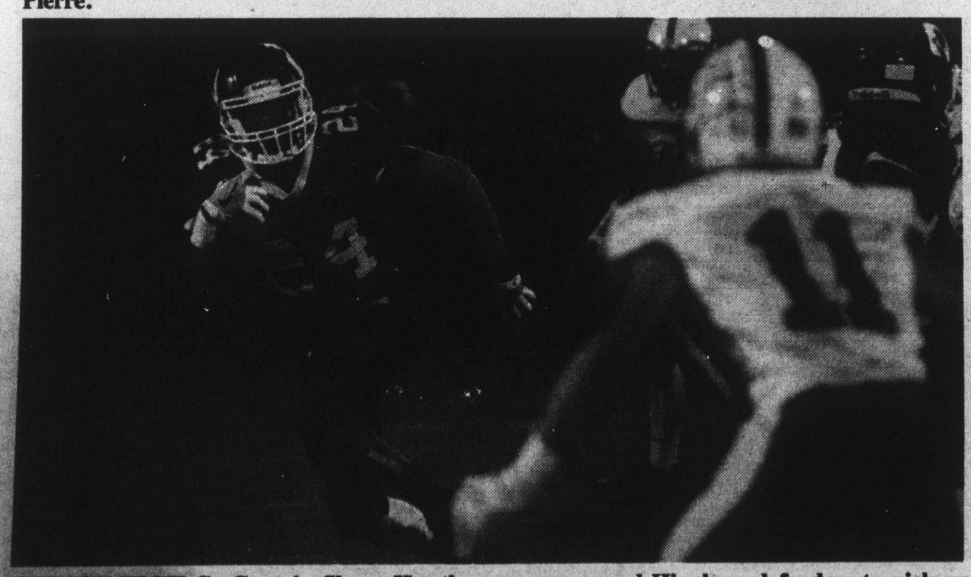
QUINCY HIGH CO-CAPTAIN Dominic Laptiste nearly intercepts a Hingham pass as a Hingham coach and player react during Hingham's 38-21 win over Quincy High last Friday night.
Quincy Sun photos/Tom Gorman



QUINCY HIGH'S Mike Lomanno, left, prepares to grab a loose ball as Hingham's Spencer Cassell has trouble grabbing a pass. Cassell was able to secure the ball for a completion.



QUINCY HIGH'S Nasir Cardoso and Mike Lomanno, right, wrap up Hingham's Jailen Pierre.



QUINCY HIGH Co-Captain Shorn Hawthorne goes around Hingham defenders to pick up some yards. Hawthorne scored one of Quincy's three touchdowns.

QUINCY HIGH'S Brenden Fitzpatrick hauls in quarterback Colin Keaveny's pass as Hingham's Ryan Cahoon moves in. Fitzpatrick scored two of Quincy's three touchdowns against Hingham.

QNQ X-Country Sweeps Scituate

By GEOFF HENNESSY

One of the cross country team's goals was to have both boys and girls win their meets. This was accomplished last week as the team hosted the Scituate Sailors over the 2.5 mile Pageant Field course.

The girls thoroughly dominated the race as Maeve White, Abby Murphy, and Devin Hiltunen took 1-2-3, while Camryn Dastrup was 5th, Olivia Palazzi 7th and Ava Lapsley was 9th. Every girl ran their season best and the final score was 18-41, their most decisive win of the year.

QNQ was without the services of Lezly Acevedo, Mairead Kelly and Kyla Ho who were all nursing assorted leg or ankle injuries. Most are expected back quickly though.

The boys race was typical for QNQ with talented freshman Ronan Kelly hooking up in a real battle with led Scituate runner Birch Swart. Swart edged Kelly over the final 80 meters 14:07 to 14:09. Ryan Polsgrove was 3rd, Dakota Pendleton 5th, Nick Ouellette 6th, Braeden Kopp 9th and Jack Nelson 11th. Again most of the boys ran a season best of the home course.

The team hosted Hanover Tuesday and will travel to Pembroke Oct. 17 before closing out the dual meet season hosting Hingham Oct. 24. The record has improved to 4-1, the boys are at 1-4.

Men's Drop-In Basketball Starts Oct. 16

The Quincy Recreation Department will supervise a men's drop-in basketball program at the Atlantic Middle School gymnasium on Monday evenings beginning Oct. 16.

The program will run from 6 to 8 p.m. each Monday throughout the winter with the exception of Monday holidays. Each week pick-up teams are formed from those who are in attendance and games are played.

There is a $5 fee payable each week at the door.

New participants are always welcome. Locker room facilities are available and Quincy Recreation staff supervises the activities.

The school is located at 86 Hollis Ave. in North Quincy and the gym entrance is at the rear of the parking lot.

For more information call the Quincy Recreation Office at 617-376-1394 or visit www.QuincyRec.com.

NORTH QUINCY JV Football – The Stormin'-Apaches (in black) and Apaches (in white) pose for a photo after Sunday's game at Veterans' Memorial Stadium. *Photo Courtesy Sean Halpin*

FLAG FOOTBALL At Veterans' Memorial Stadium – Storm RB Michael Ruggierio runs with the football as Apache defenders Logan Le (#28) and Gabe Messing(#16) close in.
Photo Courtesy Sarah Lowry/Squantum Storm

FUTURE RED RAIDERS. Young Apache players Gavin Brown (#7) Ryan Wirtz (#2) Brady Craig (#44) and Ronan Brown (#24) cheer on the North Quincy High School Red Raiders in their win over Pembroke on Saturday night as they prepare for their own "Mites Under the Lights" halftime exhibition game against the Squantum Storm at Veterans' Memorial Stadium.
Photo Courtesy Sean Halpin

Apaches Weather The Storm, Elks Remain Unbeaten

Cont'd From Page 19

returned it 37 yards for a touchdown, as the Apaches defeated the Storm 29-0. The Apaches (2-2) will face the Manets (2-2) next Sunday and the Storm will have the bye.

ELKS 12
MANETS 6

The Elks and Manets battled in a hard-hitting, defensive game. Midway through the second quarter, the Manets had a punt partially blocked giving them the Elks the ball on the 16-yard line. Three plays later, Elks RB Malik Francis ran for a 4-yard TD to give the Elks a 6-0 lead at halftime.

The Elks took the Ball to open the second half. They drove the ball down the field and QB Gianni Perea threw a 9-yard TD pass to Gabe Villerino extending their lead to 12-0. The Manets answered with a long drive capped off by a 3-yard TD run by Andrew Engren.

Late in the fourth, the Manets where driving the ball down the field to win the game, Elks DB Malik Francis intercepted the ball ending the ballgame and giving the Elks the 12-6 victory over the Manets.

The West Quincy Elks remain unbeaten at 4-0 and will face the Quincy Point Panthers. The Manets (2-2) will face the Apaches (2-2) next Sunday at Veterans' Memorial Stadium.

JUNIOR VARSITY:
APACHES (RED) 30
STORMIN' APACHES (BLACK) 8

The Apaches (Red Team) got their first win of the year. Apache QB Ryan Beardsley had three first half touchdowns on runs of 44 and 10 yards and an interception return for TD. Apache RB Aden Le had two second half TDs, on runs of 55 and 88 yards. Stormin' Apaches QB Charlie Baker rushed for a 3-yard TD and Charlie Ambroult added the conversion.

ELKS 30
MANETS 6

Elks RB Jordan Souza had two TDs on runs of 58 and 48 yards. John Toland rushed for a 15-yard TD run and two conversions rushes. QB Chase Morales threw an 18-yard TD pass to Ben Hudach. Manets RB Teddy Lynch had a 1-yard TD run for Houghs Neck. The Elks (3-1) moved into second place in the Junior Varsity standings with the 30-6 victory.

FRESHMAN
APACHES 26
STORM 12

Apache Running Backs, Sean Szilva and Kobe Nguyen combined for 2 first half scores. Storm DB, Colin Waldron recovered a fumble and returned it 40 yards for a TD. The Apaches entered the locker room with a 12-6 halftime lead.

On the opening drive of the second half Apache RB, Max Gaudiano scored on a 4-yard run and rushed for the conversion. On the ensuing drive, Apache Defenders, Jack Greene & Anthony Valez combined for a fumble recovery.

The Apaches capitalized with a 15-yard TD run by Sean Szilva. The Storm answered with 58-yard TD run by QB Brian Buckley as time expired.

The Apaches remain undefeated at 4-0 and the Storm fall to 3-1 on the season.

ELKS 22
MANETS 22 (TIE)

The Houghs Neck Manets and West Quincy Elks battled to a 20-20 tie in their Freshmen game. Elks RB Tkhari Mercer scored three TDs on runs of 12, 26 and 33-yards. Manets QB Mikey Galligan scored all three touchdowns for the Manets and Anthony Melchione added two conversions.

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Quincy, MA 02169
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Public Access Channel 8	Government Access Channel 9
Thursday, October 12 6:00pm: Bethany Congregational Church 8:00pm: QHS vs. Hingham Football	Thursday, October 12 5:30pm: Quincy in Focus 8:00pm: In the Spotlight: Senior Forum 8:30pm: At Your Library: October
Friday, October 13 11:30am: LIVE: Currently in Quincy 6:30pm: AM Quincy: Quincy Art Association	Friday, October 13 6:30pm: FYI: QHD: Autumn Rakes & Pains 7:00pm: NCPC: Narcan Availability 7:30pm: QRD TV Production Workshop
Saturday, October 14 12:00pm: Faces of South Asia 1:00pm: QHS vs. Hingham Football	Saturday/Sunday, October 14/15 11:00am: At Your Library: October 12:00pm: QRD TV Production Workshop 3:00pm: Library Concert: Robert Bekkers 4:00pm: In the Spotlight: Senior Forum 4:30pm: ArtsFest Awards Ceremony
Sunday, October 15 10:00am: Bethany Congregational Church 11:30am: Good News	
Monday, October 16 11:30am: LIVE: Currently in Quincy 7:00pm: LIVE: Eye on Quincy	Monday, October 16 7:00pm: LIVE: Public Hearing on Sober Homes 7:30pm: LIVE: City Council
Tuesday, October 17 6:00am: LIVE: AM Quincy with Joe Catalano 7:30pm: Quincy in Focus	Tuesday, October 17 12:00pm: Public Hearing/City Council (10/16/17)
Wednesday, October 18 6:00pm: Good News 10:00pm: The Constitution: Then & Now	Wednesday, October 18 12:00pm: Public Hearing/City Council (10/16/17) 6:00pm: In the Know: Meals on Wheels

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

PUBLIC NOTICE

City of Quincy, Massachusetts
Mayor James R. McIntyre City Hall
1305 Hancock Street
Quincy, Massachusetts 02169

October 3, 2017

PUBLIC NOTICE
2017-162

Presently pending in the Ordinance Committee of the Quincy City Council to be passed at a later date:

BE IT ORDAINED by the Quincy City Council that the Quincy Municipal Code is hereby amended in Chapter 17, The Zoning Code, as follows:

By adding a new section to Section 8.0 SPECIAL DISTRICTS to be known and designated as "8.5 WOLLASTON CENTER DISTRICT";

And, further, by adding the following sections thereto:

8.5.1 Purpose.

The purpose of this Section is:

1. to channel new development toward underutilized sites within the Wollaston Center District;
2. to encourage mixed-use development; to encourage new development in areas accessible to public transit;
3. to provide a predictable, clear and understandable process for the review of new development within Wollaston Center District;
4. to promote and create jobs, housing inventory and affordable housing in conformance with Section 7.1 of this Ordinance;
5. to enhance the architectural character of the Wollaston Center District;
6. to encourage ground floor uses within the Wollaston Center District that serve the public; and
7. to improve traffic access and circulation; and to create active pedestrian and street life in the Wollaston Center District.

8.5.2 Permitted Uses.

Within the Wollaston Center District, no buildings or premises shall be used for other than one of the following uses, and, except for Urban Renewal Uses, shall require the issuance of a special permit from the Planning Board.

1. Retail Business and Consumer Services, provided that no more than 25% of the gross floor area is Retail Business and Consumer Services and provided further that the remaining building gross floor area is either Multifamily dwelling or General office for commercial or professional use or both;
2. All other uses permitted by right or by Special Permit in Appendix A shall be allowed in the Wollaston Center District except as provided below in the List of Prohibited Uses in Wollaston Center District.

LIST OF PROHIBITED USES (BY CATEGORY) IN DISTRICT

PRINCIPAL USE

A. Residential Use
- Boarding house

B. Exempt and Institutional Use
- Municipal waste disposal area operated by the city or under contract to the city

C. Retail Uses
- None

D. Restaurant Uses
- None

E. Miscellaneous Commercial Uses
- Adult use
- Body art establishment
- Nonexempt Commercial nursery or greenhouse

F. Motor Vehicle Uses
- Motor vehicle service station
- Motor vehicle general repair
- Motor vehicle sales, service and rental establishments
- Motor vehicle body or paint shop

G. Drive-in Uses
- None

H. Warehouse, Wholesale and Storage Uses
- Wholesale business and storage in roofed structure
- Distribution center, parcel delivery center or delivery warehouse
- Storage warehouse/building or cold storage plant, but not including storage or bailing of junk, scrap metals, rags waste paper or used rubber
- Open lot storage of new building materials, but not including junk, scrap metals, rags, waste paper and similar materials.
- Open lot storage of lumber and building materials
- Open lot storage of construction equipment

I. Industrial Uses
- Food and beverage manufacturing, bottling or processing or commissary
- Assembly or packaging of articles not exceeding 200 lbs., provided no manufacturing or processing is carries out
- Manufacture, processing, assembly or other industrial operations
- Processing of sand and gravel and the manufacture of bituminous concrete
- Stonecutting, shaping and finishing in completely enclosed building
- Waste recovery facility (resource recovery plants, solid waste recovery plants, any transfer station for solid waste or any other similar facility)

J. Transportation Related Uses
- Rail freight terminal/storage and year accessory to railroad operations, provided that such freight terminals are not less than 300 feet from any residence district
- Water freight terminal, including docks, piers, whatever and the like, provided that such that such port facilities are not less than 300 feet from any Residential district
- Truck terminal, yard or building for storage or servicing of cargo trailer, trucks/buses and parking lot for trucks/buses

ACCESSORY USES

K. Residential Accessory

L. Nonresidential Accessory Uses
- Repair garage accessory to motor vehicle sales

M. Other Uses
- None
- None
-

3. Notwithstanding any other provision of this Ordinance to the contrary, mixed uses within a single building or structure (i.e., retail/residential; retail/commercial office) shall be allowed within the Wollaston Center District if the structure conforms to the Dimensional Requirements set forth in Section 8.3A.3

8.5.3 Dimensional Requirements.

Within the, the following dimensional requirements shall apply:

1. Minimum Lot Area per Dwelling Unit (sq. ft.) Wollaston Center District 500
2. Maximum Number of Stories – Wollaston Center District 3 3
3. Maximum Number of Stories – Wollaston Center District 5 5

8.5.4 Off-Street Parking.

For purposes of these requirements, a residential studio unit and each room in a lodging house shall be considered to be a one bedroom dwelling unit Off-street parking facilities in the Wollaston Center District shall be provided as follows:

1. Residential: Min. Number of Parking spaces Per Bedroom Within Dwelling Unit Where 80% or More of Building Gross Floor Area is Residential 1.0
2. Residential Min. Number of Parking Spaces Per Bedroom Within Dwelling Unit Where Less than 80% of Building Gross Floor Area is Residential 0.75 for the 1st bedroom in a unit and 0.5 for each additional bedroom in a unit
3. Assembly One Space per 10 seats
4. Institutional One Space per 2,000 square feet of gross floor area.
5. Office One space per 600 square feet of gross floor area; provided, however, that for new construction with a net increase in gross floor area of 10,000 square feet, parking shall be provided at a ratio of one space for every 400 square feet of office or retail use and at a ratio of one space for every 300 square feet of restaurant use.
6. Urban Renewal Use other than residential Condominium/cooperative unit: The number of spaces shall be as determined by the Planning Board in accordance with the Certificate of Consistency.
7. Urban Renewal Use comprised of one or more Residential condominium/cooperative units: One space per dwelling unit

8.5.5 Special Permit Required; Uses.

All uses allowed pursuant to Section 8.3A.2 shall require the issuance of a Special Permit.

8.5.6 Site Plan Review.

Except for Urban Renewal Uses and as provided below, all uses and all structures within the Wollaston Center District shall require a special permit. When the proposed change, addition, alteration or renovation is less than 20% of the gross square foot area of an existing structure or less than 5,000 square feet of floor area or lot area, whichever is less, only site plan review shall be required.

8.5.7 Special Permit Granting Authority.

The Quincy Planning Board is hereby designated the special permit granting authority for all matters within the Wollaston Center District. The Planning Board is authorized to approve or disapprove:

1. All Special Permits for uses;
2. All Site Plans;
3. All applications seeking a find pursuant to MGL c. 40A § 6; and
4. All Special Permits for a use or structure in the Flood Plain Overlay District

8.5.8 Special Permit and Site Plan Approval Criteria.

The Planning Board shall not approve a special permit or site plan unless it finds that all of the following additional criteria are met:

1. The Planning Board has adopted the Quincy Center District Design Guidelines, dated November 2005 and the Quincy Center District Urban Revitalization and Redevelopment Plan, dated May 7, 2007, both as may be amended, which guidelines shall be used in implementing this subsection, until such time – if ever- the board devises specifically tailored guidelines for this district. Those guidelines shall be provided to every permit applicant seeking a permit or site plan approval within the Wollaston Center District, who shall be required to show compliance with these guidelines as part of any application. The Planning Board shall include as a part of any permit decision a statement addressing compliance issues with these guidelines.

2. For mixed-use projects in the Wollaston Center District, the applicant must establish that the proposed uses are to be located with structure(s) in a manner that promotes ease of use and access, and consistency with the surrounding uses/architecture; e.g., retail uses should front onto a street, new housing shall be consistent with any adjacent existing residential use in terms of density, style of architecture, etc.

3. Any development within the Wollaston Center District should be pedestrian friendly,

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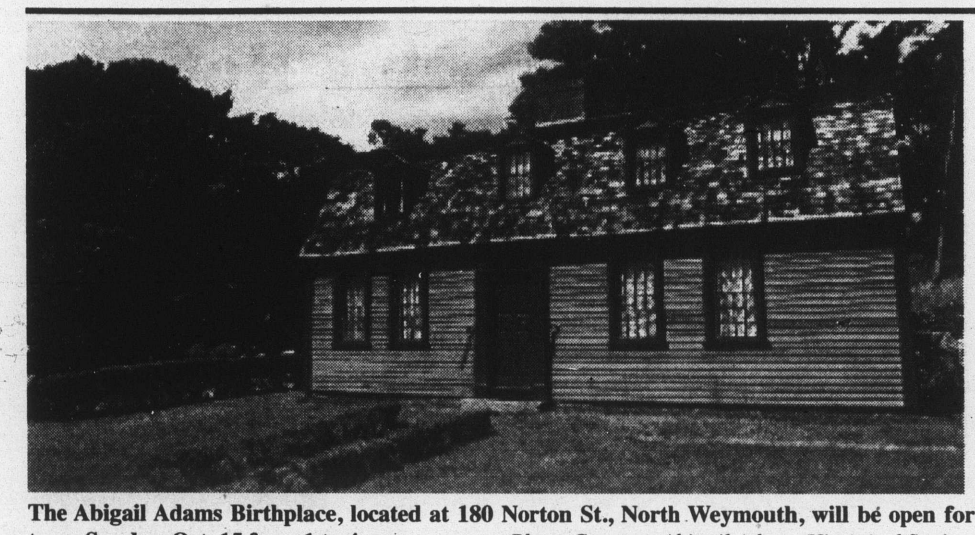


The Abigail Adams Birthplace, located at 180 Norton St., North Weymouth, will be open for tours Sunday, Oct. 15 from 1 to 4 p.m. *Photo Courtesy Abigail Adams Historical Society*

Abigail Adams Birthplace Open For Tours Sunday

The Abigail Adams Birthplace, built in 1685 and home to Abigail Smith Adams for the first twenty years of her life, will be open for tours Sunday, Oct. 15, from 1 to 4 p.m.

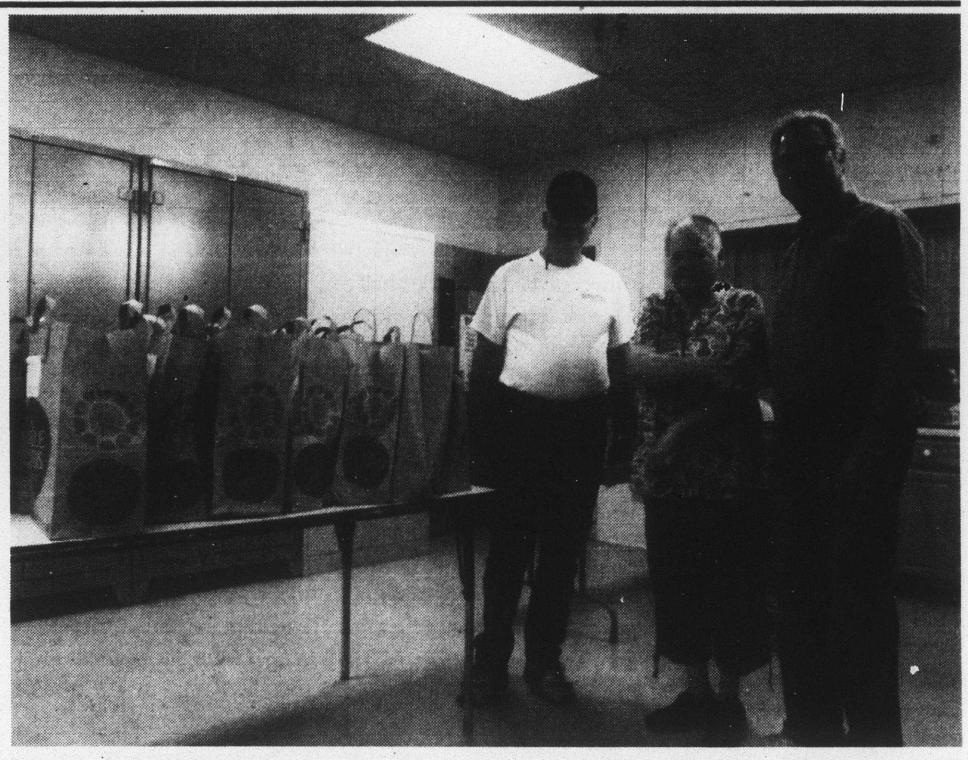
Visit this historic site, where Adams's ideals and character were formed, and where she married John Adams in the parlor in 1764.

Visits are by guided tour only, with tours given on the hour and half hour. The last tour begins at 3:30 p.m. Admission is $5 for adults and $1 for children under 12.

The Abigail Adams Birthplace is located at 180 Norton St., North Weymouth.

The Abigail Adams Historical Society (AAHS) is dedicated to commemorating and educating a worldwide audience about the extraordinary life and times of Abigail Smith Adams, and her legacy of service to country; and to preserving and interpreting her birthplace, the place where her character and ideals were formed, as a resource and inspiration for all. AAHS is the steward for the preservation of Abigail Adams's birthplace and first home, from 1744 to her marriage to John Adams in 1764. The Society offers tours of the house and presents programs on this remarkable American, her family, and the era in which she lived.

For more information on Abigail Adams Birthplace history, programs, and events, email AAHS1947@yahoo.com, visit www.abigailadamsbirthplace.org, or follow Abigail Adams Historical Society on Facebook.



CONG. BETH SHALOM of the Blue Hills delivered over 50 bags of food recently to the Milton Food Bank at Parkway Methodist Church, welcomed by Food Bank worker Nancy Lanata. Rabbi Alfred Benjamin (right) and temple members David Mabel (left) and Ben Goodman (not pictured) delivered the food, which is collected on Yom Kippur, a fast day that reminds us of those who are hungry. An equal amount of food will go to Family Table, a program of Jewish Family & Children's Services. *Photo Courtesy David Mabel*

PUBLIC NOTICE

PUBLIC NOTICE
2017-162
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as the development of the Wollaston Center District will be enhanced to the extent such development involves limited vehicular access; and, should be consonant with the development goals for the district. Indicators of compliance with this criterion include

a. Ground floors, particularly where they have public streets, public parks, and publicly accessible pathways, consist of spaces that are actively inhabited by people, such as retail stores, consumer service businesses and restaurants, general office, educational or residential uses. Where a mix of activities are accommodated in a building, the more active uses are encouraged facing public streets, parks and pathways.

b. Covered parking on the lower floors of a building and on-grade open parking, shall be discouraged where the parking faces a public street, public park, or publicly accessible pathways.

c. Ground floors should be generally 25-50% transparent. The greatest amounts of glass would be expected for retail uses with lesser amounts for office, institutional or residential use.

d. Entries to buildings shall be located so as to ensure safe pedestrian movement across streets, encourage walking as a preferred mode of travel within the city and to encourage the use of public transit for employment and other trips. Relating building entries as directly as possible to crosswalks and to pathways that lead to bus stops and transit stations is encouraged; builds shall be located and developed to encourage pedestrian pathways over the lot and through the District.

4. Where appropriate, housing shall be a component of any large, commercial development

5. The common areas both internal and external shall, where appropriate, be accessible to the pedestrian public. Restrictions on this access can be established by the applicant or its successor in interest.

6. The location, dimensional and aesthetic features of the proposed development shall not be detrimental to the architectural character of the downtown and, if in the Wollaston Center District, with the character of Wollaston Center; to the improvement of traffic access and circulation; and to the creation of active pedestrian and street life within the District.

7. There will be no nuisance or serious hazard to vehicles or pedestrians.

8. Adequate and appropriate facilities (including, but not limed to parking and loading) will be provided for the proper operation of the proposed use. Said facilities shall be located and designed so as to be compatible with neighboring developments.

9. Historical buildings and places within the Quincy Historical District are to be respected and protected. Special consideration shall be given to the preservation of historical buildings and places within the Wollaston Center District, where applicable.

A copy of this order may be examined at the Office of the City Clerk, 1305 Hancock Street, Quincy, MA Monday through Friday during regular working hours 8:30 A.M. to 4:30 P.M.

A TRUE COPY
ATTEST: Nicole L. Crispo
Clerk of Council

10/12/17

PUBLIC NOTICE

City of Quincy, Massachusetts
Mayor James R. McIntyre City Hall
1305 Hancock Street
Quincy, Massachusetts 02169

October 3, 2017

PUBLIC NOTICE
2017 - 161

Presently pending in the Ordinance Committee of the Quincy City Council to be passed at a later date:

BE IT ORDAINED by the City Council of the City of Quincy as follows:

The City of Quincy, under the provisions of Article LXXXIX, Section 8 of the Amendments of the Constitution of the Commonwealth, hereby petitions the General Court to enact the following legislation in substantially the same form.

An Act Establishing a Special Account for
the City of Quincy
Traffic and Parking Rehabilitation and Improvement Fund

SECTION 1. Notwithstanding the provisions of any general or special regulation, rule or law to the contrary, the City of Quincy is hereby authorized to establish a special account to be known as the "City of Quincy Traffic and Parking Rehabilitation and Improvement Fund". The purpose of such fund is to provide revenue for the funding of traffic studies, road safety audits, signalized intersection inventory, equipment repairs, analysis and improvements to traffic and parking infrastructure in the City of Quincy and provide revenues to do all things necessary to correct, remedy, repair and improve traffic flow, pedestrian safety and bicycle safety throughout the City. Such special account shall be maintained by the City Treasurer of said City in a banking institution doing business in the Commonwealth, and expenditures from such special account shall be made subject to appropriation initiated by the Mayor upon the recommendation of the Commissioner of Traffic, Parking, and Lighting of said City and approved by a majority vote of the City Council.

Contributions to such account shall be made by applicants for building permits for the construction, erection, improvement, reuse or rehabilitation of land or the buildings thereon for industrial, commercial, multi-family and residential uses. Excluded however, shall be one, two and three family residence(s) if the owner will occupy said residence for at least one year from the date of completion. The method and amount of such contribution from said private sources shall be as determined by ordinance, but shall not exceed one percent of estimates construction costs. Said ordinance shall provide for the method of determining the amount of each contribution from such applicants based upon their anticipated number of occupants by each and for the particular kind of development contemplated.

Appropriation from time to time may be made by said City into said special account for the purpose of providing additional funds for aforesaid improvements to do all things necessary to correct, remedy, repair and improve traffic flow and pedestrian safety throughout the City.

Said City Treasurer shall be authorized to invest monies in said special account and the interest accruing shall inure to the benefit of the special account. Such account shall be maintained in accordance with generally accepted principals and shall be audited annually with the cost of such audit charged to said account.

SECTION 2. The Director of Traffic, Parking Alarm and Lighting for the said City may make applications for available state and federal government grants for improvements to do all things necessary to correct, remedy, repair and improve traffic flow and pedestrian safety throughout the City and to pledge any and all such sums of money in said special account with the City for any such matching grants for the construction, improvement, repair and rehabilitation of said traffic equipment and infrastructure.

SECTION 3. The City Auditor shall file jointly with the City Council, the Mayor, the Treasurer of said City, and with the Bureau of Accounts, a written report relative to such special account established in Section 1. Said report shall be made within one hundred twenty (120) days after the books of accounts are closed for each fiscal year. Such report shall include a financial statement relating to the operation, maintenance and expenditures made under the said special account. The City Council may review and comment on said report and may file such review and comments with the State Auditor.

SECTION 4. This act shall take effect upon passage.

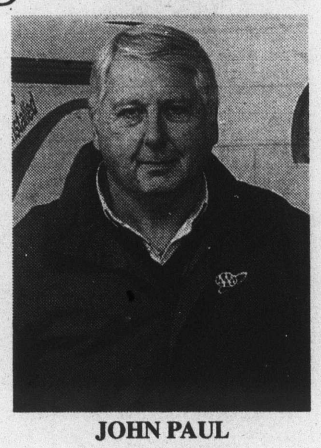
A copy of this order may be examined at the Office of the City Clerk, 1305 Hancock Street, Quincy, MA Monday through Friday during regular working hours 8:30 A.M. to 4:30 P.M.

A TRUE COPY
ATTEST: Nicole L. Crispo
Clerk of Counci

10/12/17

Car Engine Cleaning, Rotating Tires, Replacing Rotors

Ask John Paul: AAA New England's Car Doctor



JOHN PAUL
AAA's Car Doctor

I have been a fan of Toyota and Honda cars and was wondering why Toyota and Honda did not build an all-wheel-drive Camry or Honda Accord. I bought a Subaru Legacy and I'm happy with it but I would have preferred a Toyota or Honda automobile rather than the SUVs which both Honda and Toyota offer.

For the most part vehicle manufacturers build the cars that people want to buy. Many years ago Toyota built an "all-track" Camry. This all-wheel-drive Camry sold in such low numbers that Toyota discontinued it. Some other manufacturers have all-wheel-drive sedans, such as Buick, Ford, Audi, BMW, Mercedes and Volvo and when the time comes are worth a look.

I've seen differing opinions/recommendations online for cleaning a car engine and engine compartment. I have a 2005 BMW X5 and some warn against steam-cleaning. Some say use a cleaner and hose it off and even some websites even advise against using any water. I'd appreciate your advice.

In my opinion using high temperature steam or high-pressure water could lead to problems with today's sophisticated electronics that are mounted in the engine compartment. A degreaser sprayed on the engine and washed with a garden hose is a safer solution. Keep in mind that any heavy oily grime is going to end up on the ground and in storm drains – not exactly great for the environment.

I recently brought my 2015 Volvo XC60 in for two-year maintenance as covered under my purchase agreement. However when I inquired about rotating the tires, I was told this was not covered because Volvo feels it's not necessary to rotate these tires. I would like to get your opinion. I never heard of not rotating tires.

Volvo believes that the tires should be inspected every 10,000 miles and rotated only if they show signs of wear. Studies have always shown that rotating tires on a car will help extend their overall life. If this were my car I would rotate the tires once per year.

My brother has a 2017 Honda CR SUV and he hears a high-pitched sound from the front of the car when the car is on and for a short time sometimes after he turns the car off. He has brought it to the dealer on a few different occasions and they do not hear the noise and cannot identify the source of it. Any thoughts?

This may be one of those times that time may be the best diagnostic tool. Since the dealership hasn't heard it, it will be just about impossible to find and repair it. Some possibilities are the fuel pump and perhaps the air conditioner pressures equalizing, although at this point I would just try to document the noise as much as possible. This should include temperature, driving time, is the climate control on and level on fuel in the tank. If you can safely record the sound that could be helpful as well. The more information that you can provide the better the chance of the vehicle getting repaired.

I have ordered new license plates from Massachusetts Registry of Motor Vehicles and I was wondering if I can use clear plastic plate covers over the plate to help preserve their appearance. The covers and frames do not obstruct Massachusetts or the Spirit of America lettering.

I certainly see many license plates with clear covers but according to information from both the Department of Transportation and the RMV there should be no glass or plastic cover over a license plate. Even a clear cover could cut down on the plate reflectivity and could unintentionally distort the plate.

I drive a 12-year-old Nissan Xterra with lots of miles on it. The truck has always run great until just recently. Sometimes during this past summer's hot weather suddenly it would lose power when I pressed the accelerator. I thought for a while it was a fuel pump problem and had it replaced and thought the problem was fixed until the hot weather again recently. In addition to the fuel pump I have replaced the spark plugs and had the computer checked for trouble codes.

I have seen this before with the Nissan Xterra and the problem is usually due to an intermittent fault with the computer relay (ECM relay). In fact this issue was so common that some models had a recall. Although I hate to guess but, if this relay has not been replaced this is the first place I would start. The first place to start is to see if your vehicle was recalled. Go to a Nissan dealer or NHTSA's recall website https://vinrcl.safercar.gov/vin/

I left my windows open during a very heavy rain storm and I sponged out as much water as possible. The car seems okay. but wondering if I should have done more?

In these situations it is best to use a "wet-vac" and remove as much water from the car as possible. Then if possible use a dehumidifier to dry out the car. If that isn't possible running the air conditioner will also help dry out the car. In severe cases it may be necessary to remove the carpet, dry the interior and replace the carpet padding. If the car is allowed to remain damp inside it will start to grow mold and mildew.

I let a neighbor use my car (new Buick) and I don't think he was used to the push button start and left the car running for about half a day. The car has only 5,000 miles on it and hasn't even had the oil changed yet. Do you think it could have done any damage?

Today's cars run so efficiently that the chances of oil contamination and overheating and consequential engine damage are very low. Although if this was my car, I would check all the vital fluids and get the oil changed now. Once the oil is changed I wouldn't give the issue a second thought.

I have a greasy film building up on the inside of my car's windshield. I clean it and it comes back sometimes in a few days other times it can be a couple of weeks. What is going on?

There are two possibilities. The first is outgassing of all of the plastics, foam and vinyl that build up on the glass. If this is a new car it will eventually go away. If it is an older car I would suspect the car's heater core is starting to leak. The heater core is the small radiator that is mounted inside the car that provides heat for the cabin. The film is engine coolant building up on the windshield when you have the defroster on. Depending on the car this can be a fairly expensive repair.

My car is going to need brakes and my shop is giving me a choice of replacing the brake rotors or not. The mechanic said the rotors are in okay shape but his suggestion is to replace them. What should I do?

If the car is in overall good shape and you plan on keeping it for a long while I would replace the brake rotors. Over time brake rotors can get hot spots, be prone to warping and add to brake squeal. With new brake pads and rotors the car should continue to stop smoothly for many miles. At the same time the technician should take a close look at the brake calipers and flexible brake lines and replace anything that looks questionable.

When stepping on the brakes the car jumps forward at the same time it will also race. One time the engine noise and racing was so bad with the brake on I had trouble keeping the car from shooting out into the intersection. The other issue is the car also with no warning or lights at all just turns off while driving. I can re-start it and then it runs okay. I've had work done by three mechanics also at the Kia dealer. So far I have installed a new main relay which then caused speedometer to go crazy, new: transmission oil and filter, spark plugs, wires, air flow sensor, alternator and battery. The car still continues to do the same thing, turning off without warning, jumping forward and racing while brakes are depressed. The car is a 2009 Spectra and I use it for my driving school business.

There is no direct connection between the brake pedal and the accelerator pedal, although perhaps there is with your car. Many driving school use a "cable-brake system" when adding an instructor brake to the passenger side of the car. It is possible that the bracketry that is used to install the brake hardware is interfering with the accelerator linkage. Regarding the car just shutting off, there could be any number of issues, but one of the first places I would look is at the ignition switch. As the switch starts to wear it is possible the car is just shutting off. With the engine running, wiggle the key slightly and see if there is any change in the engine running or if any warning lights come on. If something happens, the switch is the problem.

I have a 2003 Ford Taurus with 67,000 miles on it; it runs great although it did have a new transmission put in in the last year. In last two weeks it makes a crunchy or crackly noise when I apply the brakes, not always but sometimes. I took it to a repair shop and got new brake shoe, pads and calipers. I still have the noise and returned to the shop where they rechecked everything, but the noise is still there. Anything else I should have checked? The brakes do work but I worry.

If they did thoroughly inspect the brakes and everything looks okay it is time to look for other problems. The creaking noise may be related to the installation of the transmission. When the transmission is removed and reinstalled there is quite a bit of disassembly of the sub-frame of the car. If some parts weren't properly reassembled and tightened to the specification you may be hearing these parts shifting and creaking. Have the shop focus on the suspension and sub-frame looking for signs of movement.

I have 2011 Lexus RX350 with 150,000 miles on it and it is due for a complete brake job with pads, rotors and maybe even calipers. I am looking for good quality rotors and ceramic pads, long lasting and with decent cost. There are so many options on the market and it is very confusing. Do I need to get drilled/slotted rotors? Should I buy the parts from the dealer, a parts store or Amazon? Can you recommend some options?

You certainly can't go wrong with the factory parts; after all they performed well up to this point, although they will be typically more expensive than aftermarket parts. Online is certainly a possibility but with heavy brake parts, shipping costs could offset any savings. I ordered parts online recently and when I had the car disassembled one of the parts didn't fit. The last time I was working on my own car I purchased name brand parts from a quality auto-parts store and everything is working well. Regarding upgrading to drilled/slotted brake rotors; drilled or slotted rotors in my opinion are not necessary in day to day driving. If this were a sports car and driven competitively then I would look for a slotted rotor to dissipate more heat. The other issue is some cross drilled/slotted rotors are poor quality and are more show than performance. In fact I have seen some poor quality slotted brake rotors crack after just months of use.

Got a question for the Car Doctor?

Email John Paul at jpaul@aaanortheast.com

New Vehicle Infotainment Systems Create Increased Distractions Behind the Wheel

New vehicle infotainment systems take drivers' eyes and attention off the road and hands off the wheel for potentially dangerous periods of time, according to new research from the AAA Foundation for Traffic Safety. Drivers using in-vehicle technologies like voice-based and touch screen features were visually and mentally distracted for more than 40 seconds when completing tasks like programming navigation or sending a text message. Removing eyes from the road for just two seconds doubles the risk for a crash, according to previous research. With one in three U.S. adults using infotainment systems while driving, AAA cautions that using these technologies while behind the wheel can have dangerous consequences.

AAA has conducted this new research to help automakers and system designers improve the functionality of new infotainment systems and the demand they place on drivers.

"Some in-vehicle technology can create unsafe situations for drivers on the road by increasing the time they spend with their eyes and attention off the road and hands off the wheel," said Dr. David Yang, executive director of the AAA Foundation for Traffic Safety. "When an in-vehicle technology is not properly designed, simple tasks for drivers can become complicated and require more effort from drivers to complete."

The AAA Foundation for Traffic Safety commissioned researchers from the University of Utah to examine the visual (eyes off road) and cognitive (mental) demand as well as the time it took drivers to complete a task using the infotainment systems in 30 new 2017 vehicles. Study participants were required to use voice command, touch screen and other interactive technologies to make a call, send a text message, tune the radio or program navigation, all while driving down the road.

Cont'd On Page 39

RELIGION

Houghs Neck Congregational

The Sunday morning worship service at the Houghs Neck Congregational Church, 310 Manet Ave., starts at 10 a.m.

Rev. Stephen Vandergrift will lead the service and preach the sermon. Laurel Wainwright, Liturgist, will offer the welcome and read the scripture.

Steve Reed, minister of music, will lead the choir. Jeff and Taylor Craig will serve for the diaconate. A fellowship coffee hour follows the service and is hosted by Nancy Jacobs.

Donations are being collected during this month for Hurricane Relief. In addition to monetary donations, items are sought to make hygiene kits which include hand towels, wash cloths, bar soap, toothbrushes, and nail clippers.

The Seaside Social Club will meet on Tuesday, Oct. 17 at 7 p.m. with guest speaker Lori Earl of the "This Star Won't Go Out" Foundation. The program is open to the public and there is no charge. Members will conduct a brief meeting at 6:30 p.m.

Bethany Congregational

Bethany Congregational Church, Quincy Center will have a Worship Service and Sunday School at 9:30 a.m. The Rev. Peter M. Preble will conduct the service and preach the sermon entitled "Praiseworthy Living." Fellowship will follow the worship service.

All are welcome to attend Bethany Church Worship Services and its numerous group activities. Bethany has an active Missions and Growth Committee doing various charity works.

The church office is open from 8:30 a.m. to noon-1:00 p.m. to 4:00 a.m. Visit: www.bethanycongchurch.org for updates and activities. Thanks to the Video Ministry, if you're unable to attend worship service, it is broadcast on QATV at 6 p.m. on Thursdays and 10:00 a.m. on Sundays on Channel 8.

Childcare will be available for infants and toddlers during worship service on Sundays. The church is wheelchair accessible.

International Brunch Sunday At Quincy Point Church

Worship begins at 10 a.m. at Quincy Point Congregational Church, 444 Washington St.

Rev. Stan Duncan will be preaching this week.

Following worship, all are invited to fellowship to the Social Hall for the annual International brunch. Come savor dishes from around the world. The Sunday School children will be selling desserts to help purchase honeybees for farmers in need through Heifer International. Non-perishable food items are also due back this week and will be delivered to Interfaith Social Services.

Lots of Dates to Save: "Who is my Neighbor?" Interfaith Conversation Series will take place in Wednesdays in October. The next presentation, on Oct. 18, will be given by Rabbi David Winsip from Temple Beth David of the South Shore. All are welcome, please RSVP (attendees only) to quincypointcongmissions@gmail.com.

Our Harvest Fair will be Saturday, Nov. 4th from 9 a.m. to 3 p.m. A Fall/Winter QPCC Concert Series will start on Sunday, Nov. 5th featuring an eclectic a cappella, "None of the Above."

Multifaith Conversations In Oct. At Quincy Point Cong.

The Missions and Social Justice Committee of the Quincy Point Congregational Church, United Church of Christ, is hosting a series of forums entitled, "Who is my Neighbor?"

Each session will feature a presentation by a leader from a different faith community, a time for discussion, and a time for refreshments and fellowship.

• Wednesday, Oct. 18, at 7 p.m. Rabbi David Winsip from Temple Beth David of the South Shore

• Wednesday, Oct. 25 at 7 p.m. Father Martin Dzenheleski, from Holy Trinity Parish, Quincy.

They will take place in the Social Hall of the Quincy Point Congregational Church, 444 Washington St., Quincy Point. located on the lower level. Handicap access and parking are at the Abbey Road entrance.

The event is sponsored by the South Shore Interfaith Movement, UCC Southeast Area Missions, and is funded by a grant from the Pilgrim Association of the Massachusetts Conference of the United Church of Christ. To reach the church call 617-773-6424 or email office@quincypointcong.org.

Parenting Course At Beth Shalom-Blue Hills

Congregation Beth Shalom of the Blue Hills is offering the six-week course "Parenting Through a Jewish Lens" at the synagogue in Milton on Sunday mornings, 10:15 to 11:45 a.m., starting Oct. 22.

The course will be led by Roselyn Farren from Hebrew College, and is open to parents from all backgrounds. It is co-sponsored by Hebrew College and Combined Jewish Philanthropies, and offers "Meaningful learning; Memorable conversations." There is a fee for the course, but scholarships are available, as is free on-site childcare. Said one PTJL participant, "Wonderful! This class helped me be a better parent and apply Jewish values to everyday life."

Cong. Beth Shalom of the Blue Hills is located at 18 Shoolman Way (off Lodge Street) in Milton. Free parking is available, with overflow parking on nearby Pleasant Street. (No parking on Lodge or Maitland Streets.) It is an egalitarian synagogue and welcomes interfaith families.

To register for the "Parenting Through a Jewish Lens" course, go to https://secure.hebrewcollege.edu/form/registration-parenting. For further information, please contact Rabbi Alfred Benjamin at 617-698-3394 or email: office@BethShalomBlueHills.org. For information about the synagogue's religious services, activities or Hebrew School, visit www.BethShalomBlueHills.org.

Quincy Religion Directory

SERVICES & ACTIVITIES

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 8 & 10:30am
Tuesday/Thursday 9am
Handicapped Accessible
New Members Welcome!

ST. AGATHA CHURCH MILTON-QUINCY
432 Adams Street
Milton, MA 02186 • 617-698-2439
Schedule of Masses:
Saturday: 8:00AM and 4:30PM
Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM
Weekday Masses: 7:00 & 9:00AM
Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment
Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ *Air-Conditioned*

St. John The Baptist
ROMAN CATHOLIC CHURCH
44 School St., Quincy
617-773-1021
Weekend Mass Schedule
Saturday, 4:00 PM
Sunday, 8:30 AM & 11:00 AM
Sunday night, 5:00 PM
Weekday Masses
Monday - Saturday 8:00 AM
Confessions
Wed. 8:30 – 9:00 AM
Sat. 2:30 – 3:30 PM
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
617-479-5400
Mass Schedule:
Sat. 4:00 PM / Sun. 9, 11 AM
Daily Mass:
Wednesday and Friday, 9 AM
Confessions: Saturday 3-3:30PM
Handicapped Accessible via Elevator

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4 pm (Saturday)
7:30 &10:00 am and 6:00 pm
Weekday Masses
Monday - Friday 7 am
Monday & Saturday 9 am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m. and 10:30 a.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

Holy Trinity Parish
Come and Worship!
Most Blessed Sacrament Church
1031 Sea St.
WEEKDAY MASSES
9:00AM Tuesday and Thursday
WEEKEND MASSES
4:30 PM Saturday and
8:30 AM Sunday
Our Lady of Good Counsel Church
237 Sea St.
WEEKDAY MASSES
9:00AM Monday and Wednesday
WEEKEND MASSES
6:00PM Saturday and
10:30 AM Sunday
CONFESSIONS: 3- 4PM Saturday
Rev. Martin Dzengeleski- Pastor
Phone: 617-479-9200
EMAIL: **holytrinityquincyma@gmail.com**
VISIT: **www.holytrinityquincy.com**

Congregational

HOUGH'S NECK CONGREGATIONAL CHURCH
310 Manet Avenue
617-479-8778
www.hncong.org
Sunday Worship Service at 10 a.m.
Pastor Stephen Vandergrift will lead the service and preach the sermon.
All are welcome to attend
FELLOWSHIP COFFEE HOUR FOLLOWING SERVICE

BETHANY CONGREGATIONAL CHURCH
Spear & Coddington Streets
Quincy Center, 617-479-7300
www.bethanycongchurch.org
Worship Service and Sunday School at 9:30AM
Rev. Peter M. Preble will conduct the service & preach the sermon "Praiseworthy Living"
Child Care Available For Infants And Toddlers
ALL ARE WELCOME!
Fellowship Time following Service
The church is wheelchair accessible

QUINCY POINT CONGREGATIONAL
444 Washington St. • 617-773-6424
Worship and Church School 10 am
Rev. Dr. Stan Duncan, *Interim Pastor*
Peter Johnston, *Interim Associate Pastor*
Rachel Hallenbeck, *Music Director*
email: office@quincypointcong.org

Congregational

Wollaston
Congregational Church
United Church of Christ
48 Winthrop Avenue
Quincy, Massachusetts
Worship and Sunday School at 10 a.m.
Elizabeth J. Williams Pastor
617-773-7432
www.wollastonucc.com

Unitarian Universalist

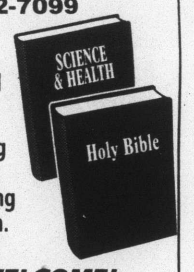
United First Parish Church
A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome.
Worship Service, Church School & Childcare: Sundays at 10:30 AM
Followed by Fellowship & Refreshments
Rev. Rebecca Froom
1306 Hancock St., Quincy
www.ufpc.org

Church of Christ

CHURCH OF CHRIST IN MILTON
330 Edge Hill Rd.,
Milton, MA 02186 • 617-274-2409
www.churchofchristinmilton.org
Maurice Davis, *Minister*
SUNDAY WORSHIP
8AM, 11AM and 6PM
Sunday Bible Study 9:45AM
Tuesday Bible Study 11:00AM
Wednesday Bible Study 7:00PM
3RD Friday – Couples 7:30PM
4TH Friday – Youth 7:30PM

Christian Science

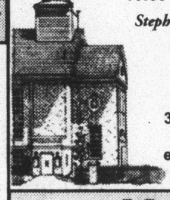
First Church of Christ, Scientist
1460 Hancock Street, Quincy
617-472-7099
Sunday Services and Sunday School 10:30 a.m.
Wednesday Evening Meetings – where testimonies of healing are shared 7:30 p.m.



ALL ARE WELCOME!

Nazarene

Wollaston
Church of the Nazarene
Come Join Us For Sunday Worship!
8:00 AM Worship Service
(Holy Communion & Liturgy)
9:00 & 11:15 AM Weekly Small Groups
10:00 AM Worship Service
Stephen "Stretch" Dean, Lead Pastor
Andrea Sawtelle, Youth Pastor
Bev Keuther, Children's Pastor
Don Reed, Visitation Pastor
37 E. Elm Ave., Wollaston
617.472.5669
email: office@wconaz.org
www.wollastonnazarene.org



Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Rebecca E. Baumann

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45AM CHRISTIAN EDUCATION
11AM WORSHIP SERVICE
BRASS BAND MUSIC
NOON THURS. WOMEN'S FELLOWSHIP
6:30PM WEDS. BIBLE STUDY

HOPE PEACE

To Advertise in this Directory, Call 617-471-3100

OBITUARIES

Lena T. Miller, 90

A funeral Mass for Lena T. (Berini) Miller, age 90, a lifelong Quincy resident, was celebrated Oct. 7 in St. Mary's Church, Quincy.

Mrs. Miller died peacefully Oct. 4 at home, surrounded by her loving family.

She was born in Quincy to the late Emilio and Theresa (Assandrini) Berini. She was raised and educated in Quincy and was a graduate of Quincy High School. She had been employed as the activities director at the former Oceanside Nursing Home in Quincy for many years.

Mrs. Miller enjoyed cooking and travelling with her late husband, Bob, but most of all, she was dedicated to her family, especially her cherished grandchildren and great grandson, supporting all of their activities and accomplishments.

Beloved wife for fifty-seven years of the late Robert E. Miller, Quincy Police Dept., Retired. Devoted mother of Barbara A. Miller of Stoughton, Robert E. Miller, Jr. and his wife Janine of Pembroke, Michael J. Miller, Captain, Quincy Police Dept. of Quincy. Loving grandmother

LENA T. MILLER

of Michael, Savanna, Ginger, Robert, and Arian, and great-grandmother of Bradley. Mother-in-law of Kathryn Fix of New York and Rene Rose Miller of Plymouth.

The last of three siblings, she was pre-deceased by Walter and Tio Berini. Sister-in-law of Lucy Berini of Quincy and also survived by several nieces and nephews.

Interment at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to VNA Hospice & Palliative Care, 199 Rosewood Drive, Suite 180, Danvers, MA 01923 or vnacare.org/donors.

William A. Cox, 93

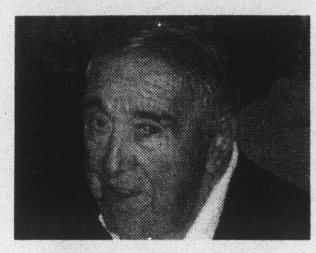
A funeral Mass for William A. "Will" Cox, age 93, of Quincy and Marco Island, Fla., was celebrated Wednesday in St. John the Baptist Church, Quincy.

Mr. Cox died Sept. 29 at Beth Israel Deaconess Hospital – Milton, surrounded by his loving family.

He was born in South Boston to the late Michael J. and Bridget (Crowe) Cox. He was raised and educated in South Boston and graduated from South Boston High School, Class of 1942. Mr. Cox attended Northeastern University in Boston. He had lived in Quincy for over sixty years and was a longtime winter resident of Marco Island, Fla.

Mr. Cox was a proud World War II veteran, having served in the United States Navy from 1942-1946 as a boatswain's mate, second class. He was stationed at the U.S. Naval Air Station in Key West and aboard the USS YF 338. He was awarded the World War II Victory Medal, America Theatre Medal, Asiatic-Pacific Theatre Medal and Good Conduct Medal.

He worked as a foreman for the United States Postal Service at the South Postal Annex in Boston as well as for the City of Boston in the Real Property Department for over forty years. Mr. Cox was a member of the Cyril P. Morrisette America Legion Post #294, the VFW Post #613 George F. Bryan, the DAV Quincy Cavanagh #79 and was a Life Member of the Knights of Columbus, North Quincy Council # 2259. He was also a member of the Whitney Athletic Club.



WILLIAM A. COX

Mr. Cox was dedicated to his family. He was also an avid golfer and especially enjoyed playing golf with his wife.

Beloved husband for seventy years of Mildred R. (Moulton) Cox of Quincy. Devoted father of Michael Cox and his wife Joanne of Centerville, William A. Cox, Jr. and his wife Jeanne of Quincy, Joseph W. Cox and his wife Karen of Quincy, Brendan P. Cox of Quincy, the late Margaret Cox, the late Neil Cox, the late Patrick Cox and the late Maureen K. Cox. Devoted father-in-law of Diane M. Cox of Carver, Kelly Cox of Quincy and the late Cherise T. Cox. Loving grandfather of seventeen grandchildren and sixteen great-grandchildren. He was also survived by many nieces and nephews.

Interment with Military Honors at Mount Wollaston Cemetery, Quincy.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the Quincy Veterans Council, c/o Quincy Veterans Services, 24 High School Ave., Quincy, MA 02169.

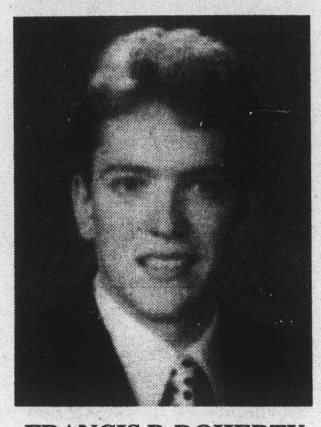
Francis P. Doherty, 50

A funeral Mass for Francis Patrick Doherty, 50, of North Quincy was celebrated Oct. 6 in Sacred Heart Church, Quincy.

Mr. Doherty died peacefully in his sleep after a valiant 31 years on kidney dialysis Sept. 30.

Born in Boston, he was the beloved son of Virginia (Kelly) and the late Bernard J. Doherty. Loving brother of Bernard F. and Robin (McManus) Doherty and their daughter Carrie of Tewksbury, William J. Esquire and Dr. Xiao Doherty and their daughter Emily of Wilbraham, and Elizabeth and James Sayers and their daughter Brianna of Marshfield, and the late Thomas J. Doherty. Also survived by many cousins and friends.

Mr. Doherty was a graduate of Sacred Heart School, Quincy Vo-Technical High School, and University of Lowell with a Bachelor of Science degree in Electrical Engineering. He worked



FRANCIS P. DOHERTY

in the private sector before joining the City of Quincy Traffic Department. He was the junior traffic engineer. He was a former member of St. Ann's Band in Dorchester.

Interment at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

Wayne E. Mirick

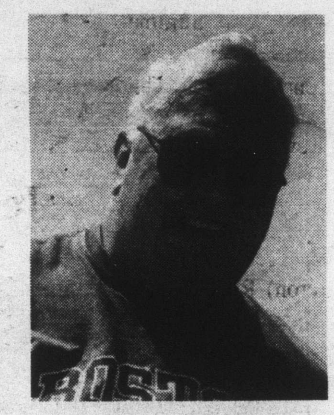
Memorial visitation for Wayne E. Mirick of Weymouth was held Oct. 7 in McDonald Keohane Funeral Home, South Weymouth.

Mr. Mirick died Oct. 2.

Retired supervisor of attendance for 35 years for Quincy Public Schools.

Mr. Mirick was a wonderful and devoted family man, especially to the care of his wife Maryrose throughout her illness. He was heartbroken when she passed away last year. His personality was large and his ability to make people laugh will be fondly remembered by all who were fortunate to know him. His selflessness continued even in death as he chose to be an organ donor with hopes of bettering the lives of others.

Beloved husband of the late Maryrose (Sullivan) Mirick. Devoted father of Andrea Rose Mirick and Jacquelyn Patricia (Mirick) Neary and her wife Kathryn, all of Weymouth. Cherished Papa of Juliahna Pruitt.



WAYNE E. MIRICK

Loving brother of Laurence Mirick of Braintree and Kenneth Mirick of VA. Predeceased by his parents Laurence and Virginia Mirick, his brother Glen Mirick and cousin/honorary sister Marian Ciccarella. Also survived by large extended family and friends.

In lieu of flowers, the family is accepting donations to further the education of Mr. Mirick's granddaughter Juliahna. Donations can be forwarded to Andrea Mirick, 127 Puritan Rd., Weymouth, MA 02189.

Honor Your Loved One's Memory With Flowers

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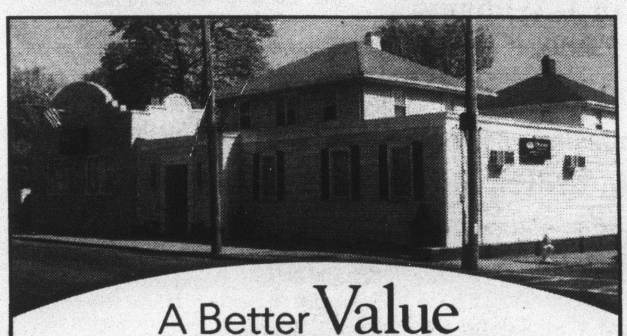

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*$5,995 plan includes basic services of funeral director and staff, embalming and preparation, viewing, funeral ceremony, transportation to place of disposition, 20-gauge metal casket, outside burial container, and memorial stationary package (a register book, 100 thank you cards, 100 prayer cards).

A Service Family Affiliate of AFFS and Service Corporation International, 206 Winter Street, Fall River, MA 02720. (508) 676-2454.

More obituaries are online at: thequincysun.com

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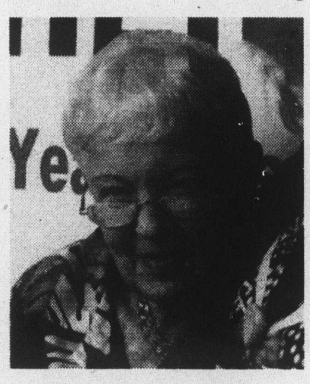
Jean L. Doherty

A funeral Mass for Jean L. Doherty of Quincy was celebrated Wednesday in Sacred Heart Church, Quincy.

Ms. Doherty died Oct. 3.

She worked for Altra Industrial Motion, parent company of Boston Gear, for 57 years, before retiring in 2014. Ms. Doherty was a member of the Boston Gear Retiree Committee and a past bowler with the Boston Gear women's league. She adored animals, especially dogs and the love of her life, her boxer McGraw.



JEAN L. DOHERTY

Ms. Doherty was a big country music fan and traveled to many concerts to see her favorite artists. She also enjoyed women's college basketball, women's softball and golf and attending North Quincy High men's and women's basketball games. She was known for her Christmas card letters, which would be sent out each year telling of the year's events in her life. Ms. Doherty was a firecracker, who was strong-willed and always independent. She was outgoing and a friend to all, and will be greatly missed.

Daughter of the late Gertrude (Evans) Doherty. Special friend of Marilyn and Patrick Croall of Quincy. Also survived by her beloved dog McGraw.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

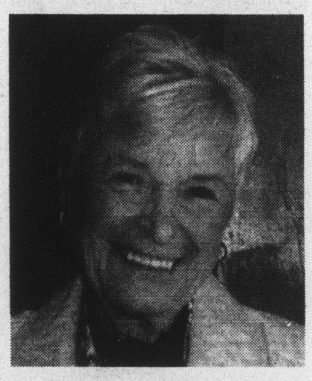
Memorial donations may be made to MSPCA, Attn: Donation, 350 S. Huntington Ave., Jamaica Plain, MA 02130.

Claire M. Summers

A funeral Mass for Claire M. (Carroll) Summers of Quincy, formerly of Canton, was celebrated Tuesday in St. Clare's Church, Braintree.

Mrs. Summers died Oct. 6.

Beloved wife of the late John V. Summers. Loving mother of Lynn Summers of Ventura, CA, Stephen Summers and his partner Glen Gonzalez of Houston, TX, John Summers and his wife Rosetta of Braintree, and the late Scott Summers. Grandmother to Alessandra, Michael, Juliana, Thomas, John, and Gigi. Also survived by several nieces, nephews, and cousins.



CLAIRE M. SUMMERS

Mrs. Summers worked at Carney Hospital for 20 years, starting as a volunteer, eventually becoming the manager of the Emergency Department. She also worked as the office manager for Dr. Arthur Bregoli in Braintree for over 20 years. Mrs. Summers also enjoyed spending time with her friends at Marina Bay. She will be greatly missed by all who knew her.

Interment at St. Mary's Cemetery, Randolph.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to American Brain Tumor Association, 8550 W. Bryn Mawr Ave. Ste 550, Chicago, IL 60631.

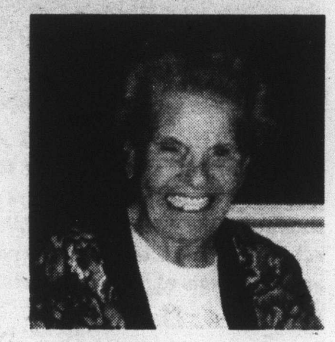
Jessie Robertson, 99

A funeral for Jessie (Cameron) Robertson, 99, a longtime Quincy resident, will be held at 10 a.m. Saturday in the Quincy Point Congregational Church.

Mrs. Robertson died peacefully on the morning of Oct. 8, surrounded by the love, comfort and care of her family following a brief illness.

She was the devoted wife of the late John Robertson, Jr. who died in 1983.

Born in Glasgow, Scotland, she and her family immigrated to the U.S. aboard the m/v Levjathon when she was 4 years old, landing on Ellis Island. The family quickly settled in Quincy where Mrs. Robertson soon began her near-lifelong affiliation with the Town River Yacht Club where she and her late husband maintained the books and ledgers on the sailing program for many years.



JESSIE ROBERTSON

Mrs. Robertson was a 1936 graduate of Quincy High School and furthered her education with a secretarial degree from the former Burnette Secretarial School two years later. For many years she had been an active member of Quincy Point Congregational Church, where she indulged her love of music by singing in the church choir for more than 65 years.

Beloved mother of John Robertson III and his wife Eileen of Sagamore Beach, Alexander C. Robertson and his wife Karen of Quincy, Elizabeth Robertson of Quincy and William D. Robertson and his wife Antoinette of Sandwich. Cherished Nana to 13 grandchildren and 18 great-grandchildren.

Visiting hours respectfully omitted. Funeral arrangements by Hamel Funeral Care & Cremation Service of Massachusetts, 26 Adams St., Quincy.

Interment private.

Memorial donations may be made to the March of Dimes online at marchofdimes.org or by mail at March of Dimes, PO Box 673667, Marietta, GA 30006.

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Elizabeth A. Alvarado, 79

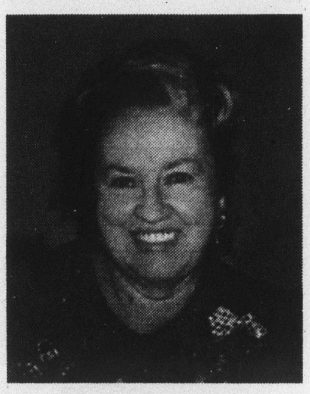
A funeral Mass for Elizabeth A. "Betty" (Harding) Alvarado, age 79, a lifelong Quincy resident, will be celebrated at 10 a.m. Thursday in St. John the Baptist Church, Quincy.

Mrs. Alvarado died Oct. 6 at home.

She was born in Quincy to the late Stanley L. and Gertrude C. (Rhenbeck) Harding, Sr. She was raised in Brewer's Corner and was a graduate of Quincy High School and later earned an associate degree from Quincy College.

Mrs. Alvarado was employed as a social worker for the Commonwealth of Massachusetts in the Quincy Department of Transitional Assistance for twenty-six years and served as union steward.

Mrs. Alvarado was a caring person; she volunteered as a foster mother for several years and was well known for helping others. She was talented in crocheting and truly loved making blankets for family and friends. Mrs. Alvarado was a longtime member and past president of the Quincy Emblem Club.



ELIZABETH A. "BETTY" ALVARADO

She was an avid dart player and belonged to many local dart teams. She enjoyed taking trips to various casinos. Most of all, she was dedicated to her family and especially to her grandchildren and great grandchildren, actively supporting all their activities and accomplishments.

Beloved wife for thirty-four years of the late Jose Antonio "Toni" Alvarado. Devoted mother of Mark T. Eisenhauer of Deming, NM, Milton James Eisenhauer, Jr. of Cocoa Beach, FL, David B. and Robert B. Eisenhauer, both of Quincy, Bettyanne M. Sylvia and her husband Charles of Port Orange, FL, Phillip F. Fisher, Jr. and his husband Jerry of El Paso, TX, Virginia A. "Ginny" Gilmartin and her husband Sean of Hanover, Juanita A. Alvarado and her husband Jonathan F. Ford of Manchester, NH. Loving grandmother of Katie, Diane, Melissa, Ryan, Richie, Sean, Mary, and Jonathan. Cherished great-grandmother of Davey, Xavier, Kareem, and Elanya. Mrs. Alvarado was the last of nine siblings and was special aunt of Barbara, Joanne, Stanley, and many other nieces and nephews.

Visiting hours were 4 to 8 p.m. Wednesday in the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy. Funeral from the funeral home at 9 a.m. Thursday, prior to the Mass.

Interment private.

Memorial donations may be made to the charity of your choice.

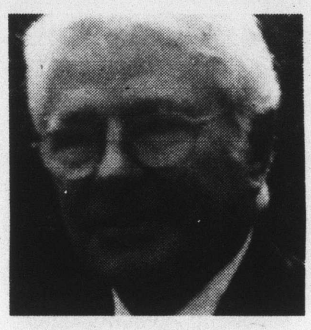
Peter F. Barbuto

A funeral Mass for Peter F. Barbuto, of Florida, Quincy, and Dorchester, will be celebrated at 10 a.m. Saturday in St. Margaret Church of St. Teresa of Calcutta Parish, Dorchester.

Mr. Barbuto died October 7.

Beloved husband of Harriet (Faber) Barbuto of Florida, and the late Josephine (Galloway) Barbuto and Claire (Famulari) Barbuto.

Loving father of Stephen P. and his wife Eileen Barbuto of Bridgewater, Anne M. and her husband Robert Lavoie of Pembroke, Peter F. Jr. and his wife Kathleen Barbuto of Dorchester, Angela T. and her husband Vincent Flaherty of Pembroke, Michael J. and his wife Debbie Barbuto of Braintree, Mark S. Barbuto of Lynn, and the late James S. Barbuto. Brother of the late James P. Kyne. Survived by 16 grandchildren, 18 great-grandchildren, with number 19 expected, and 2 nephews.



PETER F. BARBUTO

Mr. Barbuto was an avid golfer and former general manager for Blue Hill Country Club in Canton, Spring Valley Country Club in Sharon, Woodlands Country Club in Tamarac, Fla., and Bocaire Country Club in Boca Raton, Fla.

Interment will be private.

Funeral arrangements by the James A. Murphy & Son Funeral Home, Dorchester.

Memorial donations may be made to the Hancock Park Rehabilitation & Nursing Center Activities Fund, 164 Parkingway, Quincy, MA 02169.

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for furnishing and delivering to the City of Quincy:

SEWER, WATER DRAIN **OCTOBER 26, 2017 @ 11:00 A.M.**

EMERGENCY REPAIR SERVICES
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Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM

All questions regarding this bid should be directed to Kathryn R. Hobin, Purchasing Agent through fax: 617-376-1074 and email: purchasing@quincyma.gov. Questions will be accepted until October 20, 2017 at 4:00 p.m.

Bids must state exceptions, if any, the delivery date and any allowable discounts. Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked **"BID ENCLOSED"** with time/date of bid call.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informalities in the bidding if it is in the best interest of the City to do so.

Thomas P. Koch, MAYOR
Kathryn R. Hobin, PURCHASING AGENT

10/12/17

425 Cruise To Boston Harbor Island State, National Park

Save The Harbor/ Save The Bay

MORE THAN 425 people recently joined Save the Harbor/Save the Bay for a free cruise to discover the Treasures of Spectacle Island, the first of two free cruises to the Boston Harbor Islands State and National Park that they have planned for the fall. The organization will host another free cruise this Saturday, Oct. 14.

Photos Courtesy Save The Harbor/Save the Bay

More than 425 people recently joined Save the Harbor/Save the Bay for a free cruise to discover the Treasures of Spectacle Island, the first of two free cruises to the Boston Harbor Islands State and National Park that they have planned for the fall.

Another free cruise is set for Saturday, Oct. 14

Among the passengers aboard Bay State Cruise Company's flagship Provincetown II were the Doyle family from Quincy, who sang sea chanteys and shared pirate jokes with singing pirate Chris Mancini, who appeared in the film "Pirates of the Caribbean" and is now vice president of Operation and Programs at Save the Harbor/Save the Bay.

"Argh" said Mancini as the boat emerged from the dense morning fog. "Its great to share the harbor we worked so hard to save with so many young people and their families. Now, what's a pirates favorite letter? You might think its "R" for "Argh" but actually it is "C" for "Sea."

On the island, kids and families from across the city and around the region learned a bit about Spectacle Island's storied past and discovered sea glass and artifacts on Treasure Beach, hiked the North Drumlin for views of the city and the Harbor, and fished with Save the Harbor/Save the Bay's Youth Environmental Education Program Staff.

Save the Harbor/Save the Bay will host their final fall cruise to George's Island on Oct. 14th, and they want you to know that there is always room for you on their boat. You can learn more and RSVP at Save the Harbor/Save the Bay's blog at http://blog.savetheharbor.org/2017/09/join-us-for-free-cruise-to-georges.html

Save the Harbor's free youth environmental education and family programs are made possible with Leadership Grants from Bay State Cruise Company, Blue Cross Blue Shield of Massachusetts, The Boston Foundation, The Coca-Cola Foundation, Distrigas/ENGIE.

Save the Harbor is grateful for Partnership Grants from Forrest Berkley & Marcie Tyre Berkley, Comcast, Eastern Salt Company, Inc., Fan Pier - The Fallon Company, John Hancock Financial Services, The Llewellyn Foundation, Massachusetts Bay Lines, Massachusetts Environmental Trust, Massachusetts Port Authority, National Grid Foundation, Nicholson Foundation, Lawrence J. and Anne Rubenstein Charitable Foundation, William E. & Bertha E. Schrafft Charitable Trust, Clinton H. & Wilma T. Shattuck Charitable Trust, Vertex, Yawkey Foundation.

Save the Harbor also appreciates funding support from Arbella Insurance Foundation, Blue Hills Bank Foundation, Blue Hills Bank Pavilion, Boston Properties - Atlantic Wharf, Boston Properties – 200 Clarendon, Camp Harbor View Foundation, Clipper Ship Foundation, Cronin Group, LLC, The Daily Catch Seaport, Davis Family Foundation, Elizabeth Elser Doolittle Charitable Trust, Alice Willard Dorr Foundation, Emera Inc., Enbridge, The HYM Investment Group, LLC, Lovett-Woodsum Foundation, Massachusetts Convention Center Authority, Massachusetts Water Resources Authority, P&G Gillette, RMR Real Estate Services, Skanska, South Boston Community Development Foundation, Tishman Speyer.

Save the Harbor would also like to thank our supporters 3A Marine Service, Andus Baker & Rowan Murphy Family Fund, The Bay State Federal Savings Charitable Foundation, Beacon Capital Partners, LLC, Boston Bruins Foundation, Andrew J. Calamare & Marianne Connolly, Circle Furniture, Kevin & Dee Colcord, Diversified Automotive, Tom & Lucinda Foley, Fort Point Framers, Goulston & Storrs, Legal Sea Foods, George Lewis - Haven Trust, Liberty Bay Credit Union, Mass Bay Credit Union, Massachusetts Marine Educational Trust, National Park Service, Randy Peeler & Kate Kellogg, Red Sox Foundation, Storm Duds, Matthew J. & Gilda F. Strazzula Foundation, TD Charitable Foundation, UDR, Kyle & Sara Warwick.

Special thanks to the hundreds of individual donors and to our partners at the Department of Conservation and Recreation, the Metropolitan Beaches Commission, the Boston Centers for Youth and Families and the YMCA of Greater Boston for their support.

Save the Harbor/Save the Bay is a non-profit public-interest environmental advocacy organization for Boston Harbor, whose mission is to restore and protect Boston Harbor, the Boston Harbor Islands, our region's beaches and the marine environment and share them with the public for everyone to enjoy.

For more information about Save the Harbor/Save the Bay, visit their website at www.savetheharbor.org, their blog Sea, Sand & Sky at www.blog.savetheharbor.org or follow savetheharbor on Facebook and Twitter.

AMONG THE PASSENGERS aboard Bay State Cruise Company's flagship Provincetown II were the Doyle family from Quincy, who sang sea chanteys and shared pirate jokes with singing pirate Chris Mancini, who appeared in the film "Pirates of the Caribbean" and is now vice president of Operation and Programs at Save the Harbor/Save the Bay.

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-93

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, October 24, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Thoma Laci for a Variance to enclose the front porch in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered 146 CENTRE STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

10/5/17, 10/12/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-97

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, October 24, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Li June Chen for a Variance to construct a new single family home on an existing lot in violation of Title 17 as amended Chapter 4.1.1 (dimensional requirements) on the premises numbered 54-56 SPRING STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

10/5/17, 10/12/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-99

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, October 24, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Gabriel Homes Company for a Variance/Special Permit/Flood Plain to subdivide the existing lot and construct a single family home on the newly created lot in violation of Title 17 as amended Chapter 8.1.9 (flood plain special permit) and Chapter 4.0 (dimensional requirements) on the premises numbered 120 SPRING STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

10/5/17, 10/12/17

NOTICE OF PUBLIC HEARING

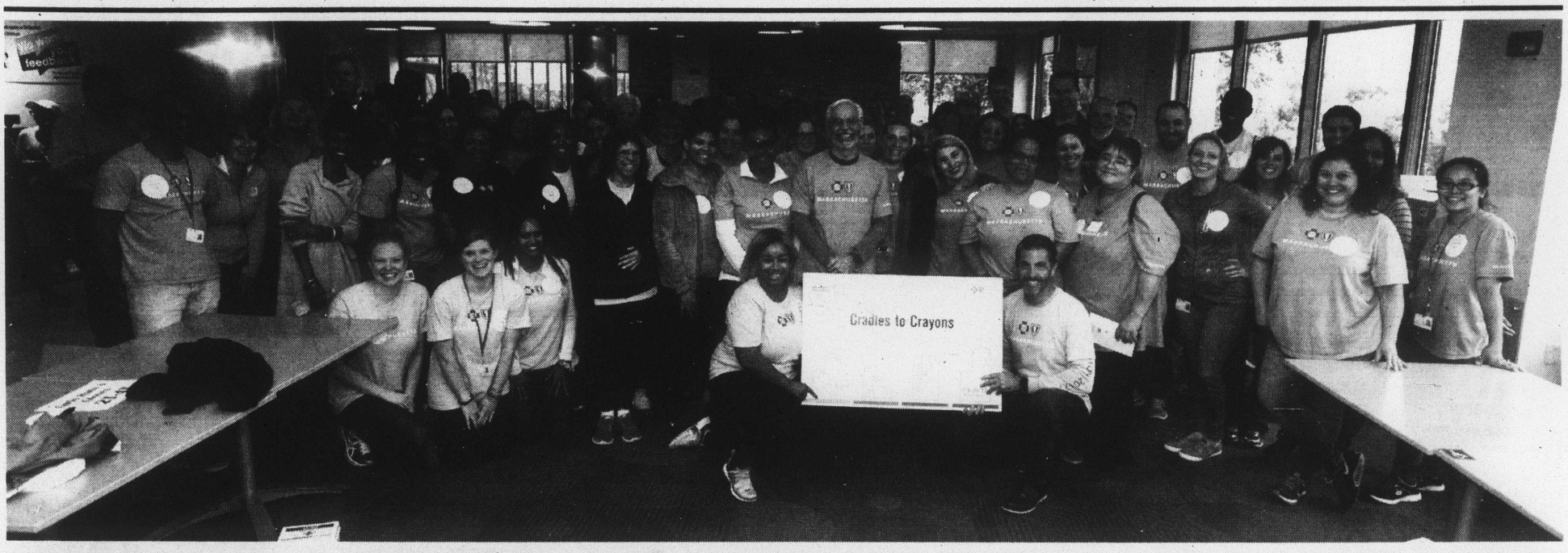
NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-98

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, October 24, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Gina & Rich Keddy for a Variance to construct dormers for additional living space on the third floor in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered 10 SHIRLEY STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

10/5/17, 10/12/17



AS PART OF Blue Cross Massachusetts' annual Service Day, volunteers at the Blue Cross Blue Shield of MA Quincy office recently spent a day helping a variety of local nonprofit organizations in need. Quincy service projects included: organizing and packaging gift baskets of fresh produce to be distributed to Ascentria Care Alliance clients across the state and packaging winter accessory kits and arts and craft bags to be distributed to local children in need via Cradles to Crayons. *Photos Courtesy Amy McHugh*

United States Postal Service
Statement of Ownership, Management, and Circulation
(All Periodicals Publications Except Requester Publications)

1. Publication Title: **The Quincy Sun**
2. Publication Number: **USPS 453060**
3. Filing Date: **October 1, 2017**
4. Issue Frequency: **Weekly**
5. Number of Issues Published Annual: **52**
6. Annual Subscription Price: **$32.00**
7. Complete Mailing Address of Known Office of Publication
(Not Printer) (Street, city, county, state and Zip)
1372 Hancock St., Quincy, Norfolk County, MA 02169-5107
Contact Person: **Donna Gray**
Telephone Number: **617-471-3100**
8. Complete Mailing Address of Headquarters or General Business Office Of Publisher
1372 Hancock St., Quincy, MA 02169-5107
9. Full Names and Complete Mailing Addresses of Publisher, Editor, and Managing Editor
Publisher (Name and complete mailing address)
Robert H. Bosworth
315 Twin Lakes Drive
Halifax, MA 02338
Editor (Name and complete mailing address)
Robert H. Bosworth
315 Twin Lakes Drive
Halifax, MA 02338
Managing Editor (name and complete mailing address)
Robert H. Bosworth
315 Twin Lakes Drive
Halifax, MA 02338

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Full Name	Complete Mailing address
The Quincy Sun Publishing Co., Inc.	**1372 Hancock St., Quincy, MA 02170**
Robert H. Bosworth	**315 Twin Lakes Dr. Halifax, MA 02338**
Marcia O'Connell	**40 Hatherly Rd., Quincy, MA 02169**
Donna Gray	**53 Archer Ave., Pembroke, MA 02359**
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Dorothy Newman	**31 Graham St., Quincy, MA 02169**

11. Known Bondholders, Mortgagees, and Other Security Holders Owning or Holding 1 Percent or More of Total Amount of Bonds, Mortgagees or Other Securities. If none, check box. None.
12. Tax Status (For completion by nonprofit organizations authorized to mail at nonprofit rates)
13. Publication Title: **The Quincy Sun**
14. Issue Date for Circulation Data Below: **9/21/2017**
15. **Extent and Nature of Circulation**

Average No. Copies Each Issue During Preceding 12 Months	
a. Total Number of Copies (Net press run):	**6,700**
b. Paid Circulation (By Mail and Outside the Mail)	
(1) Mailed Outside-County Paid Subscriptions Stated on PS Form 3541 (include paid distribution above nominal rate, advertiser's proof copies, and exchange copies):	**573**
(2) Mailed In-County Paid Subscriptions Stated on PS Form 3541 (include paid distribution above nominal rate, advertiser's proof copies, and exchange copies):	**2928**
(3) Paid Distribution Outside the Mails including Sales through Dealers and Carriers, Street Vendors, Counter Sales, and Other Paid Distribution Outside USPS:	**1965**
(4) Paid Distribution by other Classes of Mail Through the USPS (e.g. First-Class Mail):	**2**
c. Total Paid Distribution (Sum of 15b (1), (2), (3), and (4) -	**5468**
d. Free or Nominal Rate Distribution (By Mail and Outside the Mail)	
(1) Free or Nominal Rate Outside-County Copies included on PS Form 3541:	**0**
(2) Free or Nominal Rate In-County Copies Included on PS Form 3541:	**22**
(3) Free or Nominal Rate Copies Mailed at Other Classes Through the USPS (e.g. First-Class Mail):	**2**
(4) Free or Nominal Rate Distribution Outside the Mail (Carriers of other means):	**300**
e. Total Free or Nominal Rate Distribution (Sum of 15b (1), (2), (3), and (4):	**324**
f. Total Distribution (Sum of 15c and 15e:	**5792**
g. Copies not Distributed:	**908**
h. total (sum of 15f and g):	**6700**
i. Percent Paid (15c divided by 15f times 100):	**95.0%**

13. Publication Title: **The Quincy Sun**
14. Issue Date for Circulation Data Below: **9/21/2017**
15. **Extent and Nature of Circulation**

No. Copies of Single Issue Published Nearest to Filing Date	
a. Total Number of Copies (Net press run):	**6700**
b. Paid Circulation (By Mail and Outside the Mail)	
(1) Mailed Outside-County Paid Subscriptions Stated on PS Form 3541 (include paid distribution above nominal rate, advertiser's proof copies, and exchange copies):	**553**
(2) Mailed In-County Paid Subscriptions Stated on PS Form 3541 (include paid distribution above nominal rate, advertiser's proof copies, and exchange copies):	**2919**
(3) Paid Distribution Outside the Mails including Sales through Dealers and Carriers, Street Vendors, Counter Sales, and Other Paid Distribution Outside USPS:	**1936**
(4) Paid Distribution by other Classes of Mail Through the USPS (e.g. First-Class Mail):	**4**
c. Total Paid Distribution (Sum of 15b (1), (2), (3), and (4) -	**5412**
d. Free or Nominal Rate Distribution (By Mail and Outside the Mail)	
(1) Free or Nominal Rate Outside-County Copies included on PS Form 3541:	**0**
(2) Free or Nominal Rate In-County Copies Included on PS Form 3541:	**0**
(3) Free or Nominal Rate Copies Mailed at Other Classes Through the USPS (e.g. First-Class Mail):	**0**
(4) Free or Nominal Rate Distribution Outside the Mail (Carriers of other means):	**300**
e. Total Free or Nominal Rate Distribution (Sum of 15b (1), (2), (3), and (4):	**300**
f. Total Distribution (Sum of 15c and 15e:	**5712**
g. Copies not Distributed:	**988**
h. total (sum of 15f and g):	**6700**
i. Percent Paid (15c divided by 15f times 100):	**95.0%**

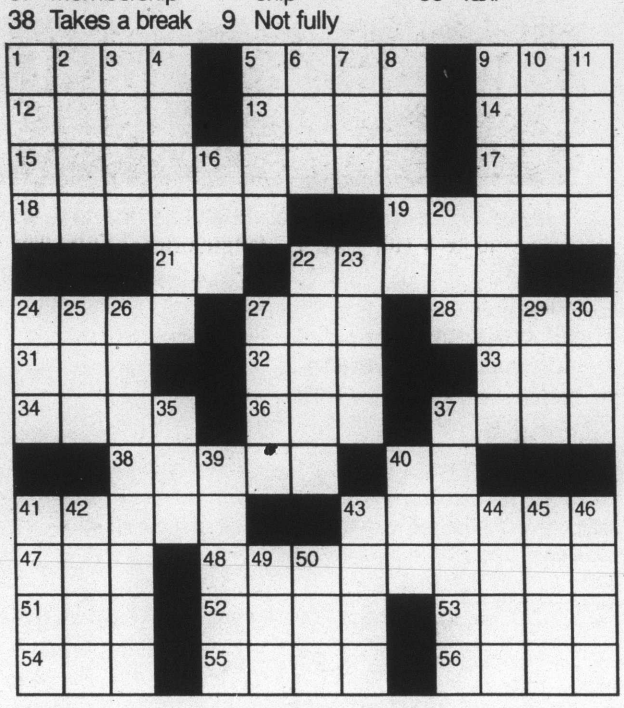
17. Publication of Statement of Ownership
X. If the publication is a general publication, publication of this statement is required. Will be printed in the 10/12/17 issue of this publication.
18. Signature and Title of Editor, Publisher, Business Manager, or Owner.
Date: **9/28/2017**
I certify that all information furnished on this form is true and complete. I understand that anyone who furnishes false or misleading information on this form or how omits material or information requested on the form may be subject to criminal sanctions (including fines and imprisonment) and/or civil sanctions (including civil penalties).
Robert H. Bosworth
Publisher
10/12/17

SUN FUN PAGE

King Crossword

ACROSS
1 Stroller
5 Goya subject
9 Playwright Levin
12 Emanation
13 Press agent?
14 Affirmative action?
15 Stormy, as weather
17 IRS employee
18 Dwell
19 Bygone anesthetic
21 "Monopoly" corner
22 "Car Talk" medium
24 Clone
27 Solidify
28 Coconut provider
31 Many millennia
32 Lubricate
33 Afternoon social
34 Ness or Lomond
36 Whatever number
37 Membership
38 Takes a break
40 Roker or Yankovic
41 Brother of Curly
43 Public celebration
47 Extinct kin of the kiwi
48 April payment
51 Boom times
52 Twice-monthly tide
53 String instrument
54 "Holy cow!"
55 Recedes
56 Gaelic

DOWN
1 Twosome
2 Mysterious character
3 Curved paths
4 Speak evil of
5 Marceau's specialty
6 Exist
7 Stewart of Comedy Central
8 Chipped in a chip
9 Not fully developed
10 Lasso
11 Hebrew month
16 Tokyo's old name
20 Gratuity
22 Jockey's handful
23 Partner
24 Aviv preceder
25 Court
26 Grow
27 Capricorn
29 Meadow
30 Wrestling surface
35 Height of fashion?
37 Record holder
39 Backbone
40 Intent
41 Self-satisfied
42 Crosby pal
43 Dandies
44 Use a teaspoon
45 New Mexico art colony
46 Wheelbase terminus
49 Kan. neighbor
50 Taxi



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MAGIC MAZE ● U.S. FOREFATHERS

K R O L J G D A X V S P N K K
I F C A X H V T S J Q O Y C L
J H E C A O T X E V Y R O T R
P N L J H O N F F D E C B Y R
X V T R C P F I N L N S P O E
S M K L I E G O L A K M E L N
D M O B R R S E H K C A D Z S
X W A S H I N G T O N D Y W I
U T O D D R A W R Q I A E O W
N N L A A J I G F B P S R D C
A Y M X W J V T S R P O N F L

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Biddle	Hooper	Madison	Washington
Dyer	J. Adams	Pinckney	Wisner
Ellery	Jefferson	S. Adams	Wolcott
Franklin	Low	Ward	

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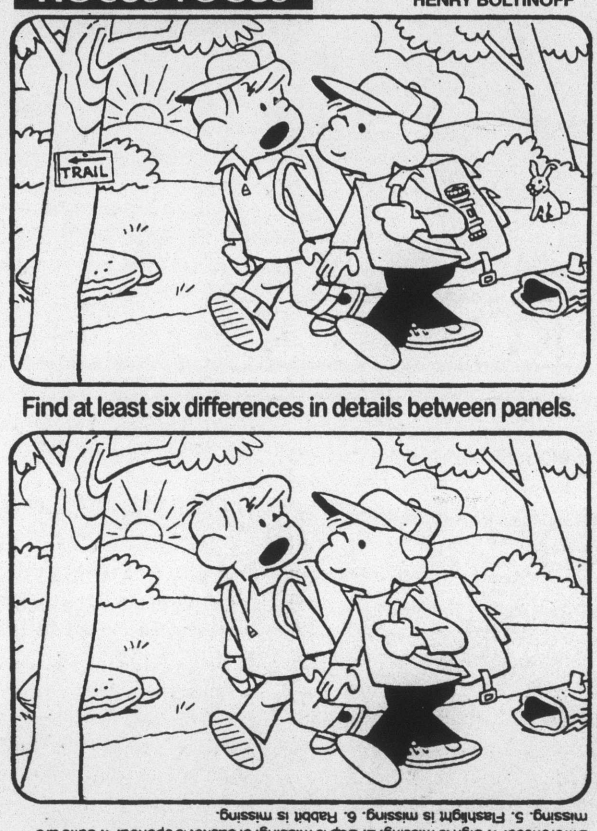
HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Sign is missing. 2. Cap is missing. 3. Jacket is opened. 4. Cuffs are missing. 5. Flashlight is missing. 6. Rabbit is missing.

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Trivia test by Fifi Rodriguez

1. MYTHOLOGY: The Roman god Cupid was known by what name in Greek mythology?
2. GEOGRAPHY: Mount Fuji is found on which island in Japan?
3. BIBLE: The proverb "the writing is on the wall" can be found in what book of the Bible?
4. LITERATURE: Who wrote the novel "Fifteen"?
5. ASTRONOMY: What is a parsec?
6. BIRTHSTONES: What is the official birthstone for those born in June?
7. U.S. EXPLORERS: What U.S. flying pioneer was nicknamed "The Lone Eagle"?
8. MONEY: Prior to the euro, what was the common currency of Greece?
9. FOOD & DRINK: What kind of tree produces bay leaves, which are used in cooking?
10. MUSIC: How many strings do most violins have?

Answers

1. Eros
2. Honshu
3. Book of Daniel, Chapter 5
4. Beverly Cleary
5. A parsec is a unit of length, approximately equal to 3.26 light years
6. Pearl
7. Charles Lindbergh
8. Drachma
9. The bay laurel tree
10. Four

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Wishing Well®

6	3	5	7	5	3	2	3	2	8	3	7	4
F	S	C	A	O	T	H	U	I	Y	D	S	L
7	2	4	7	3	2	4	7	3	2	6	5	7
S	G	O	I	Y	H	V	S	F	E	R	N	T
5	8	5	2	5	6	2	5	3	4	3	8	7
S	O	I	S	D	E	T	E	O	I	R	U	L
8	5	3	7	5	8	6	2	4	2	7	6	3
F	R	P	O	A	O	S	E	N	S	V	H	R
5	8	4	7	5	2	6	2	5	7	6	5	6
C	R	G	E	H	T	C	E	A	D	H	N	O
2	3	5	7	6	7	3	8	6	3	6	4	3
E	O	G	O	I	N	M	M	C	O	E	J	T
2	5	8	3	6	3	7	8	3	8	4	8	4
M	E	B	I	S	O	E	O	N	N	O	D	Y

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) You're eager to Ram headfirst into that new project. But before you do, find out why some of your colleagues might not appear to be as gung-ho about it as you are.

TAURUS (April 20 to May 20) All that dedicated hard work you've been putting in pays off better than you expected. So go ahead, reward yourself with something befitting a beauty-loving Bovine.

GEMINI (May 21 to June 20) It's a good time to take on that new challenge. And if your self-confidence is sagging, instead of telling yourself why you can't do it, list all the reasons why you can.

CANCER (June 21 to July 22) This is one time when you might want to put some distance between you and the job at hand. It will give you a better perspective on what you've done and still need to do.

LEO (July 23 to August 22) Resist that occasional lapse into Leonine laziness that sometimes overtakes the Big Cat. Don't cut corners. Do the job right at this time, or you might have to redo it later.

VIRGO (August 23 to September 22) You know how you like to do things. And that's fine. But watch that you don't impose your methods on others. A current financial crunch soon eases.

LIBRA (September 23 to October 22) Someone might try to take advantage of your generosity. But before your sensitivity toward others overwhelms your good sense, check his or her story out carefully.

SCORPIO (October 23 to November 21) Your strong Scorpian sense of fairness lets you see all sides of a dispute. Continue to remain impartial as you help each person work through his or her particular grievance.

SAGITTARIUS (November 22 to December 21) Trust your keen Sagittarian insight to help you see through an offer that might not be all it claims. A closer look could reveal disturbing elements.

CAPRICORN (December 22 to January 19) With the Goat exhibiting a more dominant aspect these days, you could find it easier to make your case in front of even the most skeptical audience.

AQUARIUS (January 20 to February 18) Take things nice and easy as you continue to build up your energy reserves for a big change that's coming with the full Hunter's Moon on Oct. 29.

PISCES (February 19 to March 20) Recent news from someone you trust could help you make an important decision. Also, be prepared to confront an upcoming change in a personal situation.

BORN THIS WEEK: You can be firm in your own views, but also flexible enough to welcome the views of others.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: **T** equals **R**

PN B SFWLKR FN FTR-NPKKRZ XJBNQX SFMURTORZ, ZF CFW XWLLFXR CFW'Z JBUR B YRRQPMO FN QJR YPMRX?

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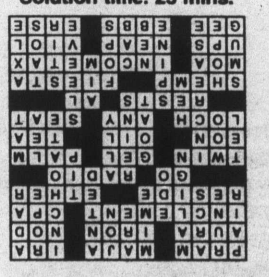
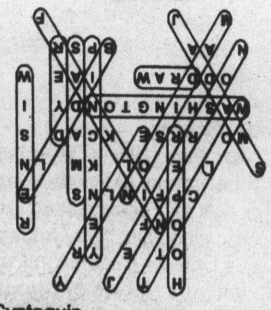
— King Crossword —
Answers
Solution time: 25 mins.



Magic Maze
ANSWERS:



Cyptoquip ANSWER:
If a couple of one-filled starts converged, do you suppose you'd have a meeting of the minds?

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- Matt Damon has two big films coming out: "Downsizing," directed by Alexander Payne, co-starring two-time Oscar-winner Christoph Waltz and Kristen Wiig (due Oct. 27); and "Suburbicon," directed by George Clooney and co-starring Oscar-winner Julianne Moore (out Dec. 22). Now he'll produce and star in "Charlatan" (based on Pope Brocks' 2008 best-seller), in which Damon plays real-life doctor John R. Brinkley, who was accused in 1918 of causing several deaths because of his botched procedures used to cure impotency.

***

"Dancing with the Stars" should be called just "Dancing," or maybe "Dancing with the Pros." This season even the professional dancers are more famous than the so-called stars. I recognized "98 Degrees" Nick Lachey from his crazy marriage to Jessica Simpson, but could barely recognize his wife, Vanessa (Minnillo) Lachey, from "Entertainment Tonight" reporting and the short-lived Fox series "Dads." Also, singer Debbie Gibson was an '80s pop star, and Frankie Nunez of "Malcolm in the Middle" (2000-06) faded some time ago. Most viewers enjoy watching the dancing and the process of getting there, so either get real stars or stop calling it "Dancing with the STARS"!

***

Who'd have thought a guy sitting behind a desk, ranting about current events for 30 minutes, once a week, could beat Colbert, Corden, Kimmel and Samantha Bee as Best Talk Show Host this year. John Oliver won three Emmys for writing "The Daily Show"; one in 2015 for his HBO show "Last Week with John Oliver"; two in 2016 and the three this year (the other two for writing for variety talk and outstanding interactive program). So much for the 90-minute, five times a week talk format.

Meanwhile, Benedict Cumberbatch, who lost "his" Oscar (for "The Imitation Game") to Eddie Redmayne ("The Theory of Everything"), has won only one Emmy (in 2014) from five nominations, including this year for playing Sherlock Holmes.

***

Hedy Lamarr -- the hot screen siren in classic films such as 1933's "Ecstasy" (also the name of her best-selling book), "Algiers" (1938) with Charles Boyer, "Ziegfeld Girl" (1941) with Lana Turner and Judy Garland, and Cecil B. DeMille's epic "Samson and Delilah" (1949) with Victor Mature -- was more than just another sex symbol. Diane Kruger will play Lamarr in a miniseries about her inventions (especially a frequency-hopping radio signal) that led to the creation of Bluetooth and Wi-Fi, which she wasn't recognized for until long after her death. She's probably better known for when Harvey Korman, playing Hedley Lamarr, in Mel Brooks "Blazing Saddles" (1974), constantly said, "Hedley Lamarr, not Hedy Lamarr!" Had she lived, she would have been in sheer "Ecstasy," as we are with the Bluetooth and Wi-Fi she gave us!

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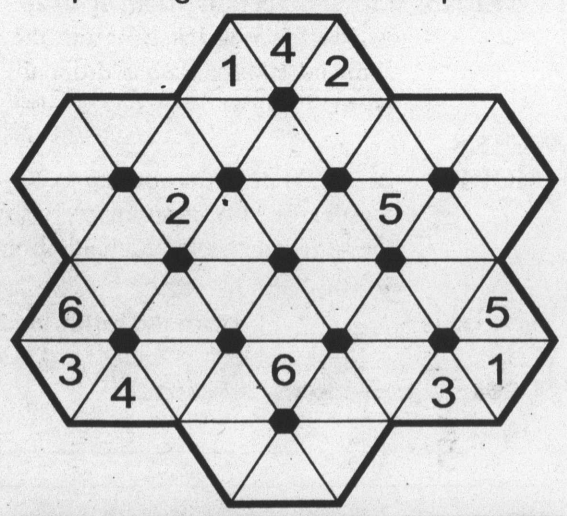
SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★★

★ Moderate ★★ Difficult

★★★ GO FIGURE!

	+		÷		2
÷		+		−	
	−		+		9
+		÷		×	
	+		−		3
8		2		6	

1 3 4 5 6 7 7 8 9

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KOVELS Antiques & Collecting

By Terry and Kim Kovel

Cricket Tables Never Wobbled --- "For sale, typical English cricket table," said the auction ad. But what is a cricket table? Is it used for sports like the English game of cricket? Does it have anything to do with the insect? No. The cricket table was first named and used during the 16th century. The French word "criquet" refers to its stick legs. And the table has three legs so it can be used where the floor is uneven.

Remember your geometry -- three points determine a plane, so all three legs of any length will touch the floor at the same time, while a four-legged table might wobble. Most antique cricket tables have triangular or round tops. Some have shelves halfway down the legs. It was a country furniture idea, and tables can be found that are made of sycamore, ash, oak, elm, cherry or walnut woods. A few have three drop leaves.

In 2016, Thomaston Auctions sold an elaborate oak cricket table with sausage-turned legs and a T-stretcher for $1,170.

***

Q: I have a Hummel boy doll but can't find one that looks like it online. It's 11 1/2 inches high and made of rubber with painted eyes and molded hair. His head, arms and legs are in very good condition. There is a mark on the back with a bee inside a V. Can you tell me anything about its age and value?

A: Your doll is from the 1700 Series, which was made from 1953 until about 1959. He is called Peterle and is marked with the "full bee" trademark used by the W. Goebel Porcelain Co. of Germany from 1950 until 1959. The dolls were sold dressed in cloth outfits, some with small accessories like a goose, stein or travel pack. It appears your doll's clothing is a combination of pieces from other Hummel dolls and doesn't have any accessories. Dolls like yours sell for $25 to $50.

***

Q: How much is the book "My Turn at Bat, The Story of My Life" by Ted Williams as told to John Underwood worth? I have a copy autographed by Ted Williams.

A: This book was first published in 1969, when Ted Williams was manager of the Washington Senators. It recently has been republished with new pictures. A copy of the 1969 edition autographed by Ted Williams sold at auction this year for $132.

***

TIP: Leather that crumbles to red powder has "red rot." It is caused by absorption of sulfur dioxide and cannot be stopped.

Sign up for our free weekly email, "Kovels Komments." Terry Kovel writes about the latest news, tips, questions and her views of the market. If you register on our website, kovels.com, there is no charge.

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STICKELERS [sic].

by Terry Stickels

Sue is playing a game with a spinning number wheel. Her friend Ben says, "You probably noticed that the number 50 is opposite 15, and 62 is opposite 27. Did you know there is a simple way to tell how many numbers are on a wheel if there is an even number of integers?" (And the numbers are consecutive).

How many numbers are on the wheel she is playing, and how can one tell the total number on any wheel with an even number of integers?

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Strange BUT TRUE

* It was beloved 20th-century American poet, memoirist and civil-rights activist Maya Angelou who made the following sage observation: "Perhaps travel cannot prevent bigotry, but by demonstrating that all peoples cry, laugh, eat, worry, and die, it can introduce the idea that if we try and understand each other, we may even become friends."

* If you're a fan of beer and/or space, you might be interested in Celeste Jewel Beer. This ale, created by Delaware-based Dogfish Head Brewery, has a unique ingredient: moon dust. Yep -- lunar meteorites were crushed into dust, then steeped in Dogfish Head's Oktoberfest offering. The resulting libation, it's said, possesses a subtle but complex earthiness, with notes of doughy malt, toasted bread, subtle caramel and a light herbal bitterness.

* Those who study such things say that there is enough phosphorus in your body to make about 250 matches.

* Bayreuth Festspielhaus is an opera house north of Bayreuth, Germany. The venue is dedicated to the performance of works by Richard Wagner, and the 19th-century German composer himself chose and adapted the design. A key component is the seating: Not only are the seats arranged to give all attendees an equal and uninterrupted view of the stage, but they're also rather uncomfortable. It's been reported that Wagner intentionally chose exceptionally hard wooden seats to prevent the audience from treating his operas as fun.

***

Thought for the Day: "One of the primary tests of the mood of a society at any given time is whether its comfortable people tend to identify, psychologically, with the power and achievements of the very successful or with the needs and sufferings of the underprivileged." -- Richard Hofstadter

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Now here's a tip!

by Jo Ann Derson

* Ingenious way to hide a back-up key: Hot glue a decorative or distinctive stone to the top of a clean pill bottle. Insert key and close top. Simply bury the bottle somewhere in your yard or garden bed, leaving the stone above ground. When you need a key, it's easy to pull up.

* Got a few minutes standing in line? Go through the photos on your smartphone, deleting those that are out of focus or no longer relevant (like the pic you snapped a month ago of your grocery list written on the fridge white board!). Download photos off your phone to a storage device weekly. You'll thank yourself if your device is lost or damaged.

* Fun pre-Halloween activity alert: "Our family likes to host a spooky movie night near Halloween for all the kids. If the weather is nice, we project a kid-friendly movie on an outdoor screen and invite neighborhood kids over to have a pajama party in the back yard." -- E.L. in Tennessee

* Make your own face paint with a few simple ingredients. Mix cornstarch and lotion together to form a paste. Mix in a few drops of vegetable oil to keep the paste from drying out and cracking. Then add washable paint to the paste to color. Apply with makeup sponges or cotton swabs, then add glitter, etc. Have fun!

* Recipe substitution: Need baking powder? Mix 1/4 teaspoon baking soda with 1/4 teaspoon cornstarch and 1/4 teaspoon cream of tartar.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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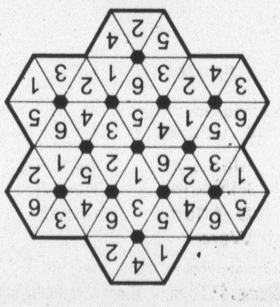
SNOWFLAKES solution



— Go Figure! —

answers

	6		2		8
3	6	−	4	+	5
	×		÷		+
9	7	+	1	−	3
	−		+		÷
2	8	÷	7	+	9

Stickelers Answer

The numbers on Sue's wheel are 1-70. In an evenly spaced circle with an even number of integers, subtract the opposite numbers on the circle and then multiply by 2.

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The Quincy Sun CLASSIFIED AD FORM

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1 WEEK ❑ $9.00 for one insertion, up to 20 words, 10¢ for each additional word.

2-4 WEEKS ❑ $8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.

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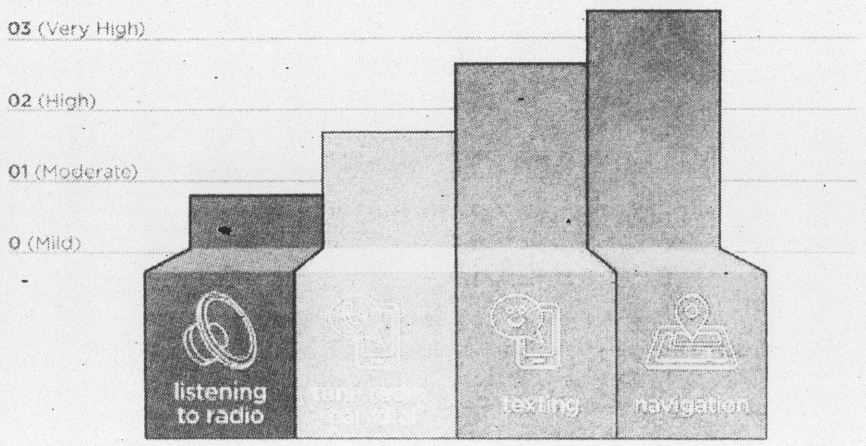
11 WEEKS OR MORE ❑ $7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.

❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

New Vehicle Infotainment Systems Create Increased Distractions Behind The Wheel

Overall Demand by Vehicle			
Low	Moderate	High	Very High
N/A	Chevrolet Equinox LT	Cadillac XT5 Luxury	Audi Q7 QPP
	Ford F250 XLT	Chevrolet Traverse LT	Chrysler 300 C
	Hyundai Santa Fe Sport	Dodge Ram 1500	Dodge Durango GT
	Lincoln MKC Premiere	Ford Fusion Titanium	Ford Mustang GT
	Toyota Camry SE	Hyundai Sonata Base	GMC Yukon SLT
	Toyota Corolla SE	Infiniti Q50 Premium	Honda Civic Touring
	Toyota Sienna XLE	Jeep Compass Sport	Honda Ridgeline RTL-E
		Jeep Grand Cherokee Limited	Mazda3 Touring
		Kia Sorento LX	Nissan Armada SV
		Nissan Maxima SV	Subaru Crosstrek Premium
		Toyota Rav 4 XLE	Tesla Model S
			Volvo XC60 T5 Inscription



Demand Levels by Task

Source: AAA Foundation for Traffic Safety

Cont'd From Page 30

Programming navigation was the most distracting task, taking an average of 40 seconds for drivers to complete. When driving at 25 mph, a driver can travel the length of four football fields during the time it could take to enter a destination in navigation—all while distracted from the important task of driving. Programming navigation while driving was available in 12 of the 30 vehicle systems tested.

None of the 30 vehicle infotainment systems produced low demand, while 23 systems generated high or very high levels of demand on drivers:

- o 12 systems generated very high demand
- o 11 systems generated high demand
- o 7 systems generated moderate demand

Full vehicle reports are available at www.AAA.com/distraction.

"Drivers want technology that is safe and easy to use, but many of the features added to infotainment systems today have resulted in overly complex and sometimes frustrating user experiences for drivers," said Mary Maguire, AAA Northeast Senior Director of Public and Legislative Affairs.

Frustration resulting from unsatisfactory use of these systems increases cognitive demand and increases the potential for distracted driving.

"AAA has met with interested auto manufacturers and suppliers to discuss our findings. We welcome the opportunity to meet with other interested parties to discuss the report's recommendations and ways to mitigate driver distraction," added Maguire.

According to a new AAA public opinion survey, nearly 70 percent of U.S. adults say that they want the new technology in their vehicle, but only 24 percent feel that the technology already works perfectly.

"Some of the latest systems on the market now include functions unrelated to the core task of driving like sending text messages, checking social media or surfing the web -- tasks we have no business doing behind the wheel," continued Ms. Maguire. "Automakers should aim to reduce distractions by designing systems that are no more visually or mentally demanding than listening to the radio or an audiobook. And drivers should avoid the temptation to engage with these technologies, especially for non-driving tasks."

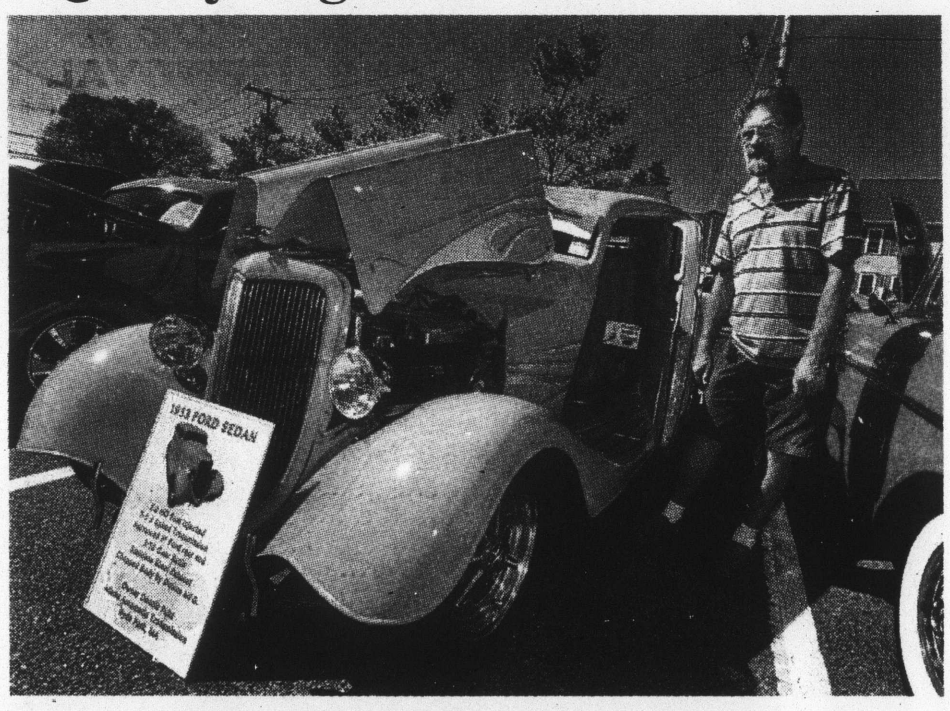
Researchers developed an advanced rating scale to measure the visual (eyes off road) and cognitive (mental) demands and the time it took to complete a task experienced by drivers using each vehicle's infotainment system. The scale ranged from low to very high levels of demand. A low level of demand equates to listening to the radio or an audiobook, while very high demand is equivalent to trying to balance a checkbook while driving. AAA believes a safe in-vehicle technology system should not exceed a low level of demand.

Researchers found that most infotainment systems tested could easily be made safer by simply following clearly stated federal recommendations such as locking out text messaging, social media and programming navigation while the car is in motion. In 2012, the National Highway Traffic Safety Administration (NHTSA) released a set of voluntary safety guidelines advising automakers to block access to tasks when vehicles are not parked.

"These are solvable problems," Maguire said. "By following NHTSA's voluntary guidelines to lock out certain features that generate high demand while driving, automakers can significantly reduce distraction," said Ms. Maguire. "AAA cautions drivers that just because a technology is available while driving does not mean it is safe or easy to use when behind the wheel. Drivers should only use these technologies for legitimate emergencies or urgent, driving related purposes."

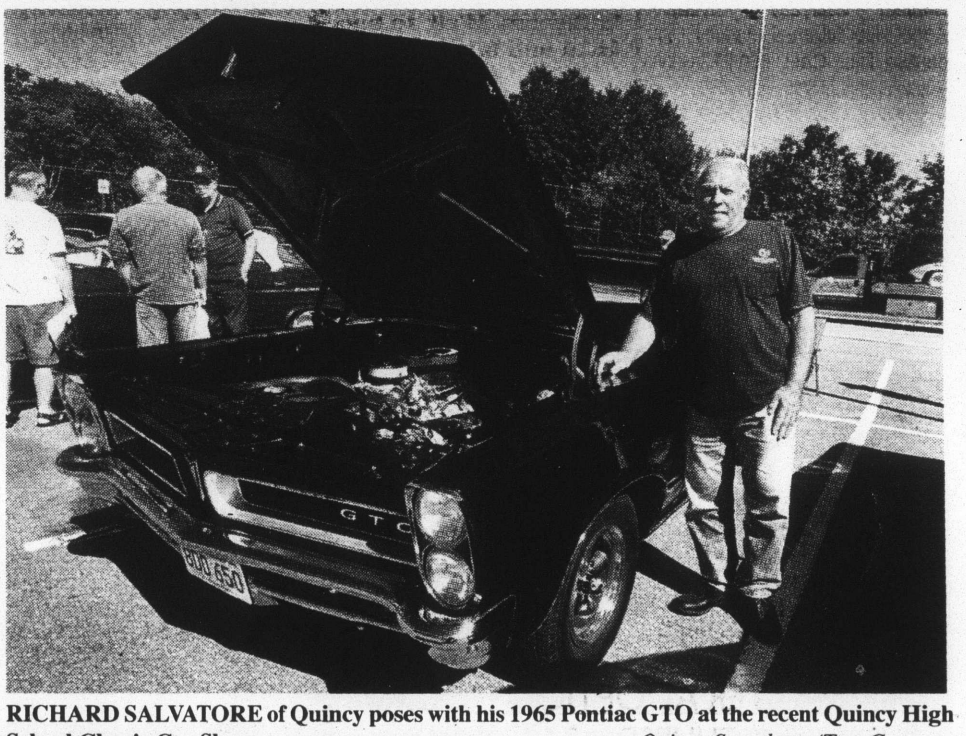
A total of 120 drivers ages 21-36 participated in the study of 30 new 2017 model-year vehicles. The latest report is the fifth phase of distraction research from AAA's Center for Driving Safety and Technology. The Center was created in 2013 with the goal of studying the safety implications for how drivers interact with new vehicle technologies when behind the wheel. Visit AAA.com/distraction to learn more.

Quincy High Car Show A Classic

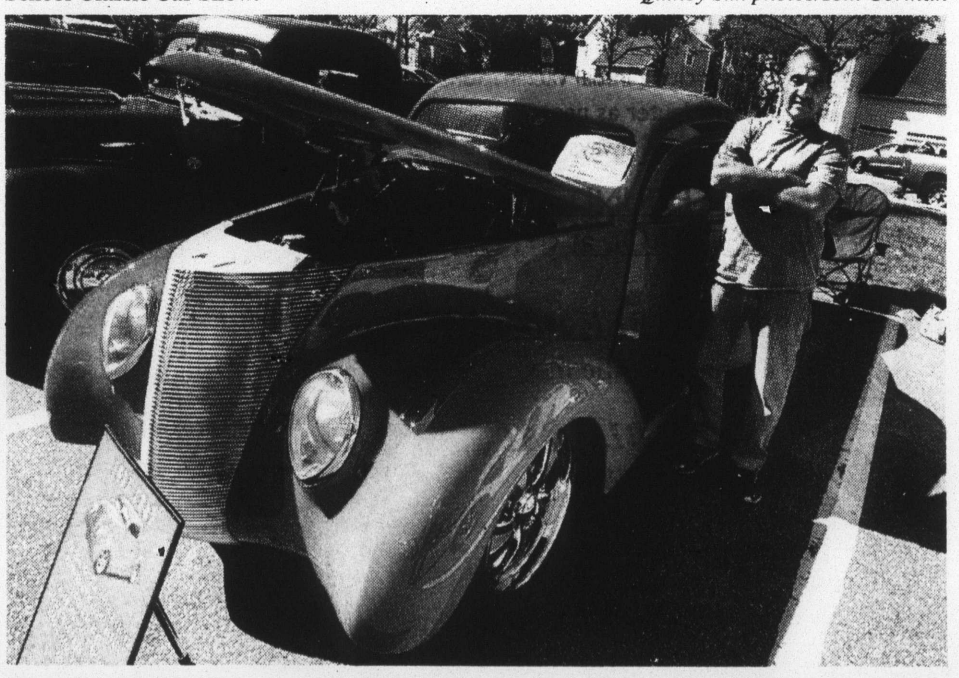


DENNIS PUKT of Holbrook poses with his 1933 Ford sedan.

CLASSIC CARS are admired during the Quincy High School Classic Car Show to benefit the school's hockey team.



RICHARD SALVATORE of Quincy poses with his 1965 Pontiac GTO at the recent Quincy High School Classic Car Show. *Quincy Sun photos/Tom Gorman*



BOB ABRAHAM of Quincy proudly stands with his 1937 Ford at the recent Quincy High School Classic Car Show.

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Harvesting Hope 2017

Gala & Fundraiser

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Friday, October 27, 2017 ❋ 6:00pm

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Cocktail Attire • Reception, Silent & Live Auctions, Dinner

Master of Ceremonies: **Susan Wornick**

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Randolph Savings Bank
Dr. Allen Waltman & Dr. Ann Marie Madigan

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DOVE is committed to partnering with diverse communities, families, and individuals impacted by domestic violence. We promote hope, healing, safety, and social change by providing a broad range of preventive and responsive services.

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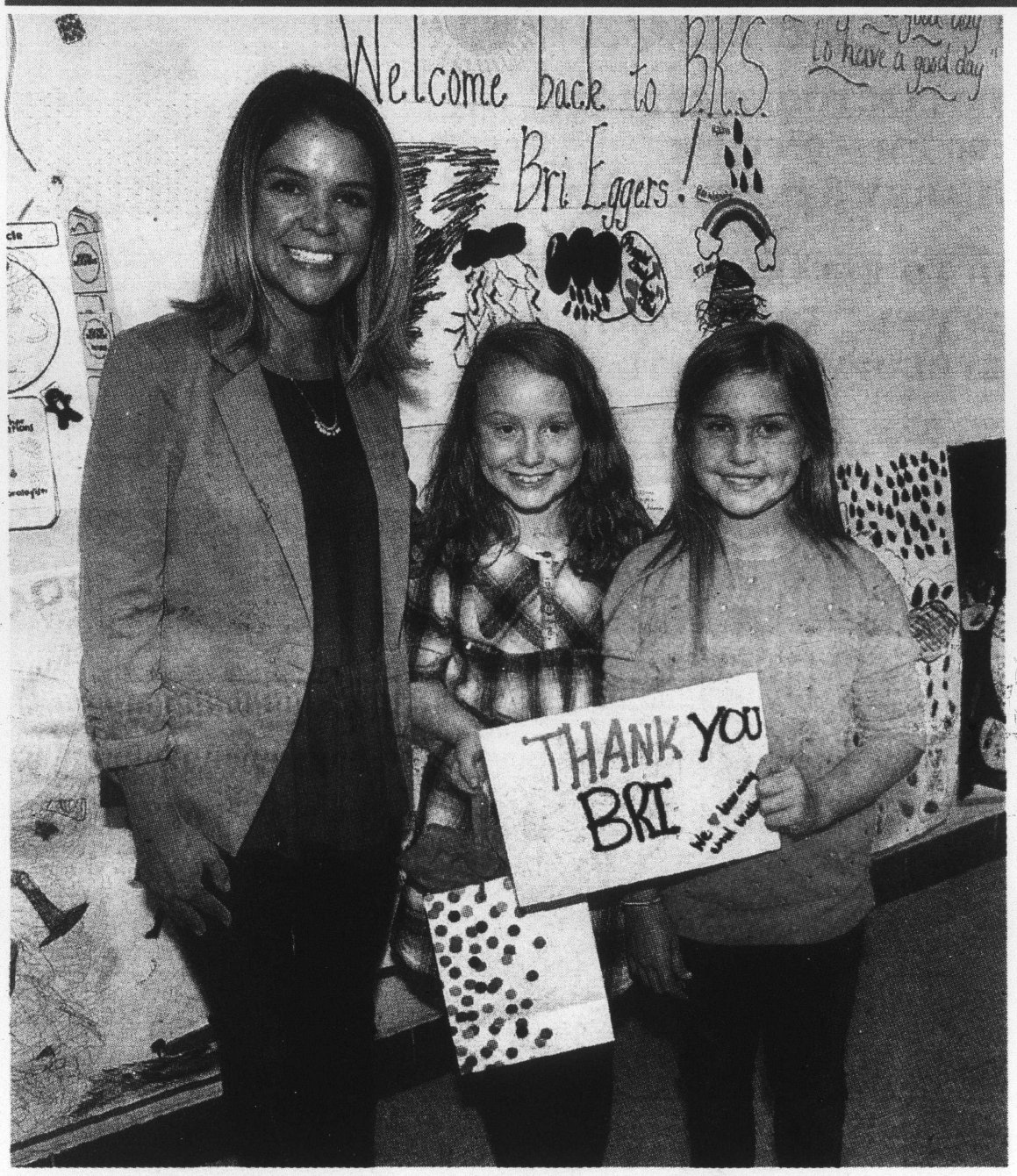
Eight New Quincy Police Recruits - *Page 3*
City Election Candidate Profiles - *Pages 27 - 33*
Marina Bay Ferry Adds Four Runs - *Page 39*

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 50 No. 5 | Thursday, October 19, 2017 | $1.00



SUNNY DAY – Beechwood Knoll Elementary School third graders Campbell Kirksey and Maeve Powers present a token of appreciation and thanks to Channel 7 News Meteorologist Bri Eggers who recently visited the school and discussed the science of weather with third grade students. It was Bri's fourth visit to the school. Story, other photos on Page 43. *Quincy Sun Photo/Robert Bosworth*

Sober-House Ordinance Approved

Council Votes 8-1 To Require Owners Of Sober Homes To Register With City

By SCOTT JACKSON

The City Council on Monday approved an ordinance requiring the owners of sober homes within Quincy to register with the city.

The ordinance requires the operators of sober homes in Quincy to provide their names and contact information to the city, as well as the policies and procedures of the sober house. The registration could be revoked if false or misleading information was given, or if pertinent information was withheld.

The council made three amendments to the ordinance Monday night. The first requires the owner of a sober home to furnish contact information to the city on an annual basis and within 30 days of a change in ownership. The second amendment says the Quincy Fire Department shall offer voluntary inspections of sober homes as part of the registration process. The final amendment requires the owners of sober homes to register with the city instead of securing a license as had initially been proposed.

Sober houses provide a group home for those recovering from addiction and are the last step in the recovery process for individuals, according to officials who spoke at an Oct. 3 committee hearing on the ordinance. No treatment is provided on site. Courts have ruled that the federal Fair Housing Act and Americans with Disabili-

Cont'd On Page 26

Council Forum Addresses Opioid Concerns

By SCOTT JACKSON

Community members in recovery from addiction, first responders, and a state lawmaker who has made the opioid epidemic one of his top priorities all spoke at a forum for city councillors to learn more about the opioid problem and how it is being addressed in Quincy and across the state.

The City Council's education committee held the forum Oct. 10, the second time this year the committee has met to discuss the opioid epidemic. In June, the committee heard from Laura Martin, the former Norfolk County prosecutor who is now Mayor Thomas Koch's substance-use prevention coordinator; Martin highlighted planned changes to Quincy Public Schools' curriculum at that meeting.

Mark Giordani, a Houghs Neck resident, was among those who spoke Oct. 10. Giordani, who said he is a recovering drug addict, told the committee that education on substance-use disorders should begin at the middle school level for students and their parents.

"My addiction started with pain medication given by doctors. I think we should start in the junior highs in Quincy and educate the parents and the kids, especially the athletes who are playing sports. They're going to get hurt, they're going to see a doctor and they're probably going to be prescribed opiates and that's how it starts," Giordani said.

"I think that would be a way to go."

Mary Cahill, a North Quincy

Cont'd On Page 11

$25.39M OK'd For Projects, Playgrounds

By SCOTT JACKSON

The City Council on Monday unanimously approved five bonds totaling $25.39 million to pay for Mayor Thomas Koch's latest capital improvement plan and new equipment for two dozen playgrounds citywide.

Four of the five bonds will be charged to the city's general fund and comprise the mayor's most recent capital improvement plan. They include $11.54 million for repairs at numerous city buildings, $3.55 million for a new Quincy Animal Shelter, $2.7 million to acquire the former St. Mary School on Crescent Street, and $2.3 million for a citywide traffic and parking study. The council's finance committee had previously vetted and approved those items.

The fifth bond, for $5.3 million, will be used to purchase new equipment for playgrounds across Quincy. Community Preservation Committee money will be used to pay the debt service on that bond. Koch had submitted a request to borrow the $5.3 million in June, and Monday night was the first time the council discussed the bond.

Councillor Noel DiBona, who is the council's representative on

Cont'd On Page 26

Health Topic: Systemic Lupus Erythematosus - *Page 9*
Low Inventory Drags Norfolk Housing Market - *Page 17*
Merrymount Students Help Disaster Victims - *Page 23*

More Quincy news:
The Quincy Sun.com

'The Southie Pact' Book Author Kevin Devlin At Kennedy Center

Author Kevin Devlin will be at the Kennedy Center on Wednesday, Oct. 25th at 10:30 a.m. to discuss his new book *The Southie Pact*.

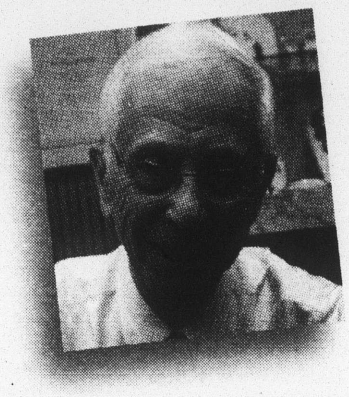
The Southie Pact is about the damage that drugs do to ordinary people and to their community. It's also a story of hope and our faith in each other as we travel through life and face each new day with renewed strength and optimism.

Books will be available for purchase.

Registration is required for this event. To register, call the Kennedy Center at (617) 376-1506.

QUINCY COLLEGE TRUST

Quintessential Award



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6:00 PM – 9:00 PM
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(Prerequisite: ART 101)

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Eight Recruits Join Quincy Police Department

By SCOTT JACKSON

Eight new members of the Quincy Police Department began their six months of academy training Monday at the MBTA Transit Police Academy.

City Clerk Nicole Crispo swore in the eight new recruits – Timothy Duggan, Matthew Benvie, Kenneth Stanley, Paul Farina, Michael McNeil, Thomas Fox, Colleen White and Kevin Adams – Oct. 13. The officers were sworn in at City Hall in front of family and friends.

The recruits will undergo six months of training at the Transit Police Academy,

Cont'd On Page 14

EIGHT NEW PATROL OFFICERS of the Quincy Police Department were sworn in during a City Hall ceremony Oct. 13. The new recruits began their six months of training at the MBTA Transit Police Academy on Sea Street Monday and will undergo one to two months of field training following their graduation from the academy. Pictured (from left) are Mayor Thomas Koch; new recruits Timothy Duggan, Matthew Benvie, Kenneth Stanley, Paul Farina, Michael McNeil, Thomas Fox, Colleen White and Kevin Adams; and Police Chief Paul Keenan. *Quincy Sun Photo/Robert Bosworth*

John Adams Wreath-Laying Ceremony Oct. 30 At UFPC

The History and Visitors Program at United First Parish Church, Church of the Presidents announces the annual Presidential Wreath-Laying Ceremony for John Adams, Second President of the United States of America, will be held at noon on Monday, Oct. 30, at the church, 1306 Hancock St., Quincy Center.

Commander Paul Annexstad of the Navy Operational Support Center Quincy will serve as President Donald Trump's representative for the official ceremony.

This year's ceremony commemorates the 282nd birthday anniversary of the President and the 50th anniversary of the presidential wreath-laying tradition at United First Parish Church, Church of the Presidents.

The ceremony's speakers will include Mayor Thomas Koch, Douglas Adams, direct descendant of John and Abigail Adams, and students from Quincy High School, North Quincy High School and the Woodward School.

The featured speaker for this year's ceremony will be Sara Georgini. Georgini, Ph.D., is the Series Editor for The Papers of John Adams, part of the Adams Papers editorial project at the Massachusetts Historical Society, and the author of *Household Gods: The Religious Lives of the Adams Family* (Oxford University Press, 2018). She writes about the history of vast early America for Smithsonian and edits the "Belief" section on religion and spirituality for Bunk. She is a co-founder and contributor to The Junto and the Society for U.S. Intellectual History blog.

Music for the ceremony will be provided by Navy Band Northeast's Brass Quintet and the Quincy Choral Society. A reception including a birthday cake provided by Konditor Meister bakery in Braintree will take place in the church's parish hall immediately following the ceremony.

Admission to the wreath-laying ceremony, the Adams Crypt and Church Sanctuary are free. Donations to support the History and Visitors Program are greatly appreciated.

The wreath-laying ceremony is made possible thanks to the support of Discover Quincy.

For more information, contact Bob Damon at 617.773.0062 or visitorsprogram@ufpc.org.

Veterans Luncheon At Kennedy Center Nov. 8

In recognition of Veterans Day, the Quincy Council on Aging will host a catered luncheon for veterans of all ages Wednesday, Nov. 8 at 1 p.m. at the Kennedy Center, 440 East Squantum St., North Quincy.

Dessert will be provided by the John Adams Rehabilitation Center in Quincy.

The QCOA is proud to honor those who have and are currently serving our country. This event is for veterans only.

Tickets are available at the Kennedy Center. For more information call (617) 376-1506.

Ask the GEMOLOGIST

BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST

DIAMONDS FLOATING IN THIN AIR

Few pieces of diamond jewelry are more alluringly subtle than the "floating diamond necklace." This barely-there form of jewelry consists of a small solitaire that is suspended by a seemingly invisible fine metal chain. These gravity-defying diamonds are preferred in sizes ranging between .05 and .20 carats, which gives them a minimalist appearance. Because the chain is hardly visible, they seem to float in the hollow of the neck. In fact, the "trompe l'oeil" effect is so persuasive that many who see the little sparklers believe them to be the result of neck piercing. Of course, this is hardly the case. However, the effect is part of the allure of these exquisitely tasteful pieces.

The range of diamond jewelry today is extensive - from floating necklaces to rings that will take her breath away. Whatever design you choose, when there is a diamond in your future, we hope you'll come see us at Rogers Jewelry, and let us show you our selection of this most popular, coveted gemstone. We have a dazzling array of fine jewelry of all kinds here at 1402 Hancock St. in Quincy Center, with pieces that are sure to please any taste and every pocketbook. PH: 617-773-3636. We are licensed and regulated by Massachusetts State Law to buy and sell as well as offer cash loans on gold, platinum and other types of jewelry.

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(USPS 453-060)
Published Weekly on Thursday by
The Quincy Sun Publishing Co., Inc.
1372 Hancock St., Quincy, MA 02169

Robert H. Bosworth
Publisher and Editor

Henry W. Bosworth, Jr.
Founder
1968 - 2009

$1.00 per copy newsstand • $32 per year by mail in Quincy
$37 per year by mail outside Quincy • $45 out-of-state

Telephone: 617-471-3100 Fax: 617-472-3963

online at: www.thequincysun.com

email address: thequincysun@verizon.net

rbosworth@thequincysun.com

Periodicals postage paid at Boston, MA
Postmaster Send address change to:
The Quincy Sun, 1372 Hancock St., Quincy, MA 02169

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THE 24TH ANNUAL Quincy Mayor's Good Scout Breakfast will be held Thursday, Oct. 26 at Granite Links Golf Club, 100 Quarry Hills Dr., Quincy. Registration will start at 7:30 a.m. followed by the breakfast and program from 8 to 9:30 a.m. This year's event will honor community leaders Lee Michael Kennedy and Edward Keohane. Mayor Thomas Koch is shown here purchasing a ticket to the event from local Boy Scouts. Also on hand are members of the breakfast planning committee. From left: Chuck Phelan, Brilene Faherty, Ray Theberge, Kofi Fordjour, Mayor Koch, Iaian Gillespie, Tony Agnitti, Kevin Gillespie and Maralin Manning. For tickets to the breakfast call James R. Corcoran, Jr, Boys Scouts of America 617-272-3511 or email: Jim.Corcoran@scouting.org. *Photo Courtesy Mark Carey/Mayor's Office*

Climate Action Network Hosts Council Candidates Night Thursday

Quincy Climate Action Network will host a candidates night at 7 p.m. on Thursday, Oct. 19 in the church hall at United First Parish Church of Quincy, 1306 Hancock St., across from City Hall.

QCAN has invited all candidates in contested city council races; at press time most candidates had already accepted.

Most questions to the candidates will involve city policy on energy and climate, said David Reich, board chair of QCAN.

"We'll have a slightly different format from our candidate night of two years ago," Reich said. "Each city council candidate will get five or six questions instead of two or three."

Candidates will see some but not all of the questions in advance.

"Quincy has made significant progress since our last candidate night, but we have many miles to go before we're as efficient as we need to be," Reich added. "The deadly hurricanes in Texas, Florida, the U.S. Virgin Islands, and Puerto Rico show that every coastal community faces dire threats to life and property from our changing climate. With stakes this high, we need to continue increasing the efficiency of our dwellings, our workplaces, and our governments and getting on the path to end our use of fossil fuels.

"As a coastal city, Quincy has more at stake than most. More and more Quincy voters want to know their candidates' positions on energy and climate, and the candidate night offers a great chance to do just that," Reich added.

Ward 1 Council Candidates Night Oct. 24

The Quincy Ward 1 Democratic Committees will host a candidates night on Tuesday, Oct. 24th from 7 to 8:30 p.m. at the Houghs Neck Congregational Church, 310 Manet Ave., Quincy.

The two candidates seeking the Ward 1 council seat are David McCarthy and Joseph Murphy. Both have indidcated they will participate in the forum.

Quincy Access Television has been invited to tape the event.

"We hope that the two candidates for Ward 1 can share their answers to our questions of hope for a better ward and city," said Ward 1 Democratic Committee Chairman Michael Berry.

"Together we hear from the candidates and the candidates hear from the residents of Ward 1. The questions can be sent to the committee's e-mail address Ward1QuincyDems@gmail.com; questions can also be asked at the event from the floor. If you would like your question asked, the night of the event we will collect questions from those that just don't like to talk in front of a crowd."

Berry added:

"We need a ward councillor that hears what the resident sof the ward want. We need a ward councillor that will be a leader for our wishes and we need to also elect three councillors at-large that will support our wishes, and still protect the whole city."

Berry also reminded citizens that the Quincy municipal election is set for Tuesday, Nov. 7.

Squantum Association Candidates Night Nov. 1

The Squantum Community Association is hosting an event for Quincy residents to meet the candidates running for three at-large seats on the Quincy City Council.

The candidates night will be held Wednesday, Nov. 1 at 7 p.m. at the First Church of Squantum, 164 Bellevue Rd., Squantum, and provides an opportunity for residents to meet the candidates in an informal setting.

Refreshments will be served.

The Quincy municipal election will be held Tuesday, Nov. 7.

Following opening statements by the candidates, residents will be invited to pose questions, which may also be sent in advance to SCASquantumEvents@gmail.com.

For more information, contact SCASquantumEvents@gmail.com or 617-851-1673.

The at-large council seats cover the entire City of Quincy. There are six candidates seeking three at-large seats: incumbents Noel DiBona and Nina Liang, Ward 1 Councillor Margaret Laforest, School Committee member Anne Mahoney, former Ward 2 councillor Dan Raymondi and first-time candidate Steve Tougas.

The Squantum Community Association provides programming that fosters conversation and community with a focus on topics of interest to the Squantum and Quincy communities, highlighting local talent and history. To subscribe to event notifications email SCASquantumEvents@gmail.com.

Quincy Symphony Orchestra Concert Oct. 29

The Quincy Symphony Orchestra (QSO) under the direction of Music Director Yoichi Udagawa continues its season with a concert on Sunday, Oct. 29 at 2:30 p.m.

The concert will feature Brahms Symphony No.1 performed by renowned cellist Blaise Dejardin who has performed with orchestras the world over. Currently he is a member of the Boston Symphony Orchestra.

The performance will take place at the Lloyd Hill Performing Arts Center at Quincy High School, located at 100 Coddington St. in Quincy. Free parking is available on site. The concert hall is also walking distance from the Quincy Center MBTA station.

Founded in 1955, the QSO consists of more than 50 volunteer musicians, including both amateurs and professionals from the Boston Metro-South region. The QSO offers three free concerts every season, in addition to an annual "Pops" fundraiser and holiday concert in partnership with the Quincy Public Schools. For more information, contact us at 800-579-1618 or e-mail at: quincysymphony-orchestra.org.

Moments in time

THE HISTORY CHANNEL.

• On **Nov. 5, 1605**, King James I of England learns that a plot to blow up the Parliament building with some 20 barrels of gunpowder was been foiled. Guy Fawkes was taken into custody and revealed that he was part of a conspiracy to annihilate England's Protestant government. Every year Fawkes is burned in effigy in remembrance of the plot.

• On **Oct. 31, 1892**, "The Adventures of Sherlock Holmes," by Arthur Conan Doyle, is published. The book was the first collection of Holmes stories, which had been published in magazines since 1887.

• On **Nov. 4, 1922**, King Tut's 3,000-year-old tomb is discovered by British archaeologist Howard Carter in the Valley of the Kings in Egypt. The tomb contained a stone sarcophagus with three nested coffins. Inside the final coffin, made of solid gold, was the mummy of the boy-king Tutankhamen.

• On **Nov. 2, 1947**, The Hughes Flying Boat – the largest aircraft ever built – is piloted by designer Howard Hughes on its first and only flight. The wooden aircraft had a wingspan longer than a football field and was designed to carry more than 700 men into battle.

• On **Nov. 1, 1959**, Montreal Canadien Jacques Plante becomes the first NHL goaltender to wear a full facemask. After four broken noses, a broken jaw, two broken cheekbones and 200 stitches, Plante wore the mask, against the coach's wishes.

• On **Nov. 3, 1976**, "Carrie," a horror film based on Stephen King's 1974 best-selling first novel, opens in theaters. "Carrie" is considered one of the best big-screen adaptations of King's work.

• On **Oct. 30, 1991**, as a "perfect storm" hits the North Atlantic coast, the fishing boat Andrea Gail and its six-member crew are lost at sea. The disaster spawned the best-selling book "The Perfect Storm," by Sebastian Junger, and a blockbuster Hollywood movie.

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Christmas Show Dec. 10

The Quincy Council on Aging will travel to Waltham on Sunday, Dec. 10 for one of the area's most enduring holiday traditions, "It's Christmas Time" with the Reagle Players.

With a wonderful cast of dancers and musicians, the "Christmas Time" show is a spectacle of sight and sound. The Nativity scene is especially wonderful and the show itself has been called "A Christmas card celebrating the joys of the season."

After the show the group will travel to the Chateau Restaurant in Braintree for a dinner of baked haddock St. Germain, broiled marinated chicken, or chicken parmigiana with penne. Meal also includes a fresh garden salad, Italian bread and butter, delicious dessert and a beverage.

Cost of the trip is $119. Bus will leave Kennedy Center at 11 a.m. and return at 6:30 p.m.

To register for this trip visit the Kennedy Center at 440 East Squantum St., Quincy. For more information call the Kennedy Center at (617) 376-1506.

Scenes From Yesterday

THIS 1909 real photo postcard is a view of the main house of the old Pratt Estate on Parke Avenue in Squantum when it became Lee's Inn. Note the sign on the top of the building. Mrs. Christine Lee operated this famous old inn until 1916. She was the widow of James Lee who had previously managed the Old Squantum Inn that was near today's Shoreham Street. In 1919 after Mrs. Lee died, this inn closed and the land, which overlooks Dorchester Bay, was divided into house lots and sold. Today, this building and an old barn behind it are used as residences. The porches, tower and other features have been removed so that it barely resembles this picture. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of City Historian Tom Galvin

Halloween Party At Kennedy Center Oct. 30

The Quincy Council on Aging will celebrate Halloween on Monday, Oct. 30 at 1:30 p.m. at the Kennedy Center.

The afternoon will include appetizers, coffee and dessert and music provided by DJ Joey B-Bop. Halloween costumes are optional. Prizes will be awarded to best costume(s).

Tickets are $10 and are available at the Kennedy Center. For more information call the Kennedy Center at (617) 376-1506.

Wants City To Change Quincy Sports Teams' Identities

READERS FORUM

Quincy schools are in session with academics, extracurricular activities and sports in full swing. It is time to look at what we are teaching our children here in Quincy and their friends in the larger South Shore community in one of the areas most visible: sports.

Quincy has two high schools and two sports teams' identities: at Quincy High School the teams are the Presidents and at North Quincy High School the team is the Red Raiders. Here in Quincy, in the 21st century, we have what amounts to the "Indians" fighting the "Colonials."

We believe it is time for a community discussion on this situation, one focused not on the loyalties and desires of the alumni but one focused on what is best for our students today.

Is there a place for history and if so what is it? Is there room for change and if so what can it look like? Where do racism, stereotype, cliché and caricature today create a hostile learning environment for all groups of students, minority or majority?

What is the meaning of community and how is it different from and more realistic than geographic and essentially arbitrary city or district lines drawn decades or centuries ago throughout the region?

How can we give all our students the best possible learning environment for all their varied learning goals? Are we focused on the future, since our children hold everyone's future in their hands or in the name of "honoring" the past actually handcuffing those hands to a past that will never be, can never be recreated today?

What thinking, attitude and belief tools are we, Quincy residents and elected leaders, teachers and school administrators and all those involved in the Quincy community giving our students?

Out team loyalties begin in the schools and are carried to our homes. It is time for our schools and our partners, our community leaders of all kinds to begin the conversations. Let's show Massachusetts and the world that once again Quincy can forge a new path forward, one in peace, one inclusive and one that showcases the powerful reality all our ancestors knew: we really are all in this together.

Yesterday's wrongs are over, we must heal, somehow from them but we need not let the old violence, hatred and prejudices remain unchallenged in our schools or shape our students today. Good intentions do not, have never, excused bad outcomes. We cannot change history and in many ways much of Quincy's history has been good. In 2017 it is time to make it even better, to bring about change and good for all students, all our families, and all our communities.

Let's talk with, not scream or shout at, each other, listen and learn from each other. In today's world it is easy to see much of what is wrong – let's really do something good and new here in our community, here in Quincy. If anything, the history of Quincy, the history of America, is founded on change. Let's make a good change here in Quincy, starting in our schools and with our sports teams' identities.

Ed Grogan
Retired Quincy teacher
Sherrie A. Noble
Weymouth

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Quincy's Yesterdays

This Week
1970
47 Years Ago

Petition Drive To Save Wollaston Golf Club

A citywide petition drive is underway to have the City Council amend the zoning ordinances to keep the Wollaston Golf Course as "open space."

The effort is spearheaded by the Montclair Men's Club and Quincy citizens who have proposed the golf club be taken over by the Metropolitan District Commission as an MDC Golf Club in order to retain the "open space."

Representative Joseph E. Brett has already filed a new bill in the legislature asking that the MDC take over the golf course.

DRUG PROBLEM VERY SERIOUS

Quincy's drug problem has now reached the "very serious" stage according to Norfolk County District Attorney George G. Burke.

The county's chief law enforcement officer last night in an interview with *The Quincy Sun* said that:

Drug use in high schools is "sharply increasing."

A "tremendous amount" of heroin is present in the city and is being used by teenagers. "We have a very serious problem here in Quincy," Burke declared. "Our office has been receiving numerous reports from concerned mothers and fathers and youths, too."

Burke said that he hoped that proponents of Survival, Inc. will work together with other interested parties.

THREE-MEMBER PANEL TO DISCUSS REFERENDUM ON THE VIETNAM WAR

The Quincy League of Women Voters sponsored a panel of three-members to state positions on the course of the Vietnam War.

Speaking in favor of immediate withdrawals was Mrs. Ruth Roseland, a former member of the executive committee of Liberal Citizens of Massachusetts.

City Councillor and County Commissioner George B. McDonald spoke in favor of a staged withdrawal while the former city councillor Francis X. McCauley spoke on winning a military victory.

He event was held at the Adams Shore Branch of the Thomas Crane Public Library.

QUINCYISMS

Disabled American Veterans State Adjutant Joseph R. Harold urged people to write the North Vietnam Embassy in Paris regarding the treatment of prisoners of war (POW)… Three sons of **Councillor-Representative** and **Mrs. Clifford Marshall** were recuperating at home following tonsillectomies. **Clifford III**, 7, **Michael**, 5, and **Paul**, 3, were home and "doing fine," according to their parents… **Former city manager** and **mayoral executive secretary Edward T. "Red" Lewis** celebrated his 65th birthday on Saturday, Oct. 24… **Congressman James A. Burke (D-Milton)** was the guest speaker at the United Nations Day program held in front of City Hall. **Councillor Clifford H. Marshall** was program chairman and **Mayor James R. McIntyre** extended the greetings of the city… **Regina Russell**, *Quincy Sun* astrologist, presented a talk on astrology to the Democratic Women's Club at the Torre Dei Passeri Hall, Washington St., Quincy Point… **Miss Mary L. Shea** and **Miss Ruth H. Greeley**, retired teachers from the Atherton Hough School, were honored for their combined 70 years of teaching. A tea was held at the Atherton Hough School, sponsored by the school's PTA… **John Swanson**, handwriting analyst, presented a program to the members of the Our Lady's Sodality of the Most Blessed Sacrament Church… Jay-Ro Hair Salon, 27 Cottage Ave., Quincy Center, introduced **Mr. Monti**, "A Prominent South Shore Stylist" as the newest member of the staff… **Mr.** and **Mrs. Francis Fareri**, 17 Algonquin Rd., Merrymount, welcomed a daughter, born at Quincy City Hospital… **Mrs. Priscilla Marston Stewart**, retiring church organist and 45-year member of the Wollaston Baptist Church, was honored by members of the congregation… **Mr.** and **Mrs. Anthony Constantino**, 36 Newcomb St., Quincy, celebrated their 25th wedding anniversary at a reception at Cain's Restaurant, North Weymouth. Mrs. Constantino (the former **Marie DiSalvo**) and her husband were married at St. John's Church, Quincy, on October 14, 1945… **Russell Johnson**, chairman of the Pastor's Committee and committee members welcomed the **Rev. Riley Shirley** as the new pastor of the Quincy Center United Methodist Church. Rev. Shirley, a native of Louisville, KY, was ordained in 1956. He is a combat veteran of World War II.

WELL-KNOWN INTERNET entrepreneur, Jeff Pulver, who flew in from his New Jersey home to speak with local entrepreneurs at a recent visit to Quincy. *Photos Courtesy Eleanor Kennedy*

LOCAL ENTREPRENEURS and Quincy City Councillor Nina Liang, listen as Internet entrepreneur, Jeff Pulver, speaks with local entrepreneurs.

Renowned Entrepreneur Discusses Economy At Quincy Visit

Jeff Pulver Meets With Local Entrepreneurs, Business Owners At Cafe Gelato

By ELEANOR KENNEDY

A local cafe was recently treated to a special appearance from one of the world's most innovative entrepreneurs.

Jeff Pulver, who has founded multiple companies which have changed the ways in which we use the internet, dropped into Cafe Gelato on Chestnut Street to meet with local entrepreneurs and business owners to discuss a range of topics affecting today's economy, including the rise of Bitcoin and initial coin offerings (ICO's).

He flew in from his home in New Jersey especially for this event which was part of South Shore Innovation's weekly Innovation Roundtables.

The New York native also talked about his own entrepreneurial journey and took questions from those in attendance who are looking to take their startups to the next level and explore "money on the net," as Jeff calls it.

"I find by bringing people together from different backgrounds, they're not limited to what they can do," Pulver said.

He added with a laugh: "Ultimately, I am trying to connect people and ideas. Mostly because I can see the future. I may not be right about the timing but I can predict something happening."

Pulver is one of the pioneers of VOIP (Voice Over Internet Protocol). In 1995, he coined the term VON to mean Voice and Video on the Net.

He said that this was an especially interesting time as it was before movies, voice and music existed online. The technologies needed for this is the same we use for online streaming today, he said.

From 1997 to 2008, he hosted and produced the VON conferences, which grew so large and influential that he made $40 million when he sold them. In 2016, he founded MoNage, an Internet Communications conference on the topics of Money and Messaging on the Net (bitcoin, krypto, ICOs, chatbots, etc.).

Pulver said: "The work that MoNage is doing now will be in your face in the next 10 years. I started MoNage when I began to see a shift happening once again. Voice started to be taken for granted and messaging and emojis became the big thing. At our conference we used to just look at communications, now we're looking at AI and communications."

By his own admission, Pulver can perhaps be best thanked for his work in Washington as he is often credited with keeping services like FaceTime, Messenger, WhatsApp and Skype free.

In 2003, he went to the Federal Trade Commission, the governmental organization tasked with protecting consumers from unfair business practices. and asked for regulatory clarity for voice internet.

"Ever wonder why Snapchat is free? It's because of my order. It's why people are so freely able to communicate," he said.

Quincy City Councillor Nina Laing was in attendance at the event. She praised the opportunity given to local entrepreneurs to sit down with a leading innovator like Pulver and pick his brains.

"The growth we're experiencing in this city is mirrored by the exponential growth and advancements in technology over the years," she said. "We are now able to communicate through so many different platforms that in turn, affect lifestyle changes."

She added: "It was really insightful being able to sit down with Jeff and have one-on-one conversations with him about the progress being made. What has worked, what hasn't worked, and more importantly, why?

QUINCY CITY COUNCILLOR Nina Liang, speaks with South Shore Innovation Founder, Eric Braun, at a recent special event with Jeff Pulver.

LOCAL ENTREPRENEUR Bill Scher speaks with well-known Internet innovator Jeff Pulver.

"His wealth of knowledge and experience was helpful to shed light on the different ways each of us can take advantage of these platforms to better communicate effectively in our fields."

South Shore Innovation Founder, Eric Braun, said: "I'm not as entrenched in bitcoin and ICO's – yet – but I agree with Jeff's vision for the continued growth of technology that will combine voice and AI. As he said, why can't I ask Alexa to buy me a birthday present and, based on her knowledge of who I am and what I like, she will get me a better gift than any human could."

South Shore Innovation's weekly Innovation Roundtable takes place every Thursday from 8.30 to 10 a.m. at Cafe Gelato.

South Shore Innovation is a 501(c)3 helping underserved and underemployed people create startups, learn entrepreneurship and be more successful beyond the first mile and beyond the cities as they navigate the loops, bumps and the long grind.

This fuels startup growth, facilitates innovation and provides positive impact to the broad community that needs to grow stronger beyond the cities.

MoNage 2017 will take place at Boston Public Library on Oct. 24-26. Contact South Shore Innovation for more information and a discount registration code.

Houghs Neck Congregational Church Fair Nov. 3

The By the Sea Holiday Fair will take place at the Houghs Neck Congregational Church, 310 Manet Ave. on Friday, Nov. 3rd 6 - 9 p.m. and on Saturday, Nov. 4th 9 a.m. - 3 p.m.

Check out the new tables: gift baskets and pet items, along with many favorites such as Take a Chance, crafts and resale shop.

There will be homemade pickles and jams, baked goods, Christmas items, Bling and raffles with prizes.

Come on Friday night for dinner and on Saturday for breakfast and/or lunch. For info. call or email 617-479-8778 or hncc@comcast.net. Admission is free.

Toiletry donations will be accepted for DOVE, Inc.

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Social

Beechwood Knoll Fall Festival Oct. 28

Beechwood Knoll Elementary School will host the 20th Annual "Beechwood Knoll Fall Festival" on Saturday, Oct. 28th, from 11 a.m. to 4 p.m. at Beechwood Knoll School, 225 Fenno St., Quincy.

The BKS Fall Festival is the school's cornerstone fundraiser to raise funds to pay for books for our classrooms and library, computer equipment, educational materials, field trips and other classroom necessities.

There will be food, arts and crafts, games, cake walk, nails, tattoos and face painting, silent auctions, raffles, pony rides and kiddie carnival rides.

There will also be performances by Velocity Dance Studio, Brady Academy of Irish Dance and Best Taekwondo. New this year is "Touch a Truck," featuring dump trucks, police cars, police boats, fire engine and more. All are welcomed.

The festival will be held rain or shine.

Lions Club Pancake Breakfast Oct. 29

The Quincy Lions Club will host its annual Pancake Breakfast on Sunday Oct. 29 from 8 a.m. to noon at the Dining Hall located at 1000 Southern Artery.

Tickets are $5 for adults (Children 12 and under are free) and can be purchased at the door or online at www.quincylionsclub.com.

The event is open to the public and costumes are encouraged.

"Funds raised at the Pancake Breakfast will allow Lions to help meet needs in our community including providing vision exams and eyeglasses to those in need," said Quincy Lions Club President Joseph Doyle. "Lions members thank everyone who contributes to this important work. You are truly helping Lions make a difference in our community.

"We are especially grateful to our sponsors, without them we would not be able to carry on this event."

Pancake Level Sponsors are: Mayor Thomas P. Koch, Holmes and Edwards Inc. Architects, Lydon Chapel, 1000 Southern Artery, Stop and Shop and Hyatt Place Braintree. Syrup Level Sponsors include: City Councillor Brad Croall, NorthEast Community Bank, The Bureau Drawer Thrift Shop, and Mr. David Sawyer.

Lions clubs are a group of men and women who identify needs within the community and work together to fulfill those needs. For more information or to get involved with the Quincy Lions Club or to be a sponsor for the Pancake Breakfast visit www.quincylionsclub.com or simply email the club at quincyliosnclub@gmil.com.

O'Donnell Guest Speaker Nov. 2 At Montclair/Wollaston Meeting

Norfolk County Register of Deeds William P. O'Donnell will be the guest speaker at the Montclair/Wollaston Neighborhood Association meeting on Thursday, Nov. 2 at 7:30 p.m.

The meeting will be held at the Good Shepherd Lutheran Church, 308 West Squantum St., Quincy.

O'Donnell will discuss the historical nature of the Registry and his ongoing efforts to modernize and computerize the vast number of Norfolk County real estate records. He will also address the Massachusetts Homestead Act and following the presentation address any specific questions members may have.

As part of the Norfolk County Registry of Deeds community outreach initiative O'Donnell offers this program in his effort to provide information as to the functions and services the Registry of Deeds provides to the residents and businesses of Norfolk County.

To learn more about these and other Registry of Deeds events and initiatives, "like" us on facebook.com/norfolkdeeds, follow us on twitter and instagram @norfolkdeeds.

The Norfolk County Registry of Deeds, located at 649 High St., Dedham, is the principal office for real property in Norfolk County. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information.

All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of assistance can contact the Registry of Deeds Customer Service Center at (781) 461-6101, or email us at registerodonnell@norfolkdeeds.org.

Airman Thinh Do Graduates Basic Training

U.S. Air Force Airman 1st Class Thinh Do graduated from basic military training at Joint Base San Antonio-Lackland, San Antonio, Texas.

The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

Airmen who complete basic training also earn four credits toward an associate in applied science degree through the Community College of the Air Force.

Do is the brother of Nhat Do and grandson of Bich Hoang of Boston.

A 2013 graduate of Quincy High School, he earned a bachelor's degree in 2017 from the University of Massachusetts, Boston, Mass.

PRESIDENTS Cafe
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THE QUINCY COUNCIL on Aging recently traveled to Vermont. On the way they visited a candle factory in Bernardston, MA. In Vermont they had a delicious lunch at a vineyard followed by a wine tasting. On the way home they stopped at a popular Country Store in Putney, Vermont where they attended another wine tasting. Enjoying the trip are (left to right) Mary Leonard, Dan Haacker and Marcia Bailey. *Photo Courtesy Council On Aging*

Squantum Seaside Gardeners Fair Nov. 4

The Seaside Gardeners of Squantum will host its annual Faire for All Seasons Saturday, Nov. 4 from 10 a.m. to 2 p.m. at the Kennedy Senior Center, 440 East Squantum St., Quincy.

Lunch will be available at Pat's Cafe from 11:30 a.m. to 1:30 p.m.

There will be baked goods, crafts, and holiday items for sale at the Faire.

All are welcome.

Swing Band Oct. 20 At Kennedy Center

The Olde Kids On The Block swing band is bringing its Big Band Era sound back to the Kennedy Center on Friday, Oct. 20th from 1 to 3 p.m.

The band made up of retired and semi-retired musicians inspires their audiences to dance, tap their feet or just sit and enjoy the wonderful music. A dance band in the style of the big bands of the 50's and 60's, they have been called a "living museum" with a library of music.

Tickets are $6 and are available at the Kennedy Center. For more information, call the Kennedy Center at (617) 376-1506.

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Public Access Channel 8

Thursday, October 19
6:00pm: Bethany Congregational Church
7:00pm: LIVE: School Committee Candidates

Friday, October 20
11:30am: LIVE: Currently in Quincy
6:30pm: AM Quincy: Electric Drive Week

Saturday, October 21
12:00pm: The Call
1:00pm: QHS vs. Hingham Football

Sunday, October 22
10:00am: Bethany Congregational Church
11:30am: Good News

Monday, October 23
11:30am: LIVE: Currently in Quincy
7:00pm: LIVE: Ward 6 Candidates Forum

Tuesday, October 24
7:00pm: AM Quincy: Quincy Art Association
6:00pm: LIVE: Councilor-at-Large Candidates

Wednesday, October 25
6:00pm: Good News
8:00pm: Nov. Election Candidates Messages

Government Access Channel 9

Thursday, October 19
5:30pm: Quincy in Focus
6:30pm: FYI: QHD Powassan Virus
8:30pm: At Your Library: October Happenings

Friday, October 20
7:00pm: At the Kennedy Center: Fire Prevention
8:00pm: At the Library Concert: Hit the Roof

Saturday/Sunday, October 21/22
12:00pm: City Council/Public Hearing 10/16
2:00pm: At the Kennedy Center: Fire Prevention
3:00pm: At the Library Concert: Hit the Roof
7:00pm: City Council/Public Hearing 10/16

Monday, October 23
6:00pm: Crime Watch: Scams Revisited
6:30pm: FYI: QHD Varicose Veins

Tuesday, October 24
6:00pm: Health Links: Hair Health
7:00pm: QRD TV Production Clinic 2017
8:00pm: At the Library Concert: Jeff Snow

Wednesday, October 25
6:00pm: In the Know: Substance Use Prevention
7:00pm: At the Kennedy Center: Eyes on Owls

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

WHAT'S COOKING

with

Marie & Suzie

By MARIE D'OLIMPIO and SUSIE FALCO

Corn Flake Cookies

By MARIE

Today's recipe is for Corn Flake Cookies. I think Corn Flakes are about the most popular cereal ever. Most people enjoy them as cereal and also know how versatile they are in cooking and baking.

There are so many things you can do with Corn Flake crumbs such as using them as a coating for chicken or fish. Today's recipe for a Corn Flake Cookie has another favorite ingredient- at least one of mine - coconut.

RECIPE

Preheat oven to 350 degrees
Lightly grease a cookie sheet or line with parchment paper

2 cups flour
1 teaspoon baking soda
½ teaspoon salt
½ teaspoon of baking powder
1 and ¼ cups of butter
1 cup white sugar
1 cup of brown sugar, firmly packed.
2 eggs well beaten
1 teaspoon vanilla
2 cups shredded coconut, unsweetened
2 cups of Corn Flakes

Mix together flour, soda, salt and baking powder and set aside. Mix butter and both sugars gradually until light.

Add eggs and vanilla and then combine all dry ingredients with the cream mixture. Add coconut and Corn Flakes. Mix together thoroughly.

Drop small teaspoons on the cookie sheet about 1 an 1/2 inches apart. (I like a large cookie so I use a tablespoon.)

Bake in a 350 degree oven 8 to 10 minutes until lightly browned. Cool on a wire rack.

Roasted Beet, Garlic Prebiotic Soup With Crispy Leek Croutons (recipe by Liz Moody)

By SUSIE

Here is a delicious soup recipe taken from Liz Moody who is a wonderful blogger. While they're not as commonly spoken of as probiotics, prebiotics are equally vital for great gut health—they're the food that the good bacteria need to survive and thrive.

This soup boasts a number of sources of prebiotics, with leeks and raw and roasted garlic (the raw garlic has stronger prebiotic power, and the roasted – well, that's just delicious). Beets are incredibly detoxifying, and add an earthy, sweet kick to this allium-rich concoction. Perfect for the cooler fall days ahead and easy too.

Serves 4

4 medium beets, washed
4 heads garlic, left whole + 2 cloves, chopped
5 tablespoons avocado oil, divided
4 small leeks, white and light green parts sliced, divided
3 cups vegetable broth
2 teaspoons fresh squeezed lemon juice (from about one lemon)
¼ teaspoon sea salt, plus more for tossing leeks
fresh ground pepper, to serve

1. Heat oven to 375°F.

2. Drizzle beets with avocado oil and wrap tightly in parchment lined foil, bunching up into tight balls. Cut the tops off garlic, leaving bulb intact, and drizzle with avocado oil. Wrap tightly in parchment lined foil, bunching into tight balls. Place wrapped beets and garlic on a sheet pan and stick in oven.

3. Roast until packages give easily when squeezed, about 45 minutes. Remove from oven and let cool, then peel and quarter beets. Squeeze garlic from cloves and set aside.

4. In a large pot, heat 2 tablespoons avocado oil over medium heat. Add half of total quantity of leeks (white and green parts equally) and ¼ teaspoon sea salt. Sauté until lightly brown, about 5 minutes. Add roasted garlic and quartered beets, then top with vegetable broth and bring just to boil.

5. Turn off heat and add chopped garlic; cover and let sit for at least 10 minutes before adding to blender, adding in lemon juice, and pureeing until smooth. Salt to taste.

6. While soup is sitting, heat a medium nonstick skillet over medium-low heat. Add 2 tablespoons avocado oil and leeks and cook, stirring occasionally, until golden and crisp, about 10 minutes. Transfer to a paper towel with a slotted spoon and toss with salt. Let cool completely—they'll continue to crisp as you do.

7. To serve, pour soup into bowl. Garnish with a generous amount of crispy leeks and fresh ground black pepper and serve immediately.

QUINCY COMMUNITY ACTION PROGRAMS, INC.
QUINCY POINT
NEIGHBORHOOD REPRESENTATIVE ELECTION

Quincy Community Action Programs (QCAP) is conducting a neighborhood election to its Board of Directors in Quincy Point. One-third of the QCAP Board of Directors is comprised of representatives of low-income residents of eligible neighborhoods within the City of Quincy. You must be a resident of the neighborhood and be at or below 175% of the poverty level in order to vote.

Voting will occur at the following locations:

- Quincy Point – Rosemary & Archie Wahlberg Early Childhood Center – 22 Pray Street
- Quincy Point - Fore River Club House

For exact days and times of the election and how you can participate in the election, please contact Elizabeth Hannon at 617-657-5356 or ehannon@qcap.org.

QHS Drama Club To Present Bram Stokers 'Dracula'

Performances Nov. 3-5

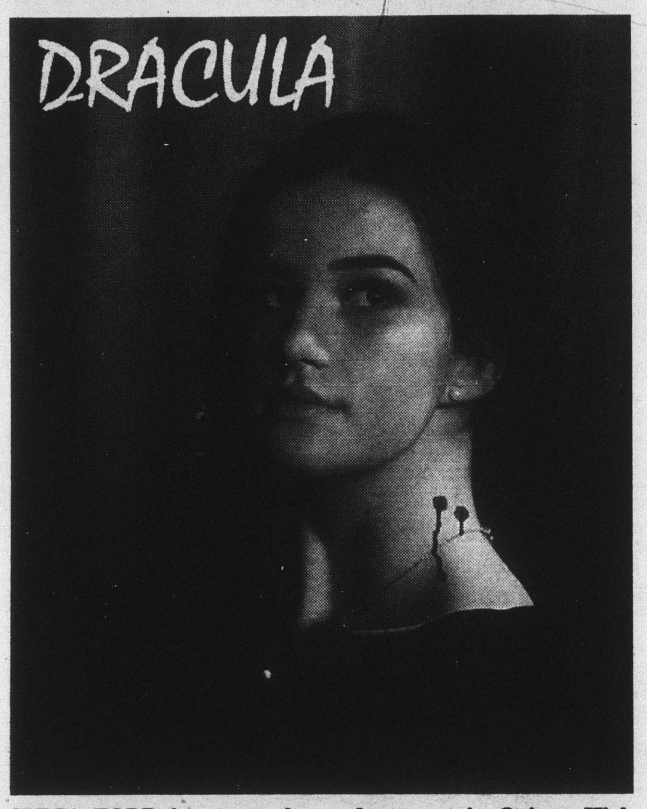
The Quincy High School Drama Club will present Bram Stoker's "Dracula" with four performances next month.

Performances are set for Friday, Nov. 3rd at 7:30 p.m.; Saturday, Nov. 4th at 2 p.m. and 7:30 p.m.; and, Sunday, Nov. 5th at 2 p.m. at Quincy High School, Lloyd Hill Auditorium, 100 Coddington St., Quincy.

This production is suggested for audiences age 10 and older.

Tickets are $10 for general admission and $5 for students and can be purchased at the door.

For further information call the main office at Quincy High at 617-376-3355.



JULIA FORD is among the students cast in Quincy High School's presentation of "Dracula" Nov. 3-5.

Photo Courtesy Tom Doucette

BID-Milton Fall Education Series

Beth Israel Deaconess Hospital-Milton (BID-Milton) is kicking off its annual fall community education series with three programs on women and heart disease, planning a healthy pregnancy and the difference between rheumatoid arthritis and lupus.

Women and Heart Disease, Tuesday, Oct. 24 – Cardiologist Apranta Deka Patel, MD, of South Shore Internal Medicine, will speak about heart disease, how the symptoms can differ between men and women and what women can do to lower their risk.

What's the Difference Between Rheumatoid Arthritis and Lupus?, Wednesday, Oct. 25 – Rheumatoid arthritis and lupus are both autoimmune diseases that share many of the same symptoms. Join rheumatologist Ingrid Avalos, MD, as she explains the difference in risk factors, symptoms and treatments.

Preparing for a Healthy Pregnancy, Thursday, Oct. 26 – Obstetrician and gynecologist Huma Farid, MD, from Milton Women's Health, will discuss how to plan and prepare for a healthy pregnancy. Diet, exercise, sleep and doctor's appointments will all be discussed.

All programs are free and held in the hospital's Nangeroni Education Center starting at 6:30 p.m.

To register, call the hospital's Public Relations Department at (617) 696-8810.

Former Globe Columnist Speaker Sunday

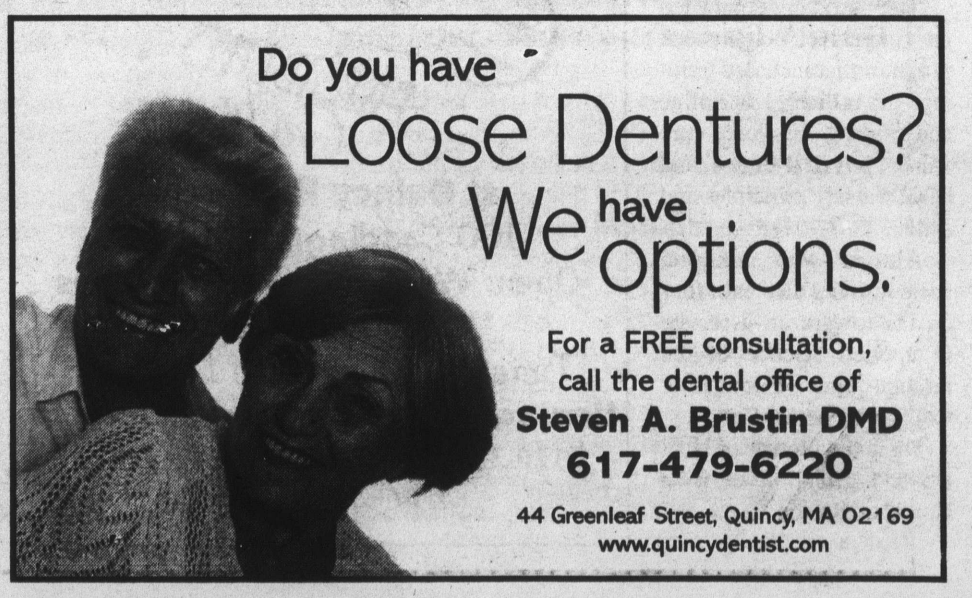
Former *Boston Globe* columnist Joanna Weiss will speak on "How to be Civil in a Difficult Time" at the Sisterhood of Congregation Beth Shalom of the Blue Hills Sunday, Oct. 22 at 2 p.m.

Weiss will give her insights into discourse between people who disagree with each other's viewpoints on politics. This event is free and open to the public, and refreshments will be served.

Weiss is a frequent commentator on WGBH and WBZ television and radio, and her writing has appeared in Politico, Slate, Pacific Standard, The Economist, and the live show Listen to Your Mother. She spent 16 years at *The Boston Globe* as an op-ed columnist, political reporter and debate moderator, and her columns appeared in newspapers across the country. Previously, she worked for the Globe as a TV critic and pop culture reporter, and wrote a regular column about parenting. She is the author of the novel Milkshake, a satire about the politics of motherhood.

Weiss has also worked as a metro reporter and covered local and national politics. Before joining the Globe in 1999, she covered Louisiana politics for the New Orleans Times-Picayune. She studied history and literature at Harvard, and lives in Milton with her husband and two children. She is also a Beth Shalom of the Blue Hills member.

Congregation Beth Shalom of the Blue Hills is at 18 Shoolman Way (off Lodge Street) in Milton, and is handicapped accessible. There should be ample free parking, and no parking is allowed on Lodge or Maitland Streets. Call 617-698-3394 for more information.



Systemic Lupus Erythematosus

A Message From The Quincy Health Department

By RUTH JONES
BSN, RN, BC, CP-F

Lupus is an autoimmune disease characterized by acute and chronic inflammation of different tissues of the body.

Those with lupus produce abnormal antibodies in their blood that target tissues within their own body rather than foreign infectious agents. Because the antibodies and accompanying cells of inflammation can affect tissues anywhere in the body, lupus has the potential to affect numerous areas.

Occasionally lupus can cause disease of the skin, heart, lungs, kidneys, joints, and/or nervous system. When only the skin is involved, evidenced by a rash, the condition is called lupus dermatitis or cutaneous lupus erythematosus. A form of lupus dermatitis that can be isolated to the skin, without internal disease, is referred to as discoid lupus.

When internal organs are implicated, the condition is denoted as systemic lupus erythematosus (SLE). Both discoid lupus and systemic lupus are 8 times more common in women than men. This ailment can affect all ages but most frequently begins from 20-45 years of age. Statistics validate that lupus is slightly more frequent in African Americans and people of Japanese and Chinese descent. Symptoms of systemic lupus erythematosus can differ, because there are distinctive types of lupus, and not all affected people show the same symptoms.

The defined reason for the abnormal autoimmunity that causes lupus is not known. Inherited genes, viruses, ultraviolet light, and certain medications may all play a role. Lupus is not caused by an infectious microorganism and is not transmissible from person to person. Genetic factors heighten the tendency of developing autoimmune diseases; furthermore, it is possible to have multiple autoimmune diseases present in the same individual.

Researchers believe that the immune system in lupus is more easily stimulated by external factors like viruses or ultraviolet light. It also is recognized that some women with SLE can experience exacerbation of their symptoms prior to their menstrual periods, suggesting that female hormones play a vital role in the expression of SLE.

A variety of medications have been reported to trigger SLE. However, more than 90 percent of cases of drug-induced lupus transpire as a side effect of one of the following six drugs: hydralazine, quinidine, procainamide, phenytoin, isoniazid and d-penicillamine.

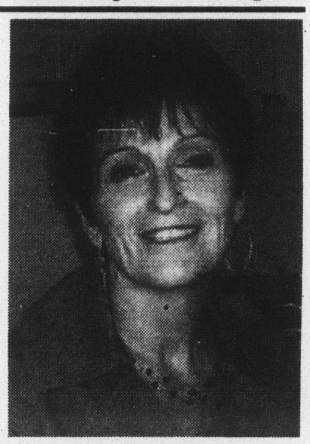
People with SLE can develop different combinations of symptoms and organ involvement. Common lupus complaints and symptoms and signs include:

- fatigue or feeling tired
- low-grade fever
- loss of appetite, nausea
- muscle aches
- hair loss
- arthritis, joint pain
- ulcers of the mouth and nose
- facial rash
- unusual sensitivity to sunlight
- chest pain caused by inflammation of the lining that surrounds the lungs (pleuritis) and the heart (pericarditis)
- poor circulation to the fingers and toes with cold exposure (Raynaud's phenomenon)

Complications of organ involvement can initiate further symptoms that depend on the organ affected and severity of the disease. Skin manifestations are common in lupus and can sometimes lead to scarring. In discoid lupus, only the skin is typically involved. The skin rash in discoid lupus typically is found on the face and scalp. Over half of the people with SLE develop a characteristic red, flat facial rash over the bridge of their nose referred to as the "butterfly rash", because of its shape.

Subsequently, because individuals with SLE can have a wide variety of symptoms and different combinations of organ involvement, no single test authenticates the diagnosis of systemic lupus. To assist doctors in improving the accuracy of the diagnosis of SLE, 11 criteria were established by the American Rheumatism Association. When a person has four or more of these criteria, the diagnosis of SLE is strongly implied. The following are 11 criteria used for diagnosing systemic lupus erythematosus:

- Malar (over the cheeks of the face) "butterfly" rash
- Discoid skin rash, patchy redness with hyperpigmentation
- Photosensitivity (skin rash in reaction to sunlight exposure)
- Mucous membrane ulcers
- Arthritis (two or more swollen, tender joints of the extremities)
- Pleuritis or pericarditis (inflammation of the lining tissue around the heart or lungs, commonly associated with chest pain upon breathing or changes of body position)
- Kidney abnormalities (abnormal amounts of urine protein or clumps of cellular elements termed casts detectable with an ordinary urinalysis)
- Brain irritation manifested by seizures and/or psychosis, referred to as "lupus cerebritis"
- Blood-count abnormalities: low white blood count (WBC) or red blood count (RBC), or platelet count; leukopenia, anemia, and thrombocytopenia, respectively. Each of these are detectable with traditional complete blood count testing (CBC)
- Immunologic disorder (abnormal immune tests include anti-DNA or anti-Sm [Smith] antibodies, falsely positive blood test for syphilis, anticardiolipin antibodies, lupus anticoagulant, or positive LE prep test)
- Antinuclear antibody (positive ANA antibody testing [antinuclear antibodies in the blood])



RUTH JONES

Additionally, other tests can be helpful in evaluating people with SLE to determine the severity of organ involvement including the erythrocyte sedimentation rate(ESR), and the C-reactive protein, blood-chemistry testing, direct analysis of internal body fluids, and

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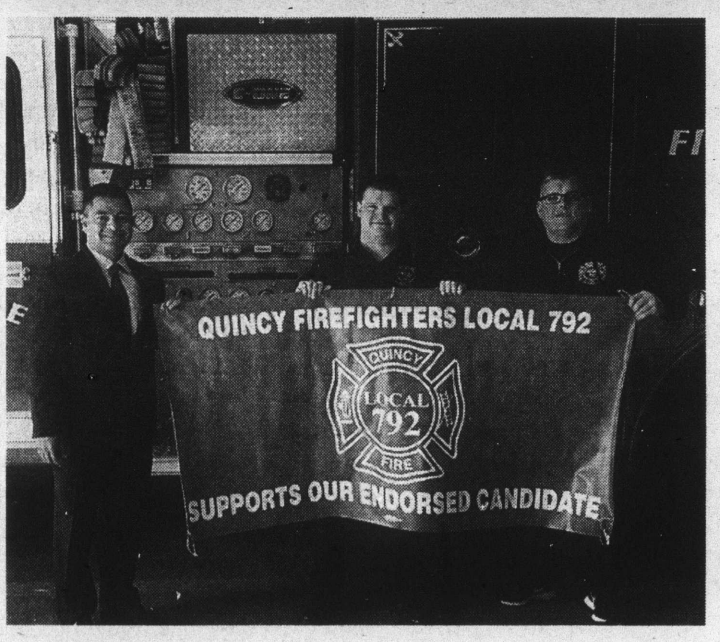
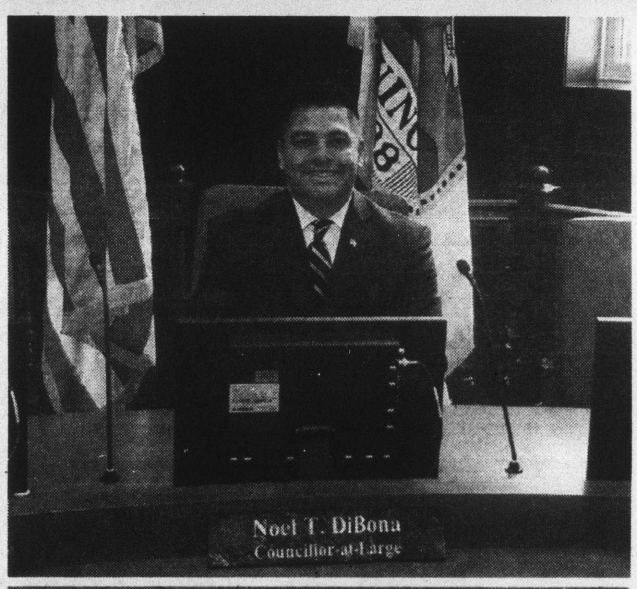
POLITICAL ADVERTISEMENT

POLITICAL ADVERTISEMENT

POLITICAL ADVERTISEMENT

★ Councilor-At-Large Noel DiBona ★
RE-ELECTION ENDORSEMENTS





Quincy Firefighters Association Local 792
Norfolk Central Labor Council AFL-CIO
Plumbers & Gasfitters Local 12
Ironworkers Local 7
Laborers Local 133
Tunnel Workers Local 88

Re-Elect
NOEL
DiBONA
★ Councilor-At-Large ★

facebook's Quincy Is EVERYTHING

Quincy Veterans Council
IBEW Local 103
IBEW Local 2222
IBEW Local 104
IUOE Local 4
Carpenters Local 424

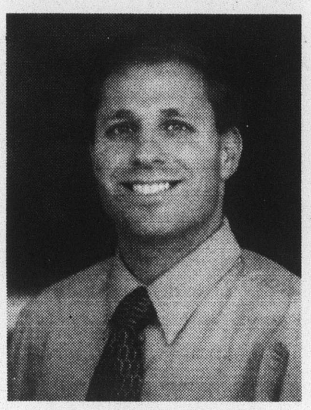
I humbly ask for your vote on Tuesday, Nov. 7th

Paid for by the Committee to Re-Elect Noel DiBona, 70 Chickatabot Road, Quincy, MA 02169

Joseph Fiore, MD, Joins S.S. Internal Medicine

Dr. Joseph Fiore, a board-certified gastroenterologist who previously had an office in Dorchester, will join South Shore Internal Medicine (SSIM) in Milton full time on Nov. 1.

Dr. Fiore is currently scheduling patient appointments at SSIM and endoscopy procedures at Beth Israel Deaconess Hospital-Milton. Appointments are available by calling (617) 698-8855.



DR. JOSEPH FIORE

Dr. Fiore has been a long-time member of the Beth Israel Deaconess Hospital-Milton Medical Staff. He graduated from Tufts University School of Medicine and completed his internship, residency and fellowship at Tufts Medical Center. Dr. Fiore is certified by the American Board of Internal Medicine in internal medicine and gastroenterology.

"We are delighted that Dr. Fiore has decided to join our growing multi-specialty practice at South Shore Internal Medicine," said Jon Cronin, MD. "Dr. Fiore has been a fixture in the greater Dorchester community for many years, and he brings a wealth of experience and expertise to our patients."

South Shore Internal Medicine is located next to Beth Israel Deaconess Hospital-Milton in the Lintz Medical Office Building, 100 Highland St., Suite 300, Milton. The office telephone number is (617) 698-8855.

Systemic Lupus Erythematosus

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tissue biopsies. Abnormalities in body fluids (joint or cerebrospinal fluid) and tissue samples (kidney biopsy, skin biopsy, and nerve biopsy) can further corroborate the diagnosis of SLE.

Unfortunately, there is no permanent cure for SLE. The objective of treatment is to relieve symptoms and protect organs by diminishing inflammation and/or decreasing the level of autoimmune activity in the body. The specific treatment is determined on an individual basis.

It is imperative to recognize that most people with SLE lead full, active, and healthy lives. Periodic flares in disease activity can generally be managed by adjusting medications. The key to successful management of SLE is consistent contact and communication with healthcare providers, consenting to monitoring of symptoms, disease activities, and treatment of side effects. On the whole, the outlook for people living with systemic lupus is improving each decade with the advancement of more accurate monitoring tests and further beneficial treatments.

Ruth Jones is the director of Nursing for the City of Quincy Health Department.

Carney Hospital Receives Quality Achievement Award

Carney Hospital has received the American Heart Association/American Stroke Association's Get With The Guidelines-Stroke Silver Plus Quality Achievement Award. The award recognizes the hospital's commitment and success in ensuring stroke patients receive the most appropriate treatment according to nationally recognized, research-based guidelines based on the latest scientific evidence.

To receive the Silver Plus Quality Achievement award, hospitals must achieve 85 percent or higher adherence to all Get With The Guidelines-Stroke achievement indicators for at least 12 consecutive months and during the same period achieve 75 percent or higher compliance with five of eight Get With The Guidelines-Stroke Quality measures.

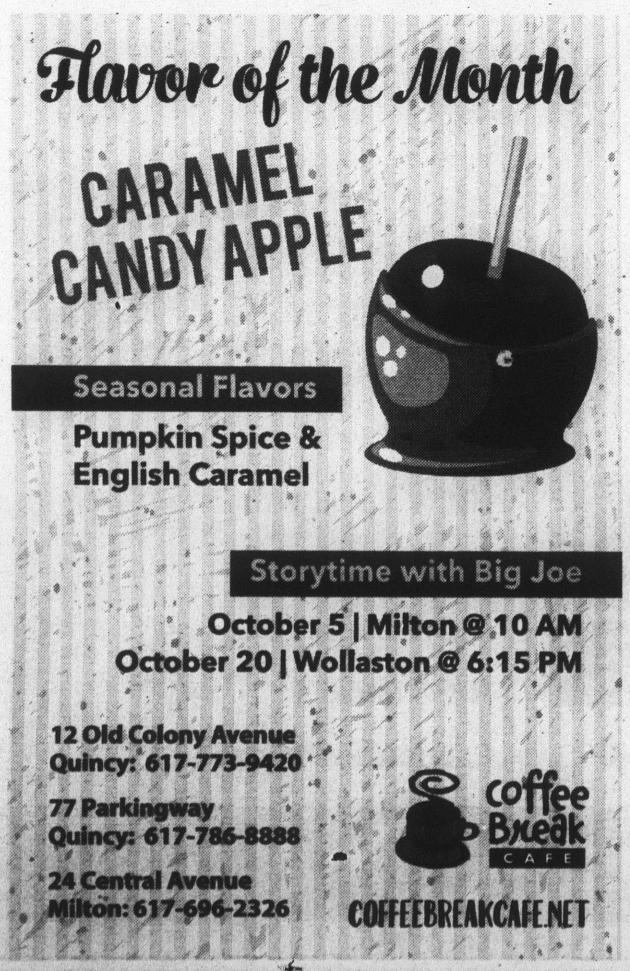
These quality measures are designed to help hospital teams provide the most up-to-date, evidence-based guidelines with the goal of speeding recovery and reducing death and disability for stroke patients. They focus on appropriate use of guideline-based care for stroke patients, including aggressive use of medications such as clot-busting and anti-clotting drugs, blood thinners and cholesterol-reducing drugs, preventive action for deep vein thrombosis and smoking cessation counseling.

"A stroke patient loses 1.9 million neurons each minute stroke treatment is delayed. This recognition further demonstrates our commitment to delivering advanced stroke treatments to patients quickly and safely," said Walter Ramos, Carney Hospital President. "Carney Hospital continues to strive for excellence in the acute treatment of stroke patients. The recognition from the American Heart Association/American Stroke Association's Get With The Guidelines-Stroke further reinforces our team's hard work."

"The American Heart Association and American Stroke Association recognize Carney Hospital for its commitment to stroke care," said Paul Heidenreich, M.D., M.S., national chairman of the Get With The Guidelines Steering Committee and Professor of Medicine at Stanford University. "Research has shown there are benefits to patients who are treated at hospitals that have adopted the Get With The Guidelines program."

Get With The Guidelines-Stroke puts the expertise of the American Heart Association and American Stroke Association to work for hospitals nationwide, helping hospital care teams ensure the care provided to patients is aligned with the latest research-based guidelines. Developed with the goal to save lives and improve recovery time, Get With The Guidelines-Stroke has impacted more than 3 million patients since 2003.

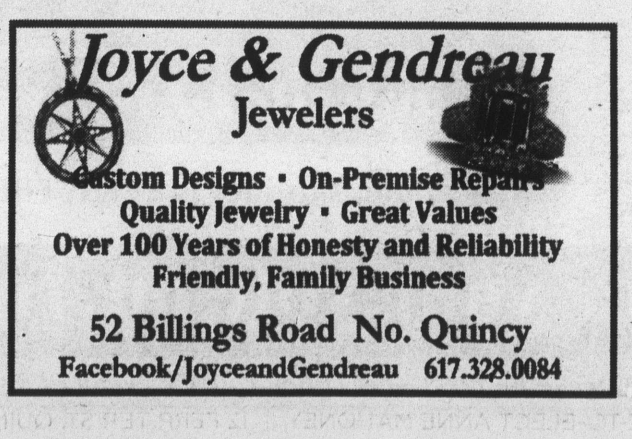
According to the American Heart Association/American Stroke Association, stroke is the No. 5 cause of death and a leading cause of adult disability in the United States. On average, someone in the U.S. suffers a stroke every 40 seconds, someone dies of a stroke every four minutes, and nearly 800,000 people suffer a new or recurrent stroke each year.



School Financial Aid Night At QHS Oct. 24

Quincy Public Schools will be offering a free Financial Aid Night on Tuesday, Oct. 24, from 6 to 7:30 p.m., at the Quincy High School auditorium.

A representative from MEFA (Massachusetts Educational Financing Authority) will provide important information about the financial aid process.



Social Security Matters

Ask Rusty: Railroad Retirement Benefits Vs. Social Security

Dear Rusty: My neighbor was a long-time employee of the railroad and has told me that he doesn't receive Social Security like I do, but rather gets Railroad Retirement Benefits which are, according to him, better than Social Security. This irks me a little bit because I've worked my whole life paying those FICA taxes, so why should my neighbor have a better retirement benefit than me? And just what exactly is this Railroad thing he's covered by? **Signed:** ***Annoyed***

Dear Annoyed: Let there be peace among neighbors! While your neighbor's railroad retirement benefit may be better than your Social Security benefit, he also paid more into it over his lifetime than you contributed to Social Security.

First, a little history.

Back in the 1920's workers in the railroad industry were covered by various private pensions that were beset with problems, leaving those workers vulnerable to inadequate financial support during their old age. Following the Great Depression those pension problems reached crisis proportions and in 1934 Congress enacted the Railroad Retirement Act (RRA), which was meant to help aging and needy railroad workers who would not be covered under the planned Social Security system. Various legal issues held the program up until 1937 when about 50,000 private railroad pensions were transferred into the Federal Railroad Retirement program. Initially meant as an old age retirement and disability program for rail workers, it evolved over the years to become more of a social insurance program providing survivor, spousal, dependent, sickness and unemployment benefits, similar in many ways to how Social Security evolved during the same time period. A financial interchange between Social Security and Railroad benefits was set up in 1951, eventually evolving to the Railroad Retirement Act of 1974. The program has continued to undergo refinements as needed, and is administered by an independent Federal agency called the Railroad Retirement Board (RRB). While independent, the RRB is closely aligned with Social Security, but the benefits of each program differ.

Railroad employees pay taxes into the system for two separate benefit categories known as Tier I and Tier II. Tier I contributions are similar to Social Security (6.20%), but Tier II contributions - essentially for a supplemental pension - are an additional 3.9%. In both cases, there is a maximum taxable wage cap. And similar to Social Security, another 1.45% is levied for Medicare. As with Social Security, rail industry employers pay an equal amount of payroll tax for Tier I, but they also pay a substantially higher tax percentage than employees for Tier II benefits.

Without getting into the myriad of details, suffice to say that just like Social Security, RRA has eligibility criteria for beneficiaries. Although Tier I railroad benefits are intended to somewhat mimic Social Security, there are a lot of nuances in the railroad retirement program, which can make benefits higher. The differences are far too numerous to describe here but as an example, early retirement benefits aren't reduced if the worker has at least 30 years of railroad service. Tier II benefits are designed to resemble a private defined benefit pension plan.

So how different are the benefits? Well, for 2016 the average Social Security retirement benefit was about $1,350 per month, while the average retirement benefit for railroad employees was about $2,675 per month. While the difference is substantial, remember that a defined benefit pension is part of rail employees' retirement benefits. Further, career rail employees - those who have contributed through payroll taxes for a long period of time - receive considerably more than the average.

So if your neighbor was a long time railroad employee, don't begrudge him his somewhat higher benefit. He earned it, just as you have earned Social Security plus any additional pension benefit you might enjoy from working in the private sector. Now, invite your neighbor over for coffee and discuss something non-controversial, like politics.

The information presented in this article is intended for general information purposes only. The opinions and interpretations expressed are the viewpoints of the AMAC Foundation's Social Security Advisory staff, trained and accredited under the National Social Security Advisors program of the National Social Security Association, LLC (NSSA). NSSA, the AMAC Foundation, and the Foundation's Social Security Advisors are not affiliated with or endorsed by the United States Government, the Social Security Administration, or any other state government. *To submit a request, contact the Foundation at info@amacfoundation.org.*

Council Forum Addresses Opioid Concerns

Cont'd From Page 1

resident, said she has been sober for 28 years. She speaks to students in Stoneham schools five or six times annually, and has begun bringing Quincy residents who are in recovery from heroin and opioid addiction with her in recent years. Cahill suggested Quincy Public Schools should do the same.

"Quincy has a big problem but Quincy's got a huge recovery, and I don't know how many people know that. I know thousands of people who are sober," Cahill said, in Quincy and in neighboring communities.

"I think there are thousands of untapped resources right here in Quincy that can help in our schools."

The councillors who attended the Oct. 10 meeting said it was important to hear from the community.

"This is a very important matter here in the city of Quincy," said Councillor Noel DiBona, who earlier this year introduced a resolution calling for hearings on the opioid issue. "I think sweeping this under the rug is not the way to go."

Ward 2 Councillor Brad Croall said individuals in recovery could be a resource for the community.

"I know we read a lot of headlines about overdoses and people struggling with addiction on a daily basis and those things are real, but, much to the contrary, so is recovery," Croall said.

"I really do believe strongly that making those individuals who have maintained some sort of recovery on a consistent basis, making those folks more available throughout the community I do think can aid to continue to combat this."

Councillor Nina Liang said the issue hits close to home for many people in Quincy and throughout Massachusetts.

"I think it's important that we discuss this at the council level because it's a collective issue to address this from all of us in the community," she said. "I feel as though every person I talk to knows and has a personal story about someone who has successfully gone through recovery or unfortunately has lost somebody to an overdose."

Police Lt. Patrick Glynn, commander of the department's Drug Control Unit, said Police Chief Paul Keenan and School Superintendent Dr. Richard DeCristofaro are working together to formulate a new DARE curriculum that would be offered starting in lower grade levels.

"The chief has been in contact with Dr. DeCristofaro about enhancing the DARE program, calling it DARE Plus," Glynn said. "The curriculum is changing and it is going to be distributed down to lower groups."

The Quincy Police Department was the first department in the nation whose officers carried Narcan, a drug that can reverse overdoses caused by opioids, heroin and fentanyl.

"We took a different approach," Glynn said. "We kind of reset the mindset. It's not an addict, it's a person. It's someone's family member. We've all lost family – we've all lost children, relatives - to this epidemic."

Community police officers have also begun follow-up visits to families after an overdose. Glynn said more than 105 such visits have been made in the past four months.

The Quincy Fire Department and Brewster Ambulance also carry Narcan, said Capt. Richard Bryan of the fire department. All three agencies respond to overdose calls and the first on scene begins administering the drug. Bryan and Glynn said multiple doses of Narcan are sometimes needed, particularly if fentanyl had been taken. The person is then taken to the hospital for observation to ensure there is no secondary overdose once the Narcan wears off.

Martin, the city's substance-use prevention coordinator, said North Quincy-based FoxRock Properties would be sponsoring an evening open gym program in partnership with the Quincy Recreation Department between December and March, the details of which are still being finalized.

"It creates a safe place for kids to go with safe activities and they're learning alternatives to whatever they might be doing," Martin said. "It's a really, really good example of the community getting involved."

FoxRock is also working with Quincy Public Schools on a pilot mentorship program for freshmen at the city's two high schools, she added.

"We're going to ask for a four-year commitment to be drug- and alcohol-free from the kids and through that they're going to get things – there will be a grand prize at the end – but it's more just about showing kids healthy alternatives to substance use and trouble and giving them, outside of the school, some people to talk to about life experience," Martin said.

In addition, Northeast Addictions Recovery Center is partnering with Quincy Medical Center to establish a 24-hour hotline for residents who have been taken to the hospital after an overdose. Martin said staff members at the hospital would call the hotline to find a spot in a treatment center for the individual who has overdosed, provided the person is willing to go there. The city and community partners will also cover the cost of a taxi ride to the treatment center.

"We're trying to take away the excuses to not get help and catch them at the most vulnerable time," Martin said.

Sen. John Keenan highlighted efforts by lawmakers on Beacon Hill to address the opioid epidemic. Keenan, a Quincy Democrat, has made the issue one of his top priorities.

Keenan noted first-time prescriptions for opioids are now limited to a seven-day supply, as are all opioid prescriptions for minors. Practitioners must also check the state's prescription monitoring program when an opioid is prescribed as well.

In addition, the senator noted pharmacies in Massachusetts can no longer fill opioid prescriptions written by doctors outside New England or New York, and residents can request pharmacies only partially fill a prescription for an opioid.

Keenan said state agencies have also begun working together to collect data on addiction. Going forward, he said that information could help allow state agencies to identify who is most at risk for substance-use disorders.

"When you take all the data that we're gathering, and you add in self reporting, I think the prospects of predicting who is more prone to dependency and addiction will lead to better prescribing practices and to a better way of treating people without opioids," Keenan said.

"That's something we're really working on."

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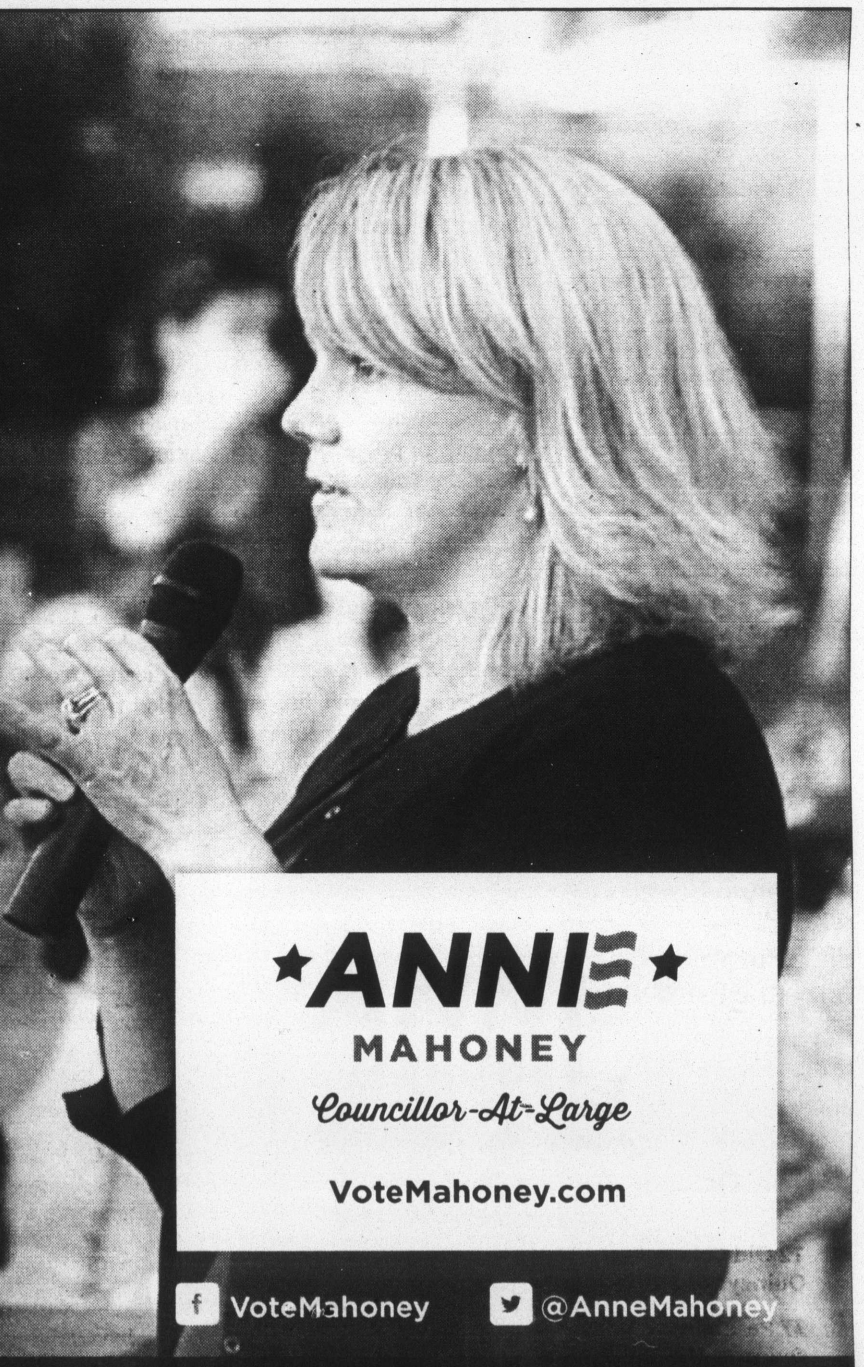

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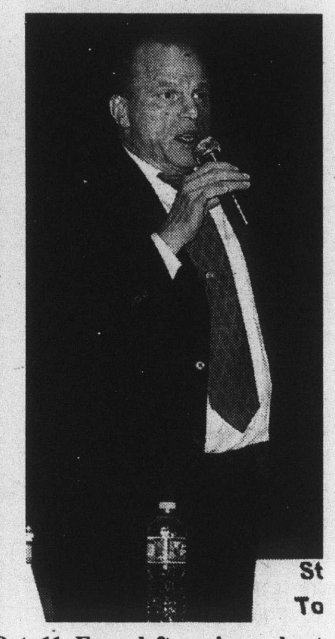
At-Large Candidates Discuss Taxes, Pedestrian Safety



SIX CANDIDATES SEEKING the three council at-large seats participated in a bilingual forum at North Quincy High School Oct. 11. From left are incumbent Noel DiBona, Ward 1 Councillor Margaret Laforest, incumbent Nina Liang, school committeewoman Anne Mahoney, former Ward 2 councillor Dan Raymondi and first-time candidate Steve Tougas (with microphone). The forum was sponsored by Quincy Asian Resources, Inc., Asian Community Development Corporation and South Cove Community Health Center. *Quincy Sun Photos/Robert Bosworth*

By SCOTT JACKSON

The six candidates vying for the three at-large seats on the City Council in November's election discussed property taxes, outreach to Quincy's Asian-American community and the safety of city roads for bicyclists and pedestrians at a recent forum.

Incumbents Noel DiBona and Nina Liang, Ward 1 Councillor Margaret Laforest, School Committee member Anne Mahoney, former councillor and public works commissioner Daniel Raymondi and first-time candidate Stephen Tougas are running for the at-large seats on the council. The top three vote getters in the Nov. 7 election will win two-year terms.

All six candidates attended the Oct. 11 event at North Quincy High School, which was sponsored by Quincy Asian Resources Inc., Asian Community Development Corporation and South Cove Community Health Center, and moderated by John Brothers, QARI's former executive director. Interpreters speaking into microphones translated the candidates' comments into Cantonese and Mandarin for some audience members via headsets.

For the first question of the night, Brothers asked the candidates how the city should better prepare its first responders to communicate with Quincy's Asian-American population, which includes nearly a quarter of the city's residents.

Laforest said there are some opportunities for improvement, but added that she had spoken to Police Chief Paul Keenan about the issue and he believes the system is working.

"I do understand there is a lot of different dialects for the diverse community that we have, that they do have interpretive services. I think there is an opportunity to make improvements to that in the city of Quincy for all of our communications channels, for example our city website," Laforest said.

"I think there is a lot more opportunity for Quincy to do better by that, but from what I'm understanding, from the police chief directly himself, their current policy is working."

Liang said the city should hire professional translators to better serve the community.

"Language is a barrier and it has posed problems for folks. Simply hiring somebody that is on site that happens to speak another language is not going to be the one solution," Liang said.

"You need to have an unbiased, very clear translation for the person that is speaking as well as the person that is receiving that information. I've worked directly with QARI, with members in QARI and the mayor's office in discussing having professional translation services, not just somebody who happens to speak the language, and that's the direction we need to continue to move in."

Mahoney said the city should put an emphasis on hiring first responders who can speak different languages.

"The reality is very simple. We have 24 percent of people who do not speak our language fluently in the city of Quincy and we want to make sure that you feel safe in your own homes and that we're able to help you should the need arise," Mahoney said.

"To do that, as your city councillor, I'll make sure that when we're in a hiring phase for fire and police that we're making sure we're bringing in people who can speak the language that can service our community to the best of your advantages."

Raymondi said the issue is on the city needs to improve upon.

"Our police and fire are Civil Service and the mayor can ask for a Civil Service list that has an Asian communications skill to it. We need to do a better job in upgrading our communications skills for police and fire. We do contract with our ambulance service and perhaps our next round of contracts we can mandate that they have the ability to communicate with every aspect of the diversity of this great city," Raymondi said.

"I appreciate the question. It's one that we need to do better."

Tougas said he would press for legislation that would require the city to hire first responders fluent in different languages spoken in the community.

"There is a language barrier, I understand, and it makes sense if you're going in an area…to at least appoint somebody to go along that can speak the language. I would work on legislation to try to make sure there are people hired from among all the languages that are predominant," Tougas said.

"I do understand the importance of Civil Service. We do need to maintain the community."

DiBona encouraged the encouraged members of the city's Asian-American community to strive towards becoming first responders.

"This is a great opportunity for your grandchildren, sons and daughters to be involved with becoming a Quincy police officer, Quincy firefighter or an EMT person," DiBona said.

"You can educate our children to become these translators that we're all talking about, the bilingual part. This is an opportunity for the Asian community, the 24 percent of the population in Quincy, to become these first responders. This is an opportunity for us to educate and I will facilitate, I will help in the process of doing that."

Brothers next asked the candidates how the city could work to ease the property tax burden on residents.

Liang said the city should pass a tax exemption for homeowners and look for commercial development.

"Both of those avenues need to happen at the same time," Liang said. "We need to bring in more offices, more large companies that are committed to carrying the tax burden with us here in the city, and at the same time more immediately we need to enforce a residential tax exemption."

Mahoney said the city needs to rein in spending to help alleviate the tax burden.

"The most important thing we need to start doing is reining in our expenses," Mahoney said. "We are spending money faster than we are bringing it in. Your taxes can't keep up with what we're spending. We're bonding out our future, and that's your children's future."

Raymondi said developers should be picking up the tab for infrastructure work.

"We need to ask our developers to do more for us. There is an awful lot of infrastructure work that a developer comes in, walks away and then the taxpayers are left paying for roads, sidewalks or infrastructure repairs," Raymondi said. "We need developers, we need them to do more for us."

Tougas said the city needs to cut spending while maintaining services for the community.

"We have to lower spending. That's what you have to do if you can't afford your rent at the end of the month," Tougas said. "That's what we have to look at, is what can we cut out while still providing effective services, while still meeting the needs of a growing community."

DiBona suggested developers directly fund a tax break for seniors.

"Developers can help out with a fund that can help out with taxes," DiBona said. "I'm looking to have a $500 tax abatement for anybody over the age of 65, whatever criteria of financial income that you make. It doesn't matter. This will be a set up fund from the developers."

Laforest said there are two measures pending before the council that could help ease the property tax burden: the residential property tax exemption for owner-occupied homes and a proposal to tax large apartment buildings at the commercial tax rate, which is higher than the residential one.

"When you have multi-unit dwellings, that's a business, that's a business income, it's not just solely a residence," Laforest said.

For his third question, Brothers asked the candidates how they would work to create a safer environment in the city for pedestrians and cyclists.

Mahoney said greater enforcement is needed.

"One of the first things that we can do in the city of Quincy is start enforcing the rules of the road. We need more police officers to pull people over when they're driving too fast, to stop them from going down streets the wrong way," Mahoney said.

"If we're going to put up signs we need to make sure we're enforcing those signs in those neighborhoods that we put them up, or don't put them up at all because they're not solving anything."

Raymondi said he made educating children about bike and pedestrian a priority as DPW commissioner.

"In addition to advocating for safety, I actually did something about it," Raymondi said. "We organized Quincy's first bicycle and pedestrian safety rodeo because one of the biggest components that we have not only in this municipality but all across the commonwealth is to educate our young people as to what to be alert for when they're on their bicycles or when they're about to cross the streets.

"That's what that rodeo was all about, to educate our young people."

Tougas concurred that education is key for bicyclists.

"I love to bicycle and I've done a lot of biking in Quincy. I oftentimes will think nothing of taking a bike ride to Braintree and I've never had any problems because I know the rules," Tougas said.

"The mixing of bicycles and people with the bike paths I think is a really bad idea, and that's part of globalization. I totally agree with my colleague here that we do need education and I was educated properly as to how to ride my bike. I think that would go a long way."

DiBona said the council was set to give final approval to traffic study that would look for ways to improve pedestrian and bicycle safety and position the city to get federal and state grants.

"We need to become more of a pedestrian-friendly city. A lot of people do not drive vehicles or cars. They rely on crosswalks and they rely on bicycles and MBTA systems and ferry systems," DiBona said.

"We need to provide that service for all of you, and to do so we need to find out where the mitigation needs to be."

Laforest said she worked with an elementary school in her ward to create a network of routes for those who walk to school.

"The Atherton Hough School does safe walking routes to school…part of it is about reducing traffic volumes in our city and making pedestrians feel comfortable and encouraging walking," Laforest said.

"We designated walking routes to the school – it was kind of a walking school bus theme, the older kids and the chaperones would pick the younger kids up along the way. I think encouraging more pedestrian use, particularly through the schools, is an opportunity we can do better on."

Liang said the city should promote and support walking and bicycling as alternative means of transportation.

"I had the honor of serving on Quincycles not too long ago," Liang said, referring to a cycling advocacy group. "They went across and identified the spines or main arteries here in the city that would be perfect to create some bike lanes, protected bike lanes, so that those that are using alternative means of transportation, alleviating our congestion problem, are going to be safe when they're on the road.

"That's just one step in that direction."

School Officials: Prevention Is Key To Addiction Crisis

By TOM GORMAN

School officials say that prevention is the best weapon in the fight against the substance abuse crisis that continues to lead to countless overdoses and scores of deaths in Quincy and surrounding communities.

In addition to grappling with the recent spike in opioid overdoses, officials say they now have another issue to deal with – last year's legalization of recreational marijuana.

During a recent school committee meeting, officials outlined additional steps being taken in the district's substance abuse prevention education program included in its health and wellness initiatives. In-house programs are being supplemented by collaborative efforts with private organizations and Quincy police DARE officers.

Mayor Thomas Koch said that the focus is on prevention.

"The prevention piece has really grown," he said. "The best shot we have is the prevention piece. The more people we save from going down that road, the more success we will have."

Koch said that when he was elected mayor 10 years ago, he had no idea of the extent of drug addiction.

"It was such an education for me on this issue," he told the committee. "I had no clue of the depth of the issue of addiction we were facing in the city."

The following year after he took office, Koch established a task force to address the substance abuse problem.

"One commitment I made was to bring people together, have as much collaboration as we possibly can, and chase every available dollar we can for the program," he said. "The folks on the task force bring amazing talent, energy and commitment."

Koch said that he was told early on that the fight against addiction was a "three-legged stool – enforcement, education and treatment."

Blue Cross/Blue Shield, Bay State Community Services and South Shore Hospital are among local organizations providing training and support to the district in substance abuse prevention.

"Everybody is at the table talking and sharing resources," said Koch. "We still have a lot of work to do, but we have come so far as a community."

Officials say they are now scrambling to address the marijuana issue. Legalizing pot, they say, sends the wrong message to young adults that it is safe to use.

"The legalization of marijuana has really just tripped everybody," said school committee member Anne Mahoney.

She said that pot can be sold in brownies and candy.

"Kids and parents don't realize the danger," said Mahoney. "These are kids that are vulnerable. If they see it (pot) in candy, they think it's OK."

Central Middle School teacher Caitlin Plaskasovitis agreed.

"Kids are influenced by pro-marijuana propaganda," she said. "They hear it in

Cont'd On Page 15

QEA Endorses Three For School Committee: Andronico, Lebo, Sauter

The Quincy Education Association announces it is endorsing three candidates for Quincy School Committee: Anthony Andronico, Emily Lebo, and Mark Sauter.

"These three candidates will provide strong leadership for our district. Each has a good understanding of the issues facing our public schools. They are committed to further strengthening programs as well as expanding offerings to ensure our students continue to receive a high quality education here in Quincy," said QEA President Allison Cox. "Additionally, it is vitally important that we have a school committee committed to working with labor — a committee that will work collaboratively with QEA and its members on the issues that are important to us, and QEA feels these three candidates are capable, prepared, and committed to this task."

In their endorsement, the QEA said:

Anthony Andronico, a product of Quincy Public Schools, is a new voice in Quincy politics. He impresses QEA as a thoughtful and intelligent man with a passionate interest in giving back to the community and school system in which he was raised.

Incumbent candidate Emily Lebo is a long-time educator from Quincy. Her deep understanding of education from the perspectives of teacher, administrator, and school committee member, gives her an unmatchable degree of firsthand experience which makes her an invaluable asset to school committee.

Mark Sauter, another relative newcomer, similarly impresses QEA as deeply informed on educational issues and well-prepared to engage in policy-making decisions for this school system.

All three candidates are pledging to work with QEA and its members on issues and decisions that come before School Committee. "QEA is pleased that all three recognize the important contributions that our members make each and every day in delivering high quality instruction and a great public school experience for our students and their families," said Cox.

QEA is confident that adding these three candidates to the Quincy School Committee will only further strengthen and improve the collaborative and mutually respectful relationship that currently exists between QEA and QPS and will help ensure our members' voices are heard in all matters coming before School Committee.

QEA represents 980 professional educators and assistant Principals of the Quincy Public Schools as well as faculty and professional support staff of Quincy College.

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Margaret Laforest

Councilor at Large

Our beautiful 27 miles of coastline is one of our most valuable, and vulnerable, assets. I have a proven record of protecting our coastline and the residents who live near it. With your vote on **November 7th**, I'll continue to be a strong voice for coastal issues citywide.

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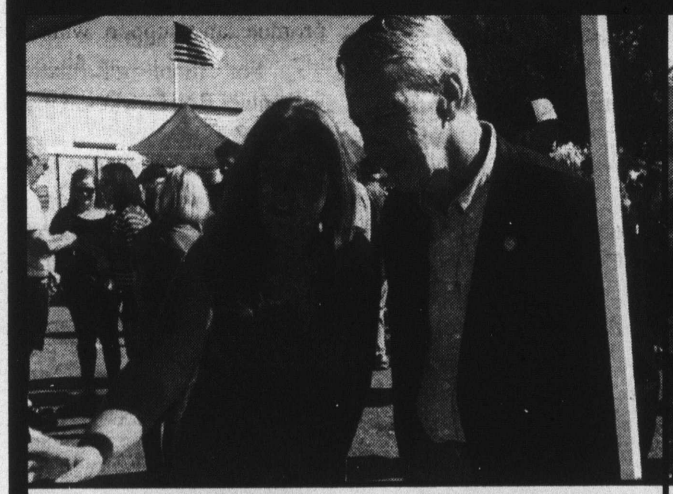

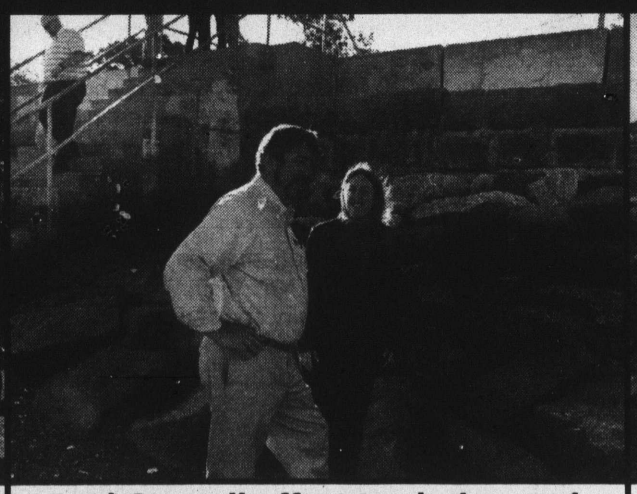

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Paid for by The Committee to Elect Margaret Laforest

Eight Recruits Join Quincy Police Department

Cont'd From Page 3

which is located on Sea Street in Quincy. Following their stint at the academy, they will undergo one to two months of field training with Quincy police, said Police Chief Paul Keenan. Keenan said the training regimen for the recruits would be completed by the middle of June 2018.

The new appointments boost the number of patrol officers in the department to 163, Keenan said, though some retirements are expected in the near future. The department also has 30 sergeants, 14 lieutenants, five captains and the chief. Keenan anticipates an additional round of hirings in January.

Mayor Thomas Koch, at the swearing-in ceremony, said the new recruits would be joining the ranks of excellent, dedicated professionals within the department. The mayor said the swearing-in ceremony was the easy part, and the hard part would begin when the recruits started their time at the academy this week.

"We'll be rooting for you every step of the way. There is significant training involved for the job you are going to undertake, not only in the academy but in-house training in the department. It's very, very important that we have well-trained, well-educated officers serving the public," Koch said.

"Obviously you have passion for the city, or you wouldn't be doing this, but have compassion for the people you serve. That's what you try to do each and every single day. Treat everybody like a family member."

Keenan credited the mayor for his support of the Quincy police, as well as those involved in the appointments – Crispo, city human resources director Patricia McGowan and Sgt. Jennifer Tapper.

The chief said the department is second to none, and said officers from outside the city often ask him if there are opportunities to join the department.

"Today is a very proud day for you as well as the Quincy Police Department. The Quincy Police Department is second to none," Keenan said. "I go around the commonwealth a lot, as recently as this morning, at training and this and that, and people I talk to, other police officers, always ask me the question 'are you taking lateral transfers?'

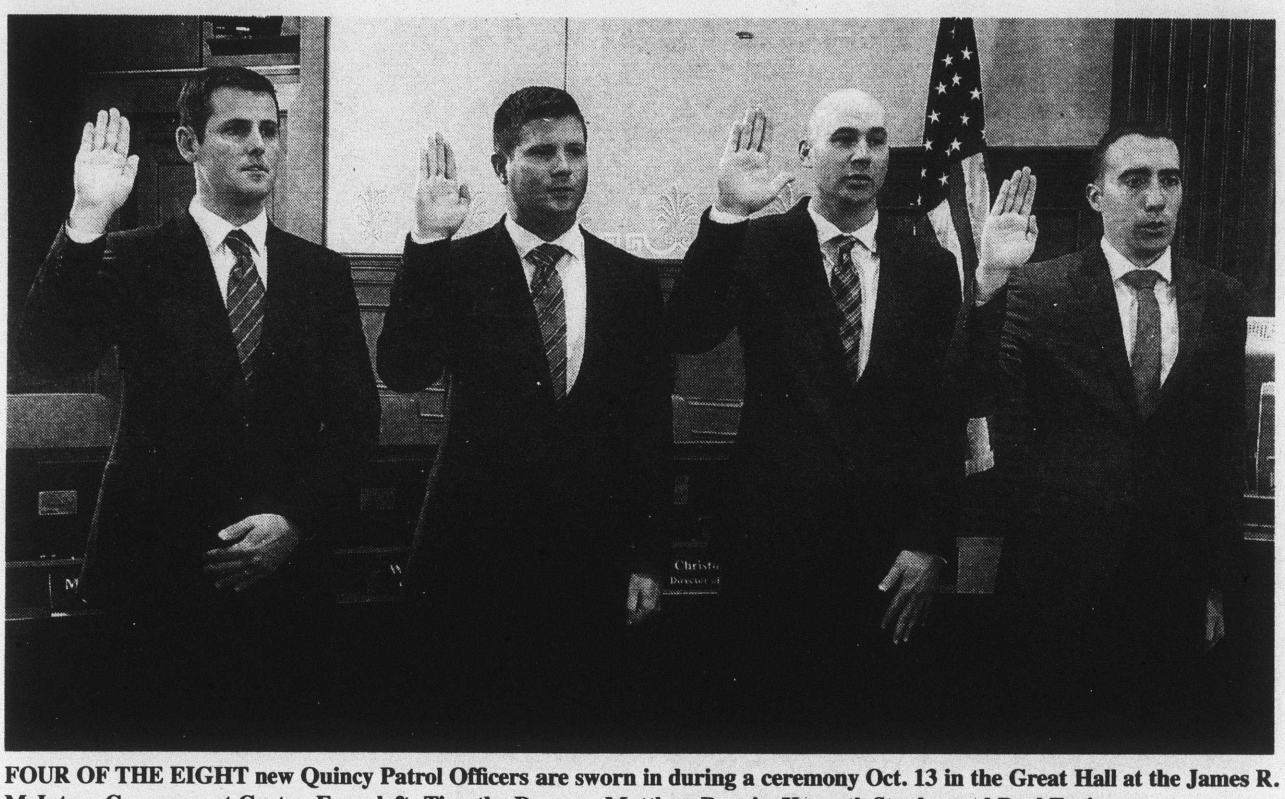
"The reason they want to come to Quincy is because it's such a great department."

Keenan said the six months the recruits spend in the academy will be challenging, but the officers will be able to make themselves, their families and the department proud.

"You're going to have a very challenging six months," the chief said. "They're going to put you through your paces on Monday. Just look at it as a six-month game and then you have a 32-year career.

"So hang in there for your next six months, stick together, work hard, make the department proud, make yourselves and your families proud, you'll get through it. It will be a challenge but you'll make it. At the end of the day, we'll welcome you back. We'll do an awful lot of training in house. We'll get you out and running on the streets so you can serve the citizens of Quincy.

"Congratulations and I wish you the best."



FOUR OF THE EIGHT new Quincy Patrol Officers are sworn in during a ceremony Oct. 13 in the Great Hall at the James R. McIntyre Government Center. From left: Timothy Duggan, Matthew Benvie, Kenneth Stanley and Paul Farina.

THE OTHER FOUR new Quincy Patrol Officers are also sworn in during the ceremony. From left: Michael McNeil, Thomas Fox, Colleen White and Kevin Adams. *Quincy Sun Photos/Robert Bosworth*

Cong. Lynch U.S. Service Academies Information Session Sunday

Cong. Stephen F. Lynch will host an information session Sunday, Oct. 22 for all high school students in the 8th Congressional District interested in applying to one of the U.S. Service Academies.

The 8th District includes Quincy. The information session will take place at East Junior High School, 305 River St., Braintree.

Representatives from each of the following academies will make brief presentations and be available for questions:

- U.S. Military Academy at West Point, NY
- U.S. Naval Academy at Annapolis, MD
- U.S. Air Force Academy at Colorado Springs, CO
- U.S. Merchant Marine Academy at Kings Point, NY
- U.S. Coast Guard Academy at New London, CT
- Massachusetts Maritime Academy at Buzzards Bay, MA

All students and their families from the Eighth Congressional District are welcome to attend.

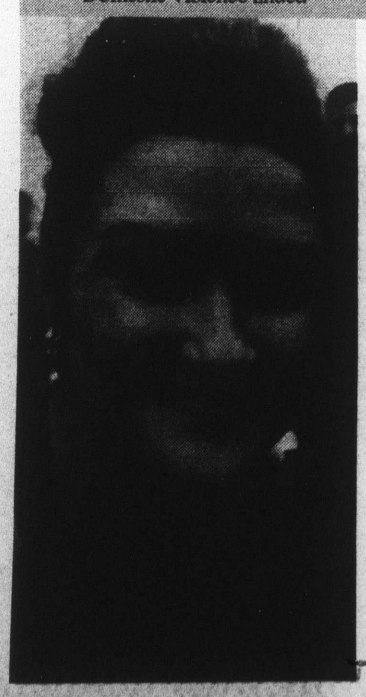
For more information, contact Bob Fowkes at (617) 428-2000

For those unable to attend, more information on the Service Academy nomination process is available at: https://lynch.house.gov/serving-you/military-academy-nominations

DOVE
Domestic Violence Ended

Many survivors share that emotional abuse feels worse than physical abuse

Written by Jen Bolton,
DOVE's Senior Manager of Education & Prevention



We have all heard that childhood mantra "sticks and stones may break my bones, but words will never hurt me." It's easy to think that if someone says something hurtful or upsetting we can just brush it off and ignore it. But when those words come from your partner, the person that is supposed to support us, encourage you and lift you up when you are down, the toll can be immeasurable.

At DOVE, we get calls from people wanting to know if they can still meet with a counselor even if their partner has never physically hurt them. We know that a relationship can be just as controlling, manipulative, scary and abusive even if there has never been a single act of physical violence.

Abusive relationships are defined by one person trying to have power and control over another. Often this begins with breaking down someone's self-esteem and causing them to question their self-worth. This can be overt emotional abuse such as telling someone they are a terrible parent, they are lucky that their partner puts up with them, or that no one else would want to be with them. It can also be more subtle, like putting down someone's friends, or their job or what the activities they enjoy doing. Often people that are abusive also attempt to isolate their partner by turning them against the people that support them such as friends and family. You may start to feel like you are crazy, alone or that everything is your fault. If you notice any of these patterns in your relationship, you may be experiencing abuse. You are not alone, we are here to help.

Blood Drive Oct. 28 Benefits Children's Hospital

A blood drive to benefit Boston Children's Hospital will be held Saturday, Oct. 28 from 8 a.m. to 2 p.m. at 7-11, 678 Adams St., Quincy.

Postive ID required.

To make an appointment log onto halfpints.childrenshospital.org - sponsor code for this dive is 7ELEVEN or call Quincy Police Lt. Dan Minton at 617-745-5719.

School Officials: Prevention Is Key To Addiction Crisis

Cont'd From Page 13

songs, TV, movies, and from friends, family and celebrities they follow. We want to educate them, give them knowledge and provide them with facts and data and have real conversations with them."

Plaskasovitis explained that the school system has tapped Boston Children's Hospital CeASAR (Center for Adolescent Substance Abuse Research) program that provides information and training to health teachers on substance abuse in order to better educate students. Last spring, one of the district's partners, Stop & Shop, hosted a teacher training program on the legalization of marijuana.

"Teaching about marijuana became very clear last year with the passing of legalizing recreational marijuana and the (2012 law allowing) dispensing of medicinal marijuana that we needed more support," she said.

Due to some ambiguities in the recreational pot law, the state is tweaking some provisions that will take effect next year. Plaskasovitis said that the district will "need access to resources to keep up to date."

"We and the kids are being bombarded with information and we are all wading through it." she said.

Plaskasovitis added that teachers are learning about how marijuana affects brain development as well as looking at the marketing techniques by the marijuana industry. She noted that the potency of marijuana has increased and its access is "easier than ever."

Student Support Services Director Maura Papile said that each middle school this year has a SADD (Students Against Destructive Decisions) chapter that provides peer leadership intervention. Additionally, the district is partnering again this year with Bay State Counseling Services that provides peer leadership training for student leaders and counselors and small group intervention for students at each school.

Committee member Barbara Isola expressed appreciation of the resources offered by the district for students.

"We are a big system, but it brings it down to a level where we are a little community when you get down to each school," she said.

Mahoney said there are opportunities for parents to learn more about substance abuse and addiction through the district's parent academies and health fairs. She added that what students learn in the classroom on the issue can transition to home.

"Education is the key," said Mahoney. "It's the thread to everything we do."

In a related matter, Papile told the committee that the district's new partner, South Shore Hospital, is providing programs on sports injury prevention, nutrition and addiction prevention. Programs will be tailored and presented during the day, after school and in the evening.

Technical and career students will visit doctors, nurses and therapists at the hospital for health care career information.

The district's health coordinator, Rita Bailey, informed the committee that last year, school nurses had more than 86,000 student visits and over 2,500 student visits with special health care needs. Bailey noted that 93 percent of the students returned to class after treatment.

"This demonstrates the impact nurses have in the schools," she said.

According to Bailey, there were 43 students diagnosed with head injuries that occurred during a sports event and 19 cases during extracurricular activities.

"Nurses collaborate with students, parents, primary care providers and school staff and monitor medical management and work with school staff to adjust student schedules as necessary," she said.

Bailey also noted that the "A Matter of Heart" middle school CPR program presented by Brewster Ambulance, now in its fourth year, has to date certified some 2,000 students in CPR.

Massachusetts Archaeology Month At Lyons Turning Mill

The Quincy Quarry and Granite Workers Museum will participate in the Massachusetts Historical Commission's "Massachusetts Archaeology Month 2017 "Delving Into The Past" in conjunction with "International Archaeology Month 2017."

The quarry museum will open the site and conduct tours of the Lyons Turning Mill remains. Touring the site visitors will view artifacts scattered throughout the site, including columns in various stages of production. There will also be historical pictures of the mill and its operation in 1893 producing the granite products the mill was known for. View the Lyons Quarry where granite was quarried and used to produce the granite products manufactured at the mill. A site model of the turning mill and the proposed quarry museum will be on display.

The Lyons Turning Mill was built in 1893 by James Lyons to produce monuments and products of granite for the building trades of that era. A specialty of the company was the turning and polishing of solid granite balls up to 6 feet in diameter. An example can be seen at the entrance to Quincy City Hall. Columns up to 22 feet in length and 3 feet in diameter could also be turned and polished at the mill. At the turn of the century about 80 men were employed consisting of quarrymen, stonecutters, machine operators and engineers all skilled granite workers.

The open house and tour will take place Saturday, Oct. 28th from 10 a.m. to 3 p.m. at the Lyons Turning Mill on Quarry Hills Drive, off Ricciuti Drive, West Quincy. Rain date if required will be Sunday, Oct. 29th.

Directions: Curry's Hardware, Copeland Street, proceed under expressway, stay to right to stop sign at the U.P.S. building. Proceed across ramp onto Ricciuti Drive to end and right on to Quarry Hills Drive. Turning Mill will be 100 yards on left.

Visit the website www.quincyquarrymuseum.org

For more information call 617-472-1322.

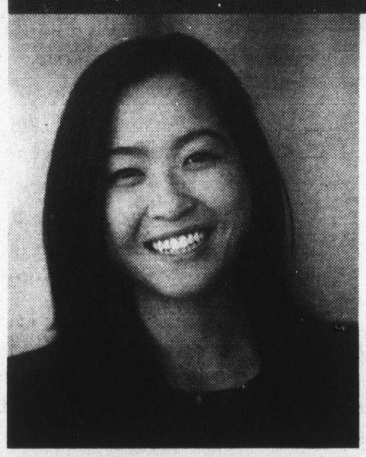
★ CANDIDATE PROFILES ★
City Council, School Committee
Contenders On Pages 27 - 33

WAVES CRASHED over the seawall on Babcock Street, Houghs Neck during high tide on Sept. 21 as 45 mph winds from Tropical Storm Jose churned the ocean.

Quincy Sun photo/Tom Gorman

POLITICAL ADVERTISEMENT

NINA
LIANG
Councilor At-Large



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Providing tax relief by working to pass a Residential Property Tax Exemption for homeowners.

Addressing traffic and parking issues in every neighborhood.

Supporting a vibrant Quincy by standing up for our neighborhoods and working with our civic associations.

Increasing engagement for all residents in the work of City Hall.

I respectfully ask for your vote on November 7th.

Nina Liang

Paid for and Authorized by the Committee to Elect Nina Liang

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Remote Starter, Car Rust, Key-Fobs, Low Vacuum Reading

Ask John Paul: AAA New England's Car Doctor

I have a 2006 Honda Ridgeline with previously installed remote starter. My problem is I can remote open my locked doors with factory key and fob for remote start, I just can't lock them. I had the car to the dealer for the recall for passenger side airbag and afterwards problems with door locks started. I went back dealer and they stated nothing they worked on could affect the power locks. I have been to several mechanics and car accessory installers and none can find the problem. I can only lock the doors manually. Any ideas?

I agree that the work performed to replace the defective airbag if done correctly would not have any effect on the door locks. At this point a technician needs to follow standard diagnostic routines as well as check individual door lock actuators. As a general rule the door lock actuators in many Honda vehicles have been prone to early failure.

I have a strange problem with my 2002 Chevy Silverado pickup truck. If I am at a standstill and put the shift selector into second gear, the truck struggles to go. It's like I am trying to go over a big bump or towing a heavy load. If I put the shift selector in first, third or drive, the truck accelerates just fine. I wouldn't think there would be any difference if I am starting from a standstill. Any thoughts?

A technician using the appropriate tools should be able to test the transmission to see what is happening. From your description, it sounds as if two gears are applying at the same time and causing a bind/tie up between gears when you shift manually. One possibility is a faulty two/three solenoid; this part can be serviced with the transmission in the truck, which will help with the cost of the repair. Just about any other issue will necessitate the removal of the transmission, which at this mileage, age and condition may be not cost effective.

I have a 2007 Chevy Trailblazer-SS with only 75,000 miles on it. The engine started making noise around 55,000 miles just after the extended warranty ran out. At that time I had the valve lifters replaced; later I had the camshaft replaced. At 75,000 miles the engine failed. The dealer wants $4,000 for a rebuilt engine and $3,000 for labor. I can no longer drive the car and cannot afford the repairs?

Since the truck is 11 years old I can't imagine that General Motors would take any responsibility for the uncharacteristically short engine life. At this point you have little other economical choices, sell the truck as is or put a used engine in it. As a long shot you could try taking Chevrolet to court, under the law of Warranty of Merchantability. In its simplest terms this means that a product (your truck) is expected to work as expected for a reasonable amount of time. If you performed all of the regular maintenance, didn't abuse the vehicle, it may be worth consulting with an attorney.

I have a 2009 Smart ForTwo, and the problem is a whistle in the undercarriage. About a week before the muffler failed there was a noise under the driver's side; first faint and then very loud. Then the muffler fell off and I had it replaced (at the Smart dealership). I thought the whistling was then associated with the muffler, since the whistling disappeared. About two weeks after the muffler replacement, the whistling began again with the same pattern – first faint and then loud. At this point I returned to the dealer and they inspected the undercarriage, brakes, etc. They found nothing they could point to that would cause the whistle. They said they tightened – adjusted something with the muffler and assured me that the car was safe and wished me luck! Following this procedure, the whistle disappeared – for about two weeks. Now it has returned. Do you have any suggestions?

Since tinkering with the exhaust system fixes the problem for a time, the issue has to be related. I believe the problem is a loose exhaust heat shield that as the exhaust system heats up, it changes shape, vibrates and whistles.

I have a 1985 Volvo and I love the car and it is in overall good condition except the floor is all rusted out. The car runs great, started all last winter with no problems and even the air conditioning works great. I went to the local repair shop and asked why this happens and what I can do? All they told me was it is a 32-year-old car and its time to get rid of it. What do you think? I expected more from a Volvo.

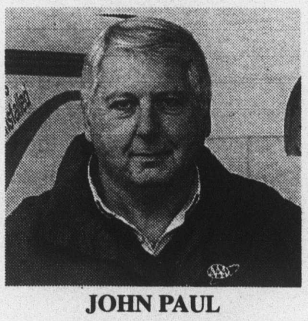
It isn't all that unusual for an old car to rust out, even a Volvo. Living in New England cars are subjected to salt air as well as salt and other ice melt products used on the on the roads to keep drivers safe in winter. Any vehicle can be fixed with enough time, talent and money, but keep in mind this is an old car and overall dependability will only get worse as it gets older. If the car is in truly good shape talk to a body shop that specializes in rust-restoration and see if it can be fixed at a somewhat reasonable cost.

I borrowed my brother in-laws 2012 Cadillac Escalade to move my daughter. Somehow the key-fob fell out of my pocket and I ran it over. He had a spare key-fob so he can still use his vehicle. I called the dealership where he has the car serviced and they told me it would cost about $600 to replace it. The fob is $500 and $100 labor to program it. Is there a cheaper alternative than spending $600?

You can certainly buy replacement key-fobs online and have the dealer or a profession automotive locksmith program it for you. After a quick check online I found a replacement (not a Cadillac part) key-fob for under $100 and it came with programing instructions. Depending on your level of guilt this fob may be a good economic solution and a money saver.

I leased a car and it is about time to turn it in. There are some dents and dings and the car needs four tires. Am I obligated to buy tires and fix the parking lot dents?

Generally this information is in the lease agreement that you signed. Some manufacturers provide a card about the size of a typical credit card and if the dent or scratch fits under the card it is considered normal wear and tear. I would review the information you received when you leased the car just to be sure. As an example, recently I was talking with representatives from Mercedes Benz of North America and as a general rule you need to return a leased car with tires that have at least 4/32nds of tread. Regarding tire type, they don't need to be the same brand as long as they are the same size and specification (speed rating) as the factory tires.



JOHN PAUL
AAA's Car Doctor

I have a 2004 Chrysler PT Cruiser (it's our third car in the family) and I do a lot of my own repairs. Recently I replaced the timing belt and at first it would start. I took out the sparkplugs when I did the timing belt. When I put the car back together I replaced the sparkplugs but crossed a sparkplug wire. Once I fixed that issue the car runs, but very rough. I have limited tools, but did borrow a code reader and did check for codes; there were none but the engine vacuum is low. Where do I go from here?

If the engine ran okay before you started I would suspect based on the low vacuum readings that the engine timing is off. At this point remove the timing belt cover and recheck your work. Many people make the mistake of aligning the marks on the camshaft before they set the belt tension. The manual states adjust the camshaft marks so they are one-half of a tooth off, set the tensioner and rotate the engine and recheck the belt alignment. Failing to line up the marks properly will result in the engine timing being off, rough running and low engine vacuum.

Got a question for the Car Doctor?

Email John Paul at jpaul@aaanortheast.com

AAA Travel Offers Tips On Caribbean Travel Following Hurricanes

Travelers be well advised, the Caribbean is open for business despite last month's hurricanes. Fortunately, most Caribbean islands did not see major damage from Hurricanes Irma and Maria, making the region a top AAA recommended destination for fall and winter getaways.

"The Caribbean remains home to some of the world's most popular travel destinations," said Rick Del Nero, vice president of Travel for AAA Northeast. "Vacationers, travel suppliers and the islands welcome guests to enjoy the relaxation, culture and recreation of the Caribbean."

AAA experts recommend that travelers look to these popular Caribbean destinations, which sustained minimal or no damage, for their upcoming travels:

- Antigua
- Aruba
- Bahamas
- Barbados
- Belize
- Bermuda
- Bonaire
- Curaçao
- Dominican Republic
- Jamaica
- Martinique
- Saint Lucia
- St. Kitts & Nevis
- St. Vincent & The Grenadines
- The Cayman Islands
- Trinidad and Tobago
- Turks & Caicos

Additionally, the Florida Keys have reopened to travelers ahead of schedule following Hurricane Irma, and Mexico saw little impact to its tourism infrastructure following two recent earthquakes and Hurricane Katia, which made landfall in the eastern part of the country.

"While recovery efforts are ongoing, we do not anticipate that the recent storms will have a long-term impact on the travel industry. As the islands work towards a full recovery, AAA shares our care and concern to everyone affected," added Mr. Del Nero. "In addition to making a donation to the recovery charity of your choice, we also can help the Caribbean recover by stimulating their local economies, which rely heavily on travel and tourism."

For anyone planning a trip during hurricane season (June 1 – Nov. 30) or to a destination recently affected by a storm, AAA Travel experts offer the following tips:

- Work with a travel agent – A trusted travel agent can serve as the travelers' advocate, helping them remain informed and assisting with any itinerary changes that need to be made in the event of a storm.
- Consider purchasing travel insurance – Travel insurance is designed to offer protection against sudden and unforeseen events, such as hurricanes. Typically, travelers must have purchased travel insurance prior to a storm being "named" to receive hurricane-related coverage benefits.
- Remain informed – Before, during and after a storm, travelers should check with their travel providers—including hotels, airlines, car rental companies, cruise lines, and tour operators—for the latest updates to itineraries or cancellation and rebooking policies.
- Be flexible and remember to pack your patience – In the event of a hurricane, travel plans may be disrupted, even for those not traveling to an affected area. For example, cruise ships often adjust their itineraries to avoid storms or help accommodate travelers on other routes.
- Share your plans – Before any international trip, enroll in the U.S. Department of State's Smart Traveler Enrollment Program (STEP). This makes it easier for the nearest embassy or consulate to contact U.S. citizens in case of an emergency.
- Check for Diamonds – AAA's professional inspectors conduct on-site evaluations of nearly 59,000 Diamond Rated hotels and restaurants across the Caribbean, United States, Canada and Mexico. If something goes wrong at one of these properties, AAA's member relations team is available to help members resolve their concerns.

Travelers should also remember that Atlantic hurricane season continues through Nov. 30, and it's important for anyone traveling during this time to heed the advice of travel experts and plan ahead for any unforeseen severe weather.

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Real Estate

Quincy Real Estate Transactions Oct. 9 - Oct. 13

Transactions are compiled by the Norfolk County Registry of Deeds

Seller	Buyer	Amount	Address
Pat Lu	Dat Tieu	$250,000.00	74 Quincy Street
James M. Sullivan	Xiang F. Zhuo	$753,800.00	84-86 Henry Street
Elizabeth B. Wenerowicz	Yan Chen & Jia J. Ou	$545,000.00	129 Bromfield Street
Luma 8 Kent Street Realty Trust	Tommy, Ping & Yee Seto	$735,000.00	8 Kent Street
Rieko Arimoto	Joseph C.C. Chang	$350,000.00	155 Kendrick Avenue Unit 310
My Q. Trieu	Paul W. Eng	$275,000.00	115 West Squantum Street Unit 507
Alexandra Nicholson & John B. Martinsen	Terrance P. Mulhern & Kaitlyn N. Little	$485,000.00	174 Elliot Avenue
Theresa A. Elder	Daniel A. & Sheila C. Smith	$184,000.00	18 Keyes Street
Kieran & Patcharat Ryan	Andrew & Stacie Billard	$329,200.00	8 Prospect Hill Street
Nicole Perona & Brendan Ridge	Daryl Schwartz	$570,000.00	43 Merrymount Road Unit B-4
Soldano Irrevocable Trust	Brian P. Kelly	$470,000.00	66 Unity Street
Arthur W. & Amy L. Kanavos	AED 2017 Revocable Living Trust	$346,500.00	100 Cove Way Unit 803
Trask Ave. Realty Trust	19 TAQ Real Estate Nominee Trust	$565,000.00	19-21 Trask Avenue
Francis X. Hogan	Jian D. Zheng & Chai Lin	$450,000.00	15 Vassall Street
Lian M. Guo	Joseph P. Burke	$268,000.00	40 Cross Street
Constitution Properties LLC	Diana Sabra	$335,000.00	100 Cove Way Unit 101
Hamilton 1025 LLC	Dennis Kelleher & Mialana W.F. Mak	$242,500.00	1025 Hancock Street Unit 14A

Norfolk Real Estate Sales, Dollar Volume Down In 3rd Quarter

Norfolk County real estate activity continued to experience a slowdown during the 3rd quarter 2017 (July through September), according to a report released by Register of Deeds William O'Donnell.

The one bright note among the sobering statistics was the continued reduction in foreclosure activity.

"There is no question real estate activity numbers were disappointing for the 3rd quarter," O'Donnell said. "The total number of real estate sales in Norfolk County, both residential and commercial, was 5,085, a four percent reduction from the previous year. In addition, the total dollar sales volume, for both the residential and commercial sectors, decreased by 23 percent to $2.2 billion. Lastly, the average real estate sales price, for combined residential and commercial stock was $653,539."

O'Donnell said the Norfolk County real estate market "is being impacted by the same sluggish headwinds affecting real estate sales throughout Massachusetts and nationwide: low inventory levels. It is especially the case with starter homes, as potential new homeowners attempt to crack the market. This is good news for sellers, but frustrating and disappointing news for first-time buyers."

Another sobering indicator was a 14 percent reduction in the total number of land documents recorded at the Registry during the 3rd quarter. "In addition to the reduced number of real estate sales, the overall decline in the number of land documents recorded can be directly attributed to a reduced number of mortgage recordings," O'Donnell noted.

Regarding mortgage activity, 7,300 mortgages were recorded during the quarter compared to 9,717 during the same time period in 2016. An anomaly was seen with total mortgage borrowing increasing by 69 percent during the quarter to $7.8 billion. This number was skewed by a $1.6 billion mortgage against a commercial property in Weymouth.

"There is no question the lending market is being negatively driven by the reduced amount of real estate sales as well as the creeping rise in interest rates," O'Donnell said.

Another slowdown in consumer activity was seen in the lowering number of Norfolk County homeowners availing themselves of the Homestead Act. A total of 3,543 Homesteads were recorded during the 3rd quarter, a five percent decrease year over year.

"The Homestead law provides limited protection against the forced sale of an individual's primary residence to satisfy unsecured debt up to $500,000. I urge Norfolk County residents to consider this consumer protection tool," O'Donnell said.

Foreclosure activity was one of the few bright spots experienced during the quarter. The total number of foreclosure deeds recorded was 61, a 27 percent decrease year over year. More significantly, the number of Notice to Foreclose Mortgage recordings, the first step in the foreclosure process, fell 49 percent from the 3rd quarter of 2016.

"While the decrease in foreclosure recordings was certainly good news, I realize this is little consolation to those facing the threat of foreclosure. The Registry continues to work with Quincy Community Action Programs, 617-479-8181 x376, and NeighborWorks Southern Mass, 508-587-0950 to help homeowners who have received a Notice to Foreclose Mortgage document. A third option is to contact the Massachusetts Attorney General's Consumer Advocacy and Response Division (CARD) at 617-727-8400."

Register O'Donnell concluded, "It is not surprising that we saw disappointing real estate activity numbers, especially when you consider the low level of housing inventory. These numbers especially impact first-time homebuyers who are trying to buy property at an affordable price. Furthermore, we are also seeing the effect it has on the lending market. While the eastern Massachusetts economy generally remains on solid footing, any increases in interest rates will only make the recovery a more challenging one for real estate sales and financing."

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information. All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of assistance can contact the Registry of Deeds Customer Service Center via telephone at (781) 461-6101, or email us at registerodonnell@norfolkdeeds.org.

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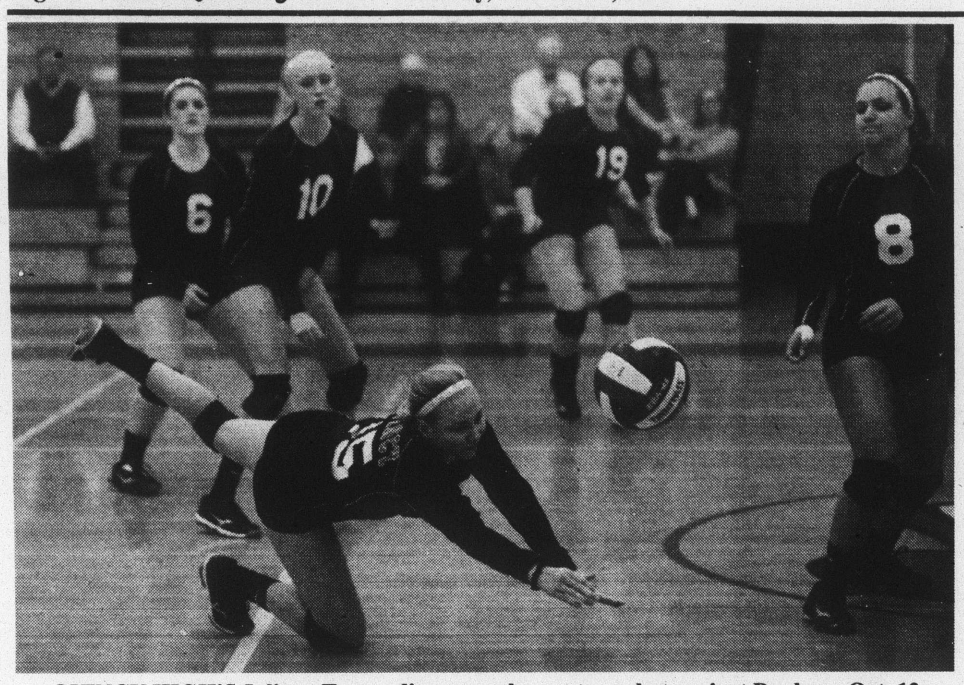
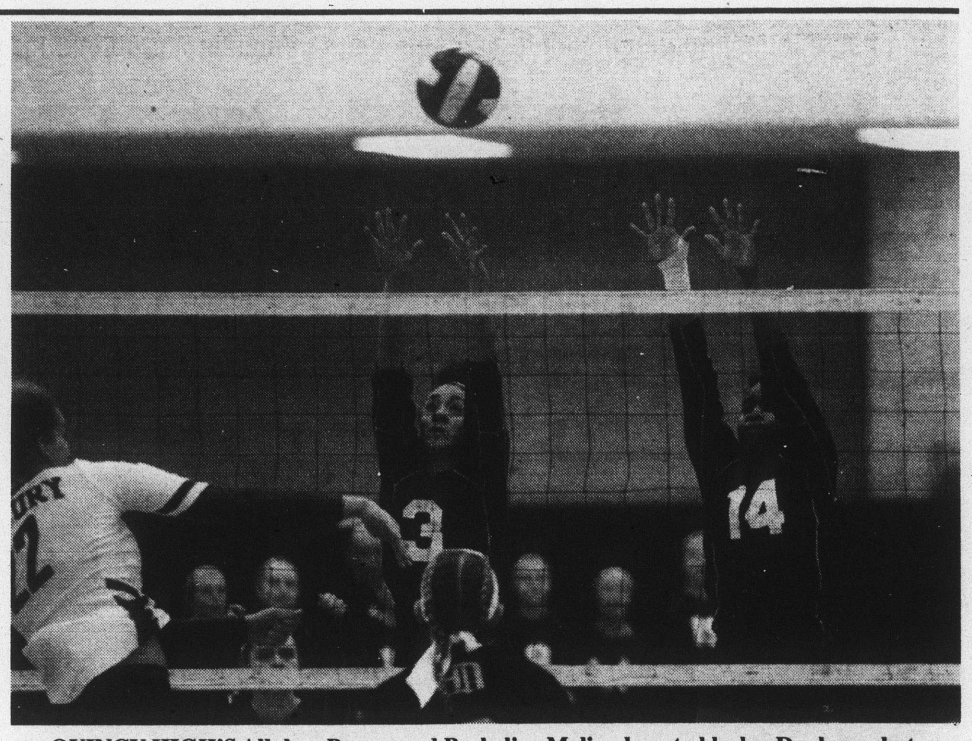


QUINCY HIGH'S Juliana Tracey dives to make a return shot against Duxbury Oct. 12.

Quincy Sun photos/Tom Gorman



QUINCY HIGH'S Allahna Brown and Rosheline Molina leap to block a Duxbury shot.

Quincy Volleyball Battles, Bows To Duxbury

By TOM JOYCE

The Quincy High girls' volleyball team showed they can battle with any team in the state last week.

Last Thursday night (Oct. 12), the Presidents took on the undefeated Duxbury Dragons and although they lost the match at home, 3-0 (22-25, 11-25, 15-25), the Presidents stayed competitive all throughout and had some moments where they really shined.

The Presidents got off to a strong start in their first set, taking a 7-3 lead. Duxbury was able to come back, however, taking a 14-13 lead midway through the first set. The go-ahead score was part of a 7-1 run for Duxbury that put the Presidents behind 14-19. Despite falling behind, the Presidents kept fighting and scored six straight to take a 20-19 lead. Momentum then shifted the other way, so the Presidents fell in the first set, 22-25.

The Presidents enjoyed some early momentum in the second set as well, taking the first two points of it. Ultimately, Duxbury was able to go on a run of their own and they did not surrender momentum for much of the set. The Presidents fell behind 8-19 before a timeout was called. While it did stop Duxbury's momentum and the Presidents got the first point after the break, they were unable to overcome the deficit and fell, 11-25, in the second set.

In the third set, the Presidents kept it close early, going up 3-2. As the set progressed, however, Duxbury was able to pull away. Duxbury took the set, 25-15, and the win, 3-0.

Although the Presidents did not come out on top, they fought hard and played a competitive match against arguably the top team in the state.

"I thought we played pretty well," Presidents head coach Jacqui Niosi said. "I

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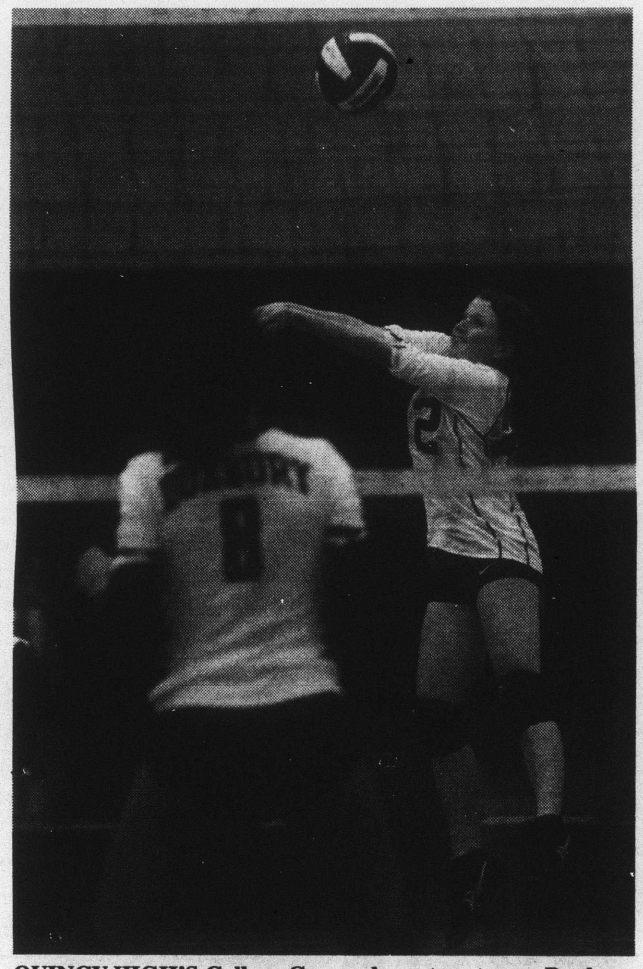
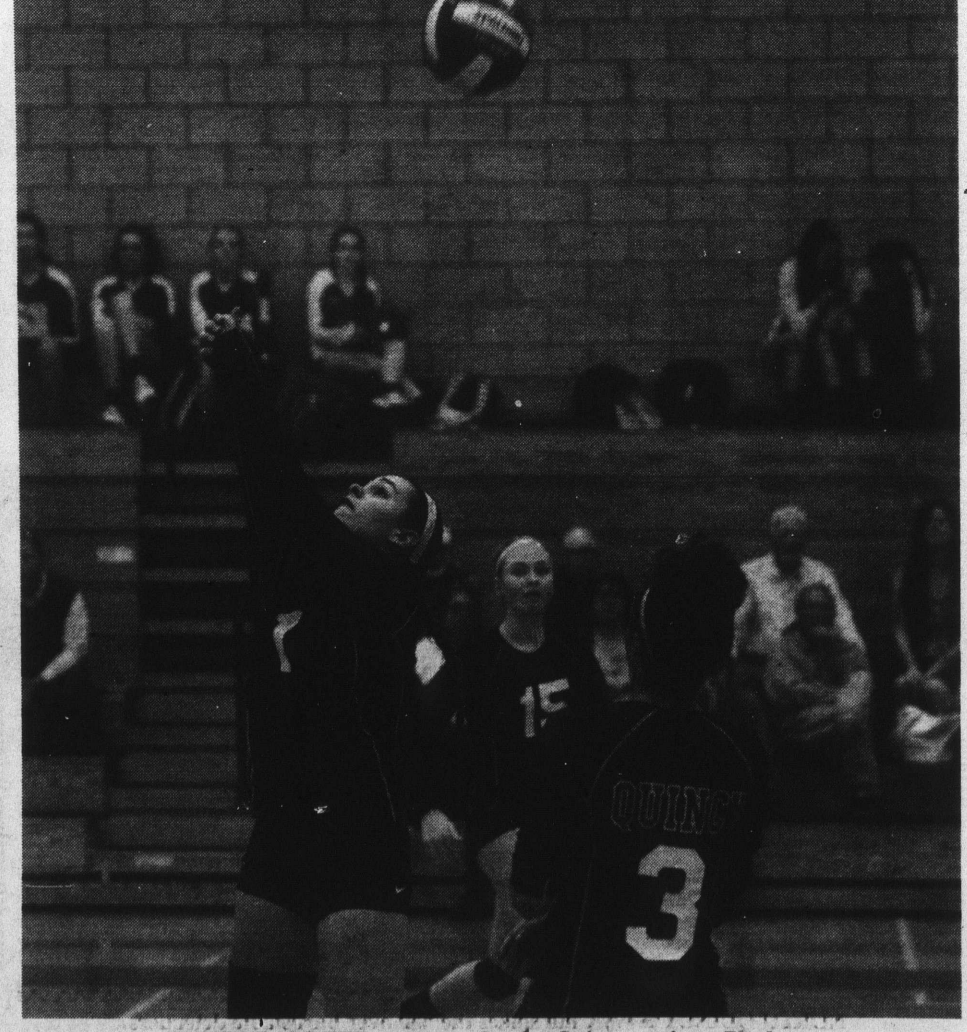
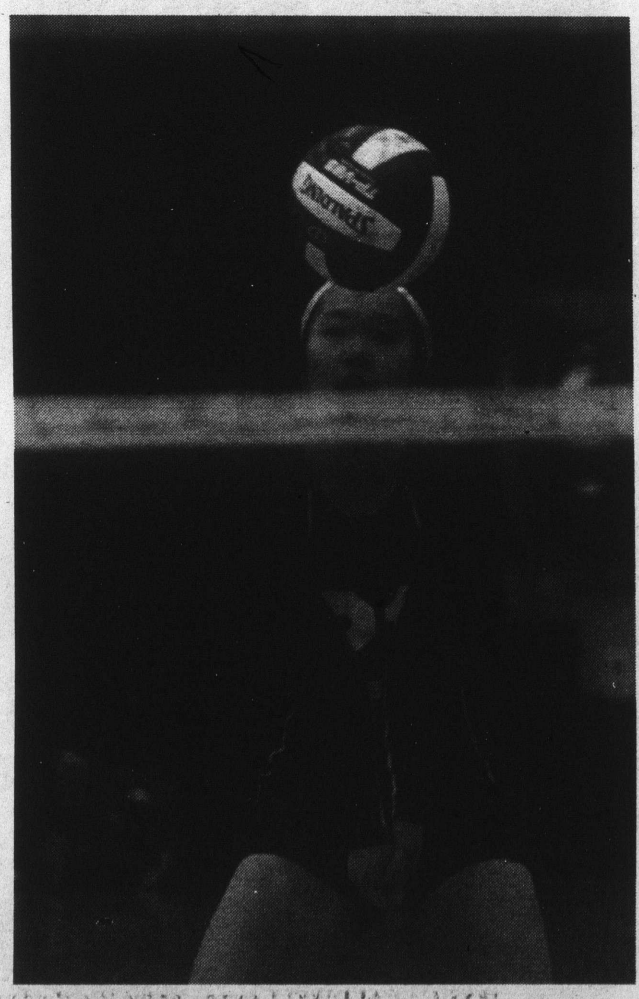


QUINCY HIGH'S Colleen Connor leaps to return a Duxbury shot.

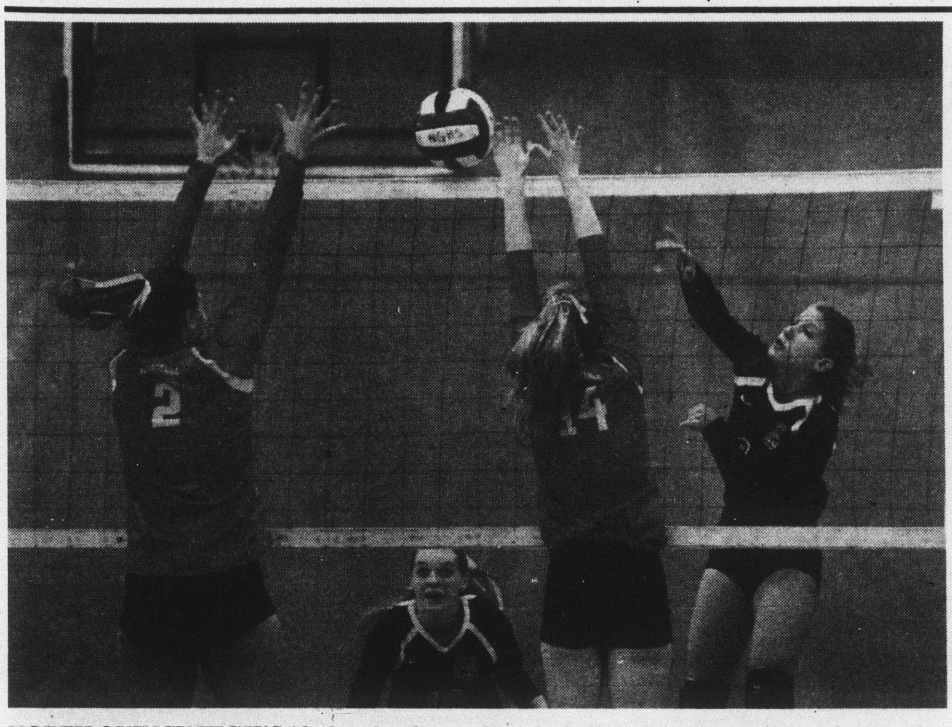


GIANNA FRANCESCHINI serves for the Presidents against Duxbury.

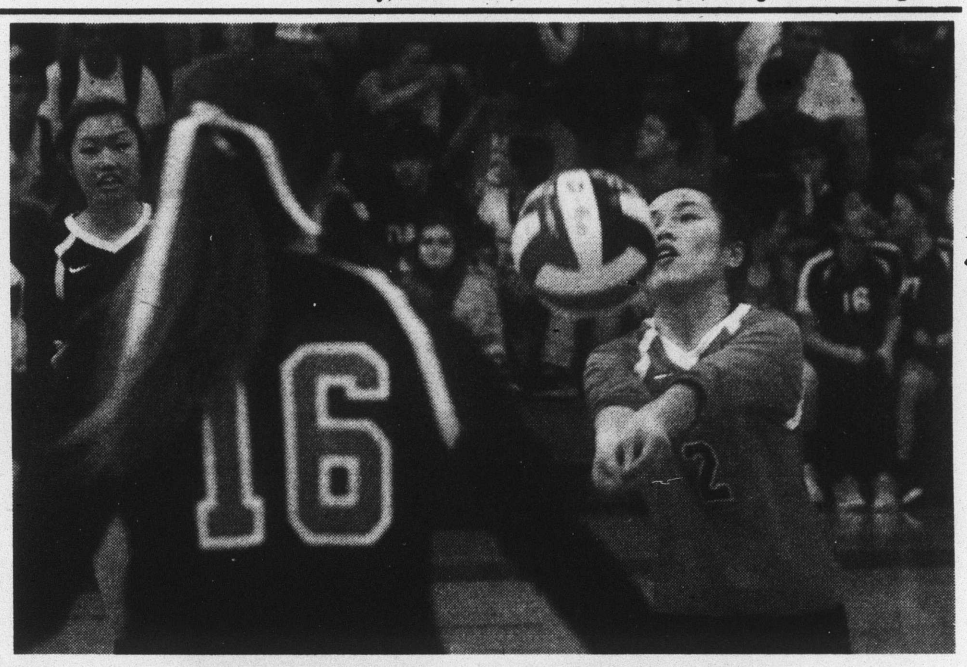


QUINCY HIGH'S Alyssa Ruan sets to return a shot.

RIVER BARRETT returns a shot for Quincy agaiusnt Duxbury.



NORTH QUINCY HIGH'S Aleskandra Qose spikes the ball between Barnstable defenders during NQ's 3-0 loss on Oct. 13. Qose had eight kills and 10 digs. *Quincy Sun photos/Tom Gorman*



NORTH QUINCY'S Sharon Yang returns a Barnstable shot.

NORTH QUINCY'S Kelly Phelan dives to return a Barnstable shot.

North Quincy Volleyball Battles, Falls To Barnstable

By TOM JOYCE

The North Quincy High girls' volleyball team could not dethrone an undefeated opponent last week, but they went down fighting and showed why they have enjoyed success this season.

It might not have been a win, but the Red Raiders showed why they can compete against any opponent as they fell, 3-0 (11-25, 14-25, 19-25) to Barnstable at home last Friday evening.

In the first two sets of the game, the Red Raiders were competitive, but playing the top Division 1 volleyball program in the state was certainly a difficult task. They dropped the first two sets 11-25 and 14-25. But the Red Raiders gave their opponent a bit of a scare in their final set.

At the start of the third set, each side competed hard in hopes of gaining an edge over the other. The two sides kept the set even early on in, tying it up at seven apiece and again at 14-14. The two sides had some exceptionally long volleys--an indication of both team's ability--but Barnstable went on a 7-1 run to take a 21-15 lead. The

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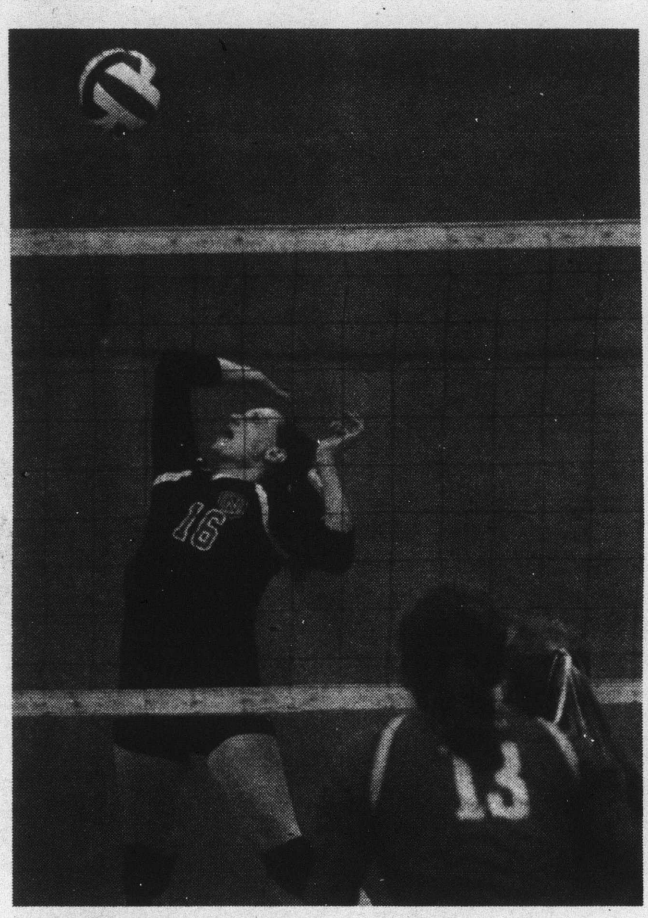
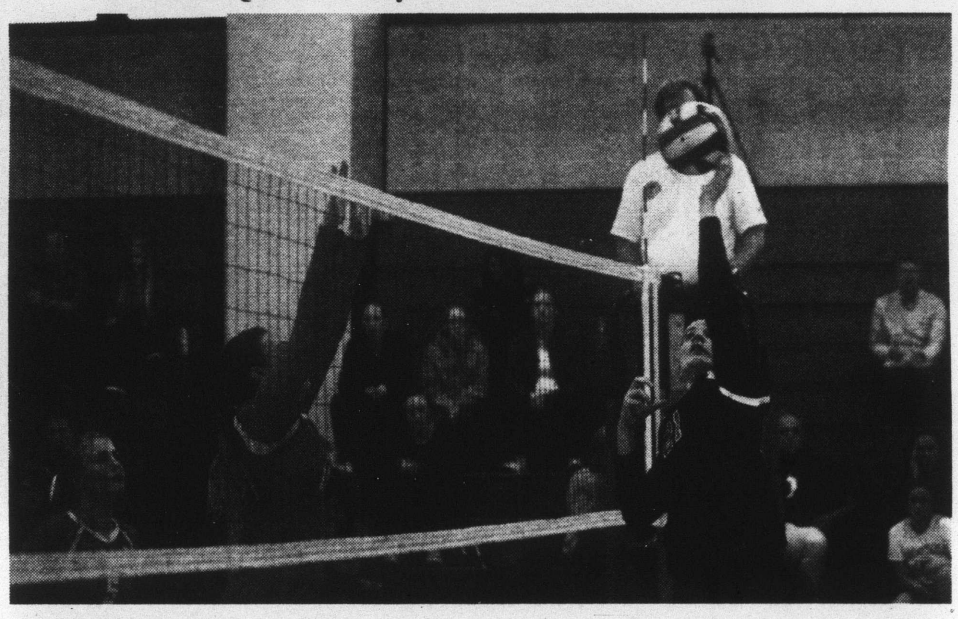
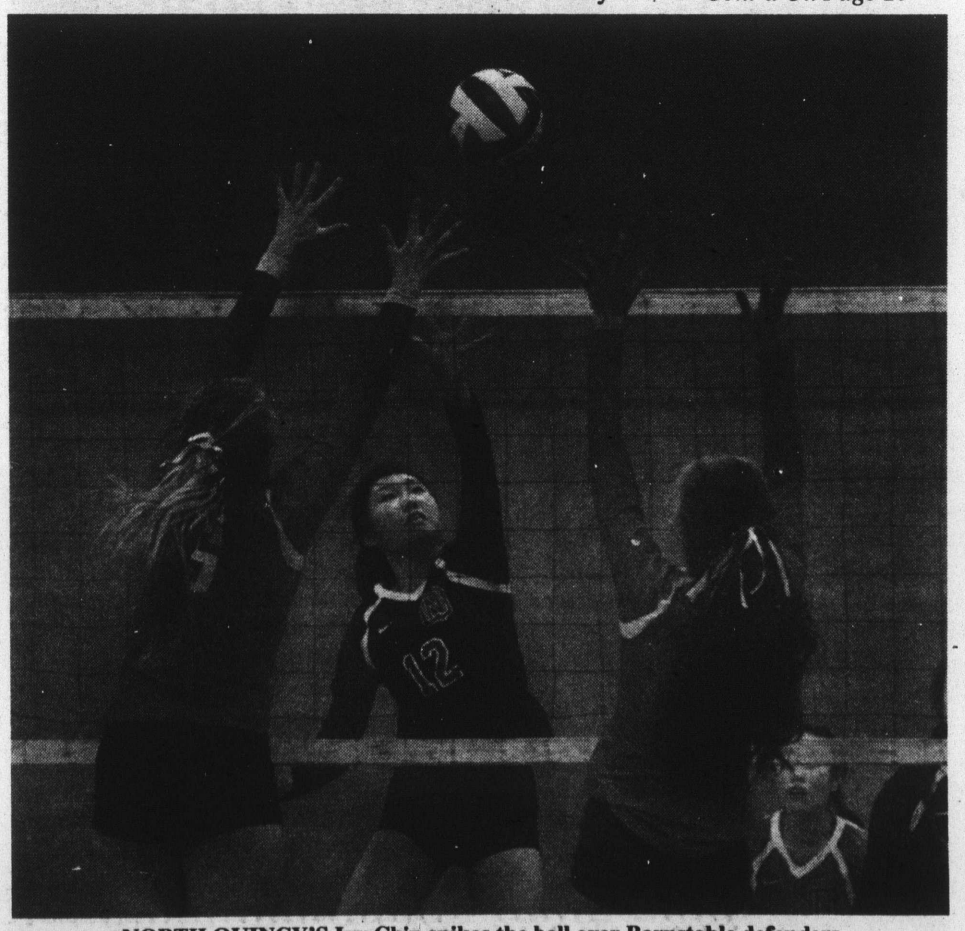


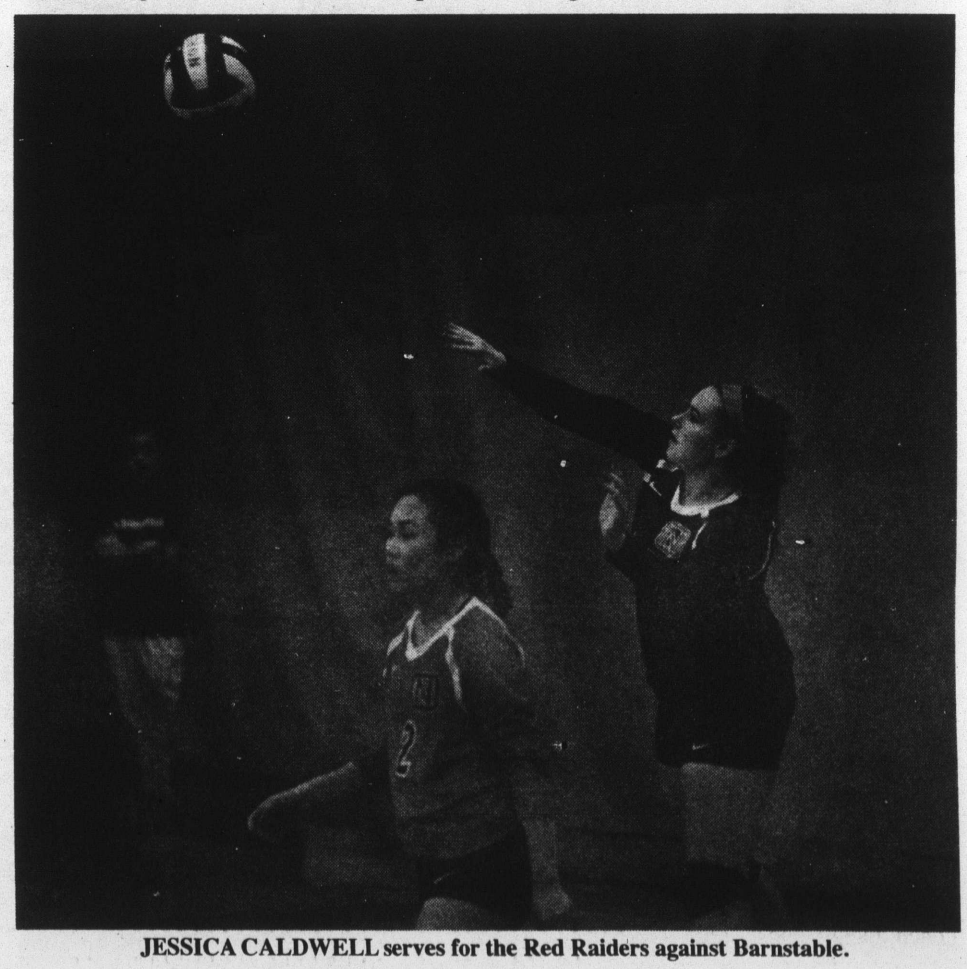
NORTH QUINCY'S Camryn Bergio leaps to spike the ball against Barnstable.



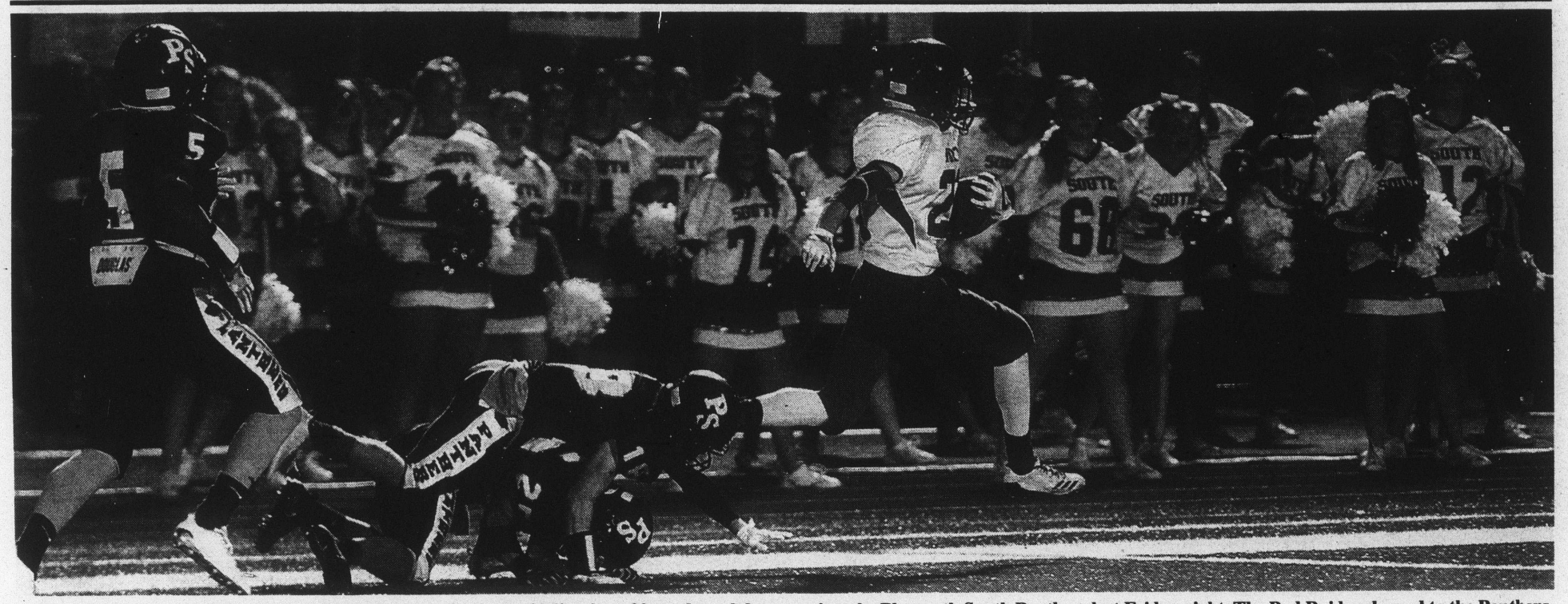
NORTH QUINCY'S Jennifer Butka spikes the ball against Barnstable. She had 16 assists.



NORTH QUINCY'S Ivy Chiu spikes the ball over Barnstable defenders.

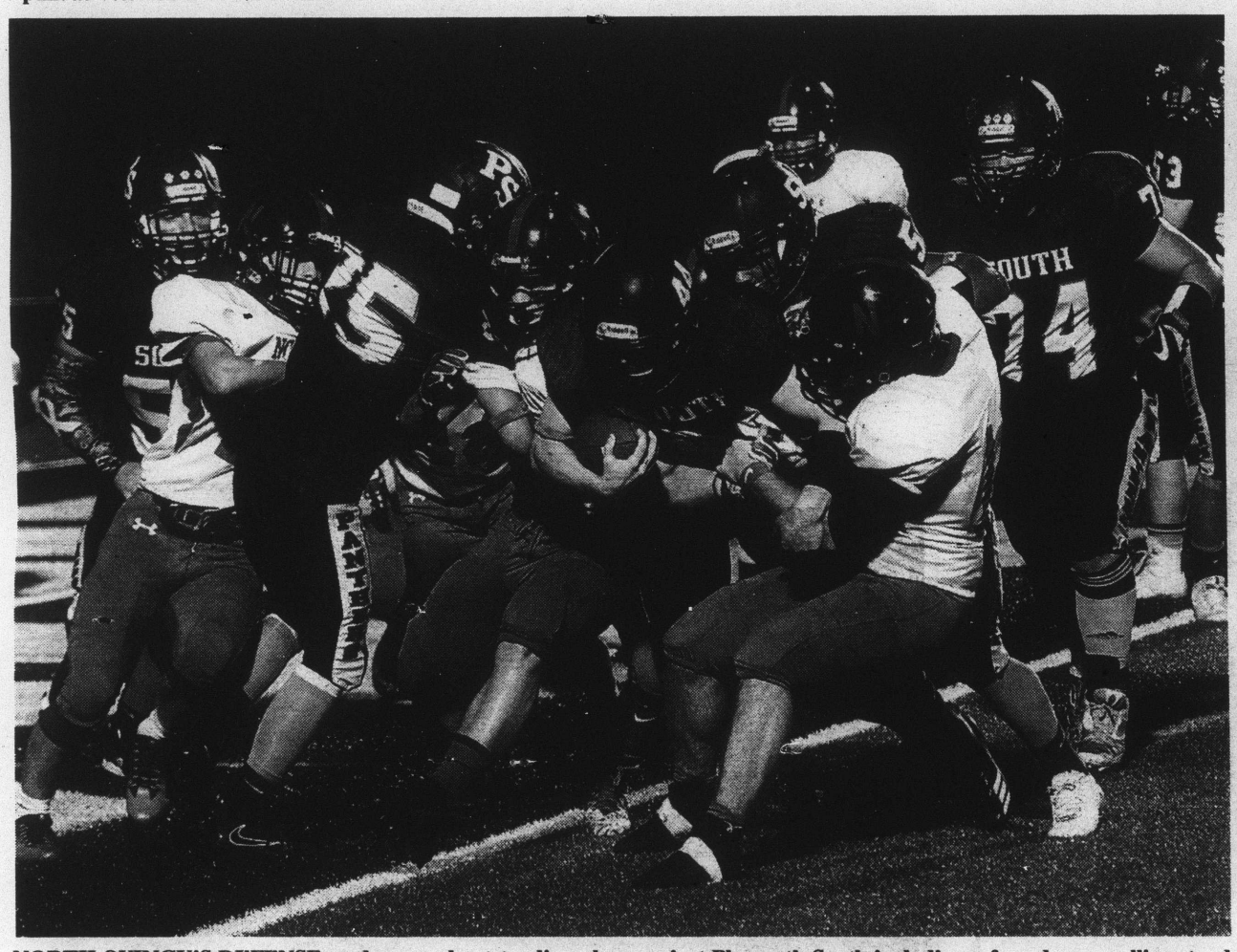


JESSICA CALDWELL serves for the Red Raiders against Barnstable.

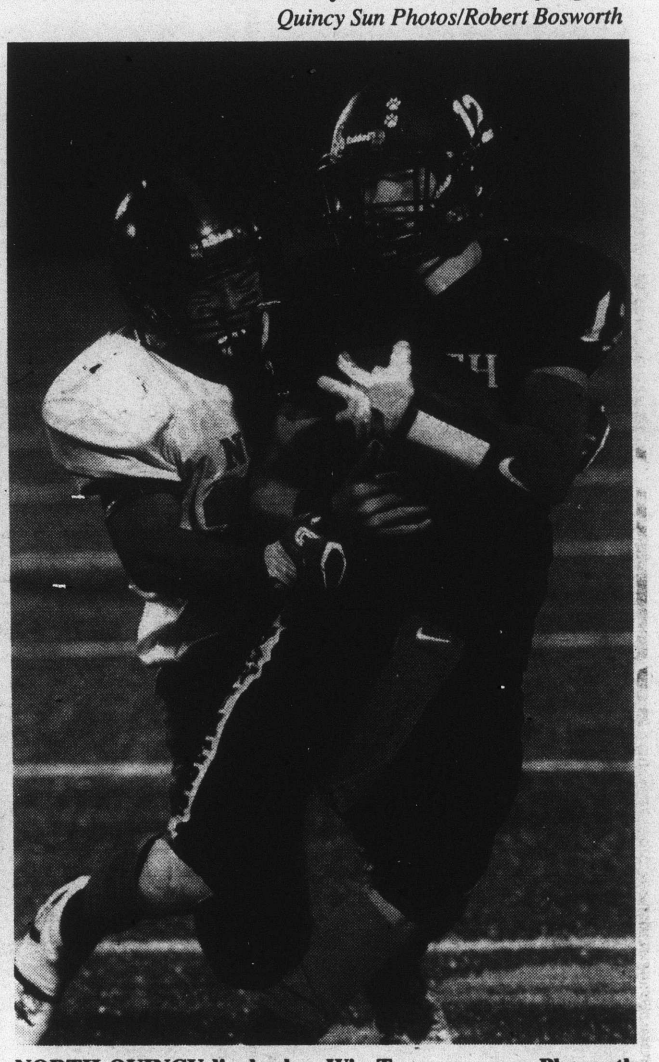


NORTH QUINCY running back Nate Sleiman dashes down the sideline for a 93-yard touchdown against the Plymouth South Panthers last Friday night. The Red Raiders bowed to the Panthers, 28-21. The loss evened North Quincy's record to 3-3 on the season. The Red Raiders other touchdowns were scored by quarterback Tim Layden on a two-yard run and a 23-yard touchdown pass from Layden to Connor Donaghey. Kicker Kieran O'Driscoll drilled three extra points for North Quincy. The Red Raiders host Scituate Saturday at 7 p.m. at Veterans Memorial Stadium. The city's other high school football team, the Quincy Presidents, bowed to Duxbury also on the road last Friday night. The final score was 45-14. The Presidents host Plymouth North Friday night at 7 p.m. at Veterans Memorial Stadium.

Quincy Sun Photos/Robert Bosworth



NORTH QUINCY'S DEFENSE made several outstanding plays against Plymouth South including a four-down goalline stand against the Panthers from the two-yard line in the first quarter. Here several Red Raiders including linebackers Luca Smith and Jake Roos stop Plymouth South ball carrier Brendan Shortall.



NORTH QUINCY linebacker Win Tran wraps up Plymouth South quarterback Alex Cohen.

Quincy - Duxbury Volleyball

Cont'd From Page 18

got upset when we stopped talking at the end of the second, but they're a very good team. Height-wise, we were definitely outmatched, but we dug some balls, we served aggressive and it went pretty well."

Early on, the Presidents were able to capitalize on some of their opponent's weaknesses and gain an edge over them. They were able to do that by executing their gameplan well.

"We just decided to be aggressive," Niosi said. "There's definitely some holes in their defense on the corners. Serving between people makes it difficult and we were doing well with that in the first game too. That definitely helps."

Defensively, Colleen Connor and Shannon Foley led the way for the Presidents with 10 digs each. Alyssa Ruan added five more digs and Allison McMorrow had three blocks. On the attack, Foley had a team-high six kills; River Barrett also had a team-high eight assists.

Following the loss, the Presidents fell to 7-7 on the season – which kept them on pace to make it to the postseason. Although the Presidents are definitely in position to make it to the playoffs, they are currently more focused on the games they have in front of them.

"We're just trying to get better every time we leave the court," Niosi said. "We really don't think about the record. We just need to show up and play hard every day."

In practice, the Presidents have been working on their communication skills and staying aggressive. The biggest area of focus, however, is on staying consistent.

"Consistency is the biggest thing with volleyball," Niosi said, "and with a younger team, that's something you need to work on everyday."

Michael McDonald On Assumption Football Team

The Assumption College Department of Athletics announces Michael McDonald, of Quincy, has earned a spot on the 2017 Assumption College football team.

McDonald, Class of 2019, is competing during the Greyhounds' fall season, which began on Sept. 2.

NQ - Barnstable Volleyball

Cont'd From Page 19

Red Raiders battled back hard, but they were unable to shake the deficit. The two sides were even for the rest of the set which resulted in a 25-19 win for Barnstable and a 3-0 win in the match overall.

Although they were not able to come out with the win, the Red Raiders could not be disappointed with the way they battled against a tough opponent--especially late in the contest.

"I thought we played some really good defense," Red Raiders head coach Kerry Ginty said. "The two things we were looking to do well with – defense and blocking – I thought we did well with. That's a tough team and they're hard to beat. We competed with them at times which I thought was a great measuring stick for us as the season goes."

Sharon Yang had a team-high 17 kills for the Red Raiders against Barnstable. Aleskandra Qose, who was aggressive at the net, finished the game with eight kills and added 10 more digs. Camryn Burgio also played strong defense as she put up nine digs on the day. Julia Klincewicz had a pair of blocks and Jennifer Butka had a team-high with 16 assists.

Overall, Ginty said she thought her entire team played well and did what they could to stay competitive.

"We have great energy and we've been fighting through some adversity," she said. "When we play good teams, we never get too down. I'd like to get up on teams a little earlier, but that's really hard to do against a team like that."

The loss dropped the Red Raiders to 10-4 on the season so albeit they were not able to come out on top, they are still in a good spot for the last couple weeks of the season. They already clinched a spot in the MIAA postseason tournament so at this point, they are just playing for seeding. That said, Ginty is pleased that her team has some tough opponents scheduled in the latter half of their season. In addition to Barnstable, they scheduled Brookline and Pembroke, both of whom already qualified for the postseason.

"Seeing that level of volleyball is great this time of year," Ginty said. "We're gonna see some really aggressive, big hard-hitting teams in the tournament. Seeing these types of players now is great preparation for that."

Volunteers Re-Install 400 Flags At 'Flags For Veterans Island'

Over 25 cadets from Unit 841 of the U.S. Air Force Junior Reserve Officers Training Corps from North Quincy High School joined other volunteers on Columbus Day - Oct. 9 – in re-installing the 400 memorial U. S. Flags on the "Flags for Vets Island" in Fort Square, Quincy.

Under the direction of Commander Paul Moody of Squadron 294 of the Sons of the American Legion, Cyril P. Morrisette Post 294, Major Gregg Jones and Master Sergeant John DiLorenzo, U. S. Air Force, organized the efforts of the cadet detail to maximum efficiency as they completed the project in record time.

In a commendation letter sent to the unit, Commander Moody stated:

"The voluntary efforts of these remarkable young citizens of our community – a community that cherishes the remembrance of its veterans - reflect great credit upon themselves, their unit, their school, and The United States Air Force."

A ceremony in honor of Veterans Day will be held at the Island on Sunday, Nov. 5 at 1 p.m. Guest speaker will be lifetime Quincy resident Joe Brill, a member of the Sons of the American Legion.

Other participants will include Mayor Thomas Koch and other elected officials, several color guards, representatives of The American Legion, officers of The Ancient and Honorable Artillery Company of Massachusetts, and the Leatherneck Honors Society of Massachusetts.

The public is welcome to attend the ceremony.

MEET THE CANDIDATES

The Democratic and Republican City Committees
Candidates Night
THURSDAY, OCTOBER 26th
6:45 PM
Quincy High School, Lloyd Hill Performing Arts Center
Hear from the Candidates
Councillor-at-Large, Ward Councillor & School Committee
Watch on a later day for broadcasts
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ELECTION DAY, Tuesday, November 7th

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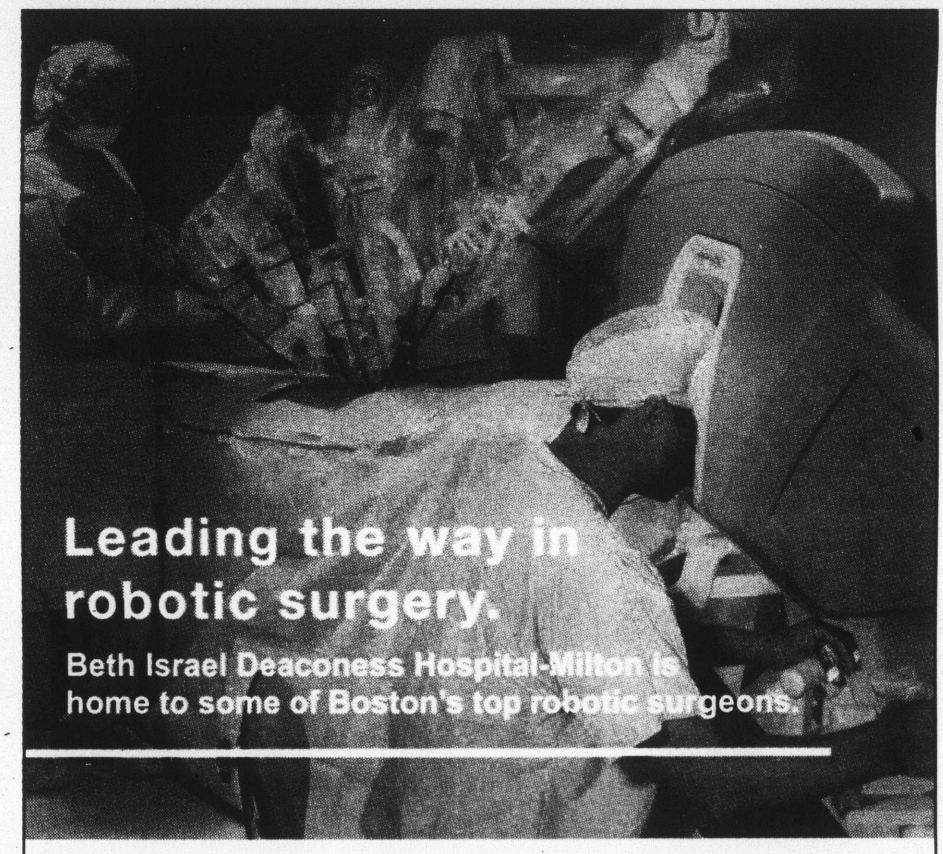

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HARVARD MEDICAL SCHOOL TEACHING HOSPITAL

N. Quincy/Sacred Heart Youth Basketball (SHB) Opens 29th Season

Youth Basketball is slowly heating up again in the city with North Quincy / Sacred Heart Youth Basketball (SHB) opening its 29th season of youth basketball in the city.

Open to grades k-12 SHB teams compete both in strong House Basketball program as well competition in multiple travel Basketball leagues.

"We are more than excited to continue to offer our basketball program to the youth of our city and can't wait to see what's in store for our kids this coming season," said SHB director Dr. Mark Jaehnig.

SHB tips off over the next handful of Sunday's with skills programs for our House League and then a travel tryout.

"We'll be rolling quickly into full sessions come the November timeframe for all ages/groups and teams," said Jaehnig.

Schedule:

- Grades k-2 will start Mid November (announcements to be sent).
- House Basketball Season Grades 3-8 will begin Early November.
- High School to start roughly early December (TBD).
- Registration (walk in) Saturday, Oct. 21 from 9 to 11a.m., Quincy Catholic Academy Gym, 370 Hancock St., North Quincy.
- Registration/Skills: Sunday, Oct. 22 at North Quincy High School

Grades 3-5 - 6- to 7:30 p.m.

Grades 6-8 - 7:30 to 9 p.m.

Skills cost is $5, players are encouraged to bring a basketball to skills.

- Registration / Travel Basketball Tryouts - Sunday, Oct. 29 - at Quincy High School. Times TBA
- Additional dates/time TBA.

Sacred Heart North Quincy Basketball provides both a house and travel basketball program (grades k-12). House teams play in age appropriate divisions and travel teams play in the South Shore League, Metro West Leagues, CYO Leagues among other leagues.

Any family interested (or if questions) can email Mike Healy at mahealy44@gmail.com or Mark Jaehnig at mcjsports7@gmail.com.

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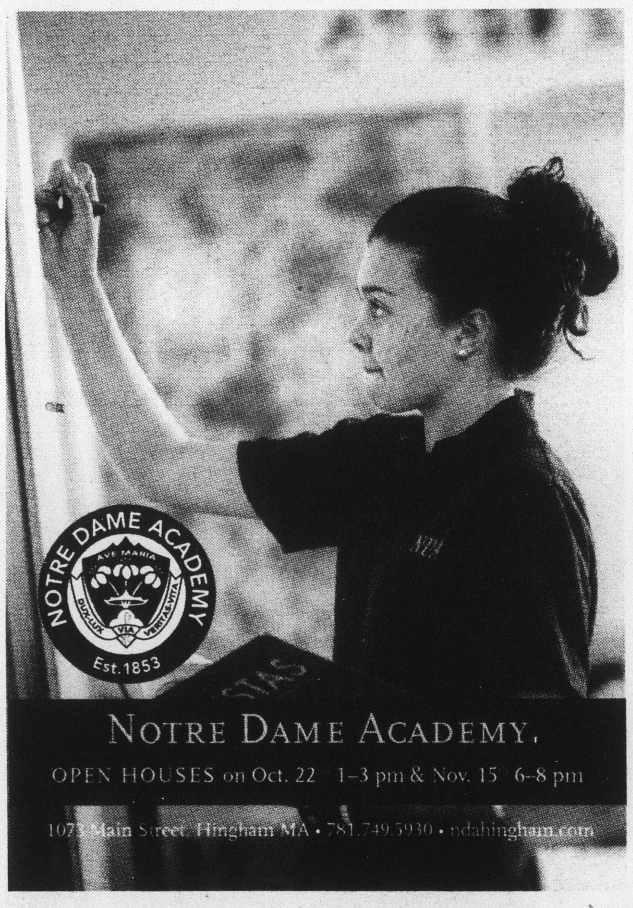

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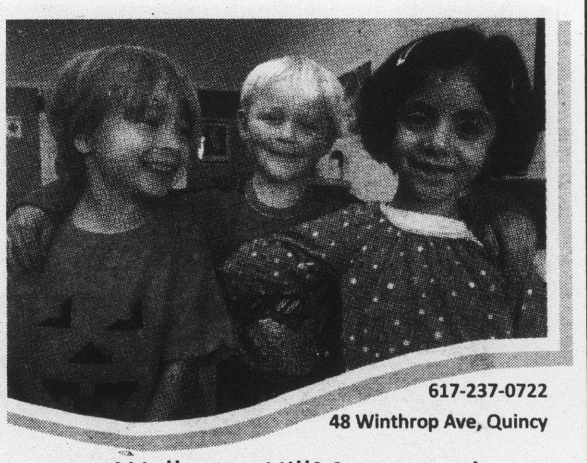
MONTESSORI SCHOOL
Preschool & Kindergarten
Open House: Sat. Nov 4, 9 -11am



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STRAIGHT FROM BROADWAY

Thursday, November 2nd - Noon
& Friday, November 3rd - Noon & 8pm

JM Productions & the Common Market announce our November Cabaret show "Straight from Broadway" starring Broadway Divas Alexa Green and Michelle Dowdy. "Straight from Broadway", is an intimate collection of American songbook, top-charting radio hits and your favorite Broadway classics. Alexa is best known for her turn as Glinda in the Los Angeles and San Francisco companies of the Broadway musical "Wicked". She also appeared alongside Neil Patrick Harris and Patti LuPone in Stephen Sondheim's "Company" with The New York Philharmonic Live from Lincoln Center. Michelle Dowdy is one of the longest running leading ladies celebrating over 400 performances as Tracy Turnblad in the hit Broadway musical "Hairspray".

"What Christmas Means to Me" 2017

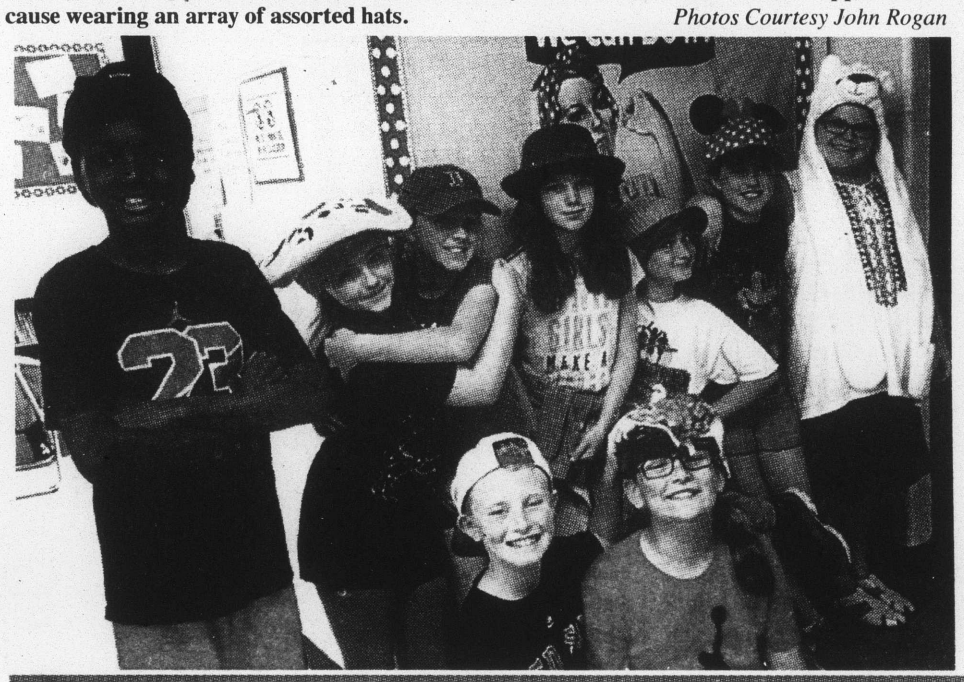
Wednesday, December 6th - Noon
Thursday, December 7th - Noon
Friday, December 8th - Noon & 8pm

"What Christmas Means to Me" is a holiday musical revue tailor made to kick off the holiday season. This one stop shopping, dining and musical event is a perfect solution for family, office or friends holiday gatherings. If one is tired of trying to get through the endless lines to see "A Christmas Carol," the light and lively "What Christmas Means to Me" is a heartening way to take your mind off the holiday crush!"

Tickets:
jmproductions2017.eventbrite.com • WhatChristmasMeansToMe.eventbrite.com
Call Common Market 617-773-9532 or JM Productions 857-333-4199
or Visit Us Online at jmproductionspresents.com

Tip Of The Cap: Merrymount Students Raise $425 For Hurricane Disaster Relief

MERRYMOUNT SCHOOL STUDENTS recently raised $425 in support of hurricane disaster relief in Puerto Rico. The whole school had a hat day Oct. 6, paying $1 to wear a hat in school. Here are a few photos showing some of the Merrymount School students who supported the cause wearing an array of assorted hats. *Photos Courtesy John Rogan*



Thank you, the people of Quincy for your acts of kindness following the loss of our mother.

Whether it was a phone call, a text, an e-mail or delivered meals, we are grateful.

We appreciate the flowers, sympathy cards, Mass cards and spiritual enrollments. The donations to the Koch Club Scholoarship Fund, Sacred Heart Elevator Fund and so many other charities have been overwhelming.

Most of all, we have been honored by your presence at the wake, funeral and in our lives. We are blessed beyond measure.

Thank You

The Family of
Simone (Levasseur) Koch

Simone (Levasseur) Koch
June 21, 1930 - June 29, 2017

QHS Alumni Win First 'Ryder Cup' Style Golf Tourney

By SCOTT CAMPBELL

To say there was a lot on the line at Presidents Golf Course would be an extraordinary understatement.

Twenty-four former Quincy High School and North Quincy High School football, baseball, hockey and basketball players—now, businessmen, public safety officials and construction workers – faced off, once again – this time on a golf course with a whole lot more than pride on the line: they were playing for naming rights.

Dubbed, "The (TBD) Cup," the two-day, 54-hole golf tournament held at Presidents Golf Course on Oct. 7-8 was a wild success.

Twelve golfers from NQHS and 12 from QHS faced off in a "Ryder Cup" style format with 18-holes "Four-Ball" on Saturday morning followed immediately by 9-holes of "Bramble" style match play in the afternoon. Sundays matches were 18-holes of "Singles" match-play and 9-holes of "Alternate Shot" match-play. By the end of play on Sunday, all involved were reassured of one thing: Whether you are 16 or 46-years old, the rivalry between the Red Raiders and Presidents is alive and well!

The morning matches on Saturday accomplished exactly what they were set out to do: Keep it close. With a very slim lead of 3.5 to 2.5, QHS had the round of the morning matches turned in by Mark Robertson. With birdies on the 5th and 6th hole, Robertson went on to shoot an unconscious 75. Robertson, and his playing partner, Sean McDonald, who shot an equally impressive 84, were able to wrestle a point away from NQHS players Dan O'Toole and Andy Chiachio. Chad Fitzpatrick and Ryan Barrett from NQHS notched a big win against Rob Kane and Matt Dwyer. Kane, a three-time QHS Hall of Famer (baseball, football and a 2017 Inductee for basketball), worked to keep it close all morning but fell short. Dwyer also had some impressive drives. Fitzpatrick was spectacular all weekend – notching a tournament low, 4-over 74 on Sunday's singles matches.

Also in the Saturday morning matches, NQHS Captain (and NQHS football Hall of famer) Charlie Plaskasovitis and his partner Eric Wirtz took down Steve Loud and Scott Campbell for NQHS's second full point. Both Wirtz and Plaskasovitis made key shots at key moments – thwarting any comebacks for the morning match. In the end, Loud and Campbell were able to regroup and notch a full point for QHS in the afternoon match.

In the end, the afternoon matches on Saturday set the tone for Quincy.

The Presidents dominated the "Bramble" format – going undefeated and taking a commanding lead. North's Dan Sampson and Tim Sheehan worked to salvage the afternoon matches for North and scratched out a half point against John Gray and Jamie Schatzl. QHS's Tommy Roche and Sean Burke played together all weekend and were perfect – each going 3-0 for the Mighty Presidents. Steve Miller and Tommy Hawes captured a half point in the morning matches for Quincy and came back in the afternoon matches to take a full point from North Quincy's Todd DeBoer and Steve "Doc" Ridge. After the first day, Quincy led 9-3 needing only 6 ½ points to secure a team victory for the Presidents.

Sunday's matches started out exactly the way you would expect them to start out for a rivalry as deep and intense as NQHS-QHS's: In the rain and wind of Wollaston.

Twelve points were on the line on Sunday morning and NQHS was determined to make it a dog fight – and that's exactly what they did. With update boards on the course every four holes – the news for Quincy didn't look good early; the Red Raiders started out hot and stayed hot – with leads in many of the match-ups and early wins from three out of the first four golfers: Chad Fitzpatrick (shot 74), Dan O'Toole (birdies on the first three holes; shot 78) and Tim Sheehan. Quincy's Sean McDonald, who shot a career-best 78 in his final round, was the only President to secure a point out of the first two groups despite a valiant effort from NQHS's TJ Bell.

Alas, NQHS's mad dash would soon come to an end. With one half point from John Gray over NQ's Neil Gavin, Quincy went on to win the next seven matches and Quincy's Matt Fratolillo proved to be the final point to secure the win for the Presidents. Fratolillo's glory would not have been possible without two amazing, grind-it-out wins by Tommy Hawes and Sean Burke.

NQ's Doc Ridge played solid golf and had Hawes' number all day long—but Hawes kept fighting back—overtaking Ridge on the 15th hole and holding on for the full point. Sean Burke trailed by as many as 4-down on the front nine but continued to battle all the way back to win a full point for the Presidents. Steve Miller finished off the scoring for QHS and shot a career best 78 in the process with three birdies spread throughout and sev-

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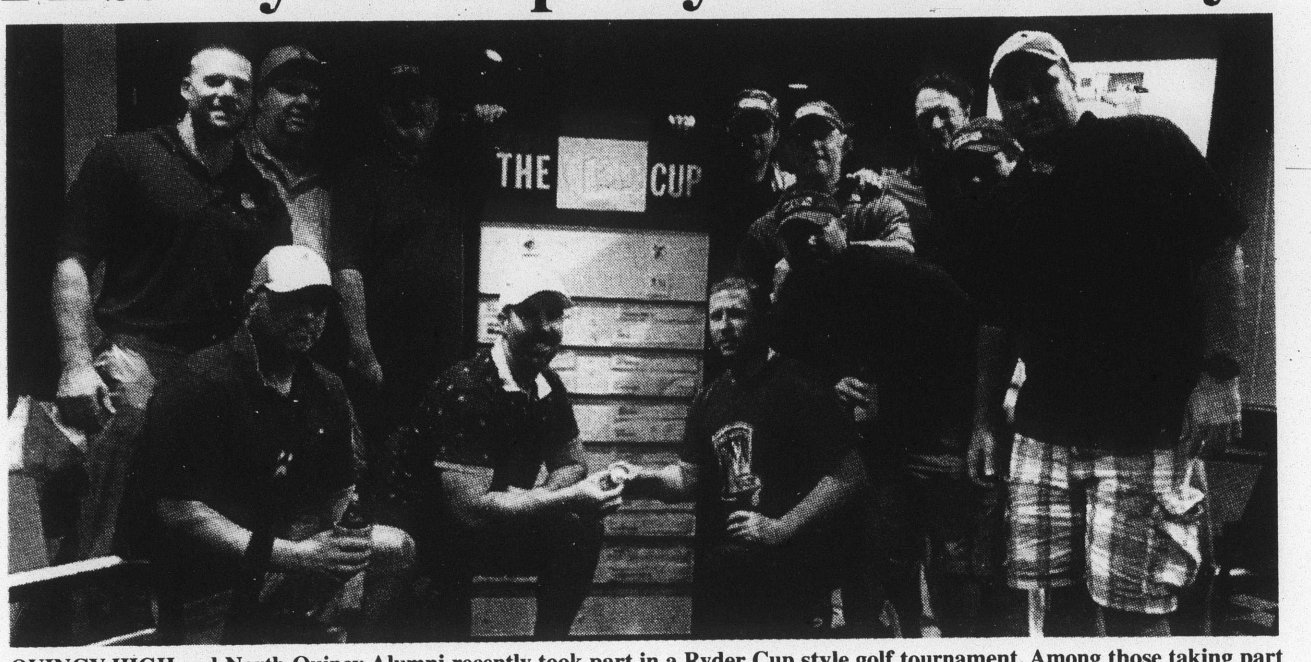
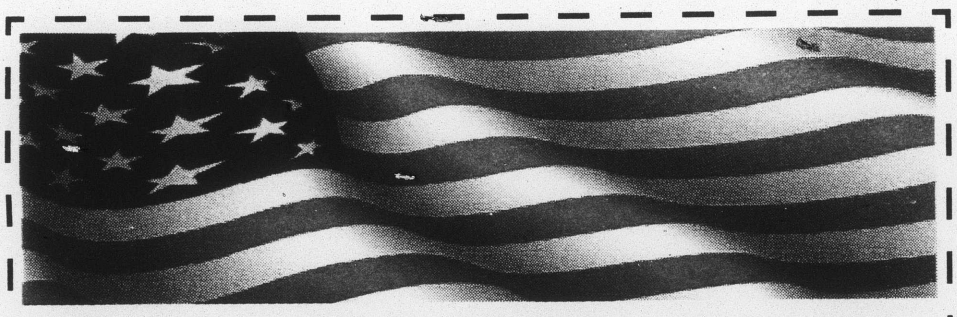


QUINCY HIGH and North Quincy Alumni recently took part in a Ryder Cup style golf tournament. Among those taking part were kneeling (from left to right) John Gray, Matt Dwyer and Rob Kane. Standing (left to right): Mark Robertson, Tom Roche, Sean Burke, Scott Campbell, Steve Miller, Sean McDonald, Tommy Hawes, Matt Fratolillo and Jamie Schatzl. Not pictured: Steve Loud.



FLAGS FOR VETS ISLAND SQUADRON 294

Bricks for Veterans Program

Announcing PHASE 2

Last year, the Sons of the American Legion, Squadron 294, Morrisette American Legion Post in Quincy began a new initiative called "Bricks for Veterans" at Flags for Veterans Island, Fort Square, Quincy.

The program was a success with more than engraved 416 bricks sold and placed along the walkway to the island's main flag pole.

Now, the Squadron is announcing **PHASE 2.**

These engraved bricks will form a patio in front of the flower bed located on the Pleasant Street side of the island in Fort Square.

Bricks are available for $50 each. The bricks can be inscribed with a veteran's name, rank and branch of service. A sample brick appears above.

This form can be clipped, filled out and mailed to order a brick.

BRICKS FOR VETERANS

Line 1: Veteran Name/Rank:_____

Line 2: Branch of Service: _____

Bricks cost $50 each

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In preparation for childbirth, a pregnant woman's body releases the hormone called "relaxin," which relaxes the ligaments in the pelvis and softens and widens the cervix. The pelvis, in particular, experiences a softening and stretching of ligaments to allow the baby easier passage during labor. However, the easier delivery usually equates to weakened sacroiliac joints, which can become painful while walking, standing, or bending. The weight of the growing baby also weakens stomach muscles and places pressure on the lower back. In addition, as the pregnant woman's center of gravity changes, she may lean backward, causing even more strain. To help with these changing conditions, pregnant women are encouraged to enlist a chiropractor onto their pregnancy support team.

The potential benefits of chiropractic care during pregnancy include controlling nausea symptoms, reliving back, neck or joint pain, reducing the time for labor and delivery, and preventing a potential cesarean delivery. To schedule an appointment for chiropractic care, please call **FAMILY PRACTICE OF CHIROPRACTIC** at **617-472-4220**. Our family-oriented practice is located at **112 McGrath Hwy., Quincy**.

P.S. A pregnant woman may develop sciatic pain if the developing baby exerts pressure on her sciatic nerve.

www.freedmanchiro.com

Varsity: Apaches Down Manets, Elks Run Out Panthers

QYFL Week Six Highlights

APACHE 'SUPERMAN' Colm Geary (#88) flies in to strip the football from Manet RB William Ploof (#14). Geary was a force at his defensive end spot in the Apaches 18-0 win over Houghs Neck. *Photo courtesy Carl Petrongolo/TUF FILMS*

By SEAN HALPIN

VARSITY:

APACHES 18

MANETS 0

In the final game of the 67-year rivalry between North Quincy and Houghs Neck, the Apaches got out to an early lead. Apache RB Clayton Corley rushed for a 40-yard TD run. On their next possession, Apache quarterback JC Petrongolo hit Corley on a 49-yard TD pass to give North Quincy Apaches a 12-0 lead at halftime.

The Apaches played great defense throughout the second half. Defensive backs Jackson Murphy and Pat McDonald each had interceptions and Harrison Gaudiano had a fumble recovery. Early in the fourth quarter, Corley scored his third TD of the day on an 8-yard run, as the North Quincy Apaches (3-2) defeated the Houghs Neck Manets, 18-0.

The Manets where led by Stephen Gallant, Andrew Engren, Mike Cascarano, Max Van Tassell, William Ploof and Joey Manton. The Apaches saw fine performances from Colm Geary, Grant Murphy, Harry Gaudiano, Clayton Corley, Jackson Murphy, Billy MacDonald, Adrien Orlando, JC Petrongolo and Pat Walsh.

In other action:

ELKS 32

PANTHERS 0

West Quincy struck early and fast, as the Elks "no huddle" offense drove down the field on the opening drive. Elks RB Thomas Murray scored on a 5-yard TD run and added the 2-point kick, to take an 8-0 lead. On their next possession, Elks QB Gianni Perea hit TE Riley O'Connell on 45-yard TD pass. Murray added the conversion Kick giving West Quincy a 16-0 lead, at the end of the First quarter. The Elks got the ball again late in the second quarter, QB Perea found WR Malik Francis for a 15-yard TD pass. Murray added the conversion kick to give the Elks a 24-0 Lead at the end of the first half.

In the second half, Elks QB Perea hit WR Francis, again, on a 70-yard TD pass. Murray added the conversion kick as the West Quincy Elks defeated the Quincy Point Panthers, 32-0. The Elks received great defensive games from Ryan Milley, Ben Snyder, Brandon Baker, Rean Beqo, and Dyani Joyce. The Panthers saw fine performances from Jarod Walker, Jacey Ham Devon Lenox, Michael Potter, Drew Boretti and Brian Rodrigues.

JUNIOR VARSITY:

APACHES (RED) 28

MANETS 14

The Apaches (Red Team) got their second win of the year. Apache QB Ryan Beardsley had three touchdowns on the day. RB Aden Le had almost 200 yards rushing and a touchdown. Manets RB Corey Chapparo scored on a 5-yard run and Teddy Lunch added the other touchdown for Houghs Neck.

Manets saw fine performances from Ryan Gomez and Cam Quigley, Brandon Toomer and Kastriot Panariti.

The Apaches were led by Aden Le, Ryan Beardsley, Ryan Messing, Nicky Hughes, Mikayla Davy, Brandon Riley, Noah Baker, Sean Burns and Jesse Hansen.

PANTHERS 8

ELKS 0

The Elks and Panthers battled through three quarter of scoreless football. Panthers QB Andrew Novak scored a touchdown and extra point late in the game as the Quincy Point Panthers defeated the West Quincy Elks 8-0 at O'Rourke Field. The Panthers remain unbeaten at 5-0.

The Elks got strong performances from Chase Morales, Jordan Souza, Brody Baker, Jordan Mahoney and John Toland. The Panthers were led by Rueben Charles, Novak, Gabe Rodrigues, Shawn Kozlowski, Desiree Masone and Caleb Parsons.

FRESHMEN:

APACHES 20

MANETS 12

The Apache Freshmen remain undefeated at 5-0 after a hard-fought battle with the Houghs Neck Manets. Apache FB Sean Silva scored on an 8-yard TD run on the opening drive. Late in the first half, Apache RB Max Gaudiano scored on a 3-yard Run. QB Nick Depal-

Cont'd On Page 26

QHS Alumni Win First 'Ryder Cup' Style Golf Tourney

Cont'd From Page 24

eral key up-and-downs late in the round. Jamie Schatzl and Tommy Roche also had full points for Quincy—with Schatzl, McDonald, Burke and Roche all going undefeated for Quincy over the weekend.

The Alternate Shot format matches were split 3-3 making the final tally, QHS-19 ½ vs NQHS- 10 ½.

So, what do the winners receive besides early bragging rights before Thanksgiving? For one, this article. As the first winners of, "The (TBD) Cup", the winning team would be able to submit their version of the events that took place this weekend to *The Quincy Sun*. Some from NQHS may dispute the length of a putt or the distance of a drive—but, the bottom line of it all—the Mighty Presidents prevailed and have authorship of this article…and, quite candidly, have been overly kind and considerate in crafting this story (keeping in mind, the question over whether the NQHS kids can even read or write is still up for debate!!).

In addition to this article, Quincy earned the naming rights for the tournament and get to choose a trophy—which will be proudly displayed at the home of the Presidents team, The Hofbrau (400 Sea St.) where the NQHS team was required to attend and join the Presidents for a victory pint in honor of their inaugural win. In the unlikely event NQHS wins next year, the trophy and victory party will be held at Malachy's Saloon (51 Granite St).

Throughout the two days—many laughs were had and some serious golf was played. Extra thanks go to Dana Smith and Jimmy McMahon and all the people at The View for making the day possible—they were all phenomenal in making the scheduling, timing and end of the night flow perfectly!

At the end of it all, a new QHS-NQHS tradition was born; Ladies and Gentlemen of Quincy, the Quincy High School Alumni team, and the inaugural winners of, 'The (TBD) Cup" give to you: The QNQ Alumni Invitational.

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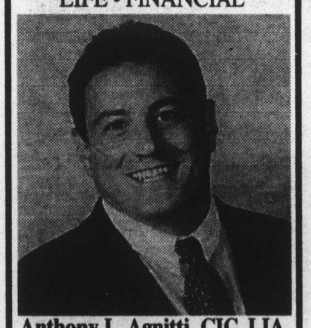

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SACRED HEART NORTH QUINCY YOUTH BASKETBALL
OPEN TO ALL GIRLS & BOYS AGES 5-18 (GRADES K-12)
REGISTRATION SATURDAY OCTOBER 21st - 9:00am to 11am
Quincy Catholic Academy Gym (370 HANCOCK ST, N. QUINCY)
Season runs mid November thru early March

AGES 5-7 (Grades K-2) - One hour a week of fun oriented instructional basketball. Usually Saturday mornings or afternoons at Quincy Catholic Academy or North Quincy High School gym.

GRADES 3-12 – (House Basketball) Weekly practice for one hour with a schedule of games played mostly on Saturday afternoons at North Quincy High School gym.

Travel Basketball – Travel teams are also available and will be selected from most age groups, Travel basketball will involve an additional fee.

FEES:
Instructional - Ages 5-7 (grades K-2) $75.00
House League- Ages 8-18 (grades 3-12) $125.00
Maximum payment for one family $250.00

Any player needing a uniform or replacement uniform can purchase one for $20

Registration Forms will be available at registration. Please make checks payable to Sacred Heart Basketball.
Additional questions please contact Mike Healy – mahealy44@gmail.com or
http://www.sacredheartquincybasketball.com/

Quincy Youth Football Week 6 Highlights

Cont'd From Page 25

ma passed to Ronan Brown for the conversion to take a 14-0 lead at halftime.

Midway through the second half, Manet DB Lionel Steinberg intercepted a pass and returned it 93 yards for a TD. The Apaches answered with a 7-yard TD run by Liam Lee. The Manets took the ball back and QB Mikey Galligan scored on a 54-yard TD run. Time ran out as the Manets fell to the Apaches, 20-12.

The Manets got strong performances from Galligan, Steinberg, Anthony Melchione, Drini Panariti, Joseph MacNeil and Nate Goff. The Apaches were led by Szilva, Lee, Kobe Nguyen, Gaudiano, Said Hamad, Breven Lyons, Gavin Brown, Nick Depalma, Ronan Brown, Phillip Le, Jack Greene, and Max Francouer.

ELKS 30
PANTHERS 6

West Quincy Elks RB Tkhari Mercer had two TDs on the day. Alijah Souza and Marcellos Barros each had a TD and conversion. Panthers RB Caden Pina scored for his team as West Quincy Elks defeated the Quincy Point Panthers, 30-6.

The Panthers saw strong performances from Pina, Cam Sampson, Mikeil Renaud Donovan O'Connell and Sean Conover. The Elks were led by Mercer, Barros Souza, Tim Toland, Spencer Knight, Matt Toland and Chris Morgan.

ALL AROUND ATHLETE – Clayton Corley (#59) rushes the ball for the Apaches as Manet LB Mike Cascarano (#32) closes in. Fullback Billy MacDonald (#40) lead blocks. Corley will line up at offensive guard, running back or tight end on any given play in the Apache offense. He had a 3 TD performance in Sunday's 18-0 victory over Houghs Neck. *Photo Courtesy Sean Halpin*

Council Votes 8-1 For Sober-House Ordinance

Cont'd From Page 1

ties Act protect sober homes from regulation.

Ward 4 Councillor Brian Palmucci had introduced the measure in September; Kirsten Hughes and Margaret Laforest both co-sponsored the legislation. Palmucci on Monday said the ordinance would provide protection to both residents and those in recovery.

"I think it goes without saying that this is a much-needed ordinance. Currently there is no oversight of any sort of sober houses in the city and we don't even know how many there are in the city," Palmucci said.

"This ordinance would ensure a transparent process where we know who the operators are and we know how the facilities would be run. It provides a modicum of protection for residents and those in recovery, where currently none exists."

The council voted 8-1 in favor of the ordinance Monday.

Councillor Joseph Finn voted against the legislation. Finn said the ordinance is "discriminatory on the face of it" and violates the group home provisions of the Fair Housing Act because it only applies to those in recovery. Finn said college students living together do not have to register with the city, nor do members of religious and service orders or others with disabilities in group homes.

"It doesn't matter whether you're licensing them or registering them, what you're doing is you're singling out a specific disabled population for treatment that's different than the rest of the community in some way," Finn said. "In doing so, it puts you in the process of violating the Fair Housing Act."

Finn said approval of the legislation would ensure the city would need to pay to defend it against legal challenges.

"If we pass this as is, in reality all we're doing is spending the city's resources because this is going to have to be defended," he said.

In response, Palmucci said City Solicitor Jim Timmins had vetted the ordinance. Timmins on Oct. 3 told the council's oversight committee he believed the ordinance would hold up in court if challenged. Timmins said the registration process is a ministerial act – an owner of a sober home would be able to obtain a registration simply by providing the necessary information – and not a test.

"It's not a question of yes or no; the question is who?" Palmucci said Monday. "It's more about transparency. You can still open a sober house under this ordinance; you're simply registering with the city so we know where they are and we know who is operating them.

"The opinion from the solicitor's office, who I worked with in drafting this legislation to begin with, is that it's not discriminatory on its face and it can be defended in court well."

Two West Quincy residents spoke in favor of the ordinance during a public hearing on the proposal at the start of Monday's meeting, with no one speaking against it.

"We experienced a sober home potentially opening in our neighborhood, and absent any process, any rules, regulations or oversight, it was really concerning for both the residents of the sober home as well as those in the neighborhood," said Kerrie McLellan of Trask Avenue. "So I am in support of the ordinance."

$25.39 Million For Projects, Playgrounds

Cont'd From Page 1

the CPC, said the $5.3 million would go towards new equipment at 19 full-size playgrounds, four playgrounds for children under the age of 5, and five other locations will get new swing sets and slides.

DiBona said the bond would allow the city to take care of all the playgrounds at once, instead of one or two each year. He said some PTO groups are better organized than others and better able to lobby the committee for money for the playground projects, and the bond would ensure all playgrounds are upgraded.

"We wanted to provide something for all the children," DiBona said.

Chris Walker, Koch's director of policy and information, said the city would work with neighborhood groups to design the new playgrounds. He said the process would be similar to the one used in years past for other playground work funded by the Community Preservation Committee, except the money for the equipment is already in place. The goal is not to have each of the new playgrounds look alike.

"We don't necessarily want the same piece of equipment at 19 of these playgrounds. We do want a uniqueness of experience at some of these different places," Walker said.

"We're not just going to go out and circle these playgrounds on a map and order $5 million worth of stuff and that's what everyone is going to be set with."

The $11.54 million will go towards repairs of municipally owned buildings throughout the city, including schools, libraries and firehouses. Of the $11.54 million, $3.86 million will go to schools repairs, $2.9 million to the various branches of the Thomas Crane Public Library, and $2.84 million to the Quincy Fire and Police Departments, including $500,000 to study the feasibility of building a combined public safety headquarters on the site of the current police station.

Koch has proposed building the new animal shelter on a parcel of city-owned land on Quarry Street, near where a new dog park will be constructed using money from a hotel tax bond approved this spring. The 21,000 square foot building would include space for the new Quincy Animal Shelter, as well as a spay/neuter clinic, the Quincy Police Department's K9 Unit, and the city's animal control officer. Koch had sought $7.1 million for the new animal shelter, but the council's finance committee cut that number in half on Sept. 20 because the schematic design of the facility had yet to be completed.

Koch had sought to acquire the former St. Mary School, which closed in 2010, with the goal of demolishing the building and constructing a new elementary school on site. The mayor plans to seek funding from the Massachusetts School Building Authority to pay for a portion of the new school's cost. City Solicitor Jim Timmins told the finance committee the administration is looking at interim uses for the site before work on the new facility commences.

The citywide traffic and parking study will focus on "delivering some near-term traffic flow and safety improvements and also on qualifying the city for state and federal grants to pay for the improvements," as opposed to an analysis of traffic, parking, pedestrian and bicycle issues in the city, Michael Coffey, head of the city department responsible for traffic, told the finance committee. Councillors had raised some concerns about original scope of the study earlier this year.

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DOVE is committed to partnering with diverse communities, families, and individuals impacted by domestic violence. We promote hope, healing, safety, and social change by providing a broad range of preventive and responsive services.

★ Candidate Profiles - Ward 1 Council Candidates ★

City Of Quincy Municipal Election - Tuesday, Nov. 7

Editor's note: *The Quincy Sun* invited candidates for school committee and contested city council seats (at-large and Wards 1, 5 and 6) to submit a candidate's profile for publication.

The profile lists biographical information as well as the answer to this question: "If elected, my top priorities during my time in office will be . . . "

There are 18 profiles appearing on seven pages: Pages 27-33. There are six candidates for school committee (voters will elect three committee members); six candidates for councillor at-large (voters will elect three councillors at-large) and two candidates each for Ward 1, Ward 5 and Ward 6 councillor (voters elect one in each ward).

The city election will be held Tuesday, Nov. 7. Polling precincts throughout the city will be open from 7 a.m. to 8 p.m.

A list of polling precincts as well as a composite sample ballot will appear in the Nov. 2nd edition of *The Quincy Sun*.

Democratic, Republican City Committees Candidates Night At QHS Oct. 26

The Quincy Democratic and Republican City Committees will host a City-Wide Candidates Night on Thursday, Oct. 26th.

The forum will take place at the Lloyd Hill Performing Arts Center at Quincy High School. The program will run from 6:45 to 9 p.m.

"In the spirit of cooperation with the Republican City Committee we are co-hosting this forum," said Alicia Gardener, chairperson, Quincy Democratic City Committee. "Our desire is to provide the citizens of Quincy an opportunity to hear directly from the individuals who wish to and do represent them on the City Council and School Committee."

"The City of Quincy elections are non-partisan, whether you are a Republican or a Democrat; as a resident this election means a great deal as whom we have represent our city. Election Day is Tuesday, Nov. 7th, and I believe that the residents that attend this forum will come away with a good understanding of each of the candidates as they prepare to vote," said John Iredale, chairperson of the Quincy Republican City Committee.

All ward councillor, councillor at-large and school committee candidates have all been asked to participate in a moderated questions and answer style format.

Quincy Access Television will be taping the event. Check www.qatv.org for broadcast times.

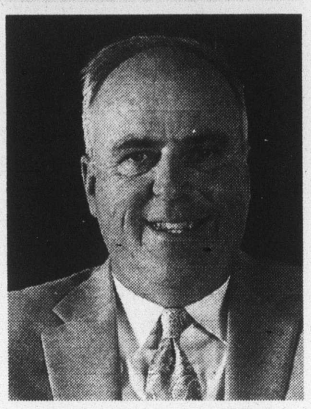
For more information regarding the Quincy Democratic City Committee, contact Committee Chairperson Alicia Gardner by email at alicia.gardner6@gmail.com.

For more information regarding the Quincy Republican City Committee, contact Committee Chairperson John Iredale at jmiredale@gmail.com

More Candidate Profiles On Pages 28-33

David McCarthy

Age: 56
Address: 48 Whitney Rd.
Occupation: Director of Security, General Dynamics
Education: Boston College High School, University of Massachusetts/Boston
Municipal Experience: Quincy School Committee, 2004-2015; Quincy Park and Recreation Board; Downtown Quincy Citizens Action Committee; Board of Governors Quincy College.



DAVID F. McCARTHY

My top priorities if elected during my term in office will be to focus on the basic resident requests. I'm really going to try to focus with the different neighborhoods of Ward 1 on requests that should be very easy to address and hopefully accomplish. I've made a list all summer ranging from sidewalks and streets, open space issues, snow removal areas of concerns and the conditions of our parks/schools. Larger issues like Sea Street, sea wall restoration, over development, opioid crisis and neighborhood traffic cut thru's are on my agenda also but will take a little more time and planning. The term is for two years so to make an impact on certain agenda items you have to move out as soon as possible and I plan to. My relationship with the Administration is positive and my working relationship with all city departments has been very strong.

Listening is THE JOB of the Ward Councilor. Listening to the needs and problems of the residents of the entire Ward is critical to the success and happiness of every homeowner in Ward One.

I will answer to each and every one of you in Ward One-not just 'a chosen few'. I accomplished it during my years on the Quincy school committee and will do it again in this capacity.

Which all adds up to the reason why someone runs for city council, getting involved, deliberating the issues in the Ward, making folks a part of the decision and getting them the information they need to understand the issues.

As I stated already, I've always stayed very close to Ward 1 issues, be it: the recent flood zone map changes, the opioid crisis, Sea Street traffic/cut thru issues in your neighborhoods, the condition of Ward One schools and parks, the Maritime center discussions, seawall renovation, streets and sidewalk repairs and of course tax implications.

The focus during the next two years is to make a difference as the Ward 1 councillor. The issues facing most municipalities of our size are similar. I think the current and past administrations during my years in public service have moved the ball well, but issues need closure and we have our fair share". It's no secret that the downtown which borders and contains part of Ward 1 needs attention, but so do many other sections of Ward 1. The folks that I grew up with and have come to know over my lifetime in Ward 1 are good down to earth people. They deserve me to make my best effort to help them if elected.

The communication with the administration will be excellent. Making sure matters get significant review time on large and small projects, addressing the issues in a timely fashion and making sure the correct approach is met.

I plan on working with the mayor and my fellow councillors proactively if elected making sure I'm educated on the issues and understand the impact on the city/Ward 1.

My Dad always reminded me "You never forget where you come from." It's been on my mind since I got involved over 14 years ago. Ward 1 is where I grew up, it means a lot to me if I can be successful in any way and help.

The next few years are very critical to the City of Quincy. I promise to work very hard on all matters within the Ward and capitalize on every opportunity available.

So Germantown, Adams Shore, Merrymount, Quincy Center/Point and Hough's Neck, I'll be looking for your support in November to elect a strong voice in City Hall. I need your help one more time.

I would be honored to represent Quincy/Ward 1 and look forward to speaking with many constituents as I work towards election to the Quincy City Council".

I again ask for your support November 7th as I run for the Ward 1 Quincy City Council seat.

Thank you and God Bless.

Joe Murphy

Age: 40
Street: 18 Macy St.
Occupation: Assistant Director for Administration
Education: Lansdale Catholic High School (PA) and Berklee College of Music

JOE MURPHY

If elected, my top priority during my term in office will be to represent the citizens of ward one free from the debts and strings that bind Quincy's career politicians. Our government has an "in-crowd" problem, but I'm running for city council completely independent of the "quid pro quo" politics that plagues governmental bodies from local up to federal. With this independence, I can work on the issues that matter most to ward one's citizens. I will prioritize projects that impact people on a daily basis and not pet vanity projects.

Infrastructure: Let's redirect money to roads and sidewalks, water mains and sewer lines. We should be staffing Parks and DPW well so our shared resources are clean and well maintained. We should spend some money now so we don't spend more later.

Core functions: The police and fire departments, libraries, and schools should never again have to plead with our government for maintained buildings or equipment that allows them to do their job effectively and safely.

Smart development: Protect ward one from short-sighted, over-development which does not fit into the fabric of existing settled communities.

Property Tax Relief: Long-term residents give Quincy its identity and character, but many of them are feeling pushed out as real estate prices, and property taxes rise. While city services get stripped out, apartment buildings get shoved in, meanwhile we have been paying more just to stay in our homes. We need to provide relief to our long term, senior residents through tax exemptions and abatements. To offset reduced revenue, income properties should be taxed at a higher rate to ease the burden of single-family homeowners.

Improved Commerce: Let's monetize our amazing coastline with marine business: kayaking, fishing charters, harbor tours. Encourage artistic, musical, and theatrical ventures that will provide synergy with our blossoming culinary scene. Embrace innovation with makerspaces, tool shares, and creative retail. In addition to enriching life here, we will increase our commercial property base.

Traffic/Transportation: One of the main quality-of-life problems Quincy faces is gridlock; we don't need to spend $2.3 million on a traffic study to know this. Instead, let's invest in smart traffic lights, officer details, and road maintenance. We need to make Quincy walkable and bikeable to alleviate traffic by allowing cyclists and pedestrians to safely traverse the city. The MBTA should treat the people of Quincy with respect by expanding bus service, making the Red Line reliable as we wait for new subway cars, and accommodating our commuters as we face years of construction on all four of our T-stations at once.

Environment: Keep fighting the compressor station. Reduce single-use plastic bags by providing stronger, advertiser-funded, reusable plastic bags to residents. Expand the rain-barrel program. Require new business construction to incorporate green technology, reducing their energy consumption and carbon footprint (e.g., solar, skylights, water reclamation).

Constituent Communication: Online, offline, phone, mail, raven – I will return every message. I will have weekly office hours for residents who prefer in-person communication to meet with me informally. I will also post meetings and agendas relevant to ward one in consistent locations so you won't have to search high and low for the information you are interested in.

Ward one city councillor is not a consolation prize or a stepping stone for me, it is a post tasked with improving Quincy's quality-of-life for your family and mine. If elected, I will be an innovative, honest, and independent advocate for all of us.

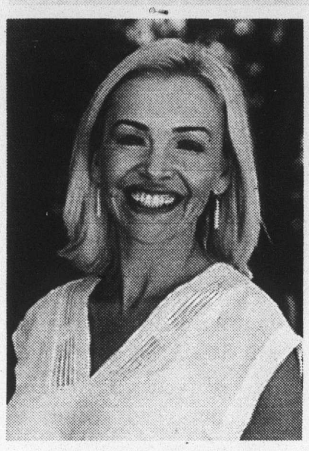
I'm grateful to my wife, Cheryl, and our girls for their support.

And thank you, Ward One, for your ideas, attention and humor. Let's get stuff done!

★ Candidate Profiles - Ward 5 Council Candidates ★

Kirsten Hughes

Age: 40
Address: 116 Willow Ave.
Education: High School, Notre Dame Academy
Bachelor's Degree, New York University
J.D., New England School of Law
Municipal Experience:
Ward 5 City Councillor, First Elected in 2011
City Council President, 2016-Present



KIRSTEN HUGHES

If elected, my top priorities during my term of office will be to double down on the progress we have achieved in advocating for Ward 5's concerns, pursuing responsible economic growth, and ensuring our tax dollars are spent in a responsible way.

As a lifelong resident of Quincy's Ward 5, I'm deeply committed to fighting for the needs of our community. During my time on the Council, I have fought to save the emergency room at Quincy Medical Center. I've worked closely with residents to respond to their individual concerns about FEMA's new flood maps, and have advocated for the interests of our community in delivering important changes to those maps that protect homeowners.

I've also worked to be responsive to individual concerns in the areas of traffic, parking, public works, and public safety. Whether it's the new pedestrian crossing area for Fenno House residents, or signs and an enforcement strategy to help mitigate parking issues, I'm always ready to make sure city government works for you.

Delivering economic growth is also crucial for our community's future. I've introduced a proposal in front of the City Council that would create a special zoning district in the Wollaston area to encourage the right kind of development for that neighborhood.

The goal is to pursue the same kind of responsible, mixed-use projects in Wollaston Center that we saw during the redevelopment of Quincy Center. A revitalized business district in Wollaston would not only deliver opportunities for economic growth, but would also create a stronger sense of community for the surrounding neighborhood.

Meanwhile, I'll keep working with all stakeholders – neighborhood groups, developers, and individuals – to ensure development in the Hospital Hill area continues in a thoughtful way.

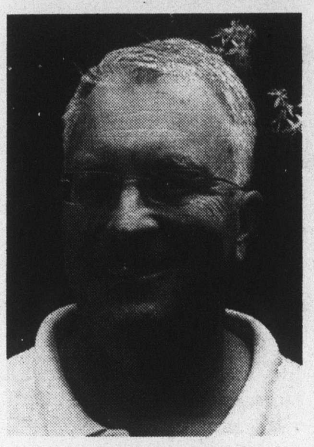
Finally, I'll make sure the Council is a responsible partner in the stewardship of your tax dollars. I'm committed to making sure our schools are adequately funded both in Ward 5 and across the City. As a past chair of the Veterans' Committee, I'm committed to ensuring our City supports our veterans as much as we can. I'm also a strong advocate for properly funding our police, fire, and EMT services to ensure they have the tools they need to keep us safe. And I want to make sure our City is doing everything it can to combat the addiction crisis. Once we fund the crucial services our City needs, I want to make sure we do what we can to provide tax relief, a topic I'm working on with my fellow Councillors right now.

Growing up and starting a family in Quincy, I know firsthand the transformations our city has undergone. I also know we have a lot of work ahead to make Quincy the best it can be. I am proud to work for you in making our City a better place to live, work, start a business, and raise a family. During this campaign, I've knocked hundreds of doors and have had terrific conversations with my fellow residents about how we can continue that progress.

I humbly ask for your vote for the opportunity to continue what we've started. Thank you.

Michael Hurley

Age: 51
Address: 51 Elm Ave.
Occupation: Chief, Data Systems Branch, Massachusetts Department of Environmental Protection
Education: Winchester High School, Quincy College, professional training
Municipal Experience: Wollaston Beach Task Force, Quincy Recycling Commission (Chair), Beechwood Knoll School Council, Quincy Bicycle Commission.



MICHAEL HURLEY

If elected, my top priority during my term in office is to represent constituents in Ward 5, and their priorities set my agenda. During extensive canvassing, salient issues are grouped around the following areas; taxes, traffic and parking, infrastructure (roads, sidewalks), and responsiveness to constituents.

Ward councillor is the most basic building block in our representative democracy. A ward councillor's primary job duty is to represent the wants and needs of the people in the Ward to the larger City Council and the Mayor's Office and conversely to report back to them on the policies and actions coming from there.

The mechanism that I will use to effect this is to be available to the people in the Ward. I will hold weekly office hours, and hold monthly meetings in each of the ward's precincts. If someone calls, I will call them back. If someone emails, they will get a response. You don't need to see your councillor in a parade or in the newspaper, you do need to see your councillor on your front porch when you have a problem. I am a 'hands on' kind of person and I think that Ward 5 would benefit from this.

This may seem overly simple, but in reality it isn't. I have 20 years experience in government working with federal, state, industry and citizen groups. I have a very clear understanding of the fundamentals of constituent care, the responsibilities of government and a demonstrated record of success.

It's not rocket science, but it is commitment and hard work. You will get your money's worth.

City To Honor Korean War Veterans At Parade Nov. 11

By GEORGE NICHOLSON
Director
Quincy Veterans Services

Continuing with this year's theme, as begun with the Flag Day Parade, when the City's Korean War veterans were honored collectively as the parade marshals, the City of Quincy would like to honor as many of its Korean War veterans as possible during this year's Veterans Day Observance ceremonies Saturday, Nov. 11.

As was done with our Vietnam Veterans during last year's Veterans Day ceremony, the city would like to make a special presentation to the veterans of the Korean War.

Over 1,500 Quincy residents saw service during the Korean War. Thirty-eight of them gave their lives in that effort and are memorialized on our Korean War Memorial monument outside of Veterans Stadium. Korean War veterans who were residents of Quincy at the time they enlisted or are residents of Quincy now, are asked to call the Quincy Veterans Services Office at 617-376-1192 and leave their contact information so that a list of recipients can be compiled for planning, seating and presentation purposes.

Please note that, for all who wish to participate and be recognized during this ceremony, the deadline for providing this information will be Friday, Oct. 20th. Please note that for the purpose of this ceremony, the residency requirement is the only qualifier. Where and how you served during the Korean War is not a factor.

Families of those Quincy Korean War veterans who are deceased may also apply for recognition during this ceremony.

At-Large Candidates Forum At Library Oct. 23

March Forward Quincy in partnership with Thomas Crane Library, will host a Candidate Night on Monday, Oct. 23 from 6:30 to 8:30 p.m. for candidates running to fill the three at-large councillor seats on the city election ballot Nov. 7.

All candidates have been invited to present their views on the issues in response to questions posed by the audience. Each candidate will be given a couple of minutes for an opening and closing statement; however, the majority of the evening will be spent answering the public's questions.

For more information regarding March Forward Quincy and the At-Large Candidate conversation, check out https://t.co/kn89VLP2F9

The event is free and open to the public but space at the library is limited so we are asking those interested in attending to RSVP at https://www.eventbrite.com/e/quincy-at-large-candidate-night-tickets-38108230744.

A few spots will be reserved for walk-ins.

COMMIT 2B FIT Studio recently celebrated five years in business and raised $300 for Interfaith Social Services. Katie McEvoy, owner, and staff held several fitness classes Oct. 1 in front of the Quincy studio at 155 Old Colony Ave., Wollaston.

Photo Courtesy Katie McEvoy

★ Candidate Profiles - Ward 6 Council Candidates ★

William P. Harris

Age: 56
Address: 74 Ashworth Rd.
Occupation: Postmaster Woburn MA 01801, United States Postal Service
Education: Don Bosco Technical High School Class of 1979; attended University of Massachusetts (Boston Campus)
Wentworth Institute of Technology, Boston;
Quincy College, Quincy
Municipal Experience:
Ward 6 Quincy City Councillor, April 4, 2016 to present

Top Priorities if Elected:

Serving as councillor this past 18 months has been one of the great honors of my life, providing me with an incredible opportunity to work on behalf of the neighbors and neighborhoods I care so very much about. I've learned so much about our community by listening and doing what I can to assist our residents on issues both large and small. It's been a truly wonderful experience that I hope to continue with your help.

Quincy's future is bright, but we have much work to do in the coming months and years. My commitment to you is simple: I'll continue to work hard every day on every issue -- whether it's communicating with our residents on major issues, working with City departments to fix problems, or making sure our neighborhood concerns are heard at all levels.

WILLIAM P. HARRIS

When it comes to our precious seniors, myself along with my colleagues on the council, introduced a resolution for the adoption of an age friendly planning model, "The World Health Organization" or better known as "WHO." WHO has developed a global network of age friendly cities and communities with the goal of developing sound public policies which lead to a healthy ageing process and quality of life improvements for older Americans who reside here in Quincy.

Being the Ward 6 city councillor has allowed me to experience the joy of seeing the faces of our high school graduates receive their hard earned diplomas as well as presenting them the Ward 6 Councillor Scholarship, which I established in May of 2016 to be given to two of our outgoing graduates and I hope this tradition will continue for many years to come.

While running for office two years ago I heard concerns from the residents of the Moorings which are located on East Squantum Street next to the Kennedy Center. For many years the residents had been requesting a simple bus shelter to protect themselves from the elements which they have been exposed to while waiting for the 211 bus to arrive. That was my very first project I worked on the day the day after I was sworn into office, and with the help from the city, that request became reality. It puts a smile on my face when I drive by on a gloomy day seeing someone sitting in the bus shelter as they wait for their bus to arrive.

Some of the tougher challenges ahead is to continue to work with the city's traffic and police department to come up with solutions to solve traffic congestion, speeding and parking which is one of all of our biggest concerns.

Working with the Inspectional Service and Health Department is another Priority to assure we never have the rodent situation we had had when I took over as councillor and with their help continue to fight blighted property throughout our Ward.

In conclusion I would like to repeat my sentiments of how honored I am in being your Ward 6 councillor and I humbly ask you to vote for me, William Harris, on Nov. 7th.

Herbert A. Shaughnessy III ('Alie')

Age: 58
Address: 32 Essex St.
Occupation: Owner, Alley Cat Crane Service/Boston Mini Crane
Education: BS/BA Northeastern University
Municipal Experience:
Life Member Squantum Yacht Club
Rear Commodore Savin Hill Yacht Club
Charter member Braintree Elks/Current Quincy Elks member
Former Board of director of Union of Operating Engineers Local 4 Employer/ Union Co-operative trust
Current Union member of Operating Engineers Local 4
Former Member FEMA U S Urban Search and Rescue Team 1, Beverly, MA
Associate Member William R. Caddy Marine League
Member North Quincy Knights of Columbus
Member Robert I Nickerson Post 382 Squantum

Let me first say, as a longtime resident of the city of Quincy, I would like to thank our dedicated administration, and past administrations that have shaped Quincy for all of our generation and the future generations to come.

I appreciate and understand the difficulties and challenges it is to maintain and operate a city the size of Quincy. With that said I would be remiss if I did not think that the residents of Ward 6 and the city of Quincy as a whole, need a keen set of new eyes and perspective on the city council.

Quincy is a beautiful and historically vibrant city, it is well on its way to becoming a tourism destination because of its proximity to Boston and its own rich

HERBERT A. SHAUGHNESSY III ('Alie')

American history. We lead the South Shore in growth and prosperity, however we also lead the South Shore in tax increases. Over the past five years, the Quincy tax rate has increased by 29 percent, all at the same time as 3,500 new housing/apartments/condominiums have been added to the tax rolls.

How is it possible that our taxes continue to rise as more revenue comes into the city?

In addition to this unrestrained growth, the traffic has become unbearable and will only become worse over the next two years as construction begins on the MBTA's North Quincy development, with 610 apartments, retail space, and a new parking garage. At the same time, the Wollaston MBTA station is being closed for two years, and the Quincy Center MBTA garage is being demolished after being closed and unusable for 5 years!

When elected, one of my top priorities during the term in office will be to postpone either the new development at North Quincy or the closing of Wollaston station. We should not be doing both projects at the same time. Astonishingly, the MBTA has recently advertised for developers to do work on the Quincy Center MBTA new development.

I agree that growth is vital to continue to make Quincy a vibrant, livable, and desirable city, but we need smart growth, not uncontrolled growth. The residential tax rate is subsidized by the commercial tax rate, so it is truly important to have commercial growth as well. As a business owner, I understand the importance of revenue and expenditures and seek to bring my 38 years of experience to City Hall.

Quincy, with its historical past and its close proximity to historic Boston and the Harbor Islands, could capitalize on this uniqueness by possibly partnering with the National Park Service to perhaps bring in a successful year-round ferry service at Squantum Point Park. I would like to see this potential ferry service tied into the JFK Library and Boston Harbor Islands. In addition, this service will be a vital commuter link to downtown Boston.

My priorities would also be to make sure that City Hall and discussions held at City Hall would be more open and transparent to the citizens. This, of course, would mean more inclusive conversations between the leadership and its constituents in all wards of our city.

Above all, my priority as a city councillor is to be open and accessible to all citizens of Ward 6. I take great pride in knowing that I would work tirelessly in my responsibilities as your voice in City Hall.

I kindly and respectfully ask for your vote on Nov. 7th.

Houghs Neck Good Neighbor Banquet Sunday

The Houghs Neck Community Council will be hold its annual Good Neighbor Banquet on Sunday, Oct. 22, at 5 p.m. with a turkey dinner at St. Thomas Aquinas Hall, Darrow Street, Quincy.

Award recipients are:

Good Neighbor: Rick and Linda Bythrow; Civic Contributions: Kristin O'Brien and Distinquished Centurian: Paula Younie.

Tickets are $15 and are available from Eileen 617-479-4107 (9-2), or 617-481-9153. Jim McCarthy, Cynthia Lewis at the community center and Dave DiBona also have tickets. For questions contact etimcoe@yahoo.com.

A program booklet will also be available.

Firefighters Retirement Banquet Oct. 24

The 60th annual Quincy Firefighters Retirement Banquet will be held Tuesday, Oct. 24 at 6 p.m. at Florian Hall, Dorchester.

All retired members are welcome to attend the banquet.

This year the following members will be honored for their years of service with the Quincy Fire Department: Lt. Gerard Ceurvels, Firefighter William Arienti, Firefighter William Barron, Firefighter James Devlin, Firefighter Steven Golden, Firefighter Stephen Graham, Firefighter Randolph Lamattina and Firefighter Joseph Martell.

'Get Smart About Credit' Workshop Oct. 26

Quincy Community Action Programs, Inc. and Santander Bank will present a workshop entitled "Get Smart About Credit" Thursday, Oct. 26 from 6 to 8 p.m. at QCAP, 1509 Hancock St., fourth floor, Quincy.

Workshop topics include:

The credit market, credit and debt, reporting and scoring, improving your score, monitoring your credit status and building better credit.

Registration is required. Contact Theresa Whittaker at 617-657-5355 or email twhittaker@qcap.org.

A light meal will be served.

Council On Aging Fall Craft Fair Oct. 28

The Quincy Council on Aging will hold its first Fall Craft Fair on Saturday, Oct. 28 from 10 a.m. to 2 p.m. at the Kennedy Center in Quincy. Free admission.

This is an opportunity to start holiday shopping. Vendors participating at the fair include: Life Expression Décor, Betsy's Bags and More, Handcrafted Creations by M.A., Piper Dee Naturals, Gramma's Boredom Wreaths, Janine's Modern Accents of Design, Caryn's Corner and Ginger Betty's. Coffee and donuts will be available in the morning. Lunch will include pizza and hot dogs. For additional information call the Kennedy Center at (617) 376-1506.

Life Line Screenings Nov. 7

Residents living in and around Quincy can learn about their risk for cardiovascular disease, osteoporosi, diabetes, and other chronic, serious conditions with screenings by Life Line Screening.

The screenings will take place at the Quincy Sons of Italy Hall, 120 Quarry St., Quincy, on Tuesday, Nov. 7.

Screenings can check for:

• The level of plaque buildup in arteries, related to risk for heart disease, stroke and overall vascular health.

• HDL and LDL cholesterol levels.

• Diabetes risk

• Bone density as a risk for possible osteoporosis

• Kidney and thyroid function, and more.

Screening packages start at $149, but consultants can work with those interested in screenings to create a package based on age and risk factors.

Screenings are convenient and accessible for wheelchairs and those with trouble walking. Free parking is also available.

For more information, call 1-877-237-1287 or visit the website www.lifelinescreening.com. Pre-registration is required.

Fashion Show Oct. 23

Join the Quincy Council on Aging for a free fashion show at the Kennedy Center on Monday, Oct. 23rd at 1:30 p.m.

Fashion expert Caryn Smith will have several women from the community walking down the runway wearing the latest fall and winter fashions including accessories. Smith will demonstrate fashion trends and "how to's." Light refreshments will be provided. To register call (617) 376-1506.

★ Candidate Profiles - Council At-Large Candidates ★

Noel T. DiBona

Age: 42
Address: 70 Chickatabot Rd.
Occupation:
Small Business Owner for 21 Years, Russ DiBona & Son Landscaping
Education: Quincy High Class of 1993, Bachelor's Degree: University of Massachusetts-Boston
Municipal Experience:
Councillor at-Large, 2016-present
School Committee Member 2014-2015, Park & Recreation Board Member 2012-2013,
Community Preservation Committee Board Member 2016-present

NOEL T. DiBONA

If re-elected, my top priorities during my term in office will be continue to be involved with the community, as well as do a good job on the City Council. During my 2 years on the City Council, I have not missed a meeting. I feel being available in the community is a way that constituents can ask me questions and voice their concerns. I have been campaigning since April and have knocked on over 10,000 doors. My main goal is to always be available to you, whether it's via email or by phone. I will continue to hold office hours at City Hall and give you an opportunity to meet face to face throughout the year.

My priorities are to help in the process of mitigating traffic and allow better flow of traffic through the city. The new traffic study will also give us a look at a more pedestrian friendly city including the safety of children and seniors. I will continue to advocate for public safety resources and improvements for Quincy Police and Quincy Fire Departments. I will be looking to do a design study on the existing Police Station and seeing if a new public safety headquarters for our Police, Fire and DPW departments is feasible. We can take advantage of federal, state and other grants, as other municipalities around the state have built new headquarters. I'm looking to find other sources of funding for roads and will be in support of a tax for developers for a road fund. Infrastructure improvements including sewer, water mains and gas lines are vital when repaving roads and sidewalks. I'm looking to attract commercial growth with new commercial revenue to take the burden off the tax payers of the city. I'm looking for this new smart commercial growth to provide new jobs for the citizens of Quincy. We need to market for a mini supermarket like Trader Joe's and a big box retail store like Kohl's. When knocking on doors and visiting senior housing, I am asked about the future of a hospital and how important it is to a city of this size. I will be advocating for a new hospital.

I will continue to attend neighborhood association meetings through the city and listen to the concerns in each neighborhood. I'm very civic minded, as I was the former president of the Ward 2 Civic Association and a current Merrymount Association member. I will continue to attend community events and Quincy Public Schools PTO events. My years as a School Committee member helped me build a relationship with all the schools' principals, staff and parents. I'm still very involved with the Quincy Public Schools as my 2 young boys are in the QPS system. I value mentoring our youth and I'm in my 7th season as the varsity head coach of my childhood team, the Quincy Point Panthers youth football team. I will continue to be a veteran's activist, as I have been a Junior Vice Commander for the Sons of the American Legion Morrisette Post 294 since 2012 and the Chairman of Veterans Services on the City Council. I will continue to have hearings on drug awareness and prevention, as the Education Chairman on the City Council.

In closing, I'm totally invested in giving back to the city I grew up in with my wife Niamh and three young children Tyler, Aidan and Nora. I want you to know, that I'm always available to listen to you with open communication and being approachable everywhere I go in the community. I humbly ask for your vote on Tuesday, Nov. 7th.

School Committee Candidate Profiles – Pages 32, 33

Nina Liang

Age: 29
Address: 2 Williams St.
Occupation: Quincy City Councillor at-Large
Education: Fontbonne Academy, Hofstra University
Municipal Experience: Incumbent City Councillor at-Large, D.O.V.E. (Board member), Quincy Catholic Academy (Board Member), Thomas Crane Public Library (Board Member), Maria Droste Counseling Service (Board Member), Massachusetts Asian American Commission

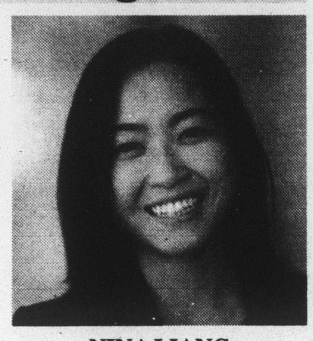
My top priorities during my second term in office will be:

- Reducing the tax burden for residents
- Promoting smart development
- Addressing public health and safety issues
- Creating effective solutions to our traffic problems
- Giving residents a voice in City Hall

Our city is growing, and with that is an increasing burden on residential taxpayers. As developments break ground in every corner of Quincy, it isn't right that many of our neighbors find it difficult to afford to live here. We need to implement effective policies that will shift the burden to ensure that not just residents are carrying the weight. Currently your home is taxed at the same rate as corporate-owned, multi-story, hundred unit apartment complexes. Working to pass a residential tax exemption will provide relief for the homeowners of Quincy, and make corporations pay their fair share.

Sustainable development in Quincy means ensuring balance between residential and commercial growth. We've seen significant growth over the last year, but 90 percent is attributed to residential development. If we balance that growth by increasing our commercial base, the resulting tax relief and sustainable job creation will help to ensure everyone who lives in Quincy can afford to stay here. Commercial development means new revenue to pay for our schools, police and fire departments, streets, library and other essential services.

As our city continues to grow, so do the challenges we face. The opioid epidemic is both personal to those directly impacted, and communal as its effects ripple through our city. It's a public safety and public health issue. We need a regional response; one that expands options for treatment, increases the availability of beds, and reaches out to everyone, educating our children and the community on the warning signs and dangers of opioid addiction. Working in collaboration with Senator Keenan's efforts and the Quincy Drug Task Force, I will continue to support the families, friends and everyone impacted by this public health crisis.



NINA LIANG

Another growing problem we face in this city is traffic. Our traffic problems consist of: congestion, parking, pedestrian safety and improvements in public transportation. I am proud of my collaboration with Quincycles to advocate for alternative means of transportation. I have participated in countless community meetings on the upcoming MBTA projects. These projects are necessary to our public transportation infrastructure, but more thoughtful planning is needed to ensure that our residents are not paralyzed by the impact of these projects. I will continue to hold the MBTA's feet to the fire on meeting the needs of our residents. Continuing these efforts through the new Traffic, Parking, Alarm and Lighting Department, I will work with residents across the city to address the specific issues facing each neighborhood.

We face many challenges, from improving our public schools to ensuring that our first responders receive the necessary training and equipment, to repairing our aging infrastructure and ensuring our residents have what they need. But, I believe we can overcome these challenges by working together. I've seen the positive effects of this through legislation I offered that gives residents a stronger voice in the development of downtown. Prior to my amendment, there was no council oversight in developing public land known as LDA's. Now, LDA's must be presented to the council and approved, meaning more transparency and accountability by our city government.

Collaborative efforts between our neighbors and City Hall should be promoted, fostered and supported. I've seen a community willing to get involved, and as your at-large city councillor I will continue to work with you to make our city better.

Margaret Laforest

Age: 41
Address: 236 Rock Island Rd.
Occupation: Vice President, Quincy Chamber of Commerce
Education: Quincy High School '93. University of Miami, Marine Science Major, Eastern Nazarene College, Degree in Business, Boston University, Project Management Certification
Municipal Experience: Ward 1 City Councillor 2010-Present, Affordable Housing Trust Fund (2010-Present), Quincy College Appointing Council Board of Governors, Massachusetts Municipal Association Energy & Environment Committee

If elected my top priorities during my term in office would be continuing to focus on quality of life issues, future sustainability, and affordability.

Quincy's strength is the quality of life in our community. We are a safe city and I'm proud of how the Quincy Police Department has used technology to communicate data proving this for our residents to share our confidence. We are making long overdue improvements to our fire stations and are in the process for a new public safety headquarters. Our personnel are top notch but many of our public buildings are deteriorating.

We have a strong education system and are investing in its infrastructure from exterior and energy efficiency improvements throughout our school buildings and bringing new schools online. Our historic, cultural and recreational assets are a big part of what my family enjoys about Quincy. The Council is currently considering substantial investments to these facilities using funds paid by the Community Preservation Act and Hotel/Motel Tax. For our coastal areas who are most at risk during storm events, we are working our way around the waterfront to repair seawalls and protecting the city's infrastructure and many low-lying homes.

The opiate epidemic has affected many in our communities. I remember when my neighbors first shared their story and how in my first run for office, I joined their advocacy for including Narcan in our public safety plan but there's so much more we need to do. I was born at Quincy Hospital and this fall the Council will be presented with plans for its future. As the Ordinance Committee Chair, I will be leading the discussion. It is imperative that we maintain emergency healthcare services in the City of Quincy.

Priorities for our future sustainability need to focus on transportation and downtown development. While the Boston area has a high demand for residential units along the transportation corridors, it is important to have input and oversight on these projects. Quincy's urban corridor of Hancock Street is stark to our suburban neighborhoods and it is imperative to protect the integrity of the neighborhoods as we modernize our downtown. I have great memories from my childhood of shopping at Child World, Coleman's and Remicks and going to the movies downtown. My own children are now in college and have never had these experiences. We do many of our household errands outside of the City. Downtown Quincy has deteriorated over decades and we are finally seeing the revitalization occur. We need to meet the needs of our community within our municipality. Doing so, we can help reduce the traffic problems troubling our city.

MARGARET LAFOREST

Transportation is one of our biggest challenges. Our traffic signalization is antiquated and our road conditions are worsening. We have the entire South Shore commuting through twice a day. While access to public transportation is definitely an asset, we are about to have all four MBTA stations under construction further complicating traffic in our area. While we appreciate the state is finally spending money on our infrastructure, the timing aligns like a perfect storm. We recognize the complications and frustrations that residents will endure. We need a strong plan to mitigate the impact and the restoration of permanent ferry service needs to be a priority. Much of the city's underground infrastructure (water, sewer, gas mains) need to be replaced/upgraded before the roads can be addressed and we need a comprehensive plan to address these needs. I want to help the city progress with technology and modernize our municipal systems.

Residents are concerned about affordability of the City we all love and keeping it within reach and accessible for future generations. I also believe residents want to be kept abreast of what's happening. I have maintained a strong communication platform throughout my time in office and I intend to continue that expanding the content citywide.

It has been an honor and a privilege to have represented Ward One on the City Council for eight years. I am proud of the progress we have made, the knowledge and experience I've gained and I am now running to represent the entire city as a councillor at-large.

★ Candidate Profiles - Council At-Large Candidates ★

Anne Mahoney

Age: 52
Address: 12 Ferriter St.
Occupation: Business Executive and Small Business Owner with over 27 Years' experience
Marketing Manager Santander Bank Boston MA
Education: Quincy Public Schools, Graduate of Suffolk University with a BA in Finance
Municipal Experience:
Elected School Committee Member 2006-Present
Elected School Committee Vice Chairman: 2010 and 2011
Subcommittees: Budget and Finance, Health, Transportation & Safety, Rules, Post Audit, and Oversight, Special Education (Chair), Central Middle School Building Committee

ANNE MAHONEY

If elected, my top priorities will be to cut spending, increase government transparency, develop a real economic plan, curb overdevelopment in our neighborhoods, establish a complete traffic plan and champion our teachers and schools.

Since 2011, the average single-family tax bill in Quincy has increased $1,266, or nearly 29 percent, yet real wages have barely budged for our residents. City Hall and the City Council need to be proactive and address the income gap. Projects that were promised to be funded by other sources are now being paid for by city residents. New projects are in the works, and we need to keep a close eye on spending, or it will fall back to the taxpayers. I am running to ensure that doesn't happen.

I believe it's time to open the spending practices of City Hall. It is critical for the City Council to make Open Checkbook and Open Budget a priority for our city's finances. We can make government spending transparent by implementing these initiatives. Open Checkbook provides up-to-date financial information, line by line, like an online checkbook for all to see. What better way to reassure the citizens of Quincy that these are worthwhile projects than to let them see exactly where their money has been spent.

I want to increase the city's economic base. We need to identify and target the kind of businesses that we would like to see in Quincy. We need to create a thorough and up-to-date demographic study and offer permitting incentives so we can make Quincy an attractive destination for retailers.

It's no secret that we have a massive amount of development in our city. A lot of it is large, sprawling residential complexes. These affect the character of our neighborhoods and put stresses on our services, including roads and schools. Roads and sidewalk maintenance will be a priority for me. We need to keep development around our transportation hubs and demand that these larger developments are taxed as businesses, like in Boston.

Traffic is not a new issue, but it has gotten exponentially worse over the last few years due to the ever-growing landscape of Quincy. While other cities are testing adaptive wireless technology at busy intersections, allowing the traffic signals to communicate with each other to improve traffic flow and reduce backups, we have reorganized our transportation department multiple times without any concrete plan. I will demand a timely plan that addresses increased automobile traffic while ensuring the safety of pedestrians and allowing for greater opportunities for bicycles and alternative energy vehicles.

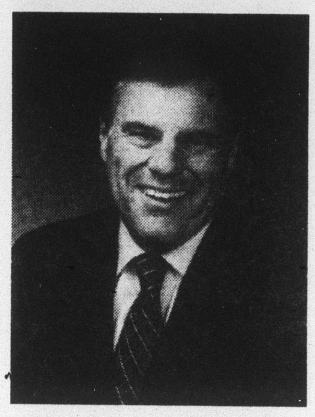
I am currently a School Committee member and the former vice chair. I am extremely knowledgeable about the current state of our schools. During my years on the School Committee we have built two schools, soon a third, ushered in and protected free full-day kindergarten. I fought against budget cuts and stood up against mistakes, such as putting 4th graders in middle school. On the City Council, I will continue the fight to protect and expand educational opportunities for our residents.

I believe I've earned a reputation as a straight shooter, someone who listens to the concerns of the community, and most of all, gets things done. I have never been afraid to take a stand, ask the difficult questions and vote independently for what is best for Quincy. I am not a rubber stamp, and I will never "just go along to get along." I work for you, the taxpayer, and I take that seriously. We truly need a change on the City Council so we can make Quincy a better place to live, work and raise a family.

I respectfully ask for 1 of your 3 votes for Quincy City Councillor At-Large.

Daniel Raymondi

Age: 69
Address: 88 Elm St.
Occupation: Attorney
Education: Graduate of Quincy High School, Holy Cross College and Boston College Law School
Municipal Experience: Commissioner of Public Works; Ward 2 City Councillor for 22 years, in part serving as Council President; School Committee member for 8 years, in part serving as Vice Chair; Quincy College Board of Governors for 12 years, in part serving as Chair, former Chair; Norfolk County Prosecutor, Norfolk County Public Defender; Norfolk County Treasurer; Norfolk County Retirement Board, former Chair; Quincy Park and Recreation Board, and Ward 2 Civic Association, Board of Directors.



DANIEL G. RAYMONDI

I am committed to improving the lives of all Quincy residents. I live and work here, and pride myself on being available to constituents no matter how small the problem. Using my experience, strong work ethic and tireless advocacy for issues near and dear to my heart, I can help Quincy secure its footing while undergoing change.

I have been a consistent and effective advocate for our schools – leading school rebuilding efforts, keeping class sizes down and working to improve academic and technological opportunities for students. As Councillor At Large, I will continue to support the best education and opportunities for our students. Quincy's children deserve the best resources and facilities to achieve their goals.

As a former prosecutor, I know about the impact of crime on families and neighborhoods. I understand the value of policing and providing the best services available. That's why, as a City Councillor, I wrote and passed Quincy's Community Policing Ordinance, which is a proactive policing approach that focuses on areas that generate crime. As Councillor At Large, I will be your voice for: increased police presence in your community and for the best training and equipment for our police officers and firefighters. My commitment to fire safety has earned me the distinction of being named as an Honorary Firefighter by Quincy Firefighters. Every neighborhood should be a safe place to raise a family.

My work has been notable for creating innovative ways to solve problems. As a City Councillor, I wrote and passed Quincy's Hotel/Motel Home Rule Petition. To date this landmark achievement has resulted in more than $15 million paid by visitors to Quincy to preserve and enhance our parks, playgrounds and beaches, renovate schools, boost tourism and support historical preservation. All this work without hurting taxpayers.

The seniors in our community need our help. Many are house rich and cash poor. That's why, as a City Councillor, I wrote and passed Quincy's Senior Workers Abatement Program, which helps seniors work off a portion of their real estate tax bills and I raised awareness about the Circuit Breaker law, a state-funded benefit that helps seniors stay in their homes. I have always been known as Quincy's "Fiscal Watchdog" seeking ways to ensure that tax dollars are spent efficiently. Reducing the tax burden on seniors and expanding programs that benefit seniors will continue to be a top priority for me as your Councillor At Large.

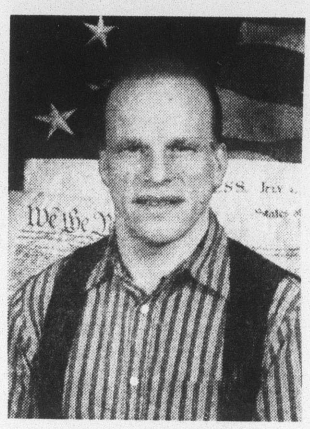
I learned the importance of Public Works improvements from my dad, a Public Works employee. That's why it was my great honor to serve as your Commissioner of Public Works for the past 6 years. During that time, I brought professionalism, innovative policies, procedures and programs to the department. Under my leadership, the DPW received the 2016 New England Stormwater Management Award as well as recognition from the state Department of Environmental Protection for outstanding performance.

But more needs to be done including escalating the replacement of 100-year-old water mains, repairing and reconstructing our roads and sidewalks, increasing our Stormwater Management programs and implementing a comprehensive traffic and pedestrian safety plan. I am a strong supporter of senior safety and will push for the expansion of safety zones to ensure that seniors in high-risk areas are protected. These investments will add value to homes and neighborhoods and make us safer.

With your support, I will continue to concentrate on schools, public safety, road and sidewalk repairs, public works improvements, Smart Growth strategies, stabilizing property tax and water/sewer bills, and being your fiscal watchdog. I have been endorsed by the Quincy Taxpayers Association and Norfolk County Central Labor Council AFL-CIO.

Steve Tougas

Age: 55
Address: 78A Gilbert St.
Occupation: Software Engineer for a medical device company with over 10 years of contract and full-time employment
Education: Blackstone Valley Regional Vocational Technical High School 1980, Electronics
Education: Framingham State 1981 to 1985 and some extra courses in Computer Science
Municipal Experience: I have no city government experience; however, I am the currently elected Republican Chairman of Ward 4. I ran for Republican State Committee in 2016, winning Quincy, but losing the rest of my State Senate district. I was a delegate to the 2014 Republican State Convention. I am on two state boards: The 8th Congressional Vice President of the Massachusetts Republican Assemblies, and The State Chaplain of the Massachusetts Faith and Freedom Coalition.



STEVE TOUGAS

"Why me? Why now? What can I do for you?... I've already been "at-large" for years asking and answering, "What can I do for us?" I've been fighting an out-of-control state government by doing, like collecting thousands of signatures to repeal the Forever Gas Tax, saving the people of Quincy money every time they buy locally. Now I want to change the current tax-and-spend culture in our city government. On Nov. 7th, elect me, and I will continue to work for you on the City Council to lower and to keep your taxes low.

Platform: I am for lower taxes and advocate a smaller government that gets out of the way of the people, while protecting their liberties and helping them prosper. I am for the high educational standards that made Quincy and Massachusetts number one. I also want Quincy to continue to be a place where people want to live, raise a family, work, play, and be a welcoming place for tourists to come, visit our history rich city, and learn about the freedom and liberty that made her "The City of Presidents."

Lower Taxes: Spend less by cutting out non-essential spending, be more efficient with what you do spend, and curb the desire to buy things you don't need, and the tax payers get the savings as lower taxes. That's all there is to it.

Lowering Taxes: Saving money requires discipline. You can't make generous promises to give some people something that you can't deliver without raising the taxes of others to pay for it, nor can you be beholden to outside influences or your own personal whims to give the people what they don't want and cause them to have to pay for it.

Maintaining Essential Spending: In this category I would put Essential City Services and Education. City governments are notorious for budgeting more than needed, and when the end of the year comes, they rush to make sure they've spent that extra. I will work with the School Committee, City Hall, and Quincy Public Works to see if any extra moneys can be rolled into the next year's budget, and that departments aren't "making work". I will work for the tax payer to make sure their needs are met, and the wants will be held up to scrutiny, with tax payer input solicited, because the burdens will be on their shoulders, and that of their children.

Encouraging Progress: More laws equals less liberty, and the more regulation, the higher the cost of doing business that gets passed on to you. I pledge to help reduce needless regulation that's strangling progress. Government should be a small as possible to protect the Liberty of the people. This involves enforcing laws to protect the rights of the people while reducing needless regulation hindering progress.

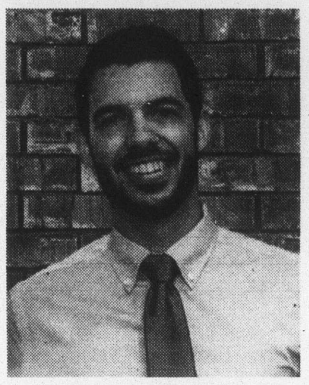
Taxation with Representation: At a Quincy City Council meeting I attended, I saw that it was just a bunch of developers pitching ideas, followed by a discussion amongst the City Councillors, with usually a quick approval after just a few questions.

What I saw was taxation without direct representation (i.e. "Sounds good to us. Tax payer funds for your project have been approved!"). Issues that are going to cost the tax payers should be given time for their input. I pledge to work to see that a web site is set up for tax payer representation of issues that would raise their taxes.

★ Candidate Profiles - School Committee Candidates ★

Anthony Andronico

Age: 24
Address: 126 Charles St.
Occupation:
Program Coordinator, Forrester Research | previously Partnership Associate, Mass Insight Education/Global Partnerships
Education: North Quincy High School and Emmanuel College
Municipal Experience:
Political Newcomer



ANTHONY ANDRONICO

If elected, my top priorities during my term in office will be to maximize the potential of our Career & Technical Education programs, provide more opportunities for the community to engage with the School Committee, and maintain small class sizes in the face of growing enrollment.

I believe I am uniquely positioned to achieve these goals and I am proud to have received an endorsement from the Quincy Education Association. I'm the only candidate that has attended Quincy Public Schools within the last decade and I understand the challenges our students face. I worked at Mass Insight where we partnered with gateway cities in Massachusetts to close the achievement and opportunity gap. We did this by increasing AP participation, streamlining processes, and partnering with the community. I worked at the State House in the Constituent Services Office addressing issues from concerned citizens and now I work at Forrester, a business technology research and advisory firm, providing best practices to businesses.

Post-Graduation Pathways: I know firsthand how expensive continuing your education can be in today's world. That's why this campaign is focused on implementing strategies that allow students to make sound decisions about their future. I want to increase the number of articulation agreements we have with local colleges and the number of dual-enrollment courses we offer in conjunction with Quincy College. These increases would allow students to gain college credit and significantly decrease the financial burden of continuing their education. I'd also like the city to continue to expand the number of these course offerings so that students can gain experience in potential career paths before they exit our system – particularly for the students that plan on entering the workforce immediately.

Communication: It is the job of the School Committee to maintain two-way communication with the citizens of Quincy. In today's fast-paced world it can be very difficult for people to find time to contact their local reps about their concerns. That is why I plan to embrace every communication avenue to inform the community about what is happening on the School Committee. It means reaching out to the Parent-Teacher organizations to hear their concerns and ideas. It means hosting regular office hours to hear directly from constituents. It means attending as many community events as possible and it means maintaining a prominent online presence. Hearing directly from the community is the best way to not only identify problem areas, but also to craft solutions to these problems. If elected, families should know that their concerns will always be listened to and never brushed aside.

Class Sizes & Growing Enrollment: Enrollment in QPS is up by roughly 500 students over the past 10 years and that number is expected to rise as Quincy continues to build up the downtown and surrounding areas. Quincy is planning on building a new school at the site of the St. Mary's School in West Quincy which should aid in keeping class sizes down at the elementary level. Upon construction of this new school discussions will need to be had with all stakeholders regarding the possibility of redistricting. With the overall increase in enrollment it's important that the School Committee stay committed to ensuring small class sizes in every school and that our teachers have the resources they need to deliver a top-notch education.

To learn more about me and my candidacy please visit www.VoteAndronico.com or www.Facebook.com/VoteAndronico. With your support we can build a school system that sets up the next generation for success.

Election Day is Tuesday, Nov. 7

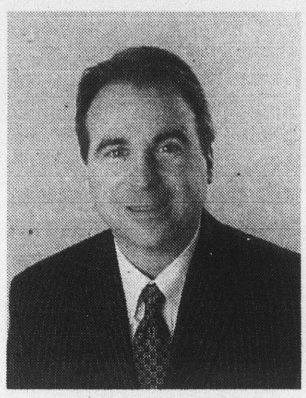
Doug Gutro

Age: 52
Address: 36 Marlboro St.
Occupation: Public Affairs Director, U.S. Environmental Protection Agency
Municipal Experience:
City Councillor At-Large, 2012-2016; City Councillor, Ward 5, 2002-2012; Council President, 2006-2007; Former Quincy College Board of Governors Appointing Council; Vice Chairman, Quincy Beaches and Coastal Commission; Former member, Quincy Recycling Commission.

Thank you to *The Quincy Sun* for providing candidates an opportunity to share their views and experiences. If elected to the Quincy School Committee, my focus will be rooted in my personal experience with our public school system, a passion for public education and commitment to our city.

My priorities will start with supporting and improving: student achievement; the safety and security of all students and teachers; instituting a sustainable facility investment strategy in neighborhood schools; maintaining and advancing our STEM, literacy, media services, art, music, and athletic programming; and exploring new or creative programming at the elementary, middle, and high school level. I will lend my voice to meeting the needs of Special Education students and English Language Learners. I will listen to the concerns of the parents and teachers and use my voice on the school committee to advance their concerns. Why?

As a father of two boys (Brian and Scott) in the Quincy Public School System, I have the perspective of experiencing our school system as does every parent of a school-aged child: helping my kids with homework, meeting with teachers, visiting classrooms, easing their anxiety about standardized tests, attending school events, or simply getting my child from point a to point b. I routinely get the school emails and voicemails and I'm plugged into to what happens daily in our public schools gathering daily feedback from each of my children. I see the rigor of our curriculum first hand through the culmination of the daily homework assignments and parent/ teacher meetings. I see first-hand student workload and how a student balances it with the demands for sports and extra curricula activities. I see the burden and benefit every day. That is truly a unique perspective that I bring as a candidate.



DOUG GUTRO

As a seven-term city councillor, and former City Council President, I've been proud to support 14 school budgets; funding for the construction of a new Quincy High School; Central Middle School; and Sterling Middle School. I've supported the site improvement project at NQHS as well as roof, window, and boiler replacements in many of our neighborhood schools. I'm proud to have visited all eleven elementary schools, five middle schools, and both high schools in my role city councillor or parent. And I've enjoyed attending countless school events across the city over the past few decades.

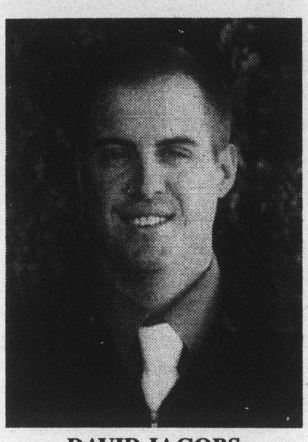
As an Adjunct Professor at Suffolk University for the past 17 years, I have experience in the classroom and empathy for the tremendous responsibility and success shown by QPS teachers. I recognize how curriculum guidelines, technology, professional development, and facilities impact their success.

Since I announced my bid for School committee late last spring, I have made it a priority to attend as many PTO meetings as possible. I intend to do the same if elected. These meetings are a window into the unique challenges, joys, and concerns of each public school. I want to understand those unique issues and challenges faced by students, parents, and teachers and help be their voice for change or equity on the school committee.

Barbara Isola and Anne Mahoney deserve our gratitude for their service to our children and our public school system. I have countless ideas to improve our public schools, but I'm wise enough to know the best ideas come from listening to others. As parent, former City Councillor and teacher, I know I can be a strong voice to make our public school system the best in the state. On Nov. 7, 2017, you get three votes for school committee. I humbly ask for one of your three votes.

David Jacobs

Age: 31
Address: 11 Dunns Ct.
Occupation:
Public Educator
Education: Quincy High School 2001-2003
North Quincy High School 2003-2005
B.S. Salem State University 2009
M.Ed. Salem State University 2013
Graduate Cert. Special Education 2014
Municipal Experience:
Quincy Historic District Commission 2013- Present
Quincy Band Boosters 501(c)(3) Charity 2012-Present



DAVID JACOBS

If elected, my top priority in office will be to represent the interest of the students and taxpayers of the Quincy Public Schools. For almost 20 years I have watched parents fight to maintain programs they consider vital for their child's educational success be pushed aside to create new positions that benefitted new programs, leaving other programs decimated in the aftermath.

For years I have worked with city politicians to raise awareness of these issues and election cycle after election cycle politicians are elected and the ideas they had to help dwindling programs disappear once they join the Quincy School Committee. Many of the programs that have been created in Quincy Public Schools over the last 20 years have been successful, but they have left older vital programs on dwindling. Moving forward I will make it a priority to preserve existing vital programs when new programs are created or new positions created.

Over the past few years, Quincy has experienced unprecedented growth. I need look no further than the end of my own street. When I exit my street to enter Quarry Street I often have to wait over five minutes to join the traffic. While waiting, I have a clear view of "High Point" where I observe drivers in car to car traffic as they exit their garage. Just today I read about another condominium proposal for West Quincy. Although development increases our tax base, we need to ensure that our corresponding infrastructure growth supports the increasing population, including it and seats for students at our public schools.

Currently West Quincy is experiencing a large population boom. In the last 15 years West Quincy and Quincy Point have altered the elementary and middle school grade configurations to handle the increasing population. Although Quincy's new development is marketed toward single individuals it is likely that households with children will also increase. You need look no further than Faxon Common in Quincy Point. Many years ago it housed mostly empty nesters, now Faxon Common is full of young Quincy families who are utilizing services the city provides that residents there had not previously been providing. Quincy needs to be prepared for something similar in the future.

Knocking doors over these past few months I have learned the one thing that Quincy taxpayers want is to strike a balance between growth and preservation. They want to continue living in their city, they want top-notch schools, but they want schools that they can afford. Though most agree they want the best facilities for Quincy students they are concerned with being priced out of their homes.

If I am elected to the Quincy School Committee I will examine every dollar spent or proposed for spending on personnel line items, specifically items unrelated to direct student services.

I will be available to speak about any Quincy School issues or concerns. I will hold regular office hours and be available by appointment for any Quincy citizen that has an issue they would like to discuss.

I ask you for one of your three votes on Nov. 7. I want to invite you to take a look at my webpage for further issues that my campaign has been been speaking to residents with at www.dj4quincyschools.com, like us on facebook at www.facebook.com/davidjacobsforquincyschools, email dj4quincyschools@gmail.com, and by telephone at 617-930-3189.

Election Day is Tuesday, Nov. 7

★ Candidate Profiles - School Committee Candidates ★

Emily Lebo

Age: 67
Address: 354 Highland Ave.
Occupation: Educational Consultant, CTE Support Services
Education:
Milton High School
Laboure College, Associates Degree in Nursing, RN
Northeastern University, Bachelor's of Science in Nursing; UMass Boston, Educator Preparation Program - Educator's License
Northeastern University, Master's of Science in Administration – Superintendent/Director License
Municipal Experience:
Quincy School Committee - 6 years; Established and Chaired Teaching and Learning Subcommittee; Chaired Special Education Subcommittee; Chaired Budget and Finance Subcommittee; MA Board of Education Co-Chair Advisory Council for Career and Technical Education - 8 years; South Coastal Workforce Investment Board of Directors - 8 years; Bethany Teen Mothers Program Board of Directors – 4 years.

As a career educator and a school committee member I believe the strength of any community can be judged by the strength of its school system. In Quincy, we are very fortunate to have a city administration that provides our students with safe, secure, modern facilities and a committed and capable instructional team. It's the responsibility of the school committee to make sure we offer the children of Quincy the best education possible. I take the responsibility of serving on the School Committee very seriously.

My top priority during my term in office will be to continue my work on the Teaching/Learning Subcommittee which I established in 2009. I believe this committee is of utmost importance to the Quincy Public Schools because its job is to take a deep look at how our schools are performing and investigate ways to support the schools' success.

To be successful, a school system must set goals and work toward meeting them. In the Quincy Public Schools, the primary goal is to ensure that all graduates are prepared to enter the next phase of their lives with the tools they need to be successful. This work begins in our elementary schools and continues throughout high school.

The Teaching/Learning Subcommittee reviews progress toward these goals and how our school system does in supporting the growth of all students in our schools. The MCAS is only one test given at the end of the year, and the results are not available until the following October. Getting test results after a student has completed an academic year doesn't help the student.

EMILY LEBO

Last spring, I requested additional funding be directed to do more robust, useful assessments at the beginning and middle of the year. These tests will now be moving into all grade 6 and 7 classrooms and will provide teachers with useful information so they can deliver instruction with targeted interventions to students who need support and curriculum enhancements to students who are ready for the challenge.

I also believe our schools should be looking at other measures of success so I have requested that data from SAT/ACT scores and Advanced Placement course results be included in a Teaching/Learning Subcommittee review. This is very important, now, because recently the College Board completely changed the format of their test. We need to ensure that our students can successfully meet the challenge of this new SAT/ACT format, and we need to create ways to help them, if they cannot.

Another indicator of student success that is important to me is how our Chapter 74, Career and Technical Education students do in our programs. I want the Teaching/Learning Subcommittee to review data which shows credentialing and placement after technical program completion.

Looking at this information will show how well prepared our technical students are for their careers.

It's obvious that teaching/learning is my passion, but I know that other areas of our school system also need to be a priority to ensure the whole child is being developed. We need to continue to build our music programs, our fine and performing arts programs, and our athletics. Currently, we have clubs and extracurricular activities that address diverse interests but my concern is that not all students are able to participate in programs that they would like to. I have asked the Superintendent to gather data on this issue so we can determine if and where additional resources may be needed to ensure that our offerings and programs are equitable.

There is still much work to be done, and I look forward to continuing to work collaboratively with my fellow school committee members.

Geraldine Manning

Age: 67
Address: 1035 Southern Artery #312
Occupation: Associate Professor of Sociology, Suffolk University (retired July 1, 2017)
Education: North Quincy High School; Quincy Junior College – 1 year; A.B. Suffolk University; M.A. Boston College; Ph.D. Boston College

If I am elected, my top priorities during my term in office will be to make sure that students have the skills necessary to be able to compete in the 21st century. I wouldn't be able to speak knowledgeably on this subject had I not taught the courses such as Technology and Society, Women and Work, Work and Occupations, and Cultural Diversity.

Today's high school graduates are entering a world that is quite different from the one that you and I entered. These students, when they complete their educations, are competing with the world for jobs. New economy jobs put a tremendous premium on creative and innovative skills. Traditionally this has been an American strength. However, students have very few opportunities in school that are both creative and innovative. The teachers are too busy teaching to the Massachusetts test, and do not provide thinking outside the box. An example of this type of thinking would be getting groups of five together and putting a picture of 95 cents in change and asking this second- grade class: how many different ways can you make 80 cents out of this pile of change? And the students would have to work together to figure this out.

Also, very few students learn more than one foreign language. Yet the employers are saying that they need workers who are global trade literate. And as you may know one of the easiest ways to learn a foreign language is to start in elementary school.

The social studies curriculum also needs to change so that students understand other cultures and the ways of life in those societies.

GERALDINE MANNING

Additionally, at the high school level we need interdisciplinary combinations such as math and art, design and technology so again we're thinking outside the box. Given that we are competing with the world, we better do it well if we want to continue being a powerful nation.

Students also need to become smarter in learning how to manage the tremendous amount of information coming at them every day. They need to be able to distinguish from what is reliable data and what is not. Also, we need to know that students understand how to manage it, interpret it and how to act on it. We also need to make sure that every student has the emotional intelligence this is as important as IQ. Students also need to have the ability to work in teams, and work with people from different cultures. But the truth is it's VITAL for today's students and for tomorrow's workers.

There is a great deal of private money to support a school's endeavors to bring our schools into the twenty-first century.

I have given a great deal of thought to this subject and I hope that you agree with me. I do not feel this is a teaching problem but I am concerned about the administrative level and whether they see the need for change. I hope that you will give me one of your three votes for School Committee. Thank you for caring enough to listen.

Election Day Tuesday, Nov. 7

Mark Sauter

Age: 33
Address: 76 Longwood Rd.
Occupation: Attorney; Assistant Chief Counsel, U.S. Department of Homeland Security, U.S. Immigration and Customs Enforcement, Boston Office of Chief Counsel
Education: Bishop Watterson High School, University of Rhode Island, University of Cincinnati College of Law
Municipal Experience: Merrymount Association President, 2013-Present

If elected, my top priorities during my term in office will be to help Quincy's students, educators, and schools prepare for the challenges and opportunities of the 21st century. As the father of two future QPS students, I am committed to ensuring that QPS delivers the best possible education to my children as well as all of Quincy's young students. I firmly believe QPS is currently providing a strong level of education to our students and I will strive to ensure this continues and advancements are made as appropriate.

Quincy, like cities and towns across Massachusetts and the United States, has too many former students who are currently struggling with, or who have lost the battle to, the opioid epidemic. For all students, therefore, I believe it imperative that QPS deliver a robust substance abuse education to combat the opioid crisis and also to prepare for marijuana legalization. QPS is taking steps to update its curriculum and my goal will be to ensure QPS provides the most effective curriculum, counseling services, and outreach programs as possible.

Quincy's future graduates are faced with an increasingly competitive and expensive college environment and/or a workplace that demands greater technical skills. Therefore, for all students, I will push for expanded funding for science, technology, engineering, art, and math classes and activities. Future graduates will work with, and compete against, employees from around the world. It is imperative, therefore, that QPS increases its foreign language education in elementary and middle school. I think it especially important to introduce Chinese-Mandarin as a foreign language option in middle school, in addition to Spanish and French, in response to Quincy's large Chinese population and the importance of Mandarin in the global work environment.

MARK SAUTER

The cost of college for QPS graduates is at a record high. Therefore, I will seek to increase financial literacy regarding college costs and loans, expand opportunities for students to earn college credit while attending high school, and also push Quincy to develop a scholarship fund for graduating seniors to help defray college costs and to award our hard-working and deserving students. For those students immediately entering the workforce, I will strongly advocate for QPS's vocational programs to ensure its students are prepared for today's competitive job market.

For Quincy's youngest students, I will push for an expansion of the Pre-K program to accept more students and to intervene and address special education needs at an earlier age. Also, I believe, as does the American Academy of Pediatrics, that recess is a crucial and necessary part of a child's development, and I therefore will advocate for mandatory recess for our elementary students.

I will also seek to ensure that QPS operates in a fiscally responsible manner. I will advocate that all state grants and matching funds are obtained to renovate and replace Quincy's schools, many of which are over 75 years old. I will seek to increase solar and other energy efficient technologies in our schools to save on energy costs and to lessen the schools' impact on the environment.

As a fellow public employee, and as the son of a high school teacher, I have great respect and admiration for Quincy's dedicated and talented teachers and staff. I am honored to receive the endorsement of the Quincy Education Association. I believe our educators deserve appropriate compensation, proper resources, and training in order to successfully teach and guide our children.

Quincy is a city with rich history and tradition. On the school committee, I will strive to ensure Quincy's future remains bright by investing, supporting, and advocating for our students, teachers, and schools.

On Sunday, Oct. 8, at approximately 12:25 a.m., Officers Daniel Church and Andrew Keenan were dispatched to a Quincy Point address for a reported domestic assault.

On arrival, the officers spoke to the female victim who said that she and her boyfriend had been at a fundraiser and both had been drinking. As time went on, the victim asked her boyfriend if they could leave so that she could tend to their dogs.

Her boyfriend said that he didn't want to leave and refused to let her get her keys from his locked car. The victim stated she decided to walk home and once she arrived there, she called him to come by to let her in the apartment.

Shortly after, her boyfriend arrived home and they began arguing. She then asked him to leave and he responded, "You're the stupid f@#$%^& #$%^ that put my name on your lease. I don't have to go anywhere."

The victim took offense to being called such a derogatory name and pushed her boyfriend, who then grabbed her face and pushed her backwards over the bed onto the floor. He then punched her several times and repeatedly slammed her head against the hardwood floor. Once he ceased hitting her, he left the apartment and the victim call "911."

Brewster Ambulance arrived on scene and checked the victim, but she refused medical care. The officers asked where the boyfriend may have gone and she gave a North Quincy address where he also lived but there was no answer and his vehicle was not there. Shortly after, Officer Keenan drove by the victim's residence as a preventative measure and he observed a male placing items into a vehicle that matched the suspect's. When the male saw the cruiser, he got in his car and drove away quickly with no lights.

Officer Keenan followed him as the male made a couple of turns. After turning from Abbey Road onto Graham Street, the male stopped the car, got out, and said to Officer Keenan, "You got me." Officer Keenan handcuffed him.

The boyfriend said his girlfriend could take possession of the vehicle and the dog that he had with him. He also stated he had a handgun on him with two loaded magazines. After taking the weapon, Officer Keenan transported the boyfriend to the station for booking. The victim was contacted and she agreed to bring the vehicle back to her apartment.

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

LT. DAN MINTON

Officer Church returned to the victim's apartment to complete the request for an Emergency Protective Order. He noted the female kept wincing from pain in her neck. She said that in addition to punching and slamming her head against the floor, her boyfriend put his arm around her neck and squeezed as he twisted her head. The officer convinced the victim to go to the hospital to get checked out and an ambulance responded again.

The order was granted via phone by the on-call Judge and the boyfriend was served the restraining order in the jail cell. As part of the order, Officer Church informed the boyfriend that he was seizing his license to carry permit and the handgun from his vehicle. When asked, the suspect said he also had a shotgun and three other handguns at the apartment. These guns were soon after removed from the apartment.

The suspect, a 29-year-old Quincy resident, was charged with assault and battery with a dangerous weapon to wit floor, strangulation and domestic assault and battery. He actually has his own residence but for some reason the victim allowed him to be on her lease.

Nice Work!

❑

American Police Officers Alliance calling? I recently received a telephone call from "John" seeking donations for this organization. I determined that "John" was not a Police Officer and was not providing me much information to my questions. A check of this Arlington, Virginia group online revealed that **"Contributions to the American Police Officers Alliance are not tax deductible."** They describe their group as a national nonprofit alliance of police, citizens, organizations and public supporters working together to ensure our nation's finest and our citizens have a unified voice in politics that truly represents sound public safety and respect and honor of those who serve. Charitynavigator.com, my favorite website to determine how valid a nonprofit agency is did not even list this group.

A further check online by using the groups name with "scam" or "review" after it had numerous negative comments from across the country.

Disabled Police Officers of America; received a "0" out of "5" as a non profit agency by Charity Navigator. Below is a review of their expenses. Note the fundraising expenses which cover salaries!

Program Expenses (Percent of the charity's total expenses spent on the programs and services it delivers)	**7.8%**
Administrative Expenses	**1.5%**
Fundraising Expenses	**90.6%**
Fundraising Efficiency	**$0.83**
Working Capital Ratio (years)	**< 0.01**
Program Expenses Growth	**-32.9%**
Liabilities to Assets	**221.2%**

Another graph showing how bad Disabled Police Officers Of America are. Note the overall rating and financial rating.

Charity Name	Concerns of Police Survivors	New Orleans Police and Justice Foundation	Disabled Police Officers of America	100 Club of Arizona	Stephen Siller Tunnel to Towers Foundation
Location	Camdenton, MO	Metairie, LA	Niceville, FL	Phoenix, AZ	Staten Island, NY
Overall Rating	95.61	91.77	14.48	95.47	91.09
Financial Rating	95.27	96.24	0.00	95.00	87.40
A&T Rating	96.00	89.00	32.00	96.00	100.00

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics
Oct. 6 – Oct. 12
Calls: 1,082
Arrests: 17
Stolen Vehicles: 1

FRIDAY, OCT. 6

ASSAULT AND BATTERY, 7:13 a.m., Super Petroleum, 895 Sea St. Cashier asked customer to call, stated two women were having an argument. Party states she was assaulted by another individual. Report and complaints for A&B. Other party gone on arrival.

LARCENY, 10:17 a.m., 80 Clay St. Money taken from apartment.

LARCENY, 12:32 p.m., Lunt St. Package.

VANDALISM/PROPERTY, 3:50 p.m., Ricciuti Dr. Map board taken off post.

LARCENY, 4:22 p.m., 125 Granite St. Jewelry. Housekeeper has stolen items from the caller.

ATTEMPTED BREAKING AND ENTERING, 7:32 p.m., Phipps St. Back window damaged. Caller said entry was not gained.

BREAKING AND ENTERING, 10:09 p.m., Bedford St. Party just came home and discovered someone possibly came through her window.

SATURDAY, OCT. 7

LARCENY, 12:22 a.m., Arthur St. Caller states he went to bed and woke to find $60 that had been left off the table and there was an empty beer can on the table. Caller believes it was his former roommate that he had kicked out three days ago.

VANDALISM/PROPERTY, 3:37 p.m., 1568 Hancock St. Graffiti in rear of building.

LARCENY, 4:24 p.m., Beach St. Package.

ASSAULT AND BATTERY, 11:07 p.m., Albatross Rd. Male/female. No domestic relationship. Simple A&B. Complaint to be filed.

SUNDAY, OCT. 8

BREAKING AND ENTERING, 4:28 p.m., Quincy Ave. Dwelling. Suspect info.

LARCENY, 7:17 p.m., W. Squantum St. Female called 9-1-1 and stated someone 'just got robbed' then stated a police officer was driving by and she flagged car down. Party hired a friend and they took more money.

BREAKING AND ENTERING, 9:54 p.m., Hamden Cir. Dwelling.

BREAKING AND ENTERING, 10:03 p.m., French St. Caller came home to find the door kicked in.

MONDAY, OCT. 9

VANDALISM/PROPERTY, 12:33 p.m., Gordon St. Vehicle keyed all over. Suspect is believed to be an 11-year-old female. Officer spoke to suspect's parent, they refused to make restitution,

BREAKING AND ENTERING, 2:30 p.m., Turner St. 11-year-old daughter heard someone run out of the house. Saw party in a black sweatshirt and run up the street. Area was canvassed. Unable to locate anyone in area matching the description. Nothing appears to be missing from home.

LARCENY, 4:40 p.m., 1000 Southern Arty. Caller's daughter stole his meds.

LARCENY, 4:40 p.m., South St. Group home. Caller states another female stole her money.

ASSAULT AND BATTERY, 4:44 p.m., Main St. Caller reports a female attacked him after she and male tried to steal his lawnmower and snowblower. Fled in a silver Escalade. Believes they are heading to Revere. White female and white male. Female has tattoos all over her arms, had a knife in her hand. Followed caller into house and kicked door open. Threw caller against fridge. Says landlord knows who attacked him. Believes the landlord owes the male and female money.

LARCENY, 8:34 p.m., Quincy Ave. Computer.

TUESDAY, OCT. 10

VANDALISM/PROPERTY, 7:21 a.m., Schlager Ave. Caller states that sometime over the night her car window smashed. Does not know if anything was taken. Nothing taken.

VANDALISM/PROPERTY, 11:20 a.m., Copeland St. Graffiti on rock. Appears to be old.

ATTEMPTED BREAKING AND ENTERING, 11:42 a.m., E. Squantum St. Damage to screen door.

INDECENT EXPOSURE, 12:27 p.m., Tide Mill Pier, 626 Southern Arty. One male, one female under arrest for open and gross.

ATTEMPTED BREAKING AND ENTERING, 8:50 p.m., Washington St. Residence.

WEDNESDAY, OCT. 11

LARCENY, 1:26 a.m., Raymond St. & Washington St. Transit unit out with male who said he was robbed at library. Larceny occurred on Washington Street by Raymond Street.

LARCENY, 8:34 a.m., Quarterdeck Rd. Tools.

MOTOR VEHICLE LARCENY, 6:00 p.m., Chubbuck St. Possibly taken by ex-boyfriend who has revoked license.

BREAKING AND ENTERING, 7:15 p.m., Faxon Park Rd. Dwelling.

BREAKING AND ENTERING, 10:44 p.m., Farrington St. Came home to find house broken into.

THURSDAY, OCT. 12

VANDALISM/PROPERTY, 12;42 p.m., Newbury Ave. Vehicle keyed. Officer believes it was vandalism, not hit and run accident.

VANDALISM/PROPERTY, 5:09 p.m., Newbury Ave. Came home to find car windshield shattered. Right rear window shattered. Frequent checks.

LARCENY, 10:56 p.m., 7-Eleven, 363 Hancock St. Male stole caller's phone from 7-11, he is now in front of McDonald's. Phone was not taken, suspect stole her cigarettes. Suspect gone on arrival.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: Chubbuck Street

❑

CAR BREAKS: Lawrence Street, Quincy Avenue, Newbury Street, Liberty Street, Verchild Street

❑

BREAKS AND ATTEMPTED BREAKS: Bedford Street, 284 Quincy Avenue, Hamden Circle, French Street, Farrington Street, Faxon Park Road, 345 Washington Street

If you have information on the above crimes, drug activity or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764 or** log onto the following website: http://tinyurl.com/ytf6td.

To report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. To make an appointment to view the **Registered Sex Offenders** book, call **Detective James Dentremont at 617-745-5755**.

To contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us -- *Lt. Dan Minton*

Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by *The Quincy Sun* as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

RELIGION

Houghs Neck Congregational

The Sunday morning worship service at Houghs Neck Congregational Church, 310 Manet Ave. starts at 10 a.m.

Pastor Steve Vandergrift will lead the service, give the children's message and preach his sermon "A Labor of Love: the Church in the Power of the Spirit."

Liturgist, Shirley Pearson will welcome, call to worship and read a Scripture lesson. Nancy Jacobs and Rob Rheault will serve for the Diaconate. A fellowship coffee hour follows hosted by Nancy Jacobs.

This month the church is collecting items for hygiene bags for disaster victims. Put in the special tote in the vestibule. Sunday School students will organize the bags. Monetary donations may also be made-checks payable to the church with "disaster fund" in memo.

A By the Sea Holiday Fair meeting after church with Jill Hockney and Kara Kuntupis, chairpeople will be held.

Bethany Congregational

Bethany Congregational Church, Quincy Center will have a Worship Service and Sunday School at 9:30 a.m. The Rev. Peter M. Preble will conduct the service and preach the sermon entitled "Living Messages." Fellowship will follow the worship service.

All are welcome to attend Bethany Church Worship Services and its numerous group activities. Bethany has an active Missions and Growth Committee doing various charity works.

The church office is open from 8:30 a.m. to noon-1:00 p.m. to 4:00 a.m. Please visit us at our Web Page: www.bethanycongchurch.org for updates and activities. Thanks to the Video Ministry, if you're unable to attend worship service on Sundays, the Bethany Church Service is broadcast on Quincy Access Television at 6 p.m. on Thursdays and 10:00 a.m. on Sundays on Channel 8.

Childcare will be available for infants and toddlers during worship service on Sundays. The church is wheelchair accessible.

Quincy Point Congregational

Worship begins at 10 a.m. on Sunday, Oct 22nd at Quincy Point Congregational, 444 Washington St. and Peter Johnston, M.Div will be preaching a sermon titled, "Paul's Love Letters."

CrossRoads, the QPCC adult praise band, will also be blessing worship with their instruments and song today. The church is accessible with designated parking and an elevator for those with disabilities via the Abbey Road side of the building.

After worship, all are welcome to the Social Hall for light refreshments and friendly conversation. While you are there stop by the Big Blue Q information table and sign the birthday and thinking of you cards.

"Who is my Neighbor?" Interfaith Conversation Series takes place on Wednesdays in October. The Oct. 18th presentation will be given by Rabbi David Winship Of Temple Beth David of the South Shore. All are welcome. RSVP (attendees only) to quincypointcongmissions@gmail.com

For Harvest Weekend in November, two events will take place, starting with a Harvest Fair on Saturday, Nov. 4th from 9 a.m. to 3 p.m. Then on Sunday, Nov. 5th, the fall festivities will continue with the 2017/2017 QPCC Concert Series featuring an eclectic a cappella group, "None of the Above." Ticket sales coming soon.

Tax deductible Adbook opportunities are available for local businesses. Call 617-773-6424 for more information or print out a form @ www.quincypointcong.org.

More news online at: thequincysun.com

SECONDARY LUNCH MENU

Monday, Oct. 23
CALZONE MONDAY: Homemade Cheese or Pepperoni Calzone, Romaine Garden Salad, Seasonal Fruit.

Tuesday, Oct. 24
Build Your Own... BAKED POTATO BAR: Broccoli, Cheddar Cheese Sauce, Sour Cream, & (Chicken) Bacon, Tomato & Cucumber Salad, Texas Style Toast, Seasonal Fruit.

Wednesday, Oct. 25
WILD CARD— Wings of Fire, 2 WW Dinner Rolls, Steamed Green Beans, Seasonal Fruit.

Thursday, Oct. 26
SOUTHERN COOKIN' Oven Baked BBQ Chicken, Corn Bread, Corn & Peas Medley, Seasonal Fruit.

Friday, Oct. 27
TASTE OF ASIA: Noodle Bowl! Teriyaki Grilled Chicken Strips, WW Noodles, Vegetable Medley, *BONUS:* Fortune Cookie, Side of a Three Bean Medley, Seasonal Fruit.

ELEMENTARY LUNCH MENU

Monday, Oct. 23
WG French Bread Pizza, Carrot Snack Packs, Seasonal Fruit.

Tuesday, Oct. 24
Early Release Day—NO LUNCH SERVICE

Wednesday, Oct. 25
HOMESTYLE KITCHEN: Chicken Pot Pie w/ Corn, Peas and Carrots, Corn Muffin, Seasonal Fruit.

Thursday, Oct. 26
AMERICAN FARE: Popcorn Chicken, WW Mac & Cheese, Steamed Peas, Vegetarian Baked Beans, Seasonal Fruit.

Friday, Oct. 27
SPOOKY SURPRISE— Mozzarella Fingers W/ Bloody Sauce, Magic Spell Mini Trees (Broccoli), Fruit Fresh from the Graveyard, ***BONUS**** Pumpkin Cookie.

All above Entrée Selections Include: Vegetable Choice, Choice of Fruit and Choice of Milk

Quincy Religion Directory

SERVICES & ACTIVITIES

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 8 & 10:30am
Tuesday/Thursday 9am
Handicapped Accessible
New Members Welcome!

ST. AGATHA CHURCH MILTON-QUINCY
432 Adams Street
Milton, MA 02186 • 617-698-2439
Schedule of Masses:
Saturday: 8:00AM and 4:30PM
Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM
Weekday Masses: 7:00 & 9:00AM
Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment
Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ *Air-Conditioned*

St. John The Baptist
ROMAN CATHOLIC CHURCH
44 School St., Quincy
617-773-1021
Weekend Mass Schedule
Saturday, 4:00 PM
Sunday, 8:30 AM & 11:00 AM
Sunday night, 5:00 PM
Weekday Masses
Monday - Saturday 8:00 AM
Confessions
Wed. 8:30 – 9:00 AM
Sat. 2:30 – 3:30 PM
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
617-479-5400
Mass Schedule:
Sat. 4:00 PM / Sun. 9, 11 AM
Daily Mass:
Wednesday and Friday, 9 AM
Confessions: Saturday 3-3:30PM
Handicapped Accessible via Elevator

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4 pm (Saturday)
7:30 &10:00 am and 6:00 pm
Weekday Masses
Monday - Friday 7 am
Monday & Saturday 9 am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m. and 10:30 a.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

Holy Trinity Parish
Come and Worship!
Most Blessed Sacrament Church
1031 Sea St.
WEEKDAY MASSES
9:00AM Tuesday and Thursday
WEEKEND MASSES
4:30 PM Saturday and
8:30 AM Sunday
Our Lady of Good Counsel Church
237 Sea St.
WEEKDAY MASSES
9:00AM Monday and Wednesday
WEEKEND MASSES
6:00PM Saturday and
10:30 AM Sunday
CONFESSIONS: 3- 4PM Saturday
Rev. Martin Dzengeleski- Pastor
Phone: 617-479-9200
EMAIL: holytrinityquincyma@gmail.com
VISIT: www.holytrinityquincy.com

Congregational

HOUGH'S NECK CONGREGATIONAL CHURCH
310 Manet Avenue
617-479-8778
www.hncong.org
Sunday Worship Service at 10 a.m.
Pastor Stephen Vandergrift will preach the sermon "A Labor of Love: the Church in the Power of the Spirit"
All are welcome to attend

BETHANY CONGREGATIONAL CHURCH
Spear & Coddington Streets
Quincy Center, 617-479-7300
www.bethanycongchurch.org
Worship Service and Sunday School at 9:30AM
Rev. Peter M. Preble will conduct the service & preach the sermon "Living Messages"
Child Care Available For Infants And Toddlers
ALL ARE WELCOME!
Fellowship Time following Service
The church is wheelchair accessible

QUINCY POINT CONGREGATIONAL
444 Washington St . • 617-773-6424
Worship and Church School 10 am
Rev. Dr. Stan Duncan, *Interim Pastor*
Peter Johnston, *Interim Associate Pastor*
Rachel Hallenbeck, *Music Director*
email: office@quincypointcong.org

Congregational

Wollaston
Congregational Church
United Church of Christ
48 Winthrop Avenue
Quincy, Massachusetts
Worship and Sunday School at 10 a.m.
Elizabeth J. Williams Pastor
617-773-7432
www.wollastonucc.com

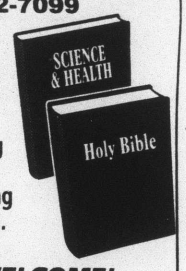
Unitarian Universalist

United First Parish Church
A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome.
Worship Service, Church School & Childcare: Sundays at 10:30 AM
Followed by Fellowship & Refreshments
Rev. Rebecca Froom
1306 Hancock St., Quincy
www.ufpc.org

Church of Christ

CHURCH OF CHRIST IN MILTON
330 Edge Hill Rd.,
Milton, MA 02186 • 617-274-2409
www.churchofchristinmilton.org
Maurice Davis, *Minister*
SUNDAY WORSHIP
8AM, 11AM and 6PM
Sunday Bible Study 9:45AM
Tuesday Bible Study 11:00AM
Wednesday Bible Study 7:00PM
3RD Friday – Couples 7:30PM
4TH Friday – Youth 7:30PM

Christian Science

First Church of Christ, Scientist
1460 Hancock Street, Quincy
617-472-7099
Sunday Services and Sunday School 10:30 a.m.
Wednesday Evening Meetings – where testimonies of healing are shared 7:30 p.m.


ALL ARE WELCOME!

Nazarene

Wollaston
Church of the Nazarene
Come Join Us For Sunday Worship!
8:00 AM Worship Service
(Holy Communion & Liturgy)
9:00 & 11:15 AM Weekly Small Groups
10:00 AM Worship Service
Stephen "Stretch" Dean, Lead Pastor
Andrea Sawtelle, Youth Pastor
Bev Keuther, Children's Pastor
Don Reed, Visitation Pastor
37 E. Elm Ave., Wollaston
617.472.5669
email: office@wconaz.org
www.wollastonnazarene.org

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Rebecca E. Baumann

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45AM CHRISTIAN EDUCATION
11AM WORSHIP SERVICE
BRASS BAND MUSIC
NOON THURS. WOMEN'S FELLOWSHIP
6:30PM WEDS. BIBLE STUDY

HOPE PEACE

To Advertise in this Directory, Call 617-471-3100

OBITUARIES

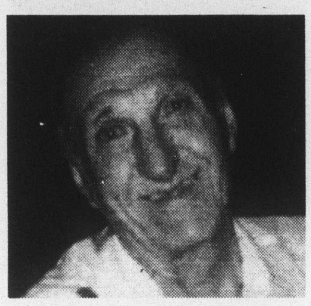
Armando P. Costa, 89

A graveside service for Armando P. Costa, 89, of Quincy was held Oct. 13 in Mount Wollaston Cemetery, Quincy.

Mr. Costa died Oct. 8 at South Shore Hospital in Weymouth.

Born in Quincy on Jan. 31, 1928, he was the son of the late Liberato and Rosa (Marchesio) Costa and the devoted husband of the late Rita (McDonald) Costa.

Mr. Costa worked as a Quincy firefighter for many years, stationed at headquarters for the majority of his time. A WWII veteran in the Army, he was a member of the Morrisette Post in Quincy and South Quincy Bocce Club. He also enjoyed hunting and fishing.



ARMANDO P. COSTA

Survived by the love of his life, Barbara King, he is the father of James Costa and his wife Donna, Stephen Costa and his wife Victoria and the late Linda Perrotta and her husband Richard. He is also survived by four grandchildren, two great grandchildren and his sister-in-law Ernestine Costa.

Funeral arrangements were made by the Bolea-Buonfiglio Funeral Home, 116 Franklin St., Quincy.

Angela A. Galante, 75

A funeral Mass for Angela A. (Stracco) Galante, 75, of Quincy was celebrated Monday in St. John the Baptist Church, Quincy.

Mrs. Galante died Oct. 10.

Born in Quincy where she was raised and educated, she lived in Braintree for 48 years and the past 5 years in Weymouth. Mrs. Galante worked as a benefits coordinator for State Street Bank for over 25 years.

The beloved daughter of Serafina "Lena" Stracco of Quincy and the late Enrico "Bill" Stracco, she was the loving wife of Nicholas C. Galante; dear mother of Ronald N. Galante and his wife Cheryl of Marshfield and Denise M. Caruso of Braintree; mother-in-law of Eric Caruso of Braintree; devoted "Noninna" of Nicolette, Drew, Adam, Lauren, Anna and Madelyn; sister of Paul Stracco of Brewster and the late Rico Stracco; and is also survived by many nieces and nephews.

ANGELA A. GALANTE

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Barbara J. Hawko

A Mass of Christian Burial for Barbara J. (Ridge) Hawko of Quincy, formerly of So. Boston, was celebrated Oct. 13 in St. Mary's Church, Quincy.

Mrs. Hawko died Oct. 9 with her loving family by her side.

She grew up in So. Boston where she graduated from South Boston High in 1972. She was a graduate of UMass Boston. Mrs. Hawko worked for the U.S. Postal Service for 36 years. She enjoyed golfing, watching the Patriots, girls' nights out and most importantly spending time with her family.

Cherished wife of Stephen Hawko for 36 years. Proud mother of Stephen Hawko and his wife Tara, Matthew and Bridget Hawko all of Quincy. Grandmother of Alaina. Daughter of Barbara (Lydon) Ridge and the late Martin Ridge. Sister of Catherine Joyce and her husband Daniel, Susan Stille and her husband Timothy all of Quincy and the late Martin Ridge. She is survived by 12 nieces and nephews.

BARBARA J. HAWKO

Interment at Oak Grove Cemetery, Medford.

Funeral arrangements were made by Lydon Chapel, 644 Hancock St., Quincy.

Marea E. Giaquinta

A funeral Mass for Marea E. Giaquinta of Quincy was celebrated Oct. 12 in Sacred Heart Church, Quincy.

Ms. Giaquinta died Oct. 5.

Daughter of the late Salvatore and Elizabeth Giaquinta. Sister of the late John Giaquinta. Longtime girlfriend of the late John Trainor.

Ms. Giaquinta was a graduate of North Quincy High School and the Cambridge School of Radio and Broadcasting. She worked for Channel 5 as the TV traffic lineup coordinator. Ms. Giaquinta also owned a gift shop in Quincy and was a greeter at North Quincy High School. She adored her dogs Puff III, Puff II, and Tiny.

MAREA E. GIAQUINTA

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

E. Marie O'Meara, 97

Funeral services for E. Marie (Horblit) O'Meara, age 97, a longtime Quincy resident, were held Wednesday in the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mrs. O'Meara died peacefully Sunday at her daughter's home, surrounded by her loving family.

She was born in Dorchester to the late Marcus Mendal and Emma (Anderson) Horblit. She was raised in Dorchester and was a graduate of Boston Latin High School and Boston Teacher's College. She also attended the Conservatory of Music in Boston.

Mrs. O'Meara began her career as an elementary school teacher in Boston. She was then employed in the accounting industry, working for Rittenhouse and Company. She then worked for Quincy Typesetting which led to her employment with Bay State Reprographics in Quincy until she retired in 2010.

Mrs. O'Meara was an excellent pianist and singer, a self-taught artist, an avid reader and wonderful cook. She loved animals and had a special affection for birds and enjoyed feeding them.

Her main passion was her family. Mrs. O'Meara was dedicated to her late husband, her children, and especially to her grandchildren and great grandchildren, actively supporting all their activities and many accomplishments.

Beloved wife for forty-eight years of the late Henry F. T. O'Meara. Devoted mother of Patricia C. O'Meara and her husband Rafael Santamaria Cortes of Florida, Gail M. O'Meara and her husband Ernest J. Lorandeau, Jr. of Plymouth, Timothy F. O'Meara and his wife Elaine of Maynard. Loving grandmother of Gail-Marie O. Spring and her husband Gary of North Carolina, Sean F. O'Meara and his wife Melissa of Billerica, Catherine M. Johann and her husband Matthew of Maynard. Cherished great-grandmother of David C. Corley, Jr., Chloe M. Corley, Rebekah A. Spring, Henry J. O'Meara, Sarah I. O'Meara, Andrew, Daniel and Nicholas Johann. Dear sister of the late Marcus M. Horblit.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to the Wounded Warrior Project, P.O. Box 758516, Topeka, KS 66675 or Paralyzed Veterans of America, 801 Eighteenth Street NW, Washington, DC 20006-3517.

Sharon M. Keeley, 68

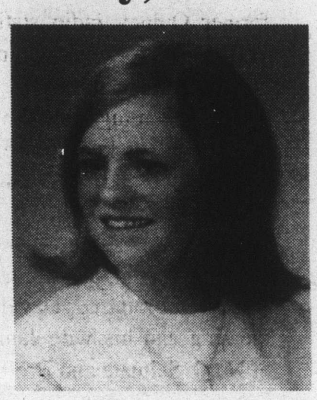
Funeral services for Sharon M. (Harding) Keeley, age 68, of Quincy were held Oct. 14 in the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mrs. Keeley died on her 68th birthday, Oct. 11, with her family by her side.

She was born in Boston to the late John J. and Grace P. (Solimine) Harding. She was raised and educated in Weymouth and was a graduate of Weymouth High School, Class of 1967. She had lived in Quincy for the past five years, previously in Braintree and Weymouth.

Mrs. Keeley worked in data entry for the Aramark Corporation for thirty-three years and retired in 2014. She was devoted to her family, always supporting the activities and accomplishments of her children and grandchildren.

Beloved wife for forty-four years of Thomas J. Keeley, Sr. Devoted mother of Lisa M. Keeley and her husband Peter Wallace, Thomas J. "T.J." Keeley, Jr. and his girlfriend Kayla, all of Quincy. Loving grandmother of Caden and Aleigha. Dear sister of John J. Harding and his companion Donna of Weymouth, Donna L. Wilder of Rockland. Also survived by many nieces and nephews, brothers-in-law and sisters-in-law.



SHARON M. KEELEY

Interment private.

Memorial donations may be made to the Lustgarten Foundation, benefitting pancreatic cancer research, and either mailed to 415 Crossways Park Drive, Suite D, Woodbury, NY 11797 or by visiting lustgarten.org/donate.

Colleen C. O'Donnell

A funeral Mass for Colleen Claire O'Donnell was celebrated Oct. 14 in St. Ann's Church, Quincy.

Ms. O'Donnell died Oct. 9 after a short illness.

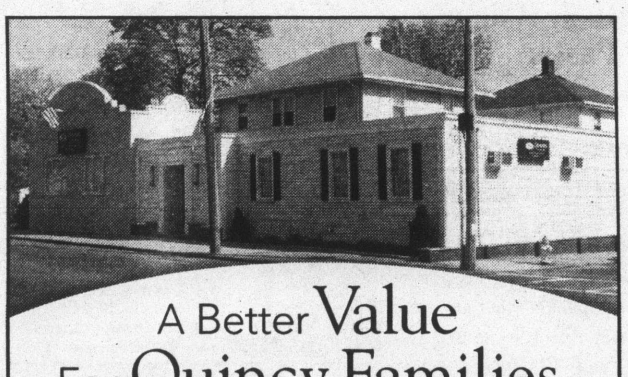
She was the beloved daughter of the late Florence and Edward O'Donnell and step-daughter of Virginia O'Donnell of Quincy. She was the sister of Priscilla Hatch of South Boston, Susan Mahan of Weymouth, Denise McLeod of Dorchester, Edward "Ted" O'Donnell of Dorchester and Catherine O'Donnell of Quincy and the late Nancy Keith. She is survived by many loving nieces, nephews, cousins and friends, who will miss her humor, quick wit and love.

Ms. O'Donnell enjoyed playing bingo, sewing, coloring and drawing.

Interment at Old Calvary Cemetery, Boston.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to the Animal Rescue League of Boston, 10 Chandler St., Boston, MA 02116



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At Deware Funeral Home, we are proud to offer more value and superior service to Quincy families. A full service traditional funeral is **$5,995* with no hidden costs.** The price includes:

Funeral Ceremony • Visitation • Casket

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Dignity Memorial

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*$5,995 plan includes basic services of funeral director and staff, embalming and preparation, visitation, funeral ceremony, transportation to place of disposition, 20-gauge metal casket, website announcement, and memorial stationary package (a register book, 100 thank you cards, 100 prayer cards).

A Service Family Affiliate of AFFS and Service Corporation International, 206 Winter Street, Fall River, MA 02720. (508) 676-2454.

Honor Your Loved One's Memory With Flowers

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Theodore J. Fleming, Jr., 79

THEODORE J. FLEMING, JR.

A funeral Mass for Theodore J. "Ted" Fleming, Jr., age 79, South Boston, formerly of Quincy, was celebrated Monday in St. John the Baptist Church, Quincy.

Mr. Fleming died peacefully Oct. 11 at the Marian Manor in South Boston.

He was born in Boston on March 21, 1938, to the late Theodore J. and Helen M. (Keif) Fleming. He was raised in Quincy's Adams Shore neighborhood and was a graduate of Quincy High School, Class of 1958. He had lived in South Boston for four years, previously in Quincy all his life.

Mr. Fleming was a retired administrator for the City of Quincy's Council on Aging for many years. He had also worked for the Quincy Public Works Department.

He was a Boston sports fan and especially enjoyed following the Boston Red Sox and Boston Bruins. He also enjoyed the PGA and was an avid Tiger Woods fan. He was a regular listener of the former Quincy radio station WJDA and followed Quincy politics with keen interest.

Mr. Fleming was well known for his keen sense of humor, wit and storytelling abilities.

Devoted brother of William E. Fleming and his wife Nancy of Braintree, David P. Fleming and his wife Janice of North Scituate and Brother Dennis J. Fleming, C.S.C, of South Bend, Ind. Loving uncle of Andrew W. Fleming and his wife Amy of Cincinnati, Christopher J. Fleming and his wife Lauren of New York City, Carly E. Joseph and her husband David of Braintree. Also survived by three grandnieces and three grandnephews.

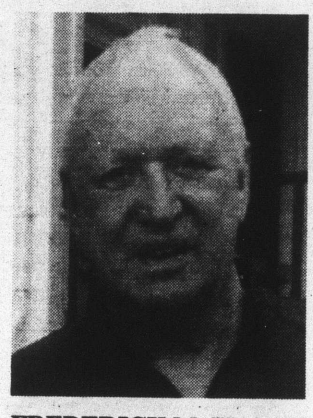
Interment services on Tuesday at Saint Joseph Cemetery in West Roxbury were private.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the Down Syndrome Association of Greater Cincinnati, 4623 Wesley Avenue, Suite A, Cincinnati, OH 45212 or dsagc.com.

The Fleming family would like to thank the compassionate healthcare providers and staff at the Marian Manor for the outstanding care and friendship they provided for Mr. Fleming these past four years.

Frederick M. Walsh, 74



FREDERICK M. WALSH

A funeral Mass Frederick M. "Fred" Walsh, age 74, a lifelong Quincy resident, was celebrated Tuesday in St. John the Baptist Church, Quincy.

Mr. Walsh died peacefully Oct. 13 at the Brigham and Women's Hospital in Boston, surrounded by his loving family.

He was born in Quincy to the late Frederick J. and Betty G. (Lansill) Walsh. He was raised in North Quincy and was a graduate of North Quincy High School, Class of 1961.

Mr. Walsh was employed in the newspaper industry for fifty years. He began his career with the former Record American and at the time of his retirement worked in the composing room at the Boston Herald. He was a member of the Boston Pressman's Union, Local 3.

Mr. Walsh was an avid Boston sports fan, enjoyed following politics and his membership and friends at the Adams Heights Men's Club in Quincy. He was dedicated to his family, especially to his cherished grandchildren, actively supporting all their activities, accomplishments and most of all, gathering with them for family barbecues.

Beloved husband for fifty-five years of Elaine M. (Varnerin) Walsh. Devoted father of Dr. Karen M. Reilly and Mark F. Walsh and his wife Susan of Dracut, and Linda A. Walsh and Brian Morrell of Quincy. Loving grandfather of Devon, Christopher and Austin Reilly, Ethan, Emma and Owen Walsh. Dear brother of Robert Walsh and his wife Terry of Weymouth. Also survived by several nieces and nephews.

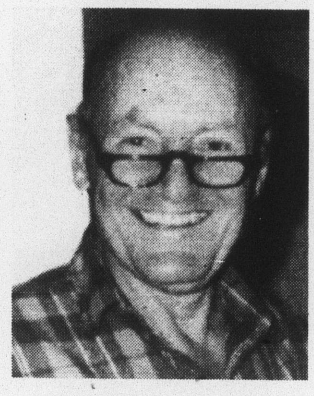
Interment at Braintree Cemetery.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to Brigham and Women's Hospital to support the Pulmonary Fibrosis Research Fund, BWH Development Office, 116 Huntington Ave., Third Floor, Boston, MA 02116.

A special thank you to the nursing staff at Brigham and Women's Hospital and Dr. Ivan Rosas.

James A. Conso



JAMES A. CONSO

A funeral Mass for James "Jim" A. Conso was celebrated Oct. 14 at Holy Trinity Parish, Most Blessed Sacrament Church, Quincy.

Mr. Conso died peacefully Oct. 11 with his family by his side, after a long illness.

He was born Nov. 30, 1930, in Watertown, the son of Blanche and Nickolas Consolazio, was the beloved husband of Jean M. (Hennessey) Conso; loving father of Dominic J. Conso (deceased), James W. Conso, Debra A. Conso and Jean M. Conso; dear Papa to Carolyn (Conso) Carpenter, Amy Conso, Anthony Conso, Matthew Conso, Alaina (Conso) Giordani, Jonathan Conso and Kaitlyn Conso; great-grandfather to Rily Pierson, Henry Carpenter, Nora Carpenter, Justin James Pierson, Audra Conso, Dakota Conso and Amelia Giordani.

Mr. Conso, who lived a long, full life, was always helping people and involved in many organizations. He was a veteran of the U.S. Coast Guard and an inspector at the Registry of Motor Vehicles. He was commodore of the Town River Yacht Club, a member of the Sons of Italy, the Elks, the Sea Coast Shores, and the Disabled Veterans. He traveled between Quincy and Florida.

Mr. Conso could always make his family laugh and will be especially missed for all his funny pranks. He loved to play with the grandchildren and make them laugh; and had a special bond with the family pets. He will be missed by all and never forgotten.

Interment with Military Honors at Mount Wollaston Cemetery, Quincy.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Michael Bradley

MICHAEL BRADLEY

A funeral Mass for Michael Bradley of Quincy will be celebrated at 10:30 a.m. Thursday in St. Ann's Church, Quincy.

Mr. Bradley died Oct. 13.

He was born in Co. Derry, Ireland, and was a resident of Quincy, previously of Dorchester. He worked as a meat cutter for Kinnealy Meats for many years. He was a longtime member of the K Club and the McKeon Post. Mr. Bradley also spent time as an usher for St. Brendan's in Dorchester for about 15 years.

As a young boy, he enjoyed playing the bagpipe. As he got older, he enjoyed bowling and painting in his spare time. Mr. Bradley had a love for the American flag and battleships. He will be dearly missed by all who had the pleasure of knowing him.

Son to the late Michael and Mary Bradley. Beloved husband to Anne Bradley of Quincy. Cherished brother to Patricia Morton and her late husband Amon of England, and the late George Bradley, Charlie Bradley, Mary Lilly and Tilly Bradley. Also survived by many nieces and nephews.

Visiting hours are 9 to 10 a.m. Thursday in Keohane Funeral Home, 785 Hancock St., Quincy.

Interment at Cedar Grove Cemetery, Boston.

Edmund W. Sablock

A Mass of Christian Burial for Edmund W. Sablock of Braintree, formerly of West Quincy, was celebrated Oct. 12 in St. Agatha Church, Milton.

Mr. Sablock died Oct. 6.

He was born in Jewett City, CT and moved to Massachusetts with his family. He was a resident of Dorchester for over 20 years, then moved to West Quincy and lived there for 54 years, before moving to Braintree.

Mr. Sablock worked for 20 years for Westinghouse as an appliance repairman and then as a maintenance mechanic for Boston Edison for 22 years until his retirement in 1992. Once he retired, Mr. Sablock devoted his life to helping family and friends.

He was the beloved husband of the late Joan D. (Callahan) Sablock. Loving father of Patricia M. Sablock of Canton and Susan M. Stevenson and her husband John of Braintree.

Interment private.

Funeral arrangements were made by Dolan Funeral Home, East Milton.

Memorial donations may be made to One Mission, Buzzforkids,1881 Worcester Rd., Suite 204A, Framingham, MA 01701.

Janice M. Blake, 97

JANICE M. BLAKE

A prayer service for Janice M. Blake, 97, of Weymouth was held Monday in Hamel Funeral Care & Cremation Service of Massachusetts, 26 Adams St., Quincy.

Mrs. Blake died at home on Oct. 6.

A daughter of the late Joseph and Mary (Moore) Barrett, she was the devoted wife of the late Clarence Blake. Loving mother to Mary Blake of Weymouth and Sally Cochrane of Marshfield. Cherished grandmother of Lenore Alexanderson and Joy Cochrane, and great-grandmother to Kira, Brooke, Davyn and Summer Alexanderson and Bobby Cochrane all of Marshfield. She was a lifelong foster mother to David Blake of St. Petersburg. Fla., and Steve Blake of Weymouth in addition to hundreds of others.

Nana Blake, as she was known to most, was born March 31, 1920, in Boston and grew up in Dorchester with her brother Joseph Barrett. She graduated high school and worked at Baker's Chocolate Factory before marrying Clarence Blake on September 16, 1941. She brought her first-born daughter, Sally, home to a small house in Houghs Neck in 1943. Two years later, wanting a playmate for Sally, she started fostering babies and toddlers, and David was one of the first. With the blessing of her second daughter Mary on the way they started a search for a bigger home, which they found in 1949 on Rose Cliff in North Weymouth. In her early years as a foster mother, Mrs. Blake took only babies and toddlers, which could be very hard on her because they rarely stayed for very long. That changed around 1960 when Stephen came as a toddler and a few years later baby Peter Walsh joined the family. These boys like David, grew up in her home and finished high school and or college. They continued to stay in touch with Mrs. Blake throughout their lives.

Sally Blake went on to marry the love of her life Robert Cochrane and gave Mrs. Blake two granddaughters, Lenore and Joy Cochrane. Mary Blake stayed by Mrs. Blake's side, working during the day and helping with the kids at night and on weekends. To Mrs. Blake's delight, her granddaughters spent a good part of their childhood at her house. Many weekends, school and summer vacations gave both girls fond memories from the neighborhood and the frequent trips into Boston. It was common to see Mrs. Blake and Aunt Mary leading around 4 to 6 kids, which included foster kids and neighborhood kids on the T to see the swan boats, circus or driving a car load to amusement parks. Mrs. Blake saw her granddaughters grow up and start families of their own. She became great-grandmother to Lenore's children, Kira, Brooke, Davyn, and Summer Alexanderson and Joy's son Robert Cochrane, which was a title she held very dear.

Mrs. Blake's lifelong love was caring for children and keeping the house on Rose Cliff a warm and inviting home. In speaking with the Department of Families and Children, they were able to share since 1988 Mrs. Blake had taken in 100 children in need of a home. Considering that she started her career as a professional mother back in the '40s, one can only imagine how many lives she touched. Some kids only stayed a night or weekend, others stayed for years. Mary joined her as a foster mother and was able to keep her involved with children right up until very recently. Stephen Blake stayed very close to Mrs. Blake and shared his four children, Stephen, Sara, Amanda and Anthony with her and his grandchildren. Her extended family could be endless with all of the children she cared for.

The children in the foster care system made it possible for Mrs. Blake to keep the house she loved and the house made it possible to have as many kids as she wanted. In addition to children, she also brought in pregnant mother cats, kittens and any stray animal she came across. She was a true lover of animals and children. She will be dearly missed by her family and all that knew her.

More obituaries are on Page 38 and online at: thequincysun.com

OBITUARIES

Joanne L. Prezioso, 86

A funeral for Joanne L. (Oster) Prezioso, 86, a life-long Quincy resident, was held Tuesday at Hamel Funeral Care & Cremation Service of Massachusetts, 26 Adams St., Quincy.

Mrs. Prezioso died Oct. 12 at Southwood of Norwell following a period of declining health.

She was the devoted wife of the late Antonio P. Prezioso who died in 2003.

Born in Quincy on Jan. 12, 1931, she was the youngest of three children born to the late Russell and Eva (Belliveau) Oster. A 1949 graduate of Quincy High School, Mrs. Prezioso was a homemaker who always made family her top priority.

Over the years, especially after her late husband's retirement, they enjoyed traveling the world together and took many cruises to tropical destinations. Mrs. Prezioso also enjoyed dancing at Viking Club events, participated in a walking group that met at South Shore Plaza for many years, and loved to knit and crochet many, many items

JOANNE L. PREZIOSO

over the years which she shared with her family and friends.

She was the loving mother of Paul A. Prezioso and his wife Maureen of Hingham and Naples, Fla., Jan Odenweller of Abington, Gary M. Prezioso and his wife Lisa of Quincy and the late Kevin Prezioso. Dear sister of Barbara Hayden of Dedham and the late Russell Oster. Also survived by 7 grandchildren, a great grandson, many nieces, nephews, extended family and good friends.

Interment at Mount Wollaston Cemetery, Quincy.

Cheryl A. Marini, 62

A memorial service for Cheryl Ann Marini, 62, of Quincy will be held at a later date.

Ms. Marini died at home with her family by her side on Oct. 8 after a courageous battle with cancer.

She was the daughter of Gloria Marini and the late Edward Marini of Quincy. She is survived by her brother Brian Marini and wife Christine of Fort Lauderdale, Florida and her sister Pamela Pasquarosa of Quincy. She is also survived by niece Jessica, nephews Nicholas and Benjamin and grand-niece Audri.

Arrangements by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Memorial donations may be made to Dana-Farber Cancer Institute P.O. Box 849168 Boston, MA 02284 or dana-farber.org/gift.

CHERYL A. MARINI

Gloria R. Spacone, 95

A funeral service for Gloria R. (Avergun) Spacone, 95, of Quincy was held Wednesday in Cartwright-Venuti Funeral Home, Braintree.

Mrs. Spacone died Oct. 14 after a long illness.

Born and raised in Boston, she had been a resident of Quincy since 1953. Prior to her retirement, she had worked as a bookkeeper for the Friel Nursing Home in Quincy for many years. In her free time Mrs. Spacone enjoyed traveling, bingo and she was president of the Red Hat Society, however, spending time with her family is what she enjoyed most.

A devoted wife, mother, grandmother and great grandmother, she will be greatly missed by all who were blessed to have known her.

Mrs. Spacone was the wife of the late Hugo Spacone. Loving mother of Larry Spacone and his wife Sandra of Braintree, Elayne Pierson of Weare, NH and Kenny Spacone and his wife Patti of Bridgewater. Devoted sister of Jack Avergun of Mashpee. Dear "Nana" of Kathy, Kris, Lynne, Keith, Kenny, Jr., Rita and the late Dawn. Great grandmother of Liana, Curtis, Anthony, Evan, Nicholas, Jessica, Joshua, Cruz and "Big Nana" to Henry and Josie and great great grandmother of Sydney.

Interment at Knollwood Memorial Park, Canton.

Memorial donations may be made to the Alzheimer's Association, 309 Waverley Oaks Rd, Waltham, MA 02452.

LEGAL NOTICE

CITATION GIVING NOTICE OF CONSERVATOR'S ACCOUNT
Docket No. NO14P2484PM
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
In the matter of:
Theresa Harlan
Of: Quincy, MA
Protected Person/Disabled Person/Respondent

To the named Respondent and all other interested persons, you are hereby notified pursuant to Rule 72 of the Supplemental Rules of the Probate & Family Court, that the **2nd annual** account(s) of

David Zwicker of Bridgewater, MA Paula Zwicker of Bridgewater, MA as Conservator(s) of the property of said Respondent has or have been presented to the Court for allowance.

You have the right to object to the account(s). If you wish to do so, you or your attorney must file a written appearance and objection at this court on or before 10:00 A.M. on the return date of **11/01/2017**. This day is NOT a hearing date, but a deadline date by which you have to object to the account(s). If you fail to file the written appearance and objection by the return date, action may be taken in this matter without further notice to you, including the allowance of the account(s).

Additionally, within thirty days after said return day (or within such other time as the Court upon motion may order), you must file a written affidavit of objections stating the specific facts and grounds upon which each objection is based and a copy shall be served upon the Conservator pursuant to Rule 3 of the Supplemental Rules of the Probate & Family Court

You have the right to send to the Conservator, by registered or certified mail, a written request to receive a copy of the Petition and account(s) at no cost to you.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: September 28, 2017
PATRICK W. McDERMOTT
Register of Probate

10/19/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING

In acccordance with the provisions of MGL. CH. 131, SEC. 40, and the Quincy Wetlands Protection Ordinance, the Quincy Conservation Commission will hold a public hearing on November 1, 2017 at 7:30 p.m. in the Meeting Room in Quincy City Hall, First Floor, 1305 Hancock Street in Quincy, Massachusetts, upon which a Notice of Intent filed by Son Nguyen to permit the construction of a new single-family residential building within the 100-year floodplain at 38 John Street, Quincy, MA will be discussed.

Quincy Conservation Committee

10/19/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-101

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, November 14, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Barlo Signs for a Variance to remove existing cabinet signs and install new larger signs in violation of Title 17 as amended Chapter 5.3.11.1a (free standing signs) on the premises numbered 5 HANCOCK STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

10/19/17, 10/26/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-102

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, November 14, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Son Nguyen for a Special Permit/Variance/Finding/Flood Plain to subdivide the lot and construct a single-family residence in violation of Title 17 as amended Chapter 3.4.3 (nonconforming structures), Chapter 4.1.1 (dimensional requirements) and Chapter 8.1.9 (special permit flood plain) on the premises numbered 38-40 JOHN STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

10/19/17, 10/26/17

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO17P2532EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Phyllis Knight
Date of Death:
August 7, 2017

To all persons interested in the above captioned estate, by Petition of:

Petitioner **James Knight** of **Methuen, MA**

Petitioner **Christopher Knight** of **Quincy, MA**

Scott D. Ford, Esq. of **Boston, MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

10/19/17

LEGAL NOTICE

DIVORCE SUMMONS BY PUBLICATION AND MAILING
Docket No. NO17D0891DR
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Zhong L. Lin vs. Phuong T. Pham

To the Defendant:

The Plaintiff has filed a Complaint for Divorce requesting that the Court grant a divorce for **irretrievable breakdown.** The Complaint is on file at the Court.

An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of either party. **SEE Supplemental Probate Court Rule 411.**

You are hereby summoned and required to serve upon: **Jennifer Wang, Esq., 1372 Hancock St., Suite 203, Quincy, MA 02169** your answer, if any, on or before **01/04/2018**. If you fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer, if any, in the office of the Register of this Court.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: October 4, 2017
PATRICK W. McDERMOTT
Register of Probate

10/19/17

LEGAL NOTICE

NOTICE OF PETITION FOR CHANGE OF NAME
Docket No. NO17C0225CA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
In the Matter of:
Tayla R. Hagerty
Of: Quincy, MA

To all persons interested in petition described:

A petition has been presented by Michael F. Chenette on behalf of Tayla Ruth Hagerty requesting that:

Tayla R. Hagerty be allowed to change his/her/their name as follows:

Tayla Ruth Chenette

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT: **Canton** ON OR BEFORE TEN O'CLOCK IN THE MORNING (10:00AM) ON **11/08/2017**.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: October 4, 2017
PATRICK W. McDERMOTT
Register of Probate

10/19/17

PLEASE RECYCLE THIS PAPER

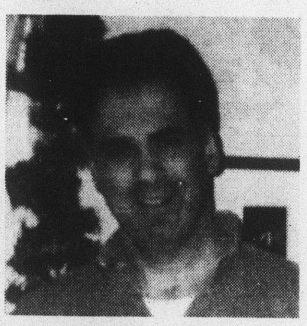
Nicholas L. Kontanis

Nicholas L. Kontanis

Nicholas L. "Nick" Kontanis of Weymouth, formerly of Quincy, died Oct. 14.

Mr. Kontanis loved his pets, gardening, and astrology. He was a man of strong beliefs and solid values. His work ethic was admired by his entire family. He will be missed by all those who loved him, especially by his sister Madelyn.

Loving brother of Madelyn J. Buchanan of Quincy.



NICHOLAS L. KONTANIS

Cherished son of the late Leon Kontanis and Lena (Tempesta). Godson of Mary Vlachos of Peabody. Also survived by his two dogs, Annie and Dylan.

A private service has been held for the family.

Arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to MSPCA, Attn: Donation, 350 S. Huntington Ave., Jamaica Plain, MA 02130 or a charity of your choice.

Barbara R. Giudici, 88

Funeral services for Barbara R. (Sinclair) Giudici, age 88, a lifelong Quincy resident, will be held at 10:30 a.m. Thursday in Christ Church Episcopal, Quincy.

Mrs. Giudici died Monday.

She was born in Quincy to the late John and Edith May (Bearse) Sinclair. She was raised and educated in Quincy and was a graduate of Quincy High School where she met her high school sweetheart, Reno.

Mrs. Giudici was a longtime, active member of Christ Church Episcopal in Quincy.

Beloved wife for sixty-seven years of Reno L. Giudici. Devoted mother of John F. Giudici and his wife Jayne of Westwood, Donna R. Giudici of Quincy, Stephen L. Giudici and his wife Susan of Quincy. Loving grandmother of Jessica Hill, Jeffrey Giudici, Joshua Giudici, Shaun Giudici, and Sarah Giudici. Cherished great-grandmother of six great-grandchildren. Also survived by several nieces and nephews.

The Rev. Clifford R. Brown, Rector, will officiate the services. Visitation at the church prior to the services from 9 to 10:30 a.m. Thursday.

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the Christ Church Episcopal Memorial Fund, 12 Quincy Ave., Quincy, MA 02169.

'Who Is My Neighbor?' Series At Quincy Point Congregational Church

"Religion is universal and united, because the sender of the religion is one," proclaimed Imam Mohammed Tabarssi.

"We have to foster this and nourish it, otherwise we would not be able to achieve unity."

Imam Tabarssi spoke at the first session of the Quincy Point Congregational Church's interfaith dialogue series, "Who is my neighbor?" The series of conversations is designed to bring people of different backgrounds, who may live in the same neighborhood, together to hear from different faith leaders and ask questions.

Tabarssi is an Imam for the Muslim community of New England, and leads the Friday Prayers at the Jafaria Association of Connecticut. He is a scholar of Islamic Jurisprudence and is fluent in Arabic and Persian.

This first conversation in the series drew a crowd from Norwell, Pembroke, Whitman, Brockton, Hull, Marshfield, Quincy, Hanover, and other South Shore towns. There were Muslims, Jews, Quakers, Buddhists, Congregationalists, Roman Catholics, Lutherans, Methodists, and people of no faith, sitting and learning together in the room.

Carol Johnston, chairperson of Quincy Point's Missions and Social Justice Committee explained the reason for creating the discussion series. "In the springtime, there seemed to be times of unrest, distrust and fear of others in our community and our country. We hope and pray that this series will develop an understanding amongst people of different faiths, and that in the future, we can celebrate each other's' joys and stand with each other in times of divisiveness." The church decided that it was time to sit down and talk.

As the evening unfolded, people learned that Islam, Christianity and Judaism have more in common then they might have imagined. Many were surprised to know, for example, that Jesus, Abraham and Moses, are prophets in the Islamic faith, and that the Quran, the central religious text of Islam, has a chapter devoted to Mary, the mother of Jesus. Following Imam Tabarssi's address, the group asked and heard answers to many questions. The event included a time for refreshment and fellowship as well.

The "Who is My Neighbor" series continues for two more Wednesdays this month. Oct. 18 at 7 p.m., Quincy Point welcomes Rabbi David Winship of Temple Beth David of the South Shore, and on Wednesday, Oct. 25, the series concludes with Father Martin Dzengeleski of Holy Trinity Parish, Quincy. A second series is planned for the spring.

All are welcome to join. The conversations take place in the Social Hall, located on the lower level of the Quincy Point Congregational Church, 444 Washington St., Quincy Point. Handicap access and parking are at the Abbey Road entrance.

For more information, call 617-773-6424 or E-mail quincypointcongmissions@gmail.com.

Claire T. Sullivan

A funeral Mass for Claire T. (Fanning) Sullivan of Quincy will be celebrated at 10 a.m. Friday in St. Thomas More Church, Braintree.

Mrs. Sullivan died Oct. 14.

She was an incredibly talented woman who excelled in painting, taking care of her extended family, and living life to the fullest. Home was always central to Mrs. Sullivan and she loved the years her family grew up in Houghs Neck. She was even known to swim the Quincy Point channel in perfect form. Claire enjoyed volunteering for over 15 years at the Weymouth Food Pantry, where she made many close friends. She was a graduate of Quincy High School.

Her hobbies included bowling, reading, history, genealogy, singing, dancing, bird watching, storytelling, and socializing. She and

CLAIRE T. SULLIVAN

her late husband John spent over 25 relaxing summers in Sandwich with their family. She was extremely proud of her husband's career with the MDC Police. Mrs. Sullivan will be remembered for her infectious laughter, love of people, wisdom, intelligence, and her genuine kindness.

Beloved wife of the late John F. Sullivan, Ret. MDC Police Lt. Loving mother of Maureen Riley of Quincy, Pat Adams and her husband Ron of Weymouth, Rev. John Sullivan and his wife Jill of Norfolk, and Rev. Claire Sullivan of Lynn. Sister of Joan Santos of Sandwich and the late Dorothy Trubiano, Elinor Weeks, Marion Dwyer, Katherine Publicover, Joseph Fanning, and Thomas Fanning. Cherished grandmother of Dennis, and the late John Abbott, Colleen and Caitlin Riley, Ronald, Michael, and Kevin Adams, Jessica Bain, Daniel Sullivan, Abigail Bain, Gracie, Ashley, and Tyler Sullivan. Also survived by 18 great-grandchildren and many nieces and nephews.

Visiting hours are 4 to 7 p.m. Thursday in Keohane Funeral Home, 785 Hancock St., Quincy. Celebration of life service at 9 a.m. Friday in the funeral home, prior to the Mass.

Interment at Knollwood Memorial Park, Canton.

Memorial donations may be made to House of Hope Church, 111 Ocean Street, Lynn, MA 01902.

Marina Bay Ferry Adds Four Runs Through Dec. 1

The Marina Bay Ferry in Quincy announces it will add four additional ferry runs direct from Squantum Point Park in Marina Bay, Quincy to Fan Pier in the Seaport District of Boston beginning Monday, Oct. 23, and running through Dec. 1.

The updated ferry schedule includes two additional runs in the morning from Quincy to Boston and two additional runs in the early evening from Boston to Quincy during peak traffic periods. The streamlined routes will operate Monday through Friday thanks to a new partnership with Bay State Cruise Company and will allow ferry riders to travel directly to their destination in approximately 20 minutes.

The added routes include the following:

- 7:40 a.m. departure from Quincy, arriving at Fan Pier at 8 a.m.
- 8:25 a.m. departure from Quincy, arriving at Fan Pier at 8:45 a.m.
- 4:55 p.m. departure from Fan Pier, arriving in Quincy at 5:15 p.m.
- 5:40 p.m. departure from Fan Pier, arriving in Quincy at 6 p.m.

These new routes have been added based on feedback from commuters, and will help to determine future scheduling for 2018. A one-way ticket costs $9 and tickets are available for purchase on board only. Ferry riders are also encouraged to utilize the 780 parking spots available at Squantum Point Park for $5 a day.

For more info., visit: www.mbferry.com.

NOTICE OF PUBLIC HEARING

CITY OF QUINCY, MASSACHUSETTS
MAYOR JAMES R. MCINTYRE CITY HALL
1305 HANCOCK STREET
QUINCY, MASSACHUSETTS 02169

NOTICE OF PUBLIC HEARING
2017-171

The Quincy City Council will hold a Public Hearing, on Monday, November 13, 2017 at 7:25 PM in in the City Council Chambers, City Hall, 1305 Hancock Street, Quincy in reference to a petition from Massachusetts Electric Company.

Massachusetts Electric Company and **Verizon New England, Inc.** each having locations in certain of the streets of the municipality, represent that **Massachusetts Electric Company** has therefore been granted locations for and erected in said poles, with wires and fixtures thereto attached, along and across the following public way or ways

Sharon Rd

Replace/Relocate JO P240/12 Sharon Rd 13 ft W of existing location.

Pole relocation required due pole to tree guy wire. Quincy Parks & Forestry and House #31 Sharon Rd requesting removal of old tree.

And that it is desirable that said poles be used for the attachment of the wires and fixtures of your petitioners.

Wherefore they ask that they be granted joint or identical locations for said existing poles, with the right to maintain wires and fixtures thereon, together with such sustaining and protecting fixtures as they may find necessary, said poles to be maintained substantially in accordance with the plan filed herewith marked:-

Massachusetts Electric Company and Verizon New England, Inc

Plan No. **24940231** Dated: **8/4/2017**

Also for permission to lay and maintain underground laterals, cables and wires in the above or intersecting public ways for the purpose of marking connections with such poles and buildings as each of the said petitioners may desire for distributing purposes.

Your petitioners agree to reserve space for one cross-arm at a suitable point on each of said poles for the fire, police, telephone and telegraph wires belonging to the municipality and used by it exclusively for municipal purposes.

A copy of the Applicant's plan may be examined at the Office of the City Clerk, 1305 Hancock Street, Quincy, Ma. Monday thru Friday during regular business hours 8:30 A.M. to 4:30 P.M.

Nicole L. Crispo
Clerk of Council

10/19/17

LEGAL NOTICE

NOTICE OF PETITION
FOR
CHANGE OF NAME
Docket No. NO17C0278CA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate
and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
In the Matter of:
Abigail C. Deen
Of: Quincy, MA

To all persons interested in petition described:

A petition has been presented by Abigail C. Deen requesting that:

Abigail C. Deen be allowed to change his/her/their name as follows:

Evan Kenneth Kasey

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT: **Canton** ON OR BEFORE TEN O'CLOCK IN THE MORNING (10:00AM) ON **11/08/2017**.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: October 6, 2017

PATRICK W. McDERMOTT
Register of Probate

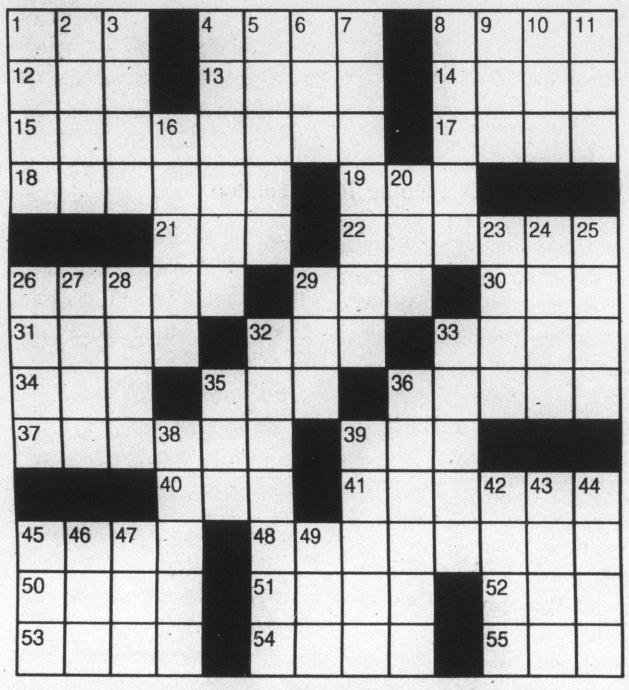
10/19/17

SUN FUN PAGE

King Crossword

ACROSS
1 Chevy Equinox, e.g.
4 The enemy
8 Pharmaceutical
12 Corroded
13 Wise one
14 Simple
15 Guard of a sort
17 Leading man?
18 Unlikely loser
19 Every crumb
21 Illustrations
22 Frank
26 Pamphlet
29 Peruke
30 Regret
31 Kind of mark or tag
32 A welcome sight?
33 Bouquet holder
34 Guitar's cousin
35 "Monkey suit"
36 Feelings, informally
37 Old salt
39 Shell game need
40 Affirmative
41 Yellow-flowered herb
45 New Zealander, informally
48 Elvis hit
50 Green land
51 Approximately
52 Ostrich's cousin
53 Rumble faction
54 Adolescent
55 Witness

DOWN
1 Cutting tools
2 Hexagonal state
3 Kill a bill
4 Unisex garment
5 "I — Anyone Till You"
6 Id counterpart
7 Billion-dollar seller
8 Handed out hands
9 "Awesome, dude!"
10 "Born in the —"
11 Workout site
16 Trainer
20 Journal
23 Colorless
24 English river
25 The Bee —
26 So
27 Croupier's tool
28 On the briny
29 Candle matter
32 Suspect's pic
33 Article of food
35 Placekicker's pride
36 Lillian of mail-order fame
38 Losing power, like a battery
39 Obey a comma
42 Mid-month date
43 Arrive
44 Chills and fever
45 Small barrel
46 George's brother
47 Be victorious
49 Raw rock



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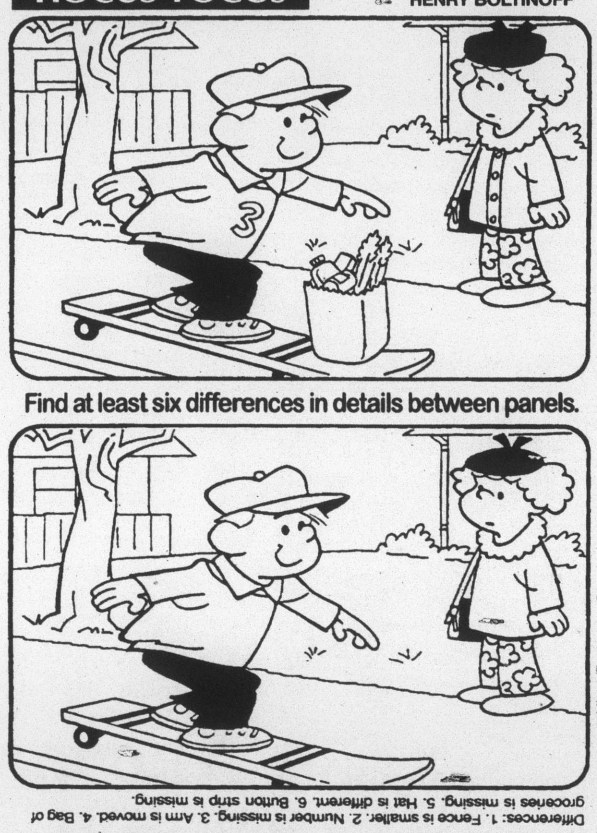
HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Fence is smaller. 2. Number is missing. 3. Arm is moved. 4. Bag of groceries is missing. 5. Hat is different. 6. Button strip is missing.

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Trivia test by Fifi Rodriguez

1. GEOGRAPHY: What is the only sea without a land boundary?
2. ANATOMY: Which one of the human fingernails grows the fastest?
3. GAMES: What is the sum of all numbers on a roulette wheel?
4. ENTERTAINERS: What phrase is inscribed on the tombstone of Mel Blanc, the voice of cartoon characters such as Porky Pig and Bugs Bunny?
5. TELEVISION: What was the real name of Shaggy's character in the "Scooby-Doo" series?
6. OLYMPICS: How many events are in the decathlon?
7. MOVIES: William Shatner made his acting debut in which movie?
8. GENERAL KNOWLEDGE: What was the item that the crocodile Tick-Tock swallowed in the Disney movie "Peter Pan"?
9. BIBLE: What is the longest single book in the Bible?
10. MEDICAL: What is a more common name for rhinotillexomania?

Answers

1. The Sargasso Sea in the Atlantic Ocean
2. The middle fingernail
3. 666
4. "That's all folks!"
5. Norville Rogers
6. 10
7. "The Brothers Karamazov"
8. An alarm clock
9. Jeremiah
10. Obsessive nose picking

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Salome's Stars

ARIES (March 21 to April 19) This is a good time to speak out on a difficult situation. You're known for your honesty, so people will listen and, perhaps, begin to make long-needed changes.

TAURUS (April 20 to May 20) The Bovine's sharp business sense alerts you to question the positions of those trying to push the Bull into a deal. Demand to see proof of what they profess.

GEMINI (May 21 to June 20) Your quick thinking helps you get out of a troubling situation that suddenly was thrust upon you. Later on, you can expect to learn more about why it happened.

CANCER (June 21 to July 22) You might feel you've dotted all your i's and crossed all your t's regarding that upcoming deal. But there might be some facts you've ignored. Check again.

LEO (July 23 to August 22) Time for the Lion to be more physically active. It will help shake off any lingering Leonine lethargy and restore your energy levels, so you'll be prepared for what lies ahead.

VIRGO (August 23 to September 22) Helping those in need at this time is laudable. But don't ignore your own needs, especially where it concerns your health. A medical checkup is a wise move.

LIBRA (September 23 to October 22) Good news: Your outspoken views about a controversial on-the-job situation could find unexpectedly strong support from a most unlikely workplace faction.

SCORPIO (October 23 to November 21) You might have to draw on your reservoir of spiritual strength to help someone special through a difficult time. Your loving attitude makes all the difference.

SAGITTARIUS (November 22 to December 21) Your proven leadership qualities make you the perfect person to take on an important workplace task.

CAPRICORN (December 22 to January 19) Although some compromise might need to be reached regarding your stand on an important issue, you'll still be able to get the most crucial points across.

AQUARIUS (January 20 to February 18) A chance to make a career change carries both positive and uncertain possibilities. Best advice: Check it out thoroughly and don't be rushed into a decision.

PISCES (February 19 to March 20) You're still a staunch supporter of one side of an important issue. But be prepared to deal with new information that could cause you to question your current stand.

BORN THIS WEEK: You're perceptive and quick to act when you sense that someone needs help. You are an always-dependable friend.

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MAGIC MAZE ● LENGTHY WORDS

Z G D E Z W T Q N K H D R A X
U T R P R O L O N G P I M J G
D D A Y L O N G G A A X V S Q
N K I G N F H N D H A X V T Q
O M J G A R O S G H F C A Y W
G L I F E L O N G E V I T Y U
R N P N D L O H J N H F D B Z
G X O A V L O N G B O W T R Q
O M E L D N A H G N O L R U F
K H I H E F D B Z Y O W B V T
R Q O N L B K I H F D L C O A

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Along, Belong, Daylong, Furlong, Headlong, Lifelong, Longbow, Longevity, Longhair, Longhand, Longhorn, Longing, Longshore, Oblong, Tagalong

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Wishing Well®

5	6	7	5	4	8	7	2	6	7	3	8	6
E	F	A	M	P	F	N	B	R	E	G	O	I
5	3	8	6	5	4	3	8	2	5	2	7	2
O	L	R	E	T	R	A	G	E	I	L	X	A
3	8	7	5	4	5	8	3	6	8	5	3	4
D	E	C	O	O	N	A	F	N	H	S	O	F
5	2	5	4	6	4	6	8	2	6	5	4	3
R	T	U	O	D	U	S	E	E	H	N	N	R
4	8	7	6	5	6	5	7	3	7	5	2	4
D	A	I	I	H	P	I	T	O	I	G	D	L
2	7	2	7	2	7	2	4	5	8	4	7	6
N	N	E	G	W	D	S	O	H	D	V	A	R
3	6	3	4	7	6	3	6	3	6	3	6	6
T	E	H	E	Y	N	E	E	R	W	S	E	D

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: **P** equals **B**

PDTOGFD Y'I SDQN POM OE
JQDJOQYUB ZXOMF XC TZXELDF
CXQ ZOGUMQN, MX Y LOSD
FXQETXIYUBF?

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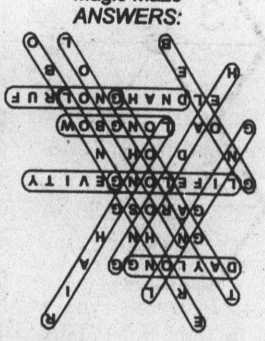
— King Crossword —
Answers
Solution time: 27 mins.

Magic Maze
ANSWERS:



Cyptoquip
ANSWER:
Because I'm very bad at preparing loads of clothes for laundry, do I have sortcomings?

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- "Titanic" producer James Cameron, creator of the original "Terminator" franchise, says he'll produce a new three-arc "Terminator" film, to be released in July 2019, when the original rights (which he sold after the first three films) revert back to him. Arnold Schwarzenegger and Linda Hamilton (Cameron's ex-wife) have agreed to return to re-create their original roles. Cameron further commented, "People ask me 'Will machines ever win against humanity?'" I say, "Look at people on their phones, the machines have already won!"

Jake Gyllenhaal's latest film, "Stronger," in which he plays Boston Marathon victim David Gordon Green, has received excellent reviews (Rotten Tomatoes gave it a 95 percent rating, while Metacritic scored it 76 out of 100 from 38 critics). But the film couldn't find its audience in its first week, taking in only $1.7 million to offset its $30 million cost. Only word of mouth can save it now. Jake will try again with "Wildlife," opposite Carey Mulligan, and the dark Western comedy "The Sisters Brothers," with John C. Reilly, Joaquin Phoenix and Riz Ahmed.

Charlize Theron's film "Atomic Blonde" also cost $30 million but grossed $95 million, while her "The Fate of the Furious" cost $250 million and grossed $1.2 billion. She's producing her next two films: the action/drama "Gringo," with David Oyelowo and Joel Edgerton, due March 9; and the comedy/drama "Tully," written by Diablo Cody and co-starring Ron Livingston, coming April 20.

***

Are we ever truly "Gone with the Wind"? Take, for instance, Vivian Leigh, who won an Oscar in 1939 for playing Scarlett O'Hara in the classic Civil War film. She was in Hollywood keeping an eye on her partner, Laurence Olivier, while he was at MGM making "Wuthering Heights" with Merle Oberon. She won a second Oscar for playing Blanche Dubois in Tennessee Williams' "A Streetcar Named Desire" (1951). Vivian Leigh died July 8, 1967, at the age of 53, from tuberculosis, and her grandchildren, who have waited 50 years to auction off her personal effects, at Southerby's in London, say they did it to ensure her memory lives on.

Some 1,400 bidders from 52 countries came to own a piece of her past. A gold ring, given to her by former husband Laurence Olivier, to whom she was married from 1940-1960, sold for $50,000. The size M 1/2 ring bore the inscription "Laurence Olivier Vivian Eternally." A personal copy of "Gone with the Wind," given to her and autographed by the author, Margaret Mitchell, sold for $67,000. An original painting, painted and given to her by Sir Winston Churchill, sold for $855,075. In all, the auction raised more than $3 million to ensure her grandchildren live on ... in style!

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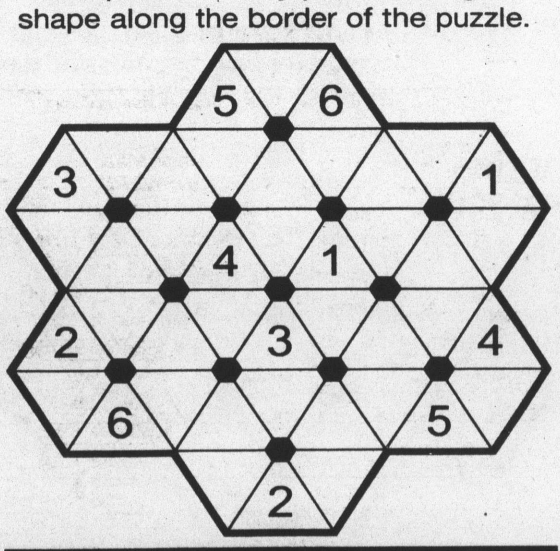
SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult

★★★ GO FIGURE!

	×		−		26
+		−		−	
	+		×		10
×		×		×	
	+		×		27
6		24		21	

1 1 2 3 4 5 7 8 9

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KOVELS Antiques & Collecting

By Terry and Kim Kovel

Hollywood Deco --- Fifties furniture is very popular with vintage collectors today, but some earlier Art Deco designs from the 1930s are not in demand. Look at old movies on television to study some of the stranger pieces. The look is sometimes called "Hollywood Deco" because the extravagant rooms with huge round mirrors and sofas were exaggerations of the modern furniture used in average homes.

An unfamiliar cabinet was sold recently at a Garth's auction. It was a flat, round cabinet on a base. When placed against a wall, it showed all of the 51-inch diameter of the cabinet and the glass doors and shelves waiting to display a collection. The plain solid base stretched beyond the rounded sides to give safe support for the top-heavy design. This type of cabinet was made in the 1930s, but most for sale today were made in England, not the U.S. Most have no maker's name and the wood choice suggests it was not expensive when new. Some were oak or even mahogany, but many were made of laminate with grain painting.

A cabinet like this sold at a Midwestern auction in 2016 for $450. A selection of similar round modernist curio cabinets found online had asking prices as high as $2,000, but most of these are in English shops and prices were cut to less than $500.

***

Q: I'd like some information about a pitcher and washbowl made by Edward Clarke. It's marked on the bottom with two touching shields. The words "Edward Clarke, Tunstall, Trade Mark, Stone China" are above the shields and "Stone China" below.

A: Edward Clarke made earthenware and white ironstone at Phoenix Works in Tunstall, England, from about 1865 to 1877. That's when your pitcher and washbowl were made. They probably were part of a commode set that included a soap dish, chamber pot and other items. Before there was indoor plumbing, a commode set or chamber set was kept in the bedroom and emptied each morning.

***

Q: I came across an old R.C. Allen 10 Key Calculator Model 35 that my dad used for his business. On the front, it says "World Famous 10 Key Calculator, American and Swedish Patents."

A: Ralph C. Allen founded his company in Grand Rapids, Michigan, in 1932. It also manufactured and distributed cash registers and typewriters. Your calculator was made in 1948 and originally sold for $397. Old calculators are not very useful and not popular collectibles, so they are very hard, if not impossible, to sell.

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STICKELERS [sic].

by Terry Stickels

Are you a good speller? Hand this puzzle to a friend or family member so that he or she can read the words to you.

1) semaphore
2) nonpareil
3) leprechaun
4) gerrymander
5) commemorate
6) algorithm

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Strange BUT TRUE

* It was German dramatist, poet, philosopher and statesman Johann Wolfgang von Goethe who made the following sage observation: "Too many parents make life hard for their children by trying, too zealously, to make it easy for them."

* At one time in Ireland, a traditional Halloween activity was predicting future romance. It was one of the few times of the year when young men and women could mingle, and fortune-telling games to predict who they would marry were popular.

* Those who are experiencing money-related relationship issues might be interested to note the results of a survey conducted by TD Ameritrade. When asked who manages the household budget, 87 percent of women said they did, while 81 percent of men claimed that responsibility.

* Until Alfred Hitchcock's iconic psychological horror film "Psycho" premiered in 1960, no American film had ever shown a toilet being flushed.

* Buick is one of the oldest automobile brands in the world, so you might expect that the company's founder did pretty well for himself. Unfortunately for David Dunbar Buick, who incorporated the company in 1903, that wasn't the case. In less than a year, the company was sold. Buick stayed on as a manager and worked on engine development, but only for two more years. When he left his namesake company in 1906, he sold his one remaining share of Buick for $100,000. That was a rather hefty sum at the time, but he lost it all in a series of unsuccessful ventures. At the time of his death in early 1929, he was virtually penniless.

***

Thought for the Day: "Absolute faith corrupts as absolutely as absolute power." -- Eric Hoffer

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Now here's a tip!

by Jo Ann Derson

* If your razor has seen better days, try running it over a pair of jeans. The material can sharpen and realign the blades to get a little more life out of your razor.

* Use a small, lidded plastic container to store the following items in your vehicle through the cold winter months: flashlight, portable USB battery pack (charged, with charging cable for your device), blanket(s), road flares, first aid kit, ice scraper, sand or other traction-creating material, bottles of water and some snacks, a weatherproof poncho/jacket and a pair of walking shoes with socks.

* The National Sleep Foundation says that exercise can contribute to better sleep. Work out at least 4-5 hours before you expect to hit the hay, though, because exercise can keep the heart rate elevated and give you energy for hours after you are done. Afternoon workouts are the best, but morning sessions are great, too.

* "For a successful morning, prep breakfast and clothing, and go over your to-do list the night before. Have your kids do the same. Since we started doing this, mornings are so much easier to bear, and we all get to sleep in a little longer too!" -- N.L. in Ohio

* Hand-held heat. Fill an old sock (no holes) with uncooked rice and knot at open end. Pop in the microwave for no more than 2 minutes for a long-lasting heater-upper.

* "Prevent outdoor padlocks from freezing up by covering the keyhole with a small piece of duct tape, and then put the whole lock in a sandwich-size baggie to seal." -- G.O. in New York

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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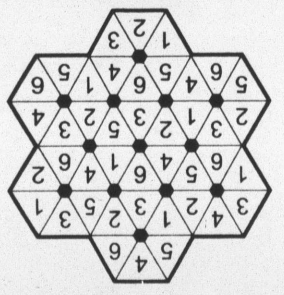
SNOWFLAKES solution



Go Figure! answers

	21		24		6
27	3	×	8	+	1
	×		×		×
10	2	×	4	+	1
	−		−		+
26	9	−	7	×	5

Stickelers Answer

1) semaphore
2) nonpareil
3) leprechaun
4) gerrymander
5) commemorate
6) algorithm

CLASSIFIEDS

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DRIVERS: LOCAL, HOME DAILY!
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PERSONAL

Hello
Kathi & Joe
in TX!
Love, Aunt Jeanne 10/19

MY LOVE ADRIANNE!
WE SHARE LOVE, LAUGHTER,
JOY, CHALLENGES AND LIFE.
AND BEST WE DO IT TOGETHER.
LOVE, MICHAEL 10/19

WANTED

If you have pictures or any first hand accounts regarding the Greenleaf School in Quincy, call 617-515-7175 10/19

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Potholes are a year-round problem and should be reported to the Department of Public Works.

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MISCELLANEOUS

AUCTIONS

Middlesex District Attorney LIVE PUBLIC AUCTION 70 Forfeited Motor Vehicles 15 Commonwealth Avenue, Woburn, MA Saturday, Oct 21. Registration: 8AM; Start: 10AM. PaineAuctioneers.com (617) 731-4455; Lic. #120 Tuesday,

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or jkjrose@aol.com
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Adoption fees include initial vaccinations and Spay/Neuter as needed.
New volunteers always welcomed.

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AVAILABLE CATS

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Tea: 1, female, tabby
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The Quincy Sun CLASSIFIED AD FORM

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INDEX
- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
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- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
- ❑ Personal
- ❑ Miscellaneous

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2-4 WEEKS ❑ $8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.

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11 WEEKS OR MORE ❑ $7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.

❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

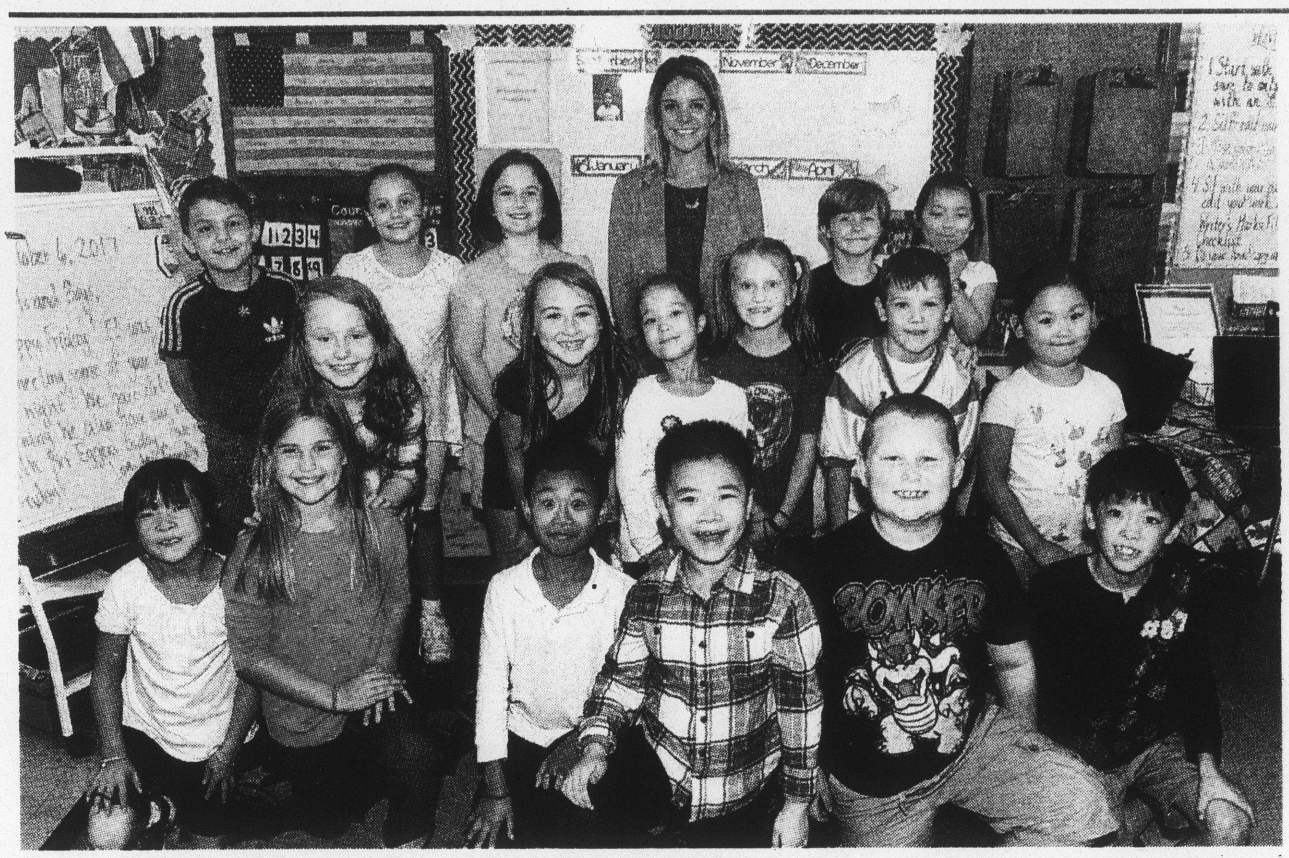
Channel 7 News Meteorologist Bri Eggers Visits Beechwood Knoll School

Channel 7 News Meteorologist Bri Eggers recently returned for her fourth visit to the Beechwood Knoll Elementary School.

Bri entertained third grade students with her witty jokes, and vast knowledge of the weather. She talked about amazing storms with the kids such as hurricanes, blizzards, and tornados. Bri was quite impressed with the knowledge the kids had of the weather. The kids had many posters to show her as well on super storms.

The presentation concluded with a virtual tour of the Channel 7 news station in Boston. Bri showed the kids how the green screen works, and talked a lot about weather balloons that are sent up twice a day to record the weather.

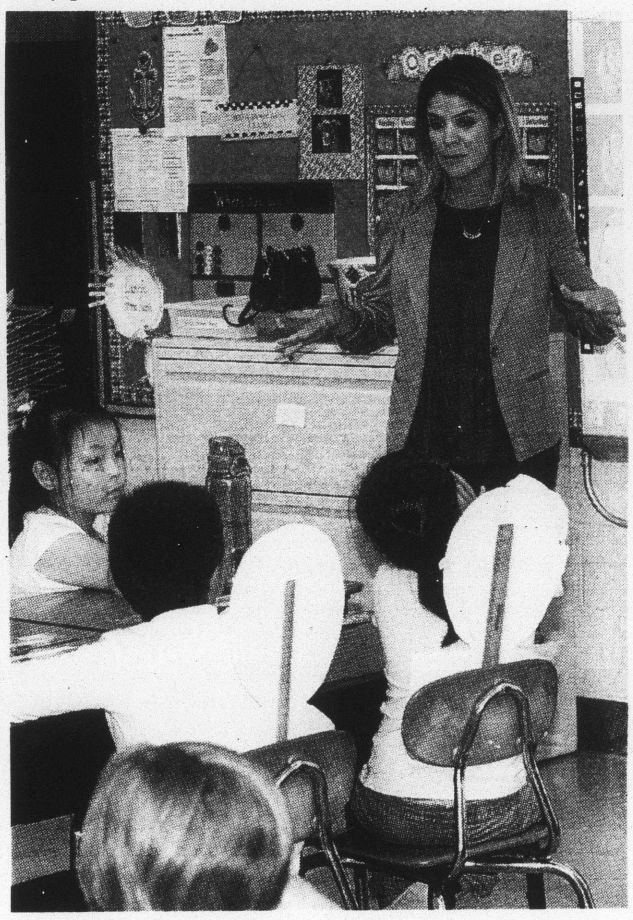
The students and teachers at the Beechwood Knoll School extend their sincere thanks to Bri for visiting the school again.



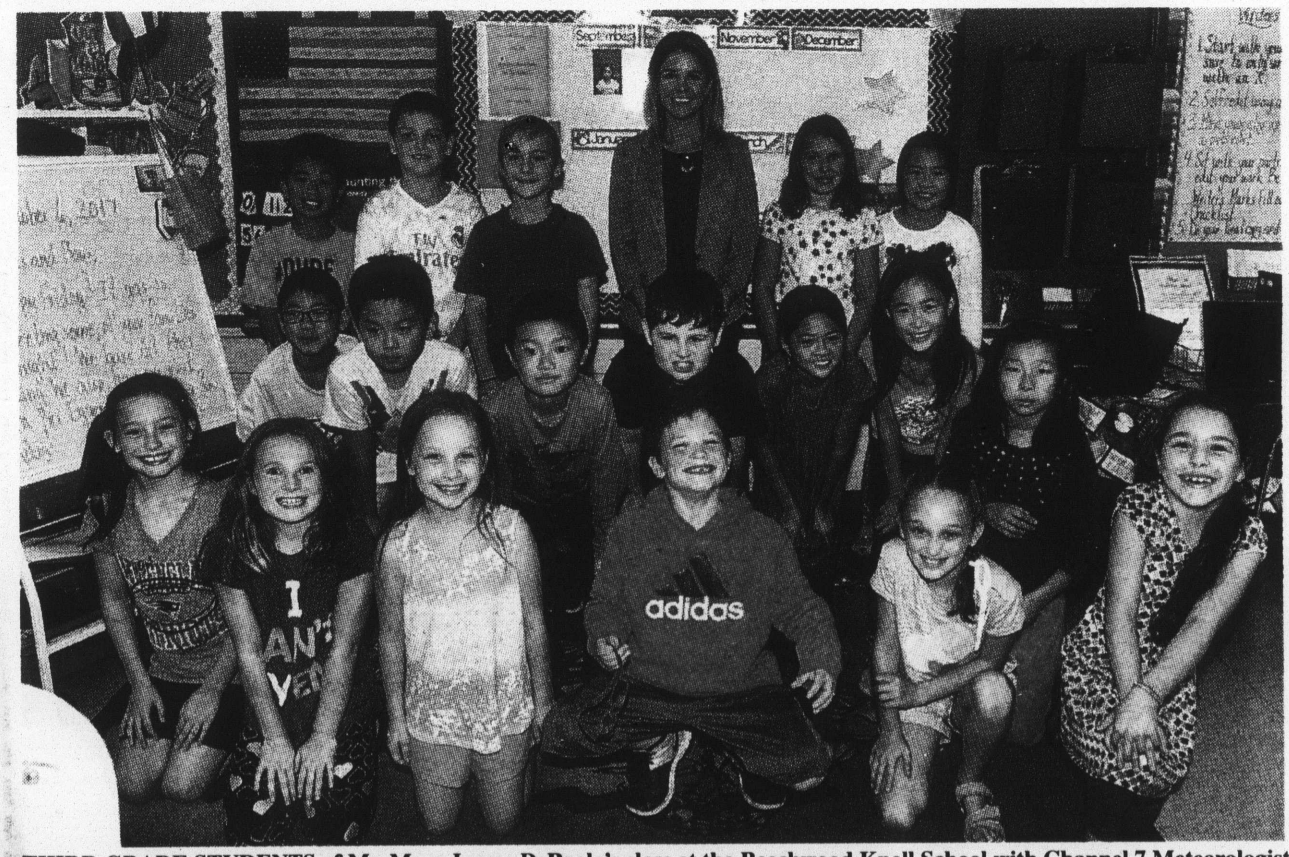
THIRD GRADE STUDENTS of Ms. Katie Connolly's class at the Beechwood Knoll School with Channel 7 meteorologist Bri Eggers who recently visited the school. Front row (from left to right): Sophia Zou, Maeve Powers, Anthony Chen, Benjamin Loke, Ronan Carey and Isaac Wu. Middle row: Campbell Kirksey, Bridget Gilmartin, Zoe Moy, Georgia Scott, Dylan McCole and Amanda Zheng. Back row: Dennis Stankov, Julia Tacelli, Sydney Maynard-Kirby, Bri Eggers, Gavin Brown and Maggie Chen.

Quincy Sun Photos/Robert Bosworth

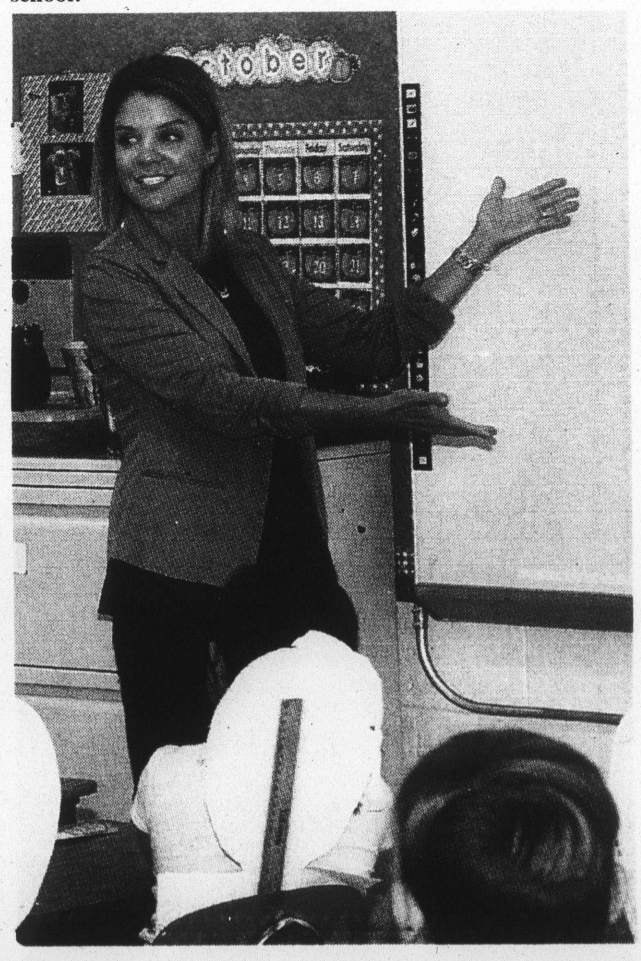
THIRD GRADE STUDENTS of Ms. Erin Gerry's class at the Beechwood Knoll School with Channel 7 meteorologist Bri Eggers who recently visited the school. Front row (from left to right): Joseph Knox, Cameron Kingsbury, Sophia Liu, Natalie Smith, Amanda McClory and Desmond Topp. Middle row: Dante Marinilli, Chloe Osborne, Lilah Colantonio, Riley Greene and Jackson Mueth. Front row: Joseph Knox, Cameron Kingsbury, Sophia Liu, Natalie Smith, Amanda McClory and Desmond Topp. Back row: Ben Pham, Jaden Li, Patrick Ferolito, Meah Fitzpatrick, Bri Eggers, Audrey Plumb and Aubrey McCoy.



BRI EGGERS, metereologist for Channel 7 News in Boston, discusses the weather with third grade students at the Beechwood Knoll Elementary School during a recent visit to the school.



THIRD GRADE STUDENTS of Ms. Mary Lynne DePaolo's class at the Beechwood Knoll School with Channel 7 Meteorologist Bri Eggers. Front row (from left to right): Mady Cassidy, Skyla Sinawski, Emily Smith, Matthew Cerone, Caroline Zuffante, Yu Wang, and Amina Kaddour El Boudadi. Middle row: Derrick Liao, Owen Lu, Vincent Shi, John Mullen, Annabelle Tran and Chloe Chu. Back row: Evan Nguyen, Arvi Bostani, Kingston Grogan, Bri Eggers, Mia Klingenstein and Sophia Chen.



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Quincy-To-Boston Direct Ferry Runs - *Pages 4, 44*

Library Events, Activities For Children - *Page 8*

100,000 Clam Seeds Planted In Houghs Neck - *Page 3*

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 50 No. 6 | Thursday, October 26, 2017 | $1.00

MEMORIAL MARKERS RESTORED – Quincy Graves Registration Officer George Bouchard positions a refurbished cast iron sign dedicated to American Revolution Patriot John Hancock in front of the Adams Academy. The memorial sign is one of 70 that Bouchard, with the help of the Quincy Traffic and Parking Department, is refurbishing with new paint. Hancock's birthplace once stood on the site of the academy. Story on Page 22.

Quincy Sun Photo/Robert Bosworth

City Receives $2 Million State Grant

For Construction Of New Roadway Near Former Ross Parking Garage

By SCOTT JACKSON

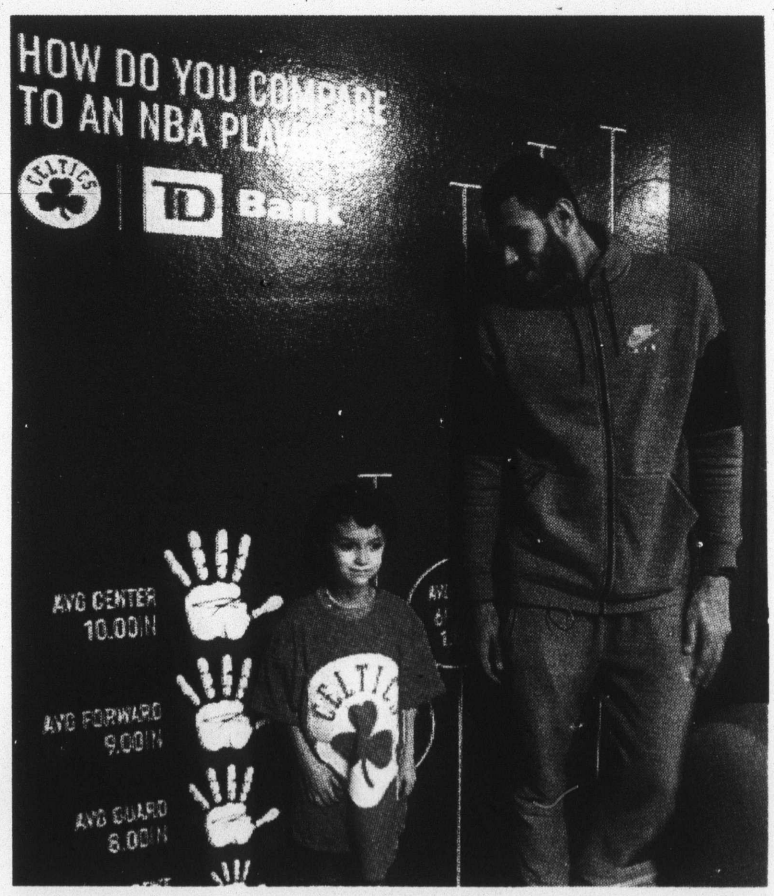
Gov. Charlie Baker visited Quincy Center Tuesday afternoon to award the city a $2 million grant to pay for construction of a new roadway in the vicinity of the former Ross Garage.

Baker was joined by Mayor Thomas Koch and city and state officials for Tuesday's announcement, which was made on the site of the now demolished garage. North Quincy-based FoxRock Properties plans to build more than 1 million square of commercial development in the area.

The $2 million MassWorks grant will pay for a portion of the infrastructure costs associated with the construction of new two-way street connecting Granite Street to the Hannon Parkway, Koch said. The roadway will be located near where the current Ross Way is located and is intended to replace both the Parkingway and Ross Way, freeing up the remainder of the parcel for development.

This year, the state will be awarding 47 MassWorks grants worth a total of $85 million. Baker said the grant process is highly competitive.

Cont'd On Page 39



BOSTON CELTICS rookie forward Adbel Nader and Quincy After School Child Care student Nicholas Heim compare their heights at a recent room dedication at the Lincoln-Hancock Elementary School. Story on Page 2.

Quincy Sun photo/Tom Gorman

South Korea Honors Korean War Veterans

23 Awarded Ambassador For Peace Medals From Deputy Consul General Of The Republic Of Korea

By SCOTT JACKSON

The government of South Korea recognized nearly two dozen veterans of the Korean War for their service more than 60 years ago during a ceremony Monday at Quincy City Hall.

Songhwan Kwon, the deputy consul general of the Republic of Korea in Boston, awarded 23 Ambassador for Peace Medals Monday afternoon in the Great Hall of the James R. McIntyre Government Center, which was full with veterans and their families. The 23 veterans honored Monday hail from Quincy and beyond. Five of the medals were awarded posthumously.

Receiving medals at the ceremony were: Philip Baldassini, Frederick Caramanica, John Danckert, Edward Donovan, Jo-

Cont'd On Page 24

Halloween Tips For Kids With Sensory Issues - *Page 9*
Council Candidates Discuss Climate Change - *Pages 11, 13*
John Adams Wreath Laying Ceremony Monday - *Page 21*

More Quincy news:
The Quincy Sun.com

Celtics Stars Help Unveil Music Room At L-H School

By TOM GORMAN

Boston Celtics rookie forward Abdel Nader and assistant coach and former player Walter McCarty joined TD Bank and city officials and students to unveil a new music room at Lincoln-Hancock School on Oct. 13.

The room – to be used jointly by Lincoln-Hancock and Quincy After School Day Care (QCARE) students – was transformed into a music studio through a joint venture of the Boston Celtics CommUNITY Crew and TD Bank.

"We are so grateful and so thrilled at the outcome," said QCARE Executive Director Sarah Morrison. "It's a dream come true."

Dubbed the Lion Studio Music Room, it is outfitted with a digital piano, 20 Chromebooks and nine ukuleles. An interactive whiteboard, updated lighting, new furniture and flooring were part of the eight-week renovation project.

The walls are painted the Celtics' green color and the organization's symbol – a leprechaun spinning a basketball on his index finger – is painted in white silhouette next to the words, "Lincoln-Hancock PRIDE."

Morrison explained that the room, prior to the renovation, was used for music instruction during the day by Lincoln-Hancock students and then by QCARE on afternoons as an education room. She said the studio will still be used by both Lincoln-Hancock students during the day and QCARE after school.

"It's still a collaborative space, but now it has an identity as a music space for the community," she said. "Music education is so important for so many skills that children need in life. We're so happy to be able to offer that in this room."

Morrison said QCARE will use the studio for multi-function activities including games, arts, literacy, cultural studies and, of course, music.

"We're going to have

Cont'd On Page 43

Germantown History Walk Topic Saturday

The Park Department's Environmental Treasures program and the Thomas Crane Public Library are hosting a free program to explore the history of Germantown.

On Saturday, Oct. 28 long-time Quincy educator and local historian Harold Crowley will lead a walking tour of Germantown to see some its historic sites such as the Germantown glass works and some of its oldest homes.

Participants should meet at the parking lot of Snug Harbor Elementary School, 333 Palmer St. at 10 a.m. For more information and rain date rescheduling, call 617-472-0799.

Author Talks

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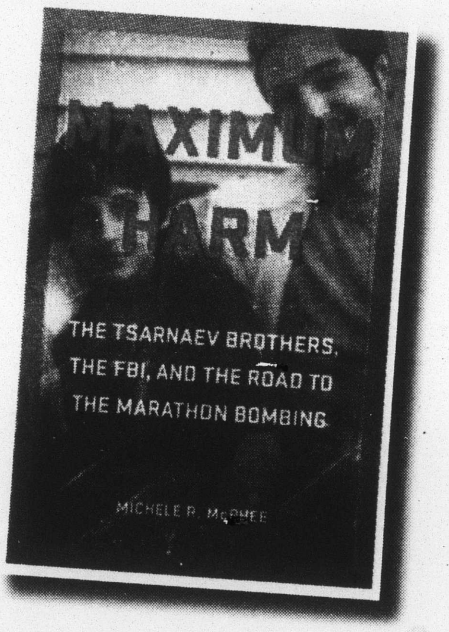

In Maximum Harm, veteran investigative journalist Michele R. McPhee unravels the complex story behind the public facts of the Boston Marathon bombing. McPhee untangles the many threads of circumstance, coincidence, collusion, motive, and opportunity that resulted in the deadliest attack on the city of Boston to date.

Meet Michele McPhee, bestselling true crime author; three-time Emmy-nominated television investigative producer.

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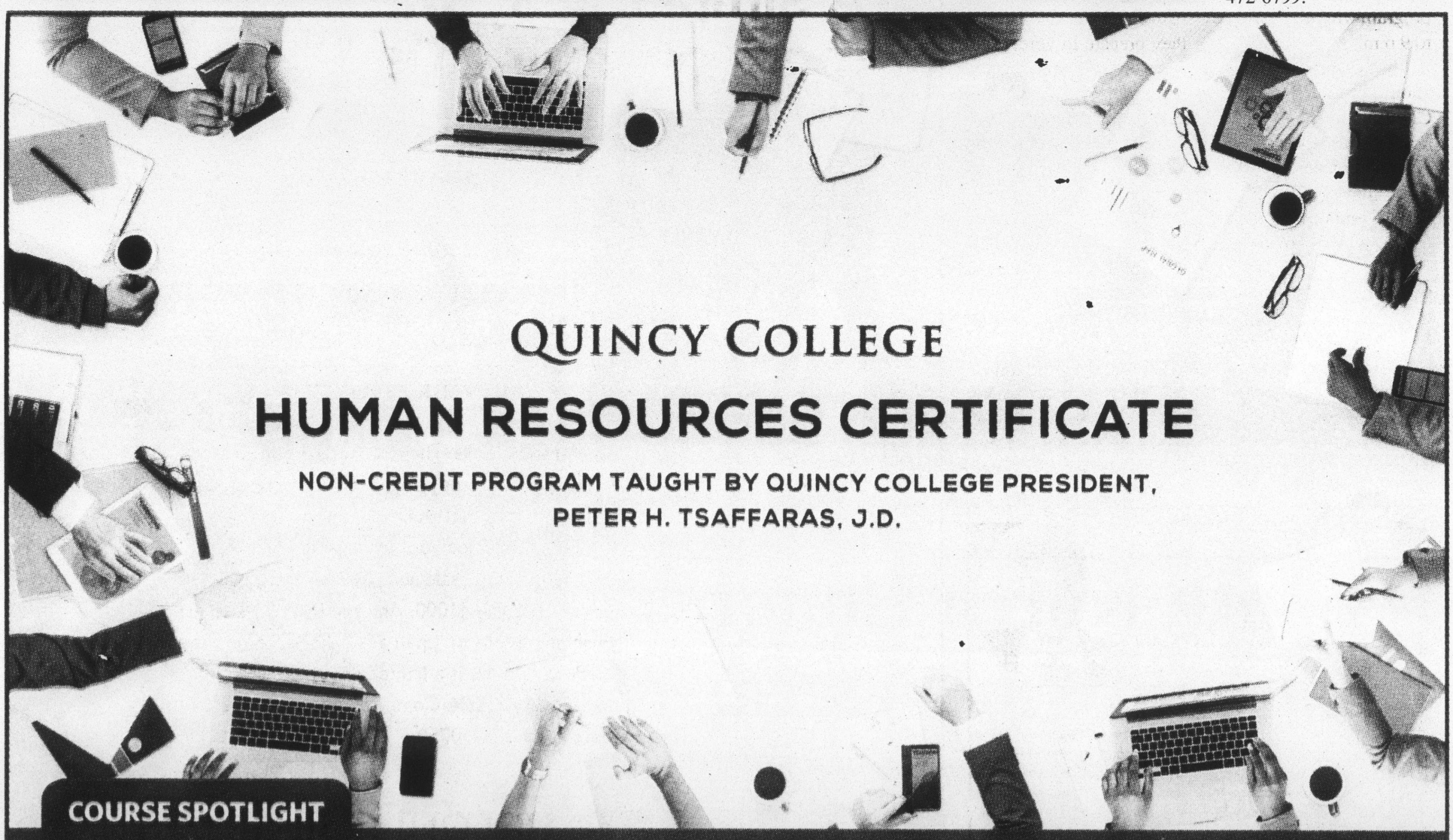

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Volunteers Plant 100,000 Clam Seeds In Houghs Neck

10 Beds Created At Rock Island Road Beach

By TOM GORMAN

In an effort to bring back the once thriving clamming industry in Quincy, volunteers spent a recent morning planting 100,000 clam seeds on a beach in Houghs Neck that will grow into mature clams over the next couple years.

The clam seeds, which are actually baby clams, were donated by Salem State University. They were sowed in 10 beds that were created in the muddy shoreline off Rock Island Road.

The nearly 30 volunteers included city and state officials, Quincy Police Marine Unit officers, residents and Quincy College students. They used rakes, shovels and pitch forks to create the beds and plant the seeds. Once the clams were planted, nets were placed over the beds to protect them from such predators as crabs, birds and flounder.

State Division of Marine Fisheries aquatic biologist Gregory Bettencourt said there were literally millions of clams in the Quincy area up until 20 or so years ago. The clamming industry has since declined over the past two decades, mostly due to a disease that recently decimated the population.

"Since 2010, its (decline) has been precipitous where there are virtually no clams left in Quincy or Boston," he said. "People who use to dig clams are no longer renewing their licenses."

Ward 1 City Councillor

Cont'd On Page 17

MELISSA CAMPBELL of the state Division of Marine Fisheries plants clam seeds in a bed in Houghs Neck as part of a clamming revitalization project. *Quincy Sun photo/Tom Gorman*

Democratic, GOP Committees Candidates Night Thursday

The Quincy Democratic and Republican City Committees will host a City-Wide Candidates Night on Thursday, Oct. 26th.

The forum will take place at the Lloyd Hill Performing Arts Center at Quincy High School. The program will run from 6:45 to 9 p.m.

"In the spirit of cooperation with the Republican City Committee we are co-hosting this forum," said Alicia Gardener, chairperson, Quincy Democratic City Committee. "Our desire is to provide the citizens of Quincy an opportunity to hear directly from the individuals who wish to and do represent them on the City Council and School Committee."

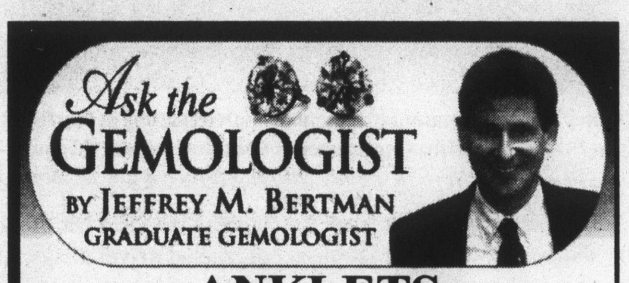
"The City of Quincy elections are non-partisan, whether you are a Republican or a Democrat; as a resident this election means a great deal as whom we have represent our city. Election Day is Tuesday, Nov. 7th, and I believe that the residents that attend this forum will come away with a good understanding of each of the candidates as they prepare to vote," said John Iredale, chairperson of the Quincy Republican City Committee.

All ward councillor, councillor at-large and school committee candidates have all been asked to participate in a moderated questions and answer style format.

Quincy Access Television will be taping the event. Check www.qatv.org for broadcast times.

For more information regarding the Quincy Democratic City Committee, contact Committee Chairperson Alicia Gardner by email at alicia.gardner6@gmail.com.

For more information regarding the Quincy Republican City Committee, contact Committee Chairperson John Iredale at jmiredale@gmail.com



ANKLETS

The "anklet" (or "ankle chain") is a close relative to the bracelet that was mentioned in the Bible, which told of the daughters of Zion who "go mincing and making a tinkling of their feet." This passage suggests the dainty beauty of a thin gold chain loosely encircling a woman's ankle and settling at the top of the foot. Adding to the intimacy of this lovely piece of jewelry is the fact that, similar to a ring, it can be inscribed with a name or words of love. Also like a ring, an anklet is something that can be left on the body and never taken off, showing a level of commitment between the giver and the recipient.

Selecting any piece of fine jewelry should be based on one criteria - personal taste. Whether you're choosing an anklet or a wardrobe of bracelets as fashion accessories, you'll want to shop where you can trust the knowledge and count on the integrity. For all your fine jewelry needs, you can always rely on Rogers Jewelry. We're easy to find at 1402 Hancock St. in Quincy Center, where we have been serving Quincy with a tradition of excellence since 1944. PH: 617-773-3636.

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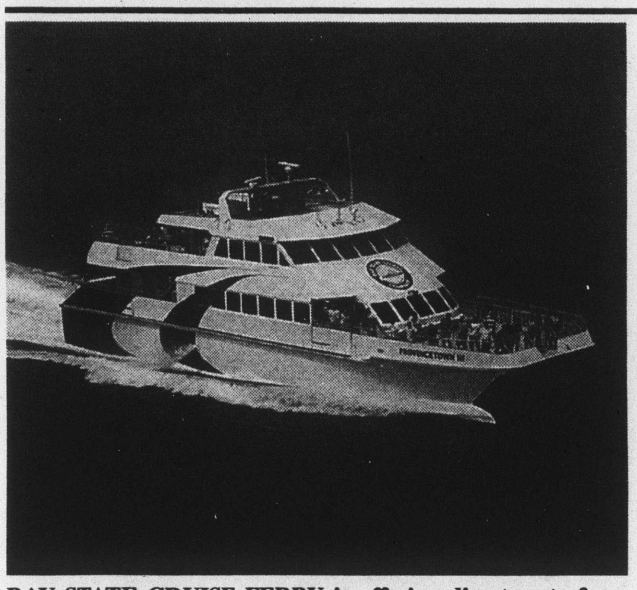

BAY STATE CRUISE FERRY is offering direct-route ferry service from Quincy to Fan Pier Boston, taking passengers to Boston in 20 minutes from Squantum Point Park in Marina Bay.

Quincy – Boston Ferry Adds New, Direct Routes Through Dec. 1

Travel To Boston In 20 Minutes

Bay State Cruise Company began their new, direct route from Quincy to Fan Pier Boston this week, taking passengers to Boston in less than 20 minutes.

In partnership with Bay State Cruise Company, the Marina Bay Ferry in Quincy is able to provide four additional ferry runs direct from Squantum Point Park in Marina Bay, Quincy to Fan Pier in the Seaport District of Boston running through December 1, 2017.

The updated ferry schedule (on Page 44) includes two additional runs in the morning from Quincy to Boston and two additional runs in the early evening from Boston to Quincy during peak traffic periods. The streamlined routes will operate Monday through Friday and will allow ferry riders to travel directly to their destination in approximately 20 minutes.

The added routes include the following:

- 7:40 a.m. departure from Quincy, arriving at Fan Pier at 8 a.m.
- 8:25 a.m. departure from Quincy, arriving at Fan Pier at 8:45 a.m.
- 4:55 p.m. departure from Fan Pier, arriving in Quincy at 5:15 p.m.
- 5:40 p.m. departure from Fan Pier, arriving in Quincy at 6 p.m.

These new routes have been added based on feedback from commuters, and will help to determine future scheduling for 2018. A one-way ticket costs $9 and tickets are available for purchase on board only. Ferry riders are also encouraged to utilize the 780 parking spots available at Squantum Point Park for $5.00 a day.

For more information on scheduling, visit: www.mbferry.com. Schedule also appears on Page 44 in this week's Quincy Sun.

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

(USPS 453-060)
Published Weekly on Thursday by
The Quincy Sun Publishing Co., Inc.
1372 Hancock St., Quincy, MA 02169

Robert H. Bosworth
Publisher and Editor

Henry W. Bosworth, Jr.
Founder
1968 - 2009

$1.00 per copy newsstand • $32 per year by mail in Quincy
$37 per year by mail outside Quincy • $45 out-of-state

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Quincy Can Lead On Water Transportation

OP ED

By BRUCE J. AYERS
State Representative

Overwhelming research and data show that water transportation could be a solution to worsening traffic problems that plague our state – and Quincy is uniquely positioned to play a major role.

Settled on over 27 miles of picturesque coastline, Quincy boasts close proximity to various key destinations in the city of Boston for commuters and travelers. However, this geographic advantage disappears during peak traffic times. With estimates showing the Neponset Bridge experiencing more than 65,000 cars of "Average Daily Trips", it frequently takes more than an hour to get over it, and residents are understandably losing patience.

As a state legislator, I work closely with my colleagues and with transportation experts to determine ways to ease the burden on our public roads (and ease the daily headaches experienced by frustrated commuters). As this work continues, it becomes more apparent that water transportation may be the answer.

In a recent study titled "Is it time to expand water transportation in Greater Boston?", the Pioneer Institute made a compelling case for the state to devote more resources to ferry service. "By many measures the MBTA ferry [in Hingham] is a cost-effective and reliable mode of transportation", it says. "It has the highest fare recovery of any mode at the T, the highest fare revenue per passenger mile and unlinked trip, and the best on-time performance of all forms of transit systemwide."

As experts urge the state to explore investment in ferry service, it makes sense to implement it in a location that is well-equipped, well-positioned and well-prepared. Look no further than Marina Bay in Quincy.

Squantum Point Park in Marina Bay offers easy access via water transportation to Boston's Fan Pier, Rowes Wharf, and even Logan Airport. The pre-existing pier structure has undergone significant repairs in recent months, and the DCR-owned parking lot has over 800 spaces with pay-to-park stations already installed.

Working with Senator John Keenan, Mayor Thomas Koch and Councillor Bill Harris, we recently secured funding through the Seaport Economic Council for the design and engineering costs to implement a full-time ferry service in the area. We also secured over $2 million from the Department of Transportation to extend Commander Shea Boulevard directly into Squantum Point Park, providing easy access from the expressway.

The demand for a ferry service in this location is evident. For the last two summer seasons, the city of Quincy has partnered with the town of Winthrop to provide morning and evening runs on a commuter boat from Marina Bay. Ridership numbers have been encouraging, and have demonstrated clear potential for a permanent Quincy-based ferry.

In fact, this potential has resulted in a recent expansion of services. The city of Quincy has announced that Bay State Cruises will offer ferry service from Marina Bay through December 1st, running in conjunction with the existing Winthrop ferry and providing a greater variety of departure times.

Quincy is comprised of approximately 95,000 residents, many of whom live in the city due to our ready access to the Red Line. With the impending rebuild of the Wollaston T Station, which will begin in December and take 20 months to complete, many of these residents may find a ferry service provides a suitable alternative means of transportation.

Further, with easy access to the expressway, it isn't hard to imagine steady ferry ridership from individuals not just in Quincy, but throughout Greater Boston and the South Shore.

One thing is certain: our regional transportation issues are complex, and will take a variety of different ideas to solve. Compelling data shows that water transportation is an idea whose time has come; and for a city like Quincy, suited with a prime location and the necessary infrastructure in place, a ferry service should be a no-brainer.

Editor's Note: The expanded Marina Bay 2017 Fall Schedule running through Dec. 1 appears on Page 44 of this week's Quincy Sun.

DA Morrissey Hosts NQHS, QHS At Peer Leadership Conference

QUINCY HIGH and North Quincy High were among 15 schools participating in Norfolk DA Michael W. Morrissey's day-long Peer Leadership Conference at Gillette Stadium this month.
Photo Courtesy Norfolk County District Attorney Michael Morrissey

Quincy High and North Quincy High were among 15 schools participating in Norfolk DA Michael W. Morrissey's day-long Peer Leadership Conference at Gillette Stadium this month, kicking off the DA's year-long "Team Rival" challenge to promote healthy choices and supportive, strong schools across Norfolk County.

"The safest high school communities are those where the students themselves, and peer leaders, are engaged in keeping that school's culture healthy and positive," District Attorney Morrissey said during a break in the day-long Oct. 15 event. "The Peer Leadership Conference is the first of four events throughout the year designed to support and educate those peer leaders, to help them become even more effective and make their voices even more strong."

The coming events involve drug and alcohol abuse prevention, preventing distracted driving crashes and building trust and community through the "Adventures in Respect" program. The two schools who participated in 100% of last year's slate of events were each awarded $1,500 checks during the conference to support prevention efforts at their schools – a recognition that will continue next year.

"Two major sources of injury to young people in Norfolk County are substance misuse and car crashes – whether due to substances or distraction," DA Morrissey said. "If we can change school cultures in those two areas, we will be saving lives while preventing tragedies and crimes."

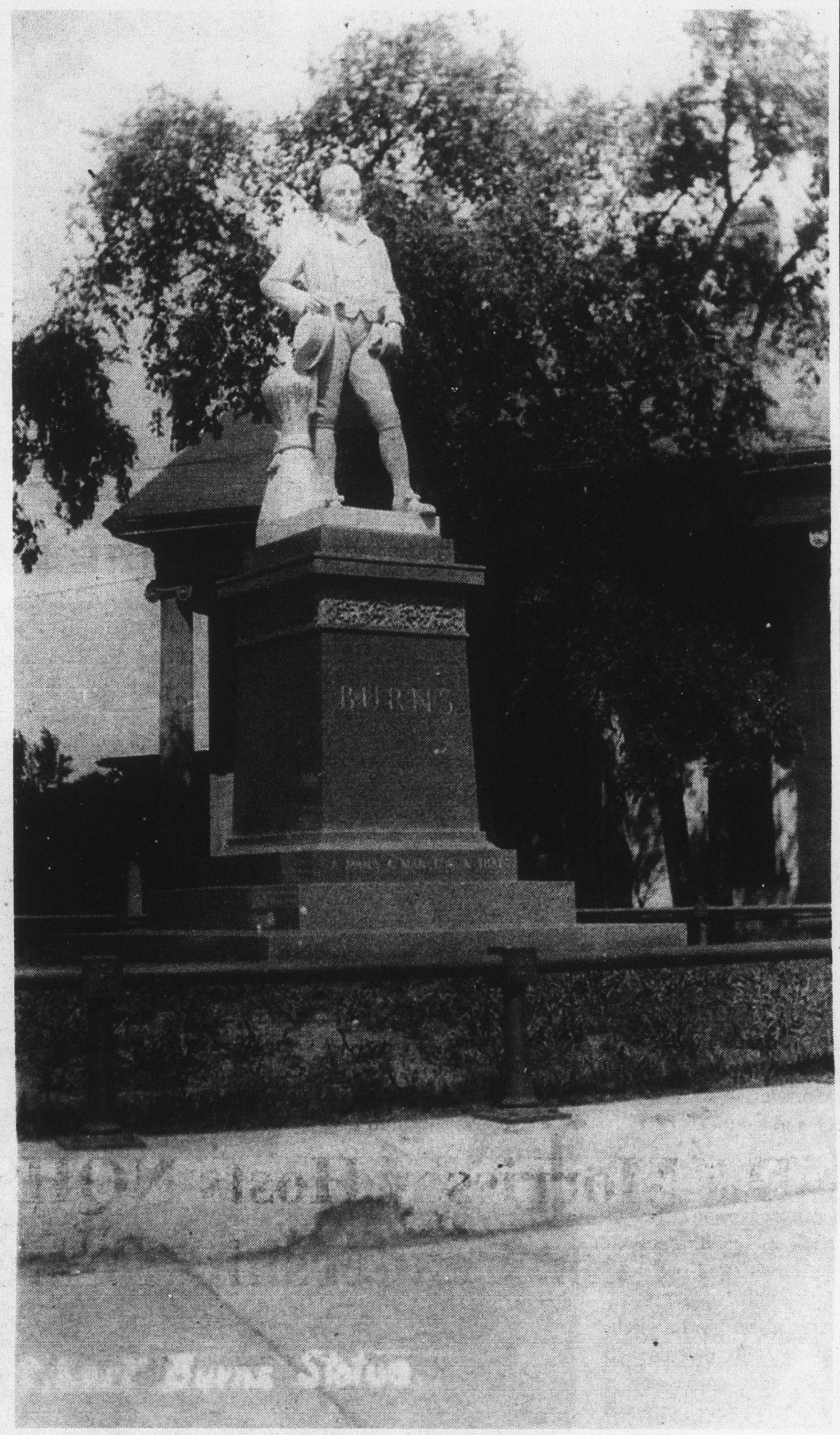
The conference included a presentation from Joe Halus, of the Hockomock Area YMCA. Halus showed a video, followed by a discussion, illustrating how snap judgments and initial perceptions can lead in the wrong direction. It also shaped how the students see what kind of leader they already are, and what kind of leader they can be in their communities.

The day began with the presentation of two county-wide awards. The Sam Berns Courage Award for Peer Leadership, named for the Foxboro teen who gained international notoriety as he overcame obstacles associated pre-mature aging disease, was awarded to Sharon's Jeremie Glassman. The Haley Cremer Do-Unto-Others Award, named for a young Sharon woman who lost her life to a distracted driver at age 20 – not long after earning one of the first "Peer Leadership" awards for her work against bullying and distracted driving while at Sharon High School.

Each award was presented by the parents of the award's namesake. "I have to thank Marc and Ivie Cremer, and Sam's parents Scott Berns and Leslie Gordon for being part of the conference," DA Morrissey said. "Their connection to the students in the room, not too different in age from the children they have lost, was very powerful."

Scenes From Yesterday

THIS POSTCARD view of the statue of Scottish poet Robert Burns was published in the late 1920s. It is shown here in its original location on a traffic island at the intersection of School and Franklin Streets in South Quincy. The statue was a gift to the city from the Burns Memorial Association and was dedicated in November 1925. Quincy's Clan MacGregor, a 1,000-member Scottish fraternal organization, hosted the dedication ceremony followed by an elaborate banquet and concert at their Franklin Street hall seen in the background. The featured speaker was Colonel Walter Scott, the famous Scottish-American philanthropist and humanitarian for whom the Clan's hall was named. The statue was designed by Quincy sculptor Gerald Horrigan and was carved from Westerly, R.I. granite by his father John, a renowned Quincy statue cutter. The base consists of three pieces of Quincy granite from the Granite Railway Quarry. In 1974 fears of damage from the Red Line bridge construction on School Street resulted in the statue being moved to its present location overlooking the intersection of Burgin Parkway and Granite Street. The School Street traffic island still exists planted with shrubs and flowers. To contact Tom Galvin, e-mail tmgalvin@verizon.net.



From the Collection of City Historian Tom Galvin

Quincy's Yesterdays

This Week
1957
60 Years Ago

New Candidates Urge Programs At Meeting

Although all the candidates for city offices were invited to attend last night's seventh annual Candidates Night held by the North Quincy Koch Club at the North Quincy Knights of Columbus Bungalow, it turned out to be a night for new candidates as only one candidate seeking re-election attended. Those seeking re-election to the School Committee were among the missing. Due to the City Council meeting only Councillor James R. McIntyre attended.

Seeking the office of mayor former city councillor Lawrence J. Curtin took to task Mayor Amelio Della Chiesa for his "insincere bunk." Mr. Curtin referred to the letters sent out by Mayor Della Chiesa to citizens on the occasion of a birthday, a birth or a promotion. (Also known as "Womb to the Tomb" cards.) Mr. Curtin questioned the Mayor's right to use the taxpayers' money in such a manner.

Councillor James R. McIntyre, getting out of a sick bed to attend the forum, spoke on his candidacy for a second term on the council.

CITY WINS IN DISPUTE OVER BALLOT

City Solicitor Douglas A. Randall said that Judge Reuben Lurie had handed down his decision on the city election ballot dispute case in favor of the city.

The court's finding that the petition of Joseph P. McDonough, candidate for city council, was without merit.

The judge ruled that City Clerk Donald R. Crane was correct in his intention to print the names of the candidates now in office at the top of the ballot with the words "Candidate for Re-Election" after them.

McDonough had contested that since the change in government was coming at the end of the year, the present councillors on the ballot were not "incumbents" for the reason that their duties under Plan A would be different than their duties under Plan E.

PRODUCTION UNDERWAY ON NUCLEAR CRUISER

Production on the United States' first nuclear powered surface vessel – a guided missile cruiser – is underway at Fore River Shipyard, several months in advance of the keel lying scheduled for sometime next spring.

Before production could get underway, the yard had to provide new facilities for the work and it also had to set up a training program for its personnel.

Chosen for two new positions were two Quincy men. They included John A. Wilkins, 35, of Squantum, service engineer in the nuclear power branch of the Central Technical Department and 38-year old William H. Collins, Jr., superintendent of sales of the Quincy Yard's special products division.

QUINCYISMS

"Head To Toe Beauty" was the subject of the Sub Deb Charm School conducted by **Miss Ruth Allen** at the Atherton Hough Scout Room. The course was sponsored by the Houghs Neck Community Council with **Mrs. Irving Sibert** and **Mrs. James Laing** as co-chairmen… **Robert Foley** of the Baker Improvement Association spoke at a meeting of the Germantown Improvement Association. His topic: "All Communities Need An Improvement Association"… **Ensign Nancy Marie Shea** was recently commissioned as a Navy Nurse in the U.S. Naval Reserve at St. Alban's, New York. Ensign Shea, daughter of **Mr.** and **Mrs. Thomas Shea**, 937 Furnace Brook Parkway, is a graduate of the Quincy Hospital School of Nursing… **Dr. Israel Edelstein**, president of Temple Beth El, announced that construction of the new $200,000 Temple Beth El, was scheduled to start within 30 days. The new facility would front Hancock Street across from the Dorothy Quincy Home… Shop N' Save Supermarket, 20 Independence Ave, South Quincy, was advertising a "Monday, Tuesday, Wednesday Only Special, Beef Liver, Freshly Sliced 29 Cents a lb"… Duggan Brothers, North Quincy Garage, 131 Hancock St., was offering a 1948 Chevrolet Fleetline for $75… Frank Sinatra and Doris Day were appearing in "Young At Heart," with Sinatra and Debbie Reynolds playing in the "Tender Trap" at the Art Theater, downtown Quincy… **Mayor Amelio Della Chiesa** and **former City Councillor Lawrence J. Curtin** squared off at a candidates' night held at T.Y. Veli Hall, Arthur St. The event was sponsored by Club 74 of Quincy. **Matthew Hannel**, club president, introduced the candidates… **Congressman Richard B. Wigglesworth** was planning his "cracker barrel" meetings with his constituents of the 13th Congressional District. Congressman Wigglesworth will be at local post offices to meet with voters and discuss problems of the day… The Wollaston Business and Professional Association recently held its election of officers. Officers elected included: **Donald Carr, president**; **Samuel Skolnick, vice-president**; **Kenneth Riggs, treasurer**, and **William Shea, chairman of the board of directors**… Whitman's Auto Service, 51 Holbrook Rd., North Quincy, was offering a Studebaker Scotsman 4-Door, 6-passenger sedan for $1,874.

Standing Together Is What Moves Us Forward

Readers Forum

I beg to disagree with letter writer Julia Taft. She was responding to a previous news story on Quincy Youth Football players (Quincy Youth Football Stands Tall, Proud of Anthem). The writer believes the children were used as pawns in a game of political football. I saw the previous week's story as quite positive.

I believe in free speech and over the years have protested many actions of my government from the Vietnam War and forced busing Boston back in my younger days and on current issues today. I never disrespected my flag and my national anthem and would never think of doing so today.

I believe NFL players have a right to protest racial injustice in this country. While I think the actions of Colin Kaepernick and others is a protected individual right each of us has, I think it is both disrespectful to turn your back or take a knee during the playing of the national anthem. Is the issue Quincy kids being used as pawns or are football fans getting politically tackled? Players have a right to protest and speak out but not while at work. Can you imagine if workers decided to protest on an issue during working hours?

The players knew they had a captive audience both in the stands and at home watching their TV sets. I am not questioning anyone's patriotism only their timing. Keep politics out of football, we already have enough footballs like that getting thrown around America.

Our flag is a symbol of what our nation stands for yesterday, today and tomorrow. It is not an enemy flag and our national anthem is a unifying force. Neither our anthem nor flag stand for perfection. America is an imperfect nation but look around where else would you really want to live.

Standing together for America is what moves us forward. We have our sins. Our job is to make America better for the next generation which includes those Quincy Youth Football players who stood up for their nation on the field.

Sal Giarratani
East Boston

City's Changing, So Too Should Mascots

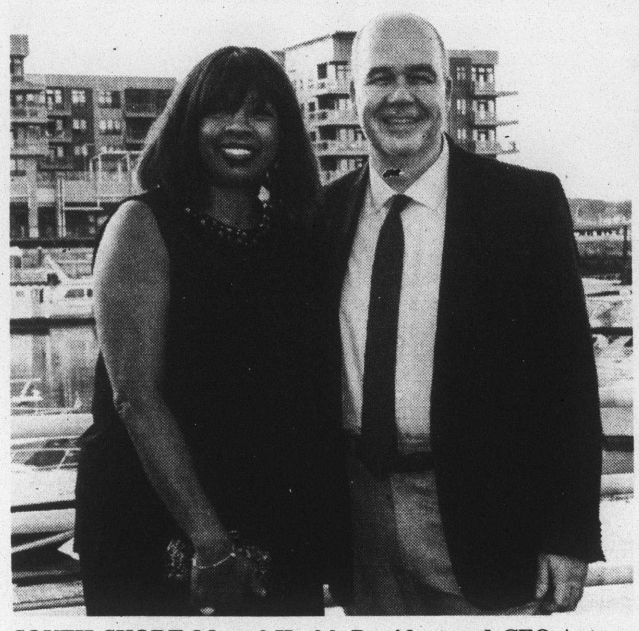
I add my voice to those who want the mascot of North Quincy High School to be changed. There are so many things that we in Quincy can point to with pride, such as our shoreline and maritime history, our shipyard, our quarries – why do we not commemorate some one of those?

I see the decal of the present mascot on the wall of North Quincy High School every week when I go there to tutor students. The caricature of the Native American now has a circle around it that says "A symbol of pride and excellence." I wonder why that ironic slogan was added, but if it was the result of some kind of compromise, the effect is the exact opposite of the (I suppose) intended one: visitors now see that we think demeaning a certain group of people is okay if we claim it's in support of some kind of lofty ideals. This mode of thinking was never okay, but is increasingly harmful and embarrassing as times change.

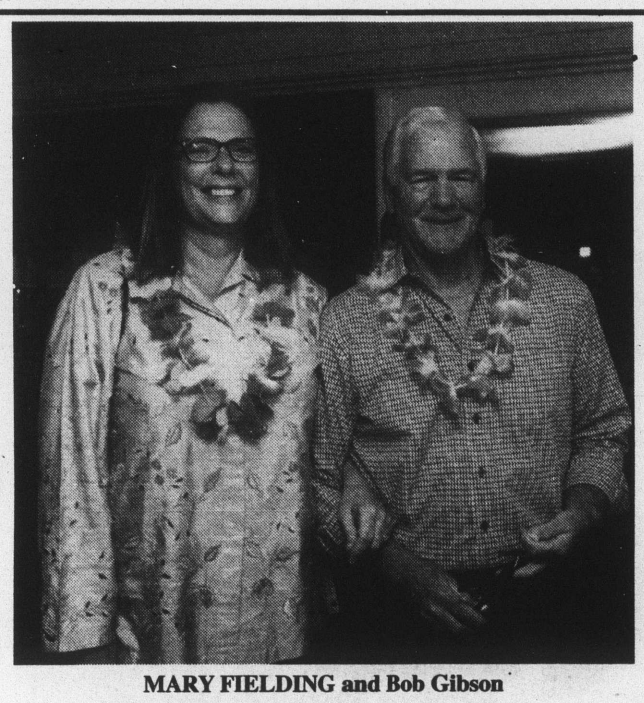
Quincy is changing, people. Quincy must change. But Quincy will not be a truly twenty-first century city until we retire this dated mascot and put something in its place that we can all be proud of.

Susan Bill
North Quincy

Other Letters On Page 10, Page 14



SOUTH SHORE Mental Health President and CEO Antony Sheehan with wife Andrea Sheehan.



MARY FIELDING and Bob Gibson

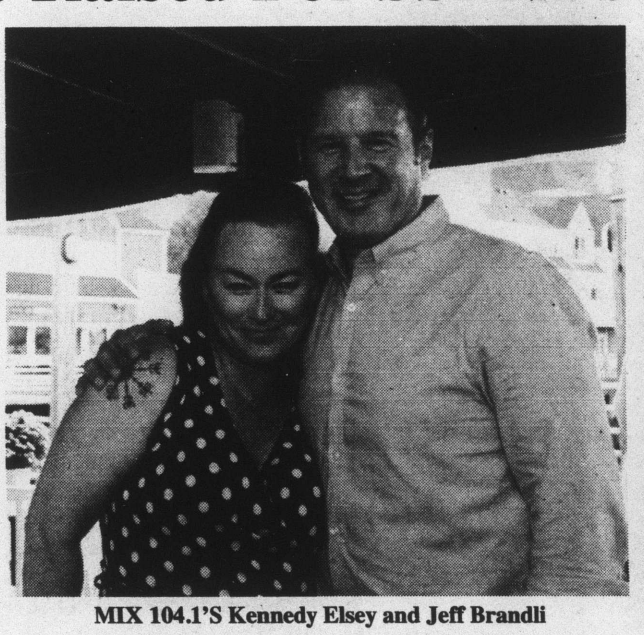
SUSAN BAKER and Margaret Carr

$12,000 Raised For SSMH's Step One Early Intervention

Siros Restaurant and Mix 104.1's Kennedy Elsey recently hosted a party to raise funds for the construction of a therapeutic playground for the children of South Shore Mental Health's Step One Early Intervention program.

The play-themed party, complete with Giant Jenga along the boardwalk, brought in friends, supporters, and neighbors who stopped by to sample the menu and learn more about the non-profit's program's for children.

"The Step One Early Intervention team has been doing incredible work with families since the 1950's," said South Shore Mental Health President and CEO Antony Sheehan. "Through the generosity of all here tonight, our goal to build a natural and therapeutic play space is now within reach, and for that we are ever so grateful."



MIX 104.1'S Kennedy Elsey and Jeff Brandli

Located on Moon Island and serving clients from Quincy, Milton, and Randolph, Step One serves families of infants and toddlers with developmental disabilities, developmental delays, and environmental or biological risk factors. The team includes developmental educators, speech pathologists, social workers, licensed mental health counselors, teaching assistants, nurses, and physical, occupational, and music therapists. All work collaboratively with parents and outside care professionals to conduct developmental assessments and design care plans to best meet their children's needs.

To learn more about Step One, visit http://www.ssmh.org/our-programs/for-children-families/early-intervention/.

PAULA TYACK, Kathryn Kreidler, Camille DeCaro and Jamie DeCaro

BOB CONRAD, Paul McCourt, Paul Shaw and Denise Shaw.

Photos courtesy Deb Pasquale Photography

Squantum Fair Nov. 4

The Seaside Gardeners of Squantum will host its annual Faire for All Seasons Saturday, Nov. 4 from 10 a.m. to 2 p.m. at the Kennedy Senior Center, 440 East Squantum St., Quincy.

Lunch will be available at Pat's Cafe from 11:30 a.m. to 1:30 p.m.

There will be baked goods, crafts, and holiday items for sale at the Faire.

All are welcome.

Lois Hirshberg, Janice Hank and Joanne Moses.

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Public Access Channel 8	Government Access Channel 9
Thursday, October 26 7:00pm: Election Candidates Messages 9:00pm: QHS vs. Plymouth North Football	Thursday, October 26 6:30pm: FYI: QHD: Bedbugs 7:00pm: Media Advisory: Korean War Ceremony
Friday, October 27 11:30am: LIVE: Currently in Quincy 6:00pm: Election Candidates Messages	Friday, October 27 6:30pm: FYI: QHD: Asperger Syndrome 7:00pm: At the Kennedy Center: SHINE Program 8:00pm: In the Know: Election Preview
Saturday, October 28 1:00pm: QHS vs. Plymouth North Football 3:05pm: Halloween Costumes	Saturday/Sunday, October 28/29 2:00pm: At the Kennedy Center: SHINE Program 3:00pm: At the Library Concert: Jeff Snow 5:30pm: Quincy in Focus 7:00pm: Media Advisory: Korean War Ceremony
Sunday, October 29 10:00am: Bethany Congregational Church 11:30am: Good News	Monday, October 30 6:00pm: Crime Watch: Scenarios 6:30pm: FYI: QHD: Autumn Rakes & Pains 8:00pm: At Your Library: November
Monday, October 30 11:30am: LIVE: Currently in Quincy 7:00pm: Eye on Quincy (replay)	Tuesday, October 31 7:00pm: QRD TV Production Clinic 2017 8:00pm: At the Library Concert: Brad Ellenberg
Tuesday, October 31 5:00pm: Election Candidates Messages 7:00pm: Quincy Democrats Candidates Night	Wednesday, November 1 6:00pm: In the Know: Election Preview 7:00pm: At the Kennedy Center: SHINE Program
Wednesday, November 1 6:00pm: Good News 7:00pm: Election Candidates Messages	

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

Social

Quincy College 'Meet The Author' Night At Crane Library Nov. 1

Featuring Criminal Author Michele McPhee

Quincy College Quincy Campus in collaboration with Thomas Crane Public Library, will host a free and open to the community "Meet the Author Night" event Wednesday, Nov. 1 at the Crane Library, 40 Washington St., Quincy, as part of the campus' 25th anniversary celebrations.

Best-selling criminal author and emmy-nominated producer, Michele McPhee will speak about her latest publication: *Maximum Harm: The Tsarnaev Brothers, The FBI, and the Road to the Marathon Bombing* on Wednesday, Nov. 1 starting at 7 p.m.

In *Maximum Harm*, veteran investigative journalist McPhee unravels the complex story behind the public facts of the Boston Marathon bombing. *Maximum Harm* is a compelling examination of the Tsarnaev brothers' movements in the days leading up to the Boston Marathon bombing on April 15, 2013, the subsequent investigation, and the manhunt in which the authorities finally captured Dzhokhar, hiding in a Watertown backyard. McPhee untangles the many threads of circumstance, coincidence, collusion, motive, and opportunity that resulted in the deadliest attack on the city of Boston to date.

McPhee is a bestselling true crime author; three-time Emmy-nominated television investigative producer working with the ABC News Brian Ross Investigative Unit; award-winning magazine writer; newspaper reporter and columnist. She has written five true crime books: *A Professor's Rage*; *A Date With Death*; *Heartless - The True Story of Neil Entwistle and the Brutal Murder of His Wife and Baby*; *When Evil Rules*; and *A Mob Story*.

She has covered high-profile crime cases across the country and has been a commentator on breaking news for national programs on ABC World News Tonight, NBC Dateline, CNN; MSNBC; and the Fox News Network.

Quincy College's "Meet the Author Night" has brought notable authors to Quincy each fall and spring and have included such talent as Rick Beyer, author of *The Greatest Stories Never Told* series, Don Hussey, author of *Ticket to Ride*, Stephen Puleo, author of *Due to Enemy Action*, and Casey Sherman, author of *Boston Strong*.

A question and answer session and author signing will follow the Quincy College Meet the Author reading.

For more information about Quincy College's Meet the Author Night, visit:

http://www.eventkeeper.com/cham/ch_popevent.cfm?chamOrg=TCPL&EventID=5267084.

ENJOYING THE RECENT Sunset Hike in the Blue Hills are Heather, Tim, Nick, and Brooke Alden from Quincy. *Photo Courtesy Anne Comber*

Over 300 View Sunset Atop Great Blue

Despite the overcast weather, the clouds broke at exactly 5:58 p.m. on Saturday, Oct. 14 to allow more than 300 people to briefly glimpse a spectacular sunset during the Fall Foliage Sunset Hike in the Blue Hills Reservation.

Sponsored by the Friends of the Blue Hills and Blue Hills Ski, the event offered panoramic views from the summit of Great Blue Hill and then a night hike under the lights back down the mountain. Hikers were treated to hot cider and apples at the summit compliments of the Friends of the Blue Hills.

Beechwood Knoll Festival Saturday

Beechwood Knoll Elementary School will host the 20th Annual "Beechwood Knoll Fall Festival" on Saturday, Oct. 28th, from 11 a.m. to 4 p.m. at Beechwood Knoll School, 225 Fenno St., Quincy.

The BKS Fall Festival is the school's cornerstone fundraiser to raise funds to pay for books for our classrooms and library, computer equipment, educational materials, field trips and other classroom necessities.

There will be food, arts and crafts, games, cake walk, nails, tattoos and face painting, silent auctions, raffles, pony rides and kiddie carnival rides.

There will also be performances by Velocity Dance Studio, Brady Academy of Irish Dance and Best Taekwondo. New this year is "Touch a Truck," featuring dump trucks, police cars, police boats, fire engine and more. All are welcomed.

The festival will be held rain or shine.

Lions Club Breakfast Sunday

The Quincy Lions Club will host its annual Pancake Breakfast on Sunday Oct. 29 from 8 a.m. to noon at the Dining Hall located at 1000 Southern Artery.

Tickets are $5 for adults (Children 12 and under are free) and can be purchased at the door or online at www.quincylionsclub.com.

The event is open to the public and costumes are encouraged.

"Funds raised at the Pancake Breakfast will allow Lions to help meet needs in our community including providing vision exams and eyeglasses to those in need," said Quincy Lions Club President Joseph Doyle. "Lions members thank everyone who contributes to this important work. You are truly helping Lions make a difference in our community.

"We are especially grateful to our sponsors, without them we would not be able to carry on this event."

Pancake Level Sponsors are: Mayor Thomas P. Koch, Holmes and Edwards Inc. Architects, Lydon Chapel, 1000 Southern Artery, Stop and Shop and Hyatt Place Braintree. Syrup Level Sponsors include: City Councillor Brad Croall, NorthEast Community Bank, The Bureau Drawer Thrift Shop, and Mr. David Sawyer.

Lions clubs are a group of men and women who identify needs within the community and work together to fulfill those needs. For more information or to get involved with the Quincy Lions Club or to be a sponsor for the Pancake Breakfast visit www.quincylionsclub.com or simply email the club at quincyliosnclub@gmil.com.

Best Buddies Run/Walk Nov. 18

Runners and walkers of all ages and abilities are invited to participate in the 10th annual Milton 5K Gobbler for Best Buddies run/walk Saturday, Nov. 18.

The run/walk will commence at 9 a.m. at Cunningham School, 44 Edgehill Rd., Milton.

Prizes will be awarded to top finishers by age category in addition to the coveted Golden Gobbler trophies, which will be presented to the top fundraising individual and teams.

Last year, over 800 participants and supporters throughout Massachusetts turned out for the event, which raised over $45,000 for Best Buddies Massachusetts. One hundred percent of the proceeds from the event will help fund expansion of programs in middle school, high school and colleges throughout Massachusetts in addition to providing employment opportunities for individuals with intellectual and developmental disabilities.

Individuals and group on-line registration is free for walkers. To qualify for a Best Buddies t-shirt you must raise $50.

Registration for runners is $25 for those who wish to register with chip timing Bib. Runners who raise $50 (including $25 registration fee) receive a Best Buddies t-shirt.

To register visit: www.BestBuddiesFriendshipWalk.ORG/Milton.

Three On Labouré Dean's List

Three students from Quincy have been named to the Dean's List for the summer term at Labouré College in Milton.

They are:

Stacey L. Jackson, Christiana Tanah and Deborah Fitzpatrick.

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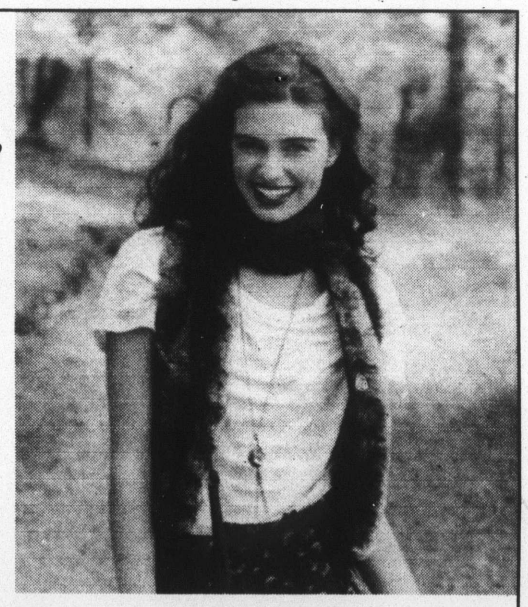
Fall into the New Season with a New Style!



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November Events, Activities For Children At Crane Library

By JULIE RINES
Thomas Crane Public Library

The Thomas Crane Public Library announces the following events and activities for children during November.

Music and Movement with Rubi

On Saturday, Nov. 4th at 10 and 10:30 a.m. sing and dance with Rubi Lichauco! Rubi brings her popular preschool program to Quincy so put on your favorite dancing shoes and join us for this lively mix of music and movement for children ages 0-4 accompanied by an adult.

This program has become so popular there isn't room to move and dance as we would like so we have decided to split the group in two. No registration is required; when the 10 a.m. session fills we will close the doors. Please spend some time in the children's room choosing books or playing with our early literacy activities while you wait for the 10:30 a.m. session. Thank you for your cooperation. We really think 2 smaller groups will make this program more fun for everyone.

Children's Movie Matinees @ North Quincy

Monday afternoons at 3 p.m. Join us at North Quincy for a movie matinee. Our movies for November:

• **Nov. 6th** – Captain Underpants Rated PG runtime 89 minutes

• **Nov. 13th** – Cloudy with a Chance of Meatballs Rated PG runtime 90 minutes

• **Nov. 20th** – Jumanji Rated PG runtime 104 minutes

• **Nov. 27th** – Because of Winn-Dixie Rated PG runtime 106 minutes

Preschool Discovery @ Wollaston

Drop by the Wollaston Library with your preschooler any time between 10 and 11 a.m. on Thursday, Nov. 9th to do some fun simple science together. Activities, experiments and instructions will be provided for science you can do with your child.

We're exploring space this month, looking at constellations, meteor impacts and the planets of our solar system.

This program does not require registration.

Science Saturday – Stop Motion Animation

Stop Motion Animation will be the topic of our November Science Saturday program. Join us on Saturday, Nov. 11th at 10 a.m. and learn how to make your own short stop-motion animated movie!

You will need to bring your own smartphone or tablet and we ask that you pre-load one of the many stop-motion apps available (Stop Motion Studio, iMotion, and PicPac are just a few) so you'll be ready to start as soon as you arrive.

We'll provide the stages to film at, toys to use, stands for your devices, and advice on how to make your own mini-movie. This program is suggested for families with children ages 4 and older.

Drop in Storytimes

Drop in storytimes are offered for babies and preschoolers weekday mornings beginning Nov. 13th. Stop by the library or check our website thomascranelibrary.org for details

Middle School STEAM

Students in Grades 5-8 are invited to join us on Tuesday, Nov. 13th at 2 p.m. for Middle School STEAM. This month we'll be exploring Engineering. Build a Rube Goldberg Device out of straws, pipe cleaners, dominoes and other simple materials that will ring a bell or drop a ball into a cup. Sounds easy? I wouldn't be so sure about that. Work on your own or with a group to create and test the most elaborate machine, can you change levels, add curves or loops?

Each month we will be exploring a different STEAM (science, technology, engineering, art and math) topic. We've planned the first couple of programs but we'd love to hear what you would like to do.

Book Clubs for Kids

Do you like to read? Would you like to talk to others about books? Then you will like our book discussion groups. Join us each month to discuss all kinds of books

Brand New! Chickadees Book Club for children in grades 1 and 2! This group works a little bit differently than our other book groups sort of a cross between book group and storytime.

The Chickadees will meet in five week sessions on Monday evenings at 6:30 p.m. in the Main Library children's room. During our first session (Nov. 13- Dec. 11) we will get used to the idea of reading and discussing stories to promote reading comprehension by reading a different story each week and discussing it.

As the year goes on we'll tackle longer books that will take the whole five weeks to read and discuss. Registration is required for the Chickadees and begins Tuesday, Oct. 31st at 9 a.m. online at thomascranelibrary.org, by phone at 617-376-2411 or in person at the Main Library Children's Room.

Questions? Call the Children's Room at 617-376-2411 and ask for Mrs. Miller.

The Night Owls Book Club for children in grades 3 and 4 meets on the 2nd Thursday of each month this month we'll be meeting on Nov. 9th at 7 p.m. to discuss Fortunately, the Milk by Neil Gaiman.

"I bought the milk," said my father. "I walked out of the corner shop, and heard a noise like this: t h u m m t h u m m. I looked up and saw a huge silver disc hovering in the air above Marshall Road."

"Hullo," I said to myself. "That's not something you see every day. And then something odd happened."

Find out just how odd things get in this hilarious New York Times bestselling story of time travel and breakfast cereal, expertly told by Newbery Medalist and bestselling author Neil Gaiman and illustrated by Skottie Young.

The Phoenix Book Club for children in grades 5-8 meets on the second Tuesday of each month to discuss a variety of books. The Club will meet on Tuesday, Nov. 14th at 7 p.m. at the Main Library.

This month we will be discussing Monsters. Werewolves, vampires, zombies, ghosts, cryptids of all kinds - read a book about a supernatural creature for November. It could be a scary book to keep you up at night, or it could be a silly take on a normally frightening monster. Find a book with a creepy creature and come tell us all about it.

Too busy to join us this month? Stop by the library anytime to find out about when we'll be meeting next.

Childrens Movie Matinee @ Adams Shore - Ratatouille

Join us at the Adams Shore Branch on Thursday, Nov. 16th at 2 p.m. for a showing of Ratatouille.

Despite his sensational sniffer and sophisticated palate, Remy's dreams of becoming a chef seem hopeless due to one small detail--he's a rat! Through a twist of fate, he ends up in the world-famous restaurant of his late hero, Auguste Gusteau. With a dash of culinary courage and the help of garbage boy Linguini, Remy whips up exquisite meals that impress even the nasty chef Skinner and food critic Anton Ego. Together they conquer the kitchen and prove that big dreams can come true no matter how small you are.

Rated G Runtime 111min

Saturday Storytime with Big Ryan

Join us on Saturday, Nov. 18th at 10 a.m. in the large meeting room at the main library for Big Ryan's Tall Tales. Ryan is a family favorite with his program of original stories, silly hand puppets, a bit of music and movement and a whole lot of fun!

This program is recommended for children ages 2-5 accompanied by an adult.

Dungeons and Dragons Encounters

New and experienced players ages 10 to 15 are invited to join us on Tuesday, Nov. 21st at 7 p.m. in the Main Library Children's Room for this introduction to D&D 5th edition game play. Take on the role of a fantasy hero in this monthly Dungeons and Dragons game.

We will help you customize an Adventurer's League D&D character you can use both in our monthly adventures and at other D&D Organized Play.

Your group of adventurers will start out at level one and take on the module from the 5th Edition D&D Starter Set. Unravel the mysteries of the Lost Mine of Phandelver and what monsters and treasures lie within!

Saturday Storytime @ North Quincy

Join children's librarian Cathy deVeer and Quinn Z. Bear at the North Quincy Branch, on Saturday, Nov. 25th at 10 a.m. for Dinosaur stories, songs and more.

This program is for children ages 2-5 accompanied by an adult No registration required.

Preschool Discovery @ North Quincy

Drop by the North Quincy Library with your preschooler any time between 11 a.m. and noon on Saturday, Nov. 25th to do some fun simple science together. Activities, experiments and instructions will be provided for science you can do with your child.

We're exploring space this month, looking at constellations, meteor impacts and the planets of our solar system. This program does not require registration.

All programs sponsored and supported by the Friends of the Thomas Crane Public Library.

'Haunted Hallway' At QHS Friday

The public is invited to Quincy High School on Friday, Oct. 27 for the Student Council's annual "Haunted Hallways" from 5:30 to 8 p.m.

Admission is $6 per child but if you bring a pack of new socks to for the council's Socktober Charity Drive you will receive a $1 discount. All socks will be donated to a homeless shelter

Haunted Hallways this year will include trick-or-treating down the halls of Quincy High School, a Spooky Haunted House, games such as pumpkin bowling, cookie decorating, pumpkin painting and much more.

The event is open to elementary aged kids and younger.

WHAT'S COOKING with *Marie & Suzie*

By MARIE D'OLIMPIO and SUSIE FALCO

Lasagna Spinach & Sausage

By MARIE

If you like lasagna then today's recipe for spinach-sausage lasagna all made in one pan is one you are really going to enjoy.

I found this recipe recently in a magazine and thought it was one for all of my readers. This recipe is so easy to prepare and a true comfort food - how good does that sound?!

When I prepared this dish, used a cast iron pan but any skillet will do.

RECIPE

1 pound of Italian sausage, skinned
8 lasagna noodles uncooked and broken into pieces
1 28 ounce can of crushed tomatoes (any favorite)
1 8 ounce can of tomato sauce (I used Hunt's)
2 cups of fresh spinach, uncooked
½ cup Ricotta cheese
4 ounces of mozzarella cheese, sliced
Salt and pepper to taste
¼ cup grated Romano or Parmesan cheese

Cook sausages over medium heat, stirring and breaking into pieces until browned and crumbly. This takes about 5 to 7 minutes.

Pour off the excess grease and stir the cut up noodles into the sausage.

Stir in tomatoes and tomato sauce and bring to boil. Reduce heat and simmer covered, stirring occasionally until noodles are cooked and sauce is thickened. This takes about 25 minutes.

Stir in spinach until lightly wilted then stir in Ricotta and Mozzarella cheese and salt and pepper.

Cover and remove from heat, let stand for 5 minutes. Then top with grated cheese! Enjoy!!

Meat Loaf

By SUSIE

Meat loaf can be a healthy (and delicious) comfort food, especially when made with some extra veggies and the bread crumbs are nixed.

Here is a yummy and healthy one. Feel free to substitute grass fed ground beef if you prefer. Add more spices if you like! (My kids like when I add Siracha sauce to this recipe....also use organic ingredients when available for a healthier meatloaf.)

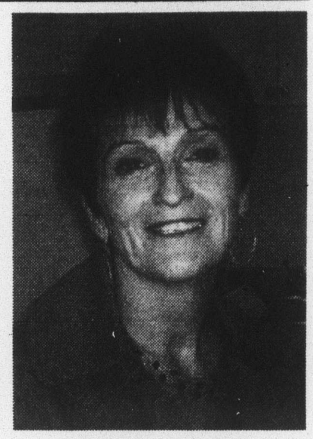
One of my tricks when making this is to break off a little piece when all mixed and fry in a small pan until done to taste if there is enough salt/seasonings. If not enough, just add a bit more! (Always start small because you can't take it out once its in there!)

1 lb organic ground turkey
2 tablespoons olive oil
1 medium onion, chopped fine
1 medium red pepper, chopped fine
2 garlic cloves, minced
4 small mushrooms, chopped fine
1/2 cup shredded zucchini
2 eggs
1/4 cup tomato paste
1/2 cup coconut flour (takes place of the breadcrumbs)
1/4 cup fresh chopped parsley
1 teaspoon dried thyme
1 teaspoon cumin
1 tablespoon Dijon mustard
Sea salt and pepper

Saute' onion, pepper, and mushrooms for about 5 minutes until slightly browned in a bit of olive oil. Let cool.

Mix everything together and knead all ingredients well and place in a nice even mound on parchment paper on a cookie sheet. Bake about 45 minutes until cooked through. Let sit about 5 minutes before cutting.

Halloween Tips For Kids With Sensory Issues



RUTH JONES

By RUTH JONES
BSN, RN, BC, CP-F

Halloween can be taxing for kids with sensory processing issues. From uncomfortable costumes to sudden noises and spooky music, triggers may be lurking in unexpected places!

Halloween, with its literal parade of new faces, uncomfortable costumes, and loud unpredictable elements, can be a source of stress for a child with sensory concerns, but it doesn't have to be totally avoided. When things are too loud, bright, or unfamiliar, kids with sensory issues often shut down or melt down or both, however, with a little planning and creativity, you can circumvent Halloween's potential problems and make it a pleasurable experience for your child.

Find the perfect Halloween Costume

When it comes to costumes, there's more to contemplate than what your child wants to dress up as. Do a sensory inventory, reflecting on a child's sense of sight, hearing, touch, smell, movement, and body awareness when prepping for Halloween. It's crucial to think about how a costume feels, fits and smells, too. Think through all the senses. Figure out what may be the root of the most sensory stress for your child and modify accordingly. If a costume is tight, scratchy, or slippery, or if has a strong odor, it could bother a child with sensory processing problems.

Here are some ways to make dressing up simpler:

•Let your child touch costumes in the store. It helps to know if the fabric is stiff or too scratchy before you buy it.

•Wash a new costume a few times to soften the fabric before your child wears it.

•Avoid masks or face paint if your child is sensitive to smells and textures. Masks can irritate a child's face, and many kids with sensory issues can't tolerate face paint. Masks that narrow or limit a child's vision can obstruct not only the child's line of sight, but also can hinder balance and movement, causing inherently challenging tasks like going up or down stairs to be even more complex.

•If your child is sensitive to noise, the sound of his own breathing inside a mask may be an issue. If he wants to wear a mask, have him test it out at the store for a few minutes before buying it.

•Encourage your child to practice wearing his costume for increasing lengths of time in the days leading up to a party or trick-or-treating.

•Have your child wear comfortable clothes or pajamas under his costume. This may help him feel more at ease in his Halloween outfit.

Keep in mind, simple costume ideas. A soft bath towel can make an awesome cape. If your child is sensitive to noise, noise-cancelling headphones could be the perfect foundation for a construction worker or air traffic controller costume. You could even attach ears to a favorite hoodie and a tail to some sweatpants, making your child a cat, dog, rabbit or other animal.

Trick or Treating

Trick-or-treating can also be difficult for kids with sensory processing issues. When trick-or-treating, keep it familiar and stay close to home. Go to a small number of the neighbors that your child knows well, and then abide by your child's cues, letting you know when they have had enough. Noisy crowds of kids and flashing decorations may initiate sensory meltdowns. You may want to have a code word or signal to use if your child feels overwhelmed and discuss what you'll do when the signal is utilized.

Trick-or-treating also tends to contradict stranger safety lessons. This can be complicated for kids with sensory processing concerns, who can have trouble with social rules. Assist your child in understanding that even though it's Halloween, the rules are still the same. Here are some other ways to help manage trick-or-treating trouble spots:

• Map out and practice the route with your child ahead of time so it feels comfortable.

• Go out at dusk or before the streets get very dark and crowded.

• Bring a flashlight.

• Pull your younger child in a wagon or let your older child ride their bike to avoid having other kids crowd or bump into him.

And remember that if trick-or-treating becomes too much for your child, you can always bring them home to pass out candy to other kids.

Maintain Routines

It's easy for Halloween festivities to throw routines off-track, but refrain from staying out trick-or-treating past bedtime or to packing too many exciting activities into the day. When something disrupts normal routine it can result in a meltdown and stress both the child and parents. Aim for celebrating Halloween without too much interruption of customary activities.

Keep things as calm as possible and help your child stay centered and focused by practicing calming activities that can be done before or during the festivities. Calming the child's mind with quiet and encouraging words and teaching the child to calm his or her own body is valuable.

When celebrations get too loud or the procession of trick-or-treaters ringing the doorbell begins to overwhelm a child with sensory issues, everybody benefits if you step away from the stressful situation. This can mean taking a break from trick-or-treating; heading into a quiet room, or just talking to them in a comforting voice and following their lead for what they would prefer to be doing.

If your child doesn't feel contented with typical Halloween traditions, consider creating new ones. You could watch Halloween specials together or go out to dinner at a favorite restaurant. You could even attempt to organize an afternoon neighborhood costume parade.

The sights, sounds and traditions of Halloween can be trying for kids with sensory processing issues. And it may be tempting to skip costumes and trick-or-treating completely. But by discussing and troubleshooting common concerns, you can help make Halloween less scary and more entertaining for your child.

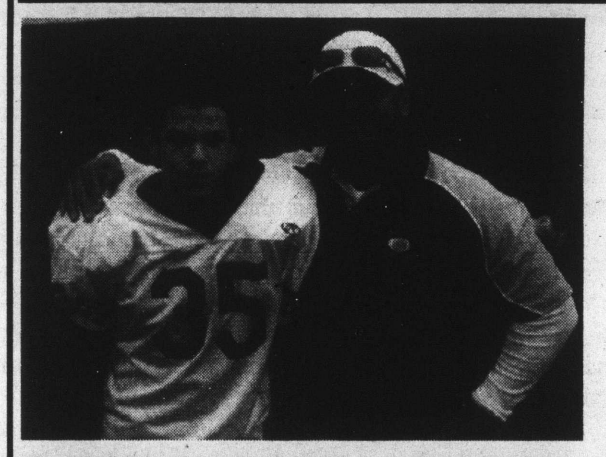
Ruth Jones is the director of Nursing for the City of Quincy Health Department.

POLITICAL ADVERTISEMENT

POLITICAL ADVERTISEMENT

POLITICAL ADVERTISEMENT

Councilor-At-Large Noel DiBona: Mentoring Our Children



I coached Garrett Cronin in 2011 for the Quincy Point Panthers Youth Football team. I helped shape and mentored him and in 2016 he graduated from Quincy High School. Garrett is now in an apprenticeship program with IBEW Local 103.

Re-Elect NOEL DiBONA

★ Councilor-At-Large ★

I am a proud supporter and board member for the new "Play for All Playground" at the Fore River Field, that will have handicap accessibility and equipment for children with challenges and disabilities.

Last year, I was a senior camp counselor at the Norfolk County Sheriff's Youth Leadership Academy. I was happy to help Kiera and Kaylee Sleiman on the ropes courses.

I will continue to advocate for our children and enjoy sponsoring youth teams throughout the City of Quincy.

I humbly ask for your vote on Tuesday, Nov. 7th

Paid for by the Committee to Re-Elect Noel DiBona, 70 Chickatabot Road, Quincy, MA 02169

READERS FORUM

Mascot Names Do Not Conjure Up Hatred

With all due respect to the folks who authored the lengthy article trashing the two high school sports teams mascots, are you serious?

This is another instance of people who want to revise history for whatever convoluted reasoning. They would have us believe that we must not be identified with "Colonialists" John, Abigail, John Quincy and Katherine Adams who all fought for minority rights during their lifetime. The fact that a father and son, from the same city, went on to become President of the United States, in your reasoning, should be ignored. I'm surprised that the author(s) of the article didn't include changing the name of the City. Perhaps that's next.

Maybe the author(s) is not a big sports fan but the reason Native Americans are chosen as school mascots is because they are held in high esteem for their perseverance, loyalty and hardiness. It is an honor to be associated with a people of that character. The facts are, that as much as you personally want to discredit what has happened in the past and forgetting the good that has evolved, you will never be able to deny history. Names of school mascots do not conjure up hatred as you would have people believe, but pride. Finally, I don't believe students spend a lot of time agonizing over the name of their school mascot. I suggest you get over it.

Edward Spring
Ridgeway Drive
Quincy

Granite Railway Quarry Walk Nov. 4

The Quincy Quarry and Granite Workers Museum and DCR (Department of Conservation and Recreation) will be holding a quarry walk Saturday, Nov. 4 at the historic Granite Railway Quarry.

The City of Quincy, known as the Granite City, had over 50 granite quarries operating in its heyday. Quincy granite was greatly valued, providing stone for some of the most impressive granite buildings, monuments, sculptures and fortifications across the nation. The Granite Railway Quarry was one of the largest suppliers of granite spanning many years of operation. The walk will include turn-of-the-century photos of site locations on the walk.

The quarry walk will be over rocky terrain and be subject to weather conditions and terrain conditions.

Meet at the paved parking lot at the crest of the hill on Ricciuti Drive, West Quincy on Saturday, Nov. 4, 10 a.m. to noon.

For further information call the Museum at 617-472-1322

Christmas Poster Contest Underway

Quincy Access Television in partnership with the Christmas Festival Committee is sponsoring the annual "Christmas Poster Contest."

Students in Grades 1-5 from Quincy Public Schools and Quincy Catholic Academy are currently hard at work creating their poster entries, with the Christmas Parade theme in mind. This year's parade theme is "The Legend of Christmas in Story and Song."

The Christmas posters will be judged by members of the Quincy Art Association; Tony Andrade, Art Director and Phyllis Andrade.

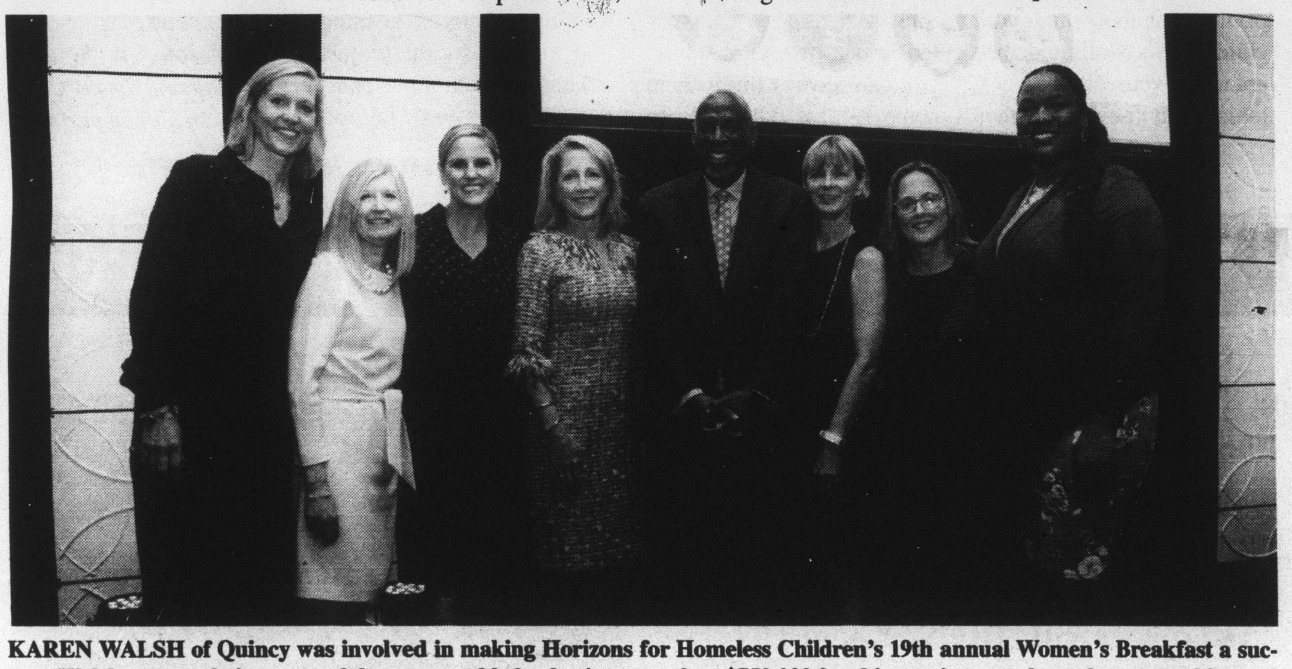
There will be two categories of winners, three winners from Grades 1-3 and three winners from Grades 4 and 5.

Prizes to be awarded are as follows: 1st place $100, 2nd place $75 and 3rd place $50.

Quincy Access Television will hold a celebratory evening for the winning students and their parents on Thursday, Nov. 16. Students will receive their prize money and be interviewed about their artwork for our magazine show *Quincy in Focus*, which will air on Channel 8 over the holidays.

Winning students will also be invited by the Christmas Festival Committee to ride in the Christmas Parade on Sunday, Nov. 26, and their posters will be on display in the windows of The Quincy Sun over the holidays.

Quincy Access Television is pleased to sponsor this exciting contest, and wishes all participating students the best of luck on their poster entries.



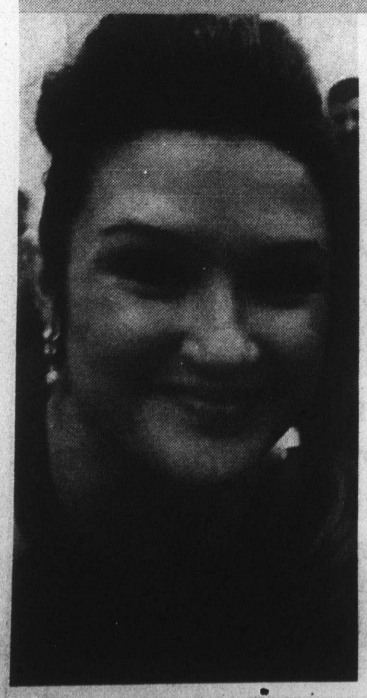
KAREN WALSH of Quincy was involved in making Horizons for Homeless Children's 19th annual Women's Breakfast a success. Walsh was co-chairperson of the event and helped raise more than $750,000 for this year's event through sponsorships and gifts. More than 900 people attended – the most in the event's history – and watched as First Lady of Massachusetts Lauren Baker was awarded for her dedication to serving at-risk children. She was followed by education activist Geoffrey Canada, who delivered an emotional, fun and inspiring keynote address.From left to right: Michelle Hicks, Karen Walsh, Trenni Kusnierek, First Lady Lauren Baker, Geoffrey Canada, Mary Lou Sudders, Kate Barrand and Shakurah Hairston.

Photo Courtesy Caitlin Cunningham Photography

DOVE
Domestic Violence Ended

Many survivors share that emotional abuse feels worse than physical abuse

Written by Jen Bolton,
DOVE's Senior Manager of Education & Prevention



We have all heard that childhood mantra "sticks and stones may break my bones, but words will never hurt me." It's easy to think that if someone says something hurtful or upsetting we can just brush it off and ignore it. But when those words come from your partner, the person that is supposed to support us, encourage you and lift you up when you are down, the toll can be immeasurable.

At DOVE, we get calls from people wanting to know if they can still meet with a counselor even if their partner has never physically hurt them. We know that a relationship can be just as controlling, manipulative, scary and abusive even if there has never been a single act of physical violence.

Abusive relationships are defined by one person trying to have power and control over another. Often this begins with breaking down someone's self-esteem and causing them to question their self-worth. This can be overt emotional abuse such as telling someone they are a terrible parent, they are lucky that their partner puts up with them, or that no one else would want to be with them. It can also be more subtle, like putting down someone's friends, or their job or what the activities they enjoy doing. Often people that are abusive also attempt to isolate their partner by turning them against the people that support them such as friends and family. You may start to feel like you are crazy, alone or that everything is your fault. If you notice any of these patterns in your relationship, you may be experiencing abuse. You are not alone, we are here to help.

Social Security Matters

SSDI And The Ticket To Work Program

By RUSSELL GLOOR
AMAC Certified Social Security Advisor

Dear Rusty: I am 60 and currently getting Social Security Disability, but I would like to return to work as much as possible. I am concerned with how my earned income would affect my Social Security at age 65 (or even at age 70). I understand that Social Security has a "trial work" program that allows me to keep receiving disability for a while, to allow me to test my physical limits. I wish to make sure that my Social Security Disability does NOT automatically convert to the standard (early) benefit at age 62 (Ouch!). I read something about a 96 month period that is crucial. So many factors involved, so I wish to make the right decision. **Signed:** ***Wanting to Work While Disabled.***

Dear Wanting: Social Security Disability Insurance, or SSDI, provides eligible disabled workers with a financial lifeline in return for the insurance premiums they've paid into the program during their working years. Although the criteria are stringent, once awarded the benefit provides income to partially replace earnings that are lost due to a long term disability. Social Security encourages those receiving SSDI benefits to eventually return to the workforce and offers a "Ticket to Work" program to help achieve that goal. This program gives you the chance to test your ability to work for at least nine "trial work months" during a 60 month period, and during this trial work period you'll receive your full SSDI benefit regardless of how much you earn. Briefly, any month you earn more than $840 (for 2017) counts as a trial work month. After you have reached nine trial work months, you can still receive your SSDI benefits for another 36 months, except that you won't receive benefits for any month that your earnings exceed what Social Security considers "substantial", which for 2017 is $1,170 (note that these dollar amounts can change annually). If your benefits stop because your earnings regularly exceed "substantial", and within 5 years you are again unable to work due to your disability, your disability benefits can be restarted (without having to re-apply). You can get full details about the Ticket to Work program by going to https://www.ssa.gov/pubs/EN-05-10095.pdf, but this program should allow you to work and test your physical limits without a negative impact to your Social Security benefits.

To address a few of your other concerns: Your earnings from attempting to return to work while disabled shouldn't negatively affect your future Social Security retirement benefit at your full retirement age. Your disability benefits will not automatically convert to early retirement benefits at age 62, but they will automatically convert to retirement benefits when you reach your full retirement age (which is 66 years plus 6 months if you were born in 1957). However when they convert, your benefit amount will remain the same as you were receiving in disability benefits. If you are on Medicare and your benefits stop as a result of exceeding the substantial earnings limit, as long as you are still disabled your free Medicare Part A coverage will continue for at least 93 months after the 9 month trial work period. However, you will still have to pay a Medicare Part B premium in order to receive Part B coverage.

The information presented in this article is intended for general information purposes only. The opinions and interpretations expressed are the viewpoints of the AMAC Foundation's Social Security Advisory staff, trained and accredited under the National Social Security Advisors program of the National Social Security Association, LLC (NSSA). NSSA, the AMAC Foundation, and the Foundation's Social Security Advisors are not affiliated with or endorsed by the United States Government, the Social Security Administration, or any other state government. Furthermore, the AMAC Foundation and its staff do not provide legal or accounting services.

The Foundation welcomes questions from readers regarding Social Security issues. To submit a request, contact the Foundation at info@amacfoundation.org.

Ward Council Candidates Discuss Energy, Environment

By SCOTT JACKSON

The candidates in the three contested races for ward councillor seats in next month's municipal election discussed energy and environmental policy during a recent forum.

The candidates in the running for the Ward 1, Ward 5, and Ward 6 seats on the council in the Nov. 7 election all spoke at the Oct. 19 candidates night hosted by the Quincy Climate Action Network at the United First Parish Church. Maggie McKee, a science writer and QCAN member, moderated the event.

In the race to represent Ward 1, former School Committee member David McCarthy is facing off against Joseph Murphy. The two are competing for an open seat because the incumbent councillor, Margaret Laforest, is running at-large.

In Ward 5, incumbent Kirsten Hughes is opposed by Michael Hurley. Hughes was first elected to the seat in 2011.

In Ward 6, incumbent William Harris is up against challenger Herbert Alie Shaughnessy III. Harris was appointed to the seat in April 2016.

The six candidates took the stage at the same time during the Oct. 19 forum, and fielded the same questions from McKee.

She first asked the candidates why a voter whose main concern is climate change should vote for them over their opponent.

McCarthy pointed to his tenure on the School Committee. He said he supported the installation of solar panels on school roofs and believes more progress can be made by modernizing the schools' systems, such as timers.

"I think my experience over the last 12 years – really the last five or six solidly on the School Committee – brought us into a vision of making sure our schools and our public buildings were energy-efficient, and the administration has been very supportive," McCarthy said.

Murphy said the city has been too casual about climate change and said he would take it more seriously.

"I'm scared to death of climate change. We have been too casual about it," Murphy said. "'An Inconvenient Truth' is I don't know, 15 years old now, 10 years old, how long is it going to take before we take it more seriously? In my opinion, the reason you should vote for me is because I'm going to take it a lot more seriously than the current administration."

Hughes said she has supported a number of items important to QCAN during her time on the council, including funding for flood control projects and school building repairs, the ongoing conversion of street lights to LEDs and a resolution asking the city to consider purchasing electric vehicles.

"Simply put, I've voted in support of things that matter to QCAN, that matter to activists in this neighborhood and in the city, for things that matter and are going to make a difference," Hughes said. "Why vote for me on this? Because I have voted for you."

Hurley said he has spent the past 21 years working for the Massachusetts Department of Environmental Protection, where he has worked on air programs, waste programs and vehicle programs. Locally, he was involved in the city's recycling commission.

"I have pretty much spent my entire working career working on these issues," Hurley said. "I was on the Quincy Recycling Commission and I was eventually the chair of it when we did the new bins. I have an entire career's worth of experience in these matters."

Harris said he would support a plan to identify locations suitable for generating renewable energy, such as places to put new solar panels.

"I want to know if the city has any vacant or underused parcels of land where we can increase our solar usage," Harris said. "We've done a good job getting them on our schools, but where else? What about our other public facilities? What about our parking lots?"

Shaughnessy questioned why Quincy waited until this year to begin converting its street lights to LEDs.

"Just this year we started to do it here in Quincy," Shaughnessy said. "I have to ask and I wonder why did it take 12 years before they started the program here in Quincy. I think it's a great idea – I wish that 12 years ago we had done that."

McKee next asked the candidates which steps Quincy should take to combat climate change that it's not already doing.

McCarthy said Quincy should partner with neighboring communities and take a regional approach.

"We should also look to Braintree and Weymouth and regionalize, work together. I know we do some things in regards to buying supplies for the schools and other regional things for Braintree and Weymouth," McCarthy said. "I think that would a good move to work together also on new ideas that we can all jump in on and work together with."

Murphy said Quincy needs to improve its infrastructure to promote walking and bicycling.

"We need to make the city more bikeable and more walkable. Every time we do a road project we need to be thinking about how do we make this road more bikeable and walkable so people can get around town," Murphy said. "We're going to lower our greenhouse gasses. We're going to lessen congestion in our roads in our parking lots, and we're going to have a healthier citizenry."

Hughes said the city's ongoing study of improvements to Blacks Creek – meant to both enhance the vitality of the estuary and increase flood protection for the surrounding neighborhoods – is a major step in the right direction.

"There is a plan in place now to look at what kind of improvements we can make down there," Hughes said. "I think that that's an enormous step in the right direction to ensure that we are headed in the right direction."

Hurley said more than a single step is needed.

"It's not one single thing. It's everything," he said. "If we're going to get new cars, we're going to get electric vehicles. If we're going to build a new building, it's going to be specced out from the very beginning to be LEED certified. We're going to use geothermal for heating and we're going to have solar panels on the roof. We should probably look again at the issue of windmills."

Harris said he has worked with state lawmakers on alternative means of transportation, including the Marina

Cont'd On Page 14

POLITICAL ADVERTISEMENT

POLITICAL ADVERTISEMENT

POLITICAL ADVERTISEMENT

Emily
LEBO
School Committee

WHY YOUR SCHOOL COMMITTEE VOTE MATTERS . . .

Good Schools
➤ Strong school system = strong property values

Good Education
➤ A good education = a good future for all

Good Budget
➤ QPS budget is the largest portion of the city budget = access to a quality education for all children

WHY YOU SHOULD VOTE FOR EMILY . . .

Experienced
➤ Quincy School Committee Member 6 years - present
➤ Licensed Quincy Public School Teacher 12 years
➤ Licensed School Administrator Quincy/Boston 16 years

Invested
➤ Grandparent of 6 children enrolled in 4 Quincy Public Schools
➤ Quincy homeowner 42 years
➤ Parent of 3 sons, also Quincy homeowners

A Leader
➤ Developed the Quincy Evening High School
➤ Returned Libraries and Technology Education to all middle schools
➤ Established the first Teaching/Learning and Athletic Subcommittees

PROUDLY
Endorsed by
Quincy Education Association

PLEASE VOTE ON TUESDAY, NOVEMBER 7!

Committee to Elect Emily Lebo

@EmilyLeboForQuincySchoolCommittee
E-mail: *leboforquincy@gmail.com*

Montclair School Shopping Expo At Quincy High School Nov. 18

The Montclair Elementary School in Quincy will hold its sixth annual Holiday Shopping Expo and school fundraiser Saturday, Nov. 18 from 10 a.m. to 4 p.m. at Quincy High School, 100 Coddington St.

The event will feature more than 80 local regional crafters and vendors and will include fun activities for the entire family.

Santa and Mrs. Claus are expected to visit and be available for meet-n-greet between noon and 2 p.m. Be sure to bring your camera.

There will also be raffle baskets valued at over $7,000 in goods and services from Quincy and other area businesses.

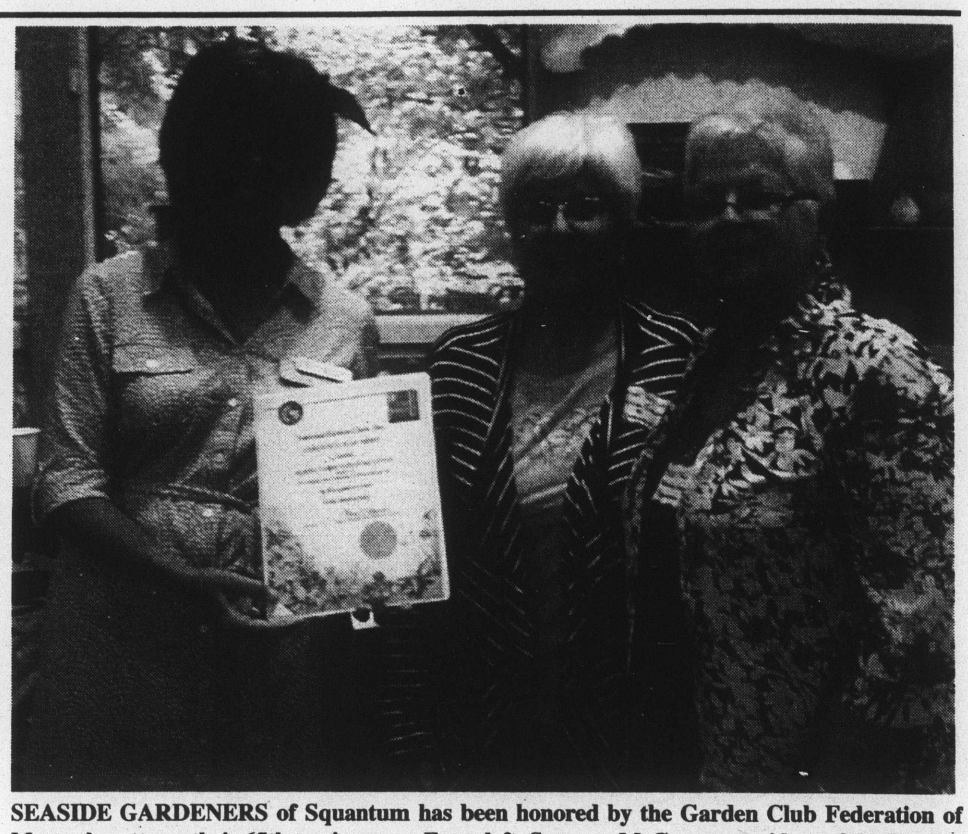
The full service Presidents Cafe will also be open all day.

Parking is free and the high school is a 3 to 5 minute walk from the Quincy Center T Station.

SANTA AND MRS. CLAUS will visit with children for a few hours during the Montclair School Holiday Shopping Expo at Quincy High School Saturday, Nov. 18.

Organizers from Montclair Parent Teacher Organization will be onsite to welcome fair goers.

Admission is $3 (children under 12 are free) and benefits the students of Montclair Elementary School by supporting a variety of enrichment programs throughout the year.



SEASIDE GARDENERS of Squantum has been honored by the Garden Club Federation of Massachusetts on their 65th anniversary. From left: Suzanne McCance, president of the Garden Club Federation of Massachusetts; Sandra Sumner and Patricia McGilvray, co-presidents of the Seaside Gardeners of Squantum. *Photo Courtesy Pat Herbert*

Fall Fair Nov. 4 At First Church Of Squantum

A Fall Fair will be held at the First Church of Squantum,164 Bellevue Rd., Quincy, on Saturday, Nov. 4.

The fair will feature a variety of vendors including LuLaRoe, and Play All Day Designs. There will be a Grandma's Attic sale, and a variety of baked goods for sale.

Coffee and pastries will be served from 9:30 to 11 a.m. with a luncheon to follow. The fair hours are 9:30 a.m. to 2:30 p.m.

Reagle Players Christmas Show Dec. 10

The Quincy Council on Aging will travel to Waltham on Sunday, Dec. 10 for one of the area's most enduring holiday traditions, "It's Christmas Time" with the Reagle Players.

With a wonderful cast of dancers and musicians, the "Christmas Time" show is a spectacle of sight and sound. The Nativity scene is especially wonderful and the show itself has been called "A Christmas card celebrating the joys of the season."

After the show the group will travel to the Chateau Restaurant in Braintree for a dinner of baked haddock St. Germain, broiled marinated chicken, or chicken parmigiana with penne. Meal also includes a fresh garden salad, Italian bread and butter, delicious dessert and a beverage.

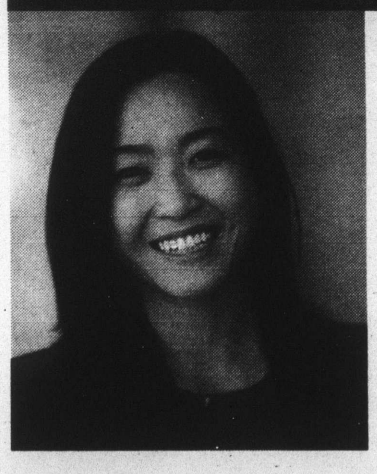
Cost of the trip is $119. Bus will leave Kennedy Center at 11 a.m. and return at 6:30 p.m.

To register for this trip visit the Kennedy Center at 440 East Squantum St., Quincy. For more information call the Kennedy Center at (617) 376-1506.

POLITICAL ADVERTISEMENT

NINA LIANG

Councilor At-Large



As your City Councilor I am committed to...

Providing tax relief by working to pass a Residential Property Tax Exemption for homeowners.

Addressing traffic and parking issues in every neighborhood.

Supporting a vibrant Quincy by standing up for our neighborhoods and working with our civic associations.

Increasing engagement for all residents in the work of City Hall.

I respectfully ask for your vote on November 7th.

Nina Liang

Paid for and Authorized by the Committee to Elect Nina Liang

POLITICAL ADVERTISEMENT

MARK SAUTER
SCHOOL COMMITTEE

Committed to Quincy

- Parent to two young children
- President of the Merrymount Association
- Public servant – Federal Attorney
- Endorsed by the Quincy Education Assoc.

Sixth on the Ballot, Vote November 7!

www.marksauter.com Facebook @VoteSauter
votesauter@gmail.com

Paid for by the Committee to Elect Mark Sauter 76 Longwood Road, Quincy, MA 02169

Council At-Large Candidates Address Climate Change

By SCOTT JACKSON

The six candidates running for the three at-large seats on the City Council discussed climate change during a recent forum.

The candidates all took the stage at the Quincy Climate Action Network's forum on Oct. 19 at the United First Parish Church. Maggie McKee, a science writer and QCAN member, moderated the event.

Incumbents Noel DiBona and Nina Liang, Ward 1 Councillor Margaret Laforest, School Committee member Anne Mahoney, former councillor and public works commissioner Daniel Raymondi and first-time candidate Stephen Tougas are running for the at-large seats on the council. The top three vote getters in the Nov. 7 election will win two-year terms.

McKee asked the candidates to identify the most significant thing they have done – either at home or professionally – to protect the climate.

DiBona said he worked with QCAN members to introduce a resolution in May, cosponsored by Liang and retiring councillor Joseph Finn, asking the administration to explore purchasing electric vehicles.

"We brought a resolution forward with Councillor Finn and Councillor Liang. We put it forward to ask the mayor to allow these electric cars for some of our fleets of cars out there," DiBona said. "We put it forward, we gave it to the mayor to recommend and see if he would act on it…I listened to all of you, I listened to QCAN, and moved it forward."

Laforest identified coastal infrastructure projects in her ward as the most significant items she's accomplished.

"I represented the most vulnerable coastal district in our community and I spent a lot of time working on this matter. Right off the top of my head I can talk about tide gate controls, our coastal infrastructure, repairs to the sea walls and outfalls, the removal of silt from our catch basins being cleaned, our marsh restorations," Laforest said.

"These are projects that not only did I advocate for, I worked on, I executed and stayed in touch with my constituents."

Liang said one of her family's restaurants began composting food waste, something she said she'd like to see implemented citywide.

"We found that although on the front end it looked like it was going to be more costly because we had to pay for different bags and we had to pay for training our staff to make sure we were sorting things properly, we ended up saving money in less than a year," Liang said.

"That's something I'd like to bring forward in my role as a city councillor as well."

Mahoney said the school board has encouraged students be taught about recycling and composting.

"I've been on the School Committee the last 12 years. We're encouraging education in the schools to make sure kids understood the value of recycling and composting and the things they can do for the future," Mahoney said. "We also have to make sure we're putting the information in our schools so our students have the opportunity to see the future of where they want to go, because it's an economic engine as well."

Raymondi pointed to his time on the council, when he wrote legislation to establish a hotel tax to provide funding for parks and open space projects to make up for shortfalls in funding.

"I decided to do something about it and I wrote a hotel/motel tax legislation that in the beginning had a tremendous amount of opposition, but we persevered and led the way, and since the enactment of that law…$15 million has come in to the city strictly to improve our parks, playgrounds, open space acquisition, and our beaches," Raymondi said.

Tougas said he wants a clean city, but would not be a "salesman for special interests."

"I definitely agree we should have a clean city. We should be efficient," Tougas said. "How far do we go? What do the people want? Do they want somebody who is looking out for their best interests, who yes, wants to modernize but not globalize, someone who wants the best for the city and lower the costs as much as possible…or do they want someone who is a salesman for specialist interests, who wants to peddle every single ware of the global-warming industry?"

McKee also asked the candidates what the city should do to combat climate change that it's not currently doing.

Liang said the city should install charging stations for electric vehicles.

"Another thing I'd like to work on is making sure we have charging stations for

Cont'd On Page 15

Squantum Association Candidates Night Nov. 1

The Squantum Community Association is hosting an event for Quincy residents to meet the candidates running for three at-large seats on the Quincy City Council.

The candidates night will be held Wednesday, Nov. 1 at 7 p.m. at the First Church of Squantum, 164 Bellevue Rd., Squantum, and provides an opportunity for residents to meet the candidates in an informal setting.

Refreshments will be served.

The Quincy municipal election will be held Tuesday, Nov. 7.

Following opening statements by the candidates, residents will be invited to pose questions, which may also be sent in advance to SCASquantumEvents@gmail.com.

For more information, contact SCASquantumEvents@gmail.com or 617-851-1673.

The at-large council seats cover the entire City of Quincy. There are six candidates seeking three at-large seats: incumbents Noel DiBona and Nina Liang, Ward 1 Councillor Margaret Laforest, School Committee member Anne Mahoney, former Ward 2 councillor Dan Raymondi and first-time candidate Steve Tougas.

The Squantum Community Association provides programming that fosters conversation and community with a focus on topics of interest to the Squantum and Quincy communities, highlighting local talent and history. To subscribe to event notifications email SCASquantumEvents@gmail.com.

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Quincy leads South Shore in property tax hikes

29%

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The Patriot Ledger 5/8/17

3%

Average worker's wage increase per year since 2011.

Average Wage Index (AWI)

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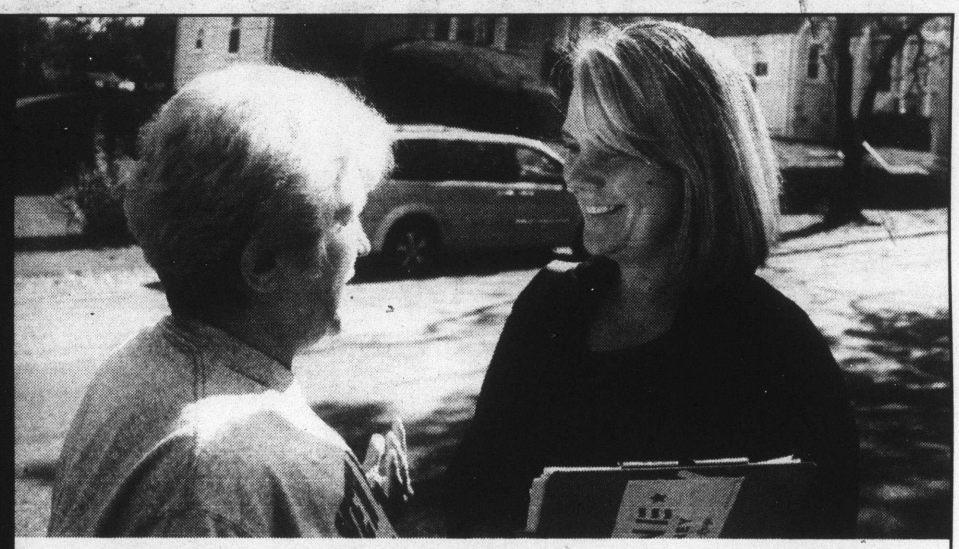
POLITICAL ADVERTISEMENT



An independent voice for Quincy

It's no secret, taxes, and spending are rising, yet wages have barely budged for residents and seniors on a fixed income are finding it harder to stay in their homes. The City Council needs to be more proactive and address the growing income gap. Anne's record proves that she has never been a rubber stamp, and she is running to ensure that your voice is heard. By holding the line on taxes and spending, ushering in a new level of transparency with Open Checkbook, and working to pass a residential tax credit so you're not taxed the same as non-owner occupied residential properties, Anne will stand up for you.

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Councillor-At-Large

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VOTE ANNE MAHONEY FOR CITY COUNCILLOR-AT-LARGE ON TUESDAY, NOVEMBER 7TH

Ward Council Candidates Discuss Energy, Environment

Cont'd From Page 11

Bay Ferry.

"I've been working with the state delegation to help take cars off the road. One thing is the ferry. The ferry system needs to improve. It fixes many things – it will fix traffic, but it will help the environment. How? Less gas emissions, less cars on the road," Harris said. "We also need to improve our MBTA service that we have here working with the state delegation."

Shaughnessy said the city should provide incentives for residents for things like recycling or installing more efficient items in their homes.

"If someone is going to renovate their house, perhaps the city could have some type of a credit. If you're going to put in new bathrooms, if they have a low-volume water flushing system, you get like a $50 credit for that," Shaughnessy said. "If you're going to do some recycling with your trash, which is a wonderful thing, let's have an incentive that they do more of it."

For her third question, McKee asked the candidates how they would work to improve Quincy's recycling rate, which she said is currently 15 percent.

McCarthy said the city could offer financial incentives for those who recycle.

"You could build in incentives for residential – and also commercial – but residents with the assessor's office tax-wise," McCarthy said. "If you fulfill a certain punch list and did the right things, possibly there'd be incentives to keep that recycling and push it up from 15 percent."

Murphy said personnel should go door-to-door to talk about recycling with residents.

"I think the government should be out there canvassing neighborhoods not just to run for office, but to say 'hey, are you recycling? Do you know it saves us money…Do you know it helps the environment? What can we do to help you recycle?'" Murphy said.

Hughes said it was important to reach out to parts of the community that might not be recycling now.

"I think an enormous resource that we have as a community is new people coming who don't speak the language who aren't as familiar as some of the city services and things that are available," Hughes said.

Hurley said the city could take either a stick or carrot approach – either make recycling mandatory or implement a pay-as-you-throw system, or offer incentives for recycling, such as the 'Blue Bin to Win' program.

"The real question is what do you want to do to get to say 46 percent, 50 percent," Hurley said. "It can be done."

Harris said education – for children and new members of the community – was important.

"It starts right at the beginning with our children and the schools. We start with the schools. We educate our children on recycling," Harris said. "Then we move on – especially in Ward 6, it's a very diverse ward – as folks come into our community."

Shaughnessy also said education was important, for both schoolchildren and their parents.

"We should be supporting…our teachers with the kids at a younger age and try to make it more fun and interesting so they can learn it at a young age and bring it all the way up and they can come home and teach the adults," Shaughnessy said.

TALES FROM THE
1967 RED SOX
DUGOUT

A COLLECTION OF THE GREATEST STORIES EVER TOLD FROM THE IMPOSSIBLE DREAM SEASON

RICO PETROCELLI
AND CHAZ SCOGGINS

RICO PETROCELLI, former Boston Red Sox player and a member of the historic 1967 American League championship team, will sign copies of his newly published book, "Tales from the Dugout: 1967 Red Sox" Thursday, Nov. 9 at 6:30 p.m. at the Quincy Lodge of Elks, Quarry Street, Quincy. Copies of the book will be available for $25. The book is a collection of stories from the "Impossible Dream" season that is marking 50 years. A donation of $5 per book sold will go towards the Quincy Elks Scholarship Fund. For more information on the book signing call Joe Brill at 617-733-8026.

Climate Change Awareness Is Growing In Quincy

Readers Forum

Professionally, I work for a nonprofit organization dedicated to reducing the emissions causing global warming. So as a citizen of Quincy, I applaud the Quincy Climate Action Network (QCAN) for hosting an excellent candidates' night for city council candidates on Thursday, Oct. 19. I arrived a bit late, but in time to happily observe that there's a consensus among this year's crop of candidates that climate change is a huge problem facing not just the world and country, but our beloved city. I heard a few times that Quincy has 27 miles of coastline and is therefore in great jeopardy from storms and rising sea levels.

While I did not get a sense that any candidate denies climate change and the need for real action, it was obvious that some candidates have already done a lot of homework on energy and climate issues and that are others will have to come up to speed. On these issues, we need leaders.

In some cases, I heard candidates rattle off several good things that have been done in Quincy – putting solar panels on schools, converting streetlights to LEDs, recycling, etc. Celebrating those things makes sense to some extent, but I caution candidates and voters from thinking that Quincy is a model community in these areas. We are not. We are kind of the middle of the pack. Solar panels and LEDs are ubiquitous in the Commonwealth. In my job, I work with a lot of cities and towns in Massachusetts and Rhode Island, and there are many accomplishing much more.

Several communities have produced citywide greenhouse gas inventories and have citywide energy plans, touching not just municipal facilities, but the residential sector and business community as well, encompassing buildings and transportation. Best practices in this area involve measuring where you are now so that you can better chart a course forward with knowledge about which measures would really move the needle. The top tier communities are not making incremental changes. They are making big, systemic changes. And their efforts to transition to clean energy have good economics because, after all, Massachusetts imports all of its oil and natural gas.

My organization is focused on mitigating climate change, meaning we promote ways to reduce fossil fuel emissions. Briefly, any serious attempt to reduce climate change anywhere should focus on at least three things – reducing energy use, increasing the use of renewable energy, and electrifying transportation (i.e. cars, buses, trucks). And all three must be done at a much greater scale than we see today.

But greenhouse gases have accumulated so much in the atmosphere that we are already seeing horrible impacts from global warming. Cutting emissions will help to contain damage in years ahead, but we still need to undertake serious measures to adapt, as some candidates acknowledged. Some talked about fixing seawalls and cleaning out catch basins. For certain, those are good things for a City to be doing. But to be honest, they are not at a scale necessary to protect thousands of homes and businesses here. Climate change adaptation costs and damage costs will be severe. Both politicians and citizens need to be honest with each other about these inconvenient truths.

If you would like to view how sea level rise will affect Quincy, check out this web site from the National Oceanic and Atmospheric Administration, https://coast.noaa.gov/digitalcoast/tools/slr. Please do that before this year's election on November 7 and then vote for candidates who are up to the challenge.

Thanks to QCAN, these issues are now on the agenda for those who seek to be elected in the City of Presidents.

Larry Chretien
Executive Director
Mass Energy Consumers Alliance

POLITICAL ADVERTISEMENT

PLEASE VOTE! *Alie*
SHAUGHNESSY
Councilor Ward 6

ELECT-A-LEADER ★ VOTE SHAUGHNESSY ON NOVEMBER 7TH

ELECTION ENDORSEMENTS

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IBEW LOCAL 103 ELECTRICIANS
PLUMBERS & GAS FITTERS LOCAL 12
IRON WORKERS LOCAL 7
BRICKLAYERS & ALLIED CRAFTSMEN UNION LOCAL 3
TEAMSTERS LOCAL 25
LOCAL 4 ELEVATORS CONSTRUCTORS
NEW ENGLAND CARPENTERS
NORFOLK CENTRAL LABOR COUNCIL AFL-CIO
BOSTON CEMENT MASONS LOCAL 534
LABORER'S INTERNATIONAL UNION 133 QUINCY
MILLWRIGHTS UNION LOCAL 1121
PILEDRIVERS LOCAL 56
SHEET METAL WORKERS LOCAL 17
GLAZIERS LOCAL 1044
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http://presidentscafe.weebly.com
617-376-3328

Council At-Large Candidates Address Climate Change

Cont'd From Page 13

electric vehicles across the city," Liang said.

"Going back to development, we are changing our infrastructure, we're changing a lot of sort of the core downtown areas of our city, and as we we're building new buildings, fixing the sidewalks putting up street lights and putting up new trees, so too should we also look at putting in charging stations."

Mahoney said the city needs to use less energy and make new buildings as efficient as possible.

"We need to save more," Mahoney said. "Those new buildings that we're building for our municipality, they need to be self-sufficient, net-zero buildings. We need to look into those to figure out how we can afford to do that – cost it out over time to make sure it's an investment we can afford and that it's an investment well worth putting our money into."

Raymondi said the city's transportation infrastructure needs to be improved.

"I want to talk about making Quincy a multi-dimensional transportation city – walking, bicycling, things like that. We need to keep on moving to improve our infrastructure," Raymondi said. "Our roads need tremendous repair and that affects gas mileage. We need to fix our sidewalks so folks can walk better. We need to have a bike-sharing program, bicycle racks. We need charging stations."

Tougas responded that there is a limit to how efficient the city should be.

"I look at this and I say we need to be balanced between the cost to the taxpayers and the money that it will save in the long run and the efficiency. I'm all for the efficiency, like I said, but to me there is another agenda," Tougas said. "I'm all for being efficient, but there is a limit and you have to have the wisdom to understand the difference."

DiBona said city officials should work with stakeholders like QCAN to educate the public on climate change.

"First off, we need to educate the public. We have a lot of different resources we can do that [with]," DiBona said. "We have a citywide website. We can also use other sites like Nextdoor and other sites so people can get on electronically and push this information – like activists like yourselves – to get this information out there, have consensus, have different meetings on this thing."

Laforest said the city should work with National Grid to fix leaking gas mains.

"I want to hold National Grid accountable. This is having a major impact on greenhouse gasses in our community," Laforest said. "I would recommend the mayor and public works director partner with National Grid to encourage they repair these longstanding leaks to their infrastructure and they help reduce the greenhouse gasses in our community."

Social Security Benefits Rising 2% For 2018

Monthly Social Security and Supplemental Security Income (SSI) benefits for more than 66 million Americans will increase two percent in 2018, the Social Security Administration announces.

The two percent cost-of-living adjustment (COLA) will begin with benefits payable to more than 61 million Social Security beneficiaries in January 2018. Increased payments to more than 8 million SSI beneficiaries will begin on Dec. 29, 2017. (Note: some people receive both Social Security and SSI benefits) The Social Security Act ties the annual COLA to the increase in the Consumer Price Index as determined by the Department of Labor's Bureau of Labor Statistics.

Some other adjustments that take effect in January of each year are based on the increase in average wages. Based on that increase, the maximum amount of earnings subject to the Social Security tax (taxable maximum) will increase to $128,700 from $127,200. Of the estimated 175 million workers who will pay Social Security taxes in 2018, about 12 million will pay more because of the increase in the taxable maximum.

Information about Medicare changes for 2018, when announced, will be available at www.medicare.gov.

The Social Security Act provides for how the COLA is calculated.

To read more, please visit www.socialsecurity.gov/cola.

Quincy Symphony Orchestra Concert Oct. 29

The Quincy Symphony Orchestra (QSO) under the direction of Music Director Yoichi Udagawa continues its season with a concert on Sunday, Oct. 29 at 2:30 p.m.

The concert will feature Brahms Symphony No.1 performed by renowned cellist Blaise Dejardin who has performed with orchestras the world over. Currently he is a member of the Boston Symphony Orchestra.

The performance will take place at the Lloyd Hill Performing Arts Center at Quincy High School, located at 100 Coddington St. in Quincy. Free parking is available on site. The concert hall is also walking distance from the Quincy Center MBTA station.

Founded in 1955, the QSO consists of more than 50 volunteer musicians, including both amateurs and professionals from the Boston Metro-South region. The QSO offers three free concerts every season, in addition to an annual "Pops" fundraiser and holiday concert in partnership with the Quincy Public Schools. For more information, contact us at 800-579-1618 or e-mail at: quincysymphony-orchestra.org.

Halloween Party Oct. 30 At Kennedy Center

The Quincy Council on Aging will celebrate Halloween on Monday, Oct. 30 at 1:30 p.m. at the Kennedy Center.

The afternoon will include appetizers, coffee and dessert and music provided by DJ Joey B-Bop. Halloween costumes are optional. Prizes will be awarded to best costume(s).

Tickets are $10 and are available at the Kennedy Center. For more information call the Kennedy Center at (617) 376-1506.

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Margaret Laforest

Councilor at Large

Authored grants and secured millions of dollars, outside of the City budget, to make vital improvements for the benefit of taxpayers citywide. With your vote on **November 7th**, I'll continue to leverage outside funds to make Quincy an even better place to live.

EXPERIENCE

Secured over $1 million in grant funds from Seaport Economic Council for Boat Ramp construction and Maritime Center design

TRUST

Secured $250k in grant funds from the Stanton Foundation for a dog park in partnership with Quincy Animal Shelter

COMMITMENT

Secured over $1 million in Community Preservation Grant funds for open space, historic preservation, recreation and affordable housing

MargaretLaforest.com

For more information, please contact the campaign team at 617-471-1806 or committee@MargaretLaforest.com

Paid for by The Committee to Elect Margaret Laforest

Officials Concerned Over North Quincy Hotel's Branding

By SCOTT JACKSON

City officials expressed concern over the branding of a planned North Quincy hotel, with the neighborhood's city councillor likening it to a "bait and switch."

Cathartes, a Boston-based real estate development firm, received permission from the Planning Board to build the five-story, 180-room hotel at the corner of Arlington and West Squantum Streets. During the approval process, Cathartes said the hotel would operate under a Marriott or Hilton brand.

On Oct. 18, however, Robert Harnais, the attorney representing the developer, told the Planning Board the business would operate as a dual-flag hotel under both the Holiday Inn Express and Staybridge Suites brands.

Harnais appeared before the board seeking approval for changes to the exterior of the proposed building, resulting from the change in branding, as well as additional landscaping improvements. He said there would be no structural changes to the building – it will remain at 180 rooms – and the hotel would still be marketed towards business travelers with the same price points as a Marriott or Hilton would have had.

"The price points are the same because we're attracting the same people," Harnais said. "It's not a hotel that they plan on having families come in…it's a hotel in which business people are going to stay."

Harnais acknowledged the Holiday Inn Express branding might make board members hesitant to back the change, given that Wednesday's hearing came one day after a man was shot to death inside a Holiday Inn Express in Dorchester. He said the proposed North Quincy hotel would be an upscale hotel – the same company that operates Cathartes' Marriott-branded properties will run the North Quincy one.

"This is not the Dorchester hotel. This is an upscale hotel," Harnais said. "Their history and their reputation is known for running upscale hotels."

Ward 3 Councillor Ian Cain, in a letter to the Planning Board, compared the change in branding to a bait and switch.

"This was a last-minute surprise following the approval of the project by this very board, which has given me the impression of a bait and switch situation. For the two years I have been aware of this project, the brand of the hotel was reported to be that of a Marriott or a Hilton, but now it's something else," said Cain, who did not attend the meeting.

"While I understand that this project is a fait accompli, I just hope that this is not a bad omen for the future of what was once a smooth and positive process until now. I kindly ask that you encourage the developers to stick to their promise of being a good neighbor and partner in Ward 3. I can only wish for the success of their project, for that in turn will benefit our great city."

Coleman Barry, the board's vice chairman, also had reservations about the change in branding. He said the board had always been told it would be a Marriott or Hilton, two brands he is familiar with, unlike Holiday Inn Express or Staybridge Suites.

"I know every time I said 'what flag is going to be flown,' it was Hilton or Marriott," Barry said. "I'm not quite on board that this is a minor modification."

Barry and board member Maureen Glynn also asked Harnais to consider changing the signage on the façade. Under the new plans, both the Holiday Inn Express and Staybridge Suites logos would be placed side by side on the corner of the top floor facing the intersection of Arlington and West Squantum Streets.

"It's clunky looking to me," Glynn said. "It's a different aesthetic than what we were expecting."

Harnais said he would ask his client to reconsider the signage.

The Planning Board did not vote on the changes to hotel's exterior and landscaping Oct. 18. The applicant will be back before the board Nov. 8, and Harnais said he would have the operator appear before the board that night to assuage officials' concerns.

Board Suspends West Quincy Bar, Reduces Hours

By SCOTT JACKSON

A Copeland Street bar will be forced to close for five days and had its hours cut permanently for serving alcohol to a minor and having patrons inside after hours, its third and fourth infractions this year, and could lose its license if another violation occurs.

The Board of License Commissioners on Oct. 17 imposed those punishments on Callahan's Tap. The barroom at 296 Copeland St. will be forced to close from Nov. 1 to Nov. 5 for serving alcohol to a minor during a compliance check on Sept. 9, and had its closing time moved from 1 a.m. to 11 p.m., effectively immediately, for having patrons inside after hours on Aug. 27.

In April, the board suspended the bar's license for a total of six days after patrons were found inside after hours in January and again in March. In 2015, Callahan's Tap's license was suspended for five days after a bartender assaulted a patron, and the bar also failed compliance checks in 2012 and 2013.

Police Chief Paul Keenan warned Anthony Donnelly, the bar's owner, that the board will move to rescind the license if any more violations occur.

"If there is any further violations I strongly urge you to bring an attorney with you next time, because we will be going for revocation," the police chief said Oct. 17.

Lt. Peter Turowski, the Quincy Police Department's liquor inspector, said a 20-year-old male was sent into the barroom on Sept. 9 and was able to purchase a beer during the compliance check, one of several conducted throughout the city that day. The compliance checks had previously been advertised in a local newspaper.

Donnelly did not dispute the failed compliance check.

Turowski said a patrol officer was dispatched to the vicinity of Cross and Crescent Streets at 1:47 a.m. on Aug. 27 after receiving a report of a group of loud males. When the officer arrived in the area eight minutes later he saw a group of five males standing in front of Callahan's Tap drinking beer and being loud. The men told the officer they were waiting for a cab after leaving the bar, Turowski said.

Turowski said the patrol officer then walked to the front door of the bar, which was locked, but was able to look inside and saw several patrons at the bar drinking bottles of beer. The patrol officer knocked on the door and was told to leave, then knocked again and identified himself as a Quincy police officer. The patrol officer then watched the bartender gather up the beers and put them behind the bar before opening the door. The officer then spoke with Donnelly, Turowski said, and the owner denied the men had been drinking.

Donnelly told the licensing board that the five men outside the bar had been drinking elsewhere and headed to Callahan's Tap to catch a cab.

"The reason why the door was locked was because I didn't want these guys to try and come in," he said.

Donnelly said the patrons found inside the bar that night were also waiting for cabs.

Under the city's regulations, no customer is allowed to have alcohol after 1:15 a.m. and all patrons must leave an establishment no later than 1:30 a.m., Keenan said, and the patrol officer arrived on scene that night at 1:55 a.m.

"That's a long time after 1:15 and a long time after 1:30. They were still in there consuming alcohol. Even if they're waiting for a cab, there is no reason for them to have alcohol," Keenan said.

In addition to the after-hours infractions that night, Turowski said Callahan's Tap also violated city and state law by allowing patrons to take alcohol off premises, locking patrons inside the bar, and interfering with a police officer during an investigation.

The five-day suspension can be appealed to the Massachusetts Alcoholic Beverages Control Commission within 10 days. Health Commissioner Drew Scheele, the licensing board's chairman, said the rollback in hours is a local decision not subject to ABCC review, but could still be appealed in Superior Court.

Donnelly declined comment following the meeting.

Five other establishments failed compliance checks on Sept. 9: Presidential Pub at 29 Temple St., Wollaston Wine & Liquors at 54-60 Beale St., Presidential Liquors at 25 Scammell St., Hancock Liquors at 229 Quincy Ave., and Lucky Wine and Liquors at 66 Newbury St. The owners of each appeared before the board Oct. 17, and none disputed the violations.

Turowski said the licensing board had not cited any of those establishments for violations of city or state rules under their current owners. The board issued a written warning to each of them.

In other business Oct. 17, the board:

Approved Edward Matthew's request to purchase Revel, 79 Parkingway, and become its sole owner, director and shareholder. Matthew said he wants to attract an older demographic to the establishment and expand its food offerings.

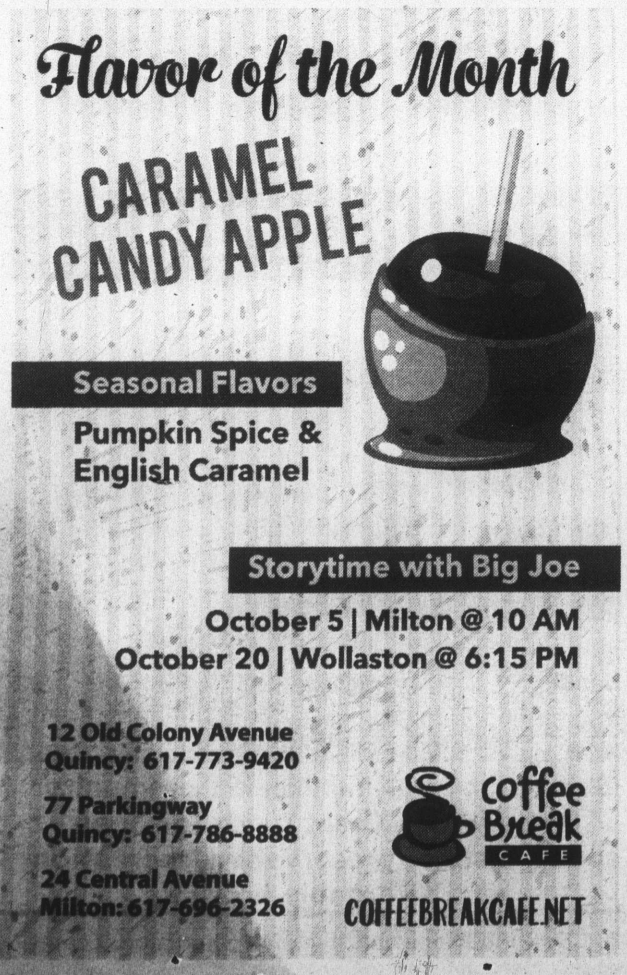
Granted a special use permit to the Houghs Neck Congregational Church, 310 Manet Ave., for its holiday fair, slated for Nov. 3 and 4.

Granted a special use permit/one-day wine and malt license to the Haiti Health Alliance for a fundraising gala scheduled for Nov. 4 in the SEIU Hall, 108 Myrtle St.

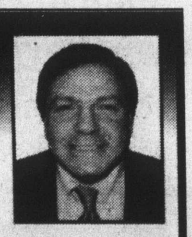
Approved new motor II and garage/repair licenses for School Street Automotive, 65 and 68 School St. The new license was issued because ownership of the business is being transferred from Salim Youseff to Edgard Fayad.

Continued to Oct. 31 a hearing on a motor II and garage/repair license for Quincy Gate Auto, 165 Hancock St.

Granted a common victualler license to Chen Zheng Family Inc. d/b/a J. Garden, 59 Franklin St. Yan Qing Zheng has taken over the restaurant on site, but no changes to its hours or operations are planned.



DENTISTRY for the 21st Century



by Steven A. Brustin, D.M.D.

AN INTERESTING CONNECTION

As numerous studies have confirmed, good oral health is linked to good overall health. A recent example of this connection comes from a study involving 1,566 seniors, 180 of whom had developed some type of dementia. Researchers found that those with 10 to 19 remaining teeth had a 62% greater risk of dementia than those with 20 or more teeth. Those with no teeth (a condition known as edentulism) had an even greater risk (63%), a finding that can likely be attributed to the fact that few of the study participants had no teeth. Previous studies have shown that having few or no teeth can lead to a poor diet, which is associated with an increased risk of dementia.

We stay on the leading-edge of dentistry, keeping up to date on the latest health studies and dental techniques, materials, and therapies to ensure all our patients receive the very best in dental health care. If you are looking for a family dentist who understands the needs of everyone in your family as individuals and patients, we welcome you to stop by 44 Greenleaf Street, and get acquainted. We're sure you'll leave with a good feeling about our practice. For an appointment, please call 617 479-6220.

P.S. While the study above does not confirm a direct cause-and-effect relationship between tooth loss and dementia, there are other very good reasons to avoid tooth loss and gum disease.

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Volunteers Plant 100,000 Clam Seeds In Houghs Neck

Cont'd From Page 3

Margaret Laforest remembers when clam diggers were a common site along Quincy's shorelines. She has a picture that was taken when she was four years-old digging clams on the beach near her home.

"This area has a rich history of clamming," she said. "There are iconic paintings of clam diggers on Wollaston Beach."

At one time, a large percentage of New England clams were dug in Quincy.

"About 30 to 40 percent came from Quincy," said Quincy Police Marine Unit officer Mike Foley.

Laforest explained that she worked with Salem State University's marine lab and state officials in an attempt to revitalize clamming in the city. The university donated a surplus of 100,000 seeds.

Laforest collaborated with city officials to pick the best place for the clam beds. She said the area off Rock Island Road was selected due to its clamming history, sandy soil and neighbors who will keep an eye out for illegal clam diggers.

"We really expect (the clams) will take off and grow and we as a community will be vigilant of it," she said. "That's why we selected this area."

She added that another planting is set for next year.

Laforest noted that Quincy use to have a strong coastal economy and that clamming was a big part of it. Since the city benefited from the Boston Harbor cleanup project of about 15 years ago, she said it is time to jump start Quincy's coastal resources.

"The water quality is now fantastic," she said.

Since shellfish have been shown to filter some pollutants from water, Laforest said the clams will be an added asset to Quincy's coastal waters.

"Having clams will help with the water quality," she said.

Bettencourt said the baby clams would quickly anchor themselves in the beds, using their muscular "foot." Over the next two years, the clams will grow and mature. In about three years, the clams will be ready for harvesting.

"Eventually they will be dug up by clam diggers, taken to the purification plant at Plum Island and then to market," he said.

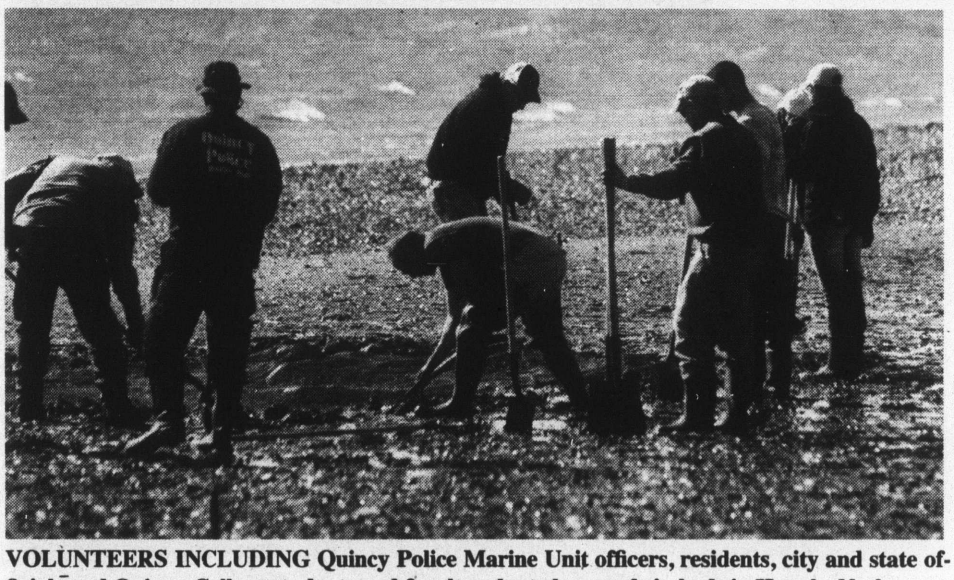
Laforest expressed appreciation to the all the volunteers. She noted that Quincy College has an aquaculture program and that the faculty and students from the institution helped with the planting.

"We all enjoyed our labor today," she said. "It was a great volunteer project."

QUINCY POLICE MARINE Unit Officer Mike Foley secures a net on the clam beds that will protect the newly seeded baby clams.

Quincy Sun photos/Tom Gorman

WARD 1 CITY COUNCILLOR Margaret Laforest and state Division of Marine Fisheries aquatic biologist Gregory Bettencourt discuss the clam seeding project.



VOLUNTEERS INCLUDING Quincy Police Marine Unit officers, residents, city and state officials and Quincy College students and faculty, plant clam seeds in beds in Houghs Neck.

JOIN US to make a difference in the lives of others!

Please join the cause to provide warmth and comfort this year for those less fortunate. Coats will be distributed through 3 local organizations: **Interfaith Social Services in Quincy; Weymouth Youth and Family Services in Weymouth; and Wellspring Multi-Service Center in Hull.**

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Beth Israel Deaconess Medical Center's Spine Center Now At BID Hospital-Milton

The Spine Center at Beth Israel Deaconess Medical Center (BIDMC) has added Beth Israel Deaconess Hospital-Milton (BID-Milton) to its locations where patients can receive advanced surgical and non-surgical spine healthcare in a convenient, community location.

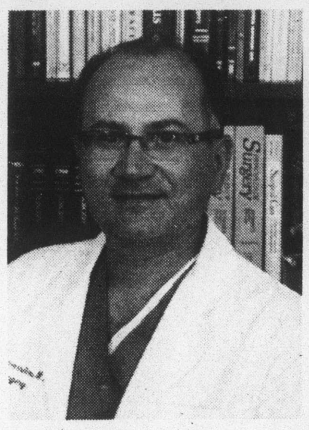
BID-Milton is the sixth BIDMC Spine Center location. It is the only hospital location where BIDMC spine surgeons perform surgeries other than at the medical center in Boston.

Spine neurosurgeon Efstathios Papavassiliou, MD, and spine orthopedic surgeon Andrew White, MD, from the BIDMC Spine Center, are co-directors of the Spine Center at BID-Milton. In addition to providing patient evaluations and consultations, they perform many types of spine surgeries and provide follow-up care after surgery at BID-Milton.

Spinal surgical procedures that are performed at BID-Milton include:

- Decompression, fusion and instrumentation procedures via minimally invasive approaches or traditional open surgery
- Discectomy
- Laminectomy

Paragi Rana, MD, and Cyrus Yazdi, MD, pain medicine specialists, are also available in the Spine Center, located in the hospital's Center for Specialty Care, to provide non-surgical spine care evaluations and consultations as well as spinal injections.



EFSTATHIOS (STEVE) PAPAVASSILIOU, MD (left), and Andrew White, MD, are two Beth Israel Deaconess Medical Center spine surgeons who are now co-directors of the BID-Milton Spine Center and performing surgeries in Milton.

Photos Courtesy BID-Milton

Nurse practitioners Barbara Drottar, APRN, and Emily Derosiers, APRN, are the Center's nurse practitioners.

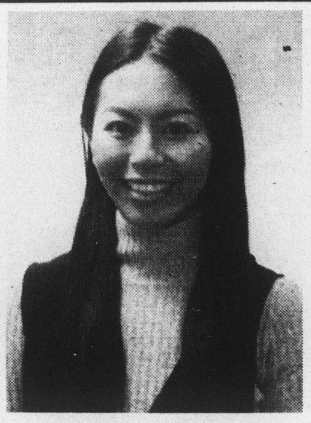
"BID-Milton has one of the fastest growing surgery programs in the state, and the transition of the hospital's Spine Program to a full-fledged BIDMC Spine Center will provide patients and referring physicians with an integrated team of spine and pain medicine specialists close to home," explained Ashley Yeats, MD, vice president of healthcare quality and clinical integration and chief medical officer at BID-Milton. "Much of the credit goes to Dr. Ronald Birkenfeld, who was instrumental in establishing the Milton program with Drs. Papavassiliou and White more than three years ago."

Added Kelly Orlando, executive director for ambulatory services at BIDMC: "We are thrilled to offer patients a fully integrated Spine Center at BID-Milton. Patients in Milton, and the surrounding communities, will benefit greatly from our multispecialty team that provides the highest quality spine care, including surgical care, in a convenient top-tier community hospital setting."

In addition to Boston and Milton, the BIDMC Spine Center has locations in Chelsea, Lexington, Needham and Newburyport.

To schedule an appointment at the BID-Milton Spine Center, call (617) 313-1420, (617) 754-9000 or email spinecenter@bidmc.harvard.edu.

MARYANN DAKKAK, MD



ANGELA CHU, MD

IVY OPOKU-MENSAH, FNP

Manet Health Welcomes New Family Medicine Providers, Expands Obstetrics Service

Manet Community Health Center is welcoming three new providers – Mary-Ann Dakkak, MD, Angela Chu, MD and Ivy Opoku-Mensah, FNP – to its practice sites in North Quincy, 110 West Squantum St., and Houghs Neck, 1193 Sea St., supplementing the health center's prenatal care and women's health services and adding obstetrics to its roster.

"These three excellent providers will be an asset to our family medicine program and to our patients, who will benefit from their expert care," said Manet Chief Medical Officer Lily Yung, MD. "We are especially excited to now be able to offer obstetrical services with Dr. Dakkak, in collaboration with Boston Medical Center (BMC), providing our patients and families continuity from prenatal care through delivery and after."

Dr. Dakkak, who specializes in family medicine and obstetrics, will see patients at Manet's North Quincy and Houghs Neck practice sites, providing a full spectrum of primary care services for patient of all ages, as well as a range of obstetrical services. She will deliver babies and perform cesarean sections and other procedures at BMC. At Manet, she will also offer women's health services, including colposcopies, office gynecological exams, ultrasound and family planning. She is certified to prescribe buprenorphine (Suboxone and Subutex) and to provide HIV and Hepatitis C care.

When asked why she chooses to practice at a community health center, Dr. Dakkak said, "I've always worked in community health centers. I like diversity in all forms and I believe that everyone deserves equal access to excellent care."

Dr. Dakkak earned her medical degree at the University of California, San Francisco and completed her residency in family medicine at the Santa Rosa Family Medicine Residency in Santa Rosa, CA. She also completed a fellowship in obstetrics at the Santa Clara Valley Medical Center in San Jose, CA. She is an Assistant Professor of Medicine at Boston University Medical School and also holds a master's degree in population and international health from the Harvard School of Public Health. She speaks French and Spanish, as well as limited Arabic.

Dr. Chu is a family medicine physician at Manet's North Quincy practice site. She has a special interest in prenatal care and women's health and she is skilled at performing small procedures, such as intrauterine device insertion, endometrial biopsies and joint injections.

Dr. Chu honed her family medicine and public health experience north of the border in Canada. Most recently, she practiced at Health Networks, a busy family medicine and walk-in clinic in downtown Toronto. She earned her medical degree at the Michael G. DeGroote School of Medicine, McMaster University in Hamilton, Ontario, Canada and completed her training in family medicine with the Mount Sinai Family Health Team, University of Toronto in Toronto, Ontario. She speaks conversational Mandarin.

Also joining Manet's North Quincy practice site is family nurse practitioner Ivy Opoku-Mensah, FNP-C. She comes to Manet after working with TeamHealth in Dedham, MA and at the Warwick Pain Center in Warwick, RI. Her clinical interests include women's health and pain management.

Ivy holds both a Bachelor of Science and Master of Science in Nursing from Regis College. She also has a PhD in Chemical Engineering from the University of Birmingham in Birmingham, United Kingdom, as well as Bachelor's and Master's degrees in engineering and management.

She decided to become a nurse practitioner after her husband's job in the Army brought her to the United States from England, where she grew up. She took a job at Hebrew Senior Life in Dedham, MA and enjoyed both the health care environment and her interaction with the nurses and nurse practitioners with whom she worked. The nurse practitioners who cared for her when she was pregnant with her children further sparked her interest, particularly in women's health. "I loved the way they could spend time with me," she says. "Now I love what I do."

She is a member of the American Academy of Nurse Practitioners and the Massachusetts Coalition of Nurse Practitioners. She speaks two Ghanaian languages, Ga and Twi.

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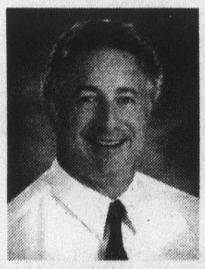

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Point Crossing Project Before Planning Board

By SCOTT JACKSON

Members of the Planning Board want the developer behind Point Crossing – a proposed strip mall that would replace the former Tom O'Brien car dealership – to improve its design.

FX/Harborlight is behind the plan to convert the former dealership at 479 Washington St. – at the corner of Southern Artery – into the strip mall. The plan went before the Planning Board Oct. 18 and the applicants will be back before the board Nov. 8.

MEMBERS OF THE Planning Board want the developer behind Point Crossing – a proposed strip mall that would replace the former Tom O'Brien car dealership at 479 Washington St. in Quincy Point – to improve its design.
Rendering Courtesy SNConsulting Group

FX/Harborlight plans to renovate the existing 18,000 square foot dealership building and convert it into a strip mall with five storefronts. ConvenientMD, an urgent care clinic, would lease about 5,000 square feet of space. Verizon also intends to locate a wireless store on site to replace its former shop at 480 Southern Artery.

Patrick Cleary, one of the developers, said they hope to lease the portion of the building that was formerly used as the dealership's showroom to a bank. It would not be a full retail branch, however; only loans and similar products would be offered on site. Tenants for the other storefronts have not been identified, but the developers said they would likely be ones attracted to the urgent care clinic, such as a dentist or physical therapist. Cleary said FX/Harborlight is looking for low-volume tenants that wouldn't add to traffic in the area.

"Our hope is their customer is coming to them maybe once or twice a year, rather than once or twice a day," he said.

As part of the project, the parking lot will be reconfigured to accommodate 60 vehicles. The developer will add new landscaping along the perimeter of the property, including five trees on Bessie Street. FX/Harborlight also plans to add a new sidewalk along Bessie Street, where none currently exists, and reduce the number of curb cuts on site from nine to three – one for entering vehicles only on Washington Street and ones for exiting and entering on Beacon Street and Southern Artery.

Robert Harnais, the attorney representing the developer, said the project would greatly improve the site.

"It's a run-down building, a run-down lot. I'm not being disrespectful to the owner, but it is what it is," Harnais said. "I consider this a huge step up from what is there."

Board members, however, did raise concerns about the look of the new building.

Coleman Barry, the board's vice chairman, said he liked the concept for the property, but felt the design lacked the 'wow' factor it should have given its location adjacent to such a major intersection.

"I am on board with the overall vision for the property," he said. "I want this finished product to be phenomenal because we're going to have it for the next 30 years, so I don't want to just settle on average – not on a site like this. I'm not saying this concept I'm looking at is average, but when I look at it I don't say 'wow.'"

Barry asked the developer to consider adding to the landscaping plan along Washington Street and Southern Artery, and consider changing the signage for ConvenientMD to make it smaller.

Board members Maureen Glynn and John Ryan both suggested the developers revisit some of elements of the façade, in particular red awnings and a red cap that would sit atop the ConvenientMD clinic.

"I don't know if that's something that could maybe be discussed – toning it down a little bit," Glynn said.

Ben Collins, a representative from ConvenientMD, said the logo is important to the company, which is attempting to branch out from New Hampshire into Massachusetts. The Quincy clinic would be the chain's first location in the Bay State. He

Cont'd On Page 31

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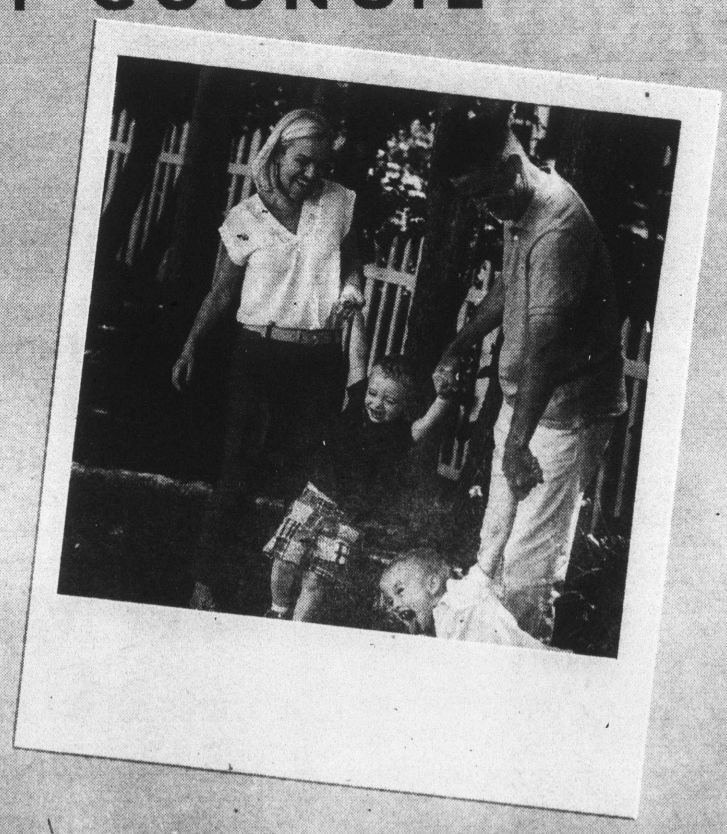

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Real Estate

Quincy Real Estate Transactions Oct. 16 - Oct. 20

Transactions are compiled by the Norfolk County Registry of Deeds

Seller	Buyer	Amount	Address
John M. Whalen	Marko Jokic & Fabiola Benjamin-Jokic	$615,000.00	53 Saint Germain Street
Shao Y. Zheng	Jinlong & Bin Chen	$425,000.00	79 Willow Avenue
Saeed & Nusrat Ahmed	Milinda A.T. Hettiarachchige	$465,000.00	46 Berlin Street Unit A
Andrew & Jessica Dormady	Adam E. Semple	$430,000.00	101 South Street
Kevin J. & Karyn M. Buckely	Zhengnan Fan	$470,000.00	442 Beale Street
Galvcon Development LLC	Nicole Floro	$549,900.00	18 Cliveden Street Unit 401W
Deborah S. Socolar	Mei Huang	$317,000.00	10 Colby Road
260 Central Realty Trust	Liming Lin & Meizhen Chen	$678,000.00	260 North Central Avenue
Tieying Chen; Zhengtian & Wei L. Ye	De W. Xue & Yun R. Zhang	$610,000.00	189 Norfolk Street
Shang X. Chen & Yen Y. Li	Mark J. Lombardi	$350,000.00	136 West Squantum Street
Mary J. Crowe	Carolyn J. Sweeney & Christopher J. Berry	$400,000.00	46 Becket Street
Neal L. & Janet M. Cadogan	Nasser & Megan C. Brahim	$565,000.00	57 Trevore Street
Xiao M. Feng	Vispi R. & Jasmine M. Katrak	$200,000.00	133 Commander Shea Blvd. Unit 621
Michael Grehan	Qinlan Lin	$485,000.00	51 Branch Street Unit 3
Teodor Lazic	Robert Brownell	$250,000.00	195 Independence Avenue Unit 130
De-Cha Inc.	Kendall Tran	$1,312,500.00	194 Willard Street
Douglas K. & Janice J. Sorensen	Michael J. Murphy & Emily H. Dale	$539,500.00	27 Samoset Avenue
144 Brook Street LLC	Shengjie & Nana Wang	$540,000.00	144 Brook Street
Alex T. Thai	Sau K.L. Tsang	$288,000.00	86 Howard Street Unit 105
Francis & Jane A. Sorrento	Foxrock Whitewell Realty LLC	$569,900.00	80 Whitwell Street
Andrew N. & Allison McDonnell	Suhong Yu & Guiqiu Zheng	$650,000.00	344 Elmwood Avenue
Kevin P. Beliveau	Betty K. & Richard H. Nguyen	$421,000.00	94 Broadway
Kathleen E. Carlson	Yingxing Lin & Xue Q. Chen	$560,000.00	114 Pine Street
Hamilton Bay Apartments LLC	Nuoquan Wen & Yuyun Wu	$265,000.00	165-185 Quincy Shore Drive Unit C84
Stephen M. & Marie Flaherty	Tiffany Flaherty & Matthew R. Struzik	$575,000.00	35 Bloomfield Street
Kim M. & Anthony Ramsay; Paula J. & Thomas J. Main; Lisa A. & Mark Snow; Michael J., Cherylann, Sean A. & Nicole Moran	Yu Xuan & Zhaowei Chen; Jing Wen He	$380,000.00	14 Charlesmount Street
George W. & John D. Maier; Kathleen M. Hughes	Scott & Renee Bothwell	$450,000.00	24 Cleaves Street
Hamilton 1025 LLC	Shu Feng Hsu	$292,500.00	1025 Hancock Street Unit 12J

O'Donnell Testifies For More Transparency With Homeowner Mortgages

Norfolk County Register of Deeds William P. O'Donnell recently testified before the legislature's Joint Committee on the Judiciary in support of two bills, Senate Bill #880 and House Bill #790, which would mandate that any residential mortgage assigned to a third party must be recorded with the appropriate Registry of Deeds within 30 days of its execution.

The bills, which have been spearheaded by Register O'Donnell and his colleague, Plymouth County Register of Deeds John Buckley, are designed to allow consumers to always be aware of who is or has held their mortgage. Both registers pointed out to committee members that a residential mortgage can be sold multiple times throughout its term.

The pair further explained why it is important for the consumers to have such a protection.

"For most homeowners purchasing a property, it is the biggest investment they will make during their lifetime," O'Donnell said. "It may also be their biggest financial obligation as well."

Buckley went on to further state that this is a consumer bill.

"The way we look at it, people pay $175 to record a mortgage; they ought to know who holds it as it goes forward," Buckley said.

One of the most frustrating experiences that the Registry's customer service department fields, according to Register O'Donnell, is when homeowners pay off the mortgage and are ready to sell their home, but they don't know the name of the last lending institution, or if they do know the name, don't know how to get a copy of the mortgage discharge because the company has gone out of business.

The person then has to be referred to the State's Banks and Banking Division to track down the information.

"We can alleviate this frustrating step if we can get this bill into law," O'Donnell said.

Other major benefits of the bill would be to capture lost revenue.

"It also makes for a level playing field between the larger lending institutions, who in the past have not filed mortgage assignments, in contrast to the smaller community banks that for the most part do so," O'Donnell said. "Additionally, if this legislation is enacted it would bring consistency to Registry policies; since we already record all mortgage assignments on the Land Court side and now we would have the ability to do it on the Recorded Land section side too."

The bills, Senate Bill #880 and House Bill #790, whose chief sponsors are Sen. John Keenan (D-Quincy) and Rep. Bill Galvin (D-Canton), have received strong support in both legislative branches with a total of 67 co-sponsors.

"I would like to thank both legislators for their leadership and support. It has been invaluable to getting us where we are now in the legislative process," O'Donnell said.

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John Adams Wreath-Laying Ceremony Oct. 30 At UFPC

JIM AND HOLLY CLIFFORD of Clifford's Flowers in Quincy with a Presidential Wreath that is placed on the tomb of the Presidents John Adams and John Quincy Adams on their birthday anniversaries. Clifford's Flowers has been providing the wreath ordered by the President of the United States since 1968.

Photo Courtesy Jim Clifford

The History and Visitors Program at United First Parish Church, Church of the Presidents announces the annual Presidential Wreath-Laying Ceremony for John Adams, Second President of the United States of America, will be held at noon on Monday, Oct. 30, at the church, 1306 Hancock St., Quincy Center.

Commander Paul Annexstad of the Navy Operational Support Center Quincy will serve as President Donald Trump's representative for the official ceremony.

This year's ceremony commemorates the 282nd birthday anniversary of the President and the 50th anniversary of the presidential wreath-laying tradition at United First Parish Church, Church of the Presidents.

The ceremony's speakers will include Mayor Thomas Koch, Douglas Adams, direct descendant of John and Abigail Adams, and students from Quincy High School, North Quincy High School and the Woodward School.

The featured speaker for this year's ceremony will be Sara Georgini. Georgini, Ph.D., is the Series Editor for The Papers of John Adams, part of the Adams Papers editorial project at the Massachusetts Historical Society, and the author of *Household Gods: The Religious Lives of the Adams Family* (Oxford University Press, 2018). She writes about the history of vast early America for Smithsonian and edits the "Belief" section on religion and spirituality for Bunk. She is a co-founder and contributor to The Junto and the Society for U.S. Intellectual History blog.

The wreath to be placed on the tomb of the nation's Second President is provided by Clifford's Flowers of Quincy. The 42-inch wreath features fresh red and white carnations and blue iris as

Cont'd On Page 31

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70 Veterans Memorial Markers Restoration Underway

By ROBERT BOSWORTH

Nearly six dozen memorial signs dedicated to veterans – many killed in action – that have weathered and show signs of neglect are in the process of being refurbished by city workers in the Veterans Services and Traffic and Parking Departments.

The effort to spruce up the signs and repaint the poles they stand atop is being spearheaded by Graves Registration Officer George Bouchard of the Quincy Veterans Services Department. He's been helped by sign painter Deirdre Collins and laborer Chris DeCesare of the Traffic and Parking Department as well as local Boy Scouts who have fanned out throughout the city painting some 100 memorial marker poles.

Bouchard says 70 cast-iron signs will be cleaned up and repainted before being returned to their poles at memorial squares throughout the city. As of last Friday, some 27 signs have been restored. He said he hopes to finish the rest of the signs by next Memorial Day.

In all the city has dedicated 118 signs and stones to military veterans.

"Weather has taken their toll on some of these signs – and years of neglect. They have been up for a long time and they haven't been touched," said Bouchard moments before reinstalling a memorial marker at John Hancock Square on the grounds of the Adams Academy under brilliant sunshine last Friday morning. This particular marker was dedicated in honor of John Hancock, the first signer of the Declaration of Independence. He was born on the site where the Adams Academy now stands.

"The city's Traffic and Parking Department has painted some of these memorial signs. They showed me how to do it so then I went around and started taking the signs down and doing them myself," Bourchard said. "It takes about a half hour to clean and paint each sign.

"We have 27 done now and we have to do 70. My goal is to have them all done by Memorial Day next spring."

After the signs are removed they are cleaned before a glossy brown spray paint is applied to the entire sign. Then Bouchard paints the lettering and gold star with special gold paint. After the signs dry they are returned to their poles that have been repainted by local Boy Scouts. The painting process takes place in the basement of Quincy Veterans Services on High School Avenue.

The cast iron memorial markers weigh about 30 pounds each. Some show signs of warping that may be a result of years of exposure to bad weather like high winds.

The markers represent veterans from all wars and conflicts dating back to the Revolutionary War.

"My goal is to get the signs done and readable," Bouchard said. "You want to be able to look up at the sign when you are walking or driving by and be able to read the name on the sign."

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REFURBISHING TEAM – Holding newly restored and painted memorial markers outside the Adams Academy are (from left) Deirdre Collins, sign painter, Quincy Traffic and Parking Department; Quincy Veterans Services Graves Registration Officer George Bouchard and Chris DiCesare, laborer, Traffic and Parking Department. *Quincy Sun Photo/Robert Bosworth*

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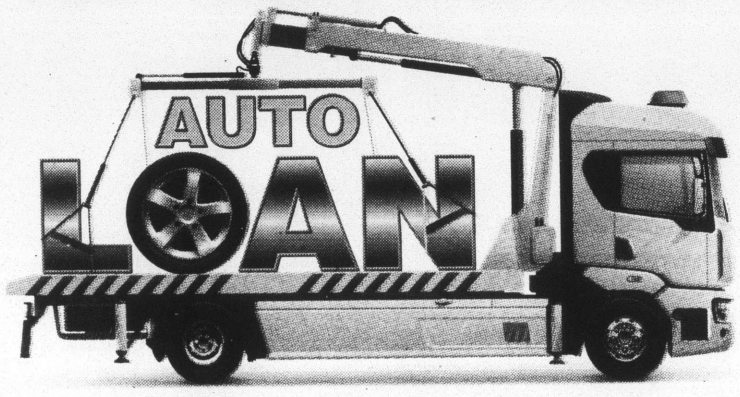

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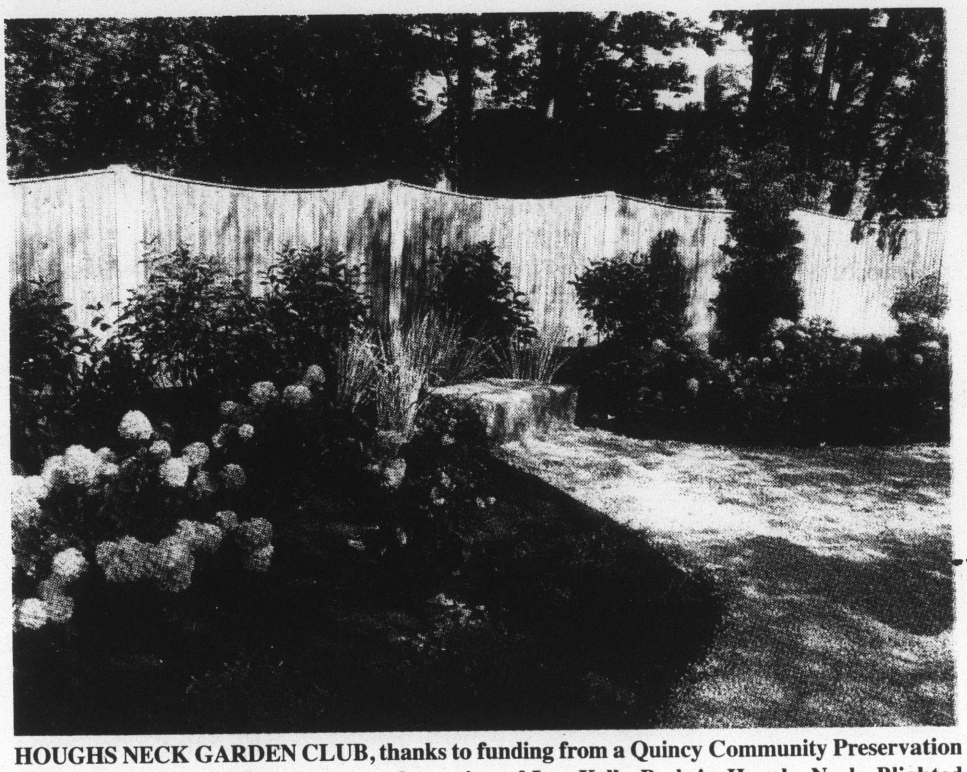


HOUGHS NECK GARDEN CLUB, thanks to funding from a Quincy Community Preservation Grant, has managed to effect a transformation of Leo Kelly Park in Houghs Neck. Blighted cherry trees and disease-prone bushes have been removed and new ones planted.
Photo Courtesy Houghs Neck Garden Club

Houghs Neck Garden Club Programs And Projects

Cheryl Monroe returns to the Houghs Neck Garden Club Wednesday, Nov. 1st where she will give a talk on Blended Gardens.

Monroe will help members and guests understand terms like invasive, aggressive, exotic, indigenous, and sustainable. She will clear up any confusion about native-only planting, as well as provide tips on how to create gardens that are pleasing to us, the pollinators and Mother Nature.

The meeting will be held in the MWRA Community Room at Nut Island, second floor, 149 Sea St., starting at 7 p.m. with refreshments and a brief business meeting followed by the program at 7:30 p.m.

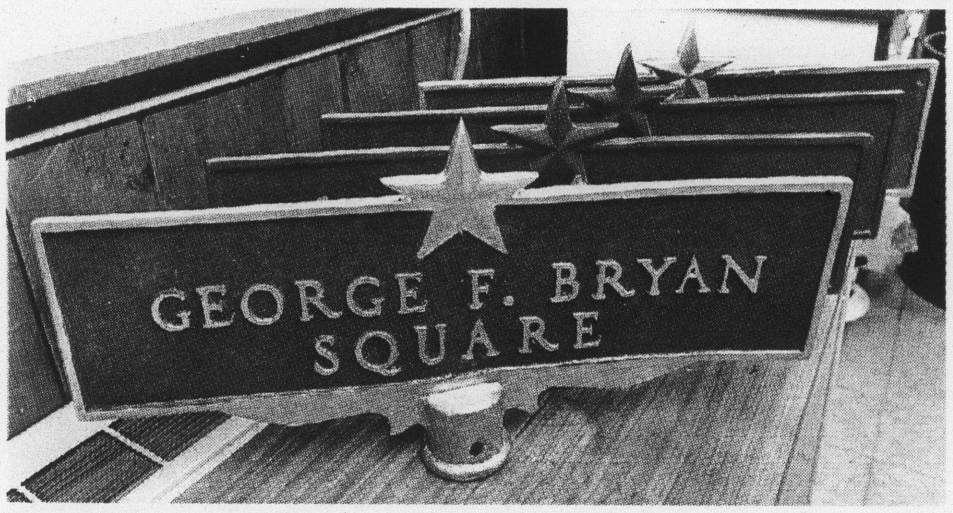
The following meeting of the HNGC on Dec. 6th will be a Holiday Wreath-Making workshop lead by Cynthia Lewis to be held at 7 p.m. at the Houghs Neck Community Center. Sign-up is in advance with a fee of $25.

Thanks to funding from a Quincy Community Preservation Grant, the Houghs Neck Garden Club has managed to effect a transformation of Leo Kelly Park in Houghs Neck. Blighted cherry trees and disease prone-rose bushes have been removed by Palaza and McDonough and the rear of the park planted anew by Seoane's.

A variety of new trees, shrubs and flowers can now be seen at the rear of the park, flanking a granite block seat donated by the Quincy Parks Department. The new plantings include two Cherokee Princess dogwoods, dwarf fountain grass, Little Lime hydrangeas, Oak Leaf red holly, ninebark, dwarf Norway spruce, anemones, daylilies, Japanese water iris, catmint, yucca, dwarf Korean lilac, and vibernum. The club will continue to maintain and plant at the park as before.

The club is a member of the Garden Club Federation of Massachusetts and National Garden Clubs, Inc.

Find out more about the club at: http://hngc123.wix.com/houghsneckgardenclub/ and on Facebook where the Houghs Neck Garden Club has recently set up a site.



MEMORIAL MARKERS including a repainted one honoring George F. Bryan in the basement of Quincy Veterans Services Department. Bryan was the first Quincy sailor killed in action in World War I. He was serving aboard the destroyer USS Jacob Jones when it was torpedoed and sunk by a a German submarine Dec. 6, 1917. Seventy markers are being restored by George Bouchard, the city's Graves Registration Officer with help of the Quincy Traffic and Parking Department.

70 Veterans Memorial Markers Restoration Underway

Cont'd From Page 22

While Bouchard has noticed many of the signs needing sprucing up just driving around the city, some have been called to his attention by relatives of the memorialized veterans.

Some signs have needed more than painting. Some have gone missing while others are damaged beyond repair. So new ones have or are being ordered.

One such sign is the memorial marker dedicated to Sgt. George Montilio, a veteran of World War II. This marker disappeared along with its pole from its location near the Quincy District Court House. A family member notified Veterans Services and inquired about its whereabouts.

Veterans Services was unaware the sign was missing. Bouchard looked up where the sign should go, reordered a new one made from aluminum (cast iron markers are not made anymore) along with a new pole and had it installed where the old one stood. It's now standing near Foster Street on Dennis Ryan Parkway just a short distance from the Francis X. Bellotti Quincy District Court House.

Another memorial was located near Rogers Jewelry at 1402 Hancock St. in Quincy Center. It has just been replaced but was knocked over during exterior work on the Granite Trust Building. It will have to be replaced because it was damaged so badly, Bouchard said, noting the sign will probably be back up after the winter.

Bouchard said he's made refurbishing the weathered signs his personal crusade.

"It's a lot of work but there is no charge to the city. I could have taken all of these signs down and had them refinished by a plating company but this is something that I want to do. If I have to do these every two years I don't mind," he says.

The signs are more than memorial markers of local veterans, many who were killed in action. They are a part of the city's history, Bouchard says.

"I've read through the files of the names on these markers and one file includes a note written by the U.S. government to the deceased veterans explaining the circumstances of his death and what he did. It just struck me – wow. This is real stuff.

"Another veteran was tortured before he was killed. As I read through the folders I realized this is history and the City of Quincy has so much history of sacrifice in times of war. And these veterans are part of that history and they need to be recognized properly."

The backing of each memorial marker contains brackets for two small flags. The city was placing an American flag along with the service flag representing the veteran's branch of military but Bouchard said these service flags have been stolen in the past. So, now each marker gets two American flags.

Each marker also receives a memorial wreath on Memorial Day from various veterans organizations throughout the city. They include the Morrisette Post (West Quincy), the Caddy Marine Corps Detachment (North Quincy) and Post 380 in Houghs Neck (Germantown, Merrymount and Houghs Neck).

"They are responsible for putting the wreaths on these poles for Memorial Day," Bouchard noted.

Bouchard said he's noticed signs in other cities and towns – without mentioning them – and "you can tell they have let these signs go. I felt we were letting ours go but as long as I'm on board we're not going to do that.

"I feel these veterans deserve that."

Bouchard said he plans to remove about 15 or 20 markers after Veterans Day and refinish them during the winter months and put them up in the spring.

Asked if he has any message for the families of memorialized veterans, Bouchard answered:

"I just want to apologize if you have seen your family member's sign up on a pole and it looks like it has been neglected. That will no longer be. I will make sure they are taken care of."

GEORGE BOUCHARD, Quincy's Graves Registration Officer in the Veterans Services Department, applies a special gold paint to a veteran memorial marker. Seventy cast-iron markers are being refurbished. The markers are first cleaned and then painted a glossy brown before the gold paint is used for the lettering and gold star. *Quincy Sun Photos/Robert Bosworth*

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Chicken Leg Quarters $.69 lb.
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chicken
Turkey Tips $2.99 lb.
Chicken Breast Tenders $2.99 lb.
Chicken Thighs or Drumsticks $.88 lb.
Roxie's Thin Sliced Chicken Cutlets $2.99 lb.

beef
Back Rump Roast $3.19 lb.
Roxie's Lean Shaved Steak $4.99 lb.
Roxie's 75% Lean All Beef Hamburg $2.99 lb.
- - - - - - Ground Fresh Daily - - - - -
Bottom Round Roast $2.99 lb.
Whole Boneless Beef Shell Sirloin
Great for Tips! $3.99 lb.

delicatessen
Dietz & Watson Teriyaki Chicken Breast $6.99 lb.
Sliced to Order Smithfield Lean Boiled Ham $3.79 lb.
Sliced to Order Smithfield Baked Ham $3.99 lb.
Sliced to Order Smithfield Honey Ham $3.99 lb.
Sliced to Order Butterball Honey Smoked Turkey Breast $5.99 lb.
Caradonna Private Stock Oven Roasted Turkey Breast $5.99 lb.
Dietz & Watson Peppered Turkey Breast $6.99 lb.
Sliced to Order Pearl Beef Salami $4.99 lb.
Sliced to Order Pearl Roast Beef $6.99 lb.
Pearl Sliced Pastrami $7.99 lb.
Sliced to Order Carolina Turkey Breast $2.49 lb.
Sliced to Order Land O'Lakes Cheese – Low Salt, Swiss, Muenster, Hot Pepper, Mozzarella, 4 Cheese Italian Blend $4.99 lb.
Sliced to Order Alpine Lace Swiss Cheese $5.99 lb.
Sliced to Order Hillview American Cheese $3.99 lb.
Roxie's Ham Salad $2.99 lb.
Roxie's Seafood Salad $3.99 lb.
Boston Gourmet Potato Salad, Cole Slaw or Macaroni Salad $1.99 lb.

pork
Lean Sirloin Pork Cutlets $1.99 lb.
Ground Pork Family Pack $1.99 lb.
Roxie's Homemade Sweet or Hot Italian Sausage $2.99 lb.
Lean Sirloin Pork Tips $1.89 lb.
Family Pack Country Style Spareribs $1.49 lb.
Whole Boneless Center Cut Pork Loin $1.99 lb.

fish
2 lb. Bag Extra Large EZ Peel Shrimp 21-25 ct. $13.99
12 Pack Fish Cakes $3.99
Fresh Filet of Haddock $4.99 lb.

vegetables
5 lb. Bag Eastern Potatoes 2/$5.00
5 lb. Bag Idaho or Red Bliss Potatoes $2.99
Red Onion $.99 lb.
10 oz. Pkg. Mushrooms $1.39
8 oz. Pkg. Sliced Mushrooms $1.39
1 lb. Pkg. Mini Carrots $.99 ea.
5 lb. Bag Carrots $1.99
Extra Large Green Peppers $.99 lb.
Cucumbers 2/$1.00
Avocados 2/$3.00
10 oz. Bag Spinach $1.99
Cluster Tomatoes on the Vine $1.49 lb.
Sweet Onions $.99 lb.
Large Bunch of Celery $.99 ea.
Peeled and Cleaned Butternut Squash $1.49 lb.
Eggplant $.99 lb.
Cauliflower 2/$5.00
Zucchini or Summer Squash $.99 lb.
Asparagus $2.99 lb.

fruit
Bananas $.39 lb.
3 lb. Bag Macintosh Apples $2.99
Red Seedless Grapes $1.99 lb.
Red Delicious Apples $.99 lb.
Pineapples $1.99
Large Cantaloupes $1.99 each

5 lb. Bag Ice 99¢

self serve deli case
12 oz. Pkg. Bar-S Franks $.99
5 lb. Pkg. Pearl Kountry Klub Beef Franks $23.95
Hillshire Kielbasa Pkg. $3.69
2.5 lb. Pkg. Deutschmacher Cello German Franks $10.99
2.5 lb. Box Kayem Natural Casing Franks $10.99
3 lb. Pkg. Land O Lakes Sliced American Cheese $12.95

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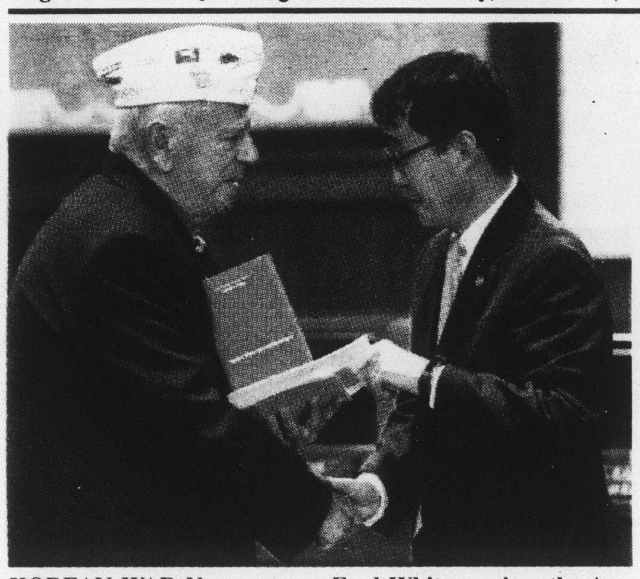

KOREAN WAR Navy veteran Fred White receives the Ambassador for Peace Medal from South Korean Deputy Consul Songhwan Kwon. *Quincy Sun photos/Tom Gorman*

Korean War Veterans Honored

Cont'd From Page 1

seph Jones, Paul Kovalchik, Donald Lannigan, Joseph Luiso, John MacDonald, John Murphy, John Norton, Patrick Nevins, John O'Brien, Anthony Pontes, John Prescott, John Regan, Timothy Regan, Richard Reynolds, Arthur Sutliff, Robert Tombari, Richard Walter Sr., Frederick White, and John Doyle.

Each of the veterans, or a family member who accepted the award on their behalf, received an Ambassador for Peace Medal and a citation from Kwon, along with an invitation to a luncheon the consulate is hosting Nov. 9 in Framingham. Kwon personally thanked the recipients for their service as well. Mayor Thomas Koch presented the individuals honored with Korean War veteran hats.

The Ambassador for Peace Medals are awarded

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KAREN JONES is applauded after accepting the Ambassador for Peace Medal for her deceased brother, Army veteran Joseph Jones.

ARMY VETERAN John Murphy is congratulated by Mayor Thomas Koch for receiving the Ambassador for Peace Award for his Korean War service.

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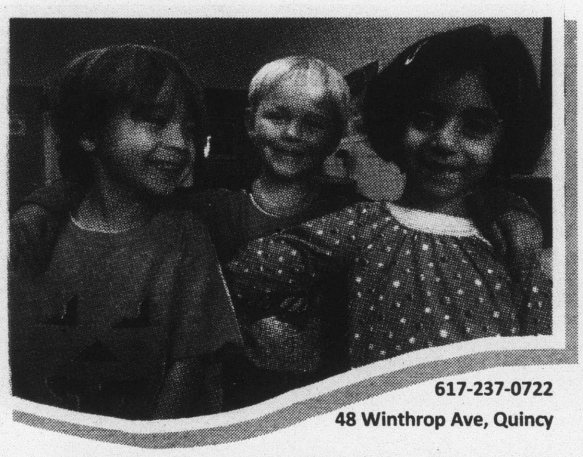

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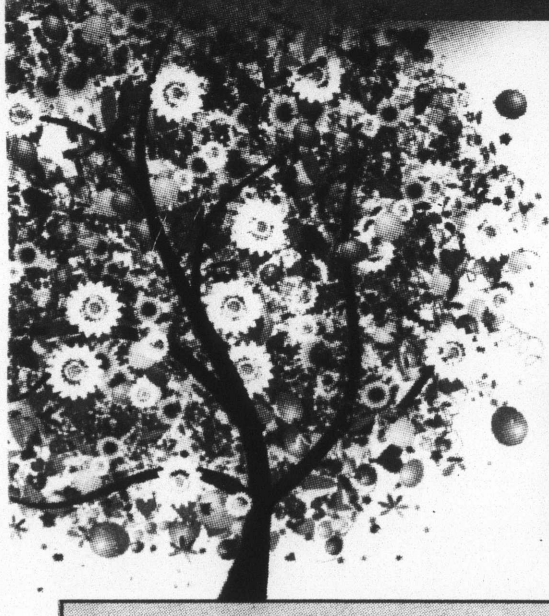
DOVE
Domestic Violence Ended

OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH



Millions of women each year are victims of domestic and sexual violence. Violence against women affects everyone- the victims are our sisters, mothers, partners, friends, clients and co-workers. Most people know someone who is or has been a victim of violence, even though the victim may not have disclosed the violence. It is hard to know how to respond to the victim and to the perpetrator, but peer and community involvement can be the most effective forms of intervention.

Through the month of October, DOVE will provide information in the Quincy Sun weekly on how you can help to end domestic violence. Listed below are some basic suggestions on what you can do. See DOVE's website for more information: www.dovema.org .

Norwood & Quincy weekly support groups
Harvesting Hope October 27 – Boston Marriott Quincy

Myths and Facts about Dating Violence

Domestic violence usually only happens in married couples.
MYTH. As many as one-third of all high school and college-age young people experience violence in an intimate or dating relationship. Physical abuse is as common among high school and college-age couples as married couples.

While females can be abusive and abuse happens in same-sex couples, it is much more common for males to abuse their female partners.
FACT. About 90% of known victims of relationship violence are females abused by their male partners.

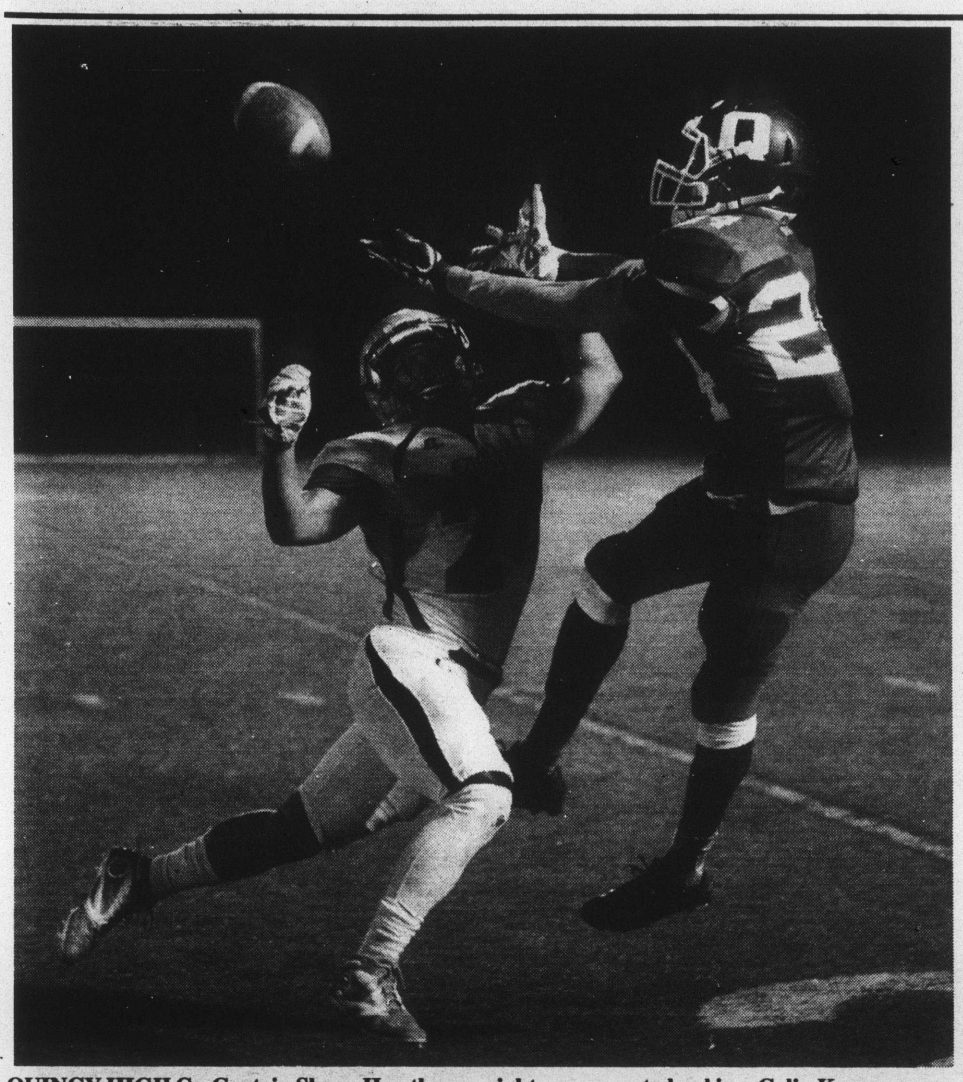
People abuse their partners because they can't control their anger.
MYTH. People who abuse others are not usually out of control. They do it to gain power and control over the other person. They often use tactics besides violence such as threats, intimidation, psychological abuse and isolation from friends or family to control their partners.

People who are abused often blame themselves for their abuse.
FACT. Most people who are abused blame themselves for causing the violence. However, the fact is that NO ONE is ever to blame for another person's violence; violence is always a choice, and the responsibility is 100% with the person who is violent.

People who abuse are psychos/crazy.
MYTH. Abusers are "normal" people that we encounter in everyday life. They can be the smartest, quietest, coolest, or the best athlete on campus. What they have in common is their use of coercion and threats to control a dating partner or spouse.

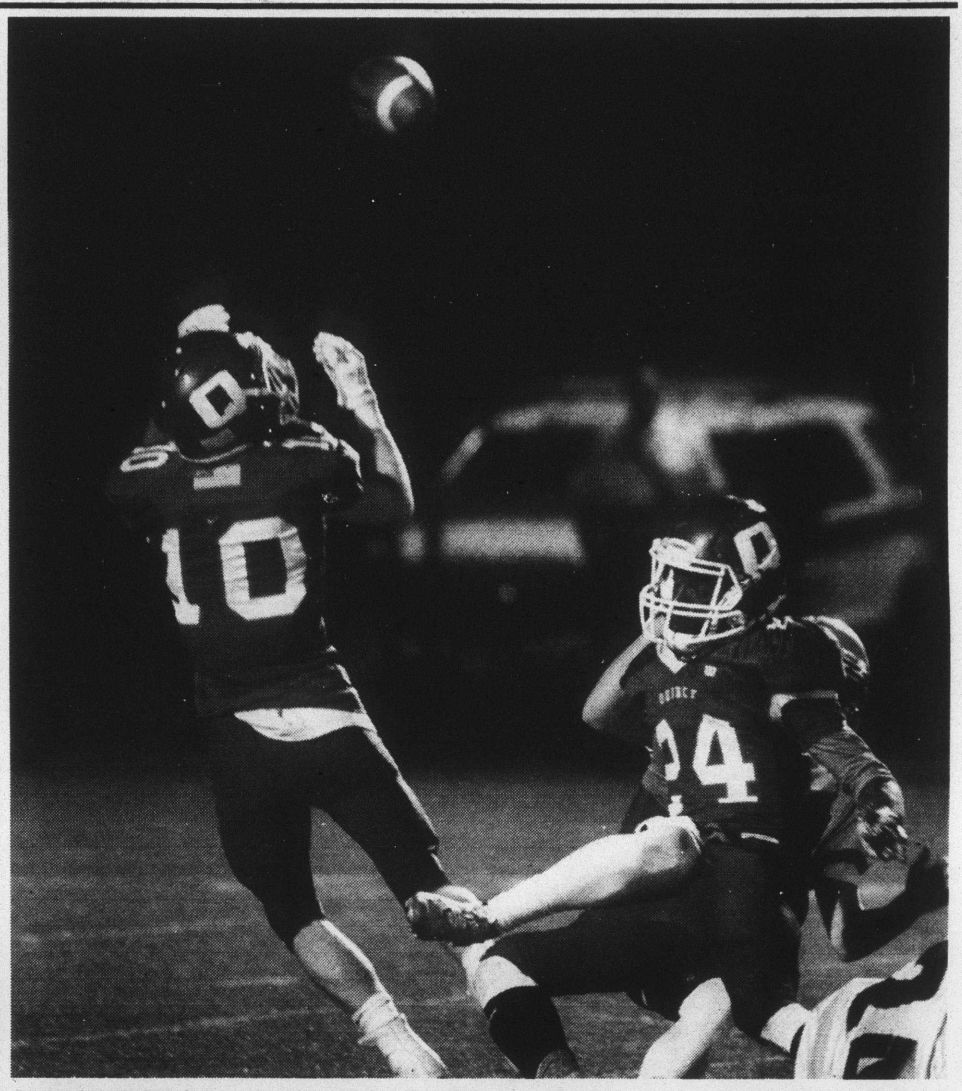
DOVE is committed to partnering with diverse communities, families and individuals impacted by domestic violence. We promote hope, healing, safety, and social change by providing a broad range of preventive and responsive services.

24-Hour Hotline 617-471-1234 • Toll Free 1-888-314-DOVE (3683) Community Advocacy & Prevention Services Office 617-770-4065
DOVE, Inc. • P.O. Box 690267• Quincy, MA 02269 www.dovema.org



QUINCY HIGH Co-Captain Shorn Hawthorne, right, prepares to haul in a Colin Keaveny pass as Plymouth North's Robert Gomes tries to break up the play during Plymouth North's 56 - 26 win Friday night.

Quincy Sun photos/Tom Gorman



QUINCY HIGH'S Brenden Fitzpatrick hauls in one of his four catches against Plymouth North Friday night. He scored three touchdowns in the first half.

Presidents Bow To P-N

By TOM JOYCE

The Quincy High football team's offense showed what they were capable of last Friday night.

Unfortunately for them, however, so did their opponent's offense.

The Presidents had success in the air, but Plymouth North ran well and was able to keep possession for the majority of the game. As a result, the Presidents fell, 56-26, at home.

"I thought we came out good initially on that first drive," Presidents head coach Bill Reardon said. "We found some things we thought we could take advantage of, and they were there. The passing game was there all night. Unfortunately, the turnovers and penalties got to us. At the end, we just lost the time of possession game."

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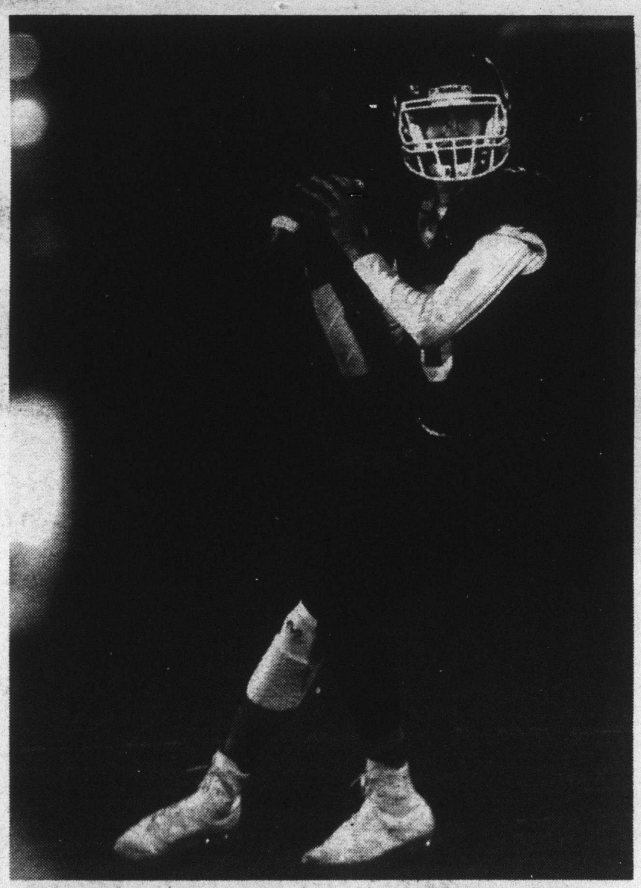
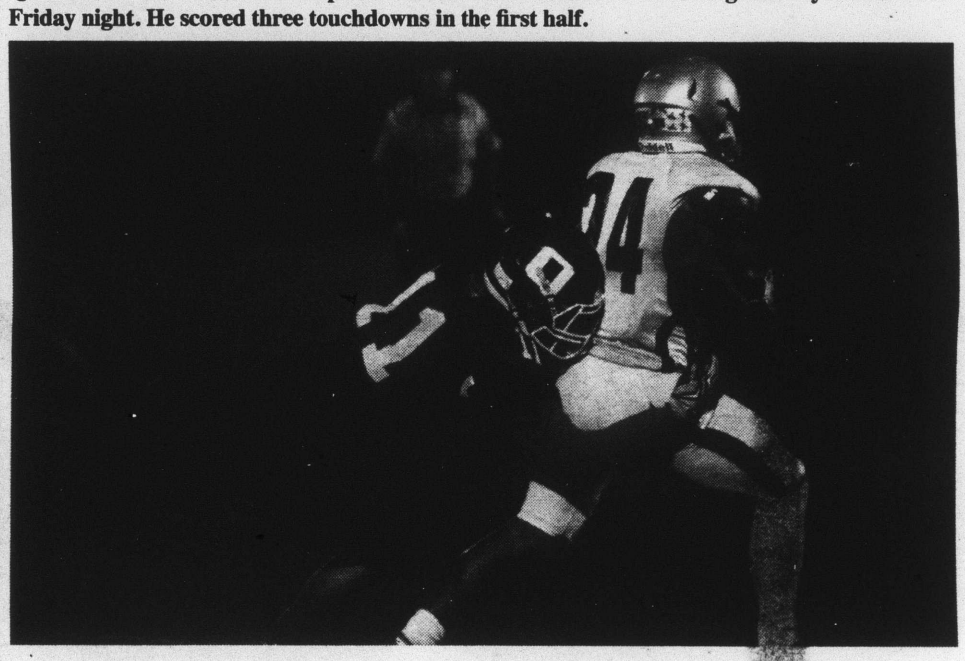
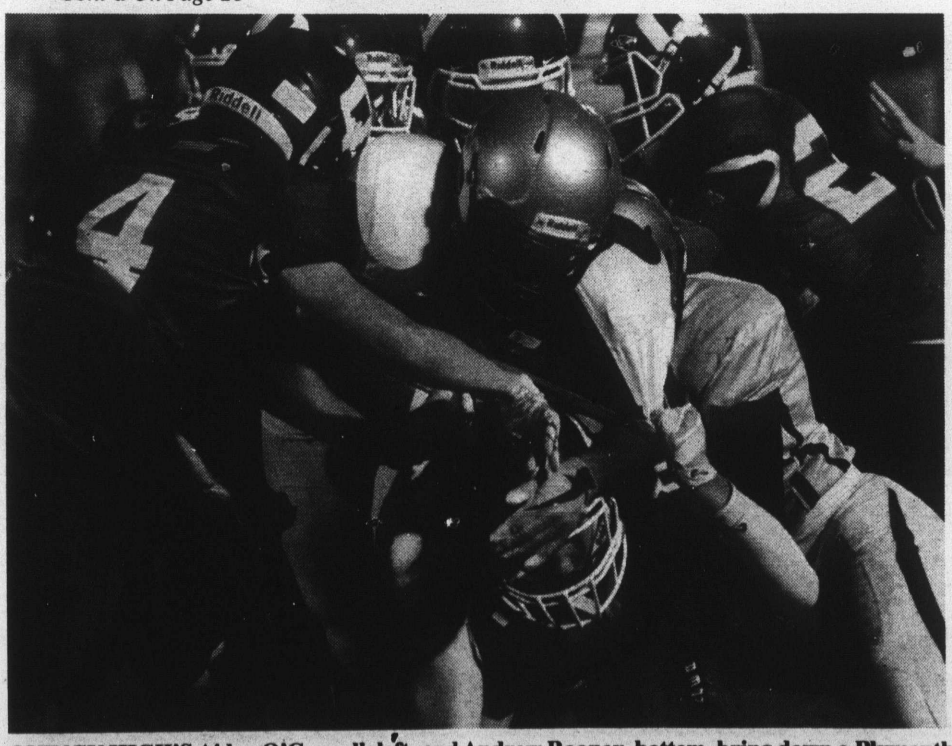


PRESIDENTS' QUARTERBACK Colin Keaveny sets to pass against Plymouth North.



QUINCY HIGH'S Mike Lomanno brings down Plymoth North's Robert Gomes.



QUINCY HIGH'S Aidan O'Connell, left, and Andrew Rooney, bottom, bring down a Plymouth North ball carrier.

Quincy YOUTH HOCKEY

WINTER PROGRAMS

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Saturday Nights at 4:20PM & 5:00PM
WINTER ONE SESSION
November 4, 2017 - December 16, 2017
WINTER TWO SESSION
January 6, 2018 - February 16, 2018

LEARN TO PLAY/PLAY HOCKEY
Winter Session
(5 years old and above)
Cost: $300 per session
November 27, 201 - March 6, 2018
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Any questions please give QYHA a call at (617) 479-8371 x102
or e-mail QYHA@aol.com
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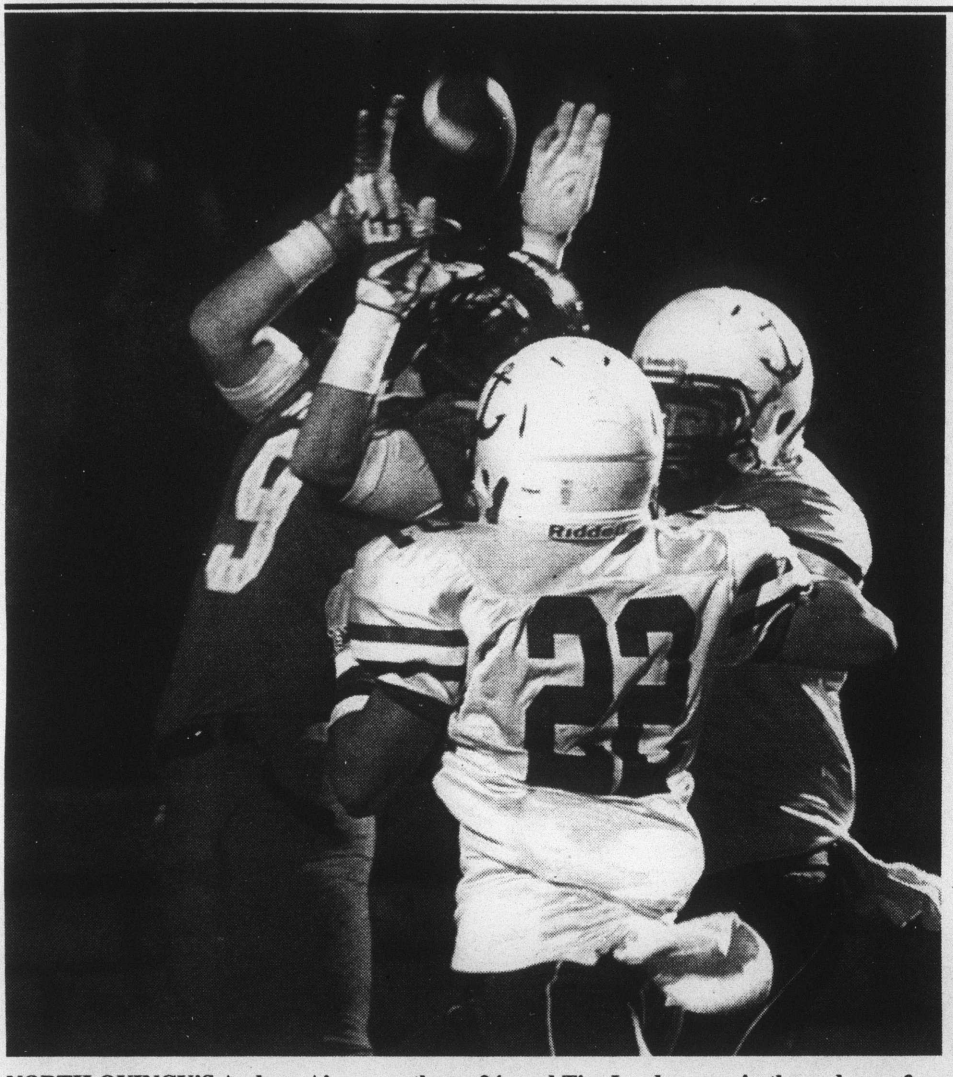


NORTH QUINCY'S Andrew Airosus cathes a 24-yard Tim Layden pass in the end zone for a first quarter touchdown as Scituate defenders move in during the Sailors' 35 - 14 win Saturday night. *Quincy Sun photo/Tom Gorman*

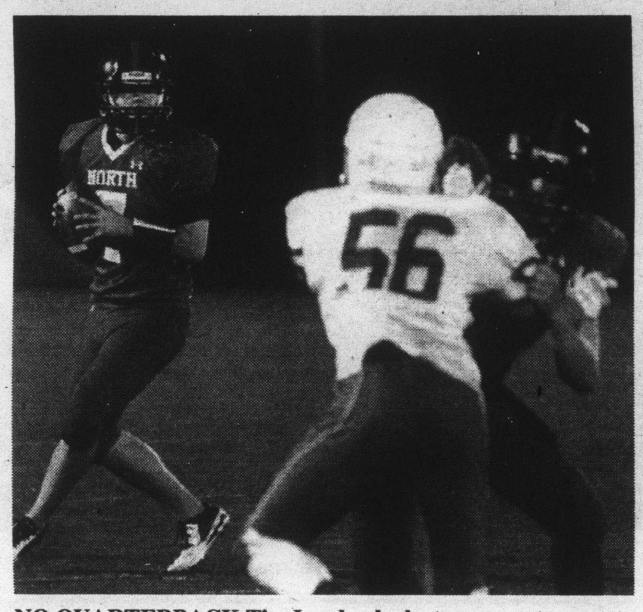
Raiders Fall To Scituate

By BRUCE MARQUIS

The Sailors of Scituate High School improved their record to 6-1 by forging a 35-14 victory over the North Quincy Red Raiders Saturday evening at Veterans' Memorial Stadium in Quincy.

The game was closer than the final score. The home team's record fell to 3-4. However, they still quality for the MIAA playoffs for the first time sine 1992, when they won their division's Super Bowl.

Led by Junior quarterback Aidan Sullivan, the visitors piled up 323 total yards, 205 of them in the air, as Sullivan threw touchdown passes of 63, 13 yards and 39 yards, as he went 11 for 20 passing for a total of 203 yards. His counterpart, North Quincy's junior quarterback Tim Layden answered with 7 for 15 passing for only 64 yards and a 24-yard TD strike to junior receiver Andrew Airosus. The Red Raiders were limited to 215 total yards with 151 on the ground.



NQ QUARTERBACK Tim Layden looks to pass as teammate Josh Moore, right, provides protection.

Winning the toss at the beginning of the game the North Siders deferred to the second half. Their defense stopped the high powered Scituate offense on 7 plays covering 16 yards and one first down. Downing their opponents on their own 43 yard line the Raiders went on a 8-play drive, highlighted by Layden's 24-yard gal-

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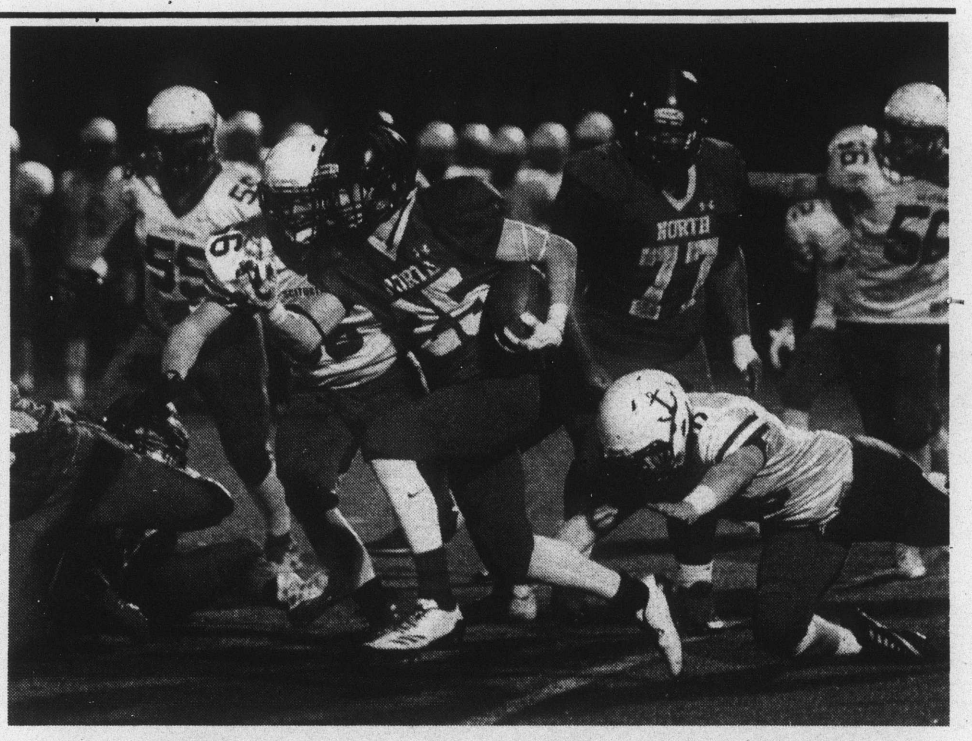
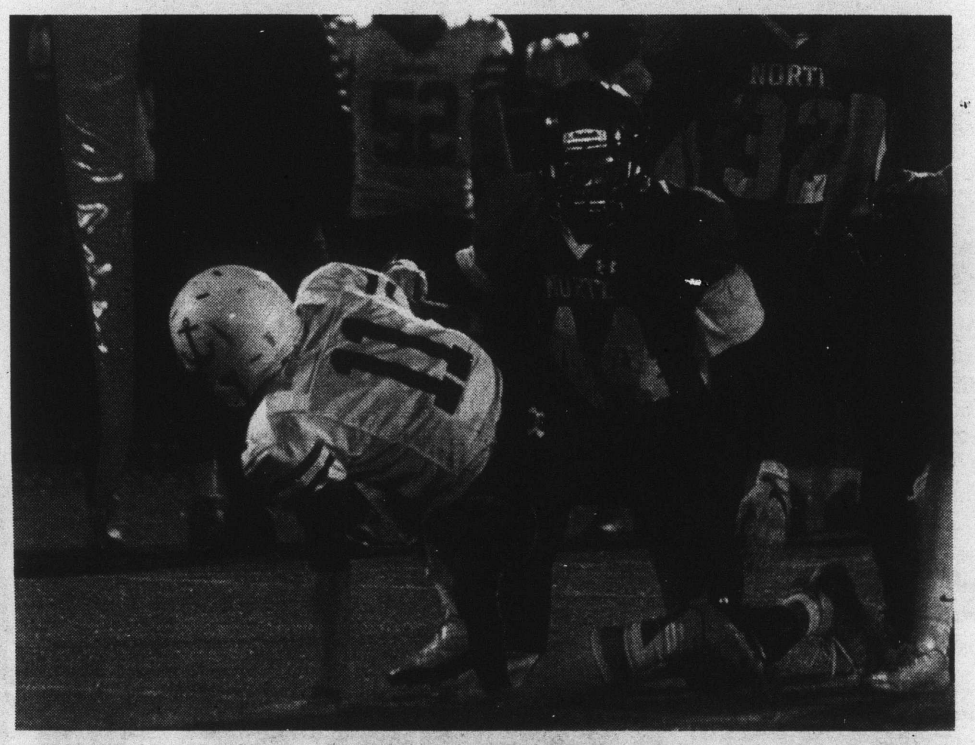
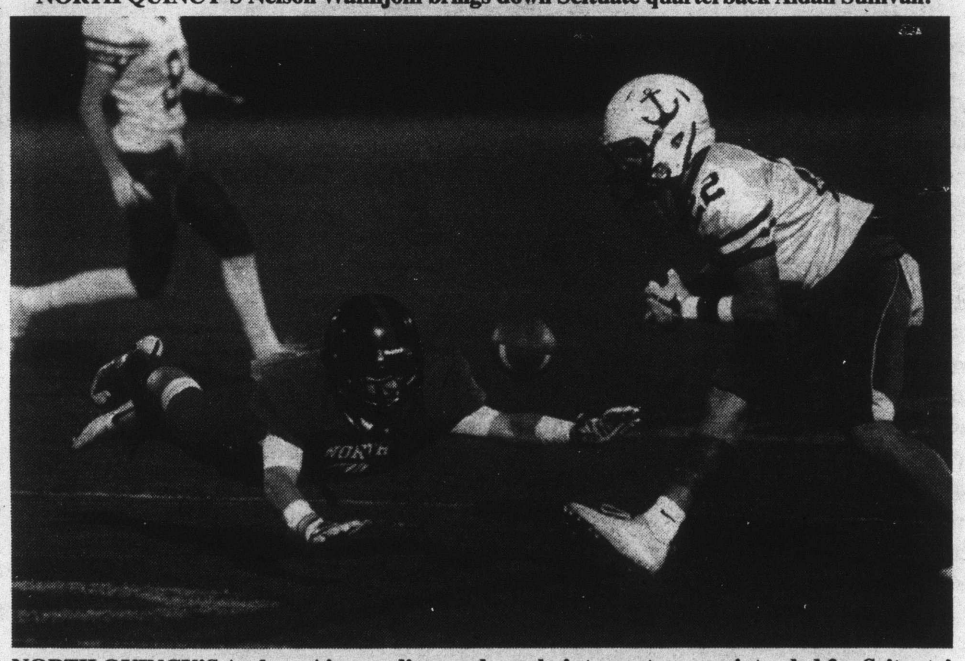


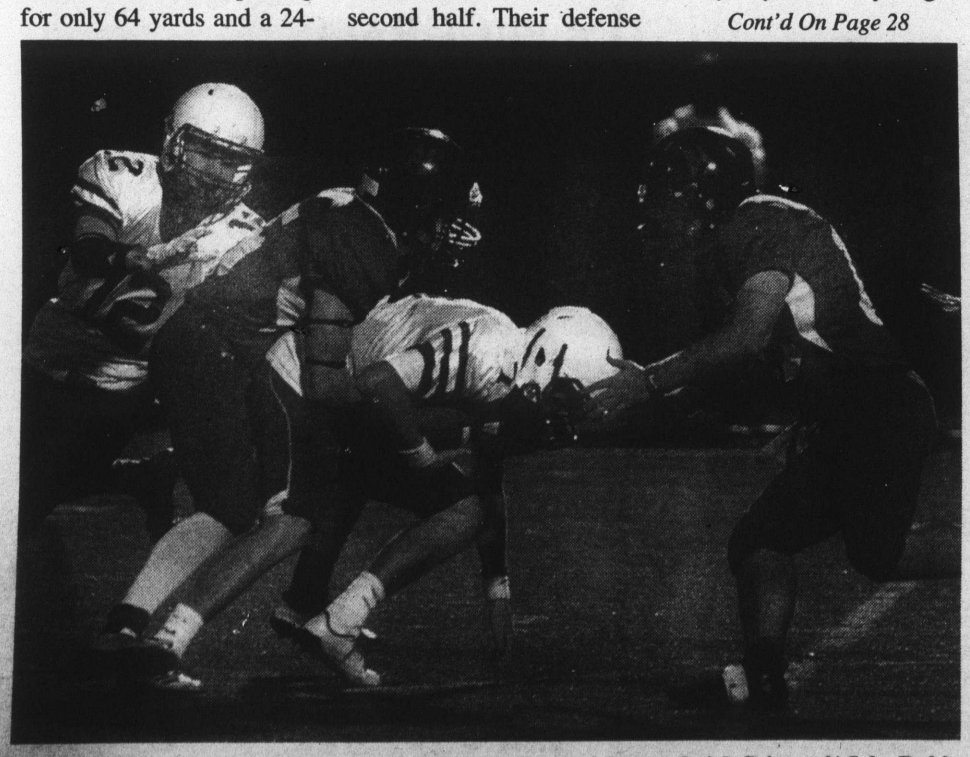
NATE SLEIMAN eludes Scituate tacklers as he picks up a North Quincy first down.



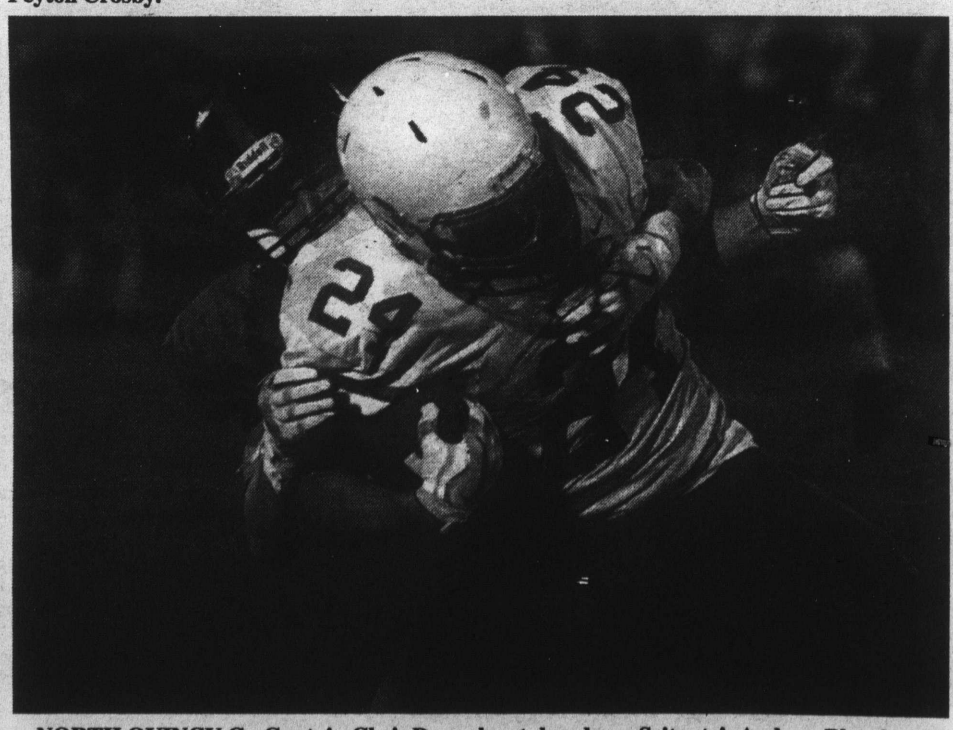
NORTH QUINCY'S Nelson Walinjom brings down Scituate quarterback Aidan Sullivan.



NORTH QUINCY'S Andrew Airosus dives and nearly intercepts a pass intended for Scituate's Peyton Crosby.



NORTH QUINCY'S Nate Sleiman, left, and Jake Roos, right, sandwich Scituate's Jake Ruble.



NORTH QUINCY Co-Captain Chris Donaghey takes down Scituate's Andrew Blanchard.

Quincy Girls Down North Quincy, 1-0

QUINCY HIGH goalie Isabel Doherty leaps to grab a North Quincy shot during Quincy's 1-0 win Saturday.

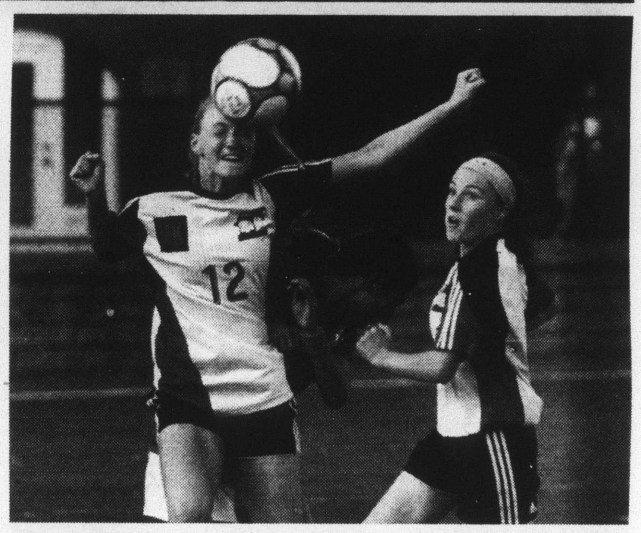
Quincy Sun photos/Tom Gorman

QUINCY HIGH Co-Captain Liana Cunningham leaps over North Quincy's Nora McLaughlin to head the ball.

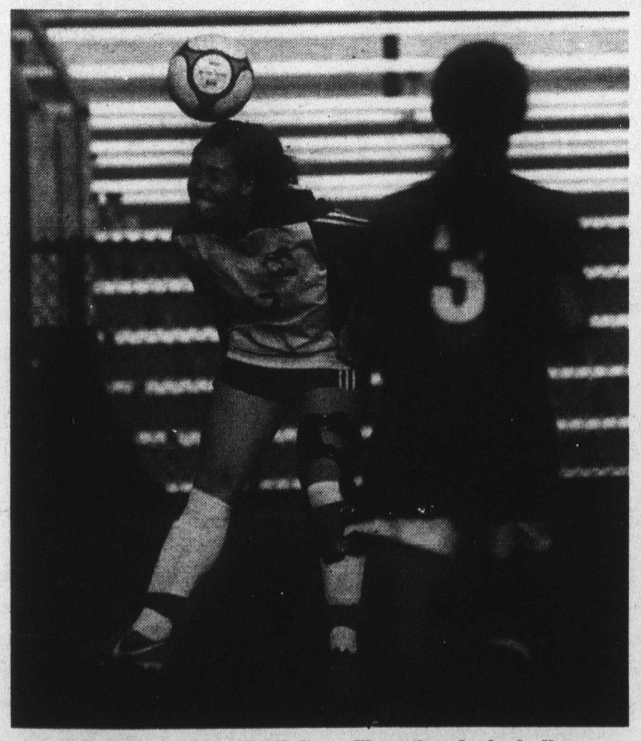
NORTH QUINCY Co-Captain Jillian Hallisey, left, passes the ball past Quincy's Lindsay Sheridan.

QUINCY'S TARA MCCLEARY, right, beats North Quincy's Olivia Hussey heading the ball.

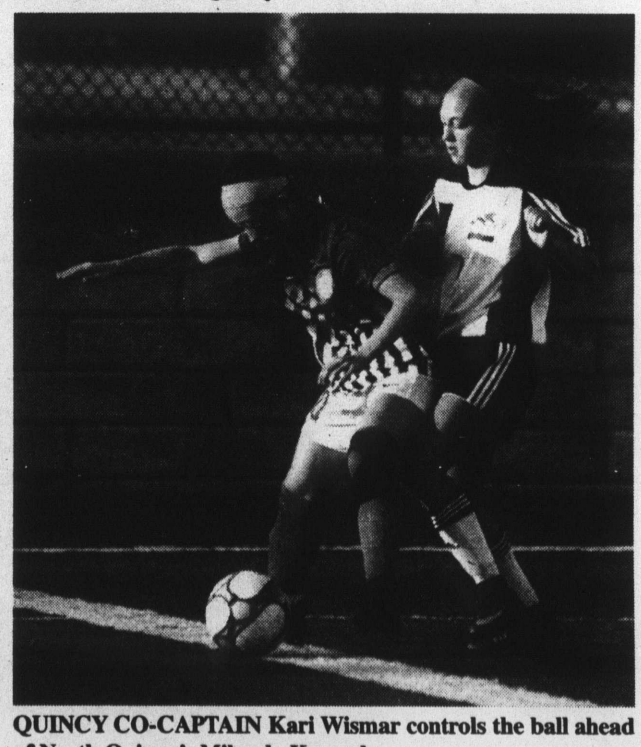
NORTH QUINCY goalie Maria Zraizaa deflects a Quincy shot.



NORTH QUINCY'S Olivia Fitzpatrick heads the ball as Quincy Co-Captain Taylor Routhier defends.



NORTH QUINCY'S Cora Cluett heads the ball.



QUINCY CO-CAPTAIN Kari Wismar controls the ball ahead of North Quincy's Mikayla Kennedy.

VOICE FOR HEALTH
by Dr. Gabrielle Freedman
Chiropractor

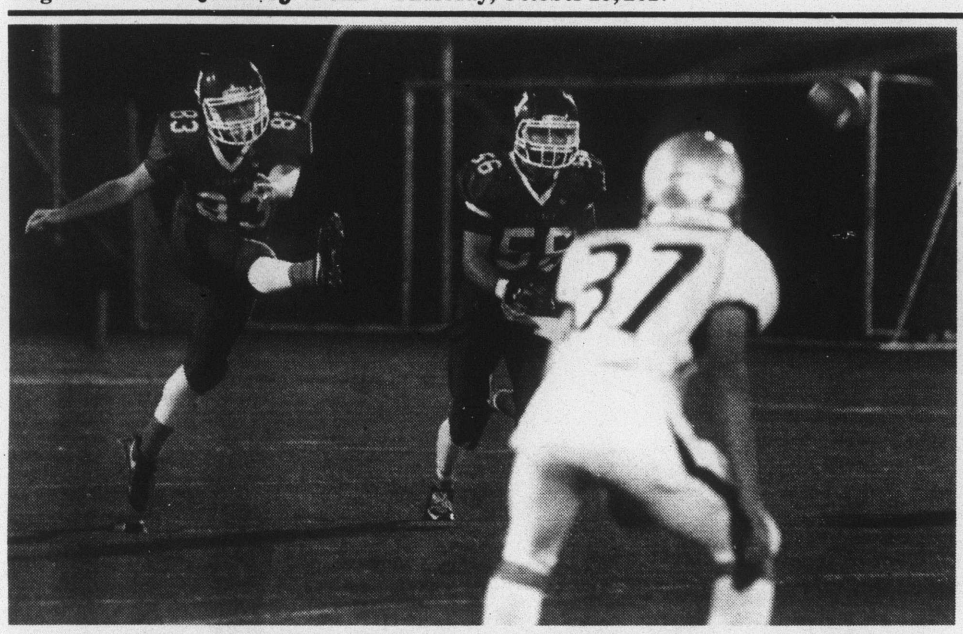
CONSIDERING KNEE-REPLACEMENT SURGERY?

Every 45 seconds, a patient in the United States undergoes total knee-replacement (TKR) surgery, and it is estimated that by 2030, 3.5 million of these surgeries will be performed each year. These surgical procedures, which are primarily undertaken to relieve knee pain caused by osteoarthritis, are generally quite effective. However, if back pain occurs concurrently with knee pain, it is best to treat the back pain prior to undergoing TKR. According to a study of patients with both knee pain and low back pain, the outcome of total knee-replacement surgery was better if their back pain was addressed before surgery. Patients with low back pain were also more likely to require revision surgery.

Chiropractors perform spinal adjustments to correct the subluxations, or misalignments, of the vertebrae in the spine. Chiropractors perform adjustments by applying gentle, yet firm pressure to a bone. The goal of any adjustment is to restore the bone to its natural, or original, position. To schedule an appointment, please call **FAMILY PRACTICE OF CHIROPRACTIC** at **617-472-4220**. Our office is located at **112 McGrath Hwy., Quincy.**

P.S. It may be that unresolved back pain inhibits the movement of total knee-replacement patients to the point where their rehabilitations are adversely affected.

www.freedmanchiro.com



QUINCY HIGH'S Ryan Boretti kicks off to Plymouth North. *Quincy Sun photo/Tom Gorman*

Presidents Bow To P-N

Cont'd From Page 25

The Presidents struck first in the contest, taking a 7-0 lead with 7:06 remaining in the first quarter. Quarterback Colin Keaveny (5-for-14 passing, 200 yards, three touchdowns) showed off his strong throwing arm all night, including when he hit Brenden Fitzpatrick (four catches, 160 yards, three touchdowns) with a 33-yard touchdown in the first four minutes of the game to the put the Presidents ahead. Mikhayla Foley kicked the extra point to put the team up by seven.

Following the score, Ryan Boretti, who is the Presidents' kicker on kickoffs, pinned Plymouth North on their own 10-yard line, giving them poor field position for their first drive of the game. Ultimately, however, Plymouth North did not need great field position to score on their first drive since they scored on a 78-yard touchdown pass with 4:55 remaining in the quarter.

When the Presidents got the ball back following the score, they turned the ball over on a running back pitch gone awry. This gave Plymouth North the ball just 25 yards away from the end zone. A minute later, they punched in a 4-yard touchdown to take the lead.

Midway through the second quarter, Plymouth North started to gain some momentum again. With 6:03 remaining, they scored a 6-yard touchdown and hit an extra point to take a 21-7 lead. It would not take the Presidents long to react to this.

The Presidents got solid field position for their drive, starting it at their on 41-yard line. On the first play of the drive, Keaveny connected with Fitzpatrick for a 59-yard touchdown pass to bring the Presidents within one touchdown of their opponent. Foley hit the extra point to make it a 21-14 game.

Before the first half ended, Plymouth North padded their lead a bit. In the next four minutes, they had a pair of touchdown runs: one from 10 yards out and another from 33 yards out after recovering the kickoff to follow. That gave them a 35-14 lead. If that were the score headed into halftime, it would have been tough for the Presidents to make a comeback, but they did not let it happen.

The Presidents looked to the air on their final drive of the first half. They were helped out by a pair of pass interference calls that put them around midfield. Keaveny then had a 9-yard run before bringing his team within two scores. Keaveny threw a pass downfield that was tipped by a pair of Plymouth North defenders into the hands of a wide open Fitzpatrick. The wide receiver capitalized on the opportunity and sprinted to the end zone, making the score 35-20 with 21.1 seconds remaining in the first half.

On the first offensive play of the second half, Plymouth North was able to extend their lead with a 58-yard touchdown run. The touchdown and a successful extra point gave them a 42-20 lead.

Plymouth North was able to extend their lead late in the quarter with a 10-yard touchdown run and successful extra point with 3:44 remaining in the third quarter. They then recovered their kickoff and two minutes later, they punched in another 10-yard touchdown run and had a successful extra point kick to take a 56-20 lead.

With 9:20 remaining in the fourth quarter, the Presidents made it onto the scoreboard once again. This time, Shorn Hawthorne (seven rushes, 37 yards) ran a counter 25 yards into the end zone for a touchdown to make it a 56-26 game. On that drive, Brian Nguyen (eight rushes, 48 yards) had a 21-yard run to put the Presidents in Plymouth North territory.

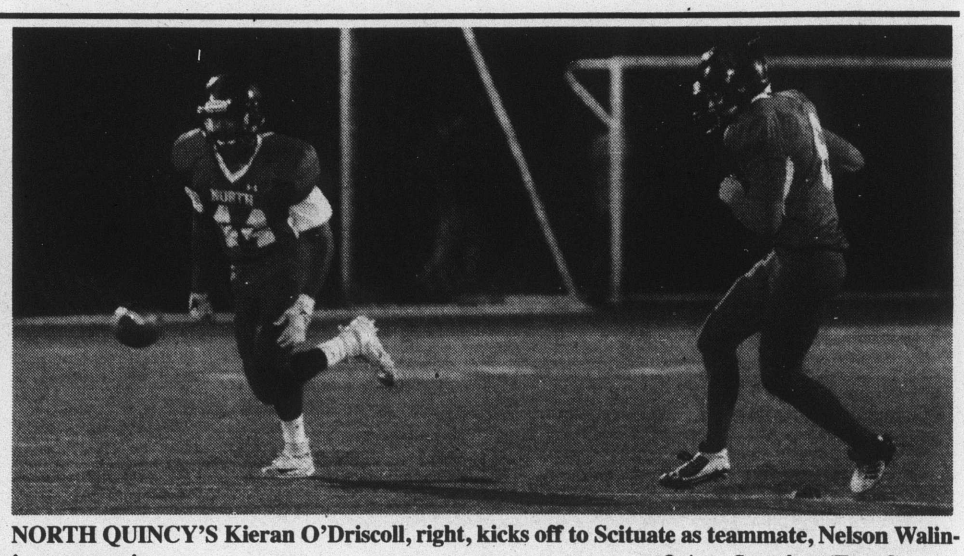
A major reason why the Presidents enjoyed success throwing the ball last Friday night is because of the strong pass blocking they received from offensive linemen Jamal Williams, Robbie Hill, Zac Carson, Jack Cook, Pat Nazzaro and tight end Andrew Rooney.

With the loss, the Presidents fall to 0-7 on the season. Since the Presidents did not qualify for the playoffs, their next three games (prior to Thanksgiving) will come against non-playoff teams.

The Presidents host Brookline Friday night at 7 p.m. at Veterans' Memorial Stadium.

Although they are playing against different opponents now, the Presidents' objective is still the same: play to win every week.

"The game plan changes depending on who our opponent is," Reardon said, "but we have to play to the best of our ability. Like any other week, we'll capitalize on our strengths while hiding our weaknesses."



NORTH QUINCY'S Kieran O'Driscoll, right, kicks off to Scituate as teammate, Nelson Walinjom, moves in. *Quincy Sun photo/Tom Gorman*

Raiders Fall To Scituate

Cont'd From Page 26

lop, and ending a third down 24-yard touchdown pass to Airosus. Junior Kieran O'Driscoll drilled the extra point kick to make the score 7-0 with 4:05 left in the first quarter.

The Sailors responded immediately with a 63-yard touchdown pass from Sullivan on first down. After a successful kick, the visitors had tied the game 7-7.

On their next drive the Raiders fumbled the ball on a rush with Scituate recovering on the North Quincy 25. After gaining only 7 yards on three plays, the Sailors tried a field goal which was blocked by the interior line and recovered by Sleiman on his own 25.

The home team's defensive line, which held their opponents to only 115 yards on the ground, continued to shine.

Led by senior Captain Devin Ganno, senior Elmer Lainez, junior Win Tran, junior Ty Finn with relief from junior lineman Ryan Kelson, the line held its own and rushed the passer with authority. Linebackers junior Walinjom and seniors Luca Smith and Jake Roos made major contributions as well. Defensive back senior Captain Connor Donaghey, senior Captain Chris Donaghey and junior Andrew Airosus had their hands full with the speedy Scituate receivers.

On their next possession the Red Raiders punted after 7 plays and only 16 yards gained. Scituate took over on its own 32. The Sailors then went on a 65-yard drive on 10 plays, finishing it off with a 13-yard pass from Sullivan. The kick was good again with the score 14-7 for the visitors with 5:10 left in the first half. Neither team was able to move the ball for the rest of the first half of the contest.

The Raiders ended up with 151 yards on the ground in 35 carries including Layden's 64 yards on 11 carries, 4 for first downs; Sleiman's 55 yards on 16 carries including a 1-yard touchdown dive; junior running back Win Tran's 15 yards on 6 carries; one 3-yard run by Connor Donaghey; and a 14-yard dash by junior tight end and fullback Walinjom, a play that ended with a fumble and change of possession. The offensive line of seniors tackles Josh Moore and Jeff Sullivan, Ganno, junior guard Josh Dangora, and Finn blocked well especially in pass protection for Layden. Kelson played part of the first half at guard, substituting for an injured teammate.

Connor Donaghey returned the second half kickoff back to his own 39. The Raiders then went on a 14-play drive taking up almost 8 minutes and ending with a 1-yard plunge by Sleiman. After another O'Driscoll conversion the score was tied 14-14. Highlights of the drive were a 16-yard catch of a Layden dart by Connor Donaghey, a 20-year run by Sleiman and a 10-yard dash by Leydon.

After tying the score it was all downhill for the North Quincy Red Raiders as the Scituate Salilors scored three unanswered TDs. On their next drive the visitors scored on a 39-yard touchdown pass moving from their own 35 in only 4 plays. When they punted on their next possession to the Scituate 5-yard line, senior running back Abel Lopes Jr. reversed field and ran all the way back to the Raiders' 41 and would have gone in for a touchdown if it hadn't been for a crushing tackle by Walinjom. Nevertheless, Scituate took only 8 plays to make it to paydirt, scoring on a 19-yard touchdown run by senior running back Andrew Blanchard. That brought the score to 28-14 after another successful kick and the game was decided.

The final score came on a 58-yard return of an interception by Lopes, but the outcome had already been decided.

Fifth year North Quincy head coach Mark Nutley was disappointed after the game but optimistic about his team's chances in the playoffs which begin Friday night at Milton (7 p.m.).

"Scituate is 6-1 for a reason. Their #2 (Lopes) is a special player, but our guys played their hearts out for 3 and 1/2 quarters. Our drive at the beginning of the second half to tie the score was huge, but we can't give the opponents extra plays as we did with a couple of penalties." He emphasized the Red Raiders are in the playoffs for the first time since 1992 (25 years) and have a chance to move on.

Bike-Powered Food Drive Nov 4

Join Quincycles and Interfaith Social Services for the second annual Cranksgiving, a bike-powered food drive, on Saturday, Nov. 4, 1-4 p.m.

Meet at Interfaith Social Services, 105 Adams St., with your bike to receive the list of items needed by the food pantry. Participants ride in groups to at least four grocery stores in Quincy to buy items on the list and bring them back to Interfaith Social Services.

Participants can make more than one trip. Once participants finish, they can submit their four receipts to be entered into a raffle to win a prize. Participants are welcome to celebrate after the event at Angelo's Coal Fired Pizza.

Visit www.Quincycles.org for more information and to register (free). For questions, email quincycles@gmail.com.

Cross Country Highlights

By GEOFF HENNESSY

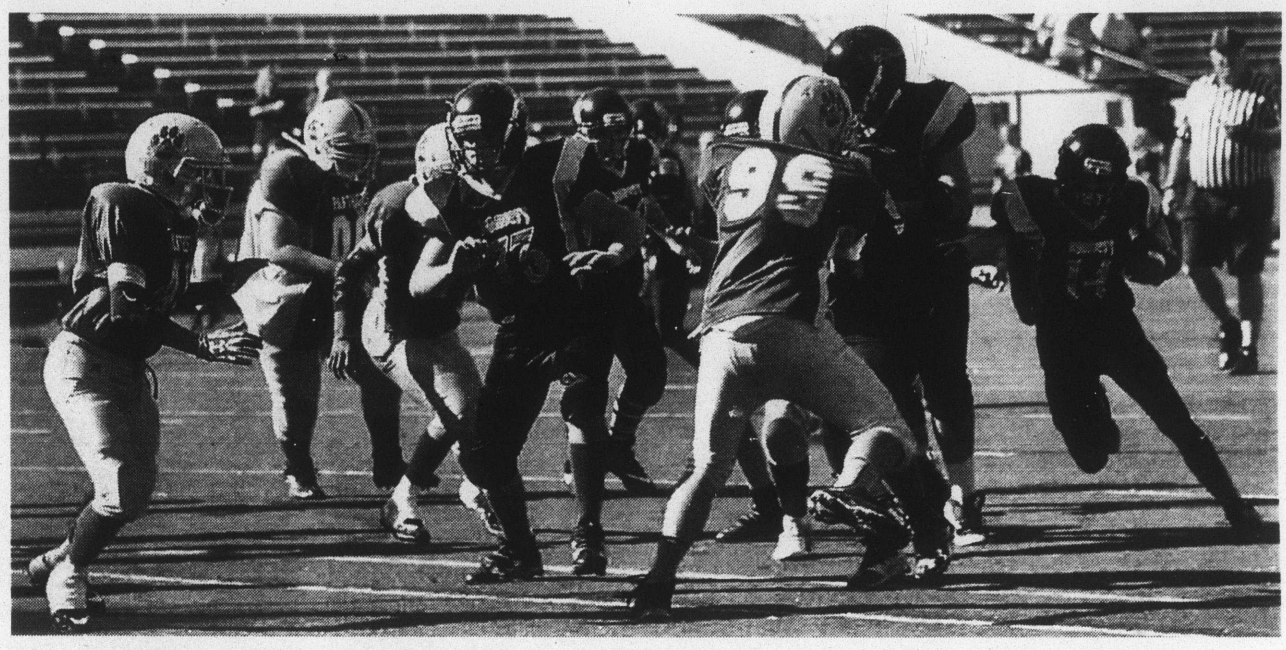
QNQ Girls came up against a juggernaut in the form of the Pembroke Titans Girls team. With 10 excellent runners, and a very difficult course, the titans worked it to perfection and pulled out a 26-32 win to take the Patriot League Fisher division.

Freshman Maeve White had little respect for her elders moving to the front over the final kilometer to take the win over the 2.7 mile course. Abby Murphy seemingly had second wrapped up only to be edged right at the line by Titan Captain Sarah Tormey. Devin Hiltunen took 6th, Freshman Lezly Acevedo took 11th and Camryn Dastrup took 14th to close out the scoring. The boys team was whitewashed 15-50 as Pembroke's 25 seniors dominated taking the top 9 spots. Freshman Ronan Kelly managed to grab 10th with Ryan Polsgrove 11th, Nick Ouellette 13th, Dakota Pendleton 14th and Braedon Kopp 15th, QNQ has no seniors in their top 15 athletes. The one bright spot was that it was only 54 seconds between the first and fifth runners - a good sign for the future.

The team also participated in the Twilight Invitational at the Cape Cod Fairgrounds. Maeve White (4th) and Lezly Acevedo (13th) earned medals in the Freshman Girls 2.1 mile race as well as Ronan Kelly (6th) in the Boys freshman 2.1 mile race. QNQ hosted Hingham Tuesday and will participate in the Patriot League Championships at Pembroke on Saturday.

Panthers, Manets Battle To Tie, Elks Drive Past Storm

QYFL Week 7 Highlights



PANTHER AND MANET linemen battle in the trenches in Sunday's 13-13 tie at Veterans' Memorial Stadium.
Photos Courtesy Sean Halpin

By SEAN HALPIN

VARSITY:

PANTHERS 13
MANETS 13 (TIE)

Houghs Neck and Quincy Point battled to the second tie of the varsity season, 13-13.

Panther Running Backs Erick Lomanno and Michael Potter each scored on rushing TDs with Jarod Walker scoring the extra point. Manets RB William Ploof scored on a 45-yard run. QB Stephen Gallant also scored on an 11-yard Run. Andrew Engren rushed for the conversion in the 13-13 tie.

The Manets were led by Stephen Gallant, Andrew Engren, Mike Cascarano, Max Van Tassell, William Ploof and Mason McDonough, Brendan Regan and Joey Manton. The Panthers saw fine performances from Michael Potter, Jacey Ham, Oscar Li, Jarod Walker, Drew Boretti and Erick Lomanno.

ELKS 40
STORM 0

The West Quincy fast spread offense showed up on Sunday afternoon. RB Thomas Murray got the Elks rolling with a 15-yard TD run, Murray added the conversion kick to make it 8-0. On their next possession, Elks QB Gianni Perea hit WR Malik Francis on a 17-yard TD pass. Murray added conversion kick to take a 16-0 lead. On the ensuing drive, QB Perea found Murray for a 47-yard TD pass. Murray added the kick to make it 24-0 at halftime.

On the opening drive of the second half, Elks QB Perea threw his third TD pass when he connected with Francis on a 65-yard TD. Murray added the conversion kick to take a 32-0 lead. Late in third quarter, RB Nicholas Perrera rushed for a 17-yard TD.

The Elks saw great defensive play from, Rean Beqo, Brandon baker, Scottie Ritz, Dallas Hudgins, Nico Mortel and Samee Akhouzine. The Storm were led by Brendan Glynn and Dan Bellotti.

JUNIOR VARSITY:

ELKS 26
APACHES (Black) 6

The Apaches mounted a 60-yard drive on the opening series. QB Charlie Baker scored on a 5-yard plunge to make it 6-0. The Elks answered with 3 TD runs by RB Jordan Souza (80, 47 and 11-yard TDs). William Conley also scored for the Elks on a 4-yard plunge, as the Elks defeated the Apaches (Black) 26-6.

The Elks were led on defense by Ben Hudach (2 sacks), Jordan Mahoney and Brody Baker. The Apaches saw strong performances from Baker, Theo Porter, Robert Walinjom, Michael Campbell, Anass Bahri and Charlie Ambroult.

PANTHERS 30
MANETS 0

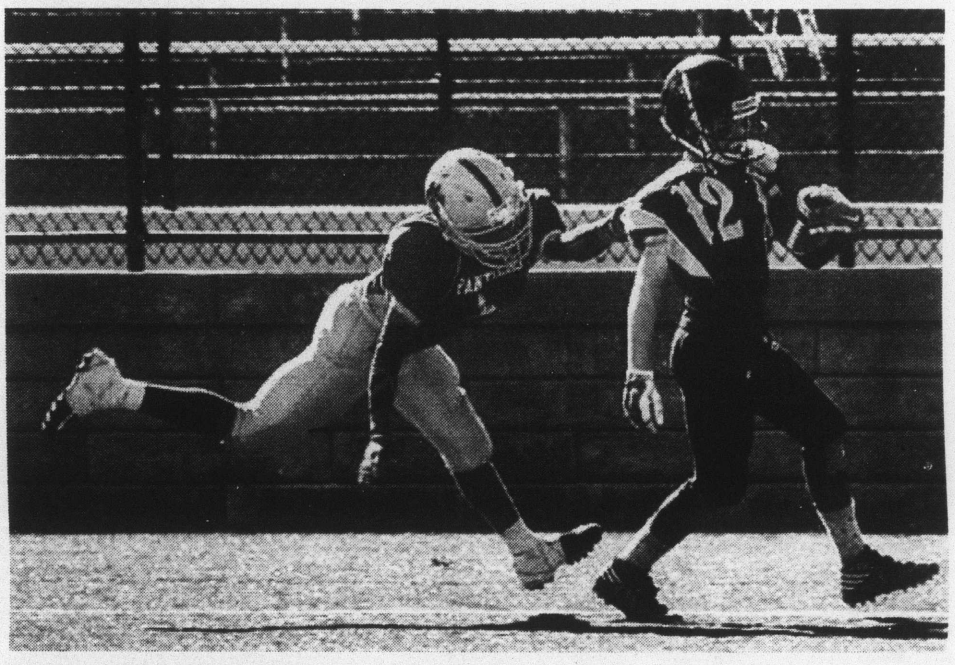
Quincy Point remains unbeaten and clinched the championship berth with a 30-0 victory over Houghs Neck. Panther QB Andrew Novak with 2 TD runs and 1 extra point, RB Nathen Sampson 26-yard TD pass reception from QB Novak and Ruben Charles added the extra points. Panther LB Gabriel Rodrigues had a 63-yard interception return for a TD.

The Panthers (6-0) had many players step up to fill in for injured players. They were led by Rueben Charles, Andrew Novak, Gabe Rodrigues and Caleb Parsons. The Manets saw fine performances from Ryan Gomez and Cam Quigley, Brandon Toomer and Kastriot Panariti.

FRESHMEN:

MANETS 36
PANTHERS 22

QB/KR Mikey Galligan led the Manets with 3 kickoff returns for a TD. Galligan also rushed for 2 more TDs. Anthony Melchione and Leonel Steinberg added the conversion scores for the Manets.



MANET QUARTERBACK Stephen Gallant (#12) races down the sideline before being stopped by Panther LB Jarod Walker (#1).

Panther scorers were Johjoe Ham on a 30-yard pass from QB Caiden Pina. Pina had 2 TDs and a conversion. Mikiel Renaud also added a conversion run.

The Panthers were led Patrick Connor, Gavin Doyle, James Augustin, Jacoby Quinn and Donovan O'Connell. The Manets got strong performances from William Codner, Danny Rowan, Galligan, Steinberg and Melchione.

STORM 28
ELKS 8

Storm QB Michael Buckley had 102 yards rushing and a TD. Domenic Perry (75-yards) and Devon Tran (60-yard) also scored for the Storm in the 28-8 victory over the Elks.

The Squantum Storm (4-1) saw strong performances from Colin Waldron, Steele Smith, Buckley, Tran and Perry.

The West Quincy Elks were led by T'khari Mercer, Alijah Souza and Marcellos Barros.

Quincy Youth Soccer Fall Jamboree Nov. 4

Quincy Youth Soccer will hold its annual Fall Jamboree Saturday, Nov. 4th from 10 a.m. to 4 p.m. at Veterans' Memorial Stadium.

Early Bird registration for the Spring 2018 In-House season will be available on this day for all returning players.

QYS also welcomes any new players to register in person during this time. A copy of birth certificate/ passport is required for all new registrants.

This year one of the players is collecting gear for RAWHaiti. This program needs cleats, sneakers, cones, jerseys, pinnies, and socks. Every donation goes a long way.

YOUTH SOCCER ACTION at a recent U10 in-house boys game at Therrien Field (above) and a U15 boys game at Veterans' Memorial Stadium (below).
Photos Courtesy Cindy Cullinane

Sacred Heart Basketball Travel Tryouts For Boys, Girls Grades 3-8

Sacred Heart Basketball will hold open travel team tryouts for boys and girls in grades 3-8.

The Sacred Heart travel teams participate in the most competitive travel leagues in the South Shore and Eastern Massachusetts (Metrowest League and South Shore League). Each travel team practices once or twice weekly, plays a schedule of travel league games with playoffs and also participates in several tournaments.

Anyboy or girl in grades 3-8 who is a resident of Quincy or who attends school in Quincy are welcome to try out. There is no fee to try out.

All tryouts will be held at Quincy Catholic Academy, 370 Hancock St., Quincy.

• Thursday, Oct. 26	7-9 p.m.	Girls grades 7 & 8
• Friday Oct. 27	5 p.m.	Girls grades 3 & 4
	6 p.m.	Girls Grade 6
	7 p.m.	Boys Grade 6
	8 p.m.	Boys Grade 7
• Saturday, Oct. 28	5 p.m.	Boys Grades 3 & 4
	6 p.m.	Boys Grade 5
	7 p.m.	Girls Grade 5
	8 p.m.	Boys Grade 8

Anyone who is interested in trying out who cannot attend the tryout and anyone seeking more information can contact Mark Jaehnig at 617 472-3311 or mcjsports7@gmail.com.

South Korea Honors Quincy Korean War Veterans

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to service members from around the world who fought on the side of South Korea, Kwon said; the Boston consulate has awarded more than 200 of the medals this year. Kwon said South Koreans still have vivid memories of the war, which was fought from 1950 to 1953.

"It is vivid still in the memory of Koreans. Old, young, it doesn't matter. We remember vividly your sacrifice," Kwon said. "That's why the Korean government is presenting these Ambassador for Peace Medals."

Kwon noted the parents of Moon Jae-In, the president of South Korea, were among the tens of thousands of civilians evacuated by American and United Nations forces from the North Korean port of Hungnam in the winter of 1950.

"Surprisingly and miraculously, his parents were among those Korean refuges rescued by allied forces," Kwon said. "Without the courageous sacrifice of Korean War veterans, he cannot be born and he cannot be the president of the Republic of Korea."

Koch thanked the South Korean government for recognizing the veterans honored Monday, and thanked the veterans for their service.

"There is great pride in the city of Quincy and great tradition in honoring our veterans and today is another example of that," the mayor said. "We are grateful to the government of South Korea for acknowledging the incredible sacrifice made by the veterans of the United States to protect the freedom of the people of South Korea.

"Certainly as mayor on behalf of the citizens of the city of Quincy, I want to say thank you for your service – your service to our nation:"

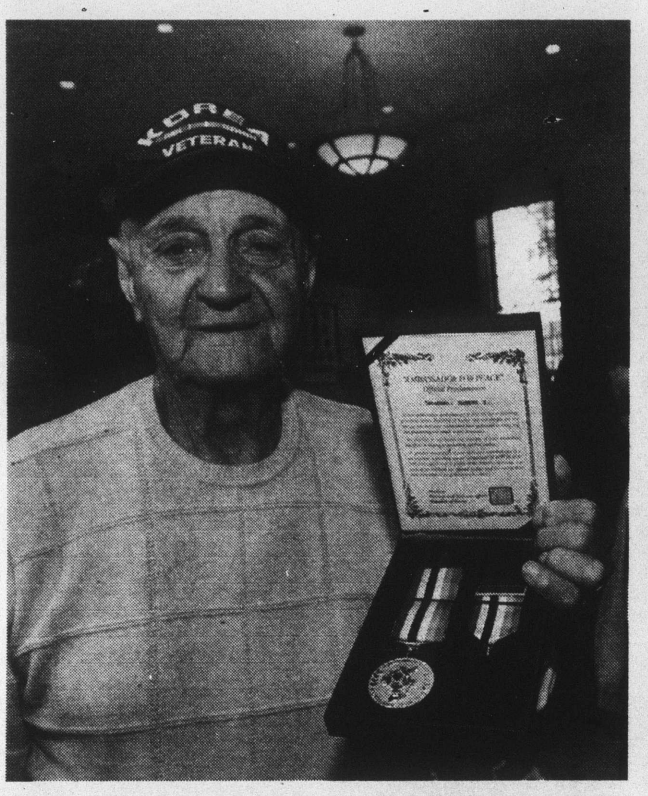
George Nicholson, the city's director of veterans' services, said the legacy of what the veterans of the Korean War accomplished is unmatched today.

"If we go to South Korea and visit Seoul, I'm sure none of these men would recognize this city that's there now," Nicholson said of the nation's capital. "But the South Korean people have never forgotten and never will."

Rep. Tackey Chan thanked the veterans for their service on behalf of Quincy's delegation on Beacon Hill.

"We all thank you for your service and we all believe that the democracy and freedoms we enjoy today should be something shared around the world beyond us," Chan said.

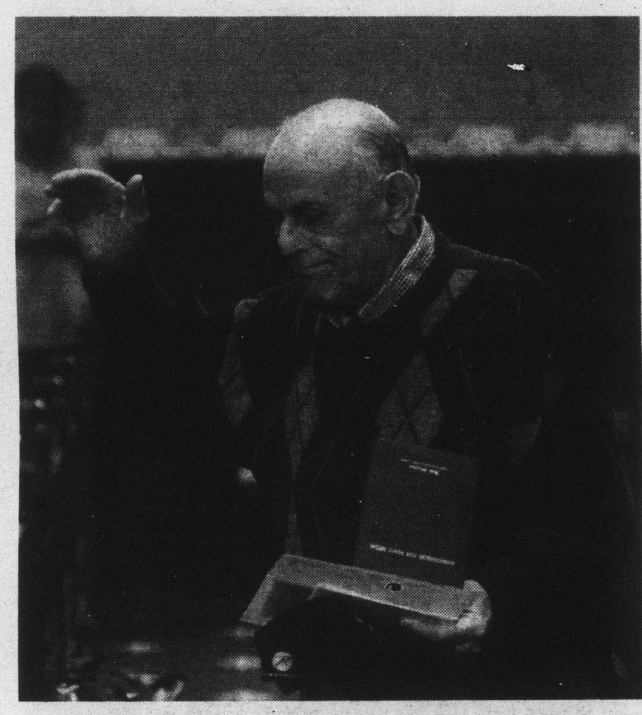
"Too often we talk about shielding ourselves from the rest of the world. Our veterans did not fight to shield us from the rest of the world. They created freedoms for the people so that we can share the world together."



ARMY VETERAN Robert Tombari was among several Korean War veterans presented the Ambassador for Peace Medal by the South Korean government during a City Hall ceremony Monday. *Quincy Sun photos/Tom Gorman*

KOREAN WAR Navy veteran Philip Baldassini receives the Ambassador for Peace Medal from South Korean Deputy Consul Songhwan Kwon.

ARMY VETERAN Patrick Nevins, left, is congratulated by South Korean Deputy Consul Songhwan Kwon after presenting the Ambassador for Peace Medal.



KOREAN ARMY veteran Frederick Caramanica acknowleges applause after receiving his Ambassador for Peace Medal.

PAST AMERICAN LEGION National Commander Jake Comer addresses the Ambassador for Peace Medal ceremony.

QUINCY VETERANS SERVICES Director George Nicholson introduces honored veterans during the Ambassador for Peace Medal ceremony.

Jake Comer, a past national commander of the American Legion, recalled visiting Seoul while serving as the head of the veterans' organization from 1987 to 1988 – a trip all national commanders have taken. Comer traveled to all 50 states and 18 foreign countries while serving as the American Legion's national commander, and said Monday that the visit to the South Korean capital was the most memorable for him.

"Here is a city that was brought up for the ashes. Desolate. Completely eliminated. And the South Korean government brought that beautiful city to fruition. And they did it on their own – they didn't ask for our help as others have done," Comer said.

"If you ever have an opportunity to visit Seoul, Korea, you should be there."

Comer, who was stationed in Germany while serving in the Air Force during the Korean War, was later appointed by President George H.W. Bush to the board of directors for the Korean War Veterans Memorial in Washington, D.C. Comer recalled being approached at that time by Samsung, the South Korean conglomerate, which agreed to donate $5 million to the American Legion. That money went towards scholarships for participants in Boys State and Girls State.

"That's their way of saying thank you. No other government has come back to us and said 'what can we do for you," Comer said, before instructing Kwon to tell his government how appreciative the veterans are.

"Please go back to your government and tell them how appreciative we are as veterans for all that you have done to us."

Recipients of the Ambassador for Peace Medals said they appreciated the honor.

"It's a forgotten war. It's being remembered now even though it's 67 years later, but the people of South Korea always remembered," said Frederick Caramanica, a Houghs Neck resident who served in the Marine Corps during the Battle of Chosin Reservoir.

"As the Vietnam veterans were disrespected when they returned home, so too were the Korean veterans. We were never recognized as having fought in a war because it was considered a conflict at that time." said Frederick White, who served in the Navy during the war and is now senior vice commander for the American Legion Department of Massachusetts.

"I'm very proud to have in Korea and proud to be a member of the American Legion. God bless America."

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Point Crossing Project Before Planning Board

Cont'd From Page 19

said the red elements – the awnings and cap atop the clinic – could be reconsidered.

Board member Sean Callaghan asked if the curb cut on Washington Street could be eliminated while keeping the ones on Beacon Street and Southern Artery open. He said customers, particularly those headed northbound on Washington Street, would be better served by using those entrances.

"That seems to make more sense to me than having that extra entrance," Callaghan said.

Cleary, the developer, said having the entrance from Washington Street was important because it allows quicker access for patients seeking treatment at ConvenientMD.

Ward 2 Councillor Brad Croall thanked the board members for their questions, and said such questions would lead to a better project for what he called one of the city's marquee parcels.

"Kudos to you," he said. "I mean this with the utmost sincerity, your lines of questioning [were] spot on."

"By taking the cautious approach and asking these questions, I think we will end up with the best deliverable for what I believe is a marquee parcel in the city of Quincy," Croall added. "I'm a firm believer you get one bite of this apple. This is what you will see for a minimum of probably 30 to 40 years."

Croall said he was glad to see commercial development, which pays property taxes at a higher rate than residential development, on site. He also welcomed the addition of ConvenientMD to his ward, which has a large senior population.

"For me, this particular use – arguably within walking distance for these folks – will absolutely be an asset for the community," Croall said. "I'm excited to see it be the premier tenant for the parcel."

John Adams Wreath-Laying At United First Parish Church

Cont'd From Page 21

well as greenery that includes huckleberry and tree fern. Clifford's Flowers has been serving the White House for the Presidential wreaths for John Adams and John Quincy Adams since 1968.

Music for the ceremony will be provided by Navy Band Northeast's Brass Quintet and the Quincy Choral Society. A reception including a birthday cake provided by Konditor Meister bakery in Braintree will take place in the church's parish hall immediately following the ceremony.

Admission to the wreath-laying ceremony, the Adams Crypt and Church Sanctuary are free. Donations to support the History and Visitors Program are greatly appreciated.

The wreath-laying ceremony is made possible thanks to the support of Discover Quincy.

For more information, contact Bob Damon at 617.773.0062 or visitorsprogram@ufpc.org.

Moments in time

THE HISTORY CHANNEL.

• On **Nov. 8, 1895**, in his lab in Germany, physicist Wilhelm Conrad Rontgen becomes the first person to observe X-rays while testing whether cathode rays could pass through glass. Rontgen received numerous accolades for his work, including the first Nobel Prize in physics in 1901.

• On **Nov. 9, 1938**, German Nazis launch a campaign of terror against Jews in Germany and Austria. The violence was dubbed "Kristallnacht," or "Night of Broken Glass," for the countless smashed windows of 7,500 Jewish-owned establishments. Some 100 Jews died, and hundreds of synagogues and homes were damaged.

• On **Nov. 7, 1944**, Franklin Roosevelt is re-elected president of the United States for a record third time, defeating Thomas Dewey, the governor of New York, and becoming the only president in history to win a fourth term in office.

• On **Nov. 10, 1964**, Secretary of Defense Robert McNamara says that the United States has no plans to send combat troops into Vietnam. By 1969, more than 500,000 American troops were in South Vietnam.

• On **Nov. 6, 1977**, the Toccoa Falls Dam in Georgia bursts, and the resulting flash flood kills 39 people. The day before, a volunteer fireman had inspected the 100-year-old Earthen dam above the falls and found everything in order.

• On **Nov. 12, 1980**, the U.S. planetary probe Voyager 1 edges within 77,000 miles of Saturn, sending back 30,000 images that show hundreds of rings encircling the planet. Voyager 1, now in interstellar space, contains a disk featuring natural and manmade sounds of Earth.

• On **Nov. 11, 2000**, a cable car taking skiers to a glacier in Austria catches fire as it passes through a mountain tunnel; 156 people die. Only 11 people survived the fire, which was caused by an illegal space heater in the driver's cabin.

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Be Smart, Be Safe, Be Seen: Halloween Safety Tips From AAA

Every Halloween, monsters, zombies and ghouls fill the streets across the United States to celebrate. With all those excited youngsters walking (and running) around, the trick-or-treaters and motorists each play an important role in making it a safe night.

"On Halloween, motorists need to be especially vigilant between the hours of 4 pm and midnight, when pedestrians are the most vulnerable," said Diana Imondi, Traffic Safety Programs Manager for AAA Northeast. "Slowing down, and watching for trick-or-treaters who may cross between cars or mid-block may save a life."

To help make the roadways safer this Halloween, AAA Northeast offers motorists a few easy tips:

• **Avoid Neighborhood Shortcuts**. If possible, avoid cutting through residential streets where trick-or-treaters are likely to be present.

• **Watch for children in the street**. Watch for children walking on streets, medians and curbs. Excited trick-or-treaters, often in dark costumes, may not pay attention to traffic and cross mid-block or between parked cars.

• **Slow down.** According to the AAA Foundation for Traffic Safety, a pedestrian is more than twice as likely to be killed if hit by a car traveling 35 mph compared to 25 mph. What seems like a small difference – just 10 mph - can be the difference between life and death.

• **Drive sober**. Alcohol-impaired drivers make up about one-third of all motor vehicle deaths resulting in an average of one death every 45 minutes. Always designate a sober driver.

AAA also has tips for parents and children:

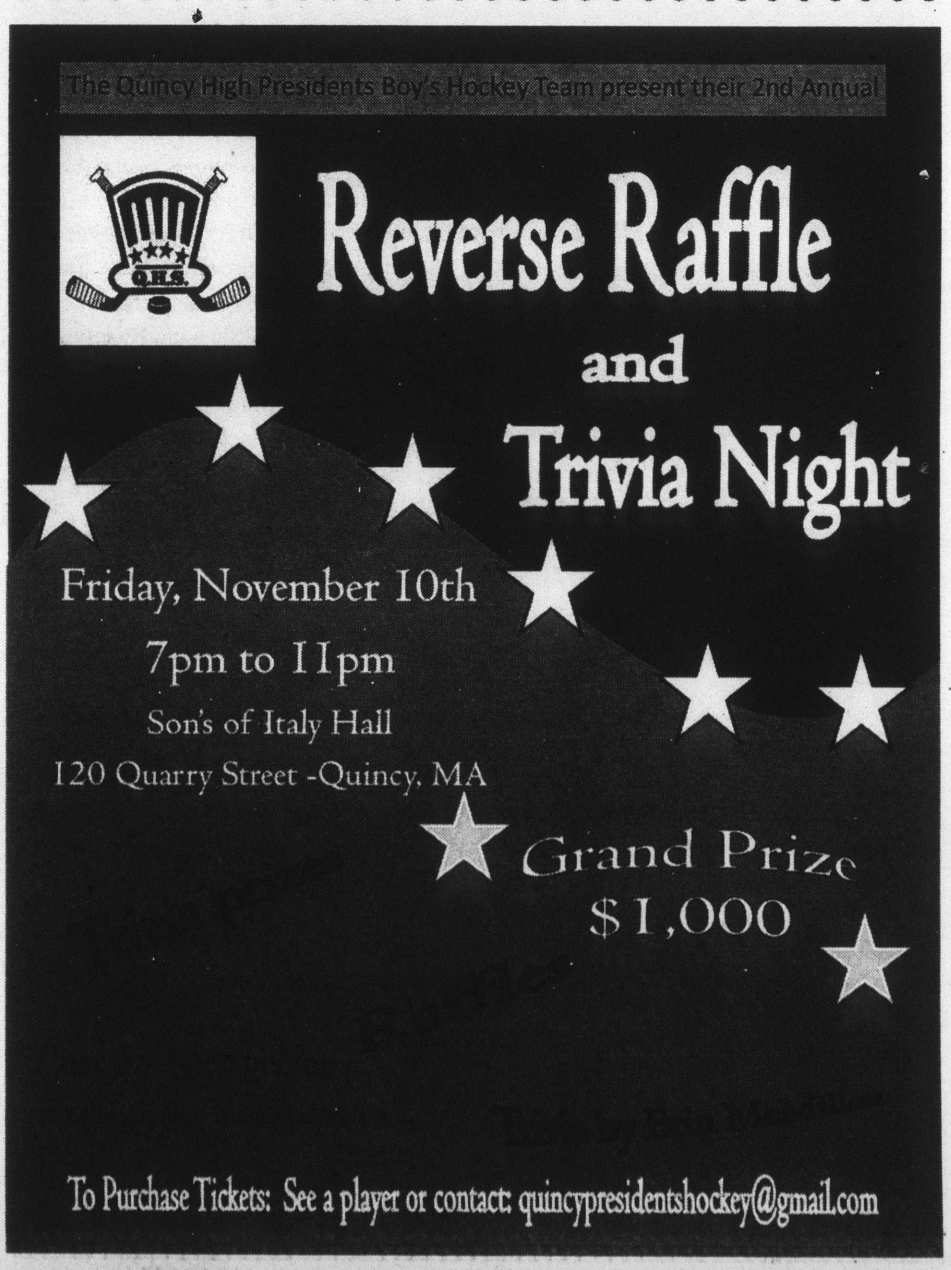
• **Trick-or-treat together**. AAA recommends that parents accompany youngsters at least until the age of 12.

• **Make a plan**. Review trick-or-treating safety precautions and plan the route ahead of time. Remind children never to cross the street mid-block or between parked cars.

• **Check costumes**. Choose disguises that don't obstruct vision and where possible use face paint instead of masks. Check and adjust the length of costumes to avoid tripping and add reflective material or tape to keep kids visible. Carry a flashlight.

• **Buckle up**. If driving trick-or-treaters between neighborhoods, always use appropriate car seats and have children exit and enter on the passenger side of the vehicle.

LEARN-TO-SKATE CLASSES
RECREATIONAL • FIGURE HOCKEY SKATING SKILLS
BAY STATE SKATING SCHOOL
Non-Profit
CHILDREN 4½-18 *As Featured on "Chronicle"*
QUINCY SHEA RINK
Sundays 11:00AM
Starts November 5
WEYMOUTH CONNELL RINK
Sundays 5:00PM
Starts November 12
NEW CLASSES!
781-890-8480
www.BayStateSkatingSchool.org
No Additional Registration Fee!



Boy Scout Troop 6 Pumpkin Launch, Smash Nov. 4

The last two years were smashing successes, so Boy Scout Troop 6 is doing it again!

On Saturday, Nov. 4th, bring your leftover Halloween pumpkins and Jack-o'-Lanterns to Pageant Field from 10 a.m. to 2 p.m. and launch them with Troop 6's trebuchet or giant sling shot. Or, take our new jumbo size sledge hammer to them and smash them flat. That's right, three different ways to chunk your pumpkin.

We will also have food, games, crafts, and fun for the whole family!

Cost is $5 per launch and please, no pumpkins bigger than 10 lbs.

Also, you can bring your unwanted extra candy and we will send it to our soldiers overseas!

All proceeds go to support Boy Scout Troop 6 Quincy.

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

On Tuesday, Oct. 17, at approximately 2:17 a.m., Officers Ronald McKim and Jeff Bossart were dispatched to the area of Morton Street for a report of a person screaming.

While en route, Communications informed the responding officers that the reporting person was on Buckley Street but believed the screaming was coming from Morton Street and now she could hear someone screaming "I'll shoot you. Get out of my city." Since the caller could only hear the suspect, there was no physical description.

Officer Bossart arrived on scene and radioed that he found the suspect on Morton Street in a driveway. The suspect, upon seeing the officer, yelled, "Pull a f@#$%^& gun on me? I'll shoot you!" Officer Bossart looked around but no one else was there. The officer exited his cruiser and tried to speak with the suspect but he kept walking towards Buckley Street, refusing to stop. Officer Bossart updated that the suspect, who was yelling and screaming, was headed towards Copeland Street.

During this time, the suspect was continuously shouting nonsensical statements. As Officer Bossart waited for additional officers to arrive, he kept asking the suspect to stop and talk to him – that he was there to help him. At the corner of Buckley and Arthur Streets, the suspect turned suddenly and got into a fighting stance. The suspect yelled out, "The devil is going to punch it out of you." Officer Bossart grabbed the suspect's hands and was able to get his arms around his back momentarily. The suspect broke free and a wrestling match broke out, with both the officer and the suspect going to the ground.

At that time, the suspect punched Officer Bossart in the left side of the face. The officer attempted to break the suspect's headlock grasp by getting the suspect on the bottom. Officer Bossart could feel his air supply being cut off by the suspect's neck hold and he was struggling to breathe.

LT. DAN MINTON

At this time, Officer McKim arrived on scene and hurried over to get the suspect off of Officer Bossart. The suspect continuously yelled about "rebuking", "devils", "Rome", and "Putin." The suspect still had a strong hold on Officer Bossart so Officer McKim took out his pepper spray, pointed it at the suspect's face and demanded that he stop resisting. The suspect relaxed his grip of Officer Bossart but remained actively resisting, using muscle tension while trying to pull away.

Officer Sweeney arrived on scene and the three officers were able to get handcuffs on the suspect. Sgt. William Ward and Officer Christopher McDermott arrived on scene while the suspect continued to actively resist, trying to pull away, roll around while yelling that he was going to break the handcuffs. He was also continuously talking, making strange and incomprehensible statements, claiming that he was in Rome, then Boston, and saying that because he had rebuked the officers twice they had to let him go or the satellites would drop a nuke on them. Due to the suspect's extremely violent and erratic behavior, the officers determined that the suspect was likely under the influence of a very powerful narcotic drug or having a psychotic episode. An ambulance was dispatched to make an assessment.

During this time, Officer Bossart and Sgt. Ward interviewed two witnesses. They stated they could hear screaming, sounding like a religious "rap" but could not make sense of it. The suspect was placed under arrest and transported to the Quincy Medical Center, where he was immediately placed in restraints by hospital staff. Officer Bossart went to the Quincy Medical Center to be evaluated for a neck injury and then released.

The suspect, a 26-year-old Quincy resident, was charged with disorderly conduct, assault and battery on a police officer, strangulation and malicious or wanton defacing or damaging of property – sunglasses.

Nice Work!

❑

PARALLEL PARKING: is a skill that some drivers pick up right away. Others struggle backing up and getting the alignment and angle down right to make a smooth entry into the parking spot. Practicing the skill on uncongested side streets will help in a situation when you want to park in a congested area such as downtown.

❑

VETERANS GROUP TO DONATE TO: At a community meeting I was asked if the Wounded Warriors project was a good place to donate money to. According to Charitynavigator.org, "4" is their best rating. Here is an example of different veterans groups and their ratings:

Wounded Warriors	4
New England Center and Home for Veterans	4
National Veterans Association	3
Paralyzed Veterans Association	2
Help Healing Veterans	1

Their rating is based on the amount of money used for direct services.

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics
Oct. 13 – Oct. 19
Calls: 1,080
Arrests: 38
Stolen Vehicles: 1

FRIDAY, OCT. 13

LARCENY, 9:43 a.m., West St. TV stand/fire place.

LARCENY, 10:23 a.m., 7-Eleven, 230 Washington St. Caller stated he is in recovery but he is still homeless. Last night he slept behind the 7-Eleven. When he woke up his prescription for Gabapentin was not in his backpack. Caller stated there were approximately 60 pills in the bottle.

VANDALISM/PROPERTY, 12:21 a.m., Main St. Fence. Possible ex-employee.

BREAKING AND ENTERING, 8:29 p.m., Faxon Rd. Dwelling. Entrance gained through a window. Items missing.

SATURDAY, OCT. 14

VANDALISM/PROPERTY, 1:32 p.m., Pembroke St. Car keyed sometime on Oct. 9. No suspect info and she is unsure where it was parked when it happened.

ATTEMPTED BREAKING AND ENTERING, 1:36 p.m., Granite St. Residence. Damage to back door. No entrance gained.

MOTOR VEHICLE LARCENY, 11:19 p.m., W. Elm Ave. Lent out her 2015 Chevy Cruze for one hour at 6:30 p.m. Party has not returned it.

SUNDAY, OCT. 15

VANDALISM/PROPERTY, 9:46 a.m., Darcy's Village Pub, 93 Willard St. Two tires slashed.

VANDALISM/PROPERTY, 9:57 a.m., Macy St. To vehicle.

VANDALISM/PROPERTY, 10:12 a.m., Most Blessed Sacrament Church, 1000 Sea St. Smashed window.

LARCENY, 3:09 p.m., Maggy's Lounge, 609 Washington St. Pocketbook stolen last night. Business has person on video.

VANDALISM/PROPERTY, 4:31 p.m., Safford St. Vulgar words spray-painted on fence. Also across the street on the city sidewalk.

VANDALISM/PROPERTY, 5:09 p.m., Nut Island Ave. Caller said she has a no abuse order against the father of her child and that she saw him punch her car last weekend.

LARCENY, 7:11 p.m., Quarterdeck Rd. Tools.

MONDAY, OCT. 16

VANDALISM/PROPERTY, 7:36 a.m., E. Howard St. Dellbrook reports a B&E over the weekend. Appears they moved a piece of equipment and drove it into something and it's damaged. No B&E. Unsure how damage got there. Kamutzo front-end loader 350.

VANDALISM/PROPERTY, 9:16 a.m., Everett St. Racial slurs written in back parking lot of building. DPW notified for removal.

VANDALISM/PROPERTY, 9:43 a.m., Bird St. Vehicle keyed on driver's side door, rear passenger door, rear quarter panel.

LARCENY, 7:35 p.m., Elm Ave. Past larceny to tire caps on 2004 Pontiac. Did not see anyone taking them. Ongoing parking complaint. Was parked on Briggs.

BREAKING AND ENTERING, 10:47 p.m., Crane Library, 40 Washington St. Coddington Street side entry motion second floor. One under arrest for B&E in the nighttime and warrant.

TUESDAY, OCT. 17

ASSAULT AND BATTERY, 2:17 a.m., Morton St. Can hear a male screaming 'I'll shoot you, get out of my city.' Brewster notified for psych evaluation after officer encountered a person walking on Buckley towards Copeland Street who refused to stop and say a person pulled a gun on them. Arrest for A&B on a police officer. Officer and arrestee both taken to QMC. Officer treated and relieved of duty. Suspect additionally charged with disorderly and strangulation.

BREAKING AND ENTERING, 7:03 a.m., Rozafa, 1089 Hancock St. Restaurant broken into last night. Entry possibly from window. Nothing believed missing.

LARCENY, 7:42 a.m., Fr. Bill's Place, 38 Broad St. Fanny pack.

LARCENY, 11:21 a.m., Big Y, 475 Hancock St. Purse. Caller called back after she located her purse.

ATTEMPTED BREAKING AND ENTERING, 2:02 p.m., 292 Water St. No Break. Minor damage to top of storage pod. Possible vandalism or possibly already present. Caller wanted damage noted for container company.

LARCENY, 6:43 p.m., Billings Rd. Had FedEx package delivered. Package is gone.

BREAKING AND ENTERING, 8:01 p.m., Farrington St. Happened an hour ago. Caller came home and bedroom was ransacked.

WEDNESDAY, OCT. 18

LARCENY, 3:25 a.m., Fr. Bill's Place, 38 Broad St. Sneakers. Caller said someone went through his belongings.

BREAKING AND ENTERING IN PROGRESS, 7:00 p.m., 150 Holbrook Rd. Two males breaking in. Male wearing all black now threatening caller. Two arrested for B&E nighttime.

LARCENY, 8:59 p.m., 23 E. Elm Ave. Laptop.

THURSDAY, OCT. 19

MOTOR VEHICLE LARCENY, 7:13 a.m., Plymouth St. Caller states his gray 2017 Subaru Crosstrek is missing. Last seen 12 hours ago.

LARCENY, 4:05 p.m., D'Angelo's, 260 Hancock St. Wallet was left behind at restaurant. An elderly customer located the wallet and turned it into the employees at the store. When caller went to pick up wallet all of the money was missing.

LARCENY, 10:41 p.m., McDonald's, 275 Hancock St. Young man wearing black hoodie carrying a backpack running towards T station. Party is upset because someone stole his wallet.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: West Elm Avenue

❑

CAR BREAKS: Quincy Avenue, 800 block of Willard Street, Liberty Street, Quarry Hills Drive, Unity Street, Dustin Street, Cedar Place, Plymouth Street

❑

BREAKS AND ATTEMPTED BREAKS: Farrington Street, Faxon Road, 1089 Hancock Street

If you have information on the above crimes, drug activity or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764 or** log onto the following website: http://tinyurl.com/ytf6td.

To report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. To make an appointment to view the **Registered Sex Offenders** book, call **Detective James Dentremont at 617-745-5755**.

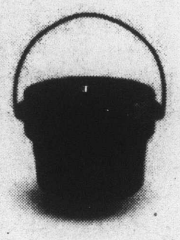
To contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us -- *Lt. Dan Minton*

Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by *The Quincy Sun* as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

THE SALVATION ARMY OF QUINCY'S

Holiday Red Kettle



SPONSORSHIP PROGRAM

A LIMITED AMOUNT OF OPPORTUNITIES TO SPONSOR ONE OF THE MOST RECOGNIZED SYMBOLS OF CHARITY AND GOODWILL ARE AVAILABLE.

Sponsorship Opportunities

Two Week Sponsorship with Full Color Sponsor Signage - $175.00

- Full Color Weather Resistant 11 in x 17 in Logo Signage placed directly above a kettle for a two-week period.
- Acknowledgement in pre and post Kettle Drive press releases
- Acknowledgement in Kettle Sponsorship Thank You Ad

One Month Sponsorship with Full Color Sponsor Signage - $300.00

- Full Color Weather Resistant 11 in x 17 in Logo Signage placed directly above a kettle for a one month perio
- Acknowledgement in pre and post Kettle Drive press releases
- Logo acknowledgement in Kettle Sponsorship Thank You Ad

Please contact The Salvation Army of Quincy at 617-472-2345 for more information

The Salvation Army of Quincy is a Registered 501(c)3 Charity

Boston Scientific Donates Equipment, Furniture To QPS

Corporation Recognized For Continued Generosity, Support At School Committee Meeting

The Quincy School ~ Community Partnership and Quincy Public Schools recognized Boston Scientific Corporation for their continued generosity and support at the Sept. 27 School Committee meeting.

Representing Boston Scientific Corporation at the meeting were Diana Rose, Human Resources Manager and Peter Doig, Facilities Manager.

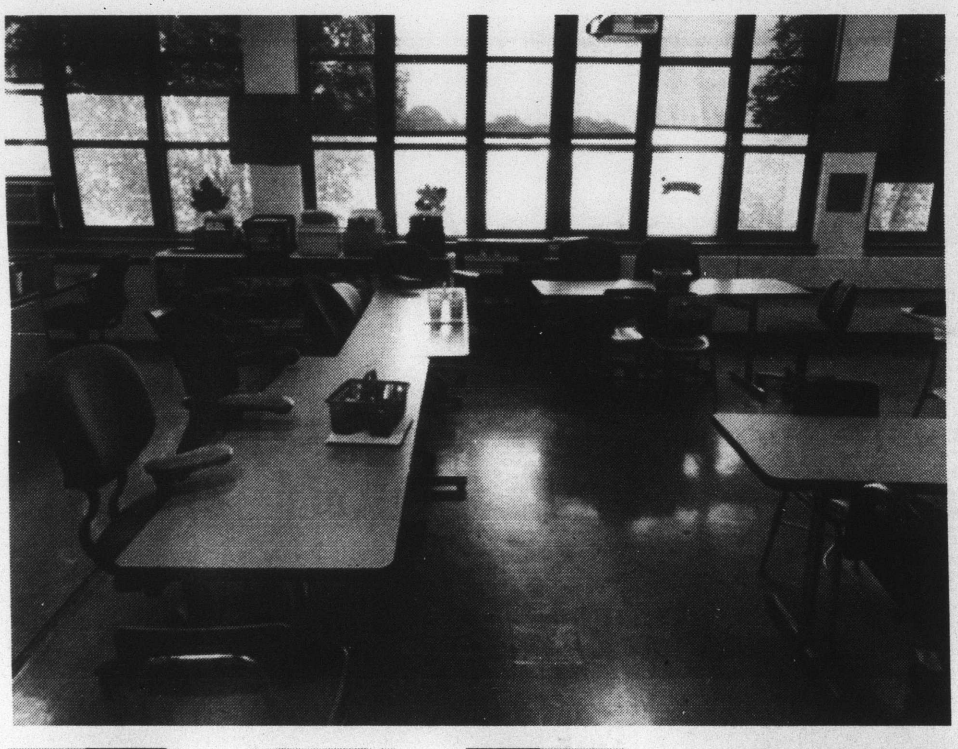
Boston Scientific is Platinum Level Sponsor of the Quincy School ~ Community Partnership, who supports each Path of Partnership Pathways: Financial Support, Student Support, Site Support and Career Connections.

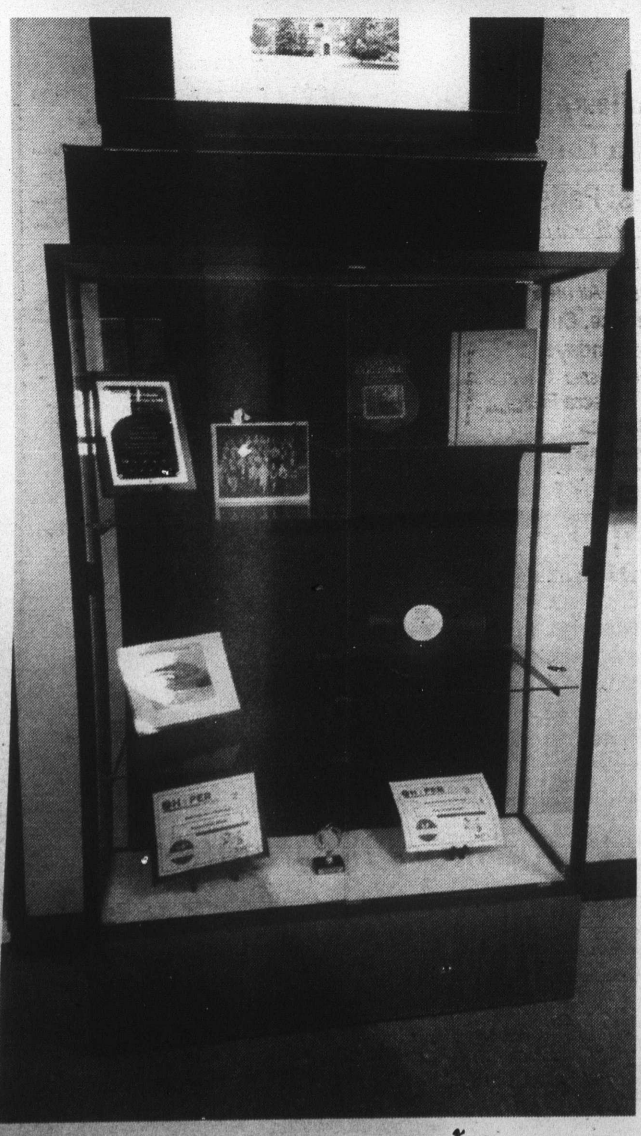
Recently, Boston Scientific Corporation generously donated over $78,000 worth of equipment, furniture, and miscellaneous items. This donation replaced existing equipment and furniture in our school's classrooms, conference rooms, cafeterias, main offices, technology labs and teacher's rooms.

Boston Scientific employees also participate in Quincy High School's Innovative Engineers Program, serve as judges for middle and high school Science Fairs, serve as members of the interviewing team to select the Technical Student of the Year, and the list goes on.

Boston Scientific Corporation exemplifies a true Community Business Partner! The Quincy School ~ Community Partnership and Quincy Public Schools are grateful for their continued generosity and support!

BOSTON SCIENTIFIC CORPORATION Commended – Peter Doig (left) and Diana Rose from Boston Scientific with School Supt. Dr. Richard DeCristofaro were recognized at a recent School Committee meeting for their continued generosity and support. The corporation donated over $78,000 worth of equipment, furniture and other items to the Quincy Public School system. Boston Scientific is a member of the Quincy School - Community Partnership. Looking on are Quincy School Committee members (from left) Emily Lebo, James DeAmicis, Mayor Thomas Koch, School Committee Vice Chairman Paul Bregoli, Kathy Hubley, Barbara Isola and Anne Mahoney. *Photos Courtesy Quincy School - Community Partnership*





RELIGION

Houghs Neck Congregational Church

The Sunday morning worship service at the Houghs Neck Congregational Church, 310 Manet Ave. starts at 10 am.

Pastor Steven Vandergrift will lead the worship, give the children's message and preach a sermon entitled "Meeting Martin Luther Again for the First Time."

Liturgist Gayle Mackay will welcome, call to worship and read the scripture lesson. Janice Hughes and Seamus Stirling will serve for the Diaconate.

This Sunday is the last day to donate to the Disaster Fund.

Following the service there will be a brief "By the Sea Holiday Fair" meeting to finalize plans for the Fair on Friday, Nov. 3 from 6 to 9 p.m. and Saturday, Nov. 4 from 9 a.m. to 3 p.m.

Also following the service a fellowship coffee hour is hosted by Nancy Jacobs.

All are welcome.

Volunteers Needed To Help Pack 14,000 Meals For Haiti

On Sunday, Nov. 12th at 2 p.m., Restore Christian Church, 20 Greenleaf St., Quincy will be packing 14,256 meals to send to needy families and children in Haiti. Restore is looking for volunteers from the community to help reach this goal. Through strategic packing with shelf-stable foods, hundreds of hungry families will be fed and it will only take 50+ volunteers and two hours on a Sunday afternoon to accomplish!

Restore wants to make this a community event. They are extending an invitation to businesses, families, and the whole community of Quincy to join them in this effort.

Here's how you can get involved:

Volunteer to help pack the meals. Restore needs 50+ volunteers to serve for two hours. This is a great opportunity for the whole family, office team, or classroom to experience the joy of meeting people's needs.

For more information or to RSVP for volunteering contact Trey Faull (trey@restorequincy.org) or visit restorequincy.org/connect.

Houghs Neck Church Holiday Fair Nov. 3-4

By the Sea Holiday Fair will take place at the Houghs Neck Congregational Church, 310 Manet Ave. on Friday, Nov. 3 from 6 to 9 p.m. and Saturday, Nov. 4 from 9 a.m. to 3 p.m.

The fair will feature new tables including gift baskets and pet items as well as returning favorites like Roll Ups – Take a Chance, crafts and resale shop with hundreds of gifts, bling and Christmas items.

There will also be homemade baked goods and sugar and spice. Get your tickets for the giant raffle to be drawn on Saturday at 2 p.m.

Come on Friday night for supper and on Saturday for breakfast and/or lunch. For more information call 617-479-8778 or email hncc@comcast.net.

Admission is free. Toiletry donations will be accepted for DOVE, Inc.

Quincy Point Congregational Church

Come celebrate the 500th Anniversary of the reformation. Worship begins at 10 a.m. on Sunday, Oct 29th at Quincy Point Congregational, 444 Washington St.

Peter Johnston, M.Div will be preaching and the Point Handbell Ringers will be chiming.

The church is accessible with designated parking and an elevator via the Abbey Road side of the building.

After worship, all are welcome to the Social Hall for light refreshments and conversation. While there stop by the Big Blue Q information table and sign the birthday and thinking of you cards. The Sunday School children's bee bank will be located there also. Help by donating spare change to help purchase honeybees for farmers through Heifer International.

"Who is my Neighbor?" The final evening of the Interfaith Conversation Series will take place on Wednesday, Oct 25th at 7 p.m. in the Social Hall at QPCC, 444 Washington St. This presentation will be given by Father Martin Dzengeleski of Holy Trinity Parish, Quincy. All are welcome.

Then join us for a Harvest Weekend in November. Two events will take place, starting with a Harvest Fair on Saturday, Nov. 4th from 9 a.m. to 3 p.m. On Sunday, Nov. 5, the fall festivities will continue with the 2017/2018 QPCC Concert Series featuring an eclectic a cappella group, "None of the Above."

Online Ticket sales coming soon or call 617-773-6424. Tax deductible Ad book opportunities are available for local businesses. Call 617-773-6424 for more information or print out a form @ www.quincypointcong.org.

Bethany Congregational Church

Bethany Congregational Church, Quincy Center will have a Worship Service and Sunday School at 9:30 a.m. The Rev. Peter M. Preble will conduct the service and preach the sermon entitled "The Compassionate Life." Fellowship will follow the worship service.

All are welcome to attend Bethany Church Worship Services and its numerous group activities. Bethany has an active Missions and Growth Committee doing various charity works.

The church office is open from 8:30 a.m. to noon-1:00 p.m. to 4:00 a.m. Please visit us at our Web Page: www.bethanycongchurch.org for updates and activities. Thanks to the Video Ministry, if you're unable to attend worship service on Sundays, the Bethany Church Service is broadcast on Quincy Access Television at 6 p.m. on Thursdays and 10:00 a.m. on Sundays on Channel 8.

Childcare will be available for infants and toddlers during worship service on Sundays. The church is wheelchair accessible.

Quincy Religion Directory

SERVICES & ACTIVITIES

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 8 & 10:30am
Tuesday/Thursday 9am
Handicapped Accessible
New Members Welcome!

ST. AGATHA CHURCH MILTON-QUINCY
432 Adams Street
Milton, MA 02186 • 617-698-2439
Schedule of Masses:
Saturday: 8:00AM and 4:30PM
Sunday: 7:30AM, 9:00AM,
10:30AM 12NOON and 5:00PM
Weekday Masses: 7:00 & 9:00AM
Reconciliation 3:45PM-4:15pm
on Saturdays, other times
by appointment
Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ *Air-Conditioned*

St. John The Baptist
ROMAN CATHOLIC CHURCH
44 School St., Quincy
617-773-1021
Weekend Mass Schedule
Saturday, 4:00 PM
Sunday, 8:30 AM & 11:00 AM
Sunday night, 5:00 PM
Weekday Masses
Monday - Saturday 8:00 AM
Confessions
Wed. 8:30 – 9:00 AM
Sat. 2:30 – 3:30 PM
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
617-479-5400
Mass Schedule:
Sat. 4:00 PM / Sun. 9, 11 AM
Daily Mass:
Wednesday and Friday, 9 AM
Confessions: Saturday 3-3:30PM
Handicapped Accessible via Elevator

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4 pm (Saturday)
7:30 &10:00 am and 6:00 pm
Weekday Masses
Monday - Friday 7 am
Monday & Saturday 9 am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m. and 10:30 a.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

Holy Trinity Parish
Come and Worship!
Most Blessed Sacrament Church
1031 Sea St.
WEEKDAY MASSES
9:00AM Tuesday and Thursday
WEEKEND MASSES
4:30 PM Saturday and
8:30 AM Sunday
Our Lady of Good Counsel Church
237 Sea St.
WEEKDAY MASSES
9:00AM Monday and Wednesday
WEEKEND MASSES
6:00PM Saturday and
10:30 AM Sunday
CONFESSIONS: 3- 4PM Saturday
Rev. Martin Dzengeleski- Pastor
Phone: 617-479-9200
EMAIL: holytrinityquincyma@gmail.com
VISIT: www.holytrinityquincy.com

Congregational

HOUGH'S NECK CONGREGATIONAL CHURCH
310 Manet Avenue
617-479-8778
www.hncong.org
Sunday Worship Service at 10 a.m.
Pastor Stephen Vandergrift will preach the sermon "Meeting Martin Luther Again for the First Time"
All are welcome to attend

BETHANY CONGREGATIONAL CHURCH
Spear & Coddington Streets
Quincy Center, 617-479-7300
www.bethanycongchurch.org
Worship Service and Sunday School at 9:30AM
Rev. Peter M. Preble will conduct the service & preach the sermon "The Compassionate Life"
Child Care Available
For Infants And Toddlers
ALL ARE WELCOME!
Fellowship Time following Service
The church is wheelchair accessible

QUINCY POINT CONGREGATIONAL
444 Washington St . • 617-773-6424
Worship and Church School 10 am
Rev. Dr. Stan Duncan, *Interim Pastor*
Peter Johnston, *Interim Associate Pastor*
Rachel Hallenbeck, *Music Director*
email: office@quincypointcong.org

Congregational

Wollaston
Congregational Church
United Church of Christ
48 Winthrop Avenue
Quincy, Massachusetts
Worship and Sunday School at 10 a.m.
Elizabeth J. Williams Pastor
617-773-7432
www.wollastonucc.com

Unitarian Universalist

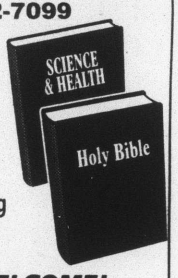
United First Parish Church
A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome.
Worship Service, Church School & Childcare: Sundays at 10:30 AM
Followed by Fellowship & Refreshments
Rev. Rebecca Froom
1306 Hancock St., Quincy
www.ufpc.org

Church of Christ

CHURCH OF CHRIST IN MILTON
330 Edge Hill Rd.,
Milton, MA 02186 • 617-274-2409
www.churchofchristinmilton.org
Maurice Davis, *Minister*
SUNDAY WORSHIP
8AM, 11AM and 6PM
Sunday Bible Study 9:45AM
Tuesday Bible Study 11:00AM
Wednesday Bible Study 7:00PM
3RD Friday – Couples 7:30PM
4TH Friday – Youth 7:30PM

Christian Science

First Church of Christ, Scientist
1460 Hancock Street, Quincy
617-472-7099
Sunday Services and Sunday School 10:30 a.m.
Wednesday Evening Meetings – where testimonies of healing are shared 7:30 p.m.



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OBITUARIES

Frances G. Kelly

A funeral Mass for Frances G. (Shields) Kelly of Quincy was celebrated Oct. 20 in Holy Trinity Parish at Our Lady of Good Counsel Church, Quincy.

Mrs. Kelly died Oct. 17.

She was born Aug. 18, 1932, and lived in Quincy most of her life. She adored her family and friends. She enjoyed traveling all over the world, painting, and playing cards with the girls at 1000 Southern Artery. Mrs. Kelly worked for over 30 years as an office manager at Hart Supply in Hingham, a special thank you to the Ryan family for treating her so well over her time there. Her family would also like to thank the staff at John Adams Nursing Home for their care. She was a sociable woman who was caring, active, and would do anything for anyone. She will be greatly missed by all who knew her.

Beloved wife of the late Daniel J. Kelly, Jr. Loving mother of Daniel J. Kelly III and his wife Carole of Ashburnham, Mary Frances Kelly of Quincy, and

FRANCES G. KELLY

the late Thomas M. Kelly. Cherished sister of the late Martin T. Shields, Jr. and his surviving wife Peggy. Devoted Nana of Tanya, Tim, Nicole, and Tommy Kelly and Elizabeth Amrock. Loving great-Nana of Isaac Cornier. Also survived by many nieces, nephews, cousins, and dear friends.

Interment at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by McDonald Keohane Funeral Home, South Weymouth.

Memorial donations may be made to Alzheimer's Assn., MA Chapter, 309 Waverley Oaks Rd., Waltham, MA 02452.

Joan F. Conti, 74

A funeral Mass for Joan F. (Blake) Conti, age 74, of Quincy was celebrated Monday in St. John the Baptist Church, Quincy.

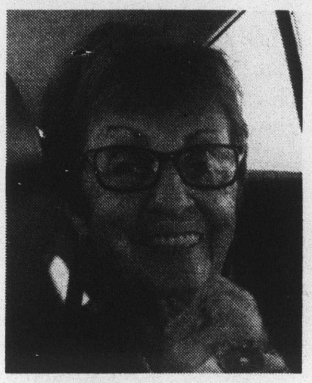
Mrs. Conti died peacefully Oct. 19 at home, surrounded by her loving family.

She was born in Boston to the late John F. and Gladys M. (Fournier) Blake. Mrs. Conti was raised and educated in Quincy and was a lifelong Quincy resident. She was employed for South Shore Mental Health for many years but her passion and life was centered on her family.

Mrs. Conti was a dedicated wife, mother, grandmother and great grandmother. She especially loved the time spent with her grandchildren and great grandchildren, watching them grow and actively participating in their many activities and accomplishments.

Along with her husband, Joe, she enjoyed traveling and winters in Marco Island, Fla., for many years. Mrs. Conti also enjoyed ceramics and knitting, and was well known for her cooking skills, especially her Italian dishes. She also loved her loyal dog, Jack.

Beloved wife for fifty-four years of Joseph Conti, Sr. Devoted mother of Kim E. DiBona and her husband Peter, Quincy Fire Dept., Retired, of Quincy and the late Joseph Conti, Jr. Loving grandmother of Kristen E. Russell and her husband John, Lauren M. DiBona and Daniel O'Connell, all of Quincy. Cherished great-grandmother of Lydia and Luke.



JOAN F. CONTI

One of fourteen siblings, Mrs. Conti was the sister of Thomas Blake of Wareham, James Blake of Quincy, Patricia Miller of Dorchester, Kathleen Tusi of Raynham, John Blake of New Hampshire, Carol McArthur, Debra Pomar, both of Weymouth, Elaine Barer of Taunton, Robert Blake of Hanover, Donna DiSalvio of Rockland, and was predeceased by Barbara Nigro, Mary Sturgeon, and Paul Blake. Sister-in-law of Judith Kelcourse and her husband Edward of Weymouth, John "Jack" Conti of Quincy. Also survived by many nieces and nephews.

Interment at Pine Hill Cemetery, Quincy

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the Joseph Conti, Jr., "89," Endowed Scholarship Fund, c/o Massachusetts Maritime Academy, 101 Academy Drive., Buzzards Bay, MA 02532 or VNA Hospice & Palliative Care, Fund Development Office, 199 Rosewood Drive, Suite 180, Danvers, MA 01923.

Alfred P. DiCarlo, 93

A funeral Mass for Alfred P. "Fred" DiCarlo, 93, of Milton was celebrated Oct. 21 in Sacred Heart Church, Quincy.

Mr. DiCarlo died suddenly Oct. 16 at South Shore Hospital.

Born in Revere, Mr. DiCarlo was the son of the late Joseph and Louise DiCarlo. He lived in N. Quincy for most of his life before moving to Milton 22 years ago. He worked for Mass Engineering and Boston Gear Works. He was a veteran of the Army during WWII.

Mr. DiCarlo was a member of the Presidents Men's Golf Association, Elks Lodge in Quincy and the American Legion Post in Milton. He was an avid bowler with Montclair Couples' Bowling League. He was known by many as the Frankie Lane of Quincy as he preformed in many establishments throughout the South Shore. He loved being with his family and friends.

Beloved husband of 53 years to the late Nancy DiCarlo. Loving father of Nancy DiCarlo of Ogunquit, ME, Alfred DiCarlo of Hanson, Laura and Bobby Jordan of Stoughton, Donna

ALFRED P. DiCARLO

and Peter Harvey of Hingham, Philip and Fredda DiCarlo of Boca Raton, FL, Karen and Frank Guido of Norton, and David and Patty DiCarlo of Braintree. Brother of Marilyn Nestor of N. Quincy and brother of the late Joseph, Sully, Michael, Camille, Angie, Sarah, Louise and Mildred DiCarlo. Devoted grandfather of 18 and great-grandfather of 9. Also survived by many nieces and nephews.

Interment at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to VA Boston Healthcare, 940 Belmont St., Brockton, MA 02301.

Catherine Ledger, 52

A Mass service for Catherine "Cathy" Ledger, 52, of Quincy was celebrated Oct. 20 in St. John the Baptist Church, Quincy.

Ms. Ledger, born Aug. 11, 1965, died Oct. 10 after her battle with cancer.

She is survived by her loving son Joshua. Daughter of Bernard and late Kitty and sister of the late Noel. Her brothers Tony, Bernard, Gary, Paul, Stephen, Christopher; Sisters Marie McNamara, Valerie Maher, Bernadette McMahon. Aunts, uncles, nephews, nieces and friends. She also leave a behind her longtime soulmate Barry Presta.

Ms. Ledger grew up in Limerick, Ireland, and moved to the United States in 1985. While here she worked at St. John's, Roche Brothers and lastly Target.

She began her fight with cancer in 2012 and fought

CATHERINE LEDGER

it hard and stayed positive throughout even with all the pain she encountered. Plus with the support of friends and family she beat cancer in 2013. She was in remission for 6 months until she found out that the cancer returned then continued to fight it until her last days.

Funeral arrangements were made by the Lydon Chapel for Funerals, 644 Hancock St., Quincy.

More obituaries online at: thequincysun.com

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Mary Sugrue

A funeral Mass for Mary (Foley) Sugrue of Quincy will be celebrated at 10 a.m. Friday in St. Joseph's Church, Quincy.

Mrs. Sugrue died Oct. 21.

She was a longtime resident of Quincy. Mrs. Sugrue lived at Town Brook House for many years and had numerous friends there. She enjoyed playing bingo and shopping. She was also an animal lover and loved Irish music.

Mrs. Sugrue was devout Catholic. She loved her family, especially her grandchildren. She enjoyed going for walks and was very social. She will be remembered for her warm and friendly nature. She will be sadly missed by all who had the pleasure of knowing her.

Beloved wife to John Sugrue of Quincy. Cherished mother to Jim Sugrue of Hingham, Sean Sugrue and his wife Jill of Weymouth, and Mike Sugrue and his wife Jill of West Roxbury. Dear sister to Joseph Foley

MARY SUGRUE

and his wife Kathleen of Ireland and the late John Foley. Devoted Grandma to Emily, Aiden, Conor, Ava, Patrick and John. Also survived by many nieces and nephews.

Visiting hours are 6 to 8 p.m. Thursday in Keohane Funeral Home, 785 Hancock St., Quincy. Celebration of life service Friday at 9:15 a.m. in the funeral home, prior to the Mass.

Interment in St. Joseph's Cemetery, West Roxbury.

Memorial donations may be made to MSPCA, Attn: Donation, 350 S. Huntington Ave., Jamaica Plain, MA 02130.

Jennifer L. Doren, 38

Memorial services for Jennifer L. Doren, age 38, a lifelong Quincy resident, will be held at 11 a.m. on Nov. 2 in the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Ms. Doren died unexpectedly Oct. 15 at home.

She was born and raised in Quincy and was a graduate of Quincy High School, Class of 1997. She later received an associate degree from Quincy Junior College. She had been employed in the accounting industry for several years.

Ms. Doren enjoyed yoga and had a passion for cooking. She was dedicated to her family and friends.

Devoted mother of Alexander J. Roberts of Quincy. Beloved daughter of Nancy E. (Gilmartin) Doren of Quincy and George C. Doren of Plymouth. Loving sister of Mark R. Doren of Quincy. Cherished granddaughter of Agnes (O'Toole)

JENNIFER L. DOREN

Doren of Quincy and the late George C. Doren, the late Elizabeth "Betty" (Sullivan) Gilmartin and the late James E. Gilmartin, Quincy Fire Department, Retired. Also survived by many aunts, uncles, cousins and friends.

Memorial visitation at the funeral home prior to the service from 10 to 11 a.m. on Nov. 2.

Memorial donations may be made to Father Bill's Place, 422 Washington St., Quincy, MA 02169.

James T. Collins, 66

A funeral Mass for James Thomas Collins, 66, soul mate and beloved fiancé of Joan Swan, will be celebrated at 9 a.m. Thursday in St. Ann's Church, Quincy.

Mr. Collins died Oct. 20 at their home in Quincy.

He was born March 26, 1951, in Milford, Conn., to the late Mary Keating Collins and Thomas Francis Collins. He attended Boston University, where he earned his bachelor's degree and a master's degree in business administration. He was also a certified property manager.

Mr. Collins had recently retired from the Niles Company, where he was executive vice president and director of property management and had continued his work as a consultant. He was often cited as a source in professional journals in addition to being featured as a writer.

A member of the South Boston Yacht Club, Mr. Collins enjoyed boating, following Boston sports teams and entertaining friends and family with his quick wit. He had worked his way through business school as a house painter and contractor and became highly skilled at both. Throughout his life he continued to offer expertise and elbow grease when family or friends were renovating. His generous

JAMES T. COLLINS

heart was well known by his friends and family, to whom he opened his home warmly for visits, holidays and Red Sox games.

In addition to his fiancée, he is survived by his siblings: John C. Collins (Lynne) of Millington, N.J.; Margaret Mary Collins (Donald Varis) of Guilford, Conn.; and Colleen Shaddox (Russell) of East Haddam, Conn. He also leaves fond nieces and nephews: Meredith Collins of Manhattan; Kathryn Varis of Dedham, Mass.; Brian Varis of Norwalk, Conn.; and Charles Shaddox of East Haddam.

Visiting hours were to 6 to 8 p.m. Wednesday in Keohane Funeral Home, 785 Hancock St., Quincy. A celebration of life service will be held in the funeral home at 8:15 a.m. Thursday, prior to the Mass.

Interment in Pine Hill Cemetery, Quincy.

Frank J. Sacco, 84

A graveside service for Frank J. Sacco, 84, a longtime resident of Quincy and formerly a well-known letter carrier in his native Hyde Park, will be held at 10 a.m. Friday in Pine Hill Cemetery, Quincy.

Mr. Sacco died Oct. 13 following a long battle with Parkinson's disease.

Mr. Sacco was raised in Hyde Park, where he worked for the U.S. Postal Service as a letter carrier for 36 years. A 1950 graduate of Hyde Park High School, where he was involved in sports as a player and manager with the football, basketball and baseball teams, he was a funny and roguish character who maintained a strong bond with the community for most of his life. During the Korean War, he served with the U.S. Air Force as both a munitions handler on the island of Guam in South Pacific and as a physical education coordinator at Walker Air Force Base in New Mexico.

An avid sports fan who delighted in rooting for the New York Yankees, to the consternation of his family and friends, Mr. Sacco was heavily involved in the Little League program in Hyde Park during the 1950s and 1960s – serving as a coach, umpire and board member. He also umpired and refereed high school and Boston Park League baseball and basketball games during that era.

In 1969, Mr. Sacco married his late wife, Sandra (Goward) Sacco, and moved to Hanson, where they would live for 11 years. In 1980, Mr. Sacco moved to the Wollaston section of Quincy, where his wife's family had deep roots. They

FRANK J. SACCO

would reside there for nearly 30 years. Following her passing in 2006, and with the onset of his own declining health, Mr. Sacco moved to Brookdale Quincy Bay Senior Living, where he received excellent care from the staff, from his aides with Amazing Grace Personal Homecare of Weymouth, and from his many doctors and other medical providers.

In addition to his wife, Mr. Sacco was pre-deceased by his parents, Anthony and Josephine (Recupero) Sacco, and by his sister, Catherine (Sacco) Pardo and her husband Adolph Pardo. He is survived by a daughter, Erica (Sacco) Keenan and her family, including two granddaughters, and by a step-son, Scott Sacco and his family. He also is survived by his brother, Guy Sacco, and his wife, Florence Sacco, and by five nieces and a nephew.

Guests should meet at the Chickatawbut Road gate off of Willard Street Friday.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to the Make-A-Wish Foundation, One Bulfinch Place, Boston, MA 02114.

Elizabeth A. Tucker, 83

A funeral Mass for Elizabeth A. (Foley) Tucker, age 83, of Quincy was celebrated Tuesday in St. John the Baptist Church, Quincy.

Mrs. Tucker died peacefully Oct. 19 at Beth Israel Deaconess Hospital – Milton, surrounded by her loving family.

She was born in Boston to the late Michael and Jane (Fahey) Foley. She was raised and educated in Boston and was a graduate of Roxbury Memorial High School. She had lived in Quincy for most of her life.

Mrs. Tucker was a devoted homemaker but had also worked as a sales associate at the former Jordan Marsh Company in Braintree for several years. She was dedicated to her family and enjoyed spending time with them. She proudly supported all their activities and accomplishments. Elizabeth was also an avid and loyal fan of the Boston Red Sox.

Beloved wife of the late Vincent J. Tucker. Devoted mother of Theresa A. Walsh and her late husband Richard of Pembroke, Mary P. Tucker of Allston, Joseph P. Tucker of Easton, Barbara C. Tucker of New York, the late John M. Tucker and his wife Judy of Newport, RI, and the late James E. Tucker. Loving grandmother of Daniel Walsh and his wife Katherine, Alyssa Walsh, Christine Walsh, Katherine Walsh, James Rein, Mark Tucker, Eimily Parker and her husband David. Cherished great grandmother of Adam Rein and Madeline Walsh.

One of eight siblings, she was the dear sister of Patrick Foley and his wife Rosemary of Dorchester, Mar-

ELIZABETH A. TUCKER

garet Foley of Milton, Mary Lenney and her late husband Clarence of Foxboro, Helen Clark and her husband Michael of Fla., and was predeceased by William Foley, James Foley and his wife Lorraine of Abington, and Katherine Zielinski. Also survived by many nieces and nephews.

Interment at Massachusetts National Cemetery, Bourne.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the charity of your choice.

Paul F. Hayes, 79

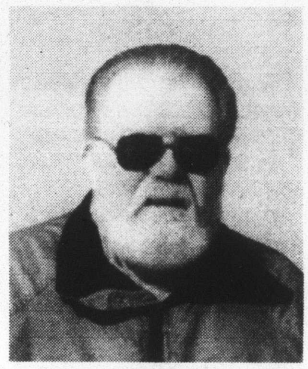
A funeral Mass for Paul F. Hayes, 79, a lifelong Quincy resident, was celebrated Tuesday in Sacred Heart Church, Quincy.

Mr. Hayes died peacefully at home on October 20.

Brother of the late Robert Hayes, and son of the late Edward and Catherine Hayes, he is survived by his sister-in-law Jutor Hayes of Brooklyn, N.Y.

Mr. Hayes was a graduate of Boston College and member of the Sacred Heart Parish. He loved sailing, model trains, music, and most of all, conversation.

In Mr. Hayes' honor, please be kind and compassionate to those in your community who need it the



PAUL F. HAYES

most. Check on your neighbors, visit a senior center, and say a prayer for those struggling with illness.

Interment at St. Joseph's Cemetery, West Roxbury.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

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OBITUARIES

David J. O'Leary, 77

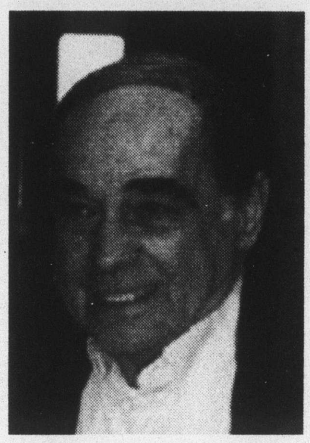
Memorial visiting hours for David J. O'Leary, 77, of Quincy were held Oct. 20 in Dolan Funeral Home, East Milton Square.

Mr. O'Leary died Oct. 11.

He was the loving father of David V. O'Leary of Brockton and stepfather of Debra MacDonald and her husband John of Rockland and Joseph Fiandaca of Brockton. He was born in Boston and was the son of the late John and Lillian (Storti) O'Leary of Quincy. He was preceded in death by seven siblings.

Mr. O'Leary was a self-employed painter and contractor. He was a 46-year member of AA and a Vietnam Air Force veteran.

He leaves behind his granddaughter Hannah Nicole O'Leary, five step-



DAVID J. O'LEARY

grandchildren, two great step-grandsons, his sister Lillian Baiardi of Utah and his former wife Phyllis E. (Maginnis) O'Leary of Quincy.

Memorial donations may be made to the COPD Foundation, 3300 Ponce de Leon Blvd., Coral Gables, FL 33134.

William P. Crozier, 87

A funeral Mass for William P. Crozier, age 87, of North Weymouth and formerly North Quincy was celebrated Wednesday in Sacred Heart Church, Quincy.

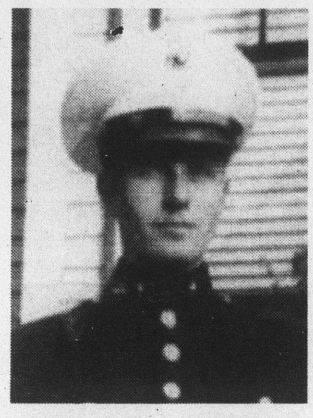
Mr. Crozier died peacefully Oct. 20 at South Shore Hospital, surrounded by his loving family.

He was born in Cambridge to the late Patrick J. Crozier and Mary V. (Hallahan) Crozier. He was raised in North Quincy and was a graduate of North Quincy High School, Class of 1948. He attended BAC, Harvard University and MIT.

Mr. Crozier was specifically sought out and chosen by the Kennedy Family Corporation to act as the architectural director of construction administration for the JFK Library project as one of his many outstanding accomplishments in the field.

He was a Korean War veteran having served with the 2nd Battalion 5th Marines, the most highly decorated battalion in the Marine Corps.

Beloved husband of Gloria E.A. (Mancini) Crozier. Devoted father of Judith Ann (Crozier) Moschella of Brain-



WILLIAM P. CROZIER

tree and Patrick W. Crozier of Littleton. Loving grandfather of Angelina J. Moschella of Braintree. Brother of Patrick Crozier of Milton, Margaret Borowko of Hingham, the late Mary O'Neill, James Crozier and Paul Crozier.

Interment with Military Honors at Mount Wollaston Cemetery, Quincy, was private for family only.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the Marine Toys for Tots Foundation, Gift Processing Administrator, 18251 Quantico Gateway Drive, Triangle, VA 22172.

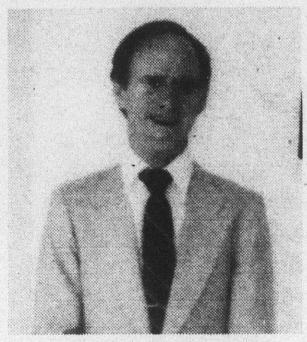
David B. Dunn

A funeral service for David B. Dunn of Quincy will be held at 11 a.m. Thursday in Keohane Funeral Home, 785 Hancock St., Quincy.

Mr. Dunn died Oct. 13.

He was a resident of Quincy. He worked for Brigham and Women's Hospital in the Materials Management Department. He enjoyed sports, especially Boston sports teams. He loved his family dearly. Mr. Dunn will be remembered for being a kind hearted and quiet individual. He will be sadly missed by all who had the pleasure of knowing him.

Son to the late Herbert and Marjorie (Bruce) Dunn. Dear brother to Marjorie Byrnes and her husband Mel



DAVID B. DUNN

Alstead of CA, Rosemary Gaura and her husband Robert of Quincy, Warren Dunn of Hull, Dr. Paul Dunn and his wife Maryanne of Worcester. Also survived by several nieces and nephews.

Memorial donations may be made to Hospice of the South Shore, 30 Reservoir Park Drive, Rockland, MA 02370.

John J. McCarthy, 85

A funeral Mass for John J. McCarthy, age 85, of Quincy and formerly of Dorchester will be celebrated at 10 a.m. Thursday in Holy Trinity Parish at the Our Lady of Good Counsel Church, Quincy.

Mr. McCarthy died peacefully Oct. 20, surrounded by his loving family.

He was born and raised in Dorchester to the late Maurice and Anne (Joyce) McCarthy. He was proud to be a Double Eagle, having graduated from Boston College High School and Boston College, Class of 1954. He had lived in Quincy for fifty-six years and previously in Dorchester.

Mr. McCarthy was the personnel administrator for Draper Laboratories in Cambridge for forty years. He served in the U.S. Marine Corps as a 1st lieutenant during the Korean War.

He enjoyed all Boston sports, politics, current events and walking. Mr. McCarthy was especially devoted to his children, grandchildren and great granddaughter.

Beloved husband for fifty-seven years of the late Elizabeth A. "Betty" (Sawyer) McCarthy. Devoted

JOHN J. McCARTHY

father of Brian E. McCarthy of Hull, Kevin J. McCarthy and his wife Michele of Mansfield and the late Maribeth E. Easter. Loving grandfather of Jennifer Easter, Connor McCarthy and Bridget McCarthy and cherished great-grandfather of Kinley.

He was the last of three siblings and was pre-deceased by Maurice McCarthy, M.D. and Joyce McDonough. He is also survived by many nieces, nephews and friends.

Visiting hours were 4 to 8 p.m. Wednesday in the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy. Funeral from the funeral home at 9 a.m. Thursday, prior to the Mass.

Interment with Military Honors at the Massachusetts National Cemetery, Bourne.

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO17P2504EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Paul Kevin Kennedy, Sr.
Also Known As:
Paul K. Kennedy
Date of Death:
August 6, 2017

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Ann M. Kennedy** of **Quincy, MA**

Petitioner **Christine K. Robles** of **Quincy, MA**

a Will has been admitted to informal probate.

Ann M. Kennedy of **Quincy, MA**

Christine K. Robles of **Quincy, MA**

have been informally appointed as the Personal Representatives of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

10/26/17

PLEASE RECYCLE THIS PAPER

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO17P2626EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Anne Marie Ciarfella
Also Known As:
Anne M. Ciarfella
and Anne Ciarfella
Date of Death:
August 20, 2017

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Susan M. Ciarfella** of **Whitman, MA**

a Will has been admitted to informal probate.

Susan M. Ciarfella of **Whitman, MA**

has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

10/26/17

PUBLIC NOTICE

PUBLIC NOTICE
QUINCY COMMUNITY PRESERVATION COMMITTEE

On Thurs., Nov 9, 2017, the Quincy Community Preservation Committee will hold a public meeting to explain the upcoming 2018 application process.

The meeting will be held at 7:00 p.m. at Coddington Hall, 34 Coddington St., Quincy, MA 02169. Any questions can be directed to Lisa Aimola, Director of Community Preservation at 617 376-1052.

10/26/17, 11/2/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-101

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, November 14, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Barlo Signs for a Variance to remove existing cabinet signs and install new larger signs in violation of Title 17 as amended Chapter 5.3.11.1a (free standing signs) on the premises numbered 5 HANCOCK STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

10/19/17, 10/26/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-102

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, November 14, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Son Nguyen for a Special Permit/Variance/Finding/Flood Plain to subdivide the lot and construct a single-family residence in violation of Title 17 as amended Chapter 3.4.3 (nonconforming structures), Chapter 4.1.1 (dimensional requirements) and Chapter 8.1.9 (special permit flood plain) on the premises numbered 38-40 JOHN STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

10/19/17, 10/26/17

NOTICE OF PUBLIC HEARING

October 20, 2017

CITY OF QUINCY, MASSACHUSETTS
NOTICE OF PUBLIC HEARING ON TAX RATE

Be it ordained by the City Council of the City of Quincy that the City Council will conduct a Public Hearing in the Great Hall, Quincy City Hall, 1305 Hancock Street on Monday November 20, 2017 at 7:00 PM pursuant to the provisions of Massachusetts General Laws Chapter 40 § 56 as well as guidelines of the Massachusetts Department of Revenue in order to determine the percentages of local tax levy to borne by each class of real property, as defined in § 2A of Chapter 59, and personal property in Fiscal Year 2018.

A TRUE COPY.
ATTEST: Nicole L. Crispo
Clerk of Council

10/26/17, 11/9/17

OBITUARIES

Mary D. Spillane, 88

A prayer service for Mary D. (Beaumier) Spillane, age 88, a lifelong Quincy resident, will be held at 7 p.m. Thursday in the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mrs. Spillane died peacefully Sunday at South Shore Hospital, surrounded by her loving family.

She was born in Lowell to the late Emil and Mabel (Brier) Beaumier. She was raised in Quincy and attended Quincy High School. She had been employed at Roxie's of Quincy for thirty-eight years where she was a well-known and popular personality in the deli department.

As a young woman, Mrs. Spillane worked as a former ballroom dance instructor and also served as a matron for the Sir Thomas More

MARY D. SPILLANE

Drum and Bugle Corps of Braintree. She enjoyed puzzles and crosswords.

Mrs. Spillane was dedicated to her family and especially to her cherished grandchildren and great grandchildren.

Devoted mother of Joseph R. Spillane of Quincy, Kathleen D. Paradis and her husband Normand of New Hampshire, Maureen F. Campbell and her husband John of Middleboro, Donna M. Coakley and her husband Michael of Braintree, Robert K. Spillane of Quincy, Debra J. Schwedler and her husband Richard of Florida. She was the loving grandmother of nine grandchildren and many great-grandchildren.

One of four siblings, she was sister of Gloria Griffin of Marshfield and pre-deceased by Lorraine Weaver and Roland Beaumire. She is also survived by many nieces and nephews.

Visiting hours are 4 to 7 p.m. Thursday in the funeral home.

At the request of the family, interment private.

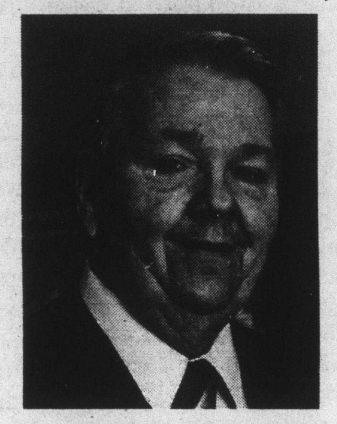
Memorial donations may be made to the American Diabetes Association, 260 Cochituate Rd. #200, Framingham, MA 01701.

Elliott K. Slade III, 71

A funeral service for Elliott K. Slade III, age 71, will be held at 11:30 a.m. Friday in the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Mr. Slade died peacefully while surrounded by family on Oct. 18 at Palm Bay Hospital in Florida.

He was born Dec. 6, 1946, in Quincy to Elliott K. Slade the 1st and Dorothy Slade. Mr. Slade was a 1965 graduate of Ricker Classical Institute in Houlton, Maine.



ELLIOTT K. SLADE III

He married Sarah Theresa Folan on Sept. 28, 1973. He worked most of his career in security management.

He is survived by his two brothers, Dick and Don, his two sisters, Dianne and Joanne, his son and daughter, Michael Slade and Lisa Keough, his two grandchildren, Isabella and Kevin, and many nieces and nephews.

A visiting hour will be held from 10 to 11 a.m. Friday in the funeral home.

Interment at Pine Hill Cemetery, Quincy.

Blessing Of Animals At United Methodist

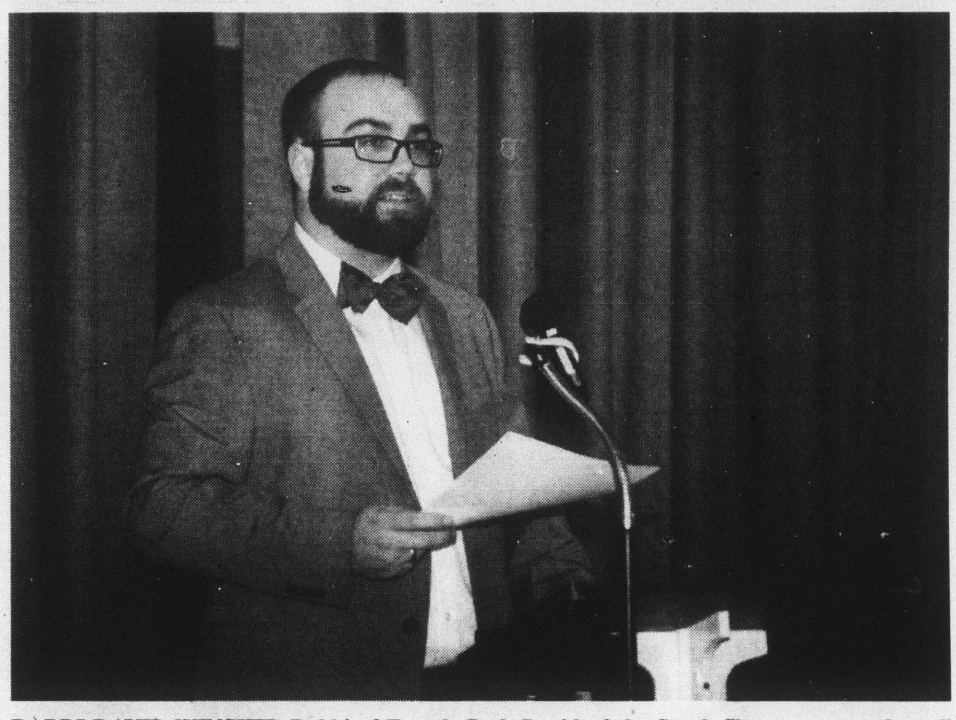
Quincy Community United Methodist Church, 40 Beale St., Wollaston, will hold a Blessing of the Animals Sunday, Oct. 29 at 10:30 a.m. in the church sanctuary.

All animals are welcome to take part in the service as long as they are leashed or kept within carriers.

Youngsters are invited to bring their favorite stuffed animals that will be blessed at the beginning of the service.

Following the reading of the familiar poem, "The Rainbow Bridge," pictures and objects representing beloved deceased animals will be brought forward to be placed upon the altar. Then visiting animals and their friends will come forward one at a time for a special blessing with the Rev. Rebecca Baumann (Pastor Becky).

Three familiar and special hymns have been chose for the Blessing of the Animals: "All Things Bright and Beautiful," "God of the Sparrow, God of the Whale," and "The Friendly Beasts."



RABBI DAVID WINSHIP, Rabbi of Temple Beth David of the South Shore, presented a talk entitled "Judaism 101: A Quick Run Through Thousands of Years" at the second session of the Quincy Point Congregational Church, United Church of Christ's Interfaith Dialogue series, "Who Is My Neighbor?" *Photo Courtesy Jack Bissett*

Judaism 101 At Quincy Point Congregational's 'Who is My Neighbor' Interfaith Dialogue Series

In the second session of the Quincy Point Congregational Church, United Church of Christ's interfaith dialogue series, "Who Is My Neighbor?" the church welcomed Rabbi David Winship, Rabbi of Temple Beth David of the South Shore. His presentation was entitled, "Judaism 101: A Quick Run Through Thousands of Years."

In her introductory remarks, Carol Johnston, chair of the Quincy Point Mission and Social Justice Committee said, "This spring, the committee decided to do this series to counteract the general feeling of distrust which was present locally and in our nation, particularly towards immigrants and religious minorities."

Rabbi Winship graduated from Hebrew College in Newton. He is new to Temple Beth David, having only served for the past four months. Before coming to Temple Beth David, he served as the head of an Orthodox day camp, the head of adult education at a large Reform congregation, the head teacher in many area Hebrew schools. He also served as a rabbinic intern for both the Jewish Discovery Institute and at Beth El Temple, a large conservative synagogue in Connecticut.

"The response to the series has been great. People from several faith communities within the South Shore, gathering in the same space engaging in faithful conversation is surely a good thing." says Peter Johnston, Interim Associate Pastor of the Quincy Point Church.

Rabbi Winship shared with us stories from the Torah in the setting of Shabbat and the evening Kiddish, which celebrate God's creation of the world, God's time of rest, the blessing of the wine and the Exodus. He spoke of how Hebrew law has changed throughout the centuries and how different types of Judaism were formed, Orthodox, Conservative, Rabbinic and Reform. Through stories and with a great sense of humor, he kept us spellbound.

Rabbi Winship concluded his presentation by saying, "Judaism at its most religious level is all about love. If you can find things to do that help you bring love into the world, that's the be-all, end-all; that's the goal of the whole thing." Following the presentation, Rabbi Winship graciously fielded questions from the audience.

The fall series concludes Wednesday, Oct. 25 with Father Martin Dzengeleski of Holy Trinity Parish, Quincy. A second series, with leaders from the Church of Jesus Christ of Latter-Day Saints, Unitarian Universalism, mainline Protestantism, and more, will happen in the Spring.

All are welcome to join. The conversations take place in the Social Hall, located on the lower level of the Quincy Point Congregational Church, 444 Washington St., Quincy Point. Handicap access and parking are at the Abbey Road entrance. For more information, please call 617-773-6424 or E-mail quincypointcongmissions@gmail.com.

City Receives $2M Grant For New Center Roadway

Cont'd From Page 1

"One of the things we do as a commonwealth, is we invest in projects, we invest in people and we invest in opportunities, and we make these decisions based on a competitive process," the governor said.

"In this particular instance, I just want to say in front of delegation and the folks from Quincy and the mayor, part of the city's success on a variety of these initiatives has been due to the effort, the creativity, the imagination, the follow through and the execution that's been delivered on over and over again by the people here in Quincy."

The $2 million MassWorks grant Quincy received Tuesday is the second one Baker has awarded the city. Quincy received a $5.8 million MassWorks grant in 2015, which paid for the demolition of the Ross Garage. Baker said Tuesday's grant is meant to continue that and other investments the state has made on the downtown project.

"The simple truth of the matter is, yes this is an investment that we the commonwealth are making in this project, but the thing you should all know is it's also an investment in the success we've seen and the demonstrated capacity to perform that we've seen over and over again from folks here in Quincy," Baker said.

Koch said the city would not have been able to undertake the revitalization of Quincy Center without support from the state. Various state grants have been used to pay for costs associated with the Hancock-Adams Green and the relocation of the Town Brook, among other improvements.

"We wouldn't be able to keep the ball rolling without the partnership of the Commonwealth of Massachusetts," Koch said.

"If you've been by City Hall, you've seen the continued work on the Hancock-Adams Green. The first phase of that work was due to MassWorks and Gateway Cities grants. Other infrastructure work in the downtown has been done through the help of MassWorks grants as well as some grants from the federal government.

"We as a city – we're fully committed, we're fully in – but we couldn't do it without the partnerships at the state and federal level."

Three members of Quincy's delegation on Beacon Hill – Sen. John Keenan and Reps. Bruce Ayers and Tackey Chan – were present for Tuesday's ceremony.

"MassWorks grants are pretty easy for legislators to vote for," Keenan said. "It's a pretty big chunk of money overall, but we know it's going to come back to local communities, it's going to come back in a very competitive way, a very wise way, it's going to be used very well at the local level."

"If there is one word here this afternoon, I think it's collaboration," Ayers said. "Collaboration – working together with the city officials, the state officials and the governor of the Commonwealth of Massachusetts. We all hear from our constituents we want economic development and job creation, that's what we're talking to this afternoon with this grant."

"We're very proud of the fact we make available these grants across the commonwealth to give everyone a shot on major economic development and infrastructure improvements," Chan said. "We're very happy the city of Quincy qualified."

City Council President Kirsten Hughes said the mayor's vision for the city is inspiring and thanked Baker, a former Swampscott selectman, for his support of communities like Quincy.

"You have a true vision for the city that is just inspiring and it inspires us at the council to move forward, to push our city forward and to make sure our neighborhoods are working as well as they can," Hughes said of Koch.

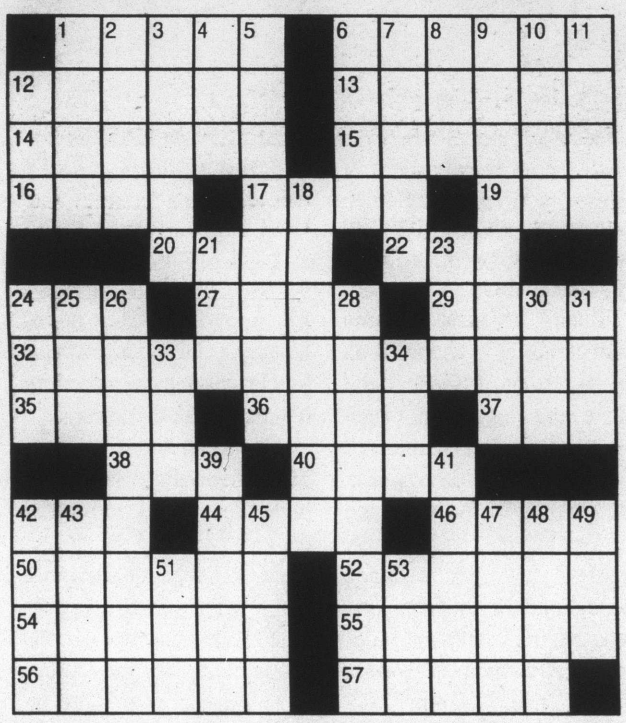
"I too want to give a special thank you to Governor Baker, who four years ago talked about being a true partner with the communities, with the local level, as he had served at the local level. He's made good on that promise and we are so grateful and we benefit from it every day, particularly here in Quincy."

SUN FUN PAGE

King Crossword

ACROSS
1 Dutch earthenware city
6 Ado
12 More bloodstained
13 Unilateral
14 Rhododendron cousin
15 Busy
16 Small plateau
17 Rocketry org.
19 Started
20 Group of actors
22 Omega preceder
24 Second person
27 Church furniture
29 Lecher's look
32 Toady
35 Transcending (Pref.)
36 Mine car
37 Ball holder
38 Hooter
40 Sans escort
42 Tablet
44 Inauguration recitation
46 Mine entrance
50 Captivate
52 Intertwine
54 Swear (to)
55 Like thunder
56 Prolonged attacks
57 Put into words

DOWN
1 Nap
2 Historic times
3 Light purple
4 Doctor's due
5 Area near the apse
6 Feathery neckwear
7 Open a bottle
8 Collection
9 Stephenie Meyer series
10 Wash
11 Watched
12 School of whales
18 If all else fails
21 Zoo favorite
23 "Help!"
24 Thanksgiving veggie
25 Unclose
26 Modern
28 Spreads thickly
30 Shelter
31 Preceding
33 Legislation
34 "— Little Teapot"
39 Untethered
41 Greek consonant
42 Carrots' partners
43 Con
45 — and letters
47 Plastic user's concern
48 Capri or Wight
49 Biblical possessive
51 "Family Guy" daughter
53 Enthusiast



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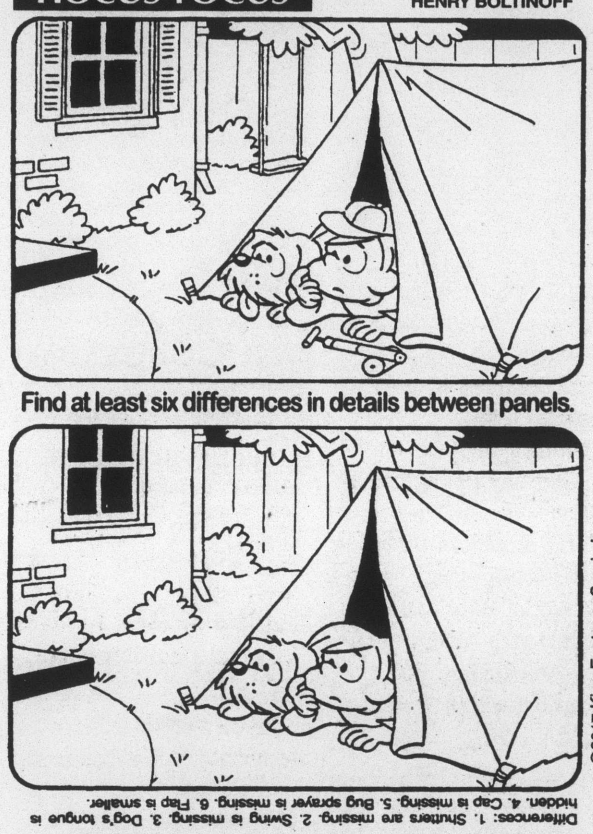
HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Shutters are missing. 2. Swing is missing. 3. Dog's tongue is hidden. 4. Cap is missing. 5. Bug sprayer is missing. 6. Flap is smaller.

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Trivia test by Fifi Rodriguez

1. SCIENCE: What is the first element on the Periodic Table?
2. MYTHOLOGY: What was the name of King Arthur's sword?
3. ASTRONOMY: Which planet in our solar system has the most moons?
4. GEOGRAPHY: Which U.S. state is host to the Mount Rushmore National Memorial?
5. CHEMISTRY: What two elements is the alloy bronze usually made of?
6. GAMES: In Scrabble, what is the value of the letter Z?
7. U.S. STATES: What is the capital of Hawaii?
8. GENERAL KNOWLEDGE: How many time zones are in the world?
9. GOVERNMENT: How many electors are in the U.S. Electoral College?
10. INVENTIONS: Where was inventor Alexander Graham Bell born?

Answers
1. Hydrogen
2. Excalibur
3. Jupiter with at least 67
4. South Dakota
5. Copper and tin
6. 10 points
7. Honolulu
8. More than 24
9. 538
10. Scotland

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Salome's Stars

ARIES (March 21 to April 19) Your honesty continues to impress everyone who needs reassurance about a project. But be careful you don't lose patience with those who are still not ready to act.

TAURUS (April 20 to May 20) Pushing others too hard to do things your way could cause resentment and raise more doubts. Instead, take more time to explain why your methods will work.

GEMINI (May 21 to June 20) Be more considerate of those close to you before making a decision that could have a serious effect on their lives. Explain your intentions and ask for their advice.

CANCER (June 21 to July 22) You might have to defend a workplace decision you plan to make. Colleagues might back you up on this, but it's the facts that will ultimately win the day for you. Good luck.

LEO (July 23 to August 22) The Big Cat's co-workers might not be doing enough to help get that project finished. Your roars might stir things up, but gentle purrr-suasion will prove to be more effective.

VIRGO (August 23 to September 22) Someone you care for needs help with a problem. Give it lovingly and without judging the situation. Whatever you feel you should know will be revealed later.

LIBRA (September 23 to October 22) While you're to be admired for how you handled recent workplace problems, be careful not to react the same way to a new situation until all the facts are in.

SCORPIO (October 23 to November 21) Rely on your keen instincts as well as the facts at hand when dealing with a troubling situation. Be patient. Take things one step at a time as you work through it.

SAGITTARIUS (November 22 to December 21) Your curiosity leads you to ask questions. However, the answers might not be what you hoped to hear. Don't reject them without checking them out.

CAPRICORN (December 22 to January 19) Be careful not to tackle a problem without sufficient facts. Even sure-footed Goats need to know where they'll land before leaping off a mountain path.

AQUARIUS (January 20 to February 18) Appearances can be deceiving. You need to do more investigating before investing your time, let alone your money, in something that might have some hidden flaws.

PISCES (February 19 to March 20) Your recent stand on an issue could make you the focus of more attention than you would like. But you'll regain your privacy, as well as more time with loved ones by week's end.

BORN THIS WEEK: You're a good friend and a trusted confidante. You would be a wonderful teacher or a respected member of the clergy.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: **L equals D**

ZFDEQPW QPRQLO QPISHUFVQSP

FYSKV F YFHP LFPDO, SPO

UQWNV FRE FHSKPL ISH VNO

NSOLSMP ZSMLSMP.

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MAGIC MAZE ● THE COLOR YELLOW

H B Y W U R P N K I G D D B Z
X D V S S Q O M K I G A E C A
Y W L M U S T A R D U N S Q P
N L J O H B F E C A Y D D X V
U S H I G H L I G H T E R Q P
N M B U L L D O Z E R L I B Y
K J U H E G G Y O L K I B A R
F E T C M N B Z Y H X O G N A
V U T T O R U Q B A C N I A N
P O E M N L H S A U Q S B N A
K I R T H G I L N O I T U A C

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Banana	Cab	Egg yolk	School bus
Big Bird	Canary	Highlighter	Squash
Bulldozer	Caution light	Lemon	Sun
Butter	Dandelions	Mustard	

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Wishing Well®

8	7	8	3	5	3	2	4	5	2	3	4	3
W	B	A	B	E	I	R	E	X	O	N	A	D
5	6	5	4	3	7	5	2	8	2	5	2	4
P	M	R	G	I	U	E	A	Y	D	S	B	E
7	2	8	4	7	4	8	2	8	5	3	6	4
S	L	O	R	Y	T	U	O	T	S	N	A	O
2	8	5	8	4	6	8	3	6	2	3	2	8
C	I	I	D	L	K	E	G	E	K	O	R	A
5	8	5	6	2	6	2	3	7	4	7	4	6
V	S	E	S	E	O	M	F	F	E	U	A	M
4	3	5	4	2	5	6	3	6	5	6	2	6
R	T	L	N	O	O	E	I	O	V	N	V	E
3	6	5	7	6	3	2	7	2	6	7	6	7
E	G	E	T	L	S	E	U	D	A	R	D	E

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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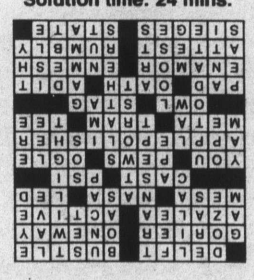
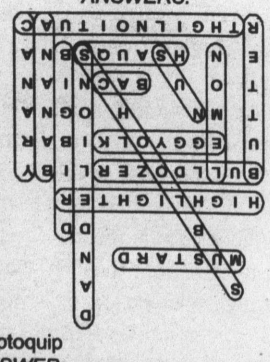
— King Crossword —
Answers
Solution time: 24 mins.



Magic Maze
ANSWERS:



Cyptoquip
ANSWER:

Lacking inside information about a barn dance, one might ask around for the hoedown lowdown.

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- Notice how actresses have stopped crying the blues about there being no parts for older actresses? Meryl Streep, 68, has films lined up. Fifty-year-old Nicole Kidman (just off an Emmy win for "Big Little Lies") has four films completed: the just-opened horror/thriller "The Killing of a Sacred Deer," with her "Beguiled" co-star Colin Farrell; "Aquaman," with Jason Momoa in the title role (due Dec. 21); the comedy "The Upside," co-starring Bryan Cranston and Kevin Hart (out March 9); and "How to Talk to Girls at Parties," a sci-fi romantic comedy that screened at the Cannes Film Festival.

Kidman is currently filming "Boy Erased," with Russell Crowe and Lucas Hedges (as the boy), opening Sept. 28, 2018. She also just signed to star in the crime drama "Destroyer," in which she plays an LAPD detective who went deep undercover as a young cop to infiltrate a cult-like gang in the California desert.

***

Kate Winslett, 41, is playing the wife of a carousel operator who falls for a lifeguard in Woody Allen's new film "Wonder Wheel," with Justin Timberlake and Jim Belushi, hitting screens Dec. 1. Allen's latest, as-yet-untitled project is going younger with Selena Gomez, Elle Fanning, Diego Luna, Jude Law and Liv Schreiber.

Just 29 but rising fast is "Danish Girl" Oscar-winner Alicia Vikander, who had two films screened at the Toronto Film Festival in September: "Submergence," with James McAvoy, Alex Hafner and Charlotte Rampling; and "Euphoria," with Eva Green, Charlotte Rampling and Charles Dance. She's also completed a new Lara Croft "Tomb Raider" film (based on the 2013 video game), with Dominic West and Kristin Scott Thomas (unspooling March 16) and is before the cameras in the action/thriller "Freak Shift," with Armie Hammer.

Pauley Perrette, 48, is leaving "NCIS" after 15 seasons as Abby Sciuto, the offbeat forensic scientist, which leaves only Mark Harmon and David McCallum from the original cast. No word on a spin-off, but Abby is too great a character to let disappear.

***

Johnny Carson's Malibu home, which he bought for $9.5 million in 1984, is for sale. The estate includes a 7,083 square-foot home, with two bedrooms (the master suite fills the entire second floor), 4.5 baths, a media room, wine cellar and indoor arboretum, plus a separate guesthouse. Producer Sidney Kimmel ("Moneyball" and "Lars and the Real Girl," to name two), who bought the property for $46 million, is seeking a buyer willing to pay $81.5 million. Is this property worth that much because of its location, luxuriousness or because it was once owned by Johnny Carson? As Carson might have said, "If Carnac the Magnificent had told me it would be worth that much, I would've stuck around and haunted the joint!"

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	÷		+		16
×		+		×	
	+		×		30
–		×		–	
	–		×		18
34		25		21	

1 3 4 5 6 6 7 8 9

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KOVELS Antiques & Collecting

By Terry and Kim Kovel

Odd-Shaped Objects Sometimes Part of Set --- Strange antiques and collectibles with mysterious shapes and unknown purposes sometimes are part of a larger piece. Mysterious wooden wheels with wooden spokes and about a 45-inch diameter were popular in the 1950s. They were hung on a wall as a decoration or put flat in a flowerbed. Each section between the spokes was planted with a different herb or flower. The wheels were copied in giftware catalogs but were never identified as part of a "walking" spinning wheel used to spin woolen yarn.

A curved "bowl" shaped like part of the border of a circle is sometimes sold at an antique shop. The bowl usually is made by important porcelain companies and it seems to be a bargain. It is part of a set of four crescent-shaped bowls and one round bowl that fit together to make a circle. The curved bowls held foods like olives, pickles and sauces or several types of vegetables with sauce in the round center bowl. Most sets were made with the five bowls and a lid for the center piece. Once a piece broke, the set couldn't be used. But the pieces still were attractive when used alone.

A set made by Coalport porcelain in the Imari pattern sold in 2016 for $923. Single curved bowls can be found for $50 to $75. A covered center bowl might fetch $100.

***

Q: I have a Sarah Coventry necklace that I was told is 85-90 years old. It's about 16-18 inches long and has graduated glass beads strung on fine copper wire and a copper ring and clasp. I was told it is Waterford crystal. I'd like to know how old it is and what it's worth.

A: It's newer than you think. Sarah Coventry was founded in 1949. Jewelry was designed by freelancers and made by other companies. It was sold through home parties. The company went bankrupt in 1981 and was sold several times after that. Sarah Coventry jewelry is no longer being made, but is sold online. Waterford is the name of a company known for its glass, but some people use the name for other clear glass. The value of your necklace is about $50 retail.

***

Tip: Take batteries with you to toy sales if you plan to buy a battery-operated toy. Check to see if the toy really works.

Write to the Kovels in care of KFWS, 628 Virginia Drive, Orlando, FL 32803. By sending a letter with a question and a picture, you give full permission for use in the column or any other Kovel forum. Due to the large volume of mail they receive, the Kovels cannot personally answer reader questions, nor do they do appraisals. Do not send any materials requiring return mail.

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Strange BUT TRUE

* It was 20th-century American author and college professor David Foster Wallace who made the following sage observation: "There is no such thing as not voting: you either vote by voting, or you vote by staying home and tacitly doubling the value of some diehard's vote."

* In late 19-century America, parts of New England had a rather unusual Halloween tradition. Evidently, in many rural communities, boys would celebrate by throwing cabbage, corn and other rotten vegetables.

* If you're like many wage slaves, as the end of the workweek approaches you might find yourself doing busywork -- trying to look as if you're working when, in fact, you're just shuffling papers or otherwise avoiding productivity. Well, there's a word for that: fudgel. Fudgeling may not be an approved workplace activity, but it's undeniably a part of the American workplace.

* If you look closely at the Mona Lisa, Leonardo da Vinci's famed masterwork, you might notice that the famously enigmatic subject is entirely lacking in eyebrows.

* It may not come as a surprise that when scorpions mate, it's a rather violent affair. When the act is completed, the female stings her partner to death, then eats him.

* In 1993, voters in San Francisco voted on a ballot measure to determine whether police officer Bob Geary would be allowed to walk his neighborhood beat while carrying his ventriloquist's dummy, known as Brendan O'Smarty. The measure passed, and O'Smarty remained on the job.

***

Thought for the Day: "Life is a four-letter word." -- Lenny Bruce

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Now here's a tip!

by Jo Ann Derson

* Roll clothing to pack: For shirts, you can stack them all together, then fold over the sleeves before rolling. Pants are best rolled individually. Fold one leg onto the other, then roll tightly from ankle to waist, being sure to smooth wrinkles as you go. Stuff socks into shoes. Make use of all your space.

* Trouble getting to sleep? Maybe you should try listening to soothing sounds. There are many to choose from, from white or pink noise (find it free on YouTube or get a CD from the library). There's even a podcast where a person reads a boring book in a monotone voice (Sleep with Me). You never know if it'll help unless you try. -- C.A. in Florida

* Homemade ice pack: Mix 1 part rubbing alcohol to 3 parts water in a zipper-top bag; seal and place in the freezer. It gets really cold but never hardens, so you can manipulate it. Every athlete (or parent) should pin this. -- M.W. (Add food coloring so you can tell if it's leaking, and label it properly!)

* Airport hacks: Bring a few extra zipper-top bags, just in case you need them on the return flight; bring an empty water bottle to fill up after you clear security; bring your own snacks; tie or otherwise fasten an identifiable scrap of material to your plain black luggage to make it easy to spot on the luggage carousel; wear a heavy coat -- you can always take it off and stow it, but it won't count against your weight limit if it's on you at check-in.

* Winter driver safety list! Check levels for the following: engine oil, coolant and antifreeze, as well as windshield wiper fluid (non-freezing), tire pressure and tread depth.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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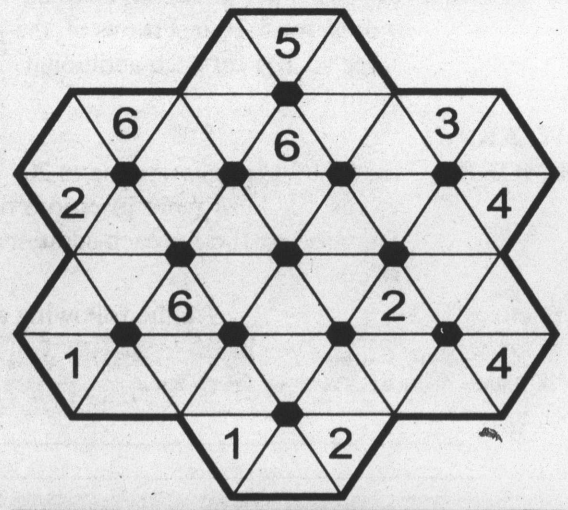
SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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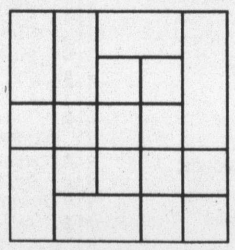
STICKELERS [sic]

by Terry Stickels

How many squares of any size can be found in the diagram below?



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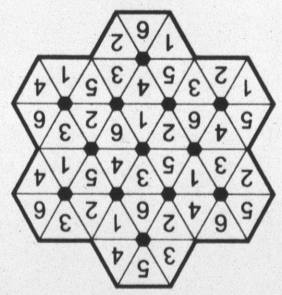
SNOWFLAKES solution



Go Figure! answers

	21		25		34
18	6	×	5	–	8
	–		×		–
30	3	×	4	+	6
	×		+		×
16	9	+	1	÷	7

Stickelers Answer

There are 25 squares.

1	5 × 5
1	4 × 4
4	3 × 3
7	2 × 2
12	1 × 1
25	Total

CLASSIFIEDS

PERSONAL

To Thomas, Douglas, Jennifer- Have a Nice Halloween -Bernie 10/26

Happy Halloween - To Doug and Greta and Lala From Nate Lilly Bridge 10/26

Joe in Texas- Happy Halloween -Your Friends in Quincy 10/26

OH HOLY ST. JUDE, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need, to help you I have recourse from the depths of my heart and humbly beg you to whom God has given such great power to come to my assistance and help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked. (Say 3 Our Fathers, Hail Marys and Glorias. Publication must be promised.) St. Jude, pray for us and all who invoke your aid, Amen. (This novena has never been known to fail.) I have had my request granted. (This Novena should be said on 9 consecutive days.)M.F. 10/26

PRAYER TO THE BLESSED VIRGIN

"Oh, most beautiful flower of Mt. Carmel, Fruitful vine, splendor of heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me, herein you are my Mother. Oh, Holy Mary, Mother of God, Queen of Heaven and Earth! I humbly beseech you from the bottom of my heart to succor me in this necessity. There are none that can withstand your power. Oh, Mary, conceived without sin, pray for us who have recourse to thee (three times). Holy Mother, I place this cause in your hands (three times). Say this prayer 3 consecutive days, and then you must publish and it will be granted to you. R.C. 10/26

REPORT POTHOLES

Potholes are a year-round problem and should be reported to the Department of Public Works.

617-376-1914

MISCELLANEOUS

HELP WANTED-SALES

Caption: EARN $500 A DAY (SALES) Final Expense Insurance • Exclusive Leads • Local Training/Support • Everyday is Payday • Agent Health/Dental Benefits • Incentive Trips CALL 860-357-6904 www.fhginsurance.com

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Call 774-259-9879 to Plan Your Menu! 10/26

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Adoption fees include initial vaccinations and Spay/Neuter as needed.
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Toto: 7, female, tortie

The Quincy Sun CLASSIFIED AD FORM

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169

PAYABLE IN ADVANCE. Payment must accompany order.

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- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
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- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
- ❑ Personal
- ❑ Miscellaneous

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RATES

1 WEEK ❑ $9.00 for one insertion, up to 20 words, 10¢ for each additional word.

2-4 WEEKS ❑ $8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.

5-10 WEEKS ❑ $7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word.

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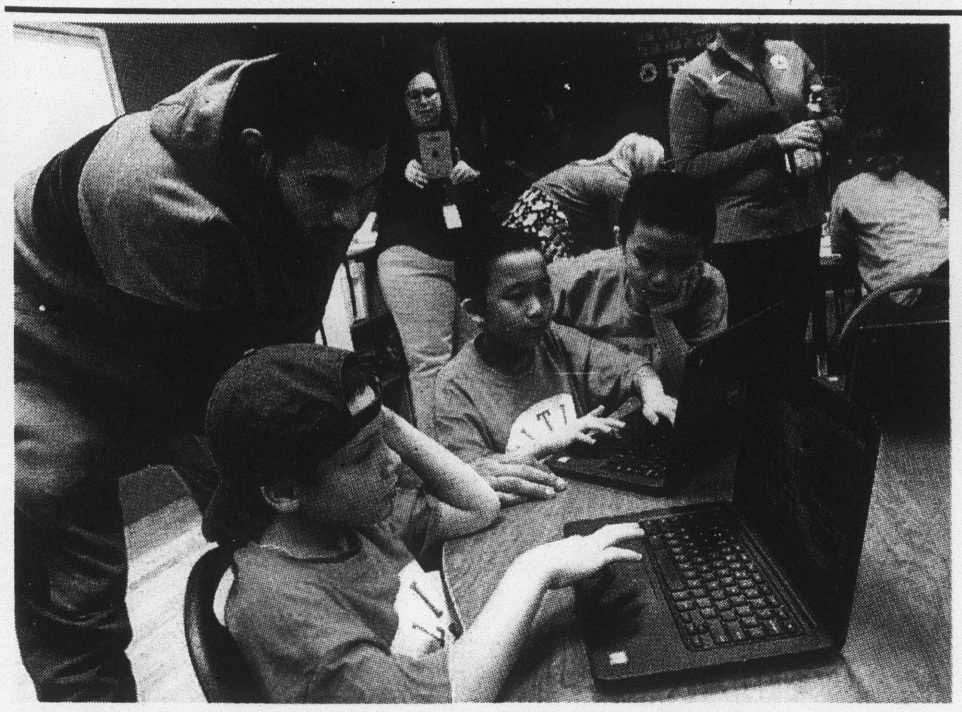
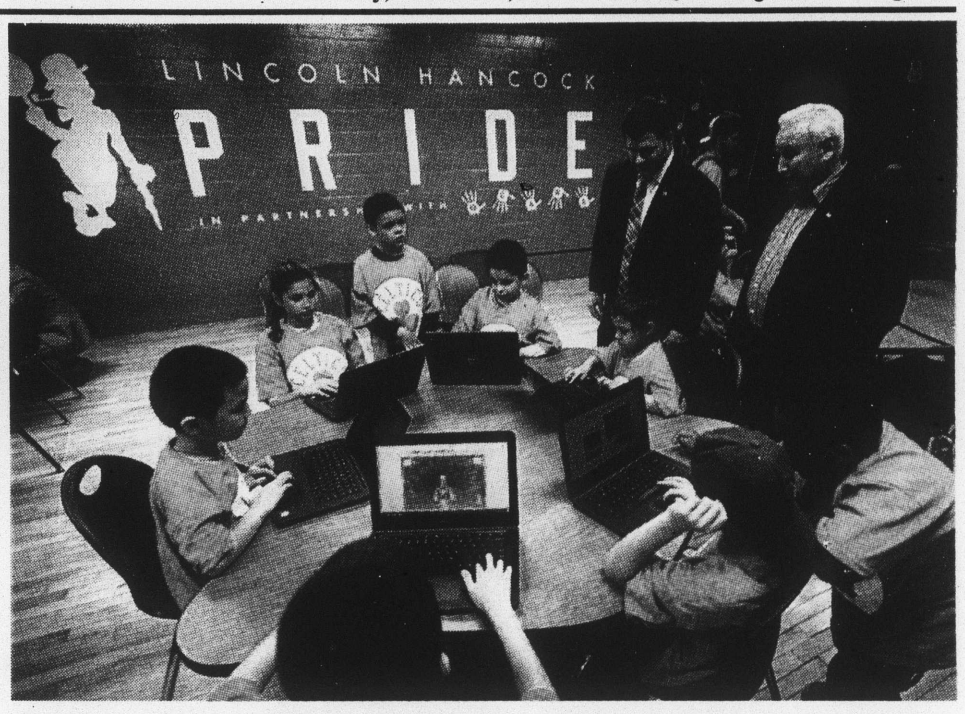
❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____



BOSTON CELTICS rookie forward Abdel Nader looks on as Quincy After School Child Care students Trevor Gardner, Kyle Wong and Jacob Weng work on laptops in QCARE's new music room at Lincoln-Hancock School. *Quincy Sun photos/Tom Gorman*



TD BANK'S Charles Seugling and Quincy School Committee Vice Chairman Paul Bregoli observe students working on laptops in Quincy After School Child Care's new muisc room at Lincoln-Hancock School.

Celtics Stars Help Unveil Music Room At L-H School

Cont'd From Page 2

a great time in here," she said.

Morrison said she approached the Celtics several months ago about the organization possibly funding a new playground at Lincoln-Hancock through its community program. After she was told that would be outside of their scope, the Celtics offered to renovate a room in need.

"After more conversations with the Celtics, we were selected," she said. "We were so thrilled."

QCARE provides after-school programs for children in kindergarten through age 13 in each of the city's nine elementary schools. Programs are designed to promote students' physical, emotional, social and educational growth.

Nader was welcomed with a loud cheer as he entered the room filled with about 25 students. Looking around the space, the Chicago native told the students that, when growing up, "We definitely didn't have an awesome room like this."

McCarty, Nader and TD Bank officials joined students in various music-related activities including working on the Chromebooks and playing on the ukuleles.

McCarty, who released an R&B album 14 years ago, said the music room is a special place for him since he has "always had a huge passion for music."

At the end of the program, School Supt. Dr. Richard DeCristofaro, TD Bank Vice President Richard Nicholson, Nader and McCarty each wrote a thought on a wall. DeCristofaro wrote, "Always be good," Nicholson wrote, "Dream Big," Nader wrote "Never stop running," and McCarthy scribed, "Great winners remember, take without forgetting."

Nicholson said he was pleased that TD Bank was able to have a part in the project.

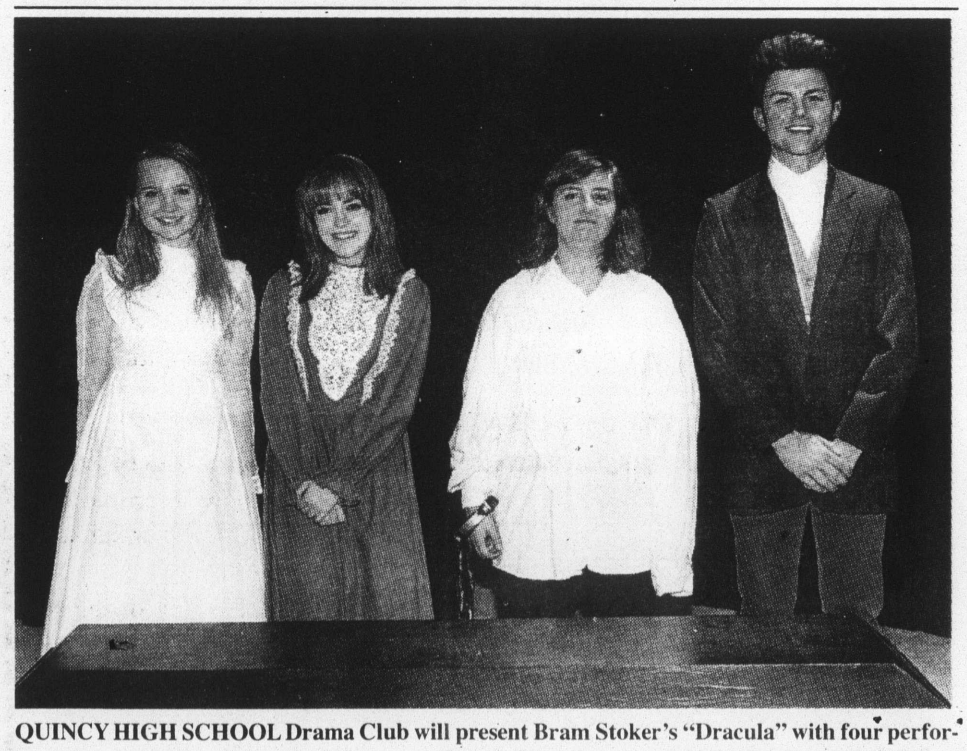
"It's great that we were able to come out here and make a difference in the community," he said.

DeCristofaro expressed appreciation to the Celtics and TD Bank for renovating the new room.

"It's an incredible partnership," he said. "We have the best kids in the state and they deserve everything we give them. Everything we do in this city centers around our kids."

QUINCY AFTER SCHOOL CHILD Care teacher Diane Doherty shows students Ezray Mata, left, and Joel Graeber the new digital piano in QCARE's new music room.

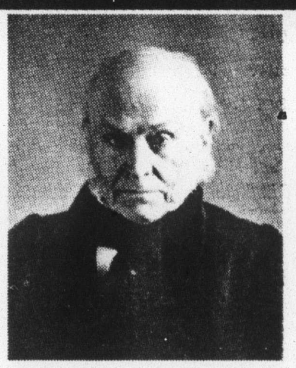
FORMER BOSTON CELTICS player and current assistant coach Walter McCarty, right, joins Quincy After School Child Care assistant A.J. Beers on the ukulele in QCARE's new music room.



QUINCY HIGH SCHOOL Drama Club will present Bram Stoker's "Dracula" with four performances next weekend. Among the cast are (from left) seniors Amanda Burke, Kendall Kelleher, Grace Austin and Leo Burns. Performances are set for Friday, Nov. 3rd at 7:30 p.m.; Saturday, Nov. 4th at 2 p.m. and 7:30 p.m.; and, Sunday, Nov. 5th at 2 p.m. at Quincy High School, Lloyd Hill Auditorium, 100 Coddington St., Quincy. This production is suggested for audiences age 10 and older. Tickets are $10 for general admission and $5 for students and can be purchased at the door. For further information call the main office at Quincy High at 617-376-3355.

Quincy Sun Photo/Robert Bosworth

Adams
National Historical Park



That nature's God commands the slave to rise,
And the Oppressor's head to break his chain.
Roll years of promise, rapidly roll round,
Till not a slave o this earth shall be found.
John Quincy Adams
President
1825-1829

A Continual Torment: John Quincy Adams, Lincoln and Slavery

Sunday, October 29, 2017
2:00 p.m.—3:00 p.m.
Adams Carriage House at
135 Adams St., Quincy

Adams National Historical Park welcomes Distinguished Professor Emeritus at Queens College and the Graduate Center of the City University of New York, Fred Kaplan, for a lecture on Kaplan's most recent work, *Lincoln and the Abolitionists: John Quincy Adams, Slavery, and the Civil War.* Join us for an in-depth look at how John Quincy Adams and Abraham Lincoln came to see the issues of slavery and race, and how that understanding shaped their perspectives.

Books will be available for purchase and a book signing will follow the program. Limited street parking on Adams Street.

For a complete listing of tours and events, visit the park website at www.nps.gov/adam
or call (617) 770-1175

MARINA BAY FERRY 2017 FALL SCHEDULE

Visit Quincy, Winthrop, Boston's Rowes Wharf & Seaport Fan Pier

Winthrop-Quincy-Boston Ferry WEEKDAY Schedule

MONDAY-FRIDAY AM DEPARTURE TIMES Valkyrie	
Winthrop	6:55 a.m.
Arrive Quincy	7:25 a.m.
Quincy	7:30 a.m.
Winthrop	7:55 a.m.
Seaport/Fan Pier	8:20 a.m.
Rowes Wharf	8:35 a.m.
Arrive Winthrop	9:00 a.m.
Winthrop	9:30 a.m.
Seaport/Fan Pier	9:50 a.m.
Rowes Wharf	10:05 a.m.
Quincy	10:35 a.m.
Rowes Wharf	11:00 a.m.
Bay State Cruise Company	
Quincy	7:40 a.m.
Seaport/Fan Pier	8:00 a.m.
Quincy	8:25 a.m.
Seaport/Fan Pier	8:45 a.m.

MONDAY-FRIDAY PM DEPARTURE TIMES Valkyrie	
Winthrop	3:00 p.m.
Seaport/Fan Pier	3:20 p.m.
Rowes Wharf	3:30 p.m.
Arrive in Winthrop	3:55 p.m.
Winthrop	4:00 p.m.
Seaport/Fan Pier	4:20 p.m.
Rowes Wharf	4:35 p.m.
Quincy	5:00 p.m.
Arrive in Winthrop	5:20 p.m.
Winthrop	5:25 p.m.
Rowes Wharf	5:45 p.m.
Seaport/Fan Pier	5:55 p.m.
Arrive Winthrop	6:15 p.m.
Arrive Quincy	6:45 p.m.
Bay State Cruise Company	
Seaport/Fan Pier	4:55 p.m.
Quincy	5:15 p.m.
Seaport/Fan Pier	5:40 p.m.
Quincy	6:00 p.m.

THURSDAY-FRIDAY PM ONLY DEPARTURE TIMES Valkyrie	
Winthrop	7:30 p.m.
Seaport/Fan Pier	7:50 p.m.
Rowes Wharf	8:05 p.m.
Arrive Winthrop	8:30 p.m.

Winthrop-Boston-Quincy Ferry WEEKEND Schedule

WEEKEND AM DEPARTURE TIMES Valkyrie	
Winthrop	10:30 a.m.
Seaport/Fan Pier	10:50 a.m.
Rowes Wharf	11:00 a.m.
Quincy	11:30 a.m.
Seaport/Fan Pier	11:55 a.m.
Rowes Wharf	12:05 p.m.

SATURDAY PM ONLY DEPARTURE TIMES Valkyrie	
Winthrop	8:30 p.m.
Seaport/Fan Pier	8:55 p.m.
Rowes Wharf	9:05 p.m.
Quincy	9:30 p.m.
Arrive Winthrop	10:00 p.m.

WEEKEND PM DEPARTURE TIMES Valkyrie	
Winthrop	3:30 p.m.
Seaport/Fan Pier	3:50 p.m.
Rowes Wharf	4:00 p.m.
Quincy	4:30 p.m.
Seaport/Fan Pier	4:55 p.m.
Rowes Wharf	5:05 p.m.
Winthrop	5:40 p.m.
Seaport/Fan Pier	6:00 p.m.
Rowes Wharf	6:10 p.m.
Quincy	6:40 p.m.
Seaport/Fan Pier	7:05 p.m.
Rowes Wharf	7:15 p.m.

FERRY LOCATIONS	
Winthrop	707 Shirley Street
Quincy	Squantum Point Park
Rowes Wharf	400 Atlantic Ave, Boston Commercial Marine Terminal, Dock 10-11
Seaport Fan Pier	1 Marina Park Drive, Boston

VALKYRIE - TICKET INFORMATION	
General Passenger Tickets	$8.50 one way
Seniors (ages 65+)	$6.50 one way
Students with ID	$6.00 one way
Children (ages 5-12)	$3.00 one way
Children under 5	FREE
Commuter Package	$290.00 for 40 tickets @ $7.25 each (not transferrable)
Afternoon Charters Available 12:00-3:00 p.m.	Rate $200/hr (Minimum of 2 hours)

Fall Schedule: October 2 - November 30

ORDER ONLINE TO ENSURE A RIDE AT MBFERRY.COM

The ferry is operated by the Town of Winthrop. For more information, please visit **TheWinthropFerry.com** or call 617-207-9092.

BAY STATE CRUISE COMPANY - TICKET INFORMATION	
General Passenger Tickets	$9.00 one way

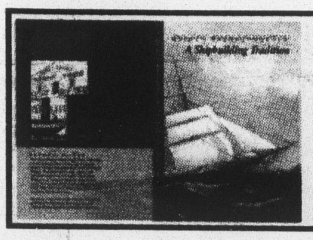
Fall Schedule: October 2 - December 1

ALL TICKETS FOR BAY STATE CRUISES MUST BE PURCHASED ON BOARD ONLY.

Visit **BayStateCruiseCompany.com** or call 617-748-1428

Ferry arrives at each location approximately five minutes prior to scheduled departure.

Fall Schedule effective 10/16/17



New Book On Quincy Shipbuilding Tradition - *Page 2*

School Program Preps Students For Careers - *Page 3*

Ceremony Marks John Adams Birthday - *Page 23*

2 **********CAR-RT LOT**C-004
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The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 50 No. 7 | Thursday, November 2, 2017 | $1.00

PUMPKIN PALS – Emily Smith, left, and her classmate, Natalie Smith, both third grade students, hold their decorated pumpkins during the Beechwood Knoll School's 20th annual Fall Festival Saturday.

Quincy Sun photo/Tom Gorman

Voters Decide Council, School Seats Tuesday

25 Percent Turnout Seen For Municipal Election

By SCOTT JACKSON

A quarter of Quincy's registered voters are expected to head to the polls Tuesday to cast ballots in the city's municipal election, which features contested City Council and School Committee races.

Polls open at 7 a.m. on Tuesday, Nov. 7, and will close at 8 p.m. City Clerk Nicole Crispo said results should be known around 9 p.m. that night.

Tuesday's election will feature races for six seats on the City Council – the three at-large positions and district races in Wards 1, 5 and 6 – and a contest for three School Committee seats.

Crispo expects a turnout of 25 percent in the municipal election, with about 14,960 of the city's 59,841 registered voters casting ballots. Turnout in the Sept. 12 preliminary election – featuring four council races – was 14.68 percent, with 8,728 of the 59,465 voters eligible to cast ballots in that election doing so.

Polling Precincts
Pages 11, 12, 13
Composite Ballot
★ Page 14 ★

"I'm being optimistic and mindful that there is no mayor's race this year. Based on the preliminary results, I'm going to say another 10 percent," Crispo said of the expected turnout Tuesday.

Absentee balloting is underway in the election and the deadline to cast an absentee ballot at City Hall is noon on Nov. 6, the day before the election. Crispo said 608 absentee ballots had been cast as of the afternoon of Oct. 25, compared to the total of 367 that were cast in the preliminary.

New signs were put up recently at major intersections throughout Quincy, reminding residents to vote on Nov. 7. This was the first time such signs have been put up

Cont'd On Page 18

Mayor: City Will Sue Pharmaceutical Industry Over Opioid Epidemic

The City of Quincy intends to pursue civil litigation against the pharmaceutical industry for its role in creating and exacerbating the ongoing state and national opioid abuse crisis, Mayor Thomas Koch announced Tuesday.

Koch has signed a no-fee contract with the Washington D.C.-based law firm, Motley Rice LLC, to pursue a lawsuit against the drug industry based on marketing and distribution of opiate-based prescription painkillers that he said deceptively downplayed the dangers of addiction and flooded the marketplace with drugs that start a chain reaction of addiction from pills to illegal narcotics such as heroin and fentanyl.

Quincy is the first major city in Massachusetts to begin individual legal proceedings against the companies responsible for manufacturing and distributing opioid painkillers. Motley Rice represents a number of other states and cities, including the City of Chicago, in similar actions across the country.

The primary goal of any action, Koch said, will be to change the behavior of an industry that has played an outsized role in the substance abuse crisis facing almost every American community.

"We have to be willing to fight this crisis on every front, and holding the drug industry accountable for its deceptive and dangerous practices is an important one," said Koch. "This is another spoke in the wheel in our efforts to confront this epidemic together as community, joining enforcement; treatment and recovery; and educating our young people."

The City will only pay Motley Rice based on a percentage of any award for damages received as part

Cont'd On Page 34

Parade, Ceremony Nov. 11 To Mark Veterans Day

By SCOTT JACKSON

Quincy will commemorate Veterans Day on Nov. 11 with a parade through Quincy Center starting at 10:30 a.m.

Paul Annexstad, commander of the Navy Operational Support Center Quincy, will be the guest speaker at a solemn ceremony held at the conclusion of the parade in front of the Adams Academy at 8 Adams St.

The parade will begin at the intersection of Quincy Avenue and Scammell Street and run north along Hancock Street to the Adams Academy. This year, the parade will briefly travel along Temple and Washington Streets around the United First Parish Church because of the ongoing work on the now-closed section of Hancock Street in front of the church and City Hall.

Units marching in the parade will form up in the Quincy Credit Union parking lot at the intersection of Quincy Avenue and Scammel Street beginning at 10 a.m.

Others speakers at the ceremony will include Mayor Thomas Koch; City Council President Kirsten Hughes; Lawrence Norton, who is serving as

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Diet Causing Belly Fat? Health Message - *Page 9*
'Best Chef' Raises $196,000 For QCAP - *Page 10*
QHS Drama Club To Present 'Dracula' - *Page 47*

More Quincy news:
The Quincy Sun.com

Sons Of American Legion Veterans Remembrance Sunday

Ceremony Takes Place At Flags For Veterans Island, Fort Square

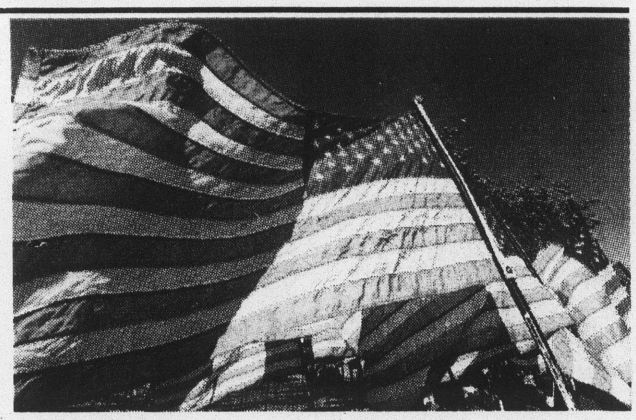
Squadron 294 of the Sons of The American Legion, Cyril P. Morrisette Post, West Quincy, will hold a remembrance ceremony Sunday, Nov. 5 at 1 p.m. at the Squadron's "Flags for Veterans Island" in Fort Square, Quincy, located at the corner of School and Pleasant Streets.

The event will honor all veterans who served their country on the eve of Veterans Day, Nov. 11.

Guest speaker will be lifetime Quincy resident Joe Brill.

Other participants will include Mayor Thomas Koch and other elected officials, several color guards, representatives of The American Legion, officers of The Ancient and Honorable Artillery Company of Massachusetts, and the Leatherneck Honors Society of Massachusetts.

The public is urged to attend.



SQUADRON 294 of the Sons of The American Legion, Cyril P. Morrisette Post, West Quincy, will hold a remembrance ceremony Sunday, Nov. 5 at 1 p.m. at the Squadron's "Flags for Veterans Island" in Fort Square, Quincy, located at the corner of School and Pleasant Streets.

New Book Chronicles Quincy's Shipbuilding Tradition

Author At Quincy Historical Society Nov. 9

Quincy Massachusetts, A Shipbuilding Tradition by Wayne G. Miller, a new book chronicling Quincy's 300 years of building boats and ships, will have its debut at Quincy Historical Society on Thursday, Nov. 9, at 7 p.m.

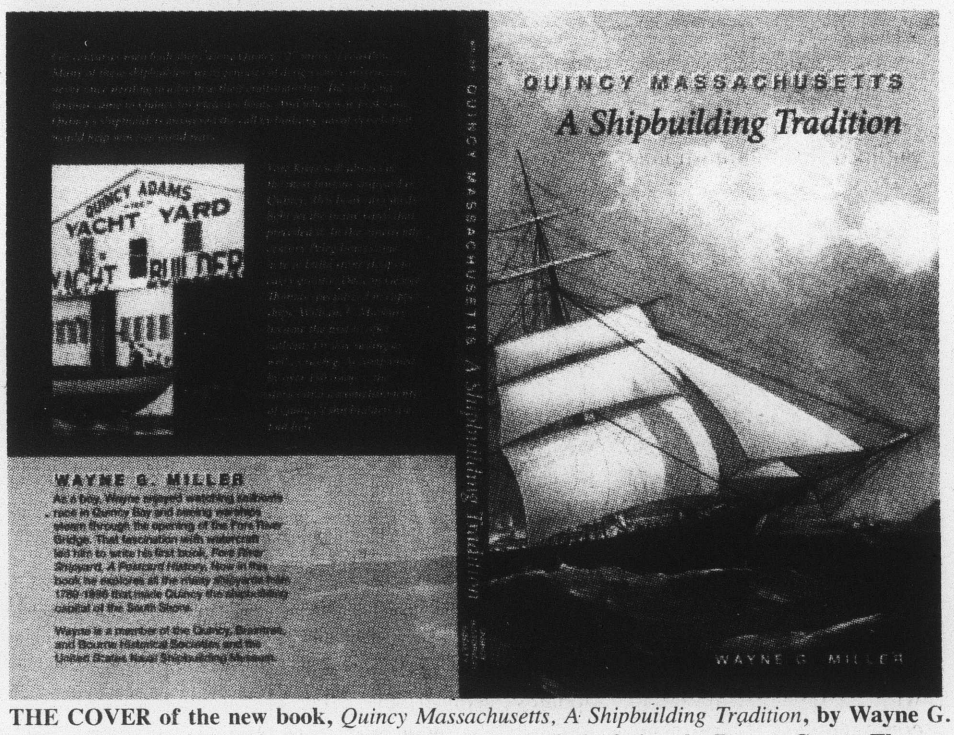
Miller will present an illustrated lecture based on his book and then autograph copies of the book for all who purchase them.

Illustrated with 150 images and exhaustively researched, *Quincy Massachusetts, A Shipbuilding Tradition* is the first comprehensive history of Quincy shipbuilding, telling the stories of boats and ships and the people who built them from the semi-legendary Unity of 1696 through the many ships and giant operation of Fore River yard. It contains highly readable accounts of naval vessels, racing boats, and sturdy working craft and of men who regularly gambled everything on the success of their ventures.

"We believe this book makes a significant contribution to Quincy history," said Historical Society executive director Edward Fitzgerald. "By bringing all this information and all these stories together between two covers, Wayne lets us really see and appreciate the great arc of Quincy shipbuilding. We also gain new appreciation for the personalities of the builders and workers and their families and for the challenges they faced. We are proud to be publishing it."

Wayne Miller is also the author of *Fore River Shipyard, A Postcard History*. He is a member of the boards of Quincy Historical Society and the Thomas Crane Public Library Foundation.

Quincy Massachusetts, A Shipbuilding Tradition retails for $21.99. It will go on sale at the Nov. 9 event and will thereafter be available at the Historical Society's Museum Shop in the Adams Academy, which is open Mondays through Fridays from 9 a.m. to 4 p.m.



THE COVER of the new book, *Quincy Massachusetts, A Shipbuilding Tradition*, by Wayne G. Miller. The image is of the clipper ship Shakespeare, built in Quincy by Deacon George Thomas in 1855. From a painting by J & F Tudgay, courtesy of the Focke Museum, Bremen, Germany.

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School Program Prepares Students For Careers

Includes Student Career Assessment, High School Course Selection, College Planning

By TOM GORMAN

A program offered by Quincy Public Schools is putting students on the road to a career through proper planning and preparation while in high school.

The "Creating Successful Pathways for College and Career" program was outlined by administrators during the Oct. 25 school committee meeting. The program involves assessing students for a career, selecting relevant high school courses and college planning.

"We've created a comprehensive systematic approach in engaging students in this process early on in their high school career," said Director

Cont'd On Page 20

QUINCY POLICE DEPARTMENT thanks the Quincy Sons of Italy for hosting the department's recent two-night self defense class. More than 30 women participated in the class. *Photo Courtesy Lt. Dan Minton/Quincy Police*

Red Line Update From State Sen. John Keenan

By JOHN KEENAN
State Senator

As we move through the fall, I know interest remains high in the work to be done at our Red Line stations. I have been in regular conversation with the MBTA and local officials on this subject, to make sure Quincy and Braintree receive the MBTA upgrades we need, with as little disruption to commuters and residents as possible. If you would like to receive newsletters directly to your inbox, you can sign up at the bottom of my website, SenatorJohnKeenan.com or stay updated by following me on Facebook at State Senator John F. Keenan.

Wollaston Station Website & MBTA App

The MBTA has created a dedicated website for announcements and regular updates concerning the Wollaston reconstruction project, you can find it at MBTA.com/Projects/3004. Alerts, announcements, and the MBTA's social media can also be found on the MBTA mTicket App. If you have a smartphone, this is a simple way to stay updated with real-time service notifications.

Your Voice: Citizens Advisory Committee Established

Over the next few years, nearly $1 billion will be invested in the Red Line on track, signal, power, station and vehicle repairs or purchases. With this amount of work, there is obvious potential for disruption to commuters and residents. It is important that commuters and residents have a way to make sure their concerns about the local impacts of these projects are heard and responded to by the MBTA, and that is why I called for the creation of a Citizens Advisory Committee ("CAC").

I am very pleased that Quincy and Braintree residents have shown so much interest in serving on the CAC, and happy to an-

Cont'd On Page 4

PRESIDENTS Cafe
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617-376-3328

Ask the GEMOLOGIST
BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST

THE TOPAZ PALETTE

While many people find blue topaz to be most desirable, November's birthstone comes in an exceptionally wide color range that includes various tones and saturations of brown, blue, green, yellow, orange, red, pink and purple. Some argue that pink and purple topaz are comparable to the finest fancy sapphires. Topaz also comes in the amber-gold coloration of fine cognac and the beautiful blush of a peach, as well as all the gorgeous warm browns and oranges in between. These warm tones are perfect for warming the hearts of those in search of a colored gemstone whose color serves as a perfect complement to gold settings. "Imperial topaz," which is yellow, pink, or pink-orange, is the most sought-after natural topaz.

Topaz offers enough variety in color to suit every taste, as well as an outstanding price range to suit every pocketbook. Especially striking when paired with diamonds, topaz makes a wonderful anniversary gift too, with blue topaz being the accepted anniversary gemstone for the 4th year, and the rare, orange-red imperial topaz the gemstone for the 23rd year of marriage. We welcome you to Rogers Jewelry, 1402 Hancock St. in Quincy Center, where we'd like to show you our selection of fine topaz. PH: 617-773-3636.

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Red Line Update From State Sen. John Keenan

Cont'd From Page 3

nounce that the committee has been formed, 11 members have been appointed, and that they are ready to begin their work. The members were appointed by Quincy Mayor Koch, Mayor Sullivan of Braintree, Quincy city councilors, the Quincy Chamber of Commerce, and Quincy Asian Resources, and will begin meeting with MBTA officials in the next two weeks. My hope is that members of this committee will be introduced at the MBTA's next public meeting. To those who have volunteered for the CAC - thank you!

Next MBTA Public Meeting

The next MBTA public meeting will be held **Wednesday, Nov. 15 at 6:30 p.m. at Quincy Central Middle School, 875 Hancock St.**, in the auditorium, to provide additional details about the Wollaston Station reconstruction and continue to receive public feedback.

Upcoming Construction Work and Impacts

Soon we will notice work being done in preparation for the Wollaston Station reconstruction, so I wanted to alert residents now of what to expect in the next few weeks.

Newport Avenue Lane Shift: The construction contractor will be working on water infrastructure around the station, most visibly on the Newport Avenue side of the station. We are told that no lane closures will occur, but that lanes will be slightly narrowed and traffic shifted while this work is done. The City of Quincy traffic planners and engineers must review and approve these traffic changes before the work begins.

Night and Weekend Shuttle Service: To prepare for the demolition of the Quincy Center garage and for the work to be done at the Wollaston station, portions of the Red Line track will need to be periodically shut down. For this purpose, beginning in mid-November and extending into the early part of January, shuttle service will be replacing late evening trains (after 9pm) between North Quincy and Braintree on Sunday through Thursday nights. This will allow early work to be done along the track during low-traffic periods overnight.

Continuing Discussions With MBTA

While working to establish the CAC, I have also been stressing to MBTA leaders the importance of managing these projects effectively. The Quincy legislative delegation, at a meeting with the MBTA at the end of September, pressed for more detailed and thorough mitigation planning.

MBTA leaders have been responsive to many of our recommendations and inquiries thus far, including specific concerns and questions we've brought to them after hearing from you. For example, they have committed to better traffic management at the Neponset Circle through the presence of a police office. They have committed to conducting trial runs of the proposed shuttle service so that traffic impacts are clearly understood. They have also, through their parent agency MassDOT, begun working with the City on the extension of Commander Shea Boulevard to create direct access to ferry service from Marina Bay. They have begun posting information at the Wollaston Station to alert riders of the upcoming project, and have scheduled another public meeting for community feedback before the station closes.

While much progress is being made towards effectively mitigating the impacts of the work, I still have concerns. I have asked for of a comprehensive plan to replace the loss of some parking spots at the Wollaston and North Quincy stations, continue to push for an increase in the frequency of the 210, 211, 215, and 217 bus routes as a complement to the planned shuttle service, and am pushing for a comprehensive plan to manage likely crowding at the North Quincy platform.

These are areas where I will continue to demand more information, more detailed planning, and better public communication, and in this regard will strive to keep you updated.

John F. Keenan is the State Senator for the Norfolk and Plymouth District, Chairman for the Senate Committee on Bonding, Capital Expenditures and State Assets, and a member of the Joint Committee on Transportation.

Son Beams

By ROBERT BOSWORTH

It's Your Turn

Election Day is less than a week away.

After months of campaigning from the candidates and weeks of election coverage in this newspaper and elsewhere, it's now up to you – the voter – to decide the outcome in a host of contested races.

There are competitive elections for councillor at-large, council seats in Ward 1, Ward 5 and Ward 6 as well as school committee. There are six candidates seeking three councillor at-large seats and six candidates for three school committee seats. There are two candidates each in the ward council seats – only one winner in each ward.

Voters will elect at least two new city councillors since there is one open seat for at-large and the Ward 1 seat is also open. There are also two open school committee seats. So, there will be some new faces serving in municipal government after inauguration day in January.

One race voters will not decide is for mayor. That seat is not up this year because of the new four-year mayoral term Quincy voters approved in 2013. Mayor Thomas Koch won the first four-year mayoral term in city history in 2015 and the seat will back on the ballot in 2019.

We've heard that there is not as much political buzz surrounding this election because there is no mayor's race this time around. A good mayor's contest can spark the electorate and invigorate voters to go to the polls. The mayor, after all, is the chief operating officer of the city in a strong mayoral form of government. The mayor's list of responsibilities is vast and varied from being the chief appointing authority to crafting the city budget to signing leases and contracts.

But the mayor does not run the city alone. The City Council and School Committee also have their responsibilities and duties and can exert their own influence in how the city is governed and managed from ward projects to school initiatives and other quality-of-life issues.

Which bring us back to our opening statement.

You, the voter, have a responsibility, too.

No one begins their elected public service in Quincy without your approval.

We believe voters should carefully consider all candidates – including their backgrounds, their priorities, their experience and their positions – before heading to the polls to cast their votes on Tuesday, Nov. 7.

We have covered numerous candidates forums to help educate our readers about the 18 candidates who are on the ballot next Tuesday.

We also published profiles on each candidate in our Oct. 19th issue. We have decided to post those profile pages on The Quincy Sun's website for those who may have missed them. They can be viewed at www.TheQuincySun.com (click "Campaign trail.")

Some candidates have also sent us their campaign news. Those releases are also on our website.

We remind voters that the polls will be open next Tuesday, Nov. 7 from 7 a.m. to 8 p.m. A list of the voting precincts in Quincy appears on Pages 11, 12 and 13.

A composite ballot for next Tuesday's election appears on Page 14.

The biggest factor determining the outcomes of the five contested races next Tuesday could very well be turnout. City Clerk Nicole Crispo is forecasting about 25 percent of the city's nearly 60,000 registered voters – some 15,000 – will cast ballots next Tuesday. That would be a marked improvement over the preliminary election Sept. 12 when only 8,728 voters went to the polls.

Some other forecasters think the turnout will be lower than 25 percent.

Perhaps the turnout will be higher than 25 percent. We certainly encourage all voters to head to the polls and make their choice and let their voice be heard.

And if you think your vote doesn't matter, consider this:

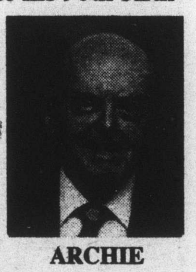
There are have been some races in Quincy decided by a only a handful of votes. Each and every vote matters. Just ask any candidate who happened to be on the losing end of a very tight race.

Good luck to all the candidates on the ballot next Tuesday.

And to the voters give them your consideration and your time at the ballot box.

❑

EARLY HAPPY BIRTHDAY wishes to local legend Archie Wahlberg who will celebrate his 90th birthday Nov. 6. Archie, a longtime community activist along with his wife, Rosemary, has spent the better part of his life making Quincy a better place to live.



ARCHIE

He is currently the treasurer of the Quincy Housing Authority and served as the chairman of the Elder Housing Corporation from 2001 to 2012. He was vice chairman of the Quincy Cemetery Board of Managers for 20 years from 1995 to 2015 and he recently stepped down as vice chairman of the Quincy Democratic City Committee. He has been an active member of the Quincy Democratic Committee for more than 25 years.

Archie and Rosemary have been married for 65 years. They moved their growing family to Quincy 60 years ago from Dorchester. They have nine children, 21 grandchildren and 15 great-grandchildren. Archie and Rosemary also have three famous nephews: Paul, Donnie and Mark Wahlberg.

Archie Wahlberg is one of the Quincy's finest citizens and beloved public servants who continues to serve the city he loves.

Happy Birthday, Archie.

And thank you for all you have done and continue to do for so many.

***Moments In Time* Appears On Page 32**

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Published Weekly on Thursday by
The Quincy Sun Publishing Co., Inc.
1372 Hancock St., Quincy, MA 02169

Robert H. Bosworth
Publisher and Editor

Henry W. Bosworth, Jr.
Founder
1968 - 2009

$1.00 per copy newsstand • $32 per year by mail in Quincy
$37 per year by mail outside Quincy • $45 out-of-state

Telephone: 617-471-3100 Fax: 617-472-3963

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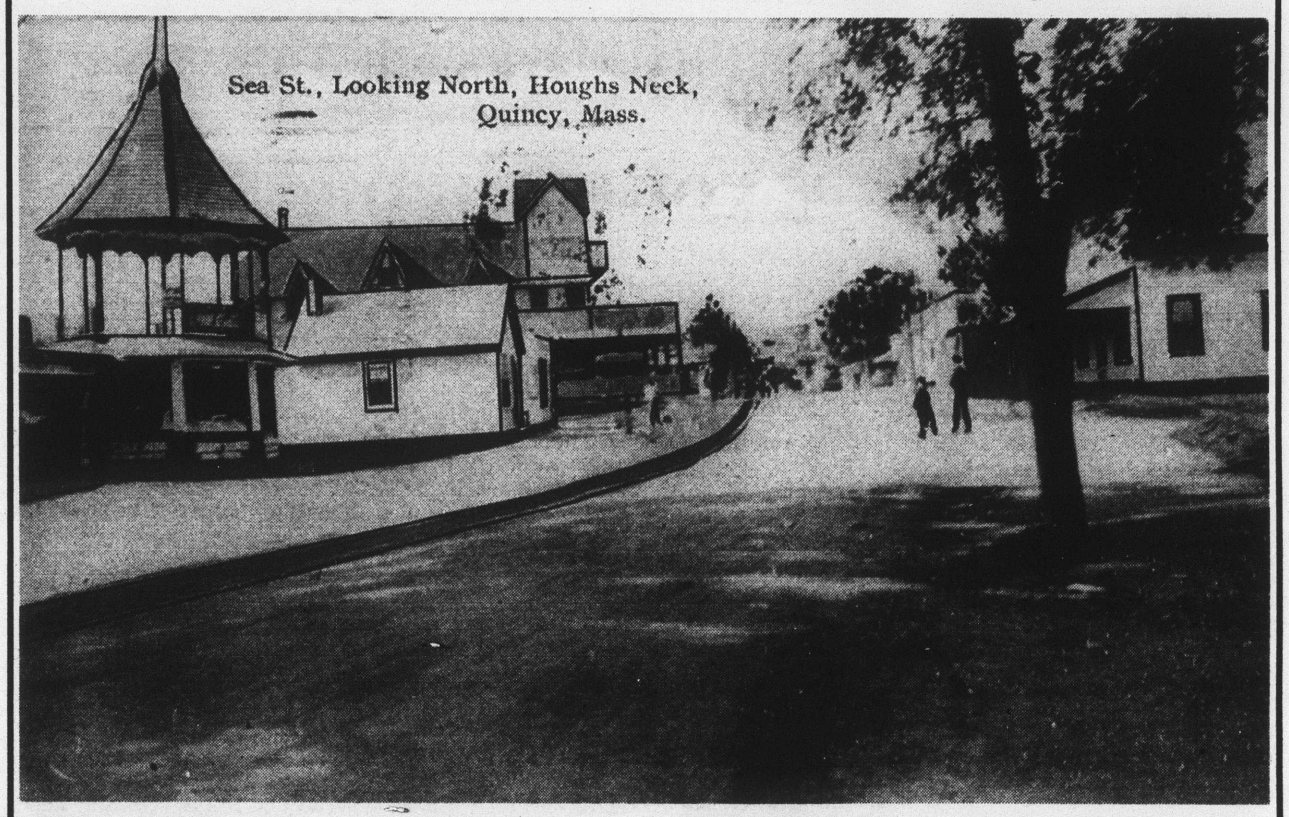
Scenes From Yesterday



THIS OLD POSTCARD is a view of Sea Street from near the end of Thomas Street in Houghs Neck. The building on the left with the peaked roof was Power's Casino, a major attraction in old time Houghs Neck. It was built in the late 1800s as part of an amusement park between Shennen and Winthrop Streets. The Casino was a large recreational building that offered among other things pool, billiards and dancing and was the first place in Quincy to have candlepin bowling alleys. They also rented boats on the north bay side of the Neck. It burned to the ground about 1918. The large building in the left center was Associates Hall at 1240 Sea St. That building also met its fate in a fire in the 1920s. The dark line in the street is an artist's enhancement of the trolley tracks that went down to the yacht club. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of City Historian Tom Galvin

There Are Better Ways, Venues For Players To Protest

READERS FORUM

Julia Taft's letter (Oct. 12) compels response. For the shortsighted beliefs it contains, it is remarkably lacking in humility.

I wonder whether Ms. Taft would have viewed as "disgusting" Quincy Youth Football players instead being encouraged to take knees during the national anthem. I wonder if she'd have still seen them as "pawns."

The backlash of NFL stadium crowds (free speech, remember?) is not aimed at telling "anthem protestors" and Ms. Taft that America isn't tolerant of free speech. It doesn't imply that America is in denial about racial injustice.

Nor that Americans lack support for those who suffer such. Rather, that our pre-game national anthem tradition is about expressing unity as a nation, in spite of our flaws.

NFL crowd reactions (and apparently Quincy youth football coaches) do not approve of the national anthem being used as a vehicle for superficial defiance that upstages the honoring of men and women who have lost life or limb, defending even just our freedom to disagree with each other. And of course, defending our right to protest.

Few people deny that terrible injustices occur in the world. Few people I know do not support anyone's right to publicly protest what he/she feels is unjust. But equally important as the right of free speech is the appropriateness of time and place.

There are better ways and venues for NFL (and youth football) players to protest. But certain NFL players and perhaps Ms. Taft have been so preoccupied with whether or not they could, that they never stopped to think whether they should.

Thomas C. O'Brien
Wollaston

Coach Flavin Also Responds

In response to Ms. Julia Taft's letter a few weeks ago regarding " Quincy Youth Football Stands Tall for the National Anthem:"

I'd like to first identify myself as Coach Flavin. I'm the coach you believe is using the kids as "pawns" as you say in a game as political football. You also stated that I didn't take the time and explain why Colin Kaepernick was taking a knee during the National Anthem and why he was protesting.

I can assure you that I, along with the other coaches of the team, discussed what is going in the NFL. I prefer not to use this forum as a debate if we are using these young men and woman as pawns or not. I can only invite you down to one of our practices for you to meet my players and for you to see first-hand these are young men and woman with well thought out opinions. I think you would be more than impressed with their thoughts and beliefs.

As I mentioned before we collectively as a team decided that we would continue to stand for the National Anthem as the Quincy Youth Football League has done the past 65 years. While coaching teenagers in today's world I've learned that these young men and woman are faced with so many hard decisions on a daily basis. Decisions that we can only guide them as best we can to make good decisions. They will make mistakes as we will make our own mistakes.

We all know we don't live in a perfect world. But there is one decision I will stand by as long as I'm their coach: that standing and paying respect for the National Anthem is the right thing to do. That's my belief. It always has been and it always will be.

There are many hundreds of other ways we can demonstrate our freedom of speech or demonstrate a peaceful way to protest. My coaching staff and I proudly watch all our players stand and respect our nation's National Anthem before every game. I wish I didn't have to defend young football players for standing during a National Anthem but unfortunately that's the world we live in today.

My players know how proud my coaches and I are of them. These are what some of the characteristics that being part of a team does for you. It creates unity. At the fragile ages we coach team and unity could make the difference in a young adults life.

Coach Flavin

'Smegs Legs' A Success

The ninth annual Smegs Legs Run/Walk was held at the Broad Meadows Middle School Oct. 7. The event was a huge success.

The run/walk began after Lil' Miss Sofia sang the national anthem.

Thank you to all participants, volunteers, sponsors and local businesses that contributed to this great community event. Proceeds from the Chris Smeglin Memorial Fund supports three local charities.

Special thanks to the Broad Meadows Middle School, City Councillor Margaret Laforest, the Quincy Veterans Services, Quincy Police Motorcycle and K9 Units, the Department of Traffic, Parking, Alarm and Lighting, and the Quincy Middle School and High Schools Track Clubs.

Thanks again for your continued support.

See you next year!

Visit smegslegs.org or Smegs Legs Road Race on Facebook.

Jane & Mike
Smeglin

Quincy's Yesterdays

This Week
1958
59 Years Ago

80 Percent Turnout Expected For Election

The Democrats' drive to take over the 13th Congressional District, state senate seat in the Quincy-Braintree District and at least three house seats, in addition to retain the one gained four years ago, is expected to be a major factor in bringing out the vote on the South Shore.

The 80 percent figure generally held four years ago in the list of off-year elections when there was not as strong a fight between the two major parties for local offices.

Both the Republicans and Democrats carried out strong registration drives to get every eligible voter on the voting lists.

At the Quincy city clerk's office, 440 absentee ballots have been processed to date.

In the last off-year election in 1954, 79.5 percent of Quincy voters turned out to cast their ballots.

BURKE WINS SEAT IN CONGRESS, DEMOCRATIC SWEEP INCLUDES S.S. OFFICES

The Democratic election sweep covered the South Shore, as well as the state and the nation when that party locally wrested from the Republican a seat in Congress. James A. Burke (D-Milton) defeated State Representative William W. Jenness (R-Quincy). Mr. Burke polled 88,223 votes to Rep. Jenness' 77,247.

Democratic City Councillors Charles Shea, James McIntyre and Joseph E. Brett won seats in the state legislature, replacing incumbents, Republican State Senator Charles Hedges and Republican State Representative and Quincy Mayor Amelio Della Chiesa retained their seats in the state legislature.

QUINCYISMS

Morey Pearl's Southern Artery, Quincy, was advertising: "One Quart of Clams $1.80 and Three Hunks of Fish for $1"... Public Finance, 67 Parkingway, Quincy Center, was advertising: "Loans in One Day $25 to $1,500 on Your Name Only"... Quincy Motor Co., 85 Quincy Ave, was offering: "A-1 Used Cars With Low Cost Bank Loans Available"... Plans were made to dedicate a new chapel at the Atlantic Methodist Church, in memory of **Mrs. Pearl Duvall**, wife of the **Rev. William H. Duvall**, the church's pastor... "Raw Wind in Eden," starring Esther Williams and Jeff Chandler was playing at the Art Theater, Hancock St., Quincy Center... Allied Home Modernizing Corp, 117 Washington St., was offering: "The First Quality Storm and Screen Windows, Only $12.50, Completely Installed"... **Ralph Moorhead**, treasurer of the Quincy Cooperative Bank, announced that over $204,000 was paid in dividends to the depositors of the bank. The payout was the largest quarterly dividend in the bank's history... Sheridan's of Quincy was advertising: "Flat or Cuban Heeled Nylon Boots for $3.99"... Capitol Supermarkets, 1508 Hancock St., Quincy Center, was advertising: "Pork Roast, Tender Young Western Porkers, Lion Rib Cut, 29 Cents a Pound"... The step-by-step three month training program of the State Police was presented at a noon meeting of the Quincy Lions Club at the Fox and Hounds Restaurant. **Lions President John Ortiz** presided at the business meeting, while **Paul Hunt** was the program chairman... Fore River Motors, 418 Quincy Ave, Quincy, announced: "An Addition to Our Distinctive Line Up of Fine Cars-the 1959 Edsel. Come In and Drive This Exciting New Kind of Car." (Editor's note: It bombed.)... **Mrs. Julia Brown**, 95, 50 Beach St., Wollaston, voted in the recent election, to maintain her record of having voted in every election and primary since women's suffrage was instituted... **City Councillor Thomas S. Burgin** has suggested that the voting places for Precincts 1 and 2 of Ward One be changed from their present location in City Hall. Councillor Burgin said, "This situation in City Hall, with the steep flight of stairs, is the worst in the city"... Lodgen's, "where your neighbor trades," was offering: "Brisket Corned Beef, A Super Value at 39 Cents a Pound"... **Miss Jane Alexander**, 27 Estabrook Rd., Wollaston, has been elected Secretary of the Class of 1962 at the Boston College School of Arts and Sciences... **Miss Frances Iovanna**, daughter of **Mr.** and **Mrs. John Iovanna** of Quincy, has been elected president of her class at the Laconia Hospital School of Nursing in Laconia, NH.

Arts & Entertainment

BARBARA NEWMAN with one her photographs that were recently on display in the atrium of the Harvard Science Center.

Photo Courtesy Anne Comber

Quincy Photographer Featured At Harvard Gallery Exhibit

Barbara Newman will be exhibiting her photographs at Gutman Gallery at the Harvard Graduate School of Education from Nov. 1 through Dec. 21.

Included in her show are photographs of Iceland, New York City, Oregon and various bridges throughout Boston and Cambridge.

The gallery will hold a reception for Newman on Wednesday, Nov. 8, from 4:30 to 7 p.m. The Gutman Gallery is located at 6 Appian Way in Cambridge, and photos of various sizes will be available for purchase at the reception.

Newman has been taking photographs since college, but only recently switched to digital photography. Her specialty is night photography, and many of her photos capture night scenes, such as the Northern Lights in Iceland and the Milky Way in Utah.

"Taking a photograph at night is a great excuse to spend time staring at the stars or the world around us in the quiet of the night," Newman said.

Crane Library Bookstore Marks 6th Anniversary

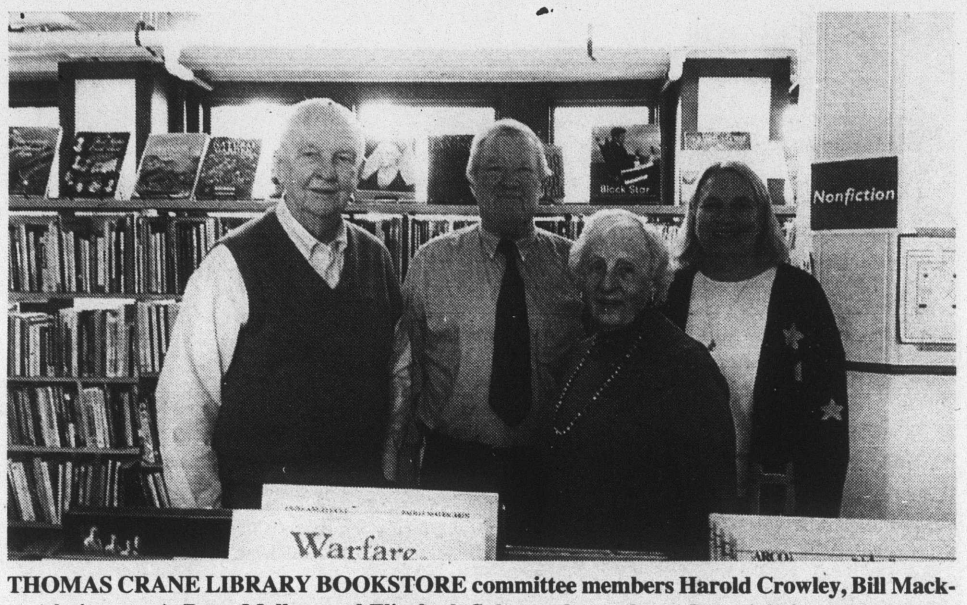
The Crane Library Bookstore is celebrating its sixth anniversary with giveaways to express appreciation to its loyal patrons who have supported the store and contributed to its success since its opening in November, 2011.

On Saturday, Nov. 4th one free book with a value of up to $2 will be given away with a purchase of equal or greater value. Gently-used books, DVDs, CDs, audiobooks, foreign language media, reference books and a large selection of children's and young-adult books and media are available.

With the exception of some distinctive items, like the shop's wide assortment of coffee table books, most merchandise sells for a dollar or two. Children's paperbacks and mass-media paperbacks sell for even less and there's a special corner of the store where some best-selling authors' books sell four-for-a-dollar.

Net proceeds of bookstore sales, which frequently amount to more than $20,000 annually, are used to support the library's many community programs which include lectures, concerts, current film screenings, museum passes, programs for children, teens, adults, and a variety of special events listed on the library's website and in its newsletter.

The shop is open on Thursday evenings from 6 to 8 p.m. and on Saturdays from 10 a.m. to 4 p.m., and has its own separate entrance on Spear Street, in the rear of the Thomas Crane Public Library, which more than 30 years ago was designated a National Historic Landmark.



THOMAS CRANE LIBRARY BOOKSTORE committee members Harold Crowley, Bill Mackey (chairperson), Betty Molloy, and Elizabeth Soloman have planned special give-aways to celebrate the Bookstore's 6th Anniversary Saturday, Nov. 4. A time-generous group of volunteers from The Friends of the Thomas Crane Public Library staff the store, which is managed by committee. Not pictured are committee-members Eunice Charles and Miriam Joseph. This group of members has been together since the shop's establishment.

Photo Courtesy Miriam Joseph

During the holiday season the shop will offer Christmas-themed books and media. Open through Thursday, Dec. 21st, the bookstore will close for the holidays and reopen on Thursday, Jan. 4th.

Come join us on Nov. 4th and let us thank you for your part in making us an asset to our community!

Montclair School Shopping Expo At Quincy High School Nov. 18

The Montclair Elementary School in Quincy will hold its sixth annual Holiday Shopping Expo and school fundraiser Saturday, Nov. 18 from 10 a.m. to 4 p.m. at Quincy High School, 100 Coddington St.

The event will feature more than 80 local regional crafters and vendors and will include fun activities for the entire family.

Santa and Mrs. Claus are expected to visit and be available for meet-n-greet between noon and 2 p.m. Be sure to bring your camera.

There will also be raffle baskets valued at over $7,000 in goods and services from Quincy and other area businesses.

The full service Presidents Cafe will also be open all day.

Parking is free and the high school is a 3 to 5 minute walk from the Quincy Center T Station.

Organizers from Montclair Parent Teacher Organization will be onsite to welcome fair goers.

Admission is $3 (children under 12 are free) and benefits the students of Montclair Elementary School by supporting a variety of enrichment programs throughout the year.

Fall Fair Nov. 4 At First Church Of Squantum

A Fall Fair will be held at the First Church of Squantum,164 Bellevue Rd., Quincy, on Saturday, Nov. 4.

The fair will feature a variety of vendors including LuLaRoe, and Play All Day Designs. There will be a Grandma's Attic sale, and a variety of baked goods for sale.

Coffee and pastries will be served from 9:30 to 11 a.m. with a luncheon to follow. The fair hours are 9:30 a.m. to 2:30 p.m.

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Social

Lisa Worth Honored As Ocean State Job Lot 'Food Ambassador'

A local resident who is an employee of Ocean State Job Lot has been named as a 2017 "Three Square Meals" Food Ambassador by the Ocean State Job Lot Charitable Foundation.

Lisa Worth of Quincy, who works at the Quincy store, was selected for this year's recognition based on an enthusiasm that exudes the spirit and nature of the "Three Square Meals" family meal assistance charitable program and its community mindedness.

LISA WORTH

"For the past 14 years, Ocean State Job Lot's Three Square Meals program has been helping to keep food banks stocked with truckloads of donations of nutritious, shelf-stable food," said David Sarlitto, executive director of the Ocean State Job Lot Charitable Foundation. "Many of our associates play an important role in the success of this program, and our Food Ambassador program allows us to acknowledge and recognize their personal contributions and actions that inspire others."

Regional, district and store managers across New England, New York, and New Jersey nominated one associate from each of the 127 Ocean State Job Lot stores plus one employee at corporate headquarters who went above and beyond in helping to increase in-store donations, volunteering, or supporting their local food bank or food pantry in some way.

As part of the 2017 "Three Square Meals" truck convoy event held recently at Ocean State Job Lot's headquarters in Rhode Island, each Food Ambassador was recognized with their name, photo and store location on a series of posters which now hang in the headquarters' lobby. Each received a personalized letter of congratulations and gift card from Ocean State Job Lot President and Co-Founder Alan Perlman, who established the "Three Square Meals" program years ago.

Winter Clothing Drive At Beth Shalom

As part of its "Third Thursday Community Service Mitzvah Program," Congregation Beth Shalom of the Blue Hills will again join with Interfaith Social Services of Quincy to conduct a Winter Clothing Drive leading up to Thursday, Nov. 16th.

The synagogue's Mitzvah Program, operating under the Jewish tenet that "performing good deeds is an obligation," provides service to the community by both congregants and community members, and includes and involves others, such as schools, houses of worship and organizations.

New and gently used clothes can be brought to Congregation Beth Shalom of the Blue Hills at 18 Shoolman Way (off Lodge Street) in Milton starting on Sunday, Nov. 12th, 9 a.m. to 12:30 p.m., then Monday through Wednesday, 8:30 a.m. to 4 p.m. and Thursday, Nov. 16 from 8:30 a.m. to 5:30 p.m. and 7:30 to 9 p.m.

All types of clothing are needed for children, teenagers and adults: winter coats/jackets, tops, bottoms, shoes, boots, hats, gloves, etc., and all donations are greatly appreciated.

Bring donations in plastic bags and, if possible, sort the clothing before packing. Clothing will be delivered to Interfaith Social Services in Quincy on Friday, Nov. 18. Interfaith Social Services is a multiservice center helping South Shore families and individuals in need since 1947.

For more information about the Winter Clothing Drive or the synagogue's "Third Thursday Community Service Mitzvah Program," call 617-698-3394, email office@BethShalomBlueHills.org, or visit www.BethShalomBlueHills.org.

Dr. Carmen Mariano Guest Speaker Nov. 6

The Italian-American Cultural Organization of the South Shore will meet Monday, Nov. 6 at 7 p.m. at Grove Manor, 160 Grove St., Braintree, rear building.

Guest speaker will be Dr. Carmen Mariano, an accomplished scholar, coach and educator.

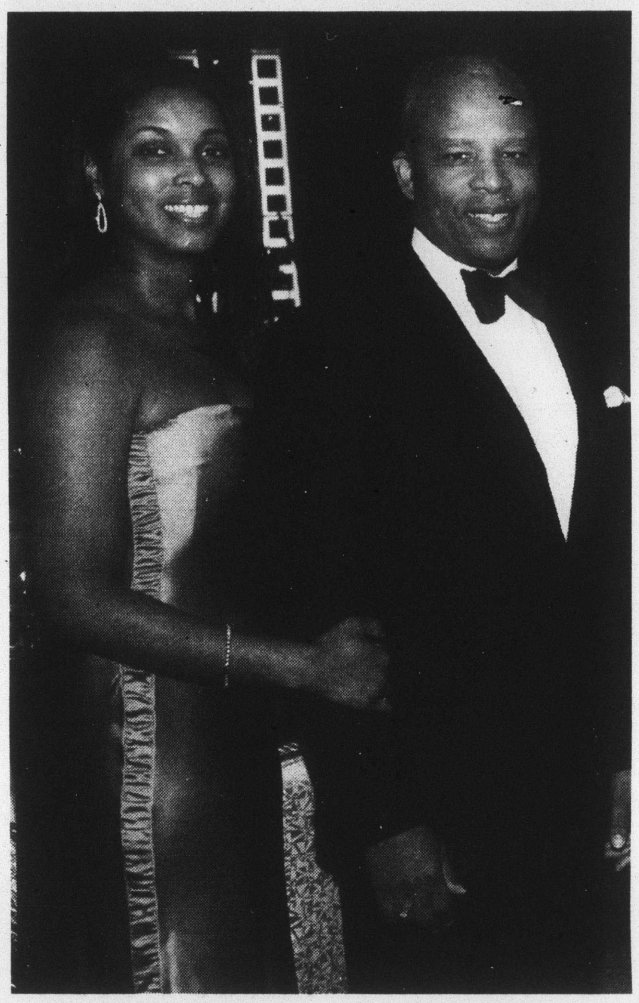
Mariano has multiple degrees including a doctorate from Boston College. His expanded career in education has provided him with the opportunity to have taught or taken courses in 35 states and five countries. Mariano said he owes his degrees, happiness and his success to the love and lessons that he received from his Italian family.

The IACO is an Italian culture group that fosters a greater awareness about the Italian Culture based on the South Shore of Massachusetts.

The public is welcome to attend. Refreshments will be served following the discussion.

Quincy's Shawnda Walker Serving On Health Care Benefit Committee

Shawnda Walker of Quincy is serving on the Host Committee for the 12th annual Heroes in Health Care Gala on Saturday, Nov. 11, at 6 p.m. at the Mandarin Oriental, 776 Boylston St., to benefit VNA of Boston.



SHAWNDA and RONALD L. WALKER, II

Part of VNA Care, VNA of Boston has a 131-year history of caring for people of all ages at home and in the community. When a patient nears the end-of-life, specialized care focused on pain and symptom management is provided by Woburn-based VNA Hospice & Palliative Care. Together with VNA Care Network, VNA Care serves more than 50,000 patients in Eastern and Central Massachusetts.

Walker is a member of the VNA Hospice & Palliative Care's Board of Directors, and, along with her husband Ronald L. Walker II, has been involved with the Heroes Gala for many years. The Gala is the organization's largest fundraising event and has raised millions of dollars in essential funding for VNA of Boston's direct patient care and support through the nonprofit's Maternal Child Health Program and Charitable Care Fund, and for palliative care services through VNA Hospice & Palliative Care. Amy and Joshua Boger are the Presenting Sponsor of the benefit.

"We're able to help premature infants thrive, elders with chronic health conditions live with dignity and independence at home, and so much more through the generous support of our sponsors," said Laura Wise, manager of fund development for VNA Care. "I am deeply impressed by the depth and vitality demonstrated year after year by our partners and friends." Heroes in Health Care awards will be presented to IBM Watson Health; Rich Rakowski, CEO of Medically Home; and Dr. Pierantonio Russo, vice president of health services for Harvard Pilgrim Health Care.

For sponsorship inquiries and more information, contact Laura Wise, manager of fund development, at 617-886-6460 or visit http://www.vnacare.org/gala.

George Burke Donates $2,000 To Quincy College Trust

Attorney George Burke recently donated $2,000 to the Quincy College Trust.

The new men's basketball coach, Doug Scott, requested a donation for the new Quincy College men's basketball team. Scott is being inducted into the Quincy High School Basketball Hall of Fame which Burke has been a member for many years.

Burke was also awarded by Quincy College their prestigious public service award for service to this community through many contributions and holding the following positions: wared councillor, councillor at-large, city council president, acting mayor and Norfolk County district attorney for 12 years.

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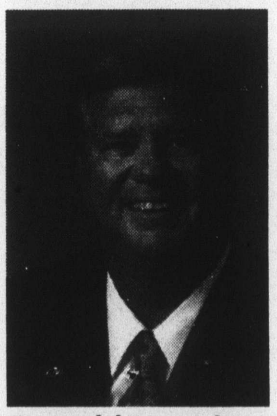

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WHAT'S COOKING
with
Marie & Suzie
By MARIE D'OLIMPIO and SUSIE FALCO

Tortellini, Sausage & Broccoli Pasta Dish

By MARIE

Whenever I find a pasta recipe (my favorite) I always try to cook it and then share it with you. Today's recipe is for a Tortellini, Sausage and Broccoli Pasta dish. It is so easy to prepare and a delicious entrée any time! I found this while reading a magazine and it caught my eye.

RECIPE

1 pound frozen cheese tortellini
12 ounces of broccoli florets
3 links of Italian sausage (cut into one-half thick chucks)
1 small onion chopped
1 teaspoon dried basil, parsley or oregano - or any favorite seasoning
¾ cup white wine, or low sodium chicken broth (I used the wine)
1 (one) 15 ounce can of red kidney beans rinsed and drained (optional)
2 tablespoons of olive oil
1 cup grated Provolone cheese

Cook the cheese tortellini according to directions adding the broccoli in the last 10 minutes of cooking time. Drain and set aside.

Meanwhile, add the olive oil to a skillet, sauté the sausage, onion and seasoning. Cook, stirring until sausage is browned about 10 minutes. Add wine (or broth) and reduce heat to medium.

Cover, cook and stirring occasionally until sausage pieces are no longer pink in the center. Add tortellini and kidney beans (if used) and cook stirring until heated through.

Remove from heat and stir in ¾ of the cheese and transfer to serving bowl. Top with remaining ¼ of cheese.

Serve hot and enjoy!!

Millet Fritters

By SUSIE

Have you ever cooked with millet?

Millet is a very small, round grain with a history that traces back thousands of years. It was the chief grain in China before rice became popular and continues to sustain people in Africa, China, Russia, and India, among other places.

Millet is an extremely nutritious and hardy crop that grows well under harsh or dry conditions, both of which contribute to its widespread use and popularity around the world.

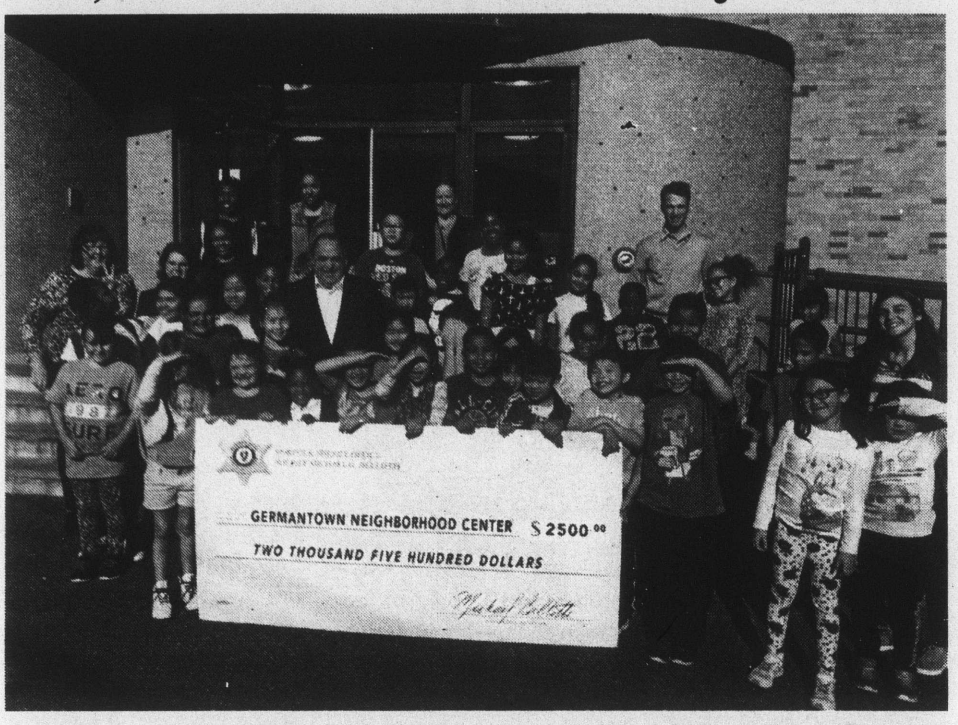
Millet can be used in porridges, cereal, soups and breads. It is a delicious wheat free substitution for couscous because of its consistency. Always rinse before cooking, and use 1 part Millet to 2 parts liquid. It is that easy! You can find it in the bulk section of the health food store.

I like to cook it in broth, and add a bunch of fresh herbs then put a pat of butter on it with some pecorino romano cheese as a side dish. But here is a recipe for Millet Fritters that I hope you will enjoy.

1/3 cup millet cooked according to package directions (I cook mine in salted broth for more flavor, and cook it a little extra to help to get it "Mushy" so it is a good consistency to make the fritters.)
1/4 cup onion, chopped fine
1/4 cup red bell pepper, chopped fine
1 garlic clove, minced
2 tablespoons olive oil
1 teaspoon dried basil
2 tablespoons or so of fresh parsley
1 egg, beaten
1 teaspoon sea salt, 1/2 teaspoon pepper
3 or so tablespoons romano or parmesan cheese

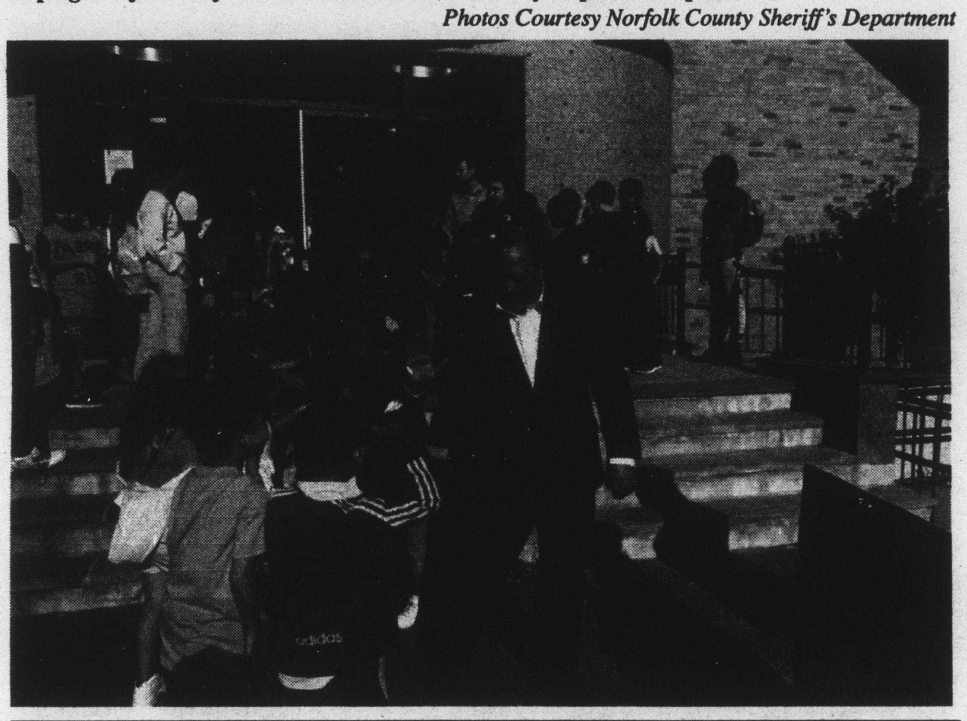
Simply mix all ingredients together (when millet is cooled) well with wooden spoon until nicely incorporated. Form into patties (a couple of tablespoons is a good size) and cook in heated skillet in some olive oil. Do not flip until edges are browned, but not burned. Flip over and cook until the other side is done. Drain on paper towel lined plate. This recipe is great with a spoonful of tomato sauce and a sprinkling of cheese! Enjoy!

Germantown Center Receives $2,500 From Norfolk County Sheriff



NORFOLK COUNTY SHERIFF Michael Bellotti recently visited Quincy's Germantown Community Center recently to present the administrators there with a $2,500 check to help them keep doing good works for their community. "The Germantown Community Center is such a vital agency in the neighborhood, especially for young people," Bellotti said. "You feel the energy as soon as you walk into the place. The kids love the center, and the center loves them back." Bellotti added, "The staff there, particularly Chris Shaw and Kathy Quigley, are so devoted to helping everyone they can in Germantown. It's a very inspirational place."

Photos Courtesy Norfolk County Sheriff's Department



Quincycles Bike-Powered Food Drive Saturday

Join Quincycles and Interfaith Social Services for the second annual Cranksgiving, a bike-powered food drive, on Saturday, Nov. 4, 1-4 p.m.

Meet at Interfaith Social Services, 105 Adams St., with your bike to receive the list of items needed by the food pantry. Participants ride in groups to at least four grocery stores in Quincy to buy items on the list and bring them back to Interfaith Social Services.

Participants can make more than one trip. Once participants finish, they can submit their four receipts to be entered into a raffle to win a prize. Participants are welcome to celebrate after the event at Angelo's Coal Fired Pizza.

Visit www.Quincycles.org for more information and to register (free). For questions, email quincycles@gmail.com.

PUNKIN CHUNKIN IS COMING TO QUINCY!!!

On November 4th, bring your left over Halloween pumpkins and Jack-o'-Lanterns to Pageant Field from 10-2 and launch them with Troop 6's trebuchet* and giant sling shot!

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www.troop6quincy.com for more info

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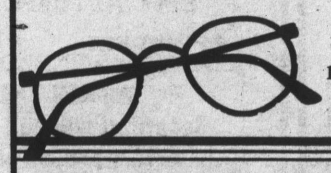

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Is What You're Eating Causing Belly Bloat?

A Message From The Quincy Health Department

RUTH JONES

By RUTH JONES BSN, RN, BC, CP-FS

Have you ever pulled on your jeans in the morning and it appears that overnight you've grown what seems like four inches around your midsection? One second, your stomach is totally flat and the next, it's too swollen to squeeze into your pants. On top of it all and you're burping and gassy too!

Well, you're not imagining things; you have acquired the dreaded belly bloat! And even if you're doing all the right things like, exercising regularly and eating healthy, a multitude of factors in your day can contribute to sudden and unexpected belly bloat. Indeed, what we eat and drink plays a direct role in bloating. After a weekend of indulging, it's no surprise you feel bloated on Monday. But keep in mind; it's not always rich, fatty foods that instigate inflation in your midsection. According to research from the International Journal of Clinical Practice, it turns out that the biggest culprits for those prone to tummy troubles are FODMAPs. The acronym stands for fermentable oligosaccharides, disaccharides, monosaccharides, and polyols. In a nutshell, these carbohydrates are poorly absorbed in the small intestine and rapidly fermented by bacteria in the gastrointestinal tract. This progression creates gas, which leads to symptoms such as bloating. However, the good news is we can often take steps to prevent it.

Experts recommend avoiding these dietary choices:

• **Yogurt** - It's flaunted for its stomach-calming probiotics, but certain types of yogurt could actually be doing you more harm than good. The reasoning is because dairy products contain varying levels of the sugar molecule lactose, which gets fermented in your body resulting in gas bubbles and bloating. Nevertheless, that doesn't mean all yogurts are forbidden. Plain Greek yogurt, which usually has around 12 grams of sugar and plenty of protein, is a safe bet. Nonfat and low-fat yogurts conversely may contain close to 30 grams of sugar, making them a much gassier selection.

• **Legumes** - If your plans necessitate you fitting into a skin-tight dress, keep your distance from beans, lentils and peas. Some of the sugars they contain are problematic for the body to break down, which leads to gas and bloating. If legumes are a non-negotiable choice, stick to small portions or take Beano, a digestive enzyme product, beforehand.

• **Dairy products** - If you have lactose intolerance, which means your body doesn't have the necessary enzymes to break down sugar, dairy products may elicit some bloating. However, there's no need to totally eliminate milk from your diet, merely opt for the lactose-free variety.

• **Asparagus, broccoli and cabbage** -Unquestionably, these are nutritious additions to your diet. Nonetheless, these vegetables also contain raffinose, a sugar that remains undigested until it arrives in the large intestine, where it's fermented by methane-producing bacteria. Consuming these in moderation, and combining them with other foods will assist in the prevention of bloating. Remember it's important to take into account that your body probably digests them better when they're cooked, not raw.

• **Onions** - Fructan, a carbohydrate found in onions, can signify trouble for your abdomen. Foods such as leeks, shallots, and onions are poorly absorbed and produce an increase in the water content in the intestine. The consequence can be increased gas production and distention of your belly.

• **Sugarless gum** - Are you cultivating a gum habit? The regretful news is that the sugarless kind characteristically contains sorbitol, a sugar alcohol identified as a culprit for causing bloating and other gastrointestinal distress. The digestive system is not a big fan of imitation foods. That hazard extends to other artificially-sweetened foods and drinks, also. Try to adhere to 2 or 3 servings of these a day, if you can't eliminate them entirely.

• **Apples** - An apple a day may keep the doctor away, but it may cause your belly to look a bit inflated in the process. Certain people have trouble tolerating fructose, a sugar found in apples and other fruits, couple this with the fact that apples are high in fiber and the result may be stomach distension. Try eating half or a quarter of a serving at a time to minimize the swelling.

• **Frozen dinners and processed foods** - Use caution when consuming microwavable meals and canned soups, bottled salad dressing, condiments and sauces. These food items are typically high in sodium. Salt can be a real trigger, particularly for women. Be vigilant in reading food labels carefully and search for lower sodium products.

• **Grains** - For those with gluten intolerance, eating certain grains cause an immune reaction, destroying the lining of the small intestine. This leads to gas, bloating, diarrhea, and/or constipation. Wheat and rye are both on this list, due to their non-digestible fructan content. However, even if you don't have gluten intolerance, the insoluble fiber can still be fermented by bacteria, leading to an abundance of gas.

• **Carbonated drinks** - If your typical day involves gulping a few sodas, this could be the explanation of your bloating difficulties. The air bubbles in carbonated drinks, even if they're diet drinks, will expand inside your GI tract causing it to expand like a balloon filled with air.

• **Bulky meals** - Conceivably, it's not astonishing that consumption of a large quantity of food in one condensed period of time can trigger gastrointestinal problems. When your stomach is fully expanded, it can hold about six cups of food, think of it as six tennis balls. Large-volume meals can result in a bloated appearance. That includes even the ever so healthy salads, so concentrate on portion sizes. This is particularly important at restaurants, where most of the time portions are over-sized and you have less control over the dining situation. Aim to leave at least a quarter of your food on your plate, or ask for a take-out container at the beginning of the meal and put a portion of the meal in there so you won't be tempted to overindulge.

Ruth Jones is the director of Nursing for the City of Quincy Health Department.

Beth Israel Deaconess Hospital-Milton Becomes Smoke-Free Campus Nov. 17

Beth Israel Deaconess Hospital-Milton will become a totally smoke free campus as of Friday, Nov. 17.

Under the revised policy, smoking cigarettes, the use of tobacco products (including chewing tobacco and "snuff"), e-cigarettes or "vapes" and medical marijuana will not be allowed on the hospital's property, including all buildings, grounds, parking lots and parking deck.

This ban also includes the Lintz Medical Office Building, which is located on BID-Milton's campus.

The revised hospital policy comes in response to numerous studies which clearly highlight the health risk tobacco products and second-hand smoke pose to both users and bystanders.

"As the community's healthcare leader, BID-Milton has a unique responsibility to provide a clean, safe and healthy environment for our patients, visitors and staff. Smoking is recognized as the leading cause of many serious illnesses and exposure to secondhand smoke is proven to cause heart disease and lung cancer," said Kathleen Harrington, vice president of human resources for the hospital. "We realize the revised policy may be a challenge for some but ask for understanding and compliance."

BID-Milton now joins all the affiliated hospitals in the Beth Israel Deaconess Medical Center network in becoming a smoke free campus. The hospital banned smoking in all areas except for a designated smoking hut located on the first floor of the ED parking deck many years ago. The new policy being implemented on November 17 will ban smoking on the hospital's property entirely.

The hospital hosts a Nicotine Anonymous support group meeting, open to the public, every Monday evening at 5:30 p.m. in the OR Conference Room.

Best Buddies 5K Run/Walk Nov. 18

Runners and walkers of all ages and abilities are invited to participate in the 10th annual Milton 5K Gobbler for Best Buddies run/walk Saturday, Nov. 18.

The run/walk will commence at 9 a.m. at Cunningham School, 44 Edgehill Rd., Milton.

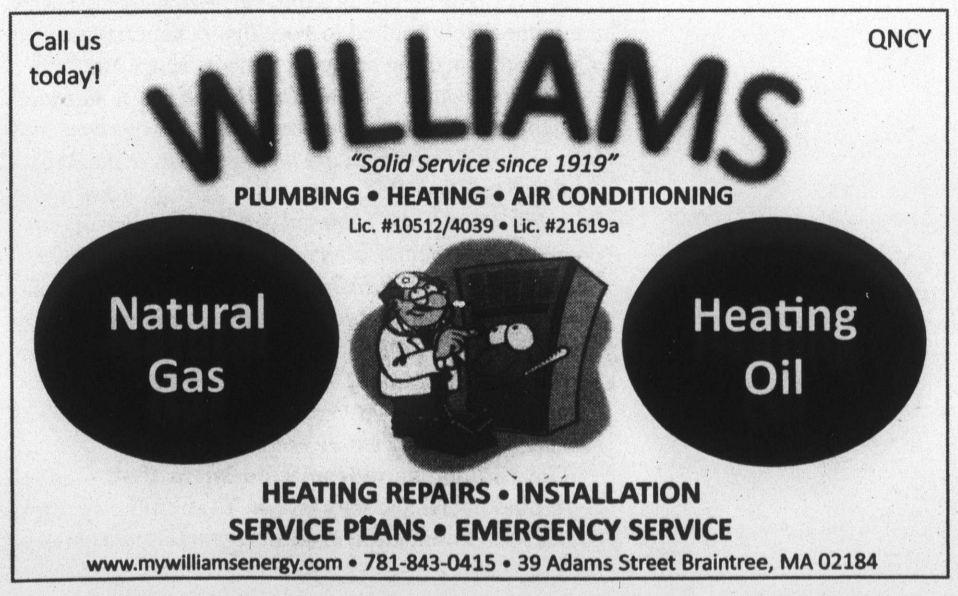
Prizes will be awarded to top finishers by age category in addition to the coveted Golden Gobbler trophies, which will be presented to the top fundraising individual and teams.

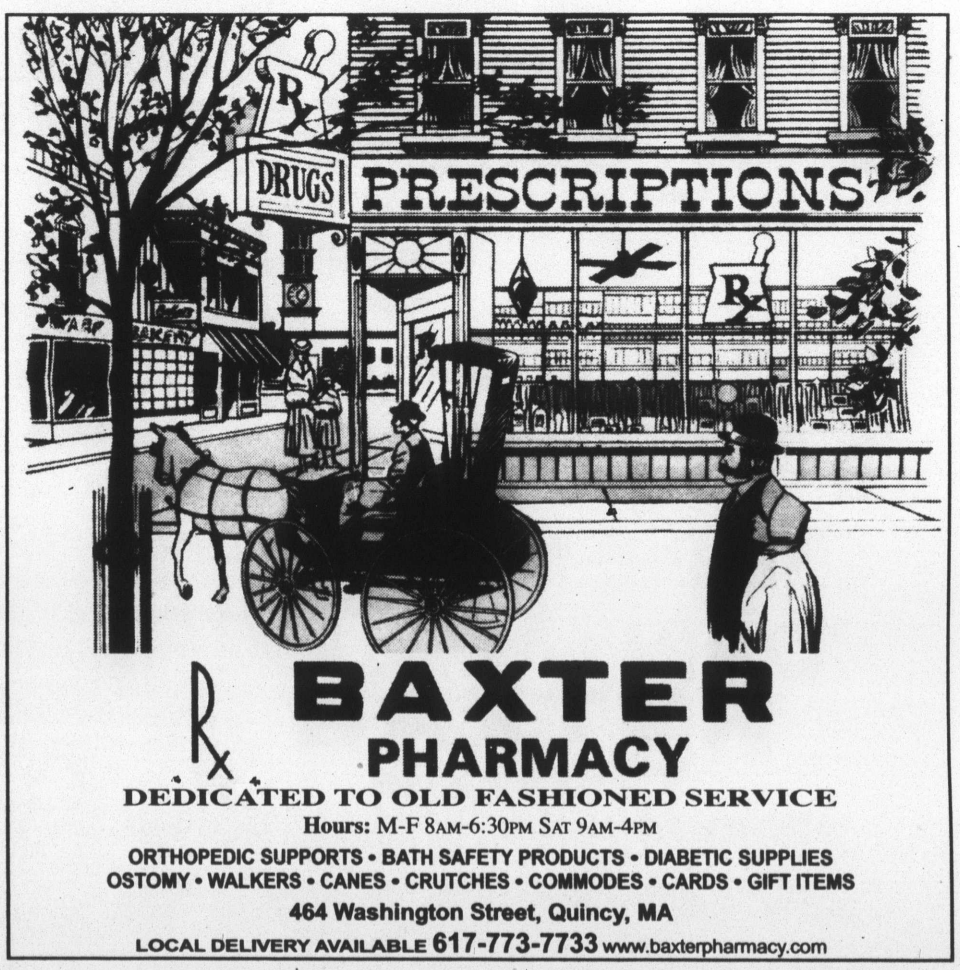
Last year, over 800 participants and supporters throughout Massachusetts turned out for the event, which raised over $45,000 for Best Buddies Massachusetts. One hundred percent of the proceeds from the event will help fund expansion of programs in middle school, high school and colleges throughout Massachusetts in addition to providing employment opportunities for individuals with intellectual and developmental disabilities.

Individuals and group on-line registration is free for walkers. To qualify for a Best Buddies t-shirt you must raise $50.

Registration for runners is $25 for those who wish to register with chip timing Bib. Runners who raise $50 (including $25 registration fee) receive a Best Buddies t-shirt.

To register visit: www.BestBuddiesFriendshipWalk.ORG/Milton.





Sixth Annual 'Best Chef' Raises $196,000 For QCAP

Chef Tony DeRienzo Of Abby Park, Novara Takes Best Chef And People's Choice Titles

Thank You On Page 26

Quincy Community Action Programs (QCAP) raised $196,000 in their sixth annual Best Chef competition, held recently at Granite Links Golf Club in Quincy.

The event was hosted by Susan Wornick, formerly of WCVB Channel 5.

Chef Tony DeRienzo of Abby Park and Novara in East Milton Square took home dual titles as this year's Best Chef and People's Choice winner.

"We could not be more grateful to the chefs, restaurants, judges, and our guests, supporters, and donors," said Beth Ann Strollo, QCAP's chief executive officer. "Thanks to their support and partnership, we can provide critical services and resources to families in-need."

Chef DeRienzo was joined on-stage by Chef Paul Wahlberg of Alma Nove & Wahlburgers; Chef Collin Davis of The Townshend & Belfry Hall in Quincy; Chef Brian Houlihan of Trident in Hingham, The Tinker's Son in Norwell, Bia Bistro in Cohasset, & Galley Kitchen & Bar in Scituate; and Chef Pino Maffeo of il Molo in Boston & Captain Fishbones in Quincy.

The challenge was to use typical ingredients distributed at QCAP's Southwest Community Food Center, the organization's food pantry, to create a gourmet dish. This year's menu – which was kept secret from the chefs until they were unveiled at the event - included cabbage, tofu, chicken, canned green beans, yogurt, dried figs, and sweet potatoes. The chefs were further handicapped by their cooking equipment, which included only a convection oven and a handful of portable burners, and the clock, ticking away 30 minutes to cook.

The dishes were rated on taste, plating, and how well they used the secret ingredients. The panel of judges included Chazy Dowaliby of

Cont'd On Page 28

AMONG THOSE ATTENDING Quincy Community Action Programs, Inc. sixth annual "Best Chef Challenge" at Granite Licks Golf Club were (from left) state Rep. Tackey Chan; City Councillor at-Large Nina Liang; and QARI President Philip Chong. This year's competition raised $196,000 for QCAP. *Photos Courtesy QCAP*

ALSO SUPPORTING the sixth annual "Best Chef" competition were (from left), Don Uvanitte, QCAP Board President Timothy P. McAloon, Barbara Isola and Kerry Byrne.

Social Security Matters

Ask Rusty: Delayed Retirement Credits

By RUSSELL GLOOR
AMAC Certified Social Security Advisor

Dear Rusty: I have delayed taking my Social Security retirement benefits for about 3 years past my full retirement age. I now want to start collecting benefits and am confused about the benefit calculation if I start midyear.

Yesterday, I went to the Social Security office and applied and was told I would receive $1,000 month (to make up a number) starting in November and again in December, and then in January the amount would increase to $1,070. Looking at the award letter online today, it is only showing the $1,000 starting in November. A long call to Social Security did not result in the person saying the amount would increase in January so I suspended my claim.

Looking further online it appears the $1,000 amount was the benefit as of January 2017, 10 months ago. Searching the Social Security website seems to say the benefits increase on a monthly basis, not annually - but the $1,000 is an annual calculation from 10 months ago. There is no verbiage talking about what happens if a person delays collecting and then sometime before he turns 70 starts to collect.

So the question is: If I do start receiving the January 2017 amount of $1,000 in November, will Social Security do an adjustment for future payments in January of 2018 for the 10 months from January to October? Or am I stuck with the reduced $1,000 forever? ***Signed:*** **Uncertain**

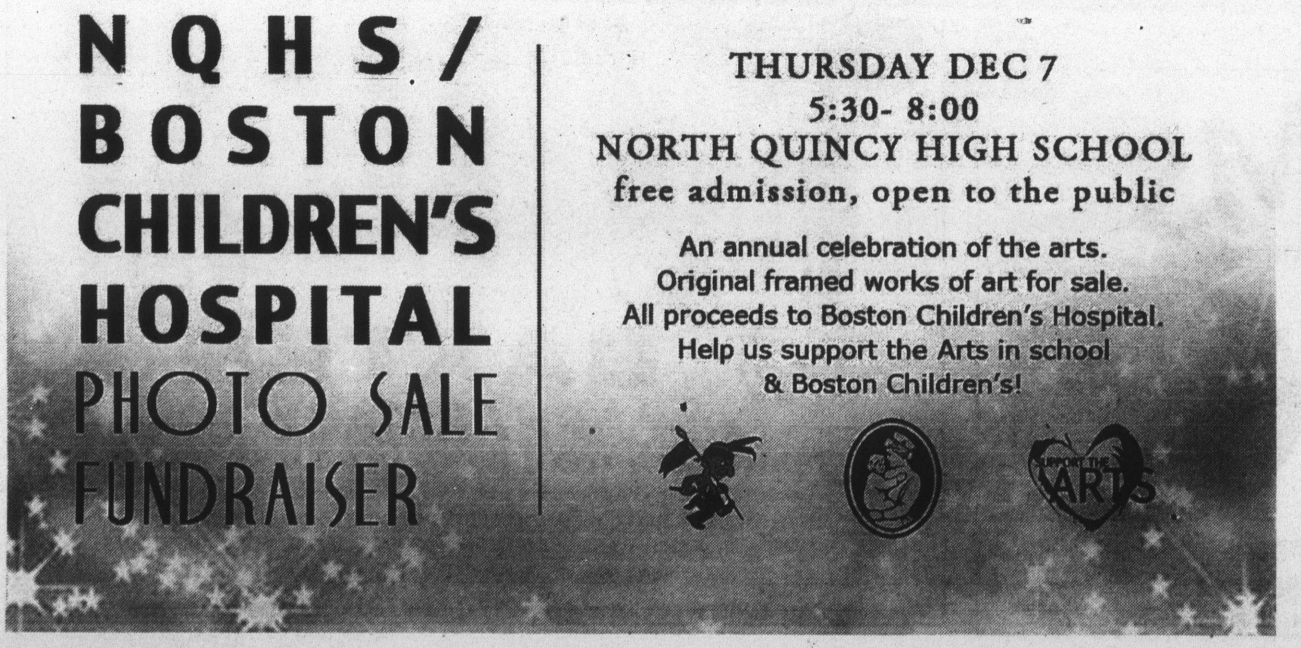
Dear Uncertain: You haven't given me your birthdate, but from what information you've provided I believe it to be January 1948, which means that your full retirement age (FRA) for Social Security purposes is 66. Since you did not apply for Social Security at your FRA, you have been building Delayed Retirement Credits (DRCs) at a rate of 8 percent per year, which means that as of January 2017, you were entitled to 124 percent of the benefit you were due at FRA. You are correct that DRC's are earned monthly and the increase rate is 2/3 of 1 percent per month, so by November of 2017 you would have accrued an additional 6 percent DRCs for a total of 130 percent of your Primary Insurance Amount (or "PIA", the amount you were entitled to at your FRA). However, since Social Security only re-computes benefits to apply DRCs in January of each year, you wouldn't actually receive a benefit increase for that extra 6 percent of DRCs until January 2018. In other words, Social Security does not pay DRCs retroactively.

If you are correct that your benefit amount for January 2017 was $1,000, by doing the math we calculate your Primary Insurance Amount (the amount of your benefit at age 66) to be about $807 and your benefit amount starting in either January or November of 2017 at about $1,000, or 124 percent of your PIA. Since as of November you have actually accrued 130 percent in DRCs, you will get the additional 6 percent DRCs starting with your January 2018 benefit (paid in February 2018) for a total of $1,049 (130 percent). If you instead wait until you are age 70 to start benefits in January 2018, the amount would be 132 percent of your PIA, or about $1065 ($807 x 132 percent = $1,065). Our figures do not allow for any COLA increases.

So if you did start your benefits in November 2017 your benefit then would be the same as it would have been in January 2017, because DRCs are only applied to benefits in January of each year. Then in January 2018 your benefit amount would be recomputed to add the additional 6 percent DRCs you accrued from January - October 2017. The exception to this rule is that earned DRCs are immediately applied to your first benefit payment in any month when you apply for benefits at age 70.

The information presented in this article is intended for general information purposes only. The opinions and interpretations expressed are the viewpoints of the AMAC Foundation's Social Security Advisory staff, trained and accredited under the National Social Security Advisors program of the National Social Security Association, LLC (NSSA). NSSA, the AMAC Foundation, and the Foundation's Social Security Advisors are not affiliated with or endorsed by the United States Government, the Social Security Administration, or any other state government. Furthermore, the AMAC Foundation and its staff do not provide legal or accounting services.

The Foundation welcomes questions from readers regarding Social Security issues. To submit a request, contact the Foundation at info@amacfoundation.org.



Granite Railway Quarry Walk Saturday

The Quincy Quarry and Granite Workers Museum and DCR (Department of Conservation and Recreation) will be holding a quarry walk Saturday, Nov. 4 at the historic Granite Railway Quarry.

The City of Quincy, known as the Granite City, had over 50 granite quarries operating in its heyday. Quincy granite was greatly valued, providing stone for some of the most impressive granite buildings, monuments, sculptures and fortifications across the nation. The Granite Railway Quarry was one of the largest suppliers of granite spanning many years of operation. The walk will include turn-of-the-century photos of site locations on the walk.

The quarry walk will be over rocky terrain and be subject to weather conditions and terrain conditions.

Meet at the paved parking lot at the crest of the hill on Ricciuti Drive, West Quincy on Saturday, Nov. 4, 10 a.m. to noon.

For further information call the Museum at 617-472-1322.

Squantum Gardeners Fair At Kennedy Center Nov. 4

The Seaside Gardeners of Squantum will host its annual Faire for All Seasons Saturday, Nov. 4 from 10 a.m. to 2 p.m. at the Kennedy Senior Center, 440 East Squantum St., Quincy.

Lunch will be available at Pat's Cafe from 11:30 a.m. to 1:30 p.m.

There will be baked goods, crafts, and holiday items for sale at the Faire.

All are welcome.

Reagle Players Christmas Show Dec. 10

The Quincy Council on Aging will travel to Waltham on Sunday, Dec. 10 for one of the area's most enduring holiday traditions, "It's Christmas Time" with the Reagle Players.

With a wonderful cast of dancers and musicians, the "Christmas Time" show is a spectacle of sight and sound. The Nativity scene is especially wonderful and the show itself has been called "A Christmas card celebrating the joys of the season."

After the show the group will travel to the Chateau Restaurant in Braintree for a dinner of baked haddock St. Germain, broiled marinated chicken, or chicken parmigiana with penne. Meal also includes a fresh garden salad, Italian bread and butter, delicious dessert and a beverage.

Cost of the trip is $119. Bus will leave Kennedy Center at 11 a.m. and return at 6:30 p.m.

To register for this trip visit the Kennedy Center at 440 East Squantum St., Quincy. For more information call the Kennedy Center at (617) 376-1506.

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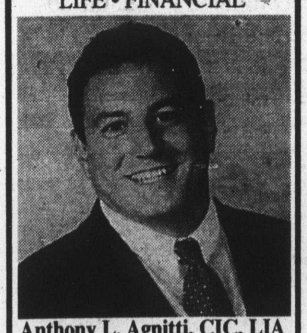

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CITY OF QUINCY
CITY ELECTION

City Clerk's Office — MAY 1, 2017

In accordance with the provisions of the law, notice is hereby given that meetings of the citizens of Quincy; qualified to vote in City affairs will be held on

TUESDAY, NOVEMBER 7, 2017

In the several polling places as designated by the City Council and that all such citizens may, on that day, in the several precincts in which they are entitled to vote, give in their votes for the following elective municipal offices, viz:

BY THE VOTERS OF THE ENTIRE CITY:

COUNCILLOR AT LARGE (3)

BY THE VOTERS OF WARD 1	WARD COUNCILLOR (1)
BY THE VOTERS OF WARD 2	WARD COUNCILLOR (1)
BY THE VOTERS OF WARD 3	WARD COUNCILLOR (1)
BY THE VOTERS OF WARD 4	WARD COUNCILLOR (1)
BY THE VOTERS OF WARD 5	WARD COUNCILLOR (1)
BY THE VOTERS OF WARD 6	WARD COUNCILLOR (1)

SCHOOL COMMITTEE (3)

The polls are to be opened at seven o'clock in the morning and closed at eight o'clock in the evening.

Polling places have been designated as follows:

WARD 1, PRECINCT 1	—	MERRYMOUNT SCHOOL, 4 AGAWAM ROAD
WARD 1, PRECINCT 2	—	O'BRIEN TOWERS, 73 BICKNELL STREET
WARD 1, PRECINCT 3	—	THOMAS CRANE LIBRARY (MEETING ROOM), 40 WASHINGTON STREET
WARD 1, PRECINCT 4	—	ADAMS SHORE LIBRARY, 519 SEA STREET
WARD 1, PRECINCT 5	—	SAINT THOMAS AQUINAS HALL, DARROW STREET
WARD 2, PRECINCT 1	—	FORE RIVER CLUB HOUSE, 16 NEVADA ROAD
WARD 2, PRECINCT 2	—	SENIOR CITIZENS HOUSING, 1000 SOUTHERN ARTERY
WARD 2, PRECINCT 3	—	MARTENSEN STREET HOUSING, 95 MARTENSEN STREET
WARD 2, PRECINCT 3A	—	SENIOR CITIZEN'S HOUSING, 1000 SOUTHERN ARTERY (LIBRARY)
WARD 2, PRECINCT 4	—	SAINT JOHN'S CHURCH, 44 SCHOOL STREET
WARD 2, PRECINCT 5	—	SAINT JOHN'S CHURCH, 44 SCHOOL STREET
WARD 3, PRECINCT 1	—	COVENANT CHURCH OF QUINCY, 315 WHITWELL STREET
WARD 3, PRECINCT 2	—	FIRST BAPTIST CHURCH, 81 PROSPECT AVENUE
WARD 3, PRECINCT 3	—	MONTCLAIR SCHOOL, 8 BELMONT STREET
WARD 3, PRECINCT 4	—	WOLLASTON SCHOOL, 205 BEALE STREET
WARD 3, PRECINCT 5	—	WOLLASTON SCHOOL, 205 BEALE STREET
WARD 4, PRECINCT 1	—	LINCOLN-HANCOCK COMMUNITY SCHOOL, WATER STREET ENTRANCE
WARD 4, PRECINCT 2	—	QUINCY LODGE OF ELKS, 254 QUARRY STREET
WARD 4, PRECINCT 3	—	QUINCY LODGE OF ELKS, 254 QUARRY STREET
WARD 4, PRECINCT 4	—	LINCOLN-HANCOCK COMMUNITY SCHOOL, WATER STREET
WARD 4, PRECINCT 5	—	MORRISETTE AMERICAN LEGION POST 81, LIBERTY STREET
WARD 5, PRECINCT 1	—	QUINCY CAREER CTR., 152 WALTER J. HANNON PARKWAY
WARD 5, PRECINCT 2	—	QUINCY COMMUNITY UNITED METHODIST CHURCH, 40 BEALE STREET
WARD 5, PRECINCT 3	—	ADAMS ACADEMY, 8 ADAMS STREET (DIMMOCK STREET ENTRANCE)
WARD 5, PRECINCT 4	—	BEECHWOOD KNOLL SCHOOL, 225 FENNO STREET
WARD 5, PRECINCT 5	—	BEECHWOOD KNOLL SCHOOL, 225 FENNO STREET
WARD 6, PRECINCT 1	—	NORTH QUINCY HIGH SCHOOL, 318 HANCOCK STREET
WARD 6, PRECINCT 2	—	KNIGHTS of COLUMBUS HALL, 5 HOLLIS AVENUE AT HANCOCK STREET
WARD 6, PRECINCT 3	—	KENNEDY CENTER GYM, 440 EAST SQUANTUM STREET
WARD 6, PRECINCT 4	—	ATLANTIC MIDDLE SCHOOL, 86 HOLLIS AVENUE
WARD 6, PRECINCT 5	—	SQUANTUM SCHOOL, 50 HUCKINS AVENUE

POLLS OPEN AT 7:00 A.M. **POLLS CLOSE AT 8:00 P.M.**

Attest: Nicole L. Crispo

NICOLE L. CRISPO
City Clerk

Arbella's 'Pink Day' Raises Over $40,000 For Cancer Screening

For the ninth-consecutive year, Arbella employees have joined forces with the Arbella Insurance Foundation to raise funds to provide cancer screenings and education for medically underserved populations through the work of the Dana-Farber Cancer Institute. Arbella employees raised over $20,000 at the annual Pink Day event, held Oct. 2. Those funds were matched by the Arbella Insurance Foundation for a total donation of more than $40,000.

During the all-day fundraiser, Arbella employees wear pink to work, purchase Dana-Farber bracelets, donate money to dress casually, and contribute to and participate in departmental gift basket drawings. This year, employee contributions will support cancer screening for men and women including Dana-Farber's Blum Family Resource Center Van community visits in 2018, as well as, Dana-Farber's Mammography Van stops. To date, Pink Day has raised more than $269,500 for cancer awareness and screening.

Founded in 2009, Pink Day was created by former Arbella employee Dot Olson after she was diagnosed with breast cancer and underwent treatment at Dana-Farber. Her experience inspired her to create Pink Day, and since its inception the event has been instrumental in furthering Dana-Farber's mission to garner continued support for cancer awareness and research. Now retired, Olson continues to attend the annual Pink Day celebration, which is now coordinated by the Arbella Activities Committee (AAC), a group of employees committed to promoting a culture of teamwork and camaraderie through corporate citizenship and fun.

"It is moving to see our employees rally around a cause that has impacted the lives of so many in our Arbella family and in our New England communities," said John Donohue, chairman, president, and CEO of the Arbella Insurance Group and chairman and president of the Arbella Insurance Foundation. "We are proud to support Dana Farber and its outstanding services. It's a privilege to have such an advanced and influential cancer institute in our backyard."

As the only mobile mammography program in Massachusetts, Dana-Farber's Mammography Van provides free mammograms and breast health education to medically-eligible women aged 40 years and older. The Mammography Van partners with community-based organizations and neighborhood health centers in its mission to decrease breast cancer morbidity and mortality among medically-underserved women and increase survival rates for those diagnosed with breast cancer.

Aimed at educating men and women on cancer prevention, Dana-Farber's Blum Family Resource Center Van works to reduce the incidence of skin cancer in Massachusetts through teaching sun-safe practices and free skin cancer screenings for the public.

Magnolia Contreras, director of the Community Benefits Program for Dana-Farber, visited Arbella's Quincy headquarters during the Pink Day event to thank employees for their continued support and generosity.

"Arbella's Pink Day support has been instrumental in expanding the breadth of Dana-Farber's community outreach programs," said Contreras. "The generous support from the employees and Arbella's Foundation allows us to bring life-saving cancer detection and prevention resources to men and women across Massachusetts. We are enormously grateful."

CITY OF QUINCY

昆士市初選

市府書記辦公室　　2017年5月1日

根據法律規定，謹此通知昆士市公民，所有合格選民，市選舉事務投票日將定於：

星期二，2017 年11月7日

請所有合格投票的公民於投票日，在昆士市議會所指定的數個投票地點，在您所屬的選區行使您的權力，就下列職銜作出投票：

由昆士市所有選民選出不分區議員(三名)

由第一區選民，選出第一區議員 （一名）
由第二區選民，選出第二區議員 （一名）
由第三區選民，選出第三區議員 （一名）
由第四區選民，選出第四區議員 （一名）
由第五區選民，選出第五區議員 （一名）
由第六區選民，選出第六區議員 （一名）

由昆士市所有選民選出校委會委員 （三名）

投票服務由早上七點開始，直到晚八點結束。 投票站地點已指定如下：

WARD 1 第一選區, PRECINCT 1 (第一投票站) – MERRYMOUNT 學校, 4 AGAWAM ROAD
WARD 1 第一選區, PRECINCT 2 (第二投票站) – O'BRIEN TOWERS 奧布賴恩老人公寓, 73 BICKNELL STREET
WARD 1 第一選區, PRECINCT 3 (第三投票站) – THOMAS CRANE 圖書館會議室, 40 WASHINGTON STREET
WARD 1 第一選區, PRECINCT 4 (第四投票站) – ADAMS SHORE 圖書館, 519 SEA STREET
WARD 1 第一選區, PRECINCT 5 (第五投票站) – SAINT THOMAS AQUINAS HALL 禮堂, DARROW STREET
WARD 2 第二選區, PRECINCT 1 (第一投票站) – FORE RIVER CLUB HOUSE 社區中心, 16 NEVADA ROAD
WARD 2 第二選區, PRECINCT 2 (第二投票站) – SENIOR CITIZENS HOUSING 老人屋, 1000 SOUTHERN ARTERY
WARD 2 第二選區, PRECINCT 3 (第三投票站) – MARTENSEN STREET HOUSING 老人屋, 95 MARTENSEN STREET
WARD 2 第二選區, PRECINCT 3A (第三A投票站) – SENIOR CITIZEN'S HOUSING 老人屋, 1000 SOUTHERN ARTERY (LIBRARY)
WARD 2 第二選區, PRECINCT 4 (第四投票站) – SAINT JOHN'S CHURCH 教堂, 44 SCHOOL STREET
WARD 2 第二選區, PRECINCT 5 (第五投票站) – SAINT JOHN'S CHURCH 教堂, 44 SCHOOL STREET
WARD 3 第三選區, PRECINCT 1 (第一投票站) – COVENANT CONGREGATIONAL 教堂, 315 WHITWELLSTREET
WARD 3 第三選區, PRECINCT 2 (第二投票站) – FIRST BAPTIST 教堂, 81 PROSPECT AVENUE
WARD 3 第三選區, PRECINCT 3 (第三投票站) – MONTCLAIR 學校, 8 BEALE STREET
WARD 3 第三選區, PRECINCT 4 (第四投票站) – WOLLASTON 學校, 205 BEALE STREET
WARD 3 第三選區, PRECINCT 5 (第五投票站) – WOLLASTON 學校, 205 BEALE STREET
WARD 4 第四選區, PRECINCT 1 (第一投票站) – LINCOLN-HANCOCK COMMUNITY SCHOOL 學校, WATER STREET ENTRANCE
WARD 4 第四選區, PRECINCT 2 (第二投票站) – QUINCY LODGE OF ELKS 鄰里會所，254 QUARRY STREET
WARD 4 第四選區, PRECINCT 3 (第三投票站) – QUINCY LODGE OF ELKS 鄰里會所，254 QUARRY STREET
WARD 4 第四選區, PRECINCT 4 (第四投票站) – LINCOLN-HANCOCKCOMMUNITY 學校, WATER STREET
WARD 4 第四選區, PRECINCT 5 (第五投票站) – MORRISETTE AMERICAN LEGION POST 會所, 81 LIBERTY STREET
WARD 5 第五選區, PRECINCT 1 (第一投票站) – QUINCY CAREER CTR. 職業中心, 152 WALTER J. HANNON PKWY
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WARD 5 第五選區, PRECINCT 3 (第三投票站) – ADAMS ACADEMY 學校, 8 ADAMS STREET （由 DIMMOCK STREET 進入）
WARD 5 第五選區, PRECINCT 4 (第四投票站) – BEECHWOOD KNOLL SCHOOL 學校, 225 FENNO STREET
WARD 5 第五選區, PRECINCT 5 (第五投票站) – BEECHWOOD KNOLL SCHOOL 學校, 225 FENNO STREET
WARD 6 第六選區, PRECINCT 1 (第一投票站) – NORTH QUINCY HIGH SCHOOL 北高中, 318 HANCOCK STREET
WARD 6 第六選區, PRECINCT 2 (第二投票站) – K of C HALL 禮堂, 5 HOLLIS AVENUE AT HANCOCK STREET
WARD 6 第六選區, PRECINCT 3 (第三投票站) – KENNEDY CENTER GYM 社區中心體育室, 440 EAST SQUANTUM STREET
WARD 6 第六選區, PRECINCT 4 (第四投票站) – ATLANTIC MIDDLE SCHOOL 初中, 86 HOLLIS AVENUE
WARD 6 第六選區, PRECINCT 5 (第五投票站) – SQUANTUM SCHOOL 學校, 50 HUCKINS AVENUE

Nicole L. Crispo

投票站由早上七點開始，直到晚八點結束。 **City Clerk 市府書記 Attest – NICOLE L. CRISPO 監証**

QHS Hoop Hall Of Fame Induction Nov. 25

Ceremony, Banquet At Quincy Sons Of Italy; Ticket Deadline Nov. 10

Quincy High School Basketball will host its Hall of Fame banquet Saturday, Nov. 25 at the Quincy Sons of Italy, Quarry Street, Quincy, at 6 p.m.

This year's honorees are Billy Joyce (1974), Ed Callahan (1977), Roger Kvam (1977), Lyle Morrison (1977), Mike Kennedy (1977), Richie Finnegan (1980), Kurt MacDonald (1981), Bobby Mudge (1983), Bill Shaughnessy (1985), Robbie Kane (1994), Dan Kelly (1999), Kevin O'Connell (2003), Doug Scott (2009), Coach John Franceschini and special recognition to Jack Wier.

Tickets are $40 each.

To purchase tickets contact David Parry at 617-328-0885 or email dfpdmp@comcast.net.

You can also send your check made out to Quincy High Basketball and mail to 3 Hillsboro St., Quincy, MA 02169.

Tickets must be purchased by Friday, Nov 10.

The Nov. 25th ceremony will mark the first induction for QHS Basketball since 1992 - 25 years ago.

CITY OF QUINCY

BẦU CỬ THÀNH PHỐ

Văn Phòng Thư Ký Thành Phố **Ngày 1 tháng 5, năm 2017**

Phù hợp với quy định của pháp luật, thông báo cho biết xét thấy các cuộc họp của các công dân của Quincy; đủ điều kiện để bỏ phiếu về các vấn đề thành phố sẽ được tổ chức

THỨ BA, NGÀY 7 THÁNG 11, NĂM 2017

Ở một số địa điểm bỏ phiếu theo chỉ định của Hội đồng thành phố và mọi công dân như vậy có thể, trong ngày đó, ở các đơn vị mà họ được quyền bỏ phiếu, bỏ phiếu đề cử ứng cử viên cho các văn phòng thành phố có quyền bầu cử sau đây, là:

CỬ TRI CỦA THÀNH PHỐ	ỨNG CỬ VIÊN HỘI ĐỒNG CHUNG (3)
CỬ TRI CỦA PHƯỜNG 1	ỨNG CỬ VIÊN HỘI ĐỒNG (1)
CỬ TRI CỦA PHƯỜNG 2	ỨNG CỬ VIÊN HỘI ĐỒNG (1)
CỬ TRI CỦA PHƯỜNG 3	ỨNG CỬ VIÊN HỘI ĐỒNG (1)
CỬ TRI CỦA PHƯỜNG 4	ỨNG CỬ VIÊN HỘI ĐỒNG (1)
CỬ TRI CỦA PHƯỜNG 5	ỨNG CỬ VIÊN HỘI ĐỒNG (1)
CỬ TRI CỦA PHƯỜNG 6	ỨNG CỬ VIÊN HỘI ĐỒNG (1)
CỬ TRI CỦA THÀNH PHỐ	ỦY BAN TRƯỜNG (3)

Thời gian bỏ phiếu bắt đầu lúc 7 giờ sáng và kết thúc lúc 8 giờ tối.
Địa điểm được chỉ định như sau:

WARD (PHƯỜNG) 1, PRECINCT (ĐƠN VỊ) 1 – MERRYMOUNT SCHOOL, 4 AGAWAM ROAD
WARD (PHƯỜNG) 1, PRECINCT (ĐƠN VỊ) 2 – O'BRIEN TOWERS, 73 BICKNELL STREET
WARD (PHƯỜNG) 1, PRECINCT (ĐƠN VỊ) 3 – THOMAS CRANE LIBRARY (MEETING ROOM), 40 WASHINGTON STREET
WARD (PHƯỜNG) 1, PRECINCT (ĐƠN VỊ) 4 – ADAMS SHORE LIBRARY, SEA STREET
WARD (PHƯỜNG) 1, PRECINCT (ĐƠN VỊ) 5 – SAINT THOMAS AQUINAS HALL, DARROW STREET
WARD (PHƯỜNG) 2, PRECINCT (ĐƠN VỊ) 1 – FORE RIVER CLUB HOUSE, 16 NEVADA ROAD
WARD (PHƯỜNG) 2, PRECINCT (ĐƠN VỊ) 2 – SENIOR CITIZENS HOUSING, 1000 SOUTHERN ARTERY
WARD (PHƯỜNG) 2, PRECINCT (ĐƠN VỊ) 3 – MARTENSEN STREET HOUSING, 95 MARTENSEN STREET
WARD (PHƯỜNG) 2, PRECINCT (ĐƠN VỊ) 3A – SENIOR CITIZENS HOUSING, 1000 SOUTHERN ARTERY
WARD (PHƯỜNG) 2, PRECINCT (ĐƠN VỊ) 4 – SAINT JOHN'S CHURCH, 44 SCHOOL STREET
WARD (PHƯỜNG) 2, PRECINCT (ĐƠN VỊ) 5 – SAINT JOHN'S CHURCH, 44 SCHOOL STREET
WARD (PHƯỜNG) 3, PRECINCT (ĐƠN VỊ) 1 – COVENANT CHURCH OF QUINCY, 315 WHITWELL STREET
WARD (PHƯỜNG) 3, PRECINCT (ĐƠN VỊ) 2 – FIRST BAPTIST CHURCH, 81 PROSPECT AVENUE
WARD (PHƯỜNG) 3, PRECINCT (ĐƠN VỊ) 3 – MONTCLAIR SCHOOL, 8 BELMONT STREET
WARD (PHƯỜNG) 3, PRECINCT (ĐƠN VỊ) 4 – WOLLASTON SCHOOL, 205 BEALE STREET
WARD (PHƯỜNG) 3, PRECINCT (ĐƠN VỊ) 5 – WOLLASTON SCHOOL, 205 BEALE STREET
WARD (PHƯỜNG) 4, PRECINCT (ĐƠN VỊ) 1 – LINCOLN-HANCOCK COMMUNITY SCHOOL, WATER STREET
WARD (PHƯỜNG) 4, PRECINCT (ĐƠN VỊ) 2 – QUINCY LODGE OF ELKS, 254 QUARRY STREET
WARD (PHƯỜNG) 4, PRECINCT (ĐƠN VỊ) 3 – QUINCY LODGE OF ELKS, 254 QUARRY STREET
WARD (PHƯỜNG) 4, PRECINCT (ĐƠN VỊ) 4 – LINCOLN-HANCOCK COMMUNITY SCHOOL, WATER STREET
WARD (PHƯỜNG) 4, PRECINCT (ĐƠN VỊ) 5 – MORRISETTE AMERICAN LEGION POST, 81 LIBERTY STREET
WARD (PHƯỜNG) 5, PRECINCT (ĐƠN VỊ) 1 – QUINCY CAREER CENTER, 152 WALTER J. HANNON PARKWAY
WARD (PHƯỜNG) 5, PRECINCT (ĐƠN VỊ) 2 – QUINCY COMMUNITY UNITED METHODIST CHURCH, 40 BEALE STREET
WARD (PHƯỜNG) 5, PRECINCT (ĐƠN VỊ) 3 – ADAMS ACADEMY, 8 ADAMS STREET (DIMMOCK STREET)
WARD (PHƯỜNG) 5, PRECINCT (ĐƠN VỊ) 4 – BEECHWOOD KNOLL SCHOOL, 225 FENNO STREET
WARD (PHƯỜNG) 5, PRECINCT (ĐƠN VỊ) 5 – BEECHWOOD KNOLL SCHOOL, 225 FENNO STREET
WARD (PHƯỜNG) 6, PRECINCT (ĐƠN VỊ) 1 – NORTH QUINCY HIGH SCHOOL, 318 HANCOCK STREET
WARD (PHƯỜNG) 6, PRECINCT (ĐƠN VỊ) 2 – KNIGHTS of COLUMBUS HALL, 5 HOLLIS AVENUE AT HANCOCK STREET
WARD (PHƯỜNG) 6, PRECINCT (ĐƠN VỊ) 3 – KENNEDY CENTER GYM, 440 EAST SQUANTUM STREET
WARD (PHƯỜNG) 6, PRECINCT (ĐƠN VỊ) 4 – ATLANTIC MIDDLE SCHOOL, 86 HOLLIS AVENUE
WARD (PHƯỜNG) 6, PRECINCT (ĐƠN VỊ) 5 – SQUANTUM SCHOOL, 50 HUCKINS AVENUE

BỎ PHIẾU BẮT ĐẦU – 7:00 A.M. **BỎ PHIẾU KẾT THÚC – 8:00 P.M.**

Attest (Chứng Nhận): Nicole L. Crispo
NICOLE L. CRISPO
City Clerk (Thư Ký Thành Phố)

POLITICAL ADVERTISEMENT

PLEASE VOTE!
SHAUGHNESSY
Ward 6
November 7th

★ SAMPLE COMPOSITE BALLOT - City Election Tuesday, Nov. 7 ★

OFFICIAL BALLOT / 正式選票
MUNICIPAL ELECTION / 市政大選
CITY OF QUINCY, MASSACHUSETTS / 馬薩諸塞州昆西市
TUESDAY, NOVEMBER 7, 2017 / 2017 年11 月7 日、星期二

Nicole S. Crigo
CITY CLERK

INSTRUCTIONS TO VOTERS / 選民指南

A. TO VOTE, completely fill in the OVAL to the RIGHT of your choice(s) like this: ●

B. Follow directions as to the number of candidates to be marked for each office.

C. To vote for a person whose name is not printed on the ballot, write the candidate's name on the line provided and completely fill in the OVAL.

A. 要投選候選人，請將您選擇的候選人右側的橢圓格完全塗黑，如圖所示：

B. 遵照關於各職位應選候選人之數目的說明。

C. 要選名字沒有列入選票的候選人，可在所提供橫線上寫候選人的名字，然後將橢圓格完全塗黑。

COUNCILLOR-AT-LARGE
全市議員
Vote for no more than THREE / 最多選三人

- **NOEL T. DIBONA** — 70 Chickatabot Road — Candidate for Re-election / 連任候選人
- **NINA LIANG** — 2 Williams Street — Candidate for Re-election / 連任候選人
- **MARGARET E. LAFOREST** — 236 Rock Island Road
- **ANNE M. MAHONEY** — 12 Ferrier Street
- **DANIEL G. RAYMONDI** — 88 Elm Street
- **STEPHEN F. TOUGAS** — 78 Gilbert Street, A
- (Write-in) 自填候選人
- (Write-in) 自填候選人
- (Write-in) 自填候選人

SCHOOL COMMITTEE
校務委員會
Vote for no more than THREE / 最多選三人

- **ANTHONY JAMES ANDRONICO** — 126 Charles Street
- **DOUGLAS S. GUTRO** — 36 Marlboro Street, 4G
- **DAVID ANDREW JACOBS** — 11 Dunns Court
- **EMILY LEBO** — 354 Highland Avenue
- **GERALDINE ANNE MANNING** — 1035 Southern Artery, 312
- **MARK A. SAUTER** — 78 Longwood Road
- (Write-in) 自填候選人
- (Write-in) 自填候選人
- (Write-in) 自填候選人

CITY COUNCILLOR WARD 1
第1 選區市議員
Vote for ONE / 僅可選一人

- **DAVID F. MCCARTHY** — 48 Whitney Road
- **JOSEPH C. MURPHY** — 18 Macy Street
- (Write-in) 自填候選人

CITY COUNCILLOR WARD 4
第4 選區市議員
Vote for ONE / 僅可選一人

- **BRIAN D. PALMUCCI** — 16 Cross Street — Candidate for Re-election / 連任候選人
- (Write-in) 自填候選人

CITY COUNCILLOR WARD 2
第2 選區市議員
Vote for ONE / 僅可選一人

- **BRAD L. CROALL** — 65 Gay Street — Candidate for Re-election / 連任候選人
- (Write-in) 自填候選人

CITY COUNCILLOR WARD 5
第5 選區市議員
Vote for ONE / 僅可選一人

- **KIRSTEN L. HUGHES** — 116 Willow Avenue — Candidate for Re-election / 連任候選人
- **MICHAEL M. HURLEY** — 51 Elm Avenue
- (Write-in) 自填候選人

CITY COUNCILLOR WARD 3
第3 選區市議員
Vote for ONE / 僅可選一人

- **IAN CHARLES CAIN** — 8 Highpoint Circle, 809 — Candidate for Re-election / 連任候選人
- (Write-in) 自填候選人

CITY COUNCILLOR WARD 6
第6 選區市議員
Vote for ONE / 僅可選一人

- **WILLIAM HARRIS** — 74 Ashworth Road
- **HERBERT ALIE SHAUGHNESSY, III** — 32 Essex Street
- (Write-in) 自填候選人

POLITICAL ADVERTISEMENT POLITICAL ADVERTISEMENT POLITICAL ADVERTISEMENT

Councilor-At-Large Noel DiBona: Working For Everyone

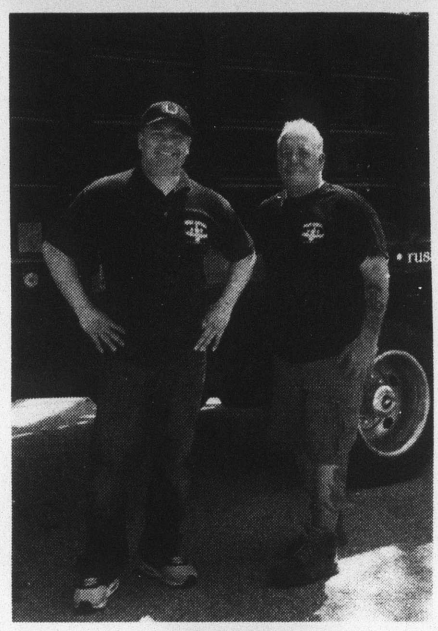
QUINCY COUNCILOR-AT-LARGE

- **Veterans Services Committee - Chairman**
- **Education Committee - Chairman**
- **Community Preservation Committee - Board member**
- **Park & Recreation Committee - Former Board member**
- **School Committee - Former Elected Member**
- **Health, Transportation & Safety - Former Chairman**
- **Sterling Middle School Building Committee Former Board member**
- **Sons of American Legion Morrisette Post 294 Junior Vice Commander**
- **Quincy Point Panthers Youth Football - Head Coach**
- **Merrymount Neighborhood Association - Member**
- **Ward 2 Civic Association - Former President**
- **University of Massachusetts - Boston Bachelor's Degree**
- **Quincy High School - Graduate of 1993**

PROUDLY ENDORSED BY

- **Quincy Firefighters Association Local 792**
- **Professional Firefighters of Massachusetts**
- **Quincy Veterans Council**
- **Norfolk County Labor Council AFL-CIO**
- **IBEW Local 103**
- **IBEW Local 2222**
- **IBEW Local 104**
- **IUOE Local 4**
- **Carpenters Local 424**
- **Plumbers & Gasfitters Local 12**
- **Ironworkers Local 7**
- **Laborers Local 133**
- **Tunnel Workers Local 88**
- **Sheet Metal Workers Local 17**
- **Painters & Allied Trades District Council 35**
- **Facebook's Quincy Is EVERYTHING**

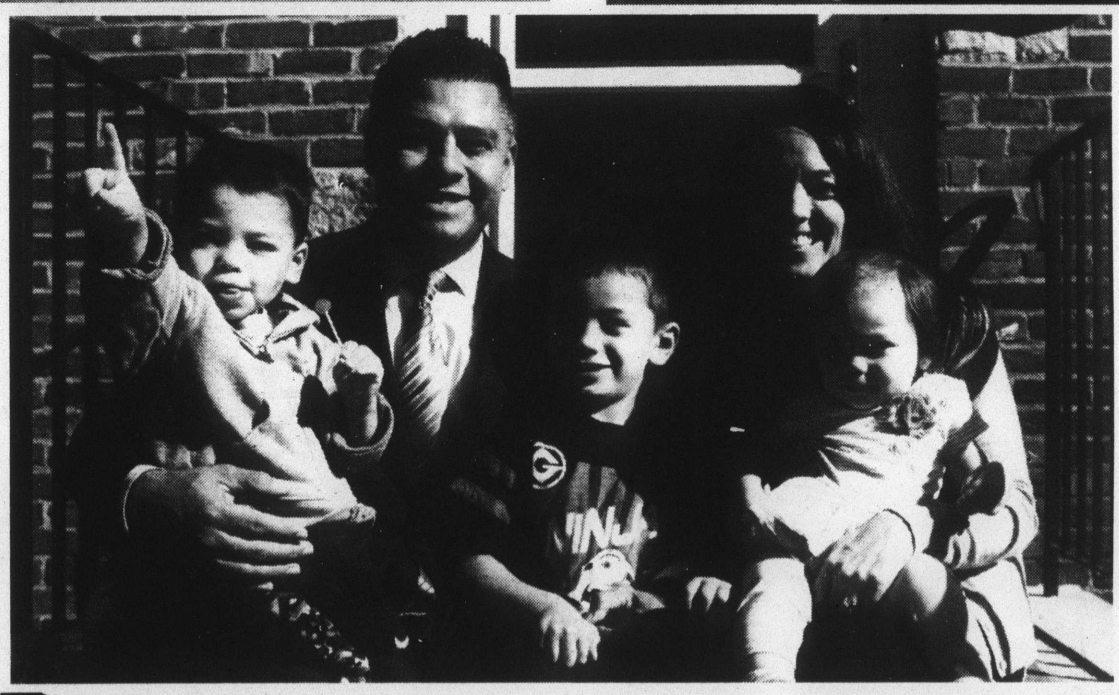
I grew up in Quincy and currently raising my young family here. I have been a small business owner in the city for the last 21 years with my father at Russ DiBona & Son Landscaping. I want to preserve the integrity of our neighborhoods, while attracting new commercial growth; this will help take the burden off the taxpayers of Quincy and create new jobs for our citizens. I will continue to bring my hard work ethic and business background to the City Council.



Re-Elect

NOEL DiBONA

★ Councilor-At-Large ★



facebook.com/NoelTDiBona · email: VoteNoelDiBona@gmail.com

I humbly ask for your vote on Tuesday, Nov. 7th

COUNCILOR-AT-LARGE

NOEL T. DIBONA

70 Chickatabot Road

Candidate for Re-election

POLITICAL ADVERTISEMENT POLITICAL ADVERTISEMENT POLITICAL ADVERTISEMENT

THE NORFOLK COUNTY CENTRAL LABOR COUNCIL AFL-CIO & THE QUINCY & SOUTH SHORE BUILDING TRADES COUNCIL AFL-CIO PROUDLY ENDORSE ANNE MAHONEY

Vote

★ANNE★

MAHONEY

Councillor-At-Large

VoteMahoney.com

From A Proud Union Family

Joseph Mulligan *(Anne's Dad – 68 year member and Former Local 12 President)*

Joseph Mulligan *(Brother)*	Local 12
Kevin Mulligan *(Brother)*	Local 537
Danny Mulligan *(Nephew)*	Local 537
Steven Mulligan *(Nephew)*	Local 537
Brian Flaherty *(Brother-In-Law)*	Local 12
Jimmy Mulligan *(Cousin)*	Local 12
Jimmy Mulligan *(Uncle)*	Local 103
James Edgar Mulligan *(Grandfather)*	Local 537
John Ferriter *(Grand Uncle)*	Local 537

Norfolk County Central Labor Council AFL-CIO

American Postal Workers Union

1.U.E.C. Local 4

Iron Workers Local 7

Roofers Union Local 33

Laborers Union Local 133

Pipefitters Local 537

I.B.E.W. Local 2222

Bricklayers & Allied Craftsmen Local 3

Asbestos Workers Local 6

Plumbers & Gasfitters Union Local 12

Letter Carriers Union Local 34

1.A.M. & A.W. Local 264

U.W.U.A. Local 369

Boston Carmen's Union Local 589

I.U.O.E. Local 4

O.P.E.I.U. Local 6

Sheet Metal Workers Local 17

I.B.E.W. Local 103

Mail Handlers Union Local 301

A.P.W.U. local 3844

Painters District Council 35

Massachusetts library Staff Local4928

Mass. C.O.P. Local 351

SEIU Local 509

Mass. Nurses Association

Teamster's Local 122

Teamsters Local Union No. 25

Sprinkler Fitters Local 550

The Quincy & South Shore Building Trades Council AFL-CIO

Asbestos Workers Local 6

Bricklayers Local 3

Iron Workers Local 7

IBEW Local 103

Hoisting Engineers Local 4

Laborers Local 133

Painters District 35

Plumbers Local 12

Pipefitters Local 537

Boilermakers Local 29

Sheetmetal Workers Local 17

Sprinkler Fitters Local 550

Roofers Local 33

Elevator Constructers Local 4

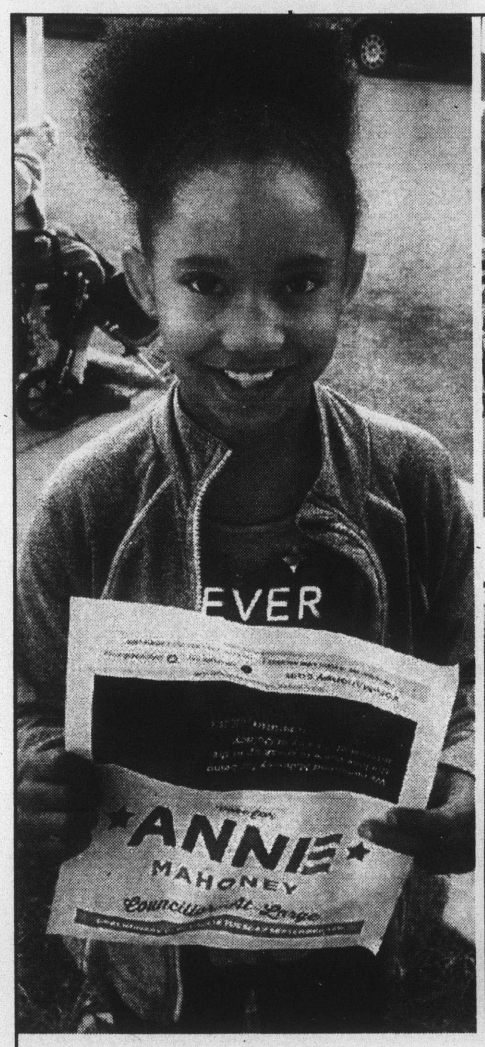
Teamsters Local 25

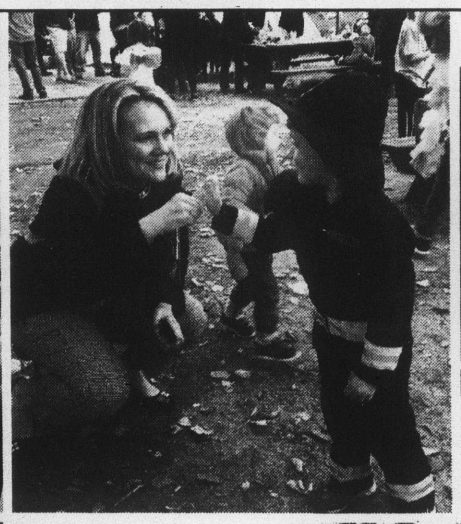
Plasterers Local 534

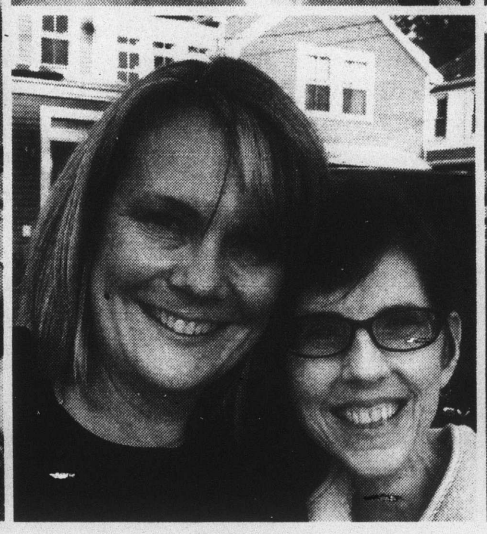
PAID FOR BY THE NORFOLK COUNTY CENTRAL LABOR COUNCIL AFL-CIO | NORFOLKCLC.ORG

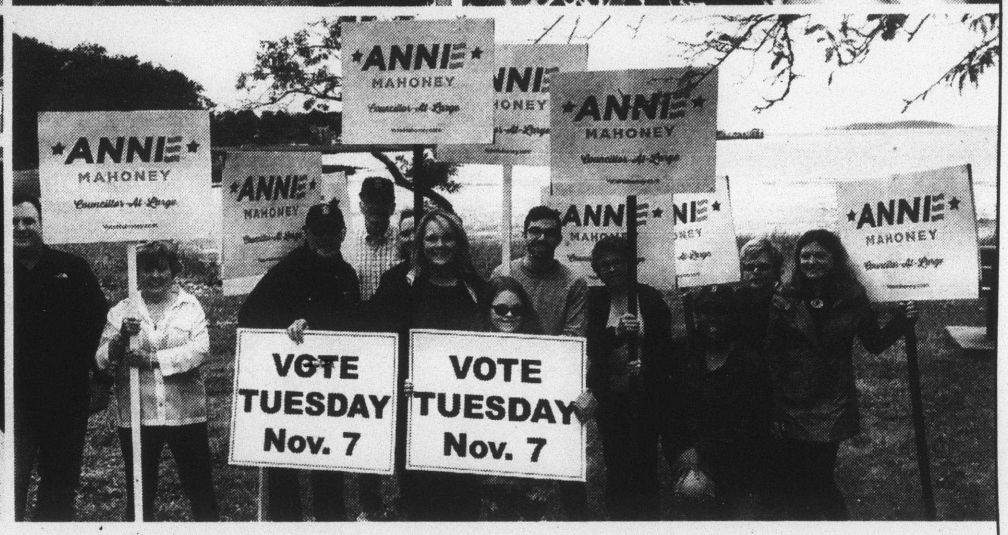
Vote Anne Mahoney for City Councillor-At-Large on Tuesday, November 7TH

POLITICAL ADVERTISEMENT POLITICAL ADVERTISEMENT POLITICAL ADVERTISEMENT









Vote for Anne – She's for us!

Tuesday, November 7th is Election Day. This is an important day for the future of Quincy. Like you, Anne shares the excitement for our vision of a thriving city and looks forward to what the future will bring. She also understands your concerns. Anne will address rising taxes and control spending to ensure tax dollars are being spent wisely. Having been a life-long Quincy resident, Anne appreciates the value of maintaining the character of our neighborhoods and will work to prevent overdevelopment. She will implement a complete traffic plan and recruit businesses to fill the empty storefronts and office buildings. Her years of service on the School Committee demonstrated her passion to improve our school system and she will continue to be an advocate for quality education. Most importantly, Anne will remember that she works for you. On the City Council, she will be a voice for all of us.

Vote

ANNIE

MAHONEY

Councillor-At-Large

VoteMahoney.com

For a ride to the polls, call 617-750-7933

@AnneMahoney VoteMahoney VoteAnneMahoney

Vote Anne Mahoney for City Councillor-At-Large on Tuesday, November 7TH

PAID FOR BY THE COMMITTEE-TO-ELECT ANNE MAHONEY | 12 FERRITER ST. QUINCY, MA 02169 | **617-719-7378**

Voters Decide Council, School Seats Tuesday

Cont'd From Page 1

in the city, Crispo said.

Six candidates are on the ballot for the at-large council race. The candidates, in order of appearance on the ballot, are:

Noel T. DiBona, 70 Chickatabot Rd.; Nina Liang, 2 Williams St.; Margaret E. Laforest, 236 Rock Island Rd.; Anne M. Mahoney, 12 Ferriter St.; Daniel G. Raymondi, 88 Elm St.; and Stephen F. Tougas, 78 Gilbert St.

DiBona and Liang are first-term incumbent councillors at-large. Laforest has served as the Ward 1 councillor for eight years and is vacating that seat to run at-large. Mahoney has served 12 years on the School Committee and is vacating that seat to run for the council. Raymondi had served as the city's public works commissioner for the past six years prior to retiring earlier this year; he previously represented Ward 2 on the council for 22 years and was on the school board for eight years. Tougas is a first-time candidate.

The third incumbent at-large councillor, Joseph Finn, opted not to seek re-election this year. He was first elected to the position in 2001 and is the council's longest-serving current member.

The candidates for the at-large seats on the council qualified for Tuesday's ballot in the Sept. 12 preliminary contest. DiBona topped the field in the seven-way preliminary with 4,919 votes, followed by Raymondi with 4,037, Laforest with 3,624, Mahoney with 3,521, Liang with 3,095, and Tougas with 552. The seventh place finisher, Stanley Dong Fang Xiao, garnered 392 votes and did not advance to the final election Tuesday.

The two candidates competing for the open Ward 1 seat are David F. McCarthy of 48 Whitney Rd. and Joseph C. Murphy of 18 Macy St. McCarthy previously served on the school board for 12 years and Murphy is a first-time candidate.

McCarthy and Murphy were the top two finishers in a four-way preliminary contest in September. McCarthy finished with 1,395 votes to Murphy's 345. Daniel J. Davis was third with 308 votes and Michael Falcione finished with 167.

The two council candidates running in Ward 5 are incumbent Kirsten L. Hughes of 116 Willow Ave. and first-time candidate Michael M. Hurley of 51 Elm Ave. Hughes was first elected to the council in 2011 and is currently the body's president.

Hughes and Hurley finished first and second in a three-way preliminary contest in September. Hughes garnered 687 votes and Hurley finished with 552. The third-place finisher, John Rodo Rodophele, had 179 votes.

The two council candidates in the Ward 6 race are incumbent William Harris of 74 Ashworth Rd. and Herbert Alie Shaughnessy III of 32 Essex St. Harris was appointed to the seat in April 2016 after the death of then councillor Brian McNamee in December 2015. Harris and Shaughnessy were among the candidates running in a special election to fill the open seat when a judge declared Harris should be appointed to the seat per state law, negating the special election. Harris had challenged McNamee in 2015.

Harris, because he was appointed to the seat and not elected, will not be listed as a candidate for re-election on the ballot Tuesday. His name will still appear first because the order is done alphabetically.

Harris and Shaughnessy were the top two finishers in a three-way preliminary contest in September. Harris had 934 votes to Shaughnessy's 629. Steven R. Striffler finished in third place with 244 votes.

The remaining three incumbent ward councillors – Brad Croall (Ward 2), Ian Charles Cain (Ward 3) and Brian D. Palmucci (Ward 4) – are unopposed.

Six candidates qualified for the ballot in the School Committee race. Three of the six seats on the board are up for election this year.

The candidates, in order of appearance on the ballot, are:

Anthony James Andronico, 126 Charles St.; Douglas S. Gutro, 36 Marlboro St.; David Andrew Jacobs, 11 Dunns Ct.; Emily Lebo, 354 Highland Ave.; Geraldine Anne Manning, 1035 Southern Artery; and Mark A. Sauter, 76 Longwood Rd.

Gutro previously served on the City Council for 14 years. Lebo was appointed to the school board in January 2016 after DiBona resigned from his seat to join the City Council. Lebo had been elected to the committee in 2009 and unseated by DiBona in the 2013 election. Because she was appointed to the seat and not elected, Lebo will not be listed as a candidate for re-election on Tuesday's ballot.

The remaining four candidates are all running for office for the first time.

There are two open seats on the school board this year, with Mahoney running for the council and Barbara Isola opting not to seek re-election. Isola was first elected to the committee in 2009.

The winners in Tuesday's contests will begin new terms in January, with a swearing-in ceremony likely to take place on Monday, Jan. 8. School Committee members serve four-year terms and members of the City Council serve two-year terms.

Tuesday's election will cost about $90,000, Crispo said. Funding for the election was included in the municipal for the current fiscal year.

Ayers Offering Free Rides To Polls For Disabled Voters

State Rep. Bruce Ayers will provide transportation to and from the polls for the Quincy Municipal Election on Tuesday, Nov. 7th for disabled voters in wheelchair-accessible vans.

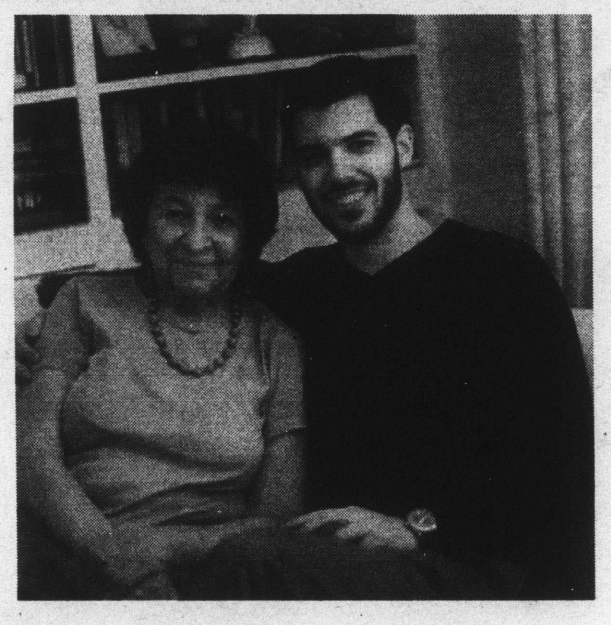
"With election day upon us, residents confined to a wheelchair who are looking for transportation to the polls are urged to call 617-328-0102 to schedule an appointment to be picked u,." Ayers said.

This service is free to all registered voters in the city of Quincy.

POLITICAL ADVERTISEMENT POLITICAL ADVERTISEMENT POLITICAL ADVERTISEMENT

Anthony Andronico

SCHOOL COMMITTEE



Endorsed by the Quincy Education Association

Goals for Quincy:

- Promote strategies that allow students to earn college credit
- Maintain small class sizes despite growing enrollment
- Update the Quincy Public Schools website for the 21st Century

Anthony is the only candidate that's been through Quincy Public Schools within the last decade

www VoteAndronico.com @VoteAndronico

Paid for by the Andronico Committee,126 Charles St., Quincy, MA 02169

POLITICAL ADVERTISEMENT POLITICAL ADVERTISEMENT POLITICAL ADVERTISEMENT

Margaret Laforest

Councilor at Large

I love our City, and I've worked hard over the years grounded in a simple goal: to make Quincy a better place for our neighbors, our families, and our seniors. With your vote on November 7, helping people and helping our community will continue to be my passion.

DEDICATION

EXPERIENCE

8 years of service as the Ward One City Councilor

TRUST

Consistent in her communication and accessibility

COMMITMENT

Four generations active in the community sharing strong family values and passion for service

COMMUNITY

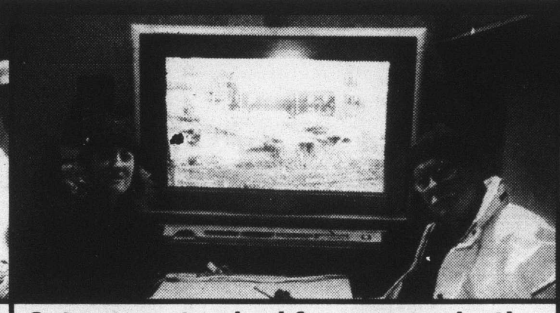
Initiated campaign for U.S.S. Salem to serve as a museum to honor our military & shipbuilding history

Founder of the Houghs Neck Chowdafest and Past President of the Houghs Neck Community Council

Established and coordinated many free, family friendly Arts & Cultural Events throughout Quincy

PUBLIC SAFTEY

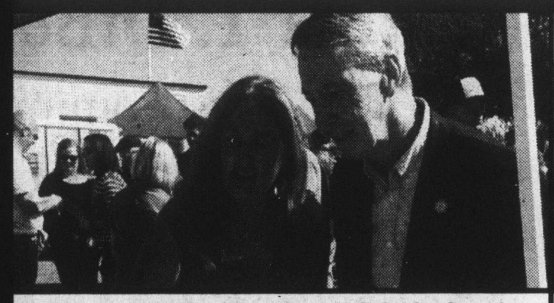
Participated in firefighter training to gain valuable insight about the work and needs of our first responders



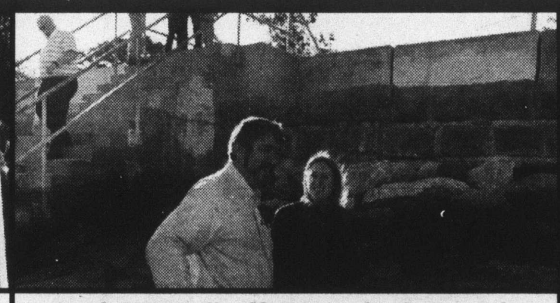
Set a new standard for communication during major storm events and other emergencies

"See Something, Say Something" Resolves quality of life issues by working directly with Quincy Police

COASTAL



Successfully fought unfair federal flood insurance policies for homeowners earning the City national recognition



Led Council effort to design and finance, through creative sources, major repairs to seawalls

Expanded preservation & utilization of coastal areas, advocating for boating, fishing and conservation

GRANTS

Secured $1 million plus in grant funds from Seaport Economic Council for Boat Ramp construction and Maritime Center design

Secured $250k in grant funds from Stanton Foundation Grant for a dog park in partnership with Quincy Animal Shelter

Secured $1 million plus in Community Preservation Grant funds for open space, historic preservation, recreation and affordable housing

MargaretLaforest.com

For more information, please contact the campaign team at 617-285-8405 or committee@MargaretLaforest.com
Paid for by The Committee to Elect Margaret Laforest

School Program Prepares Students For Careers

Cont'd From Page 3

of Student Support Services Maura Papile. "We offer and encourage early college planning and guide students and families through college admissions and the financial process."

Beginning in grade 9, students are introduced to the Naviance program. This is a college and career readiness program that helps align students' strengths and interests to postsecondary goals. Students are assessed as to their career choice to help with course selections.

"If a student is interested in going into a health services field, it will tell them what courses to take in the 9th, 10th, 11th and 12th grades and post-secondary," said North Quincy High School Student Support Department Chairperson Helena Skinner. "We use that to show them what they should take for their careers."

A personal learning plan is prepared for grade 9 students along with counseling in transitioning to high school.

In grade 11, students, including English Language Leaners, are given postgraduate planning lessons. Seniors are taught college application skills and are helped with applying for scholarships. College planning and financial aid seminars are held for parents.

The program also helps students prepare for the SAT and ACT exams.

Paula McGeady, Quincy High School guidance chairperson, explained that counselors get the career path ball rolling by meeting individually and getting acquainted with grade 9 students.

"Starting the connection with students on the first day of high school is a big part of this," she said. "It's important they have that connection for their four years of high school."

A six-year plan is prepared for students that includes the four high school years and two post-secondary years. Based on their career choice, the plan outlines electives and courses students should take in both high school and college.

"They need to think beyond high school," McGeady said. "We connect it to what their future plan is."

McGeady said that counselors review grade 10 students' plans to "make sure they are on the right track and help with career exploration."

Speakers come to school to discuss careers. The district also hosts a college fair for students.

Among the careers the program plans for are finance, accounting, business technology, early education, electrical, automotive, health, information technology, plumbing, welding and the arts.

Rebecca McInnis, Quincy High School Career Education chairperson, explained that after completing their freshman year, students choose the career or technical educational program.

For those entering the technical field, McInnis said students can serve clinical rotations, internships, co-ops and job shadowing.

"These are valuable, real life practices that will prepare them for their post-secondary experience," she said.

Sophomores begin work on certifications in their chosen field. Upon graduating, students earn certificates of proficiency in their career field.

Quincy High School's career and technical education program has a partnership with Callahan Construction Company that helps guide students who aspire to be in construction. This initiative also encourages female students.

McInnis said that last spring, female students participated in the first ever Women in the Trades Summit hosted by Quincy High, where representatives from various trade unions explained how, as females, they achieved their positions and talked about working in a male-dominated field.

"This panel of women was absolutely incredible," she said. "They were upfront and honest with our students about their day to day work life on the job."

During the presentation, a video was played showcasing several students who were interviewed about the pathways program.

One student said he was always interested in fixing cars, but, the assessment determined he was qualified for other careers and is thinking about going to college. Another student said after taking the assessment, she was driven to study harder.

Committee member Anne Mahoney noted that students with learning disabilities are not left out when it comes to college.

"I want parents to know there are support services in colleges," she said. "It's pretty incredible what is offered."

Committee Vice Chairman Paul Bregoli questioned what resources are available to students who do not go on to college.

Papile also said that the students' six-year plan helps prepare them for the post-high school years, whether it is entering the workforce or going to college or trade school. She explained that some students who do not go to college have certifications or licenses in different fields or choose joining the military.

"There are things kids are doing," she said. "It may not be the traditional college path. They do have some direction for after high school. They have all these options. Quincy is in a unique position than other districts that don't have these pathways."

Papile said students must be set on their career path early.

"It's an exciting time in their life," she said. "It's so important they are thinking about this."

In another matter, the committee held its meeting at the Point Webster Middle School that is celebrating its 100th anniversary. The committee was welcomed by Principal Christine Barrett and the school's choir sang the national anthem at the beginning of the meeting.

Barrett noted that the school was originally Daniel Webster Elementary School when it first opened in 1917. It became Point Junior High School in 1921 and was renovated in 1998 and reopened a year later as Point Webster Middle School.

She invited the community to the school's 100th anniversary celebration on Saturday, Nov. 18, at 2 p.m.

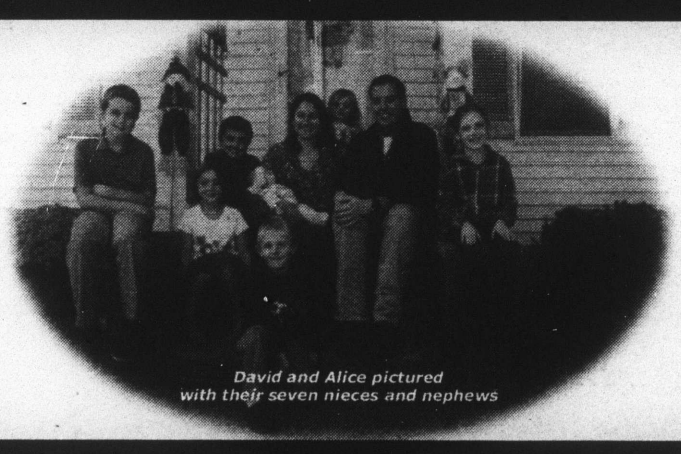
Quincy School Supt. Dr. Richard DeCristofaro informed the committee that $82,000 in teacher mini-grants will be awarded this fall for student classroom programs. He noted that to date, about $350,000 to $360,000 in grants have been awarded through the district's business partners.

POLITICAL ADVERTISEMENT

David
Jacobs
School Committee

Vote November 7th Polls are Open 7am-8pm

Committed to Quincy



David and Alice pictured
with their seven nieces and nephews

Committed to Education

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I'm running to bring equitable opportunity for students to participate in educational programs and to standardize grade configuration in Quincy Schools.

- Uncle to QPS Students
- Special Education Teacher
- Community Activist
- Quincy Band Boosters Parent Board
- Member of Quincy Historic Commission
- Starting a Young Family in Quincy
- Lifelong Quincy Resident

djj4quincyschools@gmail.com 617-930-3189
Paid for by the Committee to Elect David Jacobs

3rd on the Ballot

POLITICAL ADVERTISEMENT

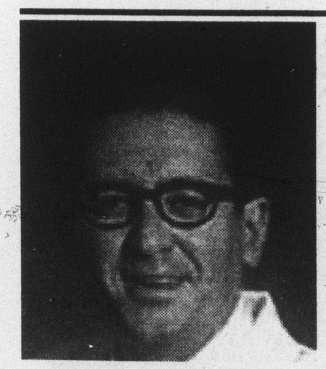
Quincy Veterans Council Supports the Following Candidates for Election & Re-Election

Noel T. DiBona,
Chair Vets Committee
for Councilor-At-Large

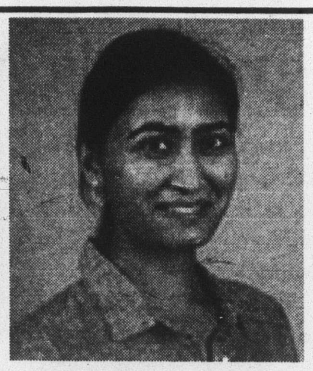
Margaret E. Laforest,
Vice Chair Vets Committee
for Councilor-At-Large

Kirsten L. Hughes,
Council President Re-Elect Ward 5

Paid for by the Quincy Veterans Council



CYRUS YAZDI, MD



PARAGI RANA, MD

Free Program On Migraine Headaches, Lower Back Pain At BID-Milton Nov. 15

Beth Israel Deaconess Hospital-Milton (BID-Milton) will present a free community education program "Help for Chronic and Migraine Headaches and Lower Back Pain" on Wednesday, Nov. 15 at 6:30 p.m. in the hospital's Nangeroni Education Center.

Headache disorders are characterized by repeated headaches and are one of the most common nervous system conditions.

Cyrus Yazdi, MD, a board-certified pain medicine specialist on staff at BID-Milton and Beth Israel Deaconess Medical Center, will talk about the different types of headaches and migraines, how to manage symptoms and the treatment options that are available.

Chronic lower back pain is one of the most common medical conditions and can be caused by degenerative disc disease, spinal stenosis, herniated discs, arthritis and other conditions.

Paragi Rana, MD, a board-certified pain medicine specialist on staff at BID-Milton and Beth Israel Deaconess Medical Center, will speak about common lower back disorders and the non-operative pain management treatments available at BID-Milton.

Dr. Yazdi and Dr. Rana are on the medical staff of the Pain Medicine Program at BID-Milton. The program provides comprehensive and advanced pain medicine services to help patients return to a full and active life.

The event is free of charge and open to the public. Pre-registration is required. Call 617-696-8810 to register.

Dennis Sweeney Commended By Council

By SCOTT JACKSON

The City Council recently honored a Quincy Point funeral home for its service to the community over the past century, recognizing its owner as a true friend to the city.

The council presented the commendation to Dennis Sweeney Funeral and Cremation Services, located on Elm Street, at its meeting Oct. 2. The funeral home has served the community since 1917.

Ward 2 Councillor Brad Croall lauded the funeral home's owner, Dennis Sweeney, for his commitment to the city.

"In all sincerity he is a very genuine man. I've known him for quite some time. He's very active in the city," Croall said. "He's an asset to the business community and provides a tremendous amount of dignity and respect to those individuals and families during the most trying situations when they're dealing with a death."

Croall then read from the commendation, which credits the funeral home for assistant generations of Quincy residents in their time of need.

DENNIS SWEENEY (center), the owner of Dennis Sweeney Funeral and Cremation Services, 74 Elm St., Quincy, was recently honored by the City Council in recognition of the funeral home's 100th anniversary. Pictured with him are Ward 2 Councillor Brad Croall, who presented the commendation, and Sweeney's wife, Pauline. *Quincy Sun Photo/Scott Jackson*

"In recognition of 100 years of business in the city of Quincy, we honor your extraordinary commitment to your staff, customers, and community over those 100 years," Croall said.

"Your countless acts of kindness and dedication to customers helped generations through some of the most difficult times of their lives. May your services continue to serve generations of Quincy residents. You are a true friend to the city of Quincy and we are truly grateful for your dedication and commitment."

Sweeney said he was honored by the council's commendation.

"Thank you very much. This is quite an honor," he said. "We are the oldest funeral home in the city of Quincy and actually the second-oldest business left in the city of Quincy.

"As you can see what embalming fluid does, I've done well for a hundred years."

POLITICAL ADVERTISEMENT

POLITICAL ADVERTISEMENT

People, not politics.

Bill Harris spent decades volunteering on behalf of the Ward 6 neighborhoods he loves before becoming our City Councilor just last year. He's taken that same dedication and passion for our residents to City Hall. He's in it to listen and to help people -- and that's what it always should be about.

In his first several months as our Ward 6 Councilor, Bill:

- Spearheaded a drive for major improvements to beaches, parks, roads and sidewalks across the district
- Increased communication and responsiveness with residents on issues large and small
- Worked directly with neighbors to bring new and expanded City services to Marina Bay, North Quincy, and Squantum

Bill Harris has built his life around helping people and treating everyone with decency and respect. We need him on the City Council.

Vote November 7.

Paid for by the committee to elect William Harris

School Committee Candidates Tout Backgrounds At Forum

By SCOTT JACKSON

The six residents running for three seats on the School Committee in next week's election made their final pitch to voters during a recent forum at Quincy High School, with candidates saying their backgrounds separate them from the rest of the field.

The candidates all took the stage at the event hosted by the Quincy Democratic and Republican city committees at the high school on Oct. 26. Alicia Gardner, the chair of the Quincy Democratic committee, and John Iredale, the chair of the Quincy GOP committee, served as moderators for the event.

The six candidates running for the three school board seats in the Nov. 7 election are Anthony Andronico, Doug Gutro, David Jacobs, Emily Lebo, Geraldine Manning, and Mark Sauter. Gutro is a former city councillor and Lebo currently serves on the committee; the remaining four residents are all first-time candidates.

The three candidates with the highest vote totals will win four-year terms.

The candidates had a chance to make opening and closing statements at the event, and fielded questions from the moderators. The candidates were not all asked the same questions.

In his opening statement, Andronico touted his work at his previous job with Mass Insights, which focused on closing the achievement gap in gateway cities across Massachusetts.

"Part of the work they did focused on closing the educational achievement and opportunity gap in gateway cities across Massachusetts," Andronico said. "Part of that work was by increasing the participation and bolstering organizational structures and partnering with the community. Although I'm no longer there, I'd love to continue that work in my hometown."

Gutro, an adjunct professor at Suffolk University, said he is the only candidate who currently has children in Quincy Public Schools and has a record of supporting the school system.

"I bring 14 years experience serving on the Quincy City Council where I had a record of supporting public education, including casting a vote for the very building that we're sitting in as well as Central Middle School and many others," Gutro said. "I see this through the lens not only of a parent but a teacher, and I bring the experience of a city councillor."

Jacobs discussed his background in his opening statement. He currently teaches in Boston Public Schools and previously worked with the National Park Service.

"I work in the Boston Public Schools. I've been there for the last six years. I teach students with severe disabilities and English as a second language," Jacobs said. "Before working for Boston Public Schools, I spent eight years working for the National Park Service in many capacities but mostly as a museum educator at Adams National Historical Park."

Lebo, a former Quincy Public Schools teacher and administrator now in her sixth year on the committee, said her expertise in education is unrivaled among the field of candidates.

"With my strong educational background, I bring an expertise to the School Committee unrivaled by any other candidate," Lebo said. "I have championed fair testing for our kids, worked to bring back middle school librarians, established the Quincy evening high school and most recently testified before the state regarding the importance of recess developmentally for our young children."

Manning said she has both a master's degree and a Ph.D. in sociology from Boston College, and taught at Suffolk University full-time until her retirement this summer.

"For the last 33 years, I have been a full-time, tenured associate professor at Suffolk University in Boston," Manning said. "If elected, my priorities during my term in office will be to make sure the students have the skills necessary to be able to compete in the 21st century."

Sauter, an attorney for the Department of Homeland Security, said he wants to ensure children across Quincy, including his two young children who will attend city schools, have the best opportunities possible.

"I want to ensure Quincy offers the best possible educational opportunities for my children and all of the children across Quincy," Sauter said. "I believe my record as a community leader as the president of the Merrymount Neighborhood Association, my ideas as a parent of young children, my dedication to public service and my legal background as an attorney for the federal government would serve me well."

Andronico and Gutro were asked if they would support funding pre-kindergarten education citywide.

Andronico said the city first needs to make sure it can continue to offer full-day kindergarten for free. Quincy had received some state funding to offset the cost of full-day kindergarten up until the most recent fiscal year and is now funding it on its own.

"At this point in time that's not something I'm comfortable promising the people of Quincy," Andronico said of offering full-day pre-kindergarten. "I think before we move on and say we should be promising full-day pre-k, we should be able to consistently pay for full-day kindergarten at no cost to our Quincy families first."

Gutro said early education is invaluable to students and he would support creating a panel to look into the possibility of providing full day pre-kindergarten.

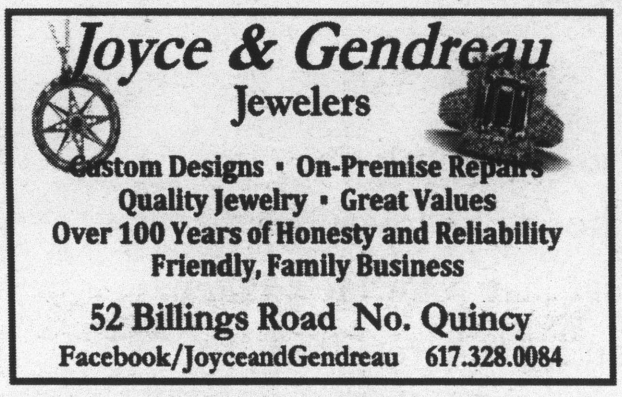
"We have some major challenges that we have to face moving forward over the course of the next four years including the potential for overcrowding, building a new Squantum School, we've still got Sterling in the books, the potential for redistricting and other issues, but there is no question we can do some investigation about it to get some of the numbers to see how others do it," Gutro said.

Jacobs and Lebo were asked how the school system could better improve its communications with students and families who speak different languages or come from different cultural backgrounds.

Lebo said the school system has brought in experts to teach cultural competence to school staff.

Cont'd On Page 27

POLITICAL ADVERTISEMENT



POLITICAL ADVERTISEMENT

POLITICAL ADVERTISEMENT

As the father of two young children, I am running for School Committee to ensure that Quincy's students, teachers, and schools are prepared for the challenges and opportunities of the 21st Century. I believe my record as a community leader and youth activist, my dedication to public service and safety as a federal attorney, and my perspective as a parent of young children would all benefit the School Committee.

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MARK SAUTER
SCHOOL COMMITTEE

www.marksauter.com

Community Leader, Youth Activist, & Public Servant

- **Merrymount Association President**, 2012-Present.
  - Led board and managed $15k budget. Worked with City and State to address neighborhood concerns. Organized events and activities for all ages. Improved communication to members. Increased membership.
- **Quincy Rec. Department, Tot Time.** Conceptualized, petitioned, and assisted in the opening of a new indoor play program for Quincy's toddlers.
- **Attorney, U.S. Department of Homeland Security**, 2010-Present

School Committee Goals

- Increase substance abuse education to fight opioid epidemic
- Restore and guarantee recess for all young students
- Boost funding for science, technology, engineering, & math
- Support arts, music, and athletic programs
- Expand foreign language education at earlier grade levels
- Develop scholarship fund for graduating seniors

More Photos From Wreath Laying Ceremony On Page 24

John Adams Remembered On 282nd Birthday

By SCOTT JACKSON

John Adams was remembered in his hometown Monday on the 282nd anniversary of the second president's birth.

A wreath-laying ceremony was held Monday at the United First Parish Church, also known as the Church of the Presidents. Adams and his wife, Abigail, are entombed in a crypt in the church's lower level. Their son, John Quincy Adams, the nation's sixth president, is entombed next to them along with his wife, Louisa.

Monday's ceremony marked the 50th anniversary of the first presidential wreath placed on the tomb of John Adams inside the church. Paul Annexstad, the commander of the Navy Operational Support Center Quincy, was selected by President Donald Trump to place the wreath on Adams' tomb during Monday's ceremony.

Sara Georgini was the featured speaker at Monday's event. She is the series editor for "The Papers of John Adams," an editorial project of the Massachusetts Historical Society, as well as the author of an upcom-

Cont'd On Page 35

A PRESIDENTIAL WREATH is placed on the tomb of President John Adams in the crypt at United First Parish Church on Monday commemorating his 282nd birthday anniversary by Rawson Liverpool, left, and Jared Ambers of the Navy Operational Support Center Quincy. Pausing are from left, Jim Cooke, portraying President John Quincy Adams; student speakers Nicole Setow, North Quincy High School; Sara McDonald, Quincy High School; and Jane Guay, Woodward School; Douglas Adams, descendent of John and Abigail Adams; Sara Georgini of Massachusetts Historical Society; church minister Rev. Rebecca Froom, church President Wiley Cox and Mayor Thomas Koch. *Quincy Sun photo/Tom Gorman*

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beef
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Sliced to Order Smithfield Baked Ham $3.99 lb.
Sliced to Order Smithfield Honey Ham $3.99 lb.
Sliced to Order Butterball Honey Smoked Turkey Breast $5.99 lb.
Caradonna Private Stock Oven Roasted Turkey Breast $5.99 lb.
Dietz & Watson Peppered Turkey Breast $6.99 lb.
Sliced to Order Pearl Beef Salami $4.99 lb.
Sliced to Order Pearl Roast Beef $6.99 lb.
Pearl Sliced Pastrami $7.99 lb.
Sliced to Order Carolina Turkey Breast $2.49 lb.
Sliced to Order Land O'Lakes Cheese – Low Salt, Swiss, Muenster, Hot Pepper, Mozzarella, 4 Cheese Italian Blend $4.99 lb.
Sliced to Order Alpine Lace Swiss Cheese $5.99 lb.
Sliced to Order Hillview American Cheese $3.99 lb.
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Roxie's Seafood Salad $3.99 lb.
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Lean Sirloin Pork Cutlets $1.99 lb.
Ground Pork Family Pack $1.99 lb.
Roxie's Homemade Sweet or Hot Italian Sausage $2.99 lb.
Lean Sirloin Pork Tips $1.89 lb.
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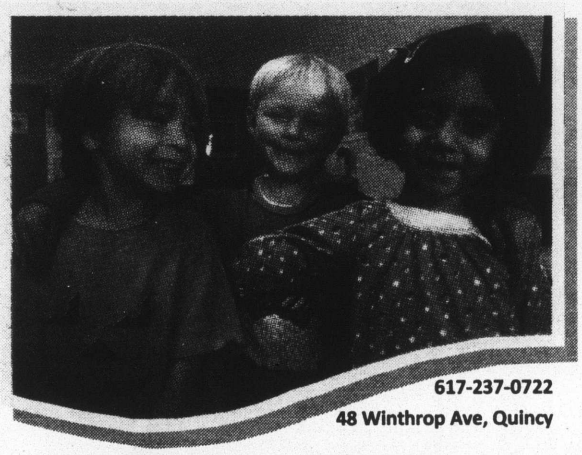

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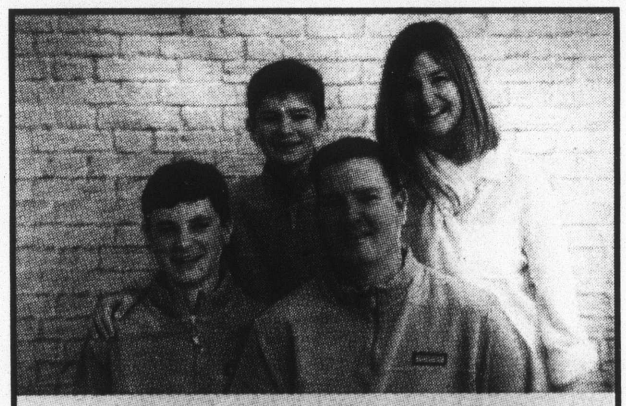

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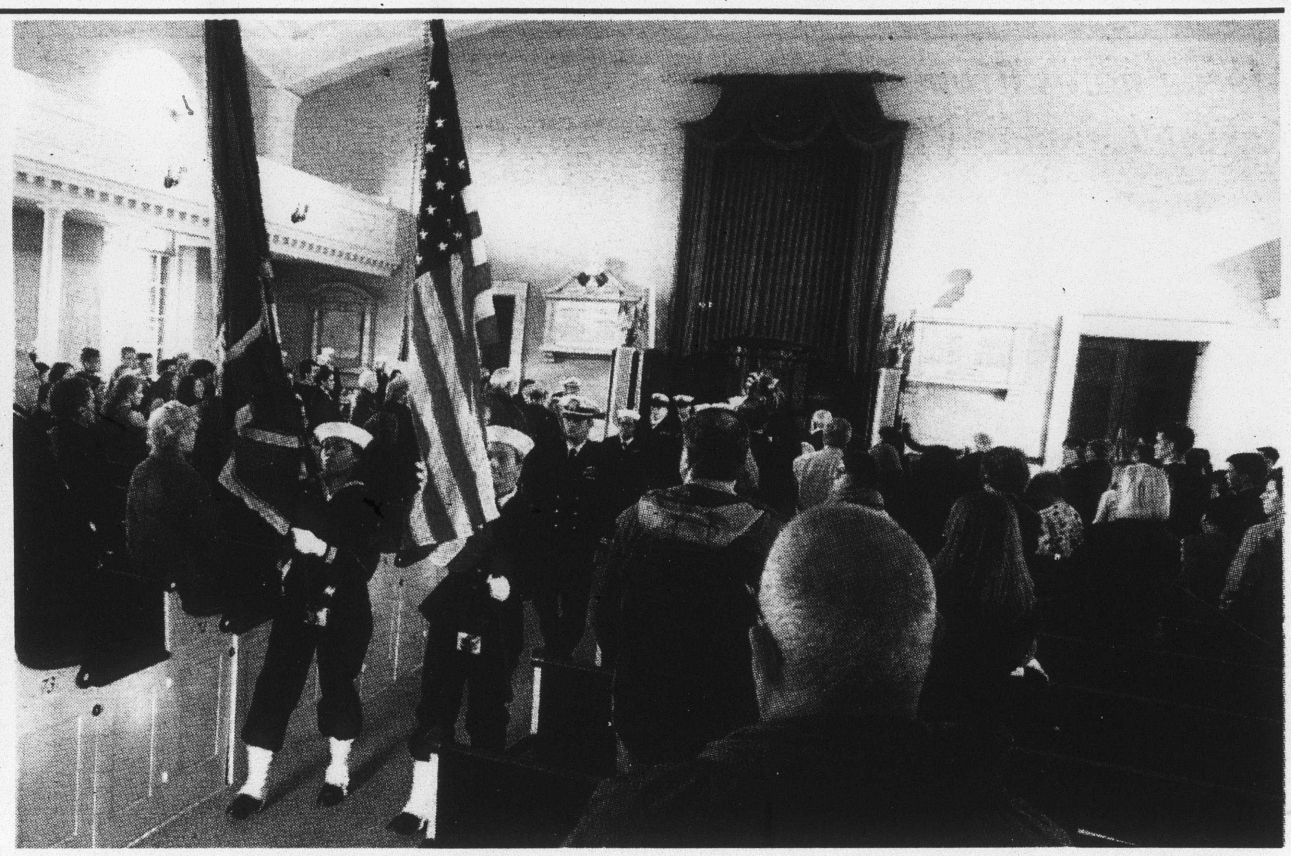
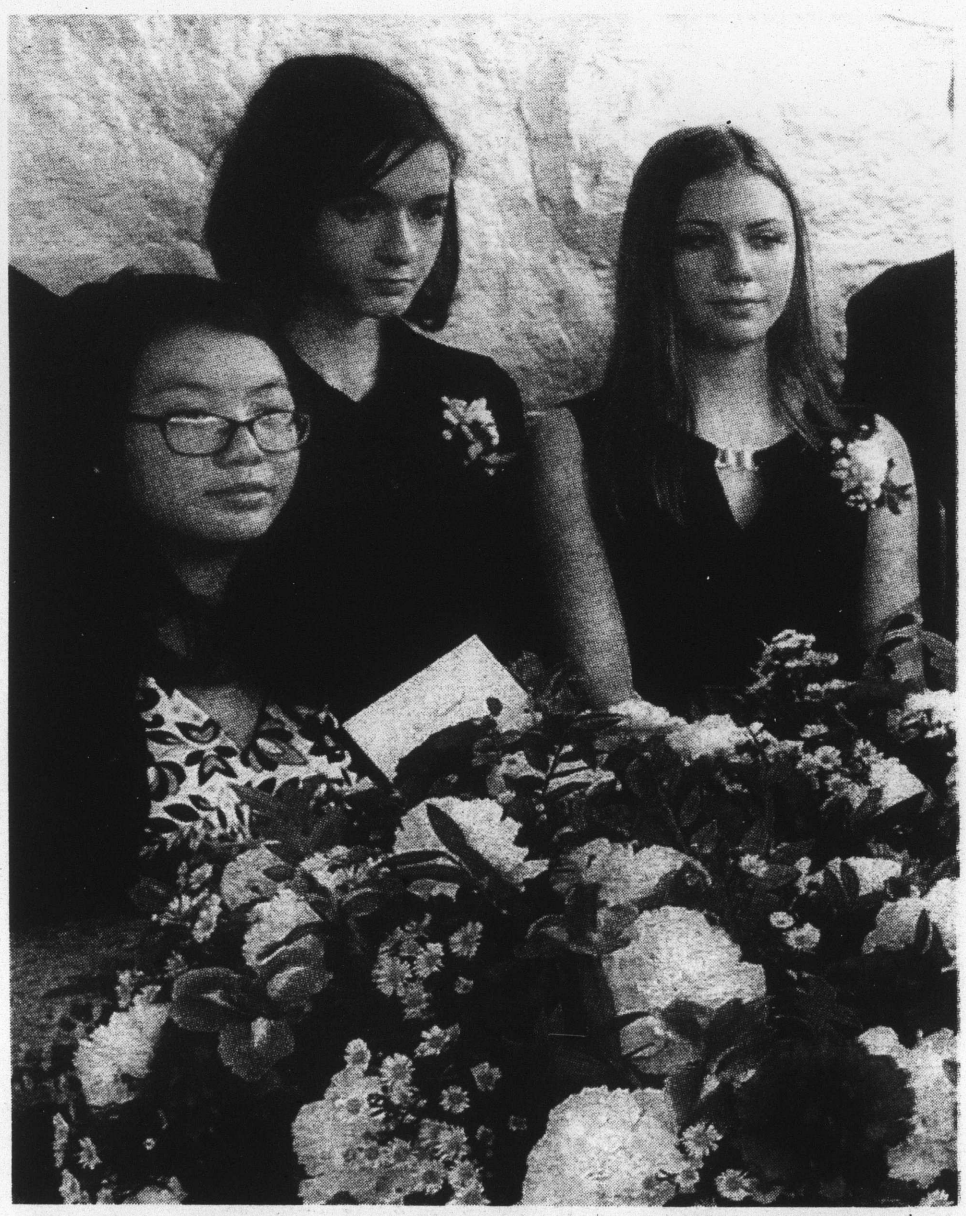
SARA GEORGINI, series editor of "The Papers of John Adams" of the Mass. Historical Society's Adams Editorial Project, speaks about how religion influenced John Adams' presidency. *Quincy Sun photos/Tom Gorman*

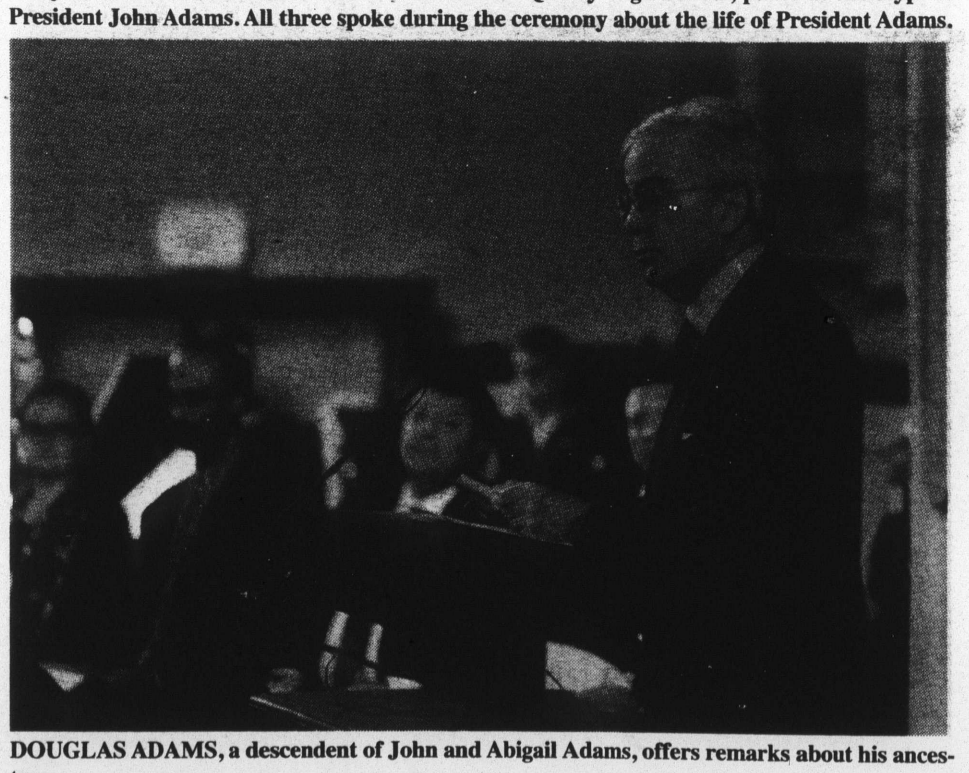


NAVY OPERATIONAL SUPPORT CENTER Quincy color guard leads a procession during the 282nd birthday observance of President John Adams at United First Parish Church Monday.

UNITED FIRST PARISH Church minister, Rev. Rebecca Froom, offers a prayer.



LOCAL HIGH SCHOOL students (from left) Nicole Setow, North Quincy High School, Jane Guay of Woodward School and Sara McDonald of Quincy High School, pause at the crypt of President John Adams. All three spoke during the ceremony about the life of President Adams.



DOUGLAS ADAMS, a descendent of John and Abigail Adams, offers remarks about his ancestors.

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Longtime Soccer Activist, Coach Rich Hanlon Retires

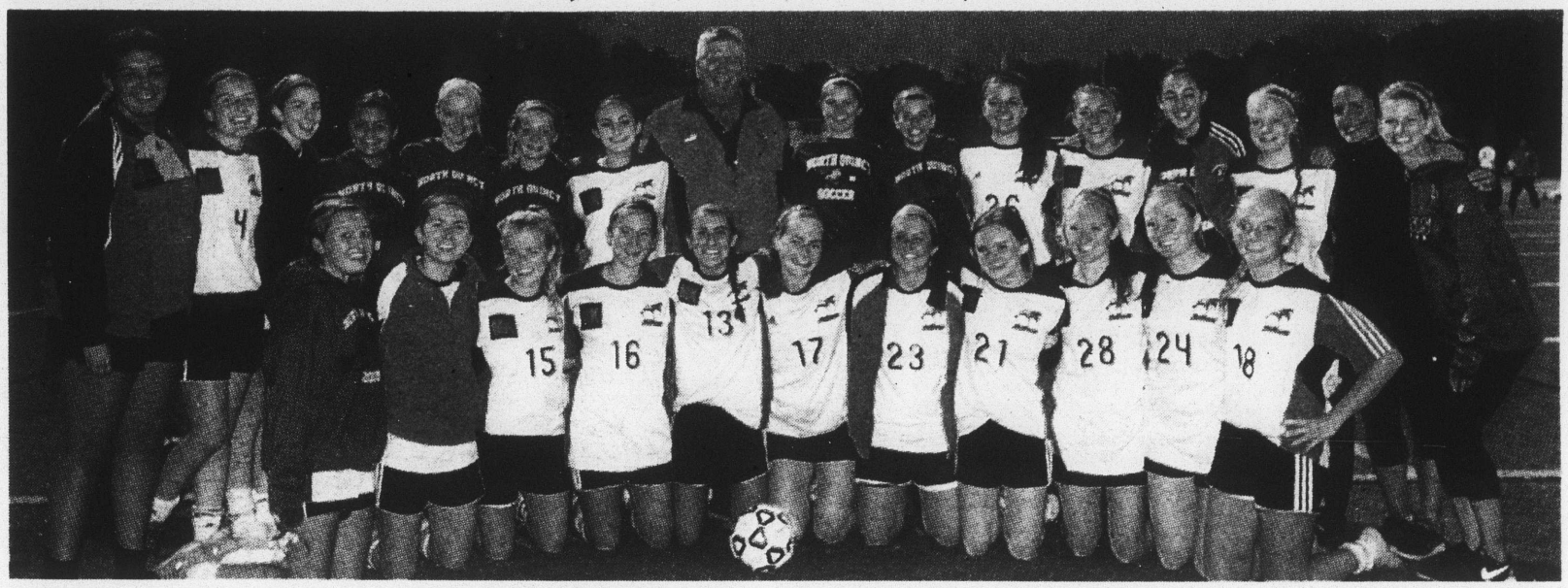
By TOM JOYCE

North Quincy High soccer coach Rich Hanlon memorable tenure coaching soccer in Quincy came to an end last week.

Hanlon, who is in his 14th season as the Red Raiders boys' soccer coach head coach, finished up his high school coaching career last Saturday night. His team was tied with Milton High after regulation but fell, 3-2, in the "Town Cup" because of penalty kicks in overtime.

Before the game, Milton High coach Mike Madden, a friend of Hanlon's, presented him with a plaque to honor him for giving back to the city of Quincy for decades.

Following the game, Hanlon was thrilled with the effort he received from his team.

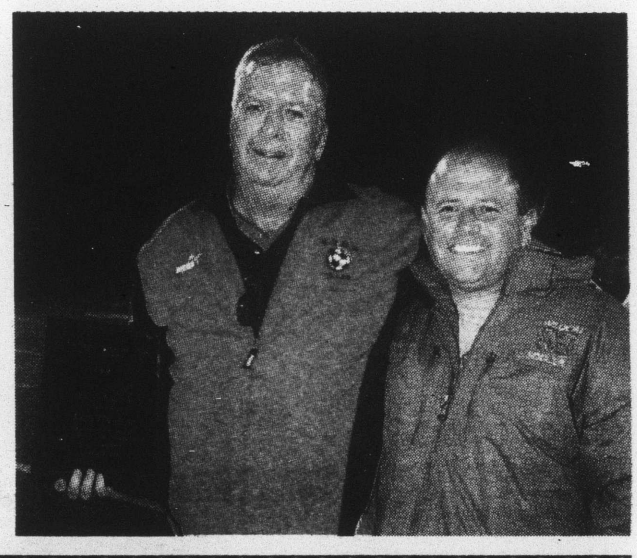


BEFORE THE NORTH QUINCY Girls Soccer game against Milton Saturday, the team presented head coach Rich Hanlon a card signed by the team. After the girls game, the girls team congratulated Rich and posed for a photo with him. Hanlon retired after 14 years as head coach of the North Quincy boys soccer team.

Quincy Sun Photos/Larry Carchedi

"It meant the world to me that they battled so hard," Hanlon said. "It's always a strong game between us and Milton. The two of us can go either way. Coach Madden is one of the best coaches around. I couldn't say enough about our guys. They played out of their minds. To tie it up was great. We had been practicing the penalty kicks, knowing it could go that way. "It wasn't meant to be, but I couldn't be prouder of the guys. Milton is a class act

Cont'd On Page 43



MIKE MADDEN, head coach of the Milton boys soccer team, presents Rich Hanlon a Dedicated Services award from the Eastern Mass Soccer Coaches Association. The inscription read: "In recognition of 14 years as a great coach, fierce competitor, and amazing friend." Milton HS and NQHS boys team has faced each other for the past 15 years and has developed into a friendly rivaly between the two teams. The two teams play for a trophy called "The Cup" with scores inscribed on the trophy for past meetings.

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The Townsend & Belfry Hall
Chef Tony DeRienzo of
Abby Park & Novara
Chef Brian Houlihan
Trident, The Tinker's Son,
Bia Bistro & Galley Kitchen & Bar
Chef Pino Maffeo
Il Molo & Captain Fishbones
Chef Paul Wahlberg of
Alma Nove & Wahlburgers
George Montilio of
Montilio's Baking Company

Host
Susan Wornick

Judges
Kerry Byrne
Chazy Dowaliby,
Barbara Isola,
Chef David Todisco

Celebrity Chefs
Dolly Di Pesa
Brilene Faherty
Christa Hagearty
Marianne Peak
Wendy Simmons

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School Committee Candidates Tout Backgrounds At Forum

Cont'd From Page 22

"One of the things they have to do and they have started to do in the past few years is educating the staff and the administration about cultural diversity and cultural competence and how to speak to people and react to people of different backgrounds," Lebo said. "The schools hired an expert last year to come in and actually address that at the high school level. It's moving down now to the middle school level."

Jacobs said the schools have done a good promoting diversity, but identified areas where the system could do better.

"I think the city could probably do a better job reaching out trying to find staff members that might be fluent in one of the languages that is prevalent in the schools," Jacobs said. "The website of the Quincy Public Schools could be better all the way around. It's not very good. Even trying to find events for this fall was difficult…let alone anything in a different language."

Manning and Sauter were asked how the school system could better improve its safety and security.

Manning said the schools could add security at all levels, but too much security could result in students feeling less safe.

"I did my dissertation on South Boston and why they were opposed to busing and one of the statements that I heard over and over and over again was 'our schools used to be someplace where our students could go where they felt safe and as they put more and more equipment and police in the schools it felt less and less safe to the students,'" Manning said.

Sauter said the school systems needs to begin educating students about substance abuse issues at the elementary level.

"It's important to get the kids knowledgeable and educated about the dangers of these drugs at an even earlier age," Sauter said. "I'm glad the School Committee has been tackling this over the summer and we're implementing new curriculum. I wish we had done this slightly earlier and was dismayed to see the DARE program that we use still does not have lessons about opioids."

In his closing statement, Sauter said he would make the committee more diverse both as the parent of young children and as an attorney.

"We currently have former educators, a parent of high school age children and a recently graduated high school student; the committee lacks, however, a parent of young children. I think that I could bring fresh ideas and perspective and this would be an asset on the School Committee," Sauter said. "I would also be the only attorney on the School Committee."

Manning said she wants to work with the community to develop a plan for the schools to benefit all.

"If I'm elected to the Quincy School Committee, I will use my experience, my skills and my vision to bring everybody concerned with the schools together. We can develop a plan for our city's schools that will work for everyone," Manning said.

Lebo said it's important to have qualified, knowledgeable individuals on the committee.

"I believe families are attracted to good schools, good schools produce good citizens and good citizens are the backbone of a strong committee. As our city grows and changes it's important to have qualified, knowledgeable people sitting on the School Committee," Lebo said. "I have put my strong educational background to good use but the work continues and there is always more to be done."

Jacobs said he understands the challenges faced by students and teachers.

"As a licensed educator I understand the challenges our teachers and students face in the classroom everyday," Jacobs said. "As a teacher of students with disabilities and an uncle of a student with an IEP (Individualized Education Program) who attends Quincy schools, I understand the importance of following the IEP as written and offering appropriate, inclusive programming to our students with disabilities."

Gutro identified several issues the committee will need to tackle of the next four years, including growing enrollment, new school construction, changes to MCAS tests, redistricting and hiring a new superintendent.

"There are big challenges ahead but there are equally big opportunities," Gutro said. "What I bring to the School Committee is the perspective of a parent, the insight of a teacher and the experience of a former city councillor who supported public education for 14 years."

Andronico identified his top priorities if elected.

"If I'm lucky enough to be elected to the School Committee, my top three priorities moving forward are to continue to promote strategies that allow students to gain college credit, to maintain small class sizes and to provide more opportunities for the public to engage the school committee," Andronico said. "I'm the only individual up here that's recently gone through our school system. I know what it's like to be in those seats."

Boy Scout Troop 6 Pumpkin Launch, Smash Saturday

The last two years were smashing successes, so Boy Scout Troop 6 is doing it again!

On Saturday, Nov. 4th, bring your leftover Halloween pumpkins and Jack-o'-Lanterns to Pageant Field from 10 a.m. to 2 p.m. and launch them with Troop 6's trebuchet or giant sling shot. Or, take our new jumbo size sledge hammer to them and smash them flat. That's right, three different ways to chunk your pumpkin.

We will also have food, games, crafts, and fun for the whole family!

Cost is $5 per launch and please, no pumpkins bigger than 10 lbs.

Also, you can bring your unwanted extra candy and we will send it to our soldiers overseas!

All proceeds go to support Boy Scout Troop 6 Quincy.

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Ward 1 Quincy City Council

As November 7th Election Day approaches remember 5 things: Experience, Integrity, Visibility, Communication and Follow up.

As your Ward Councilor, every decision I make will be weighed against this question: *'Is this in the best interest of the Quincy taxpayers of Ward One'?*

Given the opportunity to serve as your Ward Councilor, I will get the results you deserve. Therefore, I humbly ask for your vote once again for Ward One Councilor. On November 7th, make your vote matter with another strong voice for Ward One. Thank you

"Make it McCarthy"

Let us not seek the Republican answer or the Democratic answer, but the right answer… John F. Kennedy

'Best Chef' Raises $196,000 For QCAP

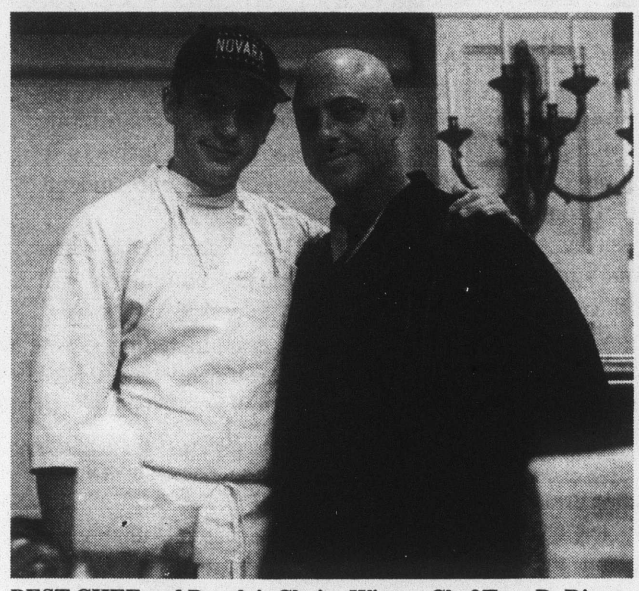
Cont'd From Page 10

Chazy Dowaliby & Associates; Barbara Isola, Quincy School Committee member and host of "Into the Frying Pan"; food columnist and critic Kerry Byrne, of KJB Trading; and Chef David Todisco, Granite Links, 2013 Best Chef and multiple People's Choice winner.

The chefs were paired with a celebrity chef, who helped to rush ingredients for their chefs from the Mobile Pantry. Donning the celebrity chef aprons were women business leaders in our community, including Dolly Di Pesa, owner, Di Pesa & Company, and Chairwoman of the Quincy Chamber of Commerce Board of Directors; Brilene Faherty of Stoddard Financial, and Board Member of the South Shore and Quincy Chambers of Commerce; Christa Hagearty, owner, Dependable Cleaners; Marianne Peak, Superintendent, Adams National Historical Park; and Wendy Simmons, owner, Prism Energy, and President-Elect Quincy Rotary Club.

Event proceeds will benefit QCAP programs, which serve more than 22,000 unduplicated individuals

Cont'd On Page 29



BEST CHEF and People's Choice Winner Chef Tony DeRienzo with his son and sous chef Julien.

PAT CONNOLLY hands Paul Wahlberg the basket of secret ingredients as Dolly Di Pesa looks on.

QCAP BOARD Vice President Josephine Shea with Margaret Costello.

DOLLY DI PESA, Christa Hagearty, and Wendy Simmons

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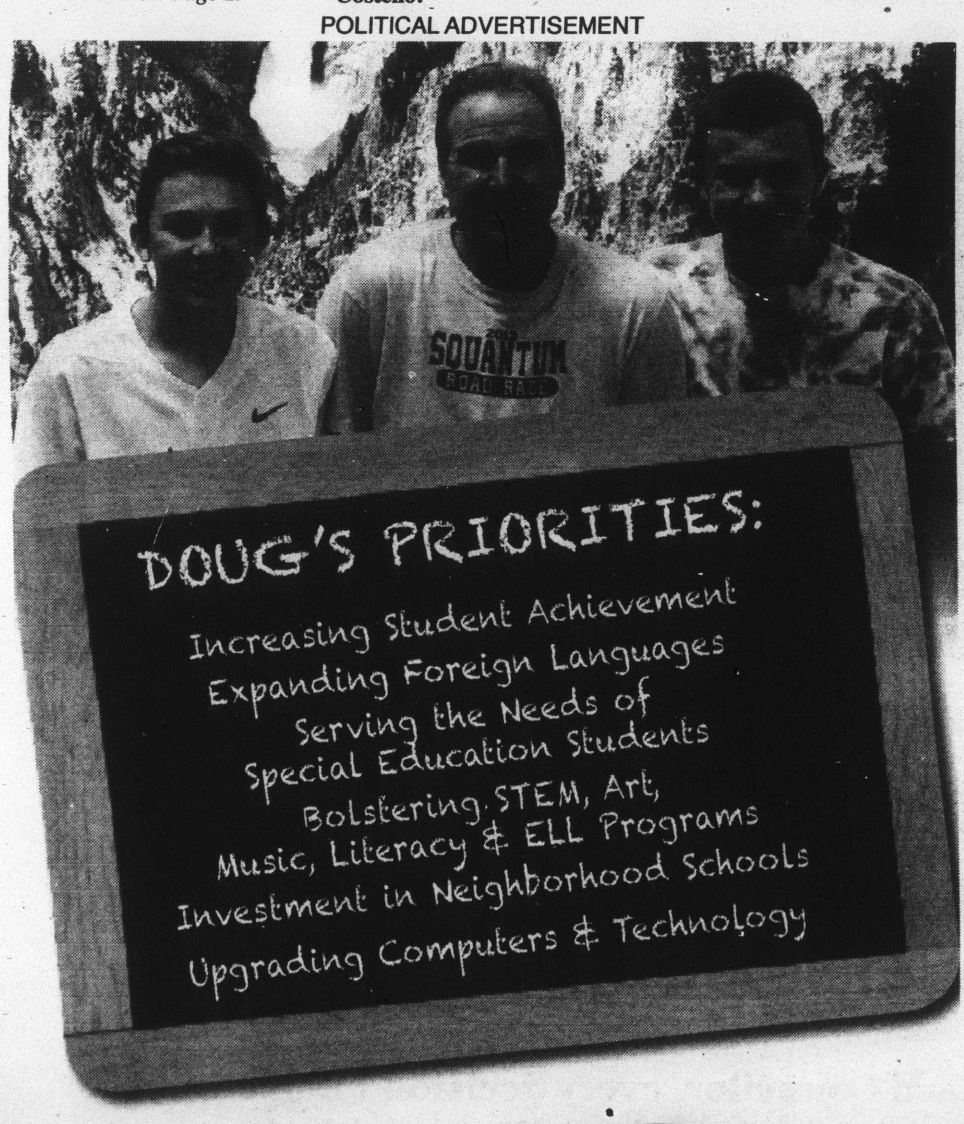

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ELECT-A-LEADER ★ VOTE SHAUGHNESSY ON NOVEMBER 7TH

SUSAN WORNICK joins the Chefs and Celebrity Chefs

'Best Chef' Raises $196,000 For QCAP

Cont'd From Page 28

every year. In addition to the Southwest Community Food Center, services include adult education and workforce development, QCAP's Financial REACH Center, financial education, including money management and credit repair counseling, job coaching and placement, Head Start/Early Head Start, quality and affordable early education and care, family engagement activities, heating assistance and weatherization, homebuyer education, mortgage foreclosure counseling, affordable housing, homelessness prevention, and housing services.

Major sponsors include: Santander Bank; United Way of Massachusetts Bay & Merrimack Valley; State Street; Rockland Trust; Bank of Canton; Mutual of America; Stop & Shop; Wells Fargo; Woodard & Curran; Anodyne Medical Services; The Law Office of George G. Burke; The French Family; Granite Links Golf Club; Loomis Sayles; The Marshall Family; The Moseley Family; and Murphy, Hesse, Toomey & Lehane.

For more information on QCAP, visit www.qcap.org.

THE JUDGES PANEL: Chef David Todisco, Chazy Dowaliby, Barbara Isola, and Kerry Byrne.

Photos Courtesy QCAP

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KIRSTEN
HUGHES
WARD 5 CITY COUNCIL

PLEASE VOTE!

NOV 7

"It has been an honor to serve as your Councilor and I respectfully ask for your vote." -Kirsten Hughes

Paid For By The Committee To Elect Kirsten Hughes

Parade, Ceremony Nov. 11 To Mark Veterans Day

Cont'd From Page 1

the master of ceremonies; and George Nicholson, the city's director of veterans services.

The Rev. John Swanson, the Quincy Veterans Council's chaplain, will give the invocation and benediction. Robert LaFleur will sound Taps and Eileen Durgin, a 14-year-old Wollaston resident, will sing the national anthem.

Organizations marching in the parade include the:

Cyril P. Morrisette Post 294 AL; William R. Caddy Detachment MCL; Second Marine Division Association; Robert I. Nickerson Post 382 AL; Vietnam Combat Veterans Combined Armed Forces Quincy Chapter; Quincy Cavanagh Chapter 79 DAV; George F. Bryan Post 613 VFW; Houghs Neck Post 380 AL; Quincy Post 95 AL; and the Jewish War Veterans Post 193.

Quincy Police Honor Guard; Quincy Fire Honor Guard; the Quincy-North Quincy High School band; Patriot Brass Band; USS Constitution Honor Guard; U.S. Coast Guard Honor Guard; NOSC Quincy Honor Guard; Norfolk County Sheriff's Honor Guard; North Quincy High Junior ROTC; Windjammers Band; Boy Scouts and Girl Scouts; Brewster Ambulance; Quincy National Guard.

Robert Lewis, the commander of the Quincy Veterans Council, will be the parade marshal. George Bouchard, the city's graves registration officer, and Nicholson will be the two parade chairmen. Two past commanders of the QVC – Leo Reardon and Marc Connolly – will be the officer of the day and sergeant at arms, respectively.

In the event of inclement weather, the observance would take place in the Quincy High School gymnasium at 100 Coddington St. beginning at 11 a.m. Guests are asked to use the Russell Street entrance to access the school. For updates, call the Veterans Services Department at 617-376-1194.

READERS FORUM

Disappointed In Mayor's Candidate Endorsement

I am writing to express my concern and disappointment at Mayor Koch's public endorsement of at-large City Council candidate, Margaret Laforest. I received his letter of support for Ms. Laforest on Thursday, Oct. 26.

The role of the Council is to set policies, review and approve the city's budgets, and institute checks and balances, assuring that the mayor does not have total control over every aspect of the decisions he or she makes. The councillors are elected by Quincy voters to represent us in city government, to be our voice, to collaborate with one another, and to serve as an important check on the mayor's power.

Mayor Koch has wielded that power in an attempt to influence the outcome of the City Council election by endorsing a particular candidate, a candidate who has a record of supporting his initiatives. This endorsement is unfair to the other candidates and raises concerns as to Ms. Laforest's independence should she be elected. I don't believe this is an appropriate use of mayoral power and influence.

I hope my fellow Quincy voters will look beyond the mayor's intercession and vote for whomever they believe will be the best representatives of our diverse communities within this great city.

Sasha Affleck
Quincy

Editor's Note: The mayor's letter asked recipients to "join him in casting one of your three votes for councillor at-large for Margaret Laforest in the City Election on Tuesday, November 7."

Talk, Walk Celebrate Neponset River Watershed Assn.

The Park Department's Environmental Treasures Program and the Thomas Crane Library will host a free two-part program to celebrate the 50th anniversary of the Neponset River Watershed Association (NepRWA).

On Saturday, Nov. 11 Chris Hirsch, an environmental scientist at NepRWA, and Jessica Mink and Maria Lyons of the Neponset River Greenway Council, will lead a walk across the Neponset Bridge to Dorchester. The route will follow the Greenway along the Boston side of the river past the newly created Finnegan Park to the river's entrance into Dorchester Bay.

Participants will have the opportunity to view Quincy across the river from Boston and learn about the wonderful access the Neponset Bridge provides Quincy bicyclists and walkers to explore the Boston side of the river.

The walk will start at 10 a.m. in Quincy in the parking lot under the Neponset Bridge off Hancock Street next to the Adams Inn. Participants should meet at the Quincy Riverwalk sign at the northern end of the parking lot near the river and some rose bushes.

On Monday, Nov. 20 at 7 p.m. Ian Cooke, executive director of NepRWA, will give an illustrated talk about the history of NepRWA and the Neponset River over the last 50 years, highlighting the organization's accomplishments and current projects. The talk will take place in the Thomas Crane Library Community Room.

For more information and rain date rescheduling of the walk, call 617-472-0799.

Bay State School Learn-To-Skate Classes

New learn-to-skate classes for children, ages 4 ½ to 18 are starting at the ice rinks in Quincy and Weymouth.

Classes at the Shea Memorial Rink, on Willard Street in Quincy, start Sunday, Nov. 5th at 11 a.m., and at the Connell Rink, 220-R Broad St. in Weymouth, classes start Sunday, Nov. 12th at 5 p.m. Classes are also available at 10 area rinks.

Use either figure, recreational or hockey skates. Beginner, intermediate and advanced classes taught by professional instructors.

To register, call Bay State Skating School at 781-890-8480 or visit online at www.BayStateSkatingSchool.org.

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QUINCY DEMOCRATIC CITY COMMITTEE

Vote Tuesday, November 7th | Polls open 7:00 AM to 8:00 PM

Best of Luck to the *Democratic Candidates* in the Quincy Municipal Elections

www.quincydems.org ~ Facebook - Quincy Dems

Meets 2nd Tues. each month ~ NAGE Bldg. 159 Burgin Pkwy. @ 6:15pm

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Douglas S. Gutro
David Andrew Jacobs
Geraldine Anne Manning
Mark A. Sauter

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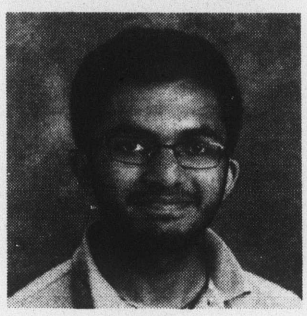
Paid for by the Quincy Democratic City Committee ~ 41 Deerfield Street, Quincy, MA 02171

Dattatreya Kalluri Earns National Academic Accolades



DATTATREYA KALLURI

Dattatreya Kalluri of Quincy, a senior at Boston College High School, was one of 25 seniors who earned recognition in the National Merit Scholarship Program.

Kalluri was one of 17 BC High seniors chosen as a Commended Scholar based on his outstanding performance on the PSAT in the state, and he is among the top 5 percent of all students taking the Test (PSAT/NMSQT) nationally.

Massachusetts is among the most difficult states in which to achieve this honor, as the cutoff score for recognition is tied for the highest in the country.

Knights Of Columbus Meat Raffle Friday

The monthly Knights of Columbus Meat Raffle will be held Friday, Nov. 3 at the council hall located at 5 Hollis Ave. in North Quincy.

The raffle is being sponsored by Norfolk County Sheriff Michael Bellotti in conjunction with the Culinary Arts Program at Quincy High School who will be providing the food.

The food is served at 6:30 p.m. and the raffle starts at 7 p.m. The raffle is part of the Knights of Columbus annual scholarship drive. All are welcomed.

POLITICAL ADVERTISEMENT

QCAP Job Search, Support

Quincy Community Action Programs, Inc. will host a job search, support and placement workshop Tuesday, Nov. 7 at 10 a.m. at QCAP's Greater Quincy Financial REACH Center, 1509 Hancock St., second floor, Quincy.

Besides job search, support and placement, topics will include workforce development, education and training; credit counseling and repair; money management and budgeting; and financial education and coaching.

To register, contact Theresa Whittaker at 617-657-5355 or email twhittaker@qcap.org.

More information is also available at www.qcap.org.

POLITICAL ADVERTISEMENT

ELEMENTARY LUNCH MENU

Monday, Nov. 6
Grilled Cheese Sandwich, Carrot Snack Packs, Seasonal Fruit.

Tuesday, Nov. 7
Early Release Day—
NO LUNCH SERVICE

Wednesday, Nov. 8
THANKSGIVING FEAST: Roast Turkey & Gravy, Mashed Potatoes, WW Dinner Roll, Steamed Green Beans, Seasonal Fruit.

Thursday, Nov. 9
MEXICAN FIESTA! Chicken Fajita, Spanish Rice, Corn & Black Beans, WW Tortilla Chips, Seasonal Fruit.

Friday, Nov. 10
No School—
VETERANS DAY

All above Entrée Selections Include: Vegetable Choice, Choice of Fruit and Choice of Milk

SECONDARY LUNCH MENU

Monday, Nov. 6
CALZONE MONDAY: Homemade Cheese or Pepperoni Calzone, Spinach Garden Salad, Seasonal Fruit.

Tuesday, Nov. 7
MEDITERREAN MEDLEY- Greek Chicken Wrap W/Hummus Feta, Lettuce & Tomato, Fresh Carrots, Seasonal Fruit.

Wednesday, Nov. 8
PANINI PRESS: Philly Cheesesteak Panini, Steamed Green Beans, Seasonal Fruit.

Thursday, Nov. 9
AMERICAN FARE– American Chop Suey, WW Dinner Roll, Steamed Peas, Seasonal Fruit.

Friday, Nov. 10
No School—
VETERANS DAY

All above Entrée Selections Include: Vegetable Choice, Choice of Fruit and Choice of Milk

Mass Pike Expansion Testimony

I went to the Statehouse on Tuesday, October 24th, and testified against State Senate Bill S.1959. This is the bill that will expand the Massachusetts Turnpike to highways around the state, such that eventually, nobody will be able to get anywhere of distance without having to have a transponder and pay a toll. This will result in a direct tax on the people of Massachusetts and Quincy, for which I promise to continue fighting against, whether I'm elected as a City Councilor or not, as I have already been "at-large" and fighting against this. Thanks to State Rep David DeCoste, I was able to testify near the beginning of the hearing. This bill is just a continuation of un-American global policy being implemented locally. What follows is my testimony before the legislative sub-committee:

S.1959 – https://malegislature.gov/bills/190/s1959

State Rep. David DeCoste, Chip Faulkner-CLT, Steve Tougas

October 24, 2017

State House; 24 Beacon Street, Room 167; Boston, MA 02133
S.1959 – An Act establishing the Metropolitan Transportation Network

Chairman, Distinguished Legislators,

My name is Steve Tougas. I've been a software engineer for over 30 years with my name on a patent, including having developed a prototype for performing surgery over the Internet. I'm on the state board of directors of two state organizations, as well as Chairman of my Ward; and, currently a 2017 general election candidate for Quincy City Council.

I've collected signatures for numerous state ballot initiatives, including collecting thousands of signatures to repeal the forever gas tax linked to the Consumer Price Index (CPI), for which the gas tax and the CPI would continuously raise each other without limit. So far, as reported by State Rep Geoff Diehl, currently running for U.S. Senate who started the ballot initiative, the Massachusetts tax payers have been saved over 2 billion dollars since the law was defeated by the voters.

I've known about open-road tolling for a while, and thought like everyone else that it wouldn't come here, because the people would never allow it. However, after the Massachusetts Turnpike adopted this technology, and did away with the ability to pay cash with not much more than a gasp of opposition, I knew it was here to stay. When I found out about this current bill (S.1959) to proliferate the tolls across the state, I knew I had to act pro-actively.

In August, I started state ballot initiative 17-09 to end all tolling on Massachusetts highways. Among my ten signers were former National Committee Woman Chanel Prunier, the State President of the Massachusetts Republican Assemblies, and State Rep Dave DeCoste, who's sitting right here beside me. I started this petition because this is taxation without representation, as the people never got a say in the electronic toll conversion, and because the people had been promised time and time again that the tolls were only temporary.

Well, I got a letter from the State Attorney General rejecting it because of the state's "right to receive compensation for private property appropriated for public use"; in other words, the state has a Public Private Partnership with the bond holders, which is a method to shield public assets from public control by entering into a private contract in order to apply the protection of private property rights. The theme in all of this is that this has demonstrated the legislature's perpetual desire to raise taxes however it can, and at every opportunity it can; and, to deceive the people, while using the law to prevent the taxpayers from stopping them.

The possible uses of this technology are much more tyrannical than most people realize, or the line to testify would be out into the street. This bill further eviscerates of the right to private travel as more people will be electronically requested "papers please" everywhere they drive. What's being systematically implemented all around us is the Trojan Horse of global Technocracy. When technology is a tool, there is freedom; but, when technology rules the people, history has shown that tyranny is inevitable ("Technocracy Rising", Patrick Wood, www.technocracyrising.com).

Americans are at war, not with guns and bombs, but right here in this room, through the legislative process. We are fighting against the globalists and their useful opportunistic idiots. If this bill passes into law, I promise to utilize my experience in starting a state-wide ballot initiative to repeal it, only needing half the required signatures; and, all the time and money spent to implement this will be wasted. I therefore urge the Committee to oppose this bill. Thank you.

Steve Tougas (www.SteveTougas.com),
Republican Chairman, Ward 4, Quincy, MA
Vice President, Congressional District 8, Mass Republican Assemblies
State Chaplain, Massachusetts Faith and Freedom Coalition Affiliate
2017 General Election Candidate, Quincy, MA City Councilor At-Large

On November 7th, Please Vote For
Steve Tougas
City Councilor At-Large

North Quincy Football Playoff Road Ends In Milton

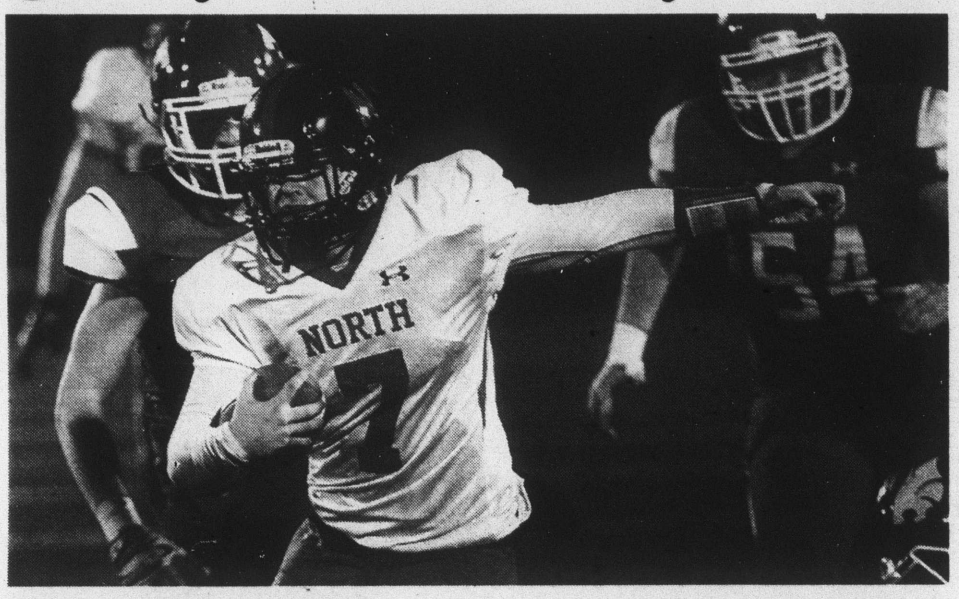
By BRUCE MARQUIS

Despite the inspiring return to action of senior Captain Alex Pham, the North Quincy Red Raiders could not hold back the bigger, faster Milton High School Wildcats as the home team drubbed the visitors, 43-8. This was a game when the score did reflect the performances on the field.

Pham, who dislocated his left elbow against Hanover earlier in the season, usually plays guard and defensive end. In this game, however, he played only defensive right end, trying valiantly to contain the home team's outstanding quarterback, Luke McMenamin, who threw for 285 yards and 4 touchdowns.

Milton won the toss and deferred to the second half. After senior Captain Chris Donaghey returned the opening kickoff to his own 25 yard line, the Red Raiders could gain only 5 yards on the ground and then sent a punt by junior Kieran O'Driscoll to the opponent's 38 yard line. In five plays, two runs and three passes, the Wildcats were in the North Quincy end zone. The conversation kick was blocked and the home team was ahead 6-0 with 7 minutes and 13 seconds left in the first quarter.

After another kickoff return by Chris Donaghey to his own 37 yard line, the Raiders picked up 2 yards on junior Win Tran's 2 yard plunge, On the ensuing play, junior quarterback Tim Layden was intercepted and it was returned to the NQ 29. In one play Milton was back in the end zone on another McMenamin throw.



NORTH QUINCY QUARTERBACK Tim Layden scored the Red Raiders' only touchdown on a 5-yard run in a 43-8 loss to Milton last Friday night. The loss dropped NQ from the playoffs. The Red Raiders host Weymouth Friday night at 7 p.m. at Veterans' Memorial Stadium.

Quincy Sun Photo/Robert Bosworth

He ended up completing 13 out of 17 passes with no interceptions and one sack for six yards - delivered by senior defensive lineman Elmer Lainez.

After another Red Raiders' drive that did not achieve a first down, the Wildcats covered 60 yards on a pass and run, bringing the score after the conversion to 19-0. At that point the victors had scored three touchdowns on eight plays from scrimmage. Enough said.

Nevertheless, the home team continued to pile it on, scoring a field goal and another TD before halftime and going into the break up, 29-0.

North Quincy did salvage some dignity by going on a 15-play, 74 yard drive to score a touchdown on its first possession of the second half. On a series that featured 29 yards on the ground by junior back Nathan Sleiman and a pass interference call against Milton, Layden ran in from the 5-yard line on third down. He then drilled a two point conversion pass to Chris Donaghey. On the way to the end zone the other senior Captain Donaghey, Connor, caught a key pass from his QB. The offensive line of senior tackles Josh Moore and Jeff Sullivan, senior Captain guard Devin Ganno, junior guard Josh Dangora and junior center Ty Finn worked tirelessly to hold off the bigger and faster defensive line of their opponents. Senior back Luca Smith filled in for Tran when he went out with an injured calf and also played some tight end as did junior Nelson Walinjom who also was injured later in the game.

Although the Raiders ended up with 135 on the ground, a good deal of that came late in the fourth quarter when Milton backups were in on defense. For the game Sleiman totaled 105 yards on 16 carries (6.6 yards per carry); Layden had 24 yards on 12 carries; Tran had 2 carries for 4 yards; and Smith added in a two yard run on the last play of the game.

The victors shut down the North Quincy passing game as Layden was only 8 out of 20 passing for 33 net yards and two interceptions.

His longest gain was 15 yards to junior wide receiver Andrew Airosus.

The saying that "speed kills" was very apropos for this game. Despite controlling the home team's ground attack for most of the game, the North Quincy secondary could not keep up with the fleet footed Milton receivers. The defensive line of ends Pham, Tran, senior Brian Jackson, tackles Finn, Lainez, Ganno and junior Ryan Kelson did bottle up the running game and rushed the passer, but he threw quickly before the rush got to him. Linebackers senior Jake Roos, Smith, Walinjom and junior Alex Atanassov provided intermediate pass coverage, but most of the passes were well down field.

All in all Milton had 411 yards of total offense, 126 on the ground, while the Red Raiders only had 168 total yards. Thus the final score.

It was a big letdown in North Quincy's first playoff game since 1992, when it won its second divisional Super Bowl.

The Red Raiders host Weymouth Friday at 7 p.m. at Veterans Memorial Stadium.

The Quincy Presidents, 33-22 winners over Brooline last Friday night, travel to Durfee tomorrow night (Friday) for a 7 p.m. kick off.

Moments in time

THE HISTORY CHANNEL.

• On **April 5, 1792**, George Washington exercises the first presidential veto of a Congressional bill, which proposed a new plan for dividing seats in the House of Representatives. Washington decided that the bill would have resulted in a higher number of representatives than that proscribed by the Constitution.

• On **April 3, 1860**, the first Pony Express mail, traveling by horse and rider relay teams, simultaneously leaves St. Joseph, Missouri, and Sacramento, California. Ten days later, the westbound rider arrived in Sacramento, beating the eastbound mail packet by two days.

• On **April 8, 1916**, at the Boulevard Race in Corona, California, an early racing car careens through a barrier and into a crowd after a wheel breaks, killing the driver and two others. "Wild Bob" Burman had previously set a world speed record for hitting 129 mph.

• On **April 7, 1920**, Indian sitar legend Ravi Shankar is born in India. Shankar's "discovery" by the Beatles' George Harrison in 1965 made him a household name around the world and changed the music sound of the '60s.

• On **April 4, 1933**, a dirigible crashes in New Jersey, killing 73 people in one of the first air disasters in history. The Akron was the largest airship built in the United States.

• On **April 6, 1970**, Sam Sheppard, a doctor convicted of murdering his pregnant wife in a trial that caused a media frenzy in the 1950s, dies of liver failure. After a decade in prison, Sheppard was freed following a re-trial. His story is rumored to have inspired the television series "The Fugitive."

• On **April 9, 1987**, U.S. Secretary of State George Shultz states that he is "damned angry" about possible Soviet spy activity in the American embassy in the Soviet Union. Soviet officials called the espionage charges "dirty fabrications."

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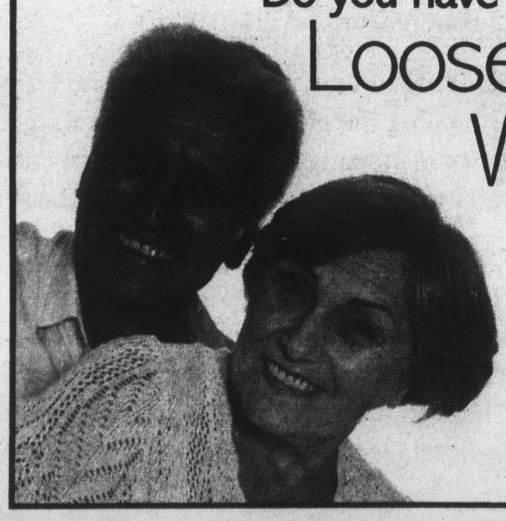

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School Committee Student Advisory Panel Proposed

By TOM GORMAN

A North Quincy High School student is seeking to reactivate a panel of students from both of the city's high schools that would meet on a regular basis with the school committee to discuss various issues.

Luke Molloy outlined his plan to form a student advisory committee during the Oct. 25 school committee meeting. He explained there was such a committee about three decades ago, but it has been inactive since the 1970s. Molloy said the panel would open up communication between the two high schools and the school committee.

"This committee would meet with the school committee to discuss issues between the schools," he said. "(It would) promote collaboration between student leaders of both high schools who don't normally converse with each another. I never talk with the people at Quincy High School about issues that are important to us (at North Quincy High)."

According to Molloy, the student committee would meet with the high school principals, discuss issues and review school improvement and program plans, among other topics.

Molloy serves on a regional student advisory council that meets monthly with the state Department of Elementary and Secondary Education. The council is comprised of students from around the state.

"We work on initiatives to make things better," he said.

Molloy got the idea to reactivate Quincy's student advisory council while serving on the regional panel.

"I saw how successful it's been," he said. "I want to bring this back."

The Quincy student committee is to be comprised of three students each from North Quincy and Quincy high schools. The representatives will be elected by fellow students.

Molloy said that North Quincy High will hold its election on Tuesday, Nov. 7, "to coincide with the citywide election."

North Quincy High School student council advisor and social studies department chairperson Danielle Fernandez praised Molloy's drive to form the panel.

"We talk in the classroom about how to be active and how to be participatory citizens," she said. "Luke has really shown us that he has taken that beyond the classroom. He has a great idea. Instead of just talking about it, he is really determined to follow through with it."

POINT WEBSTER MIDDLE School Choir performs the national anthem at the beginning of the Oct. 25 school committee meeting.

QuincySun photo/Tom Gorman

Fernandez noted that Molloy takes a train every month to Malden for the regional student advisory committee meetings.

"He represents our school there with pride," she said.

Fernandez added that Molloy has done "considerable research" on his proposal.

Molloy said he would meet with Quincy School Supt. Dr. Richard DeCristofaro "to see how this is going to go."

In another matter, DeCristofaro informed the committee that 189 of the district's high school seniors have received the John and Abigail Adams Scholarships -115 at North Quincy High and 74 at Quincy High.

The scholarship covers tuition for up to eight semesters of undergraduate education at a state college or university. It must be used within six years of a student's high school graduation.

To be eligible, a student must score in the top – advanced – category of one of the MCAS exams in math, English Language Arts and Science Technology and Engineering and score at least proficient in the other two state high school assessment tests. Additionally, students must have a combined score from the three exams that place them in the top 25 percent of their graduating class.

The superintendent also informed the committee that Quincy will have five student ambassadors – one from each of the district's middle schools – to represent the city in this January's state Project 351 program. Grade 8 students from each school district in the state meet to plan a year of community service and leadership projects.

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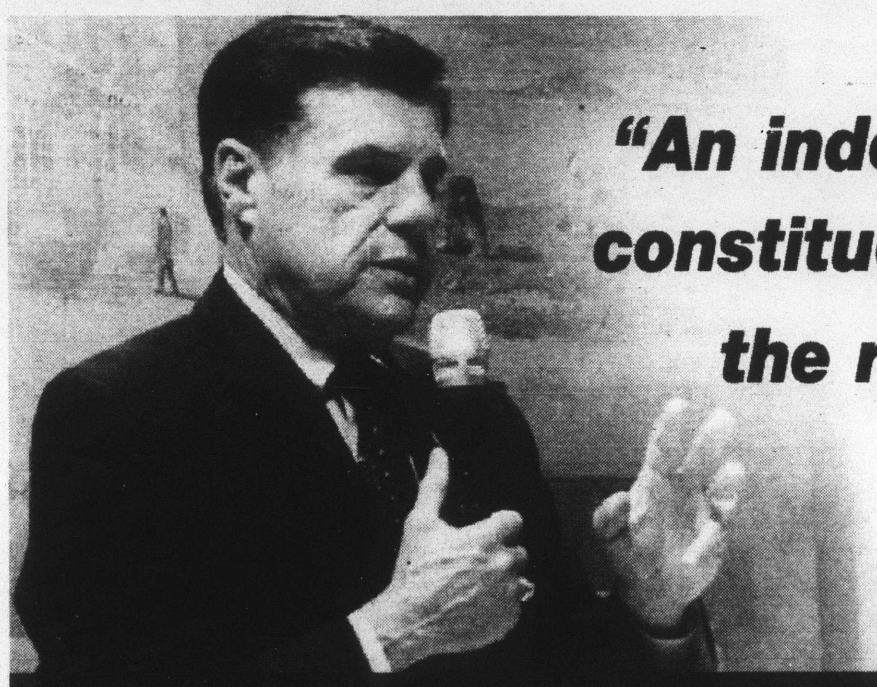

"An indefatigable advocate for his constituents, Raymondi epitomized the role of ward councillor."

– Jack Encarnacao, former Patriot Ledger reporter covering Quincy and author of "Legendary Locals of Quincy"

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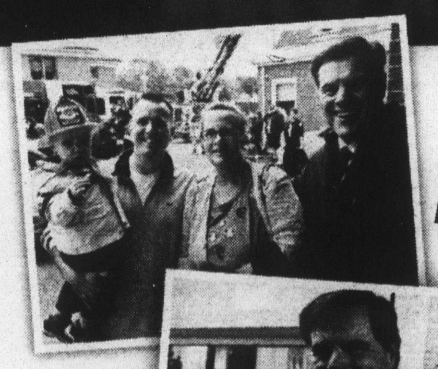

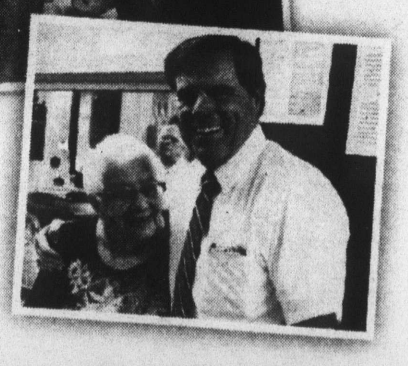

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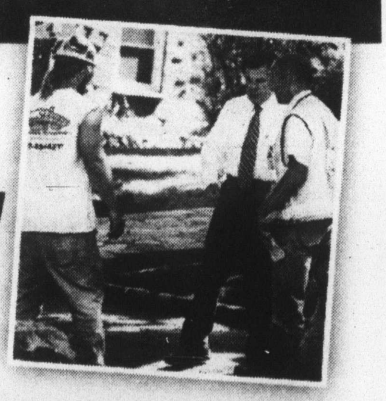

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Mayor: City Will Sue Pharmaceutical Industry Over Opioid Epidemic

Cont'd From Page 1

of litigation. While few, if any cities, in Massachusetts have taken the step Quincy has with this move, the state Attorney General's office is investigating litigation on a separate track and a growing number of individual cities nationally are training their sites on the drug industry.

"I think we're reaching a tipping point, and I think we'll be seeing a lot of cities and towns in Massachusetts, which have been very specifically affected by this scourge, taking this kind of stand against the industry," Koch said.

The City will provide Motley Rice with extensive details of its fight with opiate abuse over the last several years, including data on anti-overdose administration, ambulance and emergency responses for overdose victims, increased educational costs, emergency room visits and law enforcement costs to help determine the scale of resources dedicated to the problem in the City.

Koch said litigation targets will be "manufacturers of opioids, distributors, and any other entities or individuals who played a role in causing or spreading the crisis here."

"The City of Quincy is prepared to do what is necessary to remedy and prevent further harm to its citizens as a result of the opioid epidemic," said Motley Rice LLC co-founder Joe Rice. "Only by stepping up to battle, as the leaders in Quincy are doing, will communities be able to someday soon start to stem this crisis."

Motley Rice attorneys gained recognition for their pioneering asbestos lawsuits, their work with the State Attorneys General in the landmark litigation against Big Tobacco, and their representation of 9/11 families in the ongoing lawsuit against terrorist financiers. Koch said it was their government experience coupled with their litigation expertise that led to their selection.

The opioid litigation team working for Quincy is led by former Washington, D.C. Attorney General Linda Singer, who filed the first complaint in the current national wave of lawsuits on behalf of Santa Clara County, California. Other municipalities and states represented by Motley Rice include: Toms River Township, N.J., Anne Arundel, M.D., Albany County, NY, Summit County, Ohio, the State of Alaska, the State of Kentucky, the State of New Hampshire and the State of South Carolina.

Sheriff's Office Earns Outstanding Marks In National Audit

Norfolk County Sheriff Michael G. Bellotti praised his staff for earning 100 percent and 99 percent compliance ratings in a recent three-day inspection by a team of national correctional facility auditors who will recommend that the Norfolk County Sheriff's Office should once again be accredited by the American Correctional Association (ACA).

"Residents of Norfolk County can be very proud of the men and women of the Norfolk Sheriff's Office, whose professionalism and attention to detail earned them a 100 percent compliance rating on 55 mandatory standards checked by the ACA and a 99 percent rating among the 298 non-mandatory standards the auditors looked at," Sheriff Bellotti said.

Nancy Bailey, a former Rhode Island corrections official who led the audit team, said "The only three standards you were in non-compliance with dealt with space issues, which would have required you to knock down walls. So you virtually met every standard."

The audit team, which included David Peek and Ernest Umunna, both retired corrections officials from Georgia, was especially complimentary about the Norfolk Sheriff's Office staff's ability to communicate effectively with the inmates at the Dedham house of correction. The auditors spoke with the men incarcerated at the jail to get their impressions about the conditions and the way they are treated by the officers and staff.

"This is the first audit I have done where I did not hear one negative comment from the offenders," Peek said. "The inmates say they feel safe and are treated with respect."

Founded in 1870, the ACA is the nation's oldest professional organization pertaining to corrections. The ACA promotes the highest ideals and best practices in corrections. Compliance with the association's standards is voluntary, but agencies such as the Norfolk Sheriff's Office that choose to comply are subject to rigorous audits every three years in order to earn and keep their ACA accreditation.

"We find it very valuable to measure the Norfolk Sheriff's Office against other correctional agencies and facilities all across the United States," Sheriff Bellotti said. "Every time the auditors come in to inspect our operation, the men and women on this staff impress them immensely. They impress me every day."

Earth Machine Composters Available At DPW

A grant from the Massachusetts Department of Environmental Protection has made the Earth Machine Composter (www.earthmachine.com) available for $25 beginning Wednesday, Nov. 1.

Composters can be purchased by check at the DPW Office of the Commissioner, 55 Sea St., Monday through Friday from 8:30 a.m. to 4:30 p.m. You may then pick up your composter with your paid receipt at the DPW guard shack in the rear yard Monday through Friday from 7:30 a.m. to 3 p.m.

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John Adams Remembered On 282nd Birthday

Cont'd From Page 23

ing book, "Household Gods: The Religious Lives of the Adams Family."

Georgini, who spoke for nearly a half hour during the 90-minute ceremony, reflected on Adams' religious journey, quoting his letters and other texts. Georgini noted Adams decided to become a lawyer after witnessing the years-long debate over the controversial minister Lemuel Bryant that played out in what is now Quincy.

"The tone of the debates that John Adams overheard at the family hearth persuaded him that a career in the pulpit would, and I quote John Adams here, 'involve me in endless altercations and make my life miserable without any prospect of doing any good to my fellow men,'" Georgini said.

"Instead, John Adams thought a career in law would be best."

Georgini noted Adams proclaimed two days of fasting while he was president as American relations with France deteriorated. Georgini said colonial governors and clergy had regularly called for days of fasting, but Adams' critics said the move was high-handed and protests broke out in Philadelphia, then the nation's capital.

"Adams griped to Benjamin Rush that the fast day debacle had cost him the presidential pulpit and his rightful place in God's unfolding history of America," Georgini said.

In his later years, Adams began studying other religions, she stated.

"Understanding how others prayed became John Adams' final journey. Just take a look at some of his annotated books, which are held in the Boston Public Library," Georgini said. "He owned an 1806 edition of the Quran and speculated on parallels between the biblical exodus of the Jews and the migration of Native American tribes."

Students from the city's three high schools – Quincy High's Sara McDonald, North Quincy High's Nicole Setow, and the Woodward School's Jane Guay – all spoke at Monday's ceremony. Bob Damon, the director of the church's history and visitors program, said the students had been asked to convince Ken Burns to make the Adams family the focus of his next documentary.

McDonald said John and John Quincy Adams both displayed selfless leadership. She noted, among other items, that John Adams defended the British soldiers on trial for the Boston Massacre, which harmed his law practice, and John Quincy Adams voted for the Embargo Act of 1807, which was unpopular in Massachusetts and led to his resignation from the U.S. Senate.

"A fresh look at the Adams family would benefit how we would look at our world today, because they exemplify the kind of values that make our country great – selfless leadership, courage, and general concern for the welfare of others," McDonald said.

"The Adams family is one that represents the best of America. If we hold our national leaders to this high moral standard, we will then cultivate the culture and principled leadership that built the founding character of our nation."

Setow described John and John Quincy Adams as unpopular presidents whose reputations were marred by scandals – the former for the Alien and Sedition Acts and the latter for being elected president by the House of Representatives despite losing the popular vote to Andrew Jackson – who refused to back down from what they believed in.

"The story of the Adams family demonstrates adversity and unpopularity are only temporary. They strove for greatness every day of their lives. John Adams fought for justice, his son fought for greater equality and his wife fought for women's rights. Though their reputations were tainted by presidential scandals, the family refused to stop fighting," Setow said.

"History may not favor the Adams family, but today, in a world where peer pressure becomes increasingly prevalent, we may recognize them as models of courage."

Guay said Adams and his fellow founding fathers were the founders of what she called the true American dream.

"Learning about John Adams, I've come to think that he and others of like mind are the founders of the true American dream, not the elusive notion of forever expanding economic opportunity. Rather I mean the dream of living in a society that values the intellect and education, human expression through the arts and that values its citizens, their ideas, their passions and freedom to pursue these," Guay said.

"This is the country I love to live in and our founders created it for us."

Douglas Adams, a descendent of John and Abigail Adams, said two of the second presidents' greatest achievements while in office were avoiding a full-scale war with France in the wake of the XYZ Affair and the Quasi-War, as well as his nomination of John Marshall as chief justice of the United States.

"May we honor today a legacy of peace and judiciary independence and in these things John Adams' good governance," Douglas Adams said.

Mayor Thomas Koch noted Adams is known, among other titles, as the father of the U.S. Navy. Koch thanked Annexstad and sailors from the Naval Operational Support Center Quincy – as well as those serving in the military around the world – for their service.

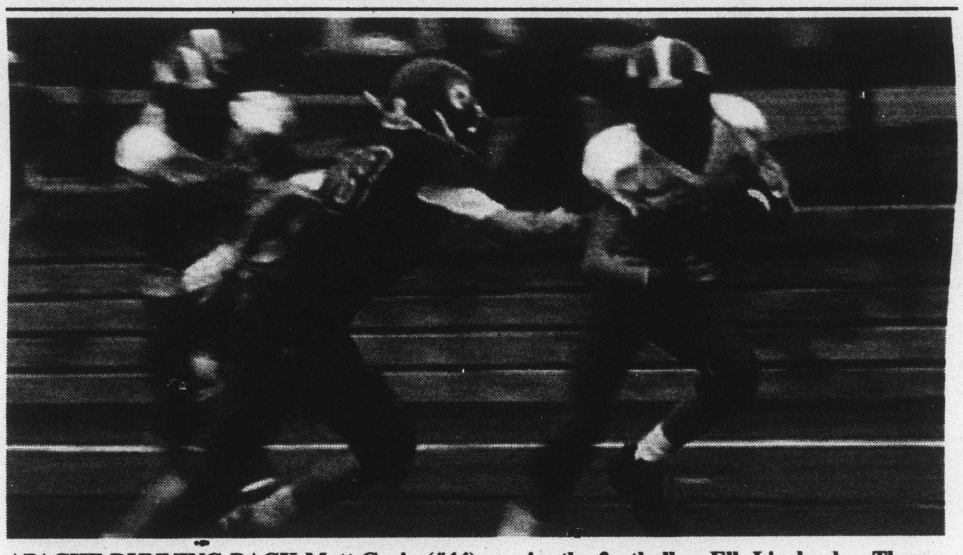
"John Adams is known by many titles – patriot, diplomat, farther, president, vice president – and one of those titles is father of the Navy. We have with us today the commander and folks serving our nation here serving in the Navy and I want to take a moment to express our gratitude and thoughts to all of those men and women in uniform serving across the globe trying to keep the peace," the mayor said. "We're grateful for your service, ladies and gentlemen."

Koch also thanked the three student speakers for their remarks, as well as the United First Parish Church and National Park Service for the programs and events they host year-round to honor the legacy of the Adams family.

"It's a delight to be here with you to celebrate this anniversary – this special day," the mayor said.

MAYOR THOMAS KOCH, left, and Navy Operational Support Center Quincy Cmdr. Paul Annexstad listen to Woodward School student Jane Guay's remarks about President John Adams at Monday's presidential wreath-laying ceremony marking the Second President's 282 birthday anniversary.

Quincy Sun photo/Tom Gorman



APACHE RUNNING BACK Matt Craig (#44) carries the football as Elk Linebacker Thomas Murray closes in. Quincy Youth Football Week 8 highlights appear on Page 36.

Photo Courtesy Christine Toland

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Edythe A. MacBeth, 86

EDYTHE A. MacBETH

Funeral services for Edythe A. MacBeth, age 86, of Braintree, formerly of Quincy, will be held at 10:30 a.m. Thursday in Fort Square Presbyterian Church, Quincy.

Ms. MacBeth died very peacefully Sunday at Beth Israel Deaconess Hospital – Milton, surrounded by her loving family.

She was born in Quincy on May 8, 1931, to the late Alexander and Annie (Darrach) MacBeth. She was raised and educated in Quincy schools and was a graduate of Quincy High School, Class of 1948. After graduation, she attended Simmons College, graduating in 1952, having received a full scholarship for academic excellence.

Ms. MacBeth taught in Braintree for thirty-nine years, mostly at the East Middle School, retiring in 1992. She was a very devoted teacher, and many people said that she was always the first teacher to arrive at school, and the last one to leave.

Ms. MacBeth was a lifelong active and very devoted member of the Fort Square Presbyterian Church in Quincy. She sang in the church choir for many years, served as secretary of the Mission's Committee, treasurer of the Friendship Circle for thirty-three years, taught VBS, and served on two pastoral search committees. Ms. MacBeth was a very humble, yet very generous woman, supporting many missionaries and Christian causes throughout the world.

She was a spectacular chef and baker as well as an accomplished seamstress, often making her own clothes. She hosted many delicious holiday dinners, and was well known for her Christmas cookies, and was always happy to cook a meal for anyone in need.

Ms. MacBeth was the youngest of seven children and was pre-deceased by Lorna MacPhee, Verna Brown, Marian MacBeth, Alexander MacBeth, Blanche MacBeth, and Ruth Bradbury. She is also survived by many nieces and nephews, great nieces and nephews and great great nieces and nephews.

Pastor John W. Culp will officiate.

Interment to follow in Mount Wollaston Cemetery, Quincy.

Memorial donations may be made to the Fort Square Presbyterian Church Mission's Fund, 16 Pleasant St., Quincy, MA 02169.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mary E. Santoro

Mary Elizabeth Santoro, beloved mother, caregiver, performer, chef and spirited Brockton native who enriched the lives of all who knew her, died Oct. 24. She was born July 31, 1942.

After raising a family in Plainville, she followed her love for the ocean and her work to Quincy. She cared for people in assisted living at Marina Bay and Fenno House, where she also resided when she passed peacefully from this world.

Her children, Beth, Barbara, Catherine and Eric Paulson, and her brother and sister-in-law Joseph and Lynn Santoro will announce a celebration of her life in the near future.

Visit the Lydon Chapel's web site at http://www.lydonchapelforfunerals.com for a fuller remembrance or to contact her family.

Annie S. Hurry, 87

A funeral service for Annie S. (Smith) Hurry, 87, of Quincy was held Wednesday in the Dennis Sweeney Funeral Home, 74 Elm St., Quincy

Mrs. Hurry died at Pope Nursing Home on Oct. 28.

She lived in Millis for a time, but for most of her life in Quincy. A graduate of Katharine Gibbs Business School, she worked as a secretary for many years at Taylor Instruments in Needham.

The daughter of the late Roy M. and Annie (Croghan) Smith, Mrs. Hurry was the beloved sister of the late Roy M. Smith, Jr., Stephen T. Smith, William G. Smith, Gordon W. Smith and Sadie Smith and is survived by many nieces and nephews.

Interment at Mount Wollaston Cemetery, Quincy.

Memorial donations may be made to the Pope Nursing Home Activities Fund, 140 Webb St., Weymouth, MA 02188.

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88 Washington Street
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Public Access Channel 8	Government Access Channel 9
Thursday, November 2 7:00pm: Ward 6 Councilor Candidates Forum 8:00pm: Nov. Election Candidates Messages	Thursday, November 2 5:30pm: Quincy in Focus 6:30pm: FYI: QHD Seasonal Flu 7:30pm: Legislative Update: Stephen Lynch
Friday, November 3 6:00pm: Nov. Election Candidates Messages 7:30pm: Quincy Dem/Rep Candidates Night	Friday, November 3 7:00pm: John Adams Wreath Laying Ceremony 9:30pm: At Your Library: November
Saturday, November 4 12:00pm: Nov. Election Candidates Messages 3:00pm: Korean Amb. Peace Medal Ceremony	Saturday/Sunday, November 4/5 11:00am: At Your Library: November 2:30pm: In the Know: Election Preview 3:00pm: At the Library: Scott Sanchez 4:30pm: AM Quincy: License Board Update 7:00pm: At the Kennedy Center: SHINE 8:00pm: John Adams Wreath Laying Ceremony 8:30pm: Legislative Update: Stephen Lynch
Sunday, November 5 10:00am: Bethany Congregational Church 11:25am: Good News	
Monday, November 6 11:30am: LIVE: Currently in Quincy 7:00pm: LIVE: Eye on Quincy	Monday, November 6 6:30pm: FYI: QHD Seasonal Flu
Tuesday, November 7 6:00am: LIVE: AM Quincy with Joe Catalano 8:00pm: LIVE: Election Results & Analysis	Tuesday, November 7 6:30pm: FYI: QHD Gout 8:00pm: LIVE: Election Results & Analysis
Wednesday, November 8 6:00pm: Good News 7:00pm: Perspectives with Gene Piazza	Wednesday, November 8 7:00pm: Korean Amb. Peace Medal Ceremony

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

Elks Escape Apaches, Panthers Outlast Storm

Quincy Youth Football Week 8 Highlights

By SEAN HALPIN

VARSITY:

ELKS 10
APACHES 6

The QYFL leading offense of the West Quincy Elks (228 points) locked up in a defensive battle with the North Quincy Apaches through four quarters of football.

The Elks got on the scoreboard early in the second quarter when DE Gabe Villerino tackled the Apache RB in the end zone for a safety. The Apaches answered with a 29-yard TD pass from QB JC Petrongolo to TE Colm Geary. Elks DB Nico Mortel blocked the extra point.

On the ensuing kickoff, Geary recovered an onside kick but the Apaches failed to capitalize, entering the locker room with a 6-2 lead.

The defenses continued to hold strong throughout the second half. Late in the fourth quarter, Elk DB Malik Francis intercepted an Apache pass and returned it to the 50-yard line with 3:00 left to go. The Elks drove ball to the goal-line. On 3rd down and goal and 52 seconds left, Elk QB Gianni Perea scored on a 1-yard TD plunge. Thomas Murray added the 2-point kick and the Elks walked away with a 10-6 victory over the Apaches.

The Elks (7-0) were led by Francis (2 INT), Perea, Thomas Murray, Riley O'Connell, Villerino, Brandon Baker and Dallas Hudgins. The Apaches (3-3) saw fine performances from Petrongolo, Geary (2 Fumble rec.) Grant Murphy, Jackson Murphy, Kiera Sleiman, Harry Gaudiano, Matt Craig and Billy MacDonald.

PANTHERS 27
STORM 0

The Quincy Point Panthers got on the scoreboard early in the second half, when Jacey Ham scored on a 33-yard TD run. On the opening series of the second half, Panther RB Jarod Walker scored on a 37-yard run and Jacey Ham added the conversion.

Panther Running Backs Erick Lomanno (3-yard run) and Michael Potter (33-yard run) each scored for the Panthers in a 27-0 victory over the Storm.

The Panthers were led by Walker, Ham, Potter, Oscar Li, Devon Lennox, Brian Rodrigues and Drew Boretti.

The Storm saw fine performances from Hunter MacIsaac, Michael Gorman, Brendan Glynn and Dan Bellotti.

JUNIOR VARSITY:

ELKS 14
APACHES (Red) 0

The West Quincy Elks improved to 5-2 on the season with a 14-0 victory over the Apaches.

Elks QB Shane Wright rushed for an 18-yard TD and Chase Morales added the conversion. In the second half, QB Shane Wright scored again on a 31-yard TD run. Later in the half, Elks DE Enhea Panariti halted the Apache comeback with forced fumble on a sack.

The Elks were also led by Mathew Nellany, Ben Hudach, Dan Hudach and Jordan Souza. The Apaches saw fine performances from Ryan Beardsley, Brandon Riley, Patrick Coleman and Noah Baker.

PANTHERS 24
STORMIN'-APACHES 0

Quincy Point remains unbeaten at 7-0 with a 24-0 victory over the Stormin'-Apaches. Panther RB Colin Macpherson scored on a 40-yard TD run. Reuben Charles scored 3 touchdowns on the day, including a 60-yard TD run and 53-yard kickoff return for a TD.

The Panthers were led by Nathan Sampson, Andrew Novak, Walid Haiti, Kevin Gray and Mohammad Samir Abdali. The Stormin' Apaches saw fine performances from Paul Glynn, Charlie Baker, Tommy Wirtz, Marcus MacDonald, Robert Walinjom and Ben Walinjom.

FRESHMEN:

APACHES 28
ELKS 0

The Apaches opened the game with a 40-yard TD pass from QB Nick DePalma to Ronan Brown.

One the ensuing drive, Apache RB Liam Lee scored on 43-yard TD run and added the conversion. RB Kobe Nguyen rushed for a 35-yard score to give the Apaches a 20-0 lead at halftime.

Liam Lee added another score in the second Half, on a 27-yard TD run. DePalma passed to Max Gaudiano for the conversion, as the North Quincy Apaches (6-0) defeated the West Quincy Elks at Cavanagh Field.

The Apaches saw fine performances from Gavin Brown, Said Hamad, Phillip Le, Thomas Chan, Sean Szilva and Jack Greene.

STORM 24
PANTHERS 14

The Squantum Storm improved to 5-1 on the year with a 24-14 victory over the Panthers.

Storm RB Tyler Cromwell scored two touchdowns on the day, one on a 90-yard run. Storm RB Devin Tran added another TD for Squantum.

Panthers Caiden Pina scored on a kickoff return for TD. Pina later passed to Johjoe Ham for a TD and Pina added the conversion.

The Storm were led by Brian Buckley, Tran, Cromwell, Ryan Shuman, John Jordan Domenic Perry and Colin Waldron.

The Panthers saw strong performances from Pina, Ham, Andrew Evans, Kyle Solano, Elijah Charles and Zachary Aldoupolis.

1st 250 paying customers get a free reusable shopping bag

6th ANNUAL
HOLIDAY SHOPPING EXPO
Saturday, November 18, 2017
10am - 4pm
Quincy High School
100 Coddington St., Quincy, MA

$3 Admission benefits Montclair School
(Children 12 and Under are Free)

- Over 80 Vendors - Raffle Baskets -
Children's Activities - Food at the President's Cafe -
Meet & Greet with Santa & Mrs. Claus, and more!

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Real Estate

Quincy Real Estate Transactions Oct. 23 - Oct. 27

Transactions are compiled by the Norfolk County Registry of Deeds

Seller	Buyer	Amount	Address
Federal National Mortgage Association	Chun L. Tai	$335,000.00	210 Centre Street Unit 11
Gloria J. Peterson	Qiang Xin Zheng & Li Lin	$830,000.00	89-91 North Central Avenue
Muhamed A. Elenanzih & Jamileh Hayajneh	Mahmoud M. Abuazzam	$295,000.00	200 Cove Way Unit 908-II
DiSalvio Irrevocable Home Trust	Francis M. DiSalvio	$241,150.00	7-9 Dartmouth Street
Kent W. MacLeod	Shi G. Zhang	$638,000.00	31 Quincy Street
Taylor M. Bethoney	Paul R. Cabral	$215,000.00	808 Willard Street Unit F-7
Robert B. MacFarland	Golden Group LLC	$1,050,000.00	226-226R Arlington Street
Kenneth A. Brand	Cynthia Koss	$175,000.00	62 South Street Unit 1
Mary T. Herlihy	Meiying Zou	$470,000.00	126 Clay Street
Thomas W. & Susan M. Lynn	John D.A. Aviso	$335,000.00	94 Bicknell Street
Galvcon Development LLC	Sen Qiao	$629,000.00	18 Cliveden Street Unit 304W
Conte Irrevocable Trust of 1997	Rijju Pradhan	$280,000.00	200 Cove Way Unit 215
Pensco Trust Company	Changho Em	$240,000.00	802 Willard Street Unit E-3
Xiang J. Mai & Candy S. Huang	Joanne, Jennifer & Michelle Tsang	$570,000.00	110 Belmont Street
Michelle L. Schaffer	Elizabeth M. Spallino	$310,000.00	78 Macy Street
1022 Hancock Street LLC	Jeffrey White	$439,000.00	1022 Hancock Street Unit G08
Thomas J. & Bridget A. Byrne	Diane E. Krueger	$550,000.00	193 Manet Avenue
Superior Auto Tire Services Inc.	500 Southern Artery LLC	$800,000.00	502 Southern Artery
Hamilton Bay Apartments LLC	Kyle C. Le & Mindy M. Diep	$274,900.00	165 Quincy Shore Drive Unit B-74
Michael Bergeron	Rutwij K. Joshi	$280,000.00	90 Quincy Shore Drive Unit 608
Hamilton 1025 LLC	Sadi & Aida Hoti	$280,000.00	1025 Hancock Street Unit 12C
Mary A. Wick	Karen K. Kirby	$645,000.00	1 Cutter Lance Unit 1

Norfolk County Register Of Deeds O'Donnell Hosts Computer Seminar

Continuing his efforts to provide outreach to Norfolk County communities, Register of Deeds William P. O'Donnell recently hosted a free informational seminar on computer assisted land record research.

At the seminar, attendees learned how to navigate the Registry's online research page www.norfolkdeeds.org and to access documents such as deeds, mortgage discharges, homesteads and other land related materials. The Norfolk County Registry of Deeds' state-of-the-art computer system has more than 6 million land document images available for viewing, dating back to 1793.

"We are very proud that all of our land documents are online and are accessible within 24 business hours of recording," O'Donnell saidl. "The feedback we have received from attendees indicates these computer seminars are very useful for real estate professionals, genealogists and members of the general public alike."

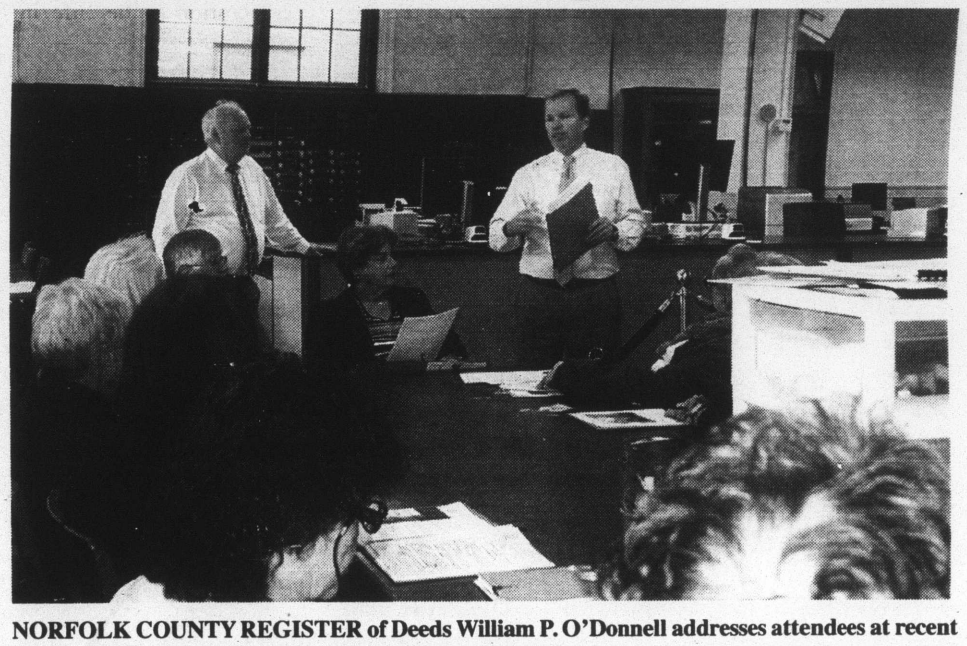
For those attending the seminar, computer skills were not required. Each attendee received free reference materials, which they took home with them. Additionally, there were several staffers on hand, including Register O'Donnell, who were available to assist and answer questions.

"Those attending the Oct. 17th seminar," stated O'Donnell "learned how easy it is to look up land related documents. With this knowledge, they can do this research from the comfort and convenience of their home or work computer."

O'Donnell concluded, "Computer seminars are held by the Norfolk County Registry of Deeds twice each year in the spring and the fall. The dates are advertised in local papers throughout the county as well as through the Registry's social media outlets. For further information, you can contact Alicia Gardner at 781-461-6104 or at agardner@norfolkdeeds.org."

To learn more about these and other Registry of Deeds events and initiatives like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High Street in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information. All land record research information can be found on the Registry's website www.norfolkdeeds.org. Residents in need of assistance can contact the Registry of Deeds Customer Service Center via telephone at (781) 461-6101, or email us at registerodonnell@norfolkdeeds.org.



NORFOLK COUNTY REGISTER of Deeds William P. O'Donnell addresses attendees at recent Registry sponsored computer seminar held on Oct. 17th.

Homebuyer Workshop At QCAP Nov. 16, Nov. 18

Quincy Community Action Programs, Inc. (QCAP) and Randolph Savings Bank will host a comprehensive workshop designed for first time homebuyers.

The two-day workshop will be held Thursday, Nov. 16th from 6 to 9 p.m. and Saturday, Nov. 18th, from 9 a.m. to 3 p.m. at Quincy Community Action Programs office, 4th floor, 1509 Hancock St, Quincy. Attendance at both sessions is required to receive a Certificate of Completion.

This monthly workshop provides a comprehensive review of the home buying process. Real estate professionals will lead instruction on topics from mortgages to home insurance. Participants may also use their Certificate of Completion to obtain a low rate loan through MassHousing or MassHousing Partnerships. Individual counseling is also available.

Registration is underway and ends Tuesday, Nov. 14th. For more information about the program and /or to register for the workshop, contact Peter Mullen, QCAP's Homeownership Counselor at 617-657-5315 or email at pmullen@qcap.org. To register for the class, visit qcap.org.

Founded in 1965, QCAP is the leading non-profit organization dedicated to reducing poverty by providing educational and economic opportunities to residents. In addition to its adult education and workforce development programs, QCAP provides Head Start and Early Head Start, access to quality and affordable early education and care, family engagement activities, heating assistance and weatherization, homebuyer education, mortgage foreclosure counseling, affordable housing, homelessness prevention, and housing services.

For more information, visit www.qcap.org.

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A Job Well Done

By QUINCY POLICE LT. DAN MINTON

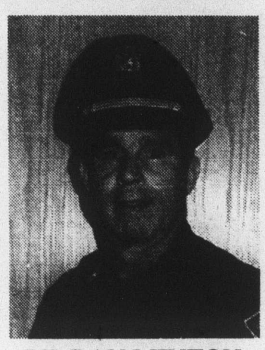
On Sunday, Oct. 22, at approximately 1:20 p.m., Officer John Leuchte was on routine patrol when he heard a Quincy Police broadcast to look out for a "blue Nissan Altima all over the road." The vehicle was last seen in the area of Sea Street and Quincy Shore Drive.

The dispatcher stated they received numerous calls from motorists about this vehicle as it travelled south on Quincy Shore Drive. One of the identified callers stated the car was driven by a male operator with a female in the passenger seat. She added she was behind the vehicle on Quincy Shore Drive from Hollis Avenue to Sea Street and observed it swerving back and forth in an S pattern. She stated the car hit the right curb four or five times and that her husband had to hit the horn several times because the suspect vehicle would stop and stay motionless. They also noticed the driver had his head down and appeared to be asleep. Once they started moving onto Sea Street, the caller said she saw a cruiser and pointed at the Altima out her window.

Officers Leuchte and Dougan, upon spotting the vehicle and the witness identifying the vehicle, pulled it over. As the officers exited their vehicles, Officer Cleary pulled up on the other side of the road and began to walk over to the vehicle. Officer Cleary observed the male driver with his head down and appeared to be asleep at the wheel. The suspect vehicle then started rolling forward and hit a vehicle parked in front of it. The male driver then popped his head up upon impact.

Officer Cleary told the driver to put the car in park and take the keys out of the ignition while Officer Leuchte told him to exit the vehicle and stand in a safe location behind his vehicle. After getting the driver's license, Officer Leuchte asked him if he had any medical issues that would cause him to nod off. He stated no but hasn't slept that well. When told that the department received 5 calls about him driving all over the road, swerving and hitting the curbs, the driver responded that he never hit the curb and was driving normally.

The driver was instructed to take a seat on the curb as the officers examined the vehicle. All four tires were completely bald and the passenger rims had fresh metal showing on them consistent with hitting the curbing. Officer Leuchte also noted the driver was swaying back and forth with his eyes closed while sitting. His head was bobbing up and down and he appeared to be asleep. Officer Cleary tapped the driver's shoulder, woke him up and asked if he was ok. The driver didn't answer so Officer Leuchte told him that they watched him nodding off again. The driver adamantly said that he didn't nod off.



LT. DAN MINTON

Officer Leuchte told the driver that his eyes were constricted and wanted to know what drug he was on. The driver said that he took a Percocet earlier in the day. When asked if he should be driving, he stated, "Probably not." The officer then called for an ambulance to check out the driver.

Officer Cleary was looking inside the vehicle and found one cut straw (often used to snort heroin) with a substance believed to be heroin inside. The female passenger said that it was not hers, then handed over her pocketbook to the officer and said, "Go ahead, look, I have no more drugs." Officer Cleary searched the pocket book and found one folded piece of white paper which he believed was used to store narcotics. Inside he found heroin. Officer Cleary asked her if the folded paper was hers and she stated, "No. I have no idea how it got into my purse." Between the front seats of the vehicle was a prescription bottle containing Gabapentin.

Meanwhile, the driver was again nodding off, so Officer Leuchte inquired if he didn't take any drug. The female passenger then interjected that the driver took one of her Gabapentin's and then changed it to taking two of her pills. Officer Cleary placed the passenger under arrest for possession of class A Heroin. Officer Leuchte then placed the driver under arrest for operating under the influence of drugs, marked lanes violation and negligent operation.

After being placed in the cruiser, the driver again nodded off. Both parties were transported to the Quincy Police Station to be booked. Officer Leuchte filed a motor vehicle crash report for the accident that occurred and then faxed an Immediate Threat License Suspension/Revocation for the driver.

The driver was a 54-year-old Weymouth resident and the female passenger was a 58-year-old Hanson resident. Nice Work!

❑

MICROSOFT EMAIL: be wary of this email going around claiming to be from Microsoft stating:

Unusual sign-in activity

We detected something unusual about a recent sign-in to the Microsoft account (your account). To help keep you safe, we required an extra security challenge.

Sign in details:

Country/region: Russia

IP address: 188.112.196.14

Date: 10/15/2017 10:10 PM (GMT)

If this was you, then you can safely ignore this email.

If you're not sure this was you, a malicious user might have your password. Please review your recent activity and we'll help you take corrective action.

To opt out or change where you receive security notifications click here

Thanks

The Microsoft Account Team

That email was followed by this email the next morning:

Microsoft account

Security alert

We think that someone else might have accessed the Microsoft account (your account) .net. When this happens, we

Cont'd On Page 43

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics
Oct. 20 – Oct. 26
Calls: 1,076
Arrests: 25
Stolen Vehicles: none

FRIDAY, OCT. 20

ASSAULT AND BATTERY, 10:21 a.m., 511 Hancock St. Male was attacked and is bleeding from the eye. Resident of one apartment assault by resident of different apartment. Complaint.

LARCENY, 12:56 p.m., 12 Bass St. Caller states she let friend stay a few days. Money, jewelry, and clothing missing.

VANDALISM/PROPERTY, 2:17 p.m., Sea St. Lead weights taken off tires.

LARCENY, 2:34 p.m., Shabu Restaurant, 397 Hancock St. Party left without paying for lunch. Party is driving a black 2008 BMW with New York plates headed towards Quincy Center.

VANDALISM/PROPERTY, 10:21 p.m., Vane St. Car keyed.

SATURDAY, OCT. 21

LARCENY, 1:44 a.m., The Chantey, 333 Victory Rd. Caller reports pocketbook stolen sometime around midnight.

ASSAULT AND BATTERY, 1:57 a.m., Taffrail Rd. 10 or 12 people fighting in parking lot. Caller state he can hear glass being broken.

BREAKING AND ENTERING IN PROGRESS, 7:42 a.m., Copeland St. Caller heard someone try to break into the bottom door downstairs. She does not believe entry was made. Caller was uncooperative over the phone.

VANDALISM/PROPERTY, 8:43 p.m., S6, 1550 Hancock St. Patron smashed front window of the business. Owner has video of suspect.

VANDALISM/PROPERTY, 10:33 p.m., YMCA, 79 Coddington St. Vehicle's rear window smashed.

SUNDAY, OCT. 22

BREAKING AND ENTERING, 10:43 p.m., Holyoke St. Left house at 2 p.m. and just got home.

MONDAY, OCT. 23

ASSAULT AND BATTERY, 4:15 p.m., Fox & Hound, 125 Sea St. Prior incident from Saturday night. Caller was thrown to the ground during fight, broke two fingers. Would like to start a report now.

TUESDAY, OCT. 24

ATTEMPTED BREAKING AND ENTERING, 6:29 a.m., Quincy Gulf, 665 Quincy Shore Dr. Air machine was broken into.

BREAKING AND ENTERING, 6:42 a.m., Harbor South Towers, 100 Hancock St. Caller reports cafeteria workers arrived this morning to find a window smashed and a safe that had been located in the cafeteria office missing.

ASSAULT AND BATTERY, 11:17 a.m., Doane St. Male/female. Male party has left scene. DOVE.

ARMED ROBBERY, 11:36 a.m., Prospect St. Caller states a white female yelling for help is being followed by a white male. Male is walking towards Sagamore and female towards Billings Street. Caller states they were having an argument through yard. Caller starts something may have been dropped in neighbor's yard. Male dressed in all black wearing scally cap fled toward NQ MBTA.

LARCENY, 3:14 p.m., Bravo Pizzeria, 531 Washington St. Hispanic male in black camo hoodie took top jar. Headed toward South Street.

LARCENY, 4:06 p.m., 625 Southern Arty. Party had wallet stolen in store. Manager called back – customer left the area.

WEDNESDAY, OCT. 25

LARCENY, 7:35 a.m., Quench Juicery, 1515 Hancock St. Suspect entered business on Monday posing an MVAC tech and stole $150 from register. Complaint filed.

LARCENY, 6:14 p.m., Touchstone Properties, 445 Willard St. Package taken off front porch.

VANDALISM/PROPERTY, 10:32 p.m., Union St. Cement statue thrown onto windshield and hood of car.

THURSDAY, OCT. 26

VANDALISM/PROPERTY, 10:09 a.m., Peking Kitchen, 1659 Hancock St. Broken window. Possibly within the last two hours.

BREAKING AND ENTERING, 3:27 p.m., Taffrail Rd. No forced entry. $50 in coins missing.

BREAKING AND ENTERING IN PROGRESS, 6:12 p.m., Glover Ave. Caller states someone could be in basement. Caller hung up. Resident/tenant in basement. Checks out.

ASSAULT AND BATTERY, 6:41 p.m., Burgin Pkwy & Granite St. Ambulance driver said she was assaulted by patient.

BREAKING AND ENTERING, 7:27 p.m., Velocity Dance Company, 95 Holmes St. Is viewing it on camera. Four people inside now. Caller states business is closed and no one is supposed to be inside. No B&E. Individuals were from Omega Studio in suite 2F and were using mirror to put makeup on. Advised and sent on way. It should be noted that door to velocity was unlocked. Caller said he can't lock it because of fire code.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: None

❑

CAR BREAKS: Liberty Street, Copley Street, Piper Street, Copeland Street, Madison Avenue

❑

BREAKS AND ATTEMPTED BREAKS: Taffrail Road, 100 Hancock Street, Holyoke Street

If you have information on the above crimes, drug activity or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764 or** log onto the following website: http://tinyurl.com/ytf6td.

To report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. To make an appointment to view the **Registered Sex Offenders** book, call **Detective James Dentremont at 617-745-5755**.

To contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us -- *Lt. Dan Minton*

Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by *The Quincy Sun* as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

RELIGION

Houghs Neck Congregational Church

The Sunday morning worship service at the Houghs Neck Congregational Church, 310 Manet Ave. starts at 10 am.

Liturgist Carol Hallett will welcome and call to worship. Pastor Steven Vandergrift will lead the service, give the children's message and preach a sermon entitled "Here Comes the Groom" based on Matthew 25 1-13. Serving for the Diaconate are Shirley Pearson, Susan Stimpson, Glenn Brown and Joseph Flores.

Gayle Mackay will read a list of items still needed for the Disaster Relief Fund project. Bring them next Sunday, Nov. 12.

Following the service a fellowship coffee hour is hosted by Nancy Jacobs.

Plans are under way for Holiday Shoppers Night on Tuesday, Nov. 14, 6:30 to 9 p.m. sponsored by the Seaside Social Club.

Bethany Congregational Church

Bethany Congregational Church, Quincy Center will have a Communion Worship Service and Sunday School at 9:30 a.m. The Rev. Peter M. Preble will conduct the service and preach the sermon entitled "Partners in Service." Fellowship will follow the worship service.

All are welcome to attend Worship Services. Bethany has an active Missions and Growth Committee doing various charity works.

The church office is open from 8:30 a.m. to noon-1:00 p.m. to 4:00 a.m. Please visit: www.bethanycongchurch.org for updates and activities. Thanks to the Video Ministry, if you're unable to attend worship service on Sundays, the Bethany Church Service is broadcast on Quincy Access Television at 6 p.m. on Thursdays and 10:00 a.m. on Sundays on Channel 8.

Childcare will be available for infants and toddlers during worship service on Sundays. The church is wheelchair accessible.

Quincy Point Congregational Church

This Sunday, Nov. 5, will be "All Saints Sunday" and saints will be the theme at the 10 a.m. worship at Quincy Point Congregational Church, 444 Washington St.

The scriptures will be Matthew 5:1-12 (from the Beatitudes) and Hebrews 11 (a roll call of mighty saints of God throughout the Bible). The church is accessible with designated parking and an elevator for those with disabilities via the Abbey Road side of the building.

After worship, all are welcome to the Social Hall for light refreshments and conversation. While there stop by the Big Blue Q information table and sign the birthday and thinking of you cards. The Sunday School children's bee bank will be located there also. Please help by donating your spare change to help purchase honeybees for farmers through Heifer International.

All Saints Day Remembrance At United Methodist Church Sunday

All Saints Day is recognized by the Christian liturgical calendar on the first day of November, following All Hallows' Eve (Halloween). Quincy Community United Methodist Church, 40 Beale St., Wollaston, celebrates All Saints Day on the Sunday closest to Nov. 1.

While the church does not recognize Sainthood as the formal tradition of the Roman Catholic Church, it does believe in the theology of the Communion of Saints.

John Wesley, founder of the Methodist movement, enjoyed and celebrated All Saints Day. In a journal entry from Nov. 1, 1767, Wesley calls it "a festival I truly love." On the same day in 1788, he writes, "I always found this a comfortable day." The following year he calls it a "a day that I peculiarly love." (Taken from the UMC Board of Global Discipleship).

"An All Saints Day worship service is a time in which we honor those persons who have passed throughout the past year as well as those whom we hold dear within our hearts," said the Rev. Rebecca Baumann, church pastor. "Many traditions have been used to honor our heroes of faith such as the ringing of bells, the reading of names, and designing a banner with names written on slips of paper in the shape of clouds thus creating a Cloud of Witnesses."

Rev. Baumann added: "This year, we will be honoring our members who have passed by creating a Memorial Bouquet. The names of church members who passed during the calendar year will be read and family members will come forward with flowers to place into an empty vase.

"Additional names will be read as members bring forward their flowers representing their loved ones held close within their hearts. The Memorial Bouquet will then be delivered and distributed to the shut-ins of the church following worship."

Houghs Neck Church Holiday Fair Nov. 3-4

By the Sea Holiday Fair will take place at the Houghs Neck Congregational Church, 310 Manet Ave. on Friday, Nov. 3 from 6 to 9 p.m. and Saturday, Nov. 4 from 9 a.m. to 3 p.m.

The fair will feature new tables including gift baskets and pet items as well as returning favorites like Roll Ups – Take a Chance, crafts and resale shop with hundreds of gifts, bling and Christmas items.

There will also be homemade baked goods and sugar and spice. Get your tickets for the giant raffle to be drawn on Saturday at 2 p.m.

Come on Friday night for supper and on Saturday for breakfast and/or lunch. For more information call 617-479-8778 or email hncc@comcast.net.

Admission is free. Toiletry donations will be accepted for DOVE, Inc.

Quincy Religion Directory

SERVICES & ACTIVITIES

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 8 & 10:30am
Tuesday/Thursday 9am
Handicapped Accessible
New Members Welcome!

ST. AGATHA CHURCH MILTON-QUINCY
432 Adams Street
Milton, MA 02186 • 617-698-2439
Schedule of Masses:
Saturday: 8:00AM and 4:30PM
Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM
Weekday Masses: 7:00 & 9:00AM
Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment
Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ *Air-Conditioned*

St. John The Baptist
ROMAN CATHOLIC CHURCH
44 School St., Quincy
617-773-1021
Weekend Mass Schedule
Saturday, 4:00 PM
Sunday, 8:30 AM & 11:00 AM
Sunday night, 5:00 PM
Weekday Masses
Monday - Saturday 8:00 AM
Confessions
Wed. 8:30 – 9:00 AM
Sat. 2:30 – 3:30 PM
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
617-479-5400
Mass Schedule:
Sat. 4:00 PM / Sun. 9, 11 AM
Daily Mass:
Wednesday and Friday, 9 AM
Confessions: Saturday 3-3:30PM
Handicapped Accessible via Elevator

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4 pm (Saturday)
7:30 &10:00 am and 6:00 pm
Weekday Masses
Monday - Friday 7 am
Monday & Saturday 9 am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m. and 10:30 a.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

Holy Trinity Parish
Come and Worship!
Most Blessed Sacrament Church
1031 Sea St.
WEEKDAY MASSES
9:00AM Tuesday and Thursday
WEEKEND MASSES
4:30 PM Saturday and
8:30 AM Sunday
Our Lady of Good Counsel Church
237 Sea St.
WEEKDAY MASSES
9:00AM Monday and Wednesday
WEEKEND MASSES
6:00PM Saturday and
10:30 AM Sunday
CONFESSIONS: 3- 4PM Saturday
Rev. Martin Dzengeleski- Pastor
Phone: 617-479-9200
EMAIL: holytrinityquincyma@gmail.com
VISIT: www.holytrinityquincy.com

Congregational

HOUGH'S NECK CONGREGATIONAL CHURCH
310 Manet Avenue
617-479-8778
www.hncong.org
Sunday Worship Service at 10 a.m.
Pastor Stephen Vandergrift will preach the sermon "Here Comes The Groom"
All are welcome to attend
FELLOWSHIP COFFEE HOUR FOLLOWING SERVICE

BETHANY CONGREGATIONAL CHURCH
Spear & Coddington Streets
Quincy Center, 617-479-7300
www.bethanycongchurch.org
Communion Worship Service and Sunday School at 9:30AM
Rev. Peter M. Preble will conduct the service & preach the sermon "Partners In Service"
Child Care Available
For Infants And Toddlers
ALL ARE WELCOME!
Fellowship Time following Service

QUINCY POINT CONGREGATIONAL
444 Washington St . • 617-773-6424
Worship and Church School 10 am
Rev. Dr. Stan Duncan, *Interim Pastor*
Peter Johnston, *Interim Associate Pastor*
Rachel Hallenbeck, *Music Director*
email: office@quincypointcong.org

Congregational

Wollaston
Congregational Church
United Church of Christ
48 Winthrop Avenue
Quincy, Massachusetts
Worship and Sunday School at 10 a.m.
Elizabeth J. Williams
Pastor
617-773-7432
www.wollastonucc.com

Unitarian Universalist

United First Parish Church
A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome.
Worship Service, Church School & Childcare: Sundays at 10:30 AM
Followed by Fellowship & Refreshments
Rev. Rebecca Froom
1306 Hancock St., Quincy
www.ufpc.org

Church of Christ

CHURCH OF CHRIST IN MILTON
330 Edge Hill Rd.,
Milton, MA 02186 • 617-274-2409
www.churchofchristinmilton.org
Maurice Davis, *Minister*
SUNDAY WORSHIP
8AM, 11AM and 6PM
Sunday Bible Study 9:45AM
Tuesday Bible Study 11:00AM
Wednesday Bible Study 7:00PM
3RD Friday – Couples 7:30PM
4TH Friday – Youth 7:30PM

Christian Science

First Church of Christ, Scientist
1460 Hancock Street, Quincy
617-472-7099
Sunday Services and Sunday School 10:30 a.m.
Wednesday Evening Meetings – where testimonies of healing are shared 7:30 p.m.
ALL ARE WELCOME!

Nazarene

Wollaston
Church of the Nazarene
Come Join Us For Sunday Worship!
8:00 AM Worship Service
(Holy Communion & Liturgy)
9:00 & 11:15 AM Weekly Small Groups
10:00 AM Worship Service
Stephen "Stretch" Dean, Lead Pastor
Andrea Sawtelle, Youth Pastor
Bev Keuther, Children's Pastor
Don Reed, Visitation Pastor
37 E. Elm Ave., Wollaston
617.472.5669
email: office@wconaz.org
www.wollastonnazarene.org

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Rebecca E. Baumann

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45AM CHRISTIAN EDUCATION
11AM WORSHIP SERVICE
BRASS BAND MUSIC
NOON THURS. WOMEN'S FELLOWSHIP
6:30PM WEDS. BIBLE STUDY

HOPE PEACE

To Advertise in this Directory, Call 617-471-3100

OBITUARIES

Edward W. Calkins III, 83

Funeral services for Edward W. Calkins III, age 83, of Quincy, formerly of Braintree and Falmouth, were private.

Mr. Calkins died peacefully Oct. 24 at the Hancock Park Rehabilitation and Nursing Center in Quincy.

He was born in Quincy to the late Edward W. Calkins and the late Edna (Morey) Grant. Mr. Calkins was raised in Quincy and was a graduate of Quincy High School, Class of 1951.

Photography was his passion and he was a well-known photographer on the South Shore for sixty years. He was a former member of the Braintree Kiwanis Club and the Adams Heights Men's Club of Quincy.

Mr. Calkins was a Korean War veteran having served in the U.S. Navy aboard the icebreaker, USS Atka AGB 3, as a photographer apprentice 3/c.

He enjoyed winters and golf in Naples, Florida, for many years.

Beloved husband of the late Clotilde and the late Norma. Devoted father of

EDWARD W. CALKINS III

Gregory E. Calkins and his wife Patricia of Braintree and Brenda L. Calkins of North Kingstown, Rhode Island. Loving grandfather of Jennifer A. Calkins, Daniel G. Calkins and Matthew E. Calkins and cherished great grandfather of Henry, Rylie and Connor. Brother of the late Richard Calkins.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the charity of your choice.

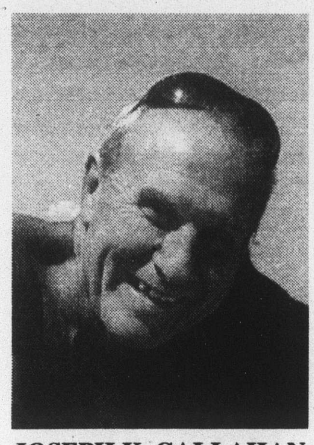
Joseph K. Callahan

A funeral service for Joseph K. Callahan of Quincy was held Tuesday in Keohane Funeral Home, 785 Hancock St., Quincy.

Mr. Callahan died Oct. 26.

He was a lifelong resident of Quincy. He worked for the school system for many years and later worked as a landscaper. He enjoyed playing the lottery and watching football. Mr. Callahan was an avid Redskins fan. The cornerstone of his life was his family, especially his grandchildren. He will be remembered for being a humorous man who always had a big smile on his face. He will be sadly missed.

Son to the late Robert and Mildred (Dinella) Callahan. Loving husband to Ria Callahan (Christello) of Quincy. Dear stepfather to Linda Baldwin of Quincy, Kristen Baldwin of Quincy, and Nikki Baldwin of Quincy. Cherished "Papa" to Kiana Ortiz, Nico Hinds and Adrianna Long. Beloved brother to Robert Callahan and his wife Gail of Quincy, William Callahan and his wife Cheryl of Plymouth, Maryjane Hall and her husband Jimmy of Quincy, Ed-



JOSEPH K. CALLAHAN

ward Callahan and his wife Joan of Weymouth, Lillian Calley and her husband Larry of Quincy, Michael Callahan and his wife Lisa of Braintree, Susan Mackey and her husband Edward of Foxboro, Tricia Sullivan and her husband Robert of Quincy, Joyce Driscoll of Weymouth, Cynthia Burns and her husband Robert of Randolph, Julianne DiCienzo and her husband Peter of Braintree and Beverly Callahan of Randolph. Also survived by many nieces and nephews.

Memorial donations may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

Virginia G. Paul, 71

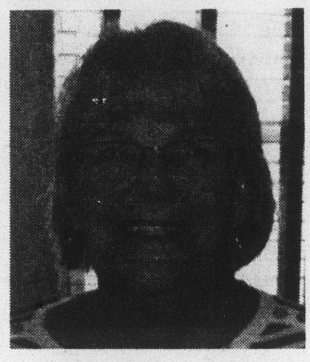
A funeral Mass for Virginia G. "Ginger" (Nelson) Paul, 71, of Falmouth and formerly Quincy was celebrated Oct. 27 in Sacred Heart Chapel, Quincy.

Mrs. Paul died Oct. 21.

She adored her family and sharing laughs with them. She enjoyed crocheting and knitting. Mrs. Paul would make baby blankets for anyone she knew and donated handmade infant hats to churches and hospitals. She also enjoyed gardening, going to Old Silver Beach, dinner at the Silver Lounge, crossword puzzles, reading, listening to all the current music, and was an avid Boston sports fan.

Mrs. Paul and her beloved husband Ralph would go dancing and bowling on date nights and were members of the Wollaston and Sacred Heart Bowling Leagues. They were also members of the Parents of Murdered Children (POMC) after they tragically lost their daughter at a young age. Mrs. Paul worked for Ahearn Communications, Blue Cross, and retired from State Street Bank as a clerk. She was a fun loving and caring woman who had a great sense of humor. She will be greatly missed by all who knew her.

Daughter of the late



VIRGINIA G. PAUL

Robert K. and Sara (Chase) Nelson. Beloved wife of 51 years to her high school sweetheart Ralph. Loving mother of Jennifer Paul of Quincy, Libby Salfity and her husband Dennis of Quincy, and the late Susan Marie Paul and Michael Paul. Cherished sister of Karen McDonald and her late husband Thomas of Quincy and Falmouth and Kenneth Nelson and his wife Eily of Quincy. Devoted grandmother of Erin McLaughlin, Brian McLaughlin, and Tyler Salfity. Also survived by her aunt Nora Chase, several nieces and many cousins.

Interment at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to Parents of Murdered Children Inc., 4960 Ridge Ave., Suite 2, Cincinnati, OH 45209.

Lorraine R. Gavin

A funeral service for Lorraine R. (Tirrell) Gavin of Brockton was held Wednesday in Keohane Funeral Home, 785 Hancock St., Quincy.

Mrs. Gavin died Oct. 28.

She was born in Boston and raised her family in Dorchester. She later moved to Hull. She was an administrator for many years for Pastene Wine and Spirits. Mrs. Gavin will be sadly missed by all who had the pleasure of knowing her.

Dear wife to the late Edward P. Gavin. Loving mother to Janice Gavin Mather and her husband Richard of North Easton and Elaine Cloherty and her husband John of South Boston. Cherished Nana to Robert Lunnin and June of Holliston and Katelynn Lunnin and Odalys of Danvers. Step-Nana to Wendy Chipman of Norfolk and Richard Mather of Brockton. Great-Nana to Emma Lunnin. Sister to Albert Tirrell and the late Gerard Tirrell and John Tirrell.

Interment private.

Memorial donations may be made to Colon Cancer Coalition, 5666 Lincoln Drive, Suite 270, Edina, MN 55436.

Elizabeth Parasidou, 75

Funeral services for Elizabeth "Liza" Parasidou, age 75, formerly of Quincy, were held Monday in St. Catherine's Greek Orthodox Church, Braintree.

Mrs. Parasidou died peacefully Oct. 26 at Care One at Randolph, surrounded by her loving family.

She was born in Drama, Greece, to the late Georgios and Kiriaki (Kesaridou) Paraskevopoulis. She was raised and educated there and immigrated to the United States in 1968, settling in Boston's South End. She had lived in Quincy for over thirty years.

Mrs. Parasidou worked as an administrative clerk for the State Street Corporation for over twenty years. She enjoyed gardening, tending to her fish pond, and taking care of her loyal dog, Brandy.

Beloved mother of John Spyridonidis and his wife Lisa of Abington, Christina Essery and her husband Ryan, Artemis Spyridonidis, all of San Diego, California. Devoted grandmother of Christos Spyridonidis, Anthony Spyridonidis, Tahlia Essery, and the late Elianna Essery. Loving sister of the late Stefano and Theodoro Paraskevopoulis. Elizabeth is also survived by many dear relatives in Boston and Greece.

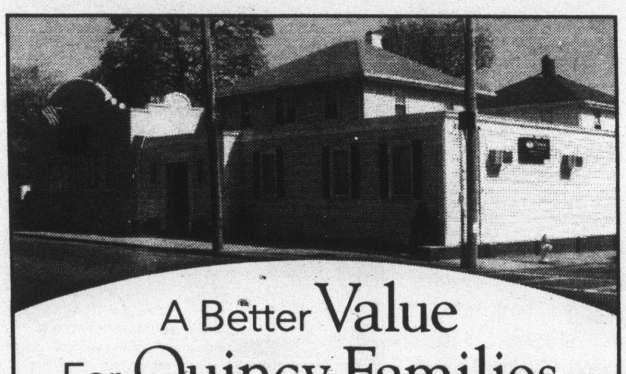
Interment at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the Alzheimer's Association, 309 Waverley Oaks Road, Waltham, MA 02452.

Honor Your Loved One's Memory With Flowers

cliffords.com
1.800.441.8884



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Dignity Memorial

For more information visit
www.dewarefuneralhome.com

*$5,995 plan includes basic services of funeral director and staff, embalming and preparation, visitation, funeral ceremony, transportation to place of disposition, 20-gauge metal casket, register book, memorial folders, acknowledgment cards, memorial stationery package (a register book, 100 thank you cards, 100 prayer cards).

Deware Funeral Home, Affiliate of APFS and Service Corporation International, 206 Winter Street, Fall River, MA 02720 (508) 676-2454

During a hard time, there's an easy decision.

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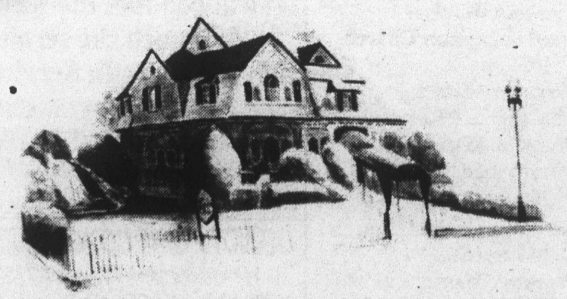


"Serving Our Community, One Family at a Time."

Director Michelle Lydon
644 Hancock Street Quincy, MA 02170
(617)472-7423
www.lydonchapelforfunerals.com

**Please contact our office for a free personal planning portfolio*

Francis A. Yafrate

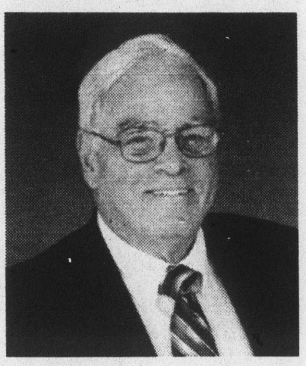
A funeral Mass for Francis A. "Fran" Yafrate of Quincy will be celebrated at 10 a.m. Thursday in St. Joseph's Church, Quincy.

Mr. Yafrate died unexpectedly Oct. 26.

Beloved husband of 31 years to Maryalice O'Hearn Yafrate of Quincy. Devoted father of Michael Yafrate and his wife Kristen of East Bridgewater. Cherished Papa of Hannah and Ryan Yafrate. Caring brother of James Yafrate and his wife Jacqueline of Raynham. Also survived by many nieces, nephews, extended family, former wife Virginia Waring Yafrate, and dear friends.

Mr. Yafrate graduated from Stonehill College and went on to receive his Master's Degree from Cambridge College. He worked as a math teacher at Brockton High School for 40 years before retiring in 2002. He also enjoyed many years supporting their Athletic Department as the faculty manager of athletics. Mr. Yafrate lived life full of love and faith.

He was a devoted and active member of St. Joseph's Church in Quincy. Mr. Yafrate was loved by all who knew him, affectionately known by his neighbors as the "Mayor of Sea Ave" because of the bond of friendship he had with all of them. He was an upstanding member of the Neighborhood Club in Quincy, active at Stonehill College, was chosen to be the first "Grateful Patient" of South Shore Hospital, and was a man who was always there to help everyone.



FRANCIS A. YAFRATE

Mr. Yafrate loved spending time with his family, especially his grandchildren, golfing, was a master gardener and a creative home re-builder. He will be remembered for his talent in cooking, great sense of humor and hospitality. Mr. Yafrate will be sadly missed, but never forgotten.

Visiting hours were 4 to 8 p.m. Wednesday in Keohane Funeral Home, 785 Hancock St., Quincy. A celebration of life service will be held there at 9:15 p.m. Thursday, prior to the Mass.

Burial to follow.

Memorial donations may be made to the Friends of South Shore Hospital, 30 Reservoir Park Drive, Rockland, MA 02370.

John J. Kelly, Jr., 92

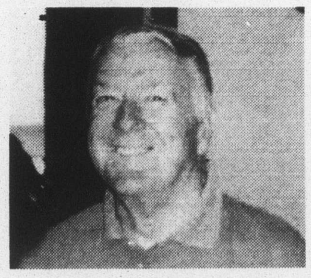
A funeral Mass for John J. "Mort" Kelly Jr., 92, of Squantum was celebrated Monday in Sacred Heart Church, Quincy.

Mr. Kelly died Oct. 24.

Beloved husband of the late Mary "Honey" Kelly. Loving father of Daniel J. Kelly and his wife Kristine of Colorado, John J. Kelly III of Quincy, Joan F. Hastings and her husband Mark of Squantum and the late Michael H. Kelly. Devoted Grandpa/Papa of Rainier Kelly, Thea Blue Kelly both of Alabama and Mark E. Hastings Jr. of Squantum. Great Grandpa of Fitz and Bash of Alabama. Cherished brother of the late Anna Rita Moran and Mortimer Kelly.

Mr. Kelly was a United States Navy veteran, who served his country during WWII. He retired in 1990 as a Boston police lieutenant.

Mr. Kelly enjoyed his vacation club and yearly trips to Estero Island Beach Club,



JOHN J. KELLY, JR.

Fort Myers Beach, Fla., with his family. He was a member of the McKeon post in Dorchester for many years. Mr. Kelly was an avid golfer and in his later years continued his weekly gatherings during "coffee with the guys." His main passion in life was his family and spending time with those he loved. He will be sadly missed by all those who had the pleasure of knowing him.

Interment at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Phyllis M. Buttomer, 86

A funeral Mass for Phyllis M. (McLaughlin) Buttomer, age 86, of Quincy, formerly of Mattapan, was celebrated Tuesday in St. John the Baptist Church, Quincy.

Mrs. Buttomer died Oct. 25 surrounded by her loving family at Massachusetts General Hospital.

She was born in Boston to the late David L. and M. Phyllis (MacDonald) McLaughlin. She was raised in Mattapan and was a member of the first graduating class of St. Angela's Grammar School. She was also a graduate of St. Patrick's High School in Roxbury, Class of 1948. She had lived in Quincy for fifty-two years.

Mrs. Buttomer worked in medical records at Granite Medical in Quincy for ten years. She was a longtime, active member of St. John the Baptist Parish in Quincy. She was past president of the St. John's Women's Club and served as the church's activities chairperson for several years. Mrs. Buttomer was involved with many musical shows and countless other church projects. She was a Girl Scout leader and received the prestigious St. Ann's Medal for her many contributions to scouting. She also was past president of former Quincy Catholic Club.

In the early 1950s she served in the Women's Marine Reserves and was a past president of the women's auxiliary of the former Mattapan American Legion Post #128. She enjoyed reading, crossword puzzles, the theater and shows. She also enjoyed traveling and was an avid Boston Red Sox fan.

Most of all, the passion in

PHYLLIS M. BUTTOMER

her life was her family. Mrs. Buttomer was dedicated to her late husband, James, her children and especially to her grandchildren and great grandchildren, actively supporting all their activities and celebrating all their accomplishments.

Beloved wife for fifty years of the late James F. Buttomer. Devoted mother of James F. Buttomer, Jr. and his wife Luanne of Quincy, David P. Buttomer and his wife Robin of Braintree, Linda M. McCulley and her husband Bob of Quincy, Susan Prue and her husband Jim of North Waterboro, Maine, Janet M. Batson of Quincy, Robert S. Buttomer and his wife Christine of Quincy. Loving grandmother of thirteen grandchildren and thirteen great grandchildren. Dear sister of Pauline A. McLaughlin of West Roxbury and the late Rita M. Jeffries. Also survived by many nieces and nephews.

Interment at Knollwood Memorial Park, Canton.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the Wounded Warrior Project, P.O. Box 758516 Topeka, KS 66675.

Sara MacKinnon

A funeral Mass for Sara MacKinnon of Quincy was celebrated Monday in St. Agatha Church, Milton.

Ms. MacKinnon died Oct. 25.

She was born in Prince Edward Island, Canada. Throughout her life, she was passionate about caring for others. Although Ms. MacKinnon had no children of her own, she was a second mother to Mike, Charlie, Leo, Larry and Margaret, and numerous nieces and nephews. Ms. MacKinnon was a devout Catholic whose faith carried her through all of life's challenges. Her kindness, generosity and sense of humor was truly an example of how life should be lived. She will be greatly missed by all who were fortunate enough to have known her.

She is survived by her brother, Harold MacKinnon and his wife, Mary and sister Celia MacInnis. She is predeceased by brothers Joe, Paddy, Kenny, DF, Victor and sister Edna.

Interment in Pine Hill Cemetery, Quincy.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Harvest Weekend At Quincy Point Congregational Church

This weekend at Quincy Point Congregational Church, 444 Washington St. will hold a Harvest Weekend celebration introducing two events.

A Harvest Fair will be held Saturday, Nov. 4th from 9 a.m. to 3 p.m. A luncheon will be served from 11:30 a.m. to 2 p.m. featuring clam chowder, chicken soup, sandwiches made to order and hot dogs. There are a multitude of tables including: handmade wooden toys and greeting cards, handknit items, SERRV fair trade jewelry and apparel, Raffle Baskets, Dog Treats, Vermont Cabot Cheese, Apple Pies, jams jellies and pickles and much more.

On Sunday, Nov. 5th, fall festivities will continue with the 2017/2018 QPCC Concert Series this month highlighting an eclectic a cappella group, "None of the Above." Call 617-773-6424 or tickets or email: office@quincypointcong.org. The second performance of the series will be "Christmas Pops" with the Island Grove Chorus Saturday, Dec. 16th

United Methodist Church Honoring Veterans Nov. 12

Quincy Community United Methodist Church, 40 Beale St., Wollaston, will honor veterans at its 10:30 a.m. worship service Sunday, Nov. 12.

New church pastor, the Rev. Rebecca Baumann (Pastor Becky) comes to QCUMC previously served in two military communities: Groton, CT and Newport, RI. As the daughter of a World War II Navy veteran, she was delighted to discover that upon the back wall of the sanctuary is a bronze plaque naming 144 persons who served in World War II. The tablet bears the following inscription: "A grateful church has erected this tablet in honor of those who served their country in World War II."

The special service Nov. 12 will be following the guidelines for "A Four Chaplains Service." On Feb. 3, 1943, four Amy chaplains gave their life belts to their fellow soldiers, stood together and prayed as the U.S.A.T. Dorchester sank beneath the surface of the Icy Atlantic, the victim of a German U-Boat.

Additional information regarding the Four Chaplains may be found at www.fourchaplains.org. The Chapel of the Four Chaplains is located at 1201 Constitution Ave. in the Navy Yard Building 649 in Philadelphia, PA.

Restore Christian Church Invites Community To Serve

On Sunday, Nov. 12th, Restore Christian Church is inviting everyone in the Quincy community to consider giving two hours of their time to serve hungry families in Haiti.

This is an opportunity for the whole family to experience. All volunteers are welcome.

From 2 p.m. to 4 p.m. at Wesner Hall (20 Greenleaf St.), volunteers from Quincy will be packing 14,000+ shelf stable meals to help provide a nutritious meal to hundreds of young children and families in Haiti. The meals will be packaged and ready to be sent in just two hours.

This event is also open to community sponsorships. For those interested in giving to this event that will serve others in a big way there are sponsorship packages available.

To sign up to volunteer or sponsor the event, visit restorequincy.org/connect or email Trey at trey@restorequincy.org.

More news online at:
thequincysun.com

Cheryl A. Marini, 62

A celebration of life service for Cheryl Ann Marini, 62, was held Oct. 28 in the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Ms. Marini died at home with her family by her side on Oct. 8 after a long battle with cancer.

Born and raised in Quincy, she graduated from Quincy High School and Cape Cod Community College and was employed by D.S.T. Systems, Inc. as a computer systems analyst.

Ms. Marini lived her life to the fullest and especially enjoyed traveling, having made trips across the country, as well as to Canada, Europe and the Islands. She was also an accomplished skier. She will be remembered for her compassion, generosity and devotion to her family and friends, and will be greatly missed.

The beloved daughter of Gloria Marini and the late Edward Marini of Quincy,

CHERYL A. MARINI

Ms. Marini was the loving sister of Brian Marini and wife Christine of Fort Lauderdale, Florida, and Pamela Pasquarosa of Quincy; cherished Aunt to Jessica McKinnon, Nicholas Pasquarosa and Benjamin Marini; and is also survived by her grandniece, Audri McKinnon.

Memorial donations may be made to the Dana-Farber Cancer Institute, P.O. Box 849168, Boston, MA 02284 or dana-farber.org/gift.

Fair For All Seasons At Holy Trinity Parish Nov. 18

The Holy Trinity Parish of Quincy will host A Fair for All Seasons Saturday, Nov. 18 from 10 a.m. to 3 p.m. at St. Thomas Aquinas Hall, Darrow Street, Quincy.

The fair will feature quality handmade crafts by South Shore artisans, raffles, kitchen, baked goods, kids corner, knitted items and holiday gifts.

Admission is a non-perishable food or toiletry item.

For more information, contact Eileen at 617-479-4107 or 617-481-9153 or email etimcoe@yahoo.com.

Holiday Shoppers Night At Houghs Neck Church Nov. 14

The third annual Holiday Shoppers Night will be held on Tuesday, Nov. 14 from 6:30 to 9 p.m. in Fellowship Hall at the Houghs Neck Congregational Church, 310 Manet Ave.

Free Admission and Free refreshments. Vendor and artist items include clothing accessories, beaded gifts, hand crafted jewelry, crochet and yarn crafts, paper art, local honey, spices, bags, hair bows, aprons, sea glass art, pillows, wreaths and more.

LEGAL NOTICE

CITATION ON PETITION FOR ORDER OF COMPLETE SETTLEMENT
Docket No. NO15P3079PM
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
James Eagan

A Petition for **Order of Complete Settlement** has been filed by **Aylene Calnan** of **Hingham, MA** requesting that the court enter a formal Decree of Complete Settlement including the allowance of a final account, the allowance of a proposed distribution and other such relief as may be requested in the Petition.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this court before: **10:00 A.M. on the return day of 11/22/2017.** This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: October 16, 2017
PATRICK W. McDERMOTT
Register of Probate

11/2/17

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO17P2653EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Norman Joseph Walsh
Date of Death:
August 30, 2017

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Norman J. Walsh, Jr.** of **Milton, MA.**

a Will has been admitted to informal probate.

Norman J. Walsh, Jr. of **Milton, MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

11/2/17

PUBLIC NOTICE

PUBLIC NOTICE
QUINCY COMMUNITY PRESERVATION COMMITTEE

On Thurs., Nov 9, 2017, the Quincy Community Preservation Committee will hold a public meeting to explain the upcoming 2018 application process.

The meeting will be held at 7:00 p.m. at Coddington Hall, 34 Coddington St., Quincy, MA 02169. Any questions can be directed to Lisa Aimola, Director of Community Preservation at 617 376-1052.

10/26/17, 11/2/17

Wollaston Station Closing Jan. 2

By SCOTT JACKSON

The Wollaston MBTA station will be closed for a 20-month period starting Jan. 2 as part of a $33 million overhaul of the station, the transit agency announced Monday.

Additionally, the T said shuttle buses will provide service between North Quincy and Braintree stations between Sunday and Thursday nights starting Nov. 12. The shuttle buses will run from 9 p.m. to the end of service those nights. The T said the nighttime shuttle service is needed to ensure the renovation project is as efficient as possible.

Red Line trains will continue to pass through the station but won't stop there while it is closed. The T plans to provide a shuttle service during the 20-month period between Wollaston and North Quincy.

The parking lot at the Wollaston station will remain open while the station is closed, allowing commuters to park there and take a shuttle bus to North Quincy. The total number of parking spaces available at the Wollaston station will be reduced, however, from 538 to 423. The MBTA is recommending commuters who cannot park at Wollaston use the overflow lot at North Quincy, located on Newport Avenue.

Renovation work at the station will continue after it reopens at the end of the 20 months.

The MBTA on Monday said Red Line service will terminate at North Quincy on 18 weekends during a 24-month period starting in February 2018. Shuttle buses will run between Braintree and North Quincy on those weekends.

The Wollaston station, which opened in 1971, is the only Red Line station not in compliance with the Americans with Disabilities Act. Plans for the station include three elevators – one will be included in an expanded lobby under the station and the other two will connect the platform to the parking lot via a new walkway over the tracks. The project will also include improvements to mitigate flooding at the station's entrances, new bathrooms, additional customer paths, and site utility upgrades, among other items.

T officials have said the closure of the station will allow the project to be completed on a quicker timeline and for less money than if it were kept open during construction.

The MBTA will hold a community meeting on the project on Wednesday, Nov. 15, inside the auditorium of Central Middle School, 875 Hancock St. The meeting starts at 6:30 p.m.

Mite Box Thrift Shop Open Wednesday-Saturday

The Parish of St. Chrysostom announces The Mite Box Thrift Shop will be open on Wednesday, Nov. 1st through Saturday, Nov. 4th from 10 a.m. to 4 p.m.

The shop features a selection of new merchandise. It is located at 1 Linden St. in the Wollaston section of Quincy.

INVITATION TO BID **INVITATION TO BID**

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for:

PUBLIC BUILDINGS **November 21, 2017 @ 11:00 a.m.**

ROOF REPLACEMENT at Maintenance Garage at 55 Sea Street (DPW)

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM after November 7th, 2017.

A non-mandatory pre-bid walk thru will be held on November 14, 2017 at 10:00 a.m. at 55 Sea Street, Quincy, MA 02169. DCAMM is required in "Roofing".

All questions regarding this bid should be directed to Kathryn R. Hobin, Purchasing Agent through email: purchasing@quincyma.gov. Questions will be accepted until November 16, 2017 by 12:00 p.m.

Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked **"BID ENCLOSED"** with time/date of bid call.

The successful bidder will be required to conform to the payment of Prevailing Wage Rates, as determined by the Commissioner of Labor & Industries under the provision of M.G.L. Chapter 149, Section 26 to 27D as amended.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informality in the bidding if it is in the best interest of the City to do so.

Thomas P. Koch, MAYOR
Kathryn R. Hobin, PURCHASING AGENT

11/2/17

INVITATION TO BID **INVITATION TO BID**

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for:

QPS-FOOD SERVICE **November 16, 2017 @ 11:00 a.m.**

Purchase and Installation of New Walk-In Freezer at North Quincy High School

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov. and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM

A non-mandatory pre-bid walk thru will be held on November 6, 2017 at 10:00 a.m. at North Quincy High School, 316 Hancock Street, Quincy, MA 02171.

All questions regarding this bid should be directed to Kathryn R. Hobin, Purchasing Agent through email: purchasing@quincyma.gov. Questions will be accepted until November 10, 2017 at 4:00 p.m.

Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked **"BID ENCLOSED"** with time/date of bid call.

The successful bidder will be required to conform to the payment of Prevailing Wage Rates, as determined by the Commissioner of Labor & Industries under the provision of M.G.L. Chapter 149, Section 26 to 27D as amended.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informality in the bidding if it is in the best interest of the City to do so.

Thomas P. Koch, MAYOR
Kathryn R. Hobin, PURCHASING AGENT

11/2/17

Longtime Soccer Activist, Coach Rich Hanlon Retires

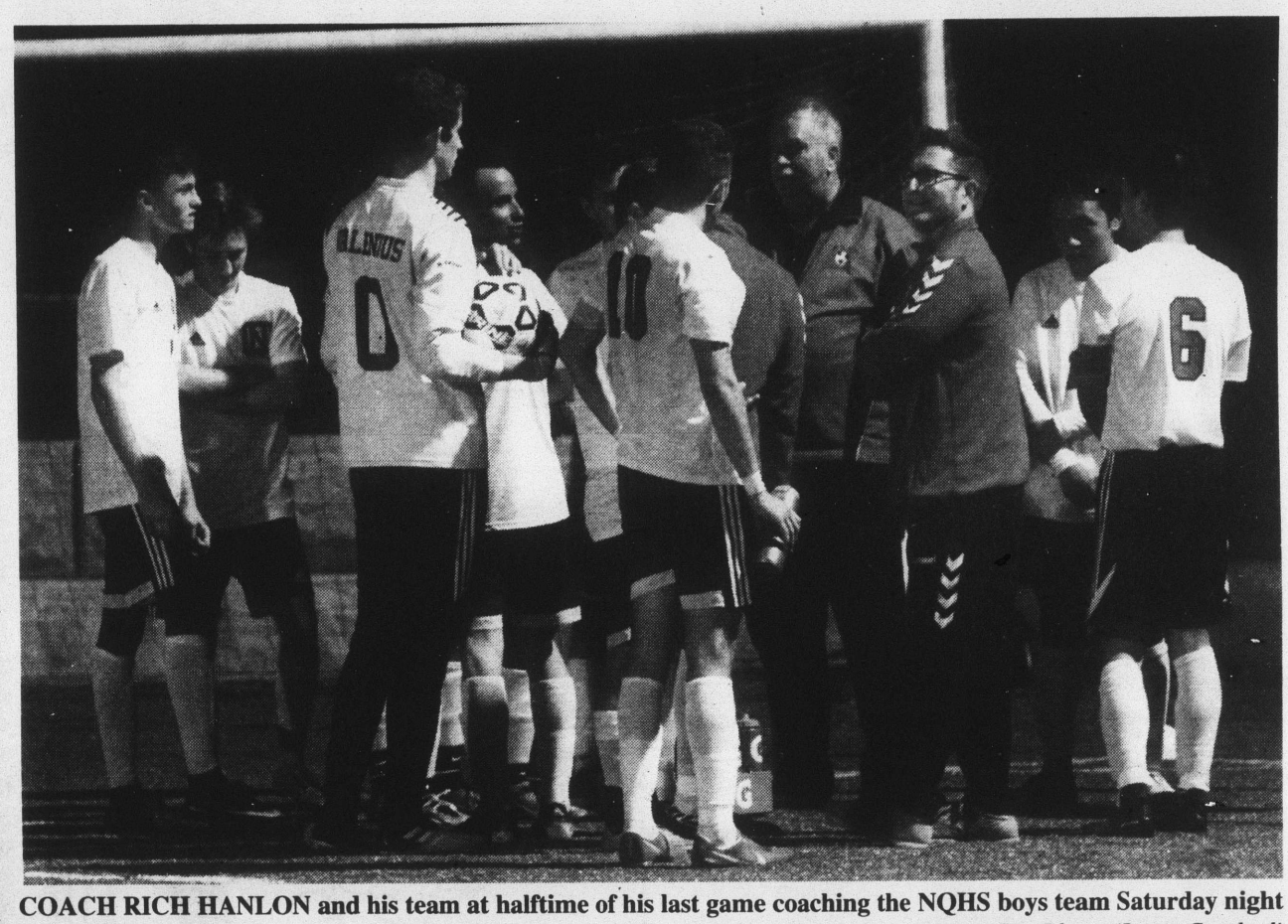
Cont'd From Page 25

too."

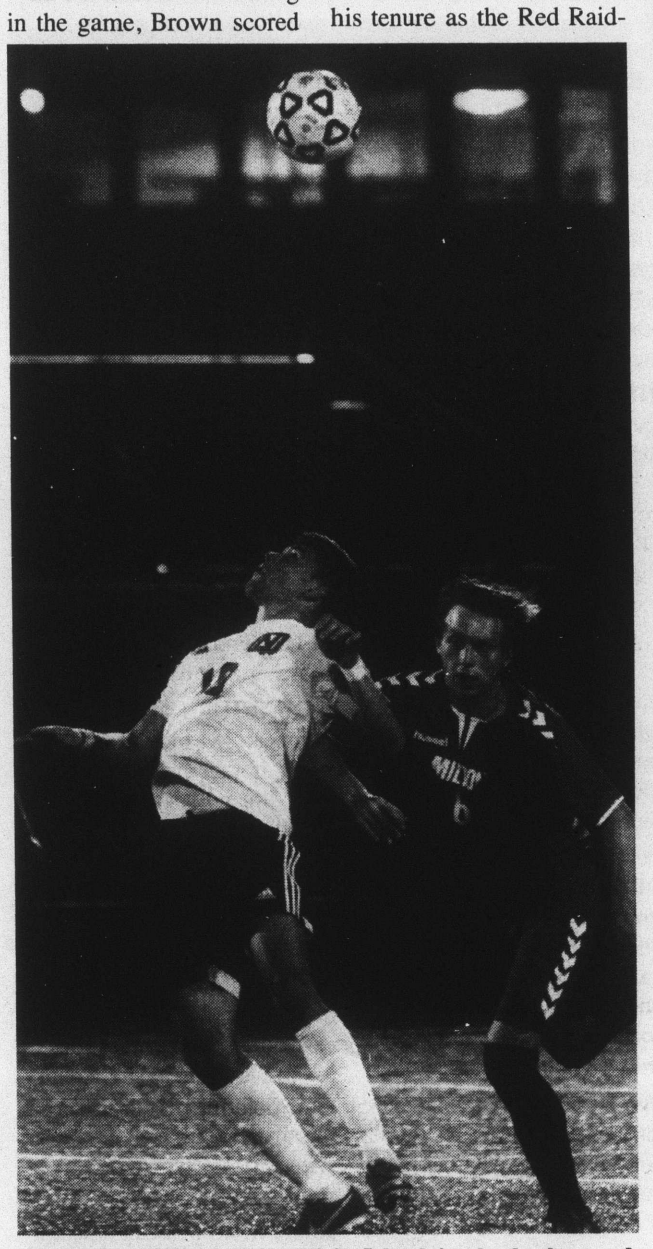
Less than a minute into the game Doug Brown put the Red Raiders on the scoreboard, scoring a goal on a header. Midway through the first half, Milton tied the game up at one apiece and 10 minutes into the second half, they took a 2-1 lead. With 8.5 minutes remaining in the game, Brown scored again to tie the game at 2-2. Following regulation, it went to penalty kicks.

Vangjel Gjergo--who scored 24 of the Red Raiders 33 goals this season--and Aiden Ring scored on their kicks for North Quincy, but Milton hit three of their first four kicks to seal the win.

Hanlon's role in Quincy soccer stems well beyond his tenure as the Red Raiders head coach. He played a crucial role in the founding of Quincy Youth Soccer back in 1980 and served as its director of Development from 1980 to 2004.



COACH RICH HANLON and his team at halftime of his last game coaching the NQHS boys team Saturday night at Creedon Field.
Quincy Sun Photos/Larry Carchedi



WITH NORTH QUINCY High School in the background, Vangjiel Gjerco of the Red Raiders tracks the ball on a clear Saturday night at Creedon Field.

HEAD COACH Rich Hanlon (center) with assistant coach Chris Ranft (left) and Jayvee coach Tim Smith (right) during Saturday's North Quincy - Milton game, the final in Hanlon's coaching career.

"It means a lot to have been a part of the development of soccer in this town," he said. "When I first started coaching here in 1980, very few people knew anything about soccer. It was the beginning of soccer at a lot of high schools. They were playing it at North, but they didn't have a youth program. It's really expanded and that really means a lot to me. We didn't have the success we hoped for, but this team this year was very special."

Prior to coaching the Red Raiders boys' team at the varsity level, Hanlon gained plenty of experience coaching high school soccer. He was the Quincy Presidents girls' soccer coach from 1998 to 2000 and before taking over as the Red Raiders head coach, he was an assistant for them for four seasons.

Hanlon is still involved with other sports. He officiates high school and college track meets. In the wintertime, he is also the director of the South Shore Basketball League and has been since 2005.

Plus, Hanlon plans to stay involved with soccer in Quincy in some capacity.

"I'll keep busy, but I'll stay around the team and the guys. I won't just disappear."

Hanlon also heard from the MIAA office and they offered him a position to help out with interpretation of the rules and potential reforms.

"That was nice," he said. "I talked to the guy in charge of the officials, so that's definitely something I could look into."

NQHS AND MILTON played their final regular season game at Creedon Field, the Red Raiders' home field Saturday night. In an exciting game, both teams played to a 2-2 tie at the end of regulation. Milton emerged as the victor in the shootout. Shown here is Milton forward Dominik Hyppolite and NQ defender Damien Papajani positioning for the ball in the second half.

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

Cont'd From Page 38

require you to verify your identity with a security challenge and then change your password the next time you sign in

If someone else has access to your account, they have your password and might be trying to access your personal information or send junk email

If you haven't already recovered your account, we can help you do it now.

Recover now button

Thanks,

The Microsoft account team

A simple Google search shows that this scam has been around since at least 2014:

The Microsoft account Security alert is a phishing scam has been around for a couple years now. Here is another example from the "so called" Microsoft account team. This type of bogus email is used by criminals to steal your personal information in order to access your account. Sep 13, 2014

DO NOT FALL FOR THIS: A check of the IP address comes back as "Not Secure" and when opened it has a triangle with the word, "Pewten" under it. This appears to be a play on words with Russian President Putin.

DO NOT GIVE OUT INFORMATION: if you give out your password, your computer as well as your identity may be compromised. Do not open any other windows inside the email.

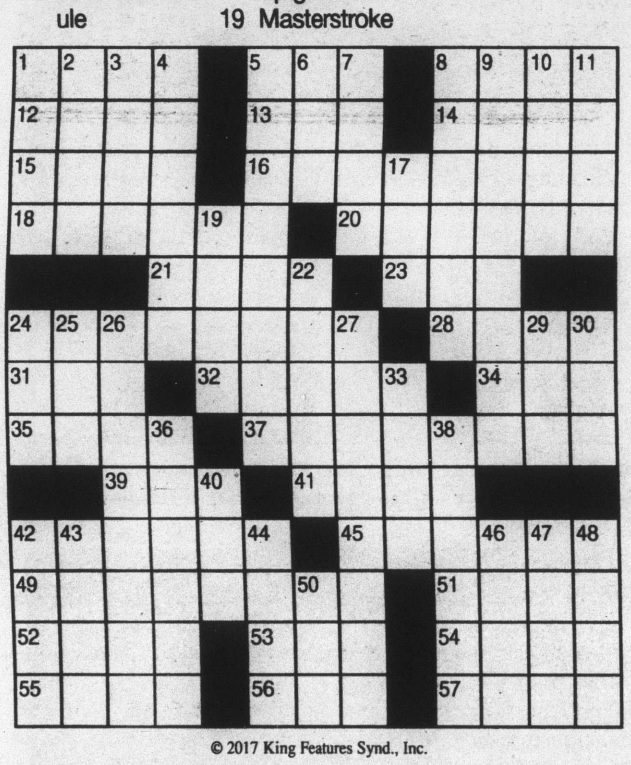
ASK YOURSELF A SIMPLE QUESTION: have you had any problems with your computer that would support concern for this so called Microsoft contact. When in doubt go to a professional service locally so that you will be able to confirm that the service provider is legitimate.

SUN FUN PAGE

King Crossword

ACROSS
1 Eye layer
5 Poorly illuminated
8 Answer an invite
12 Send a naughty photo
13 Environmental prefix
14 Elevator name
15 Goblet part
16 Carrion-eating birds
18 Highly ornate
20 Most up-to-date
21 Satan's purchase
23 Pod occupant
24 Snapshots
28 Omit
31 Web address
32 Diarist Samuel
34 A Gabor sister
35 Settled a debt
37 False teeth
39 Wire measure
41 Kitchen, e.g.
42 On the schedule
45 Tropical fruit
49 Blends
51 "American —"
52 Sandwich cookie
53 Blackbird
54 Anger
55 Wanders
56 Horror director Craven
57 Historic times

DOWN
1 Letters on old Asian maps
2 Kill a bill
3 One of the brass, for short
4 Maximally
5 Ate greedily
6 Hosp. area
7 Gangster's girlfriend
8 GPS findings
9 One who jogs sans togs
10 Competes
11 "Hey, you!"
17 Spigot
19 Masterstroke
22 Shunned person
24 Young dog
25 Playwright Levin
26 Reached a peak
27 Short story?
29 "— Got a Secret"
30 — de deux
33 Old portico
36 Marks meaning "same as above"
38 Baseball arbiter
40 Romanian money
42 Urban blight
43 Old Italian coin
44 Sketch
46 Hebrew month
47 Relaxing discipline
48 Brewery products
50 Away from WSW



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MAGIC MAZE ● CONTAINERS

A H E R B Y V S P M J E H E B
Y V L T E G G S H E L L Q O L
I G D U B T Y K W U T R P M K
I F D B G Y S N S W D U S Q O
M K I F D G L P O A B Z X W U
S Q O K N L A A M O L I S J H
H F D C S C S G R U C F A C Y
W V J T T A N K E R D O U S Q
P N L A F K C I H H O O C F E
C B Z E R E H C T I P C Y W V
U S R Q P N M L J I H F E D C

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Capsule
Cask
Cocoon
Corral
Dumpster
Eggshell
Flask
Jar
Luggage
Pitcher
Pouch
Safe
Silo
Tanker
Thermos

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HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Radio is missing. 2. Bow is smaller. 3. Swing seat is smaller. 4. Girl's legs are shorter. 5. Arm is moved. 6. Tree carving is missing.

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Trivia test by Fifi Rodriguez

1. HISTORY: Where was the Manhattan Project, the atomic bomb, developed?
2. LITERATURE: Who wrote the 19th-century poem "The Raven"?
3. TELEVISION: How many castaways were on the sitcom "Gilligan's Island"?
4. HISTORY: What Byzantine city was later renamed Istanbul after being captured by the Ottoman Empire?
5. ACRONYMS: What do letters in SCUBA stand for?
6. STYLE: What kind of hairdo did The Beatles inspire in the 1960s?
7. GEOGRAPHY: The Mexican border city of Tijuana is close to which major U.S city?
8. MOVIES: What kind of dog was Toto in "The Wizard of Oz"?
9. ENTERTAINMENT: What is the name of Donald Duck's significant other?
10. FOOD & DRINK: What is the word for Vietnamese noodle soup?

Answers

1. Los Alamos National Laboratory (New Mexico)
2. Edgar Allan Poe
3. Seven
4. Constantinople
5. Self-Contained Underwater Breathing Apparatus
6. The mop-top
7. San Diego
8. Cairn Terrier
9. Daisy Duck
10. Pho

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Wishing Well®

4	6	5	3	6	4	2	3	5	3	8	4	3
M	R	Y	E	E	O	B	X	O	P	B	R	E
7	5	7	2	7	6	5	8	5	2	6	4	5
C	U	A	E	U	W	R	E	B	S	A	E	O
6	4	8	4	3	4	3	2	6	2	8	7	2
R	L	G	E	C	I	T	P	D	O	E	T	N
7	4	8	7	6	5	4	6	7	6	3	4	3
I	S	N	O	S	S	U	A	N	R	T	R	O
7	4	8	5	2	6	7	4	6	7	5	4	3
A	E	T	S	T	E	D	T	G	V	I	I	W
7	2	7	3	4	6	2	5	8	2	3	2	8
I	A	S	I	M	I	N	S	L	E	N	O	E
6	5	4	7	5	6	5	2	6	5	7	2	5
V	H	E	E	A	E	P	U	N	P	D	S	Y

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) Your work requires increased effort during the next few days. But it all will pay off down the line. Things ease up in time for weekend fun with family and/or friends.

TAURUS (April 20 to May 20) Your genuine concern for others could prompt you to promise more than you can deliver. It's best to modify your plans now, before you wind up overcommitted later.

GEMINI (May 21 to June 20) A situation that seems simple at first glance needs a more thorough assessment before you give it your OK. Dig deeper for information that might be hidden from view.

CANCER (June 21 to July 22) Careful: Right now, things might not be quite what they appear. Even the intuitive Crab could misread the signs. Get some solid facts before you act on your suspicions.

LEO (July 23 to August 22) Your energy levels are high, allowing you to complete those unfinished tasks before you take on a new project. A social invitation could come from an unlikely source.

VIRGO (August 23 to September 22) You might think you're helping, but unless you're asked for a critique, don't give it. If you are asked, watch what you say. Your words should be helpful, not hurtful.

LIBRA (September 23 to October 22) Your attempt at mediating disputes might meet some opposition at first. But once you're shown to be fair and impartial, resistance soon gives way to cooperation.

SCORPIO (October 23 to November 21) Go ahead. Reward yourself for helping settle a disturbing workplace situation. On another note: A personal relationship might be moving to a higher level.

SAGITTARIUS (November 22 to December 21) A sudden change of heart by a colleague might create some momentary uncertainty. But stay with your original decision and, if necessary, defend it.

CAPRICORN (December 22 to January 19) Rely on a combination of your sharp instincts along with some really intense information gathering to help you make a possibly life-changing decision.

AQUARIUS (January 20 to February 18) Instead of worrying if that new person in your life will stay or leave, spend all that energy on strengthening your relationship so it becomes walk-out resistant.

PISCES (February 19 to March 20) A sudden financial dry spell could reduce your cash flow almost to a trickle. But by conserving more and spending less, you'll get through the crunch in good shape.

BORN THIS WEEK: Your ability to keep secrets makes you the perfect confidante for friends, family and coworkers.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: E equals C

JRM EPFRXO ZAPM EPJERUJGJY

Q APTZRAPNX WAQW LUPXTERZ

ERUWQGJ LQUWZ SPU SGURQUFZ:

"WAR EQUWUGXYR SQFGNO."

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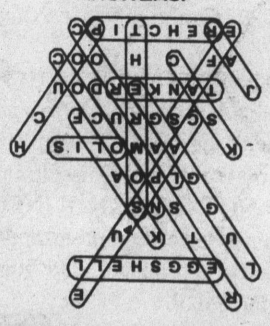
CryptoQuip puzzles $3.50 • 24 Volumes • Order at: rbmamall.com

— King Crossword —
Answers
Solution time: 21 mins.

Magic Maze
ANSWERS:



Cyptoquip
ANSWER:

New comedy show concerning a household that produces certain parts for firearms: "The Cartridge Family."

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- Chris Pine, fresh from the $821 million "Wonder Woman" grosses, has completed the science-fantasy film "A Wrinkle in Time," opening March 9 with Oprah Winfrey, Reese Witherspoon, Mindy Kaling and Zach Galifianakis. Pine currently is shooting the Netflix historical action film "Outlaw King," in which he plays Robert the Bruce, opposite "Nocturnal Animals" Oscar-nominee Aaron Taylor Johnson. Sadly, you'll have to wait until December 2019 for the "Wonder Woman" sequel.

Hugh Jackman, who shredded his body to make nine "Wolverine" films and returned to his musical roots in "The Greatest Showman," with Zac Efron, Michele Williams and Zendaya (opening Christmas Day), is now filming the political comedy/drama "The Front Runner" (for director Jason Reitman, who gave us "Juno" and "Up in the Air"). Jackman is playing 1988 presidential candidate Gary Hart, who dropped out when the scandal of his extramarital affairs made headlines. His co-stars are Oscar-winner J.K. Simmons and Oscar-nominee Vera Farmiga (for Reitman's "Up in the Air"). Based on Matt Bai's bestselling book "All the Truth Is Out: The Week Politics Went Tabloid," it's very timely for what's happening in politics today.

***

Steve Carell became a TV star playing Michael Scott in "The Office" (2005-2011) and began making films such as "Bruce Almighty" (2003), starring Jim Carrey, and the sequel, "Evan Almighty" (2007), in which he became the star. Carell rose through the ranks in "Anchorman: The Legend of Ron Burgundy" (2004) and "Bewitched," then starred in "The Forty-Year-Old Virgin" (2005), "Get Smart" (2008), the "Despicable Me" (2010) franchise and "Crazy, Stupid, Love" (2011). He's currently on screen in "The Battle of the Sexes," with Emma Stone, playing Bobby Riggs to her Billy Jean King.

Carell has completed the Amazon studios "Beautiful Boy" (produced by Brad Pitt), co-starring Oscar-winner Timothy Hutton and Maura Tierney, and is now shooting "Back Seat" (also produced by Pitt), with Oscar-winner Christian Bale and Amy Adams, and Robert Zemeckis' "Last Flag Flying," with Bryan Cranston and Laurence Fishburne (opening November 2018). He's also shooting director Robert Zemeckis' fantasy drama "The Woman of Marwen," with Leslie Mann and Diane Kruger.

***

Andrew Garfield, Oscar nominated this year for "Hacksaw Ridge," must have been disappointed by the poor turnout for Martin Scorsese's "Silence" (especially after losing a ton of weight to do it). He's currently on screen in "Breathe," with "Downton Abbey's" Hugh Bonneville, and has completed the neo-noir crime thriller "Under Silver Lake," with Riley Keough (Elvis' granddaughter) and Topher Grace ("That '70s Show"). Will Garfield be able to "Breathe" "Under Silver Lake" without his "Spider-Man" costume?

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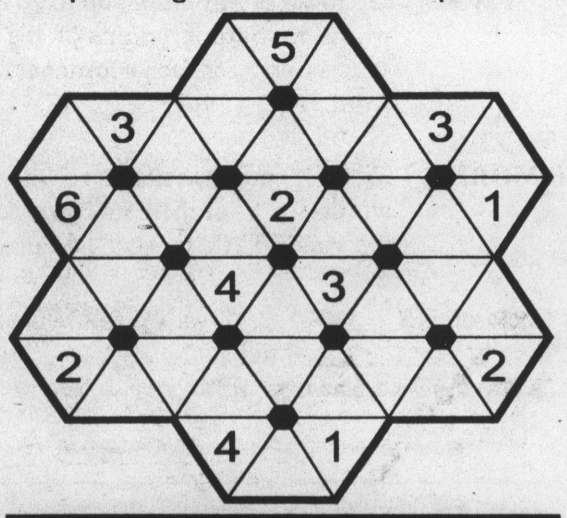
SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult

★★★ GO FIGURE!

	+		÷		15
÷		+		×	
	×		+		13
+		+		+	
	−		×		16
12		20		13	

1 2 4 5 6 7 8 9 9

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KOVELS Antiques & Collecting

By Terry and Kim Kovel

What's a Jeep? --- What's a "jeep"? To a car collector or soldier, it is a special kind of vehicle that can travel over all sorts of rough terrain. But to a comic collector, it's a bright-yellow animal that looks a little like a dog walking on its two hind legs. It has a large red nose, tiny ears and is magical.

Eugene the Jeep first appeared in 1936 in the comic strip "Thimble Theater," along with Popeye and Olive Oyl. Eugene the Jeep wanted to help humans and always told the truth, although the only word he said was "jeep." There were other characteristics, too. Eugene ate orchids only, could predict the future, could teleport himself and walk through walls. Jeep was so popular that he was included as Popeye's pet on and off in animated cartoons, comic strips and animated television shows from the 1930s and 1940s to 1987.

Jeep memorabilia was plentiful, but a lot was not saved. There are old stuffed or wooden dolls, figurines, plaster carnival statues, toys, games and textiles. In 2012, a new Popeye comic included Eugene, and new Jeep collectibles were made. An old 13-inch-tall composition and wooden doll made by Cameo Doll Co. was recently sold. He has a label on his chest that reads "Jeep, (c) King Features Syn, 1935." A fan spent $1,044 to take Jeep home. An 8-inch version of the doll in the same auction sold for only $297.

***

Q: When I was growing up, my grandmother had a strange lamp in the breakfast room. It looked like an 8-inch high cylinder that had a light bulb inside. The heat of the light made hot air that turned the paper or plastic cylinder. There was a picture of Niagara Falls on the side, and as the shade turned, it made it look like the water was flowing over the falls. I want to get a similar lamp for my son, but I don't know where or what to call it.

A: Your grandmother had a "motion lamp," probably made by the Scene-in-Action Company of Chicago. It made the lamps from 1925 to 1936. They were the first, but several other companies made similar "moving" lamps. They were interesting, but gave very little light. Ten years ago, the lamps sold for about $200 to $250, but today they're worth only about half that much.

***

CURRENT PRICES

Coca-Cola bottle, Super Bowl commemorative, Coke Is It! At the Super Bowl, Tampa, Florida, 1984, $10.

Mardi Gras mask, bird, long beak, pink, purple, copper color brocade, molded papier-mache, silk velvet, c. 1930, $180.

For more collecting news, tips and resources, visit www.Kovels.com.

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STICKELERS [sic]

by Terry Stickels

Which of the following expressions is the smallest in value?

A) $\frac{\sqrt{10}}{10}$ B) $\frac{10}{10^{-2}}$ C) 10×10^{-2}

D) $\frac{1}{\sqrt{10}}$ E) $\frac{1}{10\sqrt{10}}$

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Strange BUT TRUE

* It was 20th-century American journalist, editor and writing teacher Brenda Ueland who made the following sage observation: "Inspiration does not come like a bolt, nor is it kinetic, energetic striving, but it comes into us slowly and quietly and all the time, though we must regularly and every day give it a little chance to start flowing, prime it with a little solitude and idleness."

* If you heard the word "pantophobia," you might (logically) assume that it means a fear of pants. You'd be only partially correct, however; those who suffer from pantophobia are, presumably, afraid of pants -- but that's just because they're afraid of everything.

* If you're thinking of starting a business and want to get up and running right away, there's a company ready to help you get started. Novanym, a branding firm based in Farnborough, England, can provide you with a unique name and its matching .com domain -- even your choice of three logos for your fledgling venture. For less than $700 you can brand your company as Aquinique, Spiranti or Fenmarch. Have a more generous budget? Try Mupkin, Cubexis or Zeqon, all in the $5,000 range. If you really want to go all-out -- and are in the right industry -- try Motaway for $25,727, or even InvestmentEtc, which is going for nearly $40,000.

* You might be surprised to learn that if you add up all the deaths that are caused worldwide by tuberculosis, malaria and AIDS, the total would be less than a third of those attributable to pollution, which accounts for 16 percent of all global deaths.

***

Thought for the Day: "Truth-tellers are not always palatable. There is a preference for candy bars." -- Gwendolyn Brooks

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Now here's a tip!

by Jo Ann Derson

* "I have a great idea for cleaning skylights. Attach an old T-shirt to the broom end of a long-handled broom, then just mist with a cleaner. You can hold it up and scrub gently. The T-shirt material makes a great scrubber." -- C.L. in Alabama

* "In my house, cleaning up is a big issue. I have a large basket in the garage that is designated Toy Time Out. I ask the kids to pick something up and give them a time limit. If I have to ask again, the item goes into time out for a day. I typically get a good response to my requests." -- Mom in Maryland

* Thanksgiving Tip: "If you have one person responsible for putting prep dishes and pots and pans in the dishwasher while you are preparing the bird and side dishes for the table, you will be halfway done with dishes by the time the meal is over." -- M.A. in Washington

* "I buy extra supplies for Thanksgiving dinner as items go on sale. We always make extra-large portions of our side dishes, and put in an extra turkey while we're eating! Freeze meals in individual containers for quick dinners throughout the busy weeks from Turkey Day to Christmas Day. Potatoes and vegetable casseroles freeze well, and they taste better than microwave dinners from the grocery store." -- E.S. in Oregon

* For a tailgating favorite, make this: Prepare a batch of macaroni and cheese, then add an egg and stir in. Butter the wells of a muffin tin, and fill with the mac and cheese. Top with a bit of shredded cheddar and bake for 20 minutes at 400 F. You can even make them super portable by using muffin liners. The gang loves these -- no fork necessary!

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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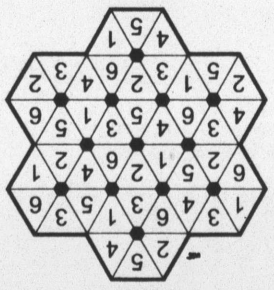
SNOWFLAKES solution



Go Figure! answers

	13		20	12
16	8	×	7	− 9
	+		+	+
13	5	+	4	× 2
	×		+	÷
15	1	÷	9	+ 6

Stickelers Answer

E) $\frac{1}{10\sqrt{10}}$

CLASSIFIEDS

RUMMAGE SALE

RUMMAGE SALE
SUNDAY, NOV. 5TH 10AM-3PM
MONDAY, NOV. 6TH 10AM-12:30PM
AND 6-7PM
TEMPLE BNAI SHALOM
41 STORRS AVE. BRAINTREE
BAGS $10 - 781.843.3687 11/2

FOR RENT

FURNISHED ROOM
WITH AC, TV & MICRO
Near Sea St. Bus Stop
Smoking Outside
Share kitchen $155/wk
Joe 617-773-1084 11/2

HELP WANTED

FEMALE DRIVER NEEDED
Temporarily, ASAP
Hanover Area
2-4 Days a Week - 2 hrs a day
For Senior Female
COMP. PAY
781-243-0372
Leave Message 11/9

SERVICES

T & M Landscape Co.
Fall Cleanups
Free Estimates
617-733-4554
~ AFFORDABLE RATES ~ 12/14

DRIVERS WANTED

DRIVERS: LOCAL, HOME DAILY!
$24.50/HOUR
EXCELLENT COMPREHENSIVE BENEFITS
UNLIMITED DRIVER REFERRAL PROGRAM
2 YRS CDL A EXPERIENCE REQUIRED
GOPENSKE.COM/DRIVERS, JOB # 1709350
OR CALL 877-212-8703 11/9

MISCELLANEOUS

HELP WANTED-SALES
Caption: EARN $500 A DAY (SALES) Final Expense Insurance • Exclusive Leads • Local Training/Support • Everyday is Payday • Agent Health/ Dental Benefits • Incentive Trips CALL 860-357-6904 www.fhginsurance.com

SERVICES

IMAGE LANDSCAPING
We are committed to your property
Wishing you and your family the best on this special All Saints Day!
FALL CLEANUPS!
QUALITY WORKMANSHIP FOR ALL YOUR LANDSCAPING NEEDS
617-471-0044 TF

DG'S YARD MAINTENANCE
- LAWN MOWING
- Mulching, Weeding & Edging
- Small Tree Removal
- Hedge & Shrub
- Overseeding/Sod
- Trimming or Removal
- FULLY INSURED
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Serious about Service... Reasonable Rates
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Fuel Assistance
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Easy Adult Beginner Fun Yoga!
Simple Stretching, Reduce Joint Pain, Breathe & Peaceful Meditation
Wednesdays - 6pm
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JOYCE JORDAN
Certified Yoga Teacher
617-312-8971
or jkjrose@aol.com
for any questions! 11/2

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10 YEARS OF EXPERIENCE
- REFERENCES AVAILABLE -
Call Dirlene
617-959-2703 1/11

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Hancock T.V. & Appliance
Sales, Service, Parts & Installation
Since 1945
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115 Franklin Street, Quincy, MA
hancocktvandappliance.com

FOR HIRE
Garages, Decks
Torn Down
Rubbish Piles
Moorings Moved
OR ME WITH DUMP & LIFTGATE
OR 18FT BOX TRUCK
$75/HR.
"Your Trash is my Ca$h"
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CARPENTRY SERVICES
(over 25 years experience)
All it takes is one call.
This guy right here
DOES IT ALL
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- Paint Stripping - Refinishing
- Tiling - Plumbing
- Sheet Rock - Plastering
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PLEASE RECYCLE THIS NEWSPAPER

HELP WANTED

Warehouse/NON CDL Driver

P.J. Kennedy a Dorchester based Mechanical Contractor has an opening for the following job requirements:

- Operate a 24' rack body truck.
- Utilize a forklift to load and unload cargo.
- General warehouse, vehicle and yard maintenance to include cleaning.
- Candidate must had a clean driving record and be a team player.

Please send resumes to jobs@pjkennedy.com Please No Phone Calls. 11/9

ANIMAL SHELTER

QUINCY ANIMAL SHELTER
56 Broad Street, Quincy • 617-376-1349
quincyanimalshelter.org

IN-SHELTER ADOPTION HOURS
TUESDAYS & THURSDAYS 6:00 to 8:00 pm
SATURDAYS 10 am - 4 pm

Adoption fees include initial vaccinations and Spay/Neuter as needed.
New volunteers always welcomed.

FOR LOST or FOUND ANIMALS call ANIMAL CONTROL at 617-376-1364

AVAILABLE DOGS
Lucky: male, 5, boxer mix

AVAILABLE CATS
Kiddee: 8, female, tabby
Tyler: 10, male, tabby
Nicky & Simba: 7 mos., males, black
Toto: 7, female, tortie
Doris: young, female, orange
Georgia: 2, female, black & white

Save Gas & Money, Shop Locally

HALLS FOR RENT

MORRISETTE LEGION POST
81-83 Liberty St., Quincy
Function Hall Available
Call for Details 617-770-4876
Internet Capable • Weddings • Showers • Christenings • Meetings
After Funeral Gatherings TF

FOR RENT

Large Quincy Point 3 BR, with living room, modern kitchen and bathroom. Walk to bus. Heat and h/w included. $1,800
617-594-4528 TF

WANTED

OLD HAND TOOLS & BOOKS WANTED
Planes, chisels, adzes, shaves, machinist, and sheetmetal tools, calipers, clamps, anvils, vises.
USEFUL TOOLS, ALL TRADES.
New England history books
Collections: old postcards, toys, military, fishing & old auto items
LIBERTY TOOL CO.
888-405-2007
Davistownmuseum.org
www.jonesport-wood.com TF

PERSONAL

Thank You, Saint Jude EAS/RFS
11/2

R.I.P. UNCLE CHICK
LOVE,
LORIE, LARRY, JIMMY, MARK AND CLARE
11/2

THOMAS C. SWEENEY
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Viny/Windows, Doors
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References 1/18

The Quincy Sun CLASSIFIED AD FORM

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INDEX
- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
- ❑ Personal
- ❑ Miscellaneous

RATES

1 WEEK ❑ $9.00 for one insertion, up to 20 words, 10¢ for each additional word.

2-4 WEEKS ❑ $8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.

5-10 WEEKS ❑ $7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word.

11 WEEKS OR MORE ❑ $7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.

❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION. DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

QHS Drama Club Presents 'Dracula'

Performances Friday, Saturday & Sunday

QUINCY HIGH SCHOOL Drama Club will present Bram Stoker's "Dracula" with four performances this weekend. Performances are set for Friday, Nov. 3rd at 7:30 p.m.; Saturday, Nov. 4th at 2 p.m. and 7:30 p.m.; and, Sunday, Nov. 5th at 2 p.m. at Quincy High School, Lloyd Hill Auditorium, 100 Coddington St., Quincy. This production is suggested for audiences age 10 and older. Tickets are $10 for general admission and $5 for students and can be purchased at the door. For further information call the main office at Quincy High at 617-376-3355. Cast includes (front row from left) Robert Stevenson, Noah Culp, Jeffery Burke, Andrew Artinian, Tim Pick, Meaghan McDonald, Jamie DiCicco, Bryen McDonough and Grace Austin. Back row: Gabi Popa, Amanda Burke, Kendall Kelleher, Jessica Zisk, Kate Anderson, Aisling Mannion and Amanda Morris. Missing from Photo: Braedon Kopp, Jake Louzan, Emily Crosta, Leo Burns

Quincy Sun Photos/Robert Bosworth

MINA MURRAY visits her best friend Lucy Westenra who has fallen sickly. From left: Kendall Kelleher, Amanda Burke and Gabi Popa.

THE BRIDES of Dracula attack Jonathan Harker.From left to right: Aisling Mannion, Leo Burns, Kate Anderson and Amanda Morris.

DR. SEWARD (Robert Stevenson) proposes marriage to Lucy Westenra (Amanda Burke).

DR. SEWARD and his orderly check on Renfield and the other inmates of the insane asylum. Left to right: Robert Stevenson, Andrew Artinian, Grace Austin, Meghan McDonald and Jamie DiCicco.

DOVE
Domestic Violence Ended

Harvesting Hope 2017

Gala & Fundraiser

Thank you !

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Kara Thorvaldsen & Kevin Mannix
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Media Sponsor

The Quincy Sun
Historic Quincy's Hometown Weekly Newspaper Since 1958

DOVE is committed to partnering with diverse communities, families, and individuals impacted by domestic violence. We promote hope, healing, safety, and social change by providing a broad range of preventive and responsive services.

Salvation Army Holiday Kettle Kick-Off - *Page 2*

Veterans Day Parade, Ceremony Saturday - *Page 3*

Boy Scout Breakfast Honors Leaders - *Page 39*

2 **********CAR-RT LOT**C-004
THOMAS CRANE PUBLIC LIBRARY
40 WASHINGTON ST
QUINCY MA 02169-5304

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 50 No. 8 | Thursday, November 9, 2017 | $1.00

It's DiBona, Mahoney, Liang At-Large

SALUTE TO VETERANS – Abigail Coughlin, age 13, a seventh grader at Central Middle School, sings "The Star Spangled Banner" and Paul Moody, commander, Sons of the American Legion, Squadron 294, Cyril P. Morrisette American Legion Post, salutes as the American, POW-MIA and Sons of the American Legion flags are raised at Sunday's Veterans Day remembrance at Flags for Veterans Island, Fort Square, Quincy. Sunday marked the 13th ceremony commemorating Veterans Day and Memorial Day at the island that was established in 2009. Today, the island is decorated with 400 flags representing servicemen and women who were killed in action, have passed away or are still actively serving in the military. There are also 486 bricks in memory and in honor of local veterans placed along the island's main walkway. Story, other photos on Page 20. *Quincy Sun Photo/Robert Bosworth*

• *McCarthy, Hughes, Harris Win Ward Seats*
• *Lebo, Gutro, Andronico School Committee Victors*

By SCOTT JACKSON
And ROBERT BOSWORTH

Quincy voters re-elected incumbents Noel DiBona and Nina Liang and elected three-term School Committeewoman Anne Mahoney to the open seat in the city council at-large race in Tuesday's municipal election.

Other election highlights saw first-time candidate Anthony Andronico win a school committee seat and the triumphant return of two political veterans: former councillor Doug Gutro who won an open school committee seat; and former school committeeman David McCarthy who won the open Ward 1 city council seat.

Also winning contested races Tuesday were Ward 5 Councillor Kristen Hughes, Ward 6 Councillor William Harris and School

Cont'd On Page 13

ELECTION WINNERS and VOTE TOTALS

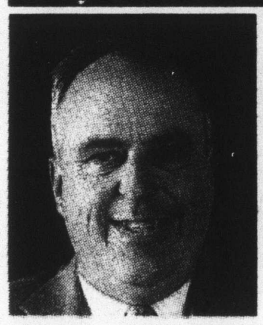
Councillor At-Large - Three Seats

NOEL DiBONA
8,839 Votes

ANNE MAHONEY
6,994 Votes

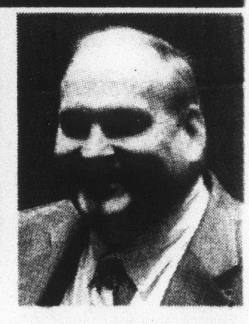
NINA LIANG
6,773 Votes

City Councillor - Ward 1, Ward 5, Ward 6



DAVE McCARTHY
Ward 1
2,471 Votes

KIRSTEN HUGHES
Ward 5
1,391 Votes

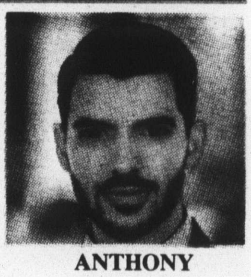


WILLIAM HARRIS
Ward 6
1,511 Votes

School Committee - Three Seats

EMILY LEBO
8,057 Votes

DOUG GUTRO
7,379 Votes



ANTHONY ANDRONICO
4,866 Votes

Schools Continue Technology Improvements

By TOM GORMAN

School officials are continuing technology enhancements throughout the district to meet the increasing demands of digital-related learning.

During the school committee's Oct. 25 meeting, the district's Executive Director of Career & Technical Education and Instructional Technology Keith Segalla reviewed the technology planning and training program improvement plan that outlines goals and initiatives for the 2017-18 school year. He was joined by the city's Chief Information Officer Charles Phelan and Robert Cavallo, the school department's information technology administrator for the presentation.

Segalla said the plan serves to equip students with the knowledge and skills necessary to compete in the 21st century work world and to provide staff with training, state-of-the art equipment and support for classroom instruction.

"With an ever increasing demand for enhancements in the areas of infrastructure, hardware, software and training, the Quincy

Cont'd On Page 28

Are You Addicted To Exercise? - *Page 9*
City Tennis Tournament Champions - *Pages 14, 15*
Registry Of Deeds Toys For Tots Drive - *Page 19*

More Quincy news:
The Quincy Sun.com

Salvation Army Launches Annual Red Kettle Campaign

Quincy Corps Aims To Raise $130,000 Over Six Weeks • Supports Vital Programs, Services

The Salvation Army's Quincy Corps announces the launch of its annual Red Kettle Campaign. The Salvation Army Red Kettle is an important event in Quincy, and bell ringers will be seen at various locations throughout the city during the holiday season.

Funds raised during the Red Kettle Campaign are a critical source of funding for vital programs and services for thousands of families, youth and senior citizens in Quincy and across Massachusetts each year. This includes meals, toys and other holiday support for those in need, along with funding for food pantries, social services, and education programs throughout the year.

Captain Timothy Ross said the goal is to raise $130,000, part of a statewide goal of raising $3.5 million, in just six weeks' time.

HOLIDAY KETTLE KICK-OFF – Mayor Thomas Koch (fourth from right) and members of the Quincy Salvation Army Advisory Board join Capt. Timothy Ross, co-commanding officer, Quincy Corps, in launching the Salvation Army's annual Red Kettle Campaign in the mayor's office. From left: Advisory Board Chairman Don Uvanitte, Board members Dorothy Newell, Joan Keohane, Christine Koch, wife of Mayor Thomas Koch; Mayor Koch, Capt. Ross, Karen Giovanniello and Amy Huber.

Quincy Sun Photo/Robert Bosworth

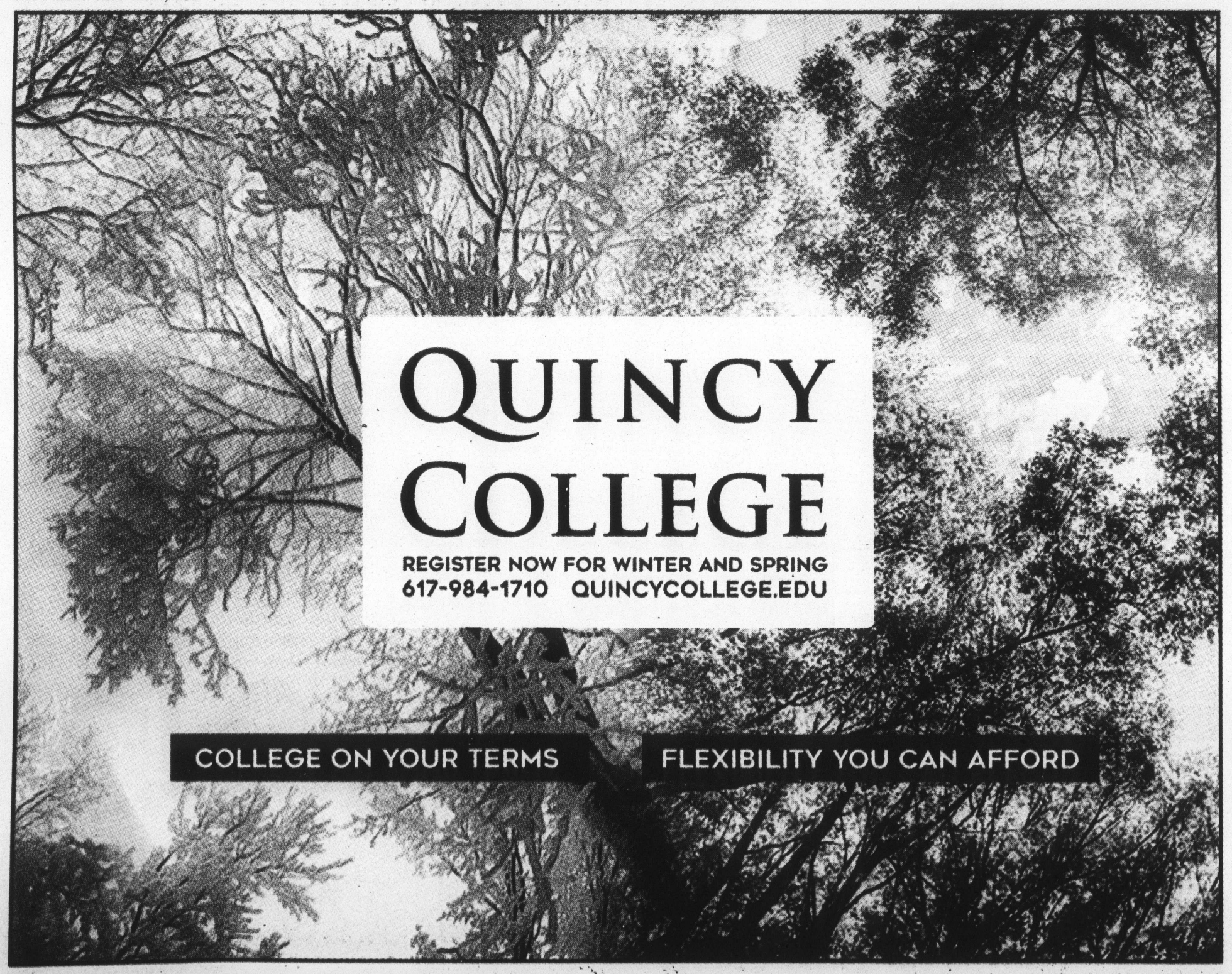
"We see people in need of The Salvation Army's services each day," said Captain Timothy Ross, Corps Officer of The Salvation Army Quincy Corps Community Center. "Each circumstance is a different. Some parents have seen their hours reduced and can't make ends meet, and others don't have enough income to cover the rising cost of food and utilities. We are excited to get the red kettles back out there so that we can continue to help all those in need."

Donations from the Kettle Campaign fund a variety of local services, including The Salvation Army's Sonshine preschool program in Quincy. The Salvation Army expects that the number of people in need across the Commonwealth will be at or near record levels this year. Funds raised during the holiday season support needed services and transformational programs all year round.

"With only six weeks to raise funds that need to last all year, it's critical that we get off to a strong start this year," added Captain Nicole Ross. "We are fortunate to live in such a caring and supportive community and we're asking our friends and neighbors to help us achieve a successful Red Kettle Campaign in Quincy."

Salvation Army officials stress that any contribution will help — and donations of time are accepted as gratefully as donations of money. You can find a Red Kettle outside of all Stop & Shop and Shaw's/Star Markets locations in the Quincy, Braintree, Wey-

Cont'd On Page 17



Veterans Day Parade, Ceremony Saturday

Paul Annexstad, Commander Navy Operational Support Center Quincy, Keynote Speaker

By SCOTT JACKSON

Quincy will commemorate Veterans Day with a parade through Quincy Center starting at 10:30 a.m. Saturday.

Paul Annexstad, commander of the Navy Operational Support Center Quincy, will be the guest speaker at a solemn ceremony held at the conclusion of the parade in front of the Adams Academy at 8 Adams St.

The parade will begin at

Cont'd On Page 28

WILLIAM R. CADDY Marine Corps Detachment, Quincy, Color Guard (foreground) will be among the veterans' groups marching in Saturday's Veterans Day Parade. The parade begins at the intersection of Quincy Avenue and Scammell Street and proceeds north along Hancock Street to the Adams Academy. A ceremony commemorating Veterans Day will begin shortly after the parade outside at the Adams Academy near the World War I Doughboy Statue. *Quincy Sun File Photo/Robert Bosworth*

Opioid Abuse: A Community Conversation Nov. 15

The Squantum Community Association will host a community forum on the opioid crisis Wednesday, Nov. 15 at 7 p.m. at the First Church of Squantum, 164 Bellevue Rd., Squantum.

A panel will review issues surrounding the origin of the opioid crisis, community impact, and proposed solutions.

The panel: Norfolk County Dist. Atty. Michael Morrissey; Safe Prescribing Consultant David Morgan; Learn to Cope founder Joanne Peterson; Quincy Substance Use Prevention Coordinator Laura Martin; Quincy Police Drug Control Unit commander Detective Lt. Patrick Glynn.

The public is invited to share questions and join the dialogue.

The forum is free and open to the public. Refreshments will be served.

Waste, Recycling Collection Friday; Municipal Offices Closed

Due to a change at the Braintree Waste Transfer Station there is regular curbside collection of waste, recycling and yardwaste on Friday. Nov. 10.

However, municipal offices are closed in recognition of Veterans Day.

The Quincy DPW rear yard is open Friday and Saturday Nov. 11 from 7:30 a.m. to 2:30 p.m.

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Ask the GEMOLOGIST
BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST

WHITE HOT

Silver may not be as precious as gold, but it has a decidedly contemporary look. Newly mined silver has a characteristic bright, silver-white color and metallic luster, but because exposure to oxygen causes the surface to tarnish with a layer of silver oxide, silver is often alloyed with other metals or covered with a layer of gold. (Silver is also too soft to be used in most jewelry in its native form.) Electrum, a naturally occurring alloy of gold and silver once used by the ancient Greeks to make coins, has approximately a 20 percent silver content. Sterling silver contains 92.5 percent or more pure silver (and usually some copper), while Britannia silver has a silver content of 95.84 percent.

Whether your preference leans toward sterling silver, dazzling platinum or shimmering gold, we invite you to see an amazing array of beautiful fine jewelry at Rogers Jewelry. And if you are uncertain in your choice of precious metal, setting, or gemstone, just ask us. That's why we're here—to help you experience the wonder, beauty, excitement, and pleasure of owning fine jewelry. Custom designs, an assortment of estate and pre-owned jewelry, remountings, loose gemstones, one-of-a-kind pieces, and expert repairs are all to be found at 1402 Hancock St. in Quincy Center. PH: 617-773-3636.

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(USPS 453-060)
Published Weekly on Thursday by
The Quincy Sun Publishing Co., Inc.
1372 Hancock St., Quincy, MA 02169

Robert H. Bosworth
Publisher and Editor

Henry W. Bosworth, Jr.
Founder
1968 - 2009

$1.00 per copy newsstand • $32 per year by mail in Quincy
$37 per year by mail outside Quincy • $45 out-of-state

Telephone: 617-471-3100 Fax: 617-472-3963

online at: www.thequincysun.com

email address: thequincysun@verizon.net

rbosworth@thequincysun.com

Periodicals postage paid at Boston, MA
Postmaster Send address change to:
The Quincy Sun, 1372 Hancock St., Quincy, MA 02169

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Moments in time

THE HISTORY CHANNEL

• On **Nov. 25, 1783**, nearly three months after the Treaty of Paris was signed ending the American Revolution, the last British soldiers withdraw from New York City. Four months later, the city was declared the capital of the United States. In 1790, the capital was moved to Philadelphia.

• On **Nov. 24, 1849**, John Froelich, inventor of the tractor, is born in Iowa. To replace dangerous steam-powered threshers that tended to start fires, Froelich created a one-cylinder gasoline machine. It could thresh more than 1,000 bushels of grain a day without starting a single fire.

• On **Nov. 21, 1927**, Time magazine puts the new Holland Tunnel on its cover. The tunnel runs under the Hudson River between New York City and Jersey City, New Jersey. On the first day, 51,694 vehicles paid the 50 cent toll.

• On **Nov. 26, 1931**, a cloverleaf interchange in Woodbridge, New Jersey, is featured on the cover of the Engineering News-Record. Circular ramp interchanges proliferated, with historian Lewis Mumford declaring that "our national flower is the concrete cloverleaf."

• On **Nov. 20, 1945**, 24 high-ranking Nazis go on trial in Nuremberg, Germany, for atrocities committed during World War II. Trials of lesser criminals resulted in the conviction of 5,025 defendants and the execution of 806.

* On **Nov. 22, 1963**, President John F. Kennedy is shot and killed as his motorcade drives through Dealey Plaza in Dallas. The Warren Commission report on the assassination was released in November 1963, but has always been considered flawed. Nearly 3,000 once-secret documents were released in October 2017.

• On **Nov. 23, 1981**, President Ronald Reagan signs off on a top-secret document, giving the Central Intelligence Agency the power to recruit and support a 500-man force of rebels in Nicaragua, loosely known as the Contras.

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Donating Your Property To Charity

A Few Tax Tips

By TIM BARRY
CPA/PFS, MST, CFP®, CRPC®
Tax Partner, BlumShapiro

Americans are a generous people. According to the National Philanthropic Trust, Americans—between cash, property and other charitable donations—contributed more than $389 billion to various causes in 2016. That's a nearly 5 percent increase from 2015.

Everyone has their own reason for donating their hard-earned cash or property to charities of their choice, and a genuine desire to give back is typically at the top of most donors' minds. But even the most ardent, most philanthropic, most committed-to-the-cause donors have something else in mind as well.

The tax breaks.

U.S. tax law allows individual taxpayers to deduct charitable contributions of up to 50 percent of their adjusted gross income. That's a major incentive to cut a check to your alma mater or favorite nonprofit organization at the end of the year! But, before you do that, it's important to think about your options. There are several tax strategies that could help you save money while doing a good deed.

Put away the checkbook.

Making a cash gift is a popular (and generous) way to contribute to the nonprofit organization of your choice. But it's not the only way to do it. Rather than donating cash, strategic taxpayers may consider donating appreciated stock, property or even transferring their required minimum distribution (RMD) from their IRA directly to a charity.

Implementing these strategies may help taxpayers avoid other taxes. For example, if you've owned appreciated stock for more than one year, you can avoid paying capital gains tax on the appreciation by directly transferring it to a charity. And you'll get a charitable contribution deduction equal to the fair market value of the stock. Or, if you are over age 70 ½ and have an IRA account, you can transfer your RMD (up to $100,000) to a qualified charity and reduce your adjusted gross income. Reducing your adjusted gross income rather than claiming a charitable contribution deduction may offer a better tax result.

Recent tax law changes.

In response to this year's devastating hurricanes, Congress suspended the AGI percentage limitation as well as the overall itemized deduction phase out rules with respect to charitable contributions associated with hurricane relief. Therefore, assisting with hurricane relief efforts may provide an enhanced tax benefit in 2017.

Double-check the value of the property you're donating.

If you decide to donate property rather than cash, it's important to pay close attention to the property's value. Tax law sets forth different substantiation requirements based on the type and value of donated property. Without the proper substantiation, the IRS can deny the charitable deduction.

Property valued at less than $250

This is typically the most common deduction claimed by average taxpayers. It covers the box of lightly used winter clothes sitting in your spare bedroom, or the bicycles in your garage that your kids have outgrown. To deduct property valued at less than $250, taxpayers must receive (and keep!) a receipt from the charity.

Property valued at $250 – $499

In addition to the simple receipt, taxpayers donating items in this value range must also obtain, in writing from the charity, a description of the property donated and an indication as to whether or not the donor received any goods or services as a result of or in exchange for the contribution.

Property valued at $500 – $4,999

Taxpayers must obtain the records described above, plus include a detailed record of how they originally acquired donated item. Taxpayers must attach Form 8283 to their tax returns when the value of non-cash contributions exceeds $500.

Property valued in excess of $5,000

Taxpayers must obtain all records described above, plus an official, independent appraisal of the donated item. Again, Form 8283 must be attached to the taxpayer's tax return and may need to be signed by both the independent appraiser and the charity.

Vehicles

Claiming a charitable deduction for donating a vehicle will require additional compliance. Depending on the fair market value of the donation, the donor will have to obtain the appropriate documentation listed above. They'll also be required to present documentation showing that the charity is either

a) using the vehicle to advance the charity's stated mission; b) planning to make material improvement to the vehicle; or c) planning to donate or sell the vehicle to a needy individual at a significantly below-market price. The charity may provide Form 1098-C to the donor to provide this information. Form 1098-C must be attached to the donor's income tax return if the claimed charitable contribution exceeds $500.

Act now.

Since charitable donations are only deductible for the year in which they were made, interested donors looking to claim a deduction need to finalize their gifts in the next few months.

Tim Barry, CPA/PFS, MST, CFP®, CRPC®, is a partner at BlumShapiro, the largest regional business advisory firm based in New England, with offices in Connecticut, Massachusetts and Rhode Island. The firm, with over 450 professionals and staff, offers a diversity of services which includes auditing, accounting, tax and business advisory services. In addition, BlumShapiro provides a variety of specialized consulting services such as succession and estate planning, business technology services, employee benefit plan audits and litigation support and valuation. The firm serves a wide range of privately held companies, government and non-profit organizations and provides non-audit services for publicly traded companies.

AARP Fraud Update - November

BY CINDY CAMPBELL
AARP Massachusetts, Communications Director

Did you know that someone's identity gets stolen every two seconds?

The AARP Fraud Watch Network provides tips and resources to help spot and avoid identity theft and fraud so you can protect yourself and your family. AARP watchdog alerts keep you up to date on con artists' latest tricks. It's free of charge for everyone: AARP members, non-members, and people of all ages.

The AARP Fraud Watch Network is:

An Educator: Get real-time alerts about the latest scams, tips on how to spot them, and the inside scoop on how con artists think so you can outsmart them before they strike.

• **A Watchdog:** Our nationwide scam tracking map gives you access to a network of people who've spotted scams and the opportunity to pass along your own experiences, so together we can beat con artists at their own game.

• **A Resource:** Get connected to a real live person trained in how to avoid fraud and advise you if you or a loved one has been scammed by calling our fraud hotline or attending a forum in your community.

• **Free for Everyone:** Anyone, of any age, can access our resources at no cost.

SCAM ALERT #1:

Medicare Annual Enrollment runs through Dec. 7, and it's a banner time for Medicare fraud. Beware of ads that promise medical equipment covered 100% by Medicare. Medicare only covers durable medical equipment that is medically necessary with a doctor's prescription. Scammers are also taking advantage of the upcoming issuance of new Medicare cards – ones without your Social Security number on them. You don't have to pay for the new card, which will start rolling out in April; don't share your personal information from someone claiming to be from the Centers for Medicare and Medicaid Services (CMS) and calling to "verify" your information.

SCAM ALERT #2:

Veterans Day is prime time for bogus charities that like to claim they are benefiting our nation's veterans. Scammers often use sound-alike names (or invent authentic "organizations") to solicit funds. Before donating, check the charity's name and reputation at give.org or www.charitynavigator.org. On Veterans Day let's honor our veterans, and not line the pockets of scammers who use their name so disrespectfully.

SCAM ALERT #3:

Open enrollment for the Health Insurance Marketplace runs through Dec. 15 (longer in some states that run their own exchanges). That makes it prime time for scammers to try to take advantage of unsuspecting consumers. Be wary of phone or email solicitations selling cheap health insurance that claim to meet all federal requirements. If you bite, you may end up without a plan, and with a tax penalty for not having qualifying coverage. Your best bet is to enroll or re-enroll by visiting healthcare.gov, where you can learn about ways to get help during open enrollment. You can also check with your Area Agency on Aging for help (www.n4a.org).

SCAM ALERT #4:

Don't give out your Social Security number over the phone if you didn't initiate the call. You have no way of knowing who is on the other end of the line. For instance, some cons may call posing as officials from the Social Security Administration, asking you to confirm your number. Likewise, beware of providing your number to anyone who asks for it by email. Scammers will send an email that appears to be from your bank or credit card company to try to obtain sensitive information. Don't fall for it!

SCAM ALERT #5:

Vehicles that get damaged in floods and hurricanes can be shipped across the country to be re-sold to unknowing consumers. If you are in the market for a used car, look for signs of flooding, such as water stains or fogged headlights and taillights. If you smell mildew, walk away. Do you smell disinfectant? It may be a sign of a mold cover-up. You can also check the vehicle's history by typing the Vehicle Identification Number (VIN) into a free database of the National Insurance Crime Bureau, at www.nicb.org.

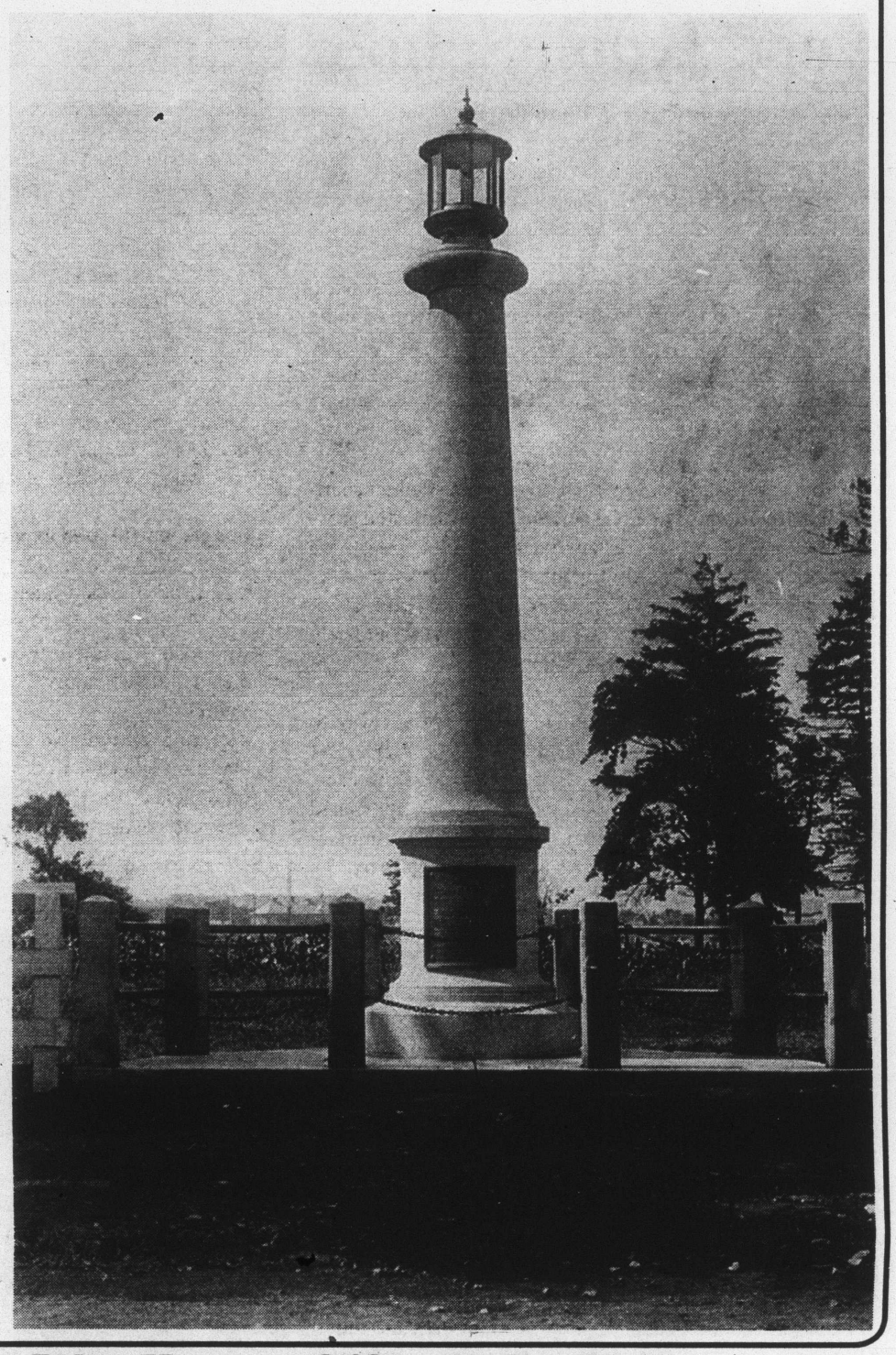
Be a fraud fighter! If you can spot a scam, you can stop a scam.

Report scams to local law enforcement. Contact the AARP Fraud Watch Network at www.aarp.org/fraudwatchnetwork for more information on fraud prevention.

Scenes From Yesterday

THIS 1916 real photo postcard is a view of the Daniel Shed memorial that is now located in the center of the rotary on Palmer Street in Germantown. This picture was taken in its original location. The bronze tablet at the base of the monument tells the story of the early Quincy family for whom this area was once known as Shed's Neck. Germantown later received its name from a group of investors who attempted to build an industrial town populated with German immigrants here in the 18th century. That project failed after just a few years. The Snug Harbor section of Germantown got its name from the home for old mariners built there in the middle of the 19th century. The site is now used for public housing, much of which was originally built for returning World War II veterans. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of City Historian Tom Galvin



Sen. John Keenan Office Hours Here

State Sen. John F. Keenan will hold office hours in Quincy on Tuesday, Nov. 14th from 7 to 8:30 p.m. in the first floor study room of the Thomas Crane Library, and again on Tuesday, Nov. 21st and Tuesday, Nov. 28th from 6:30 to 8:30 p.m. in the second floor study room of the Thomas Crane Library, 40 Washington St., Quincy.

Residents with a question or comment about state government are welcome to stop by and chat.

'Yakoo' Is One Issue That Doesn't Need Fixing

READERS FORUM

Susan Bill (City's Changing, So Too Should Mascots, Oct. 25) must not be from around here – and, apparently, isn't a regular Quincy Sun, either.

A few months ago, The Sun published a very informative, detailed story about the origins of the "Native American" she thinks is the mascot of North Quincy High School. Dr. Allan Yacubian, an Armenian-American and 1958 graduate of North Quincy High School, was the inspiration for the school's Yakoo mascot. He was a North Quincy football player and was inducted into the Quincy-North Quincy Hall of Fame in 1985.

As for North Quincy High School's motto "A Symbol of Pride and Excellence," the Red Raiders name and mascot, like all team nicknames, are a tribute – in this case to the local natives who inspired our forefathers to name our state Massachusetts. The Yakoo mascot is not offensive but another symbol of multiculturalism. (Jeff Sullivan, Boston Globe, March 10, 2017).

With the exception of the few traveling on the PC (politically correct) train, the majority of Quincy residents (pronounced Quinzee, and no, we're not open to "changing" that, either) have no problem with the Yakoo. There are many serious issues (opioid addiction, traffic congestion, tax burden, to name only three) affecting Quincy's residents; it's a shame that people spend valuable time, energy and resources attempting to fix something that isn't broken.

Marion J. Viera
Mother of 4
NQHS students
Empire Street
Quincy

More On Players' Protest

In criticizing NFL players who take a knee to protest racial injustice, Thomas C. O'Brien writes, "Equally important as the right of free speech is the appropriateness of time and place."

If that were true, we would all be singing "God Save the Queen" before football games.

Mark Perigard
South Quincy

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Quincy's Yesterdays

This Week
1973
44 Years Ago

Stage Set For Hot Ward Council, School Races

Tuesday's preliminary election results have set the stage for red hot ward council and school committee races in the Dec. 4 final election.

A surprising 39 percent (19,204) of the city's 48,838 registered voters went to the polls. A lean 28 percent had been forecast. Mayor Walter Hannon with 11,110 votes, will face Mrs. Grace Saphir with 5,997 votes, in the final election. Incumbent City Councillors Clifford Marshall, Ward 2, Albert Barilaro, Ward 4, J. Vincent Smyth, Ward 6, as well as Councillors at Large Arthur Tobin, Joseph LaRaia and John Quinn were all nominated.

Quincy's preliminary election had been an on again off again affair for months after the city had been ordered by a federal court judge to redistrict. This delay caused the scheduled Nov. 6 final election to become the preliminary election with the final election scheduled for Dec. 4

SHOPPERS PARK FREE ON FRIDAY EVENINGS

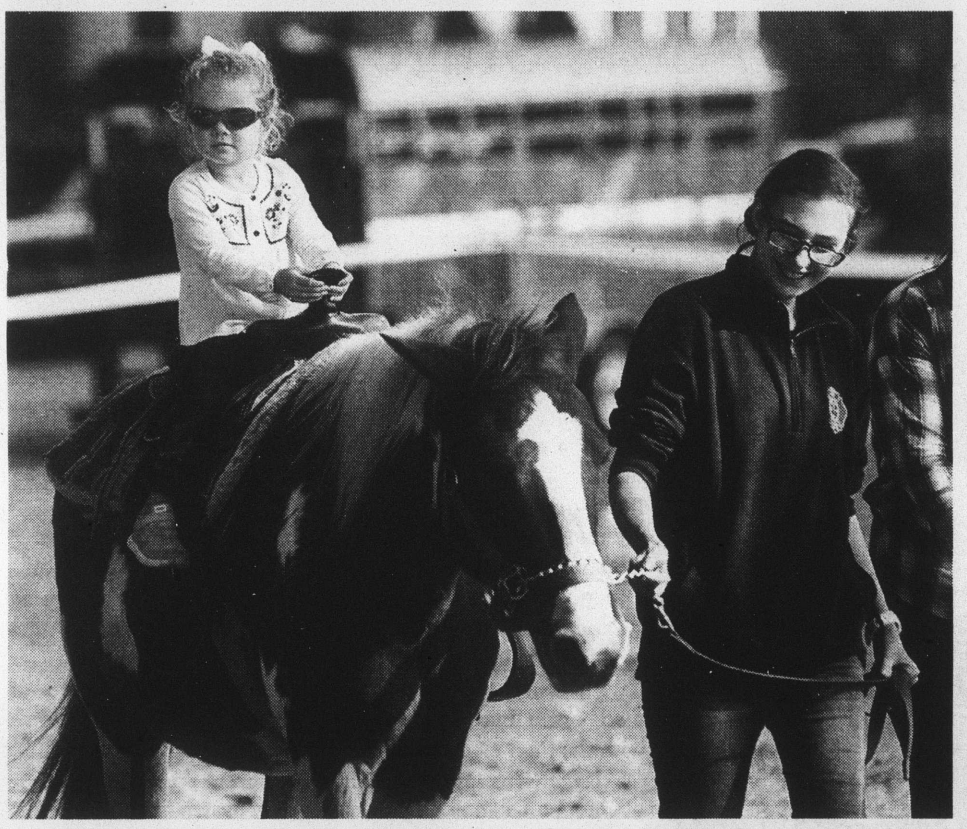
Shoppers can now park free in downtown Quincy, North Quincy and Wollaston, on Friday evenings, thanks to an ordinance change passed unanimously by the City Council. The ordinance change amendment, passed in the Ordinance Committee chaired by Ward 2 Councillor Clifford Marshall, allows free parking on Fridays from 6 p.m. on.

QUINCY-ISMS

South Shore Masonic Lodges, in conjunction with the Greater Quincy Red Cross Chapter, was sponsoring a bloodmobile for Saturday, Nov. 10 at the Masonic Temple. **Loren Strout**, Blood Donor Chairman for the Wollaston Masonic Lodge, was coordinating the event... Houghs Neck American Legion Post Commander **William Timcoe** announced that flag burning ceremonies for the retirement of colors would be held Nov. 11 at the Post home, 1116 Sea St... Community service awards were presented by the Quincy School Committee to **James D. Asher, Jr.**, WJDA, **Henry Bosworth**, The Quincy Sun, **Mrs. Inez Silverstein** of Amity Aides and the Community College Association of Quincy Junior College... **Ruth Pabst**, principal clerk in the City Election Department, retired after 14 years of service. Ruth is the sister of sports announcer **Ken Coleman**, the "Voice of the Red Sox,"... **Theresa Harcourt** was elected president of the Quincy Retired Teachers Association. Miss Harcourt succeeded **Rudolf Lofgren**... **Anne Serafinelli** and **Mary Follon** of Quincy were co-chairs of a Bingo Party to benefit the Home For Italian Children... St. Mary's Guild, West Quincy, was planning a membership meeting for Nov. 12 at the church hall. Guild officers included **Mrs. Kevin Little**, president, **Mrs. Joseph LaRaia**, vice president, **Mrs. Robert Gosselin**, corresponding secretary, **Mrs. Robert Verrocchi**, recording secretary, and **Mrs. John Savage**, treasurer... **Robert L. Blair**, chairman of the board and chief executive officer of South Shore National Bank, was elected vice-chairman of Multibank Financial Corporation. Blair, a Wollaston resident, joined the South Shore National Bank in 1946... **Hugo Fabrizio**, owner of Flip's Oil Service, was elected to the Board of Directors of Milton Bank and Trust. He is a resident of Emerald St., West Quincy... **Joseph Aristide** of Payne St., South Quincy, has been appointed a member of the American College of Nursing Home Administrators. Aristide is the owner-administrator of the Bradley Manor Nursing Home, South Weymouth... The IGA Adams Shore Foodliner, 494 Sea St., was advertising "crisp fresh iceberg lettuce for $.29 a head,"... **Rev. John Graham** was to preach on "The Peril of Principle" at the Sunday, Nov. 11 service at the United First Parish... **Mayor Hannon** and the Quincy City Council unanimously supported a resolve sponsored by Ward 6 Councilor **J. Vincent Smyth** asking the state legislature to return the observance of Veterans Day to Nov. 11... Northeastern University Dean of Students **Christopher Kennedy** was cited for his long years of distinguished service to the University. Kennedy joined the Northeastern faculty as an instructor of mathematics in 1948... The Wollaston Women's Club Juniors were planning their 40th birthday celebration and past president night for Nov. 15. Chairpersons for the event included **Mrs. Robert Williams**, **Mrs. Frederick Flukes**, and **Mrs. Cornelius Quirk**... Navy Ensign **A. Bruce McKenzie**, son of Mr. and Mrs. Alexander McKenzie of Presidents Lane, was designated a Naval Aviator and received his "Wings of Gold" during ceremonies at Corpus Christi, Tex... **James Bonner** was starring in "The Bride" at the Wollaston Theatre on Beale Street. Admission was $1...Quincy High School defeated Chelsea 27-6 to bring its 1973 football mark to 3-3-1. **Richie Joyce** was singled out by Defensive Coach **Bud Mosher** for his spectacular play.

Arts & Entertainment

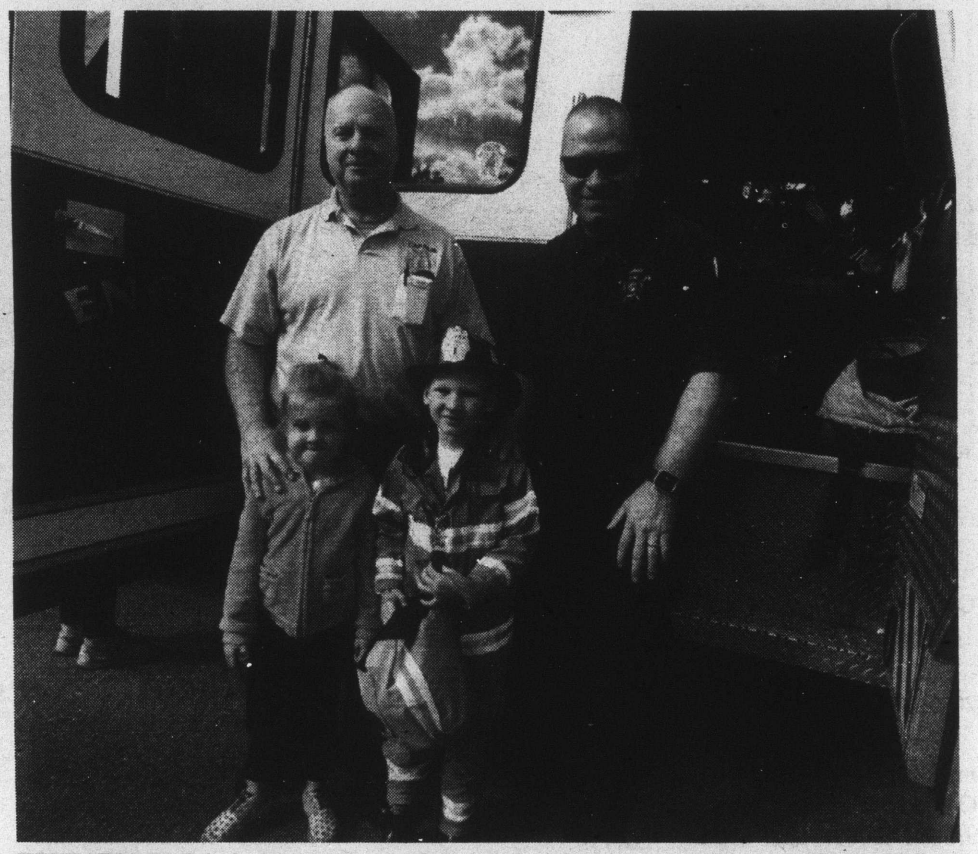
Fall Fun At Beechwood Knoll School Harvest Festival



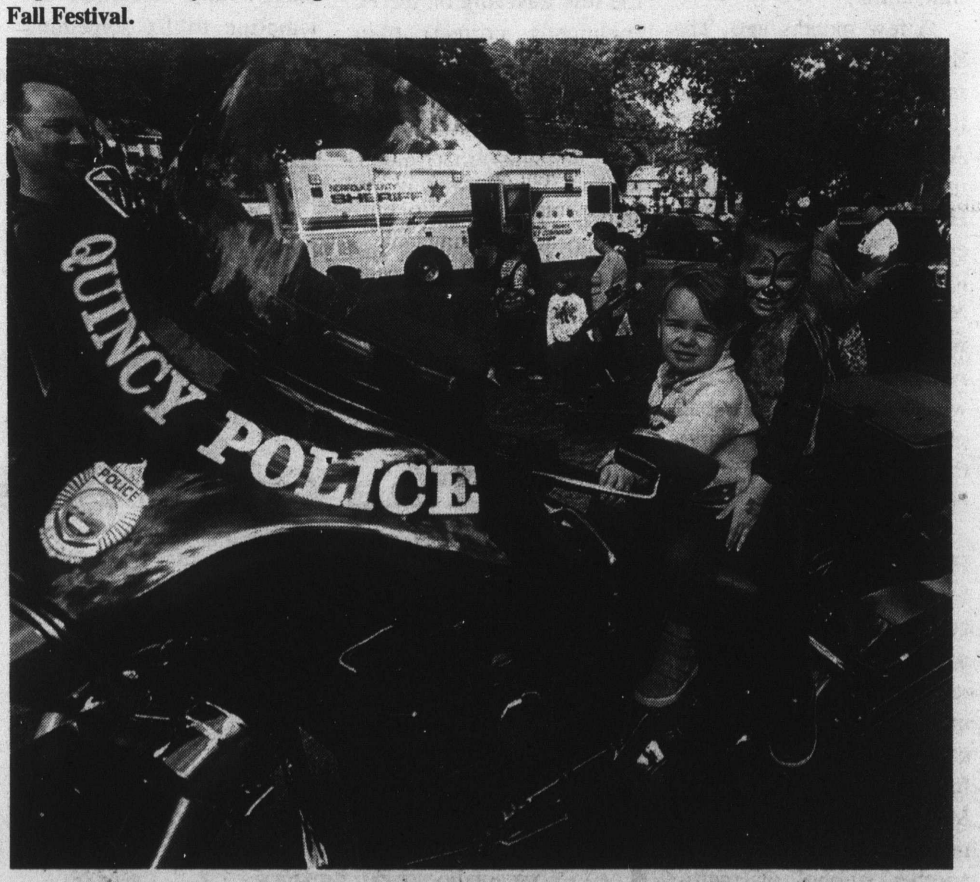
RILEY DELTUFO, age 3, enjoys a pony ride, at the recent Beechwood Knoll School Fall Festival. This year's festival marked the 20th annual event which is a fundraiser for the school.

MAKENZIE ROGERS, age 3 and a half, checks out a police robot at the 20th annual Beechwood Koll School Fall Festival. *Quincy Sun photos/Tom Gorman*

TAYLA JIANG, 7, holds on tight as she enjoys the chair swing ride.



KEVIN TOBIN, 5, is decked out as a firefighter as he joins his sister, Nora, 4, and Engine 4 crew Capt. Jim Kennedy and Firefighter Steve Chencharik at the recent Beechwood Knoll School Fall Festival.



KINGSTON SMITH, 2, and his sister, Savannah, 4, sit on a Quincy Police motorcycle.

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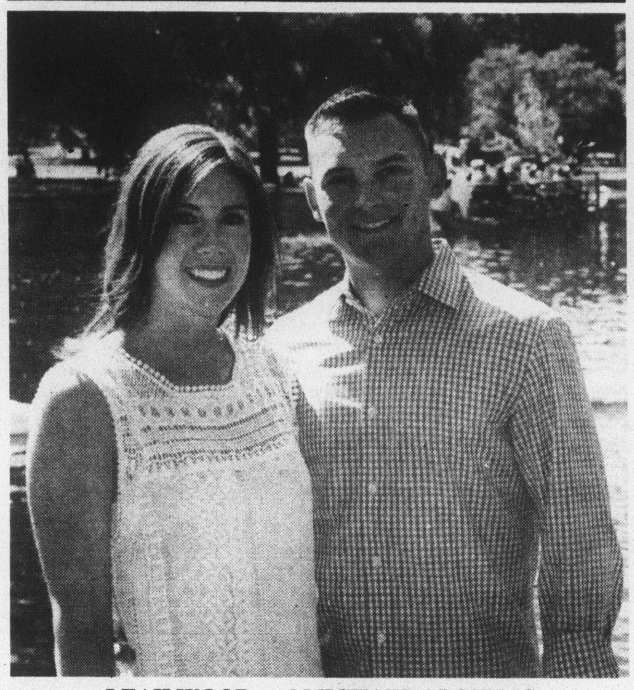
Thursday, November 9 7:30pm: AM Quincy: License Board Update 8:00pm: At the Kennedy Center: SHINE Program	Thursday, November 9 10:30am: FYI: QHD Autumn Rakes & Pains 5:30pm: Quincy in Focus 7:30pm: Legislative Update: Congressman Lynch
Friday, November 10 6:00pm: 2017 Vietnam Vets Day Ceremonies 8:00pm: 2017 Memorial Day Parade/Ceremony	Friday, November 10 6:00pm: City View with Mayor Koch 6:30pm: FYI: QHD Gout 7:00pm: At the Kennedy Center: Olde Kids
Saturday, November 11 12:00pm: Media Adv: So.Korean Medal Ceremony 1:00pm: 2017 Vietnam Vets Day Ceremonies	Saturday/Sunday, November 11/12 10:00am: City View with Mayor Koch 10:30am: FYI: QHD Gout 11:00am: At Your Library: November Happenings 12:00pm: At the Kennedy Center: SHINE Program
Sunday, November 12 10:00am: Bethany Congregational Church 11:25am: Good News	
Monday, November 13 11:30am: LIVE: Currently in Quincy 7:00pm: Eye on Quincy (replay)	Monday, November 13 7:00pm: LIVE: City Council - Public Hearing 7:25pm: LIVE: City Council - Public Hearing 7:30pm: LIVE: City Council Meeting
Tuesday, November 14 6:00am: LIVE: AM Quincy with Joe Catalano 7:30pm: Quincy in Focus	Tuesday, November 14 12:00pm: City Council/Public Hearing 11/13 8:00pm: At the Kennedy Center: Olde Kids
Wednesday, November 15 6:00pm: Good News 9:30pm: Sound Advice with Tom Williams	Wednesday, November 15 7:00pm: City Council/Public Hearing 11/13

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

Social



LEAH WOOD and MICHAEL ABCUNAS

Leah Wood Engaged To Michael Abcunas

Barry and Ann Marie Wood of Quincy announce the engagement of their daughter, Leah Wood of Quincy, to Michael Abcunas of Lowell.

Leah is a graduate of Quincy High School and received her bachelor of science degree from Framingham State University. She is employed at Pembroke Real Estate, Boston.

Michael is the son of Robert and Maryann Abcunas of Lowell. He is a graduate of Lowell High School and received his bachelor of science degree from Westfield State University. Michael is employed at Stanley Black & Decker, Boston.

A September 2018 wedding is planned at The Bedford Village Inn, located in Bedford, N.H.

ATRIA MARINA PLACE in Quincy recently raised money in honor of October-Breast Cancer Awareness Month. Due to hard work and efforts by staff and residents, the total amount collected was over $1,000. *Photo Courtesy Atria Marina Place*

QHS Hoop Hall Of Fame Banquet Nov. 25 At Sons Of Italy

Quincy High School Basketball will host its Hall of Fame banquet Saturday, Nov. 25 at the Quincy Sons of Italy, Quarry Street, Quincy, at 6 p.m.

This year's honorees are Billy Joyce (1974), Ed Callahan (1977), Roger Kvam (1977), Lyle Morrison (1977), Mike Kennedy (1977), Richie Finnegan (1980), Kurt MacDonald (1981), Bobby Mudge (1983), Bill Shaughnessy (1985), Robbie Kane (1994), Dan Kelly (1999), Kevin O'Connell (2003), Doug Scott (2009), Coach John Franceschini and special recognition to Jack Wier.

Tickets are $40 each.

To purchase tickets contact David Parry at 617-328-0885 or email dfpdmp@comcast.net.

You can also send your check made out to Quincy High Basketball and mail to 3 Hillsboro St., Quincy, MA 02169.

Tickets must be purchased by Friday, Nov 10.

The Nov. 25th ceremony will mark the first induction for QHS Basketball since 1992 - 25 years ago.

10th Annual Best Buddies 5K Run/Walk Nov. 18

Runners and walkers of all ages and abilities are invited to participate in the 10th annual Milton 5K Gobbler for Best Buddies run/walk Saturday, Nov. 18.

The run/walk will commence at 9 a.m. at Cunningham School, 44 Edgehill Rd., Milton.

Prizes will be awarded to top finishers by age category in addition to the coveted Golden Gobbler trophies, which will be presented to the top fundraising individual and teams.

Last year, over 800 participants and supporters throughout Massachusetts turned out for the event, which raised over $45,000 for Best Buddies Massachusetts. One hundred percent of the proceeds from the event will help fund expansion of programs in middle school, high school and colleges throughout Massachusetts in addition to providing employment opportunities for individuals with intellectual and developmental disabilities.

Individuals and group on-line registration is free for walkers. To qualify for a Best Buddies t-shirt you must raise $50.

Registration for runners is $25 for those who wish to register with chip timing Bib. Runners who raise $50 (including $25 registration fee) receive a Best Buddies t-shirt.

To register visit: www.BestBuddiesFriendshipWalk.ORG/Milton.

Red Cross Blood Drive At Sons Of Italy Nov. 27

The American Red Cross encourages people to share their good health this holiday season by donating blood for patients in need.

A blood drive will take place in Quincy on Monday, Nov. 27 from 1 to 7 p.m. at the Quincy Sons of Italy, 120 Quarry St.

A decline in donations occurs from Thanksgiving to New Year's Day when donors are busy with holiday activities and travel. However, patients don't get a holiday break from needing lifesaving transfusions. In fact, every two seconds, someone in the U.S. needs blood.

By giving blood or platelets, donors may give patients more time – and more holidays – with loved ones.

Make an appointment to give blood by downloading the free Red Cross Blood Donor App, visiting redcrossblood.org or calling 1-800-RED CROSS (1-800-733-2767).

COA Trip To Reagle Players Christmas Show Dec. 10

The Quincy Council on Aging will travel to Waltham on Sunday, Dec. 10 for one of the area's most enduring holiday traditions, "It's Christmas Time" with the Reagle Players.

With a wonderful cast of dancers and musicians, the "Christmas Time" show is a spectacle of sight and sound. The Nativity scene is especially wonderful and the show itself has been called "A Christmas card celebrating the joys of the season."

After the show the group will travel to the Chateau Restaurant in Braintree for a dinner of baked haddock St. Germain, broiled marinated chicken, or chicken parmigiana with penne. Meal also includes a fresh garden salad, Italian bread and butter, delicious dessert and a beverage.

Cost of the trip is $119. Bus will leave Kennedy Center at 11 a.m. and return at 6:30 p.m.

To register for this trip visit the Kennedy Center at 440 East Squantum St., Quincy. For more information call the Kennedy Center at (617) 376-1506.

Quincy Girls Scout Awards Ceremony Sunday

The public is invited to attend the Quincy Girl Scout 2017 Awards Ceremony and 100th Year Celebration Sunday, Nov. 12 at 2 p.m. in the Parish Hall of Saint Mary Church, 90 Crescent St., Quincy.

The event will celebrate the accomplishments of all the outstanding young ladies who have recently earned gold, silver and bronze awards.

A reception will follow the ceremony.

Fair For All Seasons At Holy Trinity Parish Nov. 18

The Holy Trinity Parish of Quincy will host A Fair for All Seasons Saturday, Nov. 18 from 10 a.m. to 3 p.m. at St. Thomas Aquinas Hall, Darrow Street, Quincy.

The fair will feature quality handmade crafts by South Shore artisans, raffles, kitchen, baked goods, kids corner, knitted items and holiday gifts.

Admission is a non-perishable food or toiletry item.

For more information, contact Eileen at 617-479-4107 or 617-481-9153 or email etimcoe@yahoo.com.

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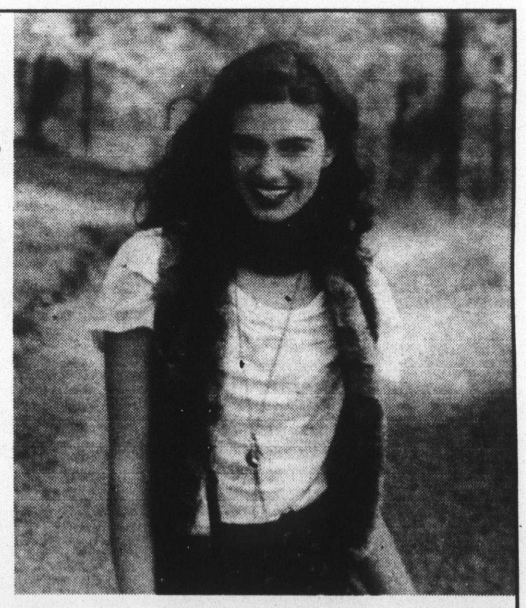

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FURNACE BROOK PHYSICAL THERAPY, 104 Quarry St., West Quincy, is celebrating its 30th year in operation. Mayor Thomas Koch recently visited the clinic and presented owner Jay Bernasconi, DPT, OCS, with a commendation in recognition of Furnace Brook Physical Therapy treating three generations of Quincy residents for issues of orthopedic and sports medicine. Shown here (front row from left to right): Maddison Grogan, Samantha Alosco, Julia Masse, Jay Bernasconi, Mayor Thomas Koch, Angela Benotti, Kristina Simkus and Charlotte Arrington. Back row (from left to right): Jennifer Cairney, Brianna Kilkenny, Ryan Sheedy, Brandon Powell, Jillian Olbermann, Victoria Galvin, Jessica Fairbank, Alex Bruskin, Daria Comeau, Ginny Krot and Kristen Ross.

Photos Courtesy Jay Bernasconi, DPT, OCS

WHAT'S COOKING

with

Marie & Suzie

By MARIE D'OLIMPIO and SUSIE FALCO

Salted Peanut Cookies

By MARIE

There is something to be said about the many types of cookie recipes out there, especially if you are looking through an old cookbook. I enjoy any type of cookie, especially if they are crunchy.

Today's recipe has just the right ingredients to make them delectably crunchy!

Preheat oven to 400 degrees

Grease cookie sheets or Line with Parchment paper

Recipe

2 eggs beaten
2 cups of brown sugar - firmly packed
1 and ½ cups butter, melted
1 and ½ cups salted peanuts, chopped
2 and ½ cups of flour
1 teaspoon baking soda
1 teaspoon of baking powder
½ teaspoon of salt
3 cups of oats (use quick oats)
1 cup of corn flakes

Beat eggs, add sugar and mix well. Stir in butter, peanuts and mix until well blended. Add the flour, soda, baking powder and salt. Combine the oats with corn flakes and add to mixture and stir well until all blended. Drop by tablespoons onto a greased cookie sheet or a cookie sheet lined with parchment paper. Bake in preheated 400 degree oven for 8 to 10 minutes. Cool on wire rack.

P.S. If you want to make a dainty tea cookie, just drop mixture on to cookie sheet using a teaspoon. For a larger family- sized cookie us a table spoon. This recipe makes what families and children consider to be the perfect snack.

Mashed Extra Sweet Potatoes

By SUSIE

Why wait for Thanksgiving to enjoy sweet potatoes? This healthy version of your favorite November treat can satisfy you and your family year round.

Rich in fiber, Vitamin A, B vitamins and minerals, sweet potatoes can be a high fiber side dish or meal. I even bake sweet potato "rings" by slicing them (well scrubbed skin ON) and baking on a cookie sheet lined with parchment paper, brushed with olive or coconut oil, and seasoned with sea salt. I eat this with my eggs for breakfast instead of bread. But this recipe is sweet and creamy, and a wholesome addition to your meals.

I add maple syrup as well because it contains some minerals and B Vitamins that you might want right now.

Ginger and cinnamon are anti-inflammatory spices, a great way to stay healthy as the months get colder.

Coconut milk makes this dish taste incredibly delicious and is far easier to digest than cows milk. (I use Native Forest canned organic coconut milk and make sure I always have it in my cupboard.)

Ingredients
3 medium organic sweet potatoes
3/4 cup coconut milk
1 tablespoon Kerrygold Butter
2 teaspoons fresh ginger-minced or buy the already minced kind in a jar from the GINGER PEOPLE (easy and great quality)
1 teaspoon sea salt (I like Redmonds Real Salt)
1 teaspoon cinnamon
1 tablespoon organic maple syrup (I get a big jug at Costco)

Preparation

1) Pre-heat oven to 425 degrees. Place clean sweet potatoes in oven and bake for 45 minutes.

2) Remove potatoes from oven when soft enough to be pierced with a fork, and allow to cool.

3) Peel potatoes (skin should come off quite easily), and place in large bowl, discard skins.

4) Mash thoroughly with masher

5) Add all remaining ingredient and blend to desired consistency.

JAY BERNASCONI, DPT, OCS (left), owner of Furnace Brook Physical Therapy, 104 Quarry St., West Quincy, receives a mayoral commendation from Mayor Thomas Koch in recognition of the clinic's 30th year in operation.

COA Christmas Luncheon Dec. 1

The Quincy Council on Aging will celebrate the Christmas season Friday, Dec. 1 at the Kennedy Center.

Lunch will be served at 12:30 p.m. followed by entertainment by the Senior Tones. There will also be door prizes.

Tickets are $10 and can be purchased at the Kennedy Center. For more information please call the Kennedy Center at (617) 376-1506.

Council On Aging New Year's Party

The Quincy Council on Aging will celebrate New Year's on Sunday, Dec. 31st from noon to 4 p.m. at the Sons of Italy Hall in Quincy.

The afternoon includes a catered dinner choice of beef or chicken and entertainment provided by local DJ Mark McGillicuddy. There will a cash bar and door prizes.

Tickets are $45 per person and can be purchased at the Kennedy Center, 440 East Squantum St., Quincy.

For more information call the Kennedy Center at (617) 376-1506.

Holiday Shoppers Night At Houghs Neck Church Nov. 14

The third annual Holiday Shoppers Night will be held on Tuesday, Nov. 14 from 6:30 to 9 p.m. in Fellowship Hall at the Houghs Neck Congregational Church, 310 Manet Ave.

Free Admission and Free refreshments. Vendor and artist items include clothing accessories, beaded gifts, hand crafted jewelry, crochet and yarn crafts, paper art, local honey, spices, bags, hair bows, aprons, sea glass art, pillows, wreaths and more.

William Bulger At Kennedy Center Nov. 17

Former State Senate President William Bulger will be at the Kennedy Center on Friday, Nov. 17th at 2 p.m. to talk about his book, *James Michael Curley: A Short Biography With Personal Reminiscences*.

Registration is required for this event. To register call the Kennedy Center at (617) 376-1506.

Are You Addicted To Exercise?

A Message From The Quincy Health Department

RUTH JONES

By RUTH JONES BSN, RN, BC, CP-FS

Do you insist on rising at 5 AM to work out each morning, even when your back is aching, feet are throbbing, and your pillow implores you to stay in bed? Do you only feel good when you're training for triathlons? Is eating purely a way to replenish for the next race? Then you may have developed an exercise addiction.

For the vast majority of us, exercise is a positive thing that we don't get enough of. But a minority of perfectionist athletes could be considered compulsive exercisers. Some experts refer to them as exercise addicts, or obsessives, or "obligatory athletes." Researchers believe that as many as 10% of high-performance runners, and conceivably an equal number of body builders, suffer from an exercise addiction.

Thirty minutes a day of moderate physical activity is usually sufficient to help avert things like diabetes, high cholesterol, and high blood pressure. Exercise addicts tend to think that a two-hour run renders them four times as healthy. But experts explain that it doesn't work out that way.

Excessive exercise can lead to injuries, exhaustion, depression, and even suicide. It can also precipitate long lasting physical harm. Your adrenal gland, pumping out hormones as you strike the pavement, can only produce so much cortisol at a time before it is adversely affected. Suddenly, the heartbeat you had lowered to a resting rate of 48 is now up to 80. You now run for two hours, then three hours without any improvement in your times.

A recent study conducted by Deepika Laddu, an assistant professor of physical therapy at the College of Applied Health Sciences at the University of Illinois at Chicago, and published Oct. 16 2017 in the Mayo Clinic Proceedings, found white males who exercise more than seven hours a week have an 86 percent higher risk of developing plaque build-up in their arteries. Plaque build-up is a critical warning sign for potential future heart disease risk. No such elevated risk was seen among either black men or women.

Current U.S. physical activity guidelines recommend 150 minutes of moderate activity or 75 minutes of vigorous activity weekly. Study participants were sorted into three groups, depending on average exercise levels. One group exercised beneath the guidelines level. Another group met the guidelines, and a final group exercised three times more than the guideline level. The researchers monitored the study volunteers from 1985 to 2011. During that time, participants self-reported their physical activity routines and were required to have at least three follow-up exams, which included CT scans to measure plaque build-up. Ultimately, the study team discovered that overall, when combining race and gender, those who were among the most frequent exercisers were 27 percent more likely to develop plaque build-up by the time they had reached middle age. Additionally, after scrutinizing the numbers further, the authors determined that only high-exercising white men faced a greater risk for developing plaque build-up then their low-exercising peers. Experts agreed that the study had some limitations and that the conclusions did not mean people should stop exercising. However, what they did agree upon is that perhaps this study indicates that healthcare providers should not assume that their patients are healthy simply because they exercise. Furthermore, it could be extremely beneficial to explore other crucial things when considering a patient's overall medical profile.

Keep in mind, not everyone who likes to exercise a great deal is an addict. Often, you can distinguish healthy enthusiasts from exercise addicts by the following trait; healthy exercisers organize their exercise around their lives, whereas addicts organize their lives around their exercise. Excessive exercise, in the same way as extreme diets, attracts people who feel an intense need for control in their lives. Similar to weight reduction, improved athletic performance is readily observable. Correspondingly, most exercise addicts are unusually high performing, intelligent and have an average of 18 years of education. The majorities are locked into their regimes, eat one meal a day, or eat exactly the same foods at each meal every day, and they meticulously measure everything such as their caloric intake or how much carbohydrates they're consuming. They're overly focused and overly serious about sports to the point that it frequently disrupts the rest of their lives. This can often affect personal relationships and socializing, and they defer going to parties so that they can go to bed at eight and get up at four to workout.

There appears to be a multitude of definitions of addiction but one thing they have in common is the repetition of a behavior past the point where it becomes self-injurious. When referring to exercise, this means, quite literally, refusing to stop or even limiting your regime when you are suffering from an injury. Addiction can also mean exercising at inappropriate times. Exercise, like being thin and pretty, is highly reinforced by society, so for people compelled to achieve, to be perfectionists, and to be in optimal health, it's somewhat understandable that they become excessive. Often, runners begin by becoming addicted to "runner's high," a feeling of elation produced by the release of hormones. But eventually, the adrenal gland burns out and they crash. What was once pleasing becomes painful and controlling and develops into a vicious cycle that they can't break. Therapists advise that treatment for exercise addiction involves getting the athletes to see they have a problem and that change is a necessity.

Psychotherapy may be part of the path to getting off the treadmill. The amount of time it takes for a person to overcome exercise addiction depends on the severity of the condition. In contrast, it may not be necessary in all of the cases. For many athletes, obsessive exercising is a self-limiting condition. They tend to, over time, reduce their involvement to sensible levels themselves when their life, generally, is on an even and steady keel.

Ruth Jones is the director of Nursing for the City of Quincy Health Department.

DAV 5K-Road Race At Castle Island Saturday

The DAV 5K "Run To Honor Veterans" will be held Saturday, Nov. 11 at Castle Island, 2010 William J. Day Blvd. in South Boston.

Check in begins at 7 a.m. followed by the race at 9 a.m.

For more information including registration fees visit DAV5K.org.

Longtime Quincy resident and World War II veteran Lou Pasquale is appealing for help with this year's run. Consider participating or donating to the DAV 5K road race on Veterans Day Saturday, Nov. 11.

BID Hospital – Milton Earns Fifth Consecutive 'A' Grade For Patient Safety

Beth Israel Deaconess Hospital-Milton (BID-Milton) was recently awarded a fifth consecutive "A" grade in the Leapfrog Group's Fall 2017 Hospital Safety Score report.

Leapfrog, a national patient safety organization, provides letter grades to more than 2,500 hospitals nationwide on a bi-annual schedule based on how well the hospitals protect patients from preventable medical errors, injuries and infections.

According to Leapfrog, an "A" grade is one of the most significant honors a hospital can achieve and one of the most important indicators of patient safety. Developed under the guidance of an expert panel, the Leapfrog Hospital Safety Grade uses 30 measures of publicly available hospital safety data to assign A, B, C, D and F grades to U.S. hospitals twice per year. It is calculated by top patient safety experts, peer-reviewed and fully transparent.

Leapfrog states that only 32 percent of hospitals nationally earn an "A" grade.

"Beth Israel Deaconess Hospital-Milton is committed to excellence in quality of care, patient safety and experience," said Richard Fernandez, president and CEO. "Receiving five consecutive "A" grades from Leapfrog, a nationally respected patient safety group, is the result of our robust, organization-wide patient safety program and our physicians' and staff's commitment to providing the best, safest care possible day in and day out."

Added Leah Binder, president and CEO of the Leapfrog Group: "Protecting patients from harm is the most important charge in any hospital. We recognize and appreciate Beth Israel Deaconess Hospital-Milton's vigilance and continued dedication to keeping its patients safe. This honor, conferred by the nation's leading voice for hospital safety now in its 17th year of advocacy, is the recognized gold standard measure of a hospital's success in keeping its patients from avoidable harm. All of the staff at BID-Milton should be proud of this achievement."

In addition to the "A" grade from the Leapfrog Group, BID-Milton was recognized last year with a 4 star rating, on a scale of one to five, by Hospital Compare, a federal government, consumer-oriented website created by Medicare and the Hospital Quality Alliance. BID-Milton was the only hospital in the greater South Shore area to earn four stars. No hospital in the area achieved five stars.

To see BID-Milton's full score and to access consumer-friendly tips for patients and loved ones visiting the hospital, visit www.hospitalsafetyscore.org.

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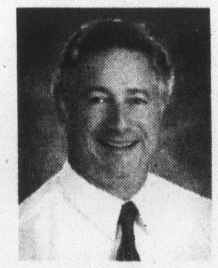

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Social Security Matters

College Benefits For Dependent Child

By RUSSELL GLOOR
AMAC Certified Social Security Advisor

Dear Rusty: I am an older father, having recently been blessed with another child from my second marriage. I started collecting Social Security at my full retirement age and although my current wife is not yet eligible to receive benefits, I now have a young child whose future I need to worry about. So I'm wondering: is there any way Social Security will help pay for my child's future college education when that time comes? ***Signed: Older Father***

Dear Older Father: Well, Social Security won't pay the tuition for your child directly, but since you're already collecting benefits and have a young child from your second marriage, your dependent child is entitled to up to half the Social Security amount you are collecting. If you haven't already, you should apply for this benefit right away. Then what you may do for your child is take advantage of what some have called a "Viagra College Fund," that is, a Qualified Tuition Plan authorized by Section 529 of the Internal Revenue Code. This is often referred to simply as a 529 Plan, and every U.S. state and the District of Columbia, as well as many educational institutions, offers at least one type of 529 plan. You may want to establish a 529 for your dependent child and then deposit their Social Security benefits into that plan.

There are two types of 529 plans - prepaid tuition plan and college savings plan. The former allows you to purchase tuition credits at a participating university and the latter simply establishes a savings account to be used for future college expenses. As you might expect, there are plenty of rules governing these plans, and you can find out much of what you need to know at https://www.sec.gov/investor/pubs/intro529.htm.

You are to be commended for thinking so far ahead for your young dependent's future. Your minor child's Social Security dependent benefit could be as much as 50% of your benefit, and will normally continue until they are 18 years of age (or 19 if still a student or disabled), so a substantial amount of college savings could be accumulated in the 529 by the time he or she attends college.

The information presented in this article is intended for general information purposes only. The opinions and interpretations expressed are the viewpoints of the AMAC Foundation's Social Security Advisory staff, trained and accredited under the National Social Security Advisors program of the National Social Security Association, LLC (NSSA). NSSA, the AMAC Foundation, and the Foundation's Social Security Advisors are not affiliated with or endorsed by the United States Government, the Social Security Administration, or any other state government. Furthermore, the AMAC Foundation and its staff do not provide legal or accounting services. **The Foundation welcomes questions from readers regarding Social Security issues. To submit a request, contact the Foundation at info@amacfoundation.org.**

The Norfolk County Commitment To Veterans

By FRANCIS W. O'BRIEN
Chairman
Norfolk County Commissioners

With Veterans Day approaching, there will rightfully be a strong focus and a continued light shed on the various ways that our government, area communities and local residents honor and maintain our commitment to the veterans who have made immeasurable sacrifices for our country and for the freedoms we now enjoy.

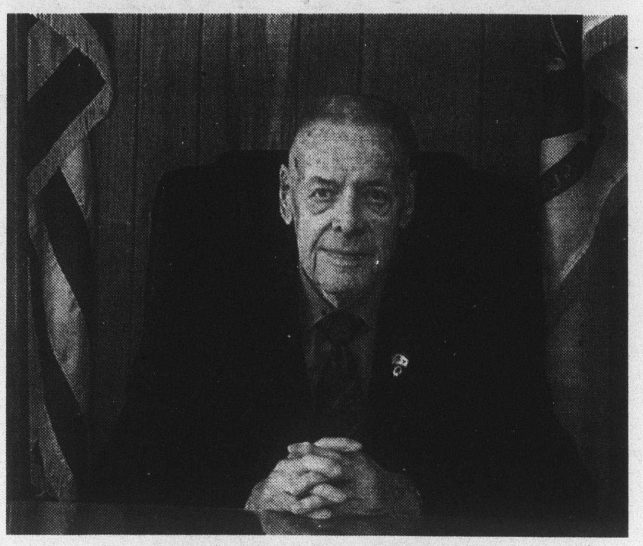
There are many local agencies and organizations that devote a special emphasis to serving veterans throughout the year. When we think of the services provided by County government, veterans' services don't typically come to mind. But they are a top priority for all of us here in Norfolk County.

The Norfolk County Commissioners continue to be strong believers in promoting successful, cost-effective regional services across Norfolk County's 28 communities, and we are proud that Norfolk County remains unique in the fact that it employs its own Veterans Service Advocate (VSA), Dale Kurtz, a graduate of the United States Military Academy and a former captain in the U.S. Army.

The fact that we continue to place our faith in Mr. Kurtz to make veterans' services a priority is a true testament to the commitment of the Norfolk County Commissioners and our communities to simply do right by our veterans. Dale brings an unparalleled level of expertise and compassion to his work, and the positive impact it has on our veterans and their families is something we hear about on a regular basis.

As the County's Veterans Service Advocate (VSA), Kurtz draws regularly on his own experience to provide assistance to local veterans and offer mentoring and training opportunities to Veterans Service Officers (VSOs) in communities across Norfolk County. Serving in the only veterans' service position at the County level in the Commonwealth, Kurtz also leads the Norfolk County VA Regional Veterans' Council and supports the efforts of the Norfolk County Veterans Treatment Court.

Kurtz's outreach efforts and his relationships with local VSOs have also helped steer Norfolk County veterans to



FRANCIS W. O'BRIEN
Chairman, Norfolk County Commissioners

the 'Rides for Veterans' initiative administered by Norfolk County's Retired Senior Volunteer Program (RSVP). The program provides free rides to Norfolk County veterans and their spouses to medical appointments up to once per week.

For local veterans, RSVP's 'Rides for Veterans' program has meant that they do not have to worry about getting to an important doctor's appointment or to a treatment that they desperately need. Some veterans do not have family members locally or cannot afford the cost of transportation. For others, the program offers a piece of mind and allows them not to worry about how to get to their appointments. But for all who participate, it's made the world of difference to them and their families.

Veterans in Norfolk County are fortunate to have many champions and supporters who are actively engaged in providing them with the benefits and services they've earned. This Veterans Day, we thank them and stand ready to continue working together to meet their needs.

For more information about the Norfolk County 'Rides for Veterans' program, contact Norfolk County RSVP at (781) 329-5728. To reach Norfolk County's Veterans Service Advocate Dale Kurtz, call (781) 234-3434.

Program Links Veterans With High School Students

With the approach of Veterans Day, Norfolk County Sheriff Michael G. Bellotti and Quincy High School Principal Lawrence Taglieri announce a new program that links American military service veterans with high school students and provides students the chance to learn from the vets' stories of commitment and service to their country.

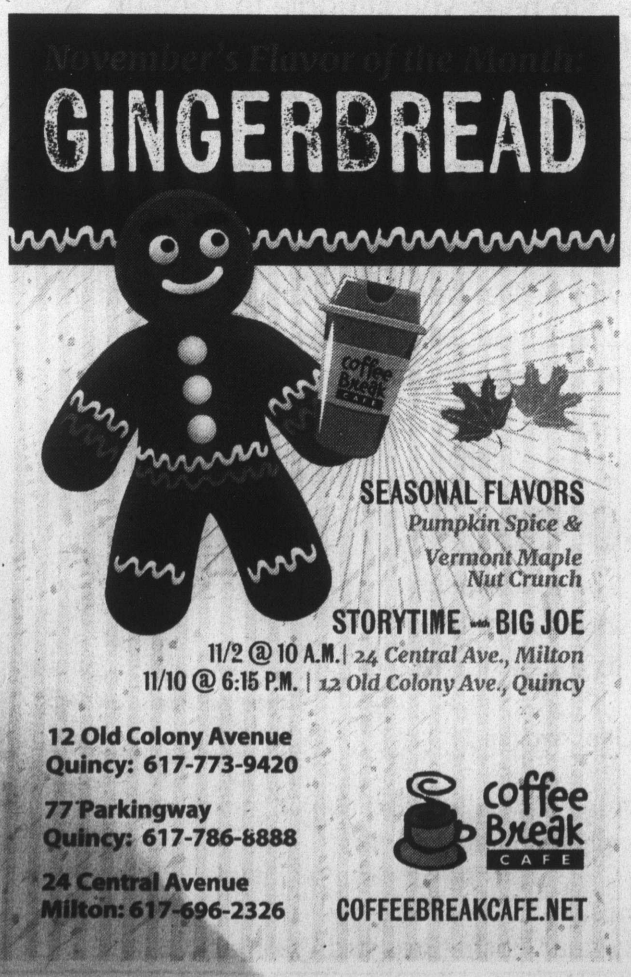
"This intergenerational program is an opportunity for young people to learn about sacrifice, hard work, friendship, courage and commitment. The veterans don't even need to use those words, but their stories communicate the concepts, and the students recognize them when they hear and see them," Bellotti said.

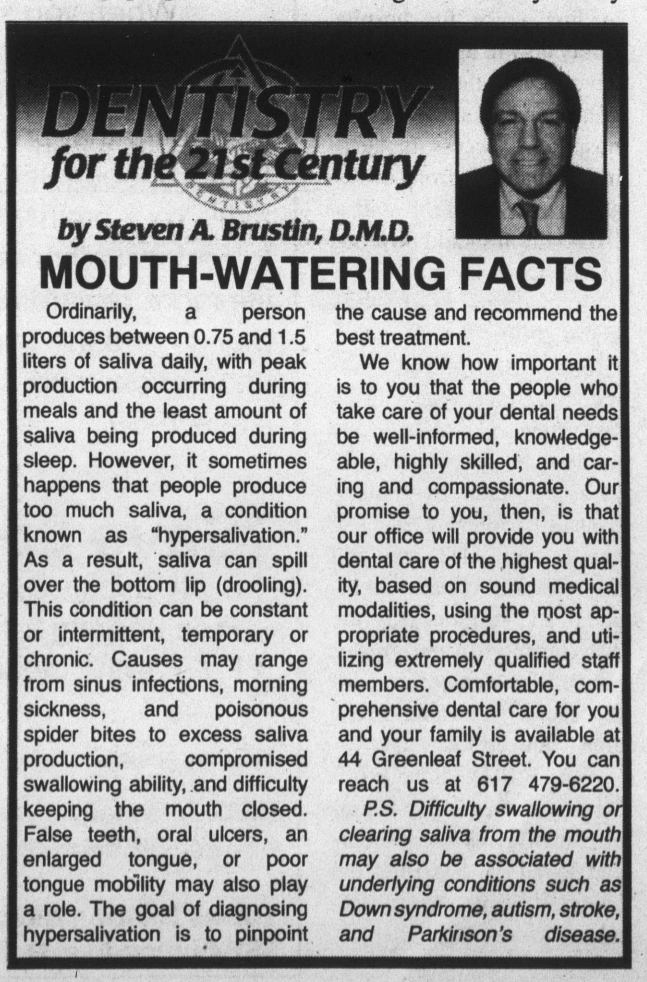
Taglieri said, "We are excited about the prospect of our students meeting local veterans and learning in some considerable depth about their experiences in serving our country. Many students know veterans from their own families or neighborhoods, but this program puts them in touch with veterans they have never met and encourages them to delve more deeply into their individual stories. This will certainly be a unique learning experience."

Called "Youth And Valor: From the Greatest Generation to the Latest Generation," the program will link five veterans – two from World War II, one from the Korean War and two from the Vietnam War – with 10 Quincy High School students. During an introductory meeting, the veterans and students will be grouped in trios consisting of one vet and two students. The veterans will be encouraged to recount their personal stories ranging from boot camp to combat to friends made and friends lost and anything else they deem important. The students will take notes and prepare written stories based on their interviews. They will read their stories at a luncheon honoring the participants later in the school year.

"The Norfolk Sheriff's Office has run similar intergenerational programs in the past and found that they always produce unexpected benefits for both the young people and the seniors," Bellotti said. "This is our first such program specifically involving veterans, and we think it will be especially enlightening and memorable.

"All of us involved in this program want to thank the people at City of Quincy Veterans Services and Mayor Thomas Koch for helping us put this all together," Bellotti added. "They have been instrumental in making this happen."





Quincy College Trust Honors Mark Bertman

Mark Bertman of Quincy, longtime proprietor of Rogers Jewelry in Quincy Center and community activist, was recently presented the 2017 Quintessential Award by the Quincy College Trust at an event held in the Tirrell Room, Quincy Lodge of Elks.

The trust is a non-profit foundation established to receive charitable donations, scholarship, and endowment funds in support of Quincy College and its mission to provide an affordable and accessible post-secondary education to its students. The award is presented to an individual who is Quintessential which by Quincy College definition is an individual who embodies or possesses the essence of something.

Mr. Bertman is a past member of the Quincy College Board of Governors, the first President of the Quincy College Trust and the proprietor of Rogers Jewelers in Quincy Center.

In addition to the award, the Trust announced the creation of the Mark Bertman Scholarship Fund. Proceeds from the Event were used to establish the Mark Bertman Scholarship Fund, as well as support academic and student life initiatives. Contributions are being accepted for the Mark Bertman Scholarship Fund. Mail donations (payable to the Mark Bertman Scholarship Fund) to Quincy College Trust, 1250 Hancock St.,7th floor, Quincy, MA 02169 (memo: Mark Bertman Scholarship)

For more informastion, call Tina Cahill 617-405-5942.

MARK BERTMAN of Quincy, longtime proprietor of Rogers Jewelry in Quincy Center and community activist, was recently presented the 2017 Quintessential Award by the Quincy College Trust at an event held in the Tirrell Room, Quincy Lodge of Elks. Looking on (from left) in this photo are (from left) Isobel Bertman, Mark's wife; and members of the Quincy College Trust: Janet Batson, Frank Byrne, Servet Yatin, Gail Samaha and Gary Wallrapp. *Photo Courtesy Quincy College*

Local Artisans Sought For Discover Quincy Pop Up Shop

Calling all local artisans.

Thanks to a local business, Discover Quincy welcomes local artists with the opportunity to show and sell their work at our temporary retail location during the holiday season. Priority will be given to Quincy area artists to sell unique, handmade works; art, ceramics, fiber, glass, jewelry, metalwork, mixed media, photography, woodwork and more.

The Discover Quincy Holiday Pop Up Shop at 1534 Hancock St., the former Payless Shoe Source, will be open to the public daily Dec. 6 - 17 from 11 a.m. to 7 p.m.

In 2016, Discover Quincy showcased more than 60 local artisans, selling $20,000 of their products in the 12 days the shop was open to the public.

Participating is free, however, artisans are expected to volunteer a minimum of four hours and will be charged a 10% sales commission to help cover the event expenses. Local non-profit organizations are welcome and commissions will be waived for their participation.

"This event is about supporting arts and culture, the creative economy, and our community," said Margaret Laforest, vice president of the Quincy Chamber of Commerce. "Discover Quincy is an organization that prides itself on inclusiveness and collaboration with local organizations in efforts to build a stronger sense of community amongst our partners and volunteers for the benefit of our residents and visitors."

The application is available online at DiscoverQuincy.com.

For more information, call 617-639-1117 or email Margaret at mlaforest@thequincychamber.com.

Bob Noble Speaker At Sterling Assembly

World War II veteran an ex-POW Robert Noble of Quincy will be the guest speaker at the Sterling Middle School Veterans Day assembly today (Thursday) at 1 p.m. at the school.

The assembly celebrating veterans will be held in the school auditorium.

Students have prepared a video, speeches, choral and band presentations all to celebrate and to give thanks to those who have served our great country.

HOLIDAY MENU SERVED FROM 11:30 'TIL CLOSE
BREAKFAST SERVED 7AM - 11AM

COMPLETE DINNERS!
Each dinner comes with Corn Chowder OR Garden Salad, mashed potatoes, butternut squash, peas & onions and bread. PLUS Choice of Dessert: pumpkin pie, apple crisp or Indian pudding.

ROAST TURKEY DINNER
Seconds are on us, and you'll be sent home with a Turkey Sandwich on fresh baked bread!!

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Colonial Federal Savings Bank and its employees invite you to join us in honoring America's veterans on November 11th.

"On that day let us solemnly remember the sacrifices of all those who fought so valiantly, on the seas, in the air, and on foreign shores, to preserve our heritage of freedom, and let us reconsecrate ourselves to the task of promoting an enduring peace so that their efforts shall not have been in vain."
Dwight D. Eisenhower

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Community Invited To Wollaston Garden Club Programs

The community is invited to attend programs on gardening, conservation and floral design at Wollaston Congregational Church, 47 Winthrop Ave. on the third Thursday, sponsored by the Wollaston Garden Club.

The next program, open to the community is "Tips, Tricks, and Trade Secrets of Horticulture" on Nov. 16 at 7:15 p.m. Many have heard that putting a penny in the water will keep cut tulips more upright or cutting flowers at an angle will help them draw up more water. Program presenter, Deborah Trickett, will share over 100 tips, tricks and trade secrets.

This is the 90th year of serving the community and offering free educational programs.

The Wollaston Garden Club invites members of the community to attend all of our community educational programs as a part of our club mission to "promote and encourage the love of gardening and the study of horticulture."

Future community programs include: "Native Plants to Attract Birds" on Jan. 18 at 12:15 p.m.; "Conservation Efforts in the Local Area Over the Last 20 Years!" on Feb. 15 at 7:15 p.m; "Your Body in the Garden" on March 15 at 12:15 p.m; and "Spring Wreaths Demonstration" on April 19 at 7:1.5 p.m.

The Wollaston Garden Club is a long-time member of The Garden Club Federation of Massachusetts, Inc. and the National Garden Clubs, Inc.

PUMPKIN PARADE at IN THE SPIRIT of Halloween, the Broad Horizons Preschool held a pumpkin parade. Among the students who participated were (above) Arin Singh and Kriti Nemani (and below) Dev Relan, Naishas Mohleji, Moukthhika Kodavaluru, and Anik Ojha.

Photos Courtesy Stacy Dooley

Wollaston Garden Club Hosts Presidents' Tea

The Wollaston Garden Club recently celebrated its 90th Anniversary and invited South Shore District Presidents of the Garden Club Federation of Massachusetts (GCFM) to a special luncheon meeting, and club program at Wollaston Congregational Church Social Hall on Oct. 19.

GCFM President Suzanne McCance congratulated WGC President, Jan Clifford and presented the club with a special anniversary commendation. Presidents/leaders of 15 garden clubs of the South Shore District were present.

The luncheon was hosted by the members of a special luncheon committee, led by Janet Lynch and Anne McCarthy. A beautiful autumn floral centerpiece created by Marie Ricci decorated the buffet table and the individual tables had lovely centerpieces created by Jo Costello and Ruth Griffin.

The design program, "Autumn Splendor" featured flowers and plants from the New England autumn season.

The program designers/speakers and Nationally Accredited Master Flower Show Judges were Elaine DiGiovanni and Linda Ladd.

CPR Course Nov. 14

Health Ed of New England will hold a Basic Life Support CPR course for healthcare providers Tuesday, Nov. 14 from 6 to 10 p.m. at Christ Church, 12 Quincy Ave., Quincy.

The cost is $55 per person.

The course requires pre-registration by Monday, Nov. 13. To register, call 781-582-1440 or 800-434-6000, or visit www.healthednewengland.com.

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NOBODY SHOULD BE HOMELESS

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Food Donations Welcome!

Turkeys (12-14 lbs.)
Carrots
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To Arrange Donation Drop Off
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For More Information
helpfbms.org/thanksgiving2017

Thanksgiving Community Meal

Christ Episcopal Church
12 Quincy Avenue, Quincy at 12:00 p.m.

To request a delivered Thanksgiving meal, call:
617-770-3314
(up to 3:00 p.m. on November 22)

South Cove Manor Celebrates Long Service Employees

South Cove Manor at Quincy Point, a rehabilitation and skilled nursing care community, held its annual staff celebration recently, and recognized employees with many years of service.

In remarks to the over 100 employees in attendance, South Cove Manor Board Chairman Richard Liu commented that "South Cove Manor's long-term dedicated staff are the core of the organization and are integral to our ability to provide exceptional care for our wonderful residents. We are grateful for the many contributions these staff members make to South Cove and to our community over many years."

Wan Wen Chen Qiu, Certified Nursing Assistant (C.N.A) and Siu Ping Wong, Food Services Assistant, were honored for 30 years of service at South Cove. Oi Li Wan Li, Chef, and Mi Ha Li, C.N.A. were honored for 25 years of service. Qing Nu Yang and Zerui Yang, both C.N.A.s, were honored for 20 years of service.

Other staff recognized were: Mei Hao Li (15 years), Tammy Chen, Ai Chan Chen, Liu Huan Huang, Yaowen Luo, Yingzhong Xue (10 years) and Xue Zhen Mei, Ruimin Chen, Yan Zhu Liu, Shinja Choi, Sau Lai Cho, and Jing Nian Chen (5 years).

The annual dinner was held at Cathay Pacific in Quincy, and sponsored in part by the Wah Jin Fund, established by Bill and Josephine Chin. All long service employees were presented with special gifts.

Founded in 1985, South Cove Manor moved in 2014 to an expanded, new state-of-the-art building at 288 Washington Street in Quincy. The new campus significantly expanded South Cove's rehabilitation capacity, and created a series of small resident communities for elders.

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Sundays 11:00AM
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Cont'd From Page 1

DiBona, Mahoney, Liang At-Large Winners

Committeewoman Emily Lebo.

In a closely watched six-candidate field for councillor at-large, DiBona topped the city-wide ballot with an impressive 8,839 votes – 1,845 ahead of second-place finisher Mahoney. This was DiBona's third consecutive win city-wide. In 2013, he topped the school committee race and two years ago finished second to win his first term as a councillor at-large. DiBona also finished first in the Sept. 12 preliminary election.

Mahoney and Liang also posted impressive victories considering the two finished fourth and fifth respectively in the preliminary election eight weeks ago. Mahoney polled 6,994 votes and Liang received 6,773 – a margin of 221 votes.

The three at-large candidates who were not successful at the ballot box Tuesday were Margaret Laforest, Daniel Raymondi and Stephen Tougas.

Laforest, who vacated the Ward 1 seat she had held for eight years, finished fourth with 6,273 votes – 500 votes behind Liang.

Raymondi, who served nearly 30 years as a school committeeman and Ward 2 councillor and then six years as DPW commissioner before stepping down from that post earlier this year, was fifth in the at-large race with 6,259 votes – 14 behind Laforest.

Tougas, a first-time candidate, was a distant sixth with 978 votes in the at-large race.

In the Ward 1 council race, McCarthy won with by a comfortable margin over challenger Joe Murphy. McCarthy polled 2,471 votes while Murphy received 907 votes – a margin of 1,564 votes. McCarthy, who served 12 years as a school committeeman, was unsuccessful in a bid for an at-large council seat two years ago.

In the Ward 5 council race, incumbent and current City Council President Kirsten Hughes held off a close challenge by first-time candidate Michael Hurley. Hughes won a fourth term by 120 votes as she polled 1,391 votes to Hurley's 1,271 votes.

In another close ward battle, William Harris – who was appointed to the Ward 6 seat by a judge following the death of incumbent Brian McNamee in December, 2015 – was elected to a second term by 136 votes over first-time candidate Herbert "Alie" Shaughnessy. Harris polled 1,511 votes while Shaughnessy received 1,375 votes.

In the six-candidate field for three school committee seats, current member Emily Lebo topped the race with 8,057 votes – 678 votes more than Gutro who came in second with 7,379 votes. Also winning a seat was political newcomer Anthony Andronico who polled 4,866 votes – 379 votes ahead of the fourth-place finisher.

Gutro, who served 14 years on the city council as the Ward 5 representative and later at-large, was an unsuccessful mayoral candidate two years ago.

School committee candidates who did not win a seat in Tuesday's election were first-time candidates Mark Sauter (4,487 votes, fourth place); David Jacobs (3,889 votes, fifth place) and Geraldine Manning (3,191, sixth place.)

There were two open school seats this fall since Mahoney vacated her seat run at-large and incumbent Barbara Isola did not seek re-election.

Ward councillors re-elected without opposition were Brad Croall (Ward 2), Ian Cain (Ward 3) and Brian Palmucci (Ward 4.) Croall (1,586 votes), Cain (1,614 votes) and Palmucci (1,443 votes) won their fourth, second and fifth terms respectively.

The mayor's seat was not on the ballot Tuesday. Mayor Thomas Koch is half-way through the city's first four-year mayoral term. Koch is expected to seek another four-year term when the seat is again before voters in the 2019 municipal election but has not made any public announcement about his future political plans.

Turnout Tuesday was 26.22 percent – a marked improvement over the preliminary election eight weeks ago. Some 15,692 voters out of 59,841 eligible voters cast ballots on Tuesday. Only 8,728 out of 59,465 registered voters or 14.86 percent went to the polls Sept. 12.

Tuesday marked the seventh time since 1959 that the order of finish in an at-large council race changed from the preliminary election to the final election. The last time it had happened before this election was 1975 when Paul Harold went from fourth in the preliminary to second place in the final.

Two other candidates in city history finished fourth in an at-large preliminary but won a seat in the final: John Quinn and George McDonald.

Quinn accomplished the political feat four times: from fourth to third place in 1959 and 1963; and fourth to first in 1967 and fourth to second in 1977.

McDonald finished fourth in the 1969 preliminary election but jumped to first in the final.

But Tuesday's election may be the first city election when two at-large candidates – Mahoney and Liang – finished fourth and fifth respectively in a preliminary but roared back to win seats in the final.

The three at-large council winners reacted to their wins before The Quincy Sun went to press Tuesday night.

"I feel great," DiBona said. "It's been a long road. We started this journey in April. I knew that possibly Joe Finn would not be running and a host of people would want to try to go for that open seat and I knew I had to get out there and started to work and I never gave up the gas for one second.

"The voters that went out tonight and voted – thank you. Everybody that came to the polls, thank you. We got out our vote and we did a great job. I want to thank everybody that held signs for me, everybody that put a sign in their yard, put a bumper sticker on their car.

Mahoney, who won the seat vacated by eight-term incumbent Joseph Finn, said:

"Even though I've been elected before, this city is a hard city and everything was ganging up and working against me in this election. I'm very, very proud of what we were able to accomplish and I'm looking forward to seeing the citizens of Quincy brought to the table – that's all I wanted to do. I'm excited to be at that table to start those conversations."

Liang said she ran for office two years ago because she wants to give back to the city and ran for a second term this year because she has more to offer.

"I first came out and did this because I wanted to give back to the city where I grew up, where my family has invested their business in, where we're all as a family dug in with our roots. That feeling is still there. It's still strong.

"I know I can do better and I know I have more to offer," Liang added.

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Margaret Laforest

Councilor at Large

THANK YOU!

It has been one of the greatest experiences of my life to spend so much time meeting and talking to our community members during my campaign for Councilor at Large. I extend my sincerest gratitude to everyone who answered their door to chat with me, supported our campaign in ways large and small, and to all residents of the City for the opportunity to serve the community I love.

MargaretLaforest.com

For more information, please contact Margaret at 617-471-1806 or ml@MargaretLaforest.com. Paid for by The Committee to Elect Margaret Laforest

City Of Quincy 47th Annual Tennis Championship

Lights shinned brightly on the 47th edition of the City of Quincy Tennis Championship participants thanks to the improved lights on the Russel Park tennis courts. Installed by the Park Department, the new lighting led to resurgence in participation in the longest running municipal tennis tournament in New England. Under the watchful eye of Tournament Directors John Franceschini and Michelle Hanly, who both have had a hand in running the event for more than 25 years, players all showed enthusiasm for the city's recently installed state of the art Musco tennis light system. The higher and brighter lights with fewer poles made the game more enjoyable and contributed to great play throughout the event which runs on nights and weekends each fall.

Recreation Director Barry Welch said, "The guiding hand of John and Michelle and support given through the continued sponsorship of the Quincy Credit Union goes a long way towards ensuring that this traditional activity remains successful. There are hundreds of families and individuals who have been the beneficiaries of the generosity of the Quincy Credit Union for over two decades of sponsorship. Tennis, a wonderful sport played by all generations and by both men and women, contributes to heathy lifestyles for all who take part. We are fortunate to have such a great partner to continue offering this superb community event."

The names of those who persevered to earn the title of City Champion and to take home the coveted bragging rights for this year and beyond contain a mix of past winners, such as Eleey, Yee, and Lerkvikarn, along with some new faces. Both youth and experienced veterans captured this year's share of plaques and bowls in the event which started out with four days of rain and boasted over three weeks of heated tennis action.

All City Champions have their names added to ceremonial silver bowls or plaques which have had all past winners' names engraved on them since the tournament began in 1971. Those silver bowls and plaques remain on year round display in the office of the Recreation Department. Each City Champion and finalist is also presented with an award representing their individual achievements. Every participant in the tournament receives a commemorative t-shirt.

The results of this year's tournament events are:

In the **Girls 16 and Under** division, Lydia Chan, a student at North Quincy High School, continued to dominate the event which she has won since 2013. This is her fifth consecutive and last championship in this division as she will age out of the event in September. In the championship match, Lydia defeated newcomer Matilda Rollins, 6-0, 6-0, who is a student in middle school and has a bright tennis future ahead.

The **Boys 16 and Under** winner is also no stranger to the event. Shane Lerkvikarn claimed his third straight championship over finalist Payton McGaffigan by a 6-0, 6-1 score. Lerkvikarn first won in 2015 and will age out of this division for next year. Adam Tlacoxolal-Chua and Austin Li played well before losing in the semi-final round.

The **Mixed Doubles** play for the William F. Ryan Bowl is always a battleground and you can be pretty sure that Aileen Eleey will be in the mix. This year was no exception with Aileen winning her third straight championship teaming up with John Olson in a three-set match which saw them loose the first set 1-6 and storm back to win the next two sets 6-4 and 6-2 over Shane Lerkvikarn and Lydia Chan, a pair of high school tennis team members with outstanding futures. Eleey first won this event in 1995 and has been champion ten times with three different partners.

Winning the first set in a tie breaker, Kevin Paterno, was stretched to three sets before winning his third **Men's Doubles** event and the Henry "The Master" McAuliffe Bowl in the last four years. All four have come with different partners. This year he teamed with Shane Lerkvikarn for the victory. The finals featured a marathon match with Kevin Moy and Ruslan Kasymov. Defending champion Robert Yee and his partner Paul Fortey were defeated in the semi-finals as were David Zou and Jin Zeng.

Like the energizer bunny that keeps on going, Aileen Eleey just keeps on winning the **Women's Doubles** as she did for the fourteenth time this year. Aileen, who first won the event in 1993 and had consecutive wins from 2000 to 2010, has won the event playing with her mother, Isabelle, her two daughters, Alison and Jacquelyn, as well as, Louise Durante, Sheila McIntyre, Gail MacDonald, Punya Wijesundera, and Sara Walker. Teaming up with daughter Alison, the Eleeys defended their title from last year, with scores of 6-1, 7-5 over another mother daughter team, Phoebe and Lydia Chan, who had been the champions in 2015. This year's semi-finalists were Jane Kuang and Wendy Zhou and Guang Huang and May Huang.

The **Men's 35 and Over** had tournament veteran Job Chan winning his first championship in this event defeating newcomer Sushil Sahu in a well-played final by a 7-5 to 6-0 score. Devendra Singh and Kadirvel Subramaniam both advanced to the semi–final matches.

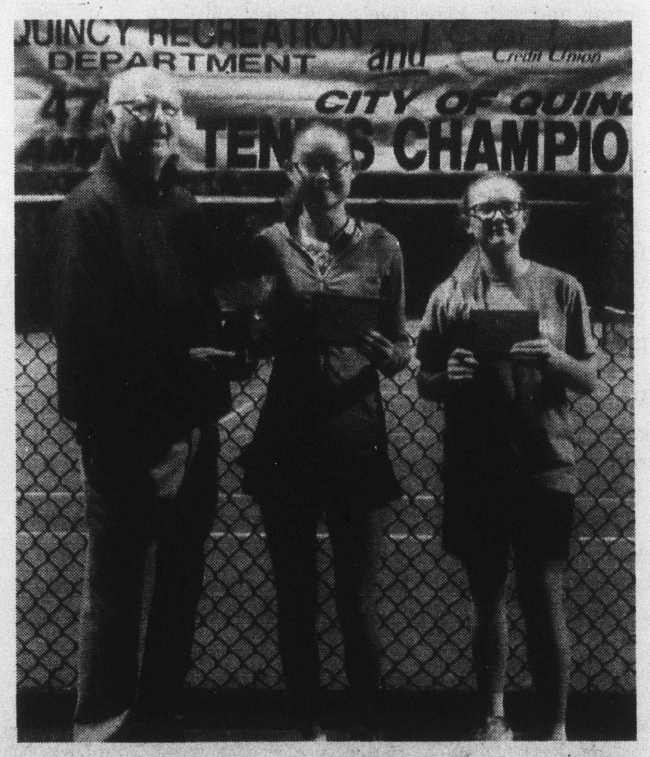
The premier event for most tennis tournaments is the **Men's Singles** and for Quincy it is no different. Forty-four men started this event with the hopes of being the winner of the Lionel "Shine" Buckley Bowl. In the end, it was a battle between three-time champion Robert Yee, who won in 2013, 2014 and 2015, and last year's champion Shane Lerkvikarn. The last man standing was Yee, who took home top honors for the fourth time, with a 6-2, 6-4 win in the match, which had the tournament spectators well entertained by two great tennis players. Lerkvikarn defeated a strong effort from Jin Zeng to advance to the finals while Yee held back tournament regular Kevin Paterno while winning his semi-final match.

Kathleen Brennan and Phoebe Chan found them

Cont'd on Page 15

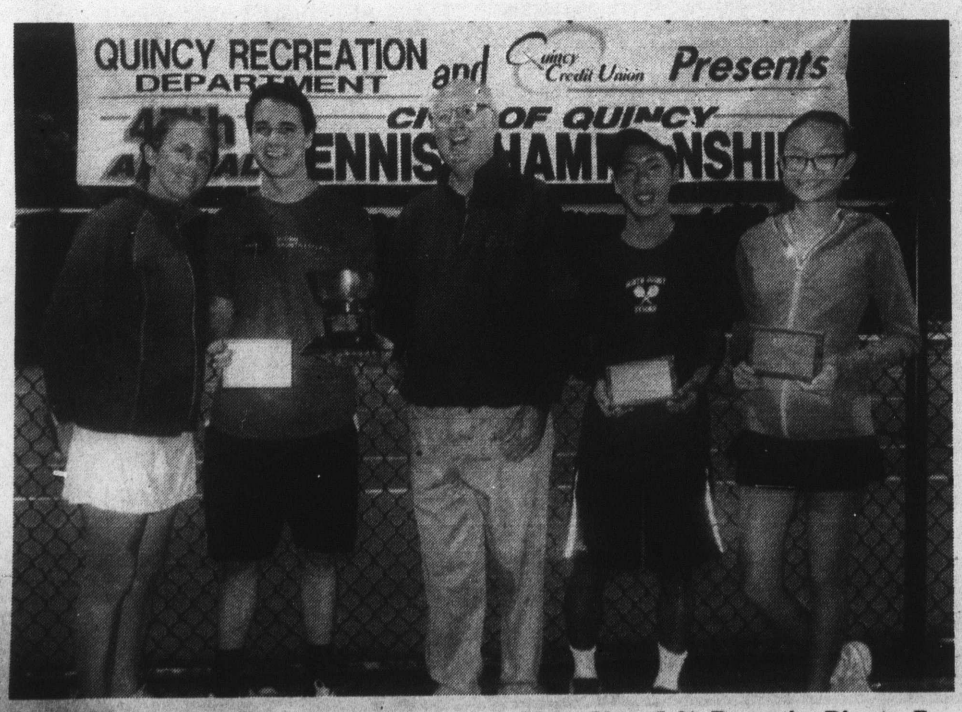
BOYS 16 AND UNDER CHAMPION, Shane Lerkvikarn (middle) with finalist Payton McGaffigan (left) and Director Barry Welch (right).

Photos courtesy Quincy Recreation Department



GIRLS 16 AND UNDER CHAMPION, Lydia Chan (middle) with Director Barry Welch (left) and finalist Matilda Rollins (right).

WOMEN'S DOUBLES CHAMPIONS, Alison Eleey (2nd from right) and Aileen Eleey (right), Director Barry Welch (middle). with finalist Phoebe Chan (left) and Lydia Chan (2nd from left).



THE MIXED DOUBLES winners, Aileen Eleey and John Olson (left), Recreation Director Barry Welch, (center) and runners-up, Shane Lerkvikarn and Lydia Chan.

MEN'S DOUBLES CHAMPIONS, Shane Lerkvikarn (left) and Kevin Paterno (2nd from right) with Director Barry Welch and finalists Ruslan Kasymov (left) and Kevin Moy (2nd from left).

City of Quincy 47th Annual Tennis Championship

Cont'd from Page 14

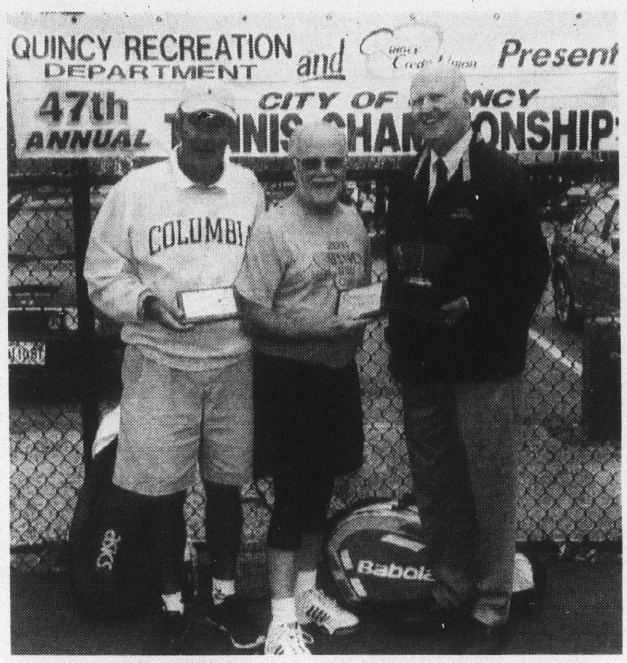
selves in the unique position of playing each other in two championship matches this year. Brennan and Chan faced off first in the **Women's 35 and Over Singles** and two days later played in the top women's event the **Women's Singles.** In what was a marathon three-set match, Brennan took home her first championship cup 6-2, 4-6, 6-0 to win the **Women's 35 and Over Singles** event. The match was great tournament action in an event that had not been contested for the past two years. The **Women's Singles** did not disappoint as in another three-set showdown demonstrating how evenly matched the play was this year. Chan was victorious by scores of 5-7, 6-3, 6-3. Chan was a repeat champion winning in 2016 and eight other years starting in 2002.

The **Men's B Singles** event is a unique Quincy event which gives a second chance to those who lose in the first round of the men's singles event. With 16 participants the play was spirited and players showed great enthusiasm. This event very rarely has repeat winners. This year was no different with Kunal Kamra winning for his first time 7-5, 6-1 over first time finalist Adam Tlacoxolal-Chua.

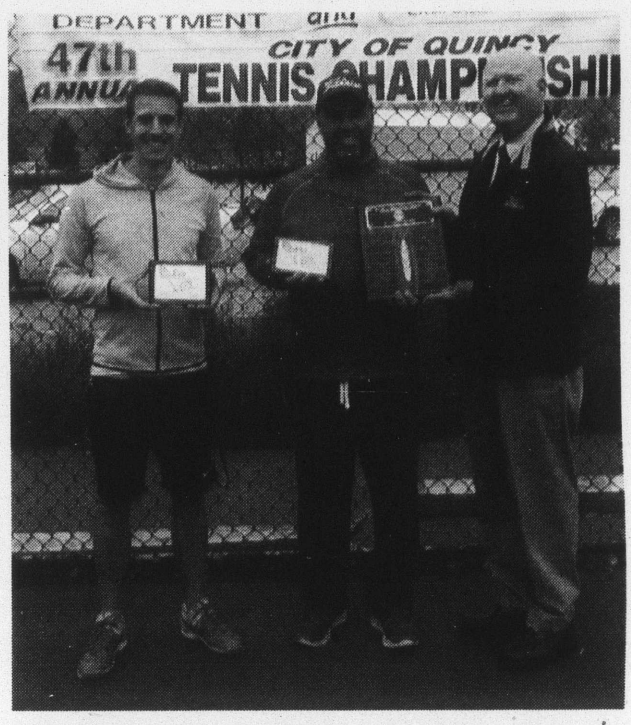
Tournament veteran Job Chan took to the courts in an effort to defend his 2016 **Men's 50 and Over** championship and used a variety of ground strokes to keep Kadirvel Subramaniam at bay and won 6-1, 6-2. Joe McGaffigan and Liam McAuliffe both advanced to the semi-finals in this competitive division. For Chan it was his third time taking home the Richard Mead Bowl.

The **Men's 60 and Over** division saw a resurgence in participation and spirited play that resulted in Ken Tarabelli defeating Tom Kelly in an epic three-set match that went to a tie-breaker in the third set. The match went 6-4,5-6 and 11/10 with the tie-breaker. Kelly, a newcomer to the event, had defeated Jim Moran 6-3,6-4 in a semi-final on his way to the championship match. Ken Tarabelli, a multiyear player, returned this year to play again following an absence due to injury.

The only division of play that does not require city residency is the **City Employee Event.** This year's winner once again is principal of the Bernazzani Elementary School Peter Dionne who played in the championship match against Elliot Columb a Quincy High School teacher and boy's tennis coach by a 6-4, 6-3score. Columb had defeated frequent finalist Phil Diana 6-2, 6-3 to advance to the championship.

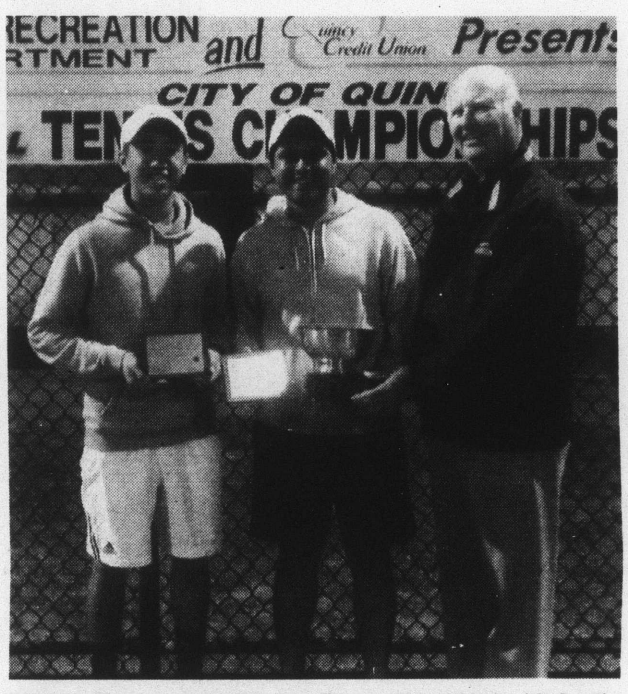


MEN'S B CHAMPION, Kunal Kamra (middle) with finalist Adam Tiacoxolal-Chua (left), and Director Barry Welch (right).



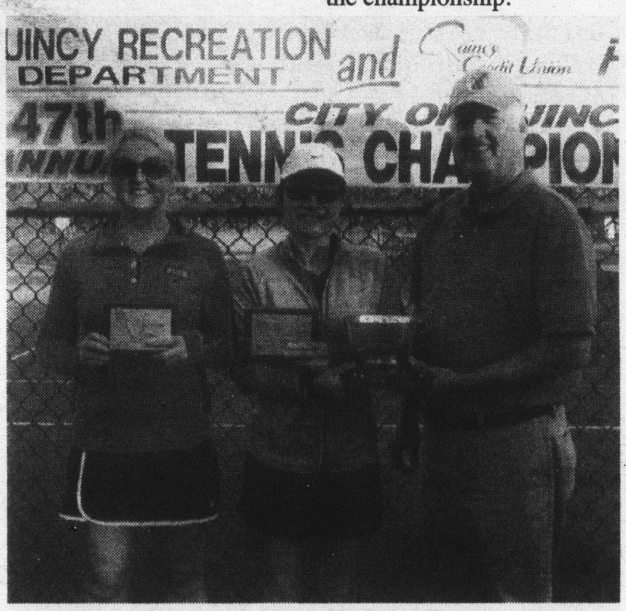
CITY EMPLOYEE CHAMPION, Peter Dionne (middle) with finalist Elliot Columb (left) and Director Barry Welch.

Photos courtesy Quincy Recreation Department



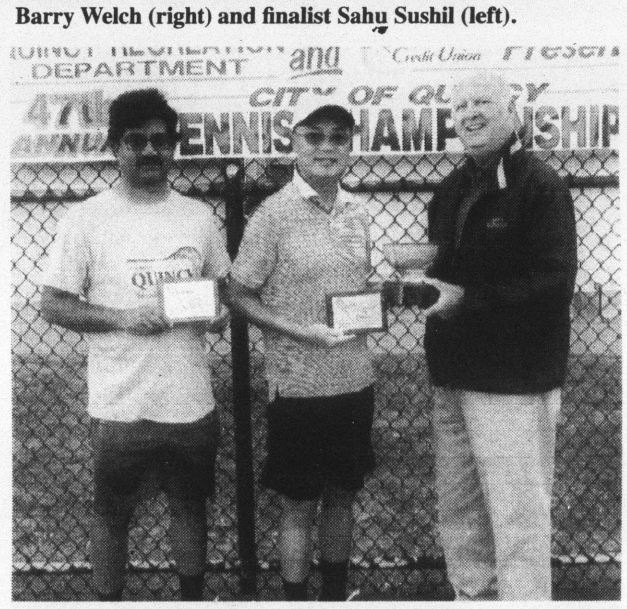
MEN'S 60+ CHAMPION, Ken Tarabelli (middle) with finalist Tom Kelly (left), and Director Barry Welch (right).

MEN'S 35+ CHAMPION, Job Chan (middle) with Director Barry Welch (right) and finalist Sahu Sushil (left).



WOMEN'S SINGLES CHAMPION, Phoebe Chan (middle) with finalist Kathleen Brennan (left) and Director Barry Welch.

MEN'S SINGLES CHAMPION, Robert Yee (middle) with finalist Shane Lerkvikarn (left) and Director Barry Welch.



MEN'S 50+ CHAMPION, Job Chan (middle) with finalist Kadirvel Subramaniam (left), and Director Barry Welch (right).

Walk Saturday, Talk Nov. 20 Celebrate Neponset River Watershed Association

The Park Department's Environmental Treasures Program and the Thomas Crane Library will host a free two-part program to celebrate the 50th anniversary of the Neponset River Watershed Association (NepRWA).

On Saturday, Nov. 11 Chris Hirsch, an environmental scientist at NepRWA, and Jessica Mink and Maria Lyons of the Neponset River Greenway Council, will lead a walk across the Neponset Bridge to Dorchester. The route will follow the Greenway along the Boston side of the river past the newly created Finnegan Park to the river's entrance into Dorchester Bay.

Participants will have the opportunity to view Quincy across the river from Boston and learn about the wonderful access the Neponset Bridge provides Quincy bicyclists and walkers to explore the Boston side of the river.

The walk will start at 10 a.m. in Quincy in the parking lot under the Neponset Bridge off Hancock Street next to the Adams Inn. Participants should meet at the Quincy Riverwalk sign at the northern end of the parking lot near the river and some rose bushes.

On Monday, Nov. 20 at 7 p.m. Ian Cooke, executive director of NepRWA, will give an illustrated talk about the history of NepRWA and the Neponset River over the last 50 years, highlighting the organization's accomplishments and current projects. The talk will take place in the Thomas Crane Library Community Room.

For more information and rain date rescheduling of the walk, call 617-472-0799.

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A Job Well Done

By QUINCY POLICE LT. DAN MINTON

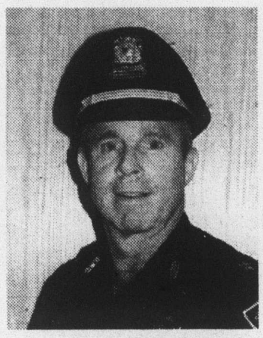
On Wednesday, Nov. 1, at approximately 3 a.m., Officer Bryan Donovan was patrolling the Wollaston Center area when his attention was drawn to a Toyota parked on Woodbine Street. The vehicle's engine was running, with lights on but it was unoccupied.

The officer noted that the vehicle did not have a front license plate, so he reversed direction and pulled up behind the vehicle. The vehicle had a Florida paper registration attached. Due to the time of night, the officer ran the license plate.

Moments later, a male came out of a nearby house and approached the cruiser. Officer Donovan stepped out of his cruiser and asked the male if it was his car and the male said, "Yes, I just went to see my friend." When asked for his license and registration, the male opened his wallet and in plain view the officer observed a gold badge. When asked if he was a police officer, the male responded, "No, it's for family members, my friend gave it to me." The badge was a small New York City Police badge and underneath the badge had the writing, "Family Member" on it.

This piqued Officer Donovan's interest because the male didn't say it was a family member so he questioned the male further but the male was either unable or unwilling to explain further why he would have this badge in his possession. At this time Officer Bossart arrived on scene. Officer Donovan again asked the male for his driver's license and he began fanning out multiple credit cards and various other cards in his hand. The officer used his flashlight to assist the male in locating his license and noticed that some of the credit cards appeared to have short names while other names appeared to be very long. The male pulled out a New York City ID with his picture, name and date of birth on it but he was unable to produce a valid driver's license from either MA or NY. Officer Bossart upon seeing the ID recalled the male from a prior arrest this year when the male was in possession of numerous credit cards under various different names, a large amount of cash, and property which was purchased using various fraudulent credit cards.

Officer Donovan asked the male if he could see the credit cards and he handed them over. The male had multiple cards in his own name, as well as a red Bank of America card under the name Jin Yun Lin, which expires in 04/2021, and also another red Key Bank Mastercard under the name Jason Ye, which expires in 10/2020. When asked why he had other people's cards, the male said, "My friend, my friend." When asked what his friend's name was, the male looked at the officer and repeated, "My friend." The officer repeated the question and the male again responded, "It's my friend."



LT. DAN MINTON

Officer Donovan believed the male was in possession of fraudulently obtained credit cards. The male said he has a MA driver's license but didn't have it with him. When asked to get the registration for the car, the male opened the driver's door and sat down in the vehicle without closing the door. He provided a rental agreement listing him as the authorized driver. While sitting in the car looking for the rental agreement, the male opened the center console of the car and Officer Donovan saw an open eye glass case containing a large pile of credit cards spilling out into the console. Again, when asked whose cards these were, the male reiterated, "My friend" but would not provide any further response.

The response of "my friend" by the male to many questions was not going to clear up matters! At this point Officer Donovan asked the male to step from the vehicle so he could retrieve the credit cards safely. Officer Bossart noticed a small clear plastic bag resting on the inside door handle above the map pocket in the driver's side door, so he took possession of the bag and immediately recognized it as crystal meth. Officer Bossart also located a small glass pipe which appeared to have a cloudy white residue inside, in the map pocket, along with a purple device with a rubber hose connected to it. These items are used together to smoke illegal narcotics.

Officer Donovan then placed the male under arrest. When the male saw Officer Bossart holding the clear plastic bag containing crystal meth, he said, "That's my Chinese herbal medicine." While performing a pat frisk of the male, Officer Donovan noticed a bulge in the front left pants pocket and found cash totaling $1,052. The officers then returned to the vehicle and found more credit cards under various different names, as well as numerous prepaid gift cards. They also found a black canvas pouch containing more credit cards also under various different names.

Officer Bossart located numerous checks made payable to various people for large sums of money inside the center console of the vehicle. There were also numerous blank check books under various names, none of which belonged to the male. In total, the male was in possession of 88 checks that were made out to various people for various amounts of money. He was also in possession of 43 separate credit cards.

The suspect, a 35-year-old Quincy resident, was charged with leaving an unattended motor vehicle running, possession of Class B drug, receiving stolen credit cards, forgery of checks, identity fraud and receiving stolen property. The $1,061 from the male is believed to be proceeds from credit card fraud and forgery.

Based on addresses on various documents, it appears the male suspect frequently travels to New York and uses multiple different addresses in both New York and Massachusetts. Due to that fact that the male continues the same criminal activity for which he was charged in June of this year, Officer Donovan requested that the male be held without bail for this matter.

Nice Work!

❑

Quincy Police Adult Self Defense Program: This free program will be offered Monday and Wednesday, November 13 and 15, a 2 night course, from 6:00 p.m. to approximately 8:30 p.m. at President's Place, 1250 Hancock Street, in the basement. This program is open to females aged 18

Cont'd On Page 35

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics
Oct. 27 – Nov. 2
Calls: 1,195
Arrests: 34
Stolen Vehicles: 1

FRIDAY, OCT. 27

LARCENY, 9:31 a.m., Elm St. Checks/mailbox. Party does not wish to pursue.

VANDALISM/PROPERTY, 1:15 p.m., Quincy Center post office, 47 Washington St. Car keyed over parking spot.

BREAKING IN PROGRESS, 1:46 p.m., Greene St. Caller arrived home and a black male walking down driveway with a bag dropped it and took off toward Hancock Street. Black male, 5'7" in a gray hoodie driving a four-door sedan, possibly a Mazda. Located possible suspect at 7-Eleven.

LARCENY, 5:56 p.m., YMCA, 79 Coddington St. Locker broken into. Some items missing.

SATURDAY, OCT. 28

BREAKING AND ENTERING, 1:33 p.m., 400 E. Squantum St. Caller said a friend of hers and her friends boyfriend broke into her apartment and stole caller's credit cards. No crimes.

LARCENY, 3:17 p.m., Stoughton St. Sister took family dog and caller believes she will sell it. Advised. Dog will be back Monday.

LARCENY, 4:02 p.m., Walmart, 301 Falls Blvd. Caller left her purse in carriage. Caller says store has video of the people who took it.

LARCENY, 4:10 p.m., Russell Pk. Construction equipment taken from site and possible caught on camera.

VANDALISM/PROPERTY, 4:49 p.m., Peking Kitchen, 1659 Hancock St. Four windows smashed.

SUNDAY, OCT. 29

VANDALISM/PROPERTY, 2:00 a.m., 98 Franklin St. Caller states someone banging on his front door. Looked out and window broken. Does not see anyone out the window.

VANDALISM/PROPERTY, 12:07 p.m., Taft St. Vehicle damaged overnight.

MONDAY, OCT. 30

MOTOR VEHICLE LARCENY, 6:27 a.m., Dunkin' Donuts, 95 Franklin St. 2003 gray Toyota Sequoia. Left car running while he went in to get a coffee. Headed towards School Street.

LARCENY, 6:07 p.m., 445 Willard St. Multiple Amazon packages stolen.

TUESDAY, OCT. 31

LARCENY, 5:13 a.m., Victory Ave. Meds, jewelry, credit cards missing. Friend is possible suspect; was in the home about two hours ago. Report submitted on story that kept changing.

VANDALISM/PROPERTY, 2:57 p.m., Water St. Caller states she left for work and when she returned home a freezer she had outside had its wires cut. Frequent checks.

VANDALISM/PROPERTY, 8:06 p.m., Alden St. Silly string. Just wanted it documented. No damage done.

WEDNESDAY, NOV. 1

LARCENY, 12:17 p.m., Copeland St. Caller states a black Infiniti G35 drove by. White female in bright pink sweater jumped out and stole his $40 and a scratch ticket. Driver is a white female in black hood. Occurred out at sidewalk of 7-Eleven and the laundromat across the street. One party under arrest for unarmed robbery and a warrant.

LARCENY, 1:11 a.m., Francis Ave & Spear St. Medication, a check, money was stolen from him at Quincy Center MBTA. Occurred at Francis and Spear.

LARCENY, 12:31 p.m., Crane Library, 40 Washington St. Past. Anti-crime to follow up.

LARCENY, 12:31 p.m., Crane Library, 40 Washington St. Past. Anti-crime to follow up.

LARCENY, 12:32 p.m., Crane Library, 40 Washington St. Past. Anti-crime to follow up.

LARCENY, 12:32 p.m., Crane Library, 40 Washington St. Past. Anti-crime to follow up.

VANDALISM/PROPERTY, 1:09 p.m., Water St. Back side, passenger side, trunk painted with white paint. Expletive painted on sidewalk.

LARCENY, 1:46 p.m., Home Depot, 177 Willard St. Employee theft. Arrest for larceny over.

LARCENY, 8:07 p.m., Taco Bell, 707 Hancock St. Caller states his Kindle was stolen from Taco Bell. Caller says he cannot stay on scene and will call tomorrow to report theft.

THURSDAY, NOV. 2

LARCENY, 9:13 a.m., E. Squantum St. Checks.

LARCENY, 2:22 p.m., Brackett St. Male working in the area took off on a scooter. White male on a light yellow scooter with a black helmet. Scooter belongs to the worker.

VANDALISM/PROPERTY, 2:42 p.m., South St. QFD was there for down wire and resident requested officer. No vandalism.

BREAKING AND ENTERING, 2:58 p.m., Quincy St. Father Bill's house, room broken into.

BREAKING AND ENTERING, 4:55 p.m., Grogan Ave. Caller arrived home to find front door damaged. Unable to find any missing property at this time.

INDECENT EXPOSURE, 6:30 p.m., Beach St. & Phillips St. White male, short hair, bald, dark shirt, jeans was on Phillips walking towards Beach. Area checked. Nothing located.

BREAKING AND ENTERING, 9:48 p.m., Grandview Ave. Caller said someone broke into his apartment and cleaned his home.

ASSAULT AND BATTERY, 9:59 p.m., Harriet Ave. Caller states she was assaulted Oct. 29. See several related cases.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: Franklin Street

❑

CAR BREAKS: Liberty Street, Harriet Avenue, Commonwealth Avenue, West Street, Quincy Avenue, Granite Street.

❑

BREAKS AND ATTEMPTED BREAKS: East Squantum Street, Quincy Street, Grogan Avenue, Grandview Avenue.

If you have information on the above crimes, drug activity or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764 or** log onto the following website: http://tinyurl.com/ytf6td.

To report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. To make an appointment to view the **Registered Sex Offenders** book, call **Detective James Dentremont at 617-745-5755**.

To contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us -- *Lt. Dan Minton*

Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by *The Quincy Sun* as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

Salvation Army Launches Annual Red Kettle Campaign

Cont'd From Page 2

mouth, and Hingham area as well as Roche Brothers and Walmart in Quincy. Other locations include the South Shore Plaza and the Walmart in Weymouth. Online Red Kettle donations can be made at www.salvationarmyma.org/Quincy.

"Reaching out to those in need by volunteering to ring bells is a wonderful way to connect with the community, to give back, to share blessings, and to be blessed in return," said Captain Timothy Ross. To volunteer this Christmas season, contact Captain Timothy Ross at 617-472-2345 x119 or by email at Timothy.Ross@use.salvationarmy.org.

The Salvation Army is also grateful for the support of Quincy's area businesses that have sponsored many of our kettles this year. Current Sponsors include Keohane Funeral Home, Inc., Quincy College, Neponset Valley Survey Associates, The Quincy Sun, Hancock TV and Appliance, NorthEast Community Bank, Verson & Betty Tang, Dr. John Pasciuccio, DDS, Rotary Club of Quincy, Quincy Lions Club, the Law Offices of Morgan J. Gray, P.C., Rural Lodge A.F. & A.M of Quincy, and South Shore Bank.

There will also be Community Kettle Days on Thursday, Nov. 30th and Wednesday, Dec. 6th. Community and business leaders will ring the bell at a red kettle set up in downtown Quincy by City Hall.

The Red Kettle tradition began in 1891 when Salvation Army Captain Joseph McFee wanted to help feed needy citizens in San Francisco. McFee remembered the ferry landings in Liverpool, England, where people would sit with small kettles that travelers would toss spare change into to help the less fortunate. Placing his own kettle on Market Street in Oakland, California, McFee was able to help individuals on Christmas. The idea traveled to Boston in 1897 and the Red Kettle Campaign has been a tradition ever since.

For more information, visit www.salvationarmyma.org/Quincy.

About The Salvation Army

Whether it is shelter for a displaced family or a warm cup of coffee for our brave first responders – hope and healing is the message of The Salvation Army. Since 1865, The Salvation Army has been providing social and spiritual services to communities throughout the world. People given purpose, hearts given hope and souls finding redemption – this has been our mission for more than a century.

With heart to God and hand to man, The Salvation Army – an international movement – is an evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry is motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

THE SALVATION ARMY

THE SALVATION ARMY OF QUINCY'S

Holiday Red Kettle

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Two Week Sponsorship with Full Color Sponsor Signage - $175.00

- Full Color Weather Resistant 11 in x 17 in Logo Signage placed directly above a kettle for a two-week period.
- Acknowledgement in pre and post Kettle Drive press releases
- Acknowledgement in Kettle Sponsorship Thank You Ad

2017 Holiday Kettle Sponsors

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Quincy College
Rural Masonic Lodge A.F & A.M
The Rotary Club Of Quincy
Hancock TV & Appliance
The Quincy Lions Club
Dr. John Pasciucco
Venson & Betty Tang
NorthEast Community Bank
Law Office of Morgan J. Gray, Esq.

A limited amount of sponsorship opportunities are still available

Please contact The Salvation Army of Quincy at 617-472-2345 for more information

The Salvation Army of Quincy is a Registered 501(c)3 Charity

ELEMENTARY LUNCH MENU

Monday, Nov. 13
Pizza Sticks w/Marinara Dipping Sauce, Carrot Snack Packs, Seasonal Fruit.

Tuesday, Nov. 14
Early Release Day—NO LUNCH SERVICE

Wednesday, Nov. 15
HOMESTYLE KITCHEN: Popcorn Chicken w/ WW Macaroni & Cheese, Steamed Green Beans, Seasonal Fruit.

Thursday, Nov. 16
AMERICAN FARE– Turkey Frank on a WW Bun, Tator Tots & Baked Beans, Seasonal Fruit.

Friday, Nov. 17
TASTE OF ASIA: Teriyaki Chicken Strips, Steamed Broccoli & WW Noodles, Fortune Cookie! Seasonal Fruit.

All above Entrée Selections Include: Vegetable Choice, Choice of Fruit and Choice of Milk

SECONDARY LUNCH MENU

Monday, Nov. 13
CALZONE MONDAY: Homemade Cheese or Pepperoni Calzone, Greek Salad, Seasonal Fruit.

Tuesday, Nov. 14
BRUNCH FOR LUNCH: Egg, chicken Bacon & Cheese On a WW Waffle Sandwich, Sweet Potato Tots, Seasonal Fruit.

Wednesday, Nov. 15
ITALIAN DELIGHT– WW Pasta w/ Ground Beef & Tomato Sauce, Steamed Green Beans, Slice of Texas Garlic Toast, Seasonal Fruit.

Thursday, Nov. 16
HOLIDAY FEAST: Chicken Filet & Gravy, Mashed Potatoes & Steamed Peas, WW Dinner Roll, Seasonal Fruit. *DESSERT:* Apple Crisp.

Friday, Nov. 17
TASTE OF ASIA– *Noodle Bowl:* Teriyaki Grilled Chicken Strips, WW Noodles, Vegetable Medley, *BONUS:* Fortune Cookie, Side of a Three Bean Medley, Seasonal Fruit.

All above Entrée Selections Include: Vegetable Choice, Choice of Fruit and Choice of Milk

Real Estate

Quincy Real Estate Transactions Oct. 30 - Nov. 3

Transactions are compiled by the Norfolk County Registry of Deeds

Seller	Buyer	Amount	Address
Stephen & Janet G. Heroux	Jay Chen	$395,000.00	97 Campbell Street
David J. & Maria Pica	Anne Ferguson	$235,000.00	20 Miller Street
Stacy A. & Dwayne D. Hull	Mary K. Stille	$349,000.00	36 Curtis Avenue
William M., Brian T., Susan M., Maureen, Jacqueline Kilroy & Robert McDevitt	Michael Kilroy	$390,000.00	309 Farrington Street
David F. Coletti	795 Hancock Street Realty Trust	$510,000.00	795 Hancock Street
John T. & Valerie T. Morrissey	Le Ding	$450,000.00	53 Sharon Road
Ling Zhao	Thirumurugan Eswaran	$322,000.00	200 Falls Boulevard Unit F308
Jessica L. Coolidge	Saw T.W. Ye & Kimberly P. Ma	$245,000.00	141 Willard Street Unit 141-10
500 Congress Street Suite 2A LLC	TNSK Realty LLC	$485,000.00	500 Congress Street Unit 2A
Hamilton Bay Apartments LLC	David M. Ryan	$237,500.00	185 Quincy Shore Drive Unit A-75
Residences at 1022 Hancock Street LLC	Michael & Charles R. Devin	$449,100.00	1022 Hancock Street Unit G-07
S. Elisabeth Stephens	Mukund K. Lingineni & Aparna Gollapalli	$520,000.00	523 Hancock Street Unit 6
Alice Nolan	Ning Li	$650,000.00	27 Avon Way
Joseph E., Ryan, Thomas A. & Erin Sterling	Shaoying Zeng & Litong Mei	$519,000.00	42 Edwards Street
Dinamarie McCarthy	Andrew Remus	$325,000.00	155 Kendrick Avenue Unit 102
Kathleen M. Daly & Kevin Coughlin	Yutian Ling	$925,000.00	39 Bay Street
Brock, Brittany & Ashley Staples	Alan & Cathy M. Au	$630,000.00	43 Pleasant Street
Cela Development Inc.	Baker Court LLC	$500,000.00	178 Robertson Street
Vinh-Loc Huynh	Lili & Xueping Gao	$592,000.00	96 Henry Street
Fu Zong Zhang Huang Trust	Golden Flowers LLC	$281,800.00	230 Willard Street Unit 308
Hamilton Bay Apartments LLC	Vitaly Garaz	$245,000.00	185 Quincy Shore Drive Unit A-81
Daniel H. & Alpha M. Sanford	Daniel J. McGrath	$377,500.00	42 North Bayfield Road
Lavone B. Beebe Family Revocable Trust	Xiurong Pan	$250,000.00	51 Botolph Street Unit 1
Margaret Campbell Trust	Jane V. Dones	$345,000.00	155 Kendrick Avenue Unit 206
Baron Realty Trust	Scott W. Busier	$565,000.00	180 Squanto Road
Boris & Ira Lazic	Jianxiong Chen; Ying X. & Pu Q. Wu	$342,900.00	175 Quincy Shore Drive Unit B-22
Fenyen Chang	Yi R. Cheng & Wen Xiao	$425,000.00	10 Weston Avenue Unit 325
Brian & Whitney Williams	Yuhan Tao	$295,000.00	77 Adams Street Unit 202
Tullis Family Limited Partnership	Zhongren Wang	$168,000.00	195 Thomas Burgin Parkway Unit 201
Residences at 1022 Hancock Street LLC	Emara Nabi	$440,000.00	1022 Hancock Street Unit G-12
Mary L. Donovan	Lydia Liu & Yung M. Ng	$445,000.00	45 Village Drive Unit 5-9
Hamilton Bay Apartments LLC	Guohua Cao & Bing Chen	$240,000.00	165 Quincy Shore Drive Unit C-74
Diarmaid McGregor	Edward A. & Ellen Fish	$1,500,000.00	135 Shore Avenue
Donald C. Young	Lauren N. & Robert Sleeth	$335,000.00	200 Falls Boulevard Unit G303
Patrick & Heidi Barry	Keith Nolfi & Tracey Cesso	$780,000.00	37 Spring Street
Doreen H. McCormack	Nicole I. Imbriano	$370,000.00	6 Franklin Terrace
Guido Lonzana	Massachusetts Budhi Siksa Society Inc.	$937,000.00	60-62 Massachusetts Avenue
James V. McCabe	Danson Le & Kim K. Vo	$699,000.00	70 Endicott Street
Pensco Trust Company	Hikmet Arhaeim & Hadia Alqassab	$309,000.00	200 Cove Way Unit 118-2
Jose O. Malave-Vidal	Jin J. Pan	$555,000.00	535 Hancock Street Unit 10
Kelly & Kate Madigan	Danielle Ligenza	$470,000.00	10 Seaport Drive Unit 2304
59 Elliot Avenue Realty Trust	Jin Bing Zou & Ming Chen	$420,000.00	59 Elliot Avenue
Paul Ptashnick	Nicole A. Degennaro	$315,000.00	1 Cityview Lane Unit 316

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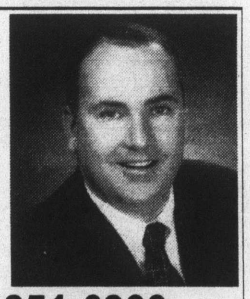
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617-479-1000

NeighborWorks So. Mass Receives $25,000 Grant

The Dedham Institution for Savings Foundation has donated $25,000 to NeighborWorks of Southern Mass (NWSOMA) to help fund upgrades, rehabs, and other capital improvements to the organization's portfolio of 32 owned and managed properties containing 146 apartment, townhouse, and single room occupancy (SRO) style affordable residential units for families and individuals in addition to the company's management offices located in a converted house at 422 Washington Street in Quincy. Properties requiring capital investments are located at various addresses within the communities of Quincy, Weymouth, and Hull, Massachusetts. Typical capital projects at these sites include driveway, parking lot, and walkway asphalt resurfacing; fencing and retaining wall repairs; boiler, furnace, domestic hot water tank, and air conditioning condenser replacements; accessible chairlift replacements; localized building envelope and fire escape repairs; aging fire alarm panel replacement; and on-going interior common area and dwelling unit upgrades and replacements.

THE DEDHAM INSTITUTION for Savings Foundation recently granted $25,000 to NeighborWorks of Southern Mass in Quincy for capital improvements to their portfolio of properties in Quincy, Weymouth, and Hull. Pictured from left to right are Beverly Somerville, co-chairperson, NeighborWorks Southern Mass, and vice president, Community Reinvestment Act Officer, Dedham Savings; Robert Corley, executive director, NeighborWorks Southern Mass; Jerry Lavoie, Dedham Institution for Savings Foundation, trustee; and Donna Ackerman, assistant director, NeighborWorks Southern Mass. *Photo Courtesy Hugh O'Connell*

"I have been a Board Member at NeighborWorks of Southern Mass since 2012 and have served as Co-Chair since 2016," said Beverly Somerville. "It has given me a great feeling knowing that my company, Dedham Savings, has stepped up to the plate to support the great work we are doing in the community."

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Registry Of Deeds Toy For Tots Drive Nov. 20-Dec. 13

Norfolk County Register of Deeds William P. O'Donnell announces the Registry will be sponsoring its 11th annual U.S. Marine Corps Reserve Toys for Tots drive.

"Every holiday season, the Registry witnesses firsthand the many acts of kindness and Christmas spirit as numerous people drop off gifts for the Marine Corps Reserve Toys for Tots drive," O'Donnell said. "It's truly wonderful to see so many people drop off gifts from Registry employees to title examiners to attorneys and from the general public. I fondly remember one year a local mother brought in her young children who wanted to drop off toys."

This year marks the 70th anniversary of Toys for Tots. The program was established in 1947 when the wife of a Marine major wanted to donate a Raggedy Ann doll for Christmas, but couldn't find an organization to take it. "Since that time $49 million in gifts have been donated," O'Donnell noted.

The U.S. Marine Corps Reserve Toys for Tots program's mission is to help less fortunate children experience the joy and happiness associated with Christmas. The program operates in 800 cities and towns throughout all 50 states.

Donations of new toys and games for toddlers and children up to age ten can be brought directly to the Norfolk County Registry of Deeds building located at 649 High St. in Dedham from Monday, Nov. 20 until noon, on Wednesday, Dec. 13.

A marked donation bin will be set-up in the lobby which is open Monday through Friday from 8 a.m. until 4:30 p.m.

"We all have the power to make a child's Christmas something special, and therefore giving to the Toys for Tots drive just might make it the best Christmas present you gave yourself this holiday season," O'Donnell said.

The Norfolk County Registry of Deeds, located at 649 High St., Dedham, is the principal office for real property in Norfolk County. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information. All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of assistance can contact the Registry of Deeds Customer Service Center at (781) 461-6101, or email us at registerodonnell@norfolkdeeds.org.

LOCAL WILDLIFE PHOTOGRAPHER Karen Walker captured this image of a Bald Eagle flying near the Neponset River. Walker also photographed another Bald Eagle in the same area. After the Ban of DDT in 1972, Bald Eagles finally had a chance to recover from near extinction. In 1982, Eagle chicks were released at the Quabbin River, and they have produced offspring which thrive today. Over 30 pairs of Eagles successfully live in Massachusetts now, according to Walker who is a well-known bird enthusiast and volunteer at the Trailside Museum in Milton.

Homebuyer Workshop Nov. 16, Nov. 18

Quincy Community Action Programs, Inc. (QCAP) and Randolph Savings Bank will host a comprehensive workshop designed for first time homebuyers.

The two-day workshop will be held Thursday, Nov. 16th from 6 to 9 p.m. and Saturday, Nov. 18th, from 9 a.m. to 3 p.m. at Quincy Community Action Programs office, 4th floor, 1509 Hancock St, Quincy. Attendance at both sessions is required to receive a Certificate of Completion.

This monthly workshop provides a comprehensive review of the home buying process. Real estate professionals will lead instruction on topics from mortgages to home insurance. Participants may also use their Certificate of Completion to obtain a low rate loan through MassHousing or MassHousing Partnerships. Individual counseling is also available.

Registration is underway and ends Tuesday, Nov. 14th. For more information about the program and /or to register for the workshop, contact Peter Mullen, QCAP's Homeownership Counselor at 617-657-5315 or email at pmullen@qcap.org. To register for the class, visit www.qcap.org.

Founded in 1965, QCAP is the leading non-profit organization dedicated to reducing poverty by providing educational and economic opportunities to residents. In addition to its adult education and workforce development programs, QCAP provides Head Start and Early Head Start, access to quality and affordable early education and care, family engagement activities, heating assistance and weatherization, homebuyer education, mortgage foreclosure counseling, affordable housing, homelessness prevention, and housing services.

For more information, visit www.qcap.org.

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Veterans Honored At Flags For Veterans Island

By TOM GORMAN

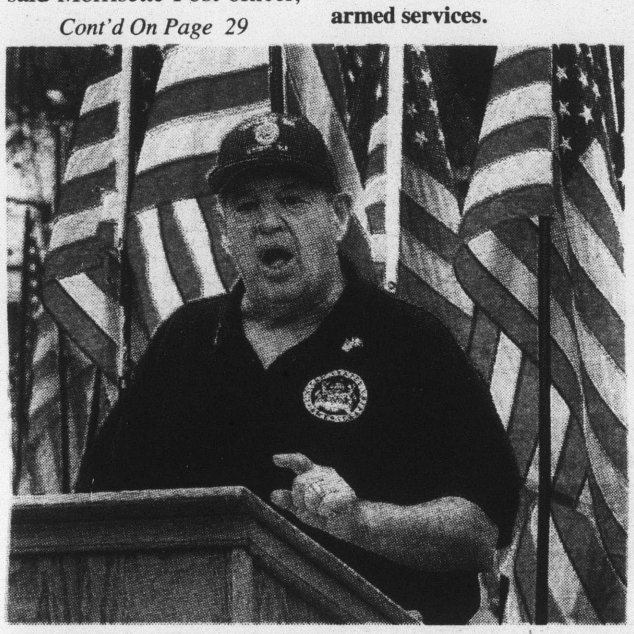
Veterans who are serving, have served and those who paid the ultimate sacrifice were honored during a Veterans Day remembrance at the Flags for Veterans Island at Fort Square on Sunday.

Residents, city and state officials joined veterans at the island graced with 400 American flags representing Quincy's veterans. The ceremony, hosted by the Sons of the American Legion, Squadron 294, of the Cyril P. Morrisette Post, marked the 13th commemoration at the traffic island that was transformed into a veterans' memorial more than seven years ago.

"By these ceremonies, we seek only to raise the level of reverence for our national symbol and bring increased recognition to all veterans," said Morrisette Post officer,

Cont'd On Page 29

SOUNDING TAPS at the conclusion of Sunday's Veterans Day remembrance at Flags for Veterans Island is Robert LaFleur, past commander of the Morrisette American Legion Post. The 400 flags on the island at Fort Square represent veterans killed in action, who have passed away after their military service and are still serving in the armed services.



JOE BRILL, a Quincy Navy veteran, was the keynote speaker at Sunday's Veterans Day remembrance at Flags for Veterans Island, Fort Square. *Quincy Sun Photos/Robert Bosworth*

SALUTING AFTER PLACING a memorial wreath at the base of the main flag pole at Flags for Veterans Island at Sunday's Veterans Day observance are (from left) Joe Brill, membership officer, Sons of the American Legion, Squadron 294, Morrisette Legion Post; Squadron 294 Commander Paul Moody and Robert LaFleur, past commander, Post 294 AL and dual member Squadron 294 SAL.

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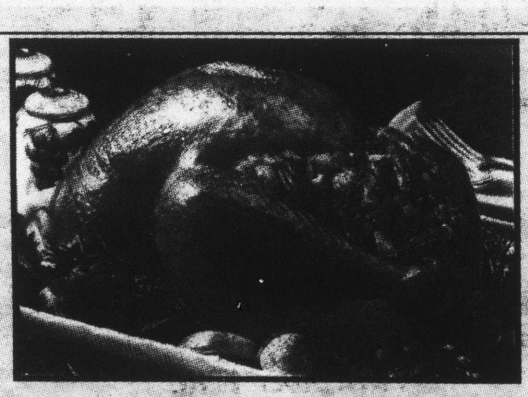

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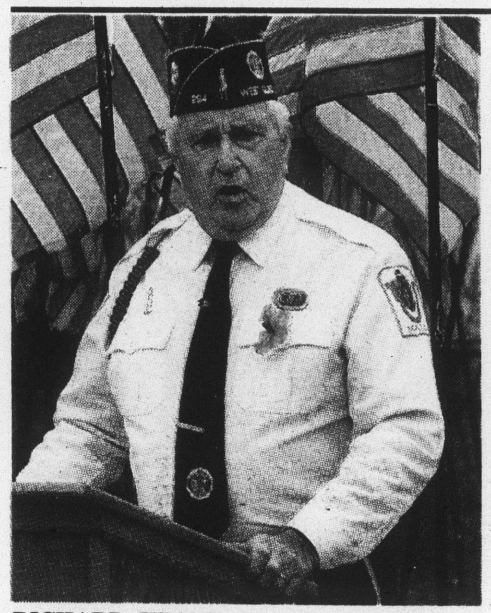
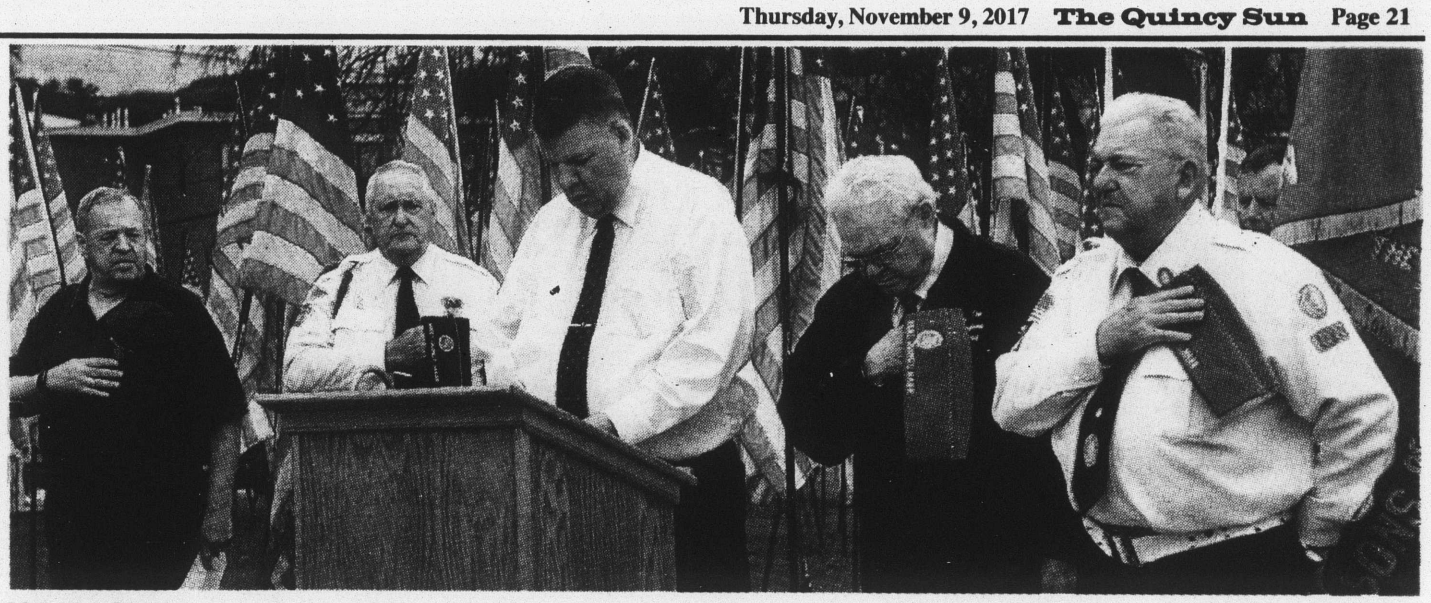
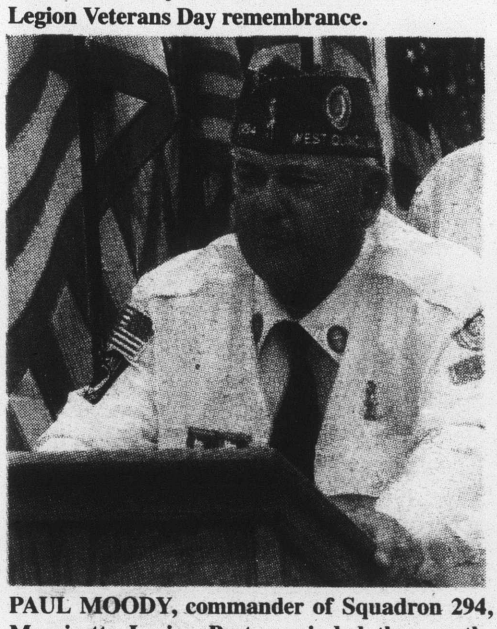


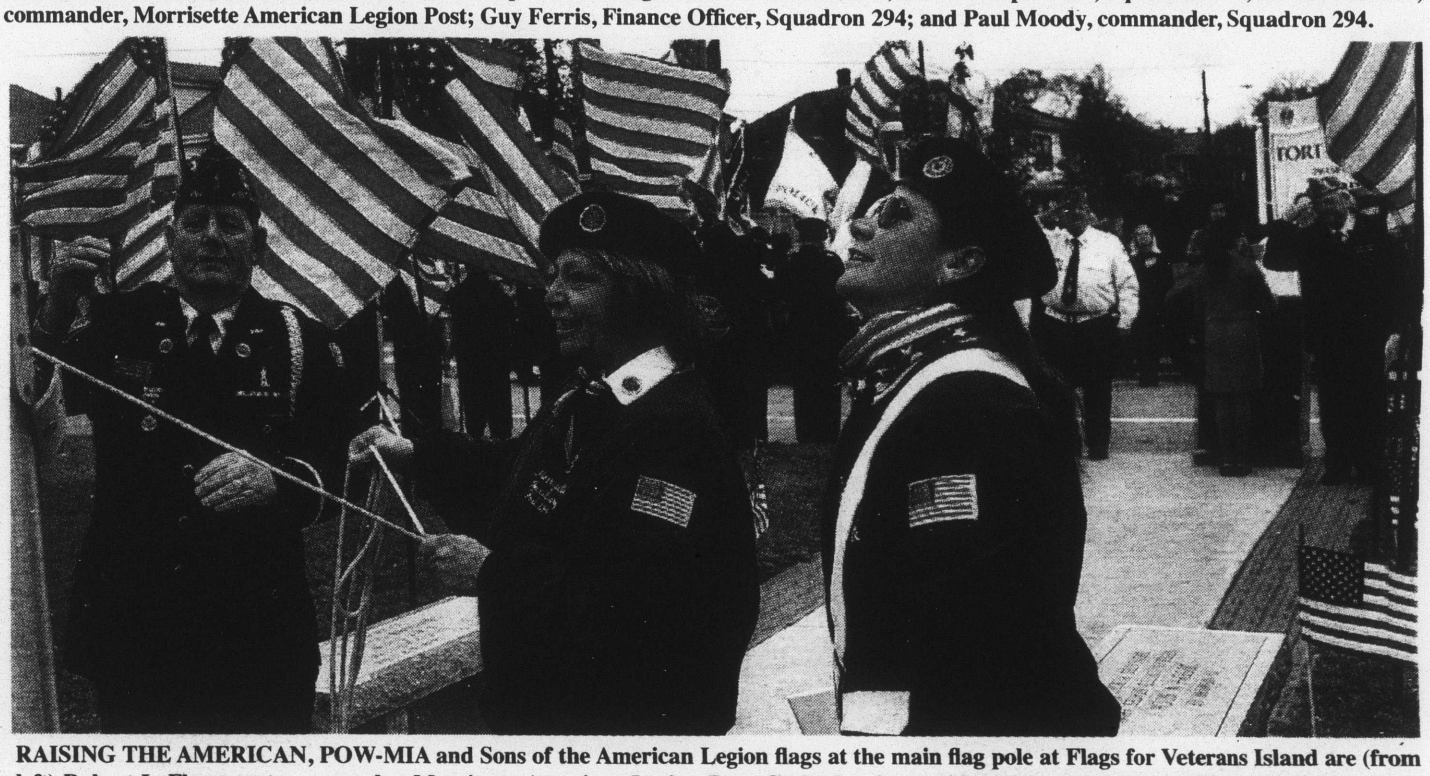
RICHARD KEANE (above), commander of the Morrisette American Legion Post 294, suggested Americans observe a month - instead of one day - in honor of this nation's veterans in remarks Sunday at the Sons of the American Legion Veterans Day remembrance.



JOE McDONALD (at podium), chaplain of Squandron 294, Sons of the American Legion, gives the invocation at Sunday's Veterans Day remembrance at Flags for Veterans Island, Fort Square. Pausing from left are: Joe Brill, membership officer, Squadron 294; Richard Keane, commander, Morrisette American Legion Post; Guy Ferris, Finance Officer, Squadron 294; and Paul Moody, commander, Squadron 294.



PAUL MOODY, commander of Squadron 294, Morrisette Legion Post, reminded those gathered at Sunday's remembrance that "freedom is not free."



RAISING THE AMERICAN, POW-MIA and Sons of the American Legion flags at the main flag pole at Flags for Veterans Island are (from left) Robert LaFleur, past commander, Morrisette American Legion Post; Cathy Lewis, president, Morrisette Legion Post Ladies Auxiliary and past commander, Morrisette Post; and Karen Eames, past president, Morrisette Legion Post Ladies Auxiliary.

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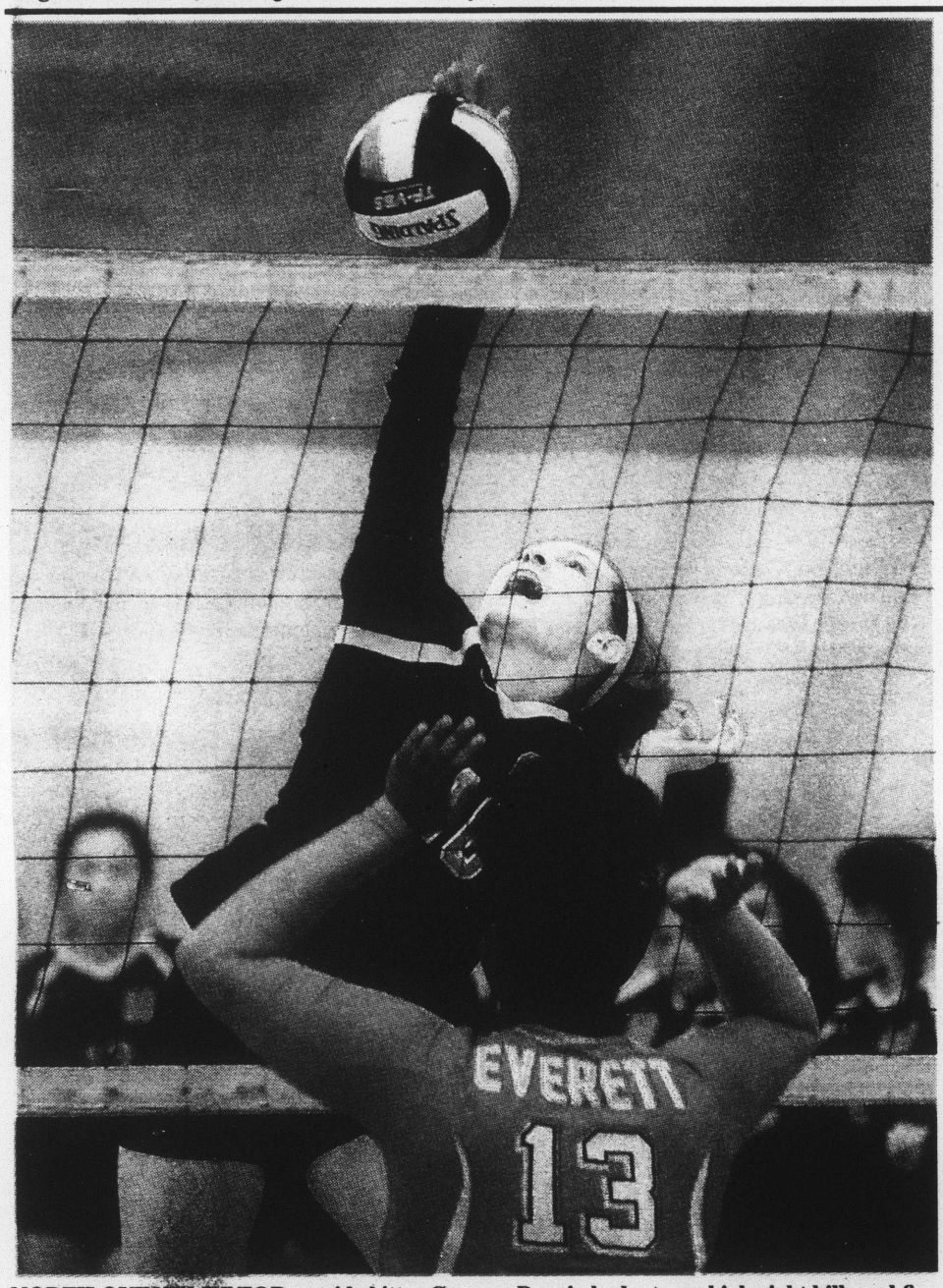
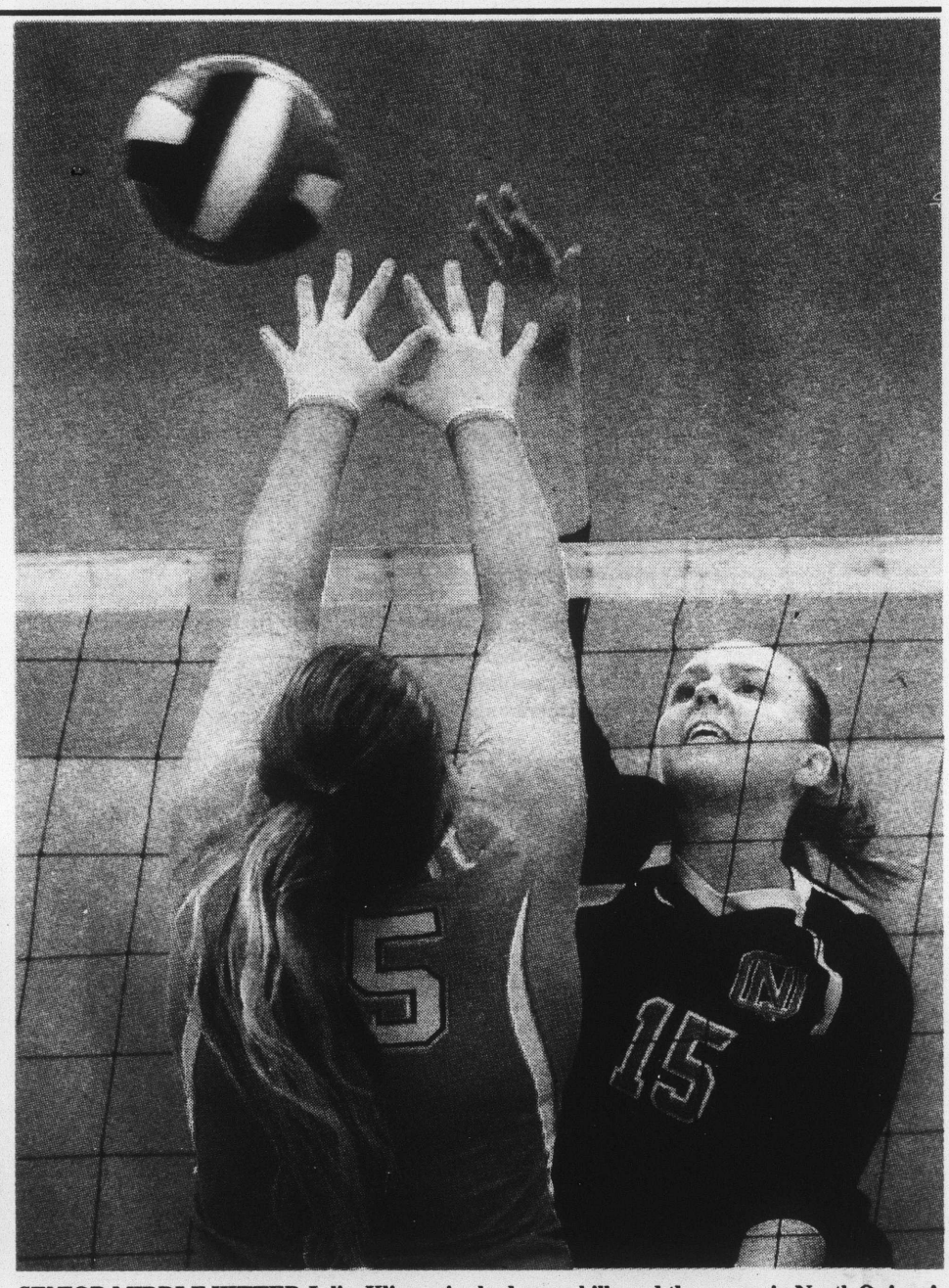


NORTH QUINCY JUNIOR outside hitter Camryn Burgio had a team-high eight kills and five aces to help lead the Red Raiders to a 3-0 win over Everett Nov. 2 in the first round of the Division 1 Central/East playoff brackett in the state tournament. With the win, North Quincy advanced to the quarterfinals against Brookline Tuesday night.



SENIOR MIDDLE HITTER Julia Klincewicz had seven kills and three aces in North Quincy's 3-0 win over Everett Nov. 2. The Red Raiders served well, took advantage of their opponent's mistakes and played strong defense on their way to a 3-0 win (25-11, 25-14, 25-12) at home.

Quincy Sun Photos/Robert Bosworth

North Quincy Sweeps Everett, Advances To Quarterfinals

By TOM JOYCE

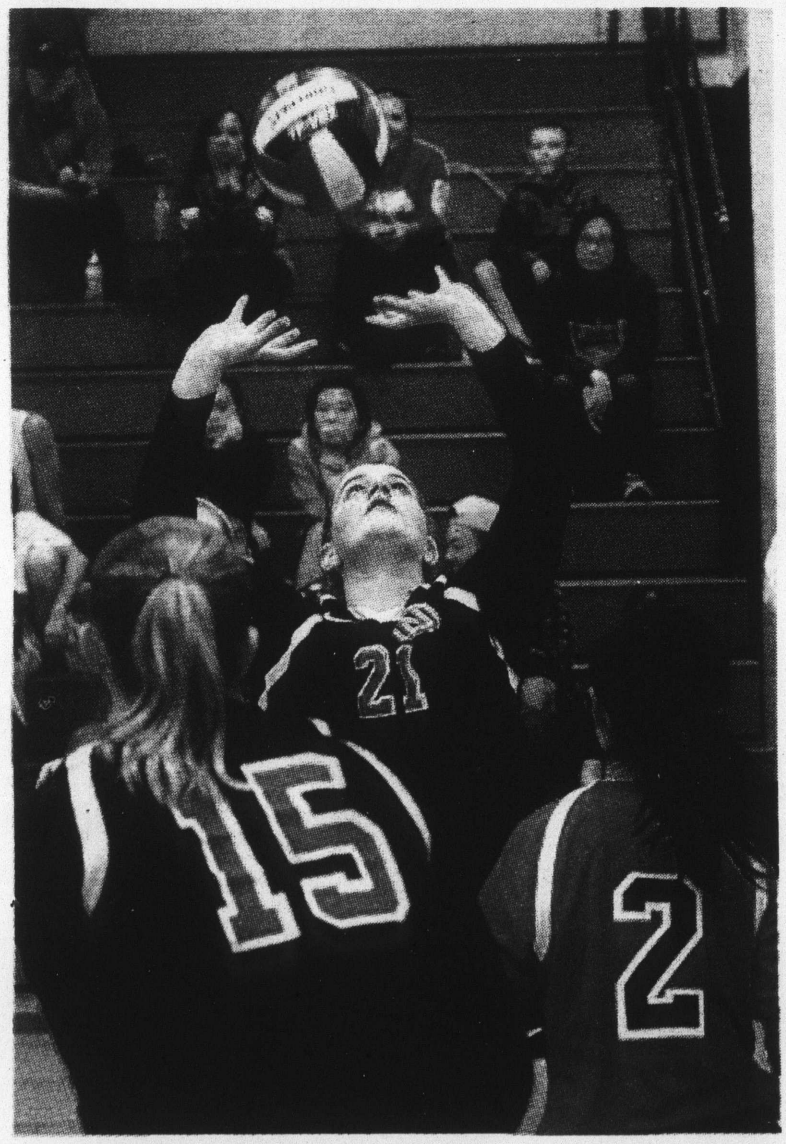
The North Quincy High girls' volleyball team completed step one of their playoff conquest with ease last Thursday night.

Hosting the No. 11 Everett High Crimson Tide, the No. 6 Red Raiders did exactly what they needed to do in the first round of the Division 1 Central/East playoff bracket. The Red Raiders served well, took advantage of their opponent's mistakes and played strong defense on their way to a 3-0 win (25-11, 25-14, 25-12) at home.

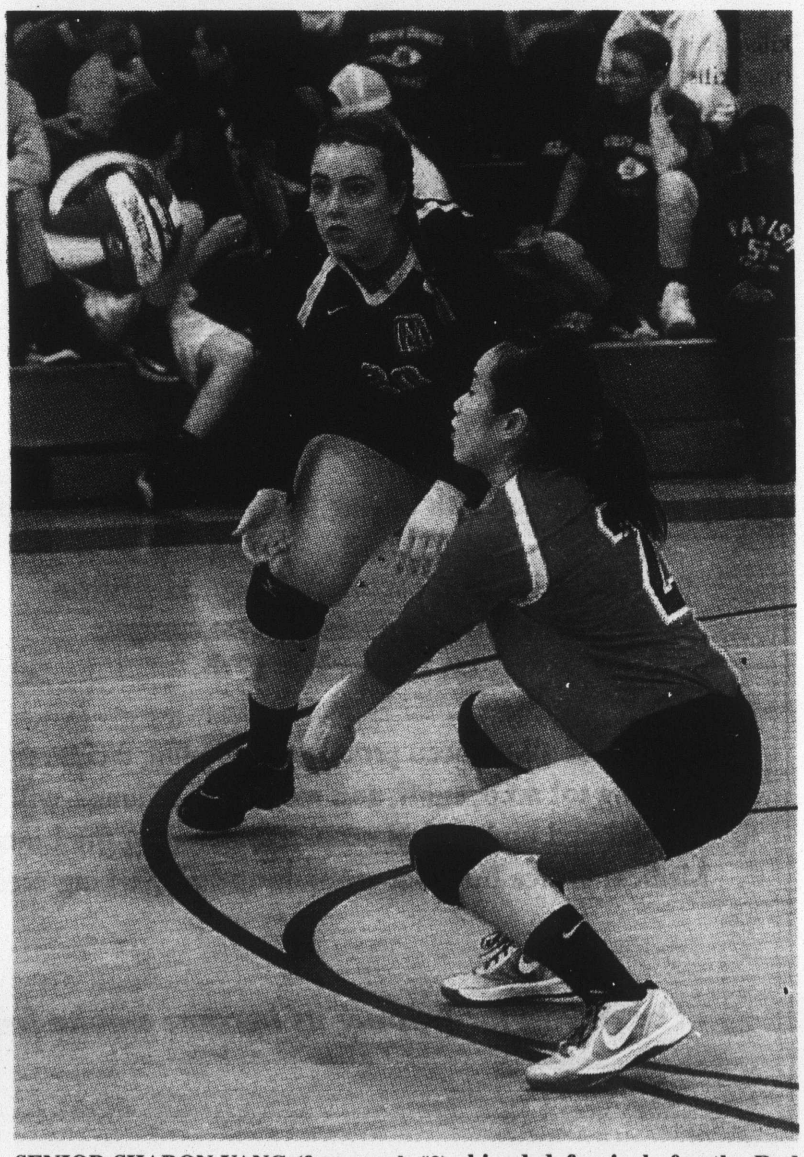
"It was good," Red Raiders head coach Kerry Ginty said. "I thought it was a good game. We controlled the pace. I thought we played disciplined volleyball and it showed tonight. We only missed one serve all game. I think that showed we were prepared."

"Everett has a good team too. They're big. We hadn't seen a team that big in a while which had us moving around, going for the triple block and things like that."

The Red Raiders took an early lead, going up 8-5 in the first set. From there, they broke the set open a bit, going on a 5-0 run to take a 13-5 lead. After that, the teams played some tightly contested volleyball, but the Red Raiders got on another 5-0 run thanks to some strong serving to win the set 25-11.



NORTH QUINCY SENIOR Jennifer Butka sets up a Red Raider scoring chance against Everett. Butka had four aces in the Red Raiders' tournament win over the Crimson Tide.



SENIOR SHARON YANG (foregound, #2) shined defensively for the Red Raiders with four digs in North Quincy's 3-0 win over Everett Nov. 2.

Everett was highly competitive for almost the first half of the second set. They capitalized on a few opportunities but still, the Red Raiders held a 9-8 lead before they took off. The Red Raiders separated themselves on a 10-2 run to take a commanding 19-10 lead. Everett enjoyed a little success late in the set but even so, the Red Raiders won it, 25-14.

The Red Raiders found themselves down 3-2 to start the third set, but it did not take much to wake them up. They went on an 8-0 run to take a 10-3 lead. The Red Raiders were able to hold onto their lead in the second half of the set too as they won it 25-12.

Camryn Burgio had a team-high five aces in the win. Jennifer Butka (four

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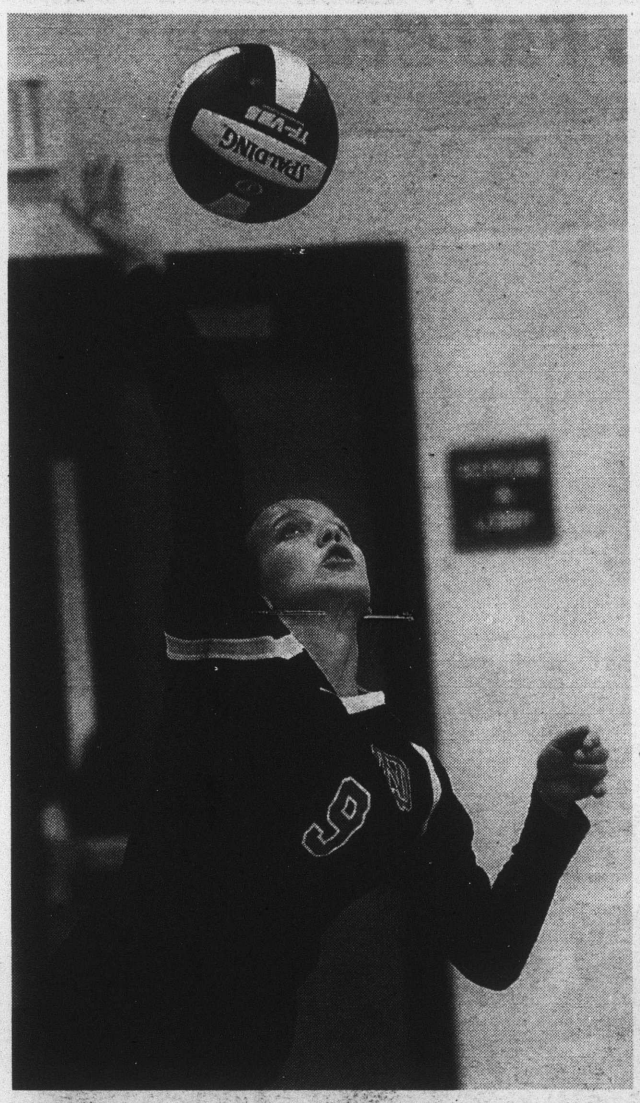
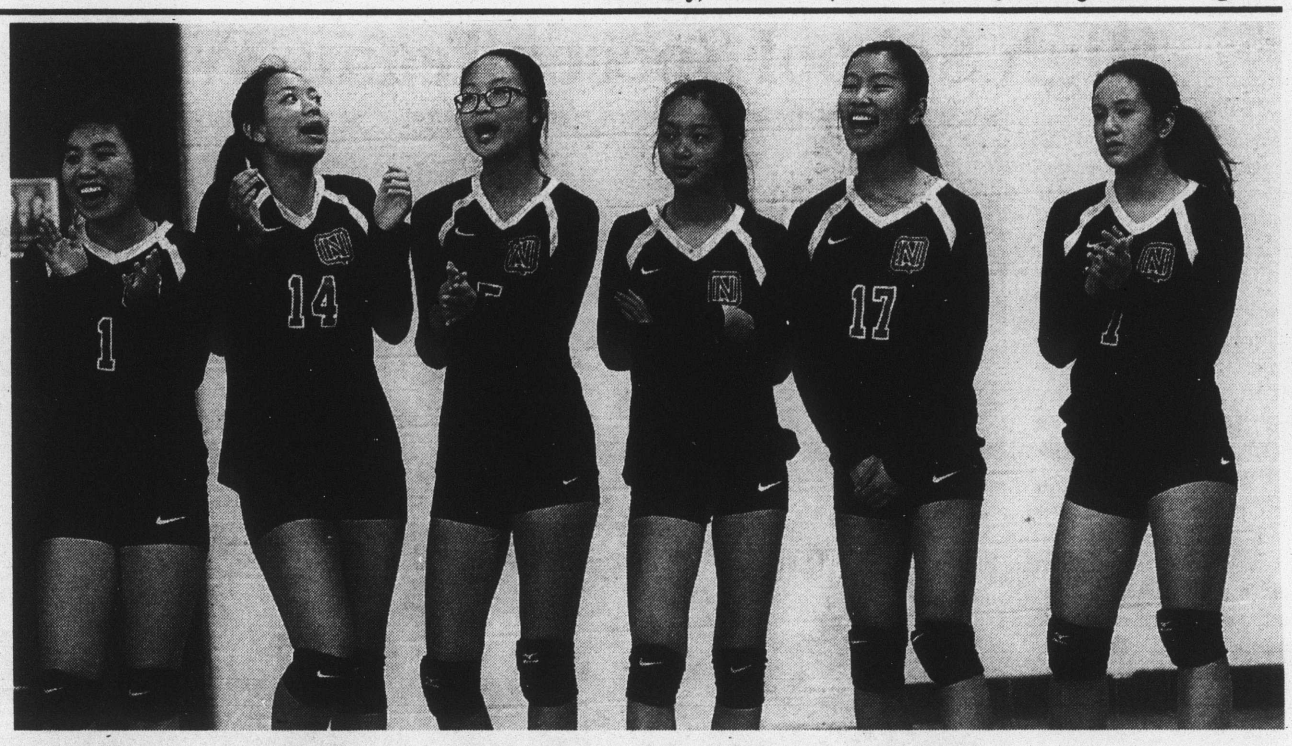
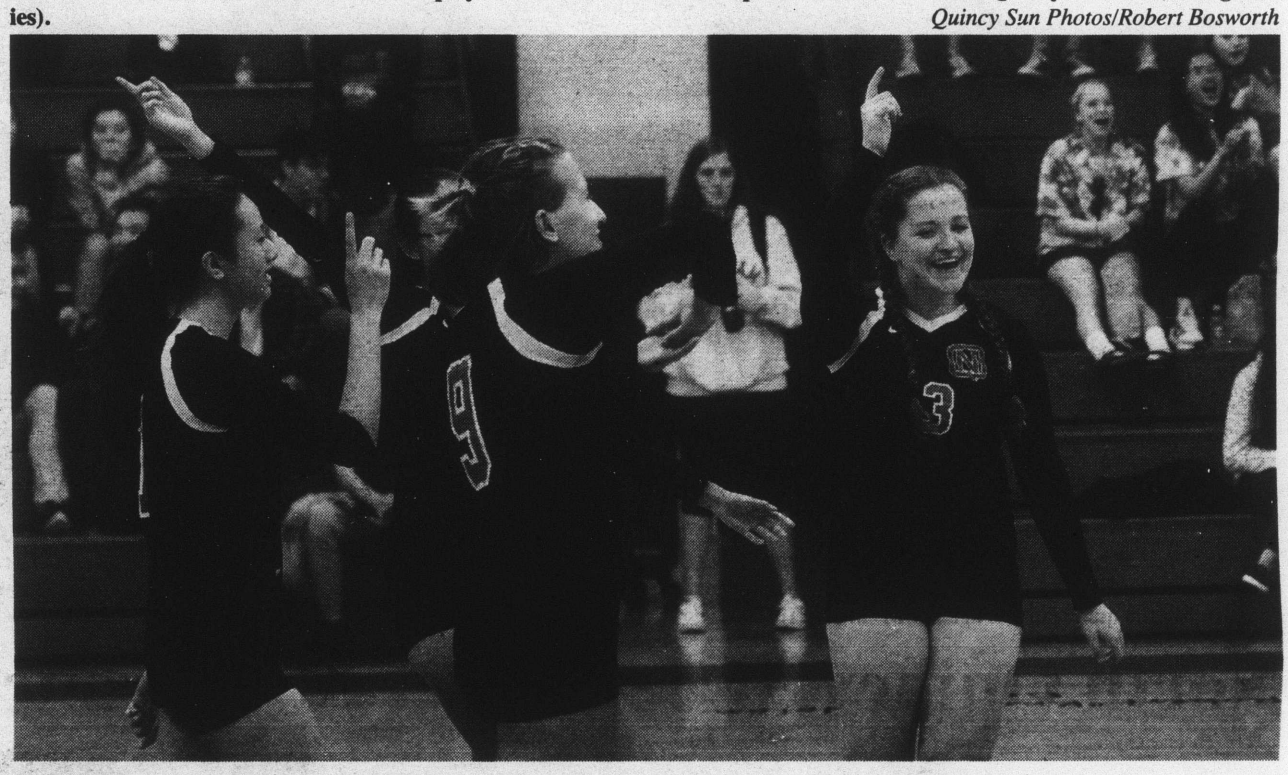


NORTH QUINCY JUNIOR outside hitter Aleksandra Qose serves for the Red Raiders against Everett. Qose had five kills in a 3-0 tournament victory.



NORTH QUINCY volleyball players cheer on their teammates from the sideline in the Red Raiders' 3-0 win over Everett in the first round of the Central/East Division 1 playoff brackett Nov. 2. More photos online: www.TheQuincySun.com (click galleries).

Quincy Sun Photos/Robert Bosworth



JUNIOR KELLY PHELAN (far right) and her Red Raider teammates signal a point against Everett in North Quincy's 3-0 tournament win over the Crimson Tide Nov. 2. The Red Raiders advanced to the quarterfinals against Brookline Tuesday night.

NQ Sweeps Everett, Advances In Tourney

Cont'd From Page 22

aces) and Julia Klincewicz (three aces) also had strong performances serving. On the attack, Burgio (eight kills), Klincewicz (seven kills) and Aleksandra Qose (five kills) helped the team sweep their opponent.

Defensively, Sharon Yang shined for the Red Raiders with four digs. Kayli Wu and Jessica Caldwell also had strong performances on defense; they also had four digs each.

Part of the reason why the Red Raiders were so sharp in their first playoff game is because they faced tough competition as their season progressed in order to prepare for the tournament. Such opponents included Barnstable, Duxbury, Notre Dame Academy and Quincy.

"We're 14-7 now, but those losses we had were to really good teams, so they weren't bad losses," Ginty said. "We know the caliber of team we're going up against in the tournament because we've seen them before. Now I think we need to win one of those games we had lost, but we know who we have to beat and the level we have to play at."

With the win, the 14-7 Red Raiders advanced to the Division 1 Central/East Quarterfinal on Tuesday to face Brookline on the road.

To prepare for the game, Ginty said her team would be focusing in on their blocking and defense at practice in the days leading up to the match.

"We can be a frustrating team to play sometimes when we play our best defense," she said, "and we're going to have to play our best defense against Brookline."

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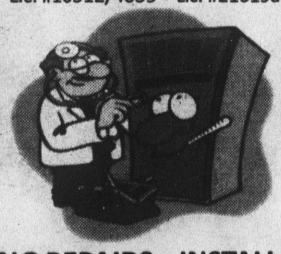

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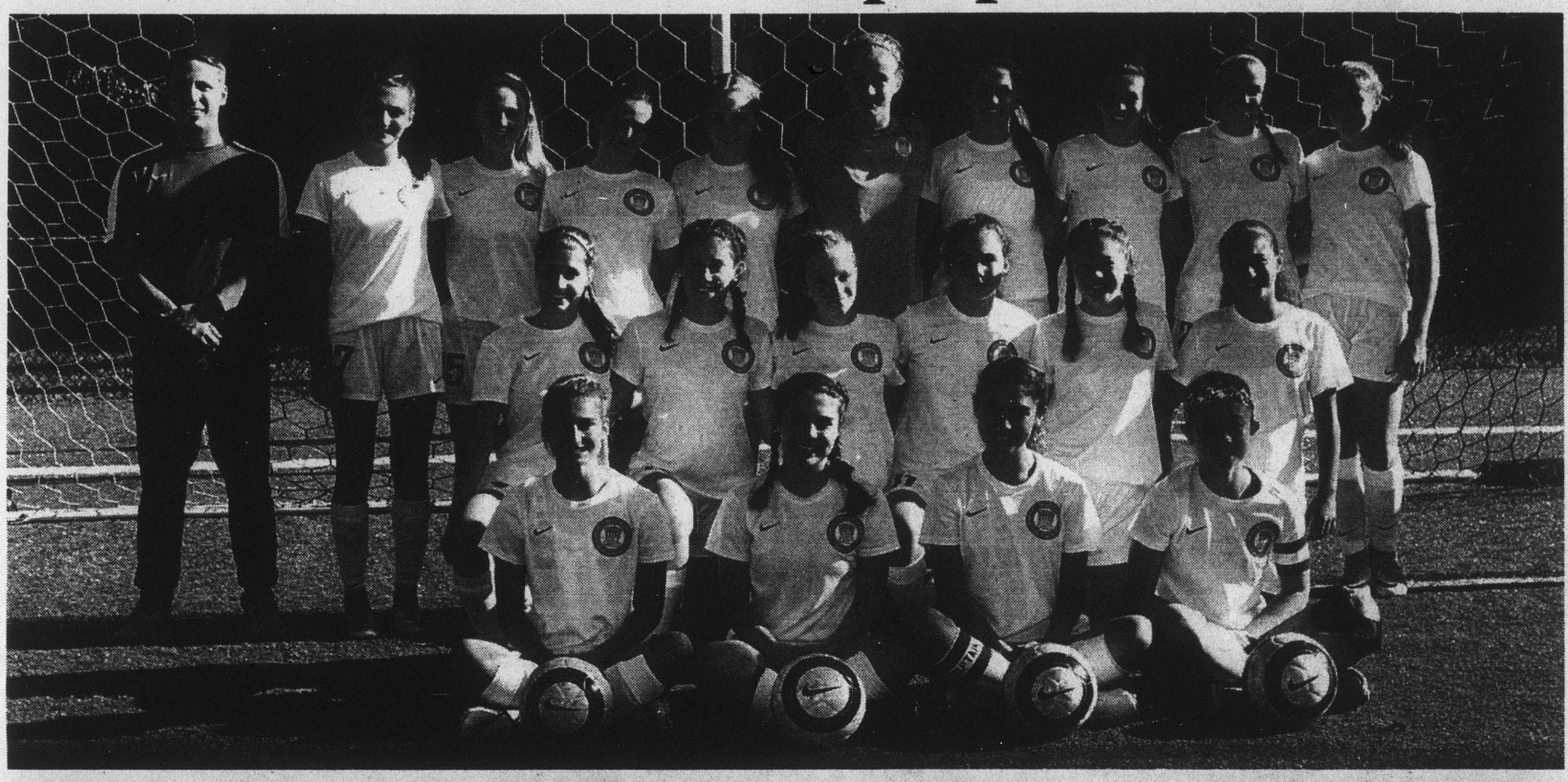
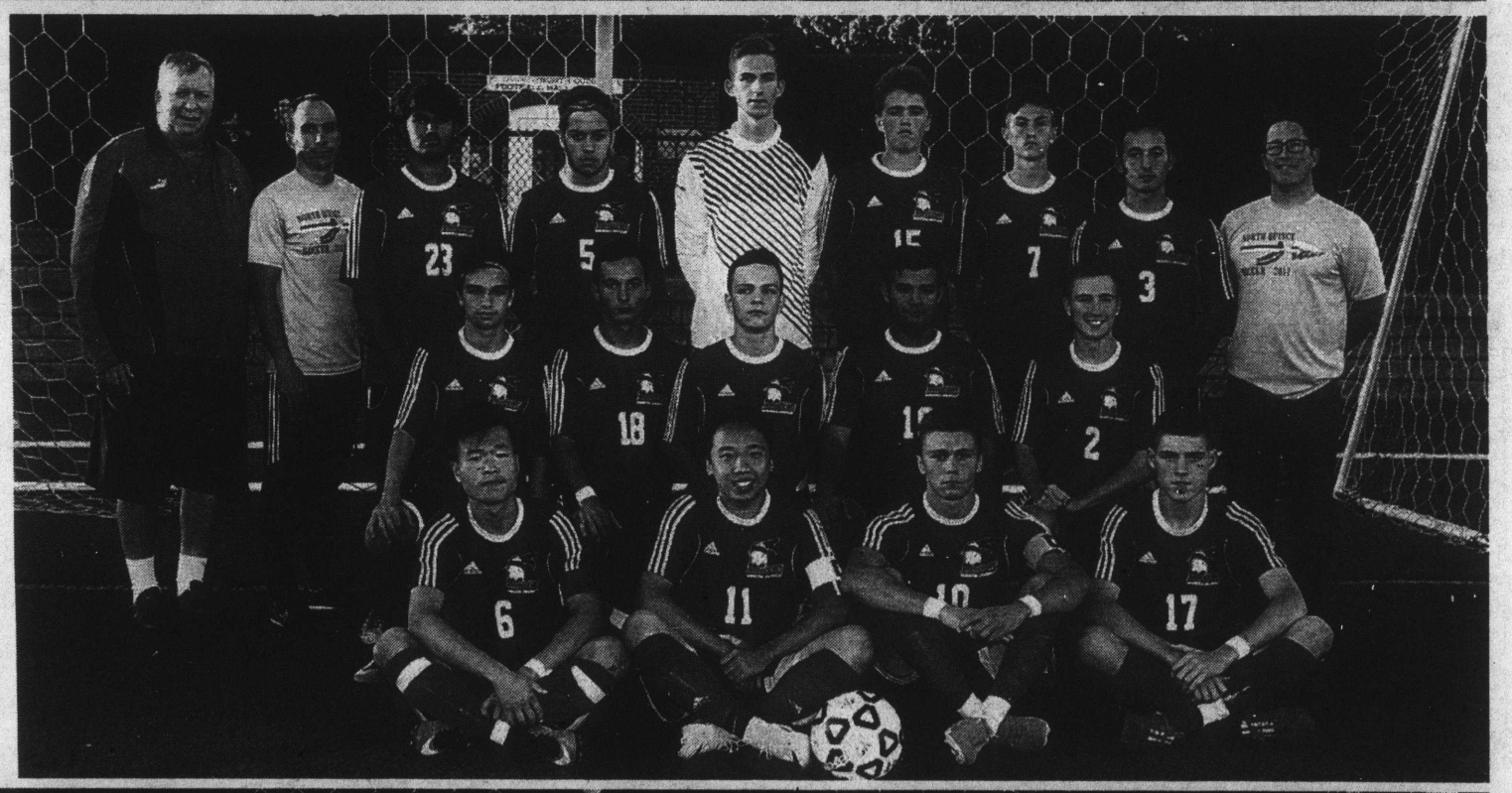
High School Soccer Teams Wrap Up Fall Seasons



THE CITY'S four high school varsity soccer teams recently wrapped up their fall seasons. Here are team photos for Quincy and North Quincy girls and boys teams. At right: Quincy High School girls soccer - front row from left to right: Captains Liana Cunningham, Lauren Saccoach, Taylor Routhier and Kari Wismar. Middle row: Megan Lyons, Ainsley Walsh, Jillian O'Toole, Lindsay Sheridan, Emilia Henry and Zahra Ouannass. Back row: Head Coach Seth Harmon, Jenna Jerahian, Tara McCleary, Megan Bailey, Maeve Walsh, Isabel Doherty, Grace Hobin, Hannah Ford, Kylie Hernon and Aurora Kilrain.

Quincy Sun Photos/ Larry Carchedi

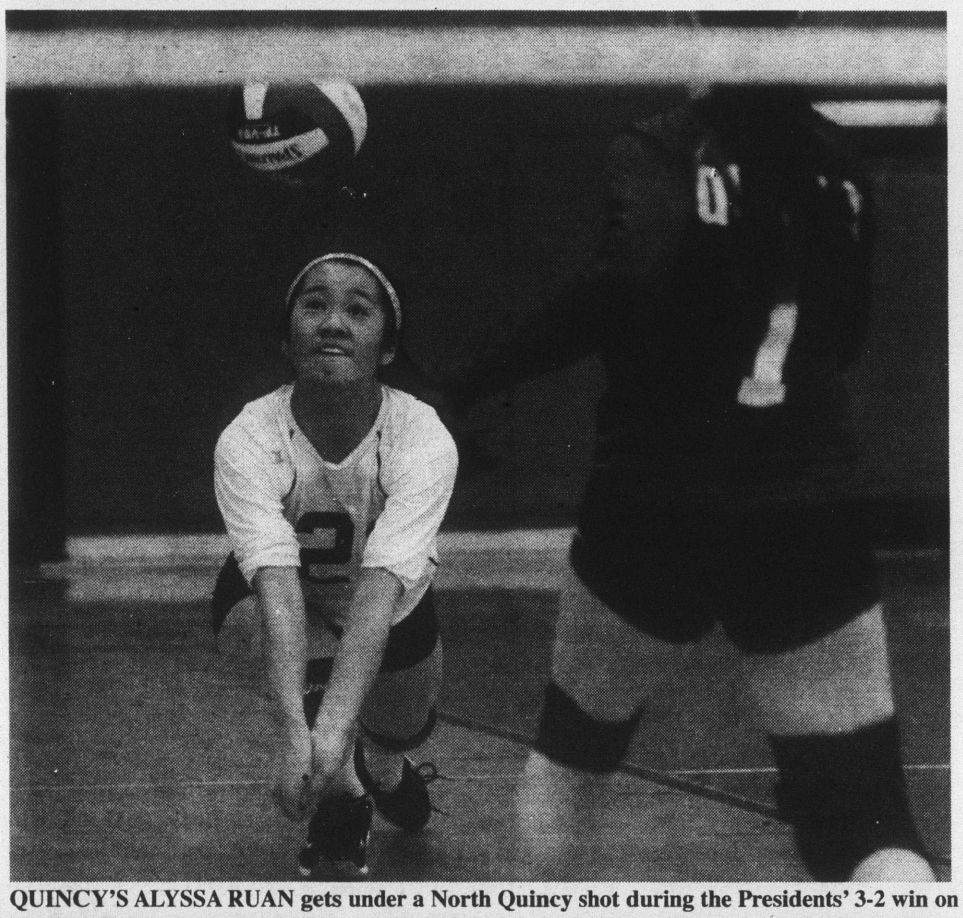
NORTH QUINCY High School girls varsity soccer team - front row (from left to right): Captain Samantha Smith and Captain Jillian Hallisey. Middle row (from left to right) Rory Mahoney, Brenna Kirby, Emily Burtuccio, Maeve Keane, Olivia Hussey, Nora McLaughlin, Olivia Fitzpatrick, Shauna Grehan and Fiona Smith. Back row: Assistant Coach Jillian Carchedi, Jillian Harrington, Mikayla Kennedy, Celia White, MaryKate McAleavey, Victoria Talarico, Sam Striffler, Rachel Riley, Cora Cluett, Maggie McColdrick, Celia Hussey and Head Coach Emily Rooney.



NORTH QUINCY High School boys varsity soccer team (at right) - front row (from left to right): Captains Yun Lin, Ryan Nguyen, Vangjiel Gjerco and Doug Brown. Middle row (from left) Jack Gurwitch, Erion Mbrice, Ryan Fantin, Lucjon Ceca and Aiden Ring. Back row: Coach Rich Hanlon, Assistant Coach Chris Ranft, Akmad Mahmoud, DiMitri Gjini, Ilan Valencius, Colby St. Marie, Damien Papajani, Emilliano Mbrice, and JV Coach Tim Smith.

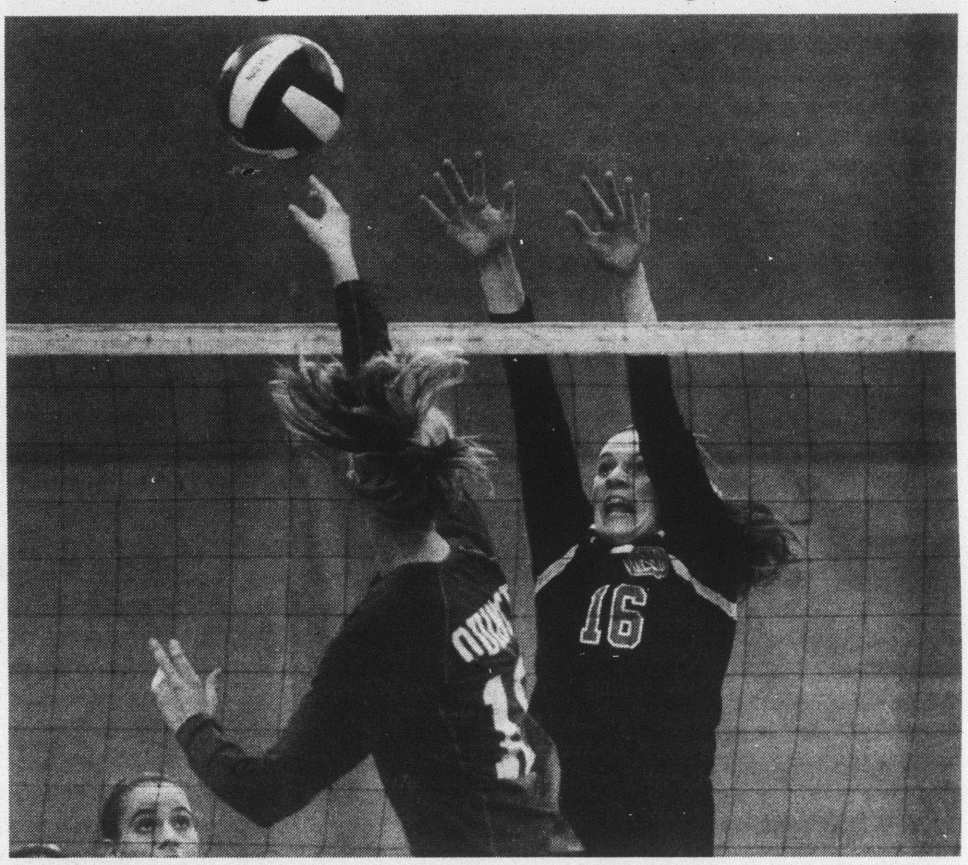
QUINCY HIGH School boys varsity soccer team (below): Front row from left to right: Leandro Batista, Youssef Khamis, Rafael Pena Garcia, Curtis Ajavon, Brendan Corbett, Clayton Rodrigues, Gredi Zyba, Curran Archer, Melvin Gonzalez, Daniel Mardani, Kevin O'Shea and Joseph Oduro. Back row: Head Coach Mark Spendlove, Eddy Fernandes, Sheelens Ostine, Albi Biba, Joseph O'Neil, Jacob Torres, Patrick Rak, Matt Sheridan, Angel Ortiz, Ty Chafa, Matheus Santos, Theo Fox, Kledi Struga, Edson Fernandes, Assistant Coach Martin Conroy

Quincy Edges NQ 3-2 To Earn Volleyball Tourney Berth

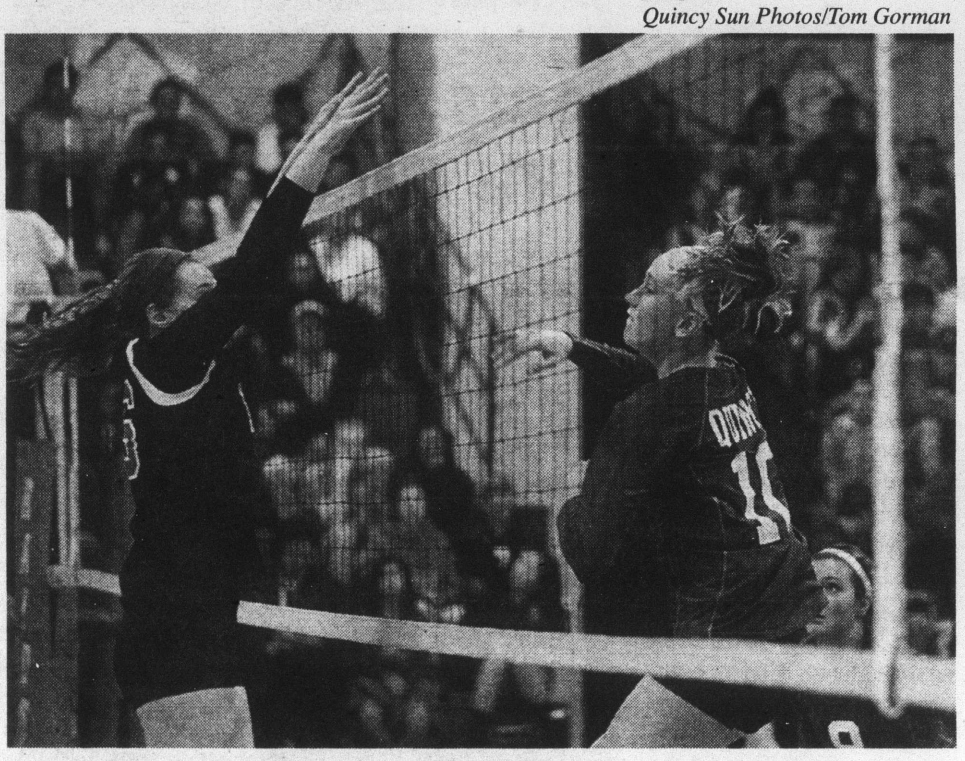


QUINCY'S ALYSSA RUAN gets under a North Quincy shot during the Presidents' 3-2 win on the Red Raiders' homecourt Oct. 27. With the win, the Presidents earned a berth in the Div. 1 Central/East state tournament brackett. Quincy finished 10-10 on the season and North Quincy finished at 13-7 and also qualified for the tournament. The Presidents, seeded #13 in the tournament, defeated #4 Boston Latin Academy 3-1 on the road Nov. 2 to advance to the quarterfinals against #5-seed Cambridge Ridge and Latin Tuesday. North Quincy, seeded #6, defeated #11 Everett Nov. 2 at home and played at #3-seed Brookline Tuesday night.

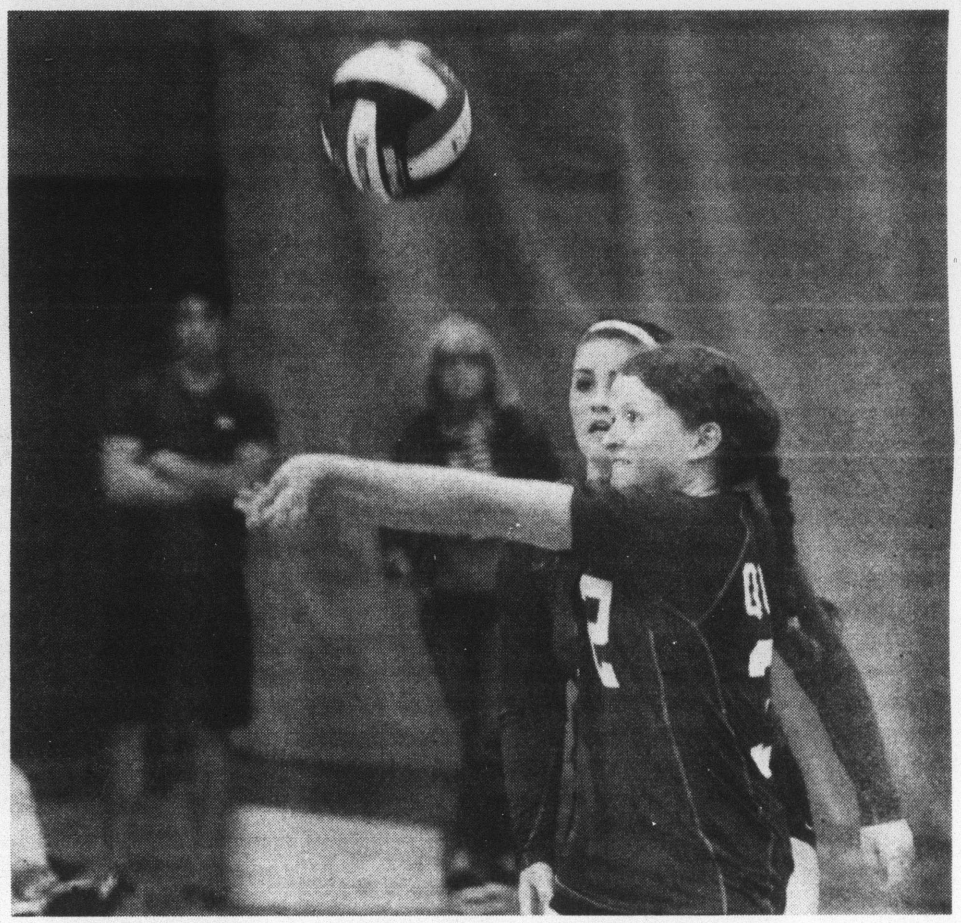
Quincy Sun Photos/Tom Gorman



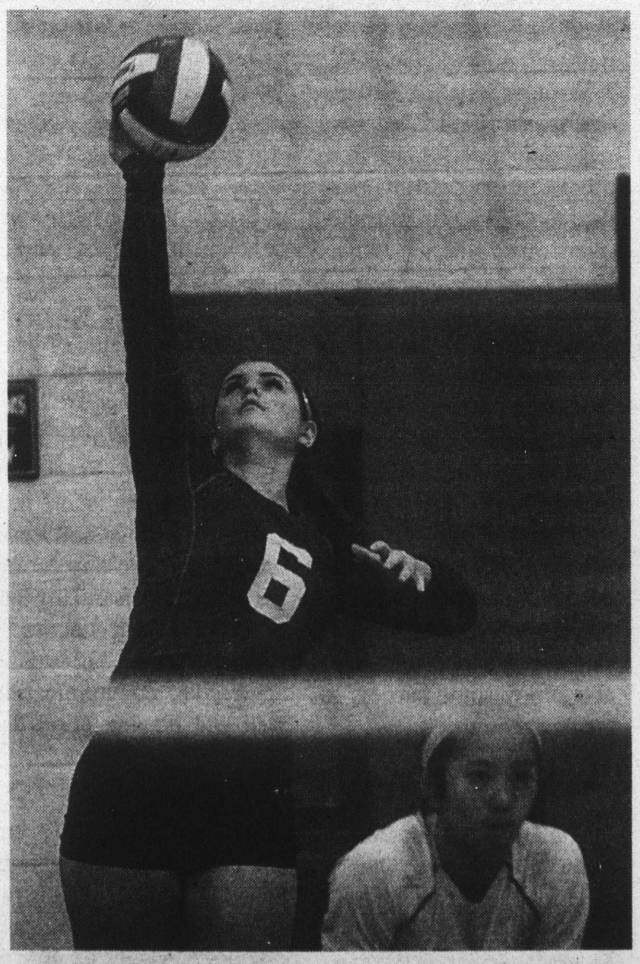
NORTH QUINCY'S Camryn Burgio, right, leaps to block the shot of Quincy's Allison McMorrow during Quincy's 3-2 win Oct. 27.



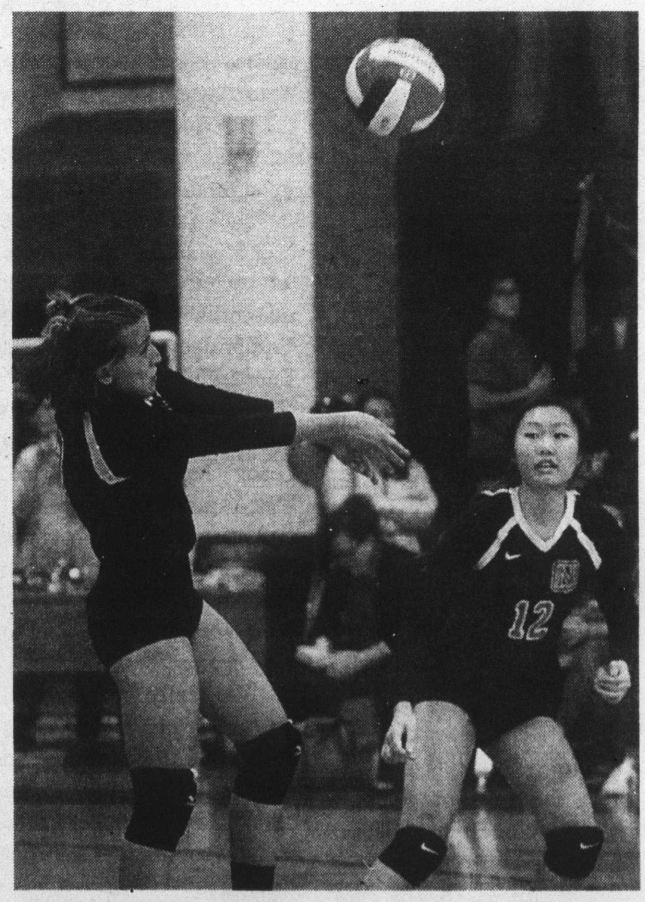
QUINCY'S ALLISON McMORROW watches her shot drop in for a point.



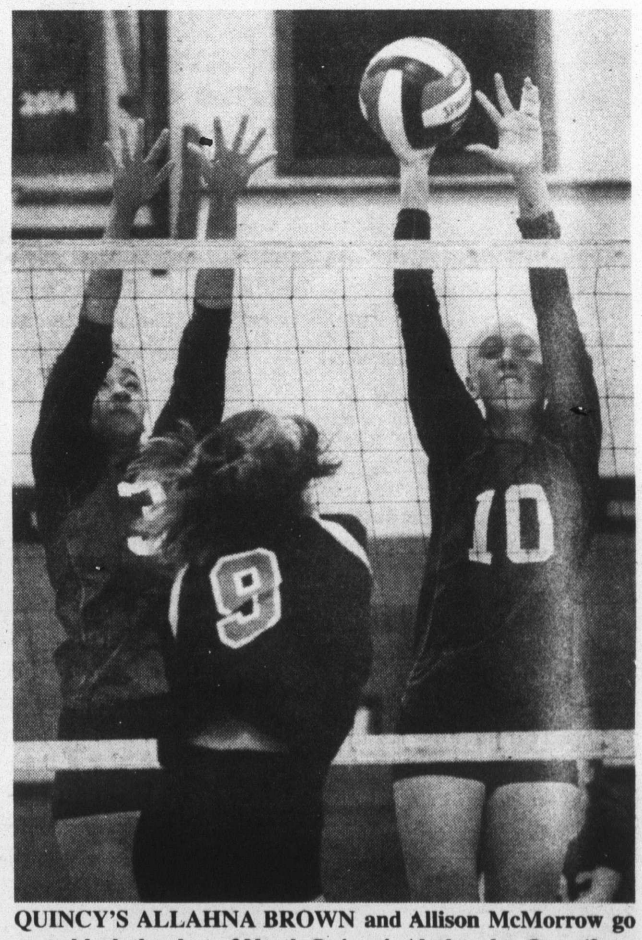
QUINCY'S COLLEN CONNOR digs a North Quincy shot.



QUINCY'S SHANNON FOLEY serves for the Presidents.



NORTH QUINCY'S ALEKSANDRA QOSE gets under a Quincy return for one of her six digs as teammate Ivy Chu moves in.



QUINCY'S ALLAHNA BROWN and Allison McMorrow go up to block the shot of North Quincy's Aleskandra Qose (foreground) shot during Quincy's 3-2 win Oct. 27.

Local Athletes Shine At Cross-Country Coaches Invitational

By GEOFF HENNESSY

More great performances by Quincy-North Quincy student-athletes at the annual Frank Mooney Coaches Cross-Country Invitational sponsored by the MSTCA at the Wrentham Development Center Saturday.

The freshmen ran 3,000 meters while the other divisions ran the traditional 5,000. In all four members earned medals by finishing in the top 50 in their races and all but two ran a personal best for their events held under near perfect conditions.

In the freshmen boys race Ronan Kelly was a little under the weather and nursing a sore hip but still managed 28th with a 10:50 for the 3k route. Teammates Vinh Tran (152), Bob Donovan (153) and Jack Nelson (162) were also racing.

In the girls race Maeve White was also feeling the effects of a recent illness and almost won the freshman race losing by seconds to Nia Mainer-Smith of Taunton. The two ran side-by-side over the entire course neither one giving ground. White's time was 12:01.

LOCAL STUDENT-ATHLETES Abby Murphy (second from right) nailed down third place with a PR 19:35 while Devin Hiltunen (far right) also ran her fastest ever at Wrentham with a 20:20 good for 12th place at Saturday's Frank Mooney Cross-Country Invitational. *Photo Courtesy Geoff Hennessy*

Also getting into the medal act was a rapidly improving Lezly Acevedo who came in 9th in 12:25. At the Cape Twilight meet two weeks ago Acevedo was over a minute behind White. In the sophomore races Dakota Pendleton was 109th and Braeden Kopp was 149th. In soph girls Ava Lapsley improved almost two-and-a-half minutes from her time here a year ago running 23:35 over the 5k course. Last year at EMass she ran 26:00.

In the junior-senior races, Ryan Polsgrove broke 18 minutes for the first time with a 17:53 good for 74th, Nick Ouellette (169th) and Alex Ouellette (435) also ran. The race featured over 500 runners.

Closing out the meet was the Jr-Sr girls. Abby Murphy nailed down 3rd with a PR 19:35 while Devin Hiltunen also ran her fastest ever at Wrentham with a 20:20 good for 12th. Olivia Palazzi (104) and Camryn Dastrup (116) also finished. Next Saturday the team will compete in the Eastern Mass MIAA Division 1 Championships also held at Wrentham. The girls team will be comprised of Maeve White, Abby Murphy, Devin Hiltunen, Lezly Acevedo, Olivia Palazzi, Camryn Dastrup and Ava Lapsley. The boys squad will include Ronan Kelly, Ryan Polsgrove, Nick Ouellette, Dakota Pendleton, Braeden Kopp, Vinh Tran and Jack Nelson with Bob Donovan as an alternate.

NQ Football Bows To Weymouth

By TOM JOYCE

For the second week in a row, the North Quincy High football team faced a tough Bay State League opponent.

First, they played Milton in the first round of the playoffs but this past Friday, they squared off against the Weymouth Wildcats. In this bout, the Red Raiders fell, 20-7, to Weymouth at Veterans Memorial Stadium.

"It was pretty good," said Red Raiders head coach Mark Nutley. "We had a couple turnovers and Weymouth was able to take advantage of our mistakes. We just couldn't put them away."

Much of the game was tightly contested. Neither team was able to get much going at first as no one scored in the first quarter. That changed, however, when Weymouth scored on a 25-yard touchdown pass and hit an extra point to go up 7-0 at halftime. Other than that one play, the Red Raiders played sharp defense for the duration of the first half.

The game was still in reach headed into the second half but when Weymouth got the ball in the second half, they were able to piece together a long drive. They moved the ball well out of their spread offense and capped off their drive with a 1-yard touchdown run, a QB sneak, to go up 13-0.

Finally, the Red Raiders were able to put something up on the scoreboard in the fourth quarter. Jake Roos recovered a fumble deep in Wildcats territory, setting the Red Raiders up for a successful drive. On the second play of it, quarterback Tim Layden hit running back Nate Sleiman for a 24-yard touchdown pass. Kicker Kieran O'Driscoll hit his extra point to make it a one score game, 13-7.

Although this put the game in reach, Weymouth did what they could to extend their lead. Once again, they had some success moving the ball downfield on the ground. Most importantly, Weymouth was able to use several minutes of the clock on this drive, hurting the Red Raiders chance for a comeback. They ran in a touchdown from 20 yards and and kick their extra point to go up 20-7 with under two minutes remaining in the contest.

With the way that Weymouth's defense had played all game and the clock was working against them, the Red Raiders were unable to mount a comeback in this one.

During the game, Nutley said his team's bright spot was their defense.

"The defense did a great job," Nutley said. "We were very physical out there and fought hard all night

A major reason why Weymouth proved to be a tough opponent despite coming into the game at 2-6 is because of the level of competition they faced prior to this contest. They are in the Bay State League and compete against tough Division 1 teams all season long, so they were better than their record showed coming into this one.

The Raiders game against Weymouth was also senior night for the team. They honored their large senior class consisting of 18 players: Connor Donaghey, Sam Elouizi, Luca Smith, Sam Serjani, Chris Donaghey, Jake Roos, Jake Bianculli, Norman Zhang, Dimitri Legaspi, Josh Moore, Mark Monahan, Alex Pham, Mohamed Shuman Devin Ganno, Elmer Lainez, Brian Jackson, Steven Bui, Jeff Sullivan, Anthony Taylor and Kyle Cohen.

Now, the Red Raiders have two games remaining in their season. They travel to Oliver Ames Friday night at 6 p.m. and finish their season against the Quincy Presidents at the traditional Thanksgiving Day game at Veterans' Memorial Stadium Thursday, Nov. 23.

Even though they are no longer in playoff contention, the Red Raiders' goal remains the same: win every game left on the schedule.

"It's exciting and sad at the same time," Nutley said. "This game left a sour taste in the our mouths. We're on a three-game losing streak now, but still have a chance to end on a strong note. We're just excited for what we have left."

North Quincy visits Oliver Ames Friday at 6 p.m.

Quicy High School bowed to Durfee on the road last Friday, 21-18. The Presidents travel to Framingham Friday night.

Presidents Volleyball Advances To Quarterfinals

By TOM JOYCE

The Quincy high girls' volleyball team battled through a tough Patriot League schedule over the course of September and October. In early November, however, they were rewarded for that effort.

With the young and talented team they have, the Presidents finished the regular season at 10-10. This earned them a spot in the MIAA Division 1 Central/East playoff bracket as the No. 13 seed. This may have made them the underdog in their bout against No. 4 Boston Latin Academy last Thursday on the road. But the Presidents, who came into the postseason with great momentum, kept it going and beat Latin Academy, 3-0 (25-22, 25-10, 25-18), to advance to the Div. 1 South quarterfinals against #5 seed Cambridge Ridge & Latin Tuesday night.

"We were just happy to be there," Presidents head coach Jacqui Niosi said. "We wanted to play well and it was nice because some of our girls play club volleyball with their girls, so it was great to be able to play against them.

"We really concentrated on basics, just trying to do those things correctly and play a clean game," she added. "We got better as the game went on, and the confidence grew."

The Presidents played a fundamentally sound game and as a result, they were able to sweep their opponent. Their first set had a lot of back-and-forth in it, but the Presidents were able to come up with a 25-22 win. In their second set, the Presidents served well, so they were able to go on a few runs. This resulted in their most successful set of the day, winning it 25-10. At this point, a comeback was doubtful for Latin Academy. Once again, the Presidents came up with a victory in the third set, winning it by seven points, 25-18.

During the win, the Presidents were led by senior captain Shannon Foley, who played strong defense and served well. They also received strong play from all of their middle hitters as well as well as from sophomore outside hitter Juliana Tracey.

The Presidents have seven seniors on their roster this season (River Barrett, Allahna Brown, Shannon Foley, Gabriela Gomes, Ro Molina, Sommer Davenport and Tammy Ma) who are valuable pieces of the team, but they also receive strong contributions from younger players on their roster. Niosi said she is happy they were able enjoy some success in the postseason.

"It was a great confidence boost for this team," she said. "We've got a pretty young team this year, so they definitely had some nerves at the beginning of the game, but it was really a great experience for them."

Late in the regular season, the Presidents gained some momentum in order to earn themselves a spot in the postseason. Although they had a five-game losing streak in the second half, they redeemed themselves by winning their final three matches in a row over Whitman-Hanson, North Quincy and Canton to earn a spot in the postseason.

"Playing North Quincy and Canton at the end of the season definitely helped us get ready for the high level of competition in the tournament," Niosi said. "They're both really good teams. It just help set the tone of what we need to do and the level we need to play at."

With the win over Latin Academy, the Presidents moved on to the face No. 5 Cambridge Ringe and Latin on the road Tuesday. In order to be successful in that one, Niosi said her team needed to focus on staying aggressive, communicating well and playing good defense.

Winter Safety Program Nov. 15

Ruth Jones, director of Nursing with the Quincy Health Department, will discuss winter safety at the Kennedy Center on Wednesday, Nov. 15th at 10:30 a.m.

Prepare yourself, car and home for winter safety. Space is limited. Registration is required. To register, call the Kennedy Center at (617) 376-1506.

Apaches, Manets Roll To Victories: Week 9 Highlights

By SEAN HALPIN

VARSITY:

MANETS 27
STORM 6

The Houghs Neck Manets rolled to a 31-6 victory over the Squantum Storm this Sunday. Manets RB Andrew Engren scored three touchdowns on the day on runs of 44, 3 and 40 yards. Mike Cascarano and William Ploof also had scores for the Manets.

Storm QB Elias Walsh scored on a 1-yard TD run in the 3rd Quarter.

The Manets improved to 3-3-1 on the year. They will face the West Quincy Elks in the QYFL regular season finale, next Sunday at 6:30 p.m.

APACHES 8
PANTHERS 6

The Panthers and Apaches had another epic battle in the rivalry's 67-year history.

Defense was the story through most of the contest. Late in the first half, Apache QB JC Petrongolo connected with TE Colm Geary on a 47-yard TD pass. Geary kicked the conversion to take an 8-0 lead at halftime.

The Panthers came out strong in the second half as Jarod Walker returned the kickoff 68 yards for a TD. The defenses held throughout the second half. Panther DB Jacey Ham stopped two Apache drives with interceptions. The Apache defense held on downs in the closing second to give their team an 8-6 victory over the Panthers.

The Apaches (4-3) will face the Squantum Storm next Sunday at 5 p.m. for a berth in the QYFL title game.

JUNIOR VARSITY:

MANETS 13
STORMIN'-APACHES 6

Manets RB Teddy Lynch scored on a 25-yard run. Stormin-Apache QB Charlie Baker Scored on a 6-yard run. Corey Chapparo scored the second Manets' TD on a 70-yard run, in the 13-6 victory over the Stormin'-Apaches at LaBrecque Field.

PANTHERS 20
APACHES 6

Quincy Point finished the regular season unbeaten at 8-0 with a 20-6 victory over the Apaches. Panther QB Andrew Novak passed to Rueben Charles on a 7-yard TD pass and Gabriel Rodrigues added the conversion. Gabriel Rodriguez rushed for a 45-yard TD to give the panthers a 14-0 lead at halftime.

Panthers RB Colin MacPherson scored on and 82-yard run in the second half. Apache LB Aden Le recovered a Panthers' fumble and returned it 62 yards for a TD in the closing seconds.

APACHE RUNNING BACK Kiera Sleiman (#5) races down the sideline after pass reception in Sunday's 8-6 victory over the Point Panthers. Panther DB, Drew Boretti closes in on the tackle.
Photo Courtesy of Carl Petrongolo

FRESHMAN:
MANETS 6
STORM– 6 (TIE)

The Houghs Neck Manets and Squantum Storm battled to a 6-6 tie Saturday at Lebrecque Field. Manets QB Mikey Galligan scored on a 35-yard run. Storm QB Brian Buckley rushed for a TD in the tie game.

The Manets saw fine efforts from Christian Oden, Adam Austin and Leonel Steinberg.

APACHES 28
PANTHERS 26

The Quincy Point Panthers gave the undefeated Apaches a run for their money in the 28-26 battle on Saturday. Panther QB Caden Pina scored on 55-yard TD run. The Apaches answered when QB Nick DePalma passed to Kobe Nguyen on an 18-yard TD pass. Nguyen added the conversion.

Apache LB Bridget Gilmartin recovered a Panther fumble, setting up a 22-yard TD run by Sean Szilva. The Apaches led 14-6 at halftime.

On the opening series of the second half, Sean Silva scored again on a 27-yard TD run. DePalma passed to Shea Winters for the conversion to extend their lead to 20-6. The Panthers answered with a 15-yard TD run and conversion rush by Caden Pina. The Apaches came back with a 47-yard TD run by Kobe Nguyen.

The Panthers added two more touchdowns late in the game. Patrick Conner scored on a 10-yard TD run. Caden Pina scored on a 40-yard run but the Apaches stopped the conversion, sealing the 28-26 victory over the Panthers.

NQHS Soccer Alumni Game Nov. 24

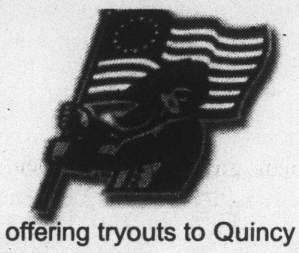
The 2017 North Quincy High School alumni soccer game will be played Friday, Nov. 24 at 6 p.m. at Creedon Field, adjacent to North Quincy High School.

Donation is $25 to NQHS Alumni Soccer.

A social will be held immediately after the game.

For more information email Donovanbros87@aol.com.

Quincy Youth Soccer



2018 Spring Travel Tryouts

The Quincy travel soccer program is offering tryouts to Quincy soccer players from grades 3 to 12 looking to play competitive soccer. For more details, including commitment, cost, and information about the league, please visit the QYS website: quincyyouthsoccer.com.

Players will be evaluated by Massachusetts Youth Soccer Association (MYSA) evaluators and placed on a team based on their age and skill level.

Location: Therrien Field, Quarry St. Quincy

Time: Based on age group and gender, see below for your child's specific times. Each age group will have 2 tryout sessions, 1 hour in length. We are asking each player to **arrive 30 minutes prior to tryout session** in order to check-in. All players are strongly encouraged to attend both sessions.

Registration: No cost to tryout, pre-registration (Recommended) via your family Sportspilot account, if you don't have an account, please go to quincyyouthsoccer.com to learn how to create an account.

What to bring to tryouts: We ask each player to not wear any club/travel team affiliated attire. Shin guards are required to play; we also ask each child to bring an appropriate size soccer ball and water bottle.

U10 (Grade 3/4 AND born in 2007-2009)

Girls	Wednesday, Nov. 8 6:30-7:30	Thursday, Nov. 9 5:30- 6:30
Boys	Wednesday, Nov. 8 5:30- 6:30	Thursday, Nov 9 6:30- 7:30

U12 (Grade 5/6 AND born in 2005-2007)

Girls	Tuesday, Nov. 7 5:30-6:30	Wednesday Nov 8 7:30-8:30
Boys	Thursday, Nov. 9 7:30- 8:30	Monday, Nov. 13 @ 5:30- 6:30

U14 (Grade 7/8 AND born in 2003-2005)

Girls	Tuesday, Nov. 7 6:30- 7:30	Monday, Nov. 13 7:30-8:30
Boys	Tuesday, Nov 7 7:30- 8:30	Monday, Nov. 13 6:30- 7:30

U16 (Grade 9/10 AND born in 2001- 2003)

Girls	Tuesday, Nov. 14 5:30- 6:30	Wednesday, Nov. 15 6:30-7:30
Boys	Tuesday, Nov 14 6:30-7:30	Wednesday, Nov. 15 5:30- 6:30

U18 (Grade 11/12 AND born in 1999- 2001)

Girls	Tuesday, Nov. 14 7:30- 8:30	Wednesday, Nov. 15 8:30- 9:30
Boys	Tuesday, Nov. 14 8:30- 9:30	Wednesday, Nov. 15 7:30- 8:30

VOICE FOR HEALTH
by Dr. Gabrielle Freedman
Chiropractor

TEXT NECK

With the widespread proliferation of smart phones, tablets, and computers among young people, there should be little wonder that the biomechanical stress of texting and typing while sitting is leading to worsening neck and back pain earlier in life. As young people spend up to eight to ten hours per day on their cell phones, they adopt postural adaptations and compensations over time that lead to "text neck." It is not uncommon to see middle- and high-school kids suffering from neck pain, headaches, upper back pain, and even temporomandibular joint (TMJ) disorders. As overused muscles shorten and tighten and their underused partners lengthen and weaken, the head drifts further forward, creating poor posture. Chiropractic treatment may help break this pattern.

Chiropractors are the most qualified doctors in the medical field to correct text neck and its problems. Since text neck is caused by misalignment of the vertebrae in the neck (cervical spine) it is only natural to go to a chiropractor who is trained to make sure the vertebrae in your spine are correctly aligned. To schedule an appointment for chiropractic treatment, please call **FAMILY PRACTICE OF CHIROPRACTIC** at **617-472-4220**. We accept most major insurance plans. Our office is located at **112 McGrath Hwy., Quincy**.

P.S. The link between atherosclerosis and back pain is an example of how the body should be viewed as an integrated unit, not as a collection of isolated systems and organs.

www.freedmanchiro.com

Farmers Market Open Through Winter

By SCOTT JACKSON

Winter is coming, but that doesn't mean the Quincy Farmers Market will close up shop for the season.

The Board of License Commissioners on Oct. 31 granted the Quincy Farmers Market permission to stay open through March, pending final approval from the Quincy Park Department. The market had initially planned to close for the season on Nov. 17.

During the winter months, the Quincy Farmers Market will be open from noon to 2 p.m. on Fridays at Pageant Field in Merrymount Park. Janet Little, a volunteer manager for the marketplace, told the board the winter openings would be weather permitting and she would likely follow the lead of Quincy Public Schools when determining cancellations.

Little said she wanted to keep the market open during the winter because vendors want to keep selling goods to their customers, and because customers benefit from having it open through the season.

"The thinking behind it is two-fold. One, many of the agricultural vendors would like to keep a relationship with their customers through the entire season. The second motivation is that there is a program called HIP, which is the Health Initiative Program," Little said.

"It's a program that was developed through the Federation of Farmers Markets. It's a state and federal government, which gives benefits to low-income people that qualify for food they can purchase at the farmers market. It's put a big demand on the farmers market and there is a lot of people in the city that would benefit from being able to come up."

The market will primarily sell root vegetables including potatoes, turnips, and squash over the winter, Little said, plus some greens grown in greenhouses and pears and apples. Other vendors, such as those selling eggs, honey and pork, have also expressed an interest in staying on site through the winter. The wineries that participate in the market during the summer and fall will not be doing so in the winter.

In other business Oct. 31, the board authorized The China Restaurant and Sports Bar, 681 Hancock St., to expand into two adjacent storefronts. The Zoning Board of Appeals had signed off on the request on Aug. 22.

Judy Chen, the owner of The China, said the expansion would allow the Wollaston restaurant to add 20 seats, bringing the total number of seats inside to 96. Chen said she would begin renovating the space as soon as possible and believes the new dining area should be ready to open after the holiday season.

Police Chief Paul Keenan, who sits on the licensing board, said parking and traffic is a concern in Wollaston, but 20 seats would not have much of an impact.

In other action Oct. 31, the board:

Approved special use permits for two upcoming road races: the Merrymount Association's Thanksgiving Day Turkey Trot on Nov. 23 and the South Shore YMCA's Frozen 5K Jan. 7.

Approved a request from Quincy Gate Auto, 165 Hancock St., for a motor II license and a garage/repair license. The licenses allow for a total of 20 vehicles on site.

Approved a request from the Town River Yacht Club, 60 Mound St., for a new manager: Michael Richards.

Free Evening Parking At Ross Lot

By SCOTT JACKSON

Starting this week, the 300-space surface lot located where the Ross Garage once stood is now free to use after 6 p.m.

Officials within Mayor Thomas Koch's administration said the free evening parking in the Ross Lot is to encourage patrons of Quincy Center restaurants to use the lot in anticipation of the pending closure of the 500-vehicle Hancock Lot in early 2018 as construction of a new 700-vehicle parking garage and two mixed-use developments gets underway.

Chris Walker, a spokesman for Koch, said Monday that the full closure of the Hancock Lot would not take place before March 1. City officials, he said, are still drawing up plans to accommodate those who use the Hancock Lot on a daily basis.

"Plans are being developed as we speak," Walker said in an email.

Preliminary work in the Hancock Lot has reduced parking there for the last several months with some additional impacts anticipated before the entire lot is taken offline in 2018.

The Ross Lot has been used primarily during daytime business hours by monthly permit parkers while the demolition of the garage and major infrastructure work in the area was completed over the last two years. That work, including new underground utilities, sidewalks and paving, is now finished, city officials said, and the lot is open and easily accessible for patrons of the downtown's burgeoning restaurant scene.

Parking had been free in the Ross Lot starting at 9 p.m. prior to Monday, the first evening with free parking starting at 6 p.m.

City officials said there are now more than 600 free spaces in Quincy Center parking lots available during evening hours. Quincy has an agreement with Norfolk County making the 229-space parking lot at the Francis X. Bellotti Courthouse available on evenings and weekends, and 100 spaces are available in a parking lot on leased land at the corner of Hannon Parkway and Hancock Street.

New signage directing visitors to available parking is also being installed, and improvements are scheduled to be made to the pedestrian walkway connecting the Ross Lot to Hancock Street. All of the lots are accessible and well-lit.

Starting this week, drainage improvements necessary for the private and public improvements on the Hancock Lot will begin, requiring lane shifts and the loss of some on-street parking on Hancock Street in the vicinity of Cottage Avenue. There will be no detours.

Schools Continue Tech Improvements

Cont'd From Page 1

Public Schools technology and planning team continues to dedicate research, funding and training for instructional technology that benefits assessment, digital learning, management and home and school communication," Segalla told the committee.

The district has a technology planning and training team comprised of members of the superintendent's leadership team that represents academic program teachers and academic support staff. The latest member to join the team is Quincy High School science department head, Edward Smith, who is the STEM (Science Technology Engineering Math) facilitator.

Segalla said his team has set four goals for this school year: continuing the implementation of the district's technology plan, implement the computer-based online assessments, provide and support a variety of technology training for staff and increase funding for digital learning initiatives.

Phelan said numerous upgrades have been made to the schools' technology infrastructure over the summer. These include increasing bandwidth that allows more digital devices to be on the network, replacing old telephone wiring, installing a new VOIP (Voice Over Internet Protocol) telephone system and installing new fiber wiring at all schools that runs to a central network at the school administration building.

Also, Phelan said firewalls were installed to help protect against ransomware virus attacks. These attacks involve a virus freezing access to files until a ransom is paid. Some municipalities have been hit with such viruses.

"We haven't been hit, but, we have had several attempts," he said.

Phelan said software has been installed to help provide layers of security to protect students against malware and viruses while working on school computers.

Segalla said the district continues to provide support for online assessments and is preparing for the second round of the new MCAS 2.0 exam this spring where grades 4, 5, 7 and 8 will be tested online.

The new MCAS 2.0 test, implemented this past spring, is an online only exam but is being rolled out gradually where some grades can take it on paper. All students will take the exam online in two years.

Cavallo said teacher training opportunities in technology are offered by the district, including the new Google Classroom for Educators. This program allows teachers to set up and manage assignments and communicate with students and parents.

"There has been an extremely high interest in Google Classrooms," he said. "The training shows educators how to create virtual classrooms, how to invite students to participate, distribute assignments, send feedback and see everything in one place."

Cavallo said 110 elementary school teachers and 60 middle school teachers have registered for the training sessions.

Segalla credited Mayor Thomas Koch's additional funding in this year's capital improvement plan that has allowed technology upgrades. These include the purchase of 280 new classroom computers and 180 Chromebooks, upgrading eight technology labs and equipping 82 classrooms with Interactive ENO boards and short-throw projectors.

"This year we continue our efforts with equipping our schools with Chromebooks and Chromebook carts," he said.

Segalla extended appreciation to the district's business partners including Granite Telecommunications that equipped each high school with new, state-of-the-art technology labs and furniture; TD Bank and the Boston Celtics for donating 20 Chromebooks and carts for Lincoln-Hancock School's new music room; Attorney George Burke for donating a large projection screen for Montclair School; Quincy Mutual Fire Protection Agency for donating three interactive whiteboard and short-throw projectors for Clifford Marshall School and the National Fire Protection Agency's donation of five laptops for Wollaston School.

Segalla also noted that PTOs at Atherton Hough, Bernazzani, Merrymount and Squantum elementary schools are purchasing Chromebooks and carts for their respective schools.

"It's a collaboration initiative among many of which we are so appreciative and grateful," he said.

Committee member Anne Mahoney voiced concern about equity, where some schools that do not have an active PTO will be left behind in receiving the latest technology.

Colleague Emily Lebo concurred, adding that PTOs should not be expected to purchase computers for their schools.

Segalla said those schools are given priority when it comes to distributing computers.

"They are taken in consideration when purchasing technology," he said. "We make sure every school has sufficient technology."

Vets Day Parade, Ceremony Saturday

Cont'd From Page 3

the intersection of Quincy Avenue and Scammell Street and run north along Hancock Street to the Adams Academy. This year, the parade will briefly travel along Temple and Washington Streets around the United First Parish Church because of the ongoing work on the now-closed section of Hancock Street in front of the church and City Hall.

Units marching in the parade will assemble in the Northeast Health and Fitness parking lot at 90 Quincy Ave. starting at 10 a.m. Saturday. The assembly point has been moved from the parking lot of Quincy Credit Union, located in the same building, to the gym's parking lot because the bank is open Saturday.

Annexstad is a graduate of Minnesota State University and has served in the U.S. Navy for more than 19 years. He also has a master's degree in national security strategy and policy from the National War College in Washington, D.C.

Annexstad was designated a naval aviator in 2000 and has been deployed in support of Operation Enduring Freedom and Operation Iraqi Freedom. He has logged more than 4,000 flight hours in various aircraft.

Annexstad's previous assignments include stints as a naval flight instructor and strategic analyst to the chief of naval personnel.

Others speakers at the ceremony will include Mayor Thomas Koch; City Council President Kirsten Hughes; Lawrence Norton, who is serving as the master of ceremonies; and George Nicholson, the city's director of veterans services.

The Rev. John Swanson, the Quincy Veterans Council's chaplain, will give the invocation and benediction. Robert LaFleur will sound Taps and Eileen Durgin, a 14-year-old Wollaston resident, will sing the national anthem.

Organizations marching in the parade include the:

Cyril P. Morrisette Post 294 AL; William R. Caddy Detachment MCL; Second Marine Division Association; Robert I. Nickerson Post 382 AL; Vietnam Combined Armed Forces Quincy Chapter; Quincy Cavanagh Chapter 79 DAV; George F. Bryan Post 613 VFW; Houghs Neck Post 380 AL; Quincy Post 95 AL; and the Jewish War Veterans Post 193.

Quincy Police Honor Guard; Quincy Fire Honor Guard; the Quincy-North Quincy High School band; Patriot Brass Band; USS Constitution Honor Guard; U.S. Coast Guard Honor Guard; NOSC Quincy Honor Guard; Norfolk County Sheriff's Honor Guard; North Quincy High Junior ROTC; Windjammers Band; Boy Scouts and Girl Scouts; Brewster Ambulance; Quincy National Guard.

Robert Lewis, the commander of the Quincy Veterans Council, will be the parade marshal. George Bouchard, the city's graves registration officer, and Nicholson will be the two parade chairmen. Two past commanders of the QVC – Leo Reardon and Marc Connolly – will be the officer of the day and sergeant at arms, respectively.

In the event of inclement weather, the observance would take place in the Quincy High School gymnasium at 100 Coddington St. beginning at 11 a.m. Guests should use the Russell Street entrance to access the school.

Veterans Honored At Flags For Veterans Island

Cont'd From Page 20

Guy Ferris, flanked by color guards of the Quincy police and fire departments and the post's ladies auxiliary.

Sons of American Legion Commander Paul Moody said there has been an increase in disrespect for the flag - the symbol, he said, that represents the freedoms veterans have fought for throughout the years. He related a story by an unknown author that shares a point of view from the flag.

"'Some call me Old Glory, some call me the Star Spangled Banner, but, whatever you call me, I am your flag,'" he said.

Moody went on to relate that in years past, people would take off their hats and place their hand over their hearts when they walked by an American flag. In recent years, Moody said people have their hands in their pockets and few remove their hats in the presence of a flag.

"'I saw one man take off his hat, he looked around, saw no one else with their hat off, and he put his back on,'" Moody said, reading from the story.

Speaking as the flag, Moody said, "'I am not feeling as proud as I used to be. It's now a sin to be patriotic. Have you forgotten what I stand for and where I've been?'"

Moody said that by honoring the flag, veterans are honored.

"'When you salute me, you're saluting them," he said. "'I'll salute you by waving back.'"

Moody said the flags on the Flags for Veterans Island represent the services and sacrifices of all veterans.

"Do not forget, if there were no veterans, there would be no America," he said. "Freedom is not free."

Morrisette Post Commander Richard Keane noted that just one day a year is set aside to honor veterans.

"Perhaps it's time we should have a veterans' appreciation month instead of one day," he said.

Keane praised the dedication of the Sons of the American Legion members who not only maintain the Flags for Veterans Island and erect the flags there, but also help veterans throughout the year.

"They have hospitalized veterans down at the post and serve them a home cooked meal," he said. "At Christmas time, they visit our veterans in the nursing homes and extended care facilities throughout the City of Quincy. On behalf of all the members of the Morrisette Post, we thank you, Sons of Legion, for all you do."

George Nicholson, the city's Veterans Services director, spoke on behalf of Mayor Thomas Koch, who was unable to attend the ceremony. Nicholson noted that although Quincy's Flags for Veterans Island is not unique and there are similar memorials throughout the state and nation, the city's field of flags is special.

"This one is ours," he said. "This one has been put together by veterans, by sons of veterans, by families and friends of those with us and those departed. It is a field set in perpetuity and it is designed to grow and keep on growing. When you come down from any one of five different directions, this is a stunning site to see."

Nicholson said the island memorial represents "not only those who are no longer with us, it represents those who are living and is a very small example and a reminder to all of us that maybe it's time we give a little bit more honor and little bit more attention to those who serve and defend us."

He noted that the American veterans – men and women combined – represent just one percent of the entire American population.

"Throughout history, it has been that one percent that is represented by these flags today," he said. "They have fought to maintain the liberties that the rest of us can enjoy. Let us always be mindful of that."

City Council President Kirsten Hughes brought greetings of the city and said she tries to instill in her children "the real, true patriots, the real true veterans who protect us and because of them, we have the freedom to live, to work and to choose to do what we want to do in this country."

Guest speaker, Sons of the American Legion Squadron 294 Membership Officer Joe Brill, spoke about serving in the Navy during the "dead time" – when no official war was taking place.

SQUADRON 294, Sons of the American Legion Chaplain Joe McDonald (third from left) tolls a bell as Squadron 294 Finance Officer Guy Ferris (at podium) reads a roll call of deceased veterans during Sunday's Veterans Day remembrance at Flags for Veterans Island, Fort Square. Also shown here from left: Cathy Lewis, president, Morrisette American Legion Post Ladies Auxiliary and past post commander; Joe Brill, membership officer, Sons of the American Legion, Squadron 294; Robert LaFleur, past commander, Morrisette Legion Post; and Paul Moody, commander, Squadron 294, Sons of the American Legion.

Quincy Sun Photo/Robert Bosworth

VETERANS AND RESIDENTS pause as members of the Leatherneck Honors Society of Massachusetts fire a three-volley salute at Sunday's Veterans Day remembrance at Flags for Veterans Island in Fort Square. Below: George Barr, a Marine Corps veteran of the Korean War and member of the Leatherneck Honors Society, sounds taps at the conclusion of the ceremony.

He said veterans who served during the so-called dead time dates between the end and beginning of the Korean, Vietnam and Lebanon and Grenada wars are not treated the same as those who served during actual wartimes.

As an example, Brill said he and others who served during the dead times cannot join the American Legion and must join as sons of veterans.

"War or no war, so many service men and women have given their lives in battle and also given their lives without a battle going on," he said. "Their family, friends and neighbors still suffer, still hurt the same when a service man or woman who is killed in a battle," he said. "Death is death and service is service. War or no war, we are still serving our country. This is a great unjust. Like, we don't count."

Brill said that after suffering two heart attacks, a bout with cancer and a broken back, he had to retire early from his state job. He explained that because, as a state worker, he hadn't paid into Social Security the past ten years, he is not eligible for Social Security disability payments.

"I am a DAV (Disabled American Veteran) who paid into Social Security for 36 years and I have to fight to get (Social Security Disability Assistance)," he said. "This is wrong and shouldn't happen to any veteran."

Brill asked that all veterans be treated fairly.

"Make it right for all veterans, war or no war, to be treated the same," he said. "After all, we all served the same country, the greatest country in the world."

Following the remarks, a wreath was placed at the flagpole and flags placed at the island's memorial. A bell was tolled as a roll call of the city's deceased veterans was read followed by Taps.

Ferris noted each of the 400 flags – except one - has the name of a donor or honoree. The unnamed flag represents prisoners of war and those missing in action.

He also said that a total of 486 memorial bricks have installed around the flagpole, each inscribed with the name of a veteran through an initiative started two years ago.

DOVE Receives $20,000 Grant During Domestic Violence Awareness Month

Throughout Domestic Violence Awareness Month in October, The Mary Kay Foundation awarded $20,000 grants to 150 domestic violence shelters across the United States, the District of Columbia, Puerto Rico and Guam for a total of $3 million.

DOVE (Domestic Violence Ended), Inc. was chosen to receive one of the annual grants to further the organization's efforts to combat domestic violence and provide rehabilitation services throughout its service area of 17 cities and towns within Norfolk and Plymouth counties. This year's highly sought-after grant slate brings the total investment in The Foundation's annual shelter grant program to nearly $42 million.

DOVE will use the grant funding to supplement the services of its 18-bed shelter. Other recipients use the unrestricted funds for basic operating expenses, hiring much-needed personnel, completing repairs and renovations or adding programs and resources based on the unique needs of their shelter and the clients they serve.

"We at DOVE are absolutely thrilled about this grant from The Mary Kay Foundation and its continued commitment to break the cycle of domestic violence," said DOVE Executive Director Sue Chandler. "Mary Kay Foundation's support will enhance DOVE's ability to provide safety planning as well as education and job search coaching, financial planning, and housing search assistance to our shelter guests, enabling them better long-term safety and economic stability. We are deeply grateful."

Over the last 39 years, DOVE has sheltered nearly 5,000 families and answered more than 45,000 hotline calls. DOVE provides community services in 17 cities and towns in Norfolk and Plymouth counties and works in partnership with the Quincy, Dedham, Holbrook, Milton, Norwood, and Randolph Police Departments, as well as with the Dedham and Quincy District Courts and Norfolk County Probate & Family Court. All services are confidential, provided free of charge, and are available by appointment.

DOVE, INC. recently received a $20,000 grant from the Mary Kay Foundation. From left: Deirdre Eschauzier from Mary Kay; Dawn Hayes, DOVE's Director of Development and Communications; Mary Christo, DOVE Board Member; Sue Chandler, DOVE's Executive Director and Stefanie Chiapetta from Mary Kay. *Photo Courtesy DOVE*

Seaside Gardeners Tree Lighting Nov. 26

The Seaside Gardeners of Squantum will hold its Annual Christmas Tree Lighting Ceremony on Sunday, Nov. 26 at the Gilbert Memorial Park at East Squantum Street and Huckins Ave.

There will be a sing-a-long as well as free hot chocolate and cookies.

The event will take place at 4:30 p.m. and the lights will be turned on when Santa arrives to distribute candy canes to the children at 5 p.m.

In the event of bad weather, if the Quincy Christmas Parade is cancelled earlier that day, this event will also be cancelled.

The public is invited to attend the ceremony.

NeighborWorks Offering Homebuyer Workshops

NeighborWorks Southern Mass. will offer a two-part workshop for first-time homebuyers in Quincy.

The first part of the course will be taken online; following completion of the online component, participants will attend an in-person class Saturday, Dec. 16th from 8:30 a.m. to 12:30 p.m. at Winter Gardens, 45 Winter St., Community Room, Quincy.

The in-person workshop will give participants an opportunity to meet and hear from real estate brokers, attorneys and loan originators. Attendees also will have an opportunity to learn about NeighborWorks' down payment assistance programs and speak to a lender about different mortgage options.

The registration fee for the workshop is $20 per person. To register and pay online, visit www.nwsoma.org or call (617) 770-2227 x65.

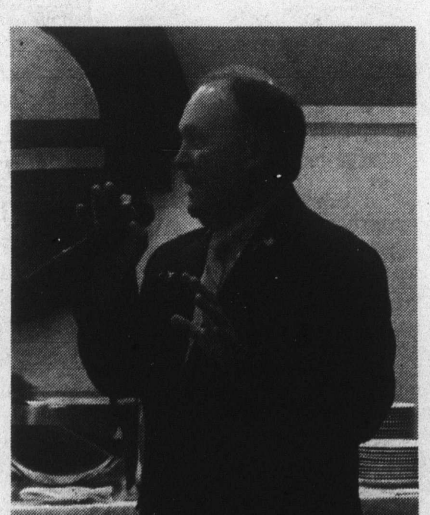
POLITICAL ADVERTISEMENT

THANK YOU!

from

Alie SHAUGHNESSY

Candidate for Councilor Ward 6



I would like to express my sincere gratitude to my family, friends and all my supporters.

Yours very truly,

Alie Shaughnessy

Is It Too Late To Plant A New Tree?

Now that fall is here, you may be itching to add a new tree to your landscape. Who wouldn't want more of that gorgeous seasonal fall color? But with a frigid Massachusetts winter right around the corner, is it safe to plant now?

Kevin Narbonne of Hartney Greymont, a Davey company, shares everything you need to know about planting trees this time of year.

Before you begin digging a new home for your tree, Narbonne suggests testing to see if it's still OK to plant this late in fall. Plus, read on to learn what happens if you were to plant your tree too late in the season.

Is November too late to plant trees?

"Fall is the ideal time of year to plant most new trees. Then, there's less chance of drought or sun scorch harming fragile, new trees," says Narbonne. Plus, he adds that the cooler temperatures help encourage new root growth–and this effect is compounded. Since trees focus on growing new roots in fall, planting new trees now helps them develop more, stronger roots.

While autumn technically isn't over until Dec. 21, you likely can't plant that late into the season. A good rule of thumb is that if the trees in your area still have leaves, you can plant new trees.

To be 100 percent sure, look to the soil. Using a soil thermometer, which can be found at any home and garden store, measure soil temperature early in the morning for a few, consecutive days. If your soil is consistently 50° F or higher, you're good to plant.

Planting a tree when the ground is too cool sets your tree up for trouble. It'll likely suffer from reduced root growth and eventual tree decline.

Can I plant any type of tree if the soil is 50° or higher in autumn?

"The 50-degree mark works best for deciduous trees. Those are the ones that shed leaves before for winter," Narbonne explains. "Because of this, those trees focus only on growing and providing water to their roots in winter. So, they don't need as much energy."

On the other hand, evergreen trees–such as pine and spruce–hold onto their needles year-round. They need all the nutrients they can get before the ground freezes. Narbonne advises against planting evergreen trees if the soil temperature is lower than 60° F. Your tree wouldn't have enough time to save the energy needed to survive the winter.

How can I make sure my new tree survives winter and stays healthy?

To prepare a new tree for winter, simply water your new tree weekly, even if its leaves have fallen, until the ground freezes.

"Watering new trees is one of the best ways to help them!" Narbonne says. "Then, once the leaves come back in spring, continue to water that tree weekly. Before you get out the hose, take rainfall into account."

Next, add mulch to help new trees to retain moisture, control soil temperature and ward off weeds. Avoid piling on too much mulch, though. Narbonne calls that "volcano mulching." He recommends applying only 2-to-4 inches of organic mulch around the tree's drip zone, which is as far as the tree's leaves grow out. Use a rake to pull mulch 1 to 2 inches from the tree trunk to provide proper air circulation.

For more information on selecting or caring for trees this fall call Narbonne at 781-444-1227 or connect online at Hartney.com.

TRASH NOTICE

THERE WILL BE NO DELAY IN TRASH COLLECTION ON FRIDAY, NOVEMBER 10TH.

Sunrise Scavenger

RELIGION

Houghs Neck Congregational

The Sunday morning worship service at the Houghs Neck Congregational Church, 310 Manet Ave. starts at 10 a.m.

Liturgist Jill Hockney will welcome and call to worship. Pastor Steven Vandergrift will lead the service, give the children's message and preach a sermon entitled "Here Comes the Groom."

Nancy Jacobs and Jake Gordon will serve for the Diaconate. Minister of Music, Steve Reed will direct the choir. A fellowship coffee hour hosted by Nancy Jacobs will follow the service.

This is the last Sunday to donate items for the Disaster Fund hygiene bags. Items needed are hand towels, nail or toenail clippers and combs.

Thursday, Nov. 9 and Nov. 16 Yoga with Amy Ross meets at 7 p.m.

Tuesday, Nov. 14 the Holiday Shoppers Night sponsored by the Seaside Social Club runs from 6:30 to 9 p.m. More than 20 vendors and artists featured.

Spaghetti Supper Saturday

Union Congregational Church, 136 Rawson Rd., Wollaston, will host a Spaghetti Supper Saturday, Nov. 11 at 6 p.m.

The dinner includes spaghetti, salad, bread, dessert and drink for a minimum donation of $6. All are invited.

The dinner will be served in Fellowship Hall.

Union Congregational Church hosts the spaghetti suppers the second Saturday of every month as an outreach to the community and a fundraiser for the church.

For more information, contact the church office at 617-479-6661.

Holiday Fair Nov. 18 At Union Congregational Church

Union Congregational Church of Wollaston will hold its annual Christmas Fair Saturday, Nov. 18 from 9 a.m. to 3 p.m. in the church gymnasium, 136 Rawson Rd.

"Christmas Time is Here" will feature homemade baked sweets and treats, handcrafted gift items, and decorations as well as a snack bar.

The fair also includes a silent auction. Among the items are collectible ornaments, antiques, local services, restaurants, and entertainment.

The Christmas fair has been a long-standing tradition in Union's history, and has become a holiday tradition for many people in the Wollaston community.

For over 100 years the Union Congregational Church has been a part of the Wollaston and Quincy community.

Holiday Shoppers Night At Houghs Neck Church Nov. 14

The third annual Holiday Shoppers Night will be held on Tuesday, Nov. 14 from 6:30 to 9 p.m. in Fellowship Hall at the Houghs Neck Congregational Church, 310 Manet Ave.

Free Admission and Free refreshments. Vendor and artist items include clothing accessories, beaded gifts, hand crafted jewelry, crochet and yarn crafts, paper art, local honey, spices, bags, hair bows, aprons, sea glass art, pillows, wreaths and more.

Wollaston Congregational Church Holiday Fair Nov. 18

Wollaston Congregational Church, 48 Winthrop Ave., Quincy, will host its annual Holiday Fair Saturday, Nov. 18 from 9 a.m. to 2 p.m.

The fair will feature professional craft items, WCC lady's canned preserves and homemade pies, cookies, holiday items, jewelry, knit and crochet items, chocolate, Pinterest-inspired Christmas decorations and gifts and much more.

Also, make The Wolly Café your destination for lunch while you are out fair-shopping. The lunch will open at 11 a.m. and serve hotdogs, hamburgers, homemade chowder and other treats.

Bethany Congregational

Bethany Congregational Church, Quincy Center will have a Worship Service and Sunday School at 9:30 a.m. The Rev. Peter M. Preble will conduct the service and preach the sermon entitled "Tending God's Light." Fellowship with light refreshments will follow the worship service.

All are welcome to attend Worship Services. Bethany has an active Missions and Growth Committee doing various charity works.

The church office is open from 8:30 a.m. to noon-1:00 p.m. to 4:00 a.m. Please visit: www.bethanycongchurch.org for updates and activities. Thanks to the Video Ministry, if you're unable to attend worship service on Sundays, the Bethany Church Service is broadcast on Quincy Access Television at 6 p.m. on Thursdays and 10:00 a.m. on Sundays on Channel 8.

The church is wheelchair accessible.

Quincy Point Congregational

Peter Johnston, M.Div., will preach a sermon titled, "You've Got to be Carefully Taught," at the 10 a.m. Worship on Sunday, Nov. 12 at Quincy Point Congregational Church, 444 Washington St.

Jan Chandler will be the Lay Reader.

The church is "accessible" to all with designated parking for the disabled and an elevator, via the Abbey Road side of the building. After worship, all are welcome to the Social Hall for light refreshments and conversation. While there stop by the Big Blue Q information table and sign the birthday and thinking of you cards.

This week is the deadline for returning the Thanksgiving Ingathering food to be delivered to Interfaith Social Services. See: http://interfaithsocialservices.org/thanksgiving-food-drive/ for a list of items requested.

Quincy Religion Directory

SERVICES & ACTIVITIES

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 8 & 10:30am
Tuesday/Thursday 9am
Handicapped Accessible
New Members Welcome!

ST. AGATHA CHURCH MILTON-QUINCY
432 Adams Street
Milton, MA 02186 • 617-698-2439
Schedule of Masses:
Saturday: 8:00AM and 4:30PM
Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM
Weekday Masses: 7:00 & 9:00AM
Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment
Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ *Air-Conditioned*

St. John The Baptist
ROMAN CATHOLIC CHURCH
44 School St., Quincy
617-773-1021
Weekend Mass Schedule
Saturday, 4:00 PM
Sunday, 8:30 AM & 11:00 AM
Sunday night, 5:00 PM
Weekday Masses
Monday - Saturday 8:00 AM
Confessions
Wed. 8:30 – 9:00 AM
Sat. 2:30 – 3:30 PM
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
617-479-5400
Mass Schedule:
Sat. 4:00 PM / Sun. 9, 11 AM
Daily Mass:
Wednesday and Friday, 9 AM
Confessions: Saturday 3-3:30PM
Handicapped Accessible via Elevator

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4 pm (Saturday)
7:30 &10:00 am and 6:00 pm
Weekday Masses
Monday - Friday 7 am
Monday & Saturday 9 am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m. and 10:30 a.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

Holy Trinity Parish
Come and Worship!
Most Blessed Sacrament Church
1031 Sea St.
WEEKDAY MASSES
9:00AM Tuesday and Thursday
WEEKEND MASSES
4:30 PM Saturday and
8:30 AM Sunday
Our Lady of Good Counsel Church
237 Sea St.
WEEKDAY MASSES
9:00AM Monday and Wednesday
WEEKEND MASSES
6:00PM Saturday and
10:30 AM Sunday
CONFESSIONS: 3- 4PM Saturday
Rev. Martin Dzengeleski- Pastor
Phone: 617-479-9200
EMAIL: holytrinityquincyma@gmail.com
VISIT: www.holytrinityquincy.com

Congregational

HOUGH'S NECK CONGREGATIONAL CHURCH
310 Manet Avenue
617-479-8778
www.hncong.org
Sunday Worship Service at 10 a.m.
Pastor Stephen Vandergrift will preach the sermon "Here Comes The Groom"
All are welcome to attend
FELLOWSHIP COFFEE HOUR FOLLOWING SERVICE

BETHANY CONGREGATIONAL CHURCH
Spear & Coddington Streets
Quincy Center, 617-479-7300
www.bethanycongchurch.org
Worship Service and Sunday School at 9:30AM
Rev. Peter M. Preble will conduct the service & preach the sermon "Tending God's Light"
ALL ARE WELCOME!
Fellowship Time following Service
The church is wheelchair accessible

QUINCY POINT CONGREGATIONAL
444 Washington St . • 617-773-6424
Worship and Church School 10 am
Rev. Dr. Stan Duncan, *Interim Pastor*
Peter Johnston, *Interim Associate Pastor*
Rachel Hallenbeck, *Music Director*
email: office@quincypointcong.org

Congregational

Wollaston
Congregational Church
United Church of Christ
48 Winthrop Avenue
Quincy, Massachusetts
Worship and Sunday School at 10 a.m.
Elizabeth J. Williams Pastor
617-773-7432
www.wollastonucc.com

Unitarian Universalist

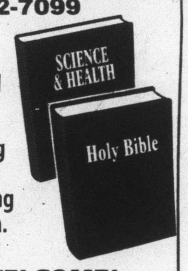
United First Parish Church
A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome.
Worship Service, Church School & Childcare: Sundays at 10:30 AM
Followed by Fellowship & Refreshments
Rev. Rebecca Froom
1306 Hancock St., Quincy
www.ufpc.org

Church of Christ

CHURCH OF CHRIST IN MILTON
330 Edge Hill Rd.,
Milton, MA 02186 • 617-274-2409
www.churchofchristinmilton.org
Maurice Davis, *Minister*
SUNDAY WORSHIP
8AM, 11AM and 6PM
Sunday Bible Study 9:45AM
Tuesday Bible Study 11:00AM
Wednesday Bible Study 7:00PM
3RD Friday – Couples 7:30PM
4TH Friday – Youth 7:30PM

Christian Science

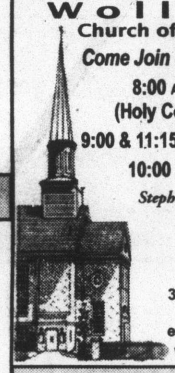
First Church of Christ, Scientist
1460 Hancock Street, Quincy
617-472-7099
Sunday Services and Sunday School 10:30 a.m.
Wednesday Evening Meetings – where testimonies of healing are shared 7:30 p.m.



ALL ARE WELCOME!

Nazarene

Wollaston
Church of the Nazarene
Come Join Us For Sunday Worship!
8:00 AM Worship Service
(Holy Communion & Liturgy)
9:00 & 11:15 AM Weekly Small Groups
10:00 AM Worship Service
Stephen "Stretch" Dean, Lead Pastor
Andrea Sawtelle, Youth Pastor
Bev Keuther, Children's Pastor
Don Reed, Visitation Pastor
37 E. Elm Ave., Wollaston
617.472.5669
email: office@wconaz.org
www.wollastonnazarene.org



Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Rebecca E. Baumann

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45AM CHRISTIAN EDUCATION
11AM WORSHIP SERVICE
BRASS BAND MUSIC
NOON THURS. WOMEN'S FELLOWSHIP
6:30PM WEDS. BIBLE STUDY

HOPE PEACE

To Advertise in this Directory, Call 617-471-3100

OBITUARIES

Mary C. DiCristofaro, 94

A funeral Mass for Mary C. (Lentini) DiCristofaro, age 94, of Bourne, formerly of Quincy, was celebrated Nov. 3 in St. Joseph's Church, Quincy.

Mrs. DiCristofaro died peacefully Oct. 29 at home, surrounded by her loving family.

She was born in Boston to the late Gaspere "Frank" and Marie (D'Amicis) Lentini. Mrs. DiCristofaro was raised and educated in South Boston and was a graduate of South Boston High School. She had lived in Bourne for the past thirty-one years, previously in Quincy Point.

Mrs. DiCristofaro was primarily a homemaker but her passion was dancing and singing, especially around the house. She also enjoyed traveling.

She was devoted to her family and especially enjoyed supporting the activities and accomplishments of her grandchildren and great grandchildren.

Beloved wife of the late Peter DiCristofaro. Devoted mother of Marie C. Meier and her husband William of Bourne. Loving grandmother of Peter J. Meier of Bourne, Marie C. Aviza and her husband Gregory of Marlboro. Cherished great grandmother of Alyssa, David, and Samantha.

One of nine siblings, Mrs. DiCristofaro was the dear sister of Frances Noto of South Boston and was predeceased by Joseph Lentini, Louis Lentini, Dominic Lentini, Anne Thompson, Josephine Copello, Angelina Lentini, and child Frances. Sister-in-law of Joann DiCristofaro and also survived by many nieces and nephews.

MARY C. DiCRISTOFARO

Interment at Mount Wollaston Cemetery, Quincy.

Memorial donations may be made to the VNA of Cape Cod, 255 Independence Drive, Hyannis, MA 02601.

Mrs. DiCristofaro 's family would like to acknowledge the VNA of Cape Cod staff, especially Lauren Campeau, R.N., for the outstanding care and compassion provided to Mrs. DiCristofaro, as well as Mary Donovan, R.N. In addition, Mary Preston, R.N., with hospice, was very helpful and comforting to the family at the hour of Mrs. DiCristofaro's passing.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Audrey L. Leiblein, 86

Audrey L. Leiblein, 86, of Quincy died at home Oct. 31 surrounded by the love, comfort and care of her family.

Mrs. Leiblein was the devoted wife of more than 60 years to the late Edward Leiblein, to whom she provided home care over the final decade of his life up until his passing in 2012.

She enjoyed a career in business, concentrating on asset management and reconcilement accounting, working for Fidelity Investments and New England Educational Loan Marketing, the organization from which she retired. While working full time and taking care of family, Mrs. Leiblein began pursuing a college degree at Quincy Junior College in her 40s and then transferred to Northeastern University where she earned a B.S. as a double major in accounting and finance, graduating with honors in 1988.

Her college studies also sparked her interest in history and literature, which dovetailed with her constant reading. Mrs. Leiblein had a real soft spot for animals and served as the loving pet owner of many cats and dogs through the years. An accomplished cook and generous host, Mrs. Leiblein and Ed held many holiday celebrations, cookouts, and impromptu get-togethers at their Quincy home, enjoyed by family, friends and neighbors. Too modest to say it herself, Mrs. Leiblein could cook, clean, bake or sew anything under the sun. She kept a beautiful vegetable and flower garden at her home, the bounty of which she enjoyed sharing.

AUDREY L. LEIBLEIN

She was the mother of Adelle Leiblein and her husband David Tracey of Nashua, NH, Andrea Leiblein of Quincy and the late Althea Leiblein. Sister of the late Joan Colby, Louise Albro and Janice Lamb. Also survived by sister-in-law Hilda Marrigan and many nieces and nephews.

Arrangements are private, and Audrey requested no calling hours or services. Her cremated remains will be scattered at sea in the same location as Ed's were.

Memorial donations may be made to the American Cancer Society or the Wounded Warrior Project, which Mrs. Leiblein supported herself.

The Leiblein family wishes to thank the Norwell Visiting Nurse Association for their professional and compassionate care. As she lived it, Audrey's abiding message was "Be kind when you have a choice. Be kind even when you don't have a choice. Make it a good day."

Funeral arrangements were made by Hamel Funeral Care & Cremation Service of Massachusetts, 26 Adams St., Quincy.

Dr. Melvin H. Zonis, 87

A funeral for Dr. Melvin H. Zonis, 87, of Quincy and Marblehead was held Oct. 31 in Stanetsky Memorial Chapels, Brookline.

Dr. Zonis died peacefully Oct. 29 of complications from a stroke. He was surrounded by his loving family.

Dr. Zonis adored his family, especially Elissa, his devoted wife of 57 years. He also lived for his children and their spouses: Beth Zonis and Ron Levine of Lexington, Jonathan and Jennifer Zonis of New Canaan, CT, and Louise Zonis and David Fox of San Francisco. He was passionate about family, and took great pleasure in his grandchildren: Charlotte, Maia, Evan, Josh and Bridget. He is also survived by his sister Judith Listernick. The powerful bonds among those he left behind are a testament to his love.

Dr. Zonis was born in Boston on July 21, 1930, to Dr. Jonathan Zonis and Frances Zonis. He grew up with a rambunctious spirit and a caring sensibility, along with a strong dedication to scholarly pursuits. He spent his childhood in Roxbury and then Chestnut Hill. After graduating from the Roxbury Latin School in 1948, he attended Harvard University, where he majored in human relations and kindled his lifelong passion for history. He graduated cum laude from Harvard in 1952, then went on to study at Chicago Medical School, where he graduated with an MD in 1956. He did his residency at Boston City Hospital and a postdoctoral fellowship at Children's Hospital in Boston before serving as a physician in the Army in Indianapolis from 1960 to 1962. After completing his Army service, Dr. Zonis settled in Quincy and co-founded Quincy Pediatrics, where he worked as a pediatrician from 1962 to 2000. Dr. Zonis' calm and compassionate demeanor helped him forge strong relationships with his patients

DR. MELVIN H. ZONIS

and colleagues. Throughout his career, Dr. Zonis maintained affiliations with Quincy City Hospital, St. Margaret's Hospital, Tufts New England Medical Center and Children's Hospital.

Shortly after Dr. Zonis and Elissa were introduced by his uncle, they expressed their love for each other over an ice cream cone at Brigham's in Newton. Due to their mutual passion for health food and fitness, that may have been the last ice cream they shared, but it was the spark that fueled a lifelong romance. In 1960, they married at Elissa's childhood home in Marblehead. They spent the next six decades cultivating an iconic life of love, health, happiness, wild salmon, and longevity.

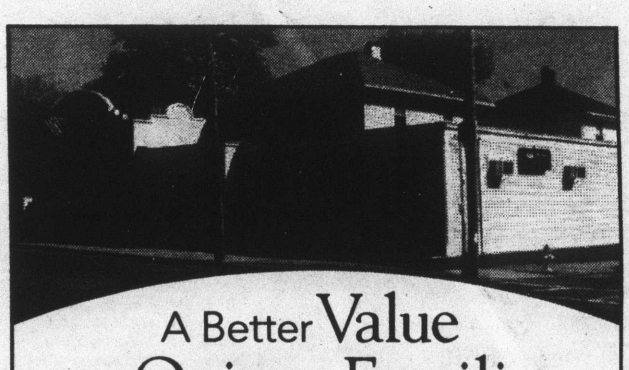
Dr. Zonis' favorite summer pastime was meandering along Preston Beach in Marblehead with friends and family. He was a longtime member of the Quincy Tennis Club, the Quincy YMCA, the Weymouth Club, the JCC in Marblehead, Temple Beth El in Quincy, and most recently Congregation Sha'aray Shalom in Hingham.

We will remember Dr. Zonis for his love of family, deep dedication to the art and science of pediatrics, warm sense of humor, and ever-present optimism.

Interment at Lindwood Memorial Park, Randolph.

Memorial donations may be made to the Roxbury Latin School.

May the memory of Melvin Zonis be an abiding blessing.



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Stephen E. Bonfiglioli, 74

A funeral service for Stephen Earl Bonfiglioli, 74, of Braintree was held Monday in the Bolea-Buonfiglio Funeral Home, 116 Franklin St., Quincy.

Mr. Bonfiglioli died Nov. 1 after a 22-year-long fight with multiple illnesses. He was at home surrounded by his wife, children, other loved ones, and dogs.

He respected two main things: devotion to family and a tireless work ethic. He had three separate paper routes by the age of nine. Mr. Bonfiglioli was a graduate of Quincy Trade School. After six years in the Army Reserve, he joined the Quincy Fire Department where he worked for the next 25 years. Concurrently with his career as a fireman, he also built a thriving automotive repair business and car dealership, which he then passed down to his son, Stephen Jr.

Mr. Bonfiglioli loved spending time with his family, working on cars, working on his boat, working in his wood shop, and making jewelry to give to others. He had a heart of gold. He was honest to a fault. He was generous. He was the definition of stability and guidance. At the end of every visit with him you got pep talk, whether you wanted it or not. He was always our biggest fan. He was a unique individual, in the truest sense of the words, and will be greatly missed, but never, ever, forgotten.

STEPHEN E. BONFIGLIOLI

Mr. Bonfiglioli was the son of the late Imo and Loretta Bonfiglioli of Quincy. He is survived by his wife Barbara, of Braintree; two brothers, Ronald and his wife Anne, of Braintree and John and his wife Pamela, of Quincy; a daughter, Annette Oliver and her husband David, of South Weymouth; a son, Stephen Jr. and his wife Maria Bonfiglioli, of Braintree; a daughter, Loretta Bonfiglioli of Hingham; two stepdaughters Rebecca Glancy and her husband David, of Scituate and Allison Lamie and her husband Mark, of Weymouth. As well as 13 grandchildren, 2 great-grandchildren, and many nieces and nephews.

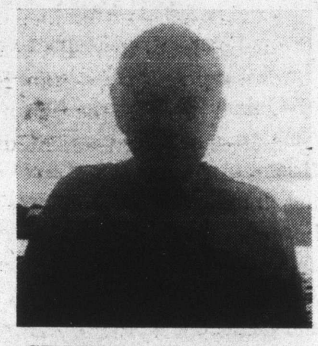
Interment at Mount Wollaston Cemetery, Quincy.

Memorial donations may be made to the Quincy Animal Shelter, 56 Broad St., Quincy, MA 02169.

Stephen A. Ericson

A funeral service for Stephen A. "captain of the Yankee Doodle" Ericson, a former resident of Quincy but recently resided in Lantana, Florida, was held Nov. 4 in Keohane Funeral Home, 785 Hancock St., Quincy.

Mr. Ericson died Oct. 30 after his long-term battle with cancer.



STEPHEN E. ERICSON

Beloved father of Kenneth Rheaume of Holbrook, Julie Dozier of Taunton, Keith Ericson of Weymouth, Dennis Ericson of Weymouth, Richard Ericson of Kingston, Janelle Erickson of Holbrook and the late Mark and Timothy Ericson. Cherished Grandpa of Kasey, Teddy, Nicole, Colleen, Ben, Nick, Danny and Lilly. Caring brother of Don Ericson and his wife Harriet Danko of CA, Sue Rittenour and her husband Bruce of Duxbury, Carole Doherty and the late Frank Doherty and Donna Danehy. Also survived by many nieces and nephews.

Mr. Ericson graduated from Quincy High Tech School. He was a Quincy firefighter for 36 years before retiring. Mr. Ericson was a proud U.S. Navy veteran who served during the Vietnam Era. He was a man of many talents; a master electrician, a master scuba diver and an all around handy man. Mr. Ericson was a member of the Town River Yacht Club for over 40 years. He enjoyed fishing, boating and swimming. Mr. Ericson's main passion in life was his family and spending time with those he loved. He will be sadly missed but never forgotten.

Memorial donations may be made to Wounded Warrior Project, P.O. Box 758517, Topeka, KS 66675.

Stephen M. Palumbo, Sr., 59

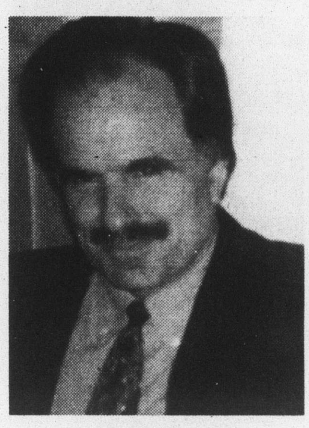
A funeral Mass for Stephen M. Palumbo, Sr., 59, was celebrated Nov. 3 in St. Mary's Church, Quincy.

Mr. Palumbo died Oct. 30 at home with his family by his side.

He was born on Nov. 23, 1957, in Quincy to Edith (Brandolini) and the late Americo Palumbo. Mr. Palumbo grew up in Quincy, graduated from Quincy High School and attended Northeastern University where he received his Associate's Degree in electrical engineering. He held a regulatory affairs certification.

Mr. Palumbo worked in the medical device field for over 30 years focusing on regulatory affairs, compliance quality and systems. He loved spending time with his family and watching the Patriots.

He is survived by his beloved wife, Debbie (Fraser); daughter Danielle Armstrong and her husband Mike of Whitman, son Stephen Jr., and his wife Courtney of Whitman; grandchildren, Ava, Isabelle, and Stephen III; mother Edith; his sister Linda Beck and brother in law Jeff of Quincy, brother Rick Palumbo of Quincy; nieces Cassandra Beck of Quincy and Whitney Malloy of North Carolina; great-nephew Jayden and great-nieces Gianna and Avery. Son-in-law to Jack Fraser of Hanover and brother-in-law to Jim Fraser of Hanover.



STEPHEN M. PALUMBO, SR.

The family would like to extend our grateful appreciation to his two home health care aides.

Entombment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by Bolea-Buonfiglio Funeral Home, 116 Franklin St., Quincy.

Memorial donations may be made to the Mass General Cancer Center, 55 Fruit St., Boston, MA 02114.

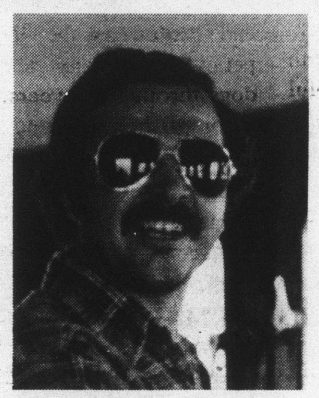
David Levangie

A funeral Mass for David Levangie was celebrated Nov. 2 at Holy Trinity Parish, Most Blessed Sacrament Church, Quincy.

Mr. Levangie died Oct. 29.

He had a lifelong love of the sea, traveling worldwide as a USCG master captain. He was proud of his service with the U.S. Coast Guard and his decades of service in the Quincy Fire Department. Mr. Levangie owned and operated Harvey's Wharf in Houghs Neck from 1988 to 2002.

The son of the late Frederick and Mary Levangie, he leaves behind his wife Teri (Maureen) Boyd, his children, Michelle Johnson (husband Marshall) and Michael Staff. He was pre-deceased by his son, David. He also leaves behind his five wonderful siblings, Richard, Janet, Donald, Carol and Beverly, his grandchildren,



DAVID LEVANGIE

Chris, Seth, Nicole, Hailey and Mikey and two great grandchildren, Juliette and Daniel.

He will be sadly missed by his many family members and friends.

Memorial donations may be made to the Firefighters Relief Fund c/o Quincy Fire Department, 40 Quincy Ave., Quincy, MA 02169.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Frank J. Calabro, 76

A funeral Mass for Frank J. Calabro, Quincy Police Department, Retired, age 76, a lifelong Quincy resident, was celebrated Nov. 4 in St. John the Baptist Church, Quincy.

Mr. Calabro died peacefully Oct. 30 surrounded by his loving family.

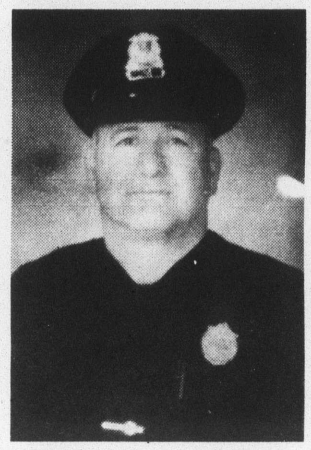
He was born and raised in Quincy to the late Candida M. (Iovanna) and Michael S. Calabro. He was a graduate of Quincy High School, Class of 1960, and later continued his education in criminal justice with an Associate degree from Quincy College, a Bachelor's degree from Northeastern University, and later a Master's degree from Anna Maria College.

Mr. Calabro was a Quincy police officer for thirty-six years. He was appointed to the Quincy Police Department on Nov. 21, 1968, and during his career worked as a patrolman, a detective in the drug unit, and later with the organized crime unit. He also worked in community policing prior to his retirement on Feb. 26, 2004. He loved his job and helping people.

Mr. Calabro received over fifty commendations and was proud to have received the Robert Dana Distinguished Service Award at Law Day in 1984 and the Community Hero Award in 2004 for his work in the prevention of substance abuse in Quincy.

Mr. Calabro served in the U.S. Army with the 82nd Airborne Division from 1960 to 1962. As a young man, he was a well-known and accomplished amateur boxer. Mr. Calabro was the Golden Glove New England Heavyweight Champion for five years and the International Heavyweight Champion in 1966.

He enjoyed the outdoors and hunting and was an antique car enthusiast and in particular, vintage corvettes. Mr. Calabro loved all sports and especially football at all levels. He was a member



FRANK J. CALABRO

of the Quincy Sons of Italy Lodge and a lifelong parishioner at Saint John the Baptist Church in Quincy.

Most of all, Mr. Calabro was dedicated to his family and friends and especially to his cherished grandchildren, actively supporting all their activities and accomplishments.

Beloved husband for forty-nine years of Carol A. (D'Olimpio) Calabro. Devoted father of Tina M. Calabro and her husband David Cheney, Frank J. Calabro, Jr. and his wife Dana, all of Quincy. Loving grandfather of Anthony and Matthew McFarlane, Elizabeth, Benjamin, Nicholas and John Cheney, Giavanna and Franco Calabro.

Dear brother of the late Joseph Calabro and his wife Barbara of Weymouth, Michael Calabro, Jr. and his wife Dolores of Abington, Steven Calabro and his wife Sheila of Quincy, Joseph Calabro of Weymouth, and Elizabeth Calabro of Randolph. Also survived by many aunts, uncles, nieces, nephews, cousins, and friends.

Interment with Military Honors at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

More news online at: thequincysun.com

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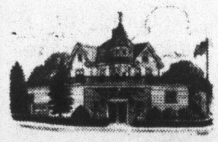

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OBITUARIES

Marguerite Jones, 74

Funeral and burial arrangements for Marguerite (Perry) Jones, 74, of Quincy were private.

Mrs. Jones died Oct. 30 following a brief illness.

Born in Boston, she was a daughter of the late Joseph & Maryellen (Carter) Perry. Loving mother of Karen (Perry) Hendrickson of Quincy and the late Scott Jones. Cherished grandmother of Michael O'Malley, Kandra Perry and Felicia Bassett. Dear sister of Betty Toland and her husband Teddy of Fla, Debbie Perry of Braintree, Joseph Perry of RI, James Perry of So. Boston, and the late: Joanie Allen, Cathy Empey, Donna Sapienza-Ardolino & Barbara Perry.

Funeral arrangements were made by Hamel Funeral Care & Cremation Service of Massachusetts, 26 Adams St., Quincy.

MARGUERITE JONES

Thomas P. Quirk, 59

A funeral Mass for Thomas P. Quirk, 59, of Braintree was celebrated Wednesday in St. Mary's Church, Quincy.

Mr. Quirk died surrounded by the family he cherished on Nov. 3 after a courageous battle.

The beloved husband and the love of his life Lisa (Cinquegrano) Quirk of Braintree, devoted father of Thomas P. Quirk, Jr. of Braintree, Brendan Quirk and his wife Tais of Nashua and Scott Therien and his wife Dieila of Blackstone. Son of the late John and Margaret (Sherman) Quirk. Loving brother of the Honorable Joseph M. Quirk of MD, William Quirk of Andover, Patricia Jewett of Mashpee, Daniel Quirk of Chestnut Hill, Margaret Shapiro of Bourne, Maureen Sullivan of Concord, Kathleen Padazis of Weymouth, Martha Quirk of Boston, Michael Quirk of Quincy, Sheila Bugler of Lowell and the late John Quirk. Grandpa of Dominic, Gianni and Yan Quirk and Blanda and Rachael, Andre and Isaac Therien. Also survived by many nieces, nephews and dear friends.

Mr. Quirk was born and raised in Lowell. Proud of his Lowell roots, he was raised in a large family, rich in tradition. The majority of his life was spent working for Quirk Auto Sales in Quincy; it was his passion in life. He loved his work. What was most important in Mr. Quirk's life was his family. He cherished them; they were the foundation of all that was truly important to him. Although they are broken hearted at his sudden passing, they feel fortunate for all the blessings he brought into their lives. He will be sadly missed by all those who knew him.

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to Braintree High School, Boosters Club - Football, 128 Town St., Braintree, MA 02184.

Blanche L. Rossi, 92

A funeral for Blanche L. (Maher) Rossi, 92, of Quincy and formerly of Charlestown was held Monday in the First Baptist Church of Wollaston.

Mrs. Rossi died Nov. 2.

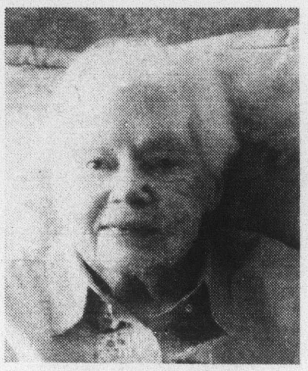
She was the loving wife of the late Generoso P. "Gene" Rossi who died in 1980.

Born and raised in Charlestown, she was the eldest of three children born to the late Robert A. & Lillian B. (McGrath) Maher. A 1943 graduate of Charlestown High School, she furthered her studies at UMass Boston, earning a certificate in gerontology.

During WWII, Mrs. Rossi worked as a welder at the Charlestown Navy Yard. She also worked for many years as an office manager with the former Old Mr. Boston distillery and later worked in the financial services sector with The Boston Company before finally retiring in the early 1990s.

Mrs. Rossi enjoyed reading and was truly a world traveler, having visited all 50 states and every continent except Antarctica. She was a long-time, active member of First Baptist Church of Wollaston and was a former member of the Int'l Red Hat Society and the Quincy Citizen's Police Academy.

She was the dear sister of Robert J. Maher of Milford and Ellen M. Canty of Quincy. Cherished Aunt of Blanche E. Yanovich of Quincy and great aunt of Jacob and Lucas Yanovich of Quincy.



BLANCHE L. ROSSI

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by Hamel Funeral Care & Cremation Service of Massachusetts, 26 Adams St., Quincy.

Memorial donations may be made to Alzheimer's Association, 309 Waverly Oaks Rd, Waltham, MA 02452.

Richard M. Taverna, 66

Funeral services for Richard M. Taverna, age 66, of Kingston, formerly of Hanson, were held Monday in the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mr. Taverna died peacefully Oct. 31 at Wingate at Silver Lake, surrounded by his loving family.

He was born in Boston to the late Domenic P. and Irene I. (Harris) Taverna. He was raised and educated in Watertown and had lived in Kingston for eight years and previously in Hanson for ten years.

Mr. Taverna had been employed as the office manager for his family's business, the Watertown Engineering Corporation of Whitman. He was an avid Boston sports fan and especially enjoyed the Boston Red Sox.

He loved his family and was the devoted brother of Lorraine G. Donovan and her husband Mark of Hanson, his twin brother Robert J. Taverna and his wife Sally of Barnstable. Also survived by many loving nieces and nephews.

Interment at Cedar Grove Cemetery, Dorchester.

Memorial donations may be made to the United Cerebral Palsy of Metro Boston, 71 Arsenal St., Watertown, MA 02471.

Mr. Taverna's family would like to acknowledge and thank the caring staff at Wingate at Silver Lake for the wonderful loving care and compassion they provided him these past eight years.

Laura Fowles, 91

A funeral Mass for Laura (Pugliesi) Fowles, 91, of Quincy was celebrated Wednesday in St. Joseph's Church, Quincy.

Mrs. Fowles died Nov. 3 surrounded by her family.

Born June 12, 1926, in Providence, RI, she was the late daughter of Teodoro and Elide (Paolonelli) Pugliesi. She was raised in Quincy and graduated from Quincy High School. Ms. Fowles worked in the Quincy school system and at the Bargain Center for many years.

She was the beloved wife of the late Richard J. Fowles, devoted mother to Stephen Fowles and his wife, Joan, of Quincy, and Maria McNamara and her husband, Brian, of Watertown. Loving grandmother to Kirsten Fowles, Tracey McNamara and her husband, Robert, and to Richard McNamara and Jacqueline Kelly.

She is also survived by her sister Angela Carroll and her husband, Bill, of Quincy. She was the sister of the late Joseph Pugliesi, Salvatore Pugliesi, Victor Pugliesi, Marion Phipps, Theresa Pugliesi, Nancy Tucci, She is survived by many nieces and nephews and her life-long friends Nellio and Shirley Ditullio.

Mrs. Fowles' passions included college football (especially Notre Dame), the Patriots, and the daily TV Mass from Notre Dame. First and always foremost was her family and close friends.

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by Bolea-Buonfiglio Funeral Home, 116 Franklin St., Quincy.

Memorial donations may be made to the charity of your choice.

Elizabeth A. Foley, 82

A memorial service for Elizabeth A. "Betty" (Wuschke) Foley, 82, of Quincy, formerly of Holbrook and South Boston, was held Nov. 3 in St. Brigid Church, South Boston.

Mrs. Foley died peacefully after a lengthy illness on Oct. 28.

She was educated at St. Augustine in South Boston.

Beloved wife of the late John P Foley. Devoted mother of Mary (Dolly) and her husband Kevin Darcy of Quincy, and their children Shannon and Lauren of Milton and Kevin of Hanover; Carolyn and her husband John Hurst of Stoughton, and their children Pamela and John; Brian and his fiancée Debra of Halifax and his children John and Rebecca; and Sharon and her partner Larry of Holbrook and Sharon's son Shawn. Loving sister of Robert Wuschke and his partner Sandy of South Boston and Philip Wuschke and his wife Dottie of Brockton, and the late Dorothy (Dolly) Harris of South Boston. She is also survived by 8 great grandchildren who affectionately referred to her as Big Nana and by many loving nieces, nephews, friends and family.

Mrs. Foley was born and raised in South Boston, moved to Holbrook and retired to Quincy (Wollaston Beach). Retired city of Quincy employee.

She loved to crochet and go on cruises but mostly enjoyed being with her family for dinners and other celebrations. Mrs. Foley was a member of the Castle Island Association.

Funeral arrangements were made by Carroll-Thomas Funeral Home, Hyde Park.

LEGAL NOTICE

CITATION ON PETITION FOR ALLOWANCE OF ACCOUNT
Docket No. NO16P1727EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
In the matter of:
Michael Francis Joyce, Jr.
Also known as:
Michael F. Joyce Jr.
Date of Death:
November 14, 2015
To all interested persons:
A petition has been filed by: **Kelley Joyce** of **Myrtle Beach, SC** requesting allowance of the 1st account(s) as Personal Representative and any other relief as requested in the Petition.

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 A.M. on 11/29/2017**. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you.

WITNESS, Hon. John D. Casey, First Justice of this Court.
Date: October 24, 2017
PATRICK W. McDERMOTT
Register of Probate
11/9/17

LEGAL NOTICE

CITATION
Docket No. NO16P0877PM
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
CONSERVATORSHIP OF CHRISTINE Y. SORENSON
To all interested persons:
A petition has been filed by: **DAVID W. SORENSON, CONSERVATOR** requesting **THE ALLOWANCE OF THE FIRST ANNUAL ACCOUNT.**

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 A.M. on 12/6/2017**. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you.

WITNESS, John D. Casey, First Justice of this Court.
Date: October 30, 2017
PATRICK W. McDERMOTT
Register of Probate
11/9/17

LEGAL NOTICE

NOTICE OF PETITION FOR CHANGE OF NAME
Docket No. NO17C0332CA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
In the Matter of:
Erin K. McGinley
Of: Quincy, MA
To all persons interested in petition described:
A petition has been presented by Erin K. McGinley requesting that:
Erin K. McGinley be allowed to change his/her/their name as follows:
Kinga Henryka Karlowska
IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT: **Canton** ON OR BEFORE TEN O'CLOCK IN THE MORNING (10:00AM) ON **11/29/2017**.

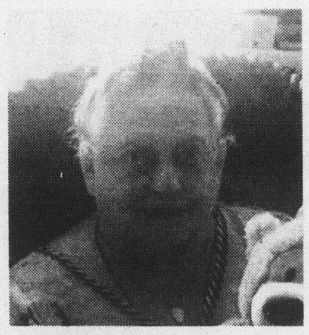
WITNESS, Hon. John D. Casey, First Justice of this Court.
Date: October 23, 2017
PATRICK W. McDERMOTT
Register of Probate
11/9/17

Beverly J. Gregory, 70

A funeral service for Beverly J. (Zoia) Gregory, 70, of Quincy was held at 2 p.m. Wednesday in Keohane Funeral Home, 785 Hancock St., Quincy.

Mrs. Gregory died Sunday.

She was a lifetime resident of Quincy. She deeply loved her family, especially her grandchildren. Mrs. Gregory will be remembered for being a kind and generous soul. She will be sadly missed.



BEVERLY J. GREGORY

Wife to the late John Gregory. Loving mother to Lisa Santos and her husband Aristides of Hudson, Jeffrey Currie and his wife Lauren of Quincy, Jason Currie and his wife Deborah of Braintree, Jonathon Ryan of Weymouth and the late Raeanne Owen. Cherished sister to Joanne Kelly of Quincy, Carol Goward and her husband Buddy of Bow, NH, Cheryl Paul of Pinellas Park, FL, Barbara Younie and her husband Stephen of Randolph, Paul Zoia of Orlando, FL, Gina Galasso and her husband Paul of Meredith, NH, Rhonda Nickley and her husband Joseph of Abington, Gregory Zoia and his wife June of Nashua, NH, Gayle Ayoub and her husband Dimitri of Quincy, Dean Zoia and his wife Christine of Quincy and the late Janet Campbell and Peter Zoia. Dear "Nona" to Steven, Kristofer, Nicole, Andrew, Austin, Jordan, Julianna, Samantha, Connor, Sydney, Ava and Jake. Also survived by many nieces and nephews.

Visiting hours were noon to 2 p.m. Wednesday in the funeral home.

Interment at Mount Wollaston Cemetery, Quincy.

Arlene A. Mazzarella, 77

A funeral Mass for Arlene A. (Vessey) Mazzarella, 77, a 60-year resident of North Quincy, will be celebrated at 10:30 a.m. Thursday in Sacred Heart Church, Quincy.

Mrs. Mazzarella died Sunday.

She was the beloved wife of 55 years to the late Joseph A. Mazzarella. Loving mother of Joseph Mazzarella and his wife Jane of Milton and the late Michael Mazzarella and his wife Ann of East Bridgewater. Sister of the late Jack Vessey and many other siblings. Cherished grandmother of Christina Lonergan and husband Casey, Michael Mazzarella and fiancée Kara, Zachary Mazzarella, Jake Mazzarella and great-grandson Casen Lonergan.

Mrs. Mazzarella worked as an office manager for both the Teamsters Credit Union and JC Penney. She was a wonderful cook and an avid Red Sox fan. ("Channel 851, Ma").

ARLENE A. MAZZARELLA

Visiting hours were 4 to 8 p.m. Wednesday in Keohane Funeral Home, 785 Hancock St., Quincy. Celebration of life service at 9:45 a.m. Thursday in the funeral home, prior to the Mass.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to the Alzheimer's Assn., MA Chapter, 309 Waverley Oaks Rd., Waltham, MA 02452.

Mrs. Mazzarella's family thanks Seasons Hospice for their wonderful care.

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

Cont'd From Page 16

and up, 16 if with a parent/guardian. Attendance is required both nights because this is a progressive learning program. There is no exam and no one is required to do anything that they do not feel comfortable with. The first night involves learning strikes, blocks and blows and the second night provides an opportunity to test your skills against an "attacker." Bring a friend! It's more fun! To sign up or get more information,

contact Lieutenant Dan Minton at 617 745 5719 or dminton@quincyma.gov

❑

APARTMENT.COM I recently received a call from a woman who was looking at apartments on the above named website. She looked at apartments in the Greater Boston area and noticed that two apartments had the exact same photos of the interior of the apartments for rent. The two addresses on the site were 38 Stoughton Street in "Houghes Neck" (spelling is wrong) and 1 Kilby Street in Downtown Woburn. I called the number for the Woburn unit and the realtor guaranteed me that the photos were legitimate because he is renting the unit for a friend. Now just because he says this does not make it true! However, he then provided me with a direct number for APARTMENT.COM security and they vouched for both addresses in their system. I spoke with Adrian from the company and asked how both units could have the same interior and he said that this is a "bait and switch" that commonly happens in big cities like New York. When I told him that this action was fraud, he denied it. When I told him it was a deceptive business tactic, he agreed. I then called the Hough's Neck contact number, left a message but no one ever called back. I checked with the Quincy Assessor's Office and they confirmed that there is no such address as 38 Stoughton Street. I contacted the owner of the abutting apartment buildings and he confirmed that he does not use APARTMENT.COM to get tenants. The scam is that there is no unit to rent but the scammer will pressure you to put down a deposit sight unseen. The scammer will offer the unit at a low price to lure people in and use high pressure tactics such as "the deal won't last" or "it's a high demand area." Never send a deposit without looking at the unit and ask lots of questions.

The scam within the scam? There is no such address and Adrian from APARTMENT.COM vouched for the Hough's Neck address!

Kathleen M. McCall, 67

Funeral services and interment for Kathleen M. "Kathy" McCall, 67, of Quincy and formerly Randolph will be private.

Ms. McCall died peacefully Oct. 26.

Born in Boston, she was raised in Randolph and graduated from Cardinal Spellman High School. She later attended Laboure College of Nursing. For 22 years she worked as an LPN and dialysis nurse at the Boston Dialysis Center in Dorchester.

Ms. McCall was the daughter of the late Frank and Helen (O'Donnell) McCall. Devoted sister of Maureen Currier of Dennisport, Thomas McCall of Lakeville, Debra Coughlin of FL and the late Richard McCall. Also survived by several nieces and nephews.

Memorial donations may be made to St. Jude Children's Research Hospital, 262 Danny Thomas Place, Memphis, TN 38105.

Funeral arrangements were made by Cartwright Funeral Homes.

Fair For All Seasons At Holy Trinity Parish Nov. 18

The Holy Trinity Parish of Quincy will host A Fair for All Seasons Saturday, Nov. 18 from 10 a.m. to 3 p.m. at St. Thomas Aquinas Hall, Darrow Street, Quincy.

The fair will feature quality handmade crafts by South Shore artisans, raffles, kitchen, baked goods, kids corner, knitted items and holiday gifts.

Admission is a non-perishable food or toiletry item.

For more information, contact Eileen at 617-479-4107 or 617-481-9153 or email etimcoe@yahoo.com.

Beale St. Christmas Fair Nov. 18

Quincy Community United Methodist Church, 40 Beale St., Wollaston, will hold its annual Beale Street Christmas Fair Saturday, Nov. 18 from 9 a.m. to 3 p.m.

The fair will feature crafts, Christmas specials, a silent auction, books, knit and crochet items for the season, a sports table, White Elephant and baked goods.

There will also be hot dogs and refreshments.

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NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-100

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, November 28, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Marianne Smith for a Finding to change the use from business to church/assembly use in violation of Title 17 as amended Chapter 3.4.1 (change of use) and Chapter 5.0 (parking) on the premises numbered 87 NEWBURY AVENUE, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

11/9/17, 11/16/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-104

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, November 28, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Thanh Nguyen for a Variance/Finding to replace structure damaged by fire and add a second story in violation of Title 17 as amended Chapter 3.4.3 (alteration, nonconforming) and Chapter 3.4.7 (catastrophe/demolition) on the premises numbered 55 CIRCUIT ROAD, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

11/9/17, 11/16/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-105

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, November 28, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Tom Quinn for a Variance to construct an addition and deck in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) and Chapter 5.1.4.1 (excessive parking) on the premises numbered 14 SEAWAY ROAD, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

11/9/17, 11/16/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-106

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, November 28, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Simon Lam for a Variance to construct a second floor addition in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) and Chapter 5.1.4 (parking setbacks) on the premises numbered 136 HOLBROOK ROAD, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

11/9/17, 11/16/17

NOTICE OF PUBLIC HEARING

October 20, 2017

CITY OF QUINCY, MASSACHUSETTS
NOTICE OF PUBLIC HEARING ON TAX RATE

Be it ordained by the City Council of the City of Quincy that the City Council will conduct a Public Hearing in the Great Hall, Quincy City Hall, 1305 Hancock Street on Monday November 20, 2017 at 7:00 PM pursuant to the provisions of Massachusetts General Laws Chapter 40 § 56 as well as guidelines of the Massachusetts Department of Revenue in order to determine the percentages of local tax levy to borne by each class of real property, as defined in § 2A of Chapter 59, and personal property in Fiscal Year 2018.

A TRUE COPY.
ATTEST: Nicole L. Crispo
Clerk of Council

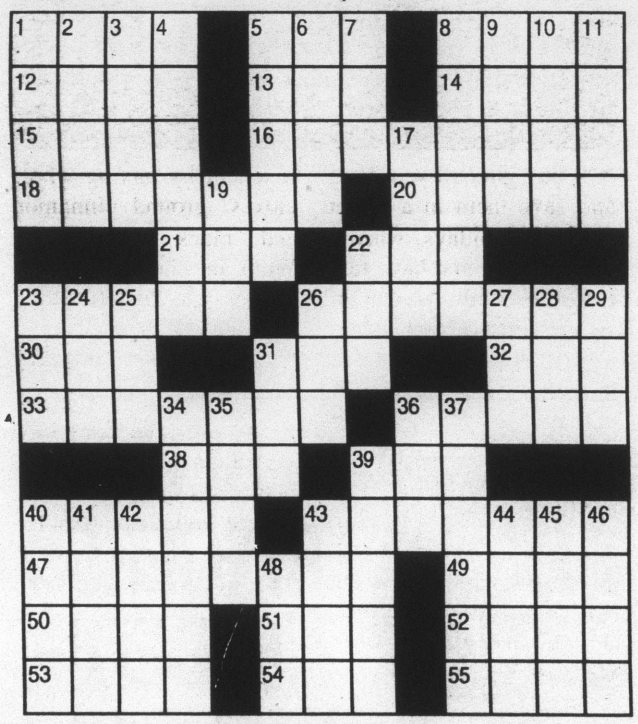
10/26/17, 11/9/17

SUN FUN PAGE

King Crossword

ACROSS
1 Resorts
5 Sch. org.
8 Branch
12 Hide
13 Rowing need
14 Heap
15 Great Lake
16 Boxer's ploy
18 Cheap
20 Glove material
21 Halves of 38-Across
22 Coffee, slangily
23 Mixed metal
26 Barber's task
30 Fish eggs
31 Intent
32 Bobby of hockey fame
33 Pirate's sword
36 Nuts
38 Type squares
39 Started
40 Sports venue
43 Relief print of a sort
47 Curtail
49 Troubles
50 Chills and fever
51 Collection
52 Albacore, e.g.
53 Egyptian fertility goddess
54 With 55-Across, 365 days
55 See 54-Across

DOWN
1 Detail, briefly
2 Lima's land
3 Settled down
4 Not mono
5 Sulks
6 Recording
7 Dadaist artist
8 More agile
9 Twitches
10 Hebrew month
11 Apportion (out)
17 "The Time Machine" tribe
19 Whatever number
22 Bread spread
23 Curved line
24 Brock or Gehrig
25 Allow
26 That man's
27 Bill's partner
28 Grecian vessel
29 Have a go at
31 Fool
34 Contacts, e.g.
35 Asian nursemaid
36 Zodiac sign
37 Fodder for Ripley's column
39 Singer Lenya
40 Antioxidant berry
41 Carpets
42 Needle case
43 Small songbird
44 Hint
45 Arm bone
46 Despot
48 Bear, in Barcelona



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MAGIC MAZE ● — SOUP

A L I G D B Y W W T P R P M K
I F N O I N O T A M O T D B Y
W U S Q O N A S M K R I F D B
E L B A T E G E V Z D X W U S
C Q O O E N L N B J G H F K O
D H N C A P Y D W D G V T C T
S M I N E S T R O N E Q P U A
N L K C I H F I E C B R R D T
Z Y W V K U S B L I A T X O O
R Q P N T E B A H P L A M L P
J I H L I T N E L E S F E D C

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Alphabet
Bird nest
Chicken
Duck
Egg drop
Lentil
Minestrone
Onion
Oxtail
Potato
Red bean
Split pea
Tomato
Turtle
Vegetable

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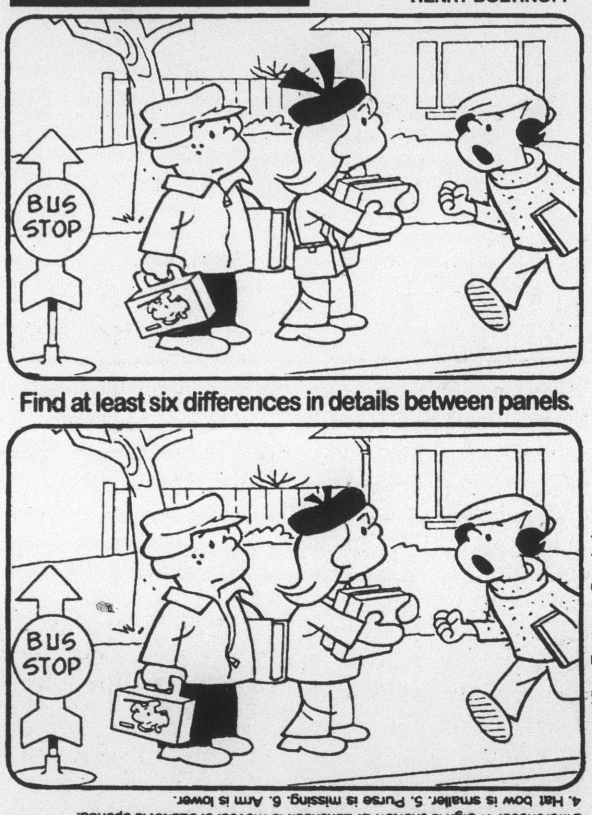
HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

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Differences: 1. Sign is shorter. 2. Lunchbox is moved. 3. Jacket is opened. 4. Hat bow is smaller. 5. Purse is missing. 6. Arm is lower.

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Trivia test

by Fifi Rodriguez

1. MEDICAL: What is a more common name for hypobaropathy?
2. MYTHOLOGY: What area of life did the Greek goddess Hygeia preside over?
3. U.S. PRESIDENTS: Who was president when Vice President Alben Barkley was in office?
4. PSYCHOLOGY: What are people who suffer from ophidiophobia afraid of?
5. MUSIC: What was the stage name of the 1950s rocker who was born Charles Hardin Holley?
6. GEOGRAPHY: What is generally considered the world's longest river?
7. MONEY: What is the basic currency of Argentina?
8. MOVIES: What is the name of the royal lemur in the animated movie "Madagascar"?
9. LITERATURE: Who was the author of "The Blind Assassin," which won the Man Booker Prize in 2000?
10. ANATOMY: About how many times does the average person blink in a minute?

Answers
1. Altitude sickness
2. Goddess of health
3. Harry Truman
4. Snakes
5. Buddy Holly
6. The Amazon River, at 4,300 miles
7. The peso
8. King Julien
9. Margaret Atwood
10. 15-20 times

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Wishing Well®

4	8	7	2	8	7	2	4	2	7	3	2	4
B	S	A	P	O	S	R	E	O	P	A	N	C
6	3	7	5	6	3	5	3	8	5	6	7	4
V	T	L	D	I	I	O	D	C	Y	S	E	O
6	5	7	4	3	4	8	2	7	4	5	7	4
I	O	N	M	Y	P	I	O	D	A	U	I	S
5	3	2	7	6	4	8	6	4	5	6	8	3
R	S	U	D	T	S	A	O	I	V	R	L	U
6	2	7	2	5	7	8	5	6	2	8	5	4
A	N	I	C	E	D	A	R	R	E	C	Y	O
3	6	8	7	5	2	4	7	6	5	8	4	5
M	R	C	E	B	D	N	A	I	E	L	A	S
8	4	6	2	8	2	6	2	5	4	2	6	8
A	T	V	L	I	O	E	V	T	E	E	S	M

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) Restless Rams and Ewes might want to let others finish a current project while they start something new. But if you do, you could risk losing out on a future opportunity.

TAURUS (April 20 to May 20) The Bovine's creative forces start revving up as you plan for the upcoming holidays. Some practical aspects also emerge, especially where money is involved.

GEMINI (May 21 to June 20) Moments of doubt disrupt your otherwise clear sense of purpose. Don't ignore them. They could be telling you not to rush into anything until you know more about it.

CANCER (June 21 to July 22) A planned trip might have to be delayed. Plan to use this new free time to update your skills and your resume so you'll be ready when a new job opportunity opens.

LEO (July 23 to August 22) A flood of holiday party bids from business contacts allows you to mix work and pleasure. Your knowledge plus your Leonine charm wins you a new slew of admirers.

VIRGO (August 23 to September 22) An unexpected act by a colleague complicates an agreement, causing delays in implementing it. Check out the motive for this move: It's not what you might suspect.

LIBRA (September 23 to October 22) You might want to cut ties with an ingrate who seems to have forgotten your past generosity. But there might be a reason for this behavior that you should know about. Ask.

SCORPIO (October 23 to November 21) Be careful not to set things in stone. Much could happen over the next several days that will make you rethink some decisions and maybe change them.

SAGITTARIUS (November 22 to December 21) Your plans to help provide holiday cheer for the less fortunate inspire others to follow your generous example. Expect welcome news by week's end.

CAPRICORN (December 22 to January 19) You're in your glory as you start planning for the holiday season ahead. But leave time to deal with a problem that needs a quick and fair resolution.

AQUARIUS (January 20 to February 18) The upcoming holiday season provides a perfect setting for strengthening relationships with kin and others. A new contact has important information.

PISCES (February 19 to March 20) Instead of fretting over a cutting remark by a co-worker, chalk it up to an outburst of envy of your well-respected status among both your colleagues and superiors.

BORN THIS WEEK: You instinctively know when to be serious and when to be humorous -- attributes everyone finds endearing.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: **Q** equals **E**

YAQ OYRC, ZAJBA ARE FQBQSYPX UQQS UREPX ADFY, ZRO MLDSE JS YAQ ZLLEO ARSCJSC LS MLF EQQF PJMQ.

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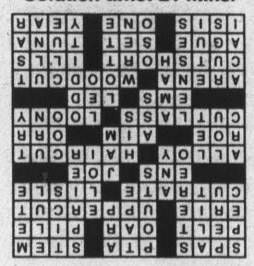
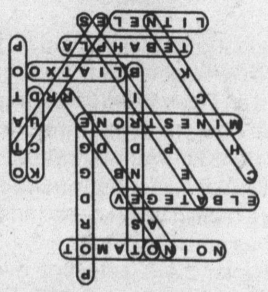
CryptoQuip puzzles $3.50 • 24 Volumes • Order at: rbmamall.com

— King Crossword —
Answers
Solution time: 21 mins.



Magic Maze
ANSWERS:



Cyptoquip
ANSWER:

The stag, which had recently been badly hurt, was found in the woods hanging on for dear life.

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- Bradley Cooper's direction of Stefanie Germanotta in the reboot of "A Star Is Born" must be so hot, Warners has moved up the opening from September 28 to May 18. In case you don't know, Stefanie Germanotta also is known as Lady Gaga. In this version, the Esther Blodgett/Vicki Lester character in the Judy Garland version is named Ally, and Cooper's character is named Jackson Maine instead of Norman Maine. Elliott Gould (former husband of Barbra Streisand, who starred in the 1976 reboot) is playing her "benevolent manager." Andrew Dice Clay is portraying her father and Dave Chapelle is playing someone named Noodles. Meanwhile, Chapelle has taped a special for Netflix, "The Age of Spin: Dave Chapelle Live at the Hollywood Palladium."

***

When Chris Pratt starred in "Parks and Recreation" from 2009-2015, he was overweight, which worked for his comedic role on the show. In order to become superhero Peter Quill/Star-Lord for "Guardians of the Galaxy" in 2014, he pumped iron and became a super hunk. "Jurassic World" (2015) further cemented his ascent to stardom.

His wife, Anna Faris, had their son, Jack, in 2012 and began the CBS series "Mom" in 2013. A new baby, both parents working in series and the global attention afforded Chris may have been the straw that broke the camel's back. They announced in August they were amicably separating. Anna has confessed, "Life is too short to be in a relationship where you feel it isn't fully right or somebody doesn't have your back or fully value you!"

Pratt went from "Guardians of the Galaxy, Vol. 2" ($200 million cost; $864 million gross) right into filming "The Avengers: Infinity War," due May 4, "Jurassic World: Fallen Kingdom," out June 22, "The Lego Movie Sequel," opening February 2019, and the untitled "Avengers" sequel arriving May 2019. He had no time to play house!

***

Another "super hunk," Henry Cavill, is of course playing Superman in the Nov. 17 release of "Justice League." He is now filming the psychological thriller "Nomis," with Oscar-winner Ben Kingsley, Alexandra Daddario, Stanley Tucci and Nathan Fillion, and will be dealing with Tom Cruise (they haven't said if it's as a friend or foe) when "Mission: Impossible 6" opens July 27, with Rebecca Ferguson, Simon Pegg, Angela Bassett and Alec Baldwin.

Baldwin has taken time off from his "SNL" White House duties while they are not taping to complete "Downsizing," with Matt Damon, Christoph Waltz and Kristen Wiig (due Dec. 22). He gets top billing in "Drunk Parents," with Selma Hayek, and with Sienna Miller in "The Private Life of a Modern Woman." Alec's been so busy he hasn't had any time to clash with photographers!

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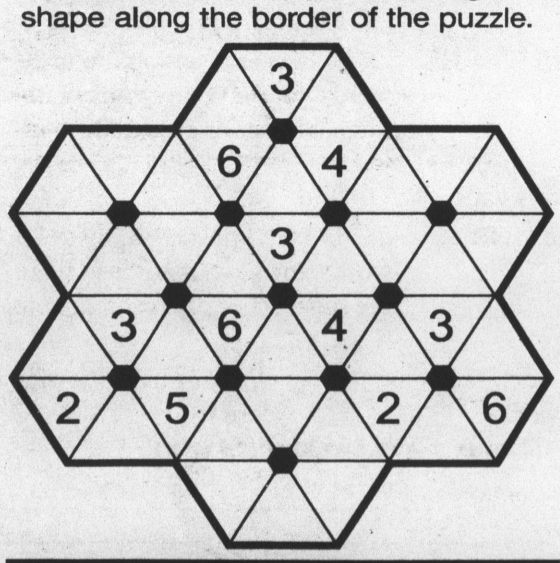
SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★

★ Moderate ★★ Difficult ★★★ GO FIGURE!

	−		×		10
×		+		×	
	×		−		10
−		×		−	
	÷		+		11
12		9		12	

1 2 3 3 4 5 7 8 9

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KOVELS Antiques & Collecting

By Terry and Kim Kovel

Victorian Furniture --- Many authors define American Victorian furniture in terms of one of the many design types used from 1840 to 1900, but all of them are Victorian. Federal furniture, inspired by the French Empire style, was going out of favor and the heavy square look with straight backs, hard seats, black wood and fabrics, and perhaps gold trim was being replaced by ornate carvings possible because of the jigsaw. Variations in designs continued until Art Nouveau and Arts and Crafts appeared during the 20th century.

There was the Gothic Revival style, inspired by church chairs and stained-glass windows; Rococo Revival featuring scrolls, flowers, leaves and shapes possible because of the first laminated wood; and the even larger and fancier Renaissance Revival. There even was a Greco-Egyptian Revival with sphinx heads, obelisks and hieroglyphics. By 1900, the Eastlake period based on simpler designs used by Midwestern furniture factories ended the Victorian era.

Most expensive today are Renaissance Revival pieces by famous makers like John Henry Belter, Herter Brothers and Alexander Roux, all from New York. But less-famous furniture made in other cities sells today for much lower prices. H.B. Mudge Furniture Co. of Cincinnati made a sofa with scroll arms and tufted upholstery that sold for only $492 at a Cowan's auction in Ohio. There are other makers, like Mitchell & Rammelsberg or Berkey & Gay, which made attractive Victorian pieces that sell for less than today's reproductions.

***

Q: Is there an easy way to date Coca-Cola trays? I know there are a lot of copies.

A: Original trays are decorated with women dressed in the clothing of the day. Dresses, hats and hairdos are a good clue. The trays also often picture celebrities of the day. The shape of the tin tray has changed. The first ones, from 1897 to 1910 were round. Next came ovals from 1910 to 1921. The trays were always rectangular after that. Reproductions were first made during the 1970s.

***

Q: I'd like to know the value of a crocheted bedspread my great-grandmother made about 1910. It is made of squares with a rose in the center of each square. I realize that everyone has handmade items that are only worth sentimental value, but this spread is in perfect condition and is exceptionally beautiful. What do you think it's worth?

A: You can sell the bedspread to a dealer or online. Size, condition and design will affect price. An old double-bed size spread, with old thread and old design, might sell for less than $100.

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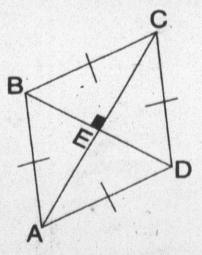
STICKELERS [sic]

by Terry Stickels

Rhombus ABCD has an area of 160 square units. BD = 16 units.

What is the length of CE? CEA is a diagonal, as is BD.



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Strange BUT TRUE

* It was 20th-century American author and social critic James Baldwin who made the following sage observation: "Ignorance, allied with power, is the most ferocious enemy justice can have."

* Have you ever wanted to test yourself against international competitors, but you're not an athlete? If so, you might want to check out the WorldSkills Competition. Every two years, competitors from 75 WorldSkills member countries compete to find out who is the best at a variety of skilled trades, ranging from bricklaying, plumbing and cabinetmaking to auto body repair, diemaking and electronics. Personal services contests include hairdressing and restaurant service, while florists and jewelry-makers compete in the creative arts and fashion category. IT folks can get in on the action, too, with awards for skills such as web design, information network cabling and IT software solutions for business.

* The 1926 Warner Brothers film "Don Juan" may hold the record for the most kissing in any movie. It's been calculated that the star, John Barrymore, kisses a woman an average of every 53 seconds throughout the film.

* Those who study such things say than in ancient Maya culture, only men in the upper classes were permitted to grow beards.

* If you're looking for an American-made car, your best bet is ... Tesla? Yep. Tesla is the only car manufacturer that is 100 percent American-made. Other auto manufacturers assemble their vehicles in the United States, but Tesla is the only one that also uses American-made parts in their cars.

***

Thought for the Day: "Don't be seduced into thinking that that which does not make a profit is without value." -- Arthur Miller

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Now here's a tip!

by Jo Ann Derson

* "I buy gifts all year long and save them in a closet until the holidays, when I get them out and have festive fun while wrapping. As a matter of fact, I buy my cards after Christmas, too -- on sale. I get them out and start writing the day after Thanksgiving instead of shopping." -- M.E. in Minnesota

* "I have a gorgeous metal tray that I like very much but didn't have counter space for in my kitchen. My husband attached it to the wall with a screw and found some lovely magnets. I use it to hold recipe cards when I'm cooking or planning to cook. It is wonderful." -- A.A. in Arizona

* When the family shops together, the kids become more invested in making good nutritional decisions. Talk about healthy choices before you go and while you're making your lists. Then break down the nutritional labels together to make the best choice.

* Make your own moth repellent by mixing whole cloves, ground cinnamon and black peppercorns. Wrap in cheesecloth and secure with ribbon. Hang in a closet or tuck in a drawer as you would a sachet.

* For a refreshing and really good-smelling hair treatment, mix a quarter cup each of honey and ground cinnamon. Rub into hair at the scalp only, and then shampoo as normal.

* Your kitchen sponge sees a lot of action in the sink -- sometimes too much. Be sure to replace the sponge when it gets worn or smells bad -- weekly if you're the type who leaves it sitting in the sink drenched in bacteria-loving dishwater. Try cutting sponges in half or in thirds to make them last longer.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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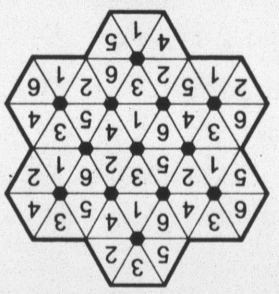
SNOWFLAKES solution



Go Figure! answers

	12		9		12
11	8	+	3	÷	9
	−		×		−
10	4	−	2	×	7
	×		+		×
10	5	×	1	−	3

Stickelers Answer

CE = 10 units. The area of a rhombus is 1/2 the product of its diagonals. So, 160 = 1/2(16 times X). X = 20. But the diagonals of a rhombus form perpendicular bisectors, so 20/2 = 10 = CE.

CLASSIFIEDS

HELP WANTED

FEMALE DRIVER NEEDED
Temporarily, ASAP
Hanover Area
2-4 Days a Week - 2 hrs a day
For Senior Female
COMP. PAY
781-243-0372
Leave Message 11/9

SERVICES

T & M Landscape Co.
Fall Cleanups
Free Estimates
617-733-4554
~ Affordable Rates ~ 12/14

SERVICES

IMAGE LANDSCAPING
We are committed to your property
We clean IT
Trim IT
Remove IT
Fall Cleanups!
QUALITY WORKMANSHIP FOR ALL YOUR LANDSCAPING NEEDS
617-471-0044 TF

SERVICES

SAVE
Budget Fuel
Fuel Assistance
Senior Discount
Full Service
617-328-4063 TF

PAINTING BY PROFESSIONAL
Interior & Exterior
Powerwashing & Carpentry
All Types of House Repairs
Reasonable Price
Small Jobs Welcome TF
Leave Message 781-267-9913

SERVICES

HTA
Hancock T.V. & Appliance
Sales, Service, Parts & Installation
Since 1945
(617) 472-1710
115 Franklin Street, Quincy, MA
hancocktvandappliance.com

HALLS FOR RENT

MORRISETTE LEGION POST
81-83 Liberty St., Quincy
Function Hall Available
Call for Details 617-770-4876
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After Funeral Gatherings TF

DRIVERS WANTED

Drivers: LOCAL, Home Daily!
$24.50/hour
Excellent Comprehensive Benefits
Unlimited Driver Referral Program
2 yrs CDL A experience required
Gopenske.com/drivers, Job # 1709350
Or call 877-212-8703 11/9

DG'S YARD MAINTENANCE

- LAWN MOWING
- Mulching, Weeding & Edging
- Small Tree Removal
- Hedge & Shrub
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Serious about Service... Reasonable Rates

CLEAN-UPS
617-786-9558...FREE ESTIMATES

HELP WANTED

Warehouse/NON CDL Driver

P.J. Kennedy a Dorchester based Mechanical Contractor has an opening for the following job requirements:

- Operate a 24' rack body truck.
- Utilize a forklift to load and unload cargo.
- General warehouse, vehicle and yard maintenance to include cleaning.
- Candidate must had a clean driving record and be a team player.

Please send resumes to jobs@pjkennedy.com Please No Phone Calls. 11/9

SERVICES

THOMAS C. SWEENEY
Smaller Jobs a Specialty
53 Years Experience
Carpentry, Siding, Painting, Porches
Viny/Windows, Doors
Roofing, Decking, Steps
License #1373 Free Estimates
Reliable
617-825-1210
References 1/18

SERVICES

FOR HIRE
Garages, Decks
Torn Down
Rubbish Piles
Moorings Moved
or Me with Dump & Liftgate or 18ft Box Truck
$75/hr.
"Your Trash is my Ca$h"
(617)479-5410 11/30

SNOW REMOVAL

Driveways Plowed
617-471-8216 1/25

J.F. ROOFING CO.

Quincy, MA
·Shingles
·Rubber
·Slate
·Copper
·Vinyl Replacement Windows
(617)471-8216 11/1

DERRICKS PAINTING

Interior/Exterior
Gutter Cleaning & Repair
Rotting Wood Repair
Professional Window Cleaning
617-851-1688
Lic./Ins. 12/28

CLEANING SERVICE

Houses & Apartments
10 Years of Experience
- References Available -
Call Dirlene
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Long Distance Airport, R/T
Non-Smoking, All Weather SUV
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CARANDDRIVERFORHIRE@AOL.COM 1/4

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OLD HAND TOOLS & BOOKS WANTED
Planes, chisels, adzes, shaves, machinist, and sheetmetal tools, calipers, clamps, anvils, vises.
USEFUL TOOLS, ALL TRADES.
New England history books
Collections: old postcards, toys, military, fishing & old auto items
LIBERTY TOOL CO.
888-405-2007
Davistownmuseum.org
www.jonesport-wood.com TF

FOR SALE

2005 Toyota LXE
1 Owner
Clean Toyota Service Record
137K miles 4 cyl. Auto
$4800
617-750-5087 11/9

HAYWARD E50 POOL FILTER FOR ABOVE GROUND AND PUMP
USED 3 MONTHS $200
617-331-7060 11/9

MISCELLANEOUS

HELP WANTED-SALES
Caption: EARN $500 A DAY (SALES) Final Expense Insurance • Exclusive Leads • Local Training/ Support • Everyday is Payday • Agent Health/Dental Benefits • Incentive Trips CALL 860-357-6904 www.fhginsurance.com

MISCELLANEOUS
SAWMILLS from only $4397.00 MAKE & SAVE MONEY with your own bandmill Cut lumber any dimension. In stock ready to ship! FREE Info/DVD: www.Norwood-Sawmills.com 1-800-578-1363 Ext.300N

CHURCH FAIR

Church Fair
November 18th from 10 to 3
Corner of Darrow St. & Manet Ave., Houghs Neck
Baked Goods, Crafts & more 11/9

ANIMAL SHELTER

QUINCY ANIMAL SHELTER
56 Broad Street, Quincy • 617-376-1349
quincyanimalshelter.org

IN-SHELTER ADOPTION HOURS
TUESDAYS & THURSDAYS 6:00 to 8:00 pm
SATURDAYS 10 am - 4 pm

Adoption fees include initial vaccinations and Spay/Neuter as needed.
New volunteers always welcomed.

FOR LOST or FOUND ANIMALS call ANIMAL CONTROL at 617-376-1364

AVAILABLE DOGS
Jazz: female, pit bull puppy
Lena: 3, female, pit bull mix
Sophie: 3, female, Shih Tzu

AVAILABLE CATS
Kiddee: 8, female, tabby
Tyler: 10, male, tabby
Nicky & Simba: 7 mos., males, black
Toto: 7, female, tortie

FOR RENT

Large Quincy Point 3 BR, with living room, modern kitchen and bathroom. Walk to bus. Heat and h/w included. $1,500
617-594-4528 TF

PERSONAL

God Bless Quincy, Massachusetts, the U.S.A. and the whole world! 11/9

Happy Birthday Rowan & Georgia 11/9

Happy Fifth Birthday Lucas and Dad too, Happy Birthday Jason 11/9

Please please yourself, dear. There's a Coach bag just for you. Nothing else will do. Happy Birthday Love, Ma 11/9

The Quincy Sun CLASSIFIED AD FORM

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169
PAYABLE IN ADVANCE. Payment must accompany order.

INDEX
- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
- ❑ Personal
- ❑ Miscellaneous

NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION. DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

RATES

1 WEEK ❑ $9.00 for one insertion, up to 20 words, 10¢ for each additional word.

2-4 WEEKS ❑ $8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.

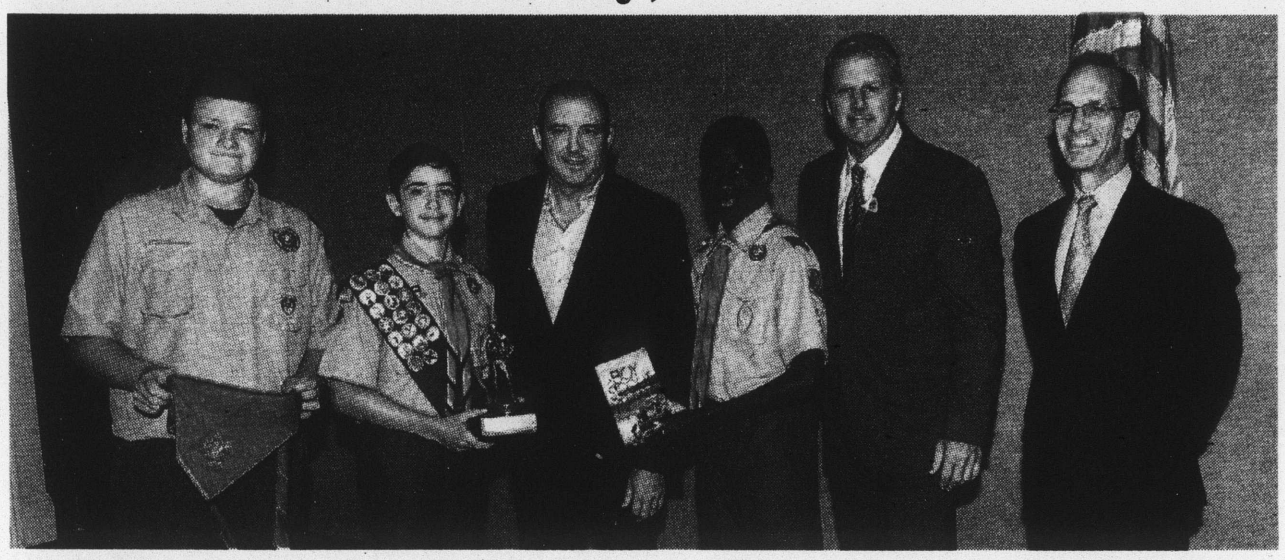
5-10 WEEKS ❑ $7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word.

11 WEEKS OR MORE ❑ $7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.

❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

Lee Michael Kennedy, Ed Keohane Good Scout Award Recipients

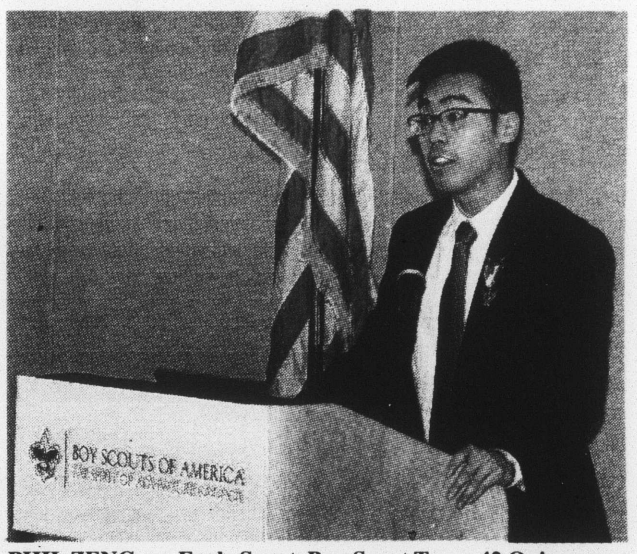


LEE MICHAEL KENNEDY, third from left, CEO of Lee Kennedy Company, a full service construction firm, was one of two community leaders recently honored at the 24th annual Quincy Mayor's Good Scout Breakfast at the Granite Links Golf Club. Kennedy and another Quincy leader, Edward Keohane, received the Good Scout award in recognition of unselfish service to others on an individual and community basis. The award honors a leader, company or civic group who has made a significant contribution to his or her community and has given of themselves to the benefit of youth. Presenting Kennedy's award (from left) are Anthony Morabito, Life Rank Scout in Boy Scout Troop 42; Iain Gillespie, Star Rank Scout in Boy Scout Troop 42; Kennedy, Kofi Fordjour, 2nd Class Rank Scout in Boy Scout Troop 42; Tim Cahill, president of Quincy Chamber of Commerce; and Chuck Eaton, CEO of Spirit of Adventure Council, BSA.

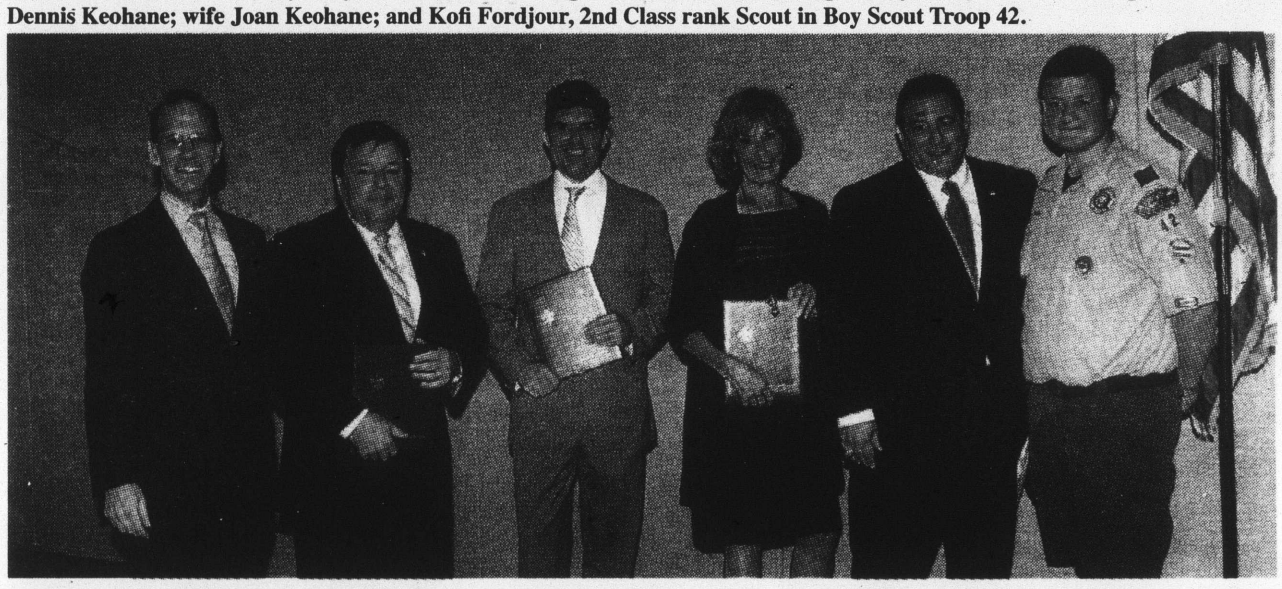
Quincy Sun Photos/Robert Bosworth

KOFI FORDJOUR, 2nd Class Rank Scout in Boy Scout Troop 42, is welcomed to the podium by Boy Scout Breakfast Committee Chairman Anthony Agnitti. Fordjour was among the speakers at the recent breakfast.

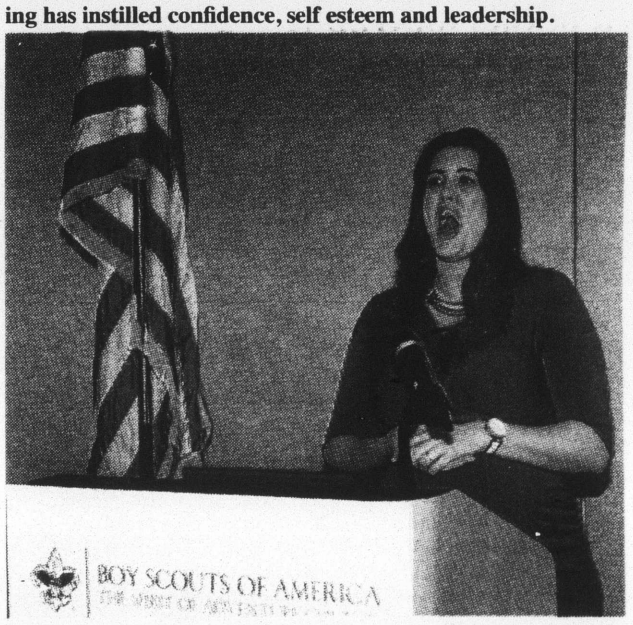
EDWARD KEOHANE (second from right), chairman of the Keohane Funeral Homes, is presented with the Good Scout Award at the 24th annual Quincy Mayor's Boy Scout Breakfast. From left: Tony Agnitti, chairman, Boy Scout Committee; Keohane's son, John Keohane; Annie Ly, 1st year Scout in Venturing Crew 42; Akima Khuong – 3rd year Scout in Venturing Crew 42; son Dennis Keohane; wife Joan Keohane; and Kofi Fordjour, 2nd Class rank Scout in Boy Scout Troop 42.



PHIL ZENG, an Eagle Scout, Boy Scout Troop 42 Quincy, was also a student speaker at this year's Boy Scout Breakfast. Zeng and fellow Boy Scout Kofi Fordjour told the crowd how scouting has instilled confidence, self esteem and leadership.



SEVERAL MEMBERS OF the Quincy Boy Scout Breakfast Committee were recognized for helping to make this year's breakfast a success. Honored were (second from left) Mayor Thomas Koch, Tom O'Connell and Maralin Manning. Making the presentation are (from left) Chuck Eaton, CEO of Spirit of Adventure Council, BSA; Tony Agnitti, Agnitti Insurance Agency and committee chairman; and Anthony Morabito, Life Rank Scout in Boy Scout Troop 42.



GRAMMY-AWARD NOMINATED Soprano Chelsea Basler sings "God Bless America" at the 24th annual Quincy Mayor's Boy Scout Breakfast held recently at Granite Links Golf Club.

PAST RECIPIENTS of the Mayor's Good Scout Award join this year's award winners at the recent breakfast. Seated from left: Anthony Agnitti, Michael McFarland, George Burke and Mayor Thomas Koch; standing (from left) Tim Cahill, Chuck Phelan, Edward Keohane, Lee Michael Kennedy, Stephen Wessling, Peter Forman and Don Uvanitte.

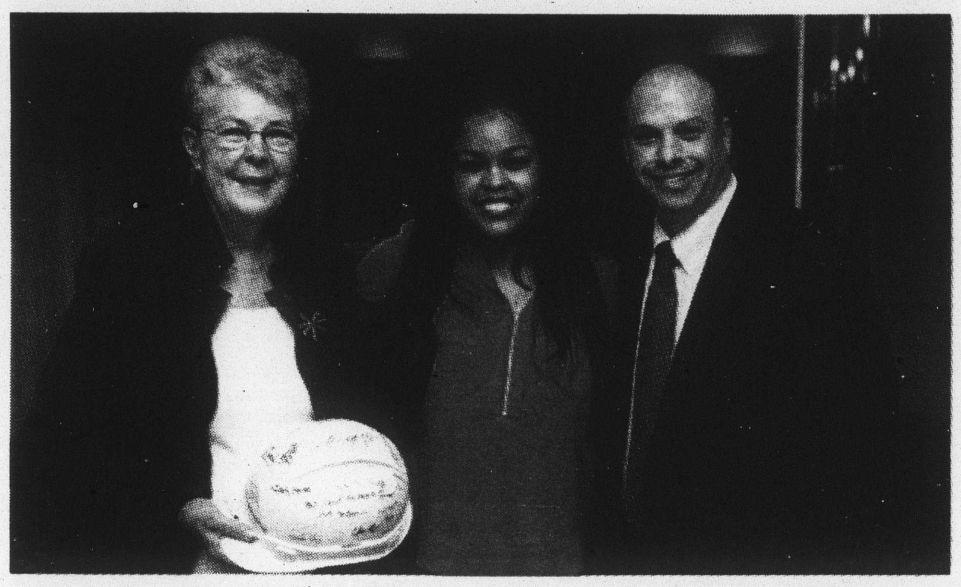
MEMBERS OF THE Boy Scout Breakfast Committee attending this year's breakfast included (seated from left) Sara Little, Maralin Manning and Brilene Faherty. Standing (from left) Mark Carey, Tim Cahill, Tony Agnitti, Chuck Phelan, Ryan Barrett, John Keohane and Mike Feenan.

Fr. Bill's Hosts Workforce Development Career Fair

Father Bill's & MainSpring (FBMS), a 501(c)(3) non-profit organization dedicated to ending homelessness in Southern Massachusetts, recently hosted its Workforce Development Career Fair and Celebration at The Lantana in Randolph.

The event highlighted the vital roles that the agency's job-training and employment-assistance programs play in helping shelter guests end their homelessness and get back on a pathway to self-sufficiency.

Approximately 175 people attended the event, including program participants, program funders, FBMS employees, and representatives from more than 30 local businesses. FBMS offered transportation, onsite childcare, and professional attire to participants, allowing them to network with employers — such as Amazon, The Home Depot, and Citizens Bank — during the career fair.



SUE BEATON (left) representing The Paul and Phyllis Fireman Charitable Foundation, Lenira Andrade (center), an estimator for NEI General Contracting of Randolph, and Father Bill's & MainSpring (FBMS) President & CEO John Yazwinski share a moment during the homeless-service agency's Workforce Development Career Fair & Celebration held recently at The Lantana in Randolph. During the event, FBMS recognized Beaton and the Fireman foundation for their extraordinary contributions to the agency's employment programs, which helped Andrade, a formerly homeless mother, attend college and land her dream job.

"The event brought together some of the wonderful people who help make our employment programs such a vital resource for the men and women experiencing homelessness, many of whom are going through the most difficult periods of their lives," John Yazwinski, Father Bill's & MainSpring President & CEO, said. "Our program participants are eager to find jobs, but they must overcome barriers such as transportation, affordable childcare, job skills, or health problems in order to get hired and provide a stable home for themselves and their families."

DANA SPENCER, a participant in Father Bill's & MainSpring's (FBMS) WorkExpress job-training program, speaks with a representative from The Home Depot in Quincy during the homeless-service agency's Workforce Development Career Fair & Celebration at The Lantana in Randolph.

Despite a steady reduction in government funding for job-training programs, FBMS' three employment programs (WorkExpress, FoodWorks, and WorkReady Family) have helped hundreds of South Shore residents, including veterans, find jobs in recent years, thanks to funding from corporate sponsors, charitable organizations, and individual donations from private citizens.

Formerly homeless shelter guests are now working in a variety of fields, including phlebotomy, nursing, commercial truck driving, and hospital-equipment cleaning. During Thursday's luncheon, the agency recognized one of its many success stories: Lenira Andrade, a formerly homeless mother who bounced back from homelessness, enrolled in college, and is now living her dream of working for an architectural firm in Randolph.

Special guest speakers included: Sue Beaton from The Paul and Phyllis Fireman Charitable Foundation, which launched the Secure Jobs initiative in 2013 that has supported our WorkReady program; Robert Jenkins, executive director of the Brockton Redevelopment Authority, a customer of WorkExpress; and David Palermo of Peak Event Services (formerly Rentals Unlimited), a longtime partner employer.

Beaton, who was recognized at the celebration on behalf of The Paul and Phyllis Fireman Charitable Foundation for their extraordinary contributions, said the Secure Jobs initiative has supported non-profits that have helped approximately 1,600 people across Massachusetts find jobs. Of those, 345 residents went through Father Bill's & MainSpring programs.

"Father Bill's is always leading the pack," Beaton said.

www.roxiesofquincy.com
479 Southern Artery
Quincy, MA 02169
617.773.3700

Roxie's of Quincy

Gift Cards Available
Mon. - Fri. 7 am - 9 pm
Sat. 6 am - 9 pm
Sun. 10 am - 6 pm

Prices Effective Wed 11/8/17 - Sun 11/12/17 We accept Credit, EBT, ATM and Debit Cards

Boneless Skinless Chicken Breast $1.69 lb.
Whole Sirloin Strip $4.99 lb.
Chicken Leg Quarters $.69 lb.
Beef Tenderlion Roasts $7.99 lb. ~no charge to cut into filet mignon~
Whole Boneless Beef Shell Sirloin Great for Tips! $3.99 lb.
3 Pack Romaine Hearts $1.99

chicken
Turkey Tips $2.99 lb.
Chicken Breast Tenders $2.99 lb.
Chicken Thighs or Drumsticks $.88 lb.
Roxie's Thin Sliced Chicken Cutlets $2.99 lb.

beef
Back Rump Roast $3.19 lb.
Roxie's Lean Shaved Steak $4.99 lb.
Roxie's 75% Lean All Beef Hamburg $2.99 lb.
Ground Fresh Daily
Bottom Round Roast $2.99 lb.

delicatessen
Dietz & Watson Teriyaki Chicken Breast $6.99 lb.
Sliced to Order Smithfield Lean Boiled Ham $3.79 lb.
Sliced to Order Smithfield Baked Ham $3.99 lb.
Sliced to Order Smithfield Honey Ham $3.99 lb.
Sliced to Order Butterball Honey Smoked Turkey Breast $5.99 lb.
Caradonna Private Stock Oven Roasted Turkey Breast $5.99 lb.
Dietz & Watson Peppered Turkey Breast $6.99 lb.
Sliced to Order Pearl Beef Salami $4.99 lb.
Sliced to Order Pearl Roast Beef $6.99 lb.
Pearl Sliced Pastrami $7.99 lb.
Sliced to Order Carolina Turkey Breast $2.49 lb.
Sliced to Order Land O'Lakes Cheese – Low Salt, Swiss, Muenster, Hot Pepper, Mozzarella, 4 Cheese Italian Blend $4.99 lb.
Sliced to Order Alpine Lace Swiss Cheese $5.99 lb.
Sliced to Order Hillview American Cheese $3.99 lb.
Roxie's Ham Salad $2.99 lb.
Roxie's Seafood Salad $3.99 lb.
Boston Gourmet Potato Salad, Cole Slaw or Macaroni Salad $1.99 lb.

pork
Whole Boneless Center Cut Pork Loin $1.99 lb.
Lean Sirloin Pork Cutlets $1.99 lb.
Ground Pork Family Pack $1.99 lb.
Roxie's Homemade Sweet or Hot Italian Sausage $2.99 lb.
Lean Sirloin Pork Tips $1.89 lb.
Family Pack Country Style Spareribs $1.49 lb.
Fresh Pork Spareribs $1.99 lb.

fish
Fresh Swordfish Steak $6.99 lb.
2 lb. Bag Extra Large EZ Peel Shrimp 21-25 ct. $13.99
12 Pack Fish Cakes $3.99
Fresh Filet of Haddock $4.99 lb.

vegetables
5 lb. Bag Eastern Potatoes 2/$5.00
5 lb. Bag Idaho or Red Bliss Potatoes $2.99
Red Onion $.99 lb.
10 oz. Pkg. Mushrooms $1.39
8 oz. Pkg. Sliced Mushrooms $1.39
1 lb. Pkg. Mini Carrots $.99 ea.
5 lb. Bag Carrots $1.99
Cucumbers 2/$1.00
Avocados 2/$3.00
9 oz. Bag Spinach $1.99
Sweet Onions $.99 lb.
Peeled and Cleaned Butternut Squash $1.49 lb.
Zucchini or Summer Squash $.99 lb.

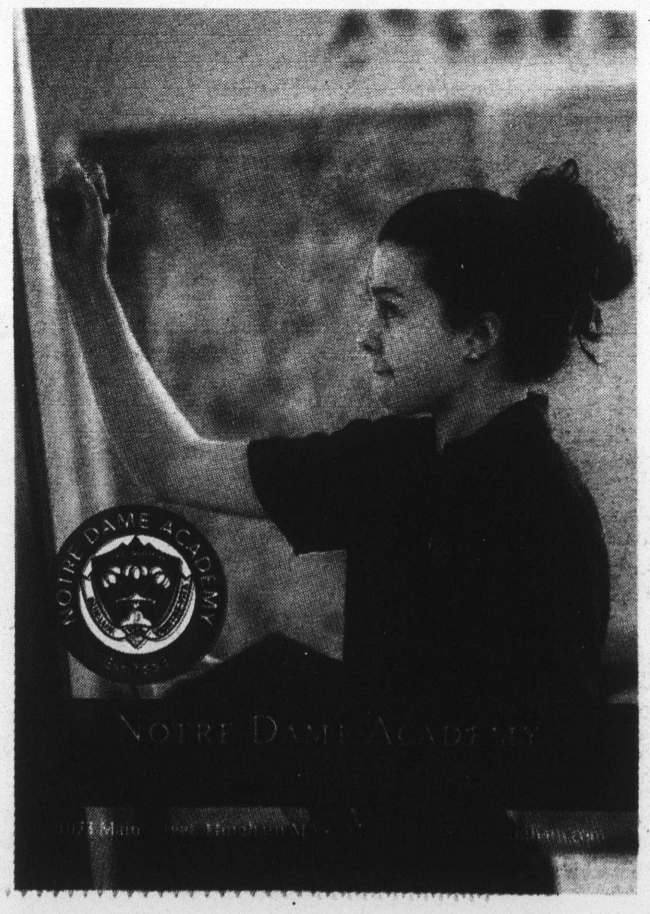
fruit
Bananas $.39 lb.
3 lb. Bag Macintosh Apples $2.99
Red Seedless Grapes $1.99 lb.
Red Delicious Apples $.99 lb.
Pineapples $1.99
1 lb. Pkg. Driscoll Strawberries 2/$5.00

5 lb. Bag Ice 99¢

self serve deli case
12 oz. Pkg. Bar-S Franks $.99
5 lb. Pkg. Pearl Kountry Klub Beef Franks $23.95
Hillshire Kielbasa Pkg. $3.69
2.5 lb. Pkg. Deutschmacher Cello German Franks $10.99
2.5 lb. Box Kayem Natural Casing Franks $10.99
3 lb. Pkg. Land O Lakes Sliced American Cheese $12.95

FREE
1 Pkg. Roxie's Famous Italian Sausage
with this coupon and a $10 purchase
Limit one per customer
Customer must be present to use this coupon
Coupon must be a printed copy
Good from 11/8/17 to 11/14/17 • May be combined with all coupons

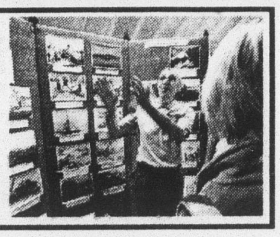
Not responsible for typographical errors. Quantity rights reserved.



Stephen McGrath Student Center Dedicated - *Page 2*

Middle School X-Country Title Meet - *Pages 22-24*

Quarry, Granite Workers Museum Opens - *Page 12*



2 **********CAR-RT LOT**C-004
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40 WASHINGTON ST
QUINCY MA 02169-5304

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 50 No. 9 | Thursday, November 16, 2017 | $1.00

★ Salute To Service On Veterans Day ★

QUINCY VETERANS DAY ceremony Nov. 11 included the traditional presentation of two wreaths at the World War I "Doughboy" statue outside the Adams Academy. The Yellow Wreath honors all Gold Star mothers/families and the red-white-and-blue wreath commemorates all veterans who have served this nation. Pausing after placing the wreaths are (from left) Daniel Tinney, commander, Quincy Veterans Council; George Bouchard, Quincy Veterans Services Graves Registration officer; Rev. John (Jack) Swanson, chaplain, Quincy Veterans Council; and Gold Star Mother Angela Durkin. Durkin's daughter, Ciara, an Army National Guard soldier, died Sept. 28, 2007 while serving in Afghanistan. More Veterans Day coverage begins Page 4.

Quincy Sun Photos/Robert Bosworth

LOCAL KOREAN WAR veterans were honored at the Veterans Day observance Nov. 11 and presented a Challenge Coin and mayoral proclamation in recognition of their military service. Here John (Butch) Mahoney, a Korean War veteran who was instrumental in the establishment of the Korean War Monument at the corner of Hancock Street and Merrymount Parkway, receives his coin and proclamation from Quincy Veterans Services Director George Nicholson (right) and Mayor Thomas Koch (center.)

Alternative Parking Plan Still In Works

Hancock Lot Closing Early Next Year For Construction

By SCOTT JACKSON

City officials are in the process of finding alternative parking arrangements for those who currently use the Hancock Lot, which is slated to close early next year for construction of two mixed-use developments and a municipal garage, but are confident a plan will be in place before the facility shuts down.

William Geary, Mayor Thomas Koch's special counsel for downtown development, provided an update on the plans for the lot at Monday night's City Council meeting. The council contemplated – and ultimately approved – four items related to the development of the Hancock Lot during the meeting.

Preliminary work on one project, LBC Partners' 171-unit Nova Residences, has already begun in the 1500 block of Hancock Street, where a new stormwater drain is being installed. The Hancock Lot will close around March 1, Geary said, when Peter O'Connell begins constructing his 124-unit Chestnut Place project

Cont'd On Page 15

FY2018 Property Assessments Available At City Hall, Online

The Board of Assessors has conducted a comprehensive reassessment of all classes of properties in the City of Quincy as mandated by the Massachusetts Department of Revenue.

The D.O.R has granted the Quincy Assessors preliminary certification of the Fiscal Year 2018 assessments. The Assessors are required to hold a Public Disclosure prior to final certification by the Bureau of Local Assessment.

This disclosure is intended to inform property owners of the current assessments for Fiscal Year 2018

The Public Disclosure – which began Nov. 9 and continues through today (Thursday), Nov. 16 – is being conducted at the Office of the Board of Assessors at Quincy City Hall, 1305 Hancock St. during normal business hours. Business hours are 8:30 a.m. to 4:30 p.m. Monday through Friday.

For the convenience of taxpayers, the preliminary certified values will be available for viewing on the City's Website under Assessors Department > Assessors Property Viewer.

The Assessors staff will be available in their office to review and discuss proposed values during the disclosure period. Any questions pertaining to this disclosure may be directed to the Assessor's Office at (617)-376-1170.

Parade In Memory Of Paul Kennedy, Sr. - *Page 3*
Dr. Newton John Cochran Grand Marshal - *Page 19*
The Rise Of HPV Infection - Health Message - *Page 9*

More Quincy news:
The Quincy Sun.com

Stephen McGrath Student Center Dedicated At AWHS

The late Stephen J. McGrath, a former Quincy city official and lifelong Quincy resident, was recently honored by family, friends and his high school alma mater at the dedication of a new student center bearing his name at Archbishop Williams High School.

"Steve was an empathetic listener, a skilled advocate, trusted adviser, a principled fiduciary, and a dedicated and selfless representative," said Dennis Duggan, president of Archbishop Williams at the ceremony. "He was a mentor to many and a role model and inspiration to more people than he would ever know."

The college-styled flexible use facility, which opened with the start of classes in September, serves primarily as the school's cafeteria. It features cushioned booths, high top and standard height tables and chairs, carpeting, sound-proof ceilings, a state-of-the art speaker and projection system, and plugs and connections for laptops, iPads, and cellphones at each stationary table. The center can also be used for formal dining, large meetings, reunions, retreats, project space, before and after school studies, and dances. A key feature of the facility is a wall-length mural including thousands of photographs displaying the history of the school from its opening in 1949 until spring 2017.

FAMILY AND FRIENDS of the late Stephen J. McGrath prepare for the dedication ceremony of the new college-styled student center at Archbishop Williams High School which was dedicated in McGrath's name on Nov. 5. McGrath was a long-time Quincy public official and a director of development at AWHS. From left: McGrath's sister-in-law Penny Manners, sister Pat McGrath, wife Jane Madden McGrath, brother and sister-in-law and center donors David and Molly McGrath, and Archbishop Williams High School President Dennis Duggan. *Photo Courtesy Archbishop Williams High School*

McGrath, a member of the class of 1971, and later the school's director of development, was a longtime Quincy city official, serving as a city councillor, council president, city solicitor, special counsel to the president of Quincy College, and director of human resources for the city until his death in 2013.

The center was donated by McGrath's brother and sister-in-law, David and Molly McGrath. Joining approximately 80 guests were McGrath's wife Jane Madden McGrath, sister Patricia McGrath, sister-in-law Penny Manners, and mother-in-law Anna Madden.

The new facility is the latest infrastructure improvement completed at the school which during the last year included a new state-of-the art science lab, athletic and training center, amphitheater, outside classroom, and renovated classrooms, music, art and performance rooms.

COA Christmas Luncheon Dec. 1

The Quincy Council on Aging will celebrate the Christmas season Friday, Dec. 1 at the Kennedy Center.

Lunch will be served at 12:30 p.m. followed by entertainment by the Senior Tones. There will also be door prizes.

Tickets are $10 and can be purchased at the Kennedy Center. For more information please call the Kennedy Center at (617) 376-1506.

Blood Drive At Sons Of Italy Nov. 27

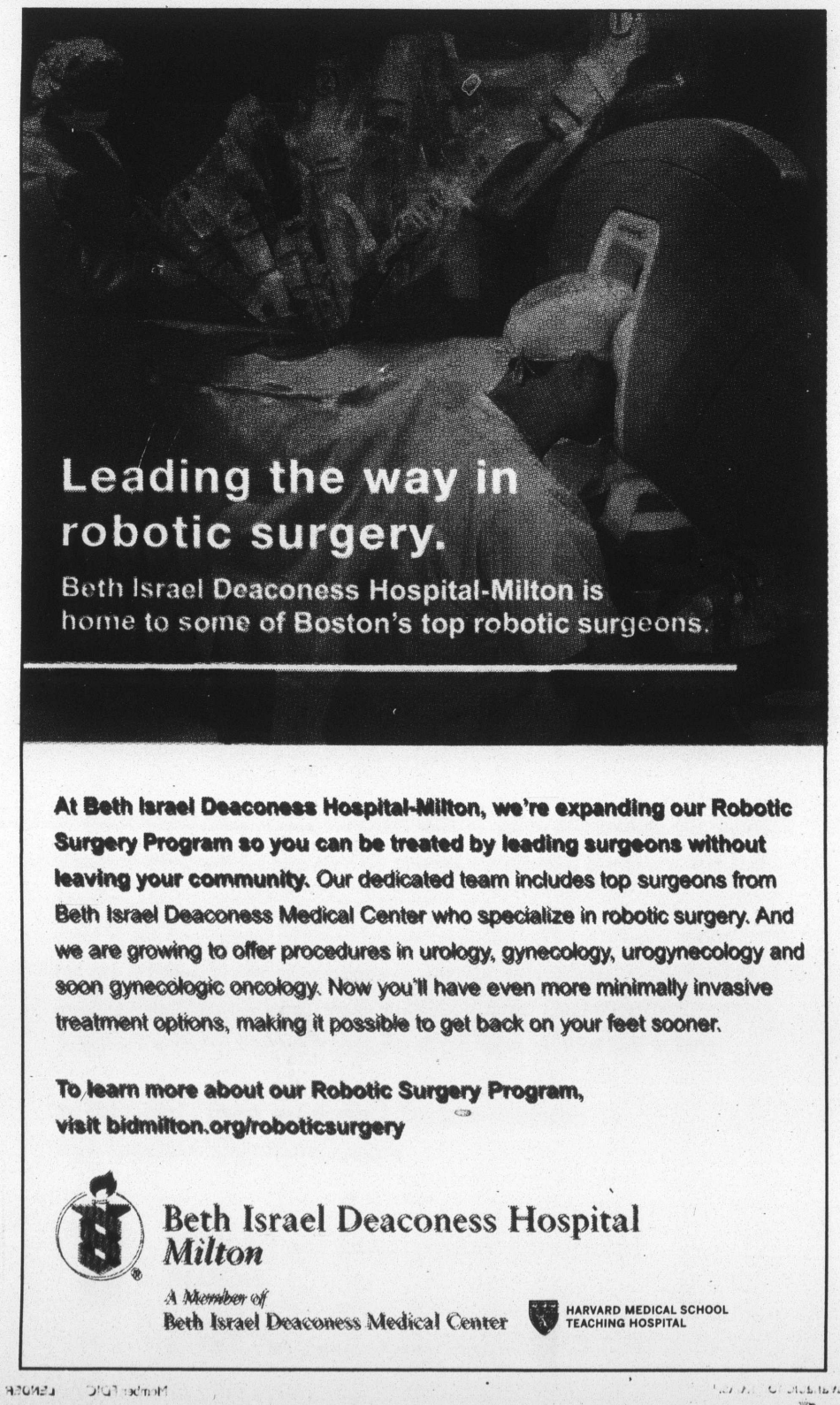
The American Red Cross encourages people to share their good health this holiday season by donating blood for patients in need.

A blood drive will take place in Quincy on Monday, Nov. 27 from 1 to 7 p.m. at the Quincy Sons of Italy, 120 Quarry St.

A decline in donations occurs from Thanksgiving to New Year's Day when donors are busy with holiday activities and travel. However, patients don't get a holiday break from needing lifesaving transfusions. In fact, every two seconds, someone in the U.S. needs blood.

By giving blood or platelets, donors may give patients more time – and more holidays – with loved ones.

Make an appointment to give blood by downloading the free Red Cross Blood Donor App, visiting redcrossblood.org or calling 1-800-RED CROSS (1-800-733-2767).



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'Tis the Season...
Symphony & Song!

Celebrate the sounds of the holiday season with the

Quincy Symphony Orchestra
Quincy Public Schools Combined High School Choral Group
and
John Adams Orchestra

Monday, December 11, 2017
Quincy High School
Lloyd Hill Performing Arts Center
7:00 P.M.

General Admission: $20.00
Tickets may be purchased at both North Quincy High and Quincy High School

Dinner, Performance and VIP Seating: $40.00
A 3 course dinner will be served at Presidents Cafe (located in Quincy High School) prior to the evening performance. Dinner seating will begin at 5:00 p.m. Dinner/Performance tickets must be purchased at Quincy Public Schools, 34 Coddington Street, Quincy, MA 02169 by Tuesday, December 5, 2017. Seating is limited. For additional information please call (617) 984-8731.

Christmas Parade In Memory Of Paul E. Kennedy, Sr.

In Honor Of Two Decades Of Volunteer Service To Parade

Newton John Cochran, M.D. Parade Grand Marshal - Page 19

The City of Quincy Christmas Festivial Committee announces that the 65th edition of the Quincy Christmas Parade will be dedicated to Paul E. Kennedy Sr. to honor his more than two decades of volunteer service to the parade.

Mr. Kennedy passed away unexpectedly in August of this year. In dedicating the parade in his memory, the committee noted that as a resident of Quincy for 45 five years, Mr. Kennedy was actively involved in a number of community organizations. He took great pride in his role of organizing the handmade floats constructed by non-profits and school groups each year of the parade.

Each year he started with an annual meeting to select the parade theme, an important process for designing and building each float. Paul then spent hours of his time encouraging and advising all the groups during the float building process. On parade day he was up at dawn to coordinate the judging and sending the floats down the street to the delight of thousands. His parade day was not over until he presided over the awards ceremony and presented the awards for best float in multiple categories at a ceremony at North Quincy High School.

Dedicated to his family he would often involve his children each Thanksgiving weekend as his whole family gave their time willingly for this great Quincy tradition. His daughter Christine has been a longtime volunteer judging the many floats and will continue in that role for this year's parade.

The 65th Annual Christmas Festival will begin on Friday, Nov. 24th at 5 p.m. with the tree lighting ceremony to be held on the lawn of the Thomas Crane Public Library.

The annual arrival of Santa by parachute will be at 12:30 p.m. on Saturday, Nov. 25th at Pageant Field, Merrymount Park.

The 65th annual parade will take place Sunday, Nov. 26 with a step off at 12:30 p.m. from Hancock Street at Hannon Parkway and proceeding three miles down Hancock Street to North Quincy High School.

A RIBBON CUTTING ceremony marked the recent opening of the Quincy Quarry and Granite Workers Museum on Quarry Lane, off Ricciuti Drive, West Quincy. On hand were (from left), Tim Cahill, executive director of Quincy Chamber of Commerce; musuem President Al Bina, Quincy Historical Society President Ed Fitzgerald, historian Tom Bonani, Mayor Tom Koch, Ward 1 Councillor and Quincy Chamber of Commerce Vice President Margaret Laforest and Walter Hannon III of Quarry Hills. Story, more photos Page 12. *Quincy Sun Photo/Tom Gorman*

Early Deadline For Next Week's Quincy Sun

Because of the Thanksgiving Day holiday, *The Quincy Sun* will be published a day earlier next week, necessitating an early news and advertising deadline. The paper will go to press Monday afternoon and be circulated on Tuesday.

News, socials, church and youth sports releases as well as retail, legal and classified advertising should be in The Sun office, 1372 Hancock St., Quincy Center, by noon tomorrow (Friday) for the Wednesday, Nov. 22nd issue.

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Some additional facts: $1000 minimum opening deposit and to obtain stated APY. Annual Percentage Yield (APY) accurate as of 11/01/17 and subject to change. Penalty for early withdrawal. Automatic renewal to the same term at maturity. Personal accounts only. Not available for IRAs.

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Ask the GEMOLOGIST
BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST

FANCY RED DIAMONDS

While fancy colored diamonds are extremely rare, none are more so than red diamonds. Fancy red diamonds, which are on the pink color spectrum, attain their color grading from the Gemological Institute of America. Over the past three decades, more than 1,000 pink diamonds from Rio Tinto's Argyle mine in Western Australia have been offered for sale at invitation-only events. During that time, less than 20 carats of Fancy Red certified diamonds have been sold. Among the most recent offerings was a fancy Red diamond known as the Argyle Everglow, which is a polished, radiant cut diamond weighing 2.11 carats. It is considered to be among the "rarest of the rare" and expected to fetch about $10 million.

If you are thinking about purchasing a diamond of any color, it is clearly in your best interest to enlist the help of someone you can trust to counsel you on the four Cs that determine diamond quality (cut, color, clarity, carat weight). This is exactly what we've been doing at Rogers Jewelry since 1944. We will never pressure you to purchase an item, and we will work within your budget to find the diamond or gift that is exactly right for you. Stop by 1402 Hancock St. in Quincy Center, soon and see what we mean. PH: 617-773-3636.

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LOCAL VETERANS – framed by two North Quincy High School Air Force Junior ROTC students – pause during the singing of the national anthem at Saturday's Veterans Day observance on the grounds of the Adams Academy near the World War I "Doughboy" statue. This year's ceremony included special recognition for Korean War veterans from Quincy.

"MILITARY SERVICE IS a family sacrifice," said Paul Annexstad, commander of the Navy Operational Support Center Quincy in his keynote address at Saturday's Veterans Day observance. "We must never forget the sacrifices of the families of those veterans, particularly those families that have been forced to endure the ultimate sacrifice."

Quincy Sun Photos/Robert Bosworth

'Military Service Is A Family Sacrifice'

Parade, Ceremony, Speakers In 2017 Veterans Day Salute

By SCOTT JACKSON

Quincy residents braved the biting cold Saturday morning as the city paused to pay tribute to its veterans with a parade and solemn ceremony, and special recognition was given to those who fought in the Korean War more than 60 years ago.

Scores of residents lined the streets of Quincy Center along the route of the mile-long Veterans Day parade, which featured veterans' organizations, color guards from the Quincy Fire and Police Departments, and the combined high school marching band, among others. A 45-minute ceremony was held at the end of the parade on the grounds of the Adams Academy, where the Doughboy statue pays tribute to the Quincy residents killed nearly a century ago in World War I.

Paul Annexstad, commander of the Navy Operational Support Center Quincy, was the keynote speaker during the ceremony. Annexstad, who has served in the Navy for 19 years, thanked Quincy and its residents for how they honor and appreciate veterans and active-duty service members.

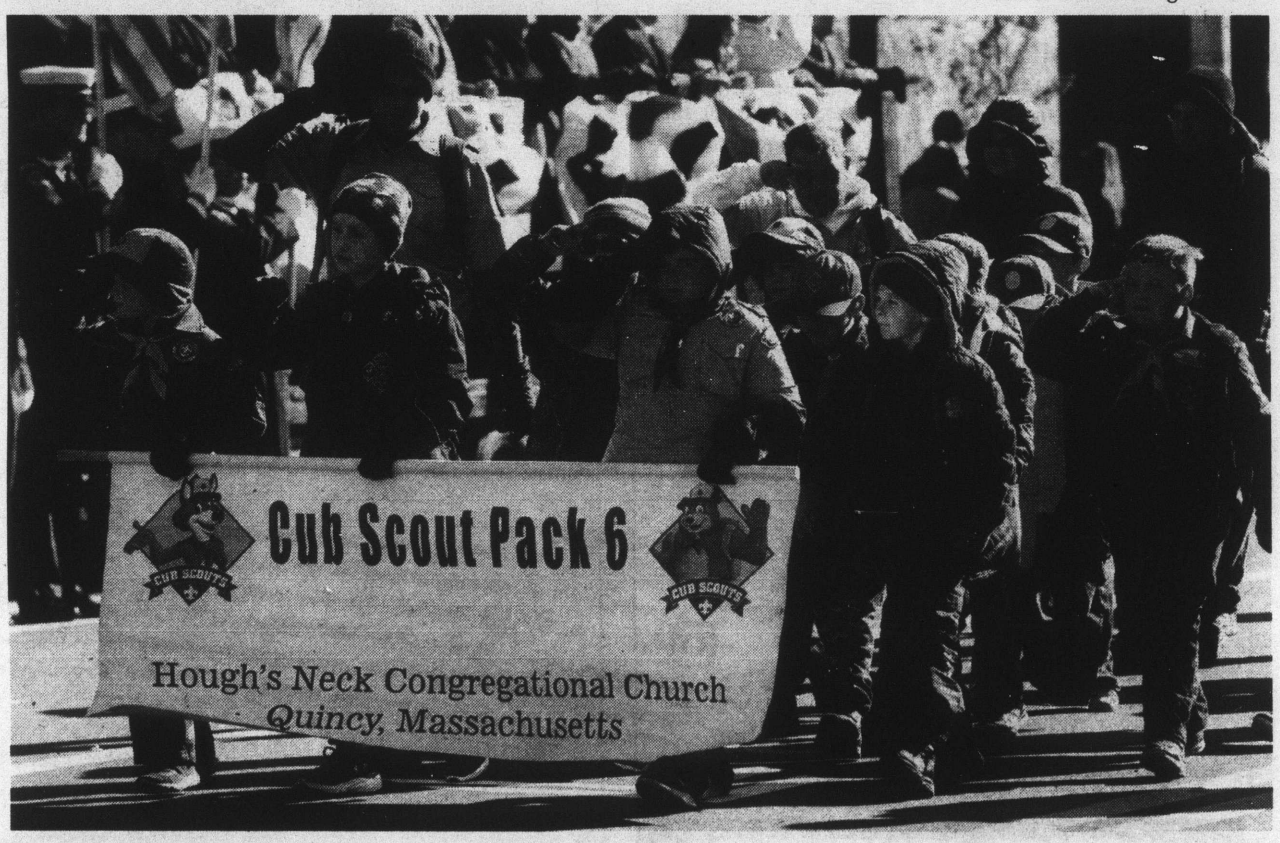
"Over the past 19 years, I've been stationed in five cities across this country. I have never received more appreciation and gratitude than I have from this town," he said. "Everything from the anonymous person paying for a sailor's lunch to the random person who stops me in the grocery store to shake my hand and tell me they appreciate my service.

"Your patriotism remains a constant reminder as to why we serve. Thank you."

Annexstad said the service members honored on Veterans Day hail from many different backgrounds but share the same fundamental values.

"The service members we honor here today came from all walks of life, but

Cont'd On Page 37



CUB SCOUTS from Pack 6, Houghs Neck Congregational Church, Quincy, salute as they march down Hancock Street during Saturday's Veterans Day parade. More photos Pages 20, 21 and online: www.TheQuincySun.com (click galleries).

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

(USPS 453-060)
Published Weekly on Thursday by
The Quincy Sun Publishing Co., Inc.
1372 Hancock St., Quincy, MA 02169

Robert H. Bosworth
Publisher and Editor

Henry W. Bosworth, Jr.
Founder
1968 - 2009

$1.00 per copy newsstand • $32 per year by mail in Quincy
$37 per year by mail outside Quincy • $45 out-of-state

Telephone: 617-471-3100 Fax: 617-472-3963

online at: www.thequincysun.com

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Periodicals postage paid at Boston, MA
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Moments in time

THE HISTORY CHANNEL

• On **Nov. 27, 1095**, Pope Urban II calls on all Christians in Europe to war against Muslims in order to reclaim the Holy Land. Urban's war cry caught fire, and all told, between 60,000 and 100,000 people responded to his call.

• On **Dec. 2, 1777**, Philadelphia housewife and nurse Lydia Darragh single-handedly saves the lives of Gen. George Washington and his Continental Army when she overhears the British planning a surprise attack. Darragh took notes, which she sewed into her coat before passing them onto American troops.

• On **Nov. 30, 1886**, the Folies Bergere in Paris introduces an elaborate revue featuring women in sensational costumes. Some revues featured as many as 40 sets, 1,000 costumes and an off-stage crew of 200. Per tradition, the show's title always contains 13 letters and includes the word "Folie."

• On **Dec. 1, 1913**, Henry Ford installs the first moving assembly line to mass produce an entire automobile, reducing the time it takes to build a car from more than 12 hours to 2 1/2 hours. Ford divided the Model T's assembly into 84 discrete steps and trained each worker to do just one.

• On **Nov. 28, 1925**, the "Grand Ole Opry," a popular showcase for Western music, begins broadcasting live from Nashville, Tennessee. The showcase was originally named "Barn Dance," after a Chicago radio program.

• On **Nov. 29, 1952**, newly elected President Dwight D. Eisenhower goes to Korea to find the key to ending the Korean War. Although he remained mum about his plans, an armistice was signed eight months later.

• On **Dec. 3, 1984**, an explosion at a Union Carbide pesticide plant in Bhopal, India, leads to the worst industrial accident in history. At least 2,000 people died and another 200,000 were injured when toxic gas enveloped the city.

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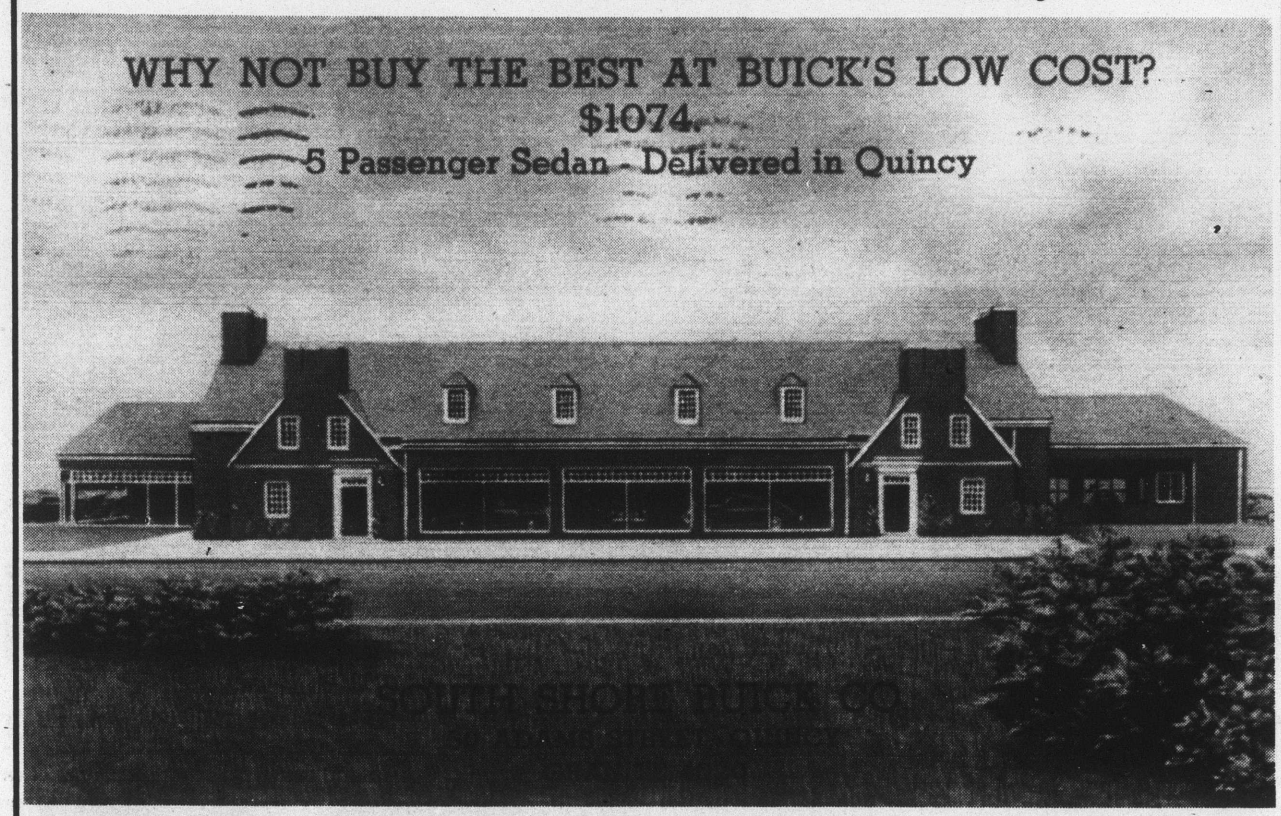
Scenes From Yesterday



THIS POSTCARD was published in 1940 by the South Shore Buick Company to mark the opening of their new building on Adams Street in Quincy Square. Sleek looking new Buicks can be seen in the new showroom windows. Founded in 1923 the company was in business for 86 years when it closed in February 2009. A message on the back of the postcard claims that Buick outsold all other automobiles except the three lowest-priced cars at the time. They were Chevrolet, Ford and Plymouth.

When South Shore Buick closed, Buick's market share had slipped to one percent of U.S. auto sales. Today, Buick makes and sells far more cars in China than in the U.S. and its new Envisions SUV is built in China and exported to the U.S. This old South Shore Buick building is now home to Planet Fitness. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of City Historian Tom Galvin

Now Is The Time To Abolish Medical Device Tax

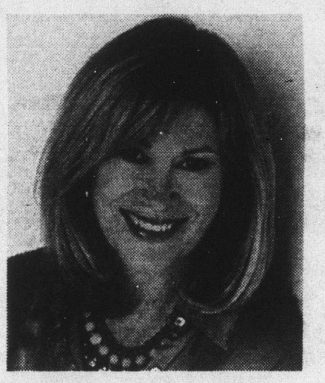
By BETH LINDSTROM
Candidate for U.S. Senate
Guest Editorial

With efforts at tax reform accelerating in Washington, we have an opportunity to make changes that will strengthen the economy and benefit the people of Massachusetts. One such change is the repeal of the Affordable Care Act's excise tax on the sale of medical devices.

This tax targets an industry that is crucial to the Massachusetts economy and that produces a constant stream of life-saving innovations. In our Commonwealth alone, the medical-device industry includes more than 200 firms that directly employ more than 15,000 workers in jobs where the average salary exceeds $100,000. These firms' and workers' activities in turn support countless other local businesses and jobs. But when the tax took effect, the industry stopped growing and started shrinking.

During 2005-10, employment at Massachusetts medical-device companies climbed by 15 percent. It even held steady during the Great Recession. But the Affordable Care Act passed in 2010 and the industry's growth stalled the following year. During 2011-16, employment fell by 9 percent.

The tax has been in and out of effect over that period; it is currently suspended and will resume on January 1. But for innovative technology firms planning investments, what matters are expectations for the future. Short-term starts and stops and freezes and



BETH LINDSTROM

holidays may be business as usual in Washington, but in the business world they are a disaster. The tax's unorthodox structure, targeting total sales rather than net income, makes matters worse by forcing start-ups to pay it from their very first sale, long before they reach profitability. If Congress's goal was to stifle progress in this critical field, it could hardly have done better.

We must also remember the terrible cost that stalled progress will have for patients. The job losses appear first, but over time a smaller medical-device industry with lower levels of investment means fewer breakthroughs and lower-quality products. It means a friend not getting a life-saving diagnosis in time; a surgery that could have granted a loved one a new lease on life, ending instead in tragedy.

To date, I have been disappointed by Senator Warren's failure to offer constructive ideas or seek bipartisan compromise in the tax reform debate. For instance, she signed a letter on August 1 that purported to "lay out key principles for tax reform" but which did not include a single proposal or even indicate a direction she might like to go in; it was merely a list of things she opposes. Further, while Senator Warren has declared herself to "be out there on point" for her party on this issue, her own public statements contain only angry accusations.

We will never be able to achieve progress if our goal is to "throw rocks," as Senator Warren says she likes to do. Rather, members of Congress of both parties have an obligation to offer a positive vision of tax reform for America. She can start by promoting repeal of the medical device tax.

OP ED

There are other opportunities for bipartisan reform. For instance, expansion of the Child Tax Credit is a goal shared across the aisle and one that I believe is critical. Lowering the corporate tax rate has bipartisan support too; or at least it did when President Obama was calling for it. Obviously, paying for these things is a point of contention, but I am confident that compromises are within reach.

Now is the time for Washington to get to work and produce results that will benefit the economy in Massachusetts and all of America.

Beth Lindstrom is seeking the Republican nomination for U.S. Senate in Massachusetts in 2018.

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Quincy's Yesterdays

This Week
1993
24 Years Ago

$1.11 Residential, $1.81 Business Tax Hikes Proposed

Mayor James Sheets has proposed FY 94 Tax Classification rates that would mean increases of $1.11 per $1,000 for residents and $1.81 per $1,000 for business owners, compared to last year's rates.

A public hearing on Sheets' proposed tax rates of $14.57 per $1,000 for residential and $30.58 per $1,000 for C.I.P.P. (commercial, industrial and personal property) will be held Monday, Dec. 6 at 6:30 p.m. in the City Council Chambers in City Hall.

The tax rates, which were unveiled at the last city council meeting, would keep the percentages of Quincy's $78.6 million tax levy the same as last year: 60 percent residential and 40 percent C.I.P.P.

RECOUNT SCHEDULED IN SCHOOL RACE, TO DECIDE CEDRONE OR BARRY IN 3rd SPOT

A school committee election recount requested by two candidates will get underway Thursday morning, Nov. 18, according to City Clerk and Board of Registrars Chairman Joseph Shea,

School Committee woman-elect Christine Cedrone and first runner-up Sean Barry each requested a recount in all six wards in the city.

Cedrone captured the third and final spot in the Nov. 2 school committee election, narrowly defeating Barry by eight votes.

(Editor's note: The results of the recount produced a tie between Cedrone and Barry. The tie vote created a vacancy on the committee to be filled by a joint meeting of the school committee and the city council. At this meeting, Mr. Barry received the majority of the votes cast and was seated as a member of the school committee.)

QUINCYISMS

The Quincy Jewish War Veterans Post #193 presented its annual "Citizen of the Year" Award to **Robert LaFleur** for his years of service to the community and the elderly… Colonial Federal Savings and Loan Association were offering: "Two-Year, New Car, Auto Loans, Annual Rate of 5.99%"… The Quincy Sun Sunbeams column was suggesting that you might see another **Bellotti** name on the statewide ballot. The column noted that **Peter Bellotti**, son of former **Lt. Governor** and **Attorney General Francis X. Bellotti**, was seriously considering a run for secretary of state in 1994… The Quincy High Class of 1968 was planning to hold its 25th anniversary reunion on Saturday, Nov. 27 at 8 p.m. at Lantana in Randolph… The Quincy Art Association, 26 High School Ave, was offering several holiday workshops during the months of November and December… **Christine Carroll**, a senior at Salve Regina University, and daughter of William and Angela Carroll of Quincy, was a member of the cast in the Theater Department's production of Patrick Hamilton's "Gaslight"… The annual Christmas Fair sponsored by St. Ann's of Wollaston, was scheduled for Saturday, Nov. 27 from 10 a.m. to 5 p.m.... Beth Israel Synagogue, 33 Grafton St., Quincy Point, celebrated its 75th anniversary at a ceremony held at Temple Beth Am in Randolph. The building is the oldest orthodox synagogue on the South Shore… The Quincy Sun was accepting nominations for the 1993 "Citizen of the Year Award"… **Joe Finn**, director of **Father Bill's Place**, was scheduled to be the guest speaker at the Inter-Church Council's Thanksgiving Service for the churches of Wollaston and North Quincy. The event was to be held at the Union Congregational Church, Rawson Rd., Wollaston… **Ward 1 Councillor** and **Vietnam War Veteran Peter Kolson** was the keynote speaker at the City of Quincy's Veterans Day ceremony… The elementary school menu for Monday, Nov. 22 included: pizza, fruit juice, fresh apples and milk… South Shore Buick, 50 Adams St., was advertising the "1994 Buick LeSabre Custom, One Great Car! One Great Price, $19,995"… The North Quincy Apaches defeated the Quincy Point Panthers by a score of 33-14, to win the Quincy Youth Football League Championship… A committee composed of retired **Library Director Warren Watson**, present **Director Ann McLaughlin**, **Library Board Trustees Arthur Ciampa** and **John Luongo** was working on a way to make the library's main branch in Quincy Center more handicapped accessible… The Altrusa Club International of Quincy was planning for its annual fundraising event to be held Sunday, Nov. 21 at the Adams Heights Men's Club, 63 Bower Rd., Quincy Point.

Arts & Entertainment

Middle School Students Attend Band Festival

Quincy band students recently attended Bridgewater State University's 2017 Middle School Honor Band Festival.

All five middle schools in Quincy (Atlantic, Broad Meadows, Central, Point Webster, and Sterling) were represented by 15 dedicated and talented band students. Established in 2015, the BSU Honor Band Festival annually provides the opportunity for outstanding musicians in seventh and eighth grades to be nominated by their band directors for involvement in the one-day event.

The honor band rehearses and performs with Dr. Donald Running, director of Bands and chairperson of the BSU Department of Music. Tuition for all students was generously provided by the Quincy Band Boosters.

QUINCY BAND STUDENTS recently attended Bridgewater State University's 2017 Middle School Honor Band Festival. Front row from left: Rich Kenneally (QPS Band Director), Jasmine Duong, Cailtin O'Regan, Jack Pickering, Ninh Thi, Tammy Lin, Rou Chen and Ryan Van. Back row from left: Katrina Tran, Sandy Guan, Tanisha Liang, Isabella Pagliarulo, Sophie Cerone, Dr. Donald Running (BSU Music Director), Maya Dijkstra, Kaitlin Vu, Dominique Dang and Joe Salvucci (QPS Band Director).

Photo Courtesy Joseph Salvucci

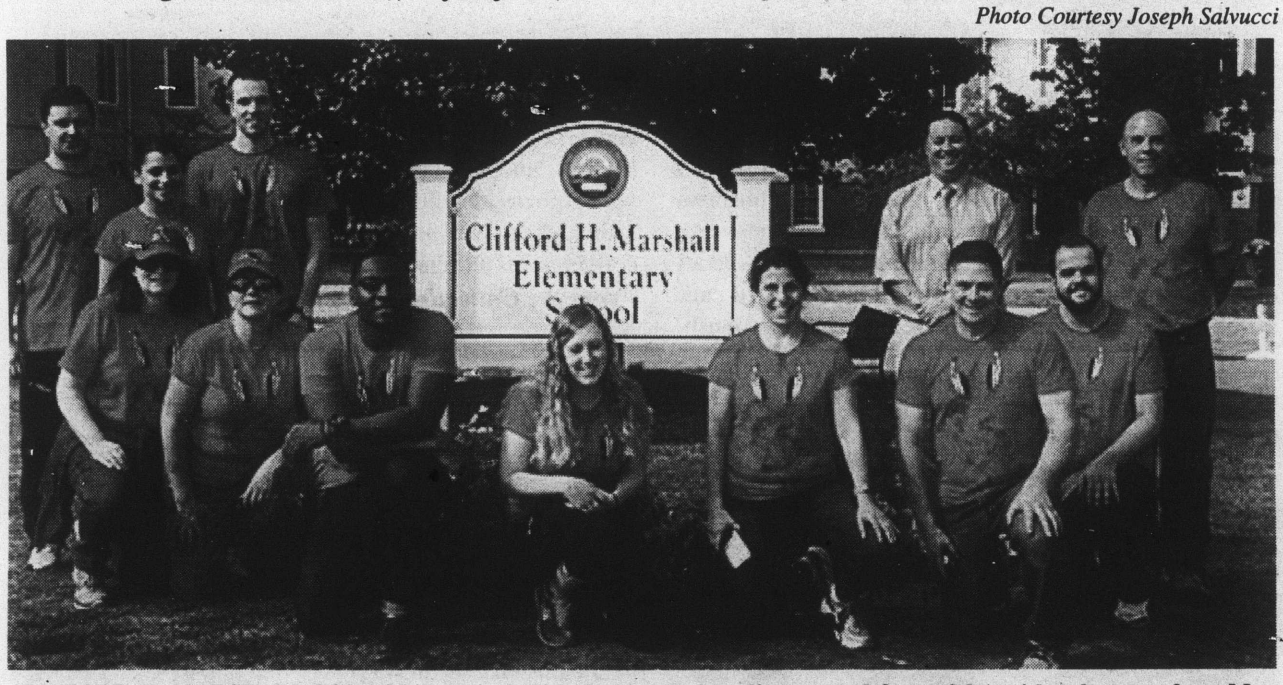
MFS Volunteers Visit Marshall School On Global Day Of Giving

Clean Out Flower Beds, Purchase Scholastic Books

MFS (Mass Financial Services), a generous community business partner of the Quincy School ~ Community Partnership, celebrated their Global Day of Giving on Oct. 11.

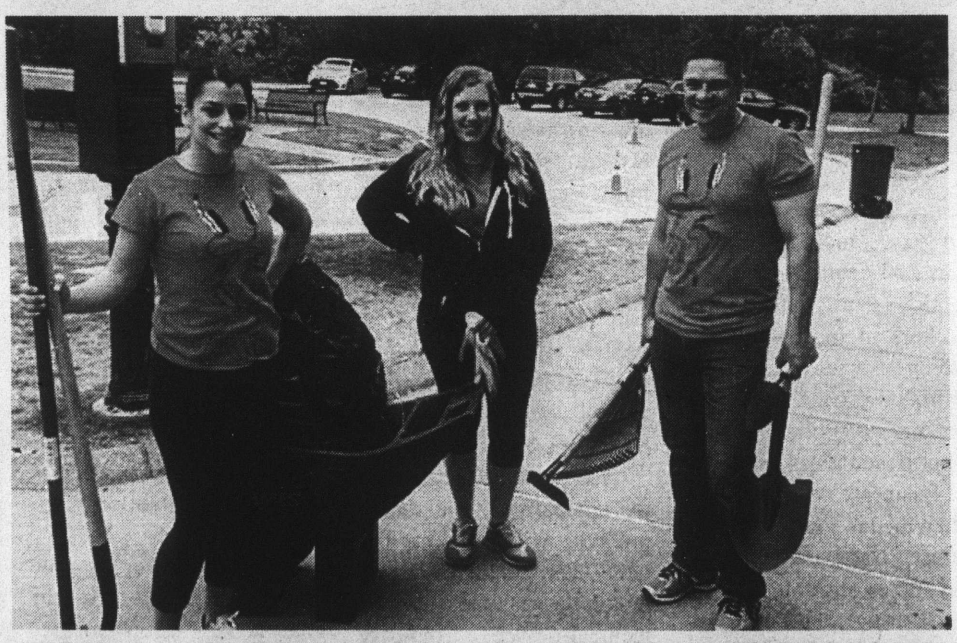
MFS employees visited Quincy Public Schools' Clifford Marshall Elementary School and cleaned out outdoor garden beds and readied them for winter, as well as did plantings around the front and sides of the building. MFS also purchased books from Scholastic for Clifford Marshall's Summer Reading Celebration. In total, MFS donated $2,000 for these initiatives.

The Quincy School ~ Community Partnership and Clifford Marshall School would like to thank MFS for their continued generosity throughout the years.



CLIFFORD H. MARSHALL SCHOOL Principal Nichola Ahearn (standing, second from right) with volunteers from Mass Financial Services who recently cleaned out outdoor garden beds and readied them for winter, as well as did plantings around the front and sides of the building, in observance of Global Day of Giving. From left to right: John Rankin, Gina Marrocco, Marin Gang, Jennifer McLean-Anderson, Cindy Griffin, Jeff Orgeat, Meghan McDonough, Kari Johnson, Gary Crawford, David Klimowicz and Scott Lowell.

Photo Courtesy Quincy School - Community Partnership



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Social

Madeline 'Molly' Papile To Celebrate 100th Birthday Dec. 9

On Saturday, Dec. 9, about 100 friends and family will gather at the Quincy Neighborhood Club to celebrate Madeline "Molly" (Jancaterino) Papile's 100th birthday.

Madeline was born and raised in Quincy and has spent her entire life working for the City of Quincy. She was married to John "Pappy" Papile for over 50 years. She has two daughters, Dr. Lu-Ann Papile of Albuquerque, New Mexico and Janet O'Day of Maine and one grandson Colin O'Day of Dorchester.

Madeline graduated from Boston City Hospital School of Nursing and worked for most of her married life. She was a Nursing Supervisor at the Quincy City Hospital for many years. She went on to get her Bachelor's and Masters' Degrees at Boston College. Madeline then taught at the Quincy Hospital School of Nursing and went on to start the Licensed Practical Nursing and Health Occupations Programs at the Quincy Vocational Technical School.

MADELINE 'MOLLY' PAPILE

When she retired from nursing, she became active with the Quincy Council on Aging where she prepared taxes for Quincy elderly for over 10 years. Madeline was now able to pursue other activities such as painting, taking lessons through the Quincy Art Association. She took up the sport of golf and was active on a bowling league. Currently she lives on her own and enjoys playing cards with her friends.

Madeline has always enjoyed learning and spends time on the internet e-mailing and playing games.

Her openness to learning is what has kept her so young and vibrant.

BETH ISRAEL DEACONESS Hospital-Milton recently held its 23rd annual Tee Off Golf Tournament at Wollaston Golf Club. Among the 144 golfers who participated were (from left) Jon Cronin, MD; James Ciapciak; Tom Porter and Jeff Marr. *Photo Courtesy BID Hospital-Milton*

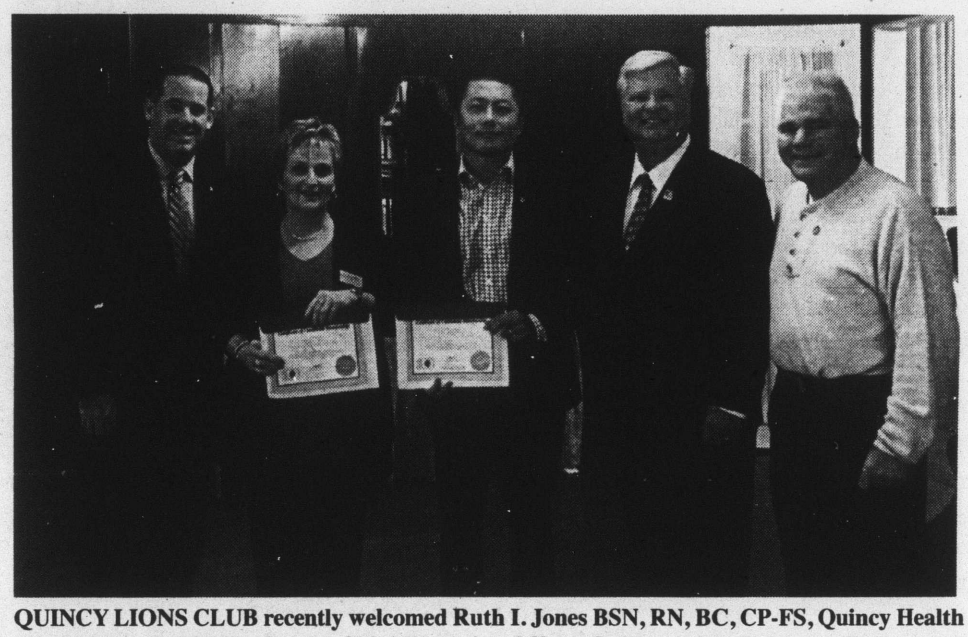
Golf Tournament Raises Over $116,000 For Beth Israel Deaconess Hospital-Milton

Beth Israel Deaconess Hospital-Milton's (BID-Milton) 23rd annual Tee Off Golf Tournament ,held last month at Wollaston Golf Club in Milton, raised more than $116,000 for the hospital's hand therapy program.

According to BID-Milton officials, a full field of 144 golfers registered for the tournament, and the funds raised were among the most ever from the event.

The hospital's Hand Therapy Program is located in BID-Milton's Center for Specialty Care. The program brings highly specialized hand and wrist clinical expertise to a convenient community hospital setting. It is staffed by an advanced fellowship-trained orthopedic hand surgeon from Beth Israel Deaconess Medical Center and an orthopedic hand nurse practitioner.

"Many thanks to our golfers, sponsors, volunteers and Wollaston Golf Club for helping to make this a very successful Tee Off Golf Tournament," said Carol Fallon, special events chair for the hospital's Development Committee. "The funds raised will help to expand the busy Hand Therapy Program at the hospital which helps so many patients."



QUINCY LIONS CLUB recently welcomed Ruth I. Jones BSN, RN, BC, CP-FS, Quincy Health Department and Philip Chong, Chief Executive Officer Quincy Asian Resources Inc. as new members to the club. From left: Quincy Lion Dave Sawyer, new members Ruth Jones and Philip Chong; Quincy Lion and new members sponsor, Don Uvanitte and Club President Joe Doyle.
Photo Courtesy Quincy Lions Club

Lions Club Welcomes New Members Ruth Jones, Philip Chong

The Quincy Lions Club recently welcomed Ruth I. Jones BSN, RN, BC, CP-FS, Quincy Health Department and Philip Chong, Chief Executive Officer Quincy Asian Resources Inc. as new members to the club.

Among her many accomplishments, Ruth has been a Public Health Nurse with the Quincy Health Department for the past 17 years. In the past, she has worked as a Diabetes Educator and Gastroenterology Clinician, as well as a Health Services Instructor at a vocational high school. She has also created and presented numerous Pandemic Influenza Planning projects and educational seminars for Quincy residents and businesses. "I joined the Lions Club because I think it is an organization based on assisting the community with health-related issues, and that coincides with supporting the essential services of public health in disease prevention and health promotion." said Jones.

Mr. Chong is a Hong Kong native, fluent in Chinese, who himself immigrated to the United States at the age of 16. His extensive background in business development, communications, and Asian healthcare will help propel QARI into its next exciting chapter in serving Quincy and the South Shore community.

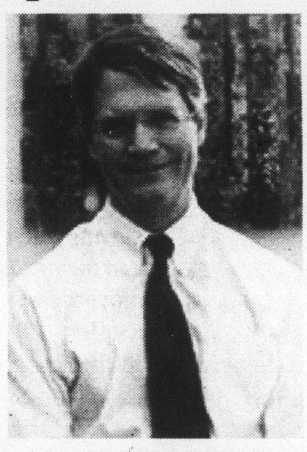
It is without a doubt, that Ruth and Philip's professional skill sets, along with their desire to serve along with the club's civic-minded membership, will contribute to the club's desire to advance worthy causes and support our community. We are thrilled and honored to have them both as new members, said Club President Joe Doyle.

The Lions' motto is "We Serve," and the Quincy Lions Club has lived up to it. For 76 years, the club has supported the community of Quincy through various goodwill efforts, such as High School Student Scholarships, Youth Speech Contests, Art Peace Poster Contests, KidSight Vision Screenings, Eyeglass Recycling programs and more.

Peter Dewire, MD, Joins Orthopaedic Specialists Of Massachusetts

Dr. Peter Dewire, an orthopedic surgeon with a clinical interest in foot and ankle problems, has joined Orthopaedic Specialists of Massachusetts and is now seeing patients in Milton.

Dr. Dewire graduated from Boston University School of Medicine. He completed an internship program at the Veteran's Administration Medical Center and residency programs at the Veteran's Administration Medical Center and St. Vincent's Hospital and Medical Center. He went on to complete an advanced fellowship program at the University of Washington Medical Center.



Dr. PETER DEWIRE

Dr. Dewire is board certified in orthopaedic surgery and internal medicine.

Orthopaedic Specialists of Massachusetts's Milton Office is located next to Beth Israel Deaconess Hospital-Milton in the Lintz Medical Office Building, Suite G-3, 100 Highland Street, Milton.

Patient appointments are available by calling (617) 696-9299.

William Bulger At Kennedy Center Nov. 17

Former State Senate President William Bulger will be at the Kennedy Center on Friday, Nov. 17th at 2 p.m. to talk about his book, *James Michael Curley: A Short Biography With Personal Reminiscences*.

Registration is required for this event. To register call the Kennedy Center at (617) 376-1506.

First Baptist Church Christmas Fair Dec. 1, Dec. 2

First Baptist Church of Wollaston, 81 Prospect Ave., Wollaston, will hold a Holly Berry Christmas Fair Friday, Dec. 1 and Saturday, Dec. 2.

Fair hours on Dec. 1 are 5 to 8 p.m. and Dec. 2 from 9 a.m. to 2 p.m.

The fair will feature a snack bar, jewelry table, wreaths, kissing balls, cemetery logs, attic treasures, used toys as well as a games and puzzles table; books, CDs and video table; boutique and Christmas novelty items.

There will also be photos with Santa and a silent auction table.

Santa arrives on Friday, Dec. 1 at 6:15 p.m. and Saturday, Dec. 2 at 10 a.m.

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WHAT'S COOKING
with
Marie & Suzie
By MARIE D'OLIMPIO and SUSIE FALCO

Apple Cake

By MARIE

Today's recipe for an apple cake was created many years ago by the wife of the head of the New England Apple Growers Association. I found this recipe in an old cook book, and thought this was the perfect time to share it because right now it is apple picking season.

This recipe will also be nice to make for the holidays.

Recipe

Pre-heat oven to 350 degrees
Grease an 8 x 8 baking pan

3 tablespoons butter
1 cup sugar,
1 egg, beaten
½ teaspoon of cinnamon
½ teaspoon
½ teaspoon of salt
1 teaspoon baking soda
1 cup of flour
3 cups of diced apples
¼ cup chopped nuts (any favorite)
1 teaspoon of vanilla

Mix butter and sugar together, add the egg and mix well. Add dry ingredients to the mixture and stir in apples, nuts and vanilla.

Pour batter into greased 8 x 8 pan or a pan lined with parchment paper. Bake in a 350 degree oven for 40 to 45 minutes.

Serve hot or cold. You can serve this with whipped cream or ice cream. (Vanilla ice cream would taste great!)

Brown Rice Pumpkin Risotto

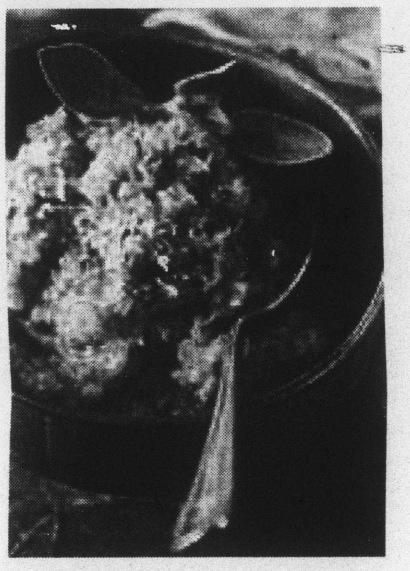
By SUSIE

Here is a dish to be added to your usual Thanksgiving repertoire. This is so good, it may be gone before the stuffing.

ENJOY!!!

BROWN RICE PUMPKIN RISOTTO

1 tablespoon extra-virgin olive oil
1 tablespoon pasture butter
4 cloves garlic, minced
2 shallots, minced
1 1/2 cups short grain brown rice (I use Lundbergs)
1/2 cup dry white wine (or white grape juice with a splash of lemon)
2 1/2 cups chicken broth
1/4 teaspoon nutmeg, ¼ teaspoon cinnamon
1 3/4 cups pureed cooked pumpkin, or
1 15-ounce can canned pumpkin
Sea salt and pepper to taste
1 tablespoon chopped fresh sage leaves, plus whole leaves for garnish
½ cup Pecorino Romano cheese



1.Heat oil and butter in a large saucepan over medium heat. Add garlic and shallot and cook, stirring often until softened, 1 to 3 minutes. Stir in rice and cook, stirring until the rice grains start to get translucent in spots, about 2 minutes.

2. Stir in wine and cook, stirring often until the wine has mostly evaporated, 2 to 3 minutes. Stir in broth, salt and pepper, increase heat to high and bring to a boil, stirring occasionally. Cover, reduce heat to low and simmer undisturbed until most of the liquid has been absorbed, 30 to 35 minutes.

3. Stir in pumpkin, sage, nutmeg and cinnamon, return to a simmer, and cook, stirring often until the mixture is thickened and the rice is tender, 10 to 15 minutes. Remove from heat, stir Romano cheese, cover and let sit 5 minutes off the heat to thicken further. Serve sprinkled with more cheese, if desired and garnish with sage leaves.

CAPTION CORRECTION – A photo appearing in the Oct. 26nd edition of The Quincy Sun incorrectly identified Karen Jones as the sister of deceased Korean War Army veteran Joseph Jones. Mrs. Jones is the wife of the late Joseph Jones who was posthumously honored with the Ambassador for Peace Medal at a ceremony Oct. 23 at the James R. McIntyre Government Center. Here Karen Jones is applauded after accepting the medal on behalf of her late husband. Mr. Jones was among the Korean War veterans honored at the ceremony. The Sun regrets the error. *Quincy Sun Photo/Tom Gorman*

Reggie Harris, Pat Victor To Perform At Stone Temple Coffeehouse

Nationally known singer-songwriters Reggie Harris and Pat Wictor will perform in concert Saturday, Nov. 25 at 8 p.m. at the Stone Temple Coffeehouse, "Church of the Presidents" Social Hall, 1306 Hancock St.

Harris combines a strong folk and gospel legacy with a background in classical, rock, jazz and pop music. Wictor is an innovative slide guitarist known for doing fresh and memorable versions of traditional and contemporary songs.

Doors will open at 7:30 p.m. Admission is $20 and refreshments will be available.

For reserved tickets and more information call Eileen Baker at 617-821-4073.

Reggie Harris, a well-traveled performer, lecturer and cultural ambassador, has earned wide acclaimed and respect from peers and audiences alike throughout the U.S., Canada, Europe and around the world. He combines spirituals and roots music, historic inspiration, and moving original songs, often in the themes of unity and social justice. Knowing this, audiences have bestowed upon him a fitting slogan: "Songs of Joy, Hope, and Freedom."

A natural collaborator and an infinitely creative musician, Harris invigorates his solo touring with occasional partners.

Wictor first burst on the folk and acoustic scene as an innovative slide guitarist known for fresh and memorable interpretations of traditional and contemporary songs. He has since made his mark as a singer-songwriter penning lean and poetic songs that incorporate - and subvert - rural blues and gospel traditions.

For the past five years he's been touring nationally as one third of Brother Sun, the powerful harmonizing trio with Joe Jencks and Greg Greenway, garnering critical acclaim, a #1 CD on the Folk DJ charts, and a continent-spanning tour schedule.

Wictor is resuming his solo career and has just released his first new album in eight years.

Wollaston Garden Club Greens Sale Dec. 2

Members of the Wollaston Garden Club of Quincy have begun their work making bows, collecting pine cones, wiring shells and cones, and painting floral sprays for the many unique wreath, swags, and arrangements, which will be available for sale at their Annual Holiday Greens Sale on Saturday, Dec. 2nd from 9 a.m. to noon at Wollaston Congregational Church, corner of Lincoln and Winthrop Avenues in Wollaston.

There will be packages of greens filled with a nice variety of evergreens and holly, and both small seasonal floral arrangements and large outdoor containers designed for winter interest. Many lovely wreaths and swags, decorated by WGC designers, will be on sale; garden club wreaths are always unique, and fairly priced. Each year, the club looks for new ideas for novelty and gift items; you will find several different items suitable for gift-giving or stocking-stuffing, at the sale, all reasonably priced.

Arrive early in the sale for the best selection. Proceeds support the Wollaston Garden Club's work on civic beautification in Quincy, and other local community, youth, education and conservation projects.

Using Self-Hypnosis To Become Smokefree

Kathryn McGlynn, a local Consulting Hypnotist, will present an educational seminar entitled "Using Self-Hypnosis to Become Smokefree" Friday, Nov. 17 from 6:30 to 8 p.m. at the Tam Healing Center, 15 Cottage Ave., fifth floor, Quincy.

It is offered in conjunction with The Great American Smokeout.

Hypnosis has been used for many years to assist in the process of smoking cessation and it is very effective.

Discover why people have a difficult time stopping smoking and how hypnosis can help with both the mental and physical aspects of the habit. Learn about techniques that are available to manage cravings and then enjoy a very relaxing group hypnosis session.

Tickets are $35. A complimentary Stop Smoking hypnosis CD is included.

For further information about this event and to preregister, contact McGlynn at 781-340-2146 or visit her website: http://www.hypnosis.ws.

A portion of all proceeds is donated to the OCI Healing Research Foundation. OCIHRF is a non-profit organization established for education, research and the advancement of Tong Ren Healing worldwide, with the intention to develop safe and more cost effective health care.

Burke To Attend 74th Quincy-NQ Game

Quincy attorney George G. Burke will be attending his 74th annual Quincy High School versus North Quincy High School football game this Thanksgiving Day which will be a new record.

Burke is a member of the football, basketball and baseball Halls of Fame at Quincy High School.

Burke played in the Quincy-North Quincy Thanksgiving Day game in 1947 which was 70 years ago.

Burke gave $100,000 to the new Quincy HIgh School for the George G. Burke Fitness Center to be built. The principal has said the fitness center is the most used room at Quincy High School.

Burke has given $176,000 in scholarships for Quincy High School and North Quincy High School students to attend the University of Massachusetts, Burke's alma mater.

Council On Aging New Year's Party

The Quincy Council on Aging will celebrate New Year's on Sunday, Dec. 31st from noon to 4 p.m. at the Sons of Italy Hall in Quincy.

The afternoon includes a catered dinner choice of beef or chicken and entertainment provided by local DJ Mark McGillicuddy. There will a cash bar and door prizes.

Tickets are $45 per person and can be purchased at the Kennedy Center, 440 East Squantum St., Quincy.

For more information call (617) 376-1506.

Thanksgiving Sale at Brookwood

Brookwood Community Farm will hold its annual Thanksgiving Bulk Sale on Sunday, Nov. 19th from 11a.m. to 3 p.m. (10am for members).

The farm is located at 11 Blue Hill River Road, Canton.

The sale features carrots, potatoes, squash, greens, herbs and more.

For more information go to www.brookwoodcommunityfarm.org.

The Rise In Oral Human Papilloma Virus (HPV) Infection

What Men Need To Know - A Message From The Quincy Health Dept.

By RUTH JONES BSN, RN, BC, CP-FS

HPV is a sexually transmitted virus. There are in excess of 40 subtypes of HPV that can infect the genital area and the throat (tonsillar HPV).

According to a new study published in the Journal Annals of Internal Medicine, about one in nine American men are infected with the oral form of human papillomavirus. Nationally, rates for oral HPV infections are 11.5 percent of men and 3.2 percent of women, or 11 million men, compared with 3.2 million women, researchers estimated. While the approximately 40,000 Americans diagnosed annually with HPV-related cancer are female, the incidence of male HPV-related oropharyngeal cancer has markedly spiked, with men being four times more likely than women to develop it.

An infection with this common virus, which is transmitted through intimate skin-to-skin contact, can produce cancer in several areas of the body, including the throat, anus, penis and vagina. According to the US Centers for Disease Control and Prevention, nearly all men and women will become infected with at least one type of HPV, a group of 150 related viruses, at some point in time. The CDC also reports that greater than 1 in 5 adults have contracted a cancer-causing type of HPV. Nearly all cases of cervical cancer are caused by HPV, and just two HPV types, 16 and 18, are responsible for about 70 percent of all cases of cancer of the cervix. The most recurrent subtype of tonsillar HPV detected is HPV-16, a high-risk subtype of HPV for oropharyngeal (mouth and pharynx) cancer. Infection with HPV-16 occurs in about 1 percent of men and women.

Evidence strongly implies that tonsillar HPV is predominantly transmitted by sexual contact. An increase in oral sex is suspected as the cause of the rise in the prevalence of tonsillar HPV infection, although several sexual behaviors seem to be interconnected to oral HPV incidence. The risk of infection escalates with an increasing number of lifetime or recent sexual partners for any type of sexual behavior (vaginal sex, oral sex).

Statistics show that having 20 or more lifetime sexual partners, increases the prevalence of oral HPV infection to 20 percent. Smokers are also at greater risk than nonsmokers, with current heavy smokers at an exceptionally elevated risk.

Tonsillar HPV infection can trigger oropharyngeal cancer and interestingly enough the increase in the incidence of oropharyngeal cancer has paralleled the increased prevalence of tonsillar HPV infection.

Still, although millions of Americans have been diagnosed with tonsillar HPV, fewer than 15,000 get HPV-positive oropharyngeal cancers annually. Thus it appears that many oropharyngeal cancers are not related to HPV infection but rather with tobacco and alcohol use. Those identified with HPV-positive oropharyngeal cancers tend to be younger and are less likely to be smokers and drinkers.

The majority of people with oral HPV infections have no symptoms and therefore do not recognize that they are infected and can transmit the virus to others. The first sign is often difficulty swallowing. Other signs include:

- coughing up blood
- a lump on the neck or in the cheek

Other potential signs and symptoms of oral cancers are

- sore throat
- a white or red patch on the tonsils
- jaw pain or swelling, and
- numbness of the tongue

These signs don't necessarily mean that you have cancer, but if any signs are present for greater than 2 weeks, you should be evaluated by your healthcare provider.

Unfortunately there is no test that can detect early signs of HPV infection of the throat. Some cancerous or precancerous tonsillar HPV lesions may be discovered during screening or examination by a dentist or doctor, but most are found by testing in those who previously had signs or symptoms. The healthcare provider may want to biopsy any areas that appear suspicious for cancer. Biopsy samples from throat cancers may be tested for the presence of HPV DNA.

The only guaranteed way to prevent HPV infection is to abstain from sex. Even though vaccines have been developed that reduce the risk of infection with subtypes of HPV known to cause cervical cancer, their effect in preventing oropharyngeal cancers linked to the same HPV subtypes is unknown. These vaccines are prophylactic vaccines that may prevent HPV infection; however, they do not treat an existing infection, and consequently are recommended before a person is sexually active.

The Centers for Disease Control and Prevention (CDC) recommends that all 11- or 12-year-old girls receive the HPV vaccine to protect against cervical cancer, and that females 13 to 26 years old be vaccinated if they have not received the HPV vaccine when they were younger. The CDC also recommends the HPV vaccine for all boys aged 11 or 12 years, and for males 13 to 21 years old who did not receive the vaccine when they were younger. All men may receive the vaccine through age 26. The HPV vaccine is also recommended for any man who has sex with men and men with compromised immune systems through age 26 (if not vaccinated at a younger age). Consult with your doctor to find out if getting vaccinated is appropriate for you.

Once oral cancer has been diagnosed, the treatment of choice is initially either chemotherapy or radiation therapy, or surgery followed by radiation therapy with or without the addition of chemotherapy. Often after surgery is performed to remove an oropharyngeal cancer, subsequent surgery may be needed to reconstruct portions of the oral cavity that were removed as part of the treatment.

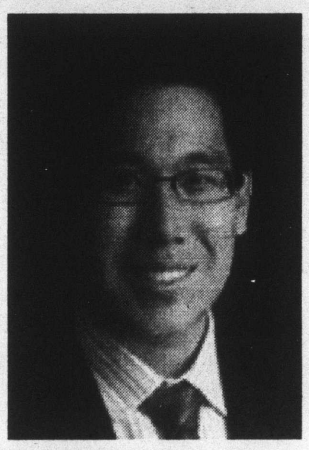
RUTH JONES

Fortunately, it is worth noting, that HPV-positive oropharyngeal cancers have better outcomes and fewer relapses after treatment than HPV-negative cancers. However, most experts agree that HPV infection should not be taken lightly and that it is imperative to further investigate other types of preventative strategies and treatments for older people.

Ruth Jones is the director of Nursing for the City of Quincy Health Department.

Urologist Peter Chang, MD, MPH, Adds Office Hours At BID Hospital-Milton

Urologist Peter Chang, MD, MPH, director of the Prostate Care Center and co-director of the Minimally Invasive Urologic Oncology Fellowship Program at Beth Israel Deaconess Medical Center, is now seeing patients on an outpatient basis in Beth Israel Deaconess Hospital-Milton's (BID-Milton) Center for Specialty Care.



PETER CHANG, MD

Dr. Chang is chair of the Robotic Surgery Program at BID-Milton and has been performing robot-assisted urologic surgery at the hospital since last spring.

Dr. Chang's clinical interests are prostate, bladder, testicular and kidney cancers; robotic laparoscopic surgery; prostate biopsy; urologic oncology; and laparoscopic/minimally invasive surgery.

"We are delighted that a urologist and surgeon of Dr. Chang's background and expertise will now be evaluating and treating patients here at BID-Milton," said Ashley Yeats, MD, vice president of quality and clinical integration and chief medical officer at the hospital. "He played a pivotal leadership role in developing BID-Milton's new Robotic Surgery Program. Local patients also will now benefit from having Dr. Chang be available for office appointments at the hospital as well."

Dr. Chang received his medical degree from Weill Cornell Medical College. He completed his internship at Brigham and Women's Hospital and residency at Harvard Longwood Program in Urology, followed by a fellowship in minimally invasive urologic oncology at Beth Israel Deaconess Medical Center. Dr. Chang also has a master's degree in public health from Harvard School of Public Health.

He is an assistant Professor of surgery at Harvard Medical School and a member of Harvard Medical Faculty Physicians at Beth Israel Deaconess Medical Center.

Dr. Chang sees patients the second Wednesday afternoon of every month in the Center for Specialty Care. The appointment telephone number is (617) 667-3739.

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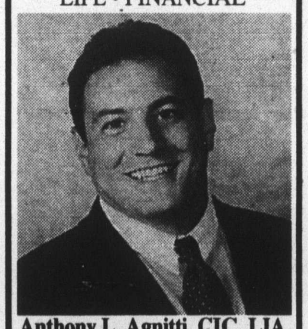

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POLITICAL ADVERTISEMENT

Dear Quincy Resident,

Thank you to everyone that cast a Vote for us for Re-Election for Councilor-At-Large.

Noel, Niamh, Tyler, Aidan & Nora DiBona

If we didn't get your Vote this time, I hope I can earn your Vote for Re-Election in 2019. Your Vote matters . . .

Thanks so much,
Noel DiBona

Nobel Prize Winner Jerome Friedman Visits NQHS

4th Noble Laureate To Visit Quincy Schools In 5 Years

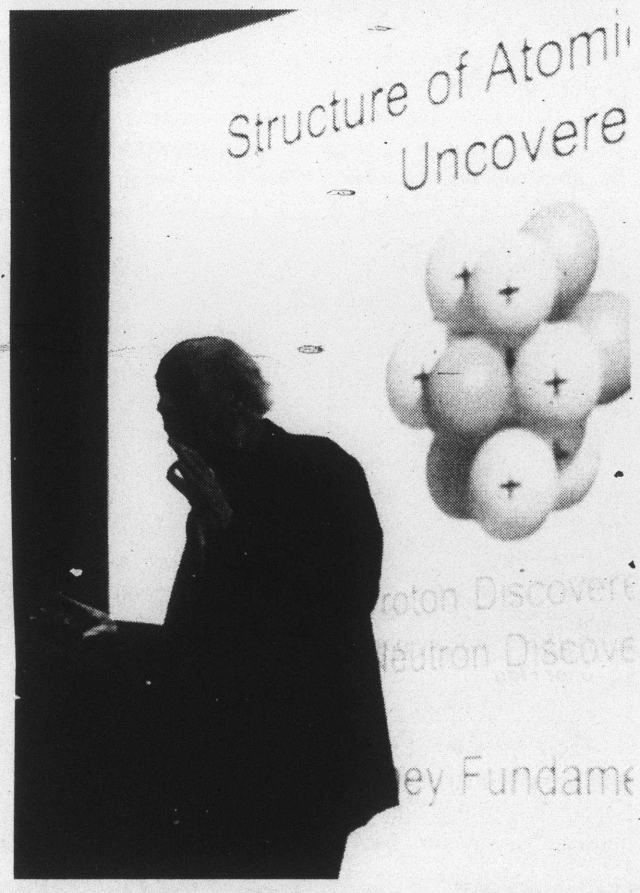
North Quincy High School junior and senior physics students had a brush with scientific prestige on Oct. 26th when they met with Nobel Prize winning physicist Jerome I. Friedman in the Peter J. Chrisom Auditorium.

The Nobel Prize was awarded jointly to Friedman, Henry W. Kendall and Richard E. Taylor in 1990 for their "pioneering investigations concerning deep inelastic scattering of electrons on protons and bound neutrons, which have been of essential importance for the development of the quark model in particle physics."

The guest lecture was organized in collaboration with the Nobel Laureates' School Visits Series and Dr. Ed Shapiro, a Russian-American scientist, engineer, and inventor. Dr. Shapiro was trained at Abram F. Ioffe Institute of Semiconductors at the Russian Academy of Science in St. Petersburg, Russia and now resides in North Quincy. As of December 2013, NLSV has brought Nobel Laureates to 39 public middle and high schools in rural, urban, and suburban communities of Massachusetts, New York, California, and Illinois. This is the fourth Nobel Laureate visit to Quincy Public Schools in just five years.

Approximately forty students from advanced and honors physics classes were in attendance for Mr. Friedman's lecture titled, "Are we really made of Quarks."

Student's overwhelming response to the event was positive and subsequent classes were filled with class discussions about Dr. Friedman's lecture and the content and meaning of several of the most advanced aspects of modern physics theory. One student hopes to apply the thought of quarks in her pursuit to becoming a chemists and another really enjoyed the encouragement he received from Friedman's closing statements as he passed his role on to them, the physicists of the future.



Sen. John Keenan Office Hours Nov. 21, Nov. 28

State Sen. John F. Keenan will hold office hours in Quincy on Tuesday, Nov. 21st and Tuesday, Nov. 28th from 6:30 to 8:30 p.m. in the second floor study room of the Thomas Crane Library, 40 Washington St., Quincy.

Residents with a question or comment about state government are welcome to stop by and chat.

QHS Class Of 1968 Planning 50th Reunion

The Quincy High School Class of 1968 will hold its 50th reunion Saturday, June 16, 2018 from 7 p.m. to midnight at the Neighborhood Club of Quincy.

Tickets are $55 each. Make checks out to QHS Class of 1968 and mail check to:

Lynne Nightingale Houghton, 29 Berlin St. Apt. 4, Quincy, MA 02170

For more information, email Lynne at LNH402@Comcast.net.

Social Security Matters

Maximizing Widow's Benefits

By RUSSELL GLOOR
AMAC Certified Social Security Advisor

Dear Rusty: I am 64 years old, born in October of 1952, and in rapidly declining health. I took my Social Security early, as soon as I was 62, and now get $1,838 per month in Social Security benefits (before Medicare premiums are taken out). My wife of many years also took her Social Security at age 62 and she gets $787 a month. From what I understand, when I pass away she will get my full benefit instead of what she gets now. I'm hoping that's true because she won't be able to make it with only $787 a month. ***Signed:*** **Planning for her.**

Dear Planning: First, you're to be commended for planning ahead for that time when your wife will be left without you. Dealing with such a loss is devastating enough without adding a severe loss of income into the mix. Let me quickly put your mind at ease - once she reaches her full retirement age, your surviving spouse will get at least as much as your benefit amount, currently $1838 per month. This is known as her survivor's, or widow's benefit. However, if she takes her widow's benefit before her full retirement age it will be reduced somewhat, depending upon her age when she applies. The following assumes your wife will have reached her full retirement age when you pass.

Normally, the Widow's Benefit equals the benefit amount that the deceased spouse was receiving, meaning your wife would get the same amount you were receiving when you died - in this case $1838 per month. There is, however, a somewhat obscure exception, which may apply here. The exception I'm speaking of is a Social Security rule, which applies when the deceased spouse, claimed benefits before full retirement age and the surviving spouse is eligible for widow's benefits. The surviving spouse has the option of either keeping their own benefit or claiming the widow(er)'s benefit, and in this case your wife would obviously claim the widow's benefit because it's higher than her own. But (and this is a big but) because you claimed your Social Security benefit early, your widow is entitled to either of the following, whichever is more:

- The amount of benefit you (the deceased spouse) were receiving at your death, or,
- 82.5% of what your benefit would have been had you (the deceased spouse) waited until your full retirement age to start your Social Security benefits.

Using the numbers you gave me as an example, since your current benefit amount is $1838/month, taking out COLA increases granted since you applied means your original early retirement benefit was about $1780. That means that your benefit amount at your full retirement age of 66 (known as your Primary Insurance Amount, or "PIA") would have been about $2374. Adding past COLA increases onto your PIA brings your PIA amount up to $2458. Using the above 82.5% exception rule, your wife would be entitled to $2027 per month (82.5% of $2458), instead of the $1838 you are now receiving. And that extra $189 per month will, I'm sure, be important to her after you're gone. Any future COLA increases will add to both the early retirement benefit you receive while living and your full retirement age PIA amount, and your surviving widow will get the higher benefit amount at your passing. Note that your wife should not wait past her full retirement age to apply for survivor's benefits, as they do not earn delayed retirement credits.

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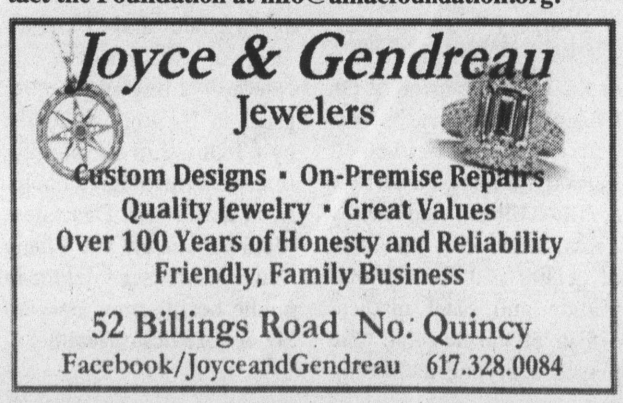
The Foundation welcomes questions from readers regarding Social Security issues. **To submit a request, contact the Foundation at info@amacfoundation.org.**



January Groundbreaking For North Quincy Hotel

By SCOTT JACKSON

The developers behind a planned 180-room hotel set for the corner of Arlington and West Squantum Streets hope to break ground on the project in early January and are aiming to open in May or June of 2019.

The five-story hotel will operate under two brands – Holiday Inn Express and Staybridge Suites – owned by the InterContinental Hotels Group.

Cathartes, the developer behind the project, had initially told city officials the hotel would operate under a Marriott or Hilton brand when the project was approved earlier this year. City officials – including Mayor Thomas Koch, Ward 3 Councillor Ian Cain and members of the Planning Board – had reservations about the change in branding for the hotel, with Cain telling the Planning Board on Oct. 18 the change felt like a "bait and switch."

The project got a much warmer reception on Nov. 8, however, after the developers and IHG appeared before the board again.

Mark Stebbins of XSS Hotels, a firm that is partnering with Cathartes on the project, said the developers decided to seek a new brand for the hotel after Marriott completed its acquisition of Starwood. Stebbins said 70 percent of all hotels in Greater Boston now operate under a Marriott brand following the acquisition.

"None of us expected Marriott to buy Starwood and we just thought it would be better for this marketplace that we have an IHG product rather than a Marriott product because we would be competing with all of the other Marriott products," Stebbins said.

Stebbins said the North Quincy hotel would be marketed towards businesspeople, the same group of travelers it would have been marketed towards as a Marriott or Hilton. IHG, he said, has a strong reputation in Asia and Europe and the developers expect to bring in international business travelers.

"We're going to attract a lot of high-end international customers," Stebbins said.

"They know IHG from Asia [and] when they come over, here they're going to look for the same quality and the very-high end brand they're used to over there."

Joel Eisemann, the chief development officer for IHG, said the Atlanta-based company is looking to build its brand in the Boston area and said the developers are known to build high-quality hotels.

"We're very enthused about the opportunity to have the Holiday Inn Express and the Staybridge suites in this market. The developers we're working with build extremely high-quality hotels," Eisemann said.

"We have been working with them for the past three or four years to find the right opportunities here in the Boston market to build the type of hotels that are going to represent our brand extremely well."

Cain told the Planning Board he toured three other IHG-flaggedhotelsCathartes has built in the Boston area, and came away impressed with their quality – he said they don't resemble a typical Holiday Inn Express of years past. The councillor said he was confident the developers would be strong community partners and the project would enhance what is now a dilapidated parcel.

"I look forward to having this project take place in the ward…it's been a long time coming," Cain said. "I hope we can get going sooner rather than later."

John Ryan, a member of the Planning Board, said he'd been put at ease after hearing from the developers and Cain at the Nov. 8 meeting.

"I've been put at ease with this whole project. As long as the brands are held to a high standard, I don't see any problem," Ryan said.

No board vote was needed because of the change in brand for the hotel. Planning Director James Fatseas said the applicants had been asked to come before the board after Koch and Cain raised concern over the change in brand. The developers had been seeking approval for minor alterations to the initial proposal – including changes to building's façade and additional landscaping elements – and Fatseas said his department could approve those administratively.

Robert Harnais, the attorney representing the developers, said he would submit to the city revised signage for the new hotel once those plans are finalized.

In other business Nov. 8, public hearings on three projects were continued to Dec. 13. They are:

A proposal to convert the former Tom O'Brien dealership at the corner of Southern Artery and Washington Street into a strip mall known as Point Crossing. Among its tenants would be a Verizon store and ConvenientMD, an urgent-care clinic.

A proposal by EY Realty to construct townhouses at 235-239 Farrington St. Henry Levin, an attorney for the applicant, requested the continuance because the proposal is being scaled down from four units to three.

A proposal by Mattie Homes LLC to construct four townhouses at 33 Oval Rd. Richard Meade, the board's chairman, said the continuance was necessary because the proposal needed to be re-advertised.

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Ketel One Vodka 1.75ltr	$29.99	Pallini Lemoncello 750ml	$19.99
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by Dr. Gabrielle Freedman
Chiropractor

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P.S. The spine can be looked at as one link in the kinetic chain that starts at the feet and moves up through the ankles, tibiae, knees, femurs, hip joints, pelvis, and spine to the head.

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Quincy Quarry, Granite Workers Museum Open

Industry's History Preserved, On Display In Custom-Built Shed On Quarry Lane Off Ricciuti Dr.

By TOM GORMAN

Quincy's once thriving granite industry is now memorialized in a museum where its rich history is preserved and on display.

Officials gathered on Nov. 2 to open the Quincy Quarry and Granite Workers Museum on Quarry Lane, off Ricciuti Drive. The museum, housed in a small wooden shed, is located next to the Lyons Turning Mill that once shaped columns and pillars from the granite blocks quarried in the area.

"We've been trying to start a museum for about six years," said Al Bina, museum president, as he stood among walls of pictures and displays of tools that chronicle the industry. "We call it a mini-museum. There is so much information here."

The building is actually a Reeds Ferry shed that was custom built for the museum. Bina explained that the Quincy Historical Society loaned a host of pictures to the museum that could be reproduced for display. Other relics were donated by families of former granite workers.

More Photos On Page 13, Page 14

"When we started, we had zero, we had nothing," Bina said. "All the artifacts either came from people or the historical society and the Thomas Crane Public Library."

There are tools and pictures on display chronicling the 100-year history of the granite industry that started in the early 1800s. Among the displays are a map of the Quincy granite railway, interactive models of devices used by workers to lift granite blocks, samples of polished Quincy granite and a wall dedicated to granite sculptors such as Quincy's Ed Monti.

There are also pictures of the buildings that are built with Quincy granite columns including the Merchant Exchange in New York, Quincy City Hall, the Titanic Memorial in Washington, D.C. and Boston's Custom House Tower.

Bina heads the non-profit organization that

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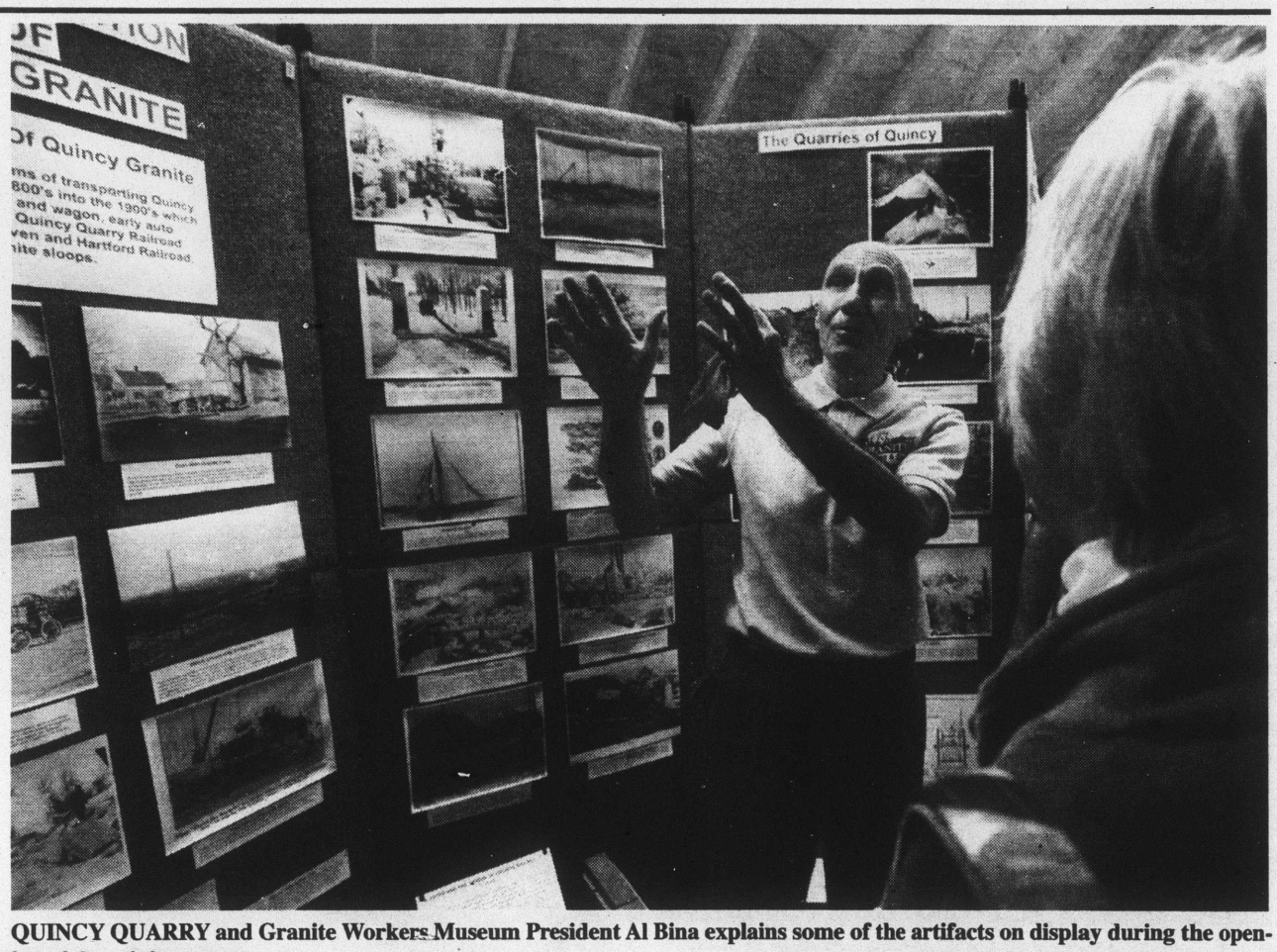

QUINCY QUARRY and Granite Workers Museum President Al Bina explains some of the artifacts on display during the opening of the mini-museum.

PHOTO AT RIGHT – William McCarthy sits in front of the Lyons Turning Mill that once produced columns from granite. The mill will be part of the new Quincy Quarry and Granite Workers Msueum tour. *Quincy Sun Photos/Tom Gorman*

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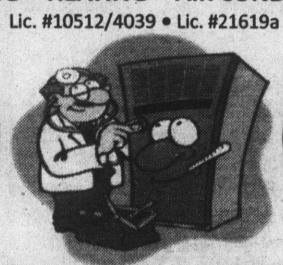

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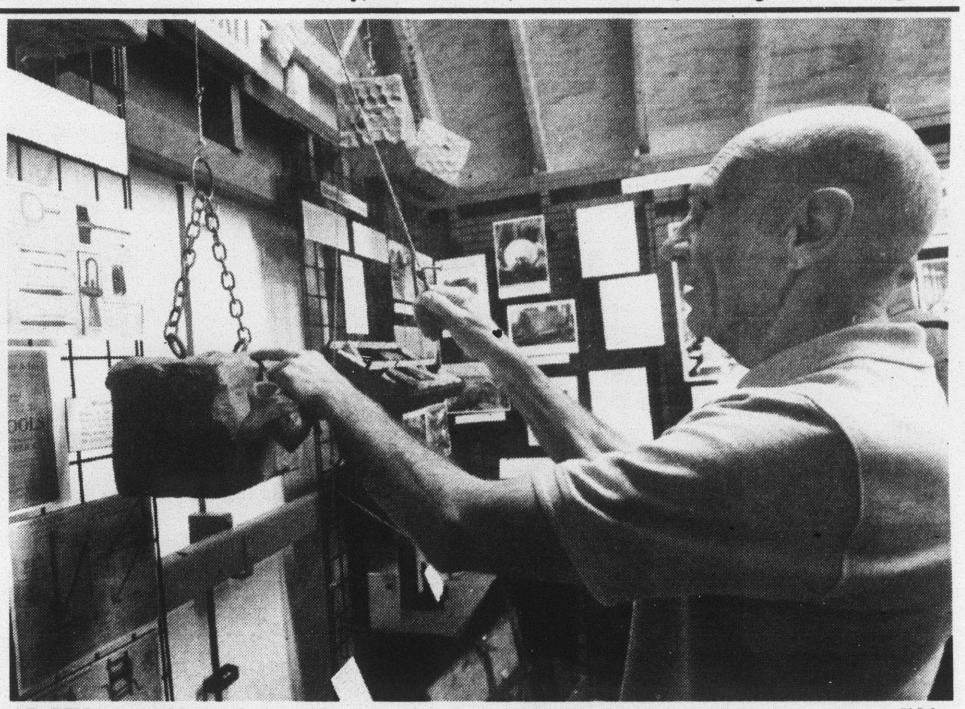
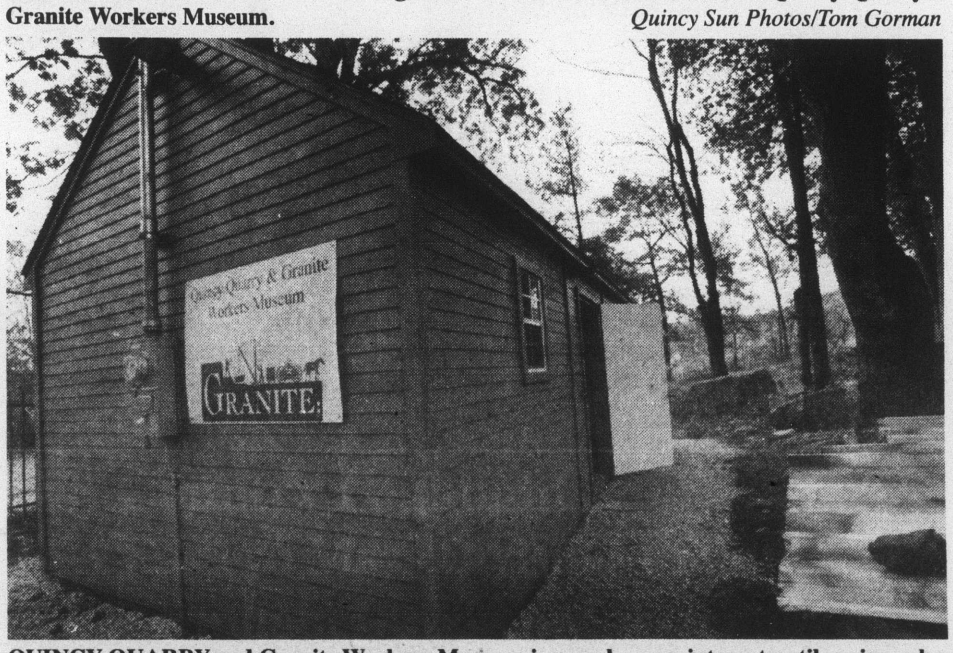
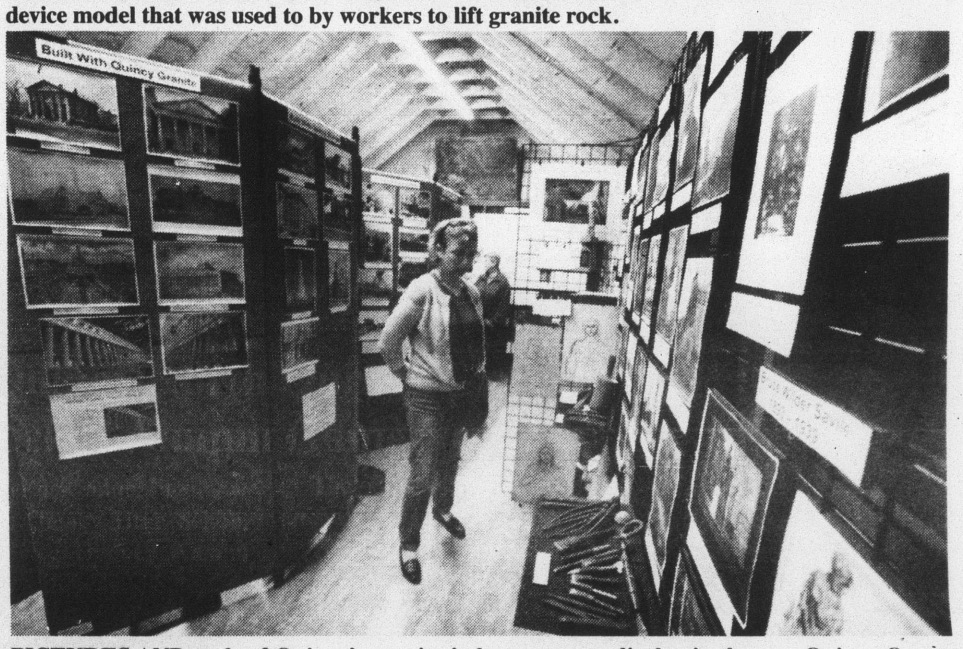
QUINCY CHAMBER of Commerce Vice President and Ward 1 Councillor Margaret Laforest and museum President Al Bina look at granite workers' tools inside the new Quincy Quarry & Granite Workers Museum. *Quincy Sun Photos/Tom Gorman*



AL BINA, president, Quincy Quarry and Granite Workers Museum, demonstrates a lifting device model that was used to by workers to lift granite rock.



QUINCY QUARRY and Granite Workers Museum is open by appointment until spring, when it will be open regular hours. The museum houses artifacts and pictures of the city's 100-year granite history



PICTURES AND tools of Quincy's granite industry are on display in the new Quincy Quarry and Granite Workers museum.

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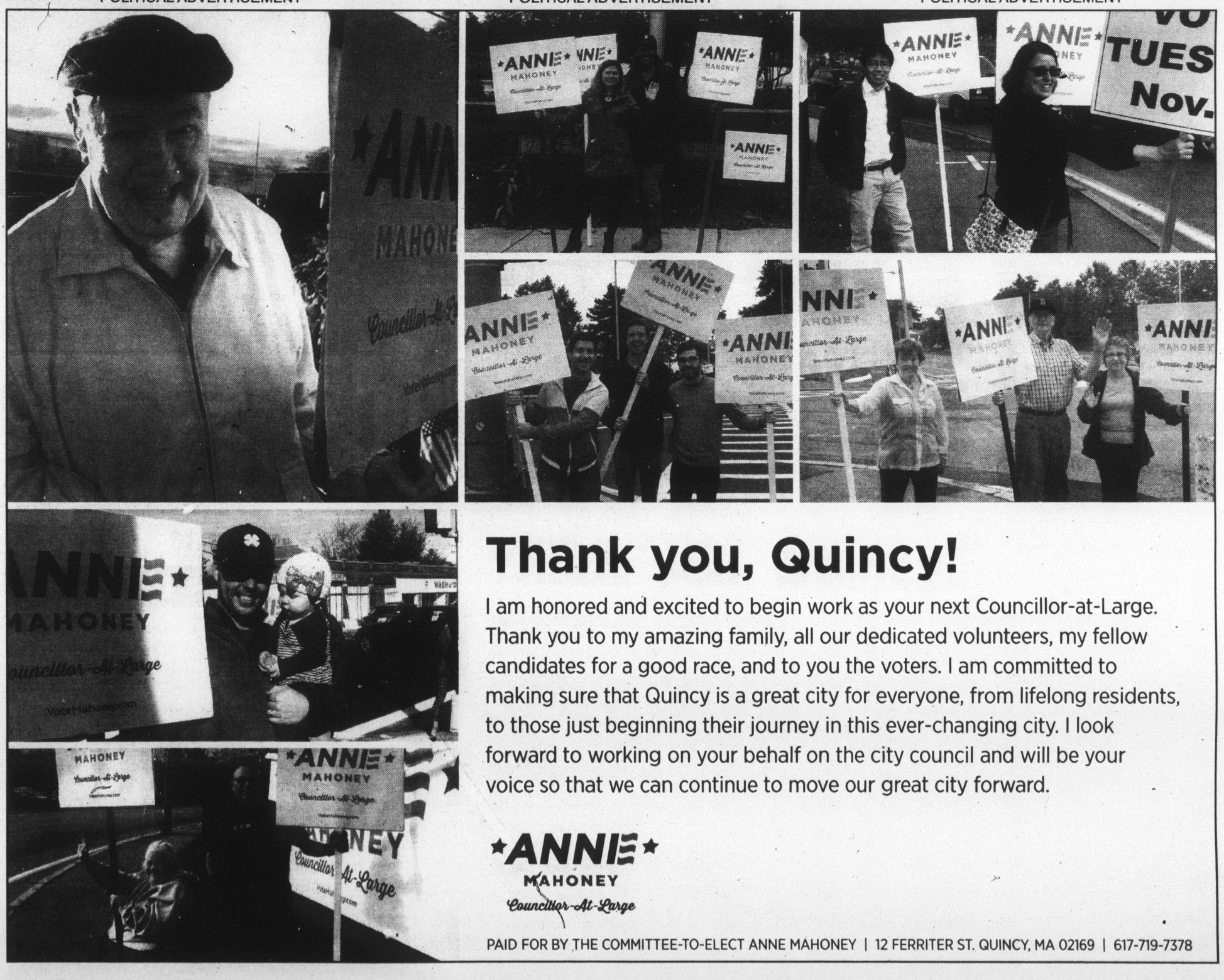

Thank you, Quincy!

I am honored and excited to begin work as your next Councillor-at-Large. Thank you to my amazing family, all our dedicated volunteers, my fellow candidates for a good race, and to you the voters. I am committed to making sure that Quincy is a great city for everyone, from lifelong residents, to those just beginning their journey in this ever-changing city. I look forward to working on your behalf on the city council and will be your voice so that we can continue to move our great city forward.

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Quincy Quarry, Granite Workers Museum Open

Cont'd From Page 12

raised money for the building through dues paid by its members. Additional funding came from a grant through Discover Quincy.

He noted that many artifacts are still in storage because of the limited space in the museum. There is a push underway to raise more money to construct an even larger museum on the site.

"We need a bigger area to expand this and put out more information of all the artifacts we have," he said.

Bina said an archaeologist surveyed the area next to the existing museum and found it suitable for the new building. Bina explained that the land is on the Massachusetts Historical Register and his organization must have the society's approval before anything is built. Quarry Hills is the caretaker of the land through a 50-year lease with the city.

"Quarry Hills has been great to us," he said.

For now, the museum will be open by appointment only. Those wishing a tour should call 781-600-6728. More information is available at quincyquarrymuseum.org.

Bina said the museum will be open for tours in the spring.

The adjacent Lyons Turning Mill is being incorporated as part of the museum's displays. Built in 1893, the mill turned granite rock into balusters, pillars and columns. Bina noted the granite ball at Quincy City Hall was turned at Lyons.

"We have a great footprint of an actual historic building which makes it even better," he said. "We will be offering tours of the museum and the Lyons Turning Mill."

Bina expressed appreciation of the support of his organization's members, Discover Quincy and the Quincy Chamber of Commerce.

Discover Quincy Executive Director Margaret Laforest, who is also a Ward 1 city councillor and the Quincy Chamber of Commerce vice president, said her organization is pleased to help support the museum.

"We do our best within our organization (Discover Quincy) to support the arts, culture and historic attractions in our community," she said. "It's really great to get this far and it looks like they will be hitting the ground running in the spring."

Laforest also said the museum is displaying an important piece of Quincy's history.

"We are so excited for this," she said. "It shows the impact the granite industry had not only just in our community, but beyond. It's interesting to see where Quincy granite has gone in the world. We wanted to be able to share with the public. We are grateful for the time and talent of the Quincy Quarry and Granite Workers Museum membership has given."

MANUEL BARROSO and Kathy Hogan chat inside the new Quincy Quarry and Granite Workers Museum located on Quarry Lane off Ricciuti Drive in West Quincy.
Quincy Sun photos/Tom Gorman

SAMPLES OF POLISHED and turned Quincy granite are displayed in the museum.

Breast Cancer Awareness – How Far We Have Come

Living in Quincy, birthplace of Founding Father John Adams - I wanted to put breast cancer in a historical perspective. John Adams' daughter Abigail Adams had breast cancer, which as seen in the HBO mini series, there was no recourse other than have the affected part removed with something close to a kitchen knife, and that too without anesthesia. In the 200 years or so since, women today are in a much better place with early detection, treatment, awareness and support.

Breast cancer is the most common invasive cancer in females worldwide. It accounts for 16 percent of all female cancers and 22.9 percent of invasive cancers in women. Some 18.2 percent of all cancer deaths worldwide, including both males and females, are from breast cancer. But today the five year survival rate of breast cancer is over 90 percent when caught early.

There is one woman I read about who has survived breast cancer for 22 years and I know there are some who have even longer.

Thus it is an encouraging journey for Americans, over last 200 years, even though we have just 'scratched' the proverbial tip of the breast cancer mountain today.

My aunt, mother's oldest sister in India, had breast cancer but unfortunately she did not survive.

Kumu Gupta
Quincy

Readers Forum

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Hancock Lot Alternative Parking Plan Still In Works

Cont'd From Page 1

and work begins on a 730-car municipal garage, which will be located between the two developments.

Geary said some parking spaces in the 500-space Hancock Lot would come offline on a staggered basis before the lot closes entirely.

Ward 2 Councillor Brad Croall, who represents the residential neighborhood just south of the Hancock Lot along Revere Road and McGrath Highway, asked Geary if the city has a plan in place to accommodate those who park there during the 16 to 18 months the garage will be under construction. Croall said the constituents he represents are concerned people might park in their neighborhood if no other arrangements are available.

"I know I've been pretty vocal about it over time because it is a consistent issue that gets brought to me when I'm in that section of town…the parking arrangements," Croall said. "Obviously these sections of parcels being activated, it's probably going to relinquish even more of the parking available on the Hancock Lot. Where is the city of Quincy right now as it pertains to alternative parking arrangements?"

Geary said the city is reaching out to private landowners around Quincy Center to use their sites for parking, and the 300-space Ross Lot would be able to accommodate some of those displaced by the closure.

"We are entering into several arrangements and pursuing several others that will provide us with the capacity for interim parking," Geary said.

"We've looked throughout…the periphery of downtown for available spaces for monthly parkers as well as to maintain a supply of parking for transient parkers. Some of it will be in the Ross Lot. Some of it will be absorbed in private locations where we're entering into agreements for interim parking at those locations."

Croall then asked Geary how confident he was that the parking plan would be able to accommodate all those who use lot; the councillor said he was concerned the streets of his ward could turn into a parking lot if not enough parking were available.

"How confident are you you'll hit those numbers to adequately service the need?" Croall said.

"My concern as someone representing those neighborhoods is that the unintended consequence is the street becomes a parking lot – so how confident are you that you'll hit those numbers?"

Geary said he is confident a plan will be in place to provide enough parking once the lot closes, adding that it is a high priority for the Koch administration.

"I work on this, believe it or not, every single day," Geary said. "I'm worried about it and I know each and every one of you…are worried about it, so it is a very high priority for the administration and we are working as diligently as you could possibly work to make certain that we do have that capacity."

James Fatseas, the city's planning director, said the new municipal garage is still being designed, as is Chestnut Place. The 124-unit building will stand 15 stories tall once completed, which would make it Quincy's tallest building. O'Connell, Fatseas said, has yet to apply for financing for the project because those designs are still underway.

Geary said the developer has had some discussions with potential backers, including the U.S. Department of Housing and Urban Development, and is considering a range of options to finance the project.

The city's land disposition agreement with O'Connell makes the developer responsible for constructing the garage at the same time as Chestnut Place. The city will finance the garage construction using an $80 million district improvement financing bond approved by the council earlier this year, and the contract with O'Connell will include a guaranteed maximum price the city would pay for its construction.

A separate council vote is required to approve final plans for the garage once those are completed.

The council approved four measures related to the Hancock Lot development Monday night.

The first was a confirmatory order of taking for the parcels that comprise the Hancock Lot, which Geary described as a legal formality necessary to help O'Connell obtain financing. The Hancock Lot, Geary said, was cobbled together from several smaller parcels in the 1940s and 1950s and Monday's vote extinguishes any possibly third-party claims on those parcels and consolidates them into one.

O'Connell will purchase part of the area from the city with the rest, near the corner of Dennis Ryan Parkway and Revere Road, set aside for future development.

O'Connell will purchase the 13,526-square-foot portion of the lot for $940,000 per terms of the land disposition agreement. Under the LDA, the developer will not be able to close on the land until financing is in place.

The second order formally discontinued Cottage Street, a paper street that once ran between Cottage Avenue and Revere Road. The road closed when the Hancock Lot opened but was never formally discontinued until Monday.

The third order will allow the city to create a new street to provide access to the new municipal garage via Cottage Avenue. The new road does not yet have a name.

The council approved all three items unanimously.

The fourth item will allow for the widening of Dennis Ryan Parkway and Cottage Avenue to provide better access to the municipal garage. The $80 million district improvement financing bond includes funding to widen those roads.

The item was approved in a 7-2 vote, with Councillors Joseph Finn and Noel DiBona opposed. Finn said he was concerned by confusion over whether or not a conduit to mitigate flooding concerns in the vicinity of Bigelow Street was included in the $80 million bond.

Daniel Raymondi, a former Ward 2 councillor who was most recently Koch's commissioner of public works, highlighted the need for the flood control project during a public hearing at the start of Monday's meeting and said the $80 million bond did not fund it. Geary, however, said that engineer Joseph Shea told him, via text message, that the $80 million bond did include funding for the conduit.

CPR Course Dec. 5

Health Ed of New England will hold a Basic Life Support CPR course for healthcare providers Tuesday, Dec. 5 from 6 to 10 p.m. at Christ Church, 12 Quincy Ave., Quincy.

The cost is $55 per person. Pre-registration required by Monday, Dec. 4.

To register, call 781-582-1440 or 800-434-6000, or visit www.healthedneweng-land.com.

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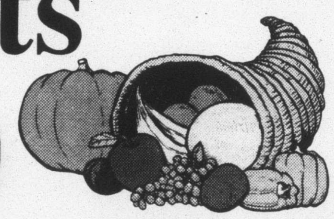

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Skyy Vodka 1.75 LTR	$ 17.99 - ($5.00) M.I.R = $ 12.99
Platinum Vodka 1.75 LTR	$ 12.99
Tanqueray Gin 1.75 LTR	$ 29.99 - ($5.00) M.I.R = $ 24.99
Bombay Sapphire Gin 1.75 LTR	$ 33.99 - ($5.00) M.I.R = $ 28.99
Captain Morgan 1.75 LTR	$ 22.99 - ($5.00) M.I.R = $ 17.99
Bacardi Light & Dark Rum 1.75 LTR	$ 18.99 - ($5.00) M.I.R = $ 13.99
Don Q Rum Light & Dark 1.75 LTR	$ 18.99
Privateer Silver Rum 750 ML	$ 17.99
Pyrat XO Rum 750 ML	$ 19.99
Canadian Club 1.75 LTR	$ 18.99 - ($7.00) M.I.R = $ 9.99
Jim Beam Bourbon 1.75 LTR	$ 26.99
Seagram's VO 1.75 LTR	$ 20.99
Jack Daniels 1.75 LTR	$ 40.99
Knob Creek Bourbon 1.75 LTR	$ 50.99
Russell Reserve Single Barrel-Barrel Proof 750 ML	$ 47.99
E. H. Taylor Small Batch Bourbon 750 ML	$ 34.99
Woodford Reserve Bourbon 750 ML	$ 30.99
Sazarac 6 year Rye 750 ML	$ 19.99
Sauza Hornitas Tequila 1.75 LTR	$ 29.99
Jameson Irish Whiskey 1.75 LTR	$ 41.99
Bushmills Irish Whiskey 1.75 LTR	$ 34.99
Hakushu Single Malt 12 year 750 ML	$ 67.99
Glenfiddich 12 Year Old Scotch 750 ML	$ 34.99
Glenmorangie 10 Year Old Scotch 750 ML	$ 32.99
Laphroaig 10 Year Scotch 750 ML	$ 39.99
Johnnie Walker Red 1.75 LTR	$ 28.99
Dewars 1.75 LTR	$ 28.99 - ($5.00) M.I.R = $ 23.99
Johnnie Walker Black 750 ML	$ 29.99
Southern Comfort 1.75 LTR	$ 26.99
Kahlua 750 ML	$ 18.99
Bailey's Irish Cream 1.75 LTR	$ 32.99 - ($5.00) M.I.R = $ 27.99
Grand Marnier 750 ML	$ 26.99
Palini Lemoncello 750 ML	$ 19.99
Campari 750 ML	$ 26.99
Hennessy 1.75 LTR	$ 64.99
Remy Martin VSOP 750ML	$ 35.99
Metaxa Brandy 7 Star 750 ML	$ 22.99
Courvoisier 1.75 LTR	$ 57.99

WINE SPECIALS

Taittinger Brut	NV	$ 35.99
Nicolas Feuillate Brut	NV	$ 26.99
Perrier Jouet Brut	NV	$ 35.99
Chandon Brut	NV	$ 16.99
Westport Rivers Brut	NV	$ 17.99
Argyle Brut	2013	$ 15.99
Carpene Malvolti Prosecco	NV	$ 12.99
Opus One	2014	$ 299.99
Joseph Phelps Insignia	2012	$ 194.99
Quintessa Red Blend	2012	$ 139.99
Groth Cabernet Sauvignon Reserve	2012	$ 99.99
Keenan Cabernet Spring Mountain	2010	$ 46.39
BV Napa Cabernet Sauvignon	2014	$ 19.99
Frank Family Napa Cabernet Sauvignon	2014	$ 45.59
Steltzner Cabernet Sauvignon Napa Valley	2012	$ 23.99
Robert Mondavi Napa Cabernet Sauvignon	2013	$ 20.99
Franciscan Napa Cabernet Sauvignon	2013	$229.00 case (-$42.00) M.I.R. = $ 187.00
Simi Alexander Valley Cabernet 2014		$191.88 case (-$42.00) M.I.R. = $ 149.88
Double Canyon Cabernet Sauvignon HH Hill	2014	$ 19.99
Raymond Reserve Merlot Napa Valley	2013	$ 15.99
Ravenswood Pickberry Red Blend Sonoma Mountain	2011	$ 19.99
Thomas George Baker Ridge Pinot Noir	2012	$ 34.99
Shea Wine Cellars Willamette Valley Pinot Noir	2013	$ 34.99
Ron Rubin Pinot Noir Russian River	2015	$ 15.99
Simi Chardonnay		$143.88 case (-$42.00) M.I.R. = $ 101.88
Clos Pegase Carneros Chardonnay	2014	$ 19.19
La Crema Chardonnay Sonoma Coast	2015	$ 15.99
Kendall Jackson Grand Reserve Chardonnay	2015	$ 13.99
Heritance Sauvignon Blanc Napa Valley	2015	$ 9.99
Luigi Righetti Amarone Classico	2013	$ 31.99
Ruffino Chianti Classico Riserva Ducale Gold	2012	$ 29.99
Gabriele Scaglione Tutto dipende...Piedmont Rosso	2009	$ 25.99
Castello di Cacchiano Chianti Classico Riserva	2010	$ 23.99
Allegrini La Grola, Verona	2012/2013	$ 23.99
Chateau de Saint Cosme "Les Deux Albion", Rhone	2014	$ 15.99
Les Fiefs de Lagrange, Saint-Julien	2012	$ 27.99
Campo Viejo Rioja Gran Reserva	2010	$ 15.99
Hiruzta Hondarrabi Zuri Txakoli, Txakolina	2016	$ 11.99
Tapiz Estate Chardonnay, Mendoza	2014	$ 15.99
Catena Chardonnay, Mendoza	2015	$ 13.59
Manos Negras Stone Soil Select Malbec, Mendoza	2012	$ 11.99
Kim Crawford Sauvignon Blanc		$143.88 case (-$48.00) M.I.R. = $ 95.88
Spy Valley Sauvignon Blanc Marlborough	2016	$ 13.59
Mt. Beautiful Sauvignon Blanc, Marlborough	2016	$ 11.99
Karp Schreiber My Karp Riesling	2016	$ 9.99
Bollig-Lehnert Piesporter Spatlese 1 LTR	2015	$ 12.79
Clos du Bois All Types 750 ML		$ 99.99 case (-$32.00) M.I.R. = $ 67.99
Mark West Pinot Noir 750 ML		$107.80 case (-$28.00) M.I.R. = $ 79.80
J Lohr Chardonnay 750 ML	2016	$ 8.99
Barone Fini Pinot Grigio	2016	$ 8.99
Louis Jadot Beaujolais Villages	2016	$ 8.99
Kris Pinot Grigio 750 ML		$ 8.99
Masciarelli Montepulciano 1.5 LTR		$ 12.99
Sutter Home Cabernet/Chardonnay/Merlot 1.5 LTR		$ 8.99
C K Mondavi Cab/Chard/Merlot 1.5 LTR		$ 9.99
Beringer White Zinfandel 1.5 LTR		$ 8.99
Mezzacorona Pinot Grigio 1.5 LTR		$ 9.99
Black Box (All Types) 3 LTR		$ 16.99 box (- $5.00) M.I.R. = $ 11.99

BEER SPECIALS

Bud, Bud Light 30 Pack Cans	$ 22.99
Coors Light/Miller Lite 30 Pack Cans	$ 22.99
Michelob Ultra 30 Pack Cans	$ 24.99
Yuengling 24 Pack Bottles/Cans	$ 18.99
Corona & Corona Light Loose Bottle Case	$ 24.99
Heineken/Amstel Loose Bottle Case	$ 24.99
Sam Adams ALL TYPES Loose Case	$ 24.99
Harpoon IPA Loose Bottle Case	$ 22.99
Beck's Loose Bottle Case	$ 21.99
Stella Artois Loose Bottle Case	$ 24.99
Newcastle Ale Bottles 2/12 Case	$ 21.99
Bass Ale Bottles 2/12 Case	$ 22.99
Carlsberg 16 oz. 24 Pack Cans	$ 21.99

CRAFT BEER & CIDERS

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Goose Island IPA/Mix 12 Pack Bottles	$ 13.99
Samuel Adams 12 Packs ALL TYPES	$ 13.49
Victory Mixed 12 Pack Bottles	$ 13.99
Harpoon UFO/Seasonal 12 Pack Bottles	$ 12.99
Sierra Nevada ALL TYPES 12 Pack Bottles	$ 13.99
Wachusett ALL TYPES 12 Pack Cans	$ 13.99
Smuttynose IPA & Mix 12 Pack	$ 14.99
Lagunitas IPA 12 Pack Bottles	$ 13.99
Cisco (All Types) 12 Pack Cans	$ 13.99
Magner's Cider 12 Pack Bottles	$ 14.99
Angry Orchard Cider 12 Pack ALL TYPES	$ 13.99
Downeast Cider 9 Pack Cans ALL TYPES	$ 14.99
Founders 15 Pack Cans	$ 13.99
Jack's Abby Hoponius and Variety 12 Pack Cans	$ 14.49
Notch 12 Pack Cans ALL TYPES	$ 14.99
Revolution Brewing Variety 12 Pack Can	$ 16.99
Night Shift Brewing 4 Pack Cans Select Types	$ 10.99

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DR. ARTHUR GOSSARD (center), Quincy High School alumnus and distinguished physicist, with students and guests who attended his recent lecture at Quincy High School.

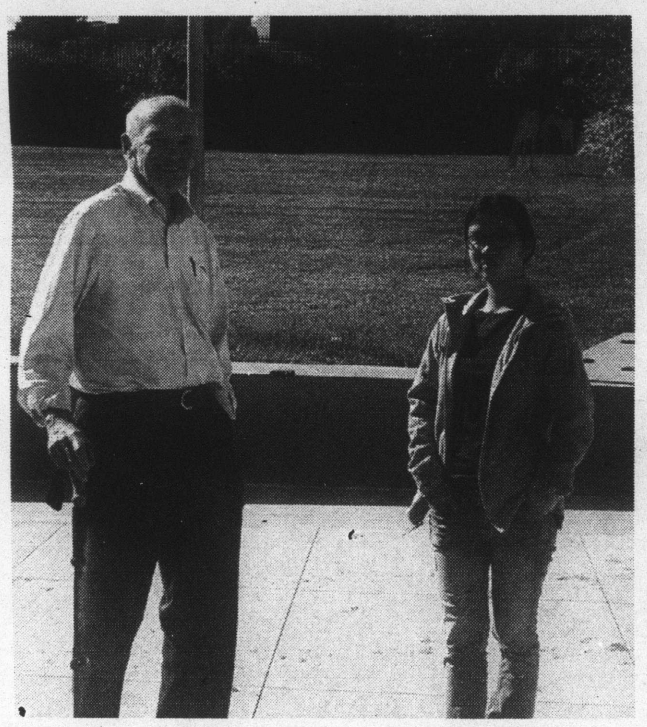
Photos Courtesy Quincy High School

Distinguished Physicist Dr. Arthur Gossard Visits QHS

Quincy High School Alumnus And National Medal of Technology And Innovation

Dr. Arthur Gossard, Quincy High School class of 1952 visited Quincy High School on Thursday October 12th where he met with approximately forty junior and senior physics and engineering students for a presentation and discussion on his personal life and career including what lead to his National Medal of Technology and Innovation in 2014. During his time at QHS he toured science labs, met with students, and was recognized locally for his national achievements in technology and innovation.

High School students were given a chance to ask thoughtful questions of Dr. Gossard and had personal conversations with him about his research and life during a post lecture breakfast. Topics included the future of materials science, renewable energy, and the various career paths of the students.



Dr. ARTHUR Gossard speaks with student Rachel Shen during this recent visit to Quincy High School.

Dr. Arthur Gossard, who, after studying physics at Harvard and U.C. Berkeley, went on to have a distinguished career as a physicist and materials scientist, notably at Bell Labs and then at U.C. Santa Barbara, where he currently holds the position of Professor Emeritus and Research Professor, Materials and Electrical & Computer Engineering. He was an important contributor to the work that won the 1998 Physics Nobel Prize; and on May 19th, 2016, was awarded a National Medal of Technology and Innovation at a presidential ceremony at the White House, along with seven other recipients of that medal and nine recipients of the National Medal of Science.

DR. ARTHUR GOSSARD (second from left) recently visited Quincy High School with his sister Dr. Eleanor Shore, brother in-law Dr. Myles Shore (far right), and nephew Mr. Paul Shore (far left).

Dr. Arthur Gossard is also the grandson Dr. Paul Gossard (1897-1971), who served as the superintendent of Quincy Public Schools from 1944 to 1963.

DR. GOSSARD chats with guests and QHS student Jospeph Amendolare.

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Real Estate

Quincy Real Estate Transactions Nov. 6 - Nov. 10

Transactions are compiled by the Norfolk County Registry of Deeds

Seller	Buyer	Amount	Address
Paul G. & Siobhan O. Conlon	Gregory B. Boyd	$445,000.00	23 Algonquin Road
David Gunther & Patricia Lowry	Chany Peguero-Pena	$520,000.00	116-118 Arnold Street
Jia Y. Zheng & Yan Chen	Dave C.W. Zhang & Yan Xiao	$718,000.00	98 Warren Avenue
Nancy E. & John S. Gagnon Trust	Kaien & Yulan Huang	$430,000.00	45 Eddie Street
Traci A. Anastas; Kerri & Matt Francis	Patrick S. Nee	$610,000.00	62 Barham Avenue
Elm Realty Corp	Flora Hu & Andy Z. Yau	$640,000.00	19 Town Hill Street
Stanley & Celina Buczkowski	Wen F. & Tia Guan	$436,000.00	37 Nightingale Avenue
Mark & Sarah Lewis	Lisa Benson & Maurizio Rapisarda	$485,000.00	10 Hillsboro Street
Wilmington Savings Fund Society FSB	Gulhan Yalcinkaya	$150,000.00	135 Willard Street Unit 4
Village of Green III LLC	Jie Cao	$275,000.00	165-185 Quincy Shore Drive Unit C-48
Residences at 1022 Hancock Street LLC	Danielle M. Cameron	$355,000.00	1022 Hancock Street Unit G10
Melvin R. Acuff	Timothy N. Acuff	$340,000.00	96 Rockland Street
Susan M. Bell	Cheryl Flaherty	$545,000.00	22 Jenness Street
Stephen P. & Janice E. Girard	Chang Liu	$520,000.00	86 Vassall Street
Thomas J. & Victoria L. McGinn	Hong K. Chan	$242,000.00	132 Darrow Street
Takashi & Michiko Koto	Tak W. Lo	$170,500.00	133 Commander Shea Boulevard Unit 201
Francis A. Capodilupo Trust	Steven M. Berenson	$1,125,000.00	1001 Marina Drive Unit 803E
Terry & Curran LLC	S&N Pond Street LLC	$5,375,000.00	71-81 Pond Street
T. Andrew, I. Christopher & Andrea S. Rinaldi	Brian Byrne & Chloe St. Rose	$461,100.00	2001 Marina Drive Unit 517W
Ann M. Ross	Wei Song & Zhenjie Cao	$330,000.00	419 Newport Avenue Unit 4

Ask Barbara Graceffa:

Thanksgiving Centerpiece, Buying Rugs Online

After a trip this weekend to the local arts and crafts store, there are no fall décor items left. Any ideas for a Thanksgiving centerpiece? Danna

You're right. At this time of year, all the winter holiday items are out at the arts and crafts stores (and everywhere else, too). Last week, I even saw New Year's Eve paper goods there.

Instead, shop at the supermarket and hardware store. If you still have a whole pumpkin from Halloween, spray paint it or use a marker to write "Give Thanks" or "Welcome" in a fancy script. If you can paint or draw, you might try to reproduce the Mayflower or a pair of pilgrims. You can leave it like that or you can cut the top off, scoop out some of the pulp, insert a can or jar filled with water and flowers.

At the grocery store or farm stand, you can also purchase squash, a long stem of Brussel sprouts, ears of corn (all of which you can eat later!) and/or gourds to put on a pretty tray to adorn your dining room table or buffet.

BARBARA GRACEFFA

Have you ever bought a rug online? Shihab

Yes, I have, and with great success. I'm not sure what style you are looking for, but I recommend Ballard Designs and L.L. Bean. From the former, I bought a cool 5x7 zebra stripe rug that lasted for many years in my own home until I gave it to my niece who is still using it. At L.L. Bean, I have purchased braided wool rugs and a wool, hand-tufted floral medallion 8x 11 rug – both of very high quality and my clients loved both!

I would recommend asking for a sample from the company (if available) and asking about the return policy and return shipping fees you may need to incur. Some online companies allow you to return an item to a brick-and-mortar store which you might find very convenient.

P.S. A shout out to my new friends at the Hough's Neck Garden Club where I gave a lecture on design basics and color using florals in interior and exterior design. We had a great time together!

Do you have a decorating problem needing a professional solution? Email your questions to barbara@sec-interior.com. Barbara Graceffa owns and operates Secretary of the Interior, an interior decoration company offering creative solutions at reasonable rates.

For more information, visit www.sec-interior.com or call her at 617-921-6033.

O'Donnell Montclair Wollaston Neighborhood Speaker

As part of an ongoing effort to familiarize the citizens of Norfolk County with the programs and services offered by the Registry of Deeds, Register William O'Donnell recently spoke before the Montclair Wollaston Neighborhood Association.

O'Donnell and his staff were also available after the speaking portion of the program to provide copies of land documents, including property deeds, to interested attendees.

"I very much appreciated the opportunity to speak before the Montclair Wollaston Neighborhood Association," O'Donnell said. "Topics discussed included the benefits of the Homestead Act. A Homestead provides homeowners with limited protection against the forced sale of their primary residence to satisfy unsecured debt up to $500,000."

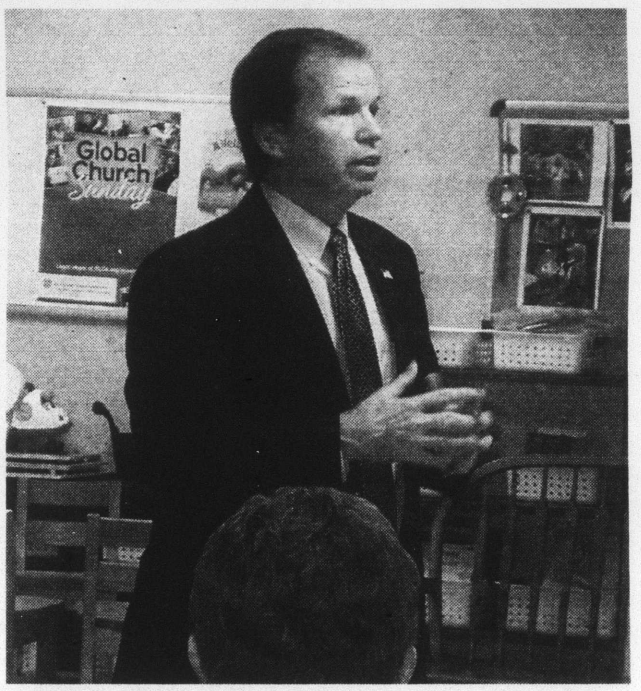
Another topic discussed was the importance of filing a mortgage discharge in a timely manner.

"Once a mortgage has been paid off," O'Donnel noted, "a mortgage discharge document needs to be recorded with the Registry of Deeds to clear a homeowner's property title relative to that loan. A discharge is a document (typically one-two pages) issued by the lender, usually with a title such as 'Discharge of Mortgage' or 'Satisfaction of Mortgage.'

"In many instances, discharges are filed directly by banks or settlement closing attorneys with the Registry as part of a property sale or as a result of a refinancing transaction. In other cases, the mortgage discharge is sent to the property owner who then becomes responsible for making sure the document is recorded. Whether or not a discharge is recorded by the lending institution or the individual property owner, it is prudent that the property owner makes sure that all necessary documents have been recorded at the Registry of Deeds."

Finally, O'Donnell warned attendees about ongoing scams being perpetrated against unsuspecting homeowners.

"There is a California company that is sending a direct-mail solicitation to unsuspecting homeowners asking them to send a check for $83 in order to receive a copy of their deed. If a consumer knew that the Registry of Deeds would provide them the same certified copy of a property deed for a charge of only $1 per page, plus an additional $1 per document for postage, they would never agree to pay such an outrageous fee for service. The average price for a mailed homeowner's deed by the Registry, (usually two pages) is $3," O'Donnell said.



NORFOLK COUNTY Register of Deeds William O'Donnell speaks at a recent Montclair Wollasaton Neighborhood Association meeting. *Photo Courtesy Registry Of Deeds*

The register thanked Association President James Coughlin and all the members of the Montclair Wollaston Neighborhood Association for allowing him to speak at the meeting.

"The question and answer session after my prepared remarks was excellent and I was glad we were able to assist many association members with their land document questions," O'Donnell added.

To learn more about these and other Registry of Deeds events and initiatives, like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and/or Instagram.com/NorfolkDeeds.

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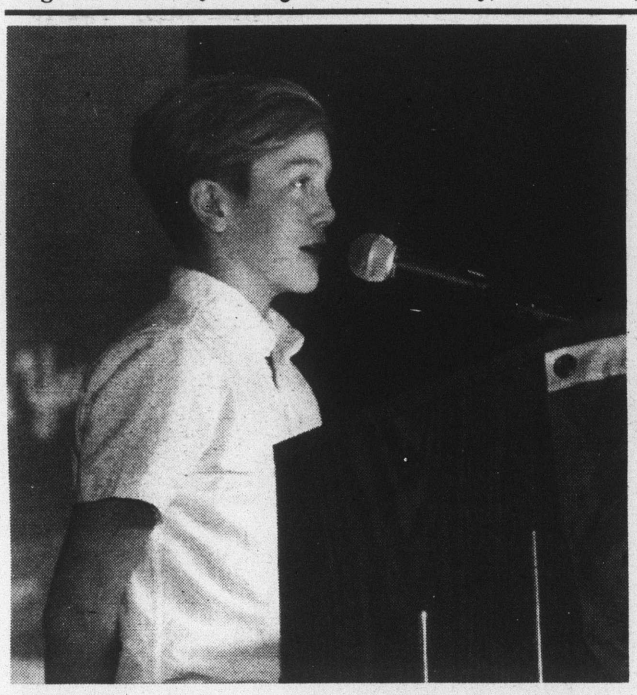
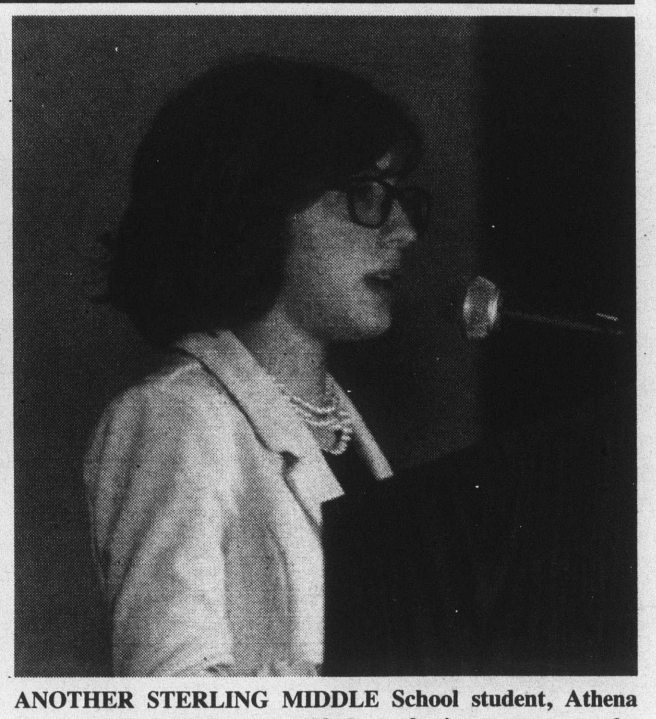


STERLING MIDDLE SCHOOL student Colin McPherson speaks about the importance of thanking veterans for their service at the school's annual Salute to Veterans assembly Nov. 9.

STUDENT KAYLA TRAN talks about how veterans fought for the freedoms enjoyed in this nation at the Sterling Middle School Veterans Day Salute Nov. 9.



ANOTHER STERLING MIDDLE School student, Athena Perry, spoke about her grandfather, who is a veteran, at the school's annual Veterans Day assembly saluting veterans.

Veterans Honored At Sterling Middle School

By TOM GORMAN

The services and sacrifices of veterans were honored during the annual Veterans Day ceremony at Sterling Middle School on Nov. 9.

About a dozen veterans attended the ceremony that featured patriotic songs, remarks from students and a keynote address by World War II veteran Robert Noble, who talked about his military experiences including being captured by the Germans and held as a prisoner of war.

Grade 7 students Amira Aitsaid, Brandon Hibbard, Aden Le, Colin McPherson and Nicholas Pereia each expressed gratitude to veterans as a slide show of pictures and messages of appreciation flashed on a large screen on the auditorium stage.

"Our veterans have made great sacrifices for our country," said Aitsaid. "It is our responsibility to take care of our country."

Hibbard noted that veterans have fought to maintain our freedoms.

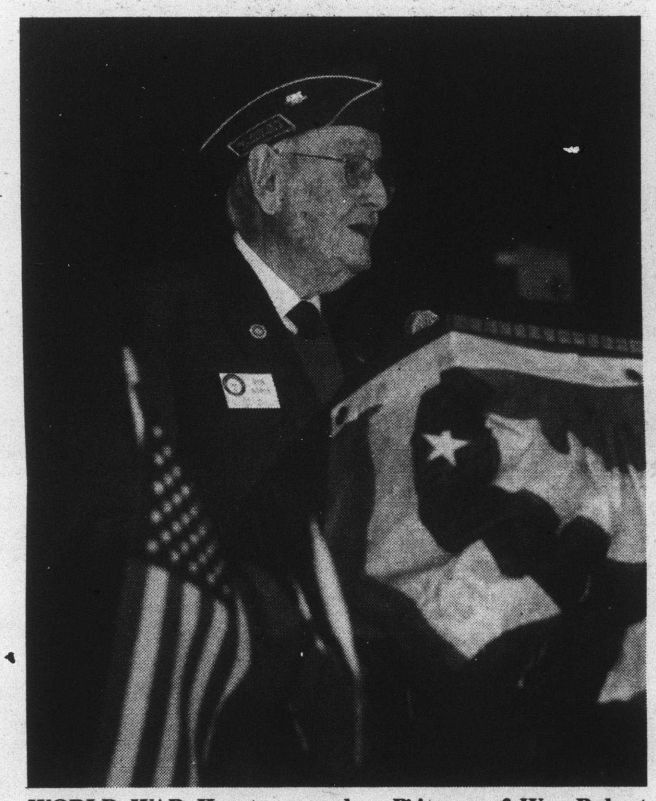
"Freedom is one of the biggest privileges of all," he said.

In her Veterans Day speech, grade 7 student Kayla Tran reflected on the sacrifices of veterans that allow her and all Americans to follow their dreams.

"Millions of veterans serve the U.S., protecting our independence," she said. "Independence would not have been obtained without every single one of these courageous people. I may not know the face of every individual veteran, but I will think about all of them who protect my family, my opportunities and the county I live in."

Grade 8 student Athena Perry began her address with a passage from the Declaration of Independence, "'We hold these truths to be self-evident.'"

"To veterans, these are more than historic words," she said. "Each Veterans Day, we are reminded how our armed forces uphold these truths and serve to protect our country."



WORLD WAR II veteran and ex-Prisoner of War Robert Noble of Quincy talks about his military experiences as the keynote speaker at Sterling Middle School's Veterans Day ceremony Nov. 9.

PAST NATIONAL American Legion Commander John (Jake) Jake Comer, Quincy Veterans Services Director George Nicholson and Veterans Services Graves Registration Officer George Bouchard salute during the ceremony. *Quincy Sun photos/Tom Gorman*

Perry spoke about her great-grandfather who served during the WWII Battle of the Bulge and how difficult it was for him to talk about his war experiences.

"This is a reminder of the sacrifices that service members make that don't necessarily end the minute they return," she said. "This generation of men and women saved the world."

In his keynote remarks, Noble, who will be celebrating his 92nd birthday next month, said that Veterans Day, originally called Armistice Day, pays tribute to the end of World War I on Nov. 11, 1918 and the part America played in winning that war.

"We are observing today a day that has existed since the end of World War I to honor and thank all veterans for their service to their country," he said.

Noble, who was born in Dorchester, told the gathering how he enlisted in the Reserve Corps at age 17 in 1943 and being accepted to the Army Air Corps a year later – April, 1944, just before "D-Day," the invasion of France.

Because more ground forces were needed, Noble said he was assigned to an infantry division instead of training to become a pilot. After basic training, he soon found himself along with 15,000 other soldiers on the Queen Elizabeth, sailing for Scotland. After additional training, Noble and his division were sent to front lines at the French-German border.

"We travelled by train, truck and foot until we were

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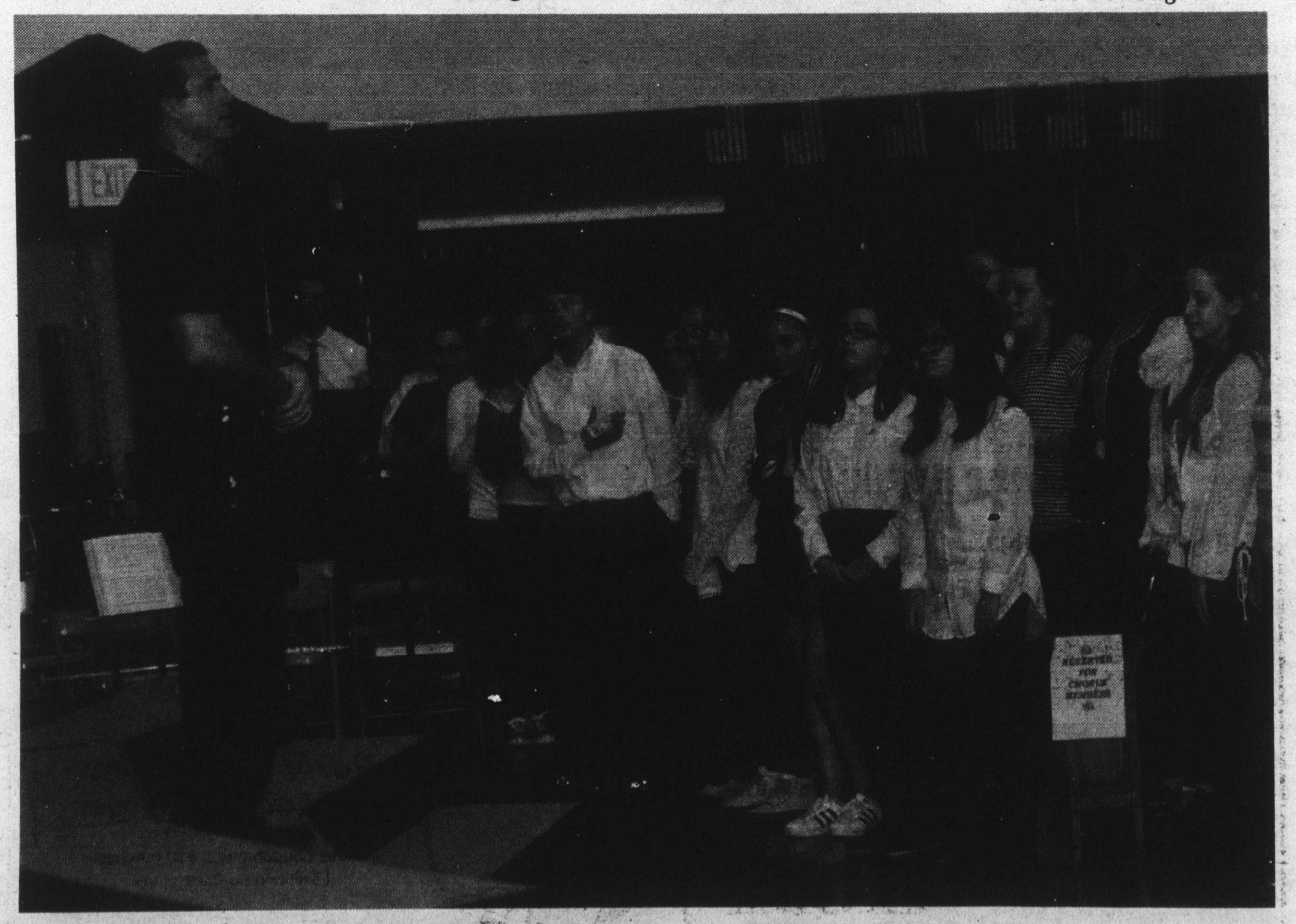

QUINCY POLICE DARE Officer Don Sautter sings "God Bless America" at the Sterling Middle School Veterans Day assembly.

Dr. Newton John Cochan Christmas Parade Marshal

Newton John Cochran, M.D., who practiced family medicine for 37 years from his office on Elm Street in Wollaston, will be the grand marshal of the 65th annual Quincy Christmas Parade, which will take place on Sunday Nov. 26.

Dr. Cochran, who retired his practice three months ago, specialized in caring for people of all ages and stages of life, rather than focusing on the treatment of one disease. Countless Quincy families flowed through his office for their everyday ailments and got his always friendly manner mixed with a dose of practical medical advice.

In making the selection the Parade Committee noted that Dr. Cochran was a home grown member of the community, and proud graduate of the class of 1959 of North Quincy High School. He then graduated from the New York Medical College, did his internship at the Beth Israel Deaconess Medical Center and his residency at West Ros Park Mental Health Center.

Throughout his career, Dr. Cochran resided in Quincy and practiced at the former Quincy Hospital, along with affiliations with South Shore Hospital and Boston Medical Center. Trained and certified in Internal Medicine he was honored as a Fellow in the American College of Physicians. He served our community greatly and had a positive impact on all his patients in particular in our community in general.

"I enjoyed every minute of my 41-year career and am honored and delighted to be part of the traditional Quincy Parade," Dr. Cochran said.

Dr. Cochran has six children and will ride the three-mile parade route along with five of his nine grandchildren.

The 65th annual Christmas Festival will begin on Friday, Nov. 24th at 5 p.m. with the tree lighting ceremony to be held on the lawn of the Thomas Crane Public Library. The annual arrival of Santa by parachute will be at 12:30 p.m. on Saturday, Nov. 25th at Pageant Field, Merrymount Park.

The 65th annual parade will take place Sunday, Nov. 26 with a step off at 12:30 p.m. from Hancock Street and Hannon Parkway. The parade will proceed three miles down Hancock Street to North Quincy High School.

NORTH QUINCY HIGH SCHOOL Junior ROTC Armed Exhibition Drill Team performs at the Sterling Middle School Salute to Veterans assembly Nov. 9. More photos on Page 39.

Quincy Sun photo/Tom Gorman

Pasta Supper Sunday Supports Scouting

The community is invited to a pasta dinner to support scouting Sunday, Nov. 19 at 6 p.m. at Wollaston Congregational Church, 48 Winthrop Ave., Quincy.

Cost is $10 per person and tickets will be sold at the dinner. The event includes a dinner presentation from the scouts and karaoke.

The dinner is hosted by Venturing Crew 42. Venturing is a Co-Ed program with the Boy Scouts of America for youth ages 14 to 20.

Scouting is a youth development program that spans ages 6-21 and focuses on developing the values of citizenship character and fitness in all its members.

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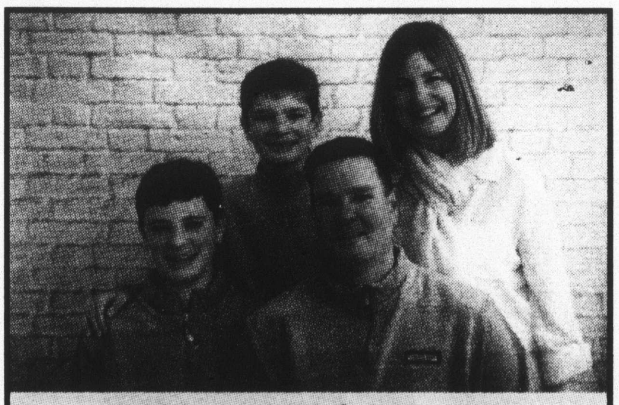

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Bottom Round Roast $2.99 lb.

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Dietz & Watson Teriyaki Chicken Breast $6.99 lb.
Sliced to Order Smithfield Lean Boiled Ham $3.79 lb.
Sliced to Order Smithfield Baked Ham $3.99 lb.
Sliced to Order Smithfield Honey Ham $3.99 lb.
Sliced to Order Butterball Honey Smoked Turkey Breast $5.99 lb.
Caradonna Private Stock Oven Roasted Turkey Breast $5.99 lb.
Dietz & Watson Peppered Turkey Breast $6.99 lb.
Sliced to Order Pearl Beef Salami $4.99 lb.
Sliced to Order Pearl Roast Beef $6.99 lb.
Pearl Sliced Pastrami $7.99 lb.
Sliced to Order Carolina Turkey Breast $2.49 lb.

Sliced to Order Land O'Lakes Cheese – Low Salt, Swiss, Muenster, Hot Pepper, Mozzarella, 4 Cheese Italian Blend $4.99 lb.

Sliced to Order Alpine Lace Swiss Cheese $5.99 lb.
Sliced to Order Hillview American Cheese $3.99 lb.
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Roxie's Seafood Salad $3.99 lb.
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12 Pack Fish Cakes $3.99
Fresh Filet of Haddock $4.99 lb.

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5 lb. Bag Idaho or Red Bliss Potatoes $2.99
Red Onion $.99 lb.
10 oz. Pkg. Mushrooms $1.39
8 oz. Pkg. Sliced Mushrooms $1.39
1 lb. Pkg. Mini Carrots $.99 ea.
5 lb. Bag Carrots $1.99
Cucumbers 2/$1.00
Avocados 2/$3.00
9 oz. Bag Spinach $1.99
Sweet Onions $.99 lb.
Peeled and Cleaned Butternut Squash $1.49 lb.
Zucchini or Summer Squash $.99 lb.
Extra Large Green Peppers $1.49 lb.
Broccoli Crowns $1.49 lb.
Cluster Tomatoes on the Vine $1.99 lb.
3 Pack Romaine Hearts $1.99
California Iceberg Lettuce $.99
Asparagus $2.99 lb.

5 lb. Bag Ice 99¢

fruit

Bananas $.39 lb.
3 lb. Bag Macintosh Apples $2.99
Red Seedless Grapes $1.99 lb.
Red Delicious Apples $.99 lb.
Pineapples $1.99
6 oz. Pkg. Blueberries 2/$5.00
6 oz. Pkg. Blackberries or Raspberries 2/$5.00

self serve deli case

12 oz. Pkg. Bar-S Franks $.99
5 lb. Pkg. Pearl Kountry Klub Beef Franks $23.95
Hillshire Kielbasa Pkg. $3.69
2.5 lb. Pkg. Deutschmacher Celio German Franks $10.99
2.5 lb. Box Kayem Natural Casing Franks $10.99
3 lb. Pkg. Land O Lakes Sliced American Cheese $12.95

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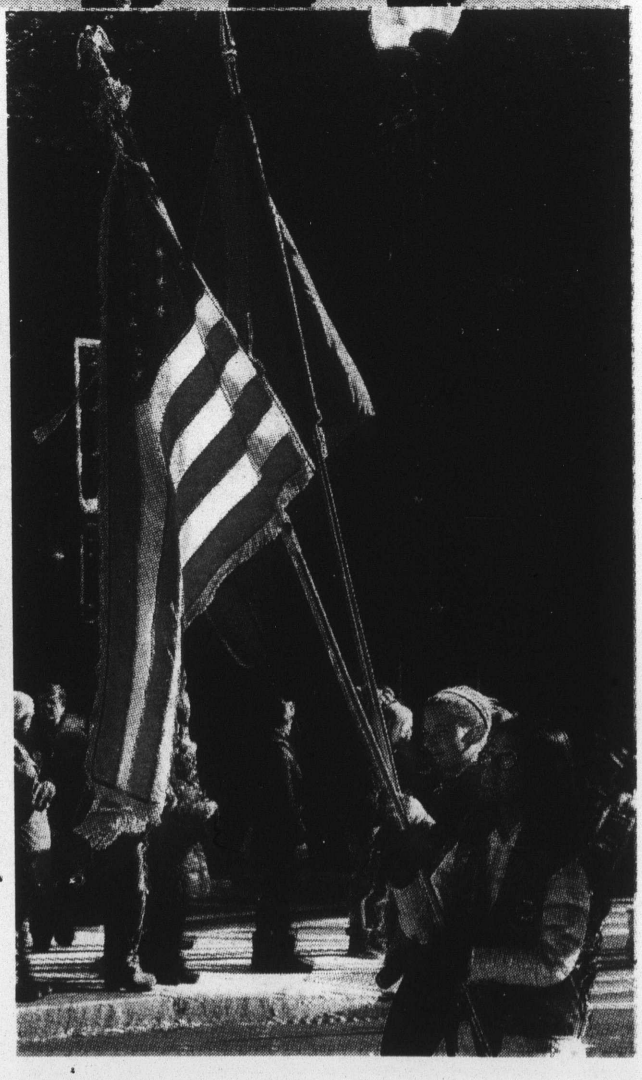
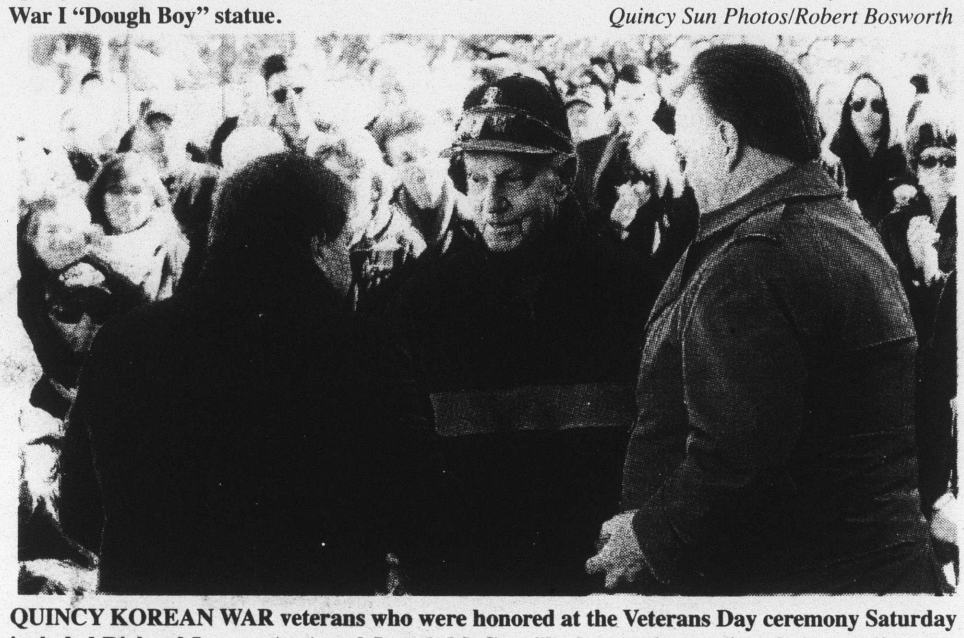
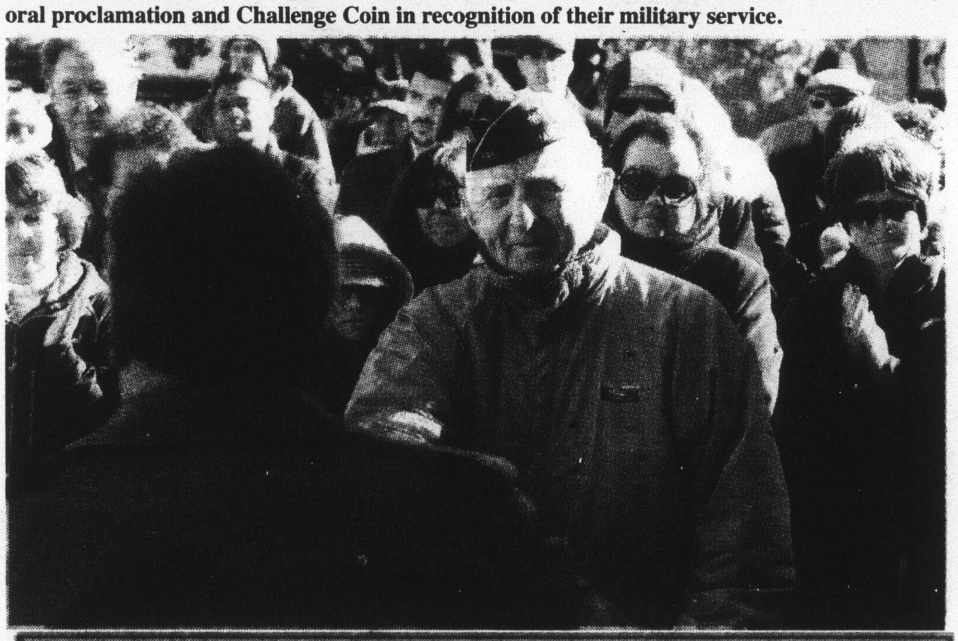
AMONG THE ORGANIZATIONS marching in Saturday's Veterans Day Parade were (top), North Quincy High School Air Force Junior ROTC (second row from left) Quincy Police and Quincy Fire Honor Guards, (bottom left) Cyril P. Morrisette American Legion Post Color Guard and (bottom right) Quincy Girl Scouts. *Quincy Sun Photos/Robert Bosworth*



HONOR GUARDS PRESENT colors as Eileen Durgin, 14, from Wollaston, sings "The Star Spangled Banner" at Saturday's Veterans Day observance at the Adams Academy and World War I "Dough Boy" statue. *Quincy Sun Photos/Robert Bosworth*



QUINCY KOREAN WAR veterans who were honored at the Veterans Day ceremony Saturday included Richard Laracy (top) and Joseph McConville. Laracy is a retired Quincy police captain. McConville's son, James McConville, is a U.S. Army general who is currently serving as the 36th Vice Chief of Staff of the U.S. Army. Mayor Thomas Koch (above left) and Quincy Veterans Services Director George Nicholson (right) presented each Korean War veteran a mayoral proclamation and Challenge Coin in recognition of their military service.



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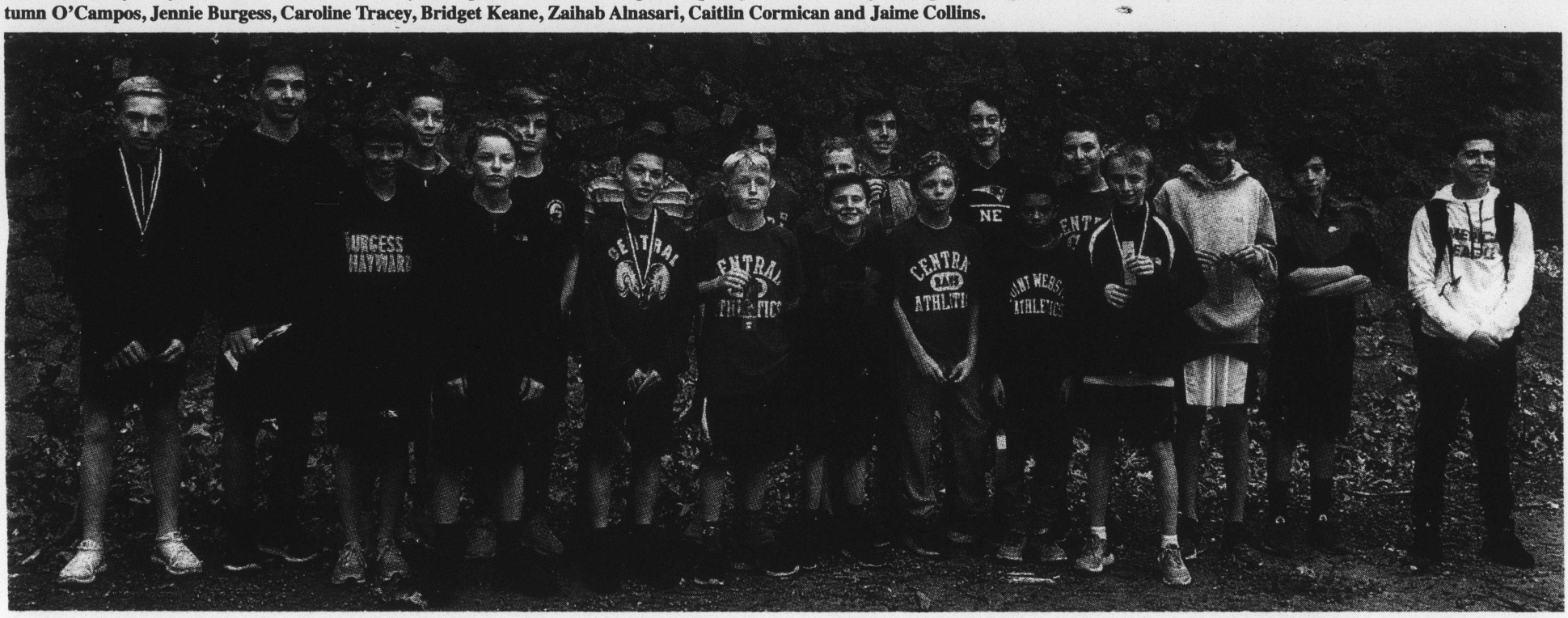
Girls, Boys Top Finishers At Middle School Cross Country Championships

GIRLS TOP FINISHERS at the recent Middle School Cross Country Championships (front row left to right) Madison O-Hara-Kelly, Amira Aitsaid, Caroline Campbell, Abigail Coughlin, Niamh Barrios, Carolyn Snyder, Mollie Nelson and Kathy Duong. Back row left to right: Stephany Alcantara, Kayla Jacques, Bridget Hoare, Victoria Mariano, Niamh Kelly, Mollie Smith-Gaeta, Autumn O'Campos, Jennie Burgess, Caroline Tracey, Bridget Keane, Zaihab Alnasari, Caitlin Cormican and Jaime Collins.



BOYS TOP FINISHERS at the recent Middle School Cross Country Championships (front row left to right) Emmett Bandsak, Aidan White, Oliver Smith, Sean Burns, Aidan Bridges, Shane Wright, Justin Venancio and Robert Cannon. Back row (left to right) Colin Hingston, Quin Perry, Jack Fehan, Will Ploof, Jakari Murphy-LaGrant, Zack Donague, Ben Dawe, Shane Faherty, James Rodgers, Ben Snyder, James Hoare, Michael White and Scott Ritz.

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QUINCY SCHOOL COMMITTEE
MEMBER ELECT

Central Girls, Atlantic Boys Teams Capture Cross Country Championships

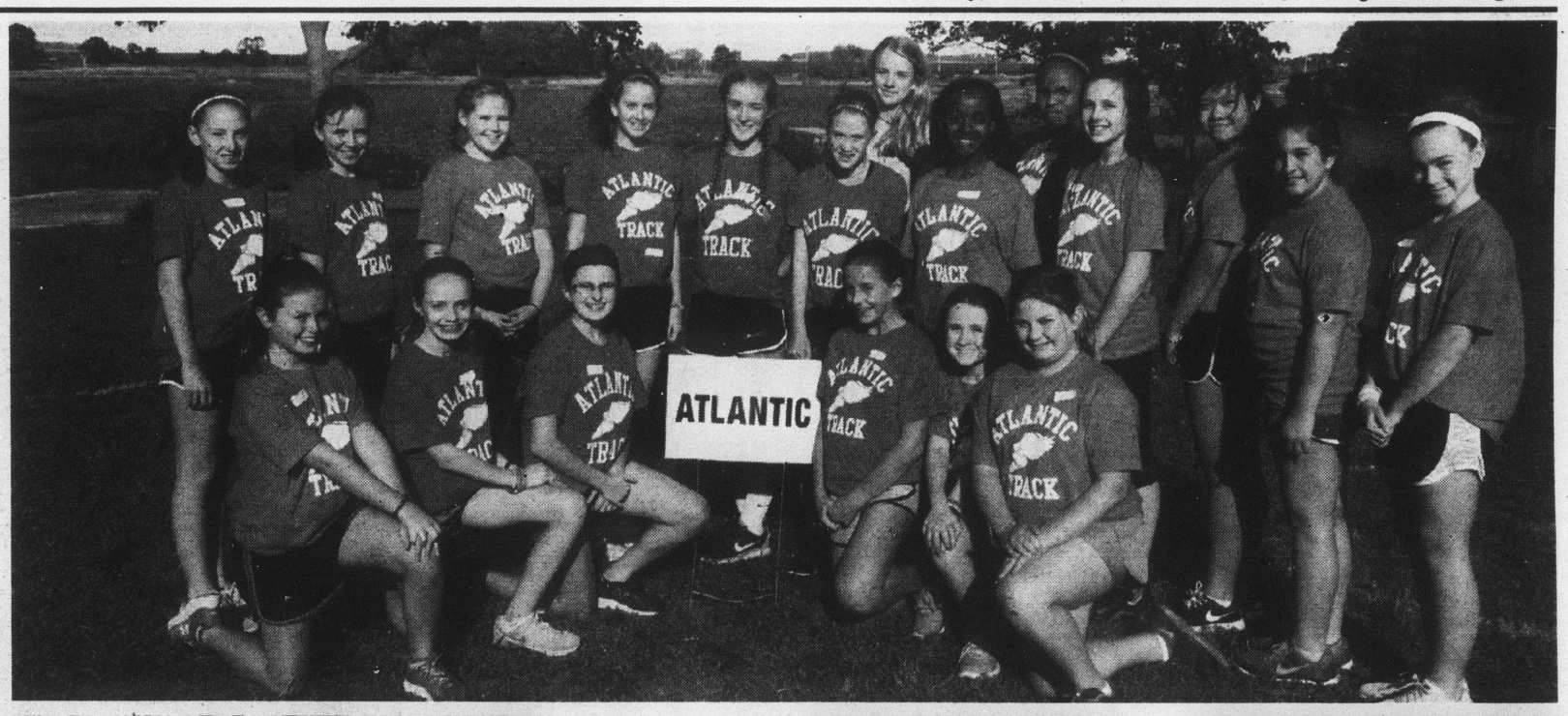
The middle school cross country championships were held recently and the Central Girls' team and the Atlantic boys' team won their respective championships. The Central girls were led by Caitlin Cormican who finished in first place with a time of 9:40.

In the boys' meet, Atlantic was led by Quin Perry who set a new course record of 8:33.

Atlantic teams were coached by Kris Kenney, Broadmeadows by Tommy Bloomer and Brian Tardif, Central by Ricardo Cordero and Mike Lenane, Point by Clare Murphy and Kellee Flynn Cradock and Sterling by Donna Kent.

The middle school athletic directors would like to thank all those who helped out including Stacey McGuire the official timer and a special thanks to the high school cross country runners who assisted at the finish line and acted as trailers encouraging our young runners to keep on running!

Atlantic Middle School Girls Cross Country Team



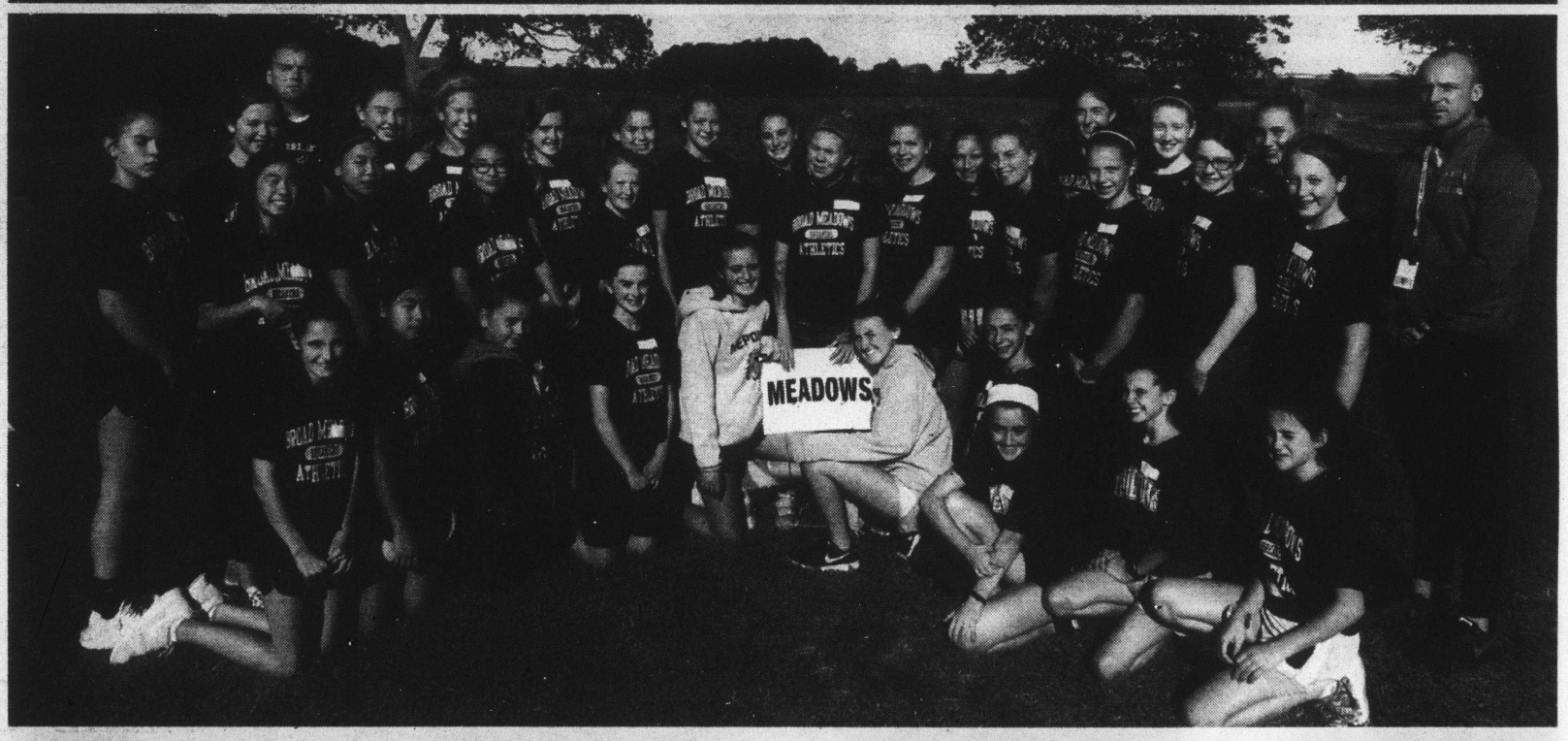
TOP ROW from left to right: Molly McGovern, Lea Bergin, Jillian Jaenig, Nimh Kelly, Bridget Keane, Victoria Mariano, Caitlin Feeney, Simone Trainor, Martina Thomas, Grace Lowe, Jialin Yu, Sofia Caraballo and Molly Carroll. Bottom row from left to right: Adalee Crowley, Ava Hunt, Abigail Coughlin, Melanie Chretien, Charlotte McCarthy and Sophia Fabrizio.

More Team Photos On Page 24

Atlantic Middle School Boys Cross Country Team

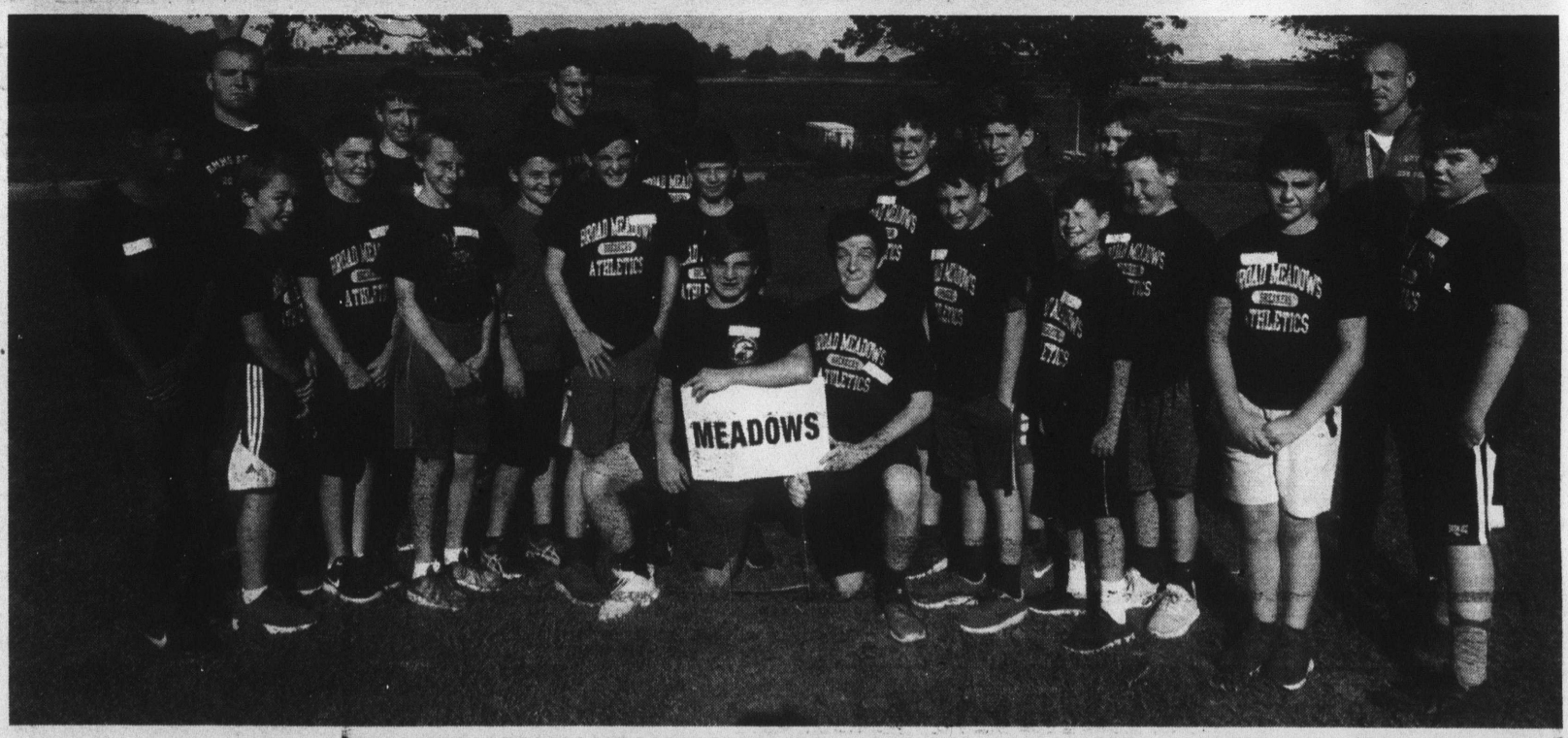
TOP ROW from left to right: Sinuo Zhu, Michael Phinney, Zachary Taylor, Oscar Liu, Jake Ollman, Emmett Bandzak, Sean Connelly, Jackson Murphy, Aidan White, Quinlan Perry, Jack Fehan, Jackson Medeiros, Shane Faherty, David Connelly, Enhea Panariti, Ryan Van and Anthony Chiu. Bottom row from left to right: Kenny Guan, Scott Feterowski, Stephen Cunniff, Aidan Manning, Loukas Fehan and Dominic Gonzales.

Broad Meadows School Girls Cross Country Team



BOTTOM ROW left to right: Caroline Campbell, Angela Pham, Breanna Nee, Madison O'Connor, Maddy Bailey, Chloe Lynch, Skyla Whelan, Madison O'Hara-Kelly, Leili Mahrouk and Sofia Hurley. Middle row: Qilu Chen, Lena Pham, Tina Zeng, Grace Connor, Kate Downey, Mairead Folan, Mattea Garrett, Ruby Levine, Coach Brian Tardif Back row: Alex Kane, Maggie Lynch, Coach Tom Bloomer, Delia Nichol, Caroline Tracey, Julia O'Leary, Kaitlyn Stirling, Kathleen Higgins, Sofie Cerone, Adrianna Moosick, Abby Codner, Morgan Novak, Lily Hanly, Lucy Lynch and Leila Akhouzine.

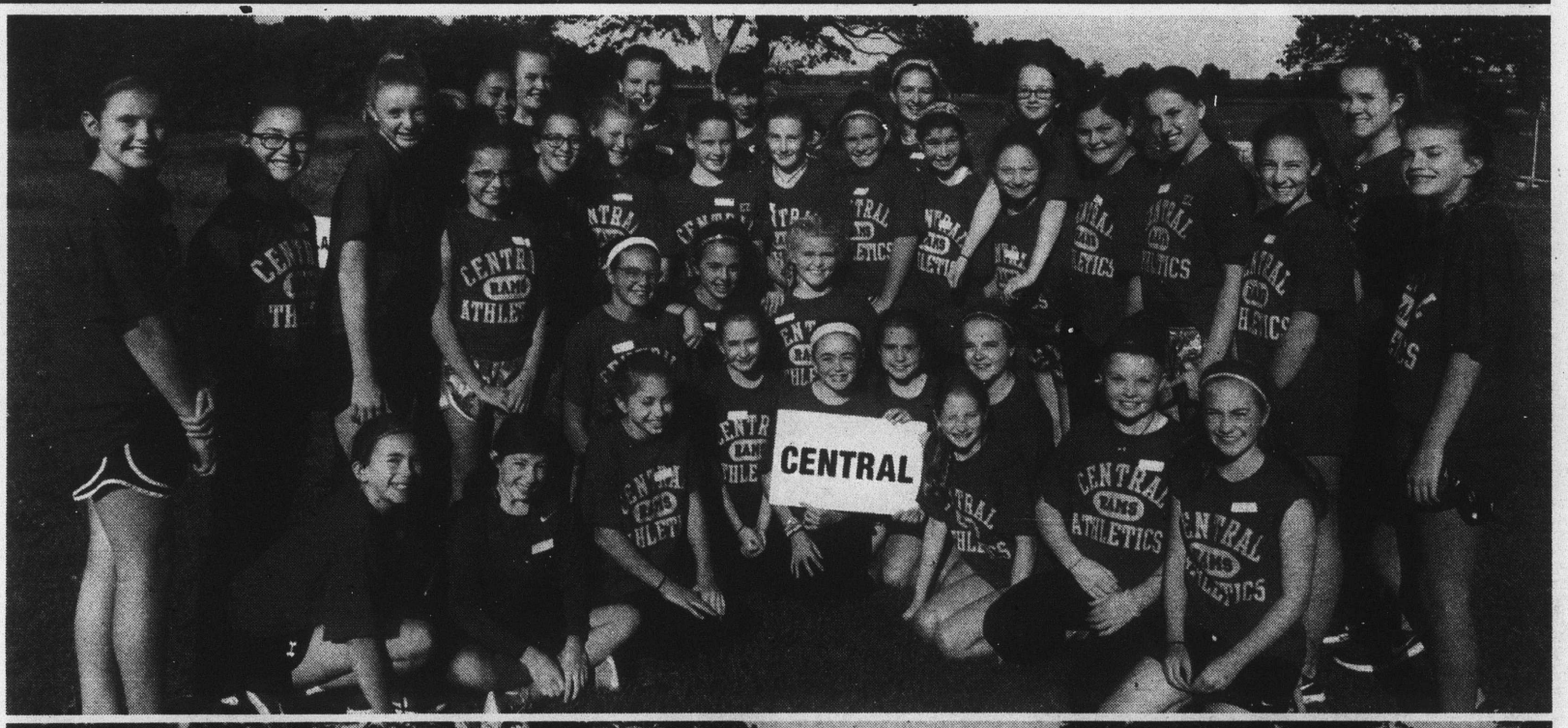
Broad Meadows School Boys Cross Country Team



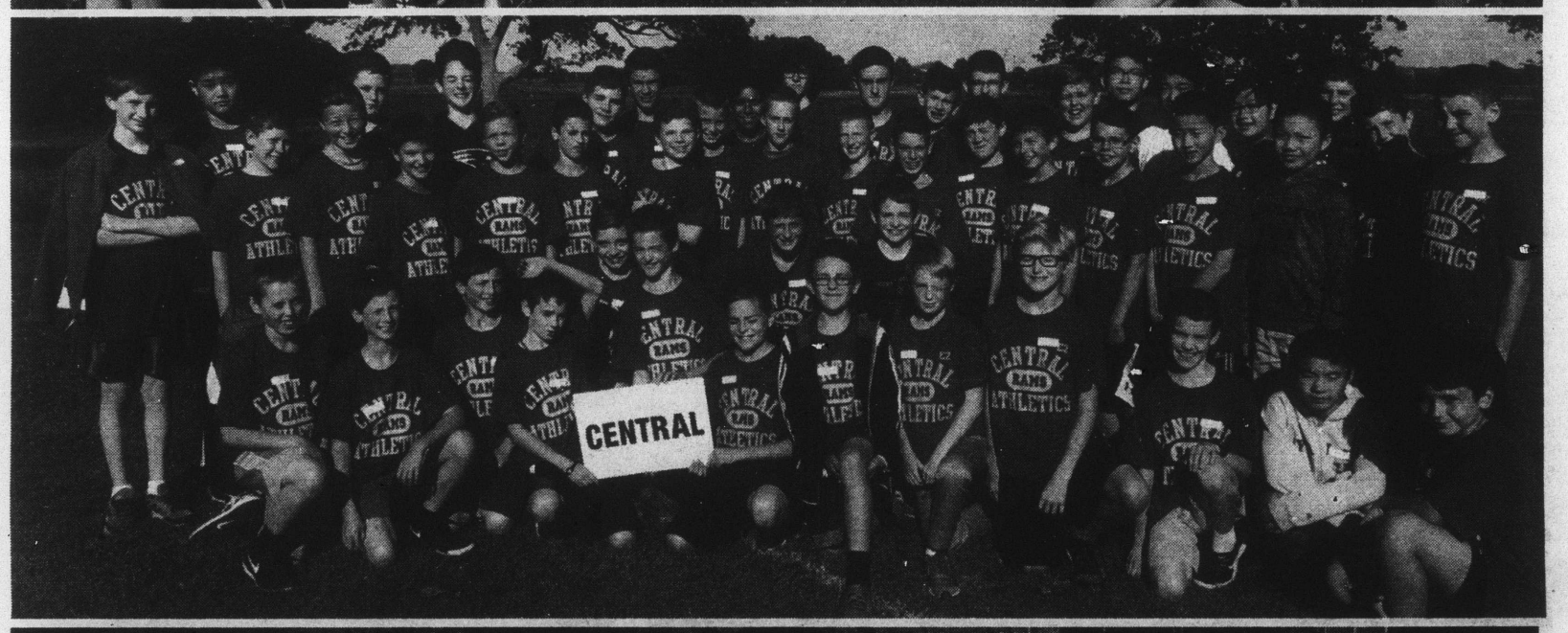
KNEELING: Will Ploof, Stephen Gallant. Second Row left to right: Trevor Mangino, Adam Bonica, Robert Cannon, David Bridges, Teddy Lynch, Jan Schrader, Jack Dunn, Aidan Bridges, T.J. Manton, Alp Yokus, and Sam Swan. Top Row: Jakari Murphy-LaGrant, Coach Tom Bloomer, Connor Byrne, John Alessandro, Matthew Olaince, Kyle DeBoer, Andrew Novak, Thomas Lebo, and Coach Brian Tardif.

Photos Courtesy Christine Prendiville

Central Cross County Teams



GIRLS: Kneeling, left to right: Piper Henderson, Abigail Driscoll, Jamie Collins, Autumn O'Campos, Emma Crammond, Emma Molla, Grace Pickering, Aluna Coogan-Coyle, Mary Saccoach, Lucy McLaughlin, Caroline Snyder, Mary Beth Smith, Mollie Nelson. Middle row standing: Grace Cody, Ava Donague, Caitlin Cormican, Niamh Barrios, Mollie Smith-Gaeta, Anna McPhillips, Orlagh Gormley, Molly Toland, Faye Fitzpatrick, Ciara Golden, Abigail Newton, Ava Bryan, Aoible Gormley, Brooklyn Rizzo, Kendall Kazmouski. Back row: Sabrina Egan, Maya Dykstra, Margaret Powers, Cate Murray, Dorothy Brown, Caroline Cavicchi, Keira Murphy and Maddie Powers.



BOYS: kneeling, left to right: Jesse Bollinger, Daniel Hudach, Ben Hudach, Finn Meaney, Matthew Maderos, Declan Rogers, Patrick Webber, Nick Cerone, Oisin Coogan-Coyne, Tim Heise, Sean Burns, Joseph Bates, Kyle Clements, Jeffrey Lin, Alexander Stankov.
Middle Row Standing, l to r: Nathan Davis, Max Melchin, Emmett Gurwitch ,Shane Wright, Tyler Kelly, Shay Meaney, Cameron Johnston, Charles McGrail, Ben Dawe, Oliver Smith, Andrew Mazzini, Charles Coffey, Matthew Bartkus, Eric Li, Jonathan He, Joe Enos, Ben Snyder.
Back row: Cullen Quilty, Justin Chen, Dylan Clifford, James Rodgers, Michael Nellany, John Carlo Petrongolo, Pablo Flores-Munoz, Jonathan Bina, Thomas Murray, Thomas O'Neil, Charles Affleck, Jack Pickering, Victor Liu, Benson Liu, Dante Nguyen, Jack Cavicchi.

Point Webster Cross County Teams

FRONT ROW (l to r) Thomas Spano, Ismail Ismayilov, Justin Venancio, Zainab Alnasari, Saida Abadli,Nick Bina Rodriguez, Michael White, Sam Najjar, Alex Cala and Maya Aljabi. Back row: Sophia Graziano, Walid Haiti, Kathy Duong, Melina Papadopoulos, Varun Amaraneni, Jayden Francois, Ella Halley, Daniel Tracey, Miguel Chuma, Hannah Waters and Chris Venancio.

Sterling Middle School Cross County Teams

FRONT ROW (from left) Luana Batista, Bridget Hoare, Amira Aitsaid, Kaila Jaques, Stephany Alcantara, Ady Lopes and Liam Foley. Back row: Flora Nguyen, Shaina Daphnis, Brandon Hibbard, Coach Donna Kent, Colin McPherson, James Hoare, A'Syiah Reeder and Marcos Ortiz.

Photos Courtesy Christine Prendiville

Citywide Recreation 3-On-3 Basketball Tournament

Beechwood, O'Rourke, Perkins 1 Playgrounds Champions

The Quincy Recreation Department recently held its annual citywide 3-on-3 basketball tournament. All 15 playgrounds from across the city competed in the event, which was held at the Fenno Street Basketball courts.

The tournament was broken up into three age groups: midgets (ages 8-10), juniors (ages 11 and 12), and seniors (ages 13-16). All teams competed in a double elimination style bracket with one team from each division being named city champions.

In the midget division Beechwood Playground, led by Henry Puka, Patrick Bryan and Ryan Wirtz, defeated a strong Welcome Young team. Representing Welcome Young was Mike Zheng, Barry Yang, Irene Wu and Jacob Lin. Both teams demonstrated excellent shooting and defense throughout the tournament.

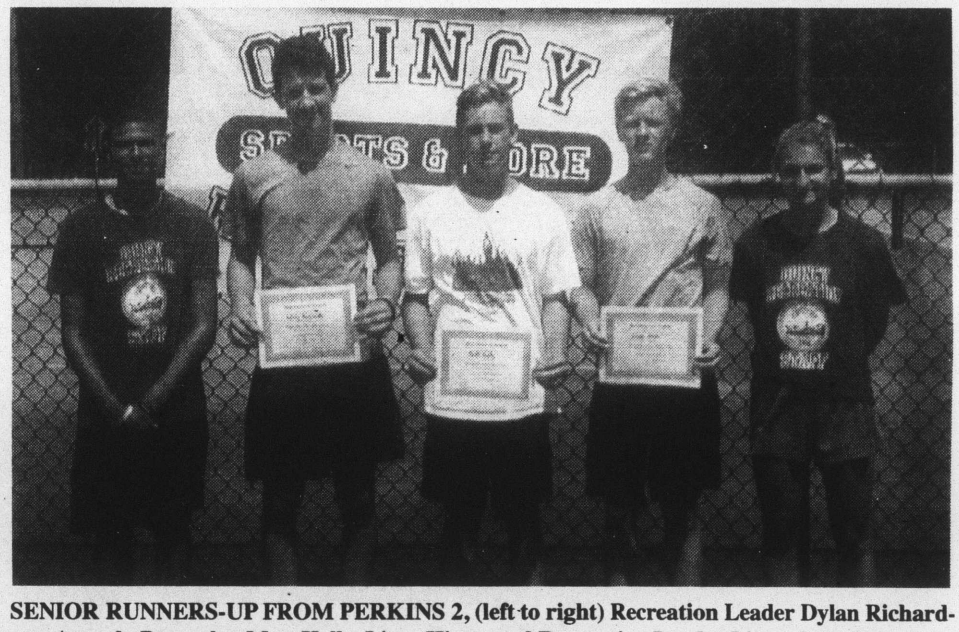
In the Junior Division, Montclair met O'Rourke in the final. Although Montclair's team of Dylan Clifford, Patrick Webber and Sean Burns showed great teamwork and effort, O'Rourke playground came out victorious. Daithi Quinn, Ivan Yhomby and Charlie Ambroult led the way for O'Rourke playground in a very difficult division.

In the Senior Division, the championship game saw two teams from the same playground square off. The two teams from Perkins Playground emerged in a bracket which featured strong teams from Beechwood, Squantum, and Fore River. In the end, Perkins 1 defeated Perkins 2.

Staring for Perkins 1 was Danial Scolaro, Tyler Le, Declan Geary, and Agu Ugwu. Matt Kelly, Anotoly Beryzuke and Liam Hines all played well for Perkins 2 All parks played great and we thank all kids and staff for their hard work through out the tournament.

SENIOR CHAMPIONS FROM PERKINS 1, (left to right) Recreation Leader Dylan Richardson, Agu Ugwu, Declan Geary, Daniel Scolaro, Tyler Le, and Recreation Leader Liana Cunningham.

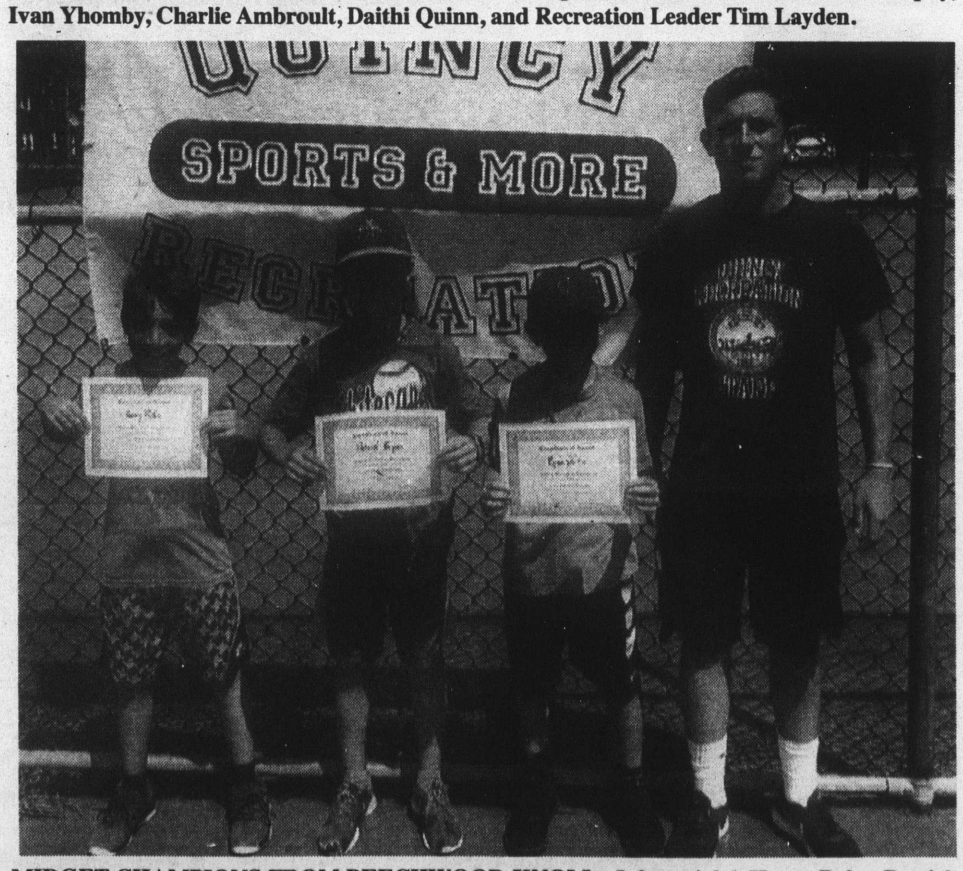
Photos Courtesy Quincy Recreation Department



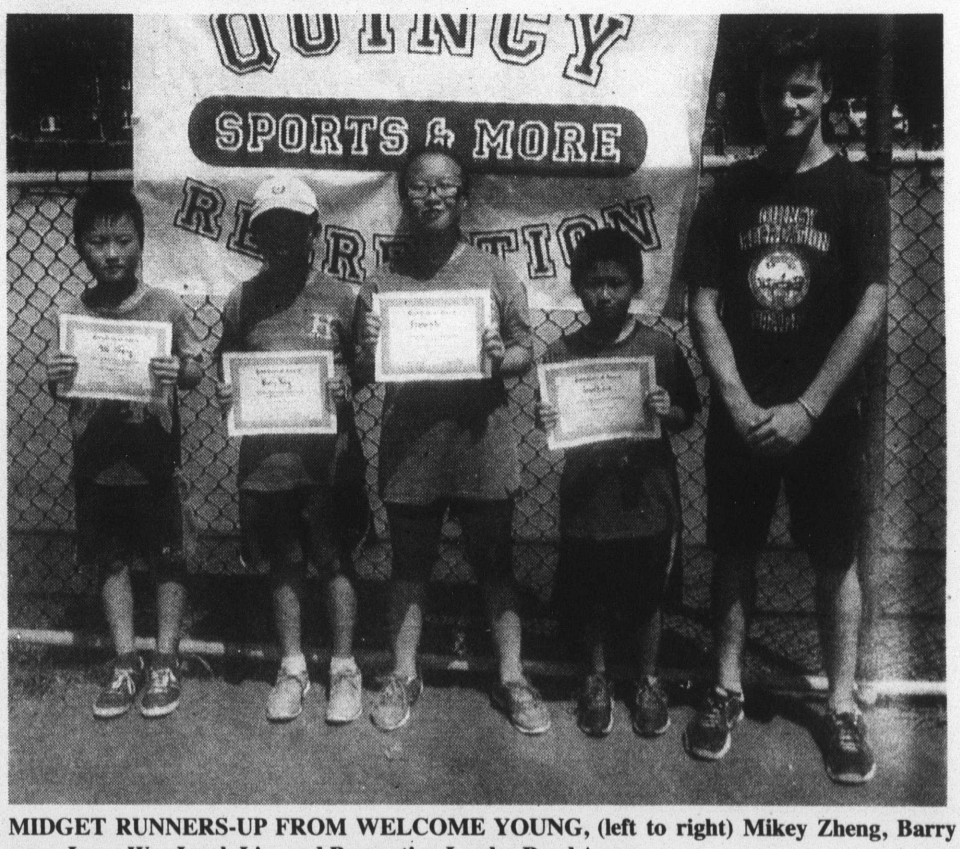
SENIOR RUNNERS-UP FROM PERKINS 2, (left to right) Recreation Leader Dylan Richardson, Anatoly Beryzuke, Matt Kelly, Liam Hines, and Recreation Leader Liana Cunningham.

JUNIOR CHAMPIONS FROM O'ROURKE, (left to right) Recreation Leader Declan Murphy, Ivan Yhomby, Charlie Ambroult, Daithi Quinn, and Recreation Leader Tim Layden.

JUNIOR RUNNERS-UP FROM MONTCLAIR, (left to right) Recreation Leader Greg Clark, Sean Burns, Dylan Clifford and Patrick Webber.



MIDGET CHAMPIONS FROM BEECHWOOD KNOLL, (left to right) Henry Puka, Patrick Bryan, Ryan Wirtz, and Recreation Leader Andrew Atrosus.



MIDGET RUNNERS-UP FROM WELCOME YOUNG, (left to right) Mikey Zheng, Barry yang, Irene Wu, Jacob Lin, and Recreation Leader Brad Ames.

Citywide Recreation 6 Vs. 6 Soccer Tournament

Beechwood, Montclair, Beechwood Win Midget, Junior, Senior Div. Titles

The Quincy Recreation Department recently held its annual Six on Six Soccer Tournament at Veterans' Memorial Stadium, under the direction of Sports Specialists Tyler Braun, Curran Jorgenson and Terence Rooney.

Over one-hundred children representing 15 playgrounds participated in the event. The tournament had a double elimination format, and was divided into three age groups: midgets (8-10), juniors (11-12), and seniors (13-16).

All the kids that participated in the tournament exemplified great teamwork, hustle, and sportsmanship. A team of youngsters from Beechwood came away with the Midget division championship behind the fantastic play of Jack Greene, Kevin Greene, Patrick Bryan, A'Jay Campbell and Ryan Wirtz. A team from Welcome Young playground was able to secure second place behind the fantastic efforts of Henry Puka, Kevin Noti, Markel Noti, Gabby James, and Jacob Lin.

In the Junior Division, the players from Montclair overcame a strong pool of competition and were able to bring home first place. Edison Chan, Colin Cheng, Patrick Webber, Arli Dylia, Kazuki Hedge, and Will Wismar played their hearts out to come away with the championship. Falling just short in second place were the youngsters of Heron Road playground. TJ Manton, Teddy Lynch, Ryan Gomez, Mark Shaft, Brandon Toomer, Dean Shaft, and Matt Fratolillo should be proud of the way they represented their playground.

In the Senior Division, Beechwood playground displayed great teamwork. Patrick Rak, Zach Hatfield, Franck Yhomby, Aaron O'Toole, Brandon Sullivan, Ethan McDevitt, Doug Concannon and Dave Ryan were the youngsters from Squantum who put on a great show for the spectators. Perkins put in a valiant effort and fell just one goal short in the championship game with strong performances from Thomas McCormack, Ronan Hurley, Matt Sheridan, Daniel O'Leary, Maggie Tierny, Lily Scola, and Laquon McGowan.

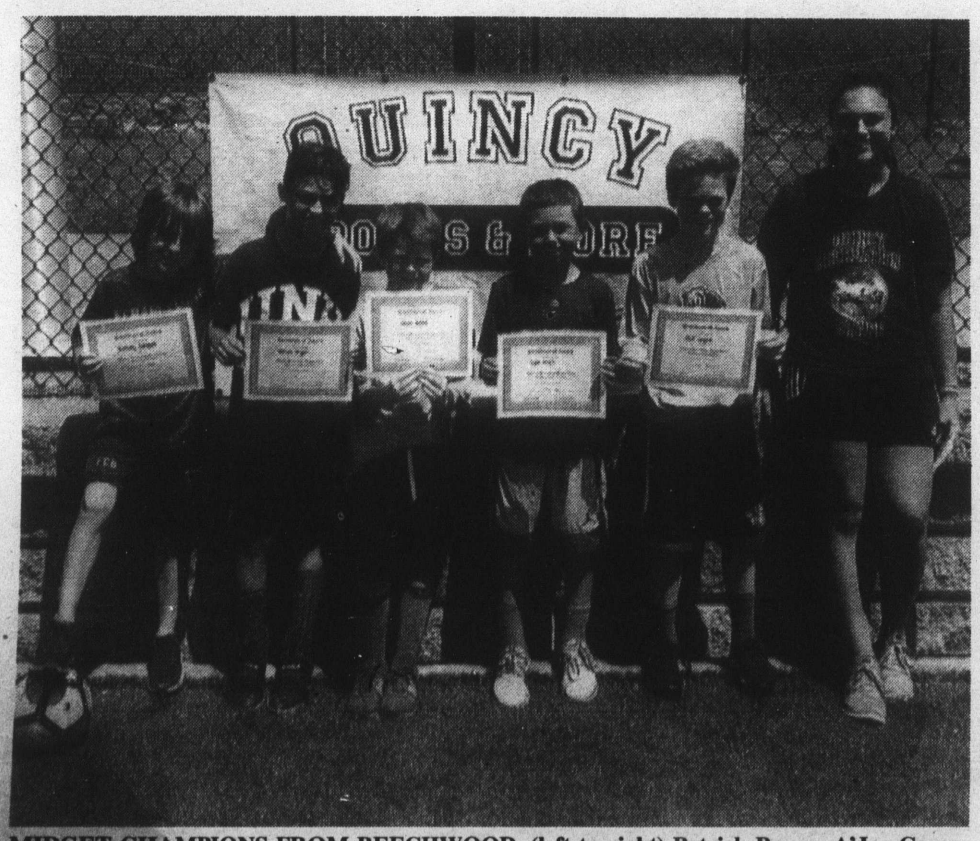
Congratulations to the winning teams and to all those who competed in Quincy Recreation's citywide Soccer Tournament.

SENIOR CHAMPIONS FROM BEECHWOOD, (left to right) Aaron O'Toole, Zach Hatfield, Frank Yhomby, Ethan McDevitt, Brandon Sullivan, Dave Ryan, Doug Concannon, and Recreation Leader Andrew Airosus.

SENIOR RUNNERS-UP FROM PERKINS, (left to right) Ronan Hurley, Matt Sheridan, Daniel O'Leary, Laquon McGowan, Maggie Tierny, Lily Scola, Thomas McCormack, and Recreation Leader John Grasselli.

JUNIOR CHAMPIONS FROM MONTCLAIR, (left to right) Recreation Leader Greg Clarke, Edison Chan, Colin Cheng, Patrick Webber, Arli Dylia, Kazuki Hedge, Will Wismar, and Recreation Leader Isabelle Flaherty.

JUNIOR RUNNERS-UP FROM HERON ROAD, (left to right) Recreation Leader Kelsey Dunn, TJ Manton, Teddy Lynch, Ryan Gomez, Mark Shaft, Brandon Toomer, Dean Shaft, Matt Fratolillo, and Recreation Leader Eileen Devane.



MIDGET CHAMPIONS FROM BEECHWOOD, (left to right) Patrick Bryan, A'Jay Campbell, Kevin Greene, Ryan Wirtz, Jack Greene, and Recreation Leader Karyn McEvoy.

Photos Courtesy Quincy Recreation Department

MIDGET RUNNERS-UP FROM WELCOME YOUNG, (left to right) Recreation Leader Brad Ames, Henry Puka, Kevin Noti, Jacob Lin, Markel Noti, Gabby James, and Recreation Leader Joanna Rafti.

Recreation Dept. Citywide Wiffleball Tournament

Beechwood Knoll, Beechwood-Montclair & Beechwood Take Midget, Junior & Senior Titles

The Quincy Recreation Department recently held its annual Citywide Wiffleball Tournament at Bishops' tennis courts.

The wiffleball tournament is co-ed and each team can consist of 3-5 players. Teams play with one pitcher and two fielders.

This tournament was a success with many teams competing. Each district held a district wiffleball event and the top three teams from each age group: midgets (8-10), juniors (11-12) and seniors (13-16), qualified to compete in the citywide event.

The Midget champions from Beechwood Knoll Park are Eli Killorin, along with brothers Jack and Kevin Greene. This team was hitting everything thrown their way and showed mental toughness throughout the tournament.

The runners-up from Squantum are Thomas Ahern, Kevin Gillespie, Charlie Ambroult, and Mikey Campbell. Squantum had a good arm on the mound that was surrounded by great fielding.

The Junior champions from the Beechwood Knoll Montclair hybrid team are, Joseph Bates, Scott Gutro, Dylan Clifford and Anthony Chiu. This was a strong team that played good, fundamental games.

The runners-up from Heron Road are Aiden Bridges, Teddy Lynch, and Owen Desmond. Strong pitching from Aiden Bridges, and timely hitting from Owen Desmond carried this team.

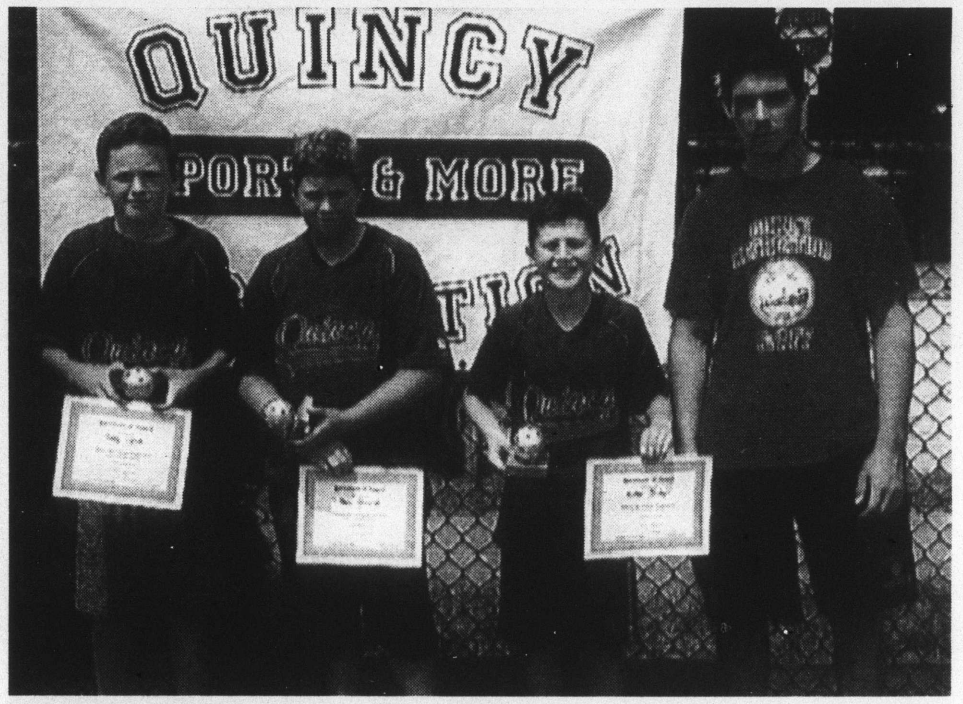
The Senior champions from Beechwood Knoll are Brandon Sullivan, Zach Hatfield, and Ethan McDevitt. The runners-up from Fore River are Drew Boretti, Eric Lomanno, and Jonathan Lang. Pitcher Drew Boretti had tricks in his bag and really threw the batters off. Both teams hit extremely well throughout the tournament.

This tournament was exciting to watch as teams had the fundamentals down, but couldn't seem to defeat the powerhouse teams produced by Beechwood Knoll playground. Beechwood took the top spot in every age group. Players and youngsters watching the games were very enthusiastic and cheered on each team. Each player on the champion teams received a gold wiffleball trophy. The MVP of the championship game received a golden duck. Each player on the runners-up teams received a silver wiffleball trophy as well as a certificate of their accomplishments.

SENIOR CHAMPIONS, in Quincy's Wiffleball Tournament are (left to right) Ethan McDevitt, Zach Hatfield, Bradon Sullivan, and Recreation Leader Andrew Airosus.

SENIOR RUNNERS-UP, (left to right) Jonathan Lang, Drew Boretti, Eric Lomanno, and Recreation Leader Marissa McGue.

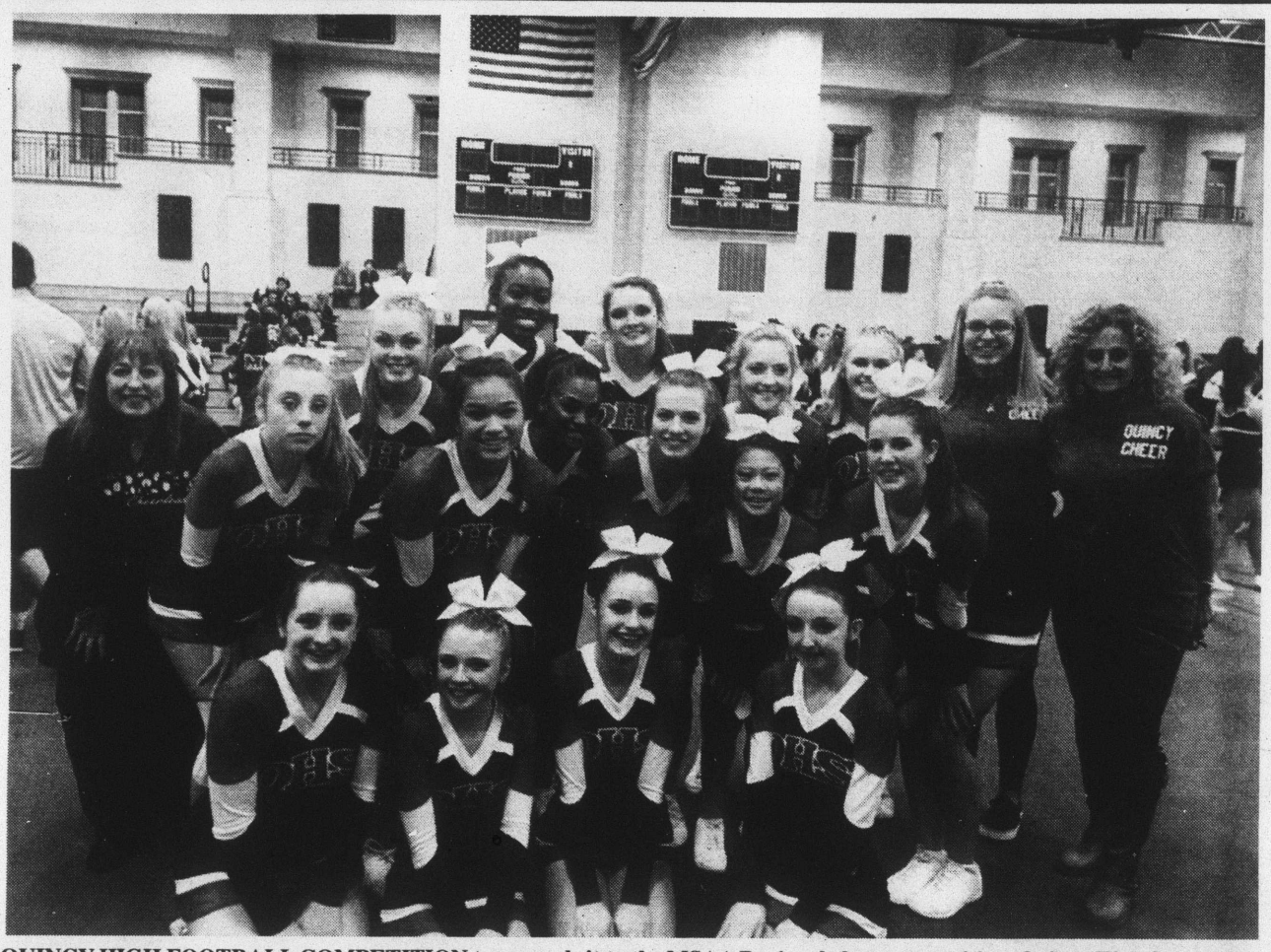
JUNIOR CHAMPIONS, (left to right) Recreation Leader Greg Clarke, Anthony Chiu, Joseph Bates, Dylan Clifford, Scott Gutro, and Recreation Leader Brendan Ganno.



JUNIOR RUNNERS-UP, (left to right) Aiden Bridges, Owen Desmond, Teddy Lynch, and Recreation Leader Finley Mullally.

MIDGET CHAMPIONS, (left to right) Recreation Leader Andrew Airosus.

MIDGET RUNNERS-UP, (left to right) Kevin Gillespie, Mikey Campbell, Charlie Amroult, Thomas Ahern, and Recreation Leader Tim Layden.



QUINCY HIGH FOOTBALL COMPETITION team made it to the MSAA Regional cheer competition. Quincy High School Fall Competition Cheerleaders are (front four left to right) Megan Beck, Kaylin Ryan, Bella Lombardi and Madison Kubera. Middle six: Kaylee Sullivan, Michelle Vu, Kairha Neeves, Liz Roos, Juliana Gee and Kayleigh Caldwell. Back row: Assistant Coach Jo-Ann Wolfe, Caitlyn Ainsley, MiahLouise Francis, Captain Rachel Beck, Captain Celia Murphy, Rachael Higgins, Coach Annemarie Arthurs and Head Coach Nancy McNulty.

Photo Courtesy Nancy McNulty

Q-NQ Football Hall Of Fame Induction Nov. 21

12 New Members

The 34th annual Quincy - North Quincy Football Hall of Fame Induction ceremony and banquet will be held Tuesday, Nov. 21 at the Quincy Sons of Italy, Quarry Street, Quincy.

Cocktails from 6 to 7 p.m. followed by dinner at 7:15 p.m.

New inductees are:

Quincy High School: Joe Birch (Class of 1961), Ted Balducci (Class of 1965), Howard Chadabourne (1980) and Stephen Ohlson (2004).

North Quincy High School: Joe Marinelli (Class of 1973), Dennis McGuire (1974), Stephen Minukas (1990), Chris Bregoli (1999) and James P. Coughlin (2002).

Special inductees are:

North Quincy High School: Rheeta Wise (Fatseas), cheerleader, 1979; and the 1992 Red Raider Super Bowl Champion team that went undefeated in winning a state title.

Quincy/Special Guest: Laura Martin, City of Quincy Substance Use Prevention Coordinator for Mayor Thomas Koch.

Due to fire safety regulations and the hall capacity, tickets are sold out. No admittance without a ticket. Ticket holders are reminded to distribute tickets in advance.

Cross Country Highlights

QNQ @ MIAA Eastern Mass Division 1 State Championship, Wrentham Development Center

By GEOFF HENNESSY

Saturday's MIAA Eastern Mass Divisionals was Mother Nature at her worst.

The bitter cold and swirling winds knocked many of the runners off their best game. Such was not the case for Quncy junior Abby Murphy who raced to 14th place and her 3rd consecutive Allstate appearance.

The team placed 10th out of 30 schools with 272 points. Maeve White placed 32nd, Devin Hiltunen 35th, Lezly Acevedo 69th and Olivia Palazzi 122nd. Ava Lapsley (148) also raced for QNQ. In fact out of 180 school s competing over 6 divisions in eastern mass, QNQ was 35th overall.

The boys team placed 23rd with 775 points. Finishers for QNQ were Ryan Polsgrove 133, Braden Kopp 144, Dakota Pendleton 159, Nick Ouellette 166, Jack Nelson 173, Bob Donovan 174 and Vinh Tran 175. All the boys will return next year. Only Hiltunen and Palazzi graduate for the girls. Other runners from Quincy or connected to Quincy Track Club competing for area schools included:

Division 1: John Riley 45th 16:54 BC High

Division 2: Jack Mariano 10th 16:09 Xaverian Brothers (advances to Allstate)

Division 6: Matt Klier 152nd 23:27 Archbishop Williams

Division 3: Clodagh Corcoran 74th 21:30 Milton HS (QTC) (Milton team advanced)

Division 6: Shannon Kelley 5th 20:12 Archbishop Williams (advances to Allstate)

Division 6: Hannah Kelley 20th 21:39 Archbishop Williams.

Quincy/North Quincy Girls Hockey Alumni Game Nov. 27

The first annual Quincy/ North Quincy High School Girls' Ice Hockey Alumni Game will be held Saturday, Nov. 25, at 7 p.m. at Quincy Youth Arena.

The public is welcome to attend.

Any alumni interested in playing can contact Meg Gillespie (NQHS Class of '09) at megillespie0509@gmail.com.

NQ Volleyball Made Strong Playoff Run

By TOM JOYCE

The North Quincy high girls volleyball team entered the season as a postseason contender and showed impressive growth throughout the season.

The Red Raiders made a strong postseason run, defeating Everett and Brookline in the first two rounds of the playoffs. In the Division 1 Central/East semifinal game Nov. 9, their season came to an end with a highly-competitive 3-2 road loss to King Philip.

After winning a pair of games in the playoffs, the Red Raiders finished their season at 15-8.

"The regular season prepares you for the tournament and to have one with the competitiveness of our schedule really prepared us for the tournament," Red Raiders head coach Kerry Ginty said. "We would've liked to have had that last one against King Phillip and had a shot at the sectional finals, but I think it was a success based off the level at which our team played. We definitely peaked at the end of the year, when it counts. That's all you can ask for."

During the season, the Red Raiders got better every single day. A major example of this would be their playoff performance against Brookline. During the regular season, the Red Raiders fell to them, 3-1 but in the postseason, they beat Brookline, 3-2. It was only Brookline's third loss of the season.

"We knew we were overdue to beat a team we weren't supposed to beat in terms of record and ranking," Ginty said. "On paper, Brookline is a better team than us. For the girls to go out and compete like they did against them was the highlight of the year for sure."

Now that their season is over, the Red Raiders will lose six seniors to graduation. Their seniors included: defensive specialist Sharon Yang, setter Kelly Phelan, outside hitter Elizabeth DiMattio, right side hitter Ivy Chiu, middle hitter Julia Klincewicz and setter Jennifer Butka.

"They were just outstanding," Ginty said of her team's senior class. "Not only are they highly-skilled athletes, but they're also just hard working kids with a lot of heart. They showed that down the stretch. They're all really good friends and good students, who are involved at the school. I always say the North Quincy volleyball seniors are the cream of the crop of high school athletes. They do it all; they got the job done when they needed to."

Over the course of the season, the Red Raiders had many different leaders. Klincewicz excelled both offensively and defensively, as did junior outside hitters Aleksandra Qose and Camryn Bergio. Since Bergio and Qose will be seniors next season, they will likely be major pieces of the team's offense yet again.

Ginty also said Butka and junior Jessica Caldwell played major roles in the team's success. She said even when the two did not have the most kills or digs on the court, the team was much better with them on the court to the point where they rarely came off the court as the season progressed.

The Red Raiders also saw both junior Annie Trahn and sophomore Lydia Chan step up as middle hitters as the year went on and the same could be said for junior setter Kayli Wu.

The Red Raiders had nine juniors on their varsity roster this past season, so they will most likely have a strong senior class leading the way yet again next season.

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88 Washington Street
Quincy, MA 02169

QATV

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Public Access Channel 8

Thursday, November 16
6:00pm: Bethany Congregational Church
7:30pm: The Call

Friday, November 17
11:30am: LIVE: Currently in Quincy
7:00pm: Veterans Day Parade & Ceremony

Saturday, November 18
12:00pm: Veterans Day Parade & Ceremony
7:00pm: The Olde Kids on the Block

Sunday, November 19
10:00am: Bethany Congregational Church
11:25am: Good News

Monday, November 20
11:30am: LIVE: Currently in Quincy
7:00pm: LIVE: Eye on Quincy

Tuesday, November 21
6:00am: LIVE: AM Quincy with Joe Catalano
8:00pm: Classic Thanksgiving Football

Wednesday, November 22
6:00pm: Good News
7:00pm: 2016 Thanksgiving Football

Government Access Channel 9

Thursday, November 16
12:00pm: City Council & Public Hearings 11/13
7:00pm: Media Advisory: Energy Fund
8:00pm: AM Quincy: The Kennedy Center

Friday, November 17
5:30pm: Quincy in Focus
6:00pm: City View with Mayor Koch
8:00pm: Veterans Day Parade & Ceremony

Saturday/Sunday, November 18/19
9:00am: City View with Mayor Koch
11:00am: At Your Library: November Happenings
12:00pm: City Council/Public Hearings 11/13
2:00pm: Veterans Day Parade & Ceremony
4:30pm: AM Quincy: License Board Update
7:00pm: City Council/Public Hearings 11/13

Monday, November 20
7:00pm: LIVE: City Council Public Hearings
7:30pm: LIVE: City Council

Tuesday, November 21
12:00pm: City Council & Public Hearings 11/20

Wednesday, November 2
7:00pm: City Council & Public Hearings 11/20

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

Elks, Apaches Meet Sunday In Last QYFL Title Game

By SEAN HALPIN

The West Quincy Elks (8-0) and North Quincy Apaches (5-3) played each other in the first ever Quincy Youth Football League Championship Game, in 1951. As this 2017 season is the last year of the traditional QYFL, it is only fitting that the two franchises meet again, for the 67th and final QYFL Championship.

Sunday will be the third time this season the Apaches and Elks have met, this time for the QYFL's Founders Cup. Each team will enter Sunday's ball game coming off impressive regular seasons. The Elks last faced the Apaches in Week 8, when they defeated them, 10-6, in the final seconds of the game.

The West Quincy offense averages 33 points per game, and features Thomas Murray and Ryan Milley at tailback. The Elks have a franchise quarterback in Gianni Perea. Perea will look to get the ball to receivers Malik Francis, Gabe Villerino and TE Riley O'Connell. They will run behind the blocking of big lineman Rean Bego, Brandon Baker, Dallas Hudgins and Samee Akhouzine.

The North Quincy arsenal is stocked as well. The Apaches are led on offense by Quarterback JC Petrongolo and feature the trio of Clayton Corley, Matt Craig and Billy MacDonald at running back. Petrongolo will look to get the ball downfield to receivers Jackson Murphy, Scott Gutro and tight end Colm Geary. The Apaches will move the ball behind athletic linemen Harrison Gaudiano, Matt Whooley, Patrick Walsh and Justin Neil.

Elks and Apaches both feature stingy defenses. The Apaches have allowed only 85 points in 8 games (10.6 ppg). The Elks have allowed a league-leading 32 points in 8 games (5.3 ppg).

The 67th Annual Quincy Youth Championship Game looks to best contests in championship history. Kickoff will be Sunday, Nov. 19 at 3:30 p.m.

SUB-DIVISION CHAMPIONSHIPS

QYFL – JUNIOR VARSITY CHAMPIONSHIP IV

11 a.m. kickoff at Veterans Memorial Stadium

QUINCY POINT PANTHERS vs. WEST QUINCY ELKS

The undefeated Quincy Point Panthers (8-0) will face the West Quincy Elks (6-2) for the Junior Varsity championship. The teams have met on two previous occasions this season, the Panthers prevailed in two close games decided by 8 points or less.

The Point Panthers feature Andrew Novak at quarterback, Gabriel Rodrigues and Colin Macpherson at tailback and Rueben Charles at tight end. Leading the Panthers' offensive Line is Shawn Kozlowski at guard.

The Elks' offense is led by Jordan Souza, John Toland, Chase Morales at running back and Shane Wright at quarterback. Linemen Jordan Mahoney, Enea Panariti and Brody Baker lead the way for the Elks.

QYFL – FRESHMEN CHAMPIONSHIP IV

Nov. 19th

9 a.m. Kickoff

at Veterans Stadium

NORTH QUINCY APACHES vs. SQUANTUM STORM

The undefeated North Quincy Apaches (8-0) and Squantum Storm (5-2-1) will face off for the Little QYFL title on Sunday morning. The Apaches have gone from worst to first in just one season. After a 0-8 campaign in 2016, the Apaches returned 14 starters and went 8-0 in the regular season.

The Storm reached the Final 4 in 2016 and completed for a great regular season in 2017 at 5-3-1.

Apache quarterback Nick DePalma, leads and offense that features running backs Kobe Nguyen, Max Gaudiano, Liam Lee and Sean Szilva. Fullbacks Brady Craig and Shea Winters also see action in short yardage situation. Opening holes are offensive linemen Olivia O'Driscoll, Max Francouer, Phillip Le, Said Hamad, Tadgh Barrett and Breven Lyons.

The Storm is led on offense by Brian Buckley at quarterback. Buckley leads a backfield that features running backs Devin Tran, Domenic Perry and Nick Ambroult. Buckley will look to get the ball down field to receivers Colin Waldron and Tyler Cromwell.

Storm Linemen Steele Smith, Matthew Wallace and Hussain Alzubaidy will lead the way on offense.

QYFL WEEK 10 SCORES

VARSITY

ELKS-40 MANETS-8

APACHES-28 STORM-6

JUNIOR VARSITY

ELKS-16 MANETS-0

APACHES-28 STORM-IN-APACHES-28 (tie)

FRESHMAN

MANETS-32 ELKS-18

APACHES-18 STORM-0

Emily, Julia Bryson Brandeis Athletes Of Week

Cross country juniors Emily and Julia Bryson of Quincy were named the Nov. 1 Brandeis Athletes of the Week, presented by The Chateau Restaurant Group.

Twins, Emily and Julia both earned University Athletic Association honors for the Judges at the 2017 conference championships held at Garrett Mountain in Woodland Park, New Jersey, and hosted by NYU.

Emily finished in fourth place overall, finishing in the top five for the third year in a row. Emily covered the six-kilometer course in 23:41.1. She was the conference champion as a rookie and third as sophomore.

For Julia, it was her first career All-UAA cross country honor, as she placed 12th overall with a time of 24:18.6. Julia showed a 16-place improvement from her sophomore year, when she was the team's fourth scorer.

As a team, the Judges finished in sixth place with 129, just one point behind host NYU.

Crafts
Treats
Raffles
Jewelry
Snack Bar

It's Christmas Time

Christmas Fair

Saturday, November 18th

9:00 am— 3:00 pm

Union Congregational Church - Wollaston

136 Rawson Road 617-479-6661

LEGAL NOTICES

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2017-180
ORDERED: **November 13, 2017**

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping Standing and Parking

Section 10.20.040 Parking Restrictions - Prohibited - Handicapped Spaces - Curb Access - Applicability - Penalties

ADD THE FOLLOWING

Street	At	Type of Regulation
Stewart St.	67	Handicapped Parking

A TRUE COPY.
ATTEST: Nicole L. Crispo
Clerk of Council

11/16/17

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2017-181
ORDERED: **November 13, 2017**

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping Standing and Parking

Section 10.20.040 Parking Restrictions - Prohibited - Handicapped Spaces - Curb Access - Applicability - Penalties

ADD THE FOLLOWING

Street	At	Type of Regulation
Farrington St.	115	Handicapped Parking

A TRUE COPY.
ATTEST: Nicole L. Crispo
Clerk of Council

11/16/17

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2017-182
ORDERED: **November 13, 2017**

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping Standing and Parking

Section 10.20.040 Parking Restrictions - Prohibited - Handicapped Spaces - Curb Access - Applicability - Penalties

ADD THE FOLLOWING

Street	At	Type of Regulation
Summit Ave.	35	Handicapped Parking - Loading Zone

A TRUE COPY.
ATTEST: Nicole L. Crispo
Clerk of Council

11/16/17

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2017-183
ORDERED: **November 13, 2017**

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping Standing and Parking

Section 10.20.040 Parking Prohibited and Restricted where

ADD THE FOLLOWING

Street	From	To	Type of Regulation
West Squantum St. South Side	Belmont St.	75' west of Belmont St.	No Parking

A TRUE COPY.
ATTEST: Nicole L. Crispo
Clerk of Council

11/16/17

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2017-184
ORDERED: **November 13, 2017**

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping Standing and Parking

Section 10.20.040 Parking Restrictions - Prohibited - Handicapped Spaces - Curb Access - Applicability - Penalties

ADD THE FOLLOWING

Street	At	Type of Regulation
Oval Road	16	Handicapped Parking

A TRUE COPY.
ATTEST: Nicole L. Crispo
Clerk of Council

11/16/17

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2017-185
ORDERED: **November 13, 2017**

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping Standing and Parking

Section 10.20.040 Parking Restrictions - Prohibited - Handicapped Spaces - Curb Access - Applicability - Penalties

ADD THE FOLLOWING

Street	At	Type of Regulation
Russell Street	54	Handicapped Parking

A TRUE COPY.
ATTEST: Nicole L. Crispo
Clerk of Council

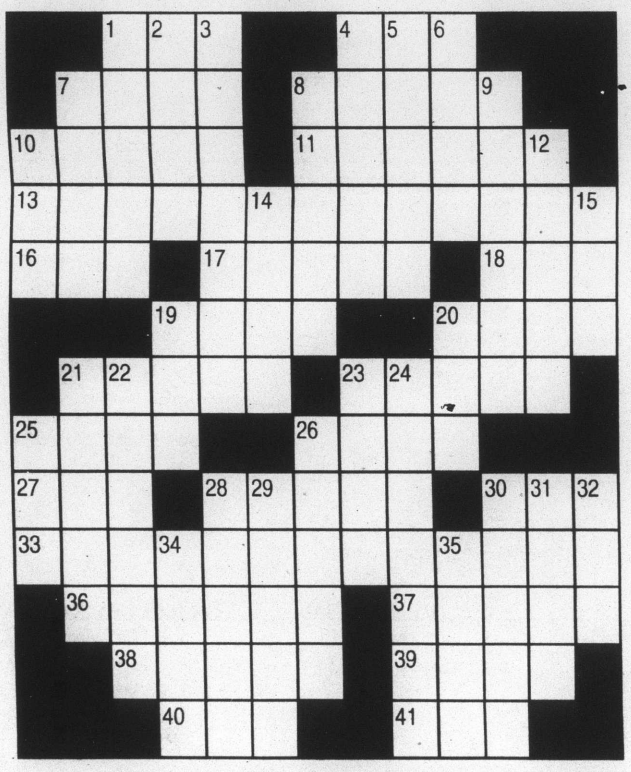
11/16/17

SUN FUN PAGE

King Crossword

ACROSS
1 AAA job
4 Fed. purchasing org.
7 Hindu garment
8 Intended
10 Takes to the waves
11 Sweater material
13 Paycheck recipients
16 Still
17 Partners
18 By way of
19 Nerd-pack fill
20 Take five
21 Polecat
23 Bank feature
25 Kind
26 Fork part
27 Commotion
28 Enraged
30 Illuminated
33 One-on-one sites in church
36 Esprit de corps
37 Screwdriver ingredient
38 Construction fastener
39 Previous nights
40 Understand
41 Scooted

DOWN
1 Fortune teller's deck
2 "Carmina Burana" composer Carl
3 Magi
4 Aladdin's ally
5 Starch-yielding palms
6 In due time
7 Certain
8 Spars
9 Go places
10 Agent
12 Preferred invitees
14 Foundered
15 Perched
19 Deposit
20 Regret
21 Gomorrah's sister city
22 Swedish money
23 Henry –
24 Massachusetts city
25 Pouch
26 Boob tube
28 Go
29 Archipelago part
30 Burdened
31 Types
32 Airport safety org.
34 Icebox, for short
35 PBS science show



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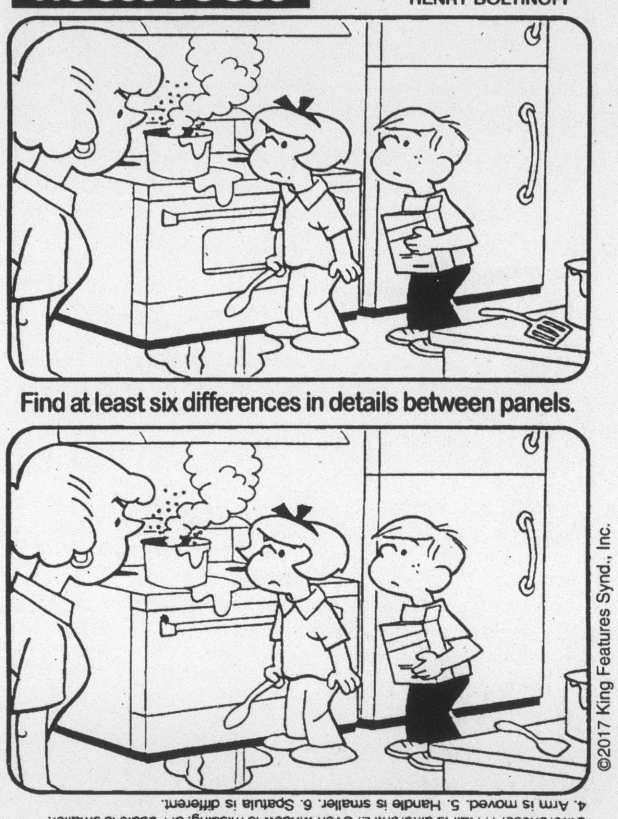
HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Hair is different. 2. Oven window is missing. 3. Puddle is smaller. 4. Arm is moved. 5. Handle is smaller. 6. Spatula is different.

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Trivia test

by Fifi Rodriguez

1. GAMES: In Scrabble, what is the point value of the letter K?
2. ANIMAL KINGDOM: What breed of dog is known as a firehouse dog?
3. U.S. STATES: What is the only American state to begin with the letter "p"?
4. SCIENCE: What do you call trees that lose their leaves?
5. LITERATURE: In Shakespeare's "Romeo and Juliet," what is Romeo's family name?
6. DISCOVERIES: Who is credited with inventing the 3D printer?
7. U.S. PRESIDENTS: Who was the first president to be born in a hospital?
8. GENERAL KNOWLEDGE: What is the name of someone who shoes horses?
9. BIOLOGY: What percentage of people in the world have blue eyes?
10. MOVIES: Which actress has won the most Oscars?

Answers
1. Five
2. Dalmatian
3. Pennsylvania
4. Deciduous
5. Montague
6. Chuck Hull
7. Jimmy Carter
8. Farrier
9. 8 percent
10. Katharine Hepburn, with 4 Oscars and 12 nominations

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Salome's Stars

ARIES (March 21 to April 19) Your work on a recent job assignment is impressive and is sure to be noticed. Meanwhile, expect to receive news about an upcoming holiday event you won't want to miss.

TAURUS (April 20 to May 20) Saving the world one person at a time is what you were born to do. So accept it when people ask you for help, especially during the holiday season.

GEMINI (May 21 to June 20) Now that you've resolved all doubts about an important decision, you can surprise a lot of people by defending your stand with your strong and well-reasoned arguments.

CANCER (June 21 to July 22) The holiday mood stirs your need to nurture everyone from the family cat to great-grandma. But don't overdo it, especially with teens, who like to feel grown up.

LEO (July 23 to August 22) Enjoy basking in the warm love of family and close friends. But don't fall into a prolonged catnap yet. There's still much to do before you can put up your paws and relax.

VIRGO (August 23 to September 22) Avoid pushing others to work as hard as you do on a common project. Instead, encourage them to do their best, and they might well reward you with a pleasant surprise.

LIBRA (September 23 to October 22) Like the sensible Libra you are, you no doubt started your holiday shopping already. But be careful to keep within your budget. Shop around for the best buys.

SCORPIO (October 23 to November 21) Love and friendship remain strong in your aspect over the next several days. This is a good time to develop new relationships and strengthen old ones.

SAGITTARIUS (November 22 to December 21) A beloved family member has news that will brighten your holidays. Also expect to hear from friends who had long since moved out of your life.

CAPRICORN (December 22 to January 19) Family and friends are in for a surprise when you accept the need to make a change without being talked into it. (Bet it surprised you, too -- didn't it?)

AQUARIUS (January 20 to February 18) Restoring an old friendship might not be as easy as you hoped. You might want to explore the reasons for your former buddy's reluctance to cooperate.

PISCES (February 19 to March 20) Your party-going activities pick up as the holiday season takes off. Enjoy your plunge into the social swim as you make new friends and renew old friendships.

BORN THIS WEEK: You are caring and considerate -- two wonderful attributes that endear you to people of all ages.

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MAGIC MAZE • BALD IS BEAUTIFUL

J Q O L I G D B S Y W T R P M
K I F N D B A Y W A L U S I Q
O M C K A R D I F D L S B H Z
X W O S U D L D U S I A Q D O
N L N T J I R H U L H N V N I
F E N D H E C O L F C A A A S
R E E P N Y W I J V R M T G S
V S R N Q P W N L K U E I O A
H D Y E L S G N I K H R M H G
F R E M L L A B E C C O B L A
B Z Y W V U S R Q P N F M L E

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Agassi	Churchill	Foreman	Savalas
Asner	Connery	Gandhi	Ventura
Ballmer	Dr. Phil	Jordan	Willis
Brynner	Elmer Fudd	Kingsley	

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Wishing Well®

6	4	7	2	6	8	6	5	4	8	6	7	3
K	A	M	L	N	A	O	P	B	S	W	A	W
5	6	8	7	2	6	4	6	4	8	7	6	4
R	Y	H	K	E	O	E	U	T	O	E	R	T
6	2	6	5	8	5	8	6	7	4	7	3	4
S	T	E	O	R	G	T	L	S	E	M	A	R
6	5	7	3	4	8	7	8	2	5	2	4	2
F	R	A	R	L	J	R	O	T	E	E	I	R
7	3	8	2	5	4	3	5	7	8	5	7	2
T	M	U	A	S	F	F	S	C	R	I	H	R
8	2	5	8	5	8	3	4	3	7	2	3	7
N	R	S	E	M	Y	E	E	E	O	I	L	I
3	7	3	2	5	7	3	7	2	5	2	5	3
I	C	N	V	A	E	G	S	E	D	S	E	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: **G** equals **Y**

TAFM GNY'QF OZSFQVMR KYUS SAF CVQUS TNQW NC O UFMSFMBF, GNY BNYZW DF BAOMRVMR SAF UYDKFBS.

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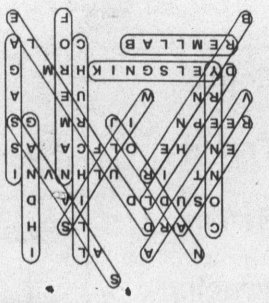
— King Crossword —
Answers
Solution time: 25 mins.

Magic Maze
ANSWERS:



Cyptoquip
ANSWER:

When you're altering just the first word of a sentence, you could be changing the subject.

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- Clint Eastwood is so confident as a director, he's cast the actual non-actor heroes -- California friends Anthony Sadler, Alek Skarlotos and Spencer Stone -- to play themselves, re-creating when they took down a terrorist on a train to Paris. Supporting them are Jenna Fisher (of "The Office"), Judy Greer ("The Planet of the Apes" franchise) and Ray Corsani, as the terrorist. Eastwood's decision to go with the real guys was made just before shooting began in July. It's a risk, but will be very exciting to watch. "The 15:17 to Paris" opens Feb. 9.

***

Who is Bill Skarsgard, and why did his recent film, "It," gross $654 million? Skarsgard plays Pennywise in the film of Stephen King's novel, which was already a mini-series in 1990. Skarsgard, 27, recently completed "Assassination Nation," with Joel McHale, Maude Apatow (daughter of Judd Apatow and Leslie Mann) and Anika Nani Rose.

Bill Skarsgard comes from a famous Swedish film family. His father, Stellen Skarsgard, is best known for "Mamma Mia" (2008) and will be in the upcoming sequel. Bill's three brothers are all stars of the Swedish cinema. Alexander Skarsgard (41) is known for "The Legend of Tarzan" (2016), the HBO series "True Blood" (2008-14) and his recent Emmy-winning role in "Big Little Lies." His brother Gustaf (36) has starred since 2013 in The History Channel's "Vikings" (which returns for another season Nov. 29) and youngest brother Valter (21) already has appeared in 15 Swedish films.

***

Cary Elwes became a star after "The Princess Bride" (1987) and starred in "Glory" (1989), "Days of Thunder" (1990), "Hot Shots" (1991) and Mel Brooks' comedy-satire "Robin Hood: Men in Tights" (1993) to name a few. He co-stars in his producer-brother Cassian Elwes' film "The Billionaire Boys Club," with Ansel Elgort, Taron Egerton, Kevin Spacey, Emma Roberts and Judd Nelson, which began shooting in December 2015 in New Orleans, wrapped in January 2016, did reshoots in November 2016 and is finally ready for release in 2018.

***

Many tourists who've visited Hollywood are fed up with those phony tours of the stars' homes. Many tourists are choosing instead to see the final resting place of some of the greatest stars who ever lived. Hollywood Forever's tours allow fans to visit the resting places of stars such as Rudolf Valentino, Peter Lorre, Oscar-winner Peter Finch, Mickey Rooney, Tyrone Power and "Golden Girl" Estelle Getty, to a few. But the crown jewel is the newly created mausoleum that houses Judy Garland, who last year was moved from New York and returned to Hollywood! It's not quite "Over the Rainbow," but at least it's Hollywood Forever, and they include Toto, too, in the tour!

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	÷		+		10
−		×		÷	
	×		−		10
×		−		+	
	+		−		3
7		7		10	

2 3 4 5 6 7 8 8 9

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KOVELS® Antiques & Collecting

By Terry and Kim Kovel

Wall Clock With Automata --- Sometimes identifying and dating an antique seems easy, but it fools you. An unusual wall clock was offered at a recent auction. It was labeled "Friesland wall clock with automata, 1800." Friesland is a section of Holland where people have been making clocks since the 1600s. Automata, of course, are the moving figures -- in this case, boats -- that are included below the clock dial for decoration and amusement. There was a moving scene with a woman milking a cow, a fisherman with a fish and three ships with sails. The clock also struck at an hour and half-hour. The clock case has windows that show the moving pendulum. Add to that the decoration of the case and dial, painted-iron Roman numerals, pierced brass hands and mahogany marquetry trim on the wooden case and hood. It had many characteristics of an early 1800s Dutch clock. It was the oldest and the most expensive of many Friesland wall clocks in the sale. Bidders also were sure it was an early clock, and the winning bid was $3,444.

***

Q: I have a small cut-glass bottle that has a glass stopper and a silver cap. The bottle is rectangular, about 4 inches long by 1/2 inch wide. I read that in Victorian times, a widow would collect her tears in a vial. Could my bottle be one of these?

A: Tear collecting is referenced in the Old Testament of the Bible, in ancient Roman and Greek writings, and in Victorian poems and novels, but whether tear collecting was fact or legend is unclear. In the mid-1800s, when Victorian mourning customs became popular, it is said vials were used to collect tears wept for the departed loved one. Later, the tears were sprinkled on the grave to signify the end of official mourning. Another version of the custom claims mourning would last until the tears evaporated. It's difficult to imagine how a crying person could coax their tears into such a small bottle, but it makes a very romantic image.

During the Victorian era, glass bottles were made with decorative caps, and were similar in shape to some scent bottles. Your bottle, cut glass with a silver filigree cap, is worth about $30. If there is a silver maker's mark on the cap, it will be worth more.

***

TIP: Ordinary beer is great for cleaning a gilded mirror frame. Just pour it on a soft rag, rub gently and dry.

Is there a collector on your holiday shopping list? The 50th Anniversary edition of "Kovels' Antiques & Collectibles Price Guide 2018" makes a great gift. The 548-page softcover book features 20,000 listings and more than 2,500 full-color photographs, plus trends, special events and surprises.

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Strange BUT TRUE

* It was 17th-century English novelist and politician Edward Bulwer-Lytton who made the following sage observation: "If you wish to be loved, show more of your faults than your virtues."

* If you have an indoor/outdoor cat, you might have found yourself wondering why it sometimes shows up on your doorstep with an offering of a dead animal. Well, there's actually a good reason for it. It seems that the cats most likely to present owners with a gory gift are spayed females, and they're acting out behaviors seen in the wild. Feral cats teach their young how to hunt by bringing them dead or injured prey. With no kittens to teach, your cat is evidently trying to teach the family it does have -- namely, you -- how to find food on its own.

* You probably aren't familiar with the term "anthropodermic bibliopegy," but in the unlikely event that it ever comes up in conversation, you now know that it refers to books bound in human skin.

* It's not surprising that during the severe northern winters, the Arctic ground squirrel goes into a state of suppressed physiological activity. What is surprising, though, is that during this torpor, its body temperature can get as low as 27 degrees Fahrenheit -- without the animal becoming just another chunk of ice. This nifty trick can be attributed to a biological process that clears the rodent's blood of ice nucleators, which facilitate freezing.

* You might be surprised to learn that in a 2016 survey of human resources professionals, it was reported that more than half of all workplaces offer paid time off for employees to vote.

***

Thought for the Day: "We must believe in luck. For how else can we explain the success of those we don't like?" -- Jean Cocteau

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Now here's a tip!

by Jo Ann Derson

* Since you know it's coming anyway, take the opportunity to clean out the fridge a day or two before a big family dinner. It's a good idea to eat up any leftovers for dinner the day before. You'll have plenty to replace them on Thanksgiving, right?

* In the fridge, it takes 24 hours of defrosting for every 5 pounds of turkey. When defrosting in water (only birds in a leakproof plastic wrapper), allow 30 minutes per pound and change the water every half-hour.

* "When setting the table, my mom would put note cards face down under the place mats. On the note card was written an after-dinner, but before-dessert chore. Someone would be responsible for packing up leftovers; another would load dishes and flatware into the dishwasher; still another would wash or dry the servingware, and pots and pans. We all chipped in, and it was fair, since it was based on where you sat. She changed them every year. We had lots of fun trying to guess where the easiest chore card was." -- C.C. in Georgia

* Much like a workout buddy, having a money buddy can keep your budget on track by providing accountability for your spending. If you have to justify your purchases, you're less likely to make frivolous choices.

* "If you get razor burn a lot, make sure you save your shaving for the end of your shower instead of right when you get in. The warm water makes it easier on your skin. Get a good shaving cream, too." -- E.Y. in New York

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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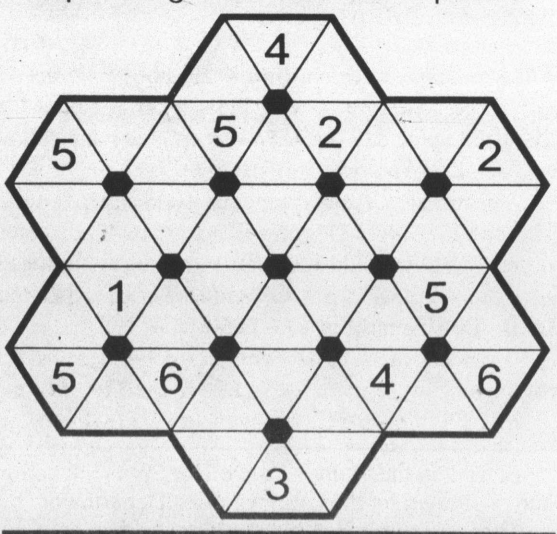
SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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STICKELERS [sic].

by Terry Stickels

How many people are represented by the following?

"Two pairs of twins twice, then squared, then cubed?"

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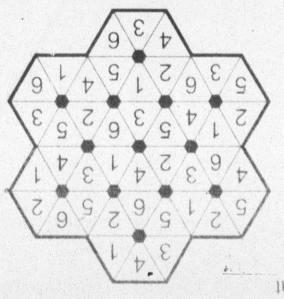
SNOWFLAKES solution



Go Figure! answers

7	10		7		7
3	9	−	5	+	7
	+		−		×
10	8	−	6	×	3
	÷		×		−
10	8	+	2	÷	4

Stickelers Answer

The answer is 262,144.
Two pairs of twins is 4, and twice that would be 8, 8 squared is 64, and 64 cubed is 262,144.

On Nov. 7, at approximately 11:15 a.m., the Quincy Police Drug Control Unit focused on the Quincy Center/ Quincy Center MBTA station area due to citizen's complaints about open drug dealing going on. On Nov. 6th, the DCU made five arrests in this area. The arrests were for drug charges and outstanding warrants.

At this time, Detective O'Rourke observed a female standing near the handicap pick up area of the Quincy Center MBTA station. He noticed the female was visually scanning the parking lot while talking on her phone.

At approximately 11:20 a.m., a vehicle pulled up and the female walked over and entered the passenger seat. Detective Powers was able to conduct an RMV query on the vehicle, which showed the owner had several drug offenses on his adult Board of Probation. A decision was made to keep the vehicle under surveillance.

Detectives Glennon and Keenan followed the vehicle out of the MBTA station and onto Hancock Street. The vehicle travelled through Quincy Center and made a right turn onto Granite Street. The vehicle turned right onto Burgin Parkway and began to travel northbound.

As the vehicle approached the rear of the MBTA station, it pulled into the bus way and stopped. The female exited the vehicle and cut through the train station and ended up where she was picked up. Essentially, the vehicle drove around the block which took about three minutes. The vehicle pulled away and began to travel on Burgin Parkway. It was the belief of the DCU that the male and female had engaged in an illegal drug deal.

Detective Keenan caught up to the female and identified himself as a Quincy police officer. The female gave her name and said that she was willing to talk to the detective. She gave the name of the male she just met with too.

When asked if she had drugs on her, the female responded that she had pills in her pocket. She turned over a paper coin roll that contained pills inside it. There were three different types of pills: 10 pills (K4 marking- Promethazine), 10 pills (U 137 marking- Clonidine hydrochloride) and 5 pills (GG 249 marking-Alprazolam.) She told Detective O'Rourke that she purchased the pills from the male for $40. The female was advised that she would be summonsed to Quincy District Court.

Sergeant Tapper contacted the other DCU members and advised them that drugs were recovered from the female.

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

LT. DAN MINTON

Detectives O'Brien, Powers and Glennon, who were in an unmarked vehicle behind the male driver, pulled him over on Newport Avenue at Beale Street. The male was led from his vehicle by Detectives O'Brien and Glennon. They observed cash and pills in the center console cup holder. Additionally, Detective Glennon observed a set of brass knuckles in the driver's side map pocket.

The male was placed in handcuffs and advised of his Miranda warnings by Detective Glennon. He acknowledged he understood his rights and agreed to speak to the detectives. When asked where he was coming from, the male said his residence on Granite Street and he was going to Boston to pay his insurance. He denied having anyone in his vehicle prior to being stopped by the Police. Detective Powers recovered $80 from the center console cup holder and several bottles of prescription pills inside the center console. The male also had $88 in his wallet. This money was seized pending civil forfeiture.

Detective Powers also located a second set of brass knuckles in the rear seat.

Detective O'Brien located a pill bottle in the male's name in his front right pocket. Inside the bottle were 32 pills (ML 30 marking-Morphine), 4 pills (A-349 marking-Acetaminophen and Oxycodone hydrochloride) and 7 pills (N 30 marking-Morphine). Detective O'Brien also located a total of $1,733 in different folds and in different pockets. This money was also seized pending civil forfeiture as it was believed that the proceeds came from the sale of drugs.

The male was transported to the station where he complained of having chest pains. After being transported to the hospital and cleared, he was returned to the station for booking. Detective Powers located the following items inside the center console of the male's vehicle: 3 empty pill bottles, 1 pill bottle containing 32 pills (ML 30 markings- Methadone), 2 pills (U137 marking- Clonidine Hydrochloride), 1 pill bottle containing 33 pills (M-57 71 markings-Methadone), 1 large pill bottle containing 3 pills and 5 pieces (K4 markings-Promethazine), 4 pills (ML30 markings-Morphine), 2.5 pills (A 349 markings-Acetaminophen), 1/2(N30 marking-Morphine), 7 Alleve pills, 1 Viagra pill, 2 yellow gel pills. 3 plastic bags containing-14 pills (ML30 markings- Morphine), 18 pills (N30 markings -Morphine), 7 pills (ML 30 markings- Morphine, 2 pills (N30 markings-Morphine), 4 pills (A349 markings- Acetaminophen and Oxycodone), 1 pill (M 57 71 marking-Methadone), 1 pills (U137- Clonidine), 13 pills (U137 markings- Clonidine).

The male, a 56 year old Quincy resident, was charged with multiple offenses;

MGL 269-10 - Carrying a Dangerous Weapon

MGL 94c-32- Possession Class A With Intent to Distribute Subsequent Offense

MGL 94c-32A- Possession Class B with Intent to Distribute- Subsequent Offense

MGL 94c-32D- Possession Class E with Intent to Distribute- Subsequent Offense

MGL 94c-32B- Distribution of Class C - Subsequent Offense

MGL 94c--32D- Distribution of Class E- Subsequent Offense- he was found guilty of Possession to Distribute Class B in Boston District Court on 10/06/2010 .

Nice Work!

❑

IRS HEADQUARTERS IN ALABAMA? Citizen Bob Noble called to let me know that he received a telephone call from a male claiming to be from the "IRS." The male said that the local Police would be coming to his house if he didn't make payment immediately. Mr. Noble knew this was a scam but gave me the telephone number of the scammer (251-285-4557, Alabama area code) so I called as I do all the numbers. Rarely is there an answer but this time a male answered with, "IRS." The male had a strong foreign accent. In the background I could hear many people talking to potential victims.

Seconds later, the male hung up. I called them back and told them that I was the Police and their building was surrounded and to come out with their hands up! He responded with a tirade of swears and hung up. I filed a complaint with the FCC.

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics
Nov. 3 – Nov. 9
Calls: 1,106
Arrests: 35
Stolen Vehicles: none

FRIDAY, NOV. 3

LARCENY, 8:28 a.m., 116 E. Howard St. Construction equipment taken from job site.

BREAKING AND ENTERING, 11:59 a.m., Robertson St. Dwelling.

LARCENY, 3:40 p.m., 1 Brook Rd. Bike.

SATURDAY, NOV. 4

VANDALISM/PROPERTY, 8:52 a.m., Adams Inn, 29 Hancock St. Caller reports known party threw a rock at her silver BMW.

LARCENY, 9:48 a.m., Crane Library, 40 Washington St. Past theft of library materials.

LARCENY, 9:48 a.m., Crane Library, 40 Washington St. Past theft of library materials.

ATTEMPTED BREAKING AND ENTERING, 2:45 p.m., Highland Ave. Attempted to gain access by taking screen door apart.

LARCENY, 8:13 p.m., 33A Cottage Ave. Two females got their hair done and fled without paying. Vehicle comes back to a gray Mercedes out of Wakefield.

SUNDAY, NOV. 5

LARCENY, 10:29 a.m., Crane Library, 40 Washington St. Past theft of library materials.

LARCENY, 10:29 a.m., Crane Library, 40 Washington St. Past theft of library materials.

LARCENY, 2:33 p.m., 95 Martensen St. Cellphone. Suspect heading towards train station. White female, heavyset, has two bags, dark sweatshirt, has hat on carrying a blanket.

MONDAY, NOV. 6

BREAKING AND ENTERING, 8:36 a.m., International Car Parts, 190 Washington St.

LARCENY, 10:03 a.m., Crane Library, 40 Washington St. Past theft of library materials. Materials over $250.

LARCENY, 10:06 a.m., Crane Library, 40 Washington St. Past theft of library materials. Materials over $250.

LARCENY, 10:06 a.m., Crane Library, 40 Washington St. Past theft of library materials. Materials over $250.

LARCENY, 10:07 a.m., Crane Library, 40 Washington St. Past theft of library materials. Materials over $250.

VANDALISM/PROPERTY, 5:31 p.m., 108 Myrtle St. Someone damaged caller's car. Could be on camera.

VANDALISM/PROPERTY, 7:07 p.m., French St. Caller's vehicle keyed around entire car.

TUESDAY, NOV. 7

VANDALISM/PROPERTY, 9:45 a.m., Most Blessed Sacrament Church, 1000 Sea St. Broken window.

LARCENY, 11:31 a.m., 1776 Heritage Dr. Credit card.

ATTEMPTED BREAKING AND ENTERING, 12:02 p.m., Wilson Ave. Back screen door damage.

BREAKING AND ENTERING IN PROGRESS, 7:04 p.m., Gilbert St. Caller saw a person kicking in the backdoor. Wearing all black. Black male, tall and thin, in hoody. In his 20s. Vacant house. Two in custody. Pellet gun recovered.

WEDNESDAY, NOV. 8

LARCENY, 7:25 a.m., 671 Washington St. New construction building. Caller claims the company soil compacter was taken overnight.

LARCENY, 11:09 a.m., 459 Southern Arty. Prescription missing. Happened Nov. 1.

BREAKING AND ENTERING IN PROGRESS, 2:16 p.m., Faxon Park Rd. White male, white female in pink shirt. Caller called back to state it's an old picture. Party had an old image of security camera footage and mistakenly thought someone broke into her house.

LARCENY, 3:53 p.m., TJ Maxx, 100 Granite St. Employee. He is not on scene.

LARCENY, 4:27 p.m., Big Y, 475 Hancock St. Wallet returned to owner with cash and debit card missing. Caller already canceled her debit card.

THURSDAY, NOV. 9

VANDALISM/PROPERTY, 7:42 a.m., S. Central Terr. Windshield wiper torn off. Eggs on windshield. Happened overnight.

VANDALISM/PROPERTY, 8:35 a.m., Falls Blvd. Two car windows smashed.

LARCENY, 10:00 a.m., Dunkin' Donuts, 125 Hancock St. Money/employee. Complaints to be filed for larceny over.

LARCENY, 1:12 p.m., 1000 Southern Arty. Party unsure if packages were taken.

ARMED ROBBERY, 9:00 p.m., Billings St. & E. Squantum St. Young black male, 5'10", thin build, black shirt, undershirt with white and black striped. Told caller he was jumped by three males and seemed very frazzled. Caller started to ask male question about what happened and male took off running down E. Squantum Street towards T station. Male did not appear injured and appeared nervous. Caller said a person named Jonny hit him in the head with a gun. They fled in a dark Ford Escape towards the beach. Party initially ran from officer. Officer got him to stop at high school and reports party is bleeding and told officer was beaten with a firearm by a black male and punched by a white male named Johnny. They fled in an unknown direction in dark Ford Escape. Sneakers and gold chain with Jesus medallion on it stolen. One party under arrest for warrant. Robbery believed to have occurred on Newbury Ave behind an apartment building.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: none

❑

CAR BREAKS: Burgin Parkway.

❑

BREAKS AND ATTEMPTED BREAKS: 190 Washington Street, Robertson Street.

If you have information on the above crimes, drug activity or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764 or** log onto the following website: http://tinyurl.com/ytf6td.

To report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. To make an appointment to view the **Registered Sex Offenders** book, call **Detective James Dentremont at 617-745-5755**.

To contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us -- *Lt. Dan Minton*

Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by *The Quincy Sun* as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

RELIGION

Houghs Neck Congregational Church

The Sunday morning worship service at the Houghs Neck Congregational Church, 310 Manet Ave. starts at 10 a.m.

Liturgist Kara Kuntupis will welcome and call to worship. Pastor Steven Vandergrift will lead the service, give the children's message and preach the sermon "Afraid to Invest."

Janice Hughes and Jeff Craig will serve for the Diaconate. Steve Reed, minister of music will direct the choir. A fellowship coffee hour hosted by Nancy Jacobs will follow the service.

This Sunday church members will participate in the special Ingathering of Food for ISS. Bring non-perishable food items or monetary donation.

At 2 p.m. Pastor Steve will deliver the sermon at the Annual Ecumenical Service for the peninsula churches. This year it is at Our Lady of Good Counsel with a joint choir from all four churches.

Yoga continues with Amy Ross in Fellowship Hall on Thursday at 7 p.m. and Saturday at 10 a.m.

Community Thanksgiving Service, Concert

The InterChurch Council of Wollaston and North Quincy invites the public to its annual Community Thanksgiving Service on Tuesday, Nov. 21 at 7 p.m. at Good Shepherd Lutheran Church, 308 West Squantum St., Quincy.

The service will feature sounds from oboe and piano with selections from Albinoni, Britten, Strauss, and Morricone beginning at 6:30 p.m.

Christ Church Christmas Fair

Christ Church Quincy, 12 Quincy Ave., Quincy, will hold its annual Christmas Fair on Friday, Dec. 1 from 5 to 8 p.m. and Saturday, Dec. 2 from 9 a.m. to 3 p.m.

The fair will feature two floors of tables of handmade craft items, a kitchen boutique, jewelry, baked goods, raffles, white elephant treasures and more.

There will also be a snack bar.

Houghs Neck Tree Lighting Dec. 3

Houghs Neck Community Council will host its annual tree lighting at the Houghs Neck Fire Station on Sunday Dec. 3rd at 5 p.m.

The event will feature carols, wreath laying at the Veterans Monument by the Houghs Neck American Legion 380, and of course a visit from Santa. The public is welcome to attend this annual seasonal event.

Bethany Congregational Church

Bethany Congregational Church, Quincy Center will have a Thanksgiving Worship Service and Sunday School at 9:30 a.m. David Wang will conduct the service and preach the sermon entitled "Give Thanks and be Happy!" Please bring a food donation to help the ISS Food Pantry. Fellowship with light refreshments will follow the worship service.

All are welcome to attend Worship Services. Bethany has an active Missions and Growth Committee doing various charity works.

The church office is open from 8:30 a.m. to noon-1:00 p.m. to 4:00 a.m. Please visit: www.bethanycongchurch.org for updates and activities. Thanks to the Video Ministry, if you're unable to attend worship service on Sundays, the Bethany Church Service is broadcast on Quincy Access Television at 6 p.m. on Thursdays and 10:00 a.m. on Sundays on Channel 8.

The church is wheelchair accessible.

Quincy Point Congregational Church

Sunday, Nov. 19, Rev. Stan Duncan will preach a sermon titled, "The Parable of the Talents?" at 10 a.m. worship at Quincy Point Congregational Church, 444 Washington St.

Muriel Forbush will be the Lay Reader.

The church is "accessible" to all with designated parking for the disabled and an elevator, via the Abbey Road side of the building.

After worship, all are welcome to the Social Hall for light refreshments and conversation. There will be a SERRV sale, with unique fair trade items during fellowship hour. While there stop by the Big Blue Q information table and sign the birthday and thinking of you cards.

Tree of Joy tags will also be available this week. Pick up a tag and help us with this annual effort to provide Christmas gifts for children in need through Interfaith Social Services and Quincy Public Schools McKinney/Vento Homeless Assistance program.

Fort Square Presbyterian Church Events

Fort Square Presbyterian Church, 16 Pleasant St., Quincy announces several free events for the community during December.

On Saturday, Dec. 2nd there will be a free Christmas Party for children ages 5 through 5th grade from 10 a.m. to 12:30 p.m. Drop in anytime during this time. This event will feature games, giveaways, prizes, stories, snacks and more.

On Sunday, Dec. 10th at 10 a.m. all are welcome to a tradition Christmas Carols service.

Sunday, Dec. 17th at 10 a.m. the annual Christmas Cantata will be held. This year's title is "Hear the Sounds of Christmas"

On Sunday, Dec. 24th at 5 p.m. there will be a Christmas Eve Candlelight Service.

Quincy Religion Directory

SERVICES & ACTIVITIES

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 8 & 10:30am
Tuesday/Thursday 9am
Handicapped Accessible
New Members Welcome!

ST. AGATHA CHURCH MILTON-QUINCY
432 Adams Street
Milton, MA 02186 • 617-698-2439
Schedule of Masses:
Saturday: 8:00AM and 4:30PM
Sunday: 7:30AM, 9:00AM,
10:30AM 12NOON and 5:00PM
Weekday Masses: 7:00 & 9:00AM
Reconciliation 3:45PM-4:15pm
on Saturdays, other times
by appointment
Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ *Air-Conditioned*

St. John The Baptist
ROMAN CATHOLIC CHURCH
44 School St., Quincy
617-773-1021
Weekend Mass Schedule
Saturday, 4:00 PM
Sunday, 8:30 AM & 11:00 AM
Sunday night, 5:00 PM
Weekday Masses
Monday - Saturday 8:00 AM
Confessions
Wed. 8:30 – 9:00 AM
Sat. 2:30 – 3:30 PM
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
617-479-5400
Mass Schedule:
Sat. 4:00 PM / Sun. 9, 11 AM
Daily Mass:
Wednesday and Friday, 9 AM
Confessions: Saturday 3-3:30PM
Handicapped Accessible via Elevator

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4 pm (Saturday)
7:30 &10:00 am and 6:00 pm
Weekday Masses
Monday - Friday 7 am
Monday & Saturday 9 am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m. and 10:30 a.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

Holy Trinity Parish
Come and Worship!
Most Blessed Sacrament Church
1031 Sea St.
WEEKDAY MASSES
9:00AM Tuesday and Thursday
WEEKEND MASSES
4:30 PM Saturday and
8:30 AM Sunday
Our Lady of Good Counsel Church
237 Sea St.
WEEKDAY MASSES
9:00AM Monday and Wednesday
WEEKEND MASSES
6:00PM Saturday and
10:30 AM Sunday
CONFESSIONS: 3- 4PM Saturday
Rev. Martin Dzengeleski- Pastor
Phone: 617-479-9200
EMAIL: holytrinityquincyma@gmail.com
VISIT: www.holytrinityquincy.com

Congregational

HOUGH'S NECK CONGREGATIONAL CHURCH
310 Manet Avenue
617-479-8778
www.hncong.org
Sunday Worship Service at 10 a.m.
Pastor Stephen Vandergrift will preach the sermon "Afraid to Invest"
All are welcome to attend
FELLOWSHIP COFFEE HOUR FOLLOWING SERVICE

BETHANY CONGREGATIONAL CHURCH
Spear & Coddington Streets
Quincy Center, 617-479-7300
www.bethanycongchurch.org
Thanksgiving Worship Service and Sunday School at 9:30AM
David Wang will conduct the service & preach the sermon "Give Thanks & Be Happy"
ALL ARE WELCOME!
Fellowship Time following Service
The church is wheelchair accessible

QUINCY POINT CONGREGATIONAL
444 Washington St . • 617-773-6424
Worship and Church School 10 am
Rev. Dr. Stan Duncan, *Interim Pastor*
Peter Johnston, *Interim Associate Pastor*
Rachel Hallenbeck, *Music Director*
email: office@quincypointcong.org

Congregational

Wollaston
Congregational Church
United Church of Christ
48 Winthrop Avenue
Quincy, Massachusetts
Worship and Sunday School at 10 a.m.
Elizabeth J. Williams Pastor
617-773-7432
www.wollastonucc.com

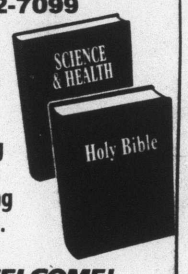
Unitarian Universalist

United First Parish Church
A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome.
Worship Service, Church School & Childcare: Sundays at 10:30 AM
Followed by Fellowship & Refreshments
Rev. Rebecca Froom
1306 Hancock St., Quincy
www.ufpc.org

Church of Christ

CHURCH OF CHRIST IN MILTON
330 Edge Hill Rd.,
Milton, MA 02186 • 617-274-2409
www.churchofchristinmilton.org
Maurice Davis, *Minister*
SUNDAY WORSHIP
8AM, 11AM and 6PM
Sunday Bible Study 9:45AM
Tuesday Bible Study 11:00AM
Wednesday Bible Study 7:00PM
3RD Friday – Couples 7:30PM
4TH Friday – Youth 7:30PM

Christian Science

First Church of Christ, Scientist
1460 Hancock Street, Quincy
617-472-7099
Sunday Services and Sunday School 10:30 a.m.
Wednesday Evening Meetings – where testimonies of healing are shared 7:30 p.m.


ALL ARE WELCOME!

Nazarene

Wollaston
Church of the Nazarene
Come Join Us For Sunday Worship!
8:00 AM Worship Service
(Holy Communion & Liturgy)
9:00 & 11:15 AM Weekly Small Groups
10:00 AM Worship Service
Stephen "Stretch" Dean, Lead Pastor
Andrea Sawtelle, Youth Pastor
Bev Keuther, Children's Pastor
Don Reed, Visitation Pastor
37 E. Elm Ave., Wollaston
617.472.5669
email: office@wconaz.org
www.wollastonnazarene.org

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Rebecca E. Baumann

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45AM CHRISTIAN EDUCATION
11AM WORSHIP SERVICE
BRASS BAND MUSIC
NOON THURS. WOMEN'S FELLOWSHIP
6:30PM WEDS. BIBLE STUDY

HOPE PEACE

To Advertise in this Directory, Call 617-471-3100

OBITUARIES

Frederick J. Laracy, 57

A funeral Mass for Frederick John "Fred" Laracy, age 57, of Weymouth, formerly of Braintree, was celebrated Nov. 10 in St. John the Baptist Church, Quincy.

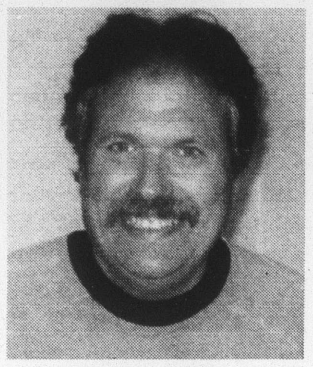
Mr. Laracy died unexpectedly Nov. 4 at home.

He was born in Quincy and was raised in Braintree. He was a graduate of Blue Hill Regional High School, Class of 1978, where he played center on the football team. He had lived in Weymouth for nineteen years, previously in Braintree. As a youngster, he participated in Braintree's original Pop Warner Football League.

Mr. Laracy was a self-employed electrician and retired member of the IBEW Local 103. He loved his trade and was proud that his son, Richard, followed in his footsteps as an electrician and member of Local 103. Mr. Laracy was also a former Norfolk County Corrections Officer for several years.

He was an avid Boston sports fan and especially enjoyed following the New England Patriots. Most of all, he loved Maine and the outdoors. Mr. Laracy enjoyed hunting, snowmobiling, jet skiing, and recently took to playing golf. He was an outstanding cook and lived life to the fullest. Mr. Laracy was faithful and loyal to his family and friends and always willing to lend a helping hand.

Loving partner and best friend for thirty-nine years of Kathleen Marie Feeney



FREDERICK J. LARACY

and their devoted son, Richard P. "Rick" Feeney of Weymouth. Beloved son of Dorothy J. (Navicky) Laracy and Frederick J. Laracy, Captain, Quincy Police Department, Retired of Braintree. Cherished and loving brother to his siblings, Mark R. Laracy and his wife Lori of Braintree, Linda E. Laracy of Quincy, Lisa J. Laracy of Braintree, Laura Jo Laracy and her companion Patrick Irwin of Quincy. Dear uncle of Mark R. Laracy, Jr., Matthew R. Laracy, and his godson, Mitchell R. Laracy. Also survived by many aunts, uncles, cousins, and friends.

Interment private.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to Reflex Sympathetic Dystrophy Syndrome Association (RSDSA), P.O. Box 502, Milford, CT 06460 or to the Harvest Hills Animal Shelter, 1389 Bridgton Road, Fryeburg, ME 04037.

Ann R. Rando

A funeral Mass for Anna R. (Demaggio) Rando of Quincy was celebrated Nov. 11 in St. Mary's Church, Quincy.

Mrs. Rando died unexpectedly Nov. 2 in Fort Myers, FL where she spent the last three years of her life with her beloved husband, Ed.

Born on Jan. 22, 1937, in Quincy to the late Joseph and Lena Demaggio, she was a lifelong resident of Quincy, and graduated in 1954 from Quincy High School. Mrs. Rando and Ed were married on Oct. 20, 1957, and were happily married for 60 years.

She retired from National Fire Protection Agency, where she was a secretary to the marketing manager for 17 years. Mrs. Rando passionately loved to ballroom dance, travel, and take cruises with her husband and family, and of course was a big Red Sox and Patriots fan. She loved cooking and entertaining, always being surrounded by family and many dear friends. A lively, vibrant woman, she lived life to the fullest. Loved by all who knew her, she will be deeply and forever missed.

Mrs. Rando is survived by her loving husband Edward V. Rando, a retired Quincy firefighter; 2 daughters, Cheryl A. (Rando) Brown married to Curtis Brown, of Valparaiso, IN, and Donna M. Rando-Drake of Cape Coral, FL; her grandchildren, Stephen and Colleen Brown, Michael Brown, Peter Brown, and Stephen Drake II. She was the dear sister of Margaret (Demaggio) Fantucchio of Pinellas Park, FL, John Demaggio of Quincy, the late Gene and Arthur Demaggio, Josephine Carnali and Frances Fernandez; and is also survived by many nieces, nephews and dear friends.

Interment at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Frances T. Bowen

A funeral Mass for Frances T. "Frannie" (Kelley) Bowen of Quincy, formerly Dorchester, was celebrated Nov. 11 in St. Ann's Church, Quincy.

Mrs. Bowen died Nov. 4.

Born in Woburn, she was raised in Dorchester and was a 1948 graduate of Jeremiah E. Burke High School. She was a resident of Wollaston and an active member of St. Ann's Parish for 57 years. Mrs. Bowen was an avid reader, bowler and bingo player. For the past year, she resided at Allerton House Assisted Living in Quincy and thoroughly enjoyed the sense of community and social life she found there. The family thanks the Allerton House staff for their kindness and consideration.

Beloved wife of the late Jeremiah Bowen. Loving

FRANCES T. BOWEN

mother of Marie Bowen of Charlestown and Jeremiah Bowen and his wife Stephanie of South Boston. Cherished "Nana" of Samantha, Thomas, and Emily Bowen. Also survived by many cousins, sisters-in-law, nieces and nephews.

Interment at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

John R. Tocchio

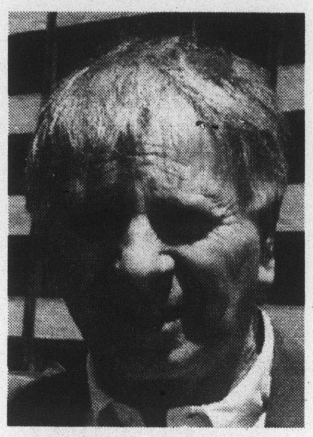
A funeral Mass for John R. "Jack" Tocchio, of Norwell, formerly of Quincy, was celebrated Nov. 11 in St. Joseph's Church, Quincy,

Mr. Tocchio died peacefully Nov. 4 at Brigham and Women's Hospital in Boston, surrounded by his loving family.

He was born in Quincy to the late Guerino J. and Catherine E. (Scolaro) Tocchio. He was raised in Quincy and was a graduate of North Quincy High School and later earned his Associate's degree from Quincy Junior College. He had lived in Norwell for thirty-seven years, previously in Weymouth and Quincy.

Mr. Tocchio was employed as a mason for many years as a member of the Bricklayers and Allied Craftsmen Union Local 3. He worked as a foreman for Heritage Restoration in Rockland where he was well known for his hard work and craftsmanship. He participated in hundreds of projects over his long career. Most recently, he was proud to have been involved with a new medical complex, the Building for Transformative Medicine at Brigham and Women's Hospital.

As a young man, Mr. Tocchio was an accomplished boxer and Massachusetts Golden Glove State Champion in 1962. He was also a National Lightweight boxer, participating in many fights during his career. He was an avid horseman and enjoyed



JOHN R. TOCCHIO

the track.

Mr. Tocchio was dedicated to his family, especially his three children.

Beloved husband of Christy Potter Tocchio. Devoted father of Seana M. Tocchio of Braintree, Tyler M. Tocchio, and Olivia G. Tocchio, both of Norwell. Dear brother of Theresa A. Cunningham and her late husband Martin of Whitman, Catherine E. "Betty" Beniers and her husband Robert of Quincy, Diane M. Potter, Judith C. Brown and her husband Donald, all of Braintree. Also survived by an aunt and uncle, many nieces, nephews, cousins, and close friends.

Interment private.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the American Cancer Society, 30 Speen Street, Framingham, MA 01701-1803.

Ann Mullen

A Mass for Christian Burial for Ann (Kelly) Mullen of Quincy and formerly of Dorchester was celebrated Monday in Sacred Heart Church, Quincy.

Mrs. Mullen died Nov. 8.

She is the wife of the late Paul Mullen. Cherished mother of Patrick Mullen of Dorchester, Neal Mullen and his wife Eileen of Quincy, Julie Cacciatore and her husband Steven of Whitman, Paula Mullen Vraibel and her husband Robert of Dorchester, Leslie Connolly and her husband James of Quincy, Daniel Mullen and his wife Cheryl of Braintree. Sister of Mary Cass of Athol, Patricia Martin of Gilford, NH, Frances Waters of Dorchester and Joseph

ANN MULLEN

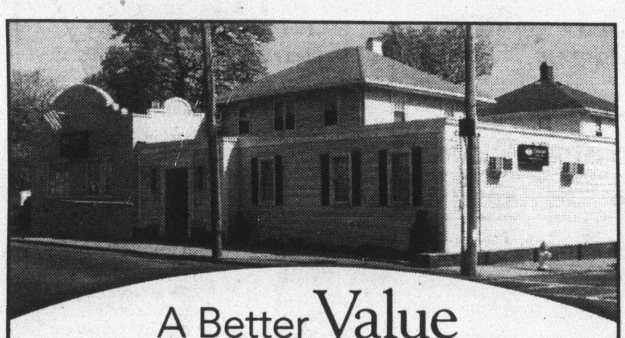
Kelly and his wife Moira of Virginia Beach, VA. Beloved Grammy of Jessica, Annie, Andrew, Amanda, Adam, Paul, Emily, Michelle, Daniel, Bobby, Domenic, Matthew and Gianna. Also survived by many nieces and nephews who she loved dearly.

Mrs. Mullen loved to travel, read and spend time with her grandchildren.

Private interment.

Funeral arrangements were made by the Lydon Chapel, 644 Hancock St., Quincy.

Memorial donations may be made to Bay Cove Human Resources, Development Dept., 66 Canal St. Boston, MA 02114, or online at baycove.org/donate.



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A Service Family Affiliate of AFFS and Service Corporation International, 206 Winter Street, Fall River, MA 02720. (508) 676-2454.

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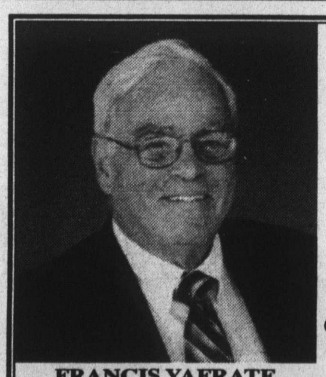


FRANCIS YAFRATE

In Loving Memory

The family of Francis Yafrate wishes to thank you for the gift of your presence celebrating a wonderful husband, father, and grandfather.

Your outpouring of love and support at this sad time, with gifts of Memorial Masses, donations, food, flowers, notes, cards, and messages have been of great comfort to all of our family.

Ruth M. Byorkman, 90

A memorial service for Ruth M. Byorkman, age 90, of Quincy will be held at 11 a.m. Saturday in Peck Funeral Home, Braintree.

Mrs. Byorkman died peacefully Oct. 31 at the Hancock Park Nursing and Rehabilitation Center.

RUTH M. BYORKMAN

She was born in Hyde Park, the daughter of Clara Shepherd Muir and James Muir, and grew up in Milton. Mrs. Byorkman graduated from Milton High School, class of 1945. She met the late Harry T. Byorkman in 1941 at the Wollaston Yacht Club in Quincy. Harry kept a sailboat at the yacht club and they would sail Quincy Bay together. Harry served in the Navy and finished college before they married in 1952. They were married 64 years before Harry's death on Oct. 28, 2016.

Mrs. Byorkman is survived by her sons, Stephen Byorkman and his wife Jan of Weymouth, and Bruce Byorkman and his wife Sylvia of Braintree. She is also survived by two granddaughters, Kathryn Byorkman Gauthier and her husband Phil of Worcester, and Rachel Byorkman of Braintree.

She worked as a bookkeeper at Walter Baker Chocolate in Dorchester prior to raising her family. Mrs. Byorkman was a kind and gentle soul. In her last years, people would often describe her as "sweet." She cared deeply about her family and would often take her young sons to walk the Freedom Trail in Boston, hike in the Blue Hills to pick blueberries, visit the Children's Museum, go bowling, or play Monopoly on Sunday afternoon. She would often accompany Harry on business trips and bring the "boys." Together they would explore many new places.

Mrs. Byorkman was most comfortable at home. She was a wonderful baker and listened to Gus Saunders' cooking show on the radio daily. She was best known for her butter cake served at everyone's birthday and her Swedish spritz cookies. When her sons were in college, she would write to one or the other daily while she had her lunch at the kitchen table. She loved to sew and knit and taught both of her granddaughters how to knit. She would love to hear about Kathryn's knitting projects.

In later years Mrs. and Mr. Byorkman traveled all over the world taking many wonderful trips together. Mrs. Byorkman loved watching her granddaughters grow up and was delighted when they visited. After two sons, she finally had girls. She was a 50-year member of the Order of the Eastern Star. Mrs. Byorkman was also a longtime member of Bethany Congregational Church in Quincy and served as a deaconess for many years.

Gathering prior to the service begins at 10 a.m. Saturday.

Memorial donations may be made to the Hancock Park Staff Appreciation Fund, 164 Parkingway, Quincy, MA 02169 or to the Perkins School for the Blind, 175 North Beacon St., Watertown, MA 02472.

Michael S. Hajjar

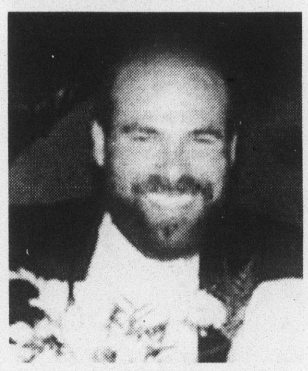
A funeral Mass for Michael S. Hajjar of Quincy was celebrated Nov. 9 in St. Joseph's Church, Quincy.

Mr. Hajjar died Nov. 4.

He was born in Quincy. He attended the Boston School for the Deaf in Randolph and graduated in 1967. For high school, he attended St. Mary's School for the Deaf in Buffalo, NY, and graduated in 1971. Mr. Hajjar worked in the original family business and later became the manager of its South Shore Army Navy division. He later joined the family at Hajjar's Big and Tall Clothing Company and worked in the Quincy location in both the warehouse and office.

Mr. Hajjar leaves his wife Asma Hajjar (Zeidan), a sister Louise and her husband David Densmore of Braintree, a sister Susan Hajjar of Hingham and a brother Steven Hajjar and his wife Jeannie of Cohasset and a sister Marianne Hajjar of Quincy. He also leaves six nieces and nephews.

He was a member of the Quincy Deaf Club for many years and was an avid and devoted fan of the Boston Red Sox; he also followed the Boston Bruins, the New England Patriots and the Boston Celtics. Mr. Hajjar had a keen interest in world geography memorizing many facts and figures with ease and devoured the Guinness World Record Books. He traveled cross-country with deaf friends and enjoyed going to Foxwoods with his wife. Mr. Hajjar had a heart of gold and will be sorely missed.



MICHAEL S. HAJJAR

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to DeafBlind Contact Center, Inc., in Allston, MA and St. Jude's Research Hospital in Memphis, TN.

Gail R. Cobb, 72

A funeral for Gail Ruth Cobb, 72, of Canton and formerly Quincy was held Tuesday in Houghs Neck Congregational Church, where she had been a longtime, active member.

Mrs. Cobb died Nov. 9 surrounded by the love, comfort and care of her family after a short but hard-fought battle with cancer.

GAIL R. COBB

Born and raised in Quincy she was the third of four children born to the late James M. and Ruth C. (MacKinnon) Craig. She graduated Quincy High School, class of 1962 and furthered her education at Burdette College and, later, UMass Boston. She had worked for the former Retina Eye Foundation in Boston and finished her career as the office manager of her husband's medical practice in early 2017.

Mrs. Cobb is remembered for her fierce devotion and love for family and friends, her selflessness, and her genuine care and interest in helping others. She enjoyed music, painting and cooking but her favorite times were those spent in the company of her loving family.

She was the devoted wife of Dr. William E. Cobb, loving mother of Scott Stirling and his spouse Kelli of Quincy, Wendy Deane and her spouse John of Canton, stepmother to Alicia Meyers and her spouse Leslie of Cold Springs, NY, and Monica Bautista and her spouse Jesse of Roseville, CA. Dear sister of Bob Craig and spouse Pam of Quincy, Jeff Craig and spouse Marcia of Quincy and Steve Craig and spouse Dotty of Truro. Cherished grandmother to Nicholas, Seamus, Katie, Megan, Isabelle, Jack and Will. Also survived by aunts, uncles, cousins, extended family and many close friends.

Interment at Mount Wollaston Cemetery, Quincy.

Funeral arrangements were made by Hamel Funeral Care & Cremation Service of Massachusetts, 26 Adams St., Quincy.

Memorial donations may be made to either the Houghs Neck Congregational Church or the Houghs Neck Congregational Church Scholarship Fund, 310 Manet Ave, Quincy, MA 02169.

Helen D. Furtney, 90

A funeral for Helen Dorethea (Hassell) Furtney, 90, of Dover, NH, will be held at 11 a.m. Friday in Christ Church Episcopal, Quincy.

Mrs. Furtney was born in Boston on Jan. 27, 1927, and died on Nov. 6.

She was the daughter of the late George & Emma (Eisner) Hassell. She was raised in South Boston and graduated South Boston High School, class of 1944. In her teen years Mrs. Furtney was an active member of the Masonic organization, International Order of Rainbow for Girls and later joined Eastern Star. On Oct. 3, 1957 she married her loving husband of 53 years, the late Morton Raymond Furtney, exchanging their vows at Christ Church Episcopal in Quincy. They raised two boys, Kris and Ken, in Quincy and later Braintree. Later in life Mrs. and Mr. Furtney enjoyed traveling, especially taking many cruises to the Caribbean. Mrs. Furtney was an active parishioner at Christ Church, and throughout the years voluntarily served many roles behind the scenes.

After Morton's passing in 2011, she moved from Braintree to the Watson Fields Assisted Living Facility in Dover, NH, where she lived the last nearly six years of her life.

She is survived by her son Kris and his wife Sheila of Barnstead, NH and Ken and his wife Patty of Pembroke. She is also survived by five grandchildren, Matt and his wife Kristen, Laureyn and her wife Lauren, Steven, Emily and Anna, and one great-granddaughter Ellie Jane.

HELEN D. FURTNEY

The family wishes to give a special thanks to John, Wendy and all the staff at Watson Fields for providing such superb care to Mrs. Furtney. She truly felt that Watson Fields was home and the staff were all members of her extended family.

The Rev. Clifford R. Brown, Rector, will officiate the funeral.

Interment at 1:45 p.m. Friday in Massachusetts National Cemetery, Bourne.

Visiting hours are 5 to 7 p.m. Thursday in Hamel Funeral Care & Cremation Service of Massachusetts, 26 Adams St., Quincy.

Memorial donations may be made to either Watson Fields Assisted Living Facility, Dover NH, or Christ Church Episcopal, Quincy MA.

"Whenever I am afraid, I will trust in You" – Psalm 56:3.

Deborah L. Steele, 60

A funeral service for Deborah L. Steele, 60, of Quincy will be held at 1 p.m. Friday in the Wollaston Church of the Nazarene.

Mrs. Steele died peacefully after a long illness on Monday.

Born in Boston, she earned her Masters degree from UMass Boston. She taught at Quincy College for 10 years.

Loving daughter of Beverly Desmond of Peabody and the late Gregory Desmond. Devoted mother of Ian W. Sinclair of Quincy, Gregory J. Sinclair of NC and Carolyn Bassett of NC. Grandmother of Gregory, Cherilyn, Audrey, Violet, Danny, Gabriel and Shelby. Cherished sister of Charles Freeman of ME, Mary Connors of AL, Jean Michon of FL, James Freeman of Peabody and Jack Freeman. Also survived by many nieces and nephews.

Visiting hours are 4 to 8 p.m. Thursday in Keohane Funeral Home, 785 Hancock St., Quincy.

DEBORAH L. STEELE

Memorial donations may be made to This Star Won't Go Out, 118 Billings Street, Quincy, MA 02171.

More Obituaries online at: thequincysun.com

Pauline Rubino, 90

A funeral service for Pauline (VanHooser) Rubino, 90, of Quincy was held Wednesday in Keohane Funeral Home, 785 Hancock St., Quincy.

Mrs. Rubino died Nov. 10.

PAULINE RUBINO

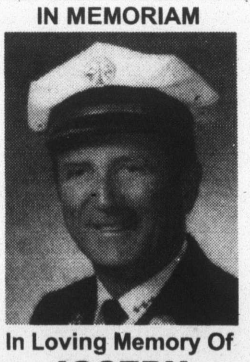
She was a longtime resident of Quincy. She enjoyed painting, ceramics, sewing and gardening in her free time. She was also an avid reader. Mrs. Rubino loved music, particularly Barbra Streisand, Elvis Presley and Neil Diamond. She loved her family, especially her grandchildren. She also loved her cats. She will be sadly missed, but never forgotten.

Beloved wife of the late Charles Rubino, Jr. Daughter of the late James and Edith (Rogers) VanHooser. Loving mother of Charles Rubino and his wife Sheila of Hanson and Tony Rubino and his wife Valerie of Quincy. Dear sister to the late Claudine Miller. Cherished Nana to Chris and his wife Deanne, Nicholas and his wife Sandy, and Josh and his wife Angie, Rubino. Caring Great-Nana to Lucia, Violet and Vincent Rubino and Lake Weismayr. Also survived by cousins, extended family members and friends.

Interment at St. Michael's Cemetery, Boston.

Memorial donations may be made to the American Heart Association, P.O. Box 417005, Boston, MA 02241-7005.

IN MEMORIAM



In Loving Memory Of
JOSEPH C. JACKSON
2008 ~ 2017
9TH Anniversary, November 14TH
We think of you and miss you,
And remember you this day,
To tell you that our thoughts of you
Are just a tear away.
Love always, Ginny and family

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO17P2796EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Carolyn M. Phipps
Also Known As:
Carolyn Phipps
Date of Death:
February 26, 2017

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Amy M. Francoeur** of **Weymouth, MA.**

a Will has been admitted to informal probate.

Amy M. Francoeur of **Weymouth, MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

11/16/17

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO17P2747EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Barry J. Wong
Also Known As:
Barry Joseph Wong
Date of Death:
September 11, 2017

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Mary A. Stracuzzi** of **Plymouth, MA.**

a Will has been admitted to informal probate.

Mary A. Stracuzzi of **Plymouth, MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

11/16/17

Council OKs Police Mutual Aid Agreements

By SCOTT JACKSON

The City Council on Monday night gave Quincy's police chief the ability to enter into agreements with other communities allowing Quincy officers to make arrests in those jurisdictions or vice versa.

The council unanimously approved Mayor Thomas Koch's request to accept the provisions of state law that allows the city's police chief to "enter into agreements with another city or town…to provide mutual aid programs for police departments to increase the capability of such departments to protect the lives, safety and property of the people in the area designated in the agreement."

Chris Walker, the mayor's director of policy and information, said the Quincy Police Department already provides mutual aid to other communities on a regular basis. The language adopted Monday night, he explained, would allow the police chief to enter into mutual aid agreements in which Quincy police are given the ability to make arrests outside the city.

"As many of you know, our police department and its many specialty units respond to other communities on a regular basis, whether it's our K9 unit or our marine unit or our homeland security units to provide mutual aid in those communities when requested," Walker said.

"This agreement will allow the police department to enter into further agreements with those cities and towns that would give our police officers arrest authority in those towns while they're providing mutual aid."

Councillor Nina Liang asked Walker if the reverse would also be true – that officers from outside Quincy could be given the ability to make arrests in Quincy – and Walker replied that it would be.

Ward 1 Councillor Margaret Laforest said the city's police officers already provide mutual aid to these communities, and Monday could allow Quincy to join the Metropolitan Law Enforcement Council (MetroLEC).

"We are already working in these other communities providing mutual aid," she said. "I believe this is the official membership in MetroLEC."

OBITUARY

Anna G. McDonough

A funeral Mass for Anna G. "Ann" (Mulkerin) McDonough of Quincy will be celebrated at 10:30 a.m. on Nov. 20 in St. Agatha Church, Milton.

Mrs. McDonough died Sunday.

She was a longtime resident of Quincy. She is a late member of the Thomas Sherwin chapter of the Telephone Pioneers of American. She enjoyed traveling in her spare time. Mrs. McDonough will be remembered for always smiling and her caring and kind demeanor. She will be sadly missed, but never forgotten.

Wife to the late James "Sonny" McDonough. Loving mother to Ellen McDonough of Quincy. Sister to the late Mary M. Greene. Also survived by grandnieces, great grand-nieces and nephews and beloved cousins.

Visiting hours are 2 to 4 p.m. on Nov. 19 in Keohane Funeral Home, 785 Hancock St., Quincy. A celebration of life service will be held there at 9:45 a.m. on Nov. 20, prior to the Mass.

Interment at New Calvary Cemetery, Boston.

Relatives and friends are respectfully invited to attend the visiting hours on Sunday 2-4 PM in

Memorial donations may be made to St. Agatha Church, 432 Adams St., Milton, MA 02186.

Ecumenical Service At Our Lady of Good Counsel

There will be an Ecumenical Thanksgiving Service Sunday, Nov. 19 at 2 p.m., at Our Lady of Good Counsel, 227 Sea St. Quincy

The Houghs Neck Congregational Church, The Bethel Nazarene Church from Germantown, Holy Trinity Parish, which consist of Most Blessed Sacrament, Our Lady of Good Counsel and the former St. Boniface Churches, will join their choirs and clergy to celebrate their annual Thanksgiving Service.

Rev Steve Vandergrift from HNCC will give our message this year. A proclamation will be read by St. Rep Tackey Chan, Refreshments will follow in the hall downstairs.

Holiday Fair Nov. 18 At Union Congregational Church

Union Congregational Church of Wollaston will hold its annual Christmas Fair Saturday, Nov. 18 from 9 a.m. to 3 p.m. in the church gymnasium, 136 Rawson Rd.

"Christmas Time is Here" will feature homemade baked sweets and treats, handcrafted gift items, and decorations as well as a snack bar.

The fair also includes a silent auction. Among the items are collectible ornaments, antiques, local services, restaurants, and entertainment.

The Christmas fair has been a long-standing tradition in Union's history, and has become a holiday tradition for many people in the Wollaston community.

For over 100 years the Union Congregational Church has been a part of the Wollaston and Quincy community.

THE SALVATION ARMY
BELL RINGERS NEEDED!
Need Extra Christmas Cash?
The Salvation Army needs seasonal help.
CALL 617-472-2345

Wollaston Congregational Church Holiday Fair Nov. 18

Wollaston Congregational Church, 48 Winthrop Ave., Quincy, will host its annual Holiday Fair Saturday, Nov. 18 from 9 a.m. to 2 p.m.

The fair will feature professional craft items, WCC lady's canned preserves and homemade pies, cookies, holiday items, jewelry, knit and crochet items, chocolate, Pinterest-inspired Christmas decorations and gifts and much more.

Also, make The Wolly Café your destination for lunch while you are out fair-shopping. The lunch will open at 11 a.m. and serve hotdogs, hamburgers, homemade chowder and other treats.

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-100

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, November 28, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Marianne Smith for a Finding to change the use from business to church/assembly use in violation of Title 17 as amended Chapter 3.4.1 (change of use) and Chapter 5.0 (parking) on the premises numbered 87 NEWBURY AVENUE, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

11/9/17, 11/16/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-104

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, November 28, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Thanh Nguyen for a Variance/Finding to replace structure damaged by fire and add a second story in violation of Title 17 as amended Chapter 3.4.3 (alteration, nonconforming) and Chapter 3.4.7 (catastrophe/demolition) on the premises numbered 55 CIRCUIT ROAD, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

11/9/17, 11/16/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-105

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, November 28, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA02169. On the application of Tom Quinn for a Variance to construct an addition and deck in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) and Chapter 5.1.4.1 (excessive parking) on the premises numbered 14 SEAWAY ROAD, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

11/9/17, 11/16/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-106

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, November 28, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA02169. On the application of Simon Lam for a Variance to construct a second floor addition in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) and Chapter 5.1.4 (parking setbacks) on the premises numbered 136 HOLBROOK ROAD, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

11/9/17, 11/16/17

'Military Service Is A Family Sacrifice'

Cont'd From Page 4

they all share the same fundamental qualities," he said. "They possess courage, determination, integrity, selflessness, and a dedication to duty – all qualities needed to serve a cause larger than one's self."

Americans have been answering the call of duty since 1775, the commander continued, to protect not only their liberty but also the freedoms of those around the globe.

"Since the first shots at Lexington and Concord fired as the Revolutionary War began, American men and women have been answering the nation's call to duty," Annexstad said.

"Millions of Americans have fought and died on battlefields here and abroad to defend our freedoms and our way of life. Today, our troops continue to make the ultimate sacrifices and as we lose troops, more Americans step forward to say 'I'm ready to serve.' They courageously follow in the footsteps of generations of Americans to protect not only our liberty and our way of life, but to help others around the world who cannot help themselves.

"Many of them of them didn't ask to leave their homes and fight on distant battlefields. Many didn't even volunteer, but they answered their nation's call. Not to seek recognition or award, but because they were called to be part of something bigger than themselves – to defend freedom around the world.

"They were ordinary people who responded in extraordinary ways in extreme times. They rose to the call of duty and, because of that, today the world is a better place."

Annexstad also noted the history of Veterans Day. Originally known as Armistice Day, it commemorated the armistice that ended hostilities in World War I on the eleventh hour of the eleventh day of the eleventh month of 1918 – 99 years ago Saturday.

"As time went on, America's engagement in World War II and Korea led veterans' service organizations to lobby for change. Rather than honoring the armistice and only those who served in World War I, they proposed that November 11 now honor all veterans from every war and every conflict the United States has encountered," Annexstad said.

"This day is known as Veterans Day, and we've honored the service and sacrifice of our sailors, soldiers, airmen, coast guardsmen and marines ever since."

Annexstad said thousands continue to serve, many of them far away from home and their loved ones.

"Right now, as we gather here today, thousands of soldiers, sailors, airmen, marines and coast guardsmen are on the job around the world dedicated to making the world a better place," he said.

"These service members are on ships, submarines, aircraft and on the ground. They will be there while we're sleeping tonight. They will be there every Saturday and every Sunday, on every holiday this year, and they will be missing their families, their friends and their loved ones back home."

Annexstad said those present Saturday were paying tribute to all those who served and continue to serve.

"Your presence here today marks tribute to those who have given so much to this great nation and its causes, to all veterans past and present, and especially those who have lost their lives in service of our country. It is a way to say we remember," Annexstad said.

"From the soldiers who shivered and starved through the winter at Valley Forge, to the doughboys crouched in the muddy trenches of France, to the platoons who patrolled the jungles of Vietnam and the young men and women patrolling the mountains of Afghanistan, we remember, we stand behind them and we honor them all."

Military service is a family sacrifice, Annexstad said, and the families of service members should not be forgotten.

"I'd like to recognize the families of the service members," he stated. "Dealing with life's challenges is hard enough without dealing with deployments, continuous moves, missed birthdays and holidays and the uncertainty of what's next.

"Military service is a family sacrifice. We must never forget the sacrifices of the families of those veterans, particularly those families that have been forced to endure the ultimate sacrifice. Thank you, family members, for your service."

Mayor Thomas Koch said the city appreciates the service of all its veterans, including the many who were present Saturday.

"We appreciate the service of all of you. It can't be overstated as nation how grateful we are. On behalf of the city of Quincy, I want to say thank you for service," Koch said. "May God continue to bless our veterans and may God bless this great country."

City Council President Kirsten Hughes asked those in attendance to thank a veteran on Veterans Day.

"It's an honor to be here this morning to honor our veterans. As the mayor said, the city of Quincy is so proud and does so much for our veterans because they have done so much for us," Hughes said. "Have a wonderful day and please thank a veteran."

Robert Lewis, the commander of the Quincy Veterans' Council, said the group would continue to honors veterans as long as there were veterans.

"As long as there are veterans, we will be here remembering our fallen comrades," he said.

"We love this great country and we love this great flag. God bless America."

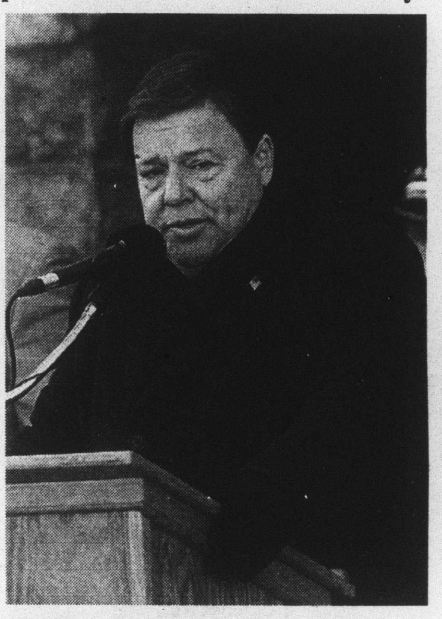
The Rev. John Swanson, the chaplain of the QVC, said Americans should not be indifferent to those who served in World War I. He called the United States' participation in the war "brief but brutal," and noted more than 26,000 Americans were killed in the Meuse-Argonne Offensive, more than any other single battle in the nation's history.

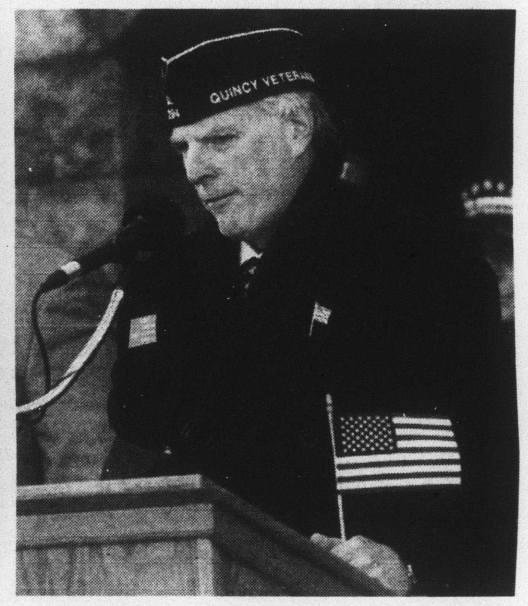
"The Vietnam veteran came home to an indifferent if not hostile reception. Twenty years later, there was a wall on the mall in Washington, D.C.," Swanson said.

"The World War I veteran came home to national fanfare and a ticker-tape parade down Wall Street in New York City. Twenty years later, he was shot at by his government on the mall in D.C. when the veterans of the Great War came to request help from the government during the depression.

"The opposite of love is not hate – hate is actually a very personal and heartfelt emotion…the opposite of love is indifferent. Let us never be indifferent to the doughboy."

THE REV. JOHN SWANSON (right), the chaplain of the QVC, said Americans should not be indifferent to those who served in World War I. He called the United States' participation in the war "brief but brutal," and noted more than 26,000 Americans were killed in the Meuse-Argonne Offensive, more than any other single battle in the nation's history. Looking on from left are City Council President Kirsten Hughes, Quincy Veterans Services Director George Nicholson, new Quincy Veterans Council Commander Daniel Tinney and past Veterans Council Commander Larry Norton. *Quincy Sun Photos/Robert Bosworth*





OTHER SPEAKERS AT Saturday's Veterans Day observance included Mayor Thomas Koch (left) and Robert Lewis, outgoing commander, Quincy Veterans Council.

Two wreaths were laid at the base of the Doughboy Statue. Lewis placed a red, white and blue wreath and Gold Star Mother Angela Durkin – whose daughter Ciara was killed in September 2007 while serving in Afghanistan – placed a Gold Star wreath.

Koch and George Nicholson, the city's director of veterans services, presented challenge coins to more than two dozen Korean War veterans, similar to the ones awarded in 2016 to Vietnam veterans. Nicholson said military officers award challenge coins for services rendered, and the ones presented by the city carry the same meaning.

Three former mayors of Quincy – Joseph LaRaia, Arthur Tobin and the late James McIntyre – and former city councillor Leo Kelly were among those awarded challenge coins. LaRaia, who served in the Army during the Korean War, said he was honored by the presentation.

"It is quite an honor to be recognized for my time in the service in the Korean War," LaRaia said following the ceremony. "I give a lot of credit to the people who come out today in the cold."

Koch said he has made numerous trips to Washington, D.C, and loves visiting the various memorials that dot the nation's capital and called the Korean War Veterans Memorial the most special of them all.

"I've been to D.C. a number of times and I love to go and look at the memorials both day and night – they give you different images and certainly provoke different emotions," Koch said.

"The Korean War memorial, I think, is the most special one. I find it remarkable. It really captures what you endured during that terrible battle – terrible battle but succeeded in preserving the republic of South Korea."

Nicholson credited those who fought on the side of South Korea in the Korean War for helping make the country what it is today. He said he knows just one word in Korean – Samsung – the name of the South Korean conglomerate, which is one of the world's largest companies.

"If you understand what Samsung is and what it means in our world today, then you can understand and get a little bit of inkling of what these gentlemen went through to save Korea and give Korea the status that it has today," Nicholson said.

"These are special men and the city of Quincy is thrilled to be able to give a very small token of recognition to these fine men and women."

Nicholson later recalled looking through old pictures of Seoul, the South Korean capital, after it was bombed out during the war. Seoul is now one of the world's most advanced cities with a population of nearly 10 million – Nicholson said the prosperity of Seoul and other South Korean cities is the legacy left by Korean War veterans.

"I was looking at some old pictures from right around the height of the Korean War and the city of Seoul was just miles and miles of expansive ruin artilleried into oblivion," Nicholson said. "If you've not been to Seoul since, I invite you to take a look at any magazine with a pictorial essay on the city of Seoul, Korea.

"To see the modern metropolis that that city is now is a single and upstanding tribute to the independence of the South Korean people that these gentlemen fought to preserve and it is the legacy of these gentlemen's efforts South Korea and the city of Seoul and other cities like it around South Korea have the prominence that they do today."

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❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

Veterans Honored At Sterling Middle School

Cont'd From Page 18

committed to action," he said.

On the night of Dec. 16, 1944, Noble said his unit came under attack by the Germans who overpowered his company and captured them.

"That began my captivity," he said.

Noble was held prisoner for four months and endured much hardship and abuse.

"We had to march several days in the snow," he said. "We were taken to a camp in southern Germany in a (train) boxcar so crowded we could not all lay down. That trip took four days."

Noble and about 25 other prisoners later found themselves on another boxcar that had straw on the floor and a few Red Cross parcels.

"The problem with this trip was we stopped at a siding near Frankfurt while the British were bombing the rail yards," he said. "The guards ran for cover leaving us trapped in the train. Fortunately, our train was not hit."

Noble said the Germans did not adhere to the rules of the Geneva Convention that dictated how prisoners of war were to be treated.

"We were not fed very well, but, at one point in the war, the Germans and civilians were short of food, also," he said.

Noble and other prisoners were forced by the Germans, against Geneva Convention statutes, to be sent out into a field to dig an anti-aircraft emplacement.

"We no sooner started when P-47s (U.S. aircraft) appeared to bomb a nearby rail yard," he said. "They strafed our position as they pulled up out of their dive. We were fortunate not to be hit."

Noble was among about 300 other Americans at another prison camp in northern Germany where there were 30,000 Russian, French, British and Polish prisoners in separate compounds. It was there he was finally liberated by the British.

"We could hear them coming," he said. "When we woke up that morning, there were no guards. There was a British tank on a ridge next to the camp. We went through the fence and into a nearby stream for a bath, clothes and all."

Noble said he and the other American prisoners were flown to England and turned over to the American Army and quarantined in a hospital for two weeks.

"While there the war in Europe ended, so we had the opportunity to see the British people celebrate," he said.

Noble returned home to his parents who did not know he was a prisoner of war. The government had previously notified them he was missing in action.

His parents got the good news he was alive and well from a Boston Post reporter. Noble was interviewed by another reporter in Germany shortly after he was liberated. That reporter called the Boston Post.

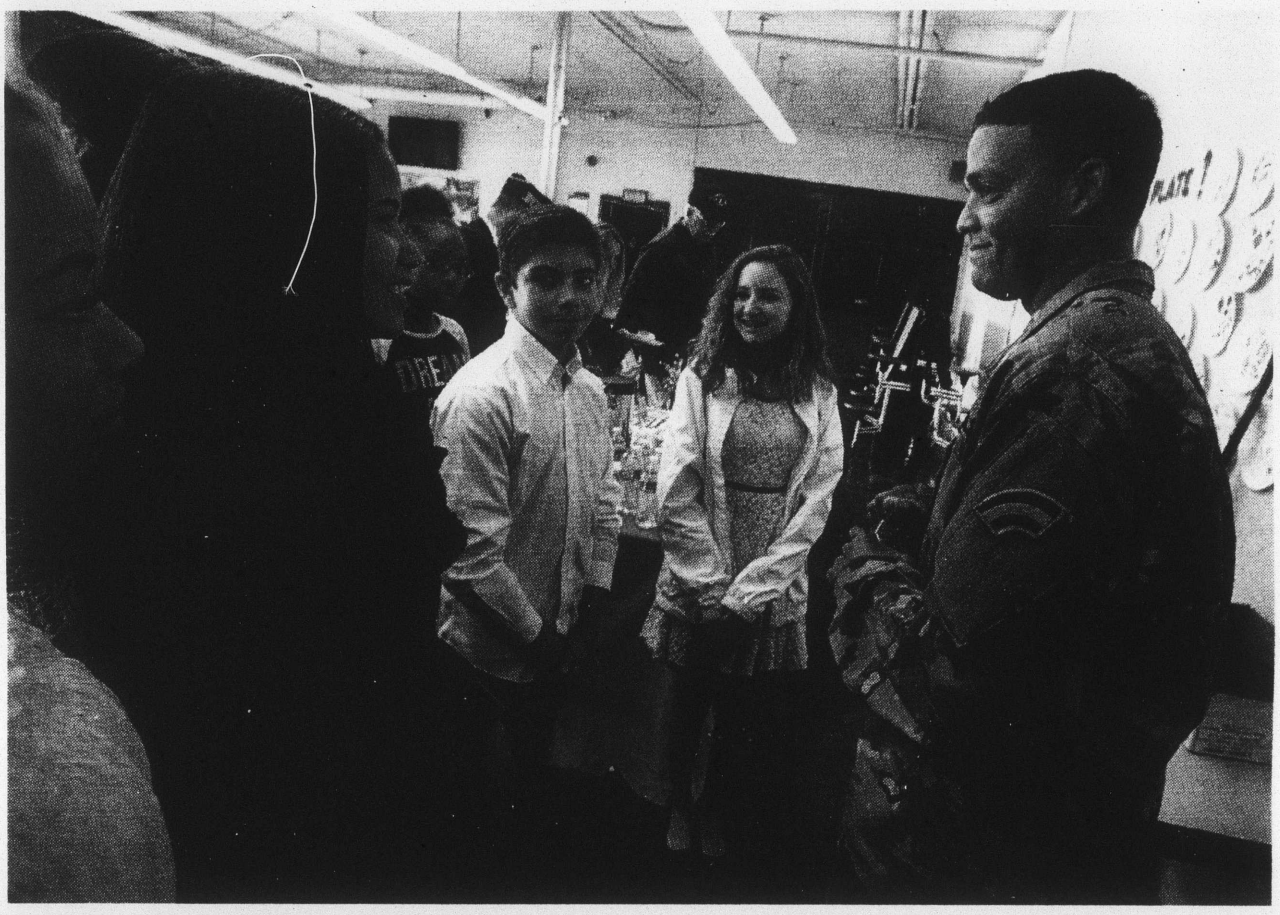
After being discharged in November, 1945, Noble went to Boston College, earning a business administration degree. He married, had a four children, moved to Quincy, and worked as an industrial engineer for 35 years. Noble recently welcomed his seventh great grandchild.

"We never regretted moving to Quincy and have attempted to repay Quincy for our happy life here," said Noble. "I am proud to say that all my children have attempted to make Quincy a good place to live."

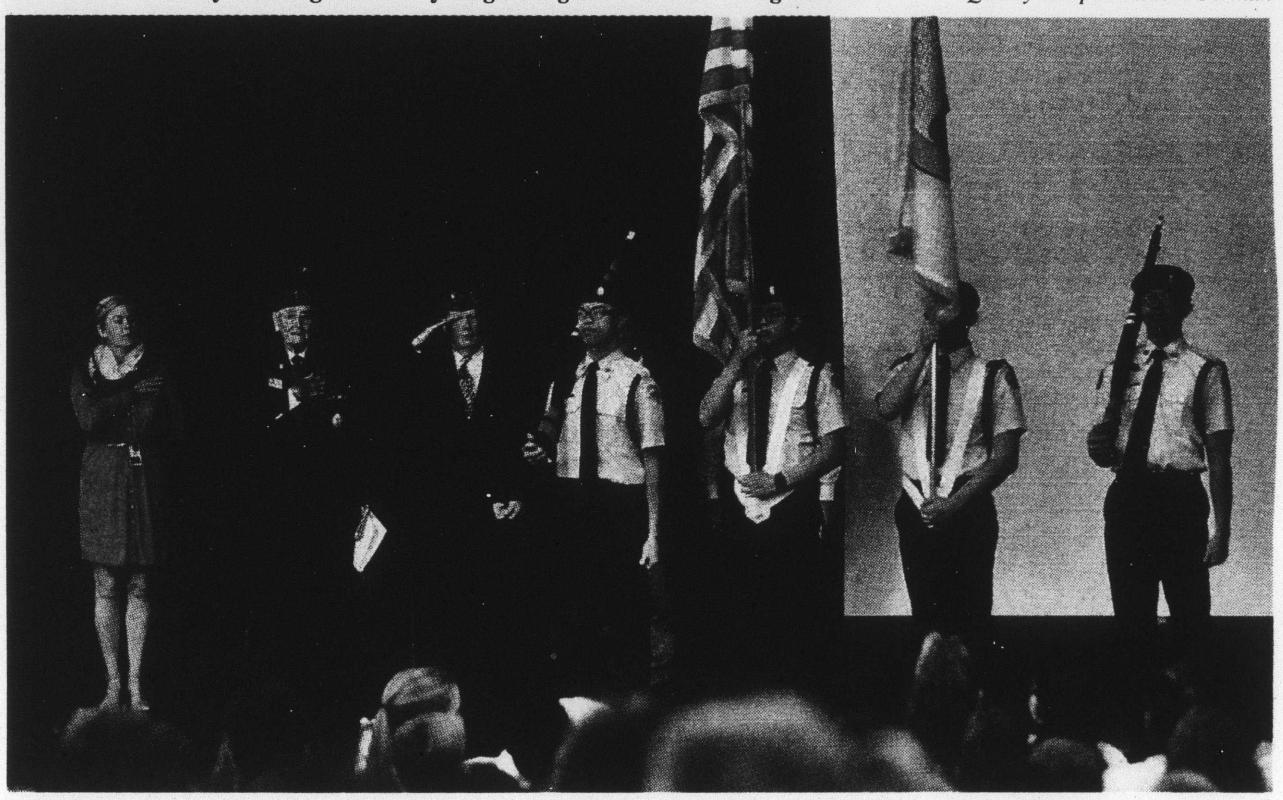
Following his remarks, principal, Dr. John Franceschini, told the students how many people get caught with "heroes," such as sports figures and rock stars.

"This man behind me (pointing to Noble) is a real hero," he said.

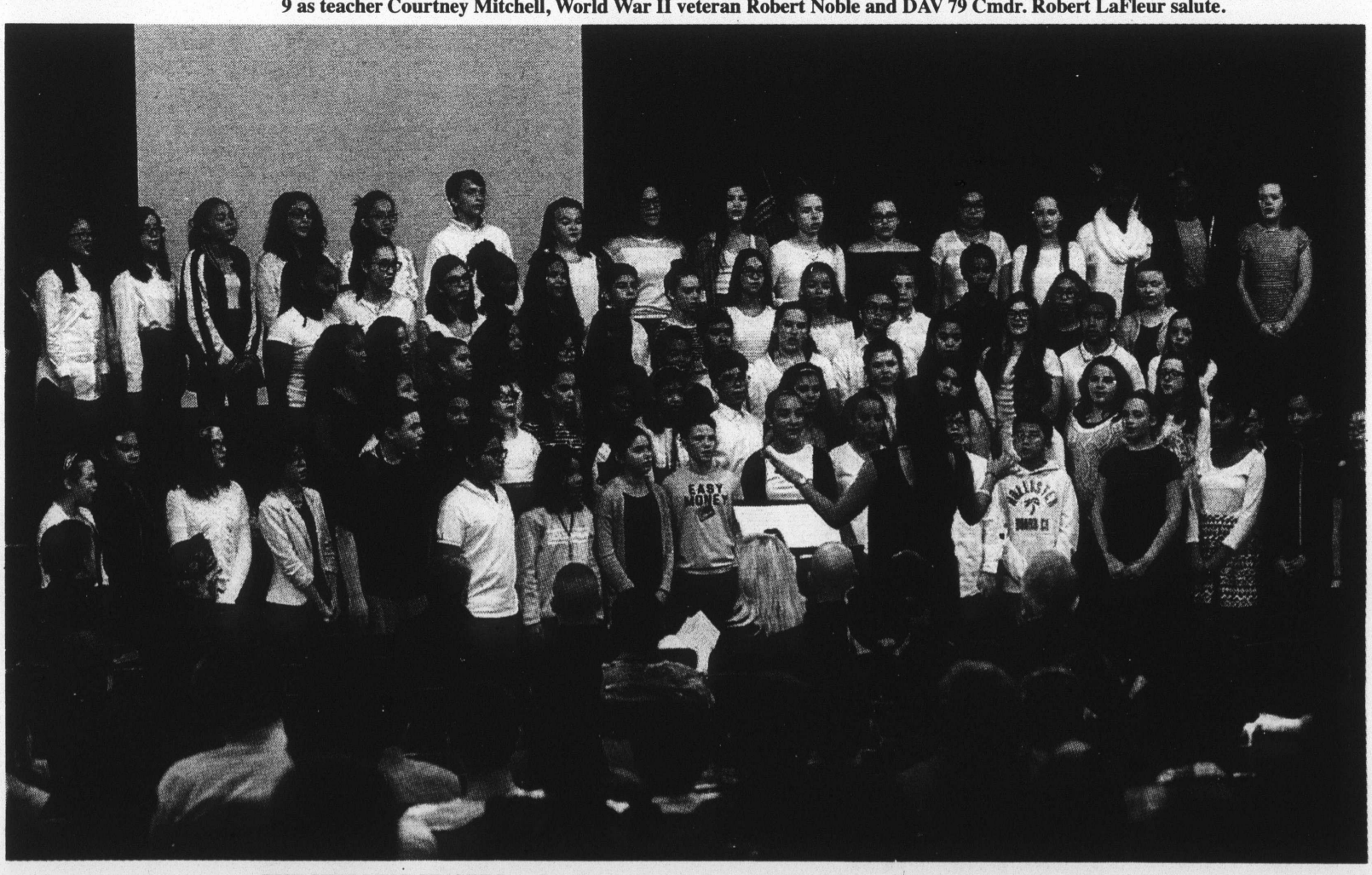
Also participating in the ceremony were the school's band and chorus and the North Quincy High School ROTC members. Sterling student Raissa DeFour sang the national anthem and Quincy Police DARE Officer Don Sautter sang "God Bless America."



STERLING MIDDLE SCHOOL students thank U.S. Army veteran Emanuel Brandao for his service. He was invited to attend the school's ceremony honoring veterans by his goddaughter who is a Sterling student. *Quincy Sun photos/Tom Gorman*



NORTH QUINCY HIGH SCHOOL Junior ROTC Color Guard opens the Sterling Middle School's Veterans Day ceremony Nov. 9 as teacher Courtney Mitchell, World War II veteran Robert Noble and DAV 79 Cmdr. Robert LaFleur salute.



THE STERLING SINGERS perform 'America the Beautiful' at the school's Veterans Day assembly.